

King County

1200 King County Courthouse 516 Third Avenue Seattle, WA 98104

Meeting Agenda

Regional Policy Committee

Councilmembers: Pete von Reichbauer, Chair; Claudia Balducci, Girmay Zahilay Alternate: Jorge Barón

Sound Cities Association: Jay Arnold, Kirkland; Nancy Backus, Auburn; Angela Birney, Redmond, Vice Chair; Armondo Pavone, Renton Alternates: Dana Ralph, Kent; Debra Srebnik, Kenmore

> City of Seattle: Cathy Moore, Tanya Woo Alternates: Tammy Morales, Sara Nelson

Lead Staff: Miranda Leskinen (206)263-5783) Committee Clerk: Angelica Calderon (206-477-0874)

10:00 AM

Friday, May 17, 2024

Hybrid Meeting

SPECIAL AGENDA

Hybrid Meetings: Attend the King County Council committee meetings in person in Council Chambers (Room 1001), 516 3rd Avenue in Seattle, or through remote access. Details on how to attend and/or to provide comment remotely are listed below.

Pursuant to K.C.C. 1.24.035 A. and F., this meeting is also noticed as a meeting of the Metropolitan King County Council, whose agenda is limited to the committee business. In this meeting only the rules and procedures applicable to committees apply and not those applicable to full council meetings.

HOW TO PROVIDE PUBLIC COMMENT: The Regional Policy Committee values community input and looks forward to hearing from you on agenda items.

The Committee will accept public comment on items on today's agenda in writing. You may do so by submitting your written comments to kcccomitt@kingcounty.gov. If your comments are submitted before 1:00 p.m. on the day of the meeting, your comments will be distributed to the committee members and appropriate staff prior to the meeting.



Sign language and interpreter services can be arranged given sufficient notice (206-848-0355). TTY Number - TTY 711. Council Chambers is equipped with a bearing loop, which provides a wireless signal that is picked up

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RPC Meeting Materials

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agenda item, click on the agenda item below.

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Dial: 1 253 215 8782

Webinar ID: 827 1647 4590

To help us manage the meeting, please use the Livestream or King County TV options listed above, if possible, to watch or listen to the meeting.

- 1. Call to Order
- 2. <u>Roll Call</u>
- 3. Approval of Minutes p. 3

Minutes of May 8, 2024 meeting.

Discussion and Possible Action

4. Proposed Ordinance No. 2024-0011 p. 6

AN ORDINANCE adopting the crisis care centers levy implementation plan, required by Ordinance 19572, Section 7.A., to govern the expenditure of crisis care centers levy proceeds from 2024 to 2032 to create a regional network of five crisis care centers, restore and expand residential treatment capacity, and increase the sustainability and representativeness of the behavioral health workforce in King County.

<u>Sponsors:</u> von Reichbauer, Zahilay and Mosqueda

Sam Porter, Sherrie Hsu, Melissa Bailey, Council staff

Adjournment



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1200 King County Courthouse 516 Third Avenue Seattle, WA 98104

Meeting Minutes

Regional Policy Committee

Councilmembers: Pete von Reichbauer, Chair; Claudia Balducci, Girmay Zahilay Alternate: Jorge Barón

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> City of Seattle: Cathy Moore, Tanya Woo Alternates: Tammy Morales, Sara Nelson

Lead Staff: Miranda Leskinen (206)263-5783) Committee Clerk: Angelica Calderon (206-477-0874)

3:00 PM

Wednesday, May 8, 2024

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1. <u>Call to Order</u>

Chair von Reichbauer called the meeting to order at 3:00 p.m.

2. Roll Call

Also in attendance was Councilmember Perry.

Present: 10 - Arnold, Backus, Balducci, Birney, Moore, Pavone, von Reichbauer, Woo, Barón and Ralph

Excused: 1 - Zahilay

3. <u>Approval of Minutes</u>

Mayor Birney moved approval of the March 13, 2024 meeting minutes. There being no objections, the minutes were approved.

Discussion Only

4. Proposed Ordinance No. 2024-0011

AN ORDINANCE adopting the crisis care centers levy implementation plan, required by Ordinance 19572, Section 7.A., to govern the expenditure of crisis care centers levy proceeds from 2024 to 2032 to create a regional network of five crisis care centers, restore and expand residential treatment capacity, and increase the sustainability and representativeness of the behavioral health workforce in King County.

Sponsors: von Reichbauer, Zahilay and Mosqueda

Sam Porter and Wendy Soo Hoo, Council staff, briefed the Committee on the legislation and answered questions from the members. Kelly Rider, Chief of Staff, Department of Community and Human Services (DCHS) answered questions from the members.

This matter was Deferred

RPC Meeting Materials

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Other Business

There were no other business to come before the Committee.

Adjournment

The Chair adjourned the meeting at 4:07 p.m.

Approved this _____ day of _____

Clerk's Signature

RPC Meeting Materials



Metropolitan King County Council Regional Policy Committee

STAFF REPORT

Agenda Item:	4	Name:	Sam Porter, Sherrie Hsu, and Melissa Bailey		
Proposed No.:	2024-0011	Date:	May 17, 2024		

<u>SUBJECT</u>

An Ordinance that would adopt the Crisis Care Centers Levy Implementation Plan governing Levy expenditures from 2024 through 2032.

SUMMARY

Proposed Ordinance 2024-0011 would adopt the Implementation Plan (Plan) to direct Crisis Care Centers Levy expenditures from 2024 through 2032. Until the Plan is adopted, only attributable election costs and up to \$1 million for initial planning activities may be expended from Levy proceeds. This item was dually referred on January 16, 2024, to the Regional Policy Committee, as a mandatory referral, and then to the Health and Human Services Committee.

Of note, the Executive has concurrently transmitted two additional companion ordinances to the Council: Proposed Ordinance 2024-0012 to make a supplemental appropriation of approximately \$86 million to support initial Levy activities, and Proposed Ordinance 2024-0013 to empower the King County Behavioral Health Advisory Board to serve as the Levy's advisory body. Proposed Ordinance 2024-0012 was referred to the Budget and Fiscal Management Committee, and Proposed Ordinance 2024-0013 was dually referred to the Regional Policy Committee, as a nonmandatory referral, and then to the Health and Human Services Committee.

BACKGROUND

In 2023, Ordinance 19572 authorized the placement of a proposition on the April 25, 2023 special election ballot for voter approval to create a new nine-year levy (2024-2032) to support the creation of five new regional Crisis Care Center facilities distributed throughout the county, with one center focused on serving youth.¹ The Levy also prioritizes the restoration of behavioral health residential treatment capacity and expansion of treatment availability and sustainability in King County as well as supporting behavioral health workforce needs. The initial Levy rate is \$0.145 per \$1,000

¹ King County Elections, April 25, 2023, Official Final Elections Results, <u>https://aqua.kingcounty.gov/elections/2023/april-special/results.pdf</u>

of assessed value in 2024 and is projected to generate a total of approximately \$1.2 billion in revenues during the nine-year Levy period.²

Ordinance 19572, Section 7, requires an implementation plan to direct Levy expenditures from 2024 through 2032, and must include the following:

- A list and description of the Levy's purposes, strategies and allowable activities;
 - The Strategies shall at least include:
 - Planning, capital, operations, and services investments for the Centers,
 - Capital and maintenance investments for mental health residential treatment capacity;
 - Investments to increase attraction to, retention in, and sustainability of the behavioral health workforce;
 - Establishment and maintenance of Levy and capital reserves;
 - Activities that promote post-crisis stabilization, including housing stability, for persons receiving or discharging from Levy-funded services;
 - A plan for the initial period of the Levy prior to initiation of operations of the first Crisis Care Center for the provision of mobile and site-based behavioral health activities that promote access to behavioral health services for persons experiencing or at risk of a behavioral health crisis;
 - Technical assistance and capacity building for organizations applying for or receiving Levy funding, including a strategy or strategies to promote inclusive care at Levy-funded facilities for racial, ethnic, and other demographic groups that experience disproportionate rates of behavioral health conditions in King County;
 - Capital facility siting support, communication, and city partnership activities,
 - Levy administration activities and activities that monitor and promote coordination, more effective crisis response, and quality of care within and amongst Crisis Care Centers, other behavioral health crisis response services in King County, and first responders; and
 - Performance measurement and evaluation activities.
- A financial plan;
- A description of federal, state, philanthropic and other dollars that might be used to accelerate, enhance, compliment or sustain the Levy's purposes;
- A description of the role of Medicaid and private insurance;
- A description of the collaborative process between King County and cities to site new facilities;
- A summary of community and stakeholder engagement process to inform the Plan;
- A process to make substantial adjustments to the financial plan in the future;
- A description of a proposed Levy advisory board; and
- A description of the Levy's online annual report.

The Plan was required to be transmitted by December 31, 2023, and be accompanied by a proposed ordinance to "establish or empower" a levy advisory body as described in

² King County Office of Economic Financial Analysis (OEFA) August 2023 revenue forecast

Ordinance 19572 ("Levy ordinance"). Table 1 defines some key terminology included in the Levy ordinance.

Table 1. Definitions for Key Levy Terminology per Ordinance 19572

Term	Definition
Crisis Care Center (CCC)	A facility or a group of facilities providing same-day access to multiple types of behavioral health crisis stabilization services, which may include, but are not limited to, those described in RCW 71.24.025(20), as amended. A crisis care center shall endeavor to accept (at least for initial screening and triage) any person seeking care. Facilities should include a behavioral health urgent care clinic with walk-in and drop-off client screening and triage 24-hours per day, 7 days per week; access to onsite assessment by a designated crisis responder; a 23-hour observation unit for short-term, onsite stabilization; and a crisis stabilization unit that provides short-term, onsite behavioral health treatment for up to 14-days.
Four King County Crisis Response Zones	 <u>North</u>: Cities of Bothell, Duvall, Kenmore, Kirkland, Lake Forest Park, Shoreline, Skykomish and Woodinville, plus the unincorporated areas within King County Council District 3 that are north or northeast of the city of Redmond; <u>Central</u>: City of Seattle, plus all unincorporated areas within King County Council Districts 2 and 8; <u>South</u>: Cities of Algona, Auburn, Black Diamond, Burien, Covington, Des Moines, Enumclaw, Federal Way, Kent, Maple Valley, Milton, Normandy Park, Pacific, Renton, SeaTac and Tukwila, plus all unincorporated areas within King County Council District 5, 7, and 9; and <u>East</u>: Cities of Beaux Arts, Bellevue, Carnation, Clyde Hill, Hunts Point, Issaquah, Medina, Mercer Island, Newcastle, North Bend, Redmond, Sammamish, Snoqualmie and Yarrow Point, plus the unincorporated areas within King County Council District 3 that are east or southeast of the city of Redmond, plus all unincorporated areas within King County Council District 6.
Regional Behavioral Health Services and Capital Facilities	Programs, services, activities, operations, staffing and capital facilities that: promote mental health and wellbeing and that treat substance use disorders and mental health conditions; promote integrated physical and behavioral health; promote and provide therapeutic responses to behavioral health crises; promote equitable and inclusive access to mental health and substance use disorder services and capital facilities for those racial, ethnic, experiential and geographic communities that experience disparities in mental health and substance use disorder conditions and outcomes; build the capacity of mental health and substance use disorder service providers to improve the effectiveness, efficiency, and equity, of their services and operations; provide transportation to care for persons receiving, seeking, or in need, of mental health or substance use disorder services; promote housing stability for persons receiving or leaving care from a facility providing mental health or substance use disorder services; promote service and response coordination, data sharing, and data integration amongst first responders, mental health and substance use disorder providers, and King County staff;

	promote community participation in Levy activities, including payment of stipends to persons with relevant lived experience who participate in Levy activities whose employment does not already compensate them for such participation; administer, coordinate and evaluate Levy activities; apply for federal, state and philanthropic moneys and assistance to supplement Levy proceeds; and promote stability and sustainability of the behavioral health workforce.
Residential Treatment	Licensed, community-based facilities providing twenty-four-hour on- site care for persons with mental health conditions, substance use disorders, or both, in a residential setting.

ANALYSIS

The transmitted Crisis Care Centers Levy Implementation Plan, which is Attachment A to Proposed Ordinance 2024-0011, appears to include all components required by Ordinance 19572. Appendix B to the Plan provides a crosswalk between the requirements and the responsive sections of the Plan. This section of the staff report provides analysis of the transmitted Plan as follows:

- Plan overview
- Community and stakeholder engagement
- Description of the Levy purposes, strategies, and allowable activities:
 - Create, site, and operate five Crisis Care Centers (including local jurisdiction collaboration)
 - Restore, expand, and sustain residential treatment capacity
 - Strengthen the community behavioral health workforce
 - Early crisis response investments
 - Capacity building and technical assistance
 - Evaluation, administration, and reserves
- Financial plan
- Levy Advisory Board
- Annual report
- Potential policy issues
- Next steps and key dates

Implementation Plan Overview. Ordinance 19572 requires the Executive to transmit a proposed levy implementation plan by December 31, 2023, for council review and adoption by ordinance, to direct Levy expenditures from 2024 through 2032. Until an implementation plan is adopted, Levy proceeds can only be used to pay for attributable election related costs and no more than \$1 million for initial planning activities.

The Executive transmitted the proposed Plan on December 29, 2023. The Plan appears to be responsive to the requirements of Ordinance 19572 and includes an outline of the Crisis Care Centers clinical model, strategies to create and operate the five Centers, restore and expand residential treatment capacity, strengthen the community behavioral health workforce. Additionally, the Plan recommends early crisis response investments to be implemented prior to the facilities coming online.

As required by Ordinance 19572, the Plan describes the community and stakeholder engagement process that was utilized to inform the development of the Plan, as described in more detail in the next section of this staff report. It also proposes an annual reporting process to provide the Council and the community with information about Levy progress consistent with the requirements of Ordinance 19572.

The included financial plan, based on the King County Office of Economic Financial Analysis (OEFA) August 2023 revenue forecast, proposes planned expenditures across the levy's eight strategies to achieve its Paramount and Supporting Purposes and includes a discussion of the role of Medicaid, and a description of the process for substantial adjustments to the financial plan in the event such action is warranted.

The Plan proposes that the King County Behavioral Health Advisory Board (BHAB) be "empowered" to serve as the advisory body for the Levy. This proposal would be effectuated through Proposed Ordinance 2024-0013, which was transmitted at the end of December 2023, concurrent to the Plan's transmittal to the Council.

Community and Stakeholder Engagement. To inform the strategies in the transmitted Plan, DCHS staff engaged community partners including behavioral health agencies, people with lived experiences of behavioral health crises, and frontline behavioral health workers. In addition to informing the strategies, DCHS plans to take the community feedback into account during future procurement and operational phases of the Levy.

As required by Ordinance 19572, the Plan includes a summary of the process and key findings of the community and stakeholder engagement process used to inform the Plan. DCHS' engagement included³:

- 64 interviews with key informants, including 12 with youth behavioral health providers and 11 with providers who have expertise in culturally and linguistically appropriate services;
- 40 community meeting presentations, with 11 including participants with lived experience of mental health/substance use conditions;
- 20 site and field visits, including 10 behavioral crisis facilities and 7 mental health residential facilities:
- 16 community engagement meetings, averaging approximately 49 attendees per meeting and focusing on crisis system, youth, and substance use service partners; and
- 9 *focus groups*, including youth, peer specialists, veterans and active military servicemembers, and aging and older adults.

The Plan summarizes themes from DCHS' community engagement, which are included in Table 2.⁴

³ Plan, Figure 11. See Appendix F of the implementation plan for a complete list of community engagement activities.

⁴ Plan, Figure 14.

Table 2. Summary of Community Engagement Themes

Theme	Description
Theme A: Implement Clinical Best Practices in Crisis Services	Input on how best to design a crisis care center clinical model most likely to improve the health and wellbeing of people experiencing a behavioral health crisis in King County, including a welcoming and safe environment, person-centered and recovery-oriented care, culturally and linguistically appropriate services, integrated care for people who use substances, promoting least restrictive care, special considerations for serving youth and young adults, and additional clinical considerations.
Theme B: Increase Access to Care for Populations Experiencing Behavioral Health Inequities	Communities voiced the importance of having crisis care centers in desirable locations that are geographically accessible and accessible to transportation, as well as the importance of reaching out to diverse communities.
Theme C: Challenges of Community Resource Limitations	Community partners, including people with lived experience and behavioral health providers, frequently raised important questions about access to ongoing community-based care after a person receives care at a crisis care center as well as emphasizing care coordination and peer engagement.
Theme D: Interim Solutions While Awaiting Crisis Care Centers	Community members advocated for interim solutions to be implemented while awaiting crisis care centers to come online, such as increasing community-based responses and approaches to addressing the overdose crisis.
Theme E: Residential Treatment Facility Preservation and Expansion	Residential treatment providers described the value of residential treatment but identified significant challenges such as a lack of capital resources, and excessive wait times.
Theme F: Behavioral Health Workforce Development	Feedback from community partners, as well as subject matter experts, identified significant obstacles to developing the behavioral health workforce, including low wages, barriers to retention, need for more professional development opportunities, staff burnout, limited collaboration with schools, and lack of workforce representation.
Theme G: Accountability Mechanisms and Ongoing Community Engagement	Community partners expressed a strong preference to continue to be involved in future phases of the Levy, particularly around holding the County accountable, including through defining measures of success and by continuing to engage during future planning phases.

