# King County

1200 King County
Courthouse
516 Third Avenue
Seattle, WA 98104

## Meeting Agenda

## Regional Policy Committee

*Councilmembers: Pete von Reichbauer, Chair;*
*Claudia Balducci, Girmay Zahilay*
*Alternate: Jorge Barón*

*Sound Cities Association: Jay Arnold, Kirkland; Nancy Backus, Auburn;*
*Angela Birney, Redmond, Vice Chair; Armondo Pavone, Renton*
*Alternates: Dana Ralph, Kent; Debra Srebnik, Kenmore*

*City of Seattle: Cathy Moore, Tanya Woo*
*Alternates: Tammy Morales, Sara Nelson*

*Lead Staff: Miranda Leskinen (206)263-5783)*
*Committee Clerk: Angelica Calderon (206-477-0874)*

| 3:00 PM | Wednesday, May 8, 2024 | Hybrid Meeting |
|---|---|---|

**Hybrid Meetings: Attend the King County Council committee meetings in person in Council Chambers (Room 1001), 516 3rd Avenue in Seattle, or through remote access. Details on how to attend and/or to provide comment remotely are listed below.**

**Pursuant to K.C.C. 1.24.035 A. and F., this meeting is also noticed as a meeting of the Metropolitan King County Council, whose agenda is limited to the committee business. In this meeting only the rules and procedures applicable to committees apply and not those applicable to full council meetings.**

**HOW TO PROVIDE PUBLIC COMMENT: The Regional Policy Committee values community input and looks forward to hearing from you on agenda items.**

**The Committee will accept public comment on items on today's agenda in writing. You may do so by submitting your written comments to kcccomitt@kingcounty.gov. If your comments are submitted before 1:00 p.m. on the day of the meeting, your comments will be distributed to the committee members and appropriate staff prior to the meeting.**

Sign language and interpreter services can be arranged given sufficient notice (206-848-0355).
TTY Number - TTY 711.
Council Chambers is equipped with a hearing loop, which provides a wireless signal that is picked up by a hearing aid when it is set to 'T' (Telecoil) setting.

**HOW TO WATCH/LISTEN TO THE MEETING REMOTELY: There are three ways to watch or listen to the meeting:**

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To show a PDF of the written materials for an agenda item, click on the agenda item below.

**1. Call to Order**

**2. Roll Call**

**3. Approval of Minutes** p. 3

*Minutes of March 13, 2024 meeting.*

## Discussion Only

4. Proposed Ordinance No. 2024-0011 p. 7

AN ORDINANCE adopting the crisis care centers levy implementation plan, required by Ordinance 19572, Section 7.A., to govern the expenditure of crisis care centers levy proceeds from 2024 to 2032 to create a regional network of five crisis care centers, restore and expand residential treatment capacity, and increase the sustainability and representativeness of the behavioral health workforce in King County.

***Sponsors:*** von Reichbauer, Zahilay and Mosqueda

*Sam Porter, Sherrie Hsu, Melissa Bailey, Council staff*

## Other Business

## Adjournment

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# King County

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## Meeting Minutes

## Regional Policy Committee

*Councilmembers: Pete von Reichbauer, Chair;*
*Claudia Balducci, Girmay Zahilay*
*Alternate: Jorge Barón*

*Sound Cities Association: Jay Arnold, Kirkland; Nancy Backus, Auburn;*
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## 1. Call to Order

*Chair von Reichbauer called the meeting to order at 3:00 p.m.*

## 2. Roll Call

*Also in attendance was Councilmember Perry.*

**Present:** 11 - Arnold, Backus, Balducci, Moore, Pavone, von Reichbauer, Woo, Zahilay, Ralph, and Barón

**Excused:** 1 - Birney

## 3. Approval of Minutes

*Mayor Backus moved approval of the February 14, 2024 meeting minutes. There being no objections, the minutes were approved.*

# Discussion and Possible Action

### 4. Proposed Ordinance No. 2023-0374

AN ORDINANCE relating to the veterans, seniors, and human services levy advisory board; and amending Ordinance 18792, Section 1, as amended, and K.C.C. 2A.300.540.

***Sponsors:*** Zahilay

*Miranda Leskinen, Council staff, briefed the Committee on the legislation and answered questions from the members. Councilmember Zahilay moved amendment 1. The amendment was adopted.*

*Due to the design of the legislative tracking software used to produce the proceedings, the vote on this item is misreported. The correct vote is:*

*Votes: Yes: 12 - von Reichbauer, Balducci, Zahilay, Moore, Woo, Arnorld, Backus,*

*Pavone, and Ralph voting as alternate for Birney who was excused.*
*No: 0*
*Excused: Birney*

**A motion was made by Mayor Backus that this Ordinance be Recommended Do Pass Substitute. The motion carried by the following vote:**

**Yes:** 14 - Arnold, Backus, Balducci, Moore, Pavone, Woo, von Reichbauer, Zahilay, Ralph, and Barón

**Excused:** 1 - Birney

**5. Proposed Motion No. 2023-0276**

A MOTION approving the 2022 annual mental illness and drug dependency evaluation summary report, in compliance with K.C.C. 4A.500.309.

***Sponsors:*** von Reichbauer

*Sam Porter, Council staff, briefed the Committee on the legislation and answered questions from the members. Susan McLaughlin, DCHS Behavioral Health and Recovery Division Director and Isabel Jones, DCHS Behavioral Health and Recovery Division Deputy Director, briefed the Committee via PowerPoint presentation and answered questions from the members.*

*Due to the design of the legislative tracking software used to produce the proceedings, the vote on this item is misreported. The correct vote is:*

*Votes: Yes: 12 - von Reichbauer, Balducci, Zahilay, Moore, Woo, Arnorld, Backus, Pavone, and Ralph voting as alternate for Birney who was excused.*
*No: 0*
*Excused: Birney*

**A motion was made by Mayor Backus that this Motion be Recommended Do Pass. The motion carried by the following vote:**

**Yes:** 14 - Arnold, Backus, Balducci, Moore, Pavone, Woo, von Reichbauer, Zahilay, Ralph, and Barón

**Excused:** 1 - Birney

## Discussion Only

**6. Proposed Ordinance No. 2024-0011**

AN ORDINANCE adopting the crisis care centers levy implementation plan, required by Ordinance 19572, Section 7.A., to govern the expenditure of crisis care centers levy proceeds from 2024 to 2032 to create a regional network of five crisis care centers, restore and expand residential treatment capacity, and increase the sustainability and representativeness of the behavioral health workforce in King County.

***Sponsors:*** von Reichbauer, Zahilay and Mosqueda

*Sam Porter, Sherrie Hsu, and Melissa Bailey, Council staff, briefed the Committee on the legislation and answered questions from the members. Susan McLaughlin , DCHS Behavioral Health and Recovery Division Director, Kelly Rider, Chief of Staff, Department of Community and Human Services (DCHS); Matt Goldman, Medical Director, Crisis Care Centers Initiative, DCHS, and Kate Baber, Director, Crisis Care*

*Centers Implementation Plan, DCHS; and briefed the Committee on the legislation via PowerPoint presentation and answered questions from the members.*

**This matter was Deferred**

## Other Business

*There were no other business to come before the Committee.*

## Adjournment

*The Chair adjourned the meeting at 4:51 p.m.*

Approved this _____________ day of ________________

Clerk's Signature

King County

# Metropolitan King County Council
# Regional Policy Committee

## STAFF REPORT

| Agenda Item: | 4 | Name: | Sam Porter, Sherrie Hsu, and Melissa Bailey |
|---|---|---|---|
| Proposed No.: | 2024-0011 | Date: | May 8, 2024 |

## SUBJECT

An Ordinance that would adopt the Crisis Care Centers Levy Implementation Plan governing Levy expenditures from 2024 through 2032.

## SUMMARY

Proposed Ordinance 2024-0011 would adopt the Implementation Plan (Plan) to direct Crisis Care Centers Levy expenditures from 2024 through 2032. Until the Plan is adopted, only attributable election costs and up to $1 million for initial planning activities may be expended from Levy proceeds. This item was dually referred on January 16, 2024, to the Regional Policy Committee, as a mandatory referral, and then to the Health and Human Services Committee. Today is the third briefing to the Regional Policy Committee. Updates since the last staff report are noted in red text.

Of note, the Executive has concurrently transmitted two additional companion ordinances to the Council: Proposed Ordinance 2024-0012 to make a supplemental appropriation of approximately $86 million to support initial Levy activities, and Proposed Ordinance 2024-0013 to empower the King County Behavioral Health Advisory Board to serve as the Levy's advisory body. Proposed Ordinance 2024-0012 was referred to the Budget and Fiscal Management Committee, and Proposed Ordinance 2024-0013 was dually referred to the Regional Policy Committee, as a nonmandatory referral, and then to the Health and Human Services Committee.

## BACKGROUND

In 2023, Ordinance 19572 authorized the placement of a proposition on the April 25, 2023 special election ballot for voter approval to create a new nine-year levy (2024-2032) to support the creation of five new regional Crisis Care Center facilities distributed throughout the county, with one center focused on serving youth.[1] The Levy also prioritizes the restoration of behavioral health residential treatment capacity and expansion of treatment availability and sustainability in King County as well as supporting behavioral health workforce needs. The initial Levy rate is $0.145 per $1,000

[1] King County Elections, April 25, 2023, Official Final Elections Results, https://aqua.kingcounty.gov/elections/2023/april-special/results.pdf

of assessed value in 2024 and is projected to generate a total of approximately $1.2 billion in revenues during the nine-year Levy period.[2]

Ordinance 19572, Section 7, requires an implementation plan to direct Levy expenditures from 2024 through 2032, and must include the following:

- A list and description of the Levy's purposes, strategies and allowable activities;
  - The Strategies shall at least include:
    - Planning, capital, operations, and services investments for the Centers,
    - Capital and maintenance investments for mental health residential treatment capacity;
    - Investments to increase attraction to, retention in, and sustainability of the behavioral health workforce;
    - Establishment and maintenance of Levy and capital reserves;
    - Activities that promote post-crisis stabilization, including housing stability, for persons receiving or discharging from Levy-funded services;
    - A plan for the initial period of the Levy prior to initiation of operations of the first Crisis Care Center for the provision of mobile and site-based behavioral health activities that promote access to behavioral health services for persons experiencing or at risk of a behavioral health crisis;
    - Technical assistance and capacity building for organizations applying for or receiving Levy funding, including a strategy or strategies to promote inclusive care at Levy-funded facilities for racial, ethnic, and other demographic groups that experience disproportionate rates of behavioral health conditions in King County;
    - Capital facility siting support, communication, and city partnership activities,
    - Levy administration activities and activities that monitor and promote coordination, more effective crisis response, and quality of care within and amongst Crisis Care Centers, other behavioral health crisis response services in King County, and first responders; and
    - Performance measurement and evaluation activities.
- A financial plan;
- A description of federal, state, philanthropic and other dollars that might be used to accelerate, enhance, compliment or sustain the Levy's purposes;
- A description of the role of Medicaid and private insurance;
- A description of the collaborative process between King County and cities to site new facilities;
- A summary of community and stakeholder engagement process to inform the Plan;
- A process to make substantial adjustments to the financial plan in the future;
- A description of a proposed Levy advisory board; and
- A description of the Levy's online annual report.

The Plan was required to be transmitted by December 31, 2023, and be accompanied by a proposed ordinance to "establish or empower" a levy advisory body as described in

[2] King County Office of Economic Financial Analysis (OEFA) August 2023 revenue forecast

Ordinance 19572 ("Levy ordinance"). Table 1 defines some key terminology included in the Levy ordinance.

**Table 1. Definitions for Key Levy Terminology per Ordinance 19572**

| Term | Definition |
|---|---|
| **Crisis Care Center (CCC)** | A facility or a group of facilities providing same-day access to multiple types of behavioral health crisis stabilization services, which may include, but are not limited to, those described in RCW 71.24.025(20), as amended. A crisis care center shall endeavor to accept (at least for initial screening and triage) any person seeking care. Facilities should include a behavioral health urgent care clinic with walk-in and drop-off client screening and triage 24-hours per day, 7 days per week; access to onsite assessment by a designated crisis responder; a 23-hour observation unit for short-term, onsite stabilization; and a crisis stabilization unit that provides short-term, onsite behavioral health treatment for up to 14-days. |
| **Four King County Crisis Response Zones** | 1. North: Cities of Bothell, Duvall, Kenmore, Kirkland, Lake Forest Park, Shoreline, Skykomish and Woodinville, plus the unincorporated areas within King County Council District 3 that are north or northeast of the city of Redmond;<br>2. Central: City of Seattle, plus all unincorporated areas within King County Council Districts 2 and 8;<br>3. South: Cities of Algona, Auburn, Black Diamond, Burien, Covington, Des Moines, Enumclaw, Federal Way, Kent, Maple Valley, Milton, Normandy Park, Pacific, Renton, SeaTac and Tukwila, plus all unincorporated areas within King County Council District 5, 7, and 9; and<br>4. East: Cities of Beaux Arts, Bellevue, Carnation, Clyde Hill, Hunts Point, Issaquah, Medina, Mercer Island, Newcastle, North Bend, Redmond, Sammamish, Snoqualmie and Yarrow Point, plus the unincorporated areas within King County Council District 3 that are east or southeast of the city of Redmond, plus all unincorporated areas within King County Council District 6. |
| **Regional Behavioral Health Services and Capital Facilities** | Programs, services, activities, operations, staffing and capital facilities that: promote mental health and wellbeing and that treat substance use disorders and mental health conditions; promote integrated physical and behavioral health; promote and provide therapeutic responses to behavioral health crises; promote equitable and inclusive access to mental health and substance use disorder services and capital facilities for those racial, ethnic, experiential and geographic communities that experience disparities in mental health and substance use disorder conditions and outcomes; build the capacity of mental health and substance use disorder service providers to improve the effectiveness, efficiency, and equity, of their services and operations; provide transportation to care for persons receiving, seeking, or in need, of mental health or substance use disorder services; promote housing stability for persons receiving or leaving care from a facility providing mental health or substance use disorder services; promote service and response coordination, data sharing, and data integration amongst first responders, mental health |

| | |
|---|---|
| | and substance use disorder providers, and King County staff; promote community participation in Levy activities, including payment of stipends to persons with relevant lived experience who participate in Levy activities whose employment does not already compensate them for such participation; administer, coordinate and evaluate Levy activities; apply for federal, state and philanthropic moneys and assistance to supplement Levy proceeds; and promote stability and sustainability of the behavioral health workforce. |
| **Residential Treatment** | Licensed, community-based facilities providing twenty-four-hour on-site care for persons with mental health conditions, substance use disorders, or both, in a residential setting. |

## ANALYSIS

The transmitted Crisis Care Centers Levy Implementation Plan, which is Attachment A to Proposed Ordinance 2024-0011, appears to include all components required by Ordinance 19572. Appendix B to the Plan provides a crosswalk between the requirements and the responsive sections of the Plan. This section of the staff report provides analysis of the transmitted Plan as follows:

- Plan overview
- Community and stakeholder engagement
- Description of the Levy purposes, strategies, and allowable activities:
  - Create, site, and operate five Crisis Care Centers (including local jurisdiction collaboration)
  - Restore, expand, and sustain residential treatment capacity
  - Strengthen the community behavioral health workforce
  - Early crisis response investments
  - Capacity building and technical assistance
  - Evaluation, administration, and reserves
- Financial plan
- Levy Advisory Board
- Annual report
- Potential policy issues
- Next steps and key dates

**Implementation Plan Overview.** Ordinance 19572 requires the Executive to transmit a proposed levy implementation plan by December 31, 2023, for council review and adoption by ordinance, to direct Levy expenditures from 2024 through 2032. Until an implementation plan is adopted, Levy proceeds can only be used to pay for attributable election related costs and no more than $1 million for initial planning activities.

The Executive transmitted the proposed Plan on December 29, 2023. The Plan appears to be responsive to the requirements of Ordinance 19572 and includes an outline of the Crisis Care Centers clinical model, strategies to create and operate the five Centers, restore and expand residential treatment capacity, strengthen the community behavioral health workforce. Additionally, the Plan recommends early crisis response investments to be implemented prior to the facilities coming online.

As required by Ordinance 19572, the Plan describes the community and stakeholder engagement process that was utilized to inform the development of the Plan, as described in more detail in the next section of this staff report. It also proposes an annual reporting process to provide the Council and the community with information about Levy progress consistent with the requirements of Ordinance 19572.

The included financial plan, based on the King County Office of Economic Financial Analysis (OEFA) August 2023 revenue forecast, proposes planned expenditures across the levy's eight strategies to achieve its Paramount and Supporting Purposes and includes a discussion of the role of Medicaid, and a description of the process for substantial adjustments to the financial plan in the event such action is warranted.

The Plan proposes that the King County Behavioral Health Advisory Board (BHAB) be "empowered" to serve as the advisory body for the Levy. This proposal would be effectuated through Proposed Ordinance 2024-0013, which was transmitted at the end of December 2023, concurrent to the Plan's transmittal to the Council.

**Community and Stakeholder Engagement.** To inform the strategies in the transmitted Plan, DCHS staff engaged community partners including behavioral health agencies, people with lived experiences of behavioral health crises, and frontline behavioral health workers. In addition to informing the strategies, DCHS plans to take the community feedback into account during future procurement and operational phases of the Levy.

As required by Ordinance 19572, the Plan includes a summary of the process and key findings of the community and stakeholder engagement process used to inform the Plan. DCHS' engagement included[3]:

- *64 interviews with key informants*, including 12 with youth behavioral health providers and 11 with providers who have expertise in culturally and linguistically appropriate services;
- *40 community meeting presentations*, with 11 including participants with lived experience of mental health/substance use conditions;
- *20 site and field visits*, including 10 behavioral crisis facilities and 7 mental health residential facilities;
- *16 community engagement meetings*, averaging approximately 49 attendees per meeting and focusing on crisis system, youth, and substance use service partners; and
- *9 focus groups*, including youth, peer specialists, veterans and active military servicemembers, and aging and older adults.

The Plan summarizes themes from DCHS' community engagement, which are included in Table 2.[4]

[3] Plan, Figure 11. See Appendix F of the implementation plan for a complete list of community engagement activities.
[4] Plan, Figure 14.

**Table 2. Summary of Community Engagement Themes**

| Theme | Description |
|---|---|
| **Theme A: Implement Clinical Best Practices in Crisis Services** | Input on how best to design a crisis care center clinical model most likely to improve the health and wellbeing of people experiencing a behavioral health crisis in King County, including a welcoming and safe environment, person-centered and recovery-oriented care, culturally and linguistically appropriate services, integrated care for people who use substances, promoting least restrictive care, special considerations for serving youth and young adults, and additional clinical considerations. |
| **Theme B: Increase Access to Care for Populations Experiencing Behavioral Health Inequities** | Communities voiced the importance of having crisis care centers in desirable locations that are geographically accessible and accessible to transportation, as well as the importance of reaching out to diverse communities. |
| **Theme C: Challenges of Community Resource Limitations** | Community partners, including people with lived experience and behavioral health providers, frequently raised important questions about access to ongoing community-based care after a person receives care at a crisis care center as well as emphasizing care coordination and peer engagement. |
| **Theme D: Interim Solutions While Awaiting Crisis Care Centers** | Community members advocated for interim solutions to be implemented while awaiting crisis care centers to come online, such as increasing community-based responses and approaches to addressing the overdose crisis. |
| **Theme E: Residential Treatment Facility Preservation and Expansion** | Residential treatment providers described the value of residential treatment but identified significant challenges such as a lack of capital resources, and excessive wait times. |
| **Theme F: Behavioral Health Workforce Development** | Feedback from community partners, as well as subject matter experts, identified significant obstacles to developing the behavioral health workforce, including low wages, barriers to retention, need for more professional development opportunities, staff burnout, limited collaboration with schools, and lack of workforce representation. |
| **Theme G: Accountability Mechanisms and Ongoing Community Engagement** | Community partners expressed a strong preference to continue to be involved in future phases of the Levy, particularly around holding the County accountable, including through defining measures of success and by continuing to engage during future planning phases. |

In addition to these themes, the Plan states that DCHS received extensive feedback from community partners about the importance of centering health equity in the Plan. In response, DCHS developed the behavioral health equity framework to guide Levy

implementation. The behavioral health equity framework includes: a representative behavioral health workforce, equitable access to behavioral health crisis care, culturally and linguistically appropriate services, and quality improvement and accountability.[5,6]

**Description of the Levy Purposes, Strategies, and Allowable Activities.** The Plan's required list and description of the Levy purposes, strategies, and allowable activities begin on page 54. The Paramount Purpose and Supporting Purposes 1 and 2 remain as they appeared in Ordinance 19572 as follows:

- Paramount Purpose: Establish and operate a regional network of five crisis care centers in King County, with at least one in each of the four crisis response zones and one serving youth.[7]
- Supporting Purpose 1 (Residential Treatment): Restore the number of mental health residential treatment beds to at least 355[8] and expand the availability and sustainability of residential treatment in King County.
- Supporting Purpose 2 (Workforce): Increase the sustainability and representativeness of the behavioral health workforce in King County by expanding community behavioral health career pathways, sustaining and expanding labor-management workforce development partnerships, and supporting crisis workforce development.

The strategies and allowable activities to achieve the Levy's purposes are summarized in Table 3. Figure 18 on page 58 of the Plan shows the direct and indirect links between each Strategy and each of the three purposes of the CCC Levy.

[5] The Behavioral Health Equity Framework is depicted in Figure 12 of the Plan.
[6] The Plan notes that Ordinance 19572 reinforces this approach by listing that a function of behavioral health facilities is to promote equitable and inclusive access to mental health and substance use disorder services for racial, ethnic, experiential, and geographic communities that experience disparities in mental health and substance use disorder conditions and outcomes.
[7] Ordinance 19572 refers to the fifth Center as serving, "persons younger than nineteen years old." According to Executive staff, the ages of people who can be served at a Crisis Care Center is regulated by the Washington State Department of Health and each of the three clinical components of a Center have different age limitations. This is described in more detail in the Strategy 1 section of this staff report.
[8] This amount is based on the 355 residential treatment beds that existed in King County in 2018. Since 2018, 115 beds have been lost due to rising operating and maintenance costs, aging infrastructure, and insufficient resources to repair facilities. This is described in more detail on page 7 of the plan.

**Table 3. CCC Levy Strategies**

| Strategy | Summary Description |
|---|---|
| Strategy 1<br>Create and Operate Five Crisis Care Centers | • Capital funding to create and maintain five crisis care centers<br>• Operating funding to support crisis care center personnel costs, operations, services, and quality improvement<br>• Post-crisis follow-up for people after leaving a crisis care center |
| Strategy 2<br>Restore, Expand, and Sustain Residential Treatment Capacity | • Capital resources to restore mental health residential treatment capacity to at least 355 beds in King County<br>• Capital resources to expand and sustain residential treatment capacity |
| Strategy 3<br>Strengthen the Community Behavioral Health Workforce | • Resources to expand community behavioral health career pathways, including investments to stabilize and sustain King County's community behavioral health workforce and increase workforce representativeness<br>• Resources to expand and sustain labor management workforce development partnerships, including support for apprenticeships<br>• Resources to support the development of the region's behavioral health crisis workforce, including crisis care center workers |
| Strategy 4<br>Early Crisis Response Investments | • Resources to expand community-based crisis service capacity starting in 2024, before crisis care centers are open<br>• Resources starting in 2024 to respond faster to the overdose crisis |
| Strategy 5<br>Capacity Building and Technical Assistance | • Resources to support the implementation of the Levy's strategies<br>• Support for capital facility siting<br>• Build capacity for culturally and linguistically appropriate services |
| Strategy 6<br>Evaluation and Performance Measurement | • Resources to support Levy data collection, evaluation, and performance management<br>• Analyses of the Levy's impact on behavioral health equity |
| Strategy 7<br>CCC Levy Administration | • Investments in Levy administration, community engagement, information technology systems infrastructure, and designated crisis responder (DCR) accessibility[9] |
| Strategy 8<br>CCC Levy Reserves | • Provide for and maintain Levy reserves[10] |

[9] DCR's are the only people in Washington state who can involuntarily detain someone in psychiatric and secure withdrawal facilities under chapter 71.05 RCW and chapter 71.34 RCW. In King County, DCR's are employees of the Department of Community and Human Services, Behavioral Health and Recovery Division, Crisis and Commitment Services Section.

[10] This Strategy creates a fund reserve equal to 60 days of budgeted expenditures, less capital expenses, consistent with King County Comprehensive Financial Management Policies (2016).

**Strategy 1: Create and Operate Five Crisis Care Centers.** The first Strategy would fulfill the Paramount Purpose of the Levy by creating and operating five Crisis Care Centers across King County thus providing, "a new front door"[11] and "no wrong door,"[12] access for people in behavioral health crisis. The Plan contains an "initial vision" for operations that would be refined, "during procurement and implementation phases based on improved understanding of community needs, to incorporate rapid advancements in the evidence base for effective behavioral health care, to satisfy future federal and state regulatory guidance and licensing rules, and using continuous quality improvement practices that respond to performance data and community accountability."[13] The Plan states that DCHS intends for the Centers to incorporate best practices that include, "trauma-informed, recovery-oriented, person-centered, culturally and linguistically appropriate, integrated [care], delivered in the least restrictive setting."[14]

*Clinical Model for Adults and Youth.* The Crisis Care Centers clinical model is based on Ordinance 19572, the Substance Abuse and Mental Health Services Administration's (SAMHSA) National Guidelines for Behavioral Health Crisis Care, the Levy's community engagement process including key informant interviews with subject matter experts and community partners, and site visits to 10 behavioral health crisis facilities in Washington, California, and Arizona. According to the transmitted Plan, the clinical model has three components:

1. 24/7 Behavioral Health Urgent Care,
2. 23-Hour Observation Unit, and
3. 16-bed Crisis Stabilization Unit.

Services provided in these settings include assessment, triage, interventions, and referrals. Facilities would be operated by a provider selected by DCHS through a competitive procurement process. The Plan states that the youth Center would operate with the same clinical model in a specialized child and adolescent behavioral health setting. According to the plan, youth under age 18[15], including those who are unaccompanied by parents or caregivers as permitted by state law, may seek care in any of the Centers and be transferred to an age appropriate setting as needed.

Individuals may access services at one of the Centers by self-presenting to the behavioral health urgent care clinic or being transported by first responders including mobile crisis or co-responder teams, emergency medical services, and law enforcement. Individuals transported by first responders would access the 23-hour observation unit through a dedicated entrance. Everyone presenting to a Crisis Care

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[11] Plan pg. 58
[12] Plan pg. 63
[13] Plan pg. 58
[14] Plan pg. 60
[15] Ordinance 19572 stated age 19 as the upper limit for youth receiving services. Age limits for people served at crisis care centers is regulated by the Washington State Department of Health (DOH) which currently requires people 18 and older to be served as adults. Executive staff state that, "the proposed Implementation Plan refines the ballot measure ordinance's requirement that one of the five crisis care centers will specialize in serving persons younger than 19 years old by aligning the age restriction for this center with state regulatory rules and clinical best practices." Executive staff also state that there are active DOH rulemaking activities and state legislation related to serving minors under age 18 in 23-hour observation units. Currently, this type of facility may only serve adults aged 18 and older.

Center will receive an initial screening for mental health and substance use disorder service needs, social service needs, and medical stability, after which, a clinical team would work with the person to "make shared decisions about what services and supports they need." [16] People may be triaged to a more appropriate setting if they are not medically stable or are not presenting with a behavioral health need.

*Designated Crisis Responder Access.* In accordance with Ordinance 19572, in circumstances that require it, designated crisis responders (DCRs) would provide onsite assessment for involuntary treatment. The Plan states that if a DCR deems involuntary treatment necessary a Crisis Care Center may provide services until a bed is available in a psychiatric hospital or evaluation and treatment facility. Executive staff state that an individual could be held on a single bed certification[17] at a Center if there is a waiting period before transfer to a more appropriate setting. DCHS indicates that they will monitor the use of single bed certifications in Crisis Care Centers and intend to report on involuntary holds placed within the Centers as part of their annual reporting process. Allowable activities under Strategy 7, Levy Administration, could include satellite offices and transportation cost to reduce DCR response times and expedite DCR's ability to access Crisis Care Centers.

*Operational Activities.* The Plan states that Crisis Care Centers will be funded to operate 24/7. Allowable operational activities under Strategy 1 include costs related to personnel, pharmaceuticals, language access and linguistically appropriate services, health information technology, client transportation and other indirect operating costs.[18,19]

*Post-Crisis Stabilization.* The Plan provides for post-crisis stabilization activities to support long-term recovery for people engaged at a Center. The Plan states that Strategy 1 resources would be used to create a post-crisis follow-up program to serve all the Centers. Services and allowable activities for post-crisis stabilization under Strategy 1 include:

- Funding a program staffed with clinicians and peer specialists to engage people served at Crisis Care Centers and link them to community-based services and supports for mental health and substance use needs.
- Services may include proactive contacts after discharge, care coordination with new and existing providers, brief interventions to address acute needs while awaiting linkage to additional services, and peer support to enhance engagement and support people to access the services they need.

The Plan states that culturally and linguistically appropriate post-crisis follow-up services are a priority and DCHS would make funding available specifically for behavioral health agencies that demonstrate “significant experience in providing culturally and linguistically appropriate services to provide post-crisis, follow-up

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[16] Plan pg. 64-65
[17] Single bed certifications are regulated under 182-300-0100 WAC and allow a person detained under the Involuntary Treatment Act (ITA) to be held at a facility not certified under chapter 246-341 WAC. https://www.hca.wa.gov/free-or-low-cost-health-care/i-need-behavioral-health-support/wac-182-300-0100-single-bed-certification
[18] Client transportation costs may include drivers and vehicle costs, bus passes, taxi vouchers, and other assistance.
[19] Plan pg. 69

services." As needed, post-crisis follow-up providers would connect clients with existing housing resources whenever possible and DCHS intends to coordinate its divisions' work when possible to increase housing supports for people experiencing homelessness who receive care at a Crisis Care Center.

Activities under Strategy 1 would also authorize expenditures for, “limited housing stability resources necessary to support post-crisis stabilization."[20] The Plan makes it clear that housing is not a primary purpose for Levy dollars and would be insufficient if used for this purpose. However, if additional funding becomes available, housing investments are among the priorities for increasing allocations to the different strategies. This is discussed in further in the finance section of this staff report.

*Levy Oversight.* According to the Plan, DCHS will assume responsibility for oversight of Levy-supported Crisis Care Center operations, ensuring that operations are functioning as intended. DCHS will support Center operators as operators coordinate with regional partners and help develop protocols and procedures for referrals from hospitals, first responder drop-offs, medical stability criteria, and the transfer process between Crisis Care Centers for youth. The Plan also states that DCHS intends to engage Center operators and providers throughout the system including first responders[21], crisis lines, co-responder programs, and mobile crisis teams to develop, “protocols, workflows, clinical convenings about shared treatment plans, and other coordination activities."[22]

The Plan states that DCHS will support Crisis Care Center operators to monitor and promote quality of care and develop continuous quality improvement practices and intends to require operators to report “near-real-time data on wait times, length of stay, occupancy, and other measures of capacity and throughput to inform policies that can be adjusted to ensure that Centers are consistently accessible." The Plan states that Center operators “should“ develop certified electronic health record systems and DCHS “will support their efforts to do so." Such systems would “track standardized information, automatically update and interface with care coordination and quality improvement platforms, and utilize best practices for documentation, including approaches to gathering demographic information needed to inform equity analyses." Although Strategy 7 (Levy Administration) includes “electronic health record interoperability improvements“, the report does not clearly state that electronic health record systems in each Crisis Care Center will be required to interface with other Crisis Care Center health record systems.

The Plan states that DCHS intends to support Crisis Care Center operators to promote awareness and outreach about services to populations experiencing behavioral health inequities in an effort to be responsive to community feedback received during the community engagement process.

<u>Capital Facility Development and Siting Process.</u> This section of the staff report summarizes the Plan's public interest and siting requirements for Crisis Care Center

[20] DCHS anticipates that resources within this Strategy “will be inadequate to meet the behavioral health needs of all people who access Crisis Care Centers." Complementary investments from philanthropy, and the state and federal governments would be needed. P. 70
[21] This includes law enforcement and emergency medical services
[22] Plan pg. 75

facilities, types of eligible capital facility developments, a summary of the procurement and siting process (including the role of local jurisdictions), and the alternative siting process.

According to the Plan, DCHS would conduct a competitive procurement to identify the Crisis Care Center operator(s). Selected Operators would then lead capital facility development of the Centers in coordination with the County, the applicable local jurisdiction or jurisdictions, and community partners.[23] In accordance with Ordinance 19572, the Plan allows Levy proceeds to be used to develop and construct facilities which may include purchasing land; acquiring an existing facility; planning, design, building renovation or expansion; new construction; or other capital pre-development and development costs. Ongoing capital facility maintenance costs for Crisis Care Centers would also be allowed by the Plan in accordance with Ordinance 19572.

In alignment with Ordinance 19572, the Plan requires at least one Crisis Care Center be established in each of the four crisis response zones as defined in the Ordinance and maintains that clients' access would not be restricted to the Center located in the zone where they reside.

*Public Interest Requirements.* The Plan establishes five public interest requirements intended to ensure facilities receiving Levy revenue continue to operate as Crisis Care Centers, "life of the building or construction investments and that their development complies with County priorities."[24] Public interest requirements defined in the Plan include the following:

1. 50-year use requirement;
2. Operator cap;
3. Leased facility restrictions;
4. Environmental sustainability standards; and
5. Equity impacts.

The first requirement would be that facilities acquired or constructed with Levy proceeds remain as Crisis Care Centers for a minimum of 50 years. Executive staff indicate that this 50-year use requirement is aligned with best practices and other similar capital facility use commitment periods required by public capital funding programs and could be enforced through a covenant recorded against the property.

The second requirement is that a single operator may operate a maximum of three Centers funded by Levy proceeds. The Plan states that this is intended to ensure the Levy is not overly reliant on a single operator.

The third requirement is that if a Center operates in a leased facility, the operator must pursue ownership of the facility when possible. In this scenario, if an operator does not have an agreement to purchase the facility in place, then Levy proceeds shall not be used to make capital improvements. The Plan allows the DCHS Director to authorize exceptions, "if the exception is not inconsistent with the Levy's paramount purpose." If an exception is made, the DCHS Director would be required to notify Council within 90 days of approving the exception.

[23] Plan pg. 78
[24] Plan pg. 80

The fourth public interest requirement is that Crisis Care Center facilities should be designed and operated in alignment with environmental sustainability standards that will be defined in contracts. The Plan states that these will be informed by King County's Strategic Climate Action Plan, Green Building Ordinance, and Equity and Social Justice strategies for capital projects.

The last public interest requirement is that Crisis Care Centers should promote behavioral health equity, which DCHS will take into consideration when selecting operators. Although "behavioral health equity" is not defined in the public interest requirements, the Plan outlines a behavioral health equity framework that includes four focus areas:

1. Increase equitable access to behavioral health care.
2. Expand availability of culturally and linguistically appropriate behavioral health services.
3. Increase representativeness of the behavioral health workforce.
4. Promote accountability to health equity.

*Crisis Care Center Site Requirements.* The Plan establishes minimum requirements to ensure Crisis Care Center facilities can support the clinical model, offer meaningful transportation access, meet accessibility and zoning requirements, and meet state behavioral health facility licensure requirements. The five requirements are:

1. Sufficient size, defined as approximately 30,000 to 50,000 square feet of clinical space within one building, multiple adjacent buildings, or buildings connected by transportation for clients;
2. Transportation access with preference given to sites with "meaningful access to public transportation, convenient access for ambulances and first responders, proximity to major transportation arterials, and free public access for any person;"
3. ADA accessibility with preference given to "facility designs that incorporate the principles of universal design, meaning they are accessible to all people to the greatest extent possible without the need for adaption or specialized design;"
4. Crisis Care Center facilities are an eligible use under relevant zoning and permitting; and
5. The site can satisfy state licensure requirements.

According to the plan, there are four allowable Crisis Care Center capital development scenarios:

1. Pre-existing facility: Centers could be incorporated into a facility that is already providing crisis stabilization services if it is compatible with Crisis Care Center requirements.
2. Facility acquisition: A Center may be developed through acquiring, renovating, or expanding an existing facility.
3. New construction: A new facility could be built.
4. Multiple facilities: A Center may be developed with multiple buildings that are "geographically adjacent [or] non-contiguous if transportation is provided between facilities."[25]

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[25] Plan pg. 82

A proposal may combine two or more of these scenarios and DCHS will accept proposals from multi-organizational partnerships to develop and operate a Crisis Care Center. The plan states that DCHS may prefer procurement proposals that co-locate the Centers with other facilities that complement Crisis Care Center services such as community health clinics, outpatient behavioral health clinics, sobering or post-overdose recovery centers, or affordable and permanent supportive housing.

*Procurement and Siting Process.* Ordinance 19572 requires that the Plan include a description of the process by which King County and partner cities shall collaborate to support siting of new levy-funded capital facilities. The Plan states that DCHS intends to give preference for operator proposals "that have received a statement of support from the local jurisdiction or jurisdictions that contain the facility or facilities."[26] The statement of support is defined in the Plan as including, but not limited to the following criteria:

- Support for a Crisis Care Center to be developed and operated by the proposed operator.
- Support for the proposed Crisis Care Center facility site and confirmation that the site meets or is likely to meet the jurisdiction's zoning and other relevant local development requirements.[27]
- If a specific site is not yet identified, willingness to support the proposed operator in identifying a site that complies with the jurisdiction's zoning and other local development requirements.
- Commitment to supporting the proposed operator in engaging community members regarding the siting, development, and ongoing operations of a Crisis Care Center facility.

The Plan states that King County intends to "support jurisdictions located within specific crisis response zones to coordinate with potential facility operators and to identify and recommend crisis care center facility sites."[28] The Plan outlines the three-step Crisis Care Center procurement and siting process as 1.) pre-procurement, 2.) procurement, and 3.) siting. As described in the Plan, DCHS will engage with local jurisdictions in each phase. During pre-procurement, before operators have been selected, DCHS will provide technical support to both potential host jurisdictions and potential operators to "advance interjurisdictional alignment and partnerships between potential facility operators and jurisdictions." During the procurement phase, DCHS will select operators through a competitive process, and will prefer operators that can, "demonstrate support from jurisdictions located within the crisis response zone where the Center is proposed, with a focus on the host jurisdiction."[29] Once operators have been selected, DCHS will offer operators and host jurisdictions technical assistance to support community engagement and provide communications assistance through Strategy 5 with grants to offset community engagement, communications, and partnership building costs.

*Alternative Siting Process.* The Plan provides for an "alternative siting process if, by December 31, 2026, there is not a "viable proposal with jurisdictional support" in a crisis response zone for an adult Crisis Care Center, or anywhere in the county for a youth

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[26] Plan pg. 82
[27] Nothing in this requirement shall be interpreted to require a jurisdiction to inappropriately preempt, influence, interfere with, or pre-judge a ministerial or administrative determination.
[28] Plan pg. 83
[29] Plan pg. 84

Center. This process would allow King County to “proactively site and open" an adult Crisis Care Center in a specific response zone that does not have a viable proposal with jurisdictional support, or a youth Center in King County if there is not yet a viable proposal that has a host jurisdiction support. The Plan states that this alternative process is intended to ensure King County can fulfill the requirements of Ordinance 19572 by the end 2032.

The Plan states that the Executive may only commence the alternative siting process after a notification letter is transmitted to the Council describing the decision, issued no earlier than January 1, 2027. This letter would be filed with the Council Clerk and provided to all councilmembers and members of the Regional Policy Committee. The Plan does not require action on the part of the aforementioned bodies before the alternative siting process is commenced.

*Sequencing and Timing of Implementation Activities.* Given the allowable development scenarios, parties, and steps involved throughout implementation, there are significantly variable timelines for opening the five Crisis Care Centers. The Plan states that DCHS's intention is to prioritize opening the Centers as quickly as possible by opening the first competitive procurement process in 2024 after the Plan is adopted. The first procurement could result in award contracts for a total of three Centers. Capping the first procurement at a max of three awards is intended to provide additional planning time for organizations interested in submitting a proposal but who will not be ready in 2024, and to manage the timeline of expenditures with available Levy proceeds. Another procurement will occur in 2025 to award the remaining contracts, with a final procurement in 2026 if any of the five Centers still remain.

The Plan's ideal timeline would result in up to three Crisis Care Centers opening in 2027 followed by at least one more each year, and all five open by 2030. Potential factors that could impact this timeline are depicted in Table 4 that also appears as Figure 32 on page 87 of the Plan.

**Table 4. Potential Factors Impacting CCC Development Timelines**

| Development Phase | Potential Factors Impacting Timeline | Responsible Parties |
|---|---|---|
| **Siting** | • Site identification and feasibility analysis<br>• Community engagement<br>• Environmental impact review<br>• Zoning and permitting | • CCC operator<br>• Local jurisdictions<br>• DCHS supports community engagement |
| **Design** | • Programming and clinical processes<br>• Schematic design and design development<br>• Washington State Department of Health (DOH) licensing review<br>• Construction and permit documents<br>• Design review process | • Design team<br>• CCC operator<br>• Local jurisdictions<br>• King County<br>• WA Department of Health |
| **Construction** | • Supply chains<br>• Macroeconomic conditions<br>• Certificate of occupancy inspections<br>• Labor availability | • Vendors and contractors<br>• CCC operator<br>• Local jurisdictions |
| **Facility Activation** | • Equipment and furniture installation<br>• IT installation and stocking supplies<br>• Facility licensing<br>• Labor supply<br>• Staff onboarding and training | • CCC operator<br>• Local jurisdictions<br>• Washington DOH<br>• Other licensing entities |

The Plan states that DCHS would work to mitigate timeline delays by expediting the first procurement in 2024, providing clear and transparent communications with parties involved in the development process, supporting jurisdictions as described in Strategy 5 (Technical Assistance and Capacity Building), and giving preference to proposals that can be developed and operated more rapidly, including existing facilities or those that meet the requirements to be a Crisis Care Center and are already under development. The Plan retains the authority for DCHS to choose to redistribute funds, alter siting location, or release additional procurements if it is determined that the development and opening timeline proposed by selected operators are no longer viable. DCHS would work closely with selected operators to avoid this to the extent possible.

**Strategy 2: Restore, Expand, and Sustain Residential Treatment Capacity.** Strategy 2 of the Plan is intended to restore, expand, and sustain residential treatment capacity in King County. Since 2018, one-third of mental health residential treatment capacity has been lost due to increased operating and maintenance costs, aging infrastructure, and insufficient resources to repair facilities resulting in facility closures.[30] Levy Supporting Purpose 1 is to restore the number of mental health residential treatment beds to at least 355, which was the bed census in 2018. Allowable activities under Strategy 2 include:

1. Costs to develop and construct residential treatment facilities including purchasing land, acquiring an existing facility, planning and design, building renovation or expansion, new construction and other capital pre-development and development costs;

[30] Plan pg. 7

2. Costs to make capital improvements to existing facilities including repair, renovation, and expansion or enhancement to maintain or improve operations; and
3. Capital maintenance costs for residential treatment facilities.

The Plan states that DCHS intends to accelerate the distribution of resources for Strategy 2 in 2024 through a combined procurement process with MIDD. Although procurement is intended to begin in early 2024, awards will not be distributed until the Plan is adopted. This procurement would focus on preservation of existing treatment facilities and development of new residential treatment facilities.

**Strategy 3: Strengthen the Community Behavioral Health Workforce.** Strategy 3 would directly support the Levy's Supporting Purpose 2 to increase the sustainability and representativeness of the behavioral health workforce in King County. The three categories of allowable activities intended to strengthen the community behavioral health workforce include:
1. Community behavioral health career pathways;
2. Labor-management workforce development; and
3. Crisis workforce development.

Community behavioral health career pathways is intended to support recruitment, training, retention, and wellbeing of workers through tuition assistance, stipends for paid internships, clinical supervision costs, professional licensure fees, grants to promote worker wellbeing, and clinical training. The Plan states that at least 25 percent of funding for this activity will be used to increase the representativeness of community behavioral health workers. Executive staff state that the funding intended to increase representativeness is expected to include "targeted recruitment efforts, education stipends and other strategies that lower barriers to peers, people with low incomes, and people of color being able to access and compete for jobs in behavioral health. DCHS intends to initially support provider-driven proposals. In reviewing proposals, DCHS will ask providers to describe how they will use resources to increase the representativeness of their workers."

Strategy 3 aims to sustain and expand labor-management workforce development partnerships, including apprenticeship programs and labor-management partnership training funds. Funding under this Strategy would sustain and expand a Washington State registered apprenticeship program that offers behavioral health apprenticeships. Career paths linked to this program include peer counselors, substance use disorder professionals, and behavioral health technicians. Eligible costs include, but are not limited to, salary and benefit costs for apprenticeships, employer and apprentice incentives, and program planning and recruitment costs.

Crisis workforce development activities supported under this Strategy are intended to encourage people to join the workforce to staff the Crisis Care Centers. As stated in the Plan, crisis services are unique and require specialized skill in de-escalation, risk assessment, triage decision-making, and motivational interviewing. Investments to recruit, train, retain, develop, and support the wellbeing of behavioral health crisis workers as described in the plan would include:
- Increase wages for workers;

- Improve benefits for workers;
- Reduce the cost of living for workers, such as housing, education, or child care;
- Support the professional development of workers to improve service quality; and
- Support worker wellbeing through activities such as supervision and mentorship, covering staff time for self-directed program development and quality improvement initiatives, and access to behavioral health benefits.

The Plan clarifies that, "Funds for these activities will be distributed to both Crisis Care Center operators and post-crisis follow-up providers through a competitive procurement process." The Plan recognizes that wages for all of the behavioral health workforce is an important factor in recruitment and retention but, "Crisis Care Centers Levy resources are insufficient to increase wages meaningfully and consistently across the regions' entire community behavioral health workforce."[31] Therefore the Plan prioritizes funds to support wages for the Crisis Care Centers' workforce in line with Ordinance 19572. If additional funds become available, the Plan authorizes DCHS to develop and administer activities to increase wages for the broader behavioral health workforce through Strategy 3.

The Plan states that DCHS intends to make rapid initial progress toward fulfilling Supporting Purpose 2 by allocating proceeds to Strategy 3 in 2024.[32] Early investments would be made toward all three categories of allowable activities in Strategy 3.

**Strategy 4: Early Crisis Response Investments.** According to the Plan, before Crisis Care Center facilities are open, Levy revenue would be allocated to make early investments beginning in 2024 (after the Plan is adopted) to enhance the existing crisis behavioral health network in King County. Allowable activities under Strategy 4 would:

- Increase community-based crisis response through contract expansion with existing mobile crisis teams for adults and youth;
- Expand a pilot program that embeds behavioral health counselors in 911 call centers and redirects behavioral health calls to specialized counselors in lieu of law enforcement;
- Expanding access to naloxone and other relevant public health supplies through vending machines and other distribution systems to decrease fatal overdoses; and
- Invest in capital facilities to treat substance use disorders, especially those that are already permitted and can create faster in-person access to substance use disorder crisis services such as post-overdose recovery, sobering, and metabolizing services. This could take the form of facility renovation, expansion, new construction, or other capital development or improvement costs. One facility expected to be funded by this Strategy is the 3rd Avenue post-overdose recovery center in Seattle.

**Strategy 5: Capacity Building and Technical Assistance.** Strategy 5 is intended to provide funding for capacity building and technical assistance for Crisis Care Center

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31 Plan pg. 91

32 Procurement awards would not be made until after the Plan is adopted in accordance with Ordinance 19572.

operators, providers, and local jurisdictions to support implementation of the Levy's strategies.

Allowable activities for the Centers and residential treatment facility operators include support with predevelopment planning for capital facilities; capital financial planning; facility siting, design, and construction; and post-construction facility activation. Crisis Care Center operators could receive support under this strategy to deliver high quality clinical services, comply with regulatory requirements, and provide inclusive care for populations experiencing behavioral health inequities. Activities could include implementing national health care standards for providing culturally and linguistically appropriate services, developing clinical policies and procedures, and adopting de-escalation and least restrictive best care practices.

Providers with expertise in culturally and linguistically appropriate services could receive support under this strategy to increase organizational capacity by increasing administrative infrastructure, data and information technology systems, health insurance billing infrastructure, and workforce development.

Local jurisdictions could receive grants under this strategy to offset a portion of costs incurred directly related to siting behavioral health capital facilities funded by the Levy including meeting facilitation, production of communication materials, event costs, translation and interpretation costs, and costs to reduce barriers for community members to participate in related community engagement activities. The Plan states that grants will be prioritized for purposes that expedite opening Crisis Care Center facilities funded in 2024 - 2026 and may not be used to offset siting costs incurred by other parties or that are not directly attributed to facility siting. DCHS could also provide support with interjurisdictional and facility operator partnerships.

**Strategy 6: Evaluation and Performance Measurement.** The Plan includes a high-level description of how DCHS will assess the impact of the Levy through evaluation and performance measurement activities. Activities to be funded under this Strategy include DCHS' costs to measure, analyze, evaluate, and report the impact and results of the Levy to inform quality improvement initiatives, and costs related to in-depth evaluations of the Levy which may include contracts with third parties. Executive staff indicate that appropriation and position authority for 5 full-time equivalent positions (FTEs) are requested in the proposed appropriation ordinance[33] to support Strategy 6 as appears in Table 5.

[33] Proposed ordinance 2024-0012

**Table 5. DCHS CCC Levy Evaluation and Performance Staffing**

| Classification | Working Title | Allocation in PO 2024-0012 |
|---|---|---|
| Project/Program Manager 3 | Data & Evaluation Manager | $202,126 |
| Evaluator – Senior | Crisis Services Senior Evaluator | $165,219 |
| Human Services Data Scientist | Crisis Services Data Scientist | $163,985 |
| Evaluator | Crisis Services Evaluator | $147,827 |
| Evaluator | Crisis Services Evaluator | $147,827 |
| | **Total** | **$826,984** |

Page 119 of the transmitted Plan describes four principles in Section VII to guide evaluation and performance measurement including transparent and community informed, person-centered, continuous improvement, and equity. The Plan states that the evaluation and performance measurement framework will focus on reporting measures relevant to monitoring performance of the Levy, advancing continuous quality improvement, and generating clear and actionable evaluation products for the public. The approaches to achieve this include using population level indicators to measure need, characterize baseline conditions, and track trends; performance measurement to determine program processes and outcomes that can be used to assess how well a strategy is working; and in-depth evaluation activities to deepen learning and understand Levy investment effectiveness.

The Plan states that the Levy is intended to impact “two priority populations" of people seeking immediate and in-person crisis care (Paramount Purpose), and people seeking residential treatment (Supporting Purpose 1). DCHS will measure how the Levy, within the overall public behavioral health system, provides services to these two priority populations. DCHS will measure and report on the impact of the Levy through a results-based accountability framework by assessing: "how much did we do, how well did we do it, and is anyone better off?"[34] DCHS intends to require contracted service providers to regularly report on Levy programs and strategies and collect data in a consistent manner. Data requested will include: individuals served; the nature of service provided; and associated outcomes to support the implementation of Strategy 1 and 2. To support the implementation of Strategy 3 pertaining to the workforce, DCHS plans to collect and monitor performance measures that describe behavioral health agency attributes such as workforce characteristics, activities conducted, and associated outcomes. Individual level data may be collected on clients or agency staff under these three strategies “to disaggregate measures by race, ethnicity, or other demographics at both the program level and across programs for analysis within strategies and result areas."[35] The Plan states that DCHS will include proposed performance measures in procurement materials to communicate contract expectations and likely reporting requirements but intends to collaborate with selected service providers on final plans for performance measurement to ensure they include meaningful measures and are feasible.

[34] Plan pg. 121
[35] Plan pg. 122

DCHS intends to align Levy performance evaluation and reporting with other dedicated human services funding initiatives including programs funded by the Mental Illness and Drug Dependency (MIDD) tax, Best Starts for Kids (BSK), the Veterans, Seniors, and Human Services Levy (VSHSL), and Health Through Housing (HTH). The plan states that by 2026, Crisis Care Centers Levy data will be included in the consolidated human service dashboard managed by DCHS.[36]

**Strategy 7: Levy Administration.** Allowable activities under Strategy 7 support the administration of Levy programs over nine years. This includes DCHS staff costs, third party consulting and technical assistance for the department, and indirect administrative costs. Executive staff indicate that 23 FTEs and 2 TLT are included in the proposed appropriation ordinance,[37] 24 of whom would support Strategy 7 as appears in Tables 6 and 7.

[36] Plan pg. 124
[37] Proposed Ordinance 2024-0012

**Table 6. DCHS CCC Levy Admin Staffing Planned for 2024**

| Classification | Working Title | Allocation in PO 2024-0012 |
|---|---|---|
| Managing Psychiatrist | Crisis Operations Medical Director | $403,595 |
| Senior Deputy Prosecuting Attorney | BHRD Attorney | $300,000 |
| Strategic Planning Manager 2 | BHRD Assistant Deputy Director | $235,914 |
| Special Projects Manager IV | Director of Provider Success | $224,647 |
| Strategic Planning Manager 1 | Director of Crisis Care Centers | $204,874 |
| Government Relations Administrator | Local Government and Community Engagement Manager | $199,360 |
| Data Systems Special Projects Manager 2 (TLT, 3 years) | Data Systems Special Projects Manager | $194,874 |
| Special Projects Manger 2 | SUD Strategic Planning Manager | $194,874 |
| Special Projects Manager 2 | CCC Levy Capital Programs Manager | $194,874 |
| Special Projects Manger 1 | CCC Finance Lead | $187,712 |
| Project/Program Manager 4 | Behavioral Health Workforce Manager | $179,599 |
| Project/Program Manager 4 | CCC Operations Manager | $179,599 |
| Business Finance Officer 3 | CCC Fiscal Specialist | $169,297 |
| HR Analyst – Senior | HR Analyst – Senior Recruiter | $166,884 |
| Contracts Specialist III | DCHS Contracts Specialist III | $165,812 |
| Project/Program Manager 3 | CCC Levy Project Manager | $159,494 |
| Project/Program Manager 3 | CCC Levy Project Manager | $159,494 |
| Project/Program Manager 3 | Crisis Care Centers Project Manager | $159,494 |
| Communications Specialist IV | Senior Communications Manager | $155,841 |
| Project/Program Manager 2 | Behavioral Health Workforce Project Manager | $147,051 |
| Project/Program Manager 2 | Provider Relations/Contracts specialist | $147,051 |
| Project/Program Manager 2 | Community Engagement Liaison | $147,051 |
| Business Finance Officer 1 | CCC Accounts Payable | $125,496 |
| Administrative Specialist 2 | Administrative Specialist | $99,484 |
| Education Consultant 1 (TLT, 18 months) | Naloxone and Overdose Prevention Health Education Specialist | $98,991 |
| | **Total** | **$4,601,362** |

**Table 7. DCHS CCC Levy Admin Staffing Anticipated for 2025-2027**

| Classification | Working Title | Budget |
|---|---|---|
| Project/Program Manager 2 | Provider Relations/Contracts Specialist | 2025 |
| Project/Program Manager 2 | Provider Relations/Contracts Specialist | 2025 |
| Project/Program Manager 3 | CCC Clinical Quality Specialist | 2026-27 |
| Project/Program Manager 3 | CCC Care Coordination Manager | 2026-27 |
| Social Services Professional | Hospital Liaison | 2026-27 |
| Social Services Professional | Hospital Liaison | 2026-27 |
| Social Services Professional or Project/Program Manager 3 | Utilization Management, Residential Treatment | 2026-27 |
| Project/Program Manager 3 | CCC Behavioral Health Housing Coordinator | 2026-27 |
| Billing Analyst | Crisis Care Center Medical Biller | 2026-27 |
| Functional Analyst 2 | Functional Analyst | 2026-27 |

Additional allowable activities under Strategy 7 include costs related to organizing community engagement efforts including providing translation and interpretation services. If needed, costs to reduce DCR response times to Crisis Care Centers (such as establishing satellite offices or transportation costs) would be an allowable expenditure under Strategy 7. Data systems infrastructure and technology are also included as allowable activities under Strategy 7.

**Strategy 8: Levy Reserves.** The Plan states that the Levy will maintain fund reserves as directed by King County Ordinance 19572. The annual expenditure plan includes a fund reserve equal to 60 days of budgeted expenditures, less capital expenses, consistent with King County Comprehensive Financial Management Policies.

**Financial plan.** The Plan includes a financial plan with estimated levy collections and estimated levy expenditures.

*Estimated Levy Collections.* Table 8 shows a summary of the estimated annual revenue forecast from 2024 to 2032, based on the King County OEFA August 2023 revenue forecast. This forecast assumes an initial Levy rate of 14.5 cents per $1,000 assessed property value, with annual increases (limit factor) of up to 1 percent. The revenue forecast assumes a 99 percent revenue collection rate and an annual interest revenue at a rate of 0.5 percent. The Levy is anticipated to bring in a total of $1.2 billion over nine years.

**Update for 5/8:** The March 2024 OEFA forecast was adopted by the Forecast Council on March 15. Based on the updated March 2024 OEFA forecast, no significant changes to levy allocations are projected. The estimated total levy revenue remains $1.2 billion over nine years.

**Table 8. 2024-2032 CCC Levy Estimated Collections (Based on August 2023 OEFA Forecast)**

| 2024 | 2025 | 2026 | 2027 | 2028 | 2029 | 2030 | 2031 | 2032 |
|---|---|---|---|---|---|---|---|---|
| $117.9M | $120.4M | $123.1M | $125.8M | $128.5M | $131.3M | $134.1M | $137.1M | $140.0M |

**Update for 5/8: 2024-2032 CCC Levy Estimated Collections (Based on March 2024 OEFA Forecast)**

| 2024 | 2025 | 2026 | 2027 | 2028 | 2029 | 2030 | 2031 | 2032 |
|---|---|---|---|---|---|---|---|---|
| $119.5M | $122.2M | $125.0M | $127.9M | $130.8M | $133.8M | $136.8M | $139.9M | $143.0M |

*Proposed Expenditure Plan.* Table 9 shows a summary of the Levy's annual expenditure plan from 2024 to 2032. This includes the following one-time costs:

- Election costs for King County Proposition 1 in the April 2023 election.
- Planning costs: Initial planning costs permitted under Ordinance 19572.

**Table 9. Proposed Annual CCC Levy Allocations by Strategy (in Millions)[38]**

| | 2024 | 2025 | 2026 | 2027 | 2028 | 2029 | 2030 | 2031 | 2032 | Strategy Total |
|---|---|---|---|---|---|---|---|---|---|---|
| **Strategy 1**: | $16.2 | $59.9 | $54.8 | $72.6 | $97.9 | $73.1 | $82.1 | $84.1 | 86.1 | **$626.8[39]** |
| **Strategy 2:** | $42.0 | $33.3 | $40.1 | $48.6 | $1.5 | $1.6 | $1.7 | $1.9 | $2.1 | **$173.0** |
| **Strategy 3:** | $7.5 | $11.8 | $13.0 | $16.4 | $19.9 | $22.4 | $23.9 | $24.2 | $24.6 | **$163.7** |
| **Strategy 4:** | $8.2 | $6.2 | $7.4 | $7.5 | $7.6 | $7.7 | $7.5 | $7.6 | $7.7 | **$67.7** |
| **Strategy 5**: | $1.8 | $2.0 | $2.1 | $1.4 | $1.7 | $2.2 | $2.1 | $1.7 | $1.6 | **$16.6** |
| **Strategy 6:** | $0.8 | $1.1 | $1.1 | $1.2 | $1.2 | $1.2 | $1.3 | $1.3 | $1.4 | **$10.7** |
| **Strategy 7:** | $5.1 | $7.6 | $9.0 | $9.3 | $9.6 | $9.8 | $9.8 | $9.7 | $10.0 | **$80.0** |
| Election Costs | $3.5 | - | - | - | - | - | - | - | - | **$3.5** |
| Planning Costs | $1.0 | - | - | - | - | - | - | - | - | **$1.0** |
| | **$85.9** | **$122.1** | **$127.6** | **$157.0** | **$139.5** | **$118.1** | **$128.5** | **$130.6** | **$133.6** | **$1.2 Billion[40]** |

*Sequence and Timing.* According to the Plan, before opening, a Crisis Care Center would need to at least satisfy the following processes:

- County-administered procurement and contracting process;

[38] *Totals may not sum exactly due to rounding*
Strategy 1: Create and Operate Five Crisis Care Centers
Strategy 2: Restore, Expand, and Sustain Residential Treatment Capacity
Strategy 3: Strengthen the Community Behavioral Health Workforce
Strategy 4: Early Crisis Response Investments
Strategy 5: Capacity Building and Technical Assistance
Strategy 6: Evaluation and Performance Measurement Activities
Strategy 7: Levy Administration
[39] Includes $204.9 million in projected Medicaid funding
[40] Does not include reserves

- A city or other local jurisdiction defined land use, zoning, and/or permitting process; and
- A state department-defined licensing process.

The Plan notes that these processes are administered by three separate levels of government and introduce substantial potential variability to the capital development timeline for a Crisis Care Center.

*Procurement Timeline***.** DCHS intends to prioritize opening five Centers as quickly as possible to meet urgent needs of people experiencing behavioral health crises. DCHS intends to select the operator(s) through an annual competitive procurement, with rounds in 2024, 2025, and 2026 if needed to select the Crisis Care Center operator(s).

- The first procurement round in 2024 will prefer proposals that can be developed and begin serving people rapidly. This round may include a single review deadline, multiple review deadlines, or a rolling review of applications, with the ability to make awards at different times within the round. This round would award contracts for a maximum of three Centers. According to the Plan, the purpose of this cap is to provide additional planning time for organizations interested in submitting a procurement proposal in 2025; and to manage the timeline of expenditures against when Levy proceeds are available.
- The 2025 procurement round will not have a cap on the number of awards.
- The 2026 procurement round will only be held if operators for any Centers have not yet been selected.

*Implementation Timeline.* According to the Plan, Levy funding to support the Centers' capital facility development and operating costs are anticipated to begin in 2025 and increase over time as Centers are developed and become operational.

In 2026, the first Center is anticipated to open. By 2027, up to three Centers are anticipated to be open; by 2028, up to four Centers; by 2029, up to five Centers; and by 2030, all five Centers open would be open.

*Rapid Progress on Supporting Purposes.* The Plan provides information on how DCHS will make rapid progress on the two supporting purposes.

Supporting Purpose One: To make rapid initial progress on Supporting Purpose One (Residential Treatment), DCHS plans to leverage a broader behavioral health capital facility improvement procurement process in early 2024 that incorporates other funding sources, including MIDD. Strategy 2's 2024 allocation would support capital improvement and maintenance costs of existing residential treatment facilities and the development of new residential treatment facilities.

DCHS opened a combined behavioral health capital procurement in early 2024 to award capital improvement funding for residential treatment facility operators to help stabilize the sector and prevent additional closures, and to award capital funding for new residential treatment facility development. King County Ordinance 19712 appropriated

MIDD funding for this purpose. DCHS intends to also procure proposals to support capital improvement and maintenance costs of existing residential treatment facilities.

DCHS released a request for applications (RFA) on January 18, 2024, that may award both MIDD and Crisis Care Centers Levy resources for residential treatment facilities preservation and development of new residential treatment facilities. Crisis Care Centers Levy resources allocated through the RFA would only be used for mental health residential treatment capital improvements and repairs. According to Executive staff, the purpose of a single, integrated RFA is to 1) expedite allocation of Levy capital resources to stabilize the mental health residential treatment sector and prevent the loss of additional bed capacity; and 2) streamline the RFA process for behavioral health providers and reduce administrative burden.

Levy resources will not be awarded until after Council approval of the proposed implementation plan and relevant budget appropriations.

Supporting Purpose Two: To make rapid initial progress on Supporting Purpose Two (Behavioral Health Workforce), DCHS plans to begin the procurement and contract processes for activities in early 2024 to expedite distribution of resources soon after the Plan is adopted. Early workforce investments planned for 2024 include community behavioral health career pathways, labor-management workforce development partnerships, and crisis workforce development. These would help strengthen King County's community behavioral health workforce, support the development of the behavioral health worker pipeline, and prepare to build the crisis specialty skills of behavioral health workers in King County.

*Government and Philanthropic Funding.* This Plan assumes no federal, state, or philanthropic resources would contribute to achieving the Levy's purposes, except for state and federal Medicaid funding. The plan indicates that the Executive will seek investments from government and philanthropic partners to augment Levy proceeds.

- The Executive will seek government funding through the county's annual legislative agenda and policymaker engagement activities, including briefings, work sessions, and public hearings. DCHS anticipates coordinating the Levy with federal and state crisis service initiatives and investments to maximize resource coordination and crisis system integration.
- The Executive will seek philanthropic funding by sharing opportunities for partners to amplify the impact of Levy proceeds with targeted funding support.

Additional government and philanthropic investments could reduce the amount of Levy proceeds needed to meet the Plan's strategies. If this occurs, then Levy proceeds could expand funding for Strategies.

*Role of Medicaid.* The Levy financial plan assumes that Medicaid would pay for approximately 40 percent of the Centers' operating and service activities and approximately 40 percent of the post-crisis follow-up program's operating and service

activities (under Strategy 1). Levy proceeds would be used to pay for the remaining 60 percent of operating and service costs not covered by Medicaid.

DCHS developed this 40 percent assumption by analyzing the county's historical crisis service health insurance billing codes and utilization data, estimating likely health insurance coverage payer mix of people who may access a Crisis Care Center, and by reviewing Medicaid funding rates at comparable facilities in the state:

- Billing codes and utilization data: 29-50 percent of client population was eligible for Medicaid, with 34 percent average rate of people accessing crisis services. DCHS estimates that the Crisis Care Centers' payer mix will be higher than this 34 percent average because crisis care centers are anticipated to disproportionately serve people who are eligible for Medicaid.
- Comparable facilities in the state: 24 to 86.5 percent of operating and service costs covered by Medicaid.

According to Executive staff, if actual Medicaid paid costs are significantly higher than the 40 percent assumption, then there may be resources for additional investments. These would follow the "Priorities for Increasing Allocations Due to Additional Funding" outlined in the plan.[41] If actual Medicaid paid costs are significantly lower than the 40 percent assumption, then other investments may need to be reduced or reserves spent to fulfill the Levy's paramount purpose. These adjustments would follow "Funding Priorities if Levy Proceed Allocations Must be Reduced Due to Funding that is Less than Projected" outlined in the plan.[42] Strategy 1 (Create and Operate Five Crisis Care Centers) is identified as the top priority to fully fund if there is a change in available funding.

*Substantial Adjustments.* In the Plan, a substantial adjustment is defined as a change or series of changes within the same calendar year to a strategy's annual funding allocation 5 percent or $500,000, whichever is greater.

If, without Council direction or concurrence, the Executive determines a substantive adjustment to the funding allocations specified in the Levy’s financial plan is needed, then the Executive will transmit a notification letter to Council detailing the scope of and rationale for the changes. The Executive may send such notification letters as frequently as twice per year when needed. The Executive will electronically file the letter with the Clerk of the Council, who will retain an electronic copy and provide an electronic copy to all councilmembers, the Council Chief of Staff and the lead staff for the Committee of the Whole, or its successor. Unless the Council passes a motion rejecting the contemplated change within 30 days of the Executive’s transmittal, the Executive may proceed with the change as set forth in the notification letter.

*Reduced Funding.* If projected revenue or health insurance funding assumptions are less than the plan’s projections, the Executive would identify substantial adjustments based on the priorities below:

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[41] Figure 47. Priorities for Increasing Allocations Due to Additional Funding on page 117
[42] Figure 46. Funding Priorities if Levy Proceed Allocations Must be Reduced Due to Funding that is Less than Projected on page 117

- Priority 1. Maintain funding or minimize reductions to strategies with a direct link to accomplishing the Paramount Purpose (establish and operate a regional network of five Crisis Care Centers in King County).
- Priority 2. Maintain funding or minimize reductions to strategies with a direct link to accomplishing Supporting Purpose 2 (increase sustainability and representativeness of community behavioral health workforce in King County through recruitment, retention, and training activities).
- Priority 3. Maintain or minimize reductions to strategies with a direct link to accomplishing Supporting Purpose 1 (restore the number of mental health residential treatment beds to at least 355 and expand the availability and sustainability of residential treatment in King County).

*Increased Funding.* If projected revenue or health insurance funding assumptions are more than the Plan's Levy projections, the Executive would increase allocations based on the priorities below. Note that changes due to additional Levy revenue or other funding sources that do not reduce another strategy's allocation and that follow these priorities are not considered a substantial adjustment.

- Priority 1. Ensure at least 60 days of operating reserves funded.
- Priority 2. Increase funding to Strategy 1 (Create and Operative Five Crisis Care Centers) up to $25 million in any single year.
- Priority 3. Increase funding to Strategy 3 (Strengthen Community Behavioral Health Workforce) up to $25 million in any single year.
- Priority 4. Increase funding to Strategy 2 (Restore, Expand, and Sustain Residential Treatment Capacity) up to amount needed to restore number of beds up to 355 beds.
- Priority 5. Fund creation and operation of additional Crisis Care Center facilities, components of facilities, or other facilities that Levy data shows would benefits Crisis Care Center clients and are allowed under the Levy ordinance.

**Prorationing considerations**. RCW 84.52.043 establishes a maximum aggregate property tax rate of $5.90 per $1,000 of assessed valuation for counties, cities, fire districts, library districts, and certain other junior taxing districts. Under state law, if a taxing district reaches its statutory rate limitation, that district can only collect the amount of tax revenue that would be produced by that statutory maximum levy rate. In other words, if the aggregate of taxing districts exceeds the $5.90 limit, the tax district's levies would have to be reduced so that the $5.90 aggregate collection limit is not exceeded. Reductions are made in accordance with a district hierarchy established under RCW 84.52.010. In general, countywide levies are the most senior taxing districts and would be the last to be reduced, or pro-rationed, under state law.[43]

Prorationing mitigation is identified as an eligible expenditure in the Levy ordinance to reduce the Levy's impact on applicable metropolitan park district, fire districts, and local hospital districts in an amount up to the lost revenue to the individual district resulting from prorationing, to the extent the Levy was a demonstrable cause of the prorationing,

[43] State law currently removes regular park and recreation district property tax levies from the $5.90 limit if levied on an island within a county with a population over two million (i.e., Vashon Island). This exemption, unless changed by state law, expires January 1, 2027. (Chapter 117, Laws of 2021)

and if the Council has authorized the expenditure by ordinance. Note that the districts would be required to use Levy proceeds for purposes consistent with the Levy purposes.

**Supplantation considerations for King County.** Under state law,[44] a levy lid lift proposition may only be used for the specific limited purpose of the levy, as identified in the ballot title. In addition, state law allows for levy funds to be used to provide for existing programs and services, provided the levy funds are used to supplement, but not supplant existing funds. Existing funding is determined based on actual spending in the year in which the levy is placed on the ballot. Existing funding excludes lost federal funds, lost or expired state grants or loans, extraordinary events not likely to reoccur, changes in contract provisions beyond the control of the taxing district receiving the services, and major nonrecurring capital expenditures.

For the Crisis Care Centers Levy, this prohibition on supplantation means that Levy funds may be used for entirely new programs and services—in any amount over the life of the Levy—and to fund existing programs and services, but only in an amount additional to the amounts the County spent on those programs or services in 2023, unless one of the exceptions noted earlier applies.

**Advisory body.** In accordance with Ordinance 19572, the Plan includes a description of the composition, duties of, and process to establish the advisory body for the Levy. The Plan is also accompanied by a separate proposed ordinance that would empower the advisory body (Proposed Ordinance 2024-0013[45]).

*Using a Preexisting Board*. The Executive is proposing to use the Behavioral Health Advisory Board (BHAB) as the advisory body for the Levy.[46,47] BHAB is the advisory body for the King County Behavioral Health – Administrative Services Organization (BH-ASO). King County BH-ASO is the administrative entity within the Behavioral Health and Recovery Division of DCHS that contracts with the Washington State Health Care Authority to manage non-Medicaid behavioral health services, behavioral health block grants, and other behavioral health funds, with a focus on crisis services.