In addition to these themes, the Plan states that DCHS received extensive feedback from community partners about the importance of centering health equity in the Plan. In response, DCHS developed the behavioral health equity framework to guide Levy

implementation. The behavioral health equity framework includes: a representative behavioral health workforce, equitable access to behavioral health crisis care, culturally and linguistically appropriate services, and quality improvement and accountability.^{5,6}

Description of the Levy Purposes, Strategies, and Allowable Activities. The Plan's required list and description of the Levy purposes, strategies, and allowable activities begin on page 54. The Paramount Purpose and Supporting Purposes 1 and 2 remain as they appeared in Ordinance 19572 as follows:

- <u>Paramount Purpose:</u> Establish and operate a regional network of five crisis care centers in King County, with at least one in each of the four crisis response zones and one serving youth.⁷
- <u>Supporting Purpose 1 (Residential Treatment)</u>: Restore the number of mental health residential treatment beds to at least 355⁸ and expand the availability and sustainability of residential treatment in King County.
- <u>Supporting Purpose 2 (Workforce)</u>: Increase the sustainability and representativeness of the behavioral health workforce in King County by expanding community behavioral health career pathways, sustaining and expanding labor-management workforce development partnerships, and supporting crisis workforce development.

The strategies and allowable activities to achieve the Levy's purposes are summarized in Table 3. Figure 18 on page 58 of the Plan shows the direct and indirect links between each Strategy and each of the three purposes of the CCC Levy.

⁵ The Behavioral Health Equity Framework is depicted in Figure 12 of the Plan.

⁶ The Plan notes that Ordinance 19572 reinforces this approach by listing that a function of behavioral health facilities is to promote equitable and inclusive access to mental health and substance use disorder services for racial, ethnic, experiential, and geographic communities that experience disparities in mental health and substance use disorder conditions and outcomes.

⁷ Ordinance 19572 refers to the fifth Center as serving, "persons younger than nineteen years old." According to Executive staff, the ages of people who can be served at a Crisis Care Center is regulated by the Washington State Department of Health and each of the three clinical components of a Center have different age limitations. This is described in more detail in the Strategy 1 section of this staff report. ⁸ This amount is based on the 355 residential treatment beds that existed in King County in 2018. Since 2018, 115 beds have been lost due to rising operating and maintenance costs, aging infrastructure, and insufficient resources to repair facilities. This is described in more detail on page 7 of the plan.

Table 3. CCC Levy Strategies

Strategy	Summary Description
<u>Strategy 1</u> Create and Operate Five Crisis Care Centers	 Capital funding to create and maintain five crisis care centers Operating funding to support crisis care center personnel costs, operations, services, and quality improvement Post-crisis follow-up for people after leaving a crisis care center
<u>Strategy 2</u> Restore, Expand, and Sustain Residential Treatment Capacity	 Capital resources to restore mental health residential treatment capacity to at least 355 beds in King County Capital resources to expand and sustain residential treatment capacity
<u>Strategy 3</u> Strengthen the Community Behavioral Health Workforce	 Resources to expand community behavioral health career pathways, including investments to stabilize and sustain King County's community behavioral health workforce and increase workforce representativeness Resources to expand and sustain labor management workforce development partnerships, including support for apprenticeships Resources to support the development of the region's behavioral health crisis workforce, including crisis care center workers
<u>Strategy 4</u> Early Crisis Response Investments	 Resources to expand community-based crisis service capacity starting in 2024, before crisis care centers are open Resources starting in 2024 to respond faster to the overdose crisis
<u>Strategy 5</u> Capacity Building and Technical Assistance	 Resources to support the implementation of the Levy's strategies Support for capital facility siting Build capacity for culturally and linguistically appropriate services
<u>Strategy 6</u> Evaluation and Performance Measurement	 Resources to support Levy data collection, evaluation, and performance management Analyses of the Levy's impact on behavioral health equity
Strategy 7 CCC Levy Administration	 Investments in Levy administration, community engagement, information technology systems infrastructure, and designated crisis responder (DCR) accessibility⁹
Strategy 8 CCC Levy Reserves	Provide for and maintain Levy reserves ¹⁰

⁹ DCR's are the only people in Washington state who can involuntarily detain someone in psychiatric and secure withdrawal facilities under chapter 71.05 RCW and chapter 71.34 RCW. In King County, DCR's are employees of the Department of Community and Human Services, Behavioral Health and Recovery Division, Crisis and Commitment Services Section.

¹⁰ This Strategy creates a fund reserve equal to 60 days of budgeted expenditures, less capital expenses, consistent with King County Comprehensive Financial Management Policies (2016).

Strategy 1: Create and Operate Five Crisis Care Centers. The first Strategy would fulfill the Paramount Purpose of the Levy by creating and operating five Crisis Care Centers across King County thus providing, "a new front door"¹¹ and "no wrong door,"¹² access for people in behavioral health crisis. The Plan contains an "initial vision" for operations that would be refined, "during procurement and implementation phases based on improved understanding of community needs, to incorporate rapid advancements in the evidence base for effective behavioral health care, to satisfy future federal and state regulatory guidance and licensing rules, and using continuous quality improvement practices that respond to performance data and community accountability."¹³ The Plan states that DCHS intends for the Centers to incorporate best practices that include, "trauma-informed, recovery-oriented, person-centered, culturally and linguistically appropriate, integrated [care], delivered in the least restrictive setting."¹⁴

Clinical Model for Adults and Youth. The Crisis Care Centers clinical model is based on Ordinance 19572, the Substance Abuse and Mental Health Services Administration's (SAMHSA) National Guidelines for Behavioral Health Crisis Care, the Levy's community engagement process including key informant interviews with subject matter experts and community partners, and site visits to 10 behavioral health crisis facilities in Washington, California, and Arizona. According to the transmitted Plan, the clinical model has three components:

- 1. 24/7 Behavioral Health Urgent Care,
- 2. 23-Hour Observation Unit, and
- 3. 16-bed Crisis Stabilization Unit.

Services provided in these settings include assessment, triage, interventions, and referrals. Facilities would be operated by a provider selected by DCHS through a competitive procurement process. The Plan states that the youth Center would operate with the same clinical model in a specialized child and adolescent behavioral health setting. According to the plan, youth under age 18¹⁵, including those who are unaccompanied by parents or caregivers as permitted by state law, may seek care in any of the Centers and be transferred to an age appropriate setting as needed.

Individuals may access services at one of the Centers by self-presenting to the behavioral health urgent care clinic or being transported by first responders including mobile crisis or co-responder teams, emergency medical services, and law enforcement. Individuals transported by first responders would access the 23-hour observation unit through a dedicated entrance. Everyone presenting to a Crisis Care

¹¹ Plan pg. 58

¹² Plan pg. 63

¹³ Plan pg. 58

¹⁴ Plan pg. 60

¹⁵ Ordinance 19572 stated age 19 as the upper limit for youth receiving services. Age limits for people served at crisis care centers is regulated by the Washington State Department of Health (DOH) which currently requires people 18 and older to be served as adults. Executive staff state that, "the proposed Implementation Plan refines the ballot measure ordinance's requirement that one of the five crisis care centers will specialize in serving persons younger than 19 years old by aligning the age restriction for this center with state regulatory rules and clinical best practices." Executive staff also state that there are active DOH rulemaking activities and state legislation related to serving minors under age 18 in 23-hour observation units. Currently, this type of facility may only serve adults aged 18 and older.

Center will receive an initial screening for mental health and substance use disorder service needs, social service needs, and medical stability, after which, a clinical team would work with the person to "make shared decisions about what services and supports they need." ¹⁶ People may be triaged to a more appropriate setting if they are not medically stable or are not presenting with a behavioral health need.

Designated Crisis Responder Access. In accordance with Ordinance 19572, in circumstances that require it, designated crisis responders (DCRs) would provide onsite assessment for involuntary treatment. The Plan states that if a DCR deems involuntary treatment necessary a Crisis Care Center may provide services until a bed is available in a psychiatric hospital or evaluation and treatment facility. Executive staff state that an individual could be held on a single bed certification¹⁷ at a Center if there is a waiting period before transfer to a more appropriate setting. DCHS indicates that they will monitor the use of single bed certifications in Crisis Care Centers and intend to report on involuntary holds placed within the Centers as part of their annual reporting process. Allowable activities under Strategy 7, Levy Administration, could include satellite offices and transportation cost to reduce DCR response times and expedite DCR's ability to access Crisis Care Centers.

Operational Activities. The Plan states that Crisis Care Centers will be funded to operate 24/7. Allowable operational activities under Strategy 1 include costs related to personnel, pharmaceuticals, language access and linguistically appropriate services, health information technology, client transportation and other indirect operating costs.^{18,19}

Post-Crisis Stabilization. The Plan provides for post-crisis stabilization activities to support long-term recovery for people engaged at a Center. The Plan states that Strategy 1 resources would be used to create a post-crisis follow-up program to serve all the Centers. Services and allowable activities for post-crisis stabilization under Strategy 1 include:

- Funding a program staffed with clinicians and peer specialists to engage people served at Crisis Care Centers and link them to community-based services and supports for mental health and substance use needs.
- Services may include proactive contacts after discharge, care coordination with new and existing providers, brief interventions to address acute needs while awaiting linkage to additional services, and peer support to enhance engagement and support people to access the services they need.

The Plan states that culturally and linguistically appropriate post-crisis follow-up services are a priority and DCHS would make funding available specifically for behavioral health agencies that demonstrate "significant experience in providing culturally and linguistically appropriate services to provide post-crisis, follow-up

¹⁶ Plan pg. 64-65

¹⁷ Single bed certifications are regulated under 182-300-0100 WAC and allow a person detained under the Involuntary Treatment Act (ITA) to be held at a facility not certified under chapter 246-341 WAC. <u>https://www.hca.wa.gov/free-or-low-cost-health-care/i-need-behavioral-health-support/wac-182-300-0100-single-bed-certification</u>

¹⁸ Client transportation costs may include drivers and vehicle costs, bus passes, taxi vouchers, and other assistance.

¹⁹ Plan pg. 69

services." As needed, post-crisis follow-up providers would connect clients with existing housing resources whenever possible and DCHS intends to coordinate its divisions' work when possible to increase housing supports for people experiencing homelessness who receive care at a Crisis Care Center.

Activities under Strategy 1 would also authorize expenditures for, "limited housing stability resources necessary to support post-crisis stabilization."²⁰ The Plan makes it clear that housing is not a primary purpose for Levy dollars and would be insufficient if used for this purpose. However, if additional funding becomes available, housing investments are among the priorities for increasing allocations to the different strategies. This is discussed in further in the finance section of this staff report.

Levy Oversight. According to the Plan, DCHS will assume responsibility for oversight of Levy-supported Crisis Care Center operations, ensuring that operations are functioning as intended. DCHS will support Center operators as operators coordinate with regional partners and help develop protocols and procedures for referrals from hospitals, first responder drop-offs, medical stability criteria, and the transfer process between Crisis Care Centers for youth. The Plan also states that DCHS intends to engage Center operators and providers throughout the system including first responders²¹, crisis lines, co-responder programs, and mobile crisis teams to develop, "protocols, workflows, clinical convenings about shared treatment plans, and other coordination activities."²²

The Plan states that DCHS will support Crisis Care Center operators to monitor and promote quality of care and develop continuous quality improvement practices and intends to require operators to report "near-real-time data on wait times, length of stay, occupancy, and other measures of capacity and throughput to inform policies that can be adjusted to ensure that Centers are consistently accessible." The Plan states that Center operators "should" develop certified electronic health record systems and DCHS "will support their efforts to do so." Such systems would "track standardized information, automatically update and interface with care coordination and quality improvement platforms, and utilize best practices for documentation, including approaches to gathering demographic information needed to inform equity analyses." Although Strategy 7 (Levy Administration) includes "electronic health record interoperability improvements", the report does not clearly state that electronic health record systems in each Crisis Care Center will be required to interface with other Crisis Care Center health record systems.

The Plan states that DCHS intends to support Crisis Care Center operators to promote awareness and outreach about services to populations experiencing behavioral health inequities in an effort to be responsive to community feedback received during the community engagement process.

<u>Capital Facility Development and Siting Process.</u> This section of the staff report summarizes the Plan's public interest and siting requirements for Crisis Care Center

²¹ This includes law enforcement and emergency medical services

²⁰ DCHS anticipates that resources within this Strategy "will be inadequate to meet the behavioral health needs of all people who access Crisis Care Centers." Complementary investments from philanthropy, and the state and federal governments would be needed. P. 70

²² Plan pg. 75

facilities, types of eligible capital facility developments, a summary of the procurement and siting process (including the role of local jurisdictions), and the alternative siting process.

According to the Plan, DCHS would conduct a competitive procurement to identify the Crisis Care Center operator(s). Selected Operators would then lead capital facility development of the Centers in coordination with the County, the applicable local jurisdiction or jurisdictions, and community partners.²³ In accordance with Ordinance 19572, the Plan allows Levy proceeds to be used to develop and construct facilities which may include purchasing land; acquiring an existing facility; planning, design, building renovation or expansion; new construction; or other capital pre-development and development costs. Ongoing capital facility maintenance costs for Crisis Care Centers would also be allowed by the Plan in accordance with Ordinance 19572.

In alignment with Ordinance 19572, the Plan requires at least one Crisis Care Center be established in each of the four crisis response zones as defined in the Ordinance and maintains that clients' access would not be restricted to the Center located in the zone where they reside.

Public Interest Requirements. The Plan establishes five public interest requirements intended to ensure facilities receiving Levy revenue continue to operate as Crisis Care Centers, "life of the building or construction investments and that their development complies with County priorities."²⁴ Public interest requirements defined in the Plan include the following:

- 1. 50-year use requirement;
- 2. Operator cap;
- 3. Leased facility restrictions;
- 4. Environmental sustainability standards; and
- 5. Equity impacts.

The first requirement would be that facilities acquired or constructed with Levy proceeds remain as Crisis Care Centers for a minimum of 50 years. Executive staff indicate that this 50-year use requirement is aligned with best practices and other similar capital facility use commitment periods required by public capital funding programs and could be enforced through a covenant recorded against the property.

The second requirement is that a single operator may operate a maximum of three Centers funded by Levy proceeds. The Plan states that this is intended to ensure the Levy is not overly reliant on a single operator.

The third requirement is that if a Center operates in a leased facility, the operator must pursue ownership of the facility when possible. In this scenario, if an operator does not have an agreement to purchase the facility in place, then Levy proceeds shall not be used to make capital improvements. The Plan allows the DCHS Director to authorize exceptions, "if the exception is not inconsistent with the Levy's paramount purpose." If an exception is made, the DCHS Director would be required to notify Council within 90 days of approving the exception.

²³ Plan pg. 78

²⁴ Plan pg. 80

The fourth public interest requirement is that Crisis Care Center facilities should be designed and operated in alignment with environmental sustainability standards that will be defined in contracts. The Plan states that these will be informed by King County's Strategic Climate Action Plan, Green Building Ordinance, and Equity and Social Justice strategies for capital projects.

The last public interest requirement is that Crisis Care Centers should promote behavioral health equity, which DCHS will take into consideration when selecting operators. Although "behavioral health equity" is not defined in the public interest requirements, the Plan outlines a behavioral health equity framework that includes four focus areas:

- 1. Increase equitable access to behavioral health care.
- 2. Expand availability of culturally and linguistically appropriate behavioral health services.
- 3. Increase representativeness of the behavioral health workforce.
- 4. Promote accountability to health equity.

Crisis Care Center Site Requirements. The Plan establishes minimum requirements to ensure Crisis Care Center facilities can support the clinical model, offer meaningful transportation access, meet accessibility and zoning requirements, and meet state behavioral health facility licensure requirements. The five requirements are:

- 1. Sufficient size, defined as approximately 30,000 to 50,000 square feet of clinical space within one building, multiple adjacent buildings, or buildings connected by transportation for clients;
- 2. Transportation access with preference given to sites with "meaningful access to public transportation, convenient access for ambulances and first responders, proximity to major transportation arterials, and free public access for any person;"
- 3. ADA accessibility with preference given to "facility designs that incorporate the principles of universal design, meaning they are accessible to all people to the greatest extent possible without the need for adaption or specialized design;"
- 4. Crisis Care Center facilities are an eligible use under relevant zoning and permitting; and
- 5. The site can satisfy state licensure requirements.

According to the plan, there are four allowable Crisis Care Center capital development scenarios:

- 1. Pre-existing facility: Centers could be incorporated into a facility that is already providing crisis stabilization services if it is compatible with Crisis Care Center requirements.
- 2. Facility acquisition: A Center may be developed through acquiring, renovating, or expanding an existing facility.
- 3. New construction: A new facility could be built.
- 4. Multiple facilities: A Center may be developed with multiple buildings that are "geographically adjacent [or] non-contiguous if transportation is provided between facilities."²⁵

²⁵ Plan pg. 82

A proposal may combine two or more of these scenarios and DCHS will accept proposals from multi-organizational partnerships to develop and operate a Crisis Care Center. The plan states that DCHS may prefer procurement proposals that co-locate the Centers with other facilities that complement Crisis Care Center services such as community health clinics, outpatient behavioral health clinics, sobering or post-overdose recovery centers, or affordable and permanent supportive housing.

Procurement and Siting Process. Ordinance 19572 requires that the Plan include a description of the process by which King County and partner cities shall collaborate to support siting of new levy-funded capital facilities. The Plan states that DCHS intends to give preference for operator proposals "that have received a statement of support from the local jurisdiction or jurisdictions that contain the facility or facilities."²⁶ The statement of support is defined in the Plan as including, but not limited to the following criteria:

- Support for a Crisis Care Center to be developed and operated by the proposed operator.
- Support for the proposed Crisis Care Center facility site and confirmation that the site meets or is likely to meet the jurisdiction's zoning and other relevant local development requirements.²⁷
- If a specific site is not yet identified, willingness to support the proposed operator in identifying a site that complies with the jurisdiction's zoning and other local development requirements.
- Commitment to supporting the proposed operator in engaging community members regarding the siting, development, and ongoing operations of a Crisis Care Center facility.

The Plan states that King County intends to "support jurisdictions located within specific crisis response zones to coordinate with potential facility operators and to identify and recommend crisis care center facility sites."²⁸ The Plan outlines the three-step Crisis Care Center procurement and siting process as 1.) pre-procurement, 2.) procurement, and 3.) siting. As described in the Plan, DCHS will engage with local jurisdictions in each phase. During pre-procurement, before operators have been selected, DCHS will provide technical support to both potential host jurisdictions and potential operators to "advance interjurisdictions." During the procurement phase, DCHS will select operators through a competitive process, and will prefer operators that can, "demonstrate support from jurisdictions located within the crisis response zone where the Center is proposed, with a focus on the host jurisdiction."²⁹ Once operators have been selected, DCHS will offer operators and host jurisdictions technical assistance to support community engagement and provide communications assistance through Strategy 5 with grants to offset community engagement, communications, and partnership building costs.

Alternative Siting Process. The Plan provides for an "alternative siting process if, by December 31, 2026, there is not a "viable proposal with jurisdictional support" in a crisis

²⁷ Nothing in this requirement shall be interpreted to require a jurisdiction to inappropriately preempt,

influence, interfere with, or pre-judge a ministerial or administrative determination.

²⁸ Plan pg. 83

²⁶ Plan pg. 82

²⁹ Plan pg. 84

response zone for an adult Crisis Care Center, or anywhere in the county for a youth Center. This process would allow King County to "proactively site and open" an adult Crisis Care Center in a specific response zone that does not have a viable proposal with jurisdictional support, or a youth Center in King County if there is not yet a viable proposal that has a host jurisdiction support. The Plan states that this alternative process is intended to ensure King County can fulfill the requirements of Ordinance 19572 by the end 2032.

The Plan states that the Executive may only commence the alternative siting process after a notification letter is transmitted to the Council describing the decision, issued no earlier than January 1, 2027. This letter would be filed with the Council Clerk and provided to all councilmembers and members of the Regional Policy Committee. The Plan does not require action on the part of the aforementioned bodies before the alternative siting process is commenced.

Sequencing and Timing of Implementation Activities. Given the allowable development scenarios, parties, and steps involved throughout implementation, there are significantly variable timelines for opening the five Crisis Care Centers. The Plan states that DCHS's intention is to prioritize opening the Centers as quickly as possible by opening the first competitive procurement process in 2024 after the Plan is adopted. The first procurement could result in award contracts for a total of three Centers. Capping the first procurement at a max of three awards is intended to provide additional planning time for organizations interested in submitting a proposal but who will not be ready in 2024, and to manage the timeline of expenditures with available Levy proceeds. Another procurement will occur in 2025 to award the remaining contracts, with a final procurement in 2026 if any of the five Centers still remain.

The Plan's ideal timeline would result in up to three Crisis Care Centers opening in 2027 followed by at least one more each year, and all five open by 2030. Potential factors that could impact this timeline are depicted in Table 4 that also appears as Figure 32 on page 87 of the Plan.

Development Phase	Potential Factors Impacting Timeline	Responsible Parties
Siting	 Site identification and feasibility analysis Community engagement Environmental impact review Zoning and permitting 	 CCC operator Local jurisdictions DCHS supports community engagement
Design	 Programming and clinical processes Schematic design and design development Washington State Department of Health (DOH) licensing review Construction and permit documents Design review process 	 Design team CCC operator Local jurisdictions King County WA Department of Health
Construction	 Supply chains Macroeconomic conditions Certificate of occupancy inspections Labor availability 	Vendors and contractorsCCC operatorLocal jurisdictions
Facility Activation	 Equipment and furniture installation IT installation and stocking supplies Facility licensing Labor supply Staff onboarding and training 	 CCC operator Local jurisdictions Washington DOH Other licensing entities

Table 4. Potential Factors Impacting CCC Development Timelines

The Plan states that DCHS would work to mitigate timeline delays by expediting the first procurement in 2024, providing clear and transparent communications with parties involved in the development process, supporting jurisdictions as described in Strategy 5 (Technical Assistance and Capacity Building), and giving preference to proposals that can be developed and operated more rapidly, including existing facilities or those that meet the requirements to be a Crisis Care Center and are already under development. The Plan retains the authority for DCHS to choose to redistribute funds, alter siting location, or release additional procurements if it is determined that the development and opening timeline proposed by selected operators are no longer viable. DCHS would work closely with selected operators to avoid this to the extent possible.

<u>Strategy 2: Restore, Expand, and Sustain Residential Treatment Capacity.</u> Strategy 2 of the Plan is intended to restore, expand, and sustain residential treatment capacity in King County. Since 2018, one-third of mental health residential treatment capacity has been lost due to increased operating and maintenance costs, aging infrastructure, and insufficient resources to repair facilities resulting in facility closures.³⁰ Levy Supporting Purpose 1 is to restore the number of mental health residential treatment beds to at least 355, which was the bed census in 2018. Allowable activities under Strategy 2 include:

1. Costs to develop and construct residential treatment facilities including purchasing land, acquiring an existing facility, planning and design, building renovation or expansion, new construction and other capital pre-development and development costs;

³⁰ Plan pg. 7

- 2. Costs to make capital improvements to existing facilities including repair, renovation, and expansion or enhancement to maintain or improve operations; and
- 3. Capital maintenance costs for residential treatment facilities.

The Plan states that DCHS intends to accelerate the distribution of resources for Strategy 2 in 2024 through a combined procurement process with MIDD. Although procurement is intended to begin in early 2024, awards will not be distributed until the Plan is adopted. This procurement would focus on preservation of existing treatment facilities and development of new residential treatment facilities.

<u>Strategy 3: Strengthen the Community Behavioral Health Workforce.</u> Strategy 3 would directly support the Levy's Supporting Purpose 2 to increase the sustainability and representativeness of the behavioral health workforce in King County. The three categories of allowable activities intended to strengthen the community behavioral health workforce include:

- 1. Community behavioral health career pathways;
- 2. Labor-management workforce development; and
- 3. Crisis workforce development.

Community behavioral health career pathways is intended to support recruitment, training, retention, and wellbeing of workers through tuition assistance, stipends for paid internships, clinical supervision costs, professional licensure fees, grants to promote worker wellbeing, and clinical training. The Plan states that at least 25 percent of funding for this activity will be used to increase the representativeness of community behavioral health workers. Executive staff state that the funding intended to increase representativeness is expected to include "targeted recruitment efforts, education stipends and other strategies that lower barriers to peers, people with low incomes, and people of color being able to access and compete for jobs in behavioral health. DCHS intends to initially support provider-driven proposals. In reviewing proposals, DCHS will ask providers to describe how they will use resources to increase the representativeness of their workers."

Strategy 3 aims to sustain and expand labor-management workforce development partnerships, including apprenticeship programs and labor-management partnership training funds. Funding under this Strategy would sustain and expand a Washington State registered apprenticeship program that offers behavioral health apprenticeships. Career paths linked to this program include peer counselors, substance use disorder professionals, and behavioral health technicians. Eligible costs include, but are not limited to, salary and benefit costs for apprenticeships, employer and apprentice incentives, and program planning and recruitment costs.

Crisis workforce development activities supported under this Strategy are intended to encourage people to join the workforce to staff the Crisis Care Centers. As stated in the Plan, crisis services are unique and require specialized skill in de-escalation, risk assessment, triage decision-making, and motivational interviewing. Investments to recruit, train, retain, develop, and support the wellbeing of behavioral health crisis workers as described in the plan would include:

• Increase wages for workers;

- Improve benefits for workers;
- Reduce the cost of living for workers, such as housing, education, or child care;
- Support the professional development of workers to improve service quality; and
- Support worker wellbeing through activities such as supervision and mentorship, covering staff time for self-directed program development and quality improvement initiatives, and access to behavioral health benefits.

The Plan clarifies that, "Funds for these activities will be distributed to both Crisis Care Center operators and post-crisis follow-up providers through a competitive procurement process." The Plan recognizes that wages for all of the behavioral health workforce is an important factor in recruitment and retention but, "Crisis Care Centers Levy resources are insufficient to increase wages meaningfully and consistently across the regions' entire community behavioral health workforce."³¹ Therefore the Plan prioritizes funds to support wages for the Crisis Care Centers' workforce in line with Ordinance 19572. If additional funds become available, the Plan authorizes DCHS to develop and administer activities to increase wages for the broader behavioral health workforce through Strategy 3.

The Plan states that DCHS intends to make rapid initial progress toward fulfilling Supporting Purpose 2 by allocating proceeds to Strategy 3 in 2024.³² Early investments would be made toward all three categories of allowable activities in Strategy 3.

<u>Strategy 4: Early Crisis Response Investments.</u> According to the Plan, before Crisis Care Center facilities are open, Levy revenue would be allocated to make early investments beginning in 2024 (after the Plan is adopted) to enhance the existing crisis behavioral health network in King County. Allowable activities under Strategy 4 would:

- Increase community-based crisis response through contract expansion with existing mobile crisis teams for adults and youth;
- Expand a pilot program that embeds behavioral health counselors in 911 call centers and redirects behavioral health calls to specialized counselors in lieu of law enforcement;
- Expanding access to naloxone and other relevant public health supplies through vending machines and other distribution systems to decrease fatal overdoses; and
- Invest in capital facilities to treat substance use disorders, especially those that are already permitted and can create faster in-person access to substance use disorder crisis services such as post-overdose recovery, sobering, and metabolizing services. This could take the form of facility renovation, expansion, new construction, or other capital development or improvement costs. One facility expected to be funded by this Strategy is the 3rd Avenue post-overdose recovery center in Seattle.

<u>Strategy 5: Capacity Building and Technical Assistance.</u> Strategy 5 is intended to provide funding for capacity building and technical assistance for Crisis Care Center

³¹ Plan pg. 91

³² Procurement awards would not be made until after the Plan is adopted in accordance with Ordinance 19572.

operators, providers, and local jurisdictions to support implementation of the Levy's strategies.

Allowable activities for the Centers and residential treatment facility operators include support with predevelopment planning for capital facilities; capital financial planning; facility siting, design, and construction; and post-construction facility activation. Crisis Care Center operators could receive support under this strategy to deliver high quality clinical services, comply with regulatory requirements, and provide inclusive care for populations experiencing behavioral health inequities. Activities could include implementing national health care standards for providing culturally and linguistically appropriate services, developing clinical policies and procedures, and adopting deescalation and least restrictive best care practices.

Providers with expertise in culturally and linguistically appropriate services could receive support under this strategy to increase organizational capacity by increasing administrative infrastructure, data and information technology systems, health insurance billing infrastructure, and workforce development.

Local jurisdictions could receive grants under this strategy to offset a portion of costs incurred directly related to siting behavioral health capital facilities funded by the Levy including meeting facilitation, production of communication materials, event costs, translation and interpretation costs, and costs to reduce barriers for community members to participate in related community engagement activities. The Plan states that grants will be prioritized for purposes that expedite opening Crisis Care Center facilities funded in 2024 - 2026 and may not be used to offset siting costs incurred by other parties or that are not directly attributed to facility siting. DCHS could also provide support with interjurisdictional and facility operator partnerships.

Strategy 6: Evaluation and Performance Measurement. The Plan includes a highlevel description of how DCHS will assess the impact of the Levy through evaluation and performance measurement activities. Activities to be funded under this Strategy include DCHS' costs to measure, analyze, evaluate, and report the impact and results of the Levy to inform quality improvement initiatives, and costs related to in-depth evaluations of the Levy which may include contracts with third parties. Executive staff indicate that appropriation and position authority for 5 full-time equivalent positions (FTEs) are requested in the proposed appropriation ordinance³³ to support Strategy 6 as appears in Table 5.

³³ Proposed ordinance 2024-0012

Classification	Working Title	Allocation in PO 2024-0012
Project/Program Manager 3	Data & Evaluation Manager	\$202,126
Evaluator – Senior	Crisis Services Senior Evaluator	\$165,219
Human Services Data Scientist	Crisis Services Data Scientist	\$163,985
Evaluator	Crisis Services Evaluator	\$147,827
Evaluator	Crisis Services Evaluator	\$147,827
	Total	\$826,984

Table 5. DCHS CCC Levy Evaluation and Performance Staffing

Page 119 of the transmitted Plan describes four principles in Section VII to guide evaluation and performance measurement including transparent and community informed, person-centered, continuous improvement, and equity. The Plan states that the evaluation and performance measurement framework will focus on reporting measures relevant to monitoring performance of the Levy, advancing continuous quality improvement, and generating clear and actionable evaluation products for the public. The approaches to achieve this include using population level indicators to measure need, characterize baseline conditions, and track trends; performance measurement to determine program processes and outcomes that can be used to assess how well a strategy is working; and in-depth evaluation activities to deepen learning and understand Levy investment effectiveness.

The Plan states that the Levy is intended to impact "two priority populations" of people seeking immediate and in-person crisis care (Paramount Purpose), and people seeking residential treatment (Supporting Purpose 1). DCHS will measure how the Levy, within the overall public behavioral health system, provides services to these two priority populations. DCHS will measure and report on the impact of the Levy through a resultsbased accountability framework by assessing: "how much did we do, how well did we do it, and is anyone better off?"³⁴ DCHS intends to require contracted service providers to regularly report on Levy programs and strategies and collect data in a consistent manner. Data requested will include: individuals served; the nature of service provided; and associated outcomes to support the implementation of Strategy 1 and 2. To support the implementation of Strategy 3 pertaining to the workforce, DCHS plans to collect and monitor performance measures that describe behavioral health agency attributes such as workforce characteristics, activities conducted, and associated outcomes. Individual level data may be collected on clients or agency staff under these three strategies "to disaggregate measures by race, ethnicity, or other demographics at both the program level and across programs for analysis within strategies and result areas."³⁵ The Plan states that DCHS will include proposed performance measures in procurement materials to communicate contract expectations and likely reporting requirements but intends to collaborate with selected service providers on final plans for performance measurement to ensure they include meaningful measures and are feasible.