The Plan asserts that the BHAB has relevant expertise related to King County crisis services and is well positioned to advise the Executive and the Council regarding the Levy. Additionally, the plan states that centralizing advisory duties within the BHAB will ensure there is a single advisory body for the County's continuum of crisis services, and

[44] RCW 84.55.050.
[45] Proposed Ordinance 2024-0013 may be taken up after the Plan. According to DCHS, there "are no specific timing considerations related to ordinance -0013 that would prevent DCHS from implementing time sensitive aspects of the implementation plan, such as releasing 2024 Levy funded procurements. However, consideration of -0013 soon after adoption during spring 2024 will be important to allow time to recruit and establish the expanded board consistent with CCC levy requirements in time to advise on early decisions that will shape levy services. The board's early duties will include, but are not limited to, fulfilling its role in the levy's first annual reporting cycle in 2025."
[46] Ordinance 19572 allows for a preexisting county board or commission with relevant expertise to serve as the Levy's advisory body.
[47] https://kingcounty.gov/en/legacy/depts/community-human-services/mental-health-substance-abuse/boards.aspx

that this approach is intended to avoid system fragmentation and promote an integrated approach to managing crisis services at the system level.

*Board Duties*. The BHAB is responsible for advising the King County BH-ASO on the design and implementation of publicly funded behavioral health services.[48] The Plan and Proposed Ordinance 2024-0013 would expand the BHAB's duties to include those required in Ordinance 19572, which are:

- Advise the Executive and Council on matters pertaining to the Levy;
- Annually visit each existing Crisis Care Center; and
- Report on the Levy to the Council and the community through annual online reports beginning in 2025.

The BHAB's additional duties related to the Levy would go into effect on the effective date of Proposed Ordinance 2024-0013.

*Board Composition.* The Plan states that the BHAB's board member composition requirements and advisory duties can be expanded to include advising on the Levy while still complying with state requirements.[49] To illustrate this point, the plan includes a matrix comparing the Levy's advisory board composition requirements with the existing statutory and contractual composition requirements of BHAB.[50,51] That matrix is included in Table 10.

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[48] King County Behavioral Health Advisory Board Bylaws
[49] While the requirements of the BHAB and the Levy advisory body are currently compatible, the Plan recognizes that state law and contracts may be updated during the Plan's term. If BHAB requirements are updated by the state in a way that is no longer compatible with the Levy, or if the Executive determines a different advisory body will better serve effective administration of the Levy, the Plan notes that the Executive may propose an ordinance to the Council to update the Levy's advisory board structure.
[50] See Figure 49 on page 129 of the Plan.
[51] BHAB membership requirements and duties are established in the RCW 71.24.300, WAC 182-538C-252, King County's BHASO contract with the HCA, and K.C.C. 2A.300.050.

**Table 10. Existing and Proposed BHAB Membership Requirements**

| | Matrix of BHAB Membership Requirements | | | | | |
|---|---|---|---|---|---|---|
| **Underlying Legal Authority** | **Membership Requirement** | | | | | |
| | At least 51% people with lived experience of a behavioral health condition[52] | At least 2 people who have received crisis stabilization services | Representative of King County's demographics[53] | At least 1 representative of each crisis response zone[54] | At least 2 members with professional training in behavioral health crisis care | At least 1 law enforcement representative |
| Ordinance 19572 | Compatible | Required | Required | Required | Required | Compatible |
| RCW 71.24.300 | Compatible | Compatible | Required | Compatible | Compatible | Required |
| WAC 182-538C-252 | Required | Compatible | Required | Compatible | Compatible | Required |
| HCA BHASO Contract | Required | Compatible | Required | Compatible | Compatible | Required |

In addition to the requirements highlighted in Table 10, the Plan notes that BHAB members may not be employees, managers, or other decision makers of providers that contract with the KC BH-ASO and who have the authority to make policy or fiscal decisions on behalf of the provider. Additionally, no more than four elected officials may serve on the BHAB. These are required by the County's contract with the HCA and appear in King County Code 2A.300.050.

The Plan and Proposed Ordinance 2024-0013 state that the expanded BHAB would be comprised of no fewer than nine and no more than 18 members who serve three-year terms.[55] Currently, the BHAB's maximum number of members is an odd number (15 members); changing to an even maximum number of members would be a policy choice. According to Executive staff, other advisory boards operate with an even number of members (such as the VSHSL Advisory Board and the Children and Youth Advisory Board). DCHS does not consider an even number of seats to be a challenge because boards and commissions are typically working toward consensus and not a simple majority. If the Regional Policy Committee and the Council prefer the BHAB to have an odd number of board members, DCHS would recommend changing the

[52] Lived experience and/or self-identify as a person in recovery from a behavioral health condition or be a parent or legal guardian of a person with lived experience of a behavioral health condition.
[53] Demographics such as race and ethnicity, gender identity, sexual orientation, people who identify as members of experiential communities, and other demographic groups and identities. Examples of "experiential communities" include persons who have been incarcerated, persons who are survivors of gender-based violence, persons who have been subject to involuntary treatment under Washington's Involuntary Treatment Act, military veterans, immigrants, and refugees.
[54] The crisis response zones (North, East, South, and Central) are defined in Ordinance 19572.
[55] BHAB members may serve a maximum of two consecutive terms, in addition to any partial terms. This would remain the same; there are no proposed changes to term limits in the Plan or PO 2024-0013.

number of seats to 19 (rather than 17) to ensure there are enough seats to fulfill board member requirements.

*Board Leadership.* BHAB members currently elect a chair and vice chair to serve one-year terms.[56] The Executive is proposing to increase those terms to two years with the intent of supporting BHAB leadership continuity. Executive staff state the change would give board leaders more time to get oriented in their new role and then provide leadership for a longer period of time. DCHS plans to discuss this proposed change with BHAB members at the March 2024 BHAB meeting.

Changing the amount of time that a board member serves as chair or vice chair is reflected in Proposed Ordinance 2024-0013 but was inadvertently omitted in the transmitted Implementation Plan, which leaves the term for the chair and vice chair at one-year. If the Regional Policy Committee and the Council wish to adopt two-year terms for the chair and the vice chair, the Implementation Plan would need to be amended.

*Recruitment and Appointment Process.* According to the Plan, current members of the BHAB will continue to serve out their terms. As BHAB seats become vacant, the Executive will recruit new BHAB members, informed by the new composition requirements included in Table 10. Executive staff recognize that it has been difficult to fill vacant BHAB seats in the recent past, but they are optimistic that adding Levy oversight to the Board's responsibilities will help recruit and retain board members.

The Executive is proposing a new appointment process to the BHAB, which is described in the Plan and included in Proposed Ordinance 2024-0013. Under the new process, the Executive would transmit a notification letter, either in aggregate or individually, that includes the name, biography, and term of each prospective member to the Council before appointing any member to BHAB.[57] The Executive would be able to proceed with the appointments in the notification letter unless the Council passes a motion requesting changes to the proposed appointments within 30 days of the transmittal.[58] Executive staff say the rationale for this change is to "streamline and expedite the process, including increasing predictability for those selected. The proposal is intended to maintain Council engagement and oversight while promoting Executive flexibility to quickly move forward appointments with a diverse range of intersecting identities."

This proposed appointment process does not align with requirements in the King County Charter. According to the Charter, the Executive shall appoint the members of all boards and commissions[59] and the appointments by the Executive shall be subject to

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[56] K.C.C.2A.300.050.D.1. Note, the Code currently states the chair is elected annually; however, Executive staff confirm that the vice chair is also an elected position per the BHAB's bylaws.

[57] The Executive would electronically file the letter with the Clerk of the Council, who would retain an electronic copy and provide an electronic copy to all councilmembers, the Council Chief of Staff, and the lead staff for the Committee of the Whole, or its successor.

[58] Under the current process, appointees are allowed to exercise the powers of office beginning 30 days after being appointed by the Executive; however, they remain subject to confirmation by the Council. The appointee may begin exercising the powers of office sooner than 30 days if the Council confirms the appointment earlier (see K.C.C. 2.28.003.B.).

[59] Section 340.10 of the King County Charter

confirmation by a majority of the County Council.[60] The Plan (and Proposed Ordinance 2024-0013) would need to be amended to align with the Charter.

*Board Member Compensation.* The County Code states that BHAB members shall serve without compensation.[61] The Plan (and Proposed Ordinance 2024-0013) proposes to allow BHAB members with lived experience to be compensated for "their time devoted to the official work of BHAB, in accordance with King County Office of Equity [and Racial] and Social Justice guidance and DCHS financial policies."

The Council may, by ordinance, provide for per diem compensation for members of specific boards and commissions.[62] It is a policy choice whether to provide compensation to BHAB members.

**Annual report.** The Levy ordinance requires the Levy's advisory body to report annually to the Council and the community on the Levy's progress through online reports beginning in 2025. It also states that the Plan shall describe how the Executive will provide the annual report to the Clerk of the Council, all councilmembers, and all members and alternate members of the Regional Policy Committee, or its successor.

*Report Process*. The Plan notes that DCHS staff will generate the annual report in alignment with reporting requirements. Then, the Levy's advisory body, proposed to be the Behavioral Health Advisory Board, will certify the report along with a letter confirming that the online report is updated with the previous year's data and is ready for review prior to its transmission to the Council.

The Executive, on behalf of the advisory body, will transmit a letter to the Council that confirms the availability of the annual report online and provides a web link to it, summarizes the annual report, including key data and conclusions, and identifies how the annual report meets the requirements of Ordinance 19572. Consistent with the requirements in Ordinance 19572, the Executive will also transmit a motion that would acknowledge receipt of the letter and completion of the online annual report requirement. The Executive will be prepared to provide a briefing at the invitation of the Council or its committees, including the Regional Policy Committee. The Executive will also make the report available to the community through DCHS' communication channels.

According to the Plan, the first report will be made available by August 15, 2025, and will cover information for calendar year 2024. Subsequent annual reports will continue to be provided by August 15 of the following year until August 15, 2033.

*Report Content*. Consistent with the requirements in the Levy ordinance, the Plan states that the online annual report will include the:

- Total expenditure of Levy proceeds by crisis response zone, Levy purpose, and Strategy reported by King County ZIP Code; and

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[60] Section 340.40 of the King County Charter. Additionally, Section 240 of the Charter states "the county council may pass motions to confirm or reject appointments by the county executive".
[61] K.C.C. 2A.300.050.F.
[62] K.C.C. 2.28.006

- Number of individuals receiving Levy funded services by crisis response zone, Levy purpose, and Strategy reported by the King County ZIP Code where the individuals resided at the time of services.

The online annual report will also include:

- An overview of Levy accomplishments during the previous calendar year, and any changes DCHS intends to make or direct to improve performance in the following year, when applicable;
- The Levy's fiscal and performance measurement during the applicable calendar year; and
- A map or summary describing the Levy's geographic distribution.

*ZIP Code Reporting.* DCHS intends to report expenditures by ZIP Code data for all services that operate from a fixed brick and mortar location and align methodology practices based on available data or modeling with approaches implemented in 2023 for Best Starts for Kids and those planned for the Veterans, Seniors, and Human Services Levy (VSHSL) consistent with the adopted VSHSL Implementation Plan for 2024-2029.[63]

The Plan also states: "DCHS evaluators may calculate expenditures by ZIP Code through service provider location and program participant residence. Both approaches provide an understanding on the spread of expenditures across King County. For example, Levy partners may provide a mix of virtual, mobile, and in-person programs and services. Reporting by service provider location may not fully capture the service reach. Alternatively, reporting by program participant residence may not capture difficulties participants may have accessing services, including transportation. Many program participants access programs in more than one way. Using more than one methodology to assess expenditures by ZIP code can help deepen understanding of how programs are accessible to people throughout the County."

Additionally, the Plan notes that the collection of program participant ZIP Code data may be limited for some programs in certain Levy strategies. For example, limitations include activities associated with mobile programs or programs serving people experiencing homelessness, refugees, people experiencing acute crisis, or people who are survivors of domestic violence. The Plan also states that geographic information may not be available or relevant for programs and strategies that invest in systems and environment change and strategies that support systemwide workforce capacity building. ZIP Code collection also may not be possible for programs required to use an existing data system that the Levy cannot revise, or when a legal framework prevents the sharing of these data. The Plan states that all reporting by ZIP Code will continue to abide by privacy and confidentiality guidelines.

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[63] Best Starts for Kids Implementation Plan: 2022-2027. Page 87: "Best Starts will also develop and pilot a methodology beginning in 2022 for reporting program expenditures by ZIP Code based on available data or modeling. This methodology will need to account for expenditures for programs that are provided virtually, programs that do not operate from a single service location like home-based services, and systems-change work that has impacts in communities larger than a single ZIP Code." See: https://kingcounty.gov/~/media/depts/community-human-services/best-starts-kids/documents/Best_Starts_for_Kids_Implementation_Plan_Approved_2021.ashx?la=en"

**Potential Policy Issues.** The Plan presents policy choices for this new revenue stream within the confines of the Levy ordinance. This section summarizes a noncomprehensive potential policy issues for consideration.

*Proposed Allocation for Strategy Activities.* The Plan's financial plan shows the projected revenue and approximate annual allocations for each Strategy but omits detail regarding how much of each Strategy allocation would be spent on allowable activities described in the Plan. Members may wish to consider modifying this section. Modification might take the form of including more detail for each Strategy-level allocation detail by providing a minimum or maximum for activities employed within each Strategy, reallocating money among Strategies, or including language to ensure certain programs or activities are eligible under specific Strategies. Additionally, members may wish to consider adjusting priorities for increasing or decreasing funding if projected revenue or health insurance funding is higher or lower than expected.

*Council Review for Increased Funding.* If projected revenue or health insurance funding assumptions are more than the Plan's Levy projections, the Executive would increase allocations based on the priorities outlined in the Plan. Changes due to additional Levy revenue or other funding sources that do not reduce another Strategy's allocation and that follow these priorities are not considered a substantial adjustment, and therefore would not be required to follow the Council notification and review process outlined for substantial adjustments. Whether to require increased funding allocations to undergo a Council review process is a policy consideration for the Council.

*Public Interest Requirements.* Members may wish to consider adding, modifying, or eliminating the requirements outlined in the Plan. Modification might include such things as defining "equity impact" and clarifying how operators could effectively assess their impact on this definition; or allowing for Council action prior to a leased facility exception being made.

*Alternative Siting Process.* Members may wish to consider eliminating or modifying the process. Modification might include allowing for action by the King County Council and Regional Policy Committee prior to commencing the alternative siting process.

*Permissive Language.* The Plan includes permissive language throughout that members may wish to consider making mandatory in parts. For example, the Plan states that operators "should" develop certified electronic health record systems and DCHS "will support their efforts to do so." Modifications to this could include eliminating the provision pertaining to electronic health records or changing "should" to "shall" to require operators to develop electronic health records. This policy choice exists for all instances of permissive language in the Plan.

*Policy Development Criteria.* The Plan states that medical stability criteria and other processes and procedures would be developed in collaboration with selected operators further into the implementation process. Members may wish to consider including guidelines for these criteria to ensure policies do not limit patient access due to things such as the patient's need to use a cane or to continue using prescriptions for methadone or buprenorphine.

*Jurisdiction Demonstration of Support.* The Plan states that DCHS will prefer Crisis Care Center procurement proposals that demonstrate support from the jurisdiction where a facility is proposed. The Plan provides a list of criteria that could be included in jurisdictions written statement of support for a proposed site.[64] Members may wish to consider adding or removing items from this list.

**Update for 5/8**: **Legislative Schedule.** In accordance with Section 5 of Ordinance 19572, until the Plan is adopted, Levy proceeds may only be used to pay for election costs and no more than $1 million for initial planning activities. Proposed Ordinance 2024-0011 is a mandatory dual referral to both the Regional Policy Committee (RPC) and the Health and Human Services (HHS) Committee. The current legislative schedule, identified in Table 11, contemplates three touches for each committee with all amendments going through the RPC at a special meeting, followed by HHS Committee action, and the final action at Full Council. Please note the last three dates are revised from the original schedule.

**Table 11. Legislative Schedule for Proposed Ordinance 2024-0011[65]**

| Action | Committee/ Council | Date | Amendment Deadline |
|---|---|---|---|
| **Submitted to Clerk** | | Dec. 29 | - |
| **Introduction and referral** | Full Council | Jan. 16 | - |
| **Exec Staff Briefing *(RPC in control)*** | HHS | Feb. 6 | - |
| **Discussion Only – Exec Staff Briefing** | RPC | Feb. 14 | - |
| **Policy Staff Briefing *(RPC in control)*** | HHS | Mar. 5 *Deferred* | - |
| **Discussion Only – Policy Staff Briefing** | RPC | Mar. 13 | - |
| **Policy Staff Briefing *(RPC in control)*** | HHS | Apr. 2 | - |
| **Member Work Session *(RPC in control)*** | RPC | May 8 | |
| **Action** | Special RPC | May 17 10 A.M. | Striker direction: May 9<br>Striker distribution: May 13<br>Line AMD direction: May 14 |
| **Action** | HHS | June 4 | - |
| **Final Action** | Full Council (Regular course) | June 18 | - |

[64] Plan pg. 83
[65] Dates updated from original schedule.

**Update for 5/8: Previous Committee Questions and Answers.** Executive staff provided responses to questions asked by members during RPC on February 14, March 13, and HHS on April 2. These questions and answers can be seen in Attachment 6 to today's staff report.

**INVITED**

- Kelly Rider, Interim Director, Department of Community and Human Services (DCHS)
- Susan McLaughlin, Ph.D., Director, Behavioral Health and Recovery Division, DCHS
- Kate Baber, MsHA, MSW, Implementation Planning Director, Crisis Care Centers Initiative, DCHS
- Matt Goldman, M.D., M.S., Medical Director, Crisis Care Centers Initiative, DCHS

**ATTACHMENTS:**

1. Proposed Ordinance 2024-0011 (and its attachments)
2. Transmittal Letter
3. Fiscal Note
4. Financial Plan
5. Executive Staff Crisis Care Centers Levy Implementation Plan Briefing Slides – February 2024
6. Executive Staff Responses to Member Questions, Dated April 2024

1200 King County Courthouse
516 Third Avenue
Seattle, WA 98104

# KING COUNTY

## Signature Report

### Ordinance

**Proposed No.** 2024-0011.1 **Sponsors** von Reichbauer, Zahilay and Mosqueda

1 AN ORDINANCE adopting the crisis care centers levy
2 implementation plan, required by Ordinance 19572, Section
3 7.A., to govern the expenditure of crisis care centers levy
4 proceeds from 2024 to 2032 to create a regional network of
5 five crisis care centers, restore and expand residential
6 treatment capacity, and increase the sustainability and
7 representativeness of the behavioral health workforce in
8 King County.
9 STATEMENT OF FACTS:
10 1. Federal and state investments in public behavioral health systems have
11 been inadequate for decades. As funding for behavioral health services
12 has remained inadequate, the needs of people in King County who are
13 living with mental health and substance use conditions, collectively
14 referred to as behavioral health conditions, have grown.
15 2. Among people enrolled in Medicaid in King County in 2022, 45,000
16 out of 88,000, which is 51 percent, of adults with an identified mental
17 health need did not receive treatment, and 21,000 of 32,000, which is 66
18 percent, of adults with an identified substance use need did not receive
19 treatment.

20 3. The gap in accessing behavioral health services is not evenly
21 experienced across King County's population. There are significant
22 inequities in service access and utilization among historically and
23 currently underserved communities. Black, Indigenous, and People of
24 Color populations are more frequently placed in involuntary treatment
25 while having the least access to routine behavioral health care.
26 4. The scale of suffering related to mental health conditions and substance
27 use remains persistently elevated. 1,229 people died by suicide in
28 Washington in 2021, equivalent to 15.3 out of every 100,000 people,
29 which is the 27th highest rate nationally. 292 people died by suicide in
30 King County in 2021. Suicide deaths increased nationally by 2.6 percent
31 from 2021 to 2022. Youth are especially impacted. According to the
32 2021 Healthy Youth Survey, 18.6 percent of King County's 8th graders
33 considered suicide in past year, and 8.8 percent made attempts. Among
34 Washington's 10th graders in 2021, 51.6 percent of gender-diverse youth
35 and 42.4 percent of youth identifying as LGBTQIA+ considered suicide,
36 and 22.7 percent and 17.9 percent attempted suicide, respectively.
37 5. Deaths related to drug overdose are increasing at unprecedented rates.
38 The annual number of overdose deaths in King County have nearly
39 doubled in just three years, from 508 deaths in 2020 to 1,001 in 2022, and
40 the number of fatal overdoses in 2023 has already exceeded that total.
41 There are significant disparities in overdose deaths by race and ethnicity.
42 The age-adjusted rate of fatal overdoses in King County is the highest in

43 the American Indian/Alaska Native community and is five times higher
44 than non-Hispanic White King County residents.
45 6. The Federal Substance Abuse and Mental Health Services
46 Administration ("SAMHSA") released its National Guidelines for
47 Behavioral Health Crisis Care in 2020. Those guidelines call for the
48 creation of crisis facilities, referred to by SAMHSA as "somewhere to go"
49 for people in crisis to seek help. SAMHSA's guidelines envision crisis
50 facilities as part of a robust behavioral health crisis system that also
51 includes the 988 Suicide and Crisis Lifeline, referred to as "someone to
52 call," and mobile crisis teams, described as "someone to respond."
53 7. As of December 2023, the Crisis Solutions Center, operated by
54 Downtown Emergency Service Center and requiring mobile team, first
55 responder or hospital referral for entry, is the only voluntary behavioral
56 health crisis facility for the entirety of King County, and a walk-in urgent
57 care behavioral health facility does not exist in King County. For youth in
58 King County, there is not a crisis facility option at all.
59 8. King County's behavioral health crisis service system relies heavily on
60 phone support and outreach services, with very few options of places for
61 persons to go for immediate, life-saving care when in crisis.
62 9. A coalition of community leaders and behavioral health providers
63 issued recommendations to Seattle and King County in an October 13,
64 2021, letter that included recommendations to "expand places for people

65 in crisis to receive immediate support" and "expand crisis response and
66 post-crisis follow up services."
67 10. Multiple behavioral health system needs assessments have identified
68 the addition of crisis facilities as top priorities to improve community-
69 based crisis services in King County. Such assessments include the 2016
70 recommendations of the Community Alternatives to Boarding Task Force
71 called for by Motion 14225, a Washington state Office of Financial
72 Management behavioral health capital funding prioritization and
73 feasibility study in 2018, and a Washington state Health Care Authority
74 crisis triage and stabilization capacity and gaps report in 2019.
75 11. King County is losing mental health residential treatment capacity that
76 is essential for persons who need more intensive supports to live safely in
77 the community due to rising operating costs and aging facilities that need
78 repair or replacement. As of October 2023, King County had a total of
79 240 mental health residential beds for the entire county, down 115 beds, or
80 nearly one third, from the capacity in 2018 of 355 beds.
81 12. As of October 2023, King County residents who need mental health
82 residential services must wait an average of 25 days before they are able to
83 be placed in a residential facility.
84 13. The 2023 King County nonprofit wage and benefits survey found that
85 employee compensation is a key factor contributing to nonprofit
86 employees leaving the sector, even though they are satisfied with their
87 jobs overall.

88 14. A 2023 King County survey of member organizations of the King
89 County Integrated Care Network found that found that there were
90 approximately 600 staff vacancies across the agencies that responded to
91 the survey, a 16-percent total vacancy rate at King County community
92 behavioral health agencies, and there is still a need to hire more behavioral
93 health workers to support the growing behavioral health care needs in the
94 community.
95 15. In September 2022, alongside a broad coalition of elected officials,
96 behavioral health workers and providers, emergency responders, and
97 businesses, the executive announced a plan to address King County's
98 behavioral health crisis and improve the availability and sustainability of
99 behavioral health care in King County through a nine-year property tax
100 levy known as the crisis care centers levy.
101 16. On February 9, 2023, King County adopted Ordinance 19572 to
102 provide for the submission of the crisis care centers levy to the voters of
103 King County.
104 17. King County voters considered the levy as Proposition No. 1 as part
105 of the April 25, 2023, special election, and fifty-seven percent of voters
106 approved it.
107 18. The passage of Proposition No. 1 authorized the crisis care centers
108 levy that will raise proceeds from 2024 to 2032 to create a regional
109 network of five crisis care centers, restore and expand residential

110 treatment capacity, and increase the sustainability and representativeness
111 of the behavioral health workforce in King County.
112 19. Ordinance 19572, Section 7.A., requires the executive to develop and
113 transmit for council review and adoption by ordinance an implementation
114 plan for the crisis care centers levy. The implementation plan, once
115 effective, will govern the expenditure of the levy's proceeds until the crisis
116 care centers levy expires in 2032. The required implementation plan is
117 Attachment A to this ordinance.
118 20. Ordinance 19572, Section 7.C., enumerates specific requirements for
119 the implementation plan. The crisis care centers levy implementation plan
120 2024-2032, dated December 31, 2023, Attachment A to this ordinance,
121 responds to the requirements set out by Ordinance 19572, Section 7.C.,
122 by: describing the purposes of the levy; describing the strategies and
123 allowable activities to achieve the levy's purposes; describing the financial
124 plan to direct the use of levy proceeds; describing how the executive will
125 seek and incorporate federal, state, philanthropic and other resources when
126 available; describing the executive's assumptions about the role of
127 Medicaid funding in the financial plan; describing the process by which
128 King County and partner cities will collaborate to support siting of new
129 capital facilities that use proceeds from the levy for such facilities'
130 construction or acquisition; describing a summary and key findings of the
131 community engagement process; describing the process to make
132 adjustments to the financial plan; describing the advisory body for the

133 levy; describing measurable results and a coordinated performance

134 monitoring and reporting framework; describing how the levy's required

135 online annual report will be provided to councilmembers, the regional

136 policy committee or its successor, and the public; and describing how

137 crisis response zones described in the levy will promote geographic

138 distribution of crisis care centers.

139 BE IT ORDAINED BY THE COUNCIL OF KING COUNTY:

140 SECTION 1. The crisis care centers levy implementation plan 2024-2032, dated

141 December 31, 2023, Attachment A to this ordinance, is hereby adopted to govern the

142 expenditure of crisis care centers levy proceeds as authorized under Ordinance 19572.

KING COUNTY COUNCIL
KING COUNTY, WASHINGTON

______________________________________

Rod Dembowski, Chair

ATTEST:

______________________________________

Melani Pedroza, Clerk of the Council

APPROVED this _____ day of _______________, ______.

______________________________________

Dow Constantine, County Executive

**Attachments:** A. Crisis Care Centers Levy Implementation Plan 2024-2032

# Crisis Care Centers Levy
# Implementation Plan 2024-2032

December 2023

# I. Contents


I. Contents ........ 2
II. Executive Summary ........ 5
III. Background ........ 22
A. Department of Community and Human Services ........ 22
Department Overview ........ 22
Behavioral Health and Recovery Division ........ 22
B. The Crisis Care Centers Levy and King County Ordinance 19572 ........ 22
C. Key Historical and Current Conditions ........ 23
Behavioral Health Service Funding Limitations and Opportunities ........ 23
Unprecedented Rates of Suicide and Overdose Deaths ........ 25
Unmet Behavioral Health Service Needs ........ 26
Who Experiences Behavioral Health Inequities ........ 27
Need for Places to Go in a Crisis ........ 29
Need for Post-Crisis Stabilization Services ........ 31
Reduction in Residential Treatment Capacity ........ 33
Behavioral Health Workforce Needs ........ 34
D. Implementation Plan Methodology ........ 36
Crisis Care Center Methodology ........ 36
Residential Treatment Methodology ........ 37
Workforce Methodology ........ 37
E. Community Engagement Summary ........ 38
Key Findings of Community Engagement Process ........ 39
F. Behavioral Health Equity Framework ........ 47
Equitable Access to Behavioral Health Crisis Care ........ 49
Culturally and Linguistically Appropriate Services ........ 50
Representative Behavioral Health Workforce ........ 51
Quality Improvement and Accountability ........ 52
IV. Crisis Care Centers Levy Purposes ........ 53
Paramount Purpose ........ 53
Supporting Purpose 1 ........ 53
Supporting Purpose 2 ........ 54
V. Crisis Care Centers Levy Strategies and Allowable Activities ........ 55
A. Strategy 1: Create and Operate Five Crisis Care Centers ........ 57
Overview ........ 57
Crisis Care Center Clinical Program Overview ........ 58
Crisis Care Center Operational Activities ........ 67
Post-Crisis Stabilization Activities ........ 69
Oversight of Crisis Care Center Quality and Operations ........ 74
Crisis Care Center Capital Facility Development ........ 77
Crisis Care Center Procurement and Siting Process ........ 82
Alternative Siting Process ........ 84
Sequence and Timing of Planned Expenditures and Activities ........ 85

B. Strategy 2: Restore, Expand, and Sustain Residential Treatment Capacity 88
Overview 88
Activities to Restore, Expand, and Sustain Residential Treatment Capacity 89
Residential Treatment Capital Facility Procurement and Siting Process 89
2024 Levy Funding Approach for Rapid Initial Progress on Residential Treatment 90
C. Strategy 3: Strengthen the Community Behavioral Health Workforce 91
Overview 91
Community Behavioral Health Career Pathway Activities 92
Labor Management Workforce Development Partnership Activities 95
Crisis Workforce Development Activities 96
2024 Funding Approach for Rapid Initial Progress on Behavioral Health Workforce 97
D. Strategy 4: Early Crisis Response Investments 98
Increase Community-Based Crisis Response Capacity 99
Reduce Fatal Opioid Overdoses by Expanding Low Barrier Opioid Reversal Medication 101
Substance Use Capital Facility Investments 101
E. Strategy 5: Capacity Building and Technical Assistance 102
Facility Operator Capital Development Assistance Activities 103
Crisis Care Center Operator Regulatory and Clinical Quality Activities 103
Capacity Building for Providers with Expertise in Culturally and Linguistically Appropriate Services 104
Local Jurisdiction Capital Facility Siting Support Activities 105
DCHS Capital Facility Siting Technical Assistance 105
F. Strategy 6: Evaluation and Performance Measurement Activities 105
G. Strategy 7: Crisis Care Centers Levy Administration 106
Community Engagement 107
Expertise to Support Oversight of Behavioral Health Equity 107
Develop Data Systems Infrastructure and Technology 108
Designated Crisis Responder Accessibility 109
H. Strategy 8: Crisis Care Centers Levy Reserves 110
VI. Financial Plan 111
A. Overview 111
B. Financial Plan 111
CCC Levy Annual Revenue Forecast 111
Annual Expenditure Plan 111
C. Sequencing and Timing of Planned Expenditures 113
D. Seeking and Incorporating Federal, State, and Philanthropic Resources 113
E. Health Insurance Assumptions 115
Medicaid Health Insurance 115
Commercial Health Insurance 115
F. Process to Make Substantial Adjustments to the Financial Plan 116
Overview 116
Process for Communicating and Making a Substantial Adjustment 116
Priorities for Reducing Allocations Due to Revenue that is Less than this Plan's Projections 116

Priorities for Allocating Revenue in Excess of this Plan's Original Allocations or to Reflect Additional Funding from Other Sources ........ 117
VII. Evaluation and Performance Measurement ........ 119
A. Evaluation and Performance Measurement Principles ........ 119
B. Evaluation and Performance Measurement Framework ........ 120
Population Indicators ........ 121
Performance Measurement ........ 121
In-Depth Evaluation ........ 123
C. Aligning CCC Levy Performance Measurement and Reporting with Other Dedicated Human Services Funding Initiatives ........ 123
VIII. Crisis Care Centers Levy Annual Reporting ........ 125
A. Annual Reporting Process and Requirements ........ 125
B. Reporting Methodology to Show Geographic Distribution by ZIP Code ........ 126
ZIP Code Reporting Methodology ........ 126
ZIP Code Reporting Limitations ........ 126
IX. Crisis Care Centers Levy Advisory Body ........ 128
A. Overview ........ 128
B. BHAB Background and Connection to CCC Levy Purposes ........ 128
C. Expansion of the King County Behavioral Health Advisory Board's Composition ........ 129
Updated BHAB Membership Requirements ........ 129
BHAB Member Recruitment Process ........ 131
BHAB Support ........ 131
D. Expansion of BHAB's Duties to Include the CCC Levy ........ 131
E. Process to Update CCC Levy Advisory Body if Necessary ........ 132
X. Conclusion ........ 133
XI. Appendices ........ 134
Appendix A: Crisis Care Centers Levy Ordinance 19572 Text ........ 134
Appendix B: Crosswalk of Implementation Plan Requirements from King County Ordinance 19572 142
Appendix C: King County Local Jurisdiction Request for Information (RFI) ........ 146
Appendix D: Coordination with State and County Partners ........ 153
Appendix E: Site and Field Visits ........ 154
Appendix F: Community Engagement Activities ........ 155
Appendix G: Clinical Best Practices in Behavioral Health Crisis Services ........ 158
Appendix H: BHRD Capital Improvement Funding for Behavioral Health Facilities Request for Information (RFI) ........ 160

## II. Executive Summary

The Crisis Care Centers (CCC) Levy is a once-in-a-generation opportunity to transform how people experiencing behavioral health crises can access specialized behavioral health care. This nine-year property tax levy will create a countywide network of five crisis care centers, restore residential treatment capacity, and strengthen King County's community behavioral health workforce. The CCC Levy is authorized by King County Ordinance 19572 (see Appendix A), which requires this Implementation Plan and defines the CCC Levy's paramount and supporting purposes.

### Background

#### Department Overview

King County's Department of Community and Human Services (DCHS) is responsible for implementing the CCC Levy. DCHS's mission is to provide equitable opportunities for King County residents to be healthy, happy, and connected to community. DCHS administers King County's publicly funded behavioral health system, which is the primary source of care for people experiencing mental health and substance use crises.

#### Unmet Behavioral Health Needs in King County

Federal and state investments in public behavioral health systems have been inadequate for decades.[1] As funding for behavioral health services has remained inadequate, the needs of people living with mental health and substance use conditions, collectively referred to as behavioral health conditions, have grown. The gap between behavioral health needs and available services is widening. In 2022, among people enrolled in Medicaid in King County, 45,000 out of 88,000 of adults with an identified mental health need did not receive treatment (51 percent), and 21,000 out [2]

Importantly, this gap is not evenly experienced across King County's population. There are significant inequities in service access and utilization among historically and currently underserved communities (see Who Experiences Behavioral Health Inequities). Black, Indigenous, and People of Color (BIPOC) populations are more frequently placed in involuntary treatment while having the least access to routine behavioral health care.[3]

The scale of suffering related to mental health conditions and substance use remains persistently elevated. 1,229 people died by suicide in Washington in 2021, equivalent to 15.3 out of every 100,000 people, which is the 27th highest rate nationally.[4] 292 people died by suicide in King County in 2021.[5] Suicide deaths increased nationally by 2.6 percent from 2021 to 2022.[6] Youth are especially impacted. According to the 2021 Healthy Youth Survey, 18.6 percent of King County's 8th graders considered suicide in past year, and 8.8 percent made attempts.[7] Among Washington's 10th graders in 2021, 51.6

---

[1] Center for American Progress, The Behavioral Health Care Affordability Problem, May 26, 2022 [LINK]

[2] Washington State Department of Social and Health Services, Cross-System Outcome Measures for Adults Enrolled in Medicaid [LINK]

[3] Shea T, Dotson S, Tyree G, Ogbu-Nwobodo L, Beck S, Shtasel D. Racial and Ethnic Inequities in Inpatient Psychiatric Civil Commitment. Psychiatr Serv. 2022 Dec 1;73(12):1322-1329. [LINK]

[4] Centers for Disease Control - Suicide Rates by State [LINK]

[5] Washington State Vital Statistics (Deaths) – See "More From This Data Source" and select "Suicide" from drop-down list [LINK]

[6] Centers for Disease Control - Provisional Suicide Deaths in the United States, 2022 [LINK]

[7] Washington State Healthy Youth Survey fact sheets [LINK]

percent of gender-diverse youth and 42.4 percent of youth identifying as LGBTQIA+ considered suicide, and 22.7 percent and 17.9 percent attempted suicide, respectively.[8,9]

Deaths related to drug overdose are increasing at unprecedented rates. The annual number of overdose deaths in King County has nearly doubled in just three years, from 508 deaths in 2020 to 1,001 in 2022, and the number of fatal overdoses in 2023 has already exceeded this total.[10] Additionally, there are significant disparities in overdose deaths by race and ethnicity. The age-adjusted rate of fatal overdoses in King County is highest among the American Indian/Alaska Native community, which is five times higher than that of non-Hispanic White King County residents.[11]

### Need for Crisis Care Centers

With so many people unable to access treatment when they need it, crisis care centers and similar facilities can help. The Federal Substance Abuse and Mental Health Services Administration (SAMHSA) released its National Guidelines for Behavioral Health Crisis Care in 2020.[12] These guidelines call for the creation of crisis facilities, referred to by SAMHSA as "somewhere to go," for people in crisis to seek help. SAMHSA's guidelines envision crisis facilities as part of a robust behavioral health crisis system that also includes the 988 Suicide and Crisis Lifeline, referred to as "someone to call," and mobile crisis teams, described as "someone to respond."[13]

King County's behavioral health crisis service system relies heavily on phone support and mobile response, with very few options for people to go for immediate, life-saving care when in crisis. At the time of this Plan's drafting, King County has just one behavioral health crisis facility, called the Crisis Solutions Center (CSC) in Seattle, which is only able to accept referrals through first responders and hospitals.[14] For youth in King County, there is no crisis facility option at all.

With no specialty behavioral health setting in King County to walk in and receive care if a person is experiencing a mental health or substance use crisis, the front door to crisis services at the time of this Plan's drafting is typically hospital emergency departments, where people seeking help for a behavioral health crisis may often spend hours or even days waiting for care.[15] People experiencing a crisis,

---

[8] Washington Department of Health - Adolescent Mental Health: Significant Challenges and Strategies for Improvement in Washington State [LINK]
[9] "LGBTQIA+" is an abbreviation for lesbian, gay, bisexual, transgender, queer/questioning, intersex, asexual, and other sexual orientations or gender identities.
[10] Washington State Department of Health – Opioid Data [LINK]
[11] Public Health Seattle and King County Overdose Death Report (2022) [LINK]
[12] Substance Abuse and Mental Health Services Administration. (2020). National Guidelines for Behavioral Health Crisis Care - Best Practice Toolkit. [LINK]
[13] Substance Abuse and Mental Health Services Administration. (2020). National Guidelines for Behavioral Health Crisis Care - Best Practice Toolkit. [LINK]
[14] Downtown Emergency Services Center (DESC) - Crisis Solutions Center fact sheet [LINK]; the CSC was established in 2011 through a significant ongoing investment from the MIDD behavioral health sales tax fund. Medicaid funds also cover a small portion of the facility's service delivery costs. The Psychiatric Emergency Services program at Harborview Medical Center is part of a hospital-based emergency department and is therefore not considered a stand-alone dedicated behavioral health crisis service setting.
[15] Esmy Jimenez, "King County mental health facilities still reject a quarter of patients, report shows." The Seattle Times, September 5, 2023. [LINK]

especially those in public spaces, are frequently engaged by law enforcement and may end up in jail if they have committed a crime while in distress. [16]

The creation of specialized crisis facilities is frequently identified as a key strategy in the crisis service continuum. These facilities facilitate diverting people from emergency department and carceral settings and serving people in higher quality specialized settings that can provide care using trauma-informed, recovery oriented, and cultural humility best practices.[17] In light of the behavioral health funding crisis, the scale of unmet need, and the opportunity presented by this national and statewide momentum around expanding crisis services, a coalition of community leaders and behavioral health providers issued recommendations to Seattle and King County in an October 13, 2021 letter. The letter included recommendations to "expand places for people in crisis to receive immediate support" and to "expand crisis response and post-crisis follow up services."[18] The CCC Levy carries these efforts forward, as outlined in this document.

### Reduction in Residential Treatment Capacity

Residential treatment is a community based behavioral health treatment option for people who need a higher level of care than outpatient behavioral health services can provide.[19] Multiple mental health residential treatment facilities, which are a subset of residential treatment facilities, have closed in recent years due to rising operating and maintenance costs, aging infrastructure, and insufficient resources to repair facilities. The lack of resources for capital maintenance and facility improvements has contributed to facility closures.[20] As of October 2023, King County had a total of 240 mental health residential treatment beds for the entire county, a decrease of 115 beds, down nearly one third from the capacity of 355 beds in 2018.[21] The closing of residential treatment facilities highlights a gap in King County's behavioral health continuum of care.[22]

### Behavioral Health Workforce Needs

It takes people to care for people, and King County is experiencing a behavioral health workforce shortage that is impacting people's ability to access behavioral health care when they need it. An October 2023 survey of community behavioral health agencies contracted with the King County Integrated Care Network (KCICN) found that there are approximately 600 staff vacancies across the

---

[16] Garcia-Grossman I, Kaplan L, Valle K, Guzman D, Williams B, Kushel M. Factors Associated with Incarceration in Older Adults Experiencing Homelessness: Results from the HOPE HOME Study. J Gen Intern Med. 2022 Apr;37(5):1088-1096. [LINK]

[17] ME Balfour and ML Goldman, "Crisis and Emergency Services" in "Textbook of Community Psychiatry: American Association for Community Psychiatry, 2nd edition." Wesley E. Sowers (Editor), Hunter L. McQuistion (Editor), Jules M. Ranz (Editor). Springer 2022, pp. 369-384.

[18] 2022 Priority Budget Recommendations to Seattle and King County to Strengthen Continuum of Behavioral Health Crisis Services. October 13, 2021.

[19] King County Ordinance 19572 defines residential treatment as "a licensed, community-based facility that provides twenty-four-hour on-site care for persons with mental health conditions, substance use disorders, or both, in a residential setting" [LINK].

[20] Furfaro, Hannah. "Where did King County's mental health beds go?" The Seattle Times, February 25, 2023. [LINK]

[21] An additional four mental health residential beds have been lost since the passage of King County Ordinance 19572. BHRD monitors the number of available beds through a bed tracker list.

[22] Sydney Brownstone, "A Belltown residential treatment facility shutters, leaving a hole in King County's mental health system," The Seattle Times, October 11, 2020. [LINK]

agencies that responded.[23] This represents a 16 percent total vacancy rate at King County community behavioral health agencies, and there is still a need to hire more behavioral health workers to support the growing behavioral health care needs in the community.[24]

In addition to staff vacancies, workforce retention is also a challenge for behavioral health providers. In a February 2023 poll of members from three labor unions representing health care workers in Washington State, including behavioral health workers, it was revealed that 80 percent of health care workers reported feeling burned out by their jobs. Additionally, 49 percent of the surveyed workers reported they are likely to leave the health care field in the next few years. [25]

Increasing the representativeness of behavioral health workers is also a critical component of strengthening King County's community behavioral health workforce.[26] There is evidence that improving diversity among behavioral health workers to better reflect the communities they serve may help reduce behavioral health disparities.[27] Developing a representative community behavioral health workforce will require intentional training, recruitment, and retention strategies, which are a focus of this Plan.

### Crisis Care Centers Levy Implementation Plan Methodology

The CCC Levy Implementation Plan is the product of an intensive process that began in June 2023 and concluded in December 2023. DCHS' planning activities included engaging community partners, solicitating of formal requests for information (RFIs), engaging with various Washington State departments, consulting with national subject matter experts, coordinating with other County partners, and convening internal workgroups within DCHS.

### Community Engagement Summary

DCHS staff engaged community partners to inform this Plan, including participation from behavioral health agencies, people with lived experiences of behavioral health crises, and frontline behavioral health workers. See Appendix F: Community Engagement Activities for a complete list of community engagement activities. Engagement activities are summarized in Section III.E. Community Engagement Summary and described below in Figure 1 and Figure 2. In addition to informing the strategies in this Plan, DCHS plans to take the community feedback received during the implementation planning process into account during future procurement and operational phases of the CCC Levy.

---

[23] KCICN Workforce Survey Data 2023

[24] KCICN Workforce Survey Data 2023

[25] 2023 poll of health care workers represented by SEIU Healthcare 1199NW, UFCW 3000, and WSNA conducted by GBAO [LINK].

[26] A focus of the Plan is to increase accessibility of behavioral health services, including crisis services funded by the CCC Levy, for all King County residents, including populations who experience behavioral health inequities. A consistent theme of community engagement was the importance for people seeking care of culturally and linguistically congruent services, staff with lived experience of behavioral health crises, and demographic representativeness. Establishing a workforce that is representative of King County's population, with particular care to representativeness for populations experiencing behavioral health inequities (see Section III.C. Background: Who Experiences Behavioral Health Inequities), will ensure that more King County residents can choose to receive care from a provider with whom they are comfortable and is one of this Plan's strategies to ensure that all King County residents have meaningful access to CCC Levy-funded facilities and services.

[27] Chao, P.J., Steffen, J.J., and Heiby, E.M. (2012). The effects of working alliance and client-clinician ethnic match on recovery status. *Community Mental Health Journal* (48), 91-97 [LINK]

*Figure 1. Summary of Community Engagement Activities Conducted by DCHS Between June and November 2023*

*Figure 2. Summary of Community Engagement Themes*

| Summary of Community Engagement Themes | |
|---|---|
| **Theme** | **Description** |
| Theme A: Implement Clinical Best Practices in Crisis Services | Input on how best to design a crisis care center clinical model most likely to improve the health and wellbeing of people experiencing a behavioral health crisis in King County, including a welcoming and safe environment, person-centered and recovery-oriented care, culturally and linguistically appropriate services, integrated care for people who use substances, promoting least restrictive care, special considerations for serving youth and young adults, and additional clinical considerations. |
| Theme B: Increase Access to Care for Populations Experiencing Behavioral Health Inequities | Communities voiced the importance of having crisis care centers in desirable locations that are geographically accessible and accessible to transportation, as well as the importance of reaching out to diverse communities. |
| Theme C: Challenges of Community Resource Limitations | Community partners, including people with lived experience within the behavioral health system and behavioral health providers, frequently raised important questions about access to ongoing community-based care after a person receives care at a crisis care center, as well as emphasizing care coordination and peer engagement. |
| Theme D: Interim Solutions While Awaiting Crisis Care Centers | Community members advocated for interim solutions to be implemented while awaiting crisis care centers to come online, such as increasing community-based responses and approaches to addressing the overdose crisis. |
| Theme E: Residential Treatment Facility Preservation and Expansion | Residential treatment providers described the value of residential treatment but identified significant challenges such as a lack of capital resources, and excessive wait times. |
| Theme F: Behavioral Health Workforce Development | Feedback from community partners identified significant obstacles to developing the behavioral health workforce, including low wages, barriers to retention, the need for more professional development opportunities, staff burnout, limited collaboration with schools, and lack of workforce representation. |
| Theme G: Accountability Mechanisms and Ongoing Community Engagement | Community partners expressed a strong preference to continue to be involved in future phases of the CCC Levy, particularly around holding the County accountable, including through defining measures of success and by continuing to engage during future planning phases. |

### Behavioral Health Equity Framework

The success of the CCC Levy hinges not only on increasing access to behavioral health crisis services but also on reducing inequities in who can access that care. Inequities in who can access behavioral health care at the time of this Plan's drafting are described in III.C. Who Experiences Behavioral Health Inequities. During this Plan's community engagement process, DCHS received extensive feedback from community partners about the importance of centering health equity in this Plan, as summarized in Figure 3. King County Ordinance 19572 reinforces this approach by stating that a key function of behavioral health facilities, including crisis care centers, is to promote equitable and inclusive access to mental health and substance use disorder services for racial, ethnic, experiential, and geographic communities that experience disparities in mental health and substance use disorder conditions and

outcomes.[28] In response to this feedback and guidance, the behavioral health equity framework depicted in Figure 3 will guide DCHS' implementation of the CCC Levy.

*Figure 3. CCC Levy Implementation Plan Behavioral Health Equity Framework*

## Crisis Care Centers Levy Purposes

King County Ordinance 19572 defines the CCC Levy's Paramount Purpose and two Supporting Purposes, which are described in Figure 4.[29]

*Figure 4. Summary of Crisis Care Centers Levy Purposes*

| Summary of Crisis Care Centers Levy Purposes | |
|---|---|
| **Paramount Purpose** | **Crisis Care Centers:** Establish and operate a regional network of five crisis care centers in King County, with at least one in each of the four crisis response zones and one serving youth. |
| **Supporting Purpose 1** | **Residential Treatment:** Restore the number of mental health residential treatment beds to at least 355 and expand the availability and sustainability of residential treatment in King County. |
| **Supporting Purpose 2** | **Community Behavioral Health Workforce**: Increase the sustainability and representativeness of the behavioral health workforce in King County by expanding community behavioral health career pathways, sustaining and expanding labor-management workforce development partnerships, and supporting crisis workforce development. |

[28] King County Ordinance 19572. [LINK]
[29] King County Ordinance 19572 [LINK].

## Crisis Care Centers Levy Strategies

King County Ordinance 19572 requires this Plan to define strategies for how CCC Levy funds will be invested between 2024 and 2032 to achieve the Levy's purposes.[30] This Plan's strategies reflect Ordinance 19572 requirements and input from community partners, subject matter experts, and DCHS staff. Figure 5 summarizes the CCC Levy strategies.

*Figure 5. Summary of the CCC Levy Strategies*

| Summary of the CCC Levy Strategies | |
|---|---|
| **Strategy** | **Summary Description** |
| Strategy 1<br>**Create and Operate Five Crisis Care Centers** | • Capital funding to create and maintain five crisis care centers<br>• Operating funding to support crisis care center personnel costs, operations, services, and quality improvement<br>• Post-crisis follow-up for people after leaving a crisis care center |
| Strategy 2<br>**Restore, Expand, and Sustain Residential Treatment Capacity** | • Capital resources to restore mental health residential treatment capacity to at least 355 beds in King County<br>• Capital resources to expand and sustain residential treatment capacity |
| Strategy 3<br>**Strengthen the Community Behavioral Health Workforce** | • Resources to expand community behavioral health career pathways, including investments to strengthen and sustain King County's community behavioral health workforce and increase workforce representativeness<br>• Resources to expand and sustain labor-management workforce development partnerships, including support for apprenticeships<br>• Resources to support the development of the region's behavioral health crisis workforce, including crisis care center workers |
| Strategy 4<br>**Early Crisis Response Investments** | • Resources to expand community-based crisis service capacity starting in 2024, before crisis care centers are open<br>• Resources starting in 2024 to respond faster to the overdose crisis |
| Strategy 5<br>**Capacity Building and Technical Assistance** | • Resources to support the implementation of CCC Levy strategies<br>• Support for capital facility siting<br>• Build capacity for culturally and linguistically appropriate services |
| Strategy 6<br>**Evaluation and Performance Measurement** | • Resources to support CCC Levy data collection, evaluation, and performance management<br>• Analyses of the CCC Levy's impact on behavioral health equity |
| Strategy 7<br>**CCC Levy Administration** | • Investments in CCC Levy administration, community engagement, information technology systems infrastructure, and designated crisis responder (DCR) accessibility[31] |
| Strategy 8<br>**CCC Levy Reserves** | • Provide for and maintain CCC Levy reserves[32,33] |

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[30] King County Ordinance 19572 [LINK].

[31] King County Crisis and Commitment Services offers evaluation of people with behavioral health disorders for involuntary detention in psychiatric and secure withdrawal facilities according to Washington law. The law for adults is RCW 71.05. [LINK] For youth 13 through 17 years of age the law is RCW 71.34. [LINK] Crisis and Commitment staff who perform these duties are referred to as Designated Crisis Responders (DCRs). [LINK]

[32] Ordinance 19704 created the crisis care center fund to account for CCC Levy proceeds. [LINK]

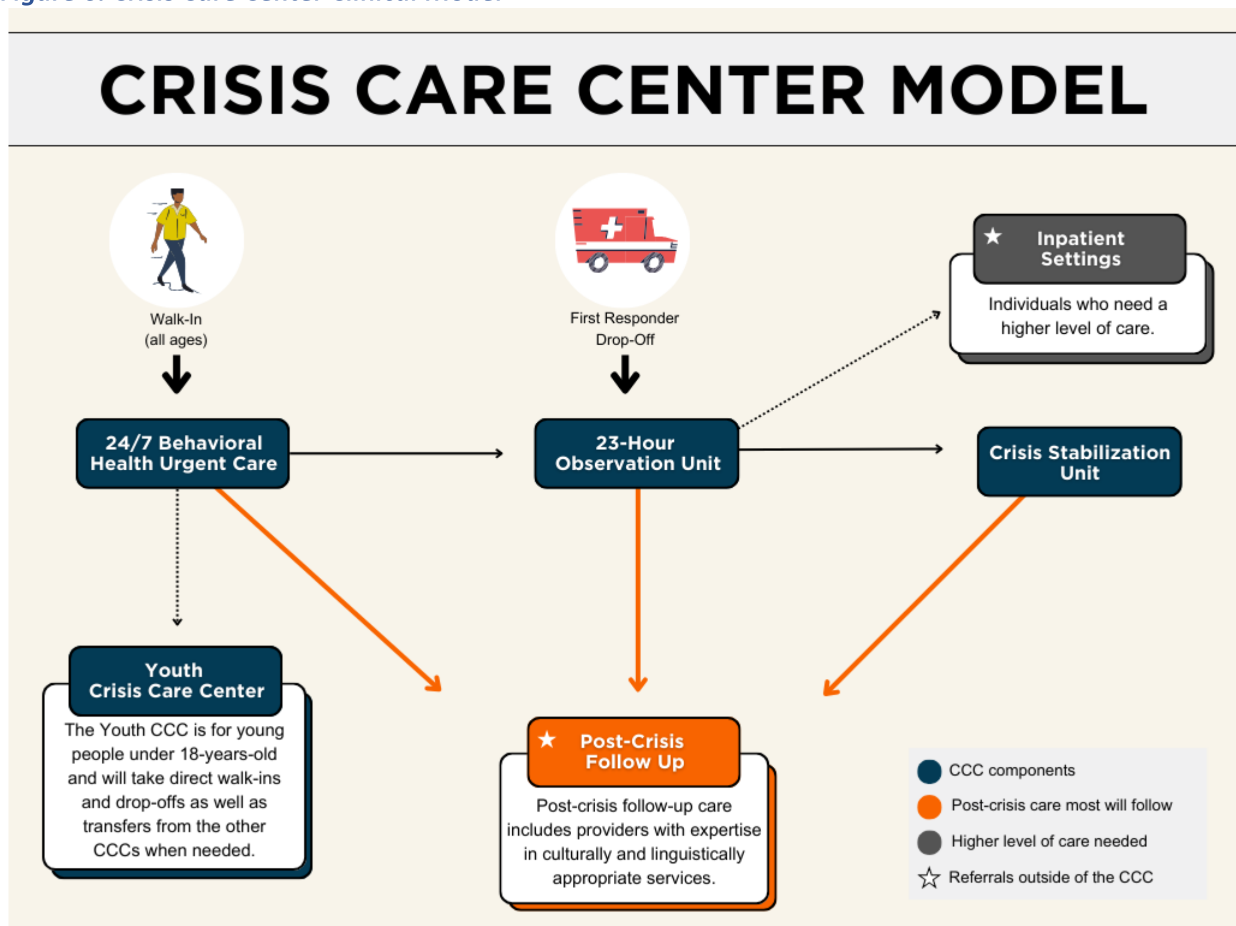
[33] This strategy creates a fund reserve equal to 60 days of budgeted expenditures, less capital expenses, consistent with King County Comprehensive Financial Management Policies (2016). [LINK]

## Crisis Care Centers Overview and Procurement and Siting Process

### Crisis Care Center Overview

The CCC Levy's Paramount Purpose is to create and operate a regional network of five crisis care centers across King County. The CCC Levy's network of crisis care centers will create a new front door for people in crisis who need behavioral health services. The crisis care center clinical program has three clinical components (24/7 Behavioral Health Urgent Care, 23-Hour Observation Unit, and Crisis Stabilization Unit), in which services (assessment, triage, interventions, referrals) are provided at a sited facility by an operator that has been competitively selected by DCHS (see Section V.A. Strategy 1: Create and Operate Five Crisis Care Centers). The proposed crisis care center clinical model is depicted in Figure 6.

***Figure 6. Crisis Care Center Clinical Model***




### Crisis Care Center Procurement and Siting Process

The crisis care center procurement and capital facility siting process is summarized in Figure 7 and is further described in Section V.A. Strategy 1: Create and Operate 5 Crisis Care Centers: Crisis Care Center Procurement and Siting Process. DCHS will contract with crisis care center operators selected through a competitive procurement process to develop, maintain, and operate crisis care center facilities with a preference for proposals that have received a statement of local jurisdiction support. This process applies to all crisis care centers.

***Figure 7. Summary of Crisis Care Center Procurement and Siting Process***

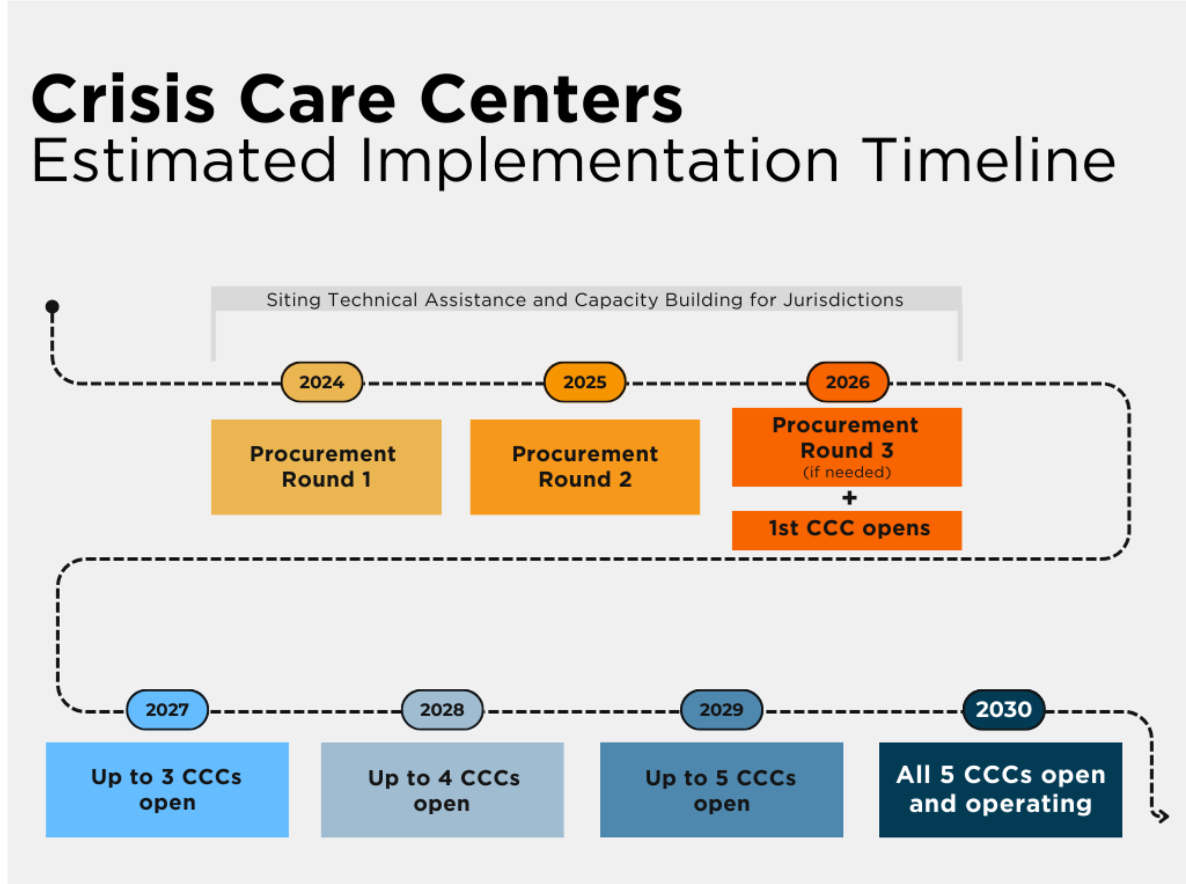
| Summary of Crisis Care Center Procurement and Siting Process | |
|---|---|
| **Siting Phase** | **Description** |
| Phase 1: Pre-Procurement | The period before DCHS procures crisis care center operators. Jurisdictions and potential crisis care center operators may form siting partnerships prior to the procurement process. DCHS provides technical support to potential host jurisdictions and facility operators to advance interjurisdictional alignment and partnerships between potential facility operators and jurisdictions. |
| Phase 2: Procurement | DCHS selects crisis care center operators through a competitive procurement process. DCHS will prefer operators that can demonstrate support from jurisdictions located within the crisis response zone where the crisis care center is proposed, with a focus on the host jurisdiction. |
| Phase 3: Siting | The period from DCHS initiating contracts with a crisis care center operator to develop a facility and when a crisis care center facility opens. DCHS will support selected operators and host jurisdictions with community engagement and communications as described in Section V.E. Strategy 5: Capacity Building and Technical Assistance: Local Jurisdiction Capital Facility Siting Support Activities. |
| DCHS may be in different phases for each Crisis Response Zone and/or the youth-focused crisis care center at the same time, depending on how rapidly development of each crisis care center progresses. | |

DCHS will support the crisis care center facility siting process through CCC Levy funding as described in Section V.E. Strategy 5: Capacity Building and Technical Assistance. DCHS will also support the siting process by providing technical advice to jurisdictions and facility operators, supporting interjurisdictional partnerships and partnerships between facility operators and jurisdictions, facilitating community engagement, and creating and deploying communication content.

### Crisis Care Centers Implementation Timeline

DCHS intends to prioritize opening five crisis care centers as quickly as possible to meet the urgent needs of people experiencing behavioral health crises. DCHS plans to select crisis care center operators through an annual competitive procurement process starting in 2024, as depicted in Figure 8. The first procurement round in 2024 will prefer crisis care center proposals that can be developed and begin serving people rapidly. The 2024 round may include a single review deadline, multiple review deadlines, or a rolling review of applications, with the ability to make awards at different times within the round. The 2024 round will award contracts for a maximum of three centers. The purpose of this cap is twofold. First, it provides additional planning time for organizations that are interested in submitting a procurement proposal in 2025. The second purpose is to manage the timeline of expenditures against when CCC Levy proceeds are available. The 2025 procurement round will not have a cap on the number of awards, and a 2026 procurement round will only be held if operators for all five crisis care centers have not yet been selected.

*Figure 8. Planned Crisis Care Center Development Timeline*




**Siting a crisis care center will be a complex process involving review and approval by at least three separate units of government**. Once the King County-administered procurement is complete, an operator completes at least two additional steps:

- *Local Jurisdiction Zoning and Permitting:* First, an operator must satisfy the land use, zoning, and permitting requirements of the host jurisdiction or jurisdictions. Each local jurisdiction defines its own land use, zoning, and permitting requirements and processes in accordance with state law. Historically, land use, zoning, and permitting decisions have often taken years, especially in conjunction with new construction or substantial capital rehabilitation for which some permits require a building or system to be built and then inspected, while other types of permits must be acquired before or during construction.
- *State-Level Facility and/or Operator Licensing:* Second, an operator must satisfy state-level Department of Health licensing requirements before a facility or its operator can begin providing certain types of behavioral health care that are required in the crisis care center clinical program. Other state-level licenses may also be necessary. It is common for Department of Health licensing requirements to take months, and they could take a year or more in some circumstances.

This plan recognizes the necessity of:

- County-level procurement and contracting;
- City or other local jurisdiction-level land use, zoning, and permitting; and

- State department-level licensing and attendant requirements for public notice and potential review.

While recognizing the importance of these processes in creating effective facilities and operations, this Plan also acknowledges that, in combination, they have the potential to last for multiple years and constitute a substantial risk to the crisis care center capital development timelines that this Plan describes.

### Restore, Expand, and Sustain Residential Treatment Capacity

The CCC Levy's Strategy 2 resources will restore, expand, and sustain residential treatment capacity.[34] Sustaining residential treatment capacity means investing in existing residential treatment capital facilities to help prevent further facility closures. King County has lost one-third of its mental health residential treatment capacity since 2018.[35] This loss of capacity has increased residential treatment wait times, made it more challenging for people to be discharged from higher-intensity levels of care, and impacted the capacity of other behavioral health care settings, because people cannot access the level of care that they need. Strategy 2 funds and activities will be prioritized to support existing residential treatment operators to prevent further facility closures and restore King County's mental health residential capacity to at least the 2018 level of 355 beds.[36]

### Strengthen the Community Behavioral Health Workforce

It takes people to treat people. Strategy 3 directly supports the CCC Levy's Supporting Purpose 2 by investing in activities to strengthen King County's community behavioral health workforce.[37] This strategy also directly supports the CCC Levy's Paramount Purpose to establish and operate five crisis care centers by investing in the development of King County's behavioral health crisis workforce, including crisis care center workers.[38]

Strategy 3's workforce activities focus on helping more people get hired and make a career in community behavioral health. Allowable activities within Strategy 3 fall into three broad categories:

- Career pathways for the broader community behavioral health workforce (called **community behavioral health career pathways**): Resources like providing training and paying licensing fees that help workers join and progress within the community behavioral health workforce. DCHS will use at least 25 percent of the resources dedicated for community behavioral health career

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[34] King County Ordinance 19572 [LINK]
[35] King County Ordinance 19572 [LINK]
[36] Mental health residential treatment facilities are a subset of residential treatment facilities, which are defined in King County Ordinance 19572 as "licensed, community-based facility that provides twenty-four-hour on-site care for persons with mental health conditions, substance use disorders, or both, in a residential setting" [LINK] This Plan prioritizes restoring mental health residential treatment capacity and preventing further residential treatment facility closures and may also expand other types of residential treatment facilities as allowed by Ordinance 19572 [LINK].
[37] In the context of this Plan, "community behavioral health" means agencies that meet the requirements defined in the Revised Code of Washington Chapter 71.24 Community Behavioral Health Services Act [LINK], are licensed by the Washington State Department of Health as a community behavioral health agency as defined in Chapter 246-341 Washington Administrative Code [LINK] and are contracted with the King County Behavioral Health Administrative Services Organization or King County Integrated Care Network. Community behavioral health agencies must serve people who are enrolled in Medicaid health insurance to be eligible for CCC Levy funding through Strategy 3.
[38] King County Ordinance 19572 [LINK]

pathway activities for investments that are directly related to increasing the representativeness of King County's community behavioral health workforce.[39]

- Labor-management partnerships on shared workforce development efforts for the broader community behavioral health workforce (called **labor-management workforce development partnerships**): Programs such as apprenticeships and training funds.
- Workforce development efforts that are specific to the crisis response behavioral health workforce (called **crisis workforce development**): Specialized training for crisis workers and crisis settings.

### Financial Plan

The CCC Levy's annual expenditure plan between 2024 and 2032 is described in Figure 9. The expenditure plan includes annual investment amounts for each of the CCC Levy's strategies, which are described in Section V. Crisis Care Centers Levy Strategies and Allowable Activities. In addition to costs, the expenditure plan also includes health insurance funding assumptions, which account for the share of crisis care center expenses that are projected to be paid for by health insurance, including Medicaid. CCC Levy reserves are also depicted in the expenditure plan.

[39] A focus of the Plan is to increase accessibility of behavioral health services, including crisis services funded by the CCC Levy, for all King County residents, including populations who experience behavioral health inequities. A consistent theme of community engagement was the importance for people seeking care of culturally and linguistically congruent services, staff with lived experience of behavioral health crises, and demographic representativeness. Establishing a workforce that is representative of King County's population, with particular care to representativeness for populations experiencing behavioral health inequities (see Section III.C. Key Historical and Current Conditions: Who Experiences Behavioral Health Inequities), will ensure that more King County residents can choose to receive care from a provider with whom they are comfortable and is one of this Plan's strategies to ensure that all King County residents have meaningful access to CCC Levy-funded facilities and services.

*Figure 9. Crisis Care Centers Levy Projected Revenue and Approximate Annual Allocations by Strategy, 2024-2032* [40]

| Crisis Care Centers Levy Projected Revenue (2024 - 2032) | | | | | | | | | | |
|---|---|---|---|---|---|---|---|---|---|---|
| | **2024** | **2025** | **2026** | **2027** | **2028** | **2029** | **2030** | **2031** | **2032** | **Total** |
| Projected CCC Levy Revenue | $117,304,000 | $119,829,000 | $122,449,000 | $125,130,000 | $127,866,000 | $130,654,000 | $133,489,000 | $136,384,000 | $139,346,000 | **$1,152,451,000** |
| Projected Annual Interest | $587,000 | $599,000 | $612,000 | $626,000 | $639,000 | $653,000 | $667,000 | $682,000 | $697,000 | **$5,762,000** |
| **Total Revenue**[41] | **$117,891,000** | **$120,428,000** | **$123,062,000** | **$125,755,000** | **128,505,000** | **$131,307,000** | **$134,156,000** | **$137,066,000** | **$140,042,000** | **$1,158,213,000** |

| Crisis Care Centers Levy Approximate Allocation by Strategy (2024 - 2032) | | | | | | | | | | |
|---|---|---|---|---|---|---|---|---|---|---|
| | **2024** | **2025** | **2026** | **2027** | **2028** | **2029** | **2030** | **2031** | **2032** | **Total** |
| **Strategy 1:** Create and Operate Five Crisis Care Centers | $16,150,000 | $59,888,000 | $54,816,000 | $72,640,000 | $97,865,000 | $73,069,000 | $82,146,000 | $84,094,000 | $86,147,000 | **$626,815,000** |
| *Projected Additional Medicaid Funding* | *$-* | *$-* | *$3,801,000* | *$15,426,000* | *$27,388,000* | *$35,723,000* | *$40,268,000* | *$40,852,000* | *$41,444,000* | ***$204,904,000*** |
| **Strategy 2:** Restore, Expand, and Sustain Residential Treatment Capacity | $42,000,000 | $33,340,000 | $40,148,000 | $48,575,000 | $1,464,000 | $1,611,000 | $1,772,000 | $1,949,000 | $2,144,000 | **$173,001,000** |
| **Strategy 3:** Strengthen the Community Behavioral Health Workforce | $7,500,000 | $11,849,000 | $13,030,000 | $16,352,000 | $19,894,000 | $22,418,000 | $23,877,000 | $24,199,000 | $24,574,000 | **$163,693,000** |
| **Strategy 4:** Early Crisis Response Investments | $8,200,000 | $6,290,000 | $7,410,000 | $7,518,000 | $7,627,000 | $7,737,000 | $7,522,000 | $7,632,000 | $7,742,000 | **$67,678,000** |
| **Strategy 5:** Capacity Building and Technical Assistance | $1,750,000 | $2,029,000 | $2,058,000 | $1,357,000 | $1,748,000 | $2,203,000 | $2,071,000 | $1,659,000 | $1,683,000 | **$16,559,000** |
| **Strategy 6:** Evaluation and Performance Measurement Activities | $771,000 | $1,099,000 | $1,127,000 | $1,156,000 | $1,239,000 | $1,270,000 | $1,302,000 | $1,335,000 | $1,369,000 | **$10,667,000** |
| **Strategy 7:** CCC Levy Administration | $5,065,000 | $7,581,000 | $9,025,000 | $9,373,000 | $9,626,000 | $9,756,000 | $9,825,000 | $9,763,000 | $9,979,000 | **$79,993,000** |
| Election Costs | $3,500,000 | | | | | | | | | **$3,500,000** |
| Planning Costs | $1,000,000 | | | | | | | | | **$1,000,000** |
| **Total CCC Levy Costs** | **$85,936,000** | **$122,077,000** | **$127,613,000** | **$156,971,000** | **$139,462,000** | **$118,064,000** | **$128,515,000** | **$130,631,000** | **$133,638,000** | **$1,142,908,000** |
| **Strategy 8:** CCC Levy Reserves | $4,354,000 | $2,050,000 | $1,833,000 | $3,506,000 | $5,330,000 | $6,573,000 | $7,281,000 | $7,445,000 | $15,285,000 | |

[40] The dollar amounts in this table are approximate and are rounded to the nearest thousand dollars.
[41] The revenue forecast incorporated into this Plan is from the King County Office of Economic and Financial Analysis' August 2023 revenue forecast [LINK]. The revenue forecast assumes a 99 percent revenue collection rate and an assumption that the CCC Levy's proceeds will generate annual interest revenue at a rate of 0.5 percent.

### Evaluation and Performance Measurement

The CCC Levy evaluation and performance measurement framework will focus on reporting measures relevant to monitoring performance of the CCC Levy, advancing continuous quality improvement, and generating clear and actionable evaluation products for the public. It is critical that the crisis services system can grow and evolve by building on what works well and improving what does not. This process should be continuously informed by performance metrics, outcome data, client experiences, and other relevant information.