³⁴ Plan pg. 121

³⁵ Plan pg. 122

DCHS intends to align Levy performance evaluation and reporting with other dedicated human services funding initiatives including programs funded by the Mental Illness and Drug Dependency (MIDD) tax, Best Starts for Kids (BSK), the Veterans, Seniors, and Human Services Levy (VSHSL), and Health Through Housing (HTH). The plan states that by 2026, Crisis Care Centers Levy data will be included in the consolidated human service dashboard managed by DCHS.³⁶

Strategy 7: Levy Administration. Allowable activities under Strategy 7 support the administration of Levy programs over nine years. This includes DCHS staff costs, third party consulting and technical assistance for the department, and indirect administrative costs. Executive staff indicate that 23 FTEs and 2 TLT are included in the proposed appropriation ordinance,³⁷ 24 of whom would support Strategy 7 as appears in Tables 6 and 7.

³⁶ Plan pg. 124

³⁷ Proposed Ordinance 2024-0012

Table 6. DCHS CCC Levy Admin Staffing Planned for 2024

Classification	Working Title	Allocation in PO 2024-0012
Managing Psychiatrist	Crisis Operations Medical Director	\$403,595
Senior Deputy Prosecuting Attorney	BHRD Attorney	\$300,000
Strategic Planning Manager 2	BHRD Assistant Deputy Director	\$235,914
Special Projects Manager IV	Director of Provider Success	\$224,647
Strategic Planning Manager 1	Director of Crisis Care Centers	\$204,874
Government Relations Administrator	Local Government and Community Engagement Manager	\$199,360
Data Systems Special Projects Manager 2 (TLT, 3 years)	Data Systems Special Projects Manager	\$194,874
Special Projects Manger 2	SUD Strategic Planning Manager	\$194,874
Special Projects Manager 2	CCC Levy Capital Programs Manager	\$194,874
Special Projects Manger 1	CCC Finance Lead	\$187,712
Project/Program Manager 4	Behavioral Health Workforce Manager	\$179,599
Project/Program Manager 4	CCC Operations Manager	\$179,599
Business Finance Officer 3	CCC Fiscal Specialist	\$169,297
HR Analyst – Senior	HR Analyst – Senior Recruiter	\$166,884
Contracts Specialist III	DCHS Contracts Specialist III	\$165,812
Project/Program Manager 3	CCC Levy Project Manager	\$159,494
Project/Program Manager 3	CCC Levy Project Manager	\$159,494
Project/Program Manager 3	Crisis Care Centers Project Manager	\$159,494
Communications Specialist IV	Senior Communications Manager	\$155,841
Project/Program Manager 2	Behavioral Health Workforce Project Manager	\$147,051
Project/Program Manager 2	Provider Relations/Contracts specialist	\$147,051
Project/Program Manager 2	Community Engagement Liaison	\$147,051
Business Finance Officer 1	CCC Accounts Payable	\$125,496
Administrative Specialist 2	Administrative Specialist	\$99,484
Education Consultant 1 (TLT, 18 months)	Naloxone and Overdose Prevention Health Education Specialist	\$98,991
	Total	\$4,601,362

Classification	Working Title	Budget
Project/Program Manager 2	Provider Relations/Contracts Specialist	2025
Project/Program Manager 2	Provider Relations/Contracts Specialist	2025
Project/Program Manager 3	CCC Clinical Quality Specialist	2026-27
Project/Program Manager 3	CCC Care Coordination Manager	2026-27
Social Services Professional	Hospital Liaison	2026-27
Social Services Professional	Hospital Liaison	2026-27
Social Services Professional or Project/Program Manager 3	Utilization Management, Residential Treatment	2026-27
Project/Program Manager 3	CCC Behavioral Health Housing Coordinator	2026-27
Billing Analyst	Crisis Care Center Medical Biller	2026-27
Functional Analyst 2	Functional Analyst	2026-27

Table 7. DCHS CCC Levy Admin Staffing Anticipated for 2025-2027

Additional allowable activities under Strategy 7 include costs related to organizing community engagement efforts including providing translation and interpretation services. If needed, costs to reduce DCR response times to Crisis Care Centers (such as establishing satellite offices or transportation costs) would be an allowable expenditure under Strategy 7. Data systems infrastructure and technology are also included as allowable activities under Strategy 7.

<u>Strategy 8: Levy Reserves.</u> The Plan states that the Levy will maintain fund reserves as directed by King County Ordinance 19572. The annual expenditure plan includes a fund reserve equal to 60 days of budgeted expenditures, less capital expenses, consistent with King County Comprehensive Financial Management Policies.

Financial plan. The Plan includes a financial plan with estimated levy collections and estimated levy expenditures.

Estimated Levy Collections. Table 8 shows a summary of the estimated annual revenue forecast from 2024 to 2032, based on the King County OEFA August 2023 revenue forecast. This forecast assumes an initial Levy rate of 14.5 cents per \$1,000 assessed property value, with annual increases (limit factor) of up to 1 percent. The revenue forecast assumes a 99 percent revenue collection rate and an annual interest revenue at a rate of 0.5 percent. The Levy is anticipated to bring in a total of \$1.2 billion over nine years.

The March 2024 OEFA forecast was adopted by the Forecast Council on March 15. Based on the updated March 2024 OEFA forecast, no significant changes to levy allocations are projected. The estimated total levy revenue remains \$1.2 billion over nine years.

Table 8. 2024-2032 CCC Levy Estimated Collections (Based on August 2023 OEFA Forecast)

2024	2025	2026	2027	2028	2029	2030	2031	2032
\$117.9M	\$120.4M	\$123.1M	\$125.8M	\$128.5M	\$131.3M	\$134.1M	\$137.1M	\$140.0M

2024-2032 CCC Levy Estimated Collections (Based on March 2024 OEFA Forecast)

2024	2025	2026	2027	2028	2029	2030	2031	2032
\$119.5M	\$122.2M	\$125.0M	\$127.9M	\$130.8M	\$133.8M	\$136.8M	\$139.9M	\$143.0M

Proposed Expenditure Plan. Table 9 shows a summary of the Levy's annual expenditure plan from 2024 to 2032. This includes the following one-time costs:

- Election costs for King County Proposition 1 in the April 2023 election.
- Planning costs: Initial planning costs permitted under Ordinance 19572.

Table 9. Proposed Annual CCC Levy Allocations by Strategy (in Millions)³⁸

	2024	2025	2026	2027	2028	2029	2030	2031	2032	Strategy Total
Strategy 1:	\$16.2	\$59.9	\$54.8	\$72.6	\$97.9	\$73.1	\$82.1	\$84.1	86.1	\$626.8 ³⁹
Strategy 2:	\$42.0	\$33.3	\$40.1	\$48.6	\$1.5	\$1.6	\$1.7	\$1.9	\$2.1	\$173.0
Strategy 3:	\$7.5	\$11.8	\$13.0	\$16.4	\$19.9	\$22.4	\$23.9	\$24.2	\$24.6	\$163.7
Strategy 4:	\$8.2	\$6.2	\$7.4	\$7.5	\$7.6	\$7.7	\$7.5	\$7.6	\$7.7	\$67.7
Strategy 5:	\$1.8	\$2.0	\$2.1	\$1.4	\$1.7	\$2.2	\$2.1	\$1.7	\$1.6	\$16.6
Strategy 6:	\$0.8	\$1.1	\$1.1	\$1.2	\$1.2	\$1.2	\$1.3	\$1.3	\$1.4	\$10.7
Strategy 7:	\$5.1	\$7.6	\$9.0	\$9.3	\$9.6	\$9.8	\$9.8	\$9.7	\$10.0	\$80.0
Election Costs	\$3.5	-	-	-	-	-	-	-	-	\$3.5
Planning Costs	\$1.0	-	-	-	-	-	-	-	-	\$1.0
	\$85.9	\$122.1	\$127.6	\$157.0	\$139.5	\$118.1	\$128.5	\$130.6	\$133.6	\$1.2 Billion⁴⁰

Sequence and Timing. According to the Plan, before opening, a Crisis Care Center would need to at least satisfy the following processes:

• County-administered procurement and contracting process;

³⁸ Totals may not sum exactly due to rounding

Strategy 1: Create and Operate Five Crisis Care Centers

Strategy 2: Restore, Expand, and Sustain Residential Treatment Capacity

Strategy 3: Strengthen the Community Behavioral Health Workforce

Strategy 4: Early Crisis Response Investments

Strategy 5: Capacity Building and Technical Assistance

Strategy 6: Evaluation and Performance Measurement Activities

Strategy 7: Levy Administration

³⁹ Includes \$204.9 million in projected Medicaid funding

⁴⁰ Does not include reserves

- A city or other local jurisdiction defined land use, zoning, and/or permitting process; and
- A state department-defined licensing process.

The Plan notes that these processes are administered by three separate levels of government and introduce substantial potential variability to the capital development timeline for a Crisis Care Center.

Procurement Timeline. DCHS intends to prioritize opening five Centers as quickly as possible to meet urgent needs of people experiencing behavioral health crises. DCHS intends to select the operator(s) through an annual competitive procurement, with rounds in 2024, 2025, and 2026 if needed to select the Crisis Care Center operator(s).

- The first procurement round in 2024 will prefer proposals that can be developed and begin serving people rapidly. This round may include a single review deadline, multiple review deadlines, or a rolling review of applications, with the ability to make awards at different times within the round. This round would award contracts for a maximum of three Centers. According to the Plan, the purpose of this cap is to provide additional planning time for organizations interested in submitting a procurement proposal in 2025; and to manage the timeline of expenditures against when Levy proceeds are available.
- The 2025 procurement round will not have a cap on the number of awards.
- The 2026 procurement round will only be held if operators for any Centers have not yet been selected.

Implementation Timeline. According to the Plan, Levy funding to support the Centers' capital facility development and operating costs are anticipated to begin in 2025 and increase over time as Centers are developed and become operational.

In 2026, the first Center is anticipated to open. By 2027, up to three Centers are anticipated to be open; by 2028, up to four Centers; by 2029, up to five Centers; and by 2030, all five Centers open would be open.

Rapid Progress on Supporting Purposes. The Plan provides information on how DCHS will make rapid progress on the two supporting purposes.

<u>Supporting Purpose One:</u> To make rapid initial progress on Supporting Purpose One (Residential Treatment), DCHS plans to leverage a broader behavioral health capital facility improvement procurement process in early 2024 that incorporates other funding sources, including MIDD. Strategy 2's 2024 allocation would support capital improvement and maintenance costs of existing residential treatment facilities and the development of new residential treatment facilities.

DCHS opened a combined behavioral health capital procurement in early 2024 to award capital improvement funding for residential treatment facility operators to help stabilize the sector and prevent additional closures, and to award capital funding for new residential treatment facility development. King County Ordinance 19712 appropriated

MIDD funding for this purpose. DCHS intends to also procure proposals to support capital improvement and maintenance costs of existing residential treatment facilities.

DCHS released a request for applications (RFA) on January 18, 2024, that may award both MIDD and Crisis Care Centers Levy resources for residential treatment facilities preservation and development of new residential treatment facilities. Crisis Care Centers Levy resources allocated through the RFA would only be used for mental health residential treatment capital improvements and repairs. According to Executive staff, the purpose of a single, integrated RFA is to 1) expedite allocation of Levy capital resources to stabilize the mental health residential treatment sector and prevent the loss of additional bed capacity; and 2) streamline the RFA process for behavioral health providers and reduce administrative burden.

Levy resources will not be awarded until after Council approval of the proposed implementation plan and relevant budget appropriations.

<u>Supporting Purpose Two:</u> To make rapid initial progress on Supporting Purpose Two (Behavioral Health Workforce), DCHS plans to begin the procurement and contract processes for activities in early 2024 to expedite distribution of resources soon after the Plan is adopted. Early workforce investments planned for 2024 include community behavioral health career pathways, labor-management workforce development partnerships, and crisis workforce development. These would help strengthen King County's community behavioral health workforce, support the development of the behavioral health worker pipeline, and prepare to build the crisis specialty skills of behavioral health workers in King County.

Government and Philanthropic Funding. This Plan assumes no federal, state, or philanthropic resources would contribute to achieving the Levy's purposes, except for state and federal Medicaid funding. The plan indicates that the Executive will seek investments from government and philanthropic partners to augment Levy proceeds.

- The Executive will seek government funding through the county's annual legislative agenda and policymaker engagement activities, including briefings, work sessions, and public hearings. DCHS anticipates coordinating the Levy with federal and state crisis service initiatives and investments to maximize resource coordination and crisis system integration.
- The Executive will seek philanthropic funding by sharing opportunities for partners to amplify the impact of Levy proceeds with targeted funding support.

Additional government and philanthropic investments could reduce the amount of Levy proceeds needed to meet the Plan's strategies. If this occurs, then Levy proceeds could expand funding for Strategies.

Role of Medicaid. The Levy financial plan assumes that Medicaid would pay for approximately 40 percent of the Centers' operating and service activities and approximately 40 percent of the post-crisis follow-up program's operating and service

activities (under Strategy 1). Levy proceeds would be used to pay for the remaining 60 percent of operating and service costs not covered by Medicaid.

DCHS developed this 40 percent assumption by analyzing the county's historical crisis service health insurance billing codes and utilization data, estimating likely health insurance coverage payer mix of people who may access a Crisis Care Center, and by reviewing Medicaid funding rates at comparable facilities in the state:

- Billing codes and utilization data: 29-50 percent of client population was eligible for Medicaid, with 34 percent average rate of people accessing crisis services. DCHS estimates that the Crisis Care Centers' payer mix will be higher than this 34 percent average because crisis care centers are anticipated to disproportionately serve people who are eligible for Medicaid.
- Comparable facilities in the state: 24 to 86.5 percent of operating and service costs covered by Medicaid.

According to Executive staff, if actual Medicaid paid costs are significantly higher than the 40 percent assumption, then there may be resources for additional investments. These would follow the "Priorities for Increasing Allocations Due to Additional Funding" outlined in the plan.⁴¹ If actual Medicaid paid costs are significantly lower than the 40 percent assumption, then other investments may need to be reduced or reserves spent to fulfill the Levy's paramount purpose. These adjustments would follow "Funding Priorities if Levy Proceed Allocations Must be Reduced Due to Funding that is Less than Projected" outlined in the plan.⁴² Strategy 1 (Create and Operate Five Crisis Care Centers) is identified as the top priority to fully fund if there is a change in available funding.

Substantial Adjustments. In the Plan, a substantial adjustment is defined as a change or series of changes within the same calendar year to a strategy's annual funding allocation 5 percent or \$500,000, whichever is greater.

If, without Council direction or concurrence, the Executive determines a substantive adjustment to the funding allocations specified in the Levy's financial plan is needed. then the Executive will transmit a notification letter to Council detailing the scope of and rationale for the changes. The Executive may send such notification letters as frequently as twice per year when needed. The Executive will electronically file the letter with the Clerk of the Council, who will retain an electronic copy and provide an electronic copy to all councilmembers, the Council Chief of Staff and the lead staff for the Committee of the Whole, or its successor. Unless the Council passes a motion rejecting the contemplated change within 30 days of the Executive's transmittal, the Executive may proceed with the change as set forth in the notification letter.

Reduced Funding. If projected revenue or health insurance funding assumptions are less than the plan's projections, the Executive would identify substantial adjustments based on the priorities below:

⁴¹ Figure 47. Priorities for Increasing Allocations Due to Additional Funding on page 117

⁴² Figure 46. Funding Priorities if Levy Proceed Allocations Must be Reduced Due to Funding that is Less than Projected on page 117

- Priority 1. Maintain funding or minimize reductions to strategies with a direct link. to accomplishing the Paramount Purpose (establish and operate a regional network of five Crisis Care Centers in King County).
- Priority 2. Maintain funding or minimize reductions to strategies with a direct link accomplishing Supporting Purpose 2 (increase sustainability and to representativeness of community behavioral health workforce in King County through recruitment, retention, and training activities).
- Priority 3. Maintain or minimize reductions to strategies with a direct link to accomplishing Supporting Purpose 1 (restore the number of mental health residential treatment beds to at least 355 and expand the availability and sustainability of residential treatment in King County).

Increased Funding. If projected revenue or health insurance funding assumptions are more than the Plan's Levy projections, the Executive would increase allocations based on the priorities below. Note that changes due to additional Levy revenue or other funding sources that do not reduce another strategy's allocation and that follow these priorities are not considered a substantial adjustment.

- Priority 1. Ensure at least 60 days of operating reserves funded.
- Priority 2. Increase funding to Strategy 1 (Create and Operative Five Crisis Care Centers) up to \$25 million in any single year.
- Priority 3. Increase funding to Strategy 3 (Strengthen Community Behavioral Health Workforce) up to \$25 million in any single year.
- Priority 4. Increase funding to Strategy 2 (Restore, Expand, and Sustain Residential Treatment Capacity) up to amount needed to restore number of beds up to 355 beds.
- Priority 5. Fund creation and operation of additional Crisis Care Center facilities, components of facilities, or other facilities that Levy data shows would benefits Crisis Care Center clients and are allowed under the Levy ordinance.

Prorationing considerations. RCW 84.52.043 establishes a maximum aggregate property tax rate of \$5.90 per \$1,000 of assessed valuation for counties, cities, fire districts, library districts, and certain other junior taxing districts. Under state law, if a taxing district reaches its statutory rate limitation, that district can only collect the amount of tax revenue that would be produced by that statutory maximum levy rate. In other words, if the aggregate of taxing districts exceeds the \$5.90 limit, the tax district's levies would have to be reduced so that the \$5.90 aggregate collection limit is not exceeded. Reductions are made in accordance with a district hierarchy established under RCW 84.52.010. In general, countywide levies are the most senior taxing districts and would be the last to be reduced, or pro-rationed, under state law.⁴³

Prorationing mitigation is identified as an eligible expenditure in the Levy ordinance to reduce the Levy's impact on applicable metropolitan park district, fire districts, and local hospital districts in an amount up to the lost revenue to the individual district resulting from prorationing, to the extent the Levy was a demonstrable cause of the prorationing.

⁴³ State law currently removes regular park and recreation district property tax levies from the \$5.90 limit if levied on an island within a county with a population over two million (i.e., Vashon Island). This exemption, unless changed by state law, expires January 1, 2027. (Chapter 117, Laws of 2021)

and if the Council has authorized the expenditure by ordinance. Note that the districts would be required to use Levy proceeds for purposes consistent with the Levy purposes.

Supplantation considerations for King County. Under state law,⁴⁴ a levy lid lift proposition may only be used for the specific limited purpose of the levy, as identified in the ballot title. In addition, state law allows for levy funds to be used to provide for existing programs and services, provided the levy funds are used to supplement, but not supplant existing funds. Existing funding is determined based on actual spending in the year in which the levy is placed on the ballot. Existing funding excludes lost federal funds, lost or expired state grants or loans, extraordinary events not likely to reoccur, changes in contract provisions beyond the control of the taxing district receiving the services, and major nonrecurring capital expenditures.

For the Crisis Care Centers Levy, this prohibition on supplantation means that Levy funds may be used for entirely new programs and services—in any amount over the life of the Levy—and to fund existing programs and services, but only in an amount additional to the amounts the County spent on those programs or services in 2023, unless one of the exceptions noted earlier applies.

Advisory body. In accordance with Ordinance 19572, the Plan includes a description of the composition, duties of, and process to establish the advisory body for the Levy. The Plan is also accompanied by a separate proposed ordinance that would empower the advisory body (Proposed Ordinance 2024-0013⁴⁵).

Using a Preexisting Board. The Executive is proposing to use the Behavioral Health Advisory Board (BHAB) as the advisory body for the Levy.^{46,47} BHAB is the advisory body for the King County Behavioral Health – Administrative Services Organization (BH-ASO). King County BH-ASO is the administrative entity within the Behavioral Health and Recovery Division of DCHS that contracts with the Washington State Health Care Authority to manage non-Medicaid behavioral health services, behavioral health block grants, and other behavioral health funds, with a focus on crisis services.

The Plan asserts that the BHAB has relevant expertise related to King County crisis services and is well positioned to advise the Executive and the Council regarding the Levy. Additionally, the plan states that centralizing advisory duties within the BHAB will ensure there is a single advisory body for the County's continuum of crisis services, and

⁴⁴ RCW 84.55.050.

⁴⁵ Proposed Ordinance 2024-0013 may be taken up after the Plan. According to DCHS, there "are no specific timing considerations related to ordinance -0013 that would prevent DCHS from implementing time sensitive aspects of the implementation plan, such as releasing 2024 Levy funded procurements. However, consideration of -0013 soon after adoption during spring 2024 will be important to allow time to recruit and establish the expanded board consistent with CCC levy requirements in time to advise on early decisions that will shape levy services. The board's early duties will include, but are not limited to, fulfilling its role in the levy's first annual reporting cycle in 2025."

⁴⁶ Ordinance 19572 allows for a preexisting county board or commission with relevant expertise to serve as the Levy's advisory body.

⁴⁷<u>https://kingcounty.gov/en/legacy/depts/community-human-services/mental-health-substance-abuse/boards.aspx</u>

that this approach is intended to avoid system fragmentation and promote an integrated approach to managing crisis services at the system level.

Board Duties. The BHAB is responsible for advising the King County BH-ASO on the design and implementation of publicly funded behavioral health services.⁴⁸ The Plan and Proposed Ordinance 2024-0013 would expand the BHAB's duties to include those required in Ordinance 19572, which are:

- Advise the Executive and Council on matters pertaining to the Levy;
- Annually visit each existing Crisis Care Center; and
- Report on the Levy to the Council and the community through annual online reports beginning in 2025.

The BHAB's additional duties related to the Levy would go into effect on the effective date of Proposed Ordinance 2024-0013.

Board Composition. The Plan states that the BHAB's board member composition requirements and advisory duties can be expanded to include advising on the Levy while still complying with state requirements.⁴⁹ To illustrate this point, the plan includes a matrix comparing the Levy's advisory board composition requirements with the existing statutory and contractual composition requirements of BHAB.^{50,51} That matrix is included in Table 10.

⁴⁸ King County Behavioral Health Advisory Board Bylaws

⁴⁹ While the requirements of the BHAB and the Levy advisory body are currently compatible, the Plan recognizes that state law and contracts may be updated during the Plan's term. If BHAB requirements are updated by the state in a way that is no longer compatible with the Levy, or if the Executive determines a different advisory body will better serve effective administration of the Levy, the Plan notes that the Executive may propose an ordinance to the Council to update the Levy's advisory board structure. ⁵⁰ See Figure 49 on page 129 of the Plan.

⁵¹ BHAB membership requirements and duties are established in the RCW 71.24.300, WAC 182-538C-252, King County's BHASO contract with the HCA, and K.C.C. 2A.300.050.

	Matrix of BHAB Membership Requirements					
	Membership Requirement					
Underlying Legal Authority	At least 51% people with lived experience of a behavioral health condition ⁵²	At least 2 people who have received crisis stabilization services	Representative of King County's demographics ⁵³	At least 1 representative of each crisis response zone ⁵⁴	At least 2 members with professional training in behavioral health crisis care	At least 1 law enforcement representative
Ordinance 19572	Compatible	Required	Required	Required	Required	Compatible
RCW 71.24.300	Compatible	Compatible	Required	Compatible	Compatible	Required
WAC 182-538C- 252	Required	Compatible	Required	Compatible	Compatible	Required
HCA BHASO Contract	Required	Compatible	Required	Compatible	Compatible	Required

Table 10. Existing and Proposed BHAB Membership Requirements

In addition to the requirements highlighted in Table 10, the Plan notes that BHAB members may not be employees, managers, or other decision makers of providers that contract with the KC BH-ASO and who have the authority to make policy or fiscal decisions on behalf of the provider. Additionally, no more than four elected officials may serve on the BHAB. These are required by the County's contract with the HCA and appear in King County Code 2A.300.050.

The Plan and Proposed Ordinance 2024-0013 state that the expanded BHAB would be comprised of no fewer than nine and no more than 18 members who serve three-year terms.⁵⁵ Currently, the BHAB's maximum number of members is an odd number (15 members); changing to an even maximum number of members would be a policy choice. According to Executive staff, other advisory boards operate with an even number of members (such as the VSHSL Advisory Board and the Children and Youth Advisory Board). DCHS does not consider an even number of seats to be a challenge because boards and commissions are typically working toward consensus and not a simple majority. If the Regional Policy Committee and the Council prefer the BHAB to have an odd number of board members, DCHS would recommend changing the

⁵² Lived experience and/or self-identify as a person in recovery from a behavioral health condition or be a parent or legal guardian of a person with lived experience of a behavioral health condition.

⁵³ Demographics such as race and ethnicity, gender identity, sexual orientation, people who identify as members of experiential communities, and other demographic groups and identities. Examples of "experiential communities" include persons who have been incarcerated, persons who are survivors of gender-based violence, persons who have been subject to involuntary treatment under Washington's Involuntary Treatment Act, military veterans, immigrants, and refugees.

 ⁵⁴ The crisis response zones (North, East, South, and Central) are defined in Ordinance 19572.
 ⁵⁵ BHAB members may serve a maximum of two consecutive terms, in addition to any partial terms. This would remain the same; there are no proposed changes to term limits in the Plan or PO 2024-0013.

number of seats to 19 (rather than 17) to ensure there are enough seats to fulfill board member requirements.

Board Leadership. BHAB members currently elect a chair and vice chair to serve oneyear terms.⁵⁶ The Executive is proposing to increase those terms to two years with the intent of supporting BHAB leadership continuity. Executive staff state the change would give board leaders more time to get oriented in their new role and then provide leadership for a longer period of time. DCHS plans to discuss this proposed change with BHAB members at the March 2024 BHAB meeting.

Changing the amount of time that a board member serves as chair or vice chair is reflected in Proposed Ordinance 2024-0013 but was inadvertently omitted in the transmitted Implementation Plan, which leaves the term for the chair and vice chair at one-year. If the Regional Policy Committee and the Council wish to adopt two-year terms for the chair and the vice chair, the Implementation Plan would need to be amended.

Recruitment and Appointment Process. According to the Plan, current members of the BHAB will continue to serve out their terms. As BHAB seats become vacant, the Executive will recruit new BHAB members, informed by the new composition requirements included in Table 10. Executive staff recognize that it has been difficult to fill vacant BHAB seats in the recent past, but they are optimistic that adding Levy oversight to the Board's responsibilities will help recruit and retain board members.

The Executive is proposing a new appointment process to the BHAB, which is described in the Plan and included in Proposed Ordinance 2024-0013. Under the new process, the Executive would transmit a notification letter, either in aggregate or individually, that includes the name, biography, and term of each prospective member to the Council before appointing any member to BHAB.⁵⁷ The Executive would be able to proceed with the appointments in the notification letter unless the Council passes a motion requesting changes to the proposed appointments within 30 days of the transmittal.⁵⁸ Executive staff say the rationale for this change is to "streamline and expedite the process, including increasing predictability for those selected. The proposal is intended to maintain Council engagement and oversight while promoting Executive flexibility to quickly move forward appointments with a diverse range of intersecting identities."

This proposed appointment process does not align with requirements in the King County Charter. According to the Charter, the Executive shall appoint the members of all boards and commissions⁵⁹ and the appointments by the Executive shall be subject to

⁵⁶ K.C.C.2A.300.050.D.1. Note, the Code currently states the chair is elected annually; however, Executive staff confirm that the vice chair is also an elected position per the BHAB's bylaws.

⁵⁷ The Executive would electronically file the letter with the Clerk of the Council, who would retain an electronic copy and provide an electronic copy to all councilmembers, the Council Chief of Staff, and the lead staff for the Committee of the Whole, or its successor.

⁵⁸ Under the current process, appointees are allowed to exercise the powers of office beginning 30 days after being appointed by the Executive; however, they remain subject to confirmation by the Council. The appointee may begin exercising the powers of office sooner than 30 days if the Council confirms the appointment earlier (see K.C.C. 2.28.003.B.).

⁵⁹ Section 340.10 of the King County Charter

confirmation by a majority of the County Council.⁶⁰ The Plan (and Proposed Ordinance 2024-0013) would need to be amended to align with the Charter.

Board Member Compensation. The County Code states that BHAB members shall serve without compensation.⁶¹ The Plan (and Proposed Ordinance 2024-0013) proposes to allow BHAB members with lived experience to be compensated for "their time devoted to the official work of BHAB, in accordance with King County Office of Equity [and Racial] and Social Justice guidance and DCHS financial policies."

The Council may, by ordinance, provide for per diem compensation for members of specific boards and commissions.⁶² It is a policy choice whether to provide compensation to BHAB members.

Annual report. The Levy ordinance requires the Levy's advisory body to report annually to the Council and the community on the Levy's progress through online reports beginning in 2025. It also states that the Plan shall describe how the Executive will provide the annual report to the Clerk of the Council, all councilmembers, and all members and alternate members of the Regional Policy Committee, or its successor.

Report Process. The Plan notes that DCHS staff will generate the annual report in alignment with reporting requirements. Then, the Levy's advisory body, proposed to be the Behavioral Health Advisory Board, will certify the report along with a letter confirming that the online report is updated with the previous year's data and is ready for review prior to its transmission to the Council.

The Executive, on behalf of the advisory body, will transmit a letter to the Council that confirms the availability of the annual report online and provides a web link to it, summarizes the annual report, including key data and conclusions, and identifies how the annual report meets the requirements of Ordinance 19572. Consistent with the requirements in Ordinance 19572, the Executive will also transmit a motion that would acknowledge receipt of the letter and completion of the online annual report requirement. The Executive will be prepared to provide a briefing at the invitation of the Council or its committees, including the Regional Policy Committee. The Executive will also make the report available to the community through DCHS' communication channels.

According to the Plan, the first report will be made available by August 15, 2025, and will cover information for calendar year 2024. Subsequent annual reports will continue to be provided by August 15 of the following year until August 15, 2033.

Report Content. Consistent with the requirements in the Levy ordinance, the Plan states that the online annual report will include the:

• Total expenditure of Levy proceeds by crisis response zone, Levy purpose, and Strategy reported by King County ZIP Code; and

 ⁶⁰ Section 340.40 of the King County Charter. Additionally, Section 240 of the Charter states "the county council may pass motions to confirm or reject appointments by the county executive".
 ⁶¹ K.C.C. 2A.300.050.F.
 ⁶² K.C.C. 2.28.006

⁶² K.C.C. 2.28.006

• Number of individuals receiving Levy funded services by crisis response zone, Levy purpose, and Strategy reported by the King County ZIP Code where the individuals resided at the time of services.

The online annual report will also include:

- An overview of Levy accomplishments during the previous calendar year, and any changes DCHS intends to make or direct to improve performance in the following year, when applicable;
- The Levy's fiscal and performance measurement during the applicable calendar year; and
- A map or summary describing the Levy's geographic distribution.

ZIP Code Reporting. DCHS intends to report expenditures by ZIP Code data for all services that operate from a fixed brick and mortar location and align methodology practices based on available data or modeling with approaches implemented in 2023 for Best Starts for Kids and those planned for the Veterans, Seniors, and Human Services Levy (VSHSL) consistent with the adopted VSHSL Implementation Plan for 2024-2029.⁶³

The Plan also states: "DCHS evaluators may calculate expenditures by ZIP Code through service provider location and program participant residence. Both approaches provide an understanding on the spread of expenditures across King County. For example, Levy partners may provide a mix of virtual, mobile, and in-person programs and services. Reporting by service provider location may not fully capture the service reach. Alternatively, reporting by program participant residence may not capture difficulties participants may have accessing services, including transportation. Many program participants access programs in more than one way. Using more than one methodology to assess expenditures by ZIP code can help deepen understanding of how programs are accessible to people throughout the County."

Additionally, the Plan notes that the collection of program participant ZIP Code data may be limited for some programs in certain Levy strategies. For example, limitations include activities associated with mobile programs or programs serving people experiencing homelessness, refugees, people experiencing acute crisis, or people who are survivors of domestic violence. The Plan also states that geographic information may not be available or relevant for programs and strategies that invest in systems and environment change and strategies that support systemwide workforce capacity building. ZIP Code collection also may not be possible for programs required to use an existing data system that the Levy cannot revise, or when a legal framework prevents the sharing of these data. The Plan states that all reporting by ZIP Code will continue to abide by privacy and confidentiality guidelines.

⁶³ Best Starts for Kids Implementation Plan: 2022-2027. Page 87: "Best Starts will also develop and pilot a methodology beginning in 2022 for reporting program expenditures by ZIP Code based on available data or modeling. This methodology will need to account for expenditures for programs that are provided virtually, programs that do not operate from a single service location like home-based services, and systems-change work that has impacts in communities larger than a single ZIP Code." See: <u>https://kingcounty.gov/~/media/depts/community-human-services/best-starts-</u> kids/documents/Best Starts for Kids Implementation Plan Approved 2021.ashx?la=en&guot

Potential Policy Issues. The Plan presents policy choices for this new revenue stream within the confines of the Levy ordinance. This section summarizes a noncomprehensive potential policy issues for consideration.