The scale and complexity of the CCC Levy requires an evaluation approach that encompasses a range of measurement techniques. The evaluation framework will therefore include three overall approaches:

1. **Population Indicators:** DCHS will use population level measures to identify needs, characterize baseline conditions, and track trends. While the goal is for the CCC Levy to contribute to population level outcomes in the long term, there are multiple other sectors and community factors that are also responsible for countywide conditions and, as a result, influence these measures. It is therefore difficult to attribute changes in population indicators, whether positive or negative, to the CCC Levy itself.
2. **Performance Measurement:** Performance measures are regularly generated and collected descriptors of program processes and outcomes that can be used to assess how well a strategy is working.
3. **In-Depth Evaluation:** Additional evaluation activities will complement performance measurement to deepen learnings and understand selected CCC Levy investments' effectiveness. Approaches may include piloting new programs, developing new evaluation tools, and identifying areas that may benefit from new or deeper community supports. DCHS may contract with one or more third party, independent organization(s), or engage in public private partnerships to conduct in-depth evaluations.

See Section VII. Evaluation and Performance Measurement for more information about the CCC Levy's evaluation and performance measurement plan.

### Crisis Care Centers Annual Reporting

Beginning in 2025, the Executive will make available an online annual report of the CCC Levy that is publicly available to the community and all interested parties, including the King County Council and Regional Policy Committee or its successor. The CCC Levy online annual report will detail each year's annual results. The first year's report, to be provided by August 15, 2025, will report information from calendar year 2024. Subsequent annual reports will continue to be provided by August 15 of the following year until August 15, 2033.

Consistent with Ordinance 19572 requirements, the CCC Levy online annual report will include: [42]

1. Total expenditure of CCC Levy proceeds by crisis response zone, purpose, and strategy reported by King County ZIP code;[43] and

[42] King County Ordinance 19572 [LINK].

[43] Reporting of expenditures and service participant data by zip code will reflect the methodology and limitations described in Subsection XI.B of this Plan.

2. The number of individuals receiving CCC Levy funded services by crisis response zone, purpose, strategy, and levy purpose reported by the King County ZIP code where the individuals resided at the time of services.[44]

Additionally, the CCC Levy online annual report will include:

3. An overview of CCC Levy accomplishments during the previous calendar year, and changes DCHS intends to make or direct to improve performance in the following year when applicable;
4. The CCC Levy's fiscal and performance measurement during the applicable calendar year, and
5. A map or summary describing the CCC Levy's geographic distribution. [45]

As part of this online annual reporting, the Executive will transmit directly to the Council a summary of the online annual reporting in the form of a concise letter that:

- Confirms availability of the online annual report and includes a web link or links;
- Identifies how the online annual report meets the requirements of Ordinance 19572, [46] and
- Summarizes key data and conclusions in the five areas above, including an overview of accomplishments; fiscal and performance management; expenditure of levy proceeds by crisis response zone, strategy, and levy purpose by King County ZIP code; the number of individuals receiving levy-supported services by crisis response zone, strategy, and levy purpose by King County ZIP code, and a map or summary describing CCC Levy's geographic distribution.[47] This information will be described in greater detail within the online annual reporting.

The Executive will accompany the summary of the online annual report with a motion acknowledging receipt of the letter and completion of the online annual report requirement. The Executive will be prepared to present a briefing at the invitation of the King County Council or its committees, including the Regional Policy Committee, on the contents of the online annual report, to inform the Council's consideration of this motion.

## Crisis Care Centers Levy Advisory Body

King County Ordinance 19572 allows for the CCC Levy's advisory body to be a preexisting King County board that has relevant expertise.[48] This Plan identifies King County Behavioral Health Advisory Board (BHAB) to serve as the advisory body because it has the relevant expertise to advise the Executive and the Council on matters relating to behavioral health care and crisis services in King County.[49] The advisory body ordinance that accompanies this Plan will expand BHAB's membership requirements and duties to include advising the Executive and the Council regarding the CCC Levy once it is enacted.

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[44] Reporting of expenditures and service participant data by zip code will reflect the methodology and limitations described in Subsection XI.B of this Plan.
[45] Reporting of expenditures and service participant data by zip code will reflect the methodology and limitations described in Subsection XI.B of this Plan.
[46] King County Ordinance 19572 [LINK].
[47] Reporting of expenditures and service participant data by zip code will reflect the methodology and limitations described in Subsection XI.B of this Plan.
[48] King County Ordinance 19572 [LINK]
[49] King County Behavioral Health Advisory Board [LINK]

## Conclusion

King County voters approved the Crisis Care Centers Levy on April 25, 2023. The nine-year levy begins on January 1, 2024, starting an ambitious timeline to transform the region's behavioral health crisis response system, restore the region's flagging mental health residential facilities, and reinforce the workforce — the people — upon whom tens of thousands of King County residents depend for their behavioral health. This Plan lays the path that King County, cities and other local jurisdictions, and behavioral health providers must travel with urgency, common purpose, and strong partnership so that future generations will have a safe, accessible, and effective place to go in a moment of mental health or substance use crisis.

The Crisis Care Centers Levy provides the resources. This Implementation Plan lays the path. The task is now to King County, cities, and providers to make it happen.

# III. Background

## A. Department of Community and Human Services

### Department Overview

King County's Department of Community and Human Services (DCHS) is responsible for implementing the Crisis Care Centers Levy. DCHS' mission is to provide equitable opportunities for King County residents to be healthy, happy, and connected to community. DCHS' five divisions provide human services for adults; behavioral health care across the lifespan; services supporting children, youth, and young adults to thrive; services for people with developmental disabilities, and affordable housing and homelessness prevention. The department manages more than $1 billion annually in public funds to ensure King County residents can access a broad range of services. DCHS is responsible for oversight and management of five significant local human services plans and dedicated fund sources:

- Best Starts for Kids (BSK) voter-approved property tax levy;[50]
- Health Through Housing (HTH) initiative funded through a County Council-adopted sales tax;[51]
- MIDD behavioral health sales tax fund adopted by the County Council;[52]
- Veterans, Seniors, and Human Services Levy (VSHSL) voter approved property tax levy,[53] and,
- The Crisis Care Centers (CCC) Levy, a voter approved property tax levy.[54]

### Behavioral Health and Recovery Division

DCHS's Behavioral Health and Recovery Division (BHRD) is responsible for managing and funding behavioral health services and programs for King County residents enrolled in Medicaid and other people with low incomes, as well as all residents in need of behavioral health crisis services.[55] Approximately 70,000 County residents annually receive services through BHRD programs. BHRD primarily contracts with community behavioral health agencies to provide a full continuum of services. In some cases, like involuntary commitment services, BHRD-employed staff provide services directly.[56]

## B. The Crisis Care Centers Levy and King County Ordinance 19572

The CCC Levy is a once-in-a-generation opportunity to transform how people experiencing behavioral health crises can access specialized behavioral health care. This nine-year property tax levy will create a countywide network of five crisis care centers, restore residential treatment capacity, and strengthen King County's community behavioral health workforce. The CCC Levy is authorized by King County Ordinance 19572, which is included as Appendix A. The King County Council adopted Ordinance 19572 on February 9, 2023. King County voters approved the CCC Levy in a special election on April 25, 2023.

Ordinance 19572 defines the CCC Levy's paramount and supporting purposes and requires the CCC Levy Implementation Plan. The CCC Levy's paramount and supporting purposes are described in IV. Crisis Care Centers Levy Purposes. A crosswalk matrix detailing how this Plan addresses each of Ordinance

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[50] Best Starts for Kids (BSK) website [LINK]
[51] Health through Housing (HTH) website [LINK]
[52] MIDD is referred to in King County Code and related legislation as the mental illness and drug dependency fund, tax, or levy. KCC 4A.500.300 and 4A.500.309 [LINK]. See also the MIDD Behavioral Health Sales Tax Fund website. [LINK]
[53] Veterans, Seniors and Human Services Levy (VSHSL) website [LINK]
[54] King County Ordinance 19572 [LINK]
[55] King County BHRD Provider Manual [LINK]. People with low incomes are defined as falling below an income benchmark of 220% of the federal poverty level for adults and 300% of the federal poverty level for children.
[56] RCW 71.05 [LINK] and 71.34 [LINK]. King County BHRD Crisis and Commitment Services website [LINK]

19572's Implementation Plan requirements is included in Appendix B. The background section provides additional context about the CCC Levy, including:

- Context about King County's behavioral health system;
- The current and historical conditions that created the need for the CCC Levy;
- The methodology used to develop this Plan;
- The community engagement process that helped inform this Plan's recommendations, and,
- Behavioral health equity framework to guide the implementation of this Plan.

## C. Key Historical and Current Conditions

DCHS administers King County's publicly funded behavioral health system, which is the primary source of care for people experiencing mental health or substance use crises. This section summarizes the structure of King County's behavioral health system, impacts of suicide and overdose deaths, behavioral health service gaps, and recent initiatives to strengthen crisis services.

### Behavioral Health Service Funding Limitations and Opportunities

Federal and state investments in public behavioral health systems have been inadequate for decades.[57] Three primary funding sources, alongside other smaller funding sources, support community-based behavioral health services in King County, as shown in Figure 10. These include Medicaid through the King County Integrated Care Network (KCICN), state funding through the Behavioral Health Administrative Services Organization (BH-ASO), and local funding through the MIDD Behavioral Health Sales Tax Fund.

Medicaid, which combines state and federal resources and is subject to federal regulations, is administered in Washington by the Health Care Authority (HCA) and locally by the KCICN. Medicaid is an essential funding source, but it features two significant shortcomings:

- Medicaid reimburses less than care costs. King County's analysis of preliminary results from a Washington State rate comparison study conducted by an actuarial firm determined that Medicaid payment rates in King County fall significantly short of provider costs to deliver care.[58]
- Medicaid does not reimburse at all for many essential costs. Medicaid is highly regulated and limits how and for whom funds may be used, including restrictions on important types of staff activities and creating new facilities through capital investments.[59]

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[57] Center for American Progress, The Behavioral Health Care Affordability Problem, May 26, 2022 [LINK]

[58] Behavioral Health Comparison Rate Development – Phase 2: Washington State Health Care Authority, Milliman Client Report, June 30, 2023.

[59] Medicaid generally reimburses only for federally approved direct treatment services provided by licensed and credentialed providers to Medicaid-enrolled clients who earn less than 138 percent of the federal poverty level (FPL), which is $18,700 for a single person or $38,200 for a family of four.

*Figure 10. King County Behavioral Health Funding Sources*

| | King County Integrated Care Network (KCICN) | Behavioral Health Administrative Services Organization (BH-ASO) | MIDD Behavioral Health Sales Tax | Other Behavioral Health Funding |
|---|---|---|---|---|
| **Funding Source** | Medicaid (federal and state) | State general funds; federal mental health and substance abuse block grants, and state funds for specific programs | King County's 0.1 percent MIDD Behavioral Health Sales Tax Fund[60] | Other funds from local and state governments. These include a mix of state grants, levy funds, and local taxes, and contracts with other local governments. |
| **Proportion of Behavioral Health Funding** | About 56 percent | About 11 percent | About 20 percent | About 13 percent |
| **Administration** | BHRD administers the KCICN and receives funding from HCA via five Medicaid managed care organizations[61] | HCA contracts with BHRD to administer the BH-ASO; HCA mandates investment priorities[62] | BHRD administers funds to complement Medicaid and state funding[63] | BHRD administers funds in compliance with specific grant and contract requirements, as applicable. |
| **Systems and Services Funded** | Over 40 behavioral health agencies provide integrated direct services across the behavioral health continuum, and partner with King County to create access to a high-quality, coordinated system of care[64] | Provides for regional crisis services for all residents through mobile crisis and regional crisis lines; covers services for people who are not eligible for Medicaid; staff to carry out the State's involuntary commitment statutes; and additional programs[65] | 52 initiatives including prevention and early intervention; crisis diversion including King County's only crisis facility; recovery and reentry services; system improvements to expand access to care, and therapeutic courts. | Other funds primarily provide dedicated support for specific purposes, as identified by the revenue source's grantor or governing authority. A portion of these other funds are flexible and can be used generally for behavioral health programs and services. |

[60] MIDD is referred to in King County Code and related legislation as the mental illness and drug dependency fund, tax, or levy. KCC 4A.500.300 and 4A.500.309 [LINK]. See also the MIDD Behavioral Health Sales Tax Fund website [LINK].

[61] The KCICN Improves Access to Behavioral Health Care for Residents Furthest from Care. (2023) [LINK]

[62] Washington State Health Care Authority Behavioral Health Administrative Services Organization (BH-ASO) fact sheet [LINK]

[63] MIDD Implementation Plan [LINK]

[64] King County Integrated Managed Care (IMC) and Integrated Care Network (KCICN) Overview [LINK]

[65] Overview of The King Behavioral Health Administrative Services Organization (BH-ASO) [LINK]

Additional federal block grant and state general funds distributed from HCA to King County through the BH-ASO come with prescriptive requirements. Between 2019 and 2022, Washington State's BH-ASO funding provided approximately $24 million less in total than King County's costs to fulfill its state-mandated crisis service obligations during that period.[66] As a result, the County subsidizes state-required BH-ASO functions with local MIDD Behavioral Health Sales Tax funds.[67]

Years of consistently paying less in Medicaid and BH-ASO funds than it costs to provide care have created a chronically underfunded behavioral health system that is challenged to meet growing needs or make long term investments. The focus on funding services rather than facilities has been made worse by limited state capital investment in community behavioral health facilities and workforce development.[68,69,70] These factors have combined to cause a loss of facilities and workforce and have inhibited new facility-based capacity at the scale that King County needs. Despite these barriers, King County is leading the state in regional service delivery innovation by creating the KCICN to make care more integrated and effective and by braiding Medicaid, BH-ASO, and MIDD funds.

### Unprecedented Rates of Suicide and Overdose Deaths

The scale of suffering related to mental health and substance use conditions remains persistently elevated. A total of 1,229 people died by suicide in Washington in 2021, equivalent to 15.3 out of every 100,000 people, which is the 27th highest rate nationally.[71] King County accounted for 292 deaths by suicide in 2021. [72] Suicide deaths increased nationally by 2.6 percent from 2021 to 2022.[73] In the State of Washington, suicide is the seventh leading cause of years of potential life lost, surpassing liver disease, diabetes, and HIV.[74]

Youth are especially impacted. According to the 2021 Healthy Youth Survey, 18.6 percent of King County's 8th graders considered suicide in past year, and 8.8 percent made attempts.[75] Among Washington's 10th graders in 2021, 51.6 percent of gender-diverse youth and 42.4 percent of youth

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[66] BH-ASO state-mandated crisis service obligations for include Involuntary Treatment Act (ITA) functions including designated crisis responders (DCRs) to provide evaluations for involuntary treatment as well as related ITA court costs; inpatient hospitalization for people without Medicaid; the region's crisis hotline; and other crisis services that are ineligible for Medicaid reimbursement.
[67] BH-ASO funds only provide for operating investments, and MIDD funding also mainly supports the operation of programs and services, with comparatively little funding used for behavioral health-related capital investments.
[68] Behavioral Health Capital Funding Prioritization and Feasibility Study (2018) [LINK].
[69] Crisis Stabilization Services. Washington State Health Care Authority Report to the Legislature (2019). [LINK]
[70] Crisis Response Improvement Strategy (CRIS) Committee - Initial Assessment of the Behavioral Health Crisis Response and Suicide Prevention Services in Washington and Preliminary Funding Recommendations (2021) [LINK].
[71] Centers for Disease Control - Suicide Rates by State [LINK]
[72] Washington State Vital Statistics (Deaths) – See "More From This Data Source" and select "Suicide" from drop-down list [LINK]
[73] Centers for Disease Control - Provisional Suicide Deaths in the United States, 2022 [LINK]
[74] O'Rourke MC, Jamil RT, Siddiqui W. Washington State Suicide Prevention and Awareness. [Updated 2023 Mar 6]. In: StatPearls [Internet]. Treasure Island (FL): StatPearls Publishing; 2023 Jan. [LINK]
[75] Washington State Healthy Youth Survey fact sheets [LINK]

identifying as LGBTQIA+ considered suicide, and 22.7 percent and 17.9 percent attempted suicide, respectively.[76,77]

Deaths related to drug overdose are increasing at unprecedented rates. The annual number of overdose deaths in King County have nearly doubled in just three years, from 508 deaths in 2020 to 1,001 in 2022, and the number of fatal overdoses in 2023 has already exceeded this total.[78] Additionally, there are significant disparities in overdose deaths by race and ethnicity. The age-adjusted rate of fatal overdoses in King County is the highest in the American Indian/Alaska Native community and is five-times higher than non-Hispanic White King County residents.[79]

### Unmet Behavioral Health Service Needs

As funding for behavioral health services has remained inadequate, the needs of people with mental health and substance use conditions, collectively referred to as behavioral health conditions, have only grown. The gap between behavioral health needs and available services is widening. Importantly, this gap is not evenly experienced across King County's population. There are significant inequities in service access and utilization among historically and currently underserved communities, as described in the next subsection (see Who Experiences Behavioral Health Inequities).

The National Council for Mental Wellbeing's 2022 access to care survey found that 43 percent of U.S. adults who say they need mental health or substance use care did not receive that care due to numerous barriers to accessing and receiving needed treatment.[80] According to the 2021 National Survey on Drug Use and Health (NSDUH), 1.06 million of the 1.18 million Washingtonians with substance use disorders (90 percent) needed but did not receive treatment, including 51,000 of the 65,000 adolescents (79 percent), respectively.[81] The 2021 NSDUH also found that 1.2 million adults in Washington received mental health services, which is 75 percent of the 1.6 million Washington adults who were living with a mental health condition.[82]

The national problem exists locally. Among people enrolled in Medicaid in King County in 2022, 45,000 out of 88,000 of adults with an identified mental health need did not receive treatment (51 percent), and 21,000 of 32,000 adults with an identified substance use disorder need did not receive treatment (66 percent).[83]

Among Medicaid-enrolled children in Washington, 87,000 of the 223,000 children with mental health treatment needs do not receive mental health treatment services (39 percent), and 27,000 of the 33,000

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[76] Washington Department of Health - Adolescent Mental Health: Significant Challenges and Strategies for Improvement in Washington State [LINK]
[77] "LGBTQIA+" is an abbreviation for lesbian, gay, bisexual, transgender, queer/questioning, intersex, asexual, and other sexual orientations or gender identities.
[78] Washington State Department of Health – Opioid Data [LINK]
[79] PHSKC Overdose Death Report (2022) [LINK]
[80] National Council for Mental Wellbeing - 2022 Access to Care Survey - [LINK]
[81] 2021 National Survey on Drug Use and Health (NSDUH): State-Specific Tables [LINK]
[82] 2021 National Survey on Drug Use and Health (NSDUH): State-Specific Tables [LINK]
[83] Washington State Department of Social and Health Services, Cross-System Outcome Measures for Adults Enrolled in Medicaid [LINK]

children with substance use disorders (including those with co-occurring mental health disorders) do not receive behavioral health treatment services (81 percent).[84]

In 2022, there were 25,576 behavioral health crisis interactions with in-person crisis intervention and stabilization programs in King County.[85] This is substantially less than the approximately 63,000 estimated crisis episodes that would typically occur in a population of approximately 2.3 million, suggesting a lack of access to these essential services.[86]

### Who Experiences Behavioral Health Inequities

Behavioral health inequities include disparities in how mental health and substance use impact specific populations and how well those populations can access behavioral health services.[87] It is also important to consider how those populations that experience such disparities are impacted by social determinants of behavioral health such as homelessness.[88]

Given the breadth and complexity of these challenges, this section describes "populations experiencing behavioral health inequities," which is the term this Implementation Plan uses as described in subsequent sections. Background research and available literature described in this section highlights behavioral health inequities based on factors that include, but are not limited to, race and ethnicity, sexual orientation, gender identity, language preference, disability, housing status, living in a rural region, and experiential communities such as persons with legal system involvement, military veterans, immigrants, and refugees.

There are significant racial and ethnic disparities in access to behavioral health services. Black, Indigenous, and People of Color (BIPOC) populations are more frequently placed in involuntary treatment while having the least access to routine behavioral health care.[89] People who identify as being two or more races (24.9 percent) are more likely to report any mental illness within the past year than any other race/ethnic group, followed by American Indian/Alaska Natives (22.7 percent), White (19 percent), and Black (16.8 percent).[90] Among adults living with mental illness in 2021, White (52.4 percent) or Multiracial adults (52.2 percent) were more likely than Black (39.4 percent), Hispanic (36.1 percent), or Asian adults (25.4 percent) to have received any mental health services in the past year.[91]

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[84] Washington State Department of Social and Health Services, Behavioral Health Treatment Needs and Outcomes among Medicaid-Enrolled Children in Washington State, November 2023 [LINK]

[85] King County Behavioral Health Crisis Service Utilization Data Sheet, December 2023.

[86] The Crisis Resource Need Calculator [LINK]. The calculator estimates 230 monthly crisis episodes per population of 100,000, based on an analysis that examined national crisis care claims from Truven Commercial, Truven Medicaid, Medicare Limited Data Set 2018, as well as the estimated number of episodes served by first responders that do not lead to care according to the Treatment Advocacy Center's Road Runners report.

[87] American Psychiatric Association - Mental Health Disparities: Diverse Populations [LINK]

[88] Compton, M. T., & Shim, R. S., The Social Determinants of Mental Health, 2015, FOCUS, 13(4), 419–425. [LINK]; Fountain House, From Harm to Health: Centering Racial Equity and Lived Experience in Mental Health Crisis Response, 2021. [LINK]

[89] Shea T, Dotson S, Tyree G, Ogbu-Nwobodo L, Beck S, Shtasel D. Racial and Ethnic Inequities in Inpatient Psychiatric Civil Commitment. Psychiatr Serv. 2022 Dec 1;73(12):1322-1329. [LINK]

[90] American Psychiatric Association - Mental Health Disparities: Diverse Populations, 2017. [LINK]

[91] 2021 National Survey on Drug Use and Health (NSDUH) Annual National Report [LINK]

Emergency departments exhibit similar disparities with Black populations waiting longer for care. In jails and prisons, recidivism is significantly more likely among Black populations living with serious mental health conditions. [92,93] Nearly one quarter of people killed by police displayed signs of a mental illness, with significantly higher rates among the Black population.[94] People who are involved in the criminal legal system more broadly are also more likely to be living with mental health and substance use conditions, yet they have less access to community behavioral health services.[95]

Within King County, individuals identifying as Black, African, or African American represented 20 percent of people who received BHRD crisis services and 17 percent of people who died by overdose in 2022, both of which are higher than the seven percent of people identifying as Black, African, or African American in King County, despite receiving lower rates of routine behavioral health care.[96,97] In contrast, people identifying as Asian or Asian American represented nine percent of individuals receiving BHRD crisis services and 13 percent of people receiving routine behavioral health care in 2022, both of which are lower than the 21 percent of people in the King County population who identify as Asian or Asian American.[98] These patterns demonstrate that demographic populations can be both over- and under-served in different settings, all of which may point to barriers to access to appropriate care.

Immigrants are at higher risk of experiencing mental health conditions, which is due to factors such as higher acculturative stress, pre-migration experiences, discrimination, racism, economic hardship, and stigmatization.[99] Access to care among immigrant populations is also limited, particularly in areas with higher concentration of Latin American immigrants.[100] Similar trends have been observed in refugee populations, with lack of access to mental health services despite higher rates of common mental health conditions such as depression, anxiety, and post-traumatic stress disorder among migrants exposed to adversity and refugees than among host populations.[101] Furthermore, language access has been shown to impede access to mental health services. Among those who were likely to receive specialty mental health services, people who preferred speaking Spanish had a significantly lower rate of mental health care use.[102]

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[92] Opoku ST, Apenteng BA, Akowuah EA, Bhuyan S. Disparities in Emergency Department Wait Time Among Patients with Mental Health and Substance-Related Disorders. J Behav Health Serv Res 2018;45(2):204–18. [LINK]
[93] Veeh CA, Tripodi SJ, Pettus-Davis C, Scheyett AM. The interaction of serious mental disorder and race on time to reincarceration. Am J Orthopsych 2018;88(2):125-31. [LINK]
[94] Saleh AZ, Appelbaum PS, Liu X, Scott Stroup T, Wall M. Deaths of people with mental illness during interactions with law enforcement. Int J Law Psychiatry. 2018 May-Jun;58:110-116. [LINK]
[95] Bonfine N, Wilson AB, Munetz MR. Meeting the Needs of Justice-Involved People With Serious Mental Illness Within Community Behavioral Health Systems. Psychiatr Serv. 2020 Apr 1;71(4):355-363. [LINK]
[96] King County Behavioral Health Crisis Service Utilization Data Sheet, December 2023.
[97] Public Health Seattle & King County - Overdose deaths data dashboard [LINK]
[98] King County Department of Community and Human Services - Data Dashboard [LINK]
[99] Markova V, Sandal GM, Pallesen S. Immigration, acculturation, and preferred help-seeking sources for depression: comparison of five ethnic groups. BMC Health Serv Res. 2020 Jul 11;20(1):648. [LINK]
[100] Jing F, Li Z, Qiao S, Ning H, Zhou S, Li X. Association between immigrant concentration and mental health service utilization in the United States over time: A geospatial big data analysis. Health Place. 2023 Sep;83:103055. [LINK]
[101] World Health Organization, “Mental health and forced displacement,” 31 August 2021 [LINK]
[102] Byhoff E, Dinh DH, Lucas JA, Marino M, Heintzman J. Mental Health Care Use by Ethnicity and Preferred Language in a National Cohort of Community Health Center Patients. Psychiatr Serv. 2023 Oct 26. [LINK]

Among people identifying as lesbian, gay, bisexual, transgender, queer/questioning, intersex, asexual, or other sexual orientations or gender identities (LGBTQIA+), studies have shown that depression, anxiety, and substance use are two and a half times higher than the general population.[103] Fear of discrimination may lead to some people avoiding care due to common experiences of providers denying care, using harsh language, or blaming the patient's sexual orientation or gender identity as the cause for an illness.[104]

Of the approximately 36,000 people who have severe, chronic intellectual and developmental disabilities (IDD) in King County, an estimated one third have a co-occurring mental health condition.[105] However, in 2022 the Washington State Department of Social and Health Services reported that people with IDD and their families have difficulty accessing behavioral health services due to a lack of resources, communication barriers, and inadequate training among behavioral health providers.[106]

Access to behavioral health services is also limited among people experiencing homelessness. A recent survey found that only 18 percent of people experiencing homelessness had received either mental health counseling or medications in the prior 30 days despite 66 percent reporting current mental health symptoms.[107] The same survey describes barriers such as lacking access to a phone, needing to stay with belongings to prevent theft, and avoiding services due to past experiences of traumatic or unsupportive interactions with health care providers.

Among U.S. military veterans who experience depression and PTSD, disparities in access to mental health services have been described as a major factor contributing to the high suicide rates among veterans.[108] People living in rural areas in the U.S. also experience significant disparities in mental health outcomes despite having similar prevalence of mental illness to those living in metropolitan areas.[109]

### Need for Places to Go in a Crisis

With so many people unable to access treatment when they need it, crisis care centers and similar facilities can help. The Federal Substance Abuse and Mental Health Services Administration (SAMHSA) released its National Guidelines for Behavioral Health Crisis Care in 2020.[110] These guidelines call for the creation of crisis facilities, referred to by SAMHSA as "somewhere to go," for people in crisis to seek help. SAMHSA's guidelines envision crisis facilities as part of a robust behavioral health crisis system that

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[103] Kates, J., Ranji, U., Beamesderfer, A., Salganicoff, A., & Dawson, L. (2016). Health and access to care and coverage for lesbian, gay, bisexual, and transgender individuals in the U.S. [LINK]
[104] Kates, J., Ranji, U., Beamesderfer, A., Salganicoff, A., & Dawson, L. (2016). Health and access to care and coverage for lesbian, gay, bisexual, and transgender individuals in the U.S. [LINK]
[105] The Arc of King County – What is IDD? [LINK]
[106] Developmental Disabilities Administration, Washington State Department of Social and Health Services, Best practices for co-occurring conditions: Serving people with intellectual and developmental disabilities and mental health conditions, October 1, 2022. [LINK]
[107] Kushel, M., Moore, T., et al. (2023). Toward a New Understanding: The California Statewide Study of People Experiencing Homelessness. UCSF Benioff Homelessness and Housing Initiative. [LINK]
[108] Hester RD. Lack of access to mental health services contributing to the high suicide rates among veterans. Int J Ment Health Syst. 2017 Aug 18;11:47. [LINK]
[109] Morales DA, Barksdale CL, Beckel-Mitchener AC. A call to action to address rural mental health disparities. J Clin Transl Sci. 2020 May 4;4(5):463-467. [LINK]
[110] Substance Abuse and Mental Health Services Administration. (2020). National Guidelines for Behavioral Health Crisis Care - Best Practice Toolkit. [LINK];

also includes the 988 Suicide and Crisis Lifeline, referred to as "someone to call," and mobile crisis teams, described as "someone to respond."[111]

King County's behavioral health crisis service system relies heavily on phone support and mobile response, with very few options for people to go for immediate, life-saving care when in crisis. At the time of this Plan's drafting, King County has just one behavioral health crisis facility, called the Crisis Solutions Center (CSC) in Seattle.[112] With a limited capacity of 46 beds across two levels of care, this facility is only able to accept referrals through mobile crisis teams, first responders, and hospitals. For youth in King County, there is no crisis facility option at all.

With no specialty behavioral health setting in King County to walk in and receive care if a person is experiencing a mental health or substance use crisis, the front door to crisis services at the time of this Plan's drafting is typically hospital emergency departments, where people seeking help for a behavioral health crisis may often spend hours or even days waiting for care.[113] People experiencing a crisis, especially those in public spaces, are frequently engaged by law enforcement and may end up in jail if they have committed a crime while in distress.[114]

The creation of specialized crisis facilities is frequently identified as a key strategy in the crisis service continuum. These facilities enable diverting people from emergency department and carceral settings and serving people in a higher quality specialized settings that can provide care using trauma-informed, recovery oriented, and cultural humility best practices.[115, 116] Multiple local behavioral health system needs assessments have arrived at a similar conclusion. The 2016 recommendations of the King County Community Alternatives to Boarding Task Force called for by Motion 14225 included a recommendation to expand crisis diversion capacity.[117] Similar conclusions were reached in needs assessments by the Washington State Office of Financial Management behavioral health capital funding prioritization and feasibility study in 2018, a Washington State Health Care Authority crisis triage and stabilization capacity

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[111] Substance Abuse and Mental Health Services Administration. (2020). National Guidelines for Behavioral Health Crisis Care - Best Practice Toolkit. [LINK]; Substance Abuse and Mental Health Services Administration: National Guidelines for Child and Youth Behavioral Health Crisis Care. Publication No. PEP22-01-02-001 Rockville, MD: Substance Abuse and Mental Health Services Administration, 2022. [LINK]

[112] Downtown Emergency Services Center (DESC) - Crisis Solutions Center fact sheet [LINK]; the CSC was established in 2011 through a significant ongoing investment from the MIDD behavioral health sales tax fund. Medicaid funds also cover a small portion of the facility's service delivery costs. The Psychiatric Emergency Services program at Harborview Medical Center is part of a hospital-based emergency department and is therefore not considered a stand-alone dedicated behavioral health crisis service setting.

[113] Esmy Jimenez, "King County mental health facilities still reject a quarter of patients, report shows." The Seattle Times, September 5, 2023. [LINK]

[114] Garcia-Grossman I, Kaplan L, Valle K, Guzman D, Williams B, Kushel M. Factors Associated with Incarceration in Older Adults Experiencing Homelessness: Results from the HOPE HOME Study. J Gen Intern Med. 2022 Apr;37(5):1088-1096. [LINK]

[115] ME Balfour and ML Goldman, "Crisis and Emergency Services" in "Textbook of Community Psychiatry: American Association for Community Psychiatry, 2nd edition." Wesley E. Sowers (Editor), Hunter L. McQuistion (Editor), Jules M. Ranz (Editor). Springer 2022, pp. 369-384.

[116] ME Balfour and ML Goldman, "Collaborations Beyond the Emergency Department" in "Primer on Emergency Psychiatry" Tony Thrasher (Editor). Oxford University Press, 2023, pp. 463-478.

[117] Community Alternatives to Boarding Task Force - King County, Washington [LINK]

and gaps report in 2019, and the Initial Assessment of the Behavioral Health Crisis Response and Suicide Prevention Services from the Crisis Response Improvement Strategy (CRIS) Committee in 2021.[118,119,120]

Federal and state legislation has rapidly advanced the implementation of crisis services across the United States.[121] Expanding access to crisis response services has been a recent focus of the Washington Legislature. This includes its first-in-the-nation support of the implementation and expansion of 988 and other crisis services with its passage of Engrossed Second Substitute House Bill 1477 in 2021.[122] Additional legislation, including Engrossed Second Substitute House Bill (E2SHB) 1134 in and Second Substitute Senate Bill (2SSB) 5120 in 2023, have further demonstrated the state's commitment to these services.[123,124] The 23-hour Crisis Relief Centers established under 2SSB 5120, which are undergoing Washington State Department of Health and Health Care Authority rulemaking into 2024, will establish important frameworks for licensure and Medicaid payment that will inform the future development of crisis care centers.

In light of the behavioral health funding crisis, the scale of unmet need, and the opportunity presented by this national and statewide momentum around expanding crisis services, a coalition of community leaders and behavioral health providers issued recommendations to Seattle and King County in a letter on October 13, 2021. The letter included recommendations to "expand places for people in crisis to receive immediate support" and "expand crisis response and post-crisis follow up services."[125] The CCC Levy carries these efforts forward, as outlined in this document.

### Need for Post-Crisis Stabilization Services

Research studies show the rate of suicide is 15.4 times higher among people immediately after they have been discharged from a psychiatric hospitalization, as compared to the general population.[126] For people exiting inpatient psychiatric care, timely follow-up with outpatient mental health care is associated with a decreased risk for hospital readmission, violence, homelessness, and criminal legal system involvement.[127]

Despite the benefits of follow-up during this high-risk post-crisis period, in 2021 only 58.7 percent of people with Medicaid received follow-up within 30 days of discharge from a psychiatric

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[118] 2018 Behavioral Health Capital Funding Prioritization and Feasibility Study [LINK];
[119] Crisis Stabilization Services - HCA Report to the Legislature [LINK]
[120] Crisis Response Improvement Strategy (CRIS) Committee - Initial Assessment of the Behavioral Health Crisis Response and Suicide Prevention Services in Washington and Preliminary Funding Recommendations [LINK]
[121] National Alliance for Mental Illness - Reimagine Crisis Response - 988 Crisis Response State Legislation Map [LINK]
[122] 2SSB 1477 (2021). 2SHB 1477's scope included RCW chapters 71.24, 48.43, 43.06, and 82.86. [LINK].
[123] E2SHB 1134 (2023). E2SHB 1134's scope included RCW chapters 71.24, 43.06, 82.86, 43.70, and 38.60. [LINK]
[124] 2SSB 5120 (2023) 2SSB 5120's scope included RCW chapters 71.05, 71.34, 71.24, 10.31, 10.77, and 48.43. [LINK]
[125] 2022 Priority Budget Recommendations to Seattle and King County to Strengthen Continuum of Behavioral Health Crisis Services. October 13, 2021.
[126] Olfson M, Wall M, Wang S, Crystal S, Liu SM, Gerhard T, Blanco C. Short-term Suicide Risk After Psychiatric Hospital Discharge. JAMA Psychiatry. 2016 Nov 1;73(11):1119-1126. [LINK]
[127] Smith TE, Corbeil T, Wall MM, Tang F, Essock SM, Frimpong E, Goldman ML, Mascayano F, Radigan M, Wang R, Rodgers I, Dixon LB, Olfson M, Lewis-Fernández R. Community, Hospital, and Patient Factors Contributing to Ethnoracial Disparities in Follow-Up After Psychiatric Hospitalization. Psychiatr Serv. 2023 Jul 1;74(7):684-694. [LINK]

hospitalization.[128] Among youth and young adults who visited the emergency room for a mental health reason, the rate is even worse, with only 46.4 percent receiving follow-up care within 30 days.[129] Furthermore, Black populations receive lower rates of outpatient treatment during the 30-day period after discharge compared with White populations. [130]

SAMHSA considers post-crisis stabilization services to be an essential element of responding to a behavioral health crisis and addressing the person's unmet needs.[131] Studies have shown that prior outpatient engagement is the most important predictor of follow-up after hospitalization, which is indicative of two key factors: the importance of reconnecting people back to prior providers, and the need to dedicate additional resources to connect people to care when they are otherwise without services.[132] Culturally appropriate interventions that link people to outpatient follow-up are also identified as a strategy to reduce racial-ethnic disparities in outpatient mental health treatment following acute treatment.[133]

A 2017 study of a post-discharge peer support program demonstrated positive outcomes for participants in terms of recovery, wellbeing, and hospital avoidance.[134] The peer approach has been taken up in Washington State through peer bridger programs, which HCA implemented as required by Second Engrossed Substitute House Bill (2ESHB) 2376 from the 2016 Washington State legislative session.[135] Peer bridgers assist with community reintegration planning activities and promote service continuity with the goal of enhancing long-term recovery and reducing hospital readmissions.[136]

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[128] National Committee for Quality Assurance, HEDIS Measures and Technical Resources, Follow-Up After Hospitalization for Mental Illness [LINK]

[129] Hugunin J, Davis M, Larkin C, Baek J, Skehan B, Lapane KL. Established Outpatient Care and Follow-Up After Acute Psychiatric Service Use Among Youths and Young Adults. Psychiatr Serv. 2023 Jan 1;74(1):2-9. [LINK]

[130] Carson NJ, Vesper A, Chen CN, Lê Cook B. Quality of follow-up after hospitalization for mental illness among patients from racial-ethnic minority groups. Psychiatr Serv. 2014 Jul;65(7):888-96. [LINK]

[131] Substance Abuse and Mental Health Services Administration. (2020). National Guidelines for Behavioral Health Crisis Care - Best Practice Toolkit. [LINK]

[132] Smith TE, Haselden M, Corbeil T, Wall MM, Tang F, Essock SM, Frimpong E, Goldman ML, Mascayano F, Radigan M, Schneider M, Wang R, Rodgers I, Dixon LB, Olfson M. The Effectiveness of Discharge Planning for Psychiatric Inpatients With Varying Levels of Preadmission Engagement in Care. Psychiatr Serv. 2022 Feb 1;73(2):149-157. [LINK]

[133] Smith TE, Haselden M, Corbeil T, Wall MM, Tang F, Essock SM, Frimpong E, Goldman ML, Mascayano F, Radigan M, Schneider M, Wang R, Rodgers I, Dixon LB, Olfson M. The Effectiveness of Discharge Planning for Psychiatric Inpatients with Varying Levels of Preadmission Engagement in Care. Psychiatr Serv. 2022 Feb 1;73(2):149-157. [LINK]

[134] According to this study, "The program involved peer workers (individuals with their own lived experience of mental illness and recovery) providing individualized practical and emotional support to individuals for six to eight weeks following discharge from an inpatient psychiatric unit." This study found: "Participants reported improvements in terms of functional and clinical recovery and in the areas of intellectual, social and psychological wellness. Participants self-report of hospital readmissions suggested that there was a reduction in hospital bed days following engagement with the program." Scanlan JN, Hancock N, Honey A. Evaluation of a peer-delivered, transitional and post-discharge support program following psychiatric hospitalization. BMC Psychiatry. 2017 Aug 24;17(1):307. [LINK]

[135] 2ESHB 2376 (2016). 2ESHB 2376's scope included RCW chapters 18.20, 18.43, 18.85, 19.02, 28B.122, 38.52, 41.06, 41.16, 41.26, 41.45, 41.80, 43.09, 43.10, 43.43, 43.79, 43.83B, 43.135, 43.155, 43.185, 43.350, 43.372, 46.08, 50.16, 50.24, 69.50, 70.128, 72.09, 77.12, 79A.80, 90.03, and 90.56 [LINK]

[136] Washington State Health Care Authority - Peer Bridger Program [LINK]

The peer bridger program model is implemented locally in King County for adults who have been hospitalized psychiatrically at two community hospitals. This model is composed of teams of certified peer specialists (paid staff who have lived experience with behavioral health conditions themselves) working in coordination with inpatient treatment teams to develop individualized plans to promote each person's successful transition to the community.[137] However, these post-crisis services are only available in a small number of settings. Most people exiting hospitals, emergency rooms, crisis settings, and other acute behavioral health settings do not receive dedicated services to support these critical care transitions during these high-risk periods.

### Reduction in Residential Treatment Capacity

Residential treatment is a community based behavioral health treatment option for people who need a higher level of care than outpatient behavioral health services can provide.[138] Residential treatment programs provide people living with complex behavioral conditions with 24/7 intensive services in a licensed residential treatment facility. These programs are important options for people being discharged from inpatient behavioral health settings when outpatient services are not sufficient to meet their treatment needs. Residential treatment programs help people continue to recover and stabilize in a safe and supportive community-based setting.

Residential treatment programs provide services for people experiencing severe and persistent mental illness to promote stability, community tenure, and movement toward the least restrictive community housing option. Programs provide residential stabilization and case management services that are strengths-based and promote recovery and resiliency. Services provide symptom relief to assist clients to find what has been lost in their lives due to their illness, including the opportunity to make friends, use natural supports, make choices about their care, find and maintain employment, and develop personal strategies for coping and regaining independence. Staff help clients to prepare for discharge by providing services that promote community integration and assistance with the transition to the least restrictive community housing option.[139]

Multiple mental health residential treatment facilities, which are a subset of residential treatment facilities, have closed in recent years due to rising operating and maintenance costs, aging infrastructure, and insufficient resources to repair facilities. The lack of resources to pay for capital facility improvements and maintain aging buildings has contributed to facility closures.[140] As of October 2023, King County had a total of 240 mental health residential treatment beds for the entire county, a decrease of 115 beds, down nearly one third from the capacity of 355 beds in 2018.[141] The impact of reduced residential treatment facility capacity has impacted residential treatment wait times. For example, King County residents who needed residential treatment services in October 2023 had to wait

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[137] King County Behavioral Health and Recovery Division (BHRD) Provider Manual For the King County Integrated Care Network (KCICN), Behavioral Health Administrative Services Organization (BH-ASO), and Locally-Funded Programs [LINK]

[138] King County Ordinance 19572 defines residential treatment as "a licensed, community-based facility that provides twenty-four-hour on-site care for persons with mental health conditions, substance use disorders, or both, in a residential setting" [LINK].

[139] BHRD Provider Manual, pages 119-123 [LINK]

[140] Furfaro, Hannah. "Where did King County's mental health beds go?" Seattle Times, February 25, 2023. [LINK]

[141] An additional four mental health residential beds have been lost since the passage of King County Ordinance 19572. BHRD monitors the number of available beds through a bed tracker list.

an average of 25 days before they were admitted to a residential treatment facility.[142] The closing of residential treatment facilities highlights a gap in King County's behavioral health continuum of care for people exiting inpatient behavioral health settings.[143]

## Behavioral Health Workforce Needs

It takes people to care for people, and King County is experiencing a behavioral health workforce shortage that is impacting people's ability to access behavioral health care when they need it.[144] Similar behavioral health workforce shortages are occurring across the United States, according to the Federal Health Resources and Services Administration (HRSA).[145] By the final year of the CCC Levy in 2032, HRSA projects the national behavioral health workforce will only have 69 percent of the number of mental health counselors, 62 percent of the number of substance use disorder counselors, 73 percent of the number of psychologists, and 54 percent of the number of psychiatrists that are needed to meet the demand for behavioral health care nationally. [146]

Within King County, a 2021 survey of community behavioral health agencies contracted with the KCICN identified that job vacancies at surveyed agencies were at least double what they were in 2019.[147] The survey also found that master-level licensed mental health clinicians are particularly difficult to recruit.[148] A October 2023 survey of community behavioral health agencies contracted with the KCICN found that there are approximately 600 staff vacancies across the agencies that responded to the survey.[149] This represents a 16 percent total vacancy rate at King County community behavioral health agencies, and there is still a need to hire more behavioral health workers to support the growing behavioral health care needs in the community.[150]

In addition to staff vacancies, workforce retention is also a challenge for behavioral health providers. A February 2023 poll of members of three labor unions representing health care workers in Washington State, including behavioral health workers, found that 80 percent of health care workers reported feeling burned out by their jobs and 49 percent of workers reported they are likely to leave health care in the next few years. [151] Rising housing and childcare costs are contributing to workers leaving the behavioral health workforce.[152] In addition to high cost of living expenses, behavioral health workers often have student loan debt. For example, a National Council on Social Work Education report found

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[142] Executive Dow Constantine. "King County and State acquire behavioral health treatment center in North Seattle, preserving sixty-four treatment beds." September 14, 2022. [LINK] Note: At the time the article was written, the wait for a bed in King County was 44 days. As of October 2023, the waitlist has decreased from 44 days to 25 days since the passage of King County Ordinance 19572. BHRD monitors the waitlist through a bed tracker list.

[143] Sydney Brownstone, "A Belltown residential treatment facility shutters, leaving a hole in King County's mental health system," The Seattle Times, October 11, 2020. [LINK]

[144] King County Community Behavioral Health Provider Survey, 2023.

[145] Health Resources & Services Administration, Behavioral Health Workforce Projections [LINK]

[146] Health Resources & Services Administration, Behavioral Health Workforce Projections [LINK]

[147] KCICN Workforce Survey 2021

[148] KCICN Workforce Survey 2021

[149] KCICN Workforce Survey Data 2023

[150] KCICN Workforce Survey Data 2023

[151] 2023 poll of health care workers represented by SEIU Healthcare 1199NW, UFCW 3000, and WSNA conducted by GBAO [LINK]

[152] 2023 King County Nonprofit Wage and Benefits Survey Report [LINK]

that 73 percent of baccalaureate social work graduates and 76 percent of master's graduates have student loan debt.[153] When community behavioral health agencies are not able to offer competitive wages and benefits, it is more challenging to recruit and retain employees, which contributes to chronically high vacancies and high turnover of staff.[154,155] The KCICN's 2021 survey of King County community behavioral health agencies reinforced this dynamic. Survey respondents identified monetary incentives, loan repayments, professional fees and continuing education assistance, and employee wellbeing as being impactful activities that could help retain workers.[156]

Increasing the representativeness of behavioral health workers is a critical component of strengthening King County's community behavioral health workforce.[157] Nationally, the behavioral health workforce does not reflect the demographics and identities of people receiving behavioral health services.[158, 159] There is evidence that improving diversity among behavioral health workers so that workers better reflect the community they serve may help reduce behavioral health disparities.[160] For example, communication and trust is improved between behavioral health workers and people receiving services when there is cultural, linguistic, racial, or ethnic concordance between clinicians and clients.[161] Developing a representative community behavioral health workforce will require intentional training, recruitment, and retention strategies. For example, BIPOC and LGBTQIA+ clinicians are often impacted by a lack of congruent mentorship in higher education, experiences of racism and discrimination.[162]

At a time when nearly one in five Americans lives with a mental health condition, and more people than ever are interested in seeking behavioral health support, the lack of access to diverse and qualified behavioral health professionals can serve as a barrier for accessing treatment to people and

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[153] Student Loan Debt Relief for Social Workers [LINK]
[154] Washington State Employment Security Department Supply and Demand Report [LINK]
[155] 2022 Behavioral Health Workforce Assessment [LINK]
[156] KCICN Workforce Survey 2021
[157] A focus of the Plan is to increase accessibility of behavioral health services, including crisis services funded by the CCC Levy, for all King County residents, including populations who experience behavioral health inequities. A consistent theme of community engagement was the importance for people seeking care of culturally and linguistically congruent services, staff with lived experience of behavioral health crises, and demographic representativeness. Establishing a workforce that is representative of King County's population, with particular care to representativeness for populations experiencing behavioral health inequities (see Section III.C. Background: Who Experiences Behavioral Health Inequities), will ensure that more King County residents can choose to receive care from a provider with whom they are comfortable and is one of this Plan's strategies to ensure that all King County residents have meaningful access to CCC Levy-funded facilities and services.
[158] National Academy for State Health Policy State, Strategies to Increase Diversity in the Behavioral Health Workforce [LINK]
[159] Duffy FF, West JC, Wilk J, et al. Mental health practitioners and trainees. In RW Manderschield & MJ Henderson (Eds.), Mental health, United States, 2002 (pp. 327-368; DHHS Publication No. SMA 04-3938). Rockville, MD: U.S. Department of Health and Human Services, Substance Abuse and Mental Health Services Administration, Center for Mental Health Services, 2004
[160] Chao, P.J., Steffen, J.J., and Heiby, E.M. (2012). The effects of working alliance and client-clinician ethnic match on recovery status. *Community Mental Health Journal* (48), 91-97 [LINK]
[161] The Mental Health Needs and Statistics of the BIPOC Community [LINK]
[162] Hubbard A, Sudler A, Alves-Bradford JME, Trinh NH, Emmerich AD, Mangurian C. Building a Diverse Psychiatric Workforce for the Future and Helping Them Thrive: Recommendations for Psychiatry Training Directors. Psychiatric Clinics of North America. 2022;45(2):283-295. doi:10.1016/j.psc.2022.03.007

communities across the country and within King County.[163] Creative local workforce investments are needed to complement Medicaid and state funds to provide for a stable workforce to deliver the high-quality community based behavioral health care that King County residents need and deserve.

## D. Implementation Plan Methodology

On April 25, 2023, King County voters approved Proposition No. 1, as called for by King County Ordinance 19572, to adopt the CCC Levy.[164] Ordinance 19572 requires a CCC Levy Implementation Plan be developed and transmitted by the King County Executive to King County Council by the end of December 2023.[165] The CCC Levy Implementation Plan requirements are defined by Ordinance 19572, and Appendix B: Crosswalk of Implementation Plan Requirements from King County Ordinance 19572 describes how this Plan meets these requirements.[166]

The CCC Levy Implementation Plan is the product of an intensive process that began in June 2023 and concluded in December 2023. Community engagement was a focus of implementation planning activities and is described in detail in Section III.E. Community Engagement Summary. Planning activities by DCHS also included solicitation of formal requests for information (RFIs), engagement with various Washington State departments, consultation with national subject matter experts, coordination with other County partners, and convenings of internal workgroups within DCHS. These activities are described below and in this Plan's appendices.

### Crisis Care Center Methodology

DCHS focused on four major areas to develop strategies in support of the CCC Levy's Paramount Purpose to create a network of five crisis care centers:

- Understanding and describing current community needs, service capacity, and system gaps related to behavioral health care (as described in Section III.C. Key Historical and Current Conditions: Unmet Behavioral Health Service Needs);
- Developing an approach to integrate substance use treatment services within the crisis care center model;
- Defining the related but distinct youth-focused crisis care center model, which addresses the unique needs of children and adolescents, and
- Integrating planning for the crisis care centers within regional contexts such as the existing behavioral health crisis system, the behavioral health service continuum more broadly (as described above in Section III.C. Key Historical and Current Conditions), criminal legal systems, health and hospital systems, and additional community resources.

DCHS also undertook an in-depth process to establish procurement and siting processes for crisis care centers. DCHS issued an RFI for the capital facility siting process to local jurisdictions, and a copy of the RFI is included in Appendix C: King County Local Jurisdiction Request for Information (RFI).

Meetings with jurisdictions, behavioral health agencies, and other community partners were held for DCHS to share updates on the CCC Levy planning process with interested parties and to learn about provider, jurisdictional, and community partner needs and challenges. DCHS convened meetings with:

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[163] Lack of Access as Root Cause for Mental Health Crisis in America [LINK]
[164] King County Ordinance 19572 [LINK]
[165] King County Ordinance 19572 [LINK]
[166] King County Ordinance 19572 [LINK]

- Subject matter experts internal to King County government, such as the Department of Natural Resources and Parks, DCHS, Metro, and Public Health – Seattle & King County (see Appendix D: Coordination with State and County Partners for a list of County partners);
- Washington state partners, such as the Health Care Authority, the Department of Health, and the Department of Social and Human Services (see Appendix D: Coordination with State and County Partners for a list of meeting topics); and
- Community partners, such as community members, people with lived experience of mental health and substance use conditions as well as their families and support systems, community-based organizations, community behavioral health agencies, and others (see Appendix F: Community Engagement Activities for details).

The DCHS planning team also made site visits to adult and youth crisis facilities in Washington, as well as California and Arizona (see Appendix E: Site and Field Visits). ZiaPartners, a firm with experience planning and implementing local and statewide behavioral health crisis system initiatives, consulted on crisis care center program model development and strategies for crisis system coordination and quality improvement.[167]

## Residential Treatment Methodology

Community partner engagement, subject matter expert consultation, and residential treatment operator engagement informed the residential treatment recommendations in this Plan. DCHS BHRD clinical staff with mental health residential subject matter expertise participated in an internal workgroup to provide guidance on preserving and expanding residential treatment capacity. DCHS planning staff met with leadership and frontline workers of agencies operating residential treatment facilities to solicit feedback about residential treatment gaps and how to sustain and increase residential treatment capacity. This included seven site visits to residential treatment facilities in King County, which are listed in Appendix E: Site and Field Visits. It also included an RFI soliciting information from operators about residential treatment facility capital improvement funding needs. The RFI is included in Appendix H: BHRD Capital Improvement Funding for Behavioral Health Facilities Request for Information (RFI). Additionally, residential treatment topics were included in CCC Levy implementation planning community engagement meetings and presentations to solicit feedback from a broader group of community partners beyond the residential treatment sector. Community engagement is highlighted below, and a list of community engagement activities is included in Appendix F: Community Engagement Activities.

## Workforce Methodology

DCHS planning staff solicited feedback on how the CCC Levy can build, retain, and increase the representativeness of the community behavioral health workforce.[168] Engagement on workforce issues

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[167] ZiaPartners, Inc. [LINK]

[168] A focus of the Plan is to increase accessibility of behavioral health services, including crisis services funded by the CCC Levy, for all King County residents, including populations who experience behavioral health inequities. A consistent theme of community engagement conversations was the importance for people seeking care of culturally and linguistically congruent services, staff with lived experience of behavioral health crises, and demographic representativeness. Establishing a workforce that is representative of King County's population, with particular care to representativeness for populations experiencing behavioral health inequities (see Who

included focus groups with community members and focus groups with subject matter experts; key informant interviews with community behavioral health agencies; and site visits in San Diego, Arizona and Washington state. DCHS also engaged the University of Washington, Public Health-Seattle and King County, and health care workforce training and apprenticeship programs to inform strategy design. (See Appendix F: Community Engagement Activities for list of key informant interviews and individual engagement meetings.) Community partner meetings included union-represented and non-union represented provider staff.

### E. Community Engagement Summary

DCHS staff engaged community partners to inform this Plan, including participation from behavioral health agencies, people with lived experiences of behavioral health crises, and frontline behavioral health workers. See Appendix F: Community Engagement Activities for a complete list of community engagement activities. Engagement activities are summarized in Figure 11. In addition to informing the strategies in this Plan, DCHS plans to take the community feedback into account during future procurement and operational phases of the CCC Levy.

***Figure 11. Summary of Community Engagement Activities Conducted by DCHS Between June and November 2023***

Experiences Behavioral Health Inequities), will ensure that more King County residents can choose to receive care from a provider with whom they are comfortable and is one of this Plan's strategies to ensure that all King County residents have meaningful access to CCC Levy-funded facilities and services.

## Key Findings of Community Engagement Process

This section summarizes community input from implementation planning activities, with supporting details provided in the appendices as noted. DCHS organized community feedback into key themes that informed this Plan. Figure 14 summarizes these key themes, with a more detailed description of each theme below the table.

***Figure 14. Summary of Community Engagement Themes***

| Summary of Community Engagement Themes | |
|---|---|
| **Theme** | **Description** |
| Theme A: Implement Clinical Best Practices in Crisis Services | Input on how best to design a crisis care center clinical model most likely to improve the health and wellbeing of people experiencing a behavioral health crisis in King County, including a welcoming and safe environment, person-centered and recovery-oriented care, culturally and linguistically appropriate services, integrated care for people who use substances, promoting least restrictive care, special considerations for serving youth and young adults, and additional clinical considerations. |
| Theme B: Increase Access to Care for Populations Experiencing Behavioral Health Inequities | Communities voiced the importance of having crisis care centers in desirable locations that are geographically accessible and accessible to transportation, as well as the importance of reaching out to diverse communities. |
| Theme C: Challenges of Community Resource Limitations | Community partners, including people with lived experience and behavioral health providers, frequently raised important questions about access to ongoing community-based care after a person receives care at a crisis care center as well as emphasizing care coordination and peer engagement. |
| Theme D: Interim Solutions While Awaiting Crisis Care Centers | Community members advocated for interim solutions to be implemented while awaiting crisis care centers to come online, such as increasing community-based responses and approaches to addressing the overdose crisis. |
| Theme E: Residential Treatment Facility Preservation and Expansion | Residential treatment providers described the value of residential treatment but identified significant challenges such as a lack of capital resources, and excessive wait times. |
| Theme F: Behavioral Health Workforce Development | Feedback from community partners, as well as subject matter experts, identified significant obstacles to developing the behavioral health workforce, including low wages, barriers to retention, need for more professional development opportunities, staff burnout, limited collaboration with schools, and lack of workforce representation. |
| Theme G: Accountability Mechanisms and Ongoing Community Engagement | Community partners expressed a strong preference to continue to be involved in future phases of the CCC Levy, particularly around holding the County accountable, including through defining measures of success and by continuing to engage during future planning phases. |

### *Theme A: Implement Clinical Best Practices in Crisis Services*

Community partners offered substantial input on the following topics, all focused on how to design a crisis care center clinical model that works as well as possible. These recommendations are reflected in

the best practices described in Appendix G: Clinical Best Practices in Behavioral Health Crisis Services that inform the crisis services described in Section V.A. Strategy 1: Create and Operate Five Crisis Care Centers.

#### Welcoming and Safe

Community members emphasized that people from their communities would only come to crisis care centers if they were confident that they would be helped and not harmed during a crisis. Community members defined safety differently: some people described feeling unsafe around uniformed officers while others said they prefer or even expect a uniformed officer to be present to feel safe. Some people shared experiences of feeling trapped and unsafe in a locked unit while others said they would feel safer being in a secured environment. Many described the importance of a comfortable physical space, but that it would be unacceptable to create a superficially attractive space without having a welcoming and safe program to reinforce it.

#### Person-Centered and Recovery-Oriented Care

Community partners described the importance of ensuring that crisis care centers provide person-centered and recovery-oriented care.[169,170] Peer specialists and people with lived experience of a behavioral health condition emphasized the importance of keeping people in control of their care as much as possible. They also emphasized minimizing care transitions, maximizing continuity of care, and following up after discharge to start ongoing care.

#### Culturally and Linguistically Appropriate Services

Community partners advocated for ensuring that crisis care centers provide culturally and linguistically appropriate services. Such services combine typical clinical best practices with specially trained, often culturally concordant providers who incorporate cultural practices and shared experience into the treatment and relationship with clients.[171] This Plan incorporates this input in:

- Section V.A. A. Strategy 1: Create and Operate Five Crisis Care Centers: Clinical Program Overview, which defines the crisis care center clinical model and post-crisis stabilization resources;
- Section V. E. Strategy 5: Capacity Building and Technical Assistance: Capacity Building for Providers with Expertise in Culturally and Linguistically Appropriate Services, which will invest in capacity building for crisis care centers operators to further enhance their capacity to deliver culturally and linguistically appropriate services, and

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[169] According to the Substance Abuse and Mental Health Services Administration (SAMHSA), “person-centered care—also known as patient-centered care—means consumers have control over their services, including the amount, duration, and scope of services, as well as choice of providers. Person-centered care also is respectful and responsive to the cultural, linguistic, and other social and environmental needs of the individual. Family-centered care recognizes the important role of family members and caregivers in the design and implementation of services.” [LINK]

[170] SAMHSA's working definition of “recovery-oriented care” defines recovery as a process of change through which individuals improve their health and wellness, live self-directed lives, and strive to reach their full potential. Recovery signals a dramatic shift in the expectation for positive outcomes for individuals who experience mental and substance use conditions or the co-occurring of the two. [LINK]

[171] National Culturally and Linguistically Appropriate Services (CLAS) Standards. Think Cultural Health, U.S. Department of Health & Human Services [LINK]

- Section VII.A. Evaluation and Performance Measurement Principles, which will measure how well crisis care centers are meeting these needs to hold DCHS accountable for implementing and improving upon culturally and linguistically appropriate services.

### Integrate Care for People Who Use Substances

Community members identified substance use services as an essential resource to include in crisis care centers because so many people in a mental health crisis have co-occurring substance use or their crisis is primarily related to substance use.[172] Service provider partners emphasized that the model should include medication for opioid use disorder (MOUD), withdrawal management (sometimes referred to as "detox"), substance use counseling, distribution of overdose prevention supplies like naloxone, and testing for HIV and Hepatitis C.

### Least Restrictive Care

Community partners, especially peer specialists and people with lived experience of a behavioral health condition, frequently voiced a preference for crisis care center services to be voluntary as much as possible. Some community partners acknowledged that state regulations, as well as rare uncontrollable circumstances, such as when someone is refusing help even when their life is in danger, might require involuntary interventions such as detention by a law enforcement officer, placement of Involuntary Treatment Act (ITA) holds by a designated crisis responder (DCR), involuntary medications, seclusions, and restraints.[173] Most community partners agreed that involuntary interventions should be minimized by proactively engaging someone in treatment decisions whenever possible in the least restrictive setting. Furthermore, community partners expressed consensus that use of involuntary interventions should be a focus of monitoring and accountability for crisis care centers.

### Special Considerations for Serving Children, Youth, and Young Adults in Crisis

Youth, parents, and providers serving youth clearly stated that behavioral health services for youth differ from adult services in many important ways, and that these differences need to be reflected in the youth crisis care center model. Youth behavioral health service providers explained that adolescents' needs differ from the needs of young children (up to approximately age 12), and very young children (up to age 6) and have their own special needs during a behavioral health crisis. Multiple community partners, including youth, also emphasized the unique needs of transition age youth (ages 18-24), also known as young adults, who may not be well served in a combined crisis care center setting with more mature adults.[174] The needs of

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[172] Group for the Advancement of Psychiatry. (2021). Roadmap to the Ideal Crisis System: Essential Elements. Measurable Standards and Best Practices for Behavioral Health Crisis Response. National Council for Mental Wellbeing [LINK]

[173] King County Crisis and Commitment Services offers evaluation of people with behavioral health disorders for involuntary detention in psychiatric and secure withdrawal facilities according to Washington law. The law for adults is RCW 71.05. [LINK] For youth 13 through 17 years of age the law is RCW 71.34. [LINK] Crisis and Commitment staff who perform these duties are referred to as Designated Crisis Responders (DCRs). They are mental health professionals who are specially trained to conduct a holistic investigation of risk and to treat the person in need with dignity and respect during their time of Crisis. Crisis and Commitment Services are available 24 hours a day, 365 days a year. [LINK]

[174] "Young adult," also known as "transition age youth" means a person between eighteen and twenty-four years of age, per RCW 43.330.702 – Homeless youth—Definitions. [LINK]

families, caregivers, and unaccompanied youth also emerged as important factors. Community members also described the high likelihood that young people with intellectual and developmental disabilities (IDD) will present to crisis care centers. They emphasized the importance of having staff who are specially trained to meet these unique needs. These recommendations were critical to informing the clinical model for the youth crisis care center described in Section V.A. Strategy 1: Create and Operate Five Crisis Care Centers: Clinical Model for Youth Crisis Care Center.

#### Additional Clinical and Support Considerations

Community members discussed the importance of childcare for parents in crisis, care for pets, safe storage of belongings, nutrition and meal services, full-scope medication formulary, basic laboratory testing, and transportation. Though many of these recommendations are beyond the strategic scope of this Plan, DCHS will take this community feedback into account for future procurement and operational phases of crisis care center services.

### *Theme B: Increase Access to Care for Populations Experiencing Behavioral Health Inequities*

Communities repeatedly voiced an absence of suitable or equitable care access points for when someone is in a behavioral health crisis. The service gaps described in the section above on Need for Places to Go When in Crisis have real impacts on communities. Community partners reported that existing conditions of limited access to real-time behavioral health crisis services leave people suffering without the care they need and at high risk of their crisis becoming significantly worse. Community members identified that this pattern is particularly prominent among Black, Indigenous, and People of Color (BIPOC) communities.

#### Desirable Location Attributes

Community members, especially people living in rural areas, shared that a critical need is for facilities to be located in places that are easy to access and close to multiple forms of transportation. Geographic and transportation accessibility are critical both for people who seek services themselves as well as for people who are dropped off by first responders. Community members also identified that County-funded transportation should be flexible with reduced barriers such as having costs covered, so that people can come to crisis care centers with confidence that they'll be able to get back to places such as their home or an appropriate clinical care setting. This input informed the capital facility siting requirements described in Section V.A. Strategy 1: Create and Operate Five Crisis Care Centers: Crisis Care Center Capital Facility Development.

#### Community Outreach among Populations Experiencing Behavioral Health Inequities

Community partners urged the County to promote the launch of crisis care centers. They said that the County should emphasize conducting outreach about the opening of crisis care centers to promote awareness within populations that experience behavioral health inequities (see above section on Who Experiences Behavioral Health Inequities). Community members advocated for an advertising effort to increase awareness about these new resources, particularly in communities that have historically been marginalized and/or under-served. They also cautioned that word of mouth will be powerful, with the possibility of community members either avoiding services based on negative reports, or greater utilization based on positive experiences. Section V.G. Strategy 7: Crisis Care Centers Levy Administration: Community

Engagement includes funding of ongoing community engagement to increase awareness of crisis care center services and associated resources across communities in King County. The goal of this public education work is to increase access to care for populations experiencing behavioral health inequities. To promote equitable access to crisis care centers, there will be a requirement for crisis care center operators to assess the potential equity impacts of their proposed facility as described in Section V.A. Strategy 1: Create and Operate Five Crisis Care Centers: Crisis Care Center Capital Facility Development describing the capital facility siting process.

### *Theme C: Challenges of Community Resource Limitations*

Though the CCC Levy is primarily focused on creating capacity for a front door to care, community partners raised important questions about the back door to ongoing community-based services after a person leaves a crisis care center.

#### Need to Build a "Bridge to Somewhere"

People with lived experience and behavioral health providers shared the viewpoint that the period immediately following a crisis episode is a high-risk period for negative outcomes, and that it is important to create pathways so that a crisis service is not a "bridge to nowhere," but instead can link someone to resources to continue to recover, such as primary care services, behavioral health services, social services, and housing resources. Providers with experience operating acute care facilities shared concerns about how limitations of community resources like housing resources and outpatient behavioral health services can cause bottlenecks that make it difficult to discharge people from crisis settings, which in turn can impact facility capacity. Community partners also expressed concerns that crisis services that do not bridge to other supports could risk cycling people through crisis systems in a way that is just as problematic as emergency or jail settings. Community members and providers alike advocated to increase access to resources for people in the immediate aftermath of a crisis episode, including access to housing resources. This Plan describes post-crisis stabilization resources in Section V.A. Strategy 1: Create and Operate Five Crisis Care Centers: Post-Crisis Stabilization Activities that were directly informed by this community feedback.

#### Care Coordination and Peer Engagement

In the aftermath of a behavioral health crisis, people may need to be connected to a range of health and social services such as outpatient care, primary care, housing resources, and public benefits enrollment. However, many barriers exist to successfully connect with these resources. Community partners described barriers such as distrust of providers, concerns about cost of services, difficulties with transportation and making appointments (especially for those experiencing homelessness or housing instability), and stigma. Providers also described fragmented health records systems that prevent information sharing necessary to transition a person's care, including when trying to re-connect someone with an existing provider. Among the peer-run organizations that participated in the CCC Levy planning process, one solution that was voiced often was the value of peer navigators and peer bridgers who can support people who were recently in crisis to access the resources they need. The post-crisis follow-up program described in Section V.A. Strategy 1: Create and Operate Five Crisis Care Centers: Post-Crisis Stabilization Activities, as well as the care coordination infrastructure investments in Section V.G. Strategy 7: Crisis Care Centers Levy Administration: Develop Data Systems Infrastructure and Technology, both aim to address these needs.

### *Theme D: Interim Solutions While Awaiting Crisis Care Centers*

Throughout the implementation planning process, there was a clear sense of urgency among community partners to invest in resources that can serve people as quickly as possible. Since it can take a long time for facilities to be constructed and initiate operations, community members advocated for expedited resources to be implemented while awaiting crisis care centers to come online.

#### Importance of Community-Based Response

Some community members, especially parents of young people who had been in crisis, advocated for expanding community-based response resources such as mobile crisis services. Though crisis facilities may present a front door to care that is not widely available at the time of this Plan's drafting, many people shared during community meetings that they would prefer to be served in their own environment by an outreach or mobile crisis team. Section V.D. Strategy 4: Early Crisis Response Investments: Increase Community-Based Crisis Response Capacity describes ways that DCHS aims to respond to this community feedback by investing in an expansion of community-based crisis services beginning in 2024.

#### Urgency of the Opioid Overdose Crisis

Another matter of urgency that community members frequently mentioned during engagement was the opioid overdose crisis. Though there is access to some substance use services and harm reduction approaches, particularly in downtown Seattle, many community members expressed ongoing concern about lack of access to essential resources such as the opioid overdose reversal medication naloxone. An early crisis response investment in Section V.D. Strategy 4: Early Crisis Response Investments: Reduce Fatal Opioid Overdoses by Expanding Low Barrier Opioid Reversal Medication would aim to reduce overdoses beginning in 2024.

### *Theme E: Residential Treatment Facility Preservation and Expansion*

To understand the needs of the residential treatment sector, the CCC Levy planning team engaged in a series of conversations with residential treatment facility operators. These included key informant interviews with leadership and front-line workers and onsite visits to facilities. See Appendix E: Site and Field Visits for a complete list of residential treatment facility site visits. Throughout this engagement, conversations centered around understanding the needs of residential treatment facilities for both adult and youth populations, with an emphasis on the loss of facilities in recent years and the resources needed to preserve existing facilities and to add more. Additionally, operators shared insights regarding the value of providing residential treatment services to community members and impact that facility closures have had on the overall behavioral health system.

Residential treatment facility operators shared their challenges operating residential facilities, including historic underinvestment in residential treatment facility capital and maintenance funding. For example, aging facilities require ongoing and often increasing maintenance expenses. Due to inflation and rising costs, operators shared that they do not have enough funding to pay for maintenance and other repairs. Operators expressed that with additional funding, they would be able to address building maintenance to make necessary repairs to facilities. This includes renovations to address health and safety issues, facility improvements such as HVAC repairs, renovations to community spaces, and facility expansion.

Residential treatment facility operator feedback helped to define the allowable activities that are described in Strategy 2: Restore, Expand, and Sustain Residential Treatment Capacity. Activities include

both preservation of existing residential treatment facilities and expansion of residential treatment facilities.

Some feedback themes shared by community partners during engagement activities related to residential treatment services, including input about clinical care needs, are not addressed in this Plan because they fall outside of the scope of services that the CCC Levy is designed to address. This feedback will help inform future DCHS quality improvement activities outside of the CCC Levy.

### *Theme F: Behavioral Health Workforce Development*

Community engagement related to behavioral health workforce needs included both systemwide community behavioral health workforce issues and needs specific to the crisis care center workforce. DCHS gathered input from subject matter expert groups, listening sessions, and community engagement events. Feedback highlighted the workforce shortage as a key factor in the success of the crisis care centers. Community members stressed the importance of providing culturally congruent care by having a workforce reflective of the communities that they are serving. Direct line workers provided feedback regarding workforce challenges such as low wages, lack of opportunities for career advancement, and burnout. These themes are described in greater detail below and reflected in the design of Strategy 3: Strengthen the Community Behavioral Health Workforce.

#### Low Wages

Community partners identified that strengthening the behavioral health workforce is important in increasing behavioral health service access for community members. Behavioral health agencies shared they struggle to provide care because workers are not entering the behavioral health workforce due to low wages. Front line workers shared that low wages impact their quality of life, including preventing workers from being able to afford to live in the communities where they work. Workers shared that when they are unable to live in the same communities where they work, they often experience long commutes, which in turn contributes to job dissatisfaction and the decision to seek employment in jobs that pay a higher wage or are located closer to home. Workers also identified that low wages are also a constant challenge for people who need to pay for childcare or family care expenses.

#### Barriers to Entering the Behavioral Health Workforce

Higher education is often a requirement for positions within the behavioral health workforce. Community partners shared that this is often a barrier for people to enter the behavioral health workforce, especially for populations that have been disproportionally marginalized and have faced barriers to accessing higher education. Community members identified activities such as loan repayment, tuition assistance, assistance with professional licensure fees, and stipends for books and other supplies as examples of activities that reduce barriers for people to enter and remain in the behavioral health workforce.