Proposed Allocation for Strategy Activities. The Plan's financial plan shows the projected revenue and approximate annual allocations for each Strategy but omits detail regarding how much of each Strategy allocation would be spent on allowable activities described in the Plan. Members may wish to consider modifying this section. Modification might take the form of including more detail for each Strategy-level allocation detail by providing a minimum or maximum for activities employed within each Strategy, reallocating money among Strategies, or including language to ensure certain programs or activities are eligible under specific Strategies. Additionally, members may wish to consider adjusting priorities for increasing or decreasing funding if projected revenue or health insurance funding is higher or lower than expected.

Council Review for Increased Funding. If projected revenue or health insurance funding assumptions are more than the Plan's Levy projections, the Executive would increase allocations based on the priorities outlined in the Plan. Changes due to additional Levy revenue or other funding sources that do not reduce another Strategy's allocation and that follow these priorities are not considered a substantial adjustment, and therefore would not be required to follow the Council notification and review process outlined for substantial adjustments. Whether to require increased funding allocations to undergo a Council review process is a policy consideration for the Council.

Public Interest Requirements. Members may wish to consider adding, modifying, or eliminating the requirements outlined in the Plan. Modification might include such things as defining "equity impact" and clarifying how operators could effectively assess their impact on this definition; or allowing for Council action prior to a leased facility exception being made.

Alternative Siting Process. Members may wish to consider eliminating or modifying the process. Modification might include allowing for action by the King County Council and Regional Policy Committee prior to commencing the alternative siting process.

Permissive Language. The Plan includes permissive language throughout that members may wish to consider making mandatory in parts. For example, the Plan states that operators "should" develop certified electronic health record systems and DCHS "will support their efforts to do so." Modifications to this could include eliminating the provision pertaining to electronic health records or changing "should" to "shall" to require operators to develop electronic health records. This policy choice exists for all instances of permissive language in the Plan.

Policy Development Criteria. The Plan states that medical stability criteria and other processes and procedures would be developed in collaboration with selected operators further into the implementation process. Members may wish to consider including guidelines for these criteria to ensure policies do not limit patient access due to things such as the patient's need to use a cane or to continue using prescriptions for methadone or buprenorphine.

Jurisdiction Demonstration of Support. The Plan states that DCHS will prefer Crisis Care Center procurement proposals that demonstrate support from the jurisdiction where a facility is proposed. The Plan provides a list of criteria that could be included in jurisdictions written statement of support for a proposed site.⁶⁴ Members may wish to consider adding or removing items from this list.

Legislative Schedule. In accordance with Section 5 of Ordinance 19572, until the Plan is adopted, Levy proceeds may only be used to pay for election costs and no more than \$1 million for initial planning activities. Proposed Ordinance 2024-0011 is a mandatory dual referral to both the Regional Policy Committee (RPC) and the Health and Human Services (HHS) Committee. The legislative schedule, identified in Table 11, contemplates three touches for each committee with all amendments going through the RPC at a special meeting, followed by HHS Committee action, and the final action at Full Council. Please note the last three dates are revised from the original schedule.

Action	Committee/	Date	Amendment Deadline
	Council		
Submitted to Clerk		Dec. 29	-
Introduction and referral	Full Council	Jan. 16	-
Exec Staff Briefing (RPC in control)	HHS	Feb. 6	-
Discussion Only – Exec Staff Briefing	RPC	Feb. 14	-
Policy Staff Briefing (RPC in control)	HHS	Mar. 5 Deferred	-
Discussion Only – Policy Staff Briefing	RPC	Mar. 13	-
Policy Staff Briefing (RPC in control)	HHS	Apr. 2	-
Member Work Session (RPC in control)	RPC	May 8	
Action	Special RPC	May 17 10 A.M.	Striker direction: May 9 Striker distribution: May 14 Line AMD direction: May 15
Action	HHS	June 4	-
Final Action	Full Council (Regular course)	June 18	-

Table 11. Legislative Schedule for Proposed Ordinance 2024-001165

⁶⁴ Plan pg. 83

⁶⁵ Dates updated from original schedule.

Previous Committee Questions and Answers. Executive staff provided responses to questions asked by members during RPC on February 14, March 13, and HHS on April 2. These questions and answers can be seen in Attachment 6 to this staff report.

AMENDMENTS

Striking Amendment. Council staff has been directed to prepare a striking amendment that would make technical corrections to the proposed ordinance and replace the transmitted Attachment A with an updated version that does the following:

- Incorporates technical corrections and clarifying edits to the Plan
- Adds language to encourage CCC operators to become a Safe Place Site or Licensed Safe Place Agency.
- Adds language stating that individuals treated at a crisis care center shall have access to post-crisis follow-up treatment planning.
- Requires CCC's to work with community behavioral health providers, mobile crisis teams, co-responder teams, emergency medical services, or law enforcement to help facilitate transportation to CCC's from provider locations as needed and subject to available resources.
- Adds language stating that CCC's with a crisis stabilization unit, a 23-hour crisis relief center, or both shall accept individuals transported by law enforcement, in accordance with state law, to those clinical components.
- Requires CCC's to ensure prompt access to substance use disorder treatment on-site.
- Requires the competitive procurement process to include an evaluation of how operators will ensure a therapeutic milieu for individuals with different needs such as age disparities, individuals with SUD needs, and people in active psychosis.
- Adds DCHS monitorization of CCC utilization rates, and if persistent underutilization is identified at a particular center, requires that DCHS work with the provider to take steps to address the needs of that Center through activities such as increased outreach and use of mobile services; and adds reporting on an overview of this data in the annual report.
- Adds a proposal review panel for each of the five competitive procurement process conducted for CCC's. The proposal review panels would have a representative from each of the respective crisis response zones for their respective competitive procurement process, and one representative selected by the City of Seattle and Sound Cities Association (SCA) to review youth crisis care center operator proposals.
- Changes the language pertaining to the operator cap from "may operate a maximum of three" CCC's to "should operate no more than three," and revises the associated footnote.
- Adds language to allow the Council to reject the Executive's commencement of the alternative siting process by motion within 30 days of the Executive's transmittal of the alternative siting process notification letter.

- Adds jurisdictions within the crisis response zone to the list of entities CCC operators will work with to determine criteria and protocols to manage new admissions when a center is at full capacity.
- Adds language stating the Executive will assess the outcome of the investments to Strategy 2 as described in the financial plan, and whether the financial plan remains on target for these investments as part of the annual report.
- Adds RPC notification to the annual report, career pathways, substantial financial adjustment, and BHAB members sections.
- Adds SCA to Community Partners Consulted for evaluation priorities.
- Adds language to have DCHS provide historical and current data in the annual report in a manner that can be used to analyze services and to make year-over-year comparisons.
- Requires zip code activity-level data reporting in the annual report.
- Adds increased communication to the Council, RPC, and SCA during procurement and siting process.
- Adds a list of characteristics of sites with support from the host jurisdiction that will receive preference.

Any additional amendments will be separately distributed to committee members prior to the May 17th Special RPC meeting.

<u>INVITED</u>

- Kelly Rider, Interim Director, Department of Community and Human Services (DCHS)
- Susan McLaughlin, Ph.D., Director, Behavioral Health and Recovery Division, DCHS
- Kate Baber, MsHA, MSW, Implementation Planning Director, Crisis Care Centers Initiative, DCHS
- Matt Goldman, M.D., M.S., Medical Director, Crisis Care Centers Initiative, DCHS

ATTACHMENTS:

- 1. Proposed Ordinance 2024-0011 (and its attachments)
- 2. Transmittal Letter
- 3. Fiscal Note
- 4. Financial Plan
- 5. Executive Staff Crisis Care Centers Levy Implementation Plan Briefing Slides February 2024
- 6. Executive Staff Responses to Member Questions, Dated April 2024
- 7. Striking Amendment S1 (and its attachment)
- 8. ILLUSTRATIVE PURPOSES ONLY: Striking Amendment Attachment A Track Changes Copy



KING COUNTY

ATTACHMENT 1 1200 King County Courthouse 516 Third Avenue Seattle, WA 98104

Signature Report

Ordinance

	Proposed No. 2024-0011.1Sponsors von Reichbauer, Zahilay and Mosqueda
1	AN ORDINANCE adopting the crisis care centers levy
2	implementation plan, required by Ordinance 19572, Section
3	7.A., to govern the expenditure of crisis care centers levy
4	proceeds from 2024 to 2032 to create a regional network of
5	five crisis care centers, restore and expand residential
6	treatment capacity, and increase the sustainability and
7	representativeness of the behavioral health workforce in
8	King County.
9	STATEMENT OF FACTS:
10	1. Federal and state investments in public behavioral health systems have
11	been inadequate for decades. As funding for behavioral health services
12	has remained inadequate, the needs of people in King County who are
13	living with mental health and substance use conditions, collectively
14	referred to as behavioral health conditions, have grown.
15	2. Among people enrolled in Medicaid in King County in 2022, 45,000
16	out of 88,000, which is 51 percent, of adults with an identified mental
17	health need did not receive treatment, and 21,000 of 32,000, which is 66
18	percent, of adults with an identified substance use need did not receive
19	treatment.

Ordinance

20	3. The gap in accessing behavioral health services is not evenly
21	experienced across King County's population. There are significant
22	inequities in service access and utilization among historically and
23	currently underserved communities. Black, Indigenous, and People of
24	Color populations are more frequently placed in involuntary treatment
25	while having the least access to routine behavioral health care.
26	4. The scale of suffering related to mental health conditions and substance
27	use remains persistently elevated. 1,229 people died by suicide in
28	Washington in 2021, equivalent to 15.3 out of every 100,000 people,
29	which is the 27th highest rate nationally. 292 people died by suicide in
30	King County in 2021. Suicide deaths increased nationally by 2.6 percent
31	from 2021 to 2022. Youth are especially impacted. According to the
32	2021 Healthy Youth Survey, 18.6 percent of King County's 8th graders
33	considered suicide in past year, and 8.8 percent made attempts. Among
34	Washington's 10th graders in 2021, 51.6 percent of gender-diverse youth
35	and 42.4 percent of youth identifying as LGBTQIA+ considered suicide,
36	and 22.7 percent and 17.9 percent attempted suicide, respectively.
37	5. Deaths related to drug overdose are increasing at unprecedented rates.
38	The annual number of overdose deaths in King County have nearly
39	doubled in just three years, from 508 deaths in 2020 to 1,001 in 2022, and
40	the number of fatal overdoses in 2023 has already exceeded that total.
41	There are significant disparities in overdose deaths by race and ethnicity.
42	The age-adjusted rate of fatal overdoses in King County is the highest in

43	the American Indian/Alaska Native community and is five times higher
44	than non-Hispanic White King County residents.
45	6. The Federal Substance Abuse and Mental Health Services
46	Administration ("SAMHSA") released its National Guidelines for
47	Behavioral Health Crisis Care in 2020. Those guidelines call for the
48	creation of crisis facilities, referred to by SAMHSA as "somewhere to go"
49	for people in crisis to seek help. SAMHSA's guidelines envision crisis
50	facilities as part of a robust behavioral health crisis system that also
51	includes the 988 Suicide and Crisis Lifeline, referred to as "someone to
52	call," and mobile crisis teams, described as "someone to respond."
53	7. As of December 2023, the Crisis Solutions Center, operated by
54	Downtown Emergency Service Center and requiring mobile team, first
55	responder or hospital referral for entry, is the only voluntary behavioral
56	health crisis facility for the entirety of King County, and a walk-in urgent
57	care behavioral health facility does not exist in King County. For youth in
58	King County, there is not a crisis facility option at all.
59	8. King County's behavioral health crisis service system relies heavily on
60	phone support and outreach services, with very few options of places for
61	persons to go for immediate, life-saving care when in crisis.
62	9. A coalition of community leaders and behavioral health providers
63	issued recommendations to Seattle and King County in an October 13,
64	2021, letter that included recommendations to "expand places for people

Ordinance

65	in crisis to receive immediate support" and "expand crisis response and
66	post-crisis follow up services."
67	10. Multiple behavioral health system needs assessments have identified
68	the addition of crisis facilities as top priorities to improve community-
69	based crisis services in King County. Such assessments include the 2016
70	recommendations of the Community Alternatives to Boarding Task Force
71	called for by Motion 14225, a Washington state Office of Financial
72	Management behavioral health capital funding prioritization and
73	feasibility study in 2018, and a Washington state Health Care Authority
74	crisis triage and stabilization capacity and gaps report in 2019.
75	11. King County is losing mental health residential treatment capacity that
76	is essential for persons who need more intensive supports to live safely in
77	the community due to rising operating costs and aging facilities that need
78	repair or replacement. As of October 2023, King County had a total of
79	240 mental health residential beds for the entire county, down 115 beds, or
80	nearly one third, from the capacity in 2018 of 355 beds.
81	12. As of October 2023, King County residents who need mental health
82	residential services must wait an average of 25 days before they are able to
83	be placed in a residential facility.
84	13. The 2023 King County nonprofit wage and benefits survey found that
85	employee compensation is a key factor contributing to nonprofit
86	employees leaving the sector, even though they are satisfied with their
87	jobs overall.

88	14. A 2023 King County survey of member organizations of the King
89	County Integrated Care Network found that found that there were
90	approximately 600 staff vacancies across the agencies that responded to
91	the survey, a 16-percent total vacancy rate at King County community
92	behavioral health agencies, and there is still a need to hire more behavioral
93	health workers to support the growing behavioral health care needs in the
94	community.
95	15. In September 2022, alongside a broad coalition of elected officials,
96	behavioral health workers and providers, emergency responders, and
97	businesses, the executive announced a plan to address King County's
98	behavioral health crisis and improve the availability and sustainability of
99	behavioral health care in King County through a nine-year property tax
100	levy known as the crisis care centers levy.
101	16. On February 9, 2023, King County adopted Ordinance 19572 to
102	provide for the submission of the crisis care centers levy to the voters of
103	King County.
104	17. King County voters considered the levy as Proposition No. 1 as part
105	of the April 25, 2023, special election, and fifty-seven percent of voters
106	approved it.
107	18. The passage of Proposition No. 1 authorized the crisis care centers
108	levy that will raise proceeds from 2024 to 2032 to create a regional
109	network of five crisis care centers, restore and expand residential

110	treatment capacity, and increase the sustainability and representativeness
111	of the behavioral health workforce in King County.
112	19. Ordinance 19572, Section 7.A., requires the executive to develop and
113	transmit for council review and adoption by ordinance an implementation
114	plan for the crisis care centers levy. The implementation plan, once
115	effective, will govern the expenditure of the levy's proceeds until the crisis
116	care centers levy expires in 2032. The required implementation plan is
117	Attachment A to this ordinance.
118	20. Ordinance 19572, Section 7.C., enumerates specific requirements for
119	the implementation plan. The crisis care centers levy implementation plan
120	2024-2032, dated December 31, 2023, Attachment A to this ordinance,
121	responds to the requirements set out by Ordinance 19572, Section 7.C.,
122	by: describing the purposes of the levy; describing the strategies and
123	allowable activities to achieve the levy's purposes; describing the financial
124	plan to direct the use of levy proceeds; describing how the executive will
125	seek and incorporate federal, state, philanthropic and other resources when
126	available; describing the executive's assumptions about the role of
127	Medicaid funding in the financial plan; describing the process by which
128	King County and partner cities will collaborate to support siting of new
129	capital facilities that use proceeds from the levy for such facilities'
130	construction or acquisition; describing a summary and key findings of the
131	community engagement process; describing the process to make
132	adjustments to the financial plan; describing the advisory body for the

133	levy; describing measurable results and a coordinated performance
134	monitoring and reporting framework; describing how the levy's required
135	online annual report will be provided to councilmembers, the regional
136	policy committee or its successor, and the public; and describing how
137	crisis response zones described in the levy will promote geographic
138	distribution of crisis care centers.
139	BE IT ORDAINED BY THE COUNCIL OF KING COUNTY:
140	SECTION 1. The crisis care centers levy implementation plan 2024-2032, dated

- 141 December 31, 2023, Attachment A to this ordinance, is hereby adopted to govern the
- 142 expenditure of crisis care centers levy proceeds as authorized under Ordinance 19572.

KING COUNTY COUNCIL KING COUNTY, WASHINGTON

ATTEST:

Rod Dembowski, Chair

Melani Pedroza, Clerk of the Council

APPROVED this _____ day of _____, ____.