#### Worker Retention and Professional Development

Front line behavioral health workers shared their experiences with work burnout and how it impacts their longevity in the community behavioral health field. Workers shared they sometimes experience burnout in their roles, don't have skills to move into a different role, and don't have the resources to access professional development and training to advance their careers. Workers shared that professional development opportunities, more robust clinical

supervision, and additional support at work would help them feel valued and would help them grow professionally.

#### Limited Collaboration Between Community Behavioral Health and Schools

During listening sessions, front line behavioral health workers shared feedback about their professional pathway entering community behavioral health. Workers expressed concerns about the lack of formal career pathways between schools that train behavioral health professionals and community behavioral health agencies. Additionally, clinical supervisors shared the need to increase awareness among students and workers about the various behavioral health career opportunities and pathways available within community behavioral health agencies.

#### Importance of Workforce Representation

Community members participating in engagement activities shared that a more diverse behavioral health workforce is needed, for both future crisis care centers and existing community behavioral health agencies. During focus groups, community members stated that when someone is seeking care, a behavioral health professional with similar lived experiences helps to increase the level of comfort for the person accessing care. Community members also shared that a more representative workforce, at both the frontline and leadership levels, can influence practices and conditions within behavioral health agencies to be more inclusive of the different cultures and identities of people seeking behavioral health care.

Feedback solicited through community engagement helped define the allowable funding activities described in Section V.C. Strategy 3: Strengthen the Community Behavioral Health Workforce. Activities funded in this Plan address both the workforce at crisis care centers and the systemwide community behavioral health workforce.

### *Theme G: Accountability Mechanisms and Ongoing Community Engagement*

Throughout the implementation planning process, community partners expressed appreciation for being included in the early planning of the CCC Levy. They also voiced a strong preference to continue to be involved in future phases of the CCC Levy, including monitoring CCC Levy outcomes.

#### Defining Measures of Success

Community partners demonstrated an interest in being involved in County processes to define measures of success of the CCC Levy. Measures of interest include rates of improvement in regard to someone's mental health or substance use condition, as well as overall quality of life. Measures of equity across outcomes were also described as a priority. These topics are addressed in Section VII. Evaluation and Performance Measurement, which describes the evaluation and performance management plan for the CCC Levy.

#### Community Engagement During Future Planning Phases

Community partners voiced strong interest in being included during future planning phases. In particular, partners expressed interest in providing ongoing input on the clinical implementation of CCC Levy services and engaging around the opening of each crisis care center. Section V.G. Strategy 7: Crisis Care Centers Levy Administration: Community Engagement includes activities

related to crisis system administration and includes long-term community engagement as a key focus.

### F. Behavioral Health Equity Framework

The CCC Levy will not succeed if it increases access to behavioral health crisis services without also reducing inequities in who can access that care. Inequities in who can access behavioral health care at the time of this Plan's drafting are described above in the section on Who Experiences Behavioral Health Inequities. During this Plan's community engagement process, DCHS received extensive community feedback from community partners about the importance of centering health equity in this Plan, as summarized in the above section on Key Findings of Community Engagement Process. King County Ordinance 19572 reinforces this approach by stating that a key function of behavioral health facilities, including crisis care centers, is to promote equitable and inclusive access to mental health and substance use services for racial, ethnic, experiential, and geographic communities that experience disparities in mental health and substance use conditions and outcomes.[175]

This section synthesizes findings from research and community engagement into a behavioral health equity framework for the CCC Levy Implementation Plan, depicted in Figure 12, summarized in Figure 13, and described further in this subsection.

This Plan features gold boxes like the one below to emphasize how the behavioral health equity framework relates to this Plan's strategies.

| Behavioral Health Equity Highlight |
| --- |
| These gold boxes will appear throughout the CCC Levy Implementation Plan to emphasize the ways that the behavioral health equity framework described above will be pursued through the Plan's strategies and activities. |

[175] King County Ordinance 19572. [LINK]

*Figure 12. CCC Levy Implementation Plan Behavioral Health Equity Framework*

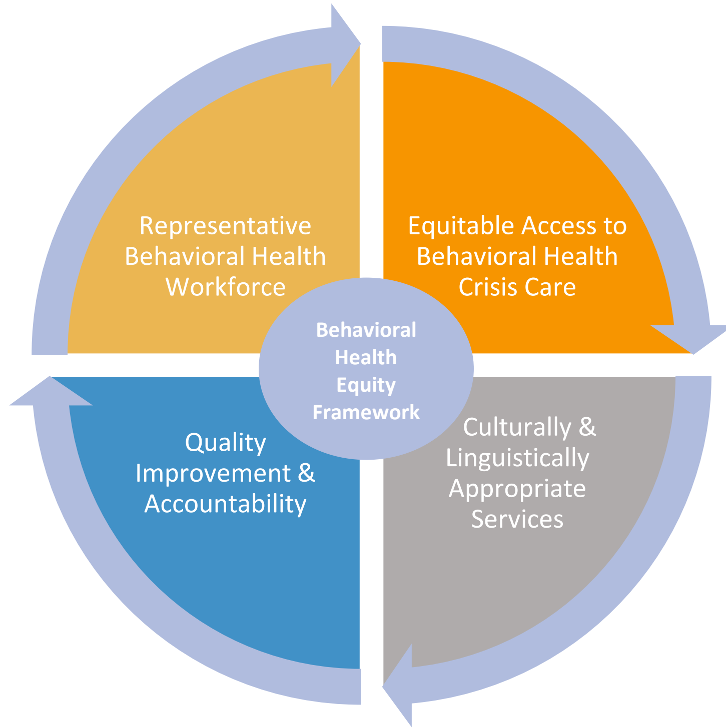

*Figure 13. CCC Levy Implementation Plan Behavioral Health Equity Framework Summary*

| CCC Levy Implementation Plan Behavioral Health Equity Framework Summary | | |
|---|---|---|
| **Behavioral Health Equity Focus** | **Background and Community Engagement** | **CCC Levy Strategies and Activities** |
| **Increase equitable access to behavioral health crisis care** | • Significant unmet behavioral health service needs in sociodemographic groups<br>• Need to reach out to underserved communities | • Reduce cost/insurance barriers<br>• Increase geographic access 24/7<br>• Promote awareness and outreach to populations that disproportionately face barriers to access |
| **Expand availability of culturally and linguistically appropriate behavioral health services** | • Clinical best practice to offer culturally and linguistically appropriate services (CLAS)[176]<br>• Community demand for increased access to CLAS | • Require and support crisis care center operators to offer CLAS<br>• Invest in providers with expertise in CLAS to expand services |
| **Increase representativeness of the behavioral health workforce** | • Culturally concordant care improves outcomes<br>• Community feedback advocating for increased diversity in behavioral health workforce | • Train, recruit and retain a more representative behavioral health workforce |
| **Promote accountability to health equity** | • Need to put accountability mechanisms in place<br>• Ongoing community engagement is needed | • Support community engagement throughout the CCC Levy period<br>• Track outcomes within and between demographic subpopulations<br>• Train providers on best practices for gathering demographic information needed to inform equity analyses |

This Plan's behavioral health equity framework aligns closely with King County's historic investments in addressing inequities.[177] In 2016, the Executive released the King County Equity and Social Justice Strategic Plan.[178] The CCC Levy is highly aligned with the main approaches laid out in the Equity and Social Justice Strategic Plan and includes investments in upstream resources to prevent inequities and injustices, community partnerships, County employees, and mechanisms to ensure transparent and accountable leadership. This Plan describes activities that further the Equity and Social Justice Strategic Plan's priority domains for pro-equity policies, including leadership, operations and services; plans, policies and budgets; workforce and workplace; community partnerships; communication and education; and facility and system improvements.

## Equitable Access to Behavioral Health Crisis Care

As described in Section III.C. Key Historical and Current Conditions: , behavioral health remains inaccessible to far too many people who need help. King County community members and providers clearly articulated that people in behavioral health crisis face many barriers locally, as described in

[176] National Culturally and Linguistically Appropriate Services (CLAS) Standards. Think Cultural Health, U.S. Department of Health & Human Services [LINK]
[177] King County Ordinance 16948 [LINK]
[178] King County Equity and Social Justice Strategic Plan [LINK]

Section III.E. Community Engagement Summary: Theme B: Increase Access to Care for Populations Experiencing Behavioral Health Inequities.

Public policies and social norms play a significant role in shaping social determinants of health that result in behavioral health inequities. Studies have shown that the most significant barriers to accessing behavioral health care are related to concerns about high costs and lack of health insurance.[179] These concerns are particularly prevalent among BIPOC communities, in part due to social policies that impeded generational accrual of wealth.[180] The CCC Levy will increase access to behavioral health crisis care by making services available regardless of insurance status or ability to pay, as described in Section V.A. Strategy 1: Create and Operate Five Crisis Care Centers: Crisis Care Center Clinical Model and Section V.A. Strategy 1: Crisis Care Center Post-Crisis Follow-Up Program. While waiting for the crisis care centers to open, CCC Levy funds will also be used to invest funds starting in 2024 to expand access to community-based resources for residents of King County, as described in Section V.D. Strategy 4: Early Crisis Response Investments: Increase Community-Based Crisis Response Capacity, as well as substance use services, as described in Section V.D. Strategy 4: Early Crisis Response Investments: Reduce Fatal Opioid Overdoses by Expanding Low Barrier Opioid Reversal Medication and Section V.D. Strategy 4: Early Crisis Response Investments: Substance Use Capital Facility Investments.

### Culturally and Linguistically Appropriate Services

Access to, and engagement in, behavioral health care can also be impeded by a lack of cultural humility amongst providers, as well as language barriers.[181] These challenges are described in Section III.C. Key Historical and Current Conditions: Behavioral Health Inequities and were also raised by community members, as described in Section III.E. Community Engagement Summary: Culturally and Linguistically Appropriate Services.

Culturally and linguistically appropriate services (CLAS) are nationally recognized as a way to improve the quality of services provided to all individuals, which will ultimately help reduce health disparities and promote health equity.[182] According to the U.S. Department of Health and Human Services, which developed the CLAS standards, all aspects of a provider's and a client's cultural identity, as depicted in Figure 15, influence the therapeutic process and are relevant to the expansion of CLAS as described throughout this Plan.

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[179] Walker ER, Cummings JR, Hockenberry JM, Druss BG. Insurance status, use of mental health services, and unmet need for mental health care in the United States. Psychiatr Serv. 2015 Jun;66(6):578-84. [LINK]

[180] Coombs NC, Meriwether WE, Caringi J, Newcomer SR. Barriers to healthcare access among U.S. adults with mental health challenges: A population-based study. SSM Popul Health. 2021 Jun 15;15:100847. [LINK]

[181] Fountain House, From Harm to Health: Centering Racial Equity and Lived Experience in Mental Health Crisis Response, 2021. [LINK]

[182] National Culturally and Linguistically Appropriate Services (CLAS) Standards. Think Cultural Health, U.S. Department of Health & Human Services [LINK]

*Figure 15. Aspects of Experience and Identity that Impact Behavioral Health*[183]

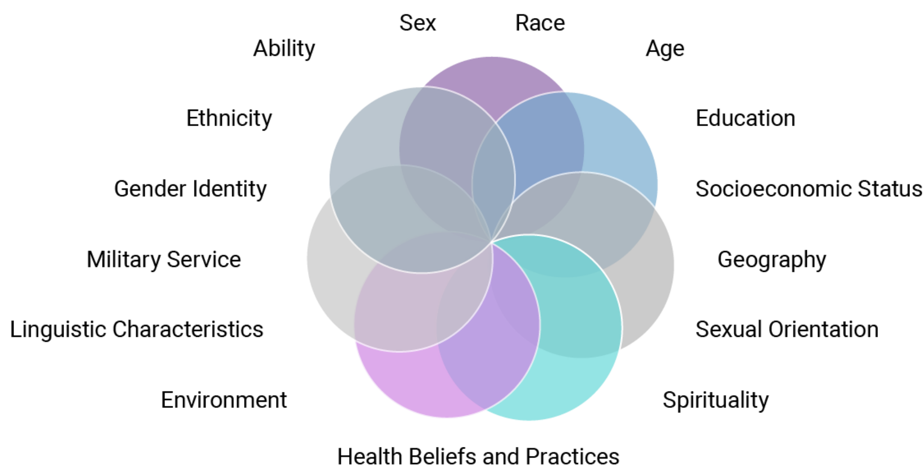


*Image Source: U.S. Department of Health and Human Services, Think Cultural Health.*

The CCC Levy will increase availability of these clinical best practices by investing in crisis care centers and post-crisis follow-up services that include CLAS, as described in Section V.A. Strategy 1: Create and Operate Five Crisis Care Centers: Crisis Care Center Clinical Model and Section V.A. Strategy 1: Culturally and Linguistically Appropriate Post-Crisis Follow-Up Services. CCC Levy funds will also be used to support crisis care center operators with capacity building and technical assistance to ensure they are positioned to meet DCHS's equity goals, as described in Section V.E. Strategy 5: Capacity Building and Technical Assistance: Crisis Care Center Operator Regulatory and Quality Assurance Activities. Finally, behavioral health providers with expertise in CLAS will be eligible to receive funds to build their own capacity to better serve populations experiencing behavioral health inequities, as described in Section V.E. Strategy 5: Capacity Building and Technical Assistance: Building for Providers with Expertise in Culturally and Linguistically Appropriate Services.

## Representative Behavioral Health Workforce

In addition to offering CLAS as part of clinical best practices, there is evidence that improving diversity among behavioral health workers to better reflect the communities they serve may help improve communication and trust while reducing behavioral health disparities.[184,185] Based on both the background in Section III.C. Key Historical and Current Conditions: Behavioral Health Workforce Shortages and the community engagement described in Section III.E. Community Engagement Summary: Importance of Workforce Representation, there are investments to improve the representativeness of the community behavioral health workforce, as described in Section V.C. Strategy 3: Strengthen the Community Behavioral Health Workforce: Community Behavioral Health Workforce Representation.

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[183] Image Source: U.S. Department of Health and Human Services, Think Cultural Health: Improving Cultural Competency for Behavioral Health Professionals [LINK]

[184] Shen MJ, Peterson EB, Costas-Muñiz R, Hernandez MH, Jewell ST, Matsoukas K, Bylund CL. The Effects of Race and Racial Concordance on Patient-Physician Communication: A Systematic Review of the Literature. J Racial Ethn Health Disparities. 2018 Feb;5(1):117-140. [LINK]

[185] Chao, P.J., Steffen, J.J., and Heiby, E.M. (2012). The effects of working alliance and client-clinician ethnic match on recovery status. *Community Mental Health Journal* (48), 91-97 [LINK]

### Quality Improvement and Accountability

The final behavioral health equity focus in this Plan relates to ensuring that equity objectives are realized to both improve quality of care and hold the County and behavioral health providers accountable. Community members provided this feedback prominently, as described in Section III.E. Community Engagement Summary: Theme G: Accountability Mechanisms and Ongoing Community Engagement. The CCC Levy's operations funding for crisis care center operators includes funds to collect high quality data about client characteristics, as described in Section V.A. Strategy 1: Collect and Report High Quality Data, and then to use this information to implement continuous quality improvement activities that monitor and concertedly aim to reduce observed disparities, as described in Section V.A. Strategy 1: Continuous Quality Improvement. The CCC Levy will further invest in community-based organizations or behavioral health providers with expertise in CLAS to provide subject matter expertise to the County to ensure that quality improvement activities are appropriately monitoring and advancing these equity goals, as described in Section V.G. Strategy 7: Crisis Care Centers Levy Administration: Expertise to Support Oversight of Behavioral Health Equity. Additional accountability will occur through the formal evaluation of the CCC Levy, whose funded activities are described in Section V.F. Strategy 6: Evaluation and Performance Measurement Activities and details are provided in Section VII. Evaluation and Performance Measurement. The annual reports will include information about these equity analyses, including information on geographic variations that may provide insights into serving rural communities, as described in Section VIII.B. Reporting Methodology to Show Geographic Distribution by ZIP Code.

In addition to collecting, analyzing, and reporting on data and metrics in a way that accounts for this Plan's behavioral health equity framework, DCHS will engage community partners in an ongoing manner, as described in Section V.G. Strategy 7: Crisis Care Centers Levy Administration: Community Engagement. The Behavioral Health Advisory Board, the advisory body of the CCC Levy, will also play an important role by providing a forum for people with demographics representative of King County, as well as lived experience of mental health and substance use conditions to advise DCHS on the CCC Levy implementation, as described in Section IX. Crisis Care Centers Levy Advisory Body.

## IV. Crisis Care Centers Levy Purposes

King County Ordinance 19572 defines the Crisis Care Centers (CCC) Levy's Paramount Purpose and two Supporting Purposes.[186] The Paramount Purpose is to establish and operate a network of five crisis care centers in King County. Supporting Purpose 1 is to restore and expand mental health residential treatment capacity and Supporting Purpose 2 is to strengthen King County's community behavioral health workforce. The Levy's purposes are summarized in Figure 16.

*Figure 16. Summary of Crisis Care Centers Levy Purposes*

| Summary of Crisis Care Centers Levy Purposes | |
|---|---|
| **Paramount Purpose** | **Crisis Care Centers:** Establish and operate a regional network of five crisis care centers in King County, with at least one in each of the four crisis response zones and one serving youth. |
| **Supporting Purpose 1** | **Residential Treatment:** Restore the number of mental health residential treatment beds to at least 355 and expand the availability and sustainability of residential treatment in King County. |
| **Supporting Purpose 2** | **Community Behavioral Health Workforce**: Increase the sustainability and representativeness of the behavioral health workforce in King County by expanding community behavioral health career pathways, sustaining and expanding labor-management workforce development partnerships, and supporting crisis workforce development. |

The CCC Levy's Paramount and two Supporting Purposes are required by Ordinance 19572 and will significantly support King County residents' behavioral health. However, the CCC Levy cannot transform or repair the region's entire system of behavioral health care. Attempting to do so without first fulfilling the CCC Levy's required purposes risks dissipation of the CCC Levy's resources. To promote focused and high-quality implementation of this initiative, this Plan maintains the three mandatory, voter-approved purposes of the CCC Levy.

### Paramount Purpose

The Paramount Purpose of the CCC Levy is to create and support operations of a regional network of five crisis care centers across King County, including at least one that specializes in serving youth. These crisis care centers will strengthen this region's community behavioral health system by creating safe and welcoming places for people experiencing an urgent behavioral health need to quickly access behavioral health care, as described in detail in Section V.A. Strategy 1: Create and Operate Five Crisis Care Centers. Crisis care centers will promote continuity of care by connecting people to behavioral health and social service resources to support ongoing recovery.

### Supporting Purpose 1

Supporting Purpose 1 will restore mental health residential beds lost in King County since 2018. During this brief period, King County's mental health residential bed capacity has dropped by 115 beds, or nearly one third. To restore this bed capacity to 355 beds as King County had in 2018, the CCC Levy will fund capital and maintenance expenses to preserve existing and build new mental health residential treatment beds in King County, as described in detail in Section V.B. Strategy 2: Restore, Expand, and Sustain Residential Treatment Capacity.

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[186] King County Ordinance 19572 [LINK].

### Supporting Purpose 2

Supporting Purpose 2 addresses community behavioral health workforce shortages and the need to grow and sustain the behavioral health workforce, including but not limited to the workforce at the region's new crisis care centers. Investments related to this purpose are intended to increase the sustainability and representativeness of the behavioral health workforce by expanding community behavioral health career pathways, sustaining and expanding labor-management workforce development partnerships, and supporting crisis workforce development.[187] These activities are described in detail in Section V.C. Strategy 3: Community Behavioral Health Workforce.

[187] A focus of the Plan is to increase accessibility of behavioral health services, including crisis services funded by the CCC Levy, for all King County residents, including populations who experience behavioral health inequities. A consistent theme of community engagement was the importance for people seeking care of culturally and linguistically congruent services, staff with lived experience of behavioral health crises, and demographic representativeness. Establishing a workforce that is representative of King County's population, with particular care to representativeness for populations experiencing behavioral health inequities (see Who Experiences Behavioral Health Inequities), will ensure that more King County residents can choose to receive care from a provider with whom they are comfortable and is one of this Plan's strategies to ensure that all King County residents have meaningful access to CCC Levy-funded facilities and services.

## V. Crisis Care Centers Levy Strategies and Allowable Activities

King County Ordinance 19572 requires this Plan to define strategies for how CCC Levy funds will be invested between 2024 and 2032 to achieve the Levy's purposes.[188] This Plan's strategies reflect Ordinance 19572 requirements and input from community partners, subject matter experts, and DCHS staff, as described in Section III.D. Background: Implementation Plan Methodology.

Figure 17 summarizes the strategies, and Figure 18 illustrates which strategies directly and indirectly support each of the CCC Levy's purposes. Descriptions of each strategy and its allowable expenditures and activities follow the summary figures.

[188] King County Ordinance 19572 [LINK]

*Figure 17. Summary of the CCC Levy Strategies*

| Summary of the CCC Levy Strategies | |
|---|---|
| **Strategy** | **Summary Description** |
| Strategy 1 **Create and Operate Five Crisis Care Centers** | • Capital funding to create and maintain five crisis care centers<br>• Operating funding to support crisis care center personnel costs, operations, services, and quality improvement<br>• Post-crisis follow-up for people after leaving a crisis care center |
| Strategy 2 **Restore, Expand, and Sustain Residential Treatment Capacity** | • Capital resources to restore mental health residential treatment capacity to at least 355 beds in King County<br>• Capital resources to expand and sustain residential treatment capacity |
| Strategy 3 **Strengthen the Community Behavioral Health Workforce** | • Resources to expand community behavioral health career pathways, including investments to stabilize and sustain King County's community behavioral health workforce and increase workforce representativeness<br>• Resources to expand and sustain labor management workforce development partnerships, including support for apprenticeships<br>• Resources to support the development of the region's behavioral health crisis workforce, including crisis care center workers |
| Strategy 4 **Early Crisis Response Investments** | • Resources to expand community-based crisis service capacity starting in 2024, before crisis care centers are open<br>• Resources starting in 2024 to respond faster to the overdose crisis |
| Strategy 5 **Capacity Building and Technical Assistance** | • Resources to support the implementation of CCC Levy strategies<br>• Support for capital facility siting<br>• Build capacity for culturally and linguistically appropriate services |
| Strategy 6 **Evaluation and Performance Measurement** | • Resources to support CCC Levy data collection, evaluation, and performance management<br>• Analyses of the CCC Levy's impact on behavioral health equity |
| Strategy 7 **CCC Levy Administration** | • Investments in CCC Levy administration, community engagement, information technology systems infrastructure, and designated crisis responder (DCR) accessibility[189] |
| Strategy 8 **CCC Levy Reserves** | • Provide for and maintain CCC Levy reserves[190,191] |

*Figure 18. How Each Strategy Advances the CCC Levy's Purposes*

[189] King County Crisis and Commitment Services offers evaluation of people with behavioral health disorders for involuntary detention in psychiatric and secure withdrawal facilities according to Washington law. The law for adults is RCW 71.05. [LINK] For youth 13 through 17 years of age the law is RCW 71.34. [LINK] Crisis and Commitment staff who perform these duties are referred to as Designated Crisis Responders (DCRs). They are mental health professionals who are specially trained to conduct a holistic investigation of risk and to treat the person in need with dignity and respect during their time of crisis. Crisis and Commitment Services are available 24 hours a day, 365 days a year. [LINK]

[190] Ordinance 19704 created the crisis care center fund to account for CCC Levy proceeds. [LINK]

[191] This strategy creates a fund reserve equal to 60 days of budgeted expenditures, less capital expenses, consistent with King County Comprehensive Financial Management Policies (2016). [LINK]

| How Each Strategy Advances the CCC Levy's Purposes | | | |
|---|---|---|---|
| Strategy | **Paramount Purpose** Crisis Care Centers | **Supporting Purpose 1** Residential Treatment | **Supporting Purpose 2** Community Behavioral Health Workforce |
| **Strategy 1** Create and Operate Five Crisis Care Centers | Direct Link | | |
| **Strategy 2** Restore, Expand, and Sustain Residential Treatment Capacity | | Direct Link | |
| **Strategy 3** Strengthen the Community Behavioral Health Workforce | Direct Link | | Direct Link |
| **Strategy 4** Early Crisis Response Investments | Indirect Link | | |
| **Strategy 5** Capacity Building and Technical Assistance | Direct Link | Direct Link | Indirect Link |
| **Strategy 6** Evaluation and Performance Measurement | Indirect Link | Indirect Link | Indirect Link |
| **Strategy 7** CCC Levy Administration | Indirect Link | Indirect Link | Indirect Link |
| **Strategy 8** CCC Levy Reserves | Indirect Link | Indirect Link | Indirect Link |

## A. Strategy 1: Create and Operate Five Crisis Care Centers

### Overview

The Paramount Purpose of the CCC Levy is to create and operate a regional network of five crisis care centers across King County. The CCC Levy's network of crisis care centers will create a new front door for people in crisis who need behavioral health services. Crisis care centers will help people by:

- Providing in-person behavioral health services tailored to the needs of people in behavioral health crisis;
- Creating a dedicated place for people in crisis to receive effective care from specialized behavioral health providers;
- Serving as a destination for first responders, including law enforcement, to bring people who need behavioral health care;
- Expanding King County's behavioral health continuum of care as a complement to services funded through the KCICN, BH-ASO, and MIDD (see Section III.C. Key Historical and Current Conditions: Behavioral Health Service Funding Limitations and Opportunities), and

- Reducing reliance on hospital emergency departments, hospitals, and jails as places that people go when in behavioral health crisis.

This section provides an overview of the CCC Levy's crisis care center program and the allowable activities within Strategy 1, including descriptions of:

- The clinical model for the five crisis care centers, including the one dedicated to serving youth;
- Post-crisis stabilization activities to support people after a crisis care center visit;
- DCHS' role to oversee and improve the quality of the crisis care centers;
- Allowable operational and capital funding activities for crisis care centers;
- Crisis care center capital facility requirements, and
- The crisis care centers procurement and siting process.

### Crisis Care Center Clinical Program Overview

The purpose of this Plan is to guide DCHS in its administration and implementation of the CCC Levy. This section of the Plan describes the initial vision for crisis care centers operations to inform appropriate County-level guidance for levy-level administration activities such as procurements, contracting, performance measurement, and communications with communities. This Plan does not preempt relevant state or federal laws or regulations. It also is not intended to interfere with patient-level care decisions that are more appropriately governed outside of a County-level implementation plan.

DCHS will refine this clinical program and model during procurement and implementation phases based on improved understanding of community needs, to incorporate rapid advancements in the evidence base for effective behavioral health care, to satisfy future federal and state regulatory guidance and licensing rules, and using continuous quality improvement practices that respond to performance data and community accountability. (See more on Oversight of Crisis Care Center Quality and Operations later in this subsection).

The crisis care center clinical program model has four parts:

1. **Clinical components**,
2. **Services**,
3. A **facility**, and
4. An **operator**.

Specifically, the crisis care center clinical program has three **clinical components** (24/7 Behavioral Health Urgent Care, 23-Hour Observation Unit, and Crisis Stabilization Unit), in which **services** (assessment, triage, interventions, referrals) are provided at a sited **facility** (see Crisis Care Center Capital Facility Development) by an **operator** that has been competitively selected by DCHS (see Crisis Care Center Procurement and Siting Process).

This clinical program model is based on multiple inputs, including:

- The core elements of crisis care centers as defined in King County Ordinance 19572 (see Figure 19).[192]
- SAMHSA's National Guidelines for Behavioral Health Crisis Care, which call for the creation of crisis facilities ("somewhere to go") for people in crisis to seek help as part of a robust

[192] King County Ordinance 19572 [LINK]

behavioral health crisis system (see Section III.C. Key Historical and Current Conditions: Need for Places to Go When in Crisis);[193,194]

- The CCC Levy community engagement process, which identified several clinical best practices that helped inform many of the clinical model components (see Section III.E. Community Engagement Summary: Theme A: Implement Clinical Best Practices in Crisis Services);
- Key informant interviews with subject matter experts and other community partners, which helped tailor crisis care center services to local contexts and needs (see Section III.D. Implementation Plan Methodology: Crisis Care Center Methodology); and
- Site visits to 10 adult or youth behavioral health crisis facilities in Washington, California, and Arizona (see Appendix E: Site and Field Visits).

***Figure 19. Crisis Care Center Definition as Defined in King County Ordinance 19572*** [195]

| Crisis Care Center Definition |
| --- |
| "Crisis care center" means a single facility or a group of facilities that provide same-day access to multiple types of behavioral health crisis stabilization services, which may include, but are not limited to, those described in RCW 71.24.025(20), as amended.[196] A crisis care center shall endeavor to accept at least for initial screening and triage any person who seeks behavioral health crisis care.<br><br>Among the types of behavioral health crisis stabilization services that a crisis care center shall provide are:<br>• A behavioral health urgent care clinic that offers walk-in and drop-off client screening and triage 24 hours per day, seven days per week;<br>• Access to onsite assessment by a designated crisis responder;<br>• A 23-hour observation unit or similar facility and service that allows for short-term, onsite stabilization of a person experiencing a behavioral health crisis; and<br>• A crisis stabilization unit that provides short-term, onsite behavioral health treatment for up to 14 days or a similar short-term behavioral health treatment facility and service.<br><br>A crisis care center shall be staffed by a multidisciplinary team that includes peer counselors. A crisis care center may incorporate pre-existing facilities that provide crisis stabilization services so long as their services and operations are compatible with this definition. Where a crisis care center is composed of more than one facility, those facilities shall either be geographically adjacent or shall have transportation provided between them to allow persons using or seeking service to conveniently move between facilities. |

DCHS intends for crisis care centers to incorporate clinical best practices, as described throughout the clinical model below. These best practices are summarized in Appendix G: Clinical Best Practices in Behavioral Health Crisis Services and include care that is trauma-informed, recovery-oriented, person-centered, culturally and linguistically appropriate, integrated, and delivered in the least restrictive

[193] Substance Abuse and Mental Health Services Administration. (2020). National Guidelines for Behavioral Health Crisis Care - Best Practice Toolkit. [LINK]
[194] Substance Abuse and Mental Health Services Administration: National Guidelines for Child and Youth Behavioral Health Crisis Care. Publication No. PEP22-01-02-001 Rockville, MD: Substance Abuse and Mental Health Services Administration, 2022. [LINK]
[195] King County Ordinance 19572 [LINK]
[196] RCW 71.24.025. [LINK]

setting. This Plan includes support for providers to implement these best practices through Strategy 5: Capacity Building and Technical Assistance. This model reflects high quality standards of compassionate and effective care in crisis settings.[197]

**Behavioral Health Equity Highlight**

Section III.F. Behavioral Health Equity Framework: Culturally and Linguistically Appropriate Services describes how access to behavioral health care can be impeded by a lack of cultural humility amongst providers and by language barriers.[198] These challenges are described in Section III.C. Key Historical and Current Conditions: Who Experiences Behavioral Health Inequities and were also raised by community members, as described in Section III.E. Community Engagement Summary: Culturally and Linguistically Appropriate Services.

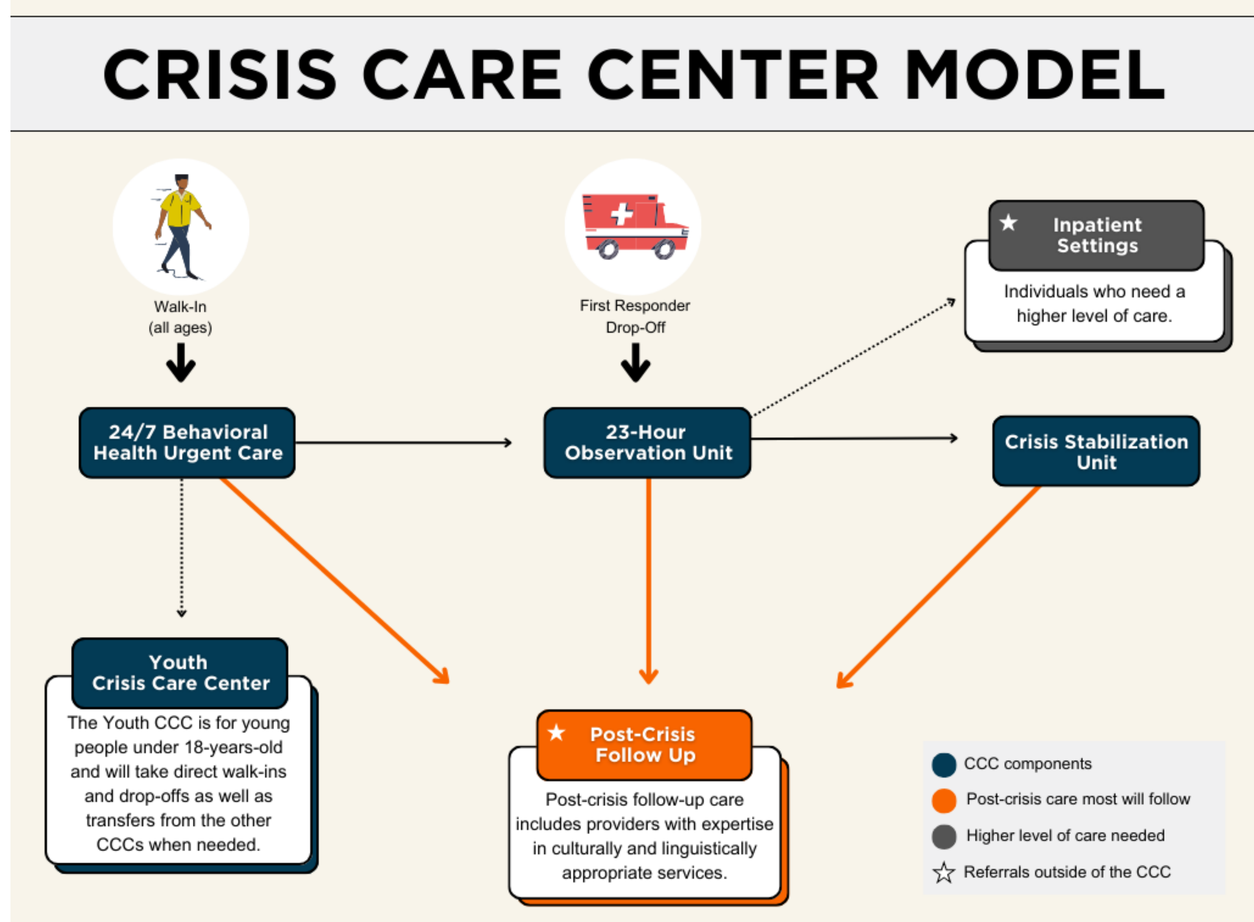
Culturally and linguistically appropriate services (CLAS) are nationally recognized as a way to improve the quality of services provided to all individuals, which will ultimately help reduce health disparities and promote health equity.[199] The CCC Levy will increase availability of these clinical best practices by investing in crisis care centers that include CLAS, including interpretation and translation services. CCC Levy funds will be used to support crisis care center operators with capacity building and technical assistance to ensure they are positioned to meet DCHS's equity goals, as described in Section V.E. Strategy 5: Capacity Building and Technical Assistance: Crisis Care Center Operator Regulatory and Quality Assurance Activities.

### *Crisis Care Center Clinical Model*

The crisis care center clinical model described in this subsection applies to the four crisis care centers that will primarily serve adults. Figure 20 depicts the model and Figure 21 describes the model in greater detail. The youth crisis care center clinical model is described in the next section. This clinical model describes how at the time of this Plan's transmittal DCHS expects crisis care centers will operate, providing a level of detail beyond what is included in King County Ordinance 19572.[200] All of the crisis care centers will offer the three clinical components (24/7 behavioral health urgent care, 23-hour observation, and crisis stabilization), which will provide different levels of care depending on each person's needs. The centers will primarily provide accessible and efficient assessment, short-term stabilization, and triage to subsequent services and supports.

[197] Group for the Advancement of Psychiatry. (2021). Roadmap to the Ideal Crisis System: Essential Elements. Measurable Standards and Best Practices for Behavioral Health Crisis Response. National Council for Mental Wellbeing. [LINK]
[198] Fountain House, From Harm to Health: Centering Racial Equity and Lived Experience in Mental Health Crisis Response, 2021. [LINK]
[199] National Culturally and Linguistically Appropriate Services (CLAS) Standards. Think Cultural Health, U.S. Department of Health & Human Services [LINK]
[200] King County Ordinance 19572 [LINK]

*Figure 20. Crisis Care Center Clinical Model*




DCHS, in partnership with community behavioral health providers, will create crisis care centers that operate according to the clinical model depicted in Figure 20 above and described in Figure 21 below.

*Figure 21. Summary of the Crisis Care Center Clinical Model*

| Crisis Care Center Clinical Model | | | | |
|---|---|---|---|---|
| | | **Clinical Model Components** | | |
| | | **24/7 Behavioral Health Urgent Care** | **23-Hour Observation Unit** | **Crisis Stabilization Unit** |
| How can a person access care? | *Specific to each component* | Walk-in (no referral needed) or referred/brought in by provider/support system; adults and children | Triaged from urgent care; first responder direct drop-off | Triaged from 23-hour observation or other settings |
| | *Across all components* | "No wrong door" access for all behavioral health needs; all welcome regardless of insurance or ability to pay; meets medically stability criteria | | |
| What services are available? | *Specific to each component* | Initial screening and triage; access to basic needs; mental health and substance use evaluation; brief interventions; medication refills | Up to 23 hours and 59 minutes (with exceptions); full-scope acute psychiatric care; crisis stabilization services; treat basic medical needs; initiate withdrawal management | Up to 14 days; group therapy; substance use counseling; withdrawal management; complex care coordination |
| | *Across all components* | Peer engagement; care that is person-centered, trauma-informed, and culturally and linguistically appropriate; medications for opioid use disorder; care coordination to health and social services, including basic housing resources; discharge planning | | |
| Where can a person go next? | *Specific to each component* | If medically unstable, to emergency room; if severe behavioral health symptoms and likely to benefit, to 23-hour observation (≥18 years) or youth crisis care center (<18 years) | If needs more time for stabilization, to crisis stabilization unit; if placed on hold by Designated Crisis Responder, transferred out to involuntary treatment setting | If longer-term supports needed, care transition to appropriate setting such as a higher level of care or a mental health or substance use residential treatment setting |
| | *Across all components* | If none of the above, most referred to post-crisis follow-up programs and, if available, existing community-based providers; transportation provided to off-site settings | | |
| What is the physical space like? | *Specific to each component* | Living room model with office space; separate section for youth | Recliner chairs; safety features; dedicated first-responder entrance; outdoor space | Beds in comfortable configuration; outdoor space |
| | *Across all components* | Safe and welcoming; comfortable furniture; balance between private and group spaces; areas for outside providers and families/caregivers | | |

### Access to Crisis Care Centers

Crisis care centers are places to go in a crisis. People will primarily access care by self-presenting to the behavioral health urgent care clinic, which may include having another person like a service provider or family member bring the person. Just like a physical health urgent care clinic, people seeking same-day behavioral health care outside the traditional outpatient clinic setting should be able to access the behavioral health urgent care clinic as a "front door" to services.

Crisis care centers will also receive drop-offs by first responders, which include, but are not limited to, mobile crisis teams, co-responder teams, emergency medical services, and law enforcement. First responder drop-offs will be made directly into the 23-hour observation unit through a dedicated first responder entrance. These drop-offs are expected be completed in an efficient manner so that first responders can return to their duties as quickly as possible.

Youth under age 18, including those who are unaccompanied by parents or caregivers as permitted by state law, will be able to seek behavioral health urgent care services in any of the crisis care centers, though the youth crisis care center detailed in the next subsection will be tailored best to their needs (see Clinical Model for Youth Crisis Care Center). Crisis care centers will follow the "no wrong door" approach, meaning individuals will be able to receive at least an initial screening and triage for all clinical needs.[201] Examples of "no wrong door" may include an individual facing their first crisis episode, someone without regular access to behavioral health care, or an established client seeking services outside their outpatient clinic's standard hours. Services will be available regardless of ability to pay and without an appointment.[202] DCHS will work with crisis care center operators and other crisis system partners to determine criteria and protocols to manage new admissions when a center is at full capacity.

**Behavioral Health Equity Highlight**

Section III.F. Behavioral Health Equity Framework: Equitable Access to Behavioral Health Crisis Care describes how populations experiencing behavioral health inequities (see Section III.C. Key Historical and Current Conditions: Who Experiences Behavioral Health Inequities) have limited access to behavioral health care, particularly because of high costs and lack of insurance.[203] By increasing access to specialty behavioral health care as an alternative to emergency departments and jails, and by accepting all people regardless of insurance status or ability to pay, King County intends for crisis care centers to be structural solutions that can address these inequities at the root cause.

### Initial Screening and Triage

People coming to a crisis care center will receive an initial screening for mental health and substance use service needs, social service needs, and medical stability. Peer specialists will engage with each person, if appropriate, to help them feel welcome and safe. Based on feedback from community partners (see Section III.E. Community Engagement Summary: Theme A: Implement Clinical Best Practices in Crisis Services), all team members engaging with people experiencing a behavioral health crisis will be trained

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[201] Substance Abuse and Mental Health Services Administration. (2020). National Guidelines for Behavioral Health Crisis Care - Best Practice Toolkit. [LINK]
[202] King County Ordinance 19572 [LINK]
[203] Walker ER, Cummings JR, Hockenberry JM, Druss BG. Insurance status, use of mental health services, and unmet need for mental health care in the United States. Psychiatr Serv. 2015 Jun;66(6):578-84. [LINK]

and supervised to use trauma-informed, recovery-oriented, and culturally and linguistically appropriate approaches (see Appendix G: Clinical Best Practices in Behavioral Health Crisis Services).

The goal of the initial screening is for the clinical team to work with the person in crisis to make shared decisions about what services and supports they may need. People who come to a crisis care center may be triaged to a more appropriate setting when they do not meet criteria for medical stability or do not have an active mental health or substance use need, which DCHS will define with input from community partners including first responders.[204] People who decline services will be treated respectfully so their experience increases their likelihood of accepting services in the future.

### Services Available at Crisis Care Centers

Some services will be available throughout a crisis care center, while others will be specific to certain components identified in Figure 21. Regardless of how someone enters a crisis care center or which component they are in, crisis care center operators may first address each person's basic needs by providing resources such as food and water, clean clothes, and a safe place to rest. Peer specialists will work across the components to engage and support people to take steps towards their recovery goals and access the services they need. Whenever possible, DCHS expects the crisis care center operator to collaborate with outside service providers to promote continuity of care and observe clinical best practices.

Psychiatric providers will be available 24/7 to provide services that include, but are not limited to, medication refills, administration of long-acting injectable medications, and initiation of medications for psychiatric symptoms, opioid use disorder and substance use withdrawal.[205] Social service providers will be available to help access benefits and existing housing resources (see more on Housing Stability Resources later in this subsection). Supports for people with co-occurring behavioral health needs and intellectual and developmental disabilities will also be available at the centers.

Crisis stabilization services will be offered only in the 23-hour observation units (up to 23 hours and 59 minutes, with possible exceptions depending on Washington State Department of Health regulations) and crisis stabilization units.[206] Services and methodologies in these components will include, but are not limited to, maintaining a safe and healing environment, using de-escalation techniques, creating safety plans and crisis plans, and providing evidence-based therapies and substance use counseling. DCHS expects that the 23-hour observation unit to be equivalent to a psychiatric emergency service in its ability to serve the full scope of mental health and substance use crises that people will present with at the facilities. This component will also have the most staff working at any given time compared to the other components, including staff to implement a significant focus on maintaining a safe and healing environment. In contrast, DCHS expects the crisis stabilization unit to be a lower level of care, with a focus on problem solving around complex health and social service needs and engaging in short-term

[204] First responders include, but are not limited to, mobile crisis teams, co-responder teams, emergency medical services, and law enforcement.
[205] Psychiatric providers include but are not limited to psychiatrists, psychiatric nurse practitioners, and psychiatric physician assistants.
[206] Washington State Department of Health Proposal Statement of Inquiry CR-101 regarding WSR 23-13-017, to implement 2SSB 5120 (2023). [LINK]

counseling within a maximum stay of 14 days. Stabilization beds may be dual licensed to also provide medically monitored withdrawal management services.[207]

In addition to services, the physical space of a crisis care center affects its function.[208] Though the Site and Facility Requirements later in Strategy 1 address the detailed regulatory requirements for these facilities, this subsection briefly describes the clinical importance of the physical space based on the community feedback described in Section III.E: Community Engagement Summary: Welcoming and Safe.

DCHS envisions that the crisis care centers will have design features that include, but are not limited to:

- a space that is both open and has flexible rooms to protect privacy when needed;
- comfortable, private, and calming spaces;
- a designated "swing" space to safely separate youth and other vulnerable populations;
- spaces to accommodate outside service providers as well as family and caregivers;
- sound suppression features to prevent echoes and minimize over-stimulation for people living with intellectual or developmental disabilities;
- a dedicated entrance for first responders for discrete and efficient drop-offs, and
- accessible outdoor space.

DCHS will provide technical assistance and oversight of crisis care center operators to design facilities that support the clinical model described above.

### Triage to the Next Level of Care

DCHS anticipates that most people who come in through the urgent care clinic will have their needs addressed in that setting with potential follow-up care (see Post-Crisis Stabilization Activities), based on similar care models.[209] DCHS will establish triage criteria, with input from crisis care center operators and other community partners, for entry to the 23-hour crisis observation or crisis stabilization units, which will be consistent for adult centers and tailored for children (see Clinical Model for Youth Crisis Care Center). The criteria will include with factors that may assess risk of suicide or violence, behavioral distress, withdrawal from substances, and likelihood of benefitting from a higher level of care. Anyone under age 18 who needs a higher level of care may be transferred to the youth crisis care center, as capacity allows. If someone needs longer-term services, the crisis care center team may initiate a referral to an appropriate care setting, such as a mental health or substance use residential treatment setting.

It is a priority of King County for behavioral health crisis care to be delivered in the least restrictive way.[210] This means that the person receiving services remains in control of their own care as much as

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[207] Washington State Health Care Authority - Adult Withdrawal Management Services [LINK]

[208] Based on crisis center clinical leadership's report during a DCHS staff site visit to crisis facilities listed in Appendix E: Site and Field Visits

[209] Based on crisis center clinical leadership's report during a DCHS staff site visit to a crisis facility in Phoenix, AZ.

[210] Least restrictive care refers to care provided in settings that least interfere with a person's civil rights and freedom to participate in society. The practice of care in least restrictive settings supports the key values of self-determination in behavioral health care: that people should be able to disagree with clinician recommendations for care; that people should be informed participants in defining their care plan; and that state laws and agency policies are applied only as a last resort for people who are unable to act in their own self-interests. Detoxification

possible. Community members provided clear support for this approach, as described in Section III.E. Community Engagement Summary: Least Restrictive Care.

Only when a significant concern exists that a person meets statutory criteria for involuntary treatment and the person declines treatment despite every effort to engage them in care voluntarily, DCHS anticipates that the crisis care center clinical staff will request an evaluation for potential involuntary treatment by a designated crisis responder (DCR), as required by the Involuntary Treatment Act.[211] A DCR would come as quickly as possible to conduct an evaluation onsite at a crisis care center, as required by King County Ordinance 19572.[212,213] Section V.G. Strategy 7: Crisis Care Centers Levy Administration: Designated Crisis Responder Accessibility provides resources to help expedite designated crisis responder response times.

If a DCR determines that someone requires involuntary treatment in accordance with the Involuntary Treatment Act, then the crisis care center may continue to provide services up until transfer to the most appropriate alternative setting, such as a psychiatric hospital or evaluation and treatment (E&T) bed.[214] DCHS will work with crisis care center operators to develop policies and procedures that minimize the use of involuntary interventions while remaining compliant with Washington State law. DCHS will require crisis care center operators to monitor and report on the use of involuntary interventions, including assessing for potential disparities by race and other demographics. Crisis care center operators will also be required to use widely recognized national best practices such as the Six Core Strategies to Reduce Seclusion and Restraint Use, which promotes alternative interventions such as prevention of escalation, trauma-informed and person-centered approaches, and de-escalation techniques like affording the person ample space and time.[215]

DCHS expects that, when someone is ready for discharge from a crisis care center, crisis care center team members will work with each person to determine appropriate transitions to engage with community-based health and social service resources. Resources include, but are not limited to, reconnecting people with their existing providers, initiating new outpatient referrals, providing prescription refills and medications for opioid use disorder, and linking people to post-crisis follow-up care. (See more on Post-Crisis Stabilization Activities later in this subsection.) To provide the clinical best practice of integrating behavioral health with physical health care, as described in Appendix G: Clinical

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and Substance Abuse Treatment. Rockville (MD): Substance Abuse and Mental Health Services Administration (US); 2006. (Treatment Improvement Protocol (TIP) Series, No. 45.) 2 Settings, Levels of Care, and Patient Placement. [LINK]

[211] The Involuntary Treatment Act (ITA) law for adults is RCW 71.05. [LINK] For youth 13 through 17 years of age the ITA law is RCW 71.34. [LINK]

[212] King County Ordinance 19572 [LINK]

[213] King County Crisis and Commitment Services offers evaluation of people with behavioral health disorders for involuntary detention in psychiatric and secure withdrawal facilities according to Washington law. The law for adults is RCW 71.05. For youth 13 through 17 years of age the law is RCW 71.34. Crisis and Commitment staff who perform these duties are referred to as Designated Crisis Responders (DCRs) They are mental health professionals who are specially trained to conduct a holistic investigation of risk and to treat the person in need with dignity and respect during their time of Crisis. Crisis and Commitment Services are available 24 hours a day, 365 days a year [LINK]

[214] RCW 71.05. [LINK]

[215] National Association of State Mental Health Program Directors (2008). Six Core Strategies to Reduce Seclusion and Restraint Use. [LINK]

Best Practices in Behavioral Health Crisis Services, crisis care center operators may partner with primary care providers, including federally qualified health centers (FQHCs) or similar programs, to facilitate referrals to primary care and access to low-cost medications.[216]

### *Clinical Model for Youth Crisis Care Center*

The youth crisis care center will be a specialized clinical setting designed to serve young people, as well as their families and caregivers, in coordination with other youth behavioral health services available in King County. This youth clinical model describes how at the time of this Plan's transmittal DCHS expects crisis care centers will operate, providing a level of detail beyond what is included in King County Ordinance 19572.[217]

The County intends for the youth crisis care center to be like the other four centers in most ways, including its components, approach to screening and triage, available services, and physical environment. However, youth crisis care centers will be a specialized child and adolescent behavioral health setting. At a minimum, the youth crisis care center will:

- Offer services to and collaborate with the youth in crisis as well as their families and caregivers.
- Employ team members specially trained in youth behavioral health services and co-occurring intellectual and developmental disabilities.
- Employ peer specialists that include both young people and parent advocates with lived experience of navigating youth behavioral health services.
- Accommodate the unique needs of younger children and adolescents, such as the use of age-specific stabilization units (for example, separate units for children 12 and under and for youth ages 13 to 17), rather than distinct 23-hour observation and crisis stabilization units as in the adult centers.[218]
- Accept transfers when a young person seen at one of the other crisis care centers is determined to meet criteria for facility-based care for reasons such as having a high risk of suicide, violence, or behavioral distress.
- Coordinate with the young person's existing support systems such as school wellness centers, child protective services, foster care, and juvenile justice systems.
- Include spaces for youth service providers, family and caregivers to facilitate coordination and engagement in care.
- Provide youth in need of community-based services with specialized short-term post-crisis wraparound services as the youth is transitioning to ongoing care.

## Crisis Care Center Operational Activities

Allowable activities under Strategy 1 include crisis care center operating and service costs. Allowable crisis care center operating activities are described below in Figure 22.

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[216] Health centers are community-based and patient-directed organizations that provide affordable, accessible, high-quality primary health care services to individuals and families. Health centers integrate access to pharmacy, mental health, substance use disorder, and oral health services in areas where economic, geographic, or cultural barriers limit access to affordable health care. Federally Qualified Health Centers and look alike health centers are eligible for increased reimbursement for services provided to Medicare and Medicaid beneficiaries. Health Resources and Services Administration (HRSA) - What is a Health Center? [LINK]

[217] King County Ordinance 19572 [LINK].

[218] These age-specific units may each be licensed to provide both 23-hour crisis observation or its equivalent as well as short-term onsite crisis stabilization for up to 14 days.

Crisis care centers will be funded to operate 24/7. DCHS anticipates that many of the services provided at crisis care centers will be covered by health insurance as described in Section VI.E. Health Insurance Assumptions. CCC Levy proceeds will pay for crisis care center operating and service costs that are not covered by health insurance or other sources, including the costs of services for people who are uninsured. Crisis care centers will welcome and serve people regardless of their insurance or immigration status and will also serve persons for whom confidentiality is important to their safety or willingness to seek care.[219] Crisis care center operators will be eligible for workforce investments as described in Section V.C. Strategy 3: Strengthen the Community Behavioral Health Workforce.

**Behavioral Health Equity Highlight**

Immigrants and refugees are at higher risk of both experiencing mental health conditions and lacking access to behavioral health care, as discussed in Section III.C. Key Historical and Current Conditions: Who Experiences Behavioral Health Inequities.[220,221] Because the CCC Levy is a County initiative, levy resources can be used to pay for crisis care center services for people who are uninsured, regardless of immigration or citizenship status. This promotes a "no wrong door" approach by ensuring the cost of care or lack of insurance is not a barrier to accessing crisis care when a person needs it. These investments are in support of Section III.F. Behavioral Health Equity Framework: Equitable Access to Behavioral Health Crisis Care.

[219] Examples of people for whom confidentiality may be important to their safety or willingness to seek care include, but are not limited to, survivors of gender-based violence, undocumented immigrants, and young adults who are covered by their parents' health insurance but do not want to use it to protect their confidentiality.
[220] Markova V, Sandal GM, Pallesen S. Immigration, acculturation, and preferred help-seeking sources for depression: comparison of five ethnic groups. BMC Health Serv Res. 2020 Jul 11;20(1):648. [LINK]
[221] Jing F, Li Z, Qiao S, Ning H, Zhou S, Li X. Association between immigrant concentration and mental health service utilization in the United States over time: A geospatial big data analysis. Health Place. 2023 Sep;83:103055. [LINK]

*Figure 22. Allowable Crisis Care Center Operations Activities*

| Allowable Crisis Care Center Operations Activities | |
|---|---|
| **Activity** | **Description** |
| Personnel Costs | Funding for staff salaries, benefits, payroll taxes, and other personnel costs that are part of staffing, operating, and maintaining a crisis care center facility and it services.[222] |
| Pharmacy Costs | Funding for pharmacy services, such as the cost of medications for people who are uninsured, including immigrants who are unable to access Medicaid because of federal rules. Also included is the cost of pharmacy equipment and other resources needed for regulatory compliance and to ensure that medications are available and can be safely stored and managed onsite at crisis care centers. |
| Language Access and other Accessibility Costs | Funding for interpretation and translation services, equipment to support these services, other costs to promote language access and provide linguistically appropriate services, and to promote universal access at crisis care centers. |
| Health Information Technology Costs | Funding to support health information technology at crisis care centers, such as electronic health record infrastructure. |
| Client Transportation Costs | Funding for transportation assistance for people who receive services at crisis care centers, such as drivers and vehicles, bus passes, taxi vouchers, and other assistance. |
| Other Operating Costs | Other costs to operate a crisis care center, such as janitorial and environmental management, maintaining a safe and healing environment, operational start-up, supplies, resources to cover the operators' indirect and administrative costs that support high-quality operations, and other eligible expenditures authorized by Ordinance 19572 that promote high quality operations. |

### Post-Crisis Stabilization Activities

In addition to crisis care center operations, CCC Levy Strategy 1 funds will support people after they have received services at a crisis care center. Community partners state that many people will likely need additional community-based behavioral health services, health care, and social services after they leave a crisis care center, to support their ongoing recovery and wellbeing. Community partners also shared during implementation planning process engagement that significant supports are needed by people exiting the centers in the period immediately following a crisis episode (see Section III.E. Community Engagement Summary: Need to Build a "Bridge to Somewhere").

[222] Strategy 3 also includes resources for competitive wages in the crisis workforce, including at crisis care centers, that are better aligned with other sectors. See Section V.C. Strategy 3: Community Behavioral Health Workforce for more information about these CCC Levy workforce investments. See Section III.C. Key Historical and Current Conditions: Behavioral Health Workforce Shortages for further discussion of historic underinvestment in behavioral health workers.

Participants in community meetings and focus groups, including people who have experienced behavioral health crises, discussed the profound benefits of having someone, especially a peer specialist, continue to offer support and help connect to community-based care (see Section III.E. Community Engagement Summary: Care Coordination and Peer Engagement). Evidence and research also identify the need for post-crisis stabilization services, as discussed in Section III.C. Key Historical and Current Conditions: Need for Post-Crisis Stabilization Services. Despite their importance, existing post-crisis follow up services in King County are inadequate to meet the need.

Strategy 1 resources will be used to fund the activities described in Figure 23 to create a post-crisis follow-up program that serves all five of the crisis care centers. These services may address three important and interrelated objectives:

1. Provide brief behavioral health interventions during the high-risk period immediately following a behavioral health crisis and discharge from a crisis care center;
2. Engage people proactively to help them connect with community-based behavioral health, health care, and social service resources that meet their needs and preferences, including culturally and linguistically appropriate services and housing services; and
3. Manage the capacity of crisis care centers by helping people connect to the intensity of services that best meets their needs, including less intensive community-based services.

***Figure 23. Allowable Crisis Care Center Post-Crisis Stabilization Activities***

| Allowable Crisis Care Center Post-Crisis Stabilization Activities | |
|---|---|
| **Activity** | **Description** |
| Post-Crisis Follow-Up Services Based at Crisis Care Centers | DCHS will fund a program staffed with clinicians and peer specialists to engage people served at crisis care centers and link them to community-based services and supports. Teams will provide outreach specially tailored for people experiencing homelessness. This activity authorizes expenditures for limited housing stability resources necessary to support post-crisis stabilization. |
| Post-Crisis Follow-Up by Providers with Expertise in Culturally and Linguistically Appropriate Services | DCHS will fund behavioral health agencies that demonstrate significant experience in providing culturally and linguistically appropriate and accessible post-crisis follow-up services for populations experiencing behavioral health inequities.[223] |

DCHS anticipates that the post-crisis stabilization resources within this strategy will be inadequate to meet the behavioral health needs of all people who access King County's crisis care centers. Complementary investments from philanthropic partners and the state or federal governments will be needed to bring the services to scale. Washington State must continue to be a primary funder of post-crisis services, including through state funding for the Behavioral Health Administrative Services Organizations (BHASOs), and enhanced Medicaid reimbursement for eligible clinical services. Section

[223] Culturally and linguistically appropriate services (CLAS) are a way to improve the quality of services provided to all individuals, including populations experiencing behavioral health inequities (see Section III.C. Key Historical and Current Conditions: Who Experiences Behavioral Health Inequities), which will ultimately help reduce health disparities and promote health equity. See Section III.F. Behavioral Health Equity Framework: Culturally and Linguistically Appropriate Services and Appendix G: Clinical Best Practices in Behavioral Health Crisis Services for additional information.

VI.D. Financial Plan Seeking and Incorporating Federal, State, and Philanthropic Resources describes how the Executive intends to seek complementary funding opportunities to augment the impact of the CCC Levy.

*Crisis Care Center Post-Crisis Follow-Up Program*

Strategy 1 will create a post-crisis follow-up program that serves people after they receive care at the five crisis care centers. During this high-risk period, post-crisis follow-up services are essential to serving as a bridge from crisis care centers to the next level of care. Services may include proactive contacts after discharge, care coordination with new and existing providers, brief interventions to address acute needs while awaiting linkage to additional services, and peer support to enhance engagement and support people to access the services they need, similar to the promising but limited Peer Bridging programs described in Section III.C. Key Historical and Current Conditions: Need for Post-Crisis Stabilization Services. Services will address both mental health and substance use needs, as well as referrals to social services, including housing resources when needed. Special considerations may be needed to tailor post-crisis follow-up services for youth and their families and caregivers. Care should continue to be trauma-informed, recovery-oriented, person-centered, culturally and linguistically appropriate, and aim to maintain people in the least restrictive level of care possible, according to the crisis care center clinical best practices reviewed the Clinical Program Overview in Appendix G: Clinical Best Practices in Behavioral Health Crisis Services.

DCHS expects that these services will be provided by a multidisciplinary care team that includes peer specialists and should be initiated in-person at a crisis care center prior to discharge before transitioning to outpatient offices, outreach in community-based settings, or virtually through telehealth visits. Because demand for post-crisis stabilization services is likely to exceed the capacity available through this strategy, DCHS may need to establish prioritization criteria in partnership with post-crisis follow-up providers. For example, post-crisis stabilization resources may be prioritized to support people who have the highest risk of not engaging in follow-up care, including populations experiencing behavioral health inequities (see Section III.C. Key Historical and Current Conditions: Who Experiences Behavioral Health Inequities).[224]

A specific focus of the post-crisis follow-up program will be to reach people who are experiencing homelessness or are at risk of homelessness, given the significant barriers to accessing behavioral health services described in Section III.C. Key Historical and Current Conditions: Unmet Behavioral Health Service Needs. Tailored approaches are often needed to meet people in the community and create lower threshold entry points for people experiencing homelessness to engage in care.[225] Therefore, the post-crisis follow-up program is expected to provide outreach-based follow-up and linkages to existing housing and social service resources. This strategy's activities may include short-term housing stability resources like hotel vouchers.

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[224]Risks of not engaging in follow-up care include suicide, violence, homelessness, hospital readmission, and criminal legal system involvement. These risks are more common among people insured by Medicaid, youth and young adults, BIPOC communities, people experiencing homelessness, and people who were not previously engaged in services, as explained in Section III.C. Key Historical and Current Conditions: Need for Post-Crisis Stabilization Services.

[225] Erickson, B. R., Ehrie, J., Murray, S., Dougherty, R. J., Wainberg, M. L., Dixon, L. B., & Goldman, M. L. (2022). A Rapid Review of "Low-Threshold" Psychiatric Medication Prescribing: Considerations for Street Medicine and Beyond. Psychiatric Services. [LINK]

*Culturally and Linguistically Appropriate Post-Crisis Follow-Up Services*

The availability of culturally and linguistically appropriate services during high-risk periods is essential, as demonstrated in community feedback, research showing disparities in behavioral health services following a crisis, and the value of culturally congruent care. (See Section III.F. Behavioral Health Equity Framework: Culturally and Linguistically Appropriate Services.) Lack of culturally congruent care reduces engagement in behavioral health care, which this strategy aims to address. (See Section III.C. Key Historical and Current Conditions: Behavioral Health Workforce Needs.)

For these reasons, providers with expertise in offering culturally and linguistically appropriate services are well positioned to offer post-crisis follow-up services. DCHS will make funding available specifically for behavioral health agencies that demonstrate significant experience in providing culturally and linguistically appropriate services to provide post-crisis follow-up services. These post-crisis services will be prioritized for people who were seen in crisis care centers. These providers may support care continuity through longer-term services when appropriate so long as capacity is maintained for new post-crisis follow-up services.

The Strategy 1 investment activities described in Figure 23 are intended to increase the capacity of culturally and linguistically specialized service providers to provide post-crisis follow-up services. These funds will be made available prior to opening of the crisis care centers so that these providers can build capacity in time to receive referrals when the crisis care centers open. These investments will increase over time as crisis care centers become operational so that organizations have additional financial resources to serve new people who are referred from crisis care centers. DCHS intends to award funding for these activities to organizations that have expertise in providing culturally and linguistically appropriate or concordant behavioral health services through a competitive procurement process. Prior to the competitive procurement process, DCHS intends to solicit additional information from providers and community partners to inform how best to identify and select providers with expertise in culturally and linguistically appropriate services.

**Behavioral Health Equity Highlight**

In the aftermath of a crisis, multiple factors frequently intersect to decrease access to care in populations experiencing behavioral health inequities (see Section III.C. Key Historical and Current Conditions: Who Experiences Behavioral Health Inequities), including:

- Cost or insurance barriers to behavioral health services;
- Lack of culturally concordant providers due to inadequate workforce representativeness;
- Unavailability of services in the person’s preferred language, and
- Insufficient cultural humility among the overall behavioral health workforce (see Section III.F. Behavioral Health Equity Framework: Representative Behavioral Health Workforce).

Strategy 1’s culturally and linguistically appropriate post-crisis follow-up services component aims to reduce these inequities by designating post-crisis follow-up services funds specifically to expand the capacity of community providers that have expertise in culturally and linguistically appropriate and congruent services.

*Housing Stability Resources*

Safe, healthy, and affordable housing is a critical resource and social determinant of health for people living with behavioral health conditions.[226, 227] Housing stability is both a protective factor against future crises and an important component of post-crisis care and recovery.[228] Homelessness and housing instability can contribute to crises and undermine the care in settings like a crisis care center.[229] (See Section III.C. Key Historical and Current Conditions: Who Experiences Behavioral Health Inequities.)

Understanding housing stability's importance, crisis care center operators and post-crisis follow-up providers will connect clients with existing housing resources whenever possible. The CCC Levy's regional network of crisis care centers and increased residential treatment capacity will also present housing providers with new resources to reinforce and complement existing housing services.

While the CCC Levy's strategies will both rely upon and reinforce the existing housing system, this Plan's strategies and allocations reflect King County's focus on robust implementation of the CCC Levy's purposes. The CCC Levy cannot both focus investments on achievement of its three purposes and be a resource to substantially reduce King County's housing shortage. The CCC Levy by itself will not meet the housing needs of all people experiencing homelessness or housing instability who access crisis care centers.[230]

DCHS will collaborate with other governments and philanthropy to increase housing resources for King County residents, including people receiving CCC Levy-funded care (See Section VI.D. Financial Plan: Seeking and Incorporating Federal, State, and Philanthropic Resources.) DCHS will also coordinate its divisions' work when possible to increase housing supports for people experiencing homelessness who receive care at crisis care centers.

In addition to the limited housing stability expenditures that this Plan authorizes, when necessary and available as part of post-crisis follow up activities, CCC Levy funds may be used for housing resources in accordance with this Plan's priorities for increasing allocations due to additional funding. (See Section VI. Financial Plan: Process to Make Substantial Adjustments to the Financial Plan). These investments may include permanent and emergency housing stability resources like hotel vouchers, rapid rehousing funds, rental assistance, housing vouchers, other housing subsidies, and housing capital or housing operations costs that are otherwise eligible under King County Ordinance 19572.[231]

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[226] The World Health Organization defines social determinants of health as "the non-medical factors that influence health outcomes. They are the conditions in which people are born, grow, work, live, and age, and the wider set of forces and systems shaping the conditions of daily life. These forces and systems include economic policies and systems, development agendas, social norms, social policies and political systems," [LINK]
[227] Washington State Health Care Authority Social Determinants of Health-Housing Fact Sheet. [LINK]
[228] Kushel, M., Moore, T., et al. (2023). Toward a New Understanding: The California Statewide Study of People Experiencing Homelessness. UCSF Benioff Homelessness and Housing Initiative. [LINK]
[229] Arienti, F., Mann-McLellan, A., Martone, K., & Post, R. (2020). Effective Behavioral Health Crisis Care for Individuals Experiencing Homelessness. Alexandria, VA: National Association of State Mental Health Program Directors. [LINK]
[230] The King County Regional Homelessness Authority estimated that more than 53,000 people experienced homelessness in King County in 2022 [LINK]
[231] King County Ordinance 19572 [LINK]

### Oversight of Crisis Care Center Quality and Operations

The CCC Levy will establish an entirely new class of behavioral health facility in King County. DCHS will be responsible for ensuring that crisis care centers and related programs are functioning as described above in the Crisis Care Center Clinical Program Overview and Post-Crisis Stabilization Activities.

King County Ordinance 19572 directs this Plan to include "levy administration activities and activities that monitor and promote coordination, more effective crisis response, and quality of care within and amongst crisis care centers, other behavioral health crisis response services in King County, and first responders."[232] These activities of the CCC Levy are aligned with the "accountable entity" concept defined by the National Council for Mental Wellbeing's *Roadmap to the Ideal Crisis System* report as "a structure that holds the behavioral health crisis system accountable to the community for meeting performance standards and the needs of the population."[233] The CCC Levy provides a unique opportunity for DCHS to assume this critical oversight role within the scope of the crisis care centers and other related programs funded by the CCC Levy.

This subsection describes how DCHS will support crisis care center operators to engage with first responders and other behavioral health crisis service providers to coordinate policies and procedures, improve quality of services, and collect and report high quality data, as directed by Ordinance 19572.[234]

Funding for DCHS to conduct this oversight is described in Section V.G. Strategy 7: Crisis Care Centers Levy Administration. Additional related CCC Levy investments include:

- Crisis care center personnel costs, Health Information Technology, and other operating costs described in Crisis Care Center Operations Activities;
- Support for crisis care centers to implement continuous quality improvement practices, as described in Section V.E. Strategy 5: Capacity Building and Technical Assistance: Crisis Care Center Operator Regulatory and Quality Assurance Activities;
- Resources for DCHS to engage community members in quality improvement processes, as described in Section V.G. Strategy 7: Crisis Care Centers Levy Administration: Community Engagement;
- Resources for DCHS to contract with community-based organizations and behavioral health providers to inform quality improvement related to improving equity, as described in Section V.G. Strategy 7: Crisis Care Centers Levy Administration: Expertise to Support Oversight of Behavioral Health Equity; and
- Investments to enhance DCHS data systems and information technology needed to monitor and promote coordination across crisis care centers, as described in Section V.G. Strategy 7: Crisis Care Centers Levy Administration: Develop Data Systems Infrastructure and Technology.

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[232] King County Ordinance 19572 [LINK]

[233] Group for the Advancement of Psychiatry. (2021). Roadmap to the Ideal Crisis System: Essential Elements. Measurable Standards and Best Practices for Behavioral Health Crisis Response. National Council for Mental Wellbeing [LINK]

[234] First responders include, but are not limited to, mobile crisis teams, co-responder teams, emergency medical services, and law enforcement.

*Coordination Between Crisis Care Centers and Crisis System Partners*

DCHS expects crisis care center operators to coordinate with regional partners including, but not limited to, community-based organizations, behavioral health providers, hospital systems, first responders, behavioral health co-responders, and the regional behavioral health crisis system coordinated by the King County BH-ASO. DCHS will support operators to coordinate effectively. DCHS will collaborate with first responders and other crisis system partners to develop policies and procedures for referrals from outside facilities like hospitals and emergency departments, first responder drop-offs and medical stability criteria at crisis care centers. DCHS anticipates developing protocols in collaboration with crisis care center operators for when transfers between the centers are needed due to scenarios such as reaching maximum occupancy or needing to transfer a child or adolescent to the youth crisis care center. DCHS plans to further engage crisis care centers along with other crisis providers and first responder agencies, such as crisis call lines, mobile crisis teams, co-responder programs, emergency medical services, and law enforcement agencies, to develop protocols, workflows, clinical convenings about shared treatment plans, and other coordination activities.

*Outreach to Increase Awareness*

In addition to working with regional partners within crisis systems, DCHS expects and will support crisis care center operators to promote awareness and outreach about crisis care center services to populations experiencing behavioral health inequities (see Section III.C. Key Historical and Current Conditions: Who Experiences Behavioral Health Inequities) to be responsive to community feedback described in Section III.E. Community Engagement Summary: Community Outreach Among Populations Experiencing Behavioral Health Inequities.

*Continuous Quality Improvement and Quality Assurance*

For a crisis system to function well, it must grow, evolve, and continuously improve by building on what works well and strengthening what does not work well.[235] Continuous quality improvement is the process by which performance metrics, outcomes data, individual experiences, and other relevant information are regularly reviewed and analyzed to directly inform policies and procedures, with the goal of improving outcomes in an ongoing, iterative manner. [236] Quality assurance includes functions such as internal or external case review and compliance with licensing requirements.[237] Both quality improvement and assurance are essential to advancing this Plan's Behavioral Health Equity.[238] DCHS expects and will support crisis care center operators to monitor and promote quality of care and to develop continuous quality improvement practices. Contracts with crisis care center operators may include provisions that link payment to performance on quality measurements. CCC Levy funds will be used to support crisis care centers to implement continuous quality improvement practices, as described in Section V.E. Strategy 5: Capacity Building and Technical Assistance: Crisis Care Center Operator Regulatory and Quality Assurance Activities.

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[235] Group for the Advancement of Psychiatry. (2021). Roadmap to the Ideal Crisis System: Essential Elements. Measurable Standards and Best Practices for Behavioral Health Crisis Response. National Council for Mental Wellbeing [LINK]

[236] The National Learning Consortium (2013). Continuous Quality Improvement (CQI) Strategies to Optimize your Practice: Primer. [LINK]

[237] Sherman, L. J., Lynch, S. E., Greeno, C. G. and Hoeffel, E. M. Behavioral health workforce: Quality assurance practices in mental health treatment facilities. The CBHSQ Report: July 11, 2017. Center for Behavioral Health Statistics and Quality, Substance Abuse and Mental Health Services Administration, Rockville, MD. [LINK]

[238] Dzau VJ, Mate K, O'Kane M. Equity and Quality—Improving Health Care Delivery Requires Both. JAMA. 2022;327(6):519–520. [LINK]

Ensuring that people efficiently move through the clinical components of a crisis care center will be an important focus of continuous quality improvement and quality assurance activities. DCHS expects crisis care center operators to facilitate timely access to behavioral health services while also meeting a wide range of clinical and psychosocial needs as a "no wrong door" entry point for all. While it may be a sign of a successful program for crisis care centers to operate at full capacity, crisis care center operators will need to maintain available capacity for new people to be able to enter. DCHS intends to require and support crisis care center operators to report near-real-time data on wait times, length of stay, occupancy, and other measures of capacity and throughput to inform policies that can be adjusted to ensure that crisis care centers are consistently accessible.

*Collect and Report High Quality Data*

Accurate and updated clinical records are essential for outcome metrics and quality improvement activities to be accurate and meaningful. DCHS expects crisis care center operators to develop and maintain high quality data collection practices, and will support their efforts to do so. Crisis care center operators should develop certified electronic health record systems that track standardized information, automatically update and interface with care coordination and quality improvement platforms, and utilize best practices for documentation, including approaches to gathering demographic information needed to inform equity analyses.[239] Ensuring the reliability of data is necessary for the quality improvement activities described above, as well as for meaningful evaluation and reporting as described in Section VII. Evaluation and Performance Measurement and Section VIII. Crisis Care Centers Levy Annual Reporting.

**Behavioral Health Equity Highlight**

To address behavioral health inequities, it is necessary to measure disparities prior to and after implementation of interventions aimed at reducing inequities.[240] Throughout the community engagement process, community partners described the importance of accountability and oversight of the CCC Levy, as well as ongoing community engagement (see Section III.E. Community Engagement Summary: Theme G: Accountability Mechanisms and Ongoing Community Engagement). This subsection of Strategy 1 describes multiple ways that DCHS will strive to both reduce behavioral health inequities and hold itself accountable as described in Section III. F. Behavioral Health Equity Framework: Quality Improvement and Accountability, including:

- Promoting awareness of crisis care center services through outreach to populations experiencing behavioral health inequities (see Section III.C. Key Historical and Current Conditions: Who Experiences Behavioral Health Inequities);
- Using continuous quality improvement practices to track outcomes within and between demographic subpopulations to monitor impacts of interventions on inequities; and
- Training crisis care center operators on best practices for gathering demographic information needed to inform equity analyses.

[239] Goldman, M. L., & Vinson, S. Y. (2022). Centering equity in mental health crisis services. World Psychiatry, 21(2), 243–244. [LINK]
[240] Goldman, M. L., & Vinson, S. Y. (2022). Centering equity in mental health crisis services. World Psychiatry, 21(2), 243–244. [LINK]

These quality assurance and quality improvement practices are how the findings from the evaluation and performance measurement activities will be operationalized and implemented (see Section VII. Evaluation and Performance Measurement).

## Crisis Care Center Capital Facility Development

### *Crisis Care Center Capital Activities*

Strategy 1 investments will create a regional network of five crisis care centers in King County, including one center specializing in serving children and youth, to fulfil the CCC Levy's paramount purpose. King County intends to contract with operators to develop, maintain, and operate crisis care centers. Crisis care center operators will be selected through a competitive procurement process, which will begin in 2024 and is described later in this section in Crisis Care Center Procurement and Siting Process. Once selected, operators will lead crisis care center capital facility development in coordination with the County, the applicable local jurisdiction or jurisdictions, and community partners. Strategy 1 investments that will be used to support crisis care center facility capital development and maintenance activities are described in Figure 24.

***Figure 24. Allowable Crisis Care Center Capital Development and Maintenance Activities***

| Allowable Crisis Care Center Capital Development and Maintenance Activities | |
|---|---|
| **Activity** | **Description** |
| Crisis Care Center Capital Facility Development | Costs to develop and construct crisis care center facilities, such as but not limited to purchasing land, acquiring an existing facility, planning, design, building renovation or expansion, new construction, or other capital pre-development and development costs. |
| Crisis Care Center Capital Facility Maintenance | Ongoing crisis care center capital facility maintenance costs. |

Crisis care center capital facilities funded with CCC Levy proceeds will be subject to the requirements defined in this Plan, future procurement processes, and contracts. Procurements of crisis care centers under Strategy 1 are intended to result in the combined characteristics and requirements described in this section when the network of five crisis care centers are considered together.

### *Crisis Response Zone Requirements*

At least one crisis care center must be located within each of the four crisis response zones defined in King County Ordinance 19572.[241] Crisis response zone boundaries are depicted in Figure 25, and the cities and unincorporated regions of King County located within each zone are listed in Figure 26. The purpose of crisis response zones is to promote access by geographically distributing crisis care centers across King County. Crisis response zones do not restrict who can access crisis care centers. A person seeking services, or a first responder seeking to transport a person to receive services, can access a crisis care center in any zone.

[241] King County Ordinance 19572 [LINK].

*Figure 25. Crisis Response Zone Map*

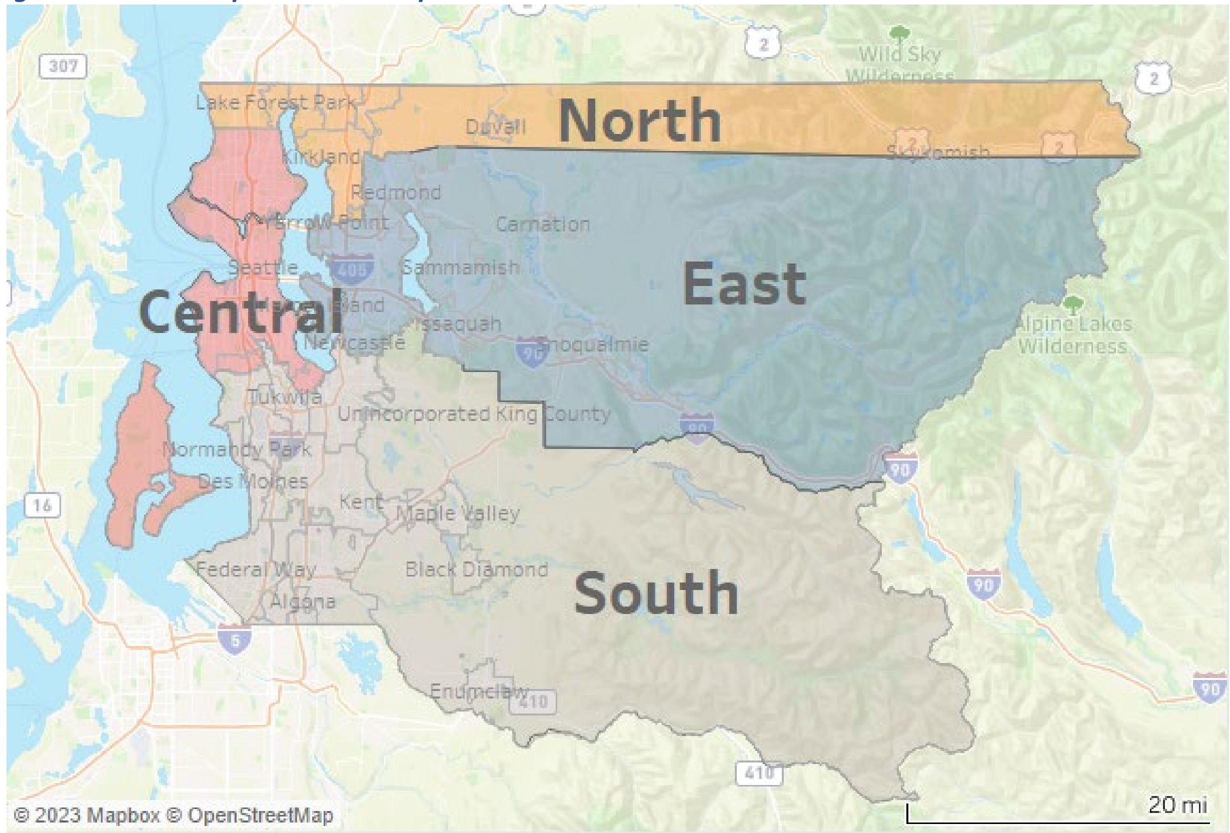

*Figure 26. Cities and Unincorporated Parts of King County Located Within Each Crisis Response Zone*[242]

| Cities and Unincorporated Parts of King County Located Within Each Crisis Response Zone | | | |
|---|---|---|---|
| **Central CRZ** | **North CRZ** | **East CRZ** | **South CRZ** |
| Seattle<br>Unincorporated areas within King County Council District 2<br>Unincorporated areas within King County Council District 8 | Bothell<br>Duvall<br>Kenmore<br>Kirkland<br>Lake Forest Park<br>Shoreline<br>Skykomish<br>Woodinville<br>Unincorporated areas within King County Council District 3 that are north or northeast of Redmond | Beaux Arts<br>Bellevue<br>Carnation<br>Clyde Hill<br>Hunts Point<br>Issaquah<br>Medina<br>Mercer Island<br>Newcastle<br>North Bend<br>Redmond<br>Sammamish<br>Snoqualmie<br>Yarrow Point<br>Unincorporated areas within King County Council District 3 that are east or southeast of Redmond<br>Unincorporated areas within King County Council District 6 | Algona<br>Auburn<br>Black Diamond<br>Burien<br>Covington<br>Des Moines<br>Enumclaw<br>Federal Way<br>Kent<br>Maple Valley<br>Milton<br>Normandy Park<br>Pacific<br>Renton<br>SeaTac<br>Tukwila<br>Unincorporated areas within King County Council District 5<br>Unincorporated areas within King County Council District 7<br>Unincorporated areas within King County Council District 9 |

*Public Interest Requirements*

Crisis care center facilities will create long term crisis service capacity in King County. Any crisis care center facility that receives CCC Levy proceeds for capital development activities must meet the public interest requirements described in Figure 27 and requirements in future procurement processes and contracts. The purpose of these requirements is to ensure facilities receiving public capital resources are dedicated as crisis care centers for the life of the building or construction investments and that their development complies with County priorities.

[242] King County Ordinance 19572 [LINK].

*Figure 27. Crisis Care Center Capital Facility Public Interest Requirements*

| Crisis Care Center Capital Facility Public Interest Requirements | |
|---|---|
| **Requirement** | **Description** |
| 1. 50 Year Minimum Use | Crisis care center capital facilities acquired or constructed with CCC Levy proceeds must remain dedicated to providing crisis care center services for a minimum of 50 years. |
| 2. Operator Cap | A single operator may operate a maximum of three crisis care center facilities funded by CCC Levy proceeds. The purpose of this requirement is to ensure the CCC Levy is not overly reliant on a single operator.[243] |
| 3. Leased Facility Restrictions | If a crisis care center operates in a leased facility, the operator must pursue ownership of the leased facility when possible. CCC Levy proceeds shall not be used to make capital improvements in leased facilities if the operator does not have an agreement to purchase the facility. The DCHS department director may authorize exceptions to this restriction if the exception is not inconsistent with the Levy's paramount purpose. The DCHS director must describe the rationale and terms of any exception to this restriction in a letter to the Chair of the King County Council to be sent within 90 days of approving the exception. |
| 4. Environmental Sustainability Standards | Crisis care center facilities should align with environmental sustainability standards for building design and operations that King County will define in contracts. These standards and requirements will be informed by King County's Strategic Climate Action Plan, Green Building Ordinance, and Equity and Social Justice strategies for capital projects.[244,245] |
| 5. Equity Impact | Crisis care centers should promote behavioral health equity. DCHS plans to include within Phase 2 of the Crisis Care Center Procurement and Siting Process described in Figure 30 a requirement for potential crisis care center operators to assess the potential equity impacts of their proposal, and DCHS intends to consider those impacts when selecting crisis care center operators. DCHS also intends to include within a crisis care center operator's ongoing contract a requirement to periodically offer opportunities for persons receiving care at the crisis care center and persons living or working in the immediate area near a crisis care center to provide feedback on the crisis care center facility's equity impacts, and then propose to DCHS how that feedback will influence the operator's future operations within or near the facility. |

### *Site and Facility Requirements*

Crisis care center sites must meet the minimum requirements described in Figure 28. Minimum requirements include sufficient size to deliver the crisis care center model's clinical components,

[243] Capping the number of crisis care center facilities a single operator may operate will help ensure the stability of King County's future network of five crisis care centers in case an operator goes out of business, opts to terminate crisis care center operations, ceases to comply with contractual or licensing requirements, is acquired by or merges with another organization, or is otherwise compromised in a way that impacts the ongoing operations of crisis care center facilities or the quality of crisis care center services.

[244] King County 2020 Strategic Climate Action Plan (SCAP) [LINK]

[245] Green Building Ordinance - King County Code Chapter 18.17 [LINK]

meaningful transportation access, accessibility and zoning requirements, and the ability to meet state behavioral health facility licensure requirements. Additional requirements may be included in future procurement processes and contracts to promote the goals and values described in this Plan.

*Figure 28. Crisis Care Center Site Requirements*

| Crisis Care Center Site Requirements | |
|---|---|
| **Requirement** | **Description** |
| 1. Sufficient Size | Crisis care center sites must have sufficient space to deliver the crisis care center model's required clinical components. Sites should be able to accommodate a facility with approximately 30,000 to 50,000 square feet of licensed clinical space within one building, multiple adjacent buildings, or buildings that are connected by transportation for people accessing services.[246] |
| 2. Meaningful Transportation Access | Crisis care center sites must be accessible to transportation. King County will prefer sites that have meaningful access to public transportation, convenient access for ambulances and first responders, proximity to major transportation arterials, and free public access for any person. |
| 3. Accessibility Requirements | Crisis care center sites and buildings must be accessible for people with disabilities and comply with the Americans with Disabilities Act.[247] DCHS will prefer facility designs that incorporate the principles of universal design, meaning they are accessible to all people to the greatest extent possible without the need for adaption or specialized design.[248] |
| 4. Zoning Requirements | Crisis care center operators must adhere to the relevant zoning and permitting laws and regulations of the jurisdiction within which a crisis care center facility is sited. |
| 5. Licensure Feasibility | Crisis care center operators must propose sites that can satisfy state licensure requirements that apply to the types of behavioral health facilities that will occupy the site. |

Crisis care center facility capital development may occur through a variety of potential scenarios, described in Figure 29, that are each eligible for CCC Levy funding under Strategy 1. These scenarios reflect the varied ways a facility could be developed while meeting all the crisis care center requirements. Crisis care center sites and facilities must be able to accommodate the crisis care center clinical model described above in Crisis Care Center Clinical Program Overview, modifications to that model that DCHS may make during the levy period, and additional requirements described in future procurement processes and contracts. This development model flexibility is allowed by King County Ordinance 19572.[249] The purpose of this flexibility is to accelerate creation of high-quality crisis care centers, further discussed in Sequence and Timing of Planned Expenditures and Activities.

[246] King County Ordinance 19572 [LINK]
[247] U.S. Department of Justice Civil Rights Division, The Americans with Disabilities Act [LINK]
[248] U.S. General Services Administration, Universal Design and Accessibility [LINK]
[249] King County Ordinance 19572 [LINK]

*Figure 29. Allowable Crisis Care Center Capital Development Scenarios*

| Allowable Crisis Care Center Capital Development Scenarios | |
|---|---|
| **Scenario** | **Description** |
| Pre-Existing Facility | Crisis care centers may incorporate a pre-existing facility or program that provides crisis stabilization services if the program's site, services, and operations are compatible with crisis care center requirements. |
| Facility Acquisition | Crisis care centers may be developed by acquiring, renovating, or expanding an existing facility. |
| New Construction | Crisis care centers may be developed through new construction. |
| Multiple Facilities | In addition to individual facilities, the required crisis care center components may be located within geographically adjacent facilities or non-contiguous facilities if transportation is provided between facilities for people seeking and receiving services. Regardless of configuration, King County will prefer development proposals that provide easy access for patients to all crisis care center services. |
| A crisis care center proposal may combine two or more of these scenarios. DCHS will accept proposals from individual organizations and multiple organizations that are interested in forming a multi-organizational partnership or consortium to develop and operate a crisis care center. | |

Facility operators may co-locate within a crisis care center ancillary facilities that complement the crisis care center service model. Examples of such facilities include, but are not limited to:

- Community health clinics;
- Outpatient behavioral health clinics;
- Sobering, metabolizing, and post-overdose recovery centers;
- Substance use treatment programs;
- Affordable housing and permanent supportive housing, and
- Other services that support the health and wellbeing of people accessing crisis care center services, their families, and their caregivers.

DCHS may prefer in procurements proposals that promote co-locations of complementary facilities or services.

### Crisis Care Center Procurement and Siting Process

This subsection describes the crisis care center procurement and capital facility siting process, summarized in Figure 30. This process applies to adult crisis care centers and the crisis care center that will specialize in serving children and youth. DCHS intends to contract with crisis care center operators selected through a competitive procurement process to develop, maintain, and operate crisis care center facilities with a preference for proposals that have received a statement of support from the local jurisdiction or jurisdictions that contain the facility or facilities.

Throughout the phases detailed in Figure 30, King County intends to support jurisdictions located within specific crisis response zones to coordinate with potential facility operators and to identify and recommend crisis care center facility sites.[250] DCHS will ensure that activities King County may

[250] In this section, "jurisdictions" means cities, tribes and other jurisdictional entities with siting authority that are physically located within King County.

undertake to facilitate a potential crisis care center proposal do not inappropriately factor into consideration of crisis care center procurement.

*Figure 30. Summary of Crisis Care Center Procurement and Siting Process*

| Summary of Crisis Care Center Procurement and Siting Process | |
|---|---|
| **Siting Phase** | **Description** |
| Phase 1: Pre-Procurement | This is the period before DCHS procures crisis care center operators. Jurisdictions and potential crisis care center operators may form siting partnerships prior to the procurement process. DCHS provides technical support to potential host jurisdictions and facility operators to advance interjurisdictional alignment and partnerships between potential facility operators and jurisdictions. |
| Phase 2: Procurement | DCHS selects crisis care center operators through a competitive procurement process. DCHS will prefer operators that can demonstrate support from jurisdictions located within the crisis response zone where the crisis care center is proposed, with a focus on the host jurisdiction. |
| Phase 3: Siting | The period from DCHS initiating contracts with a crisis care center operator to develop a facility and when a crisis care center facility opens. DCHS will support selected operators and host jurisdictions with community engagement and communications as described in Section V.E. Strategy 5: Capacity Building and Technical Assistance: Local Jurisdiction Capital Facility Siting Support Activities. |
| DCHS may be in different phases for each Crisis Response Zone and/or the youth-focused crisis care center at the same time, depending on how rapidly development of each crisis care center progresses. | |

DCHS will prefer crisis care center procurement proposals that demonstrate support from a jurisdiction located within the crisis response zone where the facility is proposed. Jurisdictions can demonstrate support for a proposed site by providing a written statement as part of the procurement process that includes, but is not limited to, the following criteria:

- Support for a crisis care center to be developed and operated by the proposed operator.
- Support for the proposed crisis care center facility site and confirmation that the site meets or is likely to meet the jurisdiction's zoning and other relevant local development requirements.[251]
- If a specific site is not yet identified, willingness to support the proposed operator in identifying a site that complies with the jurisdiction's zoning and other local development requirements.
- Commitment to supporting the proposed operator in engaging community members regarding the siting, development, and ongoing operations of a crisis care center facility.

DCHS will support the crisis care center facility siting process through CCC Levy funding as described in Section V.E. Strategy 5: Capacity Building and Technical Assistance. DCHS will also support the siting process by providing technical advice to jurisdictions and facility operators, supporting interjurisdictional

[251] Nothing in this requirement shall be interpreted to require a jurisdiction to inappropriately preempt, influence, interfere with, or pre-judge a ministerial or administrative determination.

partnerships, supporting partnerships between facility operators and jurisdictions, supporting community engagement, and creating and deploying communication content.

**Siting a crisis care center will be a complex process involving review and approval by at least three separate units of government** that only begins with Phases 1 and 2 in Figure 30. Once the King County-administered procurement is complete, Figure 30's Phase 3 requires an operator to complete at least two additional steps:

- *Local Jurisdiction Zoning and Permitting:* First, an operator must satisfy land use, zoning, and permitting requirements of the host jurisdiction or jurisdictions. Each local jurisdiction defines its own land use, zoning, and permitting requirements and processes in accordance with state law. Historically, land use, zoning, and permitting decisions have often taken years, especially in conjunction with new construction or substantial capital rehabilitation for which some permits require a building or system to be built and then inspected while other types of permits must be acquired before or during construction.
- *State-Level Facility and/or Operator Licensing:* Second, an operator must satisfy state-level Department of Health licensing requirements before a facility or its operator can begin providing certain types of behavioral health care that are required in the crisis care center clinical program. Other state-level licenses may also be necessary. It is common for Department of Health licensing requirements to take months, and they could take a year or more in some circumstances.

This Plan recognizes the necessity of:

- County-level procurement and contracting;
- City or other local jurisdiction-level land use, zoning, and permitting; and
- State-level licensing and their attendant requirements for public notice and potential review.

**While recognizing the importance of these processes for effective facilities and operations, this Plan also acknowledges that in combination they have the potential to last for multiple years and constitute a substantial risk to the crisis care center capital development timelines that this Plan describes.**

### Alternative Siting Process

King County Ordinance 19572 requires a network of five crisis care centers by the end of 2032.[252] Strong partnership between King County and cities or other local jurisdictions will produce the most rapid and effective accomplishment of this voter approved requirement. King County intends for jurisdictions located within crisis response zones to coordinate with potential facility operators to identify and recommend crisis care center facility sites that meet the requirements defined in King County Ordinance 19572, this Plan, and future crisis care center procurement processes.[81]

If, by December 31, 2026, King County does not yet have for any crisis response zone a viable proposal with local jurisdiction support for an adult-focused crisis care center that meets the requirements defined in King County Ordinance 19572, this Plan, and future procurement processes, King County reserves all available rights, authorities, means, and abilities to proactively site and open an adult focused crisis care center within that crisis response zone.[82]

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[252] King County Ordinance 19572 [LINK].

If, by December 31, 2026, King County does not yet have a viable proposal that has host jurisdiction support for a youth-focused crisis care center that meets the requirements defined in King County Ordinance 19572, this Plan, and future procurement processes, King County reserves all available rights, authorities, means, and abilities to proactively site and open a youth focused crisis care center within King County.

The purpose of this alternative siting process is to prefer local jurisdiction supported crisis care center siting early in the CCC Levy period while ensuring that King County can fulfill the requirements of King County Ordinance 19572 as it was approved by a majority of King County voters in the April 2023 Special Election.[83]

The Executive may only commence an alternative siting process authorized in this subsection after transmitting a notification letter to the King County Council describing the decision, issued no earlier than January 1, 2027. The Executive will electronically file the letter with the clerk of the Council, who will retain an electronic copy and provide an electronic copy to all councilmembers and all members of the Regional Policy Committee or its successor.

## Sequence and Timing of Planned Expenditures and Activities

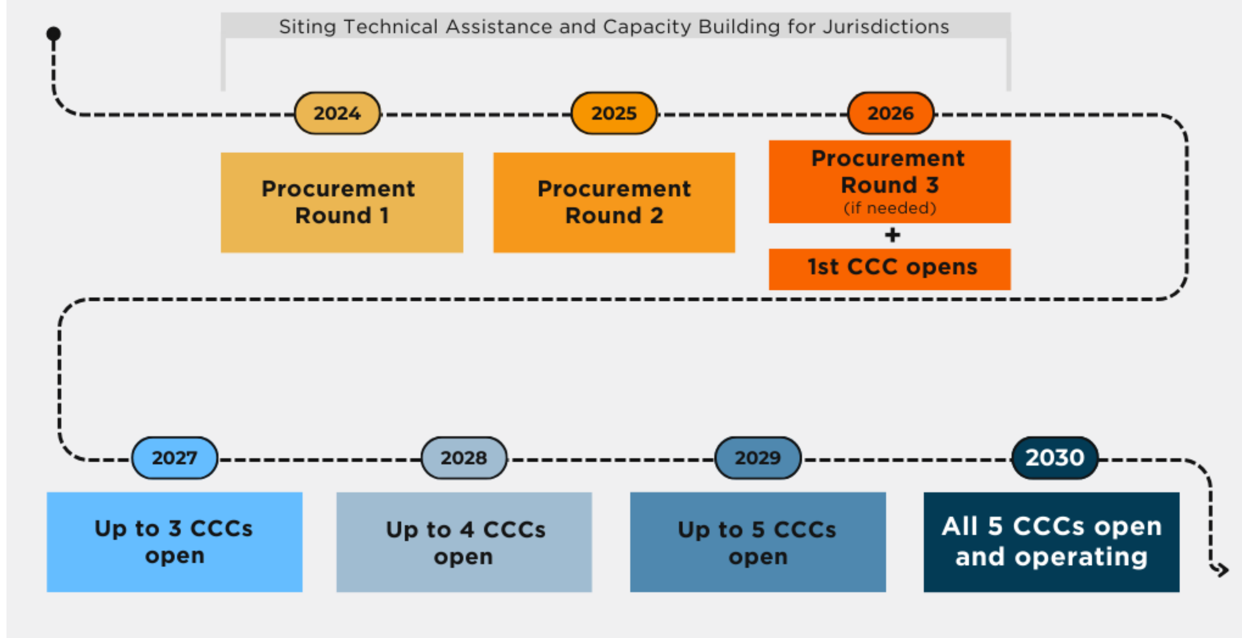
The process of developing and opening a crisis care center includes multiple parties and steps that have variable timelines. Before being able to open, any crisis care center would at least have had to satisfy a County-administered procurement and contracting process; a city or other local-jurisdiction defined land use, zoning, and/or permitting process; and a state department-defined licensing process. These necessary processes, administered by at least three separate levels of government, introduce substantial potential variability to the capital development timeline for a crisis care center.

This subsection describes the sequence and timing of expenditures and activities related to developing crisis care centers. It also describes when timelines may vary and how DCHS intends to work to mitigate these variables.

### *Crisis Care Centers Implementation Timeline*

DCHS intends to prioritize opening five crisis care centers as quickly as possible to meet the urgent needs of people experiencing behavioral health crises. DCHS plans to select crisis care center operators through an annual competitive procurement process starting in 2024, as depicted in Figure 31. The first procurement round in 2024 will prefer crisis care center proposals that can be developed and begin serving people rapidly. The 2024 round may include a single review deadline, multiple review deadlines, or a rolling review of applications, with the ability to make awards at different times within the round. The 2024 round will award contracts for a maximum of three centers. The purpose of this cap is twofold. First, it provides additional planning time for organizations that are interested in submitting a procurement proposal in 2025. The second purpose is to manage the timeline of expenditures against when CCC Levy proceeds are available. The 2025 procurement round will not have a cap on the number of awards, and a 2026 procurement round will only be held if operators for all five crisis care centers have not yet been selected.

***Figure 31. Planned Crisis Care Center Development Timeline***




CCC Levy funding to support crisis care centers' capital facility development and operating costs are planned to begin in 2025 and increase over time as crisis care centers are developed and become operational. Figure 31 depicts the estimated opening timeline for the five crisis care centers that will be funded with proceeds from the CCC Levy and described in this Plan. Strategy 1 funding levels as described above in Crisis Care Center Operations Activities support this timeline.

### *Managing Development Timeline Variability*

The crisis care center development timeline for individual facilities will likely differ due to the variability in capital facility development approaches depicted in Figure 29, and potential external factors that could impact the development timeline for a crisis care center during its siting, design, construction, or facility activation phases. Examples of such factors are summarized in Figure 32 and depicted in Figure 33. This Plan identifies the factors and variety of responsible parties within Figure 32 to enable shared understanding between the King County Executive, King County Council, Regional Policy Committee, and King County residents about the importance of alignment to rapidly open crisis care centers, and about the substantial delays that are possible if various responsible parties are misaligned on the development of a crisis care center.

***Figure 32. Examples of Potential Factors that Could Impact Crisis Care Centers' Development Timeline***

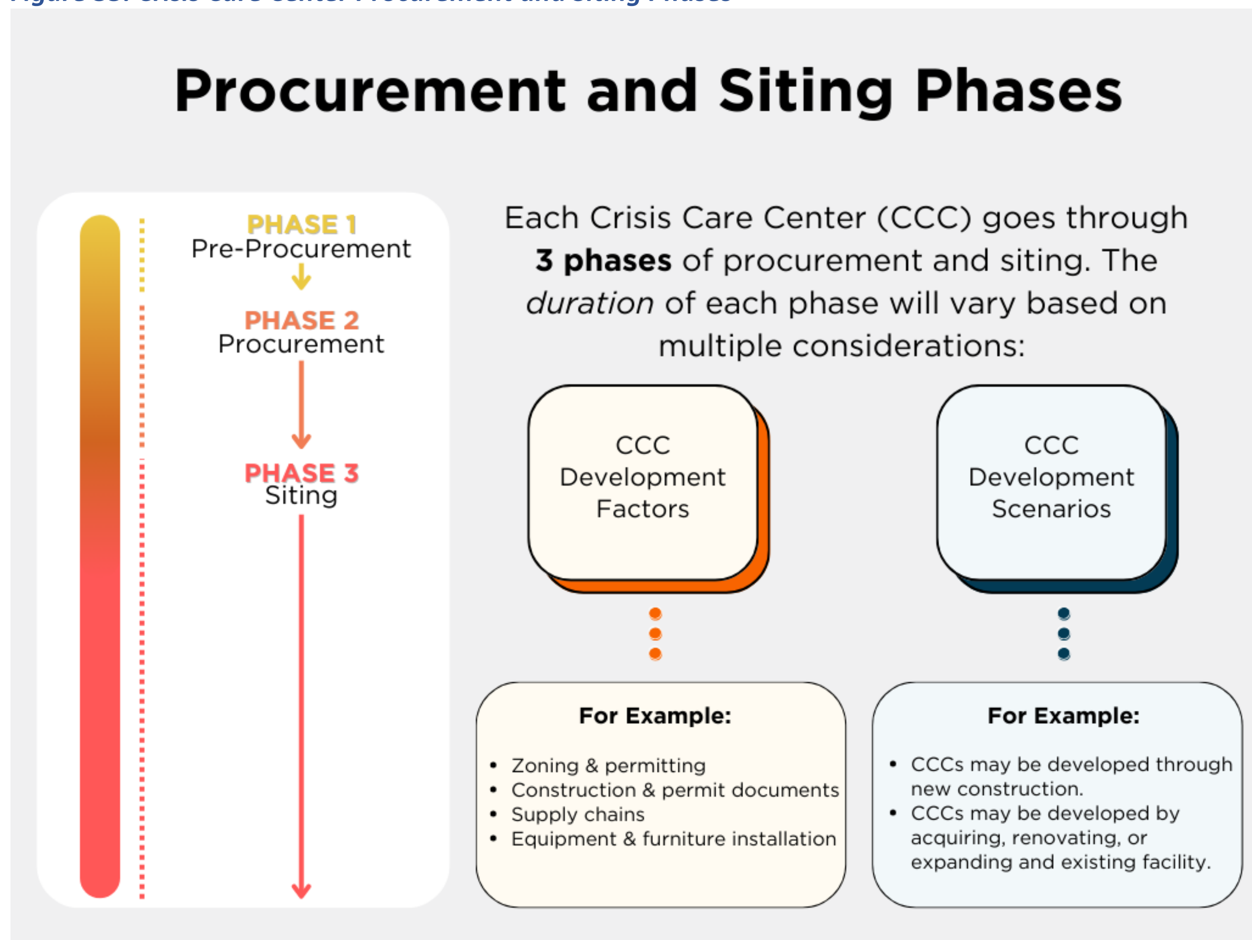
| Examples of Potential Factors that Could Impact Crisis Care Centers' Development Timeline | | |
|---|---|---|
| **Development Phase** | **Potential Factors Impacting Timeline** | **Responsible Parties** |
| Siting | • Site identification and feasibility analysis<br>• Community engagement<br>• Environmental impact review<br>• Zoning and permitting | • Crisis care center operator<br>• Local jurisdictions<br>• DCHS supports community engagement |
| Design | • Programming and clinical processes<br>• Schematic design and design development<br>• WA Department of Health licensing review<br>• Construction and permit documents<br>• Design review process | • Design team<br>• Crisis care center operator<br>• Local jurisdictions<br>• King County<br>• WA Department of Health |
| Construction | • Supply chains<br>• Macroeconomic conditions<br>• Certificate of occupancy inspections<br>• Labor availability | • Vendors and contractors<br>• Crisis care center operator<br>• Local jurisdictions |
| Facility Activation | • Equipment and furniture installation<br>• IT installation and stocking supplies<br>• Facility licensing<br>• Labor supply<br>• Staff onboarding and training | • Crisis care center operator<br>• Local jurisdictions<br>• WA Department of Health<br>• Other licensing entities |

DCHS will work to mitigate potential timeline delays by:

- Accelerating the development steps managed by DCHS, including expediting the release of the crisis care centers procurement in 2024 after this Plan is adopted.
- Striving to provide clear and transparent communication about CCC Levy implementation to support coordination and planning among parties involved in the development process;
- Providing siting support to jurisdictions and crisis care center operators as described in Section V.E. Strategy 5: Capacity Building and Technical Assistance: Local Jurisdiction Capital Facility Siting Support Activities;
- Allowing existing facilities or facilities under development that are already sited and require minimal construction to be eligible to respond to crisis care center procurements, and,
- Reviewing facility development plans during the crisis care centers procurement and giving preference to proposals that can be developed and operated more rapidly while still meeting crisis care center requirements defined in this Plan and future procurements and contracts.

To ensure that five crisis care centers open by 2032, DCHS may choose to redistribute capital development funds, alter the siting location, and release additional procurements if DCHS determines that the development and opening timeline proposed by the selected crisis care center operator is no longer viable. Before exercising this option, DCHS will work closely with the selected operator and host jurisdiction to explore other paths to expedite the crisis care center development and opening.

*Figure 33. Crisis Care Center Procurement and Siting Phases*




## B. Strategy 2: Restore, Expand, and Sustain Residential Treatment Capacity

### Overview

The CCC Levy's Strategy 2 resources will restore, expand, and sustain residential treatment capacity.[253] Sustaining residential treatment capacity means investing in existing residential treatment capital facilities to help prevent further facility closures. King County has lost one-third of its mental health residential treatment capacity since 2018.[254] This loss of capacity has increased residential treatment wait times, made it more challenging for people to be discharged from higher-intensity levels of care, and has impacted the capacity of other behavioral health care settings because people cannot access the level of care that they need. Strategy 2 funds and activities will be prioritized to support existing residential treatment operators to prevent further facility closures and to restore King County's mental health residential capacity to at least the 2018 level of 355 beds.[255]

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[253] King County Ordinance 19572 [LINK]
[254] King County Ordinance 19572 [LINK]
[255] Mental health residential treatment facilities are a subset of residential treatment facilities, which are defined in King County Ordinance 19572 as "licensed, community-based facility that provides twenty-four-hour on-site care for persons with mental health conditions, substance use disorders, or both, in a residential setting" [LINK] This Plan prioritizes restoring mental health residential treatment capacity and preventing further residential

Residential treatment, defined in King County Ordinance 19572 as shown in Figure 34, provides important community-based treatment options for people who do not need behavioral health inpatient care, but who need a higher level of care than behavioral health outpatient services. Activities in Strategy 2 were developed as described in Section III.D. Implementation Plan Methodology: Residential Treatment Methodology based on the background included in Section III.C. Key Historical and Current Conditions: Reduction in Residential Treatment Capacity and community engagement described in Section III.E. Community Engagement Summary: Theme E: Residential Treatment Expansion.

***Figure 34. Residential Treatment Definition in King County Ordinance 19572***

| Residential Treatment Definition in King County Ordinance 19572 |
| --- |
| "Residential treatment" means a licensed, community-based facility that provides twenty-four-hour on-site care for persons with mental health conditions, substance use disorders, or both, in a residential setting. |

### Activities to Restore, Expand, and Sustain Residential Treatment Capacity

Strategy 2 will fund residential treatment capital facility development and maintenance activities. These activities are described in Figure 35. DCHS intends to distribute these resources to residential treatment facility operators through competitive procurement processes. Funding from this strategy may also be used to build additional residential treatment capacity.

***Figure 35. Allowable Residential Treatment Facility Capital Development and Maintenance Activities***

| Allowable Residential Treatment Facility Capital Development and Maintenance Activities | |
| --- | --- |
| **Activity** | **Description** |
| Residential Treatment Capital Facility Development | Costs to develop and construct residential treatment facilities, such as, but not limited to, purchasing land, acquiring an existing facility, planning and design, building renovation or expansion, new construction, and other capital pre-development and development costs. |
| Residential Treatment Capital Facility Improvements | Costs to make capital improvements to existing residential facilities, such as, but not limited to, facility repairs, renovations, and expansions or enhancements of existing facilities to maintain or improve operations. |
| Residential Treatment Facility Maintenance | Residential treatment capital facility maintenance costs. |

### Residential Treatment Capital Facility Procurement and Siting Process

This subsection describes the procurement and siting process for residential treatment facilities that receive capital funding from the CCC Levy proceeds described in this Plan. CCC Levy proceeds dedicated to residential facility capital development will be awarded through competitive procurement processes beginning in 2024. The factors that DCHS may consider when awarding Strategy 2 funds include:

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treatment facility closures and may also expand other types of residential treatment facilities as allowed by Ordinance 19572 [LINK].

- Whether a proposal increases local access to residential treatment beds throughout King County by opening or expanding new residential treatment capacity in areas where few or no similar residential treatment facilities exist;
- Whether a proposal increases CCC Levy efficiency by proposing restoration, rehabilitation, or otherwise using a facility that is already licensed, already sited, or otherwise already meets regulatory requirements, or
- Whether a proposal increases equity in behavioral health system access by proposing funding for an organization with expertise and experience providing culturally and linguistically appropriate services for populations experiencing behavioral health inequities (see Section III.C. Key Historical and Current Conditions: Who Experiences Behavioral Health Inequities).

Organizations that are awarded capital resources to expand residential treatment facilities must adhere to the relevant zoning and permitting laws and regulations of the jurisdiction within which residential treatment facilities are sited. These organizations must also satisfy licensing requirements from the state and additional requirements that King County may impose through contract.

### 2024 Levy Funding Approach for Rapid Initial Progress on Residential Treatment

Strategy 2's 2024 allocation will support capital improvement and maintenance costs of existing residential treatment facilities and the development of new residential treatment facilities. DCHS intends to accelerate the distribution of resources to support existing residential treatment facilities by leveraging a broader behavioral health capital facility improvement procurement process that is planned for early 2024 and incorporates other funding sources, most notably MIDD.[256] The combined procurement process will begin in early 2024 to expedite awarding of these resources soon after this Plan is adopted. DCHS also plans to open a procurement in 2024 to distribute funds to support the capital development of new residential treatment facilities. Procurement awards will not be made until after this Plan is adopted. Figure 36 describes the anticipated timeline to distribute capital funding for residential treatment facilities in 2024.

***Figure 36. Timeline to Distribute CCC Levy Proceeds to Support Residential Treatment Facilities in 2024***

| **Timeline to Distribute CCC Levy Proceeds to Support Residential Treatment Facilities in 2024** | | |
|---|---|---|
| Mid-2023 | Early 2024 | As Early as Mid-2024 |
| **Request for Information:** DCHS solicited information from residential treatment facility operators about capital maintenance and improvement funding needs to help inform this Plan and procurement process. | **Competitive Procurement:** DCHS plans to conduct a behavioral health capital facility procurement process that includes 2024 CCC Levy proceeds for residential treatment facilities preservation and development of new residential treatment facilities. | **Funds Distribution:** DCHS plans to award funding to residential treatment facility operators after this Plan is adopted. |

[256] King County Ordinance 19712 appropriated MIDD funding for this purpose. [LINK] DCHS is planning to open a behavioral health capital procurement in early 2024. DCHS intends to also procure proposals to support capital improvement and maintenance costs of existing residential treatment facilities to accelerate to distribution of CCC Levy resources once this Plan is adopted.

## C. Strategy 3: Strengthen the Community Behavioral Health Workforce

### Overview

It takes people to treat people. Strategy 3 directly supports the CCC Levy's Supporting Purpose 2 by investing in activities to strengthen King County's community behavioral health workforce.[257] This strategy also directly supports the CCC Levy's Paramount Purpose to establish and operate five crisis care centers by investing in the development of King County's behavioral health crisis workforce, including crisis care center workers.[258]

Strategy 3's workforce activities focus on helping more people join and make a career in community behavioral health. Allowable activities within Strategy 3 fall into three broad categories:

- Career pathways for the broader community behavioral health workforce (called **community behavioral health career pathways**): Resources such as training and paying licensing fees that help workers join and progress within the community behavioral health workforce;
- Labor-management partnerships on shared workforce development efforts for the broader community behavioral health workforce (called **labor-management workforce development partnerships**): Programs like apprenticeships and training funds, and
- Workforce development efforts that are specific to the crisis response behavioral health workforce (called **crisis workforce development**): Specialized training for crisis workers and crisis settings.

Figure 37 provides additional summary descriptions for each of Strategy 3's broad categories, and each is described in detail later in this section.

While not Strategy 3's focus, King County recognizes behavioral health wages as an important factor in both recruitment and retention activities. CCC Levy resources are insufficient to increase wages meaningfully and consistently across the region's entire community behavioral health workforce. Even if this were possible, doing so would substantially commit local funding where federal and state funding should increase instead. Specifically, investing local funds to raise wages for the region's entire community behavioral health workforce could inhibit efforts to raise Medicaid rates that would sustainably raise wages for the region's behavioral health workforce with federal and state funds. One exception to this general principle is that this Plan's Strategy 3 authorizes and allocates funds to support appropriate wages for the crisis care center workforce because these investments support the CCC Levy's Paramount Purpose. If funds become available through this Plan's provisions to allocate additional funds (see Section VI. Financial Plan: Process to Make Substantial Adjustments to the Financial Plan), this strategy authorizes DCHS to develop and administer activities to increase wages for the broader behavioral health workforce.

***Figure 37. Allowable Community Behavioral Health Workforce Activities***

| Allowable Community Behavioral Health Workforce Activities |
| --- |

[257] In the context of this Plan, "community behavioral health" means agencies that meet the requirements defined in the Revised Code of Washington Chapter 71.24 Community Behavioral Health Services Act [LINK], are licensed by the Washington State Department of Health as a community behavioral health agency as defined in Chapter 246-341 Washington Administrative Code [LINK] and are contracted with the King County Behavioral Health Administrative Services Organization or King County Integrated Care Network. Community behavioral health agencies must serve people who are enrolled in Medicaid health insurance to be eligible for CCC Levy funding through Strategy 3.

[258] King County Ordinance 19572 [LINK]

| Activity | Description |
|---|---|
| Community Behavioral Health Career Pathways | Resources to stabilize King County's community behavioral health workforce from 2024-2026 through investments such as financial assistance with license and other professional fees, training and supporting the professional development of staff, and retaining and supporting the wellbeing of workers through activities that promote the physical, mental, and emotional health of employees. At least 25 percent of funding for this activity will be used to increase the representativeness of community behavioral health workers. DCHS will assess the outcomes of these stabilization investments and will propose a refined investment approach to King County Council for 2027 to 2032. |
| Labor-Management Workforce Development Partnerships | Funding to sustain and expand labor-management workforce development partnerships, including Washington State registered apprenticeship programs and labor-management partnership training funds. |
| Crisis Workforce Development | Funding to build King County's crisis behavioral health workforce, including recruiting and retaining crisis care center workers and post-crisis follow-up workers and investing in specialty crisis training for community behavioral health workers serving King County.[259] |

### Community Behavioral Health Career Pathway Activities

Strategy 3 will fund career pathway activities to support the development of King County's community behavioral health workforce, as described in Figure 38 and Figure 39.[260] Career pathway resources will support the recruitment, training, retention, and wellbeing of community behavioral health workers through activities such as:

- Tuition assistance;
- Stipends for paid internships;
- Clinical supervision costs;
- Professional licensure fees;
- Grants for community behavioral health agencies to promote the wellbeing of workers,[261] and
- Clinical training, including evidence-based practice training.

[259] Post-crisis follow-up workers are behavioral health workers who provide post-crisis follow-up services for people who receive services at crisis care centers and are employed by agencies that are contracted to provide post-crisis follow-up services defined in Section V.A. Strategy 1: Create and Operate Five Crisis Care Centers.
[260] Within the context of this Plan, "career pathways" means activities like training and recruiting that promote existing behavioral health workers' professional development and support and incentivize new and existing workers to start and pursue long-term careers in community behavioral health.
[261] Examples of activities that promote the wellbeing of community behavioral health workers include supervision and mentorship, covering staff time for self-directed program development and quality improvement initiatives, and access to mental health benefits.

DCHS will use at least 25 percent of the resources dedicated for community behavioral health career pathway activities for investments that are directly related to increasing the representativeness of King County's community behavioral health workforce.[262]

DCHS intends to support community behavioral health agencies contracted with the King County Integrated Care Network (KCICN) for career pathway activities through the expansion of existing contracts, reimbursement for eligible activities through existing payment mechanisms, and possible competitive procurements. These investment approaches will be consistent with DCHS' strategic community behavioral health workforce development plan, which will be approved by the County-provider Executive Committee of the KCICN and will be informed by significant and broad community engagement.

*Initial Prioritization and Assessment of Career Pathway Activities*

Between 2024 and the end of 2026, DCHS will fund career pathway activities to strengthen, support the development, and increase the representativeness of King County's community behavioral health workforce, as depicted in Figure 38. During 2024 and 2025, DCHS will assess the impact of activities by researching best and emerging community behavioral health workforce development practices and soliciting input from community partners, behavioral health workers, and community behavioral health agency leaders. This assessment will allow DCHS to refine the initial funding approach and improve activities to strengthen the community behavioral health workforce, increase the representativeness of behavioral health workers, and build the community behavioral health workforce pipeline.

As part of this assessment, DCHS will convene a workgroup with community partners that have subject matter expertise in behavioral health workforce development to inform proposed refinements and adjustments to the initial funding approach. The assessment will include reviewing the impact of career pathway activities on increasing the representativeness of community behavioral health workers. Workgroup membership will include, but is not limited to:

- Representatives of workers, including representatives of labor-management workforce development partnerships;
- Higher education training programs, including a community and technical college;
- Community behavioral health agencies, including representation from both an agency that provides mental health services and an agency that provides substance use services, and
- People with expertise in improving the representativeness of the behavioral health workforce, including workers who identify as members of populations experiencing behavioral health inequities (see Section III.C. Key Historical and Current Conditions: Who Experiences Behavioral Health Inequities).

[262] A focus of the Plan is to increase accessibility of behavioral health services, including crisis services funded by the CCC Levy, for all King County residents, including populations who experience behavioral health inequities. A consistent theme of community engagement was the importance for people seeking care of culturally and linguistically congruent services, staff with lived experience of behavioral health crises, and demographic representativeness. Establishing a workforce that is representative of King County's population, with particular care to representativeness for populations experiencing behavioral health inequities (see Section III.C. Key Historical and Current Conditions: Who Experiences Behavioral Health Inequities), will ensure that more King County residents can choose to receive care from a provider with whom they are comfortable and is one of this Plan's strategies to ensure that all King County residents have meaningful access to CCC Levy-funded facilities and services.

In 2026, prior to releasing funding for career pathway activities for 2027 to 2032, the Executive will transmit a notification letter to Council proposing refinements to career pathway activities and describing the community engagement process that informed the proposal. The Executive will electronically file the letter with the Clerk of the Council, who will retain an electronic copy and provide an electronic copy to all councilmembers. Unless the Council passes a motion rejecting the contemplated change within 30 days of the Executive's transmittal or funding has not yet been sufficiently appropriated, the Executive may proceed with the use of funds allocated for 2027 to 2032 as set forth in the notification letter. All CCC Levy proceeds will remain subject to Council appropriation.

*Figure 38. Community Behavioral Health Career Pathway Activities Timeline*

Section VII. Evaluation and Performance Measurement outlines DCHS' expected performance measurement for workforce investments. Where feasible, DCHS plans to use collected data to assess the representativeness of workforce and effect of investments to increase the representativeness of workers to better reflect the demographics of the people receiving community behavioral health services.

**Behavioral Health Equity Highlight**

There is evidence that improving diversity among behavioral health workers to better reflect the communities they serve may help improve communication and trust while reducing behavioral health disparities, as discussed in Section III.C. Key Historical and Current Conditions: Behavioral Health Workforce Shortages.[263,264] Community engagement further endorsed the importance of workforce representativeness in Section III.E. Community Engagement Summary: Importance of Workforce Representation. The activities referenced in this strategy to increase representativeness of the behavioral health workforce are central to meeting the goals described in Section III.F. Behavioral Health Equity Framework: Representative Behavioral Health Workforce.

## Labor Management Workforce Development Partnership Activities

Labor management workforce development partnerships are activities that are supported by both management and front-line workers, in this case community behavioral health agencies and workers, including agencies that are represented by labor unions and agencies that are not represented.[265,266] Strategy 3 funds labor management workforce development partnership activities, including behavioral health apprenticeships and other behavioral health worker training opportunities. These investments are intended to help build a skilled and diverse community behavioral health care workforce in King County in a way that incorporates workers' voices in workforce development.

### *Behavioral Health Apprenticeship Program Activities*

Strategy 3 includes funding to sustain and expand a Washington State registered apprenticeship program that offers behavioral health apprenticeships. Behavioral health apprenticeship programs are paid on the job training programs paired with technical instruction to train workers for behavioral health careers. These careers include but are not limited to peer counselors, substance use disorder professionals, and behavioral health technicians.

Apprenticeship programs provide access to education and training for people who may be unable to afford college or significant classroom instruction time while working. The flexibility of apprenticeship programs can aid in recruitment of individuals from diverse backgrounds that historically have not had access to traditional higher education programs.[267]

Apprenticeships help workers and employers: Apprenticeship programs benefit workers by providing pay and benefits while pursuing a certification to advance their behavioral health careers. Apprenticeship programs benefit employers by building a skilled behavioral health workforce,

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[263] Shen MJ, Peterson EB, Costas-Muñiz R, Hernandez MH, Jewell ST, Matsoukas K, Bylund CL. The Effects of Race and Racial Concordance on Patient-Physician Communication: A Systematic Review of the Literature. J Racial Ethn Health Disparities. 2018 Feb;5(1):117-140. [LINK]
[264] Chao, P.J., Steffen, J.J., and Heiby, E.M. (2012). The effects of working alliance and client-clinician ethnic match on recovery status. *Community Mental Health Journal* (48), 91-97. [LINK]
[265] Labor management partnerships are relationships between front line workers and management. It is a collaborative effort focused on common goals, relationship with unified mission, improve organizational performance and employee wellbeing. [LINK]
[266] SEIU Healthcare 1199NW Multi-Employer Training Fund. [LINK]
[267] Health Care Apprenticeship Consortium [LINK]

promoting employee retention through professional development, and promoting increased workforce representation by reducing professional development barriers such as training costs.[268]

The apprenticeship programs funded by Strategy 3 will be available to community behavioral health agencies in King County and workers they employ to participate in behavioral health apprenticeships. Crisis care center operators funded with CCC Levy proceeds are among the eligible providers. Apprenticeships are managed by Washington State registered apprenticeship programs, and employers are responsible for hiring apprentices and mentors. Strategy 3 will sustain and expand DCHS' existing contract with a Washington State registered apprenticeship program. Eligible activities include, but are not limited to, apprenticeship program costs, eligible apprentice salary and benefit costs, employer and apprentice incentives, and program planning and recruitment costs.

#### *Labor Management Partnership Training Activities*

Strategy 3 will also sustain and expand access to labor management partnership training activities for community behavioral health agencies in King County, including CCC levy-funded crisis care centers operators. Labor-management partnership training activities are developed in partnership between community behavioral health agency employers and frontline workers. DCHS intends to procure labor management training proposals and contract with community behavioral health agencies to pay for eligible activities. Eligible activities may include, but are not limited to, tuition assistance, professional development costs, professional certification fees, student supports, and career counseling. Community behavioral health agencies may use training resources for a labor-management partnership training fund in which they participate, or they may manage the training resources directly.[269]

### Crisis Workforce Development Activities

King County will need more people to join the region's community behavioral health workforce to staff CCC Levy-funded crisis care centers. Specific roles that crisis care centers need include, but are not limited to, peer specialists, substance use disorder professionals, mental health professionals, behavioral health technicians, nurses, nurse practitioners, and physicians. In addition to training and recruiting additional behavioral health workers, building a crisis workforce will require training existing workers to provide crisis services. Crisis services are unique clinical services that require specialized skills in de-escalation, risk assessment, triage decision-making, and motivational interviewing. Strategy 3 invests resources to develop a crisis workforce in King County, which is described in the subsections below.

#### *Crisis Care Center and Post-Crisis Follow-Up Workforce Development Activities*

Crisis care centers and post-crisis follow-up programs funded by CCC Levy proceeds, including organizations with expertise in delivering culturally and linguistically appropriate services (see Section V.A. Strategy 1: Create and Operate Five Crisis Care Centers: Post-Crisis Stabilization Activities), will need to hire hundreds of behavioral workers to operate at their full capacity. [270] Eligible activities under this

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[268] Health Care Apprenticeship Consortium [LINK]

[269] Labor management partnership training funds are structures that support health care entities, including community behavioral health agencies, in investing in direct education and training benefits at no cost for their employees.

[270] For the purposes of being eligible for workforce investments under Strategy 3, providers with expertise in delivering culturally and linguistically appropriate services will be exempted from the requirements described in the definition of "community behavioral health" described in the footnote above.

component of Strategy 3 will invest in these organizations to recruit, train, retain, develop, and support the wellbeing of behavioral health crisis workers. Funds for these activities will be distributed to both crisis care center operators and post-crisis follow-up providers through a competitive procurement process and may be used to:

- Increase wages for workers;
- Improve benefits for workers;
- Reduce the cost of living for workers, such as housing, education, or childcare;
- Support the professional development of workers to improve service quality, and
- Support worker wellbeing through activities such as supervision and mentorship, covering staff time for self-directed program development and quality improvement initiatives, and access to behavioral health benefits.

#### *Crisis Workforce Training Activities*

Strategy 3 also includes activities to strengthen King County's community behavioral health crisis workforce, including, but not limited to, crisis care centers funded by CCC Levy proceeds. DCHS will procure one or more entities to develop crisis specialty training resources that will be made available for behavioral health workers serving King County. Training resources will aim to build behavioral health workers' knowledge and skill of how to assess, triage, and provide behavioral health crisis stabilization and treatment services for clients by using evidence-based and promising practices, culturally and linguistically appropriate approaches, trauma-informed care, and care coordination best practices. These training resources are intended to support behavioral health workers who work in specialty crisis settings as well as behavioral health workers who work in other settings, such as outpatient settings, who may benefit from developing their skills related to supporting a person experiencing a behavioral health crisis.[271] DCHS may invest in training opportunities that build the crisis skills of specific behavioral health professions, such as specialty crisis internships, practicums, residencies, and fellowships for behavioral health students and workers pursuing careers in behavioral health crisis services.

### 2024 Funding Approach for Rapid Initial Progress on Behavioral Health Workforce

DCHS intends to make rapid initial progress towards fulfilling Supporting Purpose 2 by allocating CCC Levy proceeds through Strategy 3 in 2024. Early workforce investments planned for 2024 and depicted in Figure 39 will help strengthen King County's community behavioral health workforce, support the development of the behavioral health worker pipeline, and prepare to build the crisis specialty skills of behavioral health workers in King County. DCHS plans to begin the procurement and contract processes for these activities in early 2024 to expedite the distribution of these resources soon after this Plan is adopted. In this scenario, procurement awards will not be made until after the Plan is adopted.

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[271] U.S. Department of Health and Human Services, Office of the Assistant Secretary for Planning and Evaluation. Crisis Services and the Behavioral Health Workforce Issue Brief [LINK].

*Figure 39. Strategy 3 Plans in 2024 to Make Rapid Progress Towards Fulfilling Supporting Purpose 2*

| Strategy 3 Plans in 2024 to Make Rapid Progress Toward Fulfilling Supporting Purpose 2 | |
|---|---|
| **Activity** | **2024 Plans** |
| Community Behavioral Health Career Pathways | DCHS will provide resources to strengthen King County's community behavioral health workforces through existing King County Integrated Care Network contracts, reimbursing allowable expenses, and possible procurements.[272] At least 25 percent of funding for this activity will be used to increase the representativeness of community behavioral health workers. |
| Labor-Management Workforce Development Partnerships | DCHS will expand its contract with a Washington State registered apprenticeship program to sustain and expand behavioral health apprenticeships. DCHS will procure proposals for labor-management partnership training activities. |
| Crisis Workforce Development | DCHS will procure one or more entities to develop crisis specialty training resources for community behavioral health workers serving King County. |

### D. Strategy 4: Early Crisis Response Investments

Crisis care centers are major capital facility projects that will take time to develop and will not open immediately. The anticipated crisis care center opening timeline is described in Section V.A. Strategy 1: Create and Operate 5 Crisis Care Centers: Sequence and Timing of Planned Expenditures and Activities. Strategy 4's early crisis system activities will bring additional behavioral health crisis services and resources to King County beginning in 2024, particularly to increase community-based crisis response capacity, reduce fatal opioid overdoses, and invest in substance use capital facilities. Allowable activities are described in this section and are summarized in Figure 40.

[272] When possible, procurements will be combined to expedite the allocation of resources and to simplify the process for respondents. Funding will not be awarded until after this Plan is adopted.

*Figure 40. Summary of Allowable Crisis Response Investment Activities Beginning in 2024*

| Summary of Allowable Crisis Response Investment Activities Beginning in 2024 | |
|---|---|
| **Activity** | **Description** |
| Increase Community-Based Crisis Response Capacity | Investments to expand community-based crisis response capacity, including expansion of adult and youth mobile crisis services and expansion of a pilot program that redirects 911 calls to behavioral health counselors. |
| Reduce Fatal Opioid Overdoses by Expanding Access to Low Barrier Opioid Overdose Reversal Medication | Investments to expand low-barrier access to medications and other public health supplies to reduce opioid overdose deaths, including naloxone and fentanyl testing strips. A portion of funds may be used for King County to administer the resources funded by this strategy and provide overdose prevention education. |
| Substance Use Capital Facility Investments | Investments include capital funding for one or more behavioral health facilities that can create faster in-person access to substance use crisis services, for costs such as facility renovation or expansion, new construction, and other capital development or capital improvement costs.[273] This may include funding for operations of an eligible client engagement team to support people with behavioral health, health care, and social service needs in the immediate area surrounding a capital facility funded by this strategy.[274] |

## Increase Community-Based Crisis Response Capacity

Strategy 4 includes activities to increase the capacity of community-based crisis response programs. Community-based crisis response programs are services that can support a person experiencing a behavioral health crisis in a community-based setting. DCHS intends to expand the capacity of mobile crisis teams and a pilot program that redirects 911 calls to behavioral health specialists. These programs, which are described in more detail in the subsections below, will expand access to community-based crisis resources starting in 2024 before crisis care centers open. In addition, these investments will complement crisis care centers by increasing capacity to resolve a person's crisis in community-based settings whenever possible without a transfer to facility-based care at a crisis care center. These investments may help manage crisis care centers' capacity and client flow, which is further discussed in Section V.A. Create and Operate Five Crisis Care Centers: Examples of Continuous Quality Improvement Activities.

### *Expand Mobile Crisis Services*

Mobile crisis services are provided by teams of behavioral health clinicians and peers who travel to community-based settings to support people experiencing behavioral health crises. Mobile crisis responders work to resolve a person's crisis in the community by providing crisis assessments, brief clinical interventions, and immediate basic need supports. Mobile crisis services also provide referrals and arrange transportation to appropriate care settings when a crisis cannot be resolved in the community. Strategy 4 will expand the capacity of mobile crisis services in King County, including

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[273] Eligible site-based behavioral health facilities are defined in the Section V.D. Strategy 4: Early Crisis Response Investments: Substance Use Capital Facility Investments.

[274] Eligible client engagement teams are defined in the subsection within this section titled Section V.D. Strategy 4: Early Crisis Response Investments: Substance Use Capital Facility Investments.

services for adults and youth, starting in 2024. DCHS intends to distribute these funds through contract expansions with existing mobile crisis service providers and through a competitive procurement process. This expansion will create additional crisis service capacity before crisis care centers open. It will also complement crisis care centers once they open by addressing crises in community settings whenever possible and serving as a key referral source when people need facility-based crisis care.

Mobile crisis service funding is an investment area that the state has an opportunity to increase and complement the CCC Levy. The state is responsible for funding mobile crisis services, including in King County, but the level of state investment is not yet adequate to provide the scale of mobile crisis services that is needed in King County. This means that people who could benefit from mobile crisis services are unable to access care. If the state increases mobile crisis funding during the CCC Levy period to a level that is better able to meet the needs of people living in King County, then DCHS may redirect Strategy 4 funds for this activity to another use, according to the funding prioritization described in Section VI. Financial Plan: Process to Make Substantial Adjustments to the Financial Plan.

*Embed Behavioral Health Counselors in 911 Call Centers*

When a person in King County is experiencing a behavioral health crisis and calls 911 seeking help, the main ways to access behavioral health care are through first responders transporting the person to emergency departments, or in limited cases, the Crisis Solution Center described in Section III.C. Key Historical and Current Conditions: Need for Places to Go When in Crisis. An innovative national program model is being piloted in King County to co-locate trained behavioral health counselors in 911 call centers.[275,276] This model makes it possible to redirect behavioral health crisis calls to specialized behavioral health counselors in lieu of law enforcement dispatch.[277] Once the call is redirected to a behavioral health counselor, the counselor works to support the person over the phone or dispatches a mobile crisis team to respond to the person. Given the limited first responder resources available, law enforcement agencies have supported this model to reduce strain on emergency services.[278] Strategy 4 invests funding to expand this King County pilot starting in 2024.

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[275] The Council of State Governments Justice Center, Tips for Successfully Implementing a 911 Dispatch Diversion Program, October 2021. [LINK]

[276] The Washington State Department of Health (DOH) is collaborating with Washington's 988 Lifeline crisis centers and 911 call centers, including in King County, to pilot this model on a small scale. The Mental Health Crisis Call Diversion Initiative is funded by the Washington State Department of Health and is described in RCW 71.24.890(2)(a). [LINK]

[277] National Association of State Mental Health Program Directors, 988 Convening Playbook – Public Safety Answering Points (PSAPs). [LINK]

[278] Police Executive Research Forum, Rethinking the Police Response to Mental Health-Related Calls Promising Models, October 2023. [LINK]

**Behavioral Health Equity Highlight**

Populations experiencing behavioral health inequities are more likely to be placed into involuntary treatment and be victims of police violence, as discussed in Section III.C. Key Historical and Current Conditions: Who Experiences Behavioral Health Inequities.[279,280] DCHS aims to reduce these inequities by increasing access to community-based services as alternatives to law enforcement, as described in Section III.F. Behavioral Health Equity Framework: Equitable Access to Behavioral Health Crisis Care.

### Reduce Fatal Opioid Overdoses by Expanding Low Barrier Opioid Reversal Medication

King County is experiencing an unprecedented number of opioid overdoses, as discussed in Section III.C. Key Historical and Current Conditions: Unprecedented Rates of Suicide and Overdose Deaths. Naloxone is a lifesaving opioid overdose reversal medication that can be safely administered in community-based settings to prevent opioid overdose deaths.[281] Expanding access to naloxone and other public health resources in community-based settings can help prevent fatal opioid overdoses and other negative health outcomes. Beginning in 2024, Strategy 4 will fund activities that aim to reduce fatal opioid overdoses, including expanding access to naloxone and other relevant public health supplies through vending machines and other community-based distribution mechanisms.[282] The medication and public health supplies distributed through vending machines and other mechanisms will be provided at no cost to community members and may be managed by King County. A portion of these funds may be used for King County to administer the resources funded by this strategy and provide overdose prevention education. King County will prioritize increasing access to naloxone and other relevant public health supplies in settings and communities that are experiencing the highest opioid overdose rates and the greatest opioid overdose disparities. Public Health Seattle and King County (PHSKC) online overdose data dashboards provide information about communities in the greatest need.[283]

### Substance Use Capital Facility Investments

Strategy 4 also includes capital facility funding for one or more site-based behavioral health facilities, especially those that are already permitted and can create faster in-person access to substance use crisis services, such as post-overdose recovery services, sobering services, and metabolizing services. Capital development activities may include, but are not limited to, facility renovation or expansion costs, new construction costs, and other capital development or capital improvement costs. One facility funded by Strategy 4 will include the 3rd Avenue post-overdose recovery center in Seattle. This may also include funding for the operations of a client engagement team to support people with behavioral health, health care, and social service needs in the immediate area surrounding a capital facility funded by this

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[279] Saleh AZ, Appelbaum PS, Liu X, Scott Stroup T, Wall M. Deaths of people with mental illness during interactions with law enforcement. Int J Law Psychiatry. 2018 May-Jun;58:110-116. [LINK]

[280] Shea T, Dotson S, Tyree G, Ogbu-Nwobodo L, Beck S, Shtasel D. Racial and Ethnic Inequities in Inpatient Psychiatric Civil Commitment. Psychiatr Serv. 2022 Dec 1;73(12):1322-1329. doi: 10.1176/appi.ps.202100342. [LINK]

[281] Washington State Department of Health Naloxone Instructions [LINK]

[282] Other public health resources may include resources that help prevent the death of people who use substances, reduce the risk of disease transmission, and support the health of people who use substances. An example of such a resource could include, but is not limited to, fentanyl testing strips. Other distribution mechanisms may include, but are not limited to, naloxone distribution boxes and other distribution mechanisms that make naloxone available for focused populations and the public.

[283] Seattle and King County Public Health online overdose data dashboards. [LINK]

strategy if that client engagement team is operated by the same organization, or a subcontractor, providing services within a capital facility funded by this strategy for the purpose of engaging persons in services or promoting a healthy environment in which to seek or receive services.

## E. Strategy 5: Capacity Building and Technical Assistance

The investments made by the CCC Levy represent a significant expansion in King County's behavioral health services. Strategy 5 will provide funding for capacity building and technical assistance activities to support the implementation of the CCC Levy's strategies described in this Plan. The allowable activities funded by Strategy 5 are summarized in Figure 41 and described in the subsections below.

***Figure 41. Strategy 5 Capacity Building and Technical Assistance Activities***

| Strategy 5 Capacity Building and Technical Assistance Activities | |
|---|---|
| **Activity** | **Description** |
| Facility Operator Capital Development Assistance | Technical assistance and capacity building to support crisis care center and residential treatment facility operators in developing capital facilities funded by CCC Levy proceeds including, but not limited to, capital facility predevelopment planning, capital financial planning, facility siting, facility design, facility construction, and post-construction facility activation. |
| Crisis Care Center Operator Regulatory and Quality Assurance | Technical assistance and capacity building to support crisis care center operators to comply with regulatory requirements, deliver high quality crisis clinical services including for young adults and people living with intellectual and developmental disabilities, and provide inclusive care, such as implementing national health care standards for providing culturally and linguistically appropriate services. [284,285] |
| Capacity Building for Providers with Expertise in Culturally and Linguistically Appropriate Services | Investments to build the organizational capacity of providers with expertise in providing culturally and linguistically appropriate services including, but not limited to, administrative infrastructure investments; enhancing data and information technology systems; developing Medicaid and other health insurance billing infrastructure, and investing in workforce development, training, and worker wellbeing. |
| Local Jurisdiction Capital Facility Siting Support[286] | Grants to local jurisdictions to offset a portion of jurisdictions' costs directly related to siting behavioral health capital facilities funded by CCC Levy proceeds. Funding will be prioritized for purposes that expedite opening of crisis care center facilities. Funding may not be used to offset siting costs incurred by other parties nor other jurisdiction costs that cannot be directly attributed to facility siting. |
| DCHS Capital Facility Siting Technical Assistance | Funding for DCHS to provide siting technical assistance such as creating and deploying communication content, supporting siting community engagement, supporting interjurisdictional partnerships, and supporting facility operator and jurisdictional partnerships. |

[284] "Young adult," also known as "transition age youth" means a person between eighteen and twenty-four years of age, per RCW 43.330.702 – Homeless youth—Definitions. [LINK]
[285] National Culturally and Linguistically Appropriate Services (CLAS) Standards. Think Cultural Health, U.S. Department of Health & Human Services. [LINK]
[286] In this section, "jurisdictions" means cities, Tribes and other jurisdictional entities with siting authority that are physically located within King County.

## Facility Operator Capital Development Assistance Activities

Strategy 5 will support technical assistance and capacity building activities to support organizations in developing capital behavioral health facilities funded by CCC Levy proceeds. Organizations that are applying for or receiving CCC Levy capital funding will be eligible to apply for capacity building and technical assistance funding during CCC Levy procurement processes related to developing residential treatment facilities or crisis care center facilities. Activities funded by Strategy 5 include, but are not limited to, capital facility predevelopment planning, capital financial planning, facility siting, facility design, facility construction, and post-construction facility activation. DCHS may use a portion of these resources to hire organizations or consultants with relevant subject matter expertise to provide capacity building and technical assistance directly to individual facility operators or through learning collaboratives for multiple facility operators to support the development of capital facilities funded by this Plan.

## Crisis Care Center Operator Regulatory and Clinical Quality Activities

Crisis care centers are a new type of behavioral health facility in King County, and operators may need support to comply with regulations and provide high quality services. Strategy 5 will provide resources for technical assistance and capacity building activities to:

- Support crisis care center operators to deliver high quality clinical services;
- Provide inclusive care for populations experiencing behavioral health inequities (see Section III.C. Key Historical and Current Conditions: Who Experiences Behavioral Health Inequities), and
- Comply with regulatory requirements.[287]

Activities related to regulatory technical assistance and capacity building include, but are not limited to, assisting crisis care center operators to comply with applicable local, state, and federal regulatory rules, and licensing, auditing, and accreditation requirements.

Activities related to assisting crisis care center operators to deliver high quality clinical services include, but are not limited to:

- Developing clinical policies and procedures;
- Implementing care coordination clinical workflows and technology;
- Implementing evidence-based and promising clinical practices;
- Adopting de-escalation and least restrictive care best practices;
- Building capacity for clinical quality improvement activities;
- Increasing specialization in serving youth and people living with intellectual and developmental disabilities, and
- Implementing best practices to support workforce development and staff wellbeing.[288]

Activities related to providing inclusive care include, but are not limited to:

- Assisting crisis care center operators to implement national health care standards for providing culturally and linguistically appropriate services;

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[287] Examples of “experiential communities” include persons who have been incarcerated, persons who are survivors of gender-based violence, persons who have been subject to involuntary treatment under Washington’s involuntary Treatment Act, military veterans, immigrants, and refugees.

[288] Supporting worker wellbeing includes providing supervision and mentorship, covering staff time for self-directed program development and quality improvement initiatives, and access to mental health benefits.

- Providing cultural humility and health equity training for crisis care center staff;
- Providing organizational leadership training on best practices to advance health equity at an organizational level, and
- Consulting with organizations with expertise in serving populations that experience behavioral health inequities (see Section III.C. Key Historical and Current Conditions: Who Experiences Behavioral Health Inequities) around adopting clinical best practices and supporting individual client case consultations when appropriate.[289]

Crisis care center operators will be able to apply for technical and capacity building support related to regulatory and quality assurance during crisis care center procurement processes. DCHS may use a portion of these resources to hire organizations or consultants with relevant subject matter expertise to provide the capacity building and technical assistance described in this subsection. Consultation may be provided to individual crisis care centers or through learning collaboratives for multiple crisis care centers.