Dow Constantine, County Executive

Attachments: A. Crisis Care Centers Levy Implementation Plan 2024-2032

Attachment A

Crisis Care Centers Levy Implementation Plan 2024-2032

December 2023



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RPC Meeting Materials

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May 17, 2024

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II. Executive Summary

The Crisis Care Centers (CCC) Levy is a once-in-a-generation opportunity to transform how people experiencing behavioral health crises can access specialized behavioral health care. This nine-year property tax levy will create a countywide network of five crisis care centers, restore residential treatment capacity, and strengthen King County's community behavioral health workforce. The CCC Levy is authorized by King County Ordinance 19572 (see <u>Appendix A</u>), which requires this Implementation Plan and defines the CCC Levy's paramount and supporting purposes.

Background

Department Overview

<u>King County's Department of Community and Human Services (DCHS)</u> is responsible for implementing the CCC Levy. DCHS's mission is to provide equitable opportunities for King County residents to be healthy, happy, and connected to community. DCHS administers King County's publicly funded behavioral health system, which is the primary source of care for people experiencing mental health and substance use crises.

Unmet Behavioral Health Needs in King County

Federal and state investments in public behavioral health systems have been inadequate for decades.¹ As funding for behavioral health services has remained inadequate, the needs of people living with mental health and substance use conditions, collectively referred to as behavioral health conditions, have grown. The gap between behavioral health needs and available services is widening. In 2022, among people enrolled in Medicaid in King County, 45,000 out of 88,000 of adults with an identified mental health need did not receive treatment (51 percent), and 21,000 out ²(69)

Importantly, this gap is not evenly experienced across King County's population. There are significant inequities in service access and utilization among historically and currently underserved communities (see <u>Who Experiences Behavioral Health Inequities</u>). Black, Indigenous, and People of Color (BIPOC) populations are more frequently placed in involuntary treatment while having the least access to routine behavioral health care.³

The scale of suffering related to mental health conditions and substance use remains persistently elevated. 1,229 people died by suicide in Washington in 2021, equivalent to 15.3 out of every 100,000 people, which is the 27th highest rate nationally.⁴ 292 people died by suicide in King County in 2021.⁵ Suicide deaths increased nationally by 2.6 percent from 2021 to 2022.⁶ Youth are especially impacted. According to the 2021 Healthy Youth Survey, 18.6 percent of King County's 8th graders considered suicide in past year, and 8.8 percent made attempts.⁷ Among Washington's 10th graders in 2021, 51.6

¹ Center for American Progress, The Behavioral Health Care Affordability Problem, May 26, 2022 [LINK]

² Washington State Department of Social and Health Services, Cross-System Outcome Measures for Adults Enrolled in Medicaid [LINK]

in Medicald (<u>LINK</u>)

³ Shea T, Dotson S, Tyree G, Ogbu-Nwobodo L, Beck S, Shtasel D. Racial and Ethnic Inequities in Inpatient Psychiatric Civil Commitment. Psychiatr Serv. 2022 Dec 1;73(12):1322-1329. [LINK]

⁴ Centers for Disease Control - Suicide Rates by State [LINK]

⁵ Washington State Vital Statistics (Deaths) – See "More From This Data Source" and select "Suicide" from dropdown list [LINK]

⁶ Centers for Disease Control - Provisional Suicide Deaths in the United States, 2022 [LINK]

⁷ Washington State Healthy Youth Survey fact sheets [LINK]

percent of gender-diverse youth and 42.4 percent of youth identifying as LGBTQIA+ considered suicide, and 22.7 percent and 17.9 percent attempted suicide, respectively.^{8,9}

Deaths related to drug overdose are increasing at unprecedented rates. The annual number of overdose deaths in King County has nearly doubled in just three years, from 508 deaths in 2020 to 1,001 in 2022, and the number of fatal overdoses in 2023 has already exceeded this total.¹⁰ Additionally, there are significant disparities in overdose deaths by race and ethnicity. The age-adjusted rate of fatal overdoses in King County is highest among the American Indian/Alaska Native community, which is five times higher than that of non-Hispanic White King County residents.¹¹

Need for Crisis Care Centers

With so many people unable to access treatment when they need it, crisis care centers and similar facilities can help. The Federal Substance Abuse and Mental Health Services Administration (SAMHSA) released its National Guidelines for Behavioral Health Crisis Care in 2020.¹² These guidelines call for the creation of crisis facilities, referred to by SAMHSA as "somewhere to go," for people in crisis to seek help. SAMHSA's guidelines envision crisis facilities as part of a robust behavioral health crisis system that also includes the 988 Suicide and Crisis Lifeline, referred to as "someone to call," and mobile crisis teams, described as "someone to respond."¹³

King County's behavioral health crisis service system relies heavily on phone support and mobile response, with very few options for people to go for immediate, life-saving care when in crisis. At the time of this Plan's drafting, King County has just one behavioral health crisis facility, called the Crisis Solutions Center (CSC) in Seattle, which is only able to accept referrals through first responders and hospitals.¹⁴ For youth in King County, there is no crisis facility option at all.

With no specialty behavioral health setting in King County to walk in and receive care if a person is experiencing a mental health or substance use crisis, the front door to crisis services at the time of this Plan's drafting is typically hospital emergency departments, where people seeking help for a behavioral health crisis may often spend hours or even days waiting for care.¹⁵ People experiencing a crisis,

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⁸ Washington Department of Health - Adolescent Mental Health: Significant Challenges and Strategies for Improvement in Washington State [LINK]

⁹ "LGBTQIA+" is an abbreviation for lesbian, gay, bisexual, transgender, queer/questioning, intersex, asexual, and other sexual orientations or gender identities.

¹⁰ Washington State Department of Health – Opioid Data [LINK]

¹¹ Public Health Seattle and King County Overdose Death Report (2022) [LINK]

¹² Substance Abuse and Mental Health Services Administration. (2020). National Guidelines for Behavioral Health Crisis Care - Best Practice Toolkit. [LINK]

¹³ Substance Abuse and Mental Health Services Administration. (2020). National Guidelines for Behavioral Health Crisis Care - Best Practice Toolkit. [LINK]

¹⁴ Downtown Emergency Services Center (DESC) - Crisis Solutions Center fact sheet [LINK]; the CSC was established in 2011 through a significant ongoing investment from the MIDD behavioral health sales tax fund. Medicaid funds also cover a small portion of the facility's service delivery costs. The Psychiatric Emergency Services program at Harborview Medical Center is part of a hospital-based emergency department and is therefore not considered a stand-alone dedicated behavioral health crisis service setting.

¹⁵ Esmy Jimenez, "King County mental health facilities still reject a quarter of patients, report shows." The Seattle Times, September 5, 2023. [LINK]

especially those in public spaces, are frequently engaged by law enforcement and may end up in jail if they have committed a crime while in distress. ¹⁶

The creation of specialized crisis facilities is frequently identified as a key strategy in the crisis service continuum. These facilities facilitate diverting people from emergency department and carceral settings and serving people in higher quality specialized settings that can provide care using trauma-informed, recovery oriented, and cultural humility best practices.¹⁷ In light of the behavioral health funding crisis, the scale of unmet need, and the opportunity presented by this national and statewide momentum around expanding crisis services, a coalition of community leaders and behavioral health providers issued recommendations to Seattle and King County in an October 13, 2021 letter. The letter included recommendations to "expand places for people in crisis to receive immediate support" and to "expand crisis response and post-crisis follow up services."¹⁸ The CCC Levy carries these efforts forward, as outlined in this document.

Reduction in Residential Treatment Capacity

Residential treatment is a community based behavioral health treatment option for people who need a higher level of care than outpatient behavioral health services can provide.¹⁹ Multiple mental health residential treatment facilities, which are a subset of residential treatment facilities, have closed in recent years due to rising operating and maintenance costs, aging infrastructure, and insufficient resources to repair facilities. The lack of resources for capital maintenance and facility improvements has contributed to facility closures.²⁰ As of October 2023, King County had a total of 240 mental health residential treatment beds for the entire county, a decrease of 115 beds, down nearly one third from the capacity of 355 beds in 2018.²¹ The closing of residential treatment facilities highlights a gap in King County's behavioral health continuum of care.²²

Behavioral Health Workforce Needs

It takes people to care for people, and King County is experiencing a behavioral health workforce shortage that is impacting people's ability to access behavioral health care when they need it. An October 2023 survey of community behavioral health agencies contracted with the King County Integrated Care Network (KCICN) found that there are approximately 600 staff vacancies across the

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¹⁶ Garcia-Grossman I, Kaplan L, Valle K, Guzman D, Williams B, Kushel M. Factors Associated with Incarceration in Older Adults Experiencing Homelessness: Results from the HOPE HOME Study. J Gen Intern Med. 2022 Apr;37(5):1088-1096. [LINK]

¹⁷ ME Balfour and ML Goldman, "Crisis and Emergency Services" in "Textbook of Community Psychiatry: American Association for Community Psychiatry, 2nd edition." Wesley E. Sowers (Editor), Hunter L. McQuistion (Editor), Jules M. Ranz (Editor). Springer 2022, pp. 369-384.

¹⁸ 2022 Priority Budget Recommendations to Seattle and King County to Strengthen Continuum of Behavioral Health Crisis Services. October 13, 2021.

¹⁹ King County Ordinance 19572 defines residential treatment as "a licensed, community-based facility that provides twenty-four-hour on-site care for persons with mental health conditions, substance use disorders, or both, in a residential setting" [LINK].

²⁰ Furfaro, Hannah. "Where did King County's mental health beds go?" The Seattle Times, February 25, 2023. [LINK]

²¹ An additional four mental health residential beds have been lost since the passage of King County Ordinance 19572. BHRD monitors the number of available beds through a bed tracker list.

²² Sydney Brownstone, "A Belltown residential treatment facility shutters, leaving a hole in King County's mental health system," The Seattle Times, October 11, 2020. [LINK]

agencies that responded.²³ This represents a 16 percent total vacancy rate at King County community behavioral health agencies, and there is still a need to hire more behavioral health workers to support the growing behavioral health care needs in the community.²⁴

In addition to staff vacancies, workforce retention is also a challenge for behavioral health providers. In a February 2023 poll of members from three labor unions representing health care workers in Washington State, including behavioral health workers, it was revealed that 80 percent of health care workers reported feeling burned out by their jobs. Additionally, 49 percent of the surveyed workers reported they are likely to leave the health care field in the next few years.²⁵

Increasing the representativeness of behavioral health workers is also a critical component of strengthening King County's community behavioral health workforce.²⁶ There is evidence that improving diversity among behavioral health workers to better reflect the communities they serve may help reduce behavioral health disparities.²⁷ Developing a representative community behavioral health workforce will require intentional training, recruitment, and retention strategies, which are a focus of this Plan.

Crisis Care Centers Levy Implementation Plan Methodology

The CCC Levy Implementation Plan is the product of an intensive process that began in June 2023 and concluded in December 2023. DCHS' planning activities included engaging community partners, solicitating of formal requests for information (RFIs), engaging with various Washington State departments, consulting with national subject matter experts, coordinating with other County partners, and convening internal workgroups within DCHS.

Community Engagement Summary

DCHS staff engaged community partners to inform this Plan, including participation from behavioral health agencies, people with lived experiences of behavioral health crises, and frontline behavioral health workers. See <u>Appendix F: Community Engagement Activities</u> for a complete list of community engagement activities. Engagement activities are summarized in <u>Section III.E. Community Engagement</u> <u>Summary</u> and described below in Figure 1 and Figure 2. In addition to informing the strategies in this Plan, DCHS plans to take the community feedback received during the implementation planning process into account during future procurement and operational phases of the CCC Levy.

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²³ KCICN Workforce Survey Data 2023

²⁴ KCICN Workforce Survey Data 2023

²⁵ 2023 poll of health care workers represented by SEIU Healthcare 1199NW, UFCW 3000, and WSNA conducted by GBAO [LINK].

²⁶ A focus of the Plan is to increase accessibility of behavioral health services, including crisis services funded by the CCC Levy, for all King County residents, including populations who experience behavioral health inequities. A consistent theme of community engagement was the importance for people seeking care of culturally and linguistically congruent services, staff with lived experience of behavioral health crises, and demographic representativeness. Establishing a workforce that is representative of King County's population, with particular care to representativeness for populations experiencing behavioral health inequities (see <u>Section III.C. Background:</u> <u>Who Experiences Behavioral Health Inequities</u>), will ensure that more King County residents can choose to receive care from a provider with whom they are comfortable and is one of this Plan's strategies to ensure that all King County residents have meaningful access to CCC Levy-funded facilities and services.

²⁷ Chao, P.J., Steffen, J.J., and Heiby, E.M. (2012). The effects of working alliance and client-clinician ethnic match on recovery status. *Community Mental Health Journal* (48), 91-97 [LINK]

Figure 1. Summary of Community Engagement Activities Conducted by DCHS Between June and November 2023



64 Key Informant Interviews

11 with providers with expertise in culturally and linguistically appropriate services
12 with youth behavioral health providers



40 Community Meeting Presentations

• 11 that included participants with lived experience of mental health/substance use conditions



20 Site and Field Visits

• 10 behavioral health crisis facilities

•7 mental health residential facilities



16 Community Engagement Meetings

Average of approximately 49 attendees per meeting

• Focus on crisis system, youth, and substance use service partners



9 Focus Groups

· Youth, peer specialists, veterans and active military, aging and older adults

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Summary of Community Engagement Themes		
Theme	Description	
Theme A: Implement Clinical Best Practices in Crisis Services	Input on how best to design a crisis care center clinical model most likely to improve the health and wellbeing of people experiencing a behavioral health crisis in King County, including a welcoming and safe environment, person-centered and recovery-oriented care, culturally and linguistically appropriate services, integrated care for people who use substances, promoting least restrictive care, special considerations for serving youth and young adults, and additional clinical considerations.	
Theme B: Increase Access to Care for Populations Experiencing Behavioral Health Inequities Theme C: Challenges of	Communities voiced the importance of having crisis care centers in desirable locations that are geographically accessible and accessible to transportation, as well as the importance of reaching out to diverse communities. Community partners, including people with lived experience within the	
Community Resource Limitations	behavioral health system and behavioral health providers, frequently raised important questions about access to ongoing community-based care after a person receives care at a crisis care center, as well as emphasizing care coordination and peer engagement.	
Theme D: Interim Solutions While Awaiting Crisis Care Centers	Community members advocated for interim solutions to be implemented while awaiting crisis care centers to come online, such as increasing community-based responses and approaches to addressing the overdose crisis.	
Theme E: Residential Treatment Facility Preservation and Expansion	Residential treatment providers described the value of residential treatment but identified significant challenges such as a lack of capital resources, and excessive wait times.	
Theme F: Behavioral Health Workforce Development	Feedback from community partners identified significant obstacles to developing the behavioral health workforce, including low wages, barriers to retention, the need for more professional development opportunities, staff burnout, limited collaboration with schools, and lack of workforce representation.	
Theme G: Accountability Mechanisms and Ongoing Community Engagement	Community partners expressed a strong preference to continue to be involved in future phases of the CCC Levy, particularly around holding the County accountable, including through defining measures of success and by continuing to engage during future planning phases.	

Figure 2. Summary of Community Engagement Themes

Behavioral Health Equity Framework

The success of the CCC Levy hinges not only on increasing access to behavioral health crisis services but also on reducing inequities in who can access that care. Inequities in who can access behavioral health care at the time of this Plan's drafting are described in <u>III.C. Who Experiences Behavioral Health</u> <u>Inequities</u>. During this Plan's community engagement process, DCHS received extensive feedback from community partners about the importance of centering health equity in this Plan, as summarized in Figure 3. King County Ordinance 19572 reinforces this approach by stating that a key function of behavioral health facilities, including crisis care centers, is to promote equitable and inclusive access to mental health and substance use disorder services for racial, ethnic, experiential, and geographic communities that experience disparities in mental health and substance use disorder conditions and

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outcomes.²⁸ In response to this feedback and guidance, the behavioral health equity framework depicted in Figure 3 will guide DCHS' implementation of the CCC Levy.