### Capacity Building for Providers with Expertise in Culturally and Linguistically Appropriate Services

Funding through Strategy 1: Create and Operate Five Crisis Care Centers: Culturally and Linguistically Appropriate Post-Crisis Follow-Up Services will increase the capacity of behavioral health organizations with expertise in culturally and linguistically appropriate services to be well positioned to provide post-crisis follow-up services for people who receive care at crisis care centers. Strategy 5 funding will support organizations with expertise in culturally and linguistically appropriate services described under Strategy 1 to:

- Build their organizational capacity to provide and secure payment for delivering post-crisis follow-up and related services;
- Strengthen organizational administrative infrastructure;
- Enhance data and information technology systems;
- Develop Medicaid and other health insurance billing infrastructure, and
- Invest in workforce development, staff training, and worker wellbeing.[290]

**Behavioral Health Equity Highlight**

Section III.F. Behavioral Health Equity Framework: Culturally and Linguistically Appropriate Services describes the importance of culturally and linguistically appropriate services (CLAS), which are nationally recognized as a way to improve the quality of services provided to all individuals, which will ultimately help reduce health disparities and promote health equity.[291] Challenges to accessing CLAS are described in Section III.C. Key Historical and Current Conditions: Who Experiences Behavioral Health Inequities and were also raised by community members, as described in Section III.E. Community Engagement Summary: Culturally and Linguistically Appropriate Services.

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[289] National Culturally and Linguistically Appropriate Services (CLAS) Standards. Think Cultural Health, U.S. Department of Health & Human Services. [LINK]

[290] Supporting worker wellbeing includes providing supervision and mentorship, covering staff time for self-directed program development and quality improvement initiatives, and access to mental health benefits.

[291] National Culturally and Linguistically Appropriate Services (CLAS) Standards. Think Cultural Health, U.S. Department of Health & Human Services [LINK].

The capacity building described in this section for both crisis care center operators and for providers with expertise in CLAS is an essential investment to advance behavioral health equity in both the behavioral health crisis system and more broadly.

### Local Jurisdiction Capital Facility Siting Support Activities

DCHS also plans to award grants under Strategy 5 to local jurisdictions to help offset a portion of jurisdictions' costs that are directly related to siting behavioral health capital facilities funded by CCC Levy proceeds, such as meeting facilitation, production of communication materials, and event costs and other expenses to complete outreach and engagement. Grants will be prioritized for uses that expedite the opening of crisis care center facilities funded in 2024, 2025, and 2026, which aligns with the preferred crisis care center siting timeline and process described in Section V.A. Strategy 1: Create and Operate 5 Crisis Care Centers: Crisis Care Center Procurement and Siting Process. Funding for jurisdiction siting support activities may not be used to offset siting costs incurred by other parties nor other jurisdiction costs that cannot be directly attributed to siting capital facilities funded by CCC Levy proceeds.

### DCHS Capital Facility Siting Technical Assistance

Strategy 5 also includes resources for DCHS to provide capital facility siting technical assistance to local jurisdictions and operators of capital behavioral health facilities funded by CCC Levy proceeds. DCHS technical assistance activities funded through Strategy 5 include, but are not limited to, creating and deploying communication content and supporting siting community engagement, interjurisdictional collaboration, and facility operator and jurisdictional partnerships. The community engagement activities funded by Strategy 5 are intended to augment the community engagement activities funded in Section V.G. Strategy 7: Crisis Care Centers Levy Administration. They include, but are not limited to, costs related to engaging community members in capital facility siting processes and soliciting community input, communication costs, translation and interpretation costs, community engagement event costs, and costs to reduce barriers for community members to participate in related community engagement activities. DCHS may use a portion of these resources to fund organizations or consultants with relevant subject matter expertise to provide technical assistance directly to jurisdictions or capital facility operators to support the siting of capital facilities funded by this Plan.[292]

## F. Strategy 6: Evaluation and Performance Measurement Activities

DCHS will assess the impact of the CCC Levy through evaluation and performance measurement activities. Section VII. Evaluation and Performance Measurement details how DCHS will conduct evaluation and performance activities. Section VIII. Crisis Care Centers Levy Annual Reporting describes how the CCC Levy's results will be reported to the public and policymakers annually. This subsection describes what activities will be funded with CCC Levy proceeds, which are summarized in Figure 42. DCHS will measure and evaluate data to assess the CCC Levy's impact, report its results, and inform efforts to improve the quality of CCC Levy funded services. DCHS may also engage in more in-depth evaluation activities to complement regular performance measurement and deepen learnings about the effect of the CCC Levy and the services it funds.

[292] DCHS staff costs to support capital facility siting, including providing technical advice, are funded by Section V.G. Strategy 7: Crisis Care Centers Levy Administration.

*Figure 42. Evaluation and Performance Measurement Activities*

| Evaluation and Performance Measurement Activities | |
|---|---|
| **Activity** | **Description** |
| Routine Reporting and Performance Measurement | DCHS' costs to measure, analyze, evaluate, and report the impact of the CCC Levy to inform quality improvement initiatives and report the CCC Levy's results to the public and policymakers. |
| In-Depth Evaluation | DCHS' costs to conduct in-depth evaluations of the CCC Levy, which may include costs to contract with third parties. |

### G. Strategy 7: Crisis Care Centers Levy Administration

Strategy 7 supports DCHS costs to manage the implementation of the CCC Levy over the nine-year Levy period. These investments include using DCHS staff to support the implementation of this Plan, promote accountability to the community, provide sufficient quality assurance and improvement oversight infrastructure, and integrate CCC Levy services into existing continuums of care to improve how people are able to access behavioral health services at crisis care centers and other community behavioral health settings. Strategy 7 also funds costs related to community engagement, developing data systems infrastructure and technology, and supporting the ability of designated crisis responders (DCRs) to serve crisis care centers, which are further described later in this subsection.[293] These allowable activities within Strategy 7 are described in Figure 43.

*Figure 43. CCC Levy Administration Activities*

| CCC Levy Administration Activities | |
|---|---|
| **Activity** | **Description** |
| DCHS Administration Costs | DCHS' costs to manage the implementation of the CCC Levy and oversee quality assurance and improvement activities, including but not limited to, DCHS staff costs, third party consulting and technical assistance, and indirect administrative costs. |
| Community Engagement | Community engagement activities include, but are not limited to, costs to reduce barriers to community member participation, translation and interpretation, costs to partner with community-based organizations to engage community members, and costs to organize community engagement events. |
| Data Systems Infrastructure and Technology | Investments in data systems infrastructure and technology to improve care coordination and ensure accurate and timely payment of contractors, and collect necessary data for performance measurement and evaluation. This will include, but may not be limited to, strengthening existing King County Information Technology systems, electronic health record interoperability improvements, and care coordination technical support for behavioral health providers. |
| DCR Accessibility | Activities that can help expedite DCRs' ability to access crisis care centers, including but not limited to, satellite offices and transportation costs to reduce response times. |

[293] King County Crisis and Commitment Services offers evaluation of people with behavioral health disorders for involuntary detention in psychiatric and secure withdrawal facilities according to Washington law. The law for adults is RCW 71.05. [LINK] For youth 13 through 17 years of age the law is RCW 71.34. [LINK] Crisis and Commitment staff who perform these duties are referred to as Designated Crisis Responders (DCRs). They are mental health professionals who are specially trained to conduct a holistic investigation of risk and to treat the person in need with dignity and respect during their time of crisis. [LINK]

## Community Engagement

DCHS intends to prioritize community engagement throughout the term of the CCC Levy to help inform the ongoing implementation, quality improvement, evaluation and performance measurement, and accountability of the Levy. In addition to its engagement related to ongoing implementation activities, DCHS plans to engage community members around the opening of crisis care centers to raise awareness about these new services, including sharing information that is accessible in multiple languages and formats. The importance of community engagement in an ongoing and meaningful way was a consistent theme during implementation planning activities (see Section III.E. Community Engagement Summary: Community Engagement During Future Planning Phases). DCHS will engage community partners and community members impacted by the CCC Levy, including populations experiencing behavioral health inequities (see Section III.C. Key Historical and Current Conditions: Who Experiences Behavioral Health Inequities).[294] Community partners also include, but are not limited to, people who have received CCC Levy funded services, community-based organizations, contracted service providers, and elected officials and policy makers. DCHS intends to conduct listening sessions at least annually to solicit community feedback about the CCC Levy implementation. DCHS also intends to engage community partners in the CCC Levy's performance measurement and evaluation activities by publicly sharing and disseminating its annual reporting, and by soliciting provider feedback on performance measurement to foster accountability and collaboration in the measurement of the CCC Levy's progress.

## Expertise to Support Oversight of Behavioral Health Equity

Measuring behavioral health equity is a complex and nuanced task, as described in Section III.F. Behavioral Health Equity Framework: Quality Improvement Accountability. Convening community partners is important to helping inform a quality metric selection process.[295] DCHS plans to contract with community-based organizations or behavioral health agencies with expertise in culturally and linguistically appropriate services to help DCHS define quality standards and quality improvement activities to better serve people identified in this Plan's background section as populations experiencing behavioral health inequities (see Section III.C. Key Historical and Current Conditions: Who Experiences Behavioral Health Inequities). This investment will help inform quality improvement priorities for crisis care center operators and post-crisis follow-up providers.

[294] Examples of "experiential communities" include persons who have been incarcerated, persons who are survivors of gender-based violence, persons who have been subject to involuntary treatment under Washington's involuntary Treatment Act, military veterans, immigrants, and refugees.

[295] Goldman, M. L., Shoyinka, S., Allender, B., Balfour, M., Eisen, J., Hopper, K., Minkoff, K., Parks, J., Pinheiro, A., Rosa, D., & Shaw, B. (2023). Quality Measurement in Crisis Services. National Council for Mental Wellbeing. [LINK]

**Behavioral Health Equity Highlight**

DCHS will make equity a key focus of CCC Levy administration activities, particularly to respond to Section III.F. Behavioral Health Equity Framework: Quality Improvement and Accountability. The community engagement investments described above are key to respond to community feedback about the importance of accountability and oversight of the CCC Levy, as well as ongoing community engagement (see Section III.E. Community Engagement Summary: Theme G: Accountability Mechanisms and Ongoing Community Engagement). The investments of CCC Levy funds in expert consultations will be critical to ensuring that DCHS is overseeing its behavioral health equity framework using the best standards that are reflective of King County's communities and local context.

### Develop Data Systems Infrastructure and Technology

To advance the purposes of the CCC Levy, DCHS needs to have access to timely and accurate information and secure and reliable data systems. The CCC Levy will invest in data systems infrastructure and technology to improve service providers' ability to coordinate care for people experiencing a behavioral health crisis and to support providers' and DCHS's operational and administrative activities. These enhancements would have the added benefit of strengthening the administration of the entire public behavioral health system in King County, in line with the activities described in Section V.A. Strategy 1: Create and Operate 5 Crisis Care Centers: Oversight of Crisis Care Center Operations and Quality. Furthermore, they would provide more robust data to support DCHS' performance measurement and evaluation activities, including internal and external-facing dashboards and annual reporting, as described in Section VIII. Crisis Care Centers Levy Annual Reporting. CCC Levy investments in data systems infrastructure and technology may include upgrading outdated technology, redesigning databases to make them more efficient, and automating more data processing tasks and reports.

Care coordination is essential during a crisis encounter. Crisis service providers need to be able to efficiently access clinical information such as a client's prior use of clinical services, their responses to prior treatments, and their current active services. This kind of information is critical for informing the initial risk assessment and triage, discharge planning, and engagement in post-crisis follow-up services. It is equally as important for crisis service providers to communicate with other providers, including automated alerts when someone has entered an acute care setting and information sharing to inform warm handoffs as a client begins to transition to longer-term care.

At the time of this Plan's drafting, providers in King County currently have limited access to relevant clinical and social services data, which is a common problem across the United States.[296] The Washington State Health Care Authority and Department of Health are developing statewide crisis system data sharing platforms to support implementation of the 988 Suicide and Crisis Line and related crisis services, as required under E2SHB 1477.[297] DCHS intends to coordinate with the state in these efforts to maximize the local benefits of these state investments. While these state activities are promising, there may remain a need for local investments in data systems and technology infrastructure if there is not full alignment with King County's local needs or timelines. DCHS will assess its progress

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[296] Goldman, M. L., Shoyinka, S., Allender, B., Balfour, M., Eisen, J., Hopper, K., Minkoff, K., Parks, J., Pinheiro, A., Rosa, D., & Shaw, B. (2023). Quality Measurement in Crisis Services. National Council for Mental Wellbeing. [LINK]
[297] 2SSB 1477 (2021). 2SHB 1477's scope included RCW chapters 71.24, 48.43, 43.06, and 82.86. [LINK]

toward data system and technology infrastructure and technology goals periodically to determine if there is a need to focus also on data system improvements solely within King County.

In addition to supporting clinical crisis care coordination, DCHS and crisis care center operators will need robust data systems for operational and administrative functions. As the administrator of King County's Integrated Care Network (KCICN) and Behavioral Health Administrative Service Organization (BH-ASO), DCHS already maintains a core administrative processing system to facilitate payments to providers, reporting to the state and managed care organizations, and monitoring of provider and overall system performance. However, the addition of CCC Levy-funded programs will further add to the demands on the system. The CCC Levy presents a unique opportunity to expand and strengthen DCHS' backbone technologies to securely and reliably manage data that are essential to the success of the CCC Levy.

### Designated Crisis Responder Accessibility

King County Ordinance 19572 requires crisis care centers to provide access to onsite assessment by a designated crisis responder (DCR) when needed.[298, 299] A persistent feature of King County's pre-CCC Levy behavioral health system has been that wait times for a DCR evaluation in community settings have too often been measured in days and weeks instead of minutes and hours.[300,301] While immediately seeking an involuntary commitment hold may in rare cases be appropriate, DCRs' primary responsibility is to conduct a DCR evaluation and make an initial legal determination about whether a person meets legal criteria for detention under Washington's Involuntary Treatment Act.[302] DCRs are mental health clinicians, but they do not provide treatment. DCRs are an essential part of the region's behavioral health crisis response system, but they should rarely be the first or only call a community member makes in a crisis.

The CCC Levy will create a regional network of crisis care centers that will enable treatment to become the first response to a behavioral health crisis. The creation of 24/7 walk-in facilities that provide specialized treatment for crises as they happen is central to the CCC Levy proposal. In addition to increasing access to care, crisis care centers are a key part of DCHS's strategy to reduce DCR response times in community settings by reducing the number of calls that DCRs receive.

During the implementation planning process, DCHS received feedback from community members that timely access to a DCR evaluation is critical when needed, but that DCR access should be held in balance with trying treatment first, promoting least restrictive care, and prioritizing voluntary services. DCHS will address this feedback by investing in activities to expedite DCR assessments of a person who is

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[298] King County Ordinance 19572 [LINK]

[299] King County Crisis and Commitment Services offers evaluation of people with behavioral health disorders for involuntary detention in psychiatric and secure withdrawal facilities according to Washington law. The law for adults is RCW 71.05. For youth 13 through 17 years of age the law is RCW 71.34. Crisis and Commitment staff who perform these duties are referred to as Designated Crisis Responders (DCRs) They are mental health professionals who are specially trained to conduct a holistic investigation of risk and to treat the person in need with dignity and respect during their time of crisis. Crisis and Commitment Services are available 24 hours a day, 365 days a year [LINK].

[300] Washington Post (2022) Fixing the broken lovelies: As American cities deteriorate, a psychiatric nurse reckons with the high price of compassion [LINK].

[301] Seattle Times (2022) Washington's designated crisis responders, a 'last resort' in mental health care, face overwhelming demand. [LINK]

[302] RCW 71.05 [LINK] and 71.34 [LINK]. King County BHRD Crisis and Commitment Services website. [LINK]

experiencing a behavioral health crisis at a crisis care center when clinically appropriate. These activities are described in Figure 43 and include costs such as satellite DCR offices and transportation costs to reduce response times. DCHS will work with crisis care center operators to prioritize least restrictive care options whenever possible, thereby allowing DCRs to respond faster in crisis care centers and community settings to less frequent cases that have already exhausted less restrictive options for care.

### H. Strategy 8: Crisis Care Centers Levy Reserves

The CCC Levy will maintain fund reserves as directed by King County Ordinance 19572.[303] The expenditure plan described in Section VI.B. Financial Plan: Annual Expenditure Plan includes a fund reserve equal to 60 days of budgeted expenditures, less capital expenses, consistent with King County Comprehensive Financial Management Policies.[304] The purpose of the reserve is to ensure continuity of levy-funded operating activities for 60 days if the CCC Levy is not renewed after 2032. The 60-day operating reserve will also help promote continuity of levy-funded activities in the event of fluctuations in CCC Levy revenue or strategy costs.

In addition, Strategy 1: Create and Operate Five Crisis Care Centers and Strategy 2: Restore, Expand, and Sustain Residential Treatment Capacity each reserve a portion of CCC Levy funding to help pay for ongoing capital maintenance costs of behavioral health capital facilities funded by Levy proceeds. These capital resources will promote the future sustainability of behavioral health capital facilities funded by this Plan.

[303] King County Ordinance 19572 [LINK].
[304] King County Comprehensive Financial Management Policies (2016) [LINK]

# VI. Financial Plan

## A. Overview

This section describes the CCC Levy's financial plan and other related financial considerations. These considerations include the CCC Levy's approach to incorporating additional financial resources to complement and augment CCC Levy proceeds, the role of health insurance funding, and the process to makes substantial adjustments to the financial plan. The strategy to establish and maintain CCC Levy reserves is described in Section V.H. Strategy 8: Crisis Care Centers Levy Reserves.

## B. Financial Plan

### CCC Levy Annual Revenue Forecast

Figure 44 illustrates the CCC Levy's annual revenue forecast from January 1, 2024, to December 31, 2032. During 2024, the first year of the CCC Levy, the levy rate will be 14.5 cents per $1,000 in assessed property value. From 2025 to 2032, total levy collections may increase in accordance with Washington State's levy limit, which at the time of this plan's drafting was one percent annually plus the value of new construction as determined by the King County Assessor.[305] The revenue forecast incorporated into this Implementation Plan is from the King County OEFA August 2023 revenue forecast.[306] The revenue forecast depicted in Figure 44 assumes a 99 percent revenue collection rate and an assumption that the CCC Levy's proceeds will generate annual interest revenue at a rate of 0.5 percent.[307,308]

### Annual Expenditure Plan

The CCC Levy's annual expenditure plan between 2024 and 2032 is described in Figure 44. The expenditure plan includes annual investment amounts for each of the CCC Levy's strategies, which are described in Section V. Crisis Care Centers Levy Strategies and Allowable Activities. The expenditure plan also includes one-time costs such as the election costs for King County Proposition 1 in April 2023 and initial planning costs permitted under Ordinance 19572.[309,310] In addition to costs, the expenditure plan also includes health insurance funding assumptions, which account for the share of crisis care center expenses that are projected to be paid for by health insurance, including Medicaid. Additional information about the expenditure plan's health insurance assumptions is described later in this section (see Health Insurance Assumptions). CCC Levy reserves are also depicted in the expenditure plan, and additional reserve information is described in Section V.H. Strategy 8: Crisis Care Centers Levy Reserves.

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[305] Municipal Research and Services Center (MRSC). *Levy Lid Lift*. [LINK]
[306] King County Office of Economic and Financial Analysis' (OEFA) economic forecasts [LINK]
[307] King County Office of Economic and Financial Analysis' (OEFA) economic forecasts [LINK]
[308] Fund revenues and corresponding cash balances accrue interest and County investment pool earnings, which are conservatively estimated at 0.5% of total collected revenues annually.
[309] King County Elections. Ballot Measures: April 25, 2023 Special Election. King County Proposition No. 1: Crisis Care Centers Levy. [LINK]
[310] King County Ordinance 19572 [LINK]

*Figure 44. Crisis Care Centers Levy Projected Revenue and Approximate Annual Allocations by Strategy, 2024-2032* [311]

| Crisis Care Centers Levy Projected Revenue (2024 - 2032) | | | | | | | | | | |
|---|---|---|---|---|---|---|---|---|---|---|
| | **2024** | **2025** | **2026** | **2027** | **2028** | **2029** | **2030** | **2031** | **2032** | **Total** |
| Projected CCC Levy Revenue | $117,304,000 | $119,829,000 | $122,449,000 | $125,130,000 | $127,866,000 | $130,654,000 | $133,489,000 | $136,384,000 | $139,346,000 | **$1,152,451,000** |
| Projected Annual Interest | $587,000 | $599,000 | $612,000 | $626,000 | $639,000 | $653,000 | $667,000 | $682,000 | $697,000 | **$5,762,000** |
| **Total Revenue**[312] | **$117,891,000** | **$120,428,000** | **$123,062,000** | **$125,755,000** | **128,505,000** | **$131,307,000** | **$134,156,000** | **$137,066,000** | **$140,042,000** | **$1,158,213,000** |

| Crisis Care Centers Levy Approximate Allocation by Strategy (2024 - 2032) | | | | | | | | | | |
|---|---|---|---|---|---|---|---|---|---|---|
| | **2024** | **2025** | **2026** | **2027** | **2028** | **2029** | **2030** | **2031** | **2032** | **Total** |
| **Strategy 1:** Create and Operate Five Crisis Care Centers | $16,150,000 | $59,888,000 | $54,816,000 | $72,640,000 | $97,865,000 | $73,069,000 | $82,146,000 | $84,094,000 | $86,147,000 | **$626,815,000** |
| *Projected Additional Medicaid Funding* | *$-* | *$-* | *$3,801,000* | *$15,426,000* | *$27,388,000* | *$35,723,000* | *$40,268,000* | *$40,852,000* | *$41,444,000* | ***$204,904,000*** |
| **Strategy 2:** Restore, Expand, and Sustain Residential Treatment Capacity | $42,000,000 | $33,340,000 | $40,148,000 | $48,575,000 | $1,464,000 | $1,611,000 | $1,772,000 | $1,949,000 | $2,144,000 | **$173,001,000** |
| **Strategy 3:** Strengthen the Community Behavioral Health Workforce | $7,500,000 | $11,849,000 | $13,030,000 | $16,352,000 | $19,894,000 | $22,418,000 | $23,877,000 | $24,199,000 | $24,574,000 | **$163,693,000** |
| **Strategy 4:** Early Crisis Response Investments | $8,200,000 | $6,290,000 | $7,410,000 | $7,518,000 | $7,627,000 | $7,737,000 | $7,522,000 | $7,632,000 | $7,742,000 | **$67,678,000** |
| **Strategy 5:** Capacity Building and Technical Assistance | $1,750,000 | $2,029,000 | $2,058,000 | $1,357,000 | $1,748,000 | $2,203,000 | $2,071,000 | $1,659,000 | $1,683,000 | **$16,559,000** |
| **Strategy 6:** Evaluation and Performance Measurement Activities | $771,000 | $1,099,000 | $1,127,000 | $1,156,000 | $1,239,000 | $1,270,000 | $1,302,000 | $1,335,000 | $1,369,000 | **$10,667,000** |
| **Strategy 7:** CCC Levy Administration | $5,065,000 | $7,581,000 | $9,025,000 | $9,373,000 | $9,626,000 | $9,756,000 | $9,825,000 | $9,763,000 | $9,979,000 | **$79,993,000** |
| Election Costs | $3,500,000 | | | | | | | | | **$3,500,000** |
| Planning Costs | $1,000,000 | | | | | | | | | **$1,000,000** |
| **Total CCC Levy Costs** | **$85,936,000** | **$122,077,000** | **$127,613,000** | **$156,971,000** | **$139,462,000** | **$118,064,000** | **$128,515,000** | **$130,631,000** | **$133,638,000** | **$1,142,908,000** |
| **Strategy 8:** CCC Levy Reserves | $4,354,000 | $2,050,000 | $1,833,000 | $3,506,000 | $5,330,000 | $6,573,000 | $7,281,000 | $7,445,000 | $15,285,000 | |

[311] The dollar amounts in this table are approximate and are rounded to the nearest thousand dollars.

[312] The revenue forecast incorporated into this Plan is from the King County Office of Economic and Financial Analysis' August 2023 revenue forecast. [LINK] The revenue forecast assumes a 99 percent revenue collection rate and an assumption that the CCC Levy's proceeds will generate annual interest revenue at a rate of 0.5 percent.

## C. Sequencing and Timing of Planned Expenditures

King County Ordinance 19572 requires this Implementation Plan to describe the sequence and timing of planned expenditures and activities to establish and operate a regional network of five crisis care centers.[313] This requirement is addressed in Section V.A. Strategy 1: Create and Operate Five Crisis Care Centers: Sequence and Timing of Planned Expenditures and Activities. DCHS plans to open competitive procurement rounds in 2024, 2025, and 2026 if needed to select five crisis care center operators.

King County Ordinance 19572 also requires this Plan to describe how a portion of first year levy proceeds will be allocated to make rapid initial progress towards fulfilling the CCC Levy's Supporting Purposes One and Two.[314] Section V.B. Restore, Expand, and Sustain Residential Treatment Capacity: 2024 Funding Approach for Rapid Initial Progress on Residential Treatment describes how progress will be made in 2024 towards fulfilling Supporting Purpose 1. DCHS plans to open a competitive procurement in 2024 to award capital improvement funding for resident treatment facility operators to help stabilize the sector and prevent additional closures and to award capital funding for new residential treatment facility development. Section V.C. Strategy 3: Strengthen the Community Behavioral Health Workforce: 2024 Funding Approach for Rapid Initial Progress on Behavioral Health Workforce describes how progress will be made in 2024 towards fulfilling Supporting Purpose 2. DCHS plans to distribute resources to help strengthen and support the development of King County's community behavioral health workforce through existing contracts with organizations and new procurement processes.

## D. Seeking and Incorporating Federal, State, and Philanthropic Resources

The CCC Levy's financial plan is designed to advance the Paramount Purpose, Supporting Purpose 1, and Supporting Purpose 2, within forecasted resources. Forecasted resources include projected CCC Levy proceeds and health insurance funding. These funding assumptions are described later in this section (see Levy Annual Revenue Forecast and Health Insurance Assumptions.

In this Implementation Plan's financial plan, the Executive has not assumed federal, state, or philanthropic resources will contribute to achieving the CCC Levy's purposes except for state and federal Medicaid funding based on information available at the time of this Plan's drafting. While this Plan does not depend upon it, government and philanthropic partners have a significant opportunity to bolster the CCC Levy. The Executive will seek investments from government and philanthropic partners to augment CCC Levy proceeds. Figure 45 describes examples of government and philanthropic investments that could complement this Implementation Plan.

Additional philanthropic and government investments in CCC Levy purposes could reduce the amount of CCC Levy proceeds that are needed to fulfill this Plan's strategies. CCC Levy proceeds could then expand funding for strategies through the uses described later in this section (see Process to Make Substantial Adjustments to the Financial Plan). Government and philanthropic partners could also augment the impact of the CCC Levy by investing in other parts of the behavioral health system or in other areas that impact social determinants of health. For example, if federal and state partners invest in affordable housing resources to meet the scale of housing needs of people living with behavioral health conditions and housing instability in King County, individual experiences of behavioral health crises may be reduced.

[313] King County Ordinance 19572. [LINK]
[314] King County Ordinance 19572. [LINK]

*Figure 45. Federal, State, and Philanthropic Opportunities to Augment CCC Levy Proceeds*

| Federal, State, and Philanthropic Opportunities to Augment CCC Levy Proceeds | | | |
|---|---|---|---|
| **Investment Area** | **Federal Government** | **State Government** | **Philanthropy** |
| **Medicaid Rates:** Increase Medicaid rates to reduce the CCC Levy proceeds needed to subsidize services. | x | x | |
| **Non-Medicaid Rates:** Increase non-Medicaid funding for state and federal behavioral health services to reduce CCC Levy proceeds needed to subsidize costs for services and populations ineligible for Medicaid. | x | x | |
| **Mobile Crisis Services:** Increase funding for adult, youth, and specialty population mobile crisis services. | x | x | x |
| **Capital Resources:** Contribute capital resources to land and capital facilities funded by CCC Levy proceeds. | x | x | x |
| **Transition Age Youth:** Dedicate resources to create a specialized crisis care setting and services for transition age youth.[315] | x | x | x |
| **Housing Resources:** Increase housing resources for people living with behavioral health conditions. | x | x | x |
| **Workforce:** Strengthen behavioral health workforce through training, recruitment, and retention funding. | x | x | x |
| **Opioid Overdose Crisis:** Address the opioid crisis by expanding naloxone, MOUD, and other services.[316] | x | x | x |
| **Care Coordination Technology:** Invest in health informatics infrastructure to support crisis system. | x | x | x |

The Executive intends to seek federal and state government funding to complement the CCC Levy through King County's annual legislative agenda and policymaker engagement activities, such as but not limited to briefings, work sessions, and public hearings. DCHS will strive to coordinate the CCC Levy with federal and state crisis service initiatives and investments to maximize resource coordination and crisis system integration. As the state makes ongoing, state-wide investments in crisis facilities and programs, the Executive will continue to seek funds to augment the CCC Levy.

The Executive and DCHS also plan to seek philanthropic funding by sharing opportunities for philanthropic partners to amplify the impact of the CCC Levy proceeds with targeted funding support. Similar to state and federal initiatives, DCHS will strive to coordinate with existing philanthropic initiatives related to crisis services whenever feasible to maximize resource coordination across initiatives.

[315] "Young adult," also known as "transition age youth" means a person between eighteen and twenty-four years of age, per RCW 43.330.702 – Homeless youth—Definitions. [LINK]

[316] Naloxone is a lifesaving opioid overdose reversal medication that can be safely administered in community-based settings. "MOUD" means medication for opioid use disorder and includes medications that are used to support people receiving treatment for opioid use.

## E. Health Insurance Assumptions

### Medicaid Health Insurance

The CCC Levy financial plan assumes that Medicaid health insurance ("Medicaid") will pay for approximately 40 percent of the crisis care centers' operating and service activities and approximately 40 percent of the post-crisis follow-up program's operating and service activities that are described in Section V.A. Strategy 1: Create and Operate Five Crisis Care Centers. CCC Levy proceeds will be used to pay for the remaining 60 percent of these activities' operating and service costs that are expected not to be covered by Medicaid.

DCHS developed the 40 percent Medicaid assumption by analyzing King County's historic crisis service health insurance billing codes and utilization data, estimating the likely health insurance coverage payer mix of people who may access crisis care centers, and reviewing Medicaid funding rates at comparable facilities in Washington State. A review of crisis service health care billing codes and utilization rates showed a range of 29 percent to 50 percent of the client population was eligible for Medicaid, depending on the service type, with a 34 percent average rate of people accessing crisis services. The crisis care centers' payer mix will likely be higher than this 34 percent average rate because crisis care centers are anticipated to disproportionally serve people who are eligible for Medicaid. King County reviewed the share of costs Medicaid covers at comparable crisis facilities in Washington and found a range of 24 percent to 86.5 percent of operating and service costs were covered by Medicaid.[317] This analysis, along with King County's commitment to maximize Medicaid billing through supporting Medicaid enrollment and billing infrastructure, resulted in this Plan's funding assumption reflecting a modest increase from Medicaid utilization rates for crisis services that existed at the time of this Plan's drafting, up to 40 percent Medicaid funding.

The actual Medicaid reimbursement amount, which may vary annually, may be higher or lower than this 40 percent projection based on the implementation of state law directing the state to maximize the use of Medicaid for behavioral health services, including crisis services.[318] Later in this section, this plan describes how excess funding or reduced funding, including funding changes resulting from Medicaid assumptions, will be prioritized (see Process to Make Substantial Adjustments to the Financial Plan).

### Commercial Health Insurance

Recent state legislation regarding emergency health insurance coverage requires commercial health insurance plans ("commercial plans") to cover behavioral health crisis services at the same level as physical health emergency services.[319] As a result of this legislation, beginning in 2024, commercial plans will pay for the types of behavioral health crisis services that will be delivered at crisis care centers as described in Section V.A. Strategy 1: Create and Operate Five Crisis Care Centers. At the time of this Implementation Plan's transmittal, commercial plan payment rates were being negotiated and were unknown. Due to the uncertainty regarding commercial plan rates, the CCC Levy's financial plan does not assume any commercial plan funding will be available to offset CCC Levy's costs. The actual

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[317] The Crisis Solutions Centers in Seattle, WA has a 24 percent Medicaid reimbursement experience. The Spokane Regional Stabilization Center in Spokane, WA has an 86.5 percent Medicaid reimbursement experience.

[318] E2SSHB 1515 [LINK] and SSSB 5120 [LINK] both passed during the 2023 state legislative session and direct the Washington State Health Care Authority to maximize Medicaid billing for crisis services.

[319] Engrossed Second Substitute House Bill 1688 passed during the 2022 state legislative session and requires health insurance carriers to cover emergency services, including services provided at out-of-network facilities, up until the point of stabilization. [LINK]

commercial plan funding will likely be higher than zero dollars. The real amount will be determined by the insurance coverage payer mix of people who receive services at crisis care centers and the final negotiated commercial plan rates. Any future commercial insurance payments will offset CCC Levy expenses and will allow for CCC Levy proceeds to be prioritized for uses described in the next section on the Process to Make Substantial Adjustments to the Financial Plan.

## F. Process to Make Substantial Adjustments to the Financial Plan

### Overview

This subsection describes the process to communicate and make substantial adjustments to the CCC Levy's financial plan. A substantial adjustment is a change or series of changes within the same calendar year to a strategy's annual funding allocation by the greater of five percent or $500,000.

A change is not considered a substantial adjustment if it is due to additional CCC Levy revenue or other funding sources becoming available. In this scenario, the additional CCC Levy revenue must be allocated according to the priorities described later in this section and cannot reduce another strategy's allocation. In addition, CCC Levy proceeds that are not spent within a strategy may be retained within the same strategy for use in a subsequent year without being considered a substantial adjustment for the purpose of this Implementation Plan. Potential causes for substantial adjustments to the financial plan may include, but are not limited to:

- Macroeconomic conditions such as inflation being higher than expected;
- CCC Levy generating less revenue than forecasted;
- Health insurance funding being lower than projected;
- Additional funding contributions allowing CCC Levy proceeds to be reprioritized;
- Unanticipated fluctuations or variations in program costs, and
- Evolving needs, such as workforce conditions and capital project timeline changes.[320]

Expenditure of CCC Levy proceeds in any year remains subject to Council appropriation. Annual reporting requirements directed by Ordinance 19572 and this Plan include annual financial reporting.

### Process for Communicating and Making a Substantial Adjustment

Substantial adjustments to the CCC Levy's financial plan will be communicated according to the process defined in this subsection. If, without Council direction or concurrence, the Executive determines a substantive adjustment to the funding allocations specified in the CCC Levy's financial plan is needed, then the Executive will transmit a notification letter to Council detailing the scope of and rationale for the changes. The Executive may send such notification letters as frequently as twice per year when needed. The Executive will electronically file the letter with the Clerk of the Council, who will retain an electronic copy and provide an electronic copy to all councilmembers, the Council Chief of Staff and the lead staff for the Committee of the Whole, or its successor. Unless the Council passes a motion rejecting the contemplated change within 30 days of the Executive's transmittal, the Executive may proceed with the change as set forth in the notification letter.

### Priorities for Reducing Allocations Due to Revenue that is Less than this Plan's Projections

This subsection describes the process for prioritizing substantial adjustments that reduce this Implementation Plan's annual allocations to one or more strategies. If the projected CCC Levy revenue

[320] In this context, health insurance includes Medicaid and commercial health insurance.

or health insurance funding assumptions are less than this Plan's projections in any year, then it may be necessary to make a substantial adjustment to an allocation amount in one or more strategies. If this occurs, the Executive will identify necessary substantial adjustments according to the priorities described in Figure 46.

***Figure 46. Funding Priorities if CCC Levy Proceed Allocations Must be Reduced Due to Funding that is Less than Projected***

| Funding Priorities if CCC Levy Allocations Must be Reduced Due to Funding that is Less than Projected | |
|---|---|
| **Priority** | **Description** |
| **First Priority** | Maintain funding or minimize reductions to strategies with a direct link to accomplishing the Paramount Purpose to establish and operate a regional network of five crisis care centers in King County.[321] |
| **Second Priority** | Maintain funding or minimize reductions to strategies with a direct link to accomplishing Supporting Purpose 2 to increase the sustainability and representativeness of the community behavioral health workforce in King County through recruitment, retention, and training activities.[322] |
| **Third Priority** | Maintain or minimize reductions to strategies with a direct link to accomplishing Supporting Purpose 1 to restore the number of mental health residential treatment beds to at least 355 and expand the availability and sustainability of residential treatment in King County.[323] |

### Priorities for Allocating Revenue in Excess of this Plan's Original Allocations or to Reflect Additional Funding from Other Sources

This subsection describes the process for prioritizing allocations of CCC Levy revenue that exceed this Implementation Plan's revenue projections, or CCC Levy revenue that becomes available because other funding sources are contributing funding toward this Plan's strategies at a higher level than anticipated. Examples of other funding sources could include but are not limited to higher than assumed health insurance funding or complementary investments made by federal, state, and philanthropic partners to augment the impact of the CCC Levy. Increases to a strategy's allocation due to additional CCC Levy revenue or funding secured for CCC Levy purposes from other sources that do not reduce another strategy's allocation and that comport with this subsection's priorities do not constitute a substantial adjustment for the purposes of this Implementation Plan. Expenditures of CCC Levy proceeds allocated through this prioritization remain subject to Council appropriation. The Executive will apply the priorities described in Figure 47 to allocate additional funding that becomes available because of higher CCC Levy revenue projections or newly available funding from other sources.

***Figure 47. Priorities for Increasing Allocations Due to Additional Funding***

| Priorities for Increasing Allocations Due to Additional Funding | |
|---|---|
| **Reduction Priority** | **Description** |

[321] Strategies with a direct link to accomplishing the CCC Levy's paramount purpose include Strategy 1: Create and Operate Five Crisis Care Centers, Strategy 3: Strengthen the Community Behavioral Health Workforce, and Strategy 5: Capacity Building and Technical Assistance.

[322] Strategy 3: Strengthen the Community Behavioral Health Workforce has a direct link to accomplishing the CCC Levy's Supporting Purpose 2.

[323] Strategies with a direct link to accomplishing Supporting Purpose 1 include Strategy 2: Restore, Expand, and Sustain Residential Treatment Capacity and Strategy 5: Capacity Building and Technical Assistance.

| | |
|---|---|
| 1st Priority | Ensure at least 60 days of operating reserves are funded. |
| 2nd Priority | Increase funding to *Strategy 1: Create and Operate Five Crisis Care Centers* up to the amount needed to satisfy the Paramount Purpose if it has not been satisfied, including funding unanticipated strategy costs due to inflation and providing up to $25 million in any single year for housing stability resources for people who receive services at crisis care centers and are experiencing homelessness. |
| 3rd Priority | Increase funding to *Strategy 3: Strengthen the Community Behavioral Health Workforce* up to $25 million in any single year. |
| 4th Priority | Increase funding to *Strategy 2: Restore, Expand, and Sustain Residential Treatment Capacity* up to the amount needed to restore the number of mental health treatment beds in King County to at least 355 beds, including funding unanticipated strategy costs due to inflation. |
| 5th Priority | Fund the creation and operation of additional crisis care center facilities, components of facilities, or other facilities that CCC Levy data shows would benefit crisis care center clients and are allowed under King County Ordinance 19572.[324] An example of such a facility could include an additional crisis care center specializing in serving transition age youth.[325] |

[324] King County Ordinance 19572 [LINK]
[325] "Young adult," also known as "transition age youth" means a person between eighteen and twenty-four years of age, per RCW 43.330.702 – Homeless youth—Definitions. [LINK]

## VII. Evaluation and Performance Measurement

This section describes how DCHS will approach evaluating and measuring the performance of the CCC Levy. This includes a description of the principles and framework that DCHS will guide evaluation and performance measurement activities. A description of how CCC Levy proceeds will be used to support evaluation and performance measurement activities is included in Section V.F. Strategy 6: Evaluation and Performance Measurement Activities. A description of how community partners may be engaged in evaluation and performance measurement activities is included in Section V.G. Strategy 7: Crisis Care Centers Levy Administration. Lastly, DCHS will create and maintain an online annual report so the public and policymakers can review the performance of the CCC Levy. The CCC Levy's annual report requirements and process are described in Section VIII. Crisis Care Centers Levy Annual Reporting.

### A. Evaluation and Performance Measurement Principles

The evaluation and performance measurement of the CCC Levy will be guided by the principles described in Figure 48. Community engagement feedback and DCHS subject matter experts informed these principles during the implementation planning process.

*Figure 48. CCC Levy Evaluation and Performance Measurement Principles*

| CCC Levy Evaluation and Performance Measurement Principles | |
|---|---|
| **Principle** | **Description** |
| **Transparent and Community Informed** | King County will transparently share evaluation and performance measurement findings via public annual reporting detailed in Section VIII. Crisis Care Centers Levy Annual Reporting, with clearly described methods and reliable data sources that are made available on a regular basis through public platforms. Community partners will be given opportunities to collaborate on approaches and information gathering related to evaluation and performance measurement activities. |
| **Person-Centered** | Throughout performance measurement and evaluation activities, King County plans to center the voices of people engaged with the crisis system to understand their experiences, preferences, and motivations. |
| **Continuously Improving** | DCHS plans to use data to make evidence-informed decisions to improve program quality and service effectiveness in its system oversight role of the CCC Levy. Whenever possible, measurement and evaluation findings and products will be used to engage service providers in continuous quality improvement initiatives. Performance measurement and evaluation approaches may also change over time to be responsive to emergent data needs and implementation factors. |
| **Equitable** | Performance measurement frameworks and evaluations will be grounded in King County's Equity and Social Justice principles.[326] Whenever possible, DCHS plans to measure and document demographic data, including race and ethnicity data, to identify potential disparities and to measure equity impacts on the effectiveness of services. |

[326] King County Equity and Social Justice Strategic Plan (2016-2022). [LINK]

**Behavioral Health Equity Highlight**

To address behavioral health inequities, it is necessary to measure disparities prior to and after implementation of interventions aimed at reducing inequities.[327] Throughout the community engagement process, community partners described the importance of accountability and oversight of the CCC Levy, as well as ongoing community engagement (see Section III.E. Community Engagement Summary: Theme G: Accountability Mechanisms and Ongoing Community Engagement). The CCC Levy's evaluation and performance measurement plan will incorporate these approaches by disaggregating measures by race, ethnicity, or other demographic characteristics at both the program level and across programs for analysis within strategies and result areas. These analyses will yield critical information to advance the behavioral health equity framework described in Section III. F. Behavioral Health Equity Framework: Quality Improvement Accountability.

## B. Evaluation and Performance Measurement Framework

The CCC Levy evaluation and performance measurement framework will focus on reporting measures relevant to monitoring performance of the CCC Levy, advancing continuous quality improvement, and generating clear and actionable evaluation products for the public. It is critical that the crisis services system can grow and evolve by building on what works well and improving what does not. This process should be continuously informed by performance metrics, outcome data, client experiences, and other relevant information, as described in Section V.A. Strategy 1: Create and Operate Five Crisis Care Centers: Continuous Quality Improvement and Quality Assurance.

Evaluation of the CCC Levy will aim to inform strategic learning and accountability. Strategic learning is using data to understand which strategies are effective and why they are effective to inform continuous quality improvement activities.[328] Data from evaluation also supports shared responsibility and accountability for CCC Levy activities between the County and community agencies. Partners are accountable for the activities they are funded to do, while the County is accountable for the overall results of the CCC Levy.

The scale and complexity of the CCC Levy requires an evaluation approach that encompasses a range of measurement techniques. The evaluation framework will therefore include three overall approaches:

4. **Population Indicators:** DCHS will use population level measures to identify needs, characterize baseline conditions, and track trends. While the goal is for the CCC Levy to contribute to population level outcomes in the long term, there are multiple other sectors and community factors that are also responsible for countywide conditions and, as a result, influence these measures. It is therefore difficult to attribute changes in population indicators — positive or negative — to the CCC Levy itself.
5. **Performance Measurement:** Performance measures are regularly generated and collected descriptors of program processes and outcomes that can be used to assess how well a strategy is working.
6. **In-Depth Evaluation:** Additional evaluation activities will complement performance measurement to deepen learnings and understand selected CCC Levy investments'

[327] Goldman, M. L., & Vinson, S. Y. (2022). Centering equity in mental health crisis services. World Psychiatry, 21(2), 243–244. [LINK]

[328] Center for Evaluation Innovation. Evaluation for Strategic Learning: Assessing Readiness and Results. [LINK]

effectiveness. Approaches may include piloting new programs, developing new evaluation tools, and identifying areas that may benefit from new or deeper community supports. DCHS may contract with one or more third party, independent organization(s), or engage in public private partnerships to conduct in depth evaluations.

These three approaches are described in more in the following subsections.

### Population Indicators

The CCC Levy will impact two priority populations, detailed in the list below, which reflect the two facility-focused purposes of the CCC Levy. DCHS will focus on measuring how these populations change over time in size and demographics. Where feasible, DCHS will disaggregate population indicator data by demographic characteristics to advance King County's equity goals, including evaluating representativeness of services by comparing priority population demographics to regional population demographics (see Section III. F. Behavioral Health Equity Framework: Quality Improvement and Accountability). DCHS will also measure how the CCC Levy, as a part of the King County behavioral health system, provides services to these two priority populations. Building on the King County Behavioral Health Data System, DCHS plans to use the following definitions to provide estimates for following population indicators, which reflect the purposes of the CCC Levy as noted in parentheses:

1. People seeking immediate and in person crisis care through intervention and stabilization services provided by county contracted crisis services (Paramount Purpose); and
2. People seeking residential treatment care and who have an open authorization to receive residential treatment with county contracted residential treatment providers (Supporting Purpose 1).

### Performance Measurement

DCHS will measure and report on the impact of the CCC Levy in the three domains defined by Results Based Accountability (RBA) framework, as appropriate.[329] The RBA framework describes performance measurement by asking three key questions: how much did we do, how well did we do it, and is anyone better off? The measurement framework will focus on reporting measures relevant to continuous quality improvement and generating clear and actionable evaluation products to the public.

This approach to performance measurement will promote strategic learning and accountability through transparency and collaboration with partners funded through the CCC Levy. The RBA framework also helps reduce data collection burden for providers and ensures that measurement reflects both program and community definitions of progress. Consistent with standard practice for the department, DCHS will give service providers the opportunity to inform final plans for performance measurement to ensure they include meaningful measures and feasible reporting requirements.

For every strategy of the CCC Levy that is competitively procured, procurement materials such as requests for proposal (RFPs) will include proposed performance measures to transparently communicate contract expectations based on the CCC Levy's intended impact and likely reporting requirements. During the contract negotiation process, DCHS will engage with funded service providers to finalize a performance measurement plan. The finalized performance measurement plan will capture the individual program model's unique aspects, while also adopting standardized measures to facilitate measuring the CCC Levy's collective impact.

[329] Clear Impact. What is Results Based Accountability? [LINK]

Performance measures across programs will vary based on the populations served, duration of services, type of investment and activity, and funding duration. These measures can be quantitative or qualitative. DCHS intends to require contracted service providers to regularly report data for CCC Levy funded programs and strategies and will collect performance measurement data in a consistent manner. The timeline for developing and reporting measures will be distinct for each program and will depend on its implementation stage and data collection requirements. Specific measures will be finalized in consultation with providers and refined periodically.

For strategies that are investing in directly providing behavioral health services to clients, DCHS plans to collect and monitor performance measures on individuals served, the nature of services provided, and associated outcomes to support the implementation of Strategy 1: Create and Operate Five Crisis Care Centers and Strategy 2: Restore, Expand, and Sustain Residential Treatment Capacity. Individual level data may be collected on people receiving services to disaggregate measures by race, ethnicity, or other demographic characteristics at both the program level and across programs for analysis within strategies and result areas.

For strategies that are investing in workforce or systems infrastructure, DCHS plans to collect and monitor performance measures among community behavioral health providers that describe agency attributes such as workforce characteristics, activities conducted, and associated outcomes to support the implementation of Strategy 3: Community Behavioral Health Workforce.[330] Individual-level data may be collected on agency staff to disaggregate measures by race, ethnicity, or other demographic characteristics at both the program level and across programs for analysis within strategies and result areas.

Across all strategies, DCHS intends to continue expanding the ways in which populations experiencing behavioral health inequities (see Section III.C. Background: Who Experiences Behavioral Health Inequities) are visible in data and are involved in decisions about what data are gathered and how it is interpreted. This may include expanding the ways existing systems disaggregate data by race and ethnicity, developing new methods for data collection, continuing to report on both numbers and stories to value participants' experiences, increasing opportunities for community reflection and feedback on data analysis, and evaluating representativeness by comparing demographics of people reached by CCC Levy strategies to regional population demographics. A description of how community partners will be engaged in evaluation and performance measurement activities is included in Section V.G. Strategy 7: Crisis Care Centers Levy Administration.

[330] In the context of this Plan, "community behavioral health" means agencies that meet the requirements defined in the Revised Code of Washington Chapter 71.24 Community Behavioral Health Services Act [LINK], are licensed by the Washington State Department of Health as a community behavioral health agency as defined in Chapter 246-341 Washington Administrative Code [LINK] and are contracted with the King County Behavioral Health Administrative Services Organization or King County Integrated Care Network. Community behavioral health agencies must serve people who are enrolled in Medicaid health insurance to be eligible for CCC Levy funding through Strategy 3. Providers with expertise in culturally and linguistically appropriate services that are exempted from these requirements and receive CCC Levy funds will also be required to participate in performance measurement activities described in this Plan.

### In-Depth Evaluation

Performance measurement and evaluation activities may also include additional in-depth evaluations that are more focused in scope, time, or substance to inform program decision making and to ensure that the CCC Levy is functioning as intended. To conduct such evaluations for the CCC Levy, DCHS may contract with external research partners or engage in public-private partnerships to augment its own data collection, measurement, and evaluation work. Where feasible, DCHS will disaggregate in-depth evaluation data by demographic characteristics to advance King County's equity goals.

In collaboration with community partners, the CCC Levy plans to use the following criteria for selecting priority areas for evaluation:

1. **High interest from community partners**. Evaluations identified as being of critical need or interest to King County Council, community-based organizations, providers, the King County Behavioral Health Advisory Board, and others community partners as applicable.
2. **High potential to improve equity**. Evaluations that focus on identifying disproportionalities in services, or serving the needs of communities who have the least access to services.
3. **High potential to improve quality of services**. Evaluation of programs or processes that are integral to quality of care, and where findings can be used with partners for continuous quality improvement.
4. **Provide new evidence**. Evaluation of new or existing programs that can fill a gap in the scientific evidence base and enhance program learning and adaptation.
5. **High quality data**. Evaluations will be selected to leverage available robust, rigorous, and sustainable data sources; results may also inform where further data infrastructure investments are needed.

The design of potential evaluations will be based on what is appropriate for the program's stage of implementation, and the existing evidence base for effectiveness of the selected program models. Options include, but are not limited to:

- **Formative evaluation** to support innovation and decision making for a new program;
- **Process evaluation** to support program implementation and improvements, and,
- **Outcomes evaluation** to demonstrate whether the program is leading to the desired results.

The timeline for completing in-depth evaluations will depend on when baseline data are available; the point at which a sufficient number of individuals have reached the outcome to generate a statistically reliable result; and the time needed for data collection, analyses, and interpretation of data.

## C. Aligning CCC Levy Performance Measurement and Reporting with Other Dedicated Human Services Funding Initiatives

DCHS intends to align CCC Levy performance measurement and reporting with other dedicated human services funding initiatives where possible. Alignment is important because King County residents' health and human services needs span the boundaries of federal, state, and local funding. Revenue from the CCC Levy, along with the MIDD, Best Starts for Kids (BSK), the Veterans, Seniors, and Human Services Levy (VSHSL), and Health Through Housing (HTH) constitutes a substantial portion of King County's local health and human service investments. Many of the County's dedicated human services funding streams are time-limited, requiring periodic renewal. MIDD (expires after 2025), BSK (expires after 2027), and VSHSL (expires after 2029) initiatives will require renewal during the CCC Levy period to continue, and the County's updated implementation plan for HTH is also due in 2027 during the CCC Levy period. In

the development of this Implementation Plan, DCHS staff engaged across initiatives to coordinate planning efforts. These overlapping funding timelines offer opportunities over the course of the CCC Levy to innovate, adapt, and tune performance measurement and reporting in response to community needs.

In response to a proviso included in King County's 2017-2018 adopted budget, DCHS has invested heavily in data systems and infrastructure to responsibly collect, manage, and share information, with the goal to make data widely accessible and used to animate conversations, spark innovation, and direct programming and policy decisions to benefit King County residents.[331] These investments have made possible new data products, including online dashboards, that provide insight on participants in programs and activities and how they access services, as well as how investments and services are geographically distributed. This information supports monitoring and evaluating the collective impact in communities and informs continuous improvement of service delivery. Using these tools, DCHS collaborates with program participants, contracted service providers, and its own direct services staff to collect high-quality data, review program performance, and develop and monitor quality improvement initiatives.

In July 2022, DCHS released a consolidated dashboard to report data on BSK, MIDD, and VSHSL funded services.[332] In 2023, the dashboard added data for all programs and activities, including those that were federally funded, in the Behavioral Health and Recovery Division and the Developmental Disabilities and Early Childhood Supports Division. By 2025, expansion of this dashboard will include further information from all DCHS divisions to transparently share how the department works to help strengthen the communities of King County. By 2026, CCC Levy data will be included in this dashboard to transparently show how this initiative works to help strengthen the communities of King County.

[331] Motion 15081 accepts DCHS' report on consolidated human services reporting, as required by Ordinance 18409, Section 66, Proviso P2. [LINK]
[332] The consolidated dashboard is titled *Understand DCHS' Impact.* [LINK]

# VIII. Crisis Care Centers Levy Annual Reporting

## A. Annual Reporting Process and Requirements

Beginning in 2025, the Executive will make available an online annual report of the CCC Levy that is publicly available to the community and all interested parties, including the King County Council and Regional Policy Committee or its successor. The CCC Levy online annual report will detail each year's annual results. The first year's report, to be provided by August 15, 2025, will report information from calendar year 2024. Subsequent annual reports will continue to be provided by August 15 of the following year until August 15, 2033.

DCHS staff will generate the annual report in alignment with reporting requirements. The report will then be certified by the King County Behavioral Health Advisory Board (BHAB) or its successor, which is described in Section IX. Crisis Care Centers Levy Advisory Body. When each year's online annual report is available for review, and no later than August 15 each year, the Executive will make the report available widely to the King County Council, the Regional Policy Committee, and the community through DCHS' communications channels. The BHAB or its successor will certify the CCC Levy online annual report and its accompanying letter confirming the online report is updated with the previous year's data and is ready for review prior to its transmission to Council.[333]

Consistent with Ordinance 19572 requirements, the CCC Levy online annual report will include: [334]

1. Total expenditure of CCC Levy proceeds by crisis response zone, purpose, and strategy reported by King County ZIP code,[335] and
2. The number of individuals receiving CCC Levy funded services by crisis response zone, purpose, strategy, and levy purpose reported by the King County ZIP code where the individuals resided at the time of services.[336]

Additionally, the CCC Levy online annual report will include:

3. An overview of CCC Levy accomplishments during the previous calendar year, and changes DCHS intends to make or direct to improve performance in the following year, when applicable;
4. The CCC Levy's fiscal and performance measurement during the applicable calendar year, and
5. A map or summary describing the CCC Levy's geographic distribution. [337]

As part of this online annual reporting, on behalf of BHAB, the Executive will transmit directly to the Council a summary of the online annual reporting in the form of a concise letter that:

- Confirms availability of the online annual report and includes a web link or links;
- Identifies how the online annual report meets the requirements of Ordinance 19572, [338] and
- Summarizes key data and conclusions in the five areas above, including an overview of accomplishments; fiscal and performance management; expenditure of levy proceeds by crisis

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[333] King County Ordinance 19572 [LINK].
[334] King County Ordinance 19572 [LINK].
[335] Reporting of expenditures and service participant data by zip code will reflect the methodology and limitations described in Subsection XI.B of this Plan.
[336] Reporting of expenditures and service participant data by zip code will reflect the methodology and limitations described in Subsection XI.B of this Plan.
[337] Reporting of expenditures and service participant data by zip code will reflect the methodology and limitations described in Subsection XI.B of this Plan.
[338] King County Ordinance 19572 [LINK].

response zone, strategy, and levy purpose by King County ZIP code; the number of individuals receiving levy-supported services by crisis response zone, strategy, and levy purpose by King County ZIP code; and a map or summary describing CCC Levy's geographic distribution.[339] This information will be described in greater detail within the online annual reporting.

The Executive will accompany the summary of the online annual report with a motion acknowledging receipt of the letter and completion of the online annual report requirement. The Executive will be prepared to present a briefing at the invitation of the King County Council or its committees, including the Regional Policy Committee, on the contents of the online annual report, to inform the Council's consideration of this motion.

## B. Reporting Methodology to Show Geographic Distribution by ZIP Code

Consistent with King County Ordinance 19572, DCHS will report total expenditures of CCC Levy proceeds by crisis response zone, purpose, and strategy by ZIP code in King County, reflecting the methodology and limitations described in this subsection. DCHS will also report the number of individuals receiving CCC Levy funded services by crisis response zone, purpose, and strategy by the ZIP code in King County where the individuals resided at the time of service, also reflecting the methodology and limitations described in this subsection. ZIP code data will be reported using maps or other visualizations to aid interpretation of the data.

### ZIP Code Reporting Methodology

DCHS intends to report expenditures by ZIP code data for all services that operate from a fixed brick and mortar location in the CCC Levy annual report, beginning with its inaugural report, which will be completed in August 2025. DCHS intends to align methodology and dissemination practices for reporting program expenditures by ZIP code based on available data or modeling with approaches implemented in 2023 for Best Starts for Kids, and that are planned for the Veterans, Seniors, and Human Services Levy consistent with the adopted Veterans, Seniors, and Human Services Levy Implementation Plan for 2024-2029.[340]

DCHS evaluators may calculate expenditures by ZIP code through service provider location and program participant residence. Both approaches provide an understanding on the spread of expenditures across King County. For example, CCC Levy partners may provide a mix of virtual, mobile, and in-person programs and services. Reporting by service provider location may not fully capture the service reach. Alternatively, reporting by program participant residence may not capture difficulties participants may have accessing services, including transportation. Many program participants access programs in more than one way. Using more than one methodology to assess expenditures by ZIP code can help deepen understanding of how programs are accessible to people throughout the County.

### ZIP Code Reporting Limitations

Collection of program participant ZIP code data may be limited for some programs in Strategy 1: Create and Operate Five Crisis Care Centers, Strategy 2: Restore, Expand, and Sustain Residential Treatment Capacity, Strategy 3: Strengthen the Community Behavioral Health Workforce; Strategy 4: Early Crisis Response Investments; and Strategy 5: Capacity Building and Technical Assistance. The limitations

[339] Reporting of expenditures and service participant data by zip code will reflect the methodology and limitations described in Subsection XI.B of this Plan.
[340] Best Starts for Kids Implementation Plan: 2022-2027. [LINK]

include activities associated with, but not limited to, mobile programs or programs serving people experiencing homelessness, refugees, people experiencing acute crisis, or people who are survivors of domestic violence. Geographic information may not be available or relevant for programs and strategies that invest in systems and environment change and strategies that support systemwide workforce capacity building. ZIP code collection may also not be possible for programs that are required to use an existing data system that the CCC Levy cannot revise, or when a legal framework prevents the sharing of these data. All reporting by ZIP code will continue to abide by privacy and confidentiality guidelines.

**Behavioral Health Equity Highlight**

An important example of populations experiencing behavioral health inequities (see Section III.C. Key Historical and Current Conditions: Who Experiences Behavioral Health Inequities) is people living in rural areas, who experience significant disparities in mental health outcomes despite having similar prevalence of mental illness to those living in metropolitan areas.[341] King County community members and providers articulated that poor geographic access to care can be a significant barrier for people in behavioral health crisis, as described in Section III.E. Community Engagement Summary: Theme B: Increase Access to Care for Populations Experiencing Behavioral Health Inequities. The information on geographic variations that will be included in annual reports may provide important insights into serving rural communities in King County, which will help advance the equity goal described in Section III. F. Behavioral Health Equity Framework: Quality Improvement Accountability.

[341] Morales DA, Barksdale CL, Beckel-Mitchener AC. A call to action to address rural mental health disparities. J Clin Transl Sci. 2020 May 4;4(5):463-467. [LINK]

# IX. Crisis Care Centers Levy Advisory Body

## A. Overview

This section describes the composition, duties of, and process to establish the CCC Levy's advisory body, consistent with King County Ordinance 19572.[342] The Ordinance allows for the CCC Levy's advisory body to be a preexisting King County board that has relevant expertise.[343] This Plan identifies the King County Behavioral Health Advisory Board (BHAB) to serve as the advisory body because it has the relevant expertise to advise the Executive and the Council on matters relating to behavioral health care and crisis services in King County.[344] Once adopted, the advisory body ordinance that accompanies this Plan will expand BHAB's membership requirements and duties to include advising the Executive and the Council regarding the CCC Levy once it is enacted.

## B. BHAB Background and Connection to CCC Levy Purposes

Integrating the CCC Levy's advisory duties into the BHAB will help promote the coordination and integration of crisis services across the continuum of behavioral health care managed by King County. BHAB is the advisory body of the King County BH-ASO. The BH-ASO is the administrative entity within King County BHRD that contracts with the Washington State HCA to manage non-Medicaid behavioral health services, behavioral health block grants, and other behavioral health funds, with a significant focus on crisis services. A significant portion of King County's existing behavioral health crisis services are administratively organized under the BH-ASO. As the advisory body of the BH-ASO, BHAB has relevant expertise related to King County crisis services and is well positioned to advise the Executive and Council regarding the CCC Levy. In addition to having the relevant expertise, centralizing advisory duties within BHAB will ensure there is a single advisory body for King County's continuum of crisis services. This approach is intended to help avoid system fragmentation and to promote an integrated approach to managing crisis services at the system level.

The CCC Levy's advisory board member composition requirements and advisory duties complement BHAB's statutory and contractual requirements. BHAB membership requirements and duties are established in the Revised Code of Washington (RCW) 71.24.300, Washington State Administrative Code (WAC) 182-538C-252, King County's BHASO contract with the HCA, and King County Code 2A.300.050.[345,346,347,348] King County Ordinance 19572 defines the CCC Levy advisory board's membership requirements and duties, which complement BHAB's existing requirements.[349] Thus, the BHAB's board member composition requirements and advisory duties can be expanded to include advising on the CCC Levy while still complying with state requirements.

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[342] King County Ordinance 19572 [LINK]
[343] King County Ordinance 19572 [LINK]
[344] King County Behavioral Health Advisory Board [LINK]
[345] RCW 71.24.300 [LINK]
[346] WAC 182-538C-230 [LINK]
[347] King County Code 2A.300.050 [LINK]
[348] HCA BH-ASO 2023 contract. [LINK]
[349] King County Ordinance 19572 [LINK]

## C. Expansion of the King County Behavioral Health Advisory Board's Composition

### Updated BHAB Membership Requirements

This Implementation Plan and its accompanying proposed advisory body ordinance update BHAB's membership to incorporate all the requirements of its underlying legal authorities, including new requirements from King County Ordinance 19572.[350] These requirements are all reflected in the proposed ordinance amending King County Code (KCC) 2A.300.050 that accompanies this Plan, and are summarized in Figure 49.

***Figure 49. Matrix of BHAB Membership Requirements Represented in this Plan and the Accompanying Ordinance to Update KCC 2A.300.050[351]***

| | **Matrix of Behavioral Health Advisory Board (BHAB) Membership Requirements Reflected in this Plan and the Accompanying Ordinance to Update KCC 2A.300.050[352]** | | | | | |
|---|---|---|---|---|---|---|
| | **Membership Requirement** | | | | | |
| **Underlying Legal Authority** | At least 51% people with lived experience of a behavioral health condition | At least 2 people who have received crisis stabilization services | Representative of King County's demographics | At least 1 representative of each crisis response zone | At least 2 members with professional training in behavioral health crisis care | At least 1 law enforcement representative |
| King County Ordinance 19572[353] | Compatible | Required | Required | Required | Required | Compatible |
| RCW 71.24.300[354] | Compatible | Compatible | Required | Compatible | Compatible | Required |
| WAC 182-538C-252[355] | Required | Compatible | Required | Compatible | Compatible | Required |
| HCA BHASO Contract[356] | Required | Compatible | Required | Compatible | Compatible | Required |

[350] King County Ordinance 19572 [LINK]
[351] King County Code 2A.300.050 [LINK]
[352] King County Code 2A.300.050 [LINK]
[353] King County Ordinance 19572 [LINK]
[354] RCW 71.24.300 [LINK]
[355] WAC 182-538C-230 [LINK]
[356] Washington State Health Care Authority Behavioral Health Administrative Services Organization 2023 contract [LINK]

BHAB's membership will be composed of no fewer than nine and no more than 18 members who serve three-year terms. BHAB members may serve a maximum of two consecutive terms, in addition to any partial terms. The members of the BHAB will annually elect from their membership a chair and vice chair to plan meeting agendas and sign the annual reporting letter required by this implementation. To fulfill the membership requirements of both the state and the CCC Levy, BHAB membership will:

- **Be representative of King County's demographics.** This means BHAB members will be representative of the demographics of people living in King County, such as race and ethnicity, gender identity, sexual orientation, people who identify as members of experiential communities, and other demographic groups and identities. [357]
- **Meaningfully include people with lived experience of a behavioral health condition.** This means at least 51 percent of BHAB members will have lived experience and/or self-identify as a person in recovery from a behavioral health condition or be a parent or legal guardian of a person with lived experience of a behavioral health condition.[358] At least two members must be persons who have previously received crisis stabilization services.
- **Include representatives of each crisis response zone**. This means BHAB membership will include at least one resident of each crisis response zone, which are defined in King County Ordinance 19572.[359]
- **Include representation of persons engaged professionally in behavioral health services or systems.** This means BHAB membership will include at least two persons with professional training and experience in the provision of behavioral health crisis care and at least one law enforcement representative.[360]

In addition to these requirements, no employees, managers, or other decision makers of King County BHASO subcontracted agencies who have the authority to make policy or fiscal decisions on behalf of the subcontractor may serve on the BHAB.[361] No more than four elected officials may serve on the BHAB.[362] BHAB's board composition must comply with state law and regulations.[363,364]

[357] Examples of "experiential communities" include persons who have been incarcerated, persons who are survivors of gender-based violence, persons who have been subject to involuntary treatment under Washington's involuntary Treatment Act, military veterans, immigrants, and refugees.
[358] WAC 182-538C-252 and King County's BH-ASO contract with the Washington State HCA require BHAB's membership composition to be at least 51 percent people with lived experience or parents or guardians of people with lived experience. [LINK]
[359] King County Ordinance 19572 [LINK]
[360] RCW 71.24.300 requires law enforcement representation on BHAB. [LINK]
[361] Requirement of HCA BH-ASO 2023 contract. [LINK]
[362] Requirement of HCA BH-ASO 2023 contract. [LINK]
[363] RCW 71.24.300 [LINK]
[364] WAC 182-538C-230 [LINK]

**Behavioral Health Equity Highlight**

Community feedback during the CCC Levy planning process emphasized the importance of accountability and oversight of the CCC Levy, as well as ongoing community engagement (see Section III.E. Community Engagement Summary: Theme G: Accountability Mechanisms and Ongoing Community Engagement). The Behavioral Health Advisory Board will play an important role by providing a forum for people with demographics representative of King County as well as lived experience of mental health and substance use conditions to inform DCHS on the CCC Levy's impacts, which will help advance the equity goal described in Section III. F. Behavioral Health Equity Framework: Quality Improvement Accountability.

### BHAB Member Recruitment Process

Members of the BHAB as of the time of this Plan's drafting will continue to serve their advisory board terms at the time this Implementation Plan and its accompanying advisory board ordinance are enacted. When BHAB seats become vacant, the King County Executive will recruit and select new BHAB members, informed by the composition requirements of the BHAB. The Executive will transmit a notification letter, either in aggregate or individually, that includes the name, biography, and term of each prospective member to the King County Council before appointing any member to BHAB. The Executive will electronically file the letter with the Clerk of the Council, who will retain an electronic copy and provide an electronic copy to all councilmembers, the Council Chief of Staff, and the lead staff for the Committee of the Whole, or its successor. The Executive may proceed with the appointments set forth in the notification letter unless the King County Council passes a motion requesting changes to the proposed appointments within 30 days of the Executive's transmittal. This process will ensure the Executive can efficiently achieve and maintain representation of the many intersecting BHAB member identities that are required while also ensuring an efficient member selection process.

### BHAB Support

DCHS will provide staff support to BHAB and, in consultation with BHAB, will help BHAB fulfill its required duties described in this section. DCHS will work to remove barriers for members to participate on BHAB through strategies such as compensating people with lived experience for their time devoted to the official work of BHAB, in accordance with King County Office of Equity and Social Justice guidance and DCHS financial policies.

## D. Expansion of BHAB's Duties to Include the CCC Levy

BHAB is responsible for advising the King County BH-ASO on the design and implementation of publicly funded behavioral health services.[365] This Implementation Plan and its accompanying advisory board ordinance expand the duties of BHAB to include the CCC Levy's advisory board duties required in King County Ordinance 19572. [366] These additional required duties include:

- Advise the King County Executive and Council on matters affecting the CCC Levy;
- Visit each existing crisis care center annually to better understand the perspectives and priorities of crisis care center operators, staff, and clients, and
- Report on the CCC Levy to the Council and the community through annual online reports beginning in 2025, as described in Section VIII. Crisis Care Centers Levy Annual Reporting.

[365] King County Behavioral Health Advisory Board Bylaws [LINK]
[366] King County Ordinance 19572 [LINK]

BHAB's additional duties related to advising the CCC Levy will go into effect on the effective date of the advisory body ordinance that accompanies this Plan.

### E. Process to Update CCC Levy Advisory Body if Necessary

Existing BHAB membership requirements and duties defined by state law and state contracts may be updated during this Implementation Plan's term. These potential changes could require adjustment of BHAB's membership composition or duties that are described in this Implementation Plan and the accompanying advisory body ordinance. If BHAB's requirements are updated by the state in a way that is no longer compatible with the CCC Levy or if the Executive determines that a different CCC advisory body will better serve effective administration of the CCC Levy, then the Executive may propose an ordinance to the Council to update the CCC Levy's advisory board structure.

## X. Conclusion

King County voters approved the Crisis Care Centers Levy on April 25, 2023. The nine-year levy begins on January 1, 2024, starting an ambitious timeline to transform the region's behavioral health crisis response system, restore the region's flagging mental health residential facilities, and reinforce the workforce — the people — upon whom tens of thousands of King County residents depend for their behavioral health. This Plan lays the path that King County, cities and other local jurisdictions, and behavioral health providers must travel with urgency, common purpose, and strong partnership so that future generations will have a safe, accessible, and effective place to go in a moment of mental health or substance use crisis.

**King County begins this levy at a critical moment.** The other systems upon which society depends — schools, the legal system, housing providers, first responders, hospitals, employers, and so many more — newly recognize that they cannot fully function if the people they serve cannot get behavioral health care. Federal and state funding for behavioral health have not kept pace with needs, and local communities, families, and individuals bear the results. Without better options, too many King County residents experiencing a crisis have languished in a jail, emergency room, on the street, or alone in their home when what they needed was a place they could get same-day care from a trained and supportive professional in a setting that helps, instead of making symptoms or underlying conditions worse.

**The Crisis Care Centers Levy also comes at a moment of new opportunity.** Other communities have tested and proven models of care and facility types that help people get better. Mental health and substance use treatments work when they are accessible and properly administered with dignity. King County residents newly understand the ways that stigma has driven people living with behavioral health conditions to cover them up instead of seeking care. A new 988 crisis line gives people in crisis someone they can call. Governments at all levels are investing in new teams and approaches that respond to more emergency calls with behavioral health clinicians.

At this moment when long-forming needs meet new attitudes and infrastructures, people in crisis increasingly have *someone they can call* and *someone to respond* to those calls. This Crisis Care Centers Levy Implementation Plan describes how King County will focus new resources and efforts to create *somewhere for people to go* — and to know that there will be providers there to help.

**But plans do not by themselves make change.** Creating a regional network of crisis care centers, restoring the region's recently lost residential treatment capacity, and growing and better supporting a more representative workforce in nine years will require King County, cities and other local jurisdictions, and providers to work together in new ways. King County must fully resource and staff this Plan's strategies, maintaining disciplined prioritization — and avoiding diffusion — of the Levy's proceeds and staff capacity. Cities, other local jurisdictions, and communities must embrace and support development of new behavioral health facilities. Providers will need to incorporate new practices, integrate services, and coordinate care with new partners. All must communicate, collaborate, and be accountable with a new commitment to creating a behavioral health system and model of cooperation that future generations will be proud of and depend on.

**The Crisis Care Centers Levy provides the resources. This Implementation Plan lays the path. The task is now to King County, cities, and providers to make it happen.**

# XI. Appendices

## Appendix A: Crisis Care Centers Levy Ordinance 19572 Text

AN ORDINANCE providing for the submission to the qualified electors of King County at a special election to be held in King County on April 25, 2023, of a proposition authorizing a property tax levy in excess of the levy limitation contained in chapter 84.55 RCW, for a consecutive nine-year period, at a first year rate of not more than $0.145 per one thousand dollars of assessed valuation for collection beginning in 2024, with the 2024 levy amount being the base for calculating increases in years two through nine (2025 - 2032) by the limit factor in chapter 84.55 RCW, as amended, for regional behavioral health services and capital facilities to establish and operate a regional network of behavioral health crisis care centers; to preserve, expand and maintain residential treatment facilities; to provide behavioral health workforce supports; to provide mobile crisis care and post-discharge stabilization; to pay, finance or refinance costs of those projects; and for administration, coordination, implementation and evaluation of levy activities.

STATEMENT OF FACTS:

1. King County's behavioral health crisis service system relies heavily on phone support and outreach services, with very few options of places for persons to go for immediate, life-saving care when in crisis.
2. As of September 2022, the Crisis Solutions Center, operated by Downtown Emergency Service Center and requiring mobile team, first responder or hospital referral for entry, is the only voluntary behavioral health crisis facility for the entirety of King County, and no walk-in urgent care behavioral health facility exists in King County.
3. A coalition of community leaders and behavioral health providers issued recommendations to Seattle and King County in an October 13, 2021, letter that included recommendations to "expand places for people in crisis to receive immediate support" and "expand crisis response and post-crisis follow up services."
4. Call volume to King County's regional behavioral health crisis line increased by 25 percent between 2019 and 2021, from 82,523 calls in 2019 to 102,754 calls in 2021.
5. The number of persons per year who received community-based behavioral health crisis response services in King County increased 146 percent between 2012 and 2021, from 1,764 persons served in 2012 to 4,336 persons served in 2021.
6. Referrals for mobile crisis outreach in King County grew 15 percent between 2019 and 2021, from 4,030 referrals in 2019 to 4,648 referrals in 2021.
7. King County's designated crisis responders conducted 14 percent more investigations for involuntary behavioral health treatment in 2021, when they investigated 9,189 cases, than in 2017 when they investigated 8,066 cases. There was a 10 percent increase in detentions or revocations for involuntary hospitalization during that same period, from 4,387 in 2017 to 4,806 in 2021.
8. The wait time for a King County resident in behavioral health crisis in a community setting to be evaluated for involuntary behavioral health treatment tripled between January 2019 and June 2022, from 4 days to 12 days.
9. The U.S. Department of Health and Human Services reported that in August 2022, the first full month that the new national 988 Suicide and Crisis Lifeline was operational, the overall volume of calls, texts and chats to the Lifeline increased by 152,000 contacts, or 45 percent, compared to the number of contacts to the National Suicide Prevention Lifeline in August 2021.
10. The federal Substance Abuse and Mental Health Services Administration's ("SAMHSA's") National Guidelines for Behavioral Health Crisis Care, and its vision for the implementation of the new national

988 Suicide and Crisis Lifeline, call for the development of safe places for persons in crisis to go for help as part of a robust behavioral health crisis system.

11. In 2021, the Washington state Legislature passed Engrossed Second Substitute House Bill 1477, which became Chapter 302, Laws of Washington 2021, to support implementation of 988 in Washington, to further SAMHSA's overall vision and build on the crisis phone line change by expanding and transforming crisis services.

12. RCW 71.24.025 defines crisis stabilization services to mean services such as 23-hour crisis stabilization units based on the living room model, crisis stabilization centers, short-term respite facilities, peer-operated respite services, and behavioral health urgent care walk-in centers, including within the overall crisis system components that operate like hospital emergency departments and accept all walk-ins, and ambulance, fire, and police drop-offs. Chapter 302, Laws of Washington 2021 further expressed the state legislature's intent to expand the behavioral health crisis delivery system to include these components.

13. Multiple behavioral health system needs assessments have identified the addition of crisis facilities as top priorities to improve community-based crisis services in King County. Such assessments include the 2016 recommendations of the Community Alternatives to Boarding Task Force called for by Motion 14225, a Washington state Office of Financial Management behavioral health capital funding prioritization and feasibility study in 2018, and a Washington state Health Care Authority crisis triage and stabilization capacity and gaps report in 2019.

14. King County is losing mental health residential treatment capacity that is essential for persons who need more intensive supports to live safely in the community due to rising operating costs and aging facilities that need repair or replacement. As of August 2022, King County had a total of 244 mental health residential beds for the entire county, down 111 beds, or nearly one third, from the capacity in 2018 of 355 beds.

15. As of July 2022, King County residents who need mental health residential services must wait an average of 44 days before they are able to be placed in a residential facility.

16. Data from the U.S. Centers for Disease Control and Prevention, the U.S. Census Bureau and the Kaiser Family Foundation show that about three in ten adults in the United States reported symptoms of anxiety or depressive disorder in June 2022, up from one in ten adults who reported these symptoms in 2019.

17. The National Council for Mental Wellbeing's 2022 access to care survey found that 43 percent of U.S. adults who say they need mental health or substance use care did not receive that care, and they face numerous barriers to accessing and receiving needed treatment.

18. According to the Washington state Department of Social and Health Services, the number of Medicaid enrollees in King County with an identified mental health need increased by approximately 34 percent for adults and nine percent for youth between 2019 and 2021.

19. The Washington state Department of Social and Health Services reports that in 2021, among those enrolled in Medicaid in King County, nearly half of adults and over a third of youth with an identified mental health need did not receive treatment.

20. The Washington state Department of Social Health Services reports that in 2021, among those enrolled in Medicaid in King County, approximately 62 percent of adults and 80 percent of youth with an identified substance use disorder need did not receive treatment.

21. SAMHSA's National Guidelines for Behavioral Health Crisis Care recommend including peers with lived experience of mental health conditions or substance use disorders on crisis response teams. Those guidelines also feature the living room model as an example of crisis service delivery innovation featuring peers.

22.  The 2021 King County nonprofit wage and benefits survey showed that many nonprofit employees delivering critical services earn wages at levels that make it difficult to sustain a career doing community-based work in this region.
23.  A 2021 King County survey of member organizations of the King County Integrated Care Network found that job vacancies at these community behavioral health agencies were at least double what they were in 2019.  Providers cited professionals' ability to earn more in medical systems or private practice, and the high cost of living in the King County region, as the top reasons their workers were leaving community behavioral healthcare.
24.  The behavioral health workforce advisory committee to the state of Washington's Workforce Training and Education Coordinating Board found in 2021 that Washington continues to face a shortage of behavioral health professionals, while demand for services, and qualified workers to deliver them, continues to grow.  The advisory committee also found that workers need increased financial support and incentives to remain in community behavioral health care.

BE IT ORDAINED BY THE COUNCIL OF KING COUNTY:
SECTION 1.  **Definitions.**  The definitions in this section apply throughout this ordinance unless the context clearly requires otherwise.
A.  "Crisis care center" means a single facility or a group of facilities that provide same-day access to multiple types of behavioral health crisis stabilization services, which may include, but are not limited to, those described in RCW 71.24.025(20), as amended.  A crisis care center shall endeavor to accept at least for initial screening and triage any person who seeks behavioral health crisis care.  Among the types of behavioral health crisis stabilization services that a crisis care center shall provide are a behavioral health urgent care clinic that offers walk-in and drop-off client screening and triage twenty-four hours per day, seven days per week; access to onsite assessment by a designated crisis responder; a twenty-three-hour observation unit or similar facility and service that allows for short-term, onsite stabilization of a person experiencing a behavioral health crisis; and a crisis stabilization unit that provides short-term, onsite behavioral health treatment for up to fourteen days or a similar short-term behavioral health treatment facility and service.  A crisis care center shall be staffed by a multidisciplinary team that includes peer counselors.  A crisis care center may incorporate pre-existing facilities that provide crisis stabilization services so long as their services and operations are compatible with this definition.  Where a crisis care center is composed of more than one facility, those facilities shall either be geographically adjacent or shall have transportation provided between them to allow persons using or seeking service to conveniently move between facilities.
B.  "Designated crisis responder" has the same meaning as in RCW 71.05.020, as amended.
C.  "King County crisis response zone" means each of four geographic subregions of King County:
1.  North King County crisis response zone, which is the portion of King County within the boundaries of the cities of Bothell, Duvall, Kenmore, Kirkland, Lake Forest Park, Shoreline, Skykomish and Woodinville, plus the unincorporated areas within King County council district three as it is drawn on the effective date of this ordinance that are north or northeast of the city of Redmond;
2.  Central King County crisis response zone, which is the portion of King County within the boundaries of the city of Seattle, plus all unincorporated areas within King County council districts two and eight as they are drawn on the effective date of this ordinance;
3.  South King County crisis response zone, which is the portion of King County within the boundaries of the cities of Algona, Auburn, Black Diamond, Burien, Covington, Des Moines, Enumclaw, Federal Way, Kent, Maple Valley, Milton, Normandy Park, Pacific, Renton, SeaTac and Tukwila, plus all unincorporated areas within King County council districts five, seven and nine as they are drawn on the effective date of this ordinance; and

4.  East King County crisis response zone, which is the portion of King County within the boundaries of the cities of Beaux Arts, Bellevue, Carnation, Clyde Hill, Hunts Point, Issaquah, Medina, Mercer Island, Newcastle, North Bend, Redmond, Sammamish, Snoqualmie and Yarrow Point, plus the unincorporated areas within King County council district three as it is drawn on the effective date of this ordinance that are east or southeast of the city of Redmond, plus all unincorporated areas within King County council district six as it is drawn on the effective date of this ordinance.
D.  "Levy" means the levy of regular property taxes for the specific purposes and term provided in this ordinance and authorized by the electorate in accordance with state law.
E.  "Levy proceeds" means the principal amount of moneys raised by the levy and any interest earnings on the moneys and the proceeds of any interim or other financing following authorization of the levy.
F.  "Regional behavioral health services and capital facilities" means programs, services, activities, operations, staffing and capital facilities that:  promote mental health and wellbeing and that treat substance use disorders and mental health conditions; promote integrated physical and behavioral health; promote and provide therapeutic responses to behavioral health crises; promote equitable and inclusive access to mental health and substance use disorder services and capital facilities for those racial, ethnic, experiential and geographic communities that experience disparities in mental health and substance use disorder conditions and outcomes; build the capacity of mental health and substance use disorder service providers to improve the effectiveness, efficiency, and equity, of their services and operations; provide transportation to care for persons receiving, seeking, or in need, of mental health or substance use disorder services; promote housing stability for persons receiving or leaving care from a facility providing mental health or substance use disorder services; promote service and response coordination, data sharing, and data integration amongst first responders, mental health and substance use disorder providers, and King County staff; promote community participation in levy activities, including payment of stipends to persons with relevant lived experience who participate in levy activities whose employment does not already compensate them for such participation; administer, coordinate and evaluate levy activities; apply for federal, state and philanthropic moneys and assistance to supplement levy proceeds; and promote stability and sustainability of the behavioral health workforce.
G.  "Residential treatment" means a licensed, community-based facility that provides twenty-four-hour on-site care for persons with mental health conditions, substance use disorders, or both, in a residential setting.
H.  "Strategy" means a program, service, activity, initiative or capital investment intended to achieve the purposes described in section 4 of this ordinance.
I.  "Technical assistance and capacity building" means assisting organizations in applying for grants funded by the levy and in implementing and improving delivery of a strategy or strategies for which levy moneys are eligible, and includes assisting community-based organizations in delivery of strategies to persons and communities that are disproportionately impacted by behavioral health conditions.
SECTION 2.  **Levy submittal.**  To provide necessary moneys to fund, finance or refinance the purposes identified in section 4 of this ordinance, the King County council shall submit to the qualified electors of the county a proposition authorizing a regular property tax levy in excess of the levy limitation contained in chapter 84.55 RCW for nine consecutive years, with collection commencing in 2024, at a rate not to exceed $0.145 per one thousand dollars of assessed value in the first year of the levy period.  The dollar amount of the levy in the first year shall be the base upon which the maximum allowable levy amounts in years two through nine (2025-2032) shall be calculated using the limit factor in chapter 84.55 RCW, as amended.
SECTION 3.  **Deposit of levy proceeds.**  The levy proceeds shall be deposited into the crisis care centers fund, or its successor.
SECTION 4.  **Levy purposes.**

A.  The paramount purpose of the levy shall be to establish and operate a regional network of five crisis care centers in King County, with each of the four King County crisis response zones containing at least one crisis care center and at least one of the five crisis care centers specializing in serving persons younger than nineteen years old.
B.  The levy's supporting purpose one shall be to restore the number of mental health residential treatment beds in King County to at least three hundred fifty-five beds and to expand the availability and sustainability of residential treatment in King County.
C.  The levy's supporting purpose two shall be to increase the sustainability and representativeness of the behavioral health workforce in King County by increasing recruitment and retention, and by improving financial sustainability for the behavioral health workforce through increased wages, apprenticeship programming and, where possible, reduction of costs such as costs of insurance, child care, caregiving and fees or tuition associated with behavioral health training and certification.  This purpose shall promote workforce recruitment and retention for the region's behavioral health workforce while prioritizing increased wages and reduction of costs for the behavioral health workforce who are providing regional behavioral health services and capital facilities as a part of the levy's paramount purpose.
D.  The levy implementation plan required by section 7 of this ordinance may specify additional supporting purposes so long as those additional supporting purposes are not inconsistent with and are subordinate to the paramount purpose and supporting purposes one and two described in subsections A. through C. of this section.
SECTION 5.  **Eligible expenditures.**
A.  If approved by the qualified electors of the county, such sums from the first year's levy proceeds as are necessary may be used to provide for the costs and charges incurred by the county that are attributable to the election, and an amount from the first year's levy proceeds not to exceed one million dollars may be used for initial levy implementation planning activities.
B.  After the amounts authorized in subsection A. of this section, the remaining levy proceeds shall not be expended until King County enacts an ordinance adopting the implementation plan required by section 7 of this ordinance.  The council's process to consider and adopt the levy implementation plan and any amendments shall include mandatory referral to the regional policy committee or its successor.  After King County enacts an ordinance adopting the levy implementation plan, levy proceeds shall be expended in accordance with the implementation plan, as amended, and with this ordinance.
C.  Levy proceeds described in subsection B. of this section shall only be used to fund, finance or refinance costs to:
1.  Plan, site, construct, acquire, restore, maintain, operate, implement, staff, coordinate, administer and evaluate regional behavioral health services and capital facilities that achieve and maintain the paramount purpose, supporting purpose one, and supporting purpose two of the levy that are described in section 4. and as they may be further described in the implementation plan;
2.  Plan, site, construct, acquire, restore, maintain, operate, implement, staff, coordinate, administer and evaluate regional behavioral health services and capital facilities that achieve additional levy purposes that are included in the implementation plan, so long as those purposes are subordinate to and not inconsistent with the paramount purpose and supporting purposes one and two; and
3.  Provide for regional behavioral health services and capital facilities provided by metropolitan park districts, fire districts or local public hospital districts in King County in an amount up to the lost revenues to the individual district resulting from prorationing, as mandated by RCW 84.52.010, to the extent the levy was a demonstrable cause of the prorationing and only if the county council has authorized the expenditure by ordinance.

D.  Unless made otherwise eligible in subsection C. of this section, levy proceeds shall not be used to provide, supplant, replace or expand funding for non-behavioral health purposes including, but not limited to, jails, prisons, courts of law, criminal prosecution, criminal defense or law enforcement, except for costs that provide or coordinate regional behavioral health services and capital facilities within or between crisis care centers and other health care settings or that remove or reduce a barrier to receiving behavioral health services such as quashing a warrant.  Nothing in this subsection shall be interpreted or construed to limit, discourage, or impede law enforcement agencies' or other first responders' coordination with, use of and access to crisis care centers for persons they encounter in the conduct of their duties.

SECTION 6.  **Call for special election.**  In accordance with RCW 29A.04.321, the King County council hereby calls for a special election to be held on April 25, 2023, to consider a proposition authorizing a regular property tax levy for the purposes described in this ordinance.  The King County director of elections shall cause notice to be given of this ordinance in accordance with the state constitution and general law and to submit to the qualified electors of the county, at the said special county election, the proposition hereinafter set forth.  The clerk of the council shall certify that proposition to the director of elections in substantially the following form:

> PROPOSITION___:  The King County Council passed Ordinance ____ concerning funding for mental health and substance use disorder services.  If approved, this proposition would fund behavioral health services and capital facilities, including a countywide crisis care centers network, increased residential treatment; mobile crisis care; post-discharge stabilization; and workforce supports.  It would authorize an additional nine-year property tax levy for collection beginning in 2024 at $0.145 per $1,000 of assessed valuation, with the 2024 levy amount being the base for calculating annual increases in 2025-2032 under chapter 84.55 RCW, and exempt eligible seniors, veterans, and disabled persons under RCW 84.36.381.  Should this proposition be:
>
> Approved? _____
>
> Rejected? _____

SECTION 7.  **Implementation plan.**

A.  If voters approve the levy, the executive shall transmit by December 31, 2023, a proposed levy implementation plan for council review and adoption by ordinance.  The proposed implementation plan shall direct levy expenditures from 2024 through 2032.

B.  The executive shall electronically file the implementation plan required in subsection A. of this section with the clerk of the council, who shall retain the original and provide an electronic copy to all councilmembers, the council chief of staff, the policy staff director and the lead staff for the law, justice, health and human services committee and the regional policy committee, or their successors.  The implementation plan shall be accompanied by proposed ordinances that adopt the implementation plan and that establish or empower the advisory body, the description of which is set forth in subsection C.9. of this section.

C.  The implementation plan required in subsection A. shall include:

1.  A list and descriptions of the purposes of the levy, which must at least include and may not materially impede accomplishment of the paramount purpose and supporting purposes one and two described in section 4 of this ordinance;

2.  A list and descriptions of strategies and allowable activities to achieve the purposes described in subsection C.1. of this section, which strategies shall at least include:

a.  planning, capital, operations and services investments for crisis care centers, which may include construction of new or acquisition, renovation, updating or expanding existing buildings in whole or in part;

b. capital and maintenance investments for mental health residential treatment capacity;
c. investments to increase attraction to, retention in, and sustainability of the behavioral health workforce;
d. establishment and maintenance of levy and capital reserves to promote continuity of levy-funded activities and prioritization of the paramount purpose and then supporting purposes one and two in the event of fluctuations in levy revenue or strategy costs;
e. activities that promote post-crisis stabilization, including housing stability, for persons receiving or discharging from levy-funded services;
f. a plan for the initial period of the levy prior to initiation of operations of the first crisis care center for the provision of mobile and site-based behavioral health activities that promote access to behavioral health services for persons experiencing or at risk of a behavioral health crisis;
g. technical assistance and capacity building for organizations applying for or receiving levy funding, including a strategy or strategies to promote inclusive care at levy-funded facilities for racial, ethnic and other demographic groups that experience disproportionate rates of behavioral health conditions in King County;
h. capital facility siting support, communication and city partnership activities;
i. levy administration activities and activities that monitor and promote coordination, more effective crisis response, and quality of care within and amongst crisis care centers, other behavioral health crisis response services in King County, and first responders; and
j. performance measurement and evaluation activities;
3. A financial plan to direct the use of the proceeds for regional behavioral health services and capital facilities that achieve the purposes and strategies described in subsection C.1. and 2. of this section, which must at a minimum include:
a. the forecast of annual revenue for each year of the levy;
b. an annual expenditure plan for each year of the levy that allocates forecasted levy proceeds among the levy's strategies;
c. a description of the sequence and timing of planned expenditures and activities to establish and operate the regional network of five crisis care centers required to satisfy the levy's paramount purpose; and
d. a description of how a portion of first-year levy proceeds will be allocated to make rapid initial progress towards fulfilling supporting purposes one and two;
4. A description of how the executive will seek and incorporate when available federal, state, philanthropic and other moneys that are not proceeds of the levy to accelerate, enhance, compliment or sustain accomplishment the levy's paramount purpose and supporting purposes one and two;
5. A description of the executive's assumptions about the role of Medicaid funding in the financial plan and the executive's planned approach to billing eligible crisis care services to Medicaid or other sources of potential payment such as private insurance;
6. A description of the process by which King County and partner cities shall collaborate to support siting of new capital facilities that use proceeds from the levy for such facilities' construction or acquisition;
7. A summary of the process and key findings of the community and stakeholder engagement process that informs the proposed implementation plan;
8. A process to make substantial adjustments to the financial plan required in subsection C.3. of this section, which process shall require notice to the council and provide for the council the ability to stop any substantial adjustment that the council does not support;
9. A description of the composition, duties of, and process to establish the advisory body for the levy. The advisory body may be a preexisting King County board or commission that has relevant

expertise or a new advisory body. The composition of the advisory body shall be demographically representative of the population of King County and shall include at least one resident of each King County crisis response zone, persons who have previously received crisis stabilization services, and persons with professional training and experience in the provision of behavioral health crisis care. The duties of the advisory body shall include advising the executive and council on matters pertaining to implementation of the levy, annually visiting each existing crisis care center and reporting annually to the council and community, through online annual reports beginning in 2025, on the levy's progress over the previous year towards accomplishing the levy purposes described in section 4 of this ordinance and on the levy's actual financial expenditures in the previous year relative to the financial plan required in subsection C.3. of this section that shall include, but not be limited to, the following:

a. total expenditure of levy proceeds by crisis response zone, strategy, and levy purpose by ZIP Code in King County; and

b. the number of individuals receiving levy-funded services by crisis response zone, strategy, and levy purpose by ZIP Code in King County of where the individuals reside at the time of service;

10. A description of how the executive shall provide each online annual report described in subsection C.9. of this section to the clerk of the council, to all councilmembers and all members and alternate members of the regional policy committee, or its successor, including confirmation that the executive shall electronically file a proposed motion that shall acknowledge receipt of the report; and

11. A description of how the purpose of the crisis response zones described in this levy will promote geographic distribution of crisis care centers so that they are accessible for walk-in and drop-off crisis care throughout King County, but that the crisis care zones shall not be used to limit the ability of any person in King County to use any particular crisis care center.

SECTION 8. **Updating the definition of crisis care center.** If new research, changing best practices, updated federal or state regulations or other evidence-based factors cause this ordinance's definition of "crisis care center" to become infeasible, impracticable or inconsistent with the levy's paramount purpose, King County may, upon recommendation of the advisory body described in section 7.C.9. of this ordinance and with mandatory referral to the regional policy committee, update the definition of "crisis care center" through adoption of an ordinance to a definition substantially similar to what is recommended by the advisory body.

SECTION 9. **Exemption.** The additional regular property taxes authorized by this ordinance shall be included in any real property tax exemption authorized by RCW 84.36.381.

SECTION 10. **Ratification and confirmation.** Certification of the proposition by the clerk of the county council to the director of elections in accordance with law before the special election on April 25, 2023, and any other act consistent with the authority and before the effective date of this ordinance are hereby ratified and confirmed.

SECTION 11. **Severability.** If any provision of this ordinance or its application to any person or circumstance is held invalid, the remainder of the ordinance or the application of the provision to other persons or circumstances is not affected.

## Appendix B: Crosswalk of Implementation Plan Requirements from King County Ordinance 19572

| Crosswalk of Implementation Plan Requirements from King County Ordinance 19572[367] | |
|---|---|
| **King County Ordinance 19572 Requirements** | **Implementation Plan Section(s)** |
| List and Descriptions of Purposes of the Levy | See Section(s) |
| 1. A list and descriptions of the purposes of the levy, which must at least include and may not materially impede accomplishment of the paramount purpose and supporting purposes one and two described in section 4 of this ordinance; | • Section IV. Crisis Care Centers Levy Purposes |
| List and Descriptions of Strategies and Allowable Activities | See Section(s) |
| 2. A list and descriptions of strategies and allowable activities to achieve the purposes described in subsection C.1. of this section, which strategies shall at least include: | • Section V. Crisis Care Centers Levy Strategies and Allowable Activities |
| *Crisis Care Centers* | *See Section(s)* |
| a. planning, capital, operations and services investments for crisis care centers, which may include construction of new or acquisition, renovation, updating or expanding existing buildings in whole or in part; | • Section V.A. Strategy 1: Create and Operate Five Crisis Care Centers |
| *Mental Health Residential* | *See Section(s)* |
| b. capital and maintenance investments for mental health residential treatment capacity; | • Section V.B. Strategy 2: Restore, Expand, and Sustain Residential Treatment Capacity |
| *Behavioral Health Workforce* | *See Section(s)* |
| c. investments to increase attraction to, retention in, and sustainability of the behavioral health workforce; | • Section V.C. Strategy 3: Strengthen the Community Behavioral Health Workforce |
| *Reserves* | *See Section(s)* |
| d. establishment and maintenance of levy and capital reserves to promote continuity of levy-funded activities and prioritization of the paramount purpose and then supporting purposes one and two in the event of fluctuations in levy revenue or strategy costs; | • Section V.H. Strategy 8: Crisis Care Centers Levy Reserves |
| *Post-Crisis Stabilization/Discharge Resources incl Housing Stability* | *See Section(s)* |
| e. activities that promote post-crisis stabilization, including housing stability, for persons receiving or discharging from levy-funded services; | • Section V.A. Strategy 1: Create and Operate Five Crisis Care Centers |
| *Plan for Initial Levy Period: Mobile and Site-Based BH Activities* | *See Section(s)* |
| f. a plan for the initial period of the levy prior to initiation of operations of the first crisis care center for the provision of mobile and site-based behavioral health activities that promote access to | • Section V.D. Strategy 4: Early Crisis System Investments |

[367] King County Ordinance 19572 [LINK].

| behavioral health services for persons experiencing or at risk of a behavioral health crisis; | |
|---|---|
| *Technical Assistance and Capacity-Building* | *See Section(s)* |
| g. technical assistance and capacity building for organizations applying for or receiving levy funding, including … | • Section V.E. Strategy 5: Capacity Building and Technical Assistance |
| … a strategy or strategies to promote inclusive care at levy-funded facilities for racial, ethnic and other demographic groups that experience disproportionate rates of behavioral health conditions in King County; | • Section V.E. Strategy 5: Capacity Building and Technical Assistance |
| *Capital Facility Siting Support, Communication, City Partnership* | *See Section(s)* |
| h. capital facility siting support, communication and city partnership activities; | • Section V.E. Strategy 5: Capacity Building and Technical Assistance |
| *Administration, Coordination, and Quality* | *See Section(s)* |
| i. levy administration activities and activities that monitor and promote coordination, more effective crisis response, and quality of care within and amongst crisis care centers, other behavioral health crisis response services in King County, and first responders, and | • Section V.G. Strategy 7: Crisis Care Centers Levy Administration |
| *Performance Measurement and Evaluation* | *See Section(s)* |
| j. performance measurement and evaluation activities; | • Section V.F. Strategy 6: Evaluation and Performance Measurement Activities |
| Financial Plan: Revenue Forecast and Expenditures by Strategy | See Section(s) |
| 3. A financial plan to direct the use of the proceeds for regional behavioral health services and capital facilities that achieve the purposes and strategies described in subsection C.1. and 2. of this section, which must at a minimum include: | • Section VI. Financial Plan |
| a. the forecast of annual revenue for each year of the levy; | • Section VI. Financial Plan |
| b. an annual expenditure plan for each year of the levy that allocates forecasted levy proceeds among the levy's strategies; | • Section VI. Financial Plan |
| Sequence and Timing of Planned Expenditures/Activities to establish CCCs | *See Section(s)* |
| c. a description of the sequence and timing of planned expenditures and activities to establish and operate the regional network of five crisis care centers required to satisfy the levy's paramount purpose; and | • Section V.A. Strategy 1: Create and Operate Five Crisis Care Centers |
| Description of Use of Portion of First-Year Revenue for Rapid Progress on MH Residential and Workforce | *See Section(s)* |
| d. a description of how a portion of first-year levy proceeds will be allocated to make rapid initial progress towards fulfilling supporting purposes one and two; | • Section V.B. Strategy 2: Restore, Expand, and Sustain Residential Treatment Capacity |

| | |
|---|---|
| | • Section V.C. Strategy 3: Strengthen the Community Behavioral Health Workforce |
| **Plan to Seek Other Funds to Accelerate/Enhance Levy Purposes** | *See Section(s)* |
| 4. A description of how the executive will seek and incorporate when available federal, state, philanthropic and other moneys that are not proceeds of the levy to accelerate, enhance, compliment or sustain accomplishment the levy's paramount purpose and supporting purposes one and two; | • Section VI. Financial Plan |
| Description of Medicaid and Private Insurance Assumptions | See Section(s) |
| 5. A description of the executive's assumptions about the role of Medicaid funding in the financial plan and the executive's planned approach to billing eligible crisis care services to Medicaid or other sources of potential payment such as private insurance; | • Section VI. Financial Plan |
| Description of Collaboration with Cities in Siting | See Section(s) |
| 6. A description of the process by which King County and partner cities shall collaborate to support siting of new capital facilities that use proceeds from the levy for such facilities' construction or acquisition; | • Section V.A. Strategy 1: Create and Operate Five Crisis Care Centers<br>• Section V.B. Strategy 2: Restore, Expand, and Sustain Residential Treatment Capacity |
| Community and Stakeholder Engagement Summary | See Section(s) |
| 7. A summary of the process and key findings of the community and stakeholder engagement process that informs the proposed implementation plan; | • Section III. Background |
| Process for Substantial Adjustments to Financial Plan | See Section(s) |
| 8. A process to make substantial adjustments to the financial plan required in subsection C.3. of this section, which process shall require notice to the council and provide for the council the ability to stop any substantial adjustment that the council does not support; | • Section VI. Financial Plan |
| Advisory Body (New or Preexisting) | See Section(s) |
| 9. A description of the composition, duties of, and process to establish the advisory body for the levy. … | • Section IX. Crisis Care Centers Levy Advisory Body |
| …The advisory body may be a preexisting King County board or commission that has relevant expertise or a new advisory body. … | • Section IX. Crisis Care Centers Levy Advisory Body |
| *Advisory Body Composition* | *See Section(s)* |
| … The composition of the advisory body shall be … … | • Section IX. Crisis Care Centers Levy Advisory Body |
| … demographically representative of the population of King County and shall include … | • Section IX. Crisis Care Centers Levy Advisory Body |
| … at least one resident of each King County crisis response zone, … | • Section IX. Crisis Care Centers Levy Advisory Body |

| … persons who have previously received crisis stabilization services, and … | • Section IX. Crisis Care Centers Levy Advisory Body |
|---|---|
| … persons with professional training and experience in the provision of behavioral health crisis care. … | • Section IX. Crisis Care Centers Levy Advisory Body |
| *Advisory Body Duties* | *See Section(s)* |
| … The duties of the advisory body shall include … | • Section IX. Crisis Care Centers Levy Advisory Body |
| … advising the executive and council on matters pertaining to implementation of the levy, … | • Section IX. Crisis Care Centers Levy Advisory Body |
| … annually visiting each existing crisis care center … | • Section IX. Crisis Care Centers Levy Advisory Body |
| *Annual Reporting (framed as an advisory body role)* | *See Section(s)* |
| … and reporting annually to the council and community, through online annual reports beginning in 2025, on … | • Section VIII. Crisis Care Centers Levy Annual Reporting |
| … the levy's progress over the previous year towards accomplishing the levy purposes described in section 4 of this ordinance and … | • Section VIII. Crisis Care Centers Levy Annual Reporting |
| … on the levy's actual financial expenditures in the previous year relative to the financial plan required in subsection C.3. of this section … | • Section VIII. Crisis Care Centers Levy Annual Reporting |
| … that shall include, but not be limited to, the following: | • Section VIII. Crisis Care Centers Levy Annual Reporting |
| a. total expenditure of levy proceeds by crisis response zone, strategy, and levy purpose by ZIP Code in King County; and | • Section VIII. Crisis Care Centers Levy Annual Reporting |
| b. the number of individuals receiving levy-funded services by crisis response zone, strategy, and levy purpose by ZIP Code in King County of where the individuals reside at the time of service; | • Section VIII. Crisis Care Centers Levy Annual Reporting |
| 10. A description of how the executive shall provide each online annual report described in subsection C.9. of this section to the clerk of the council, to all councilmembers and all members and alternate members of the regional policy committee, or its successor, including confirmation that the executive shall electronically file a proposed motion that shall acknowledge receipt of the report; and | • Section VIII. Crisis Care Centers Levy Annual Reporting |
| **Geographic Distribution/Crisis Response Zone Description** | See Section(s) |
| 11. A description of how the purpose of the crisis response zones described in this levy will promote geographic distribution of crisis care centers so that they are accessible for walk-in and drop-off crisis care throughout King County, but that the crisis care zones shall not be used to limit the ability of any person in King County to use any particular crisis care center. | • Section V.A. Strategy 1: Create and Operate Five Crisis Care Centers |

## Appendix C: King County Local Jurisdiction Request for Information (RFI)

The purpose of this RFI was to solicit information from jurisdictions located within King County to help inform this Plan and future CCC siting and procurement processes. The RFI was open from September 29, 2023, to October 27, 2023 and was extended to November 15, 2023.

**CRISIS CARE CENTERS INITIATIVE REQUEST FOR INFORMATION (RFI)**
**for**
**KING COUNTY LOCAL JURISDICTIONS**

| | |
|---|---|
| **Release Date** | Friday, September 29, 2023 |
| **Information Session** | Thursday, October 12, 2023<br>3:00 – 4:30pm Pacific Time<br>Please register at this link |
| **Due Date** | Friday, October 27, 2023 |
| **Purpose** | The purpose of this RFI is to solicit information from **Jurisdictions located within King County** to help inform the Crisis Care Centers Initiative's Implementation Plan and future Crisis Care Center siting and Procurement processes.<br><br>This RFI is optional for Jurisdictions to respond to and is for informational purposes only. Responses will not be a commitment to action. The decision to respond or not respond to this RFI will not give Jurisdictions preferential nor disadvantageous treatment during any future Crisis Care Center site selection or siting processes. |
| **Who Should Respond** | Jurisdictions physically located within King County, including cities, tribes, and other jurisdictional entities with siting authority. |
| **How to Respond** | Responses are hereby solicited and will be received via survey no later than 11:59 p.m. Pacific Time on the due date noted above. Please submit your response at the following survey link: https://forms.office.com/g/vmeUMAhMZd |
| **RFI Lead** | Joanna Armstrong<br>DCHScontracts@kingcounty.gov |

**PLEASE NOTE:**
This RFI is informational only and will help inform the Crisis Care Centers Initiative planning, including future Crisis Care Center siting processes and Procurement processes to select organizations to develop and operate Crisis Care Centers. Responses will not be a commitment to action. The decision to respond or not respond to this RFI will not give Jurisdictions preferential nor disadvantageous treatment during any future Crisis Care Center site selection or siting processes.

## RFI Overview

A. **PURPOSE**

The purpose of this RFI is to solicit information from Jurisdictions located within King County to help inform the Crisis Care Centers Initiative's Implementation Plan and future Crisis Care Center siting and Procurement processes. This RFI is optional for Jurisdictions to respond to and is for informational purposes only. Responses will not be a commitment to action. The decision to respond or not respond to this RFI will not give Jurisdictions preferential nor disadvantageous treatment during any future Crisis Care Center site selection or siting processes.

B. **BACKGROUND**

King County voters approved a nine-year property tax Crisis Care Centers Levy in April 2023 to fund the Crisis Care Centers Initiative (Initiative) from 2024 to 2032. The Initiative will create a countywide network of five Crisis Care Centers, restore and expand mental health residential treatment beds in the region, and invest in the recruitment and retention of the community behavioral health workforce.

Crisis Care Centers are a type of behavioral health facility that will have three core components: a 24/7 Behavioral Health Urgent Care Clinic, a 23-hour Crisis Observation Unit, and a Crisis Stabilization Unit. Crisis Care Centers will use a "no-wrong door approach" and will endeavor to accept, at least for initial screening and triage, any person who seeks behavioral health crisis care. Crisis Care Centers will also be expected to provide a Post-Crisis Follow-Up Program to promote post-crisis stabilization for people who receive services at Crisis Care Centers.

The site requirements for Crisis Care Centers are still being developed and are subject to change. Requirements will likely include:

1. The capacity to accommodate approximately 30,000 - 50,000 square feet of clinical space within one or multiple adjacent buildings;
2. Zoning that allows for the construction and ongoing operations of a Crisis Care Center;
3. Proximity to arterials, public transportation, and other transportation infrastructure to ensure ease of access for community members seeking care and their families, mobile crisis teams, first responders, and other community partners.

Components of a Crisis Care Center may incorporate pre-existing facilities that are compatible with the model's required clinical components. Crisis Care Centers may be located in a single facility or more than one facility as long as they are geographically adjacent or have transportation provided between them so that people seeking services can easily move between facilities. Additional program components may be co-located with Crisis Care Centers. Each Crisis Care Center may be operated by a single provider or by multiple providers that work together to meet all required clinical components.

The Crisis Care Center siting process will be informed by responses to this Request for Information, as well as additional community partner feedback, and will be defined in the Crisis Care Centers Initiative Implementation Plan as adopted by King County Council. Crisis Response Zones, described and depicted below, will determine the geographic distribution of Crisis Care Centers across King County.

King County Ordinance 19572 created four geographic Crisis Response Zones in King County (see Figure 1). Each of the four Crisis Response Zones will contain at least one Crisis Care Center and at least one of the five Crisis Care Centers will specialize in serving youth.

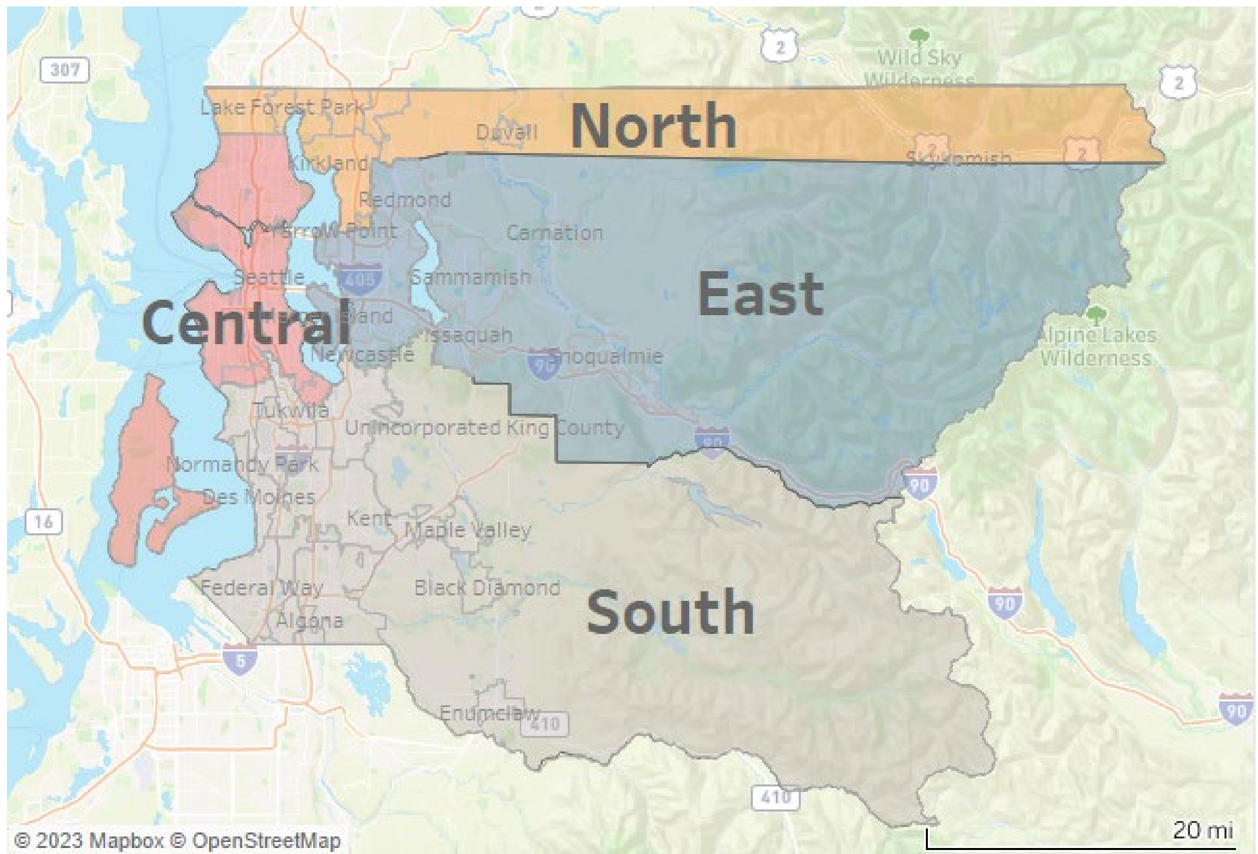


*Figure 1: Map of Crisis Response Zones*

King County intends to release one or more Procurements in 2024 to begin to select organizations to develop and operate Crisis Care Centers. Local Jurisdictions will be key partners in siting Crisis Care Centers within the designated Crisis Response Zones. King County is seeking information from Jurisdictions through this RFI to help inform the Crisis Care Centers Initiative's Implementation Plan and the future planning of Crisis Care Center siting processes and Procurement processes.

C. **WHO SHOULD RESPOND**

All Jurisdictions located within King County are invited to respond to this RFI. Elected mayors or similar elected leadership, city managers, or their designee may submit a response on behalf of the Jurisdiction that they represent.

D. **HOW TO RESPOND**

Jurisdictions can respond to this RFI by submitting responses to the questions listed below through an online survey located at the following link: https://forms.office.com/g/vmeUMAhMZd.

Responses will be accepted between Friday, September 29 and Friday, October 27 at 11:59pm Pacific Time. King County's Department of Community and Human Services will hold an RFI information session for local government officials and staff on Thursday,

October 12, 3:00 – 4:30pm via Zoom; please register at this link. This is an optional meeting, and its purpose is to provide background about the Crisis Care Centers Initiative and answer questions about the RFI.

# Glossary

"**23-Hour Crisis Observation Unit**" means a behavioral health facility where people experiencing an acute mental health and/or substance use crisis can receive psychiatric services for up to twenty-three hours and fifty-nine minutes. 23-Hour Crisis Observation Units serve people triaged as having higher clinical acuity as well as people dropped off by first responders such as mobile crisis, emergency medical services, and law enforcement.

**"24/7"** means open twenty-four hours per day, seven days per week.

**"Behavioral Health Agency"** means an organization licensed by the Washington State Department of Health to provide behavioral health services under Chapter 246-341 Washington Administrative Code.

"**Behavioral Health Urgent Care Clinic**" means a behavioral health clinic that is open twenty-four hours per day, seven days per week (24/7) and can triage and assess people who walk-in seeking mental health and/or substance use services.

**"Crisis Care Center"** means a behavioral health facility defined in King County Ordinance 19572 as "a single facility or a group of facilities that provide same-day access to multiple types of behavioral health crisis stabilization services, which may include, but are not limited to, those described in RCW 71.24.025(20), as amended. A Crisis Care Center shall endeavor to accept at least for initial screening and triage any person who seeks behavioral health crisis care. Among the types of behavioral health crisis stabilization services that a Crisis Care Center shall provide are a Behavioral Health Urgent Care clinic that offers walk-in and drop-off client screening and triage 24/7; access to onsite assessment by a designated crisis responder; a 23-Hour Crisis Observation Unit or similar facility and service that allows for short-term, onsite stabilization of a person experiencing a behavioral health crisis; and a Crisis Stabilization Unit that provides short-term, onsite behavioral health treatment for up to fourteen days or a similar short-term behavioral health treatment facility and service. A Crisis Care Center shall be staffed by a multidisciplinary team that includes peer counselors. A Crisis Care Center may incorporate pre-existing facilities that provide crisis stabilization services so long as their services and operations are compatible with this definition. Where a Crisis Care Center is composed of more than one facility, those facilities shall either be geographically adjacent or shall have transportation provided between them to allow persons using or seeking service to conveniently move between facilities."

**"Crisis Care Centers Initiative"** means the purposes defined in King County Ordinance 19572, which include creating a countywide network of five Crisis Care Centers, restoring and expanding mental health residential treatment beds in the region, and growing the community behavioral health workforce.

**"Crisis Care Centers Levy"** means the nine-year property tax levy described in King County Ordinance 19572 that was approved by King County voters in April 2023 and will raise revenue between 2024 and 2032 to fund the Crisis Care Centers Initiative.

"**Crisis Response Zone**" means a geographic subregion of King County defined in King County Ordinance 19572 where at least one Crisis Care Center will be located. The four Crisis Response Zones are depicted in Figure 1 and defined in King County Ordinance 19572 as follows:

1. "**North King County Crisis Response Zone**, which is the portion of King County within the boundaries of the cities of Bothell, Duvall, Kenmore, Kirkland, Lake Forest Park, Shoreline, Skykomish and Woodinville, plus the unincorporated areas within King

County council district three as it is drawn on the effective date of this ordinance that are north or northeast of the city of Redmond;

2. **Central King County Crisis Response Zone**, which is the portion of King County within the boundaries of the city of Seattle, plus all unincorporated areas within King County council districts two and eight as they are drawn on the effective date of this ordinance;

3. **South King County Crisis Response Zone**, which is the portion of King County within the boundaries of the cities of Algona, Auburn, Black Diamond, Burien, Covington, Des Moines, Enumclaw, Federal Way, Kent, Maple Valley, Milton, Normandy Park, Pacific, Renton, SeaTac and Tukwila, plus all unincorporated areas within King County council districts five, seven and nine as they are drawn on the effective date of this ordinance; and

4. **East King County Crisis Response Zone**, which is the portion of King County within the boundaries of the cities of Beaux Arts, Bellevue, Carnation, Clyde Hill, Hunts Point, Issaquah, Medina, Mercer Island, Newcastle, North Bend, Redmond, Sammamish, Snoqualmie and Yarrow Point, plus the unincorporated areas within King County council district three as it is drawn on the effective date of this ordinance that are east or southeast of the city of Redmond, plus all unincorporated areas within King County council district six as it is drawn on the effective date of this ordinance."

"**Crisis Stabilization Unit**" means a behavioral health facility where people recovering from an acute mental health and/or substance use crisis can receive continued behavioral health stabilization services for up to 14 days.

"**Implementation Plan**" means a plan required by King County Ordinance 19572 that will direct Crisis Care Centers Levy expenditures from 2024 through 2032.

"**Jurisdictions**" means cities, tribes and other jurisdictional entities with siting authority that are physically located within King County.

"**King County Ordinance 19572**" means the ballot measure ordinance that was enacted by King County Council on February 9, 2023 and passed by King County voters on April 25, 2023 to create the Crisis Care Centers Levy.

"**Post-Crisis Follow-Up Program**" means short-term case management and peer engagement services to connect people to care after they leave a Crisis Care Center.

"**Procurement"** means a future solicitation to determine who will be contracted to develop, own, and operate Crisis Care Centers.

**"RFI"** means this Request for Information plus all written amendments, addenda, or attachments hereto, and all terms and conditions incorporated herein.

# Upcoming Procurement Description

## A. UPCOMING PROCUREMENT FUNDING AMOUNT AND OBJECTIVES

King County intends to release one or more Procurements beginning in 2024. Funding will include resources to construct and operate Crisis Care Centers, and the funding amount that will be available is not yet determined. The siting of Crisis Care Centers will be coordinated in partnership with local Jurisdictions and King County.

## B. ANTICIPATED TIMELINE

One or more rounds of Procurement processes will be released in 2024. The timeline will be determined in 2024 after the King County Council passes the Crisis Care Centers Initiative Implementation Plan.

## C. PROGRAM DESCRIPTION

Crisis Care Centers are behavioral health facilities defined by [King County Ordinance 19572] that will provide same-day access to mental health and substance use crisis services. Crisis Care Centers will have three programmatic components:

1. 24/7 Behavioral Health Urgent Care Clinic;
2. 23-Hour Crisis Observation Unit; and
3. Crisis Stabilization Unit.

Crisis Care Centers will also be expected to provide a Post-Crisis Follow-Up Program to promote post-crisis stabilization for people who receive services at Crisis Care Centers. Crisis Care Centers will strive for a "no-wrong door" approach and will endeavor to accept, at least for initial screen and triage, any person who seeks behavioral health crisis care. Crisis Care Centers will strive to create and foster a safe and welcoming environment that provides care that is trauma-informed, recovery-oriented, person-centered, integrated, and supports people in the least restrictive environment possible.

# RFI Questions

A. **QUESTIONS**

Please submit responses to each of the following questions (* indicates response is required; respondents are not required to answer all questions to submit a response).

***Contact Information***

1. *Name of Jurisdiction responding to RFI.
2. *Name of person submitting response.
3. *Title of person submitting response.
4. *Email address of person submitting response.
5. *Phone number of person submitting response.
6. What other points of contact from your Jurisdiction should receive communication about this RFI and the Crisis Care Centers Initiative? Please share their name, title, and contact information.

***Crisis Care Center Information***

7. What communities or populations in your Jurisdiction have historically been, or are at greatest risk of being, underserved in their behavioral health needs?
8. Is your Jurisdiction interested in siting an adult or youth Crisis Care Center, or both? Why or why not?
9. How would siting a Crisis Care Center in or adjacent to your Jurisdiction benefit your Jurisdiction and region of King County?
10. What additional information would you need from the County to help determine if your Jurisdiction is interested in siting a Crisis Care Center?
11. What are important attributes of a Crisis Care Center and its location from your Jurisdiction's perspective?
12. What are potential geographic features, transportation infrastructure, or other factors in your Jurisdiction that may impact access to a Crisis Care Center?
13. What obstacles would deter your Jurisdiction from siting a Crisis Care Center?

14. Does your Jurisdiction have any facilities that are like a Crisis Care Center? If yes, do you have recommendations of siting best practices based on your experience with existing facilities?
15. What ideas do you have for how Jurisdictions and the County can work together to site Crisis Care Centers?
16. If your Jurisdiction decided to site a Crisis Care Center, what type of capital facility siting support, communication, and Jurisdiction partnership activities would be helpful?
17. Do you have one or more potential site(s) that may be suitable for a Crisis Care Center site(s) identified in your Jurisdiction? If yes, please share the location and a brief description. Alternatively, would you be interested in scheduling a meeting with the County to discuss possible locations?
18. Does your Jurisdiction own one or more parcels of land or properties that could be rehabilitated to become a Crisis Care Center that your Jurisdiction would be willing to donate? If yes, please briefly describe the property. Alternatively, would you be interested in scheduling a meeting with the County to discuss possible properties?
19. Does your Jurisdiction have any capital or operating resources it would be willing to contribute to a Crisis Care Center property or facility? If yes, please briefly describe the resource. Alternatively, would you be interested in scheduling a meeting with the County to discuss possible resources?
20. Does your Jurisdiction have feedback regarding the types of entities that should be eligible to apply to the eventual Crisis Care Center Procurement(s)? Examples of entities could include Behavioral Health Agencies (Agencies), Agencies with letters of support from host Jurisdictions, formal partnerships between Jurisdictions and Agencies, or a Jurisdiction by itself?
21. How would your Jurisdiction like to be engaged in the Crisis Care Center Initiative planning and future siting process?
22. Do you have recommendations for how community members should be engaged during Crisis Care Center siting processes?
23. Do you have any additional feedback about Crisis Care Center siting?

B. **DOCUMENT REQUESTS**

Please respond to the following request for documentation, if applicable.

24. Please attach additional documentation describing potential Crisis Care Center sites or properties that your Jurisdiction has identified (i.e., photos, maps, real estate documentation, etc.).

## Appendix D: Coordination with State and County Partners

| State and County Partner Meetings<br>June 2023 – November 2023 |
|---|
| **Partners Internal to King County** |
| • Department of Adult and Juvenile Detention<br>• Department of Natural Resources and Parks<br>• Facilities Management Division<br>• Metro<br>• Prosecuting Attorney's Office<br>• Public Health – Seattle & King County<br>• Sheriff's Office |
| **Washington State Partners and Meeting Topics** |
| • Health Care Authority<br>    ○ Billing and sustainability of crisis services<br>    ○ Reimbursement for ambulance transport to alternate destinations<br>    ○ Pharmacy regulations and reimbursement<br>    ○ Peer specialist programs<br>    ○ Data sharing related to implementation of 988 and 2SHB 1477<br>    ○ Regulations regarding Institutes for Mental Disease<br>• Department of Health<br>    ○ 23-hour Crisis Relief Centers (direct meetings and participation in 2SSB 5120 public rulemaking process)<br>    ○ 988 implementation<br>    ○ Regulations on ambulance transport to alternate destinations<br>    ○ Pilots to embed behavioral health counselors in public safety answering points to divert 911 calls from law enforcement response<br>• Department of Social and Human Services<br>    ○ Department of Children, Youth, and Families<br>    ○ Developmental Disabilities Administration (DDA) |

## Appendix E: Site and Field Visits

The following site and field visits were conducted between June 2023 and October 2023 and helped inform this Plan.

| Site and Field Visits<br>June 2023 – October 2023 |
| --- |
| Behavioral Health Crisis Facilities |
| Children's Emergency Screening Unit, San Diego, CA<br>Crisis Solutions Center, DESC, Seattle, WA<br>Connections Health Solutions, Phoenix, AZ<br>Connections Health Solutions, Tucson, AZ (virtual site visit)<br>Connections Health Solutions, Kirkland, WA*<br>Oceanside Crisis Stabilization Unit, San Diego, CARI International, Federal Way, WA*<br>RI International, Parkland, WA<br>Spokane Regional Stabilization Center, Spokane, WA<br>Sea Mar, White Center, WA* |
| Mental Health Residential Facilities |
| Cascade Hall, Community House, Seattle, WA<br>Try House, Transitional Resources, Seattle, WA<br>Stillwater, Sound, Redmond, WA<br>Keystone, Sound, Seattle, WA<br>Firwood, Community House, Seattle, WA<br>Spring Manor, Community House, Seattle, WA<br>Hilltop, Community House, Seattle, WA |
| Other Health Care Providers |
| Children's Hospital, Seattle, WA<br>Crisis Connections, Seattle, WA |
| Field Visits |
| Designated Crisis Responder Ride Along, King County, WA |

* Facilities under construction or not yet operational

## Appendix F: Community Engagement Activities

<table>
<tr><th>Community Engagement Activities<br>June 2023 – November 2023</th></tr>
<tr><th>Monthly CCC Levy Community Engagement Meetings</th></tr>
<tr><td>• Community Partner Evening Recap Meeting (1 meeting)<br>• Community Partners Update Meeting (5 meetings)<br>• Crisis System Integration Partners Meeting (3 meetings)<br>• Substance Use Disorder Partners Meeting (3 meetings)<br>• Youth Partners Meeting (5 meetings)</td></tr>
<tr><th>Presentations at Community Meetings</th></tr>
<tr><td>• CCORS Operations Meeting (2 meetings)<br>• CCORS Young Adult Monthly Providers Meeting<br>• CIT King County Coordinators Committee Meeting (2 meetings)<br>• CRIS Committee<br>• Cross Division Overdose Prevention Workgroup<br>• External Partners Group<br>• Just Access to Health Meeting<br>• King County Behavioral Health Administrative Services Organization Inpatient Providers Quarterly Meeting<br>• King County Behavioral Health Advisory Board (2 meetings)<br>• King County Diversion and Reentry Services Managers Meeting<br>• King County Hospital and Inpatient Psychiatric Leadership Meeting<br>• King County Integrated Care Network, Network Provider Group (4 meetings)<br>• King County Integrated Care Network, Clinical Operations Committee<br>• King County Integrated Care Network, Joint Operations Committee<br>• King County Outpatient Medical Leadership Team Meeting<br>• King County Peer Network Meeting (4 meetings)<br>• King County Youth Behavioral Health Learning Collaborative Meeting (2 meetings)<br>• King County Behavioral Health and Recovery Division Clinical Provider Meeting<br>• King County Behavioral Health and Recovery Division, Washington State Department of Youth and Family Services, and Coordinated Care Monthly Field Operations Meeting<br>• King County Medications for Opioid Use Disorder (MOUD) Provider Meeting<br>• King County Youth Service Providers Coalition (2 meetings)<br>• Hospital and Mental Health Residential Provider Quarterly Meeting<br>• MIDD Advisory Committee Meeting<br>• Overdose Recovery and Care Access (ORCA) Center Planning Meetings (3 meetings)<br>• Patient Placement Task Force (2 meetings)<br>• Pediatrics Crisis Care Provider Meeting<br>• Seattle/King County Coalition on Homelessness Member Meeting</td></tr>
<tr><th>Key Informant Interviews and Individual Engagement Meetings</th></tr>
<tr><td>• American Medical Response<br>• Asian Counseling and Referral Services<br>• Behavioral Health Institute, Harborview Medical Center<br>• Challenge Seattle</td></tr>
</table>

- Children's Hospital (2 meetings)
- Crisis Connections (3 meetings)
- Consejo Counseling
- Connections Health Solutions (4 meetings)
- DESC (2 meetings)
- Genoa Pharmacy
- Fairfax (2 meetings)
- Harborview Medical Center Addiction Medicine Program
- Health One and Mobile Integrated Health Program, Seattle Fire Department
- HealthierHere
- Hopelink Transportation
- International Community Health Services
- Islamic Trauma Health Program
- Kelley-Ross Pharmacy (2 meetings)
- MIDD Community Partnership Focus Group Follow-Up Meeting
- Muckleshoot Health
- North Star Advocates
- Pacific Hospital Public Development Association
- Individual People with Lived Experience of Crisis Services (7 meetings)
- Individual People with Professional Experience Delivering Crisis Services (2 meetings)
- Peer Washington
- Psychiatric Emergency Services, VA Puget Sound Health Care System
- RI International
- Ryther (2 meetings)
- Sea Mar (2 meetings)
- Seattle Fire Department and Public Health Seattle & King County Emergency Medical Services
- Seattle Indian Health Board
- Seattle/King County Coalition on Homelessness
- Seattle Police Department
- SEIU 1199 (5 meetings)
- School of Nursing, University of Washington
- Somali Health Board (2 meetings)
- Sound
- Sound Alliance
- Tubman Center for Health and Freedom
- Valley Cities
- Vietnamese Health Board
- Vocal-WA
- Washington State Pharmacy Association
- YMCA (3 meetings)
- Youth Eastside Services
- YouthCare and Kaiser

**Focus Groups and Listening Sessions**

- Aging and Older Adults Focus Group
- Behavioral Health Worker Focus Group

| |
|---|
| • Housing and Homelessness Focus Group<br>• MIDD Community Partnership Focus Group<br>• Mockingbird Society YAEH Chapter and New Members Chapter Listening Session<br>• Peer Counselors Focus Group<br>• Sound Alliance, United Tribes of All Indians, and FEEST Youth Partner Listening Session<br>• Sound Alliance and United Indians of All Tribes Youth Services Listening Session<br>• Veterans and Active Military Personnel Focus Group |
| **King County Council and Local Jurisdiction Meetings** |
| • City Mayor, Councilmember, and Staff Meetings (16 meetings)<br>• Countywide Sub-Regional Human Service Convening<br>• Councilmember Perry District Three First Responder Roundtable<br>• Councilmember Perry District Three Mayors Roundtable<br>• Councilmember Zahilay Community Mental Health Meeting (4 meetings)<br>• King County Councilmember and Council Staff Meetings (10 meetings)<br>• Snoqualmie Valley Government Association Quarterly Meeting<br>• Sound Cities Association (2 meetings) |
| **CCC Levy Request for Information (RFI) Public Information Sessions** |
| • King County Local Jurisdictions RFI Information Session<br>• Behavioral Health Organizations and Other Potential Partners RFI Information Session |

## Appendix G: Clinical Best Practices in Behavioral Health Crisis Services

| Clinical Best Practices in Behavioral Health Crisis Services | |
|---|---|
| **Best Practice** | **Description** |
| **Trauma-Informed** | Trauma-informed programs and services acknowledge the widespread impact of trauma and understand potential paths for recovery; recognize the signs and symptoms of trauma in clients, families, staff, and others involved with the system, and respond by fully integrating knowledge about trauma into policies, procedures, and practices, while seeking to actively resist re-traumatization.[368] |
| **Recovery-Oriented** | Recovery-oriented care addresses reduction of symptoms related to mental health and substance use disorders and supports someone to have a life in the community that meets their recovery goals.[369] |
| **Person-Centered** | Person-centered care means people have control over their services, including the amount, duration, and scope of services, as well as choice of providers. Person-centered care is respectful and responsive to cultural, linguistic, and other social and environmental needs. Family-centered care recognizes the important role of family members and caregivers in the design and implementation of services.[370] |
| **Culturally and Linguistically Appropriate** | Culturally and linguistically appropriate services (CLAS) are a way to improve the quality of services provided to all individuals, which will ultimately help reduce health disparities and promote health equity.[371] CLAS are about respect and responsiveness: respect the whole individual and respond to the individual's health needs and preferences. By tailoring services to an individual's culture and language preferences, including with use of interpretation and translation services, health professionals can help support positive health outcomes for diverse populations. |
| **Integrated Care** | Integrated care is when mental health and substance use treatment is closely coordinated with physical and primary care.[372] While crisis care centers will primarily serve behavioral health needs, they should also be able to provide care for most minor physical or basic health needs that can be addressed without need for medical diagnosis or health care prescriber orders, with an identified pathway to transfer the person to more medically appropriate services if needed.[373] |

[368] Substance Abuse and Mental Health Services Administration. SAMHSA's Concept of Trauma and Guidance for a Trauma-Informed Approach. HHS Publication No. (SMA) 14-4884. Rockville, MD: Substance Abuse and Mental Health Services Administration, 2014. [LINK]

[369] Davidson L, Rowe M, DiLeo P, Bellamy C, Delphin-Rittmon M. Recovery-Oriented Systems of Care: A Perspective on the Past, Present, and Future. Alcohol Res. 2021 Jul 22;41(1):09. doi: 10.35946/arcr.v41.1.09. [LINK]

[370] Substance Abuse and Mental Health Services Administration (SAMHSA) Person- and Family-centered Care and Peer Support [LINK]

[371] National Culturally and Linguistically Appropriate Services (CLAS) Standards. Think Cultural Health, U.S. Department of Health & Human Services [LINK].

[372] National Council for Mental Wellbeing, The Comprehensive Healthcare Integration (CHI) Framework, April 22, 2022. [LINK]

[373] Expectations for integrated medical care in a behavioral health crisis care setting are described here similar to state requirements for 23-hour Crisis Relief Centers as defined in RCW 71.24.916 – 23-hour crisis relief centers—Licensing and certification—Rules—Standards. [LINK]

| Least Restrictive Setting | Least restrictive care refers to care provided in settings that least interfere with a person's civil rights and freedom to participate in society. The practice of care in least restrictive settings supports the key values of self-determination in behavioral health care: that people should be able to disagree with clinician recommendations for care; that people should be informed participants in defining their care plan, and that state laws and agency policies are applied only as a last resort for people who are unable to act in their own self-interests.[374] |
|---|---|

[374] Detoxification and Substance Abuse Treatment. Rockville (MD): Substance Abuse and Mental Health Services Administration (US); 2006. (Treatment Improvement Protocol (TIP) Series, No. 45.) 2 Settings, Levels of Care, and Patient Placement. [LINK]

## Appendix H: BHRD Capital Improvement Funding for Behavioral Health Facilities Request for Information (RFI)

The purpose of this RFI was to solicit information from contracted behavioral health provider organizations about necessary capital improvements, repairs, and innovations in behavioral health facilities located in County. Information provided through this RFI may be fused to inform a potential Request for Proposal and be used to improve access to and availability of behavioral health services by assisting with costs associated with building repairs, renovations, or expansion of existing behavioral health provider facilities. This RFI was open from June 23, 2023, to July 17, 2023.

Department of Community and Human Services
Behavioral Health and Recovery Division
401 Fifth Avenue, Suite 400
Seattle, WA 98104

REQUEST FOR INFORMATION (RFI)
BHRD Capital Improvement Funding for Behavioral Health Facilities
RFI Release Date: June 23, 2023
Questions Due: July 07, 2023
Due Date: July 17, 2023
RFI Lead: Brandon Paz, branpaz@kingcounty.gov

Purpose of RFI
This Request for Information (RFI) is seeking input from contracted behavioral health provider organizations to inform a potential Request for Proposal (RFP) that may be released in late 2023. The King County Department of Community and Human Services (DCHS) Behavioral Health and Recovery Division (BHRD) seeks information related to necessary capital improvements, repairs and renovations in behavioral health treatment facilities located in King County. Information provided through this RFI may be used to improve access to and availability of behavioral health services by assisting with costs associated with building repairs, renovations or expansion of existing behavioral health provider facilities.

DCHS is releasing this RFI to understand the level of need agencies have for capital projects and expected costs. Please note that **no funding will be released as a result of this RFI**. Submitting a response to this RFI does **not** constitute a commitment to a project in any subsequent RFPs. This RFI is for informational purposes only, to inform potential investments by the County in late 2023.

Who should respond?
The following entities are encouraged to respond:

- Behavioral health provider organizations that are contracted with the King County Behavioral Health and Recovery Division, including but not limited to King County Integrated Care Network providers, King County Behavioral Health Administrative Service Organization (KCICN-BH-ASO) providers, and providers contracted through the MIDD program.

- Nonprofit organizations, community-based organizations, tribe/tribal organizations interested in capital improvements, including renovations and repairs to an existing facility used for behavioral health programming/treatment.

Background

There is a need for capital improvements for many behavioral health provider facilities in King County. Capital improvements are necessary to increase or maintain access to effective behavioral health treatment. BHRD is considering an investment through a future procurement, to provide funding for small-medium scale capital improvement projects that can increase the health and safety and/or functional space of a facility, so providers can increase or maintain capacity to effectively provide quality behavioral health services. Capital improvement projects may include: building repairs, renovations, or expansions of existing locations to improve access to high quality programs and services.

Request for Information

BHRD is requesting information related to behavioral health capital improvement projects. Information collected from RFI responses may inform the development of a RFP, including allowable costs and funding thresholds. Funded projects will be limited to existing facilities. New construction will not be eligible.

How to Respond

Please submit a response that clearly addresses the questions below by 2:00 PM Pacific Time on Monday, July 17, 2023, to Brandon Paz at branpaz@kingcounty.gov. If you have any questions regarding your submission, please contact Brandon Paz at branpaz@kingcounty.gov.

Questions

The following questions are for information only and will not be scored. Completing this RFI does not constitute a commitment to funding your project in any subsequent RFP.

1. Please provide the below information about your organization:
    a. Organization Name
    b. Address
    c. Point of Contact Name
    d. Title
    e. Phone
    f. Email
2. If your organization has a mission statement, please state it here.
3. Approximately how many clients annually does your organization provide services to?
4. Please briefly list the behavioral health services and/or programs that your organization offers to King County residents.
5. Why are you interested in applying for the anticipated Capital Improvement Funding for Behavioral Health Facilities RFP? Please explain in a short narrative, including describing the project and the need the project will address.
6. Please indicate the type of project you would be most likely to request funding for
    - Renovation of an existing property to maintain or increase access to behavioral health treatment services

- Renovation and repairs of an existing property to address critical health and safety issues, or improve treatment environment
- Facility improvements, including new paint and furniture to improve the treatment environment to promote healing
- Expansion of an existing facility to increase availability of treatment services, or allow more clients to be served

7. If you currently own or lease the project site, please provide the address. If not, please provide the zip code or general location of the proposed site and whether you plan to own or lease it.
8. Please share the following information regarding the project's funding needs:

a. What is the estimated total cost of your project?
b. Do you have funding secured from other sources?
c. Are you anticipating applying for other funding sources?
d. How much funding do you anticipate requesting from a potential 2023 capital program RFP?
e. What is the anticipated timeline for completion of the project?

RFI Terms and Conditions

**A. Revisions to the RFI**

If DCHS determines in its sole discretion that it is necessary to revise any part of this RFI, an addendum to this RFI will issued via email. For this purpose, the published questions and answers and any other pertinent information will also be provided as an addendum to the RFI and will be issued via email. DCHS also reserves the right to cancel or to reissue the RFI in whole or in part, prior to execution of a contract.

**B. Cost to Propose**

DCHS will not be liable for any costs incurred by the Responder in preparation of a Response submitted in response to this RFI, in conduct of a presentation, or any other activities related in any way to this RFI.

**C. No Obligation to Contract**

DCHS will not contract with any vendor as a result of this RFI. While DCHS may use responses to this RFI to develop a competitive solicitation for the subject of this RFI, issuing this RFI does not compel DCHS to do so.

**D. Public Records Act**

1. Washington State Public Records Act (RCW 42.56) requires public organizations in Washington to promptly make public records available for inspection and copying unless they fall within the specified exemptions contained in the Act or are otherwise privileged.

2. All submitted Responses and RFI materials become public information and may be reviewed by anyone requesting to do so at the conclusion of the RFI, negotiation, and award process. This process is concluded when a signed contract is completed between the County and the selected Responder. Note that if an interested party requests copies of submitted documents or RFI materials, a standard County copying charge per page must be received prior

to processing the copies. King County will not make available photocopies of pre-printed brochures, catalogs, tear sheets or audiovisual materials that are submitted as support documents with a Response. Those materials will be available for review at King County Department of Community and Human Services.

3. No other distribution of Responses will be made by the Responder prior to any public disclosure regarding the RFI, the Response or any subsequent awards without written approval by King County. For this RFI all Responses received by King County shall remain valid for ninety (90) days from the date of Response. All Responses received in response to this RFI will be retained.

4. Responses submitted under this RFI shall be considered public documents and with limited exceptions, Responses that are recommended for contract award will be available for inspection and copying by the public. If a Responder considers any portion of his/her Response to be protected under the law, the Responder shall clearly identify on the page(s) affected such words as "CONFIDENTIAL," PROPRIETARY" or "BUSINESS SECRET." The Responder shall also use the descriptions above in the following table to identify the effected page number(s) and location(s) of any material to be considered as confidential. If a request is made for disclosure of such portion, the County will review the material in an attempt to determine whether it may be eligible for exemption from disclosure under the law. If the material is not exempt from public disclosure law, or if the County is unable to make a determination of such an exemption, the County will notify the Responder of the request and allow the Responder ten (10) days to take whatever action it deems necessary to protect its interests. If the Responder fails or neglects to take such action within said period, the County will release the portion of the Response deemed subject to disclosure. By submitting a Response, the Responder assents to the procedure outlined in this paragraph and shall have no claim against the County on account of action taken under such procedure. Please notify the County of your needs and reference the table information below

| Type of Exemption | Beginning Page/Location | Ending Page/Location |
|---|---|---|
| | | |
| | | |

**E. American with Disabilities Act**
DCHS complies with the Americans with Disabilities Act (ADA). Responder may contact the RFI Coordinator to receive materials for this RFI in alternative formats, such as Braille, large print, audio tape, or computer disc.

King County

**Dow Constantine**
King County Executive
401 Fifth Avenue, Suite 800
Seattle, WA 98104-1818
**206-263-9600** Fax 206-296-0194
TTY Relay: 711
www.kingcounty.gov

December 29, 2023

The Honorable Dave Upthegrove
Chair, King County Council
Room 1200
C O U R T H O U S E

Dear Councilmember Upthegrove:

I am pleased to transmit the Crisis Care Centers Levy Implementation Plan 2024-2032 as required by Ordinance 19572, and three proposed Ordinances that would, if enacted, adopt the Levy's implementation plan, establish its advisory body, and provide appropriation authority for Levy expenditures in 2024. Approval of this proposed legislation would transform the region's behavioral health crisis response system through the creation of a network of five crisis care centers throughout the region; restore the region's flagging mental health residential facilities; and reinforce the workforce upon whom tens of thousands of King County residents depend for their behavioral health.

Specifically, my plan prioritizes three investments and outcomes for the 2024-2032 Crisis Care Centers (CCC) Levy:

- **Crisis Care Centers:** Establish and operate a regional network of five crisis care centers in King County, with at least one in each of the four crisis response zones established in Ordinance 19572 and one serving youth.
- **Residential Treatment:** Restore the number of mental health residential treatment beds to at least 355 and expand the availability of residential treatment in King County.
- **Community Behavioral Health Workforce**: Help more people join and stay in the behavioral health workforce in King County by expanding community behavioral health career pathways, supporting labor-management workforce development partnerships, and focusing on crisis workforce development.

While laying a path and providing resources for long-term change, the plan also prioritizes rapid changes where possible. The plan includes specific strategies to quickly invest in additional crisis services before crisis care centers open and substantial first-year investments in residential treatment facilities and existing behavioral health workforce strategies.

This transmittal package also includes the following proposed legislation:

- A proposed Ordinance that would, if enacted, adopt the plan to govern the CCC Levy's strategies, activities, and expenditures from January 1, 2024 through December 31, 2032;
- A proposed Ordinance that would, if enacted, provide supplemental budget appropriation to the Crisis Care Centers Fund to support CCC Levy strategies and activities in 2024; and
- A proposed Ordinance that would, if enacted, amend King County Code 2A.300.050 to empower the King County Behavioral Health Advisory Board to be the advisory body for the CCC Levy in accordance with Ordinance 19572 and implement changes to the code as recommended in the CCC Levy Implementation Plan, including updating the Board's membership requirements and duties.

On February 9, 2023, King County adopted Ordinance 19572 to provide for the submission of the CCC Levy to the voters of King County. King County voters considered the Levy as Proposition No. 1 as part of the April 25, 2023 special election, and 57 percent of voters approved it. The passage of Proposition No. 1 created a nine-year property tax levy of $0.145 per $1,000 of assessed value, which is expected to generate over $1.1 billion in revenue between 2024 and 2032. Ordinance 19572 also required transmittal of an implementation plan to direct CCC Levy expenditures from 2024 through 2032.

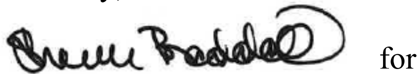
The CCC Levy implementation plan is the product of an intensive process that began in June 2023 and concluded in December 2023. DCHS' planning activities included engaging community partners, solicitating formal requests for information (RFIs), engaging with various Washington State departments, consulting with national subject matter experts, coordinating with other County partners, and convening internal workgroups within DCHS. Community engagement activities included participation from behavioral health agencies, people with lived experiences of behavioral health crises, frontline behavioral health workers, local jurisdiction staff and elected officials, and other community partners. This input significantly informed the strategies described in this Plan and will inform future procurement and operational phases of the CCC Levy.

The enclosed plan describes the forecasted expenditure of Levy proceeds, consistent with Ordinance 19572, to achieve the Levy's paramount and supporting purposes. It identifies and describes strategies to create and operate a regional network of five crisis care centers across King County, which will create a new front door for people in crisis who need behavioral health services. The plan funds early crisis services that will go into effect in 2024 before crisis care centers are operational and will quickly expand services for people experiencing both mental health and substance use crises in our community. Additionally, the plan also includes strategies to increase King County's mental health residential treatment capacity back to at least its 2018 level of 355 beds, and to strengthen the County's community behavioral health workforce. The plan also describes a robust framework to assess and report on how well the CCC Levy is achieving its results and describes how its results will be made available digitally to the Council and community, as directed by Ordinance 19572. Lastly, the plan makes recommendations to empower the King County Behavioral Health Advisory Board as the CCC Levy's advisory body.

Thank you for your continued support of the CCC Levy. I look forward to ongoing collaboration with the Council, local jurisdictions, behavioral health providers, and other community partners. Together, we aim to ensure that future generations will have a safe, accessible, and effective place to go when they experience a mental health or substance use crisis or treatment need, confident in the knowledge that there will be supportive providers there to help.

If your staff have questions, please contact Leo Flor, Director, Department of Community and Human Services, at 206-477-4384.

Sincerely,

 for

Dow Constantine
King County Executive

Enclosure

cc: King County Councilmembers
ATTN: Stephanie Cirkovich, Chief of Staff
Melani Hay, Clerk of the Council
Shannon Braddock, Deputy County Executive, Office of the Executive
Karan Gill, Chief of Staff, Office of the Executive
Penny Lipsou, Council Relations Director, Office of the Executive
Leo Flor, Director, Department of Community and Human Services

**2023-2024 FISCAL NOTE**

Ordinance/Motion:
Title: Crisis Care Centers Levy 2024-2032 Implementation Plan
Affected Agency and/or Agencies: Department of Community and Human Services
Note Prepared By: Nicholas Makhani
Date Prepared: 12/07/2023
Note Reviewed By: Christina Diaz
Date Reviewed: 12/7/2023

**Description of request:**

This proposed Ordinance will adopt the Crisis Care Centers Levy 2024-2032 Implementation Plan. Ordinance 19572 established a special election for the Crisis Care Centers Levy on April 25, 2023; voters ultimately approved the Levy.

**Revenue to:**

| Agency | Fund Code | Revenue Source | 2023-2024 | 2025 | 2026-2027 | 2028-2029 | 2030-2031 |
|---|---|---|---|---|---|---|---|
| DCHS | 1460 | Property Taxes | 117,304,332 | 119,828,701 | 247,579,090 | 258,519,973 | 269,872,906 |
| DCHS | 1460 | Interest Earnings | 586,522 | 599,144 | 1,237,895 | 1,292,600 | 1,349,365 |
| | | | | | | | |
| | | | | | | | |
| TOTAL | | | **117,890,853** | **120,427,845** | **248,816,986** | **259,812,573** | **271,222,271** |

**Expenditures from:**

| Agency | Fund Code | Department | 2023-2024 | 2025 | 2026-2027 | 2028-2029 | 2030-2031 |
|---|---|---|---|---|---|---|---|
| DCHS | 1460 | Community & Human Services | 85,936,418 | 122,076,597 | 284,584,473 | 257,525,929 | 259,146,107 |
| | | | | | | | |
| | | | | | | | |
| | | | | | | | |
| TOTAL | | | **85,936,418** | **122,076,597** | **284,584,473** | **257,525,929** | **259,146,107** |

**Expenditures by Categories**

| | Fund Code | Department | 2023-2024 | 2025 | 2026-2027 | 2028-2029 | 2030-2031 |
|---|---|---|---|---|---|---|---|
| Strategy 1: Create and Operate Five Crisis Care Centers | 1460 | Community & Human Services | 16,150,000 | 59,888,425 | 127,455,639 | 170,934,371 | 166,240,256 |
| Strategy 2: Restore, Expand, and Sustain Residential Treatment Ca | 1460 | Community & Human Services | 42,000,000 | 33,340,000 | 88,722,888 | 3,074,610 | 3,720,278 |
| Strategy 3: Strengthen the Community Behavioral Health Workfor | 1460 | Community & Human Services | 7,500,000 | 11,849,360 | 29,381,458 | 42,311,718 | 48,076,116 |
| Strategy 4: Early Crisis Response Investments | 1460 | Community & Human Services | 8,200,000 | 6,289,900 | 14,928,077 | 15,364,130 | 15,154,048 |
| Strategy 5: Capacity Building and Technical Assistance | 1460 | Community & Human Services | 1,750,000 | 2,029,000 | 3,415,794 | 3,950,800 | 3,730,445 |
| Strategy 6: Evaluation and Performance Measurement Activities | 1460 | Community & Human Services | 771,020 | 1,098,502 | 2,282,491 | 2,508,479 | 2,637,580 |
| Strategy 7: CCC Levy Administration | 1460 | Community & Human Services | 5,065,398 | 7,581,410 | 18,398,126 | 19,381,821 | 19,587,384 |
| Election Costs | 1460 | Community & Human Services | 3,500,000 | - | 0 | 0 | 0 |
| Planning Costs | 1460 | Community & Human Services | 1,000,000 | - | 0 | 0 | 0 |
| | | | | | | | |
| | | | | | | | |
| | | | | | | | |
| | | | | | | | |
| TOTAL | | | **85,936,418** | **122,076,597** | **284,584,473** | **257,525,929** | **259,146,107** |

**2023 - 2024 Proposed Financial Plan (NEW BIENNIUM SCHEDULE APPLIED)**
**CCC Levy Fund / 1460**

| Category | 2021-2022 Actuals | 2023-2024 Adopted | 2023-2024 Current Budget | 2023-2024 Biennial-to-Date Actuals | 2023-2024 Estimated | 2025 Projected | 2026-2027 Projected | 2028-2029 Projected | 2030-2031 Projected | 2032-2033 Projected |
|---|---|---|---|---|---|---|---|---|---|---|
| **Beginning Fund Balance** | - | - | - | - | - | **31,954,435** | **30,305,683** | **(5,461,804)** | **(3,175,160)** | **8,901,004** |
| **Revenues** | | | | | | | | | | |
| Local | - | - | - | - | ########### ## | ########### ## | ########### ## | ########### ## | 269,872,906 | 139,345,667 |
| Other | - | - | - | - | 586,522 | 599,144 | 1,237,895 | 1,292,600 | 1,349,365 | 696,728 |
| **Total Revenues** | - | - | - | - | ########### ## | ########### ## | ########### ## | ########### ## | **271,222,271** | **140,042,395** |
| **Expenditures** | | | | | | | | | | |
| Strategy 1: Create and Operate Five Crisis Care Centers | - | - | - | - | 16,150,000 | 59,888,425 | ########### ## | ########### ## | 166,240,256 | 86,146,802 |
| Strategy 2: Restore, Expand, and Sustain Residential Treatment Capacity | - | - | - | - | 42,000,000 | 33,340,000 | 88,722,888 | 3,074,610 | 3,720,278 | 2,143,589 |
| Strategy 3: Strengthen the Community Behavioral Health Workforce | - | - | - | - | 7,500,000 | 11,849,360 | 29,381,458 | 42,311,718 | 48,076,116 | 24,574,255 |
| Strategy 4: Early Crisis Response Investments | - | - | - | - | 8,200,000 | 6,289,900 | 14,928,077 | 15,364,130 | 15,154,048 | 7,742,220 |
| Strategy 5: Capacity Building and Technical Assistance | - | - | - | - | 1,750,000 | 2,029,000 | 3,415,794 | 3,950,800 | 3,730,445 | 1,683,091 |
| Strategy 6: Evaluation and Performance Measurement Activities | | | | | 771,020 | 1,098,502 | 2,282,491 | 2,508,479 | 2,637,580 | 1,369,427 |
| Strategy 7: CCC Levy Administration | | | | | 5,065,398 | 7,581,410 | 18,398,126 | 19,381,821 | 19,587,384 | 9,978,785 |
| Election Costs | | | | | 3,500,000 | - | - | - | - | - |
| Planning Costs | | | | | 1,000,000 | - | - | - | - | - |
| | | | | | | - | - | | | |
| **Total Expenditures** | - | - | - | - | **85,936,418** | ########### ## | ########### ## | ########### ## | **259,146,107** | **133,638,168** |
| **Estimated Underexpenditures** | | | | | - | | | | | |
| **Other Fund Transactions** | | | | | | | | | | |
| Other GAAP Adjustments | - | - | - | - | - | - | - | | | |
| **Total Other Fund Transactions** | - | - | - | - | - | - | - | | | |
| **Ending Fund Balance** | - | - | - | - | **31,954,435** | **30,305,683** | **(5,461,804)** | **(3,175,160)** | **8,901,004** | **15,305,231** |
| **Reserves** | | | | | | | | | | |
| Reserved for Committed Projects | | | | | 27,600,503 | 28,256,093 | | | | |
| Rainy Day Reserve (60 days) | | | | | 4,353,932 | 2,049,590 | 5,338,850 | 11,903,167 | 14,725,627 | *15,285,170* |
| **Total Reserves** | - | - | - | - | **31,954,435** | **30,305,683** | **5,338,850** | **11,903,167** | **14,725,627** | **15,285,170** |
| Reserve Shortfall | - | - | - | - | - | - | 10,800,654 | 15,078,328 | 5,824,624 | - |
| **Ending Undesignated Fund Balance** | - | - | - | - | - | - | - | - | - | **20,061** |

**Financial Plan Notes**

This plan applies the new biennium schedule after the shift in 2025 to an even-odd cycle starting in 2026-2027.

2023-2024 estimated matches the proposed Crisis Care Centers Levy Implementation Plan.

Revenue Notes:

Revenues are based on the adopted August 2023 OEFA forecast (King County Forecast Council resolution KCFC2023-04) with a 99% collection factor, and a $0.145/$1,000 assessed value levy rate. The dollar amount of the levy collected in the first year would be the base for computing annual increases for years 2025-2032 and would be limited by chapter 84.55 RCW.

Revenue also includes estimated revenue from other sources (investment/interest income) of roughly $640K annually, depending on revenue fluctuations.

Expenditure Notes:

Expenses are based on the proposed Crisis Care Centers Levy Implementation Plan.

Other Fund Transactions:

Reserve Notes:

Reserves are calculated to provide 60-day coverage of expenditures for ongoing CCC operations, CCC and residential treatment center maintenance, and program administration and evaluation.

Last Updated 12/07/2023 by DCHS Finance Staff.

# Crisis Care Centers (CCC) Levy Implementation Plan

## Executive Briefing

**King County Council, Regional Policy Committee**

February 14, 2024

Kelly Rider, Chief of Staff, Department of Community and Human Services (DCHS)

Susan McLaughlin, PhD, Director, Behavioral Health and Recovery Division, DCHS

Kate Baber, MsHA, MSW, CCC Initiative Planning Director, DCHS

Matt Goldman, MD, MS, CCC Initiative Medical Director, DCHS

# Key Themes

2 Years; 100+ Events; 1,000+ Experts & Community Members; 236,000+ Voters

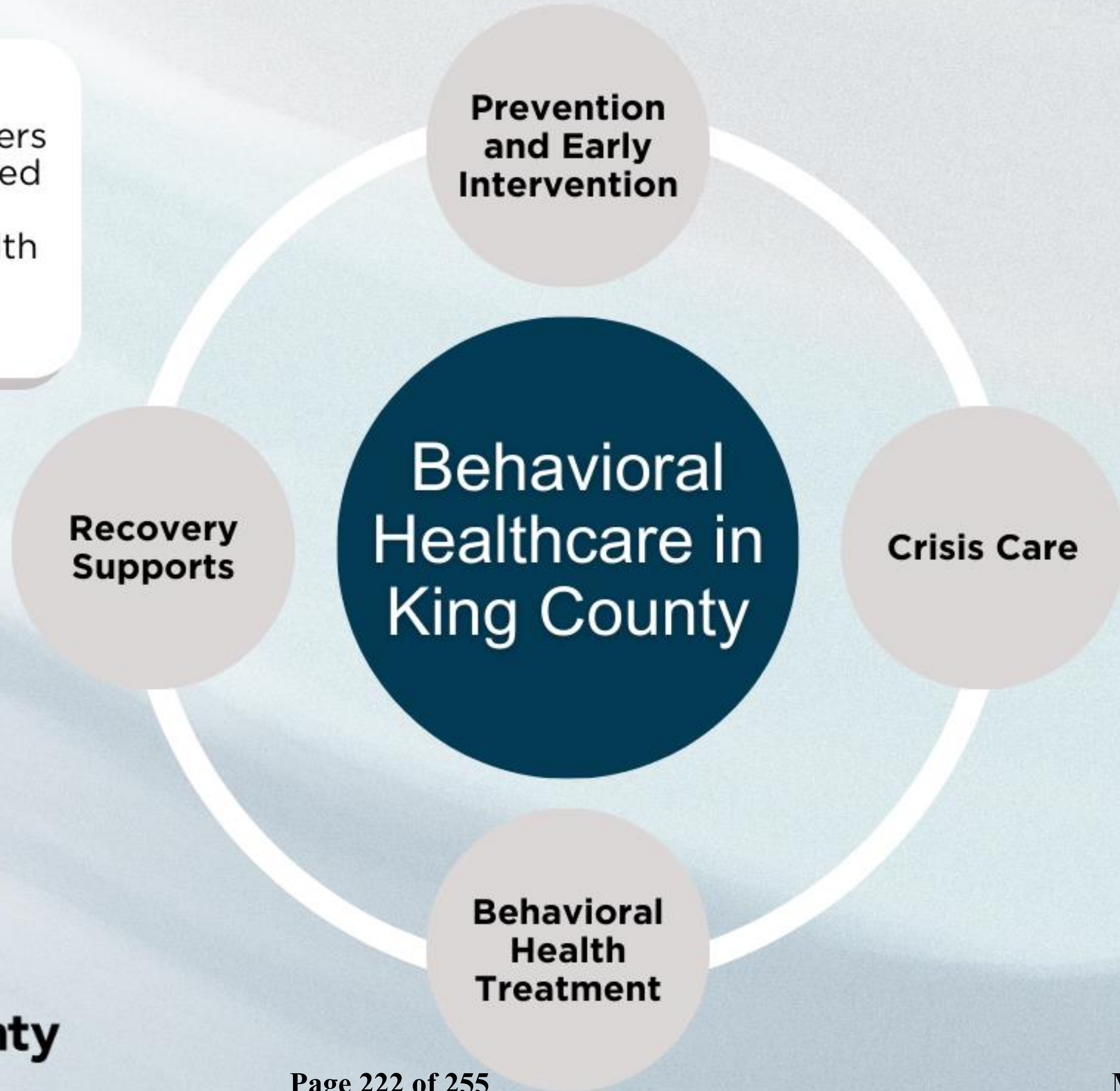
Cannot Be the Entire System (But An Essential Part that We're Missing)

Places to Go: We Need Buildings and People Working In Them

A Rational Funding Model

Quality is Equity. Equity is Quality.

We Can Meet the Moment Together


Crisis care centers will be connected to the larger behavioral health continuum.
Prevention and Early Intervention
Recovery Supports
Behavioral Healthcare in King County
Crisis Care
Behavioral Health Treatment
King County

King County

Delivering care across the

# Crisis Continuum

King County
Regional Crisis Line
**206-461-3222**

CRISIS CARE CENTERS LEVY

# Community Engagement Activities

Implementation plan includes all council and voter approved requirements.

### 64 Key Informant Interviews

- 11 with providers with expertise in culturally and linguistically appropriate services
- 12 with youth behavioral health providers

### 40 Community Meeting Presentations

- 11 that included participants with lived experience of behavioral health conditions

### 20 Site and Field Visits

- 10 behavioral health crisis facilities
- 7 mental health residential facilities

### 16 Community Engagement Meetings

- Average of approximately 49 attendees per meeting
- Focus on crisis system, youth, and substance use service partners

### 9 Focus Groups

- Youth, peer specialists, veterans and active military personnel and older adults

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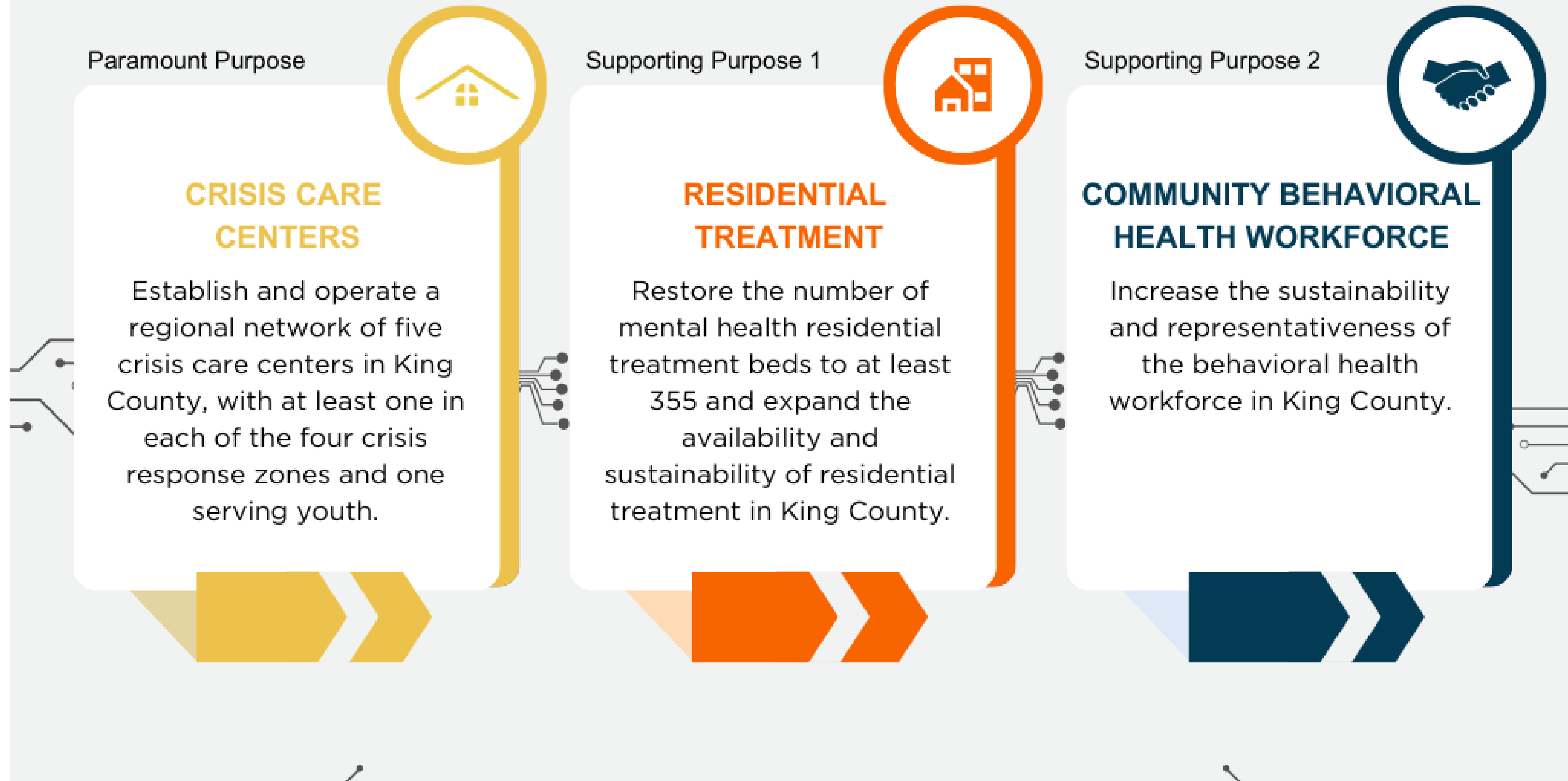
CRISIS CARE CENTERS
Levy Purposes
Paramount Purpose
CRISIS CARE CENTERS
Establish and operate a regional network of five crisis care centers in King County, with at least one in each of the four crisis response zones and one serving youth.
Supporting Purpose 1
RESIDENTIAL TREATMENT
Restore the number of mental health residential treatment beds to at least 355 and expand the availability and sustainability of residential treatment in King County.
Supporting Purpose 2
COMMUNITY BEHAVIORAL HEALTH WORKFORCE
Increase the sustainability and representativeness of the behavioral health workforce in King County.
King County

CRISIS CARE CENTERS

# Levy Investment Summary

**$626.8M**

Create and operate five crisis care centers.

**$173M**

Restore, expand, and sustain mental health residential treatment capacity.

**$163.7M**

Strengthen the community behavioral health workforce.

**$67.7M**

Early crisis response investments.

**$111.7M**

Capacity building and technical assistance, performance and evaluation, election and planning costs, and levy administration.

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# CRISIS CARE CENTER MODEL

Walk-In
(all ages)

First Responder
Drop-Off

**Inpatient Settings**

Individuals who need a higher level of care.

**24/7 Behavioral Health Urgent Care**

**23-Hour Observation Unit**

**Crisis Stabilization Unit**

**Youth Crisis Care Center**

The Youth CCC is for young people under 18-years-old and will take direct walk-ins and drop-offs as well as transfers from the other CCCs when needed.

**Post-Crisis Follow Up**

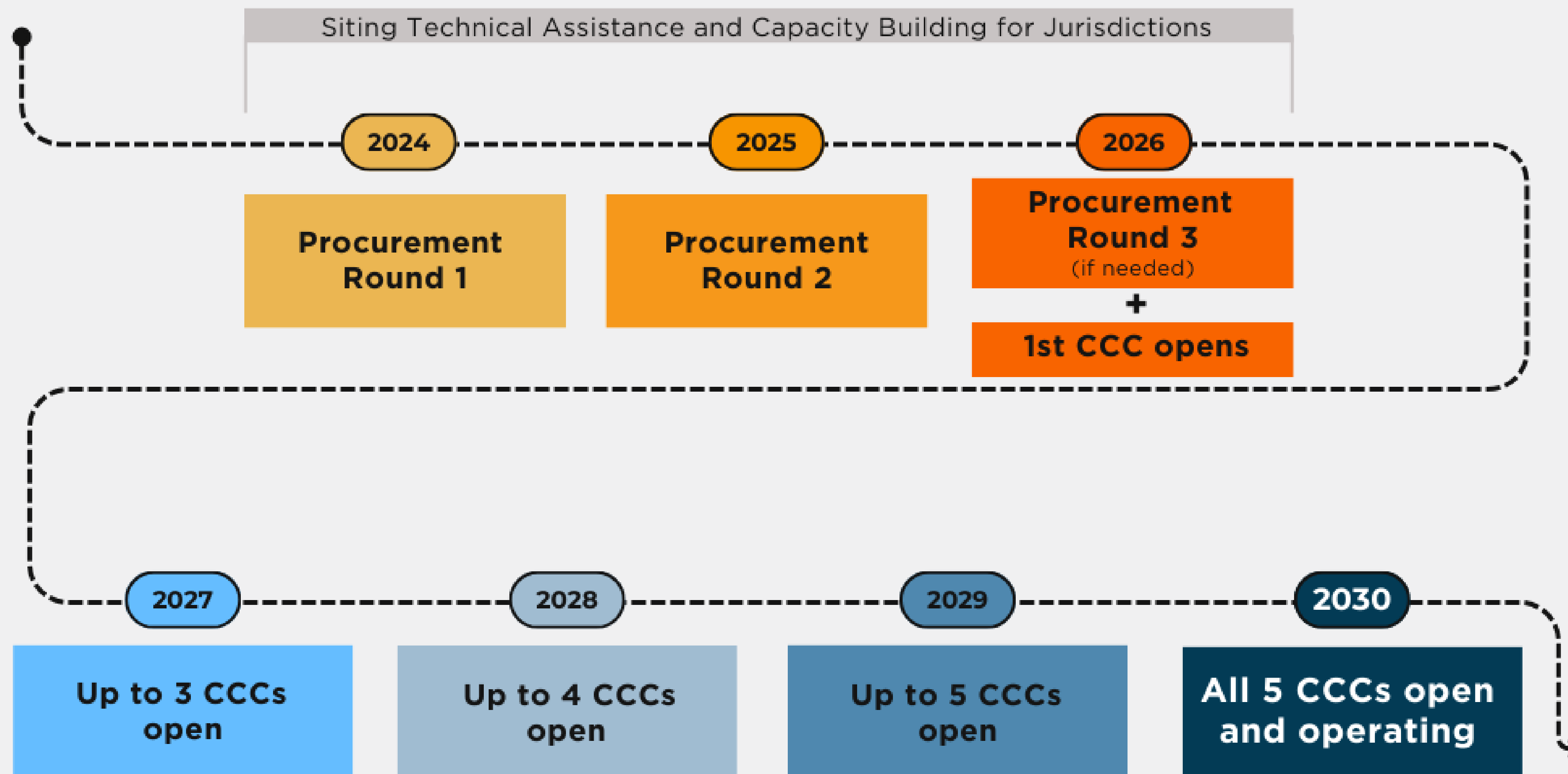
Post-crisis follow-up care includes providers with expertise in culturally and linguistically appropriate services.

- CCC components
- Post-crisis care most will follow
- Higher level of care needed
- ★ Referrals outside of the CCC

CRISIS CARE CENTERS

# Estimated Implementation Timeline

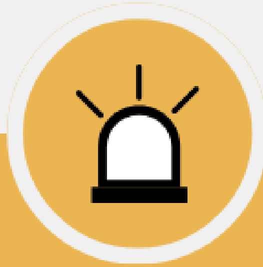
King County



King County

CRISIS CARE CENTERS LEVY

# Early Investments Starting in 2024



### Increase Community-Based Crisis Response Capacity

- Expand mobile crisis services for adults and youth
- Embed behavioral health counselors in 911 call centers

### Reduce Fatal Opioid Overdoses

- Expand access to opioid overdose reversal medication
- Capital facility funding to expand substance use services

### Residential Treatment Facility Capital Investments

- Preserve existing capacity
- Build new capacity

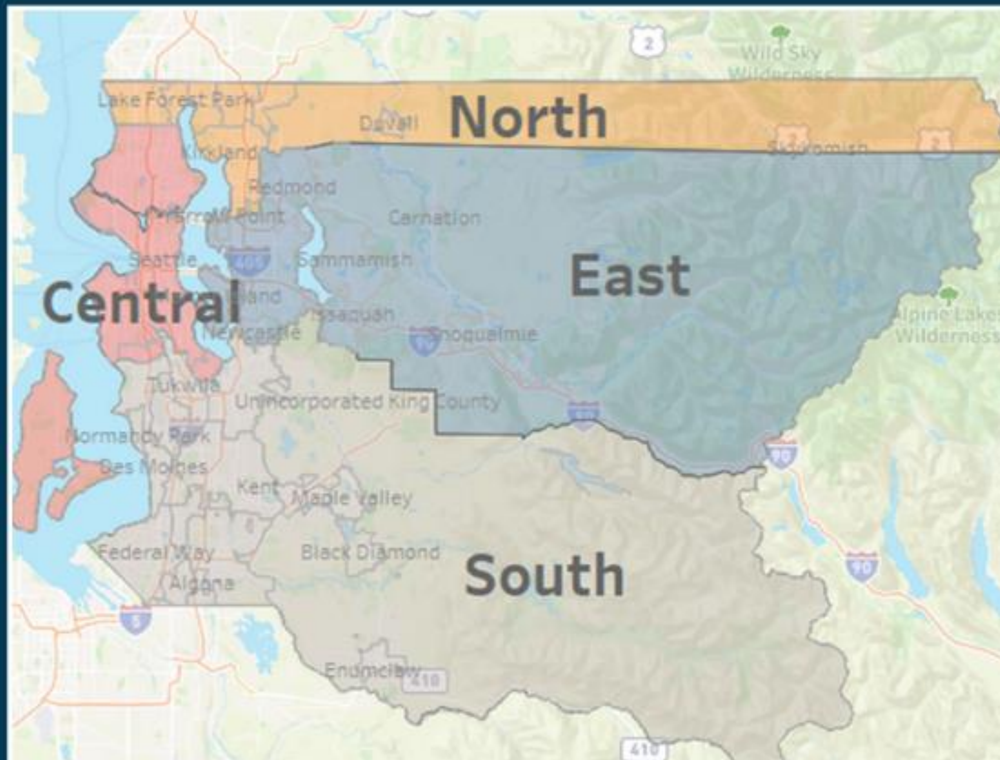
### Behavioral Health Workforce Investments

- Community behavioral health career pathways
- Labor-management workforce development partnerships
- Crisis workforce development

King County

# Crisis Response Zones

**Crisis response zones are defined in the CCC levy ballot measure ordinance.**




- Crisis Response Zones promote access and geographic distribution of Crisis Care Centers.
- Crisis Response Zones do not restrict who can access Crisis Care Centers.
- Each Crisis Response Zone will host at least one Crisis Care Center.

# CRISIS CARE CENTERS
# Siting Process

Local jurisdictions have a central decision-making role at multiple points in process.

1. Providers and local jurisdictions form partnerships
2. King County will procure CCC Operators
3. King County will prefer proposals that can demonstrate local jurisdiction support
4. Local Jurisdiction Zoning and Permitting
5. State Facility and/or Operator Licensing
6. King County and state monitor contracts and services

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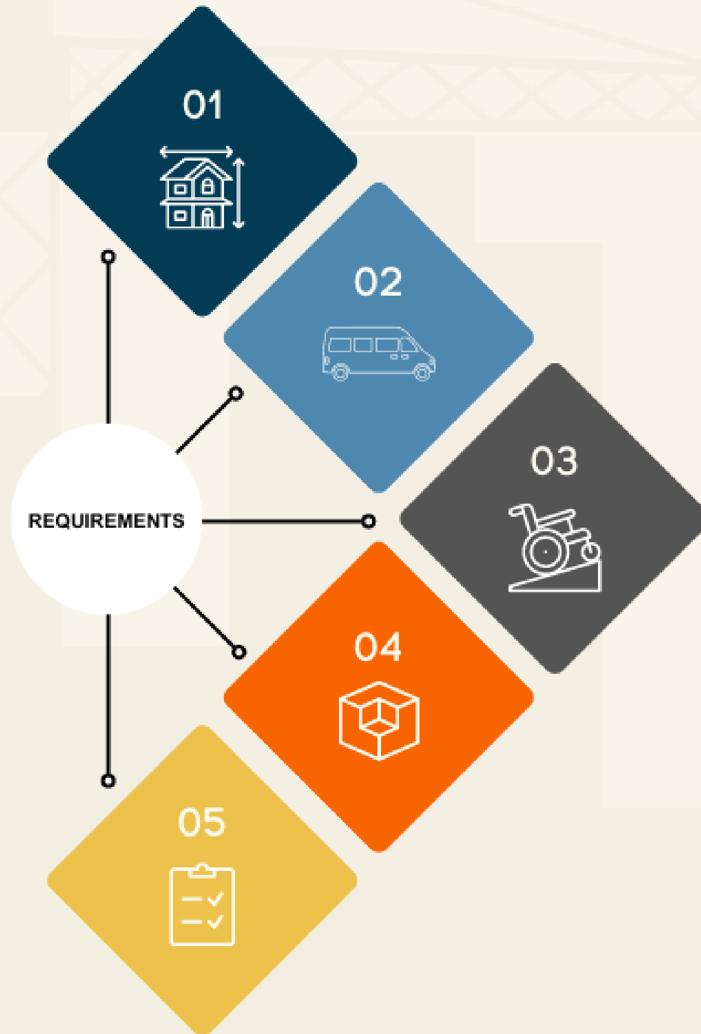
# CRISIS CARE CENTERS
# Site Requirements




**01 Sufficient Size**
Sites must have sufficient space to deliver services and should be able to accommodate a facility with ~30,000 to 50,000 sq ft.

**02 Meaningful Transportation Access**
Crisis care center sites must be accessible to transportation.

**03 Accessibility**
Crisis care center sites and buildings must be accessible for people with disabilities and comply with the Americans with Disabilities Act.

**04 Zoning**
Crisis care center operators must adhere to the relevant zoning and permitting laws and regulations of the jurisdiction within which a crisis care center facility is sited.

**05 Licensure Feasibility**
Crisis care center operators must propose sites that can satisfy state licensure requirements.

King County

CRISIS CARE CENTERS

# Capital Facility Public Interest Requirements

### 50 Year Minimum Use

Crisis care center capital facilities must remain dedicated to providing crisis care center services for a minimum of 50 years.

### Operator Cap

A single operator may operate a maximum of three crisis care center facilities funded by CCC Levy proceeds.

### Leased Facility Restrictions

If a crisis care center operates in a leased facility, the operator must pursue ownership of the leased facility when possible.

### Environmental Sustainability Standards

Crisis care center facilities should align with environmental sustainability standards for building design and operations.

### Equity Impact

Crisis care centers should promote behavioral health equity.

# Behavioral Health Workforce Investments

### Strengthen Overall Behavioral Health Workforce

- Training and recruiting
- Tuition and professional fees reimbursement
- Promote the wellbeing of workers
- Increase workforce representativeness.

### Ensure Worker Voice in Career Advancement

- Expand access to behavioral health apprenticeship programs
- Expand labor management partnership training

### Build a Crisis Workforce

- Recruit and retain crisis care center workers
- Specialty crisis care training

King County

King County

# CRISIS CARE CENTERS LEVY

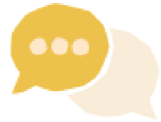
**"There is no quality without equity, and there is no equity without quality"**

1. Increase access to care for populations experiencing behavioral health inequities
2. Increase access to Culturally and Linguistically Appropriate Services
3. Increase the representativeness of the behavioral health workforce
4. Implement accountability mechanisms

Dzau, V.J., Mate, K., O'Kange, M. (2022). Equity and quality: Improving health care delivery requires both. JAMA, Volume 327, Number 6.

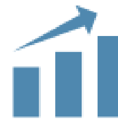
# CRISIS CARE CENTERS LEVY

## Evaluation and Performance Measurement Principles



Transparent and Community Informed

Person-Centered



Continuously Improving

Equitable

# Questions?

# Constituent Resources

VISIT THE CCC INITIATIVE WEBSITE FOR UPDATES

SIGN-UP FOR THE CCC INITIATIVE LISTSERV

SEND QUESTIONS TO CCCLEVY@KINGCOUNTY.GOV

REGISTER FOR THE FEBRUARY UPDATE

# Behavioral Health Crisis Resources

## King County Resources

### 24-Hour Regional Crisis Line: 866-427-4747

Provides immediate help to individuals, families, and friends of people in emotional crisis. This crisis line can help you determine if you or your loved one needs professional consultation or connection to mental health or substance use services like mobile crisis or a next-day appointment.

**King County BHRD Client Services: 800-790-8049**

For people interested in mental health services.

**SUD Residential Phone Line: 855-682-0781**

For information about King County substance use residential services, Monday-Friday 9am-5pm.

### King County 211

For the most comprehensive information on health and human services resources in King County.

## Washington State Resources

### WA Recovery Help Line: 866-789-1511

A 24/7 anonymous and confidential help line that provides crisis intervention and referral services for Washington State residents. *Who answers:* Professionally trained volunteers and staff

### WA Warm Line: 877-500-WARM (9276)

Confidential peer support help line for people living with emotional and mental health challenges. *Who answers:* Specially-trained volunteers who have lived experience with mental health challenges

## 988 National Suicide & Crisis Lifeline

Provides free and confidential emotional support to people in suicidal crisis or emotional distress 24 hours a day, 7 days a week

| **Call/Text** | **9-8-8** |
|---|---|
| Chat | 988lifeline.org |
| Veterans Crisis Line | **9-8-8 then press 1** |
| Spanish Lifeline | **9-8-8 then press 2** |
| Spanish text/chat | **Text "AYUDA" to 988** |
| Native and Strong Lifeline | **9-8-8 then press 4** |
| American Sign Language | **TTY or dial 711, then 988** |

## Youth & LGBTQ+ Resources

### Teen Link: 866-833-6546

Confidential and anonymous help line for teens in Washington state. *Who answers:* Trained teen volunteers

### Trevor Project: 866-488-7386

24/7 free, confidential and anonymous national help line for LGBTQ+ young people. *Who answers:* Trained counselors

### TRANS Lifeline: 877-565-8860

24/7 hotline run by trans people, for trans people to connect people to community support and resources needed to survive and thrive

**RPC February 14, 2024 Questions**

1. <u>What is the expected impact of the mobile crisis investment proposed in the implementation plan?</u>

The proposed implementation plan includes investments to expand adult and youth mobile crisis service capacity across all of King County. This proposed investment will create additional community-based crisis response capacity starting in 2024 before crisis care centers are operational. After crisis care centers open, mobile crisis services will continue to have a critical role responding to crises in the community, resolving crises in the field when possible, and helping people access crisis care centers when they need facility-based specialized behavioral health crisis care.
The proposed plan funds:

- **10 new adult mobile crisis teams, creating approximately 34 new mobile crisis positions** with contracted community providers. This would bring King County's adult mobile crisis capacity to a total of 27 teams staggered throughout the day and night in 8-hour shifts to expand 24/7 adult mobile crisis access across King County.

- **2 new youth mobile crisis teams, creating approximately 20 new mobile crisis positions** with a contracted community provider. This would bring King County's youth mobile crisis capacity to a total of 5 teams staggered throughout the day and night in 12-hour shifts to expand 24/7 youth mobile crisis access across King County.

The proposed mobile crisis investments are anticipated to have the following impact:

- **Expand mobile crisis response eligibility to include all adults and youth in King County, regardless of their insurance coverage.** Because of state funding limitations, people who are <u>not</u> enrolled in Medicaid are currently prioritized for mobile crisis services. People who are enrolled in Medicaid behavioral health services receive a crisis response, when needed, from their behavioral health provider during regular business hours and are connected to after-hour teams during the evening and on weekends. The proposed CCC levy investment would complement state mobile crisis funds and would expand mobile crisis service capacity so that all people in King County have equal access to mobile crisis services when they need help.

- **Create capacity for adult mobile crisis teams to follow-up with a person after a crisis.** Providing crisis follow-up to support connections to ongoing care is a mobile crisis response best practice promoted by the federal Substance Abuse and Mental Health Service Administration's <u>National Guidelines for Behavioral Health Crisis Care</u>. DCHS expects that with CCC levy funding, adult mobile crisis teams will be able to provide at least one follow up connection after a person experiences a crisis. This expanded capacity will add an additional layer of support, which may help reduce future crises.

- **Create capacity for new youth mobile crisis teams to work with a youth and family for up to 8 weeks post crisis to support connections to follow-up services.** Existing youth crisis teams provide this level of follow-up services. CCC levy funding would create capacity for new youth mobile crisis teams to also provide this level of follow-up care.

Expanded mobile crisis capacity will serve all regions of King County:

- **DCHS will provide for timely adult mobile crisis coverage in all regions of King County through its upcoming adult mobile crisis procurement process.** DCHS will contract with mobile crisis providers that can respond to an emergent crisis in less than 2 hours and an urgent crisis in less than 24 hours anywhere in King County. The specific locations of where mobile crisis teams are stationed will be determined by contracted providers to meet DCHS' geographic coverage and response time contract requirements. To expedite adult mobile crisis service capacity expansion, DCHS plans to open this procurement in spring 2024 and intends to include both state and CCC levy funds in the RFP. No CCC levy funds will be awarded until after King County Council adoption of the CCC levy implementation plan and relevant budget appropriations.

- **DCHS will provide for timely youth mobile crisis coverage in all regions of King County through expanding its youth mobile crisis response contract with the YMCA.** DCHS will continue to require timely youth mobile crisis response across all of King County (responses within 2 hours for emergent crises and within 24 hours for urgent crises). The YMCA will determine where to station its mobile crisis teams to meet DCHS' geographic coverage and response time contract requirements. DCHS plans to expand the YMCA's contract to increase youth mobile crisis service capacity after King County Council adoption of the CCC levy implementation plan and relevant budget appropriations.

2. HOW WILL CRISIS CARE CENTER INTERSECT WITH SEATTLE FIRE DEPARTMENT'S HEALTH ONE AND HEALTH 99 PROGRAMS?

The Seattle Fire Department's (SFD) Health One program is a mobile integrated health response unit that connects people to appropriate medical care, mental health care, shelter, and social services. SFD's Health 99 program is a new pilot program that dispatches units to provide outreach services to people who have survived an overdose.

Currently, outreach programs like SFD's Health One and Health 99 programs have limited options for where they can take people who have an urgent mental health and/or substance use service need. There is no walk-in behavioral health urgent care clinic or behavioral health 23-hour observation unit that can accept first responder referrals anywhere in King County. First responders' options for where they can take people are often limited to jail and emergency rooms, which are typically not appropriate settings for people to receive urgent behavioral healthcare. DESC's Crisis Solutions Center, located in Seattle, can accept voluntary first responder referrals, but it only has 46 beds to serve all of King County. Crisis care centers will fill this gap in the County's continuum of crisis care by creating safe places for people to go to receive 24/7 specialized behavioral healthcare. Crisis care centers will accept first responder drop-offs, including drop-offs from SFD's One Health and Health 99 programs.

DCHS consulted with SFD during the implementation planning process to hear feedback on how crisis care centers can complement SFD's services. After Council adopts the proposed implementation plan, then DCHS will begin the next implementation phase. An important implementation activity will be engaging first responders across King County, including SFD, to develop protocols for first responder drop-offs at crisis care centers so that responders are able to easily access centers and help people experiencing crises receive the care that they need. DCHS plans to continue to engage and coordinate with first responders throughout the levy period.

While DCHS and crisis care centers will collaborate with SFD's Health One and Health 99 programs, the proposed implementation plan does not provide funding to SFD or any other city-level program.

The proposed investments are prioritized and scaled to achieve the voter approved CCC levy ballot measure ordinance's paramount and supporting purposes.

3. <u>What is the scope of substance use disorder services that will be available at crisis care centers?</u>
    a. What type of substance use conditions will crisis care centers be able to support?

       Crisis care centers will utilize a no wrong door approach and be required to serve people who use substances. No one will be denied care at a crisis care center because they have a substance use and/or co-occurring mental health and substance use need. DCHS anticipates that people who use opioids, stimulants (including methamphetamine), alcohol, and other substances will frequently present to crisis care centers based on substance use trends in King County, <u>particularly</u> related to the opioid crisis. DCHS will expect crisis care centers to accept all types of substance use presentations for at least initial assessment and triage.
    b. What type of substance use services will be provided at the different components of crisis care centers?

       Crisis care centers will admit people seeking care with any substance use service need and address their immediate crisis needs. If appropriate, the centers could refer people to substance use disorder (SUD) inpatient treatment, which has a much shorter duration than residential substance use treatment, or other community-based SUD services such as outpatient care or medication for opioid use disorders (MOUD) when needed. Crisis care centers will be staffed by behavioral health clinicians and medical providers who can initiate treatments for substance use disorders, along with peer specialists and substance use disorder professionals who are trained to engage and support people living with substance use conditions.
        i. 24/7 Behavioral Health Urgent Care Clinic: Crisis care center urgent care clinics will be access and referral points for both routine and urgent substance use services. These clinics will be low barrier settings where people can walk in without an appointment, 24/7 to receive substance use services regardless of their health insurance status. Clinicians will be able to provide substance use assessments and help people connect with the appropriate next level of care. Depending on a person's needs, examples of connections to appropriate care may include:
            1. Initiation and continuation of Medication for Opioid Use Disorder (MOUD) and long-acting injectable medications that are highly effective treatments to prevent opioid overdose deaths;
            2. Connecting a person to ongoing outpatient substance use treatment services;
            3. Initiating withdrawal management services at a crisis care center;
            4. Referring someone to a residential substance use treatment program; and,
            5. Referring someone to inpatient-level substance use care.

        ii. 23-Hour Crisis Observation Unit: This unit will be able to accept people with acute behavioral healthcare needs, including substance use service needs, who self-present through urgent care or are being dropped off by first responders. Observation units will be able to provide comprehensive emergency-level psychiatric services, including substance use services such as treating withdrawal symptoms, starting MOUD and other medications for substance use disorders, and providing counseling. Clinicians will assess, stabilize, and triage people to the

next level of care, which could include ongoing outpatient substance use services, continued services at a crisis care center such as withdrawal management services, or referral and transportation to residential substance use treatment services or inpatient substance use services.

iii. 14-Day Crisis Stabilization Unit: The crisis stabilization unit will be able to provide withdrawal management services, MOUD services, substance use assessment and counseling, and aftercare planning, including connecting people to the appropriate next level of care, which could include ongoing outpatient substance use services, residential substance use treatment services, and other health and social services.

iv. Post-Crisis Follow-Up Program: The post-crisis follow-up program will support people after they leave a crisis care center and will connect them to community-based substance use services. Post-crisis follow-up substance use services may include care coordination, peer engagement, brief clinical interventions, and will promote access to culturally and linguistically appropriate services (CLAS) by contracting directly with behavioral health providers with expertise in providing CLAS services.

c. Will crisis care centers offer contingency management services for people living with stimulant use disorder?

DCHS does not anticipate crisis care centers will initiate contingency management treatment because this is a long-term service provided in outpatient behavioral health clinic settings. However, crisis care centers will be low barrier, 24/7, walk-in access and referral points for substance use services across the continuum of behavioral healthcare. DCHS will expect crisis care centers and post-crisis follow-up program providers to connect people to outpatient contingency management treatment services, when clinically appropriate.

d. Why is the Crisis Stabilization Unit limited to a 14-day stay?

The Crisis Stabilization Unit (CSU) within a crisis care center is limited to a 14-day stay because of Medicaid rules. The Washington State Health Care Authority's Medicaid Service Encounter Reporting Instructions define CSU services as "short term (less than 14 days per episode)." In addition to Medicaid rules, the voter approved CCC levy ballot measure ordinance defines a crisis care center CSU as a setting that "provides short-term, onsite behavioral health treatment for up to fourteen days or a similar short-term behavioral health treatment facility and service."

e. What will happen if people need more than 14-days of substance use treatment?

If people need more than 14 days of treatment, then DCHS will expect crisis care centers to refer people to other parts of the behavioral health treatment continuum. Depending on the person's needs, this could include ongoing outpatient substance use services, residential substance use treatment services, or inpatient substance use treatment services.

f. How will crisis care centers help people access substance use outpatient, inpatient, or residential treatment services?

The crisis care center staffing model includes staff such as peer specialists who can work with a person receiving services and their care team to help them connect to the next

appropriate level of care. This could include services like aftercare planning, care coordination, referrals, care navigation support, transportation assistance, telehealth services, and post-crisis follow-up crisis services, including outreach services to help the person transition to and connect to services.

g. What other substance use investments are proposed in the implementation plan?

The proposed plan includes early investments starting in 2024 to urgently expand access to crisis services given the current mental health and overdose crises. This includes resources to expand access to substance use services while crisis care centers are being developed. Proposed substance use service investments include capital funding to support one or more behavioral health facilities that can create faster in-person access to substance use services, more referral pathways to treatment, expanded mobile outreach teams, and funding to expand access to naloxone, a life-saving opioid overdose reversal medication (see *Sec. V.D. Strategy 4: Early Crisis Response Investments* starting on pg. 98). In addition to these early investments, King County is taking action to prevent overdoses, save lives, and clear paths to recovery for all. Learn more about the County's five priorities for action to prevent overdoses in 2024 at this link.

**RPC March 13, 2024 Questions**

1. WHAT IS THE UNIVERSE OF NEED THAT THIS CCCL IP SEEKS TO SERVE? HOW MANY PEOPLE SUFFERING V. HOW MANY PEOPLE WILL WE SERVE AND WHAT IS THE GAP? (CM ZAHILAY)

Please see below for a summary of the behavioral health needs in King County that the CCC levy implementation plan seeks to address across the levy's paramount and supporting purposes.

**Paramount Purpose: Create and Operate Five Crisis Care Centers**
The CCC levy will create a network of five crisis care centers that do not currently exist in King County. DCHS anticipates between 10,000 to 14,000 visits per crisis care center annually. Together, once all are online, the centers could see more than 50,000 visits per year, including people who use the center's services more than once. Crisis care centers, along with investments to expand mobile crisis services, will increase the capacity of less-restrictive, more supportive, trauma-informed, and evidence-based behavioral health crisis services in King County. These investments will provide for walk-in and immediate care before a crisis gets worse and potentially requires a more restrictive response. Below are additional figures that illustrate need in King County:

- **For a county of 2.3 million people, DCHS estimates that 63,000 crisis episodes requiring an in-person response may occur in a given year.** DCHS is tracking a portion of crisis interventions occurring in King County, but there is likely a significant lack of access to essential community care and services that is not captured in the data available.[1]

- **Additional data from 2022 shows that the King County behavioral health crisis system served 122,569 people (see March 2024 data brief), 96,993 crisis calls were made in King County, and 25,576 crisis service interactions were made.** These interactions range from designated crisis responder (DCR) investigations to psychiatric hospitalizations and mobile crisis encounters.

Together this data shows us that the average 50,000 visits per year is within range to significantly address the needs of a county this size. The increased investments in workforce, mobile crisis teams, and additional behavioral health facilities across the continuum will advance our efforts to respond to the growing need and make services available before a person reaches a crisis.

**Supporting Purpose 1: Restore, Expand, and Sustain Residential Treatment Capacity**
The proposed implementation plan includes funding to build back King County's lost residential treatment capacity. As of October 2023, King County had a total of 240 mental health residential treatment beds for the entire county, a decrease of 115 beds from the capacity of 355 beds in 2018. The reduction of residential treatment facilities, as the total King County population continues to grow, increases residential treatment wait times. For example, King County residents who needed residential treatment services in February 2024 had to wait an average of 20 days before they were admitted to a residential treatment facility. This is a decrease from the 44 day average wait time in 2022 and a result of process and capacity improvements implemented between DCHS and residential treatment providers. The CCC levy ballot measure ordinance and proposed implementation plan would invest capital funding to sustain the County's supply of residential treatment at least at the 2018 level while continuing to monitor the wait times to understand what specific populations need increased access.

**Supporting Purpose 2: Strengthen the Community Behavioral Health Workforce**
The proposed implementation plan includes funding to strengthen King County's overall behavioral health workforce, increase the representativeness of workers, create career advancement opportunities that center worker's voices, and build a crisis workforce. An October 2023 survey of community behavioral health agencies contracted with the DCHS found there are approximately 600 staff vacancies across the agencies that responded to the survey. This represents a 16 percent total vacancy rate at King County community behavioral health agencies, and there is still a need to hire more behavioral health workers to support the growing behavioral health care needs in the community, including a projected 600+ workers needed to staff future crisis care centers (including psychiatric providers, nurses, mental health clinicians, peer specialists, and behavioral health technicians). It takes people to care for people, and the workforce investments proposed in the implementation plan are needed more than ever to support a skilled workforce that is representative of people receiving care.

2. WHAT IS OUR GUARANTEE/SAFEGUARD THAT AN OPERATOR'S "NO WRONG DOOR" IS TRULY EFFECTIVE? (CM PERRY)

DCHS will implement legal requirements for crisis care center operators to use a "no wrong door" approach through contract requirements and funding supports:

**Legal Requirements:**

- **CCC Levy Ballot Measure Ordinance 19572:** Ordinance 19572 defines a crisis care center (CCC) in Section 1.A. The definition states that a CCC "shall endeavor to accept at least for initial screening and triage any person who seeks behavioral health crisis care." This language establishes a "no wrong door" requirement. It's important to note that crisis care centers are not intended to replace emergency departments to treat medical emergencies, like heart attacks. DCHS will develop protocols in partnership with emergency medical services and other key system partners and subject matter experts to ensure that first responders take people to the medically appropriate healthcare setting. DCHS will also work with crisis care center operators to develop medical screening protocols so that people who self-present to crisis care centers and are assessed to be medically unstable can be safely referred and/or transported to an appropriate setting.

- **Proposed CCC Levy Implementation Plan:** The proposed plan defines the crisis care center clinical model in Figure 21 on page 62 to include the following requirement: "No wrong door" access for all behavioral health needs; all welcome regardless of insurance or ability to pay; meets medically stability criteria." The proposed plan further states on page 63 that "crisis care centers will follow the "no wrong door" approach, meaning individuals will be able to receive at least an initial screening and triage for all clinical needs. Examples of "no wrong door" may include an individual facing their first crisis episode, someone without regular access to behavioral health care, or an established client seeking services outside their outpatient clinic's standard hours. Services will be available regardless of ability to pay and without an appointment."

**Procurement and Contracting Terms:**

Ordinance 19572 and the final implementation plan adopted by King County Council will create the legal and policy framework that will guide future crisis care center operator procurement requirements and contract terms. The “no wrong door” requirement will be embedded in and enforced by DCHS through future procurements and contracts with crisis care center operators.

- In applying to be a crisis care center operator, applicants will be required to explain their approach to providing services. Applicants who cannot demonstrate how they will comply with crisis care center legal requirements, including the “no wrong door” approach, will not be awarded funding.

- Contracts will include language requiring operators to comply with the crisis care center legal requirements, including the “no wrong door” approach. If a contractor is not in compliance with a contract requirement, then DCHS would provide technical assistance to assist providers in meeting the contract requirement. If the contractor remains out of compliance, DCHS could withhold payment or terminate the contract, including transferring the crisis care center property to a different operator.

- To receive payment, DCHS contracts will also require crisis care center operators to report on performance measures that specify the triage rates and reasons for referral out of a crisis care center (e.g., not meeting criteria for medical stability or other county-approved factors).

In addition to these contractual requirements, the proposed implementation plan includes the following service and operating investments intended to promote a “no wrong door” approach:

- **Technical Assistance and Capacity Building:** The proposed plan would fund technical assistance and capacity building to support crisis care center operators in delivering high quality clinical services and inclusive care. These investments may be used to support operators in implementing a “no wrong door” approach. See *Crisis Care Center Operator Regulatory and Clinical Quality Activities* starting on page 103 for more information.

- **Continuous Quality Improvement:** The proposed implementation plan establishes DCHS as the “accountable entity” to provide oversight of crisis care center operators. This oversight role will include contract monitoring, contract enforcement, and leading continuous quality improvement and quality assurance activities. Through this role, DCHS will support and monitor crisis care center operators in meeting their contract requirements, including implementing a “no wrong door” approach.

- **Clinical Model:** The crisis care centers’ clinical model described in the proposed implementation plan supports a “no wrong door” approach (see *Crisis Care Clinical Model* starting on page 60). This is because crisis care centers will offer multiple levels of care for people in need of mental health and/or substance use services across their clinical components (24/7 urgent care, 23-hour observation unit, 14-day stabilization unit, and post-crisis follow-up program). The availability of multiple levels of care will allow crisis care centers to provide high-quality care to people experiencing a range of behavioral health symptoms, from a routine health need to a psychiatric emergency.

- **Reducing Cost Barriers:** The proposed implementation plan invests CCC levy funding to pay for crisis care center services for people who are uninsured, regardless of immigration or citizenship status. This promotes a "no wrong door" approach by ensuring the cost of care or lack of insurance is not a barrier to accessing crisis care when a person needs it.

- **Low-Barrier and Inclusive Operating Model:** The proposed implementation plan includes operating investments and standards that will promote a "no wrong door" approach by lowering barriers for people to access care. This includes funding 24/7 operations, allowing for walk-in appointments, requiring crisis care centers to be accessible and have meaningful transportation access, requiring and supporting crisis care center operators to provide culturally and linguistically appropriate services, and providing transportation assistance for people who receive services at crisis care centers.

3. WHAT DOES THE RELATIONSHIP WITH LAW ENFORCEMENT LOOK LIKE WITH CCCS? (CM PERRY)

DCHS will develop specific drop-off protocols required by crisis care center operators and will develop these in close coordination with first responders, including law enforcement officers, leading up to the opening of crisis care centers and after centers open. It is important to note that the DESC Crisis Solutions Center, the only 46-bed crisis center in King County accepts referrals from first responders across the county, including law enforcement and medics. The same will be true for the future crisis care centers.

The proposed implementation plan's *Access to Crisis Care Centers* section on page 63 describes how law enforcement officers will be able to drop people off:

> *"Crisis care centers will also receive drop-offs by first responders, which include, but are not limited to, mobile crisis teams, co-responder teams, emergency medical services, and law enforcement. First responder drop-offs will be made directly into the 23-hour observation unit through a dedicated first responder entrance. These drop-offs are expected be completed in an efficient manner so that first responders can return to their duties as quickly as possible."*

DCHS anticipates that the 23-hour observation units of the adult-focused crisis care centers will be licensed as crisis relief center facilities by the Washington State Department of Health (DOH). Per RCW 71.24.916 Section (2)(a), in order to attain and maintain licensure, crisis relief centers must "offer walk-in options and drop-off options for first responders and persons referred through the 988 system, without a requirement for medical clearance for these individuals. The facility must be structured to have the capacity to accept admissions 90 percent of the time when the facility is not at its full capacity, **and to have a no-refusal policy for law enforcement**, with instances of declined admission and the reasons for the declines tracked and made available to the department." Penalties for non-compliance with DOH licensing requirements could include facility closure, loss of license, and withholding of funds.

4. WHEN SOMEONE IS RELEASED WHERE ARE THEY RELEASED TO? (MAYOR BACKUS)

After receiving services at a crisis care center, people will either be connected to outpatient care and additional supports or transferred to another level of care, like a behavioral health inpatient

facility or residential treatment facility. DCHS is investing in care coordination in four ways, which are summarized below.

**Care Coordination Staff**

The proposed implementation plan's *Strategy 1: Create and Operate Five Crisis Care Centers* includes funding for crisis care center operators to hire staff to support aftercare planning, care transition planning, and care coordination for people who are receiving care at a crisis care center (see *Crisis Care Center Operational Activities* starting on page 67). Care coordination staff will work with a person to identify a safe place for them to go after they leave a crisis care center and help coordinate care with appropriate behavioral health, medical, and social services to support the person after they discharge from a crisis care center.

**Transportation Assistance**

The proposed implementation plan includes funding for transportation assistance for people who receive care at a crisis care center (see *Crisis Care Center Operational Activities* starting on page 67). These resources may be used to help support people transferring from a crisis care center to another type of behavioral health facility, like an inpatient or residential treatment facility. They may also be used to help a person access a safe place to go after receiving care at a crisis care center. This could include transportation assistance to return home, to stay with a friend or family member, or to access a respite or shelter resource.

**Post-Crisis Follow-Up Program**

The proposed implementation plan includes funding for a post-crisis follow-up program to support people after they leave a crisis care center (see *Post-Crisis Stabilization Activities* starting on page 69). Post-crisis follow-up programs will be staffed with clinicians and peer specialists who can engage people served at crisis care centers before and after they depart a crisis care center and link them to community-based services and supports. Teams will provide outreach specially tailored for people experiencing homelessness. The proposed plan authorizes expenditures for limited housing stability resources necessary to support post-crisis stabilization. The CCC levy will also fund behavioral health agencies that demonstrate significant experience in providing culturally and linguistically appropriate services to provide post-crisis follow-up services for populations experiencing behavioral health inequities.

**Care Coordination Technology**

The proposed implementation plan includes funding for crisis care center operators to invest in their health information technology, which will help operators implement tools that allow different healthcare organizations to coordinate care for the same person (see *Crisis Care Center Operational Activities* starting on page 67). The proposed plan also includes funding for DCHS to enhance its behavioral health data systems to better support system-level care coordination activities (see *Develop Data Systems Infrastructure and Technology* starting on page 108). These proposed investments in care coordination technology are necessary to help crisis care center operators coordinate care with external behavioral health and medical providers to support aftercare planning and care transitions so that a person can continue to receive care that supports their recovery and wellbeing after they leave a crisis care center.

5. <u>WHAT ARE THE CRITICAL PATHWAYS (PROCESS AND CRITERIA CLARITY) BETWEEN NOW AND DEC 2026 WHEN THE ALTERNATIVE SITING PROCESS IS USED? WHAT IS THE TIMELINE? (MAYOR BAKUS)</u>

The Executive will take several steps to promote a successful procurement process in 2024-2026 and avoid the alternative siting process. Prior to commencing the alternative siting process, King County will do the following:

1. DCHS will hold multiple rounds of competitive procurements for crisis care center operators in 2024, 2025, and 2026 (if needed) to provide multiple opportunities to receive successful applications. This timeline is structured to provide local jurisdictions and operators multiple opportunities to develop partnerships.

2. DCHS will structure the procurements to lower barriers to applying to increase the likelihood of identifying a successful operator proposal with local jurisdiction support. For example, an address for a site is not required for an application to be viable. Please refer to the question 1 response submitted to King County Council staff on March 7, 2024, for details about how DCHS defines a viable proposal with host jurisdictional support.

3. DCHS will require procurement applicants to engage local jurisdictions and seek their support before submitting a procurement proposal. This includes preferring procurement proposals that can demonstrate local jurisdiction support, especially from the host jurisdiction, as defined on page 83 of the proposed implementation plan.

4. DCHS will proactively collaborate with local jurisdictions during 2024, 2025, and 2026 to promote local jurisdiction supported partnerships with potential crisis care center operators, including offering siting support and connecting jurisdictions with providers who may be considering operating a CCC levy-funded facility or convening multiple cities to coordinate locating a crisis care center within a crisis response zone.
   a. DCHS may do this at the request of jurisdictions as part of the 2024 procurement.
   b. After the initial 2024 procurement, DCHS will proactively engage with jurisdictions in crisis response zones where there is no viable proposal in this initial procurement round, to encourage development of a viable, city-supported proposal in 2025 or 2026.

5. DCHS will support local jurisdictions through technical assistance, and funding for jurisdictions to deploy, to support their siting efforts in 2024, 2025, and 2026.

6. If, after these activities and no sooner than January 1, 2027, the County has not identified an operator and site with jurisdiction support, the Executive must transmit a notification letter to the King County Council describing the decision prior to initiating an alternative siting process.

7. If an alternative siting process is needed, DCHS will still work to proactively engage and collaborate with the host jurisdiction, including but not limited to working directly with the future operator to seek permitting and licensure of a site. DCHS would work to engage and collaborate with a potential host jurisdiction.

Please refer to the response to question 1 submitted to King County Council staff on March 22, 2024, for additional information about the alternative siting process.

6. HAS THE RACIAL EQUITY TOOLKIT LENS BEEN USED TO DEVELOP THE PLAN? WILL/HAS THE RACIAL EQUITY TOOLKIT HAS BEEN DONE WITH COMMUNITY ENGAGEMENT? (CM WOO)

**DCHS Implementation Planning Community Engagement and Use of an Equity Lens**
DCHS did not follow a specific toolkit developing the proposed implementation planning process. However, DCHS crafted the implementation plan with an equity lens and framework, collecting and incorporating community feedback in the following ways:

- **Community Engagement:** DCHS worked to engage community partners representing populations experiencing behavioral health inequities, including inequities related to race and ethnicity, to elicit feedback during the implementation planning process. The engagement process included 11 interviews with providers who provide culturally and linguistically appropriate services, a focus group with community-based and human service organizations that support the behavioral health needs of BIPOC and other diverse and rural communities in King County, and several focus groups with people with lived experiences of behavioral health conditions. The community engagement that informed the development of the implementation is summarized in the proposed plan's section titled *Community Engagement Summary* starting on page 38 and all community engagement activities are listed in *Appendix F: Community Engagement Activities* starting on page 155.

- **Research and Data Analysis**: DCHS staff reviewed research and data related to behavioral health inequities, including inequities related to race and ethnicity, to help inform strategies aimed to promote inclusive and equitable care. This analysis is summarized in the plan under the *Key Historical and Current Conditions* section starting on page 23 and the *Who Experiences Behavioral Health Inequities* section starting on page 27.

- **Behavioral Health Equity Framework:** The proposed implementation plan includes a section titled *Behavioral Health Equity Framework* starting on page 47 that synthesizes findings from research and community engagement into a behavioral health equity framework that guided the development of the plan's strategies. This framework aligns closely with King County's 2016 Equity and Social Justice Strategic Plan and historic investments in addressing inequities. Figure 13 on page 49 summarizes the framework and is pasted below:

*Figure 13. CCC Levy Implementation Plan Behavioral Health Equity Framework Summary*

| CCC Levy Implementation Plan Behavioral Health Equity Framework Summary | | |
|---|---|---|
| **Behavioral Health Equity Focus** | **Background and Community Engagement** | **CCC Levy Strategies and Activities** |
| **Increase equitable access to behavioral health crisis care** | • Significant unmet behavioral health service needs in sociodemographic groups<br>• Need to reach out to underserved communities | • Reduce cost/insurance barriers<br>• Increase geographic access 24/7<br>• Promote awareness and outreach to populations that disproportionately face barriers to access |
| **Expand availability of culturally and linguistically appropriate behavioral health services** | • Clinical best practice to offer culturally and linguistically appropriate services (CLAS)[1]<br>• Community demand for increased access to CLAS | • Require and support crisis care center operators to offer CLAS<br>• Invest in providers with expertise in CLAS to expand services |
| **Increase representativeness of the behavioral health workforce** | • Culturally concordant care improves outcomes<br>• Community feedback advocating for increased diversity in behavioral health workforce | • Train, recruit and retain a more representative behavioral health workforce |
| **Promote accountability to health equity** | • Need to put accountability mechanisms in place<br>• Ongoing community engagement is needed | • Support community engagement throughout the CCC Levy period<br>• Track outcomes within and between demographic subpopulations<br>• Train providers on best practices for gathering demographic information needed to inform equity analyses |

**Future Crisis Care Center Operator Community Engagement**

The proposed implementation plan includes an equity impact public interest requirement (see Figure 27 on page 80) that requires crisis care center operators to conduct community engagement to assess the equity impact of its operations. The plan does not require a racial equity toolkit be used during the crisis care center operators' community engagement process. The proposed plan states on page 80: "DCHS also intends to include within a crisis care center operator's ongoing contract a requirement to periodically offer opportunities for persons receiving care at the crisis care center and persons living or working in the immediate area near a crisis care center to provide feedback on the crisis care center facility's equity impacts, and then propose to DCHS how that feedback will influence the operator's future operations within or near the facility."

**Future DCHS Community Engagement**

DCHS intends to prioritize community engagement throughout the term of the CCC Levy to help inform ongoing implementation, quality improvement, evaluation and performance measurement, and accountability of the levy (see the *Community Engagement* section within Strategy 7 on page 107). The plan does not require a racial equity toolkit be used during DCHS' ongoing community engagement. The

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[1] National Culturally and Linguistically Appropriate Services (CLAS) Standards. Think Cultural Health, U.S. Department of Health & Human Services [LINK]

proposed plan includes the following DCHS community engagement requirements on page 107: “DCHS will engage community partners and community members impacted by the CCC Levy, including populations experiencing behavioral health inequities....community partners also include, but are not limited to, people who have received CCC Levy funded services, community-based organizations, contracted service providers, and elected officials and policy makers. DCHS intends to conduct listening sessions at least annually to solicit community feedback about the CCC Levy implementation. DCHS also intends to engage community partners in the CCC Levy’s performance measurement and evaluation activities by publicly sharing and disseminating its annual reporting, and by soliciting provider feedback on performance measurement to foster accountability and collaboration in the measurement of the CCC Levy’s progress.”

**Expertise to Support Oversight of Behavioral Health Equity**

The proposed plan includes funding for DCHS to contract with community-based organizations or behavioral health agencies with expertise in culturally and linguistically appropriate services to help DCHS better serve people experiencing behavioral health inequities. This proposed investment will help inform quality improvement priorities for crisis care center operators and post-crisis follow-up providers. See the section titled *Expertise to Support Oversight of Behavioral Health Equity* within Strategy 7 on page 107. The investments of CCC Levy funds in expert consultation will be critical to ensuring that DCHS is overseeing the proposed implementation plan’s behavioral health equity framework (see page 47) using the best standards that are reflective of King County’s communities and local context.

**HHS April 2, 2024 Questions**

1. PROVIDE AN OVERVIEW OF HOW THE EARLY INVESTMENTS WERE DECIDED?

*Summary of response provided during HHS April 2, 2024:* Executive staff based the areas for early investment on feedback from community members and partners during the engagement conducted as part of the development of the implementation plan. In response to the feedback, executive staff identified services that would be practical and feasible to stand up rapidly upon adoption of the Plan in 2024 and would be most responsive to addressing behavioral health crises while awaiting the opening of crisis care centers.

Please see the proposed implementation plan's *Theme D: Interim Solutions While Awaiting Crisis Care Centers* on page 44 for a summary of community feedback received by DCHS regarding early investments. As discussed in the proposed plan, the importance of expanding community-based response resources and the urgency of the opioid overdose crisis were two key community feedback themes. DCHS strove to be responsive to this feedback through the early investments proposed in *Strategy 4: Early Crisis Response Investments* starting on page 98. The proposed early investments address these community priorities, are feasible to implement in 2024 after final adoption of the proposed implementation plan and relevant appropriations and will add capacity to address behavioral health crises while crisis care centers are being developed.

2. IN ORDER TO REDUCE BARRIERS TO ACCESS TO CARE, HOW CAN ENSURE "WALL TIME" IS 10 MINS OR LESS FOR FIRST RESPONDERS?

*Summary of response provided during HHS April 2, 2024:* Executive staff have tried to strike a balance by setting expectations and commitments with the community while also recognizing that the capacity of the CCC network will vary, particularly during the periods when the Centers are beginning to open (when only one CCC is open compared to when all five are open and operating 24/7). Therefore, executive staff ask to keep that timeline flexible. The Plan creates framework for the detailed implementation to be developed in the coming years.

In addition to this summary, the proposed implementation plan addresses first responder drop-off efficiency in the following ways:

- **Efficient Drop-Off Expectation:** The proposed plan sets an expectation for crisis care center operators to support efficient first responder drop-offs in the *Crisis Care Centers* section on page 63: *"Crisis care centers will also receive drop-offs by first responders, which include, but are not limited to, mobile crisis teams, co-responder teams, emergency medical services, and law enforcement. First responder drop-offs will be made directly into the 23-hour observation unit through a dedicated first responder entrance.* ***These drop-offs are expected be completed in an efficient manner so that first responders can return to their duties as quickly as possible.****"*

- **Dedicated First Responder Entrance:** The proposed plan specifies "a dedicated entrance for first responders for discrete and efficient drop-offs" as a crisis care center design feature on page 65.

- **Workflow Development:** The proposed plan describes how DCHS plans to collaborate with first responders and other partners to develop first responder drop-off workflows so that drop-offs are as efficient as possible. The proposed plan's *Coordination Between Crisis Care Centers and Crisis*

*System Partners* section on page 75 states: “DCHS will collaborate with first responders and other crisis system partners to develop policies and procedures for referrals from outside facilities like hospitals and emergency departments, first responder drop-offs and medical stability criteria at crisis care centers…. DCHS plans to further engage crisis care centers along with other crisis providers and first responder agencies, such as crisis call lines, mobile crisis teams, co-responder programs, emergency medical services, and law enforcement agencies, to develop protocols, workflows, clinical convenings about shared treatment plans, and other coordination activities.”