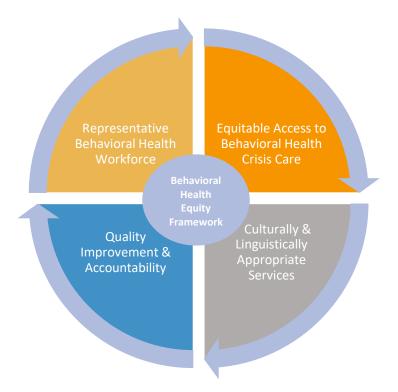


Figure 3. CCC Levy Implementation Plan Behavioral Health Equity Framework

Crisis Care Centers Levy Purposes

King County Ordinance 19572 defines the CCC Levy's Paramount Purpose and two Supporting Purposes, which are described in Figure 4.²⁹

Summary of Crisis Care Centers Levy Purposes						
Paramount Purpose	Crisis Care Centers: Establish and operate a regional network of five crisis					
	care centers in King County, with at least one in each of the four crisis					
	response zones and one serving youth.					
Supporting Purpose 1	Residential Treatment: Restore the number of mental health residential					
	treatment beds to at least 355 and expand the availability and sustainability					
	of residential treatment in King County.					
Supporting Purpose 2	Community Behavioral Health Workforce: Increase the sustainability and					
	representativeness of the behavioral health workforce in King County by					
	expanding community behavioral health career pathways, sustaining and					
	expanding labor-management workforce development partnerships, and					
	supporting crisis workforce development.					

²⁸ King County Ordinance 19572. [LINK]

²⁹ King County Ordinance 19572 [LINK].

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Crisis Care Centers Levy Strategies

King County Ordinance 19572 requires this Plan to define strategies for how CCC Levy funds will be invested between 2024 and 2032 to achieve the Levy's purposes.³⁰ This Plan's strategies reflect Ordinance 19572 requirements and input from community partners, subject matter experts, and DCHS staff. Figure 5 summarizes the CCC Levy strategies.

Summary of the CCC Levy Strategies								
Strategy	Summary Description							
Strategy 1	Capital funding to create and maintain five crisis care centers							
Create and Operate Five	Operating funding to support crisis care center personnel costs,							
Crisis Care Centers	operations, services, and quality improvement							
	Post-crisis follow-up for people after leaving a crisis care center							
Strategy 2	• Capital resources to restore mental health residential treatment capacity							
Restore, Expand, and	to at least 355 beds in King County							
Sustain Residential	Capital resources to expand and sustain residential treatment capacity							
Treatment Capacity								
Strategy 3	Resources to expand community behavioral health career pathways,							
Strengthen the	including investments to strengthen and sustain King County's community							
Community Behavioral	behavioral health workforce and increase workforce representativeness							
Health Workforce	Resources to expand and sustain labor-management workforce							
	development partnerships, including support for apprenticeships							
	Resources to support the development of the region's behavioral health							
	crisis workforce, including crisis care center workers							
Strategy 4	Resources to expand community-based crisis service capacity starting in							
Early Crisis Response	2024, before crisis care centers are open							
Investments	Resources starting in 2024 to respond faster to the overdose crisis							
Strategy 5	Resources to support the implementation of CCC Levy strategies							
Capacity Building and	Support for capital facility siting							
Technical Assistance	Build capacity for culturally and linguistically appropriate services							
Strategy 6	Resources to support CCC Levy data collection, evaluation, and							
Evaluation and	performance management							
Performance	Analyses of the CCC Levy's impact on behavioral health equity							
Measurement								
Strategy 7	Investments in CCC Levy administration, community engagement,							
CCC Levy Administration	information technology systems infrastructure, and designated crisis							
	responder (DCR) accessibility ³¹							
Strategy 8	• Provide for and maintain CCC Levy reserves ^{32,33}							
CCC Levy Reserves								

Figure 5. Summary of the CCC Levy Strategies

³⁰ King County Ordinance 19572 [LINK].

³¹ King County Crisis and Commitment Services offers evaluation of people with behavioral health disorders for involuntary detention in psychiatric and secure withdrawal facilities according to Washington law. The law for adults is RCW 71.05. [LINK] For youth 13 through 17 years of age the law is RCW 71.34. [LINK] Crisis and Commitment staff who perform these duties are referred to as Designated Crisis Responders (DCRs). [LINK] ³² Ordinance 19704 created the crisis care center fund to account for CCC Levy proceeds. [LINK]

³³ This strategy creates a fund reserve equal to 60 days of budgeted expenditures, less capital expenses, consistent with King County Comprehensive Financial Management Policies (2016). [LINK]

Crisis Care Centers Overview and Procurement and Siting Process

Crisis Care Center Overview

The CCC Levy's Paramount Purpose is to create and operate a regional network of five crisis care centers across King County. The CCC Levy's network of crisis care centers will create a new front door for people in crisis who need behavioral health services. The crisis care center clinical program has three clinical components (24/7 Behavioral Health Urgent Care, 23-Hour Observation Unit, and Crisis Stabilization Unit), in which services (assessment, triage, interventions, referrals) are provided at a sited facility by an operator that has been competitively selected by DCHS (see <u>Section V.A. Strategy 1: Create and Operate Five Crisis Care Centers</u>). The proposed crisis care center clinical model is depicted in Figure 6.

CRISIS CARE CENTER MODEL Inpatient Settings Individuals who need a First Responder Walk-In higher level of care. (all ages) Drop-Off 24/7 Behavioral 23-Hour **Crisis Stabilization Health Urgent Care Observation Unit** Unit Youth **Crisis Care Center** The Youth CCC is for young **Post-Crisis** people under 18-vears-old Follow Up CCC components and will take direct walk-ins and drop-offs as well as Post-crisis follow-up care Post-crisis care most will follow transfers from the other includes providers with expertise Higher level of care needed CCCs when needed. in culturally and linguistically appropriate services. Scheme A Strength Strength

Figure 6. Crisis Care Center Clinical Model

Crisis Care Center Procurement and Siting Process

The crisis care center procurement and capital facility siting process is summarized in Figure 7 and is further described in <u>Section V.A. Strategy 1: Create and Operate 5 Crisis Care Centers: Crisis Care Center</u> <u>Procurement and Siting Process</u>. DCHS will contract with crisis care center operators selected through a competitive procurement process to develop, maintain, and operate crisis care center facilities with a preference for proposals that have received a statement of local jurisdiction support. This process applies to all crisis care centers.

Figure 7. Summary of Crisis Care Center Procurement and Siting Process

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Summary of Crisis Care Center Procurement and Siting Process						
Siting Phase	Description					
Phase 1: Pre-Procurement	The period before DCHS procures crisis care center operators. Jurisdictions and potential crisis care center operators may form siting partnerships prior to the procurement process. DCHS provides technical support to potential host jurisdictions and facility operators to advance interjurisdictional alignment and partnerships between potential facility operators and jurisdictions.					
Phase 2: Procurement	DCHS selects crisis care center operators through a competitive procurement process. DCHS will prefer operators that can demonstrate support from jurisdictions located within the crisis response zone where the crisis care center is proposed, with a focus on the host jurisdiction.					
Phase 3: Siting	The period from DCHS initiating contracts with a crisis care center operator to develop a facility and when a crisis care center facility opens. DCHS will support selected operators and host jurisdictions with community engagement and communications as described in <u>Section V.E. Strategy 5:</u> <u>Capacity Building and Technical Assistance: Local Jurisdiction Capital</u> <u>Facility Siting Support Activities</u> .					
DCHS may be in different phases for each Crisis Response Zone and/or the youth-focused crisis care center						
at the same time, depending on how rapidly development of each crisis care center progresses.						

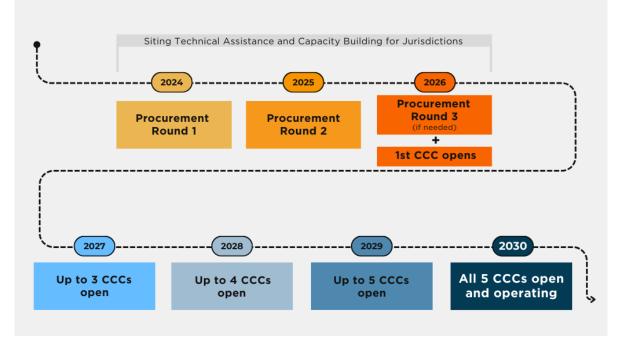
DCHS will support the crisis care center facility siting process through CCC Levy funding as described in <u>Section V.E. Strategy 5: Capacity Building and Technical Assistance</u>. DCHS will also support the siting process by providing technical advice to jurisdictions and facility operators, supporting interjurisdictional partnerships and partnerships between facility operators and jurisdictions, facilitating community engagement, and creating and deploying communication content.

Crisis Care Centers Implementation Timeline

DCHS intends to prioritize opening five crisis care centers as quickly as possible to meet the urgent needs of people experiencing behavioral health crises. DCHS plans to select crisis care center operators through an annual competitive procurement process starting in 2024, as depicted in Figure 8. The first procurement round in 2024 will prefer crisis care center proposals that can be developed and begin serving people rapidly. The 2024 round may include a single review deadline, multiple review deadlines, or a rolling review of applications, with the ability to make awards at different times within the round. The 2024 round will award contracts for a maximum of three centers. The purpose of this cap is twofold. First, it provides additional planning time for organizations that are interested in submitting a procurement proposal in 2025. The second purpose is to manage the timeline of expenditures against when CCC Levy proceeds are available. The 2025 procurement round will not have a cap on the number of awards, and a 2026 procurement round will only be held if operators for all five crisis care centers have not yet been selected.

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Crisis Care Centers Estimated Implementation Timeline



Siting a crisis care center will be a complex process involving review and approval by at least three separate units of government. Once the King County-administered procurement is complete, an operator completes at least two additional steps:

- Local Jurisdiction Zoning and Permitting: First, an operator must satisfy the land use, zoning, and permitting requirements of the host jurisdiction or jurisdictions. Each local jurisdiction defines its own land use, zoning, and permitting requirements and processes in accordance with state law. Historically, land use, zoning, and permitting decisions have often taken years, especially in conjunction with new construction or substantial capital rehabilitation for which some permits require a building or system to be built and then inspected, while other types of permits must be acquired before or during construction.
- State-Level Facility and/or Operator Licensing: Second, an operator must satisfy state-level
 Department of Health licensing requirements before a facility or its operator can begin providing
 certain types of behavioral health care that are required in the crisis care center clinical
 program. Other state-level licenses may also be necessary. It is common for Department of
 Health licensing requirements to take months, and they could take a year or more in some
 circumstances.

This plan recognizes the necessity of:

- County-level procurement and contracting;
- City or other local jurisdiction-level land use, zoning, and permitting; and

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• State department-level licensing and attendant requirements for public notice and potential review.

While recognizing the importance of these processes in creating effective facilities and operations, this Plan also acknowledges that, in combination, they have the potential to last for multiple years and constitute a substantial risk to the crisis care center capital development timelines that this Plan describes.

Restore, Expand, and Sustain Residential Treatment Capacity

The CCC Levy's Strategy 2 resources will restore, expand, and sustain residential treatment capacity.³⁴ Sustaining residential treatment capacity means investing in existing residential treatment capital facilities to help prevent further facility closures. King County has lost one-third of its mental health residential treatment capacity since 2018.³⁵ This loss of capacity has increased residential treatment wait times, made it more challenging for people to be discharged from higher-intensity levels of care, and impacted the capacity of other behavioral health care settings, because people cannot access the level of care that they need. Strategy 2 funds and activities will be prioritized to support existing residential treatment operators to prevent further facility closures and restore King County's mental health residential capacity to at least the 2018 level of 355 beds.³⁶

Strengthen the Community Behavioral Health Workforce

It takes people to treat people. Strategy 3 directly supports the CCC Levy's Supporting Purpose 2 by investing in activities to strengthen King County's community behavioral health workforce.³⁷ This strategy also directly supports the CCC Levy's Paramount Purpose to establish and operate five crisis care centers by investing in the development of King County's behavioral health crisis workforce, including crisis care center workers.³⁸

Strategy 3's workforce activities focus on helping more people get hired and make a career in community behavioral health. Allowable activities within Strategy 3 fall into three broad categories:

• Career pathways for the broader community behavioral health workforce (called **community behavioral health career pathways**): Resources like providing training and paying licensing fees that help workers join and progress within the community behavioral health workforce. DCHS will use at least 25 percent of the resources dedicated for community behavioral health career

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³⁴ King County Ordinance 19572 [LINK]

³⁵ King County Ordinance 19572 [LINK]

³⁶ Mental health residential treatment facilities are a subset of residential treatment facilities, which are defined in King County Ordinance 19572 as "licensed, community-based facility that provides twenty-four-hour on-site care for persons with mental health conditions, substance use disorders, or both, in a residential setting" [LINK] This Plan prioritizes restoring mental health residential treatment capacity and preventing further residential treatment facility closures and may also expand other types of residential treatment facilities as allowed by Ordinance 19572 [LINK].

³⁷ In the context of this Plan, "community behavioral health" means agencies that meet the requirements defined in the Revised Code of Washington Chapter 71.24 Community Behavioral Health Services Act [LINK], are licensed by the Washington State Department of Health as a community behavioral health agency as defined in Chapter 246-341 Washington Administrative Code [LINK] and are contracted with the King County Behavioral Health Administrative Services Organization or King County Integrated Care Network. Community behavioral health agencies must serve people who are enrolled in Medicaid health insurance to be eligible for CCC Levy funding through Strategy 3.

³⁸ King County Ordinance 19572 [LINK]

pathway activities for investments that are directly related to increasing the representativeness of King County's community behavioral health workforce.³⁹

- Labor-management partnerships on shared workforce development efforts for the broader community behavioral health workforce (called **labor-management workforce development partnerships**): Programs such as apprenticeships and training funds.
- Workforce development efforts that are specific to the crisis response behavioral health workforce (called **crisis workforce development**): Specialized training for crisis workers and crisis settings.

Financial Plan

The CCC Levy's annual expenditure plan between 2024 and 2032 is described in Figure 9. The expenditure plan includes annual investment amounts for each of the CCC Levy's strategies, which are described in <u>Section V. Crisis Care Centers Levy Strategies and Allowable Activities</u>. In addition to costs, the expenditure plan also includes health insurance funding assumptions, which account for the share of crisis care center expenses that are projected to be paid for by health insurance, including Medicaid. CCC Levy reserves are also depicted in the expenditure plan.

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³⁹ A focus of the Plan is to increase accessibility of behavioral health services, including crisis services funded by the CCC Levy, for all King County residents, including populations who experience behavioral health inequities. A consistent theme of community engagement was the importance for people seeking care of culturally and linguistically congruent services, staff with lived experience of behavioral health crises, and demographic representativeness. Establishing a workforce that is representative of King County's population, with particular care to representativeness for populations experiencing behavioral health inequities (see <u>Section III.C. Key</u> <u>Historical and Current Conditions: Who Experiences Behavioral Health Inequities</u>), will ensure that more King County residents can choose to receive care from a provider with whom they are comfortable and is one of this Plan's strategies to ensure that all King County residents have meaningful access to CCC Levy-funded facilities and services.

Figure 9. Crisis Care Centers Levy Projected Revenue and Approximate Annual Allocations by Strategy, 2024-2032 ⁴⁰

Crisis Care Centers Levy Projected Revenue (2024 - 2032)										
	2024	2025	2026	2027	2028	2029	2030	2031	2032	Total
Projected CCC Levy Revenue	\$117,304,000	\$119,829,000	\$122,449,000	\$125,130,000	\$127,866,000	\$130,654,000	\$133,489,000	\$136,384,000	\$139,346,000	\$1,152,451,000
Projected Annual Interest	\$587,000	\$599,000	\$612,000	\$626,000	\$639,000	\$653,000	\$667,000	\$682,000	\$697,000	\$5,762,000
Total Revenue ⁴¹	\$117,891,000	\$120,428,000	\$123,062,000	\$125,755,000	128,505,000	\$131,307,000	\$134,156,000	\$137,066,000	\$140,042,000	\$1,158,213,000

Crisis Care Centers Levy Approximate Allocation by Strategy (2024 - 2032)										
	2024	2025	2026	2027	2028	2029	2030	2031	2032	Total
Strategy 1: Create and Operate Five Crisis Care Centers	\$16,150,000	\$59,888,000	\$54,816,000	\$72,640,000	\$97,865,000	\$73,069,000	\$82,146,000	\$84,094,000	\$86,147,000	\$626,815,000
Projected Additional Medicaid Funding	\$-	\$-	\$3,801,000	\$15,426,000	\$27,388,000	\$35,723,000	\$40,268,000	\$40,852,000	\$41,444,000	\$204,904,000
Strategy 2: Restore, Expand, and Sustain Residential Treatment Capacity	\$42,000,000	\$33,340,000	\$40,148,000	\$48,575,000	\$1,464,000	\$1,611,000	\$1,772,000	\$1,949,000	\$2,144,000	\$173,001,000
Strategy 3: Strengthen the Community Behavioral Health Workforce	\$7,500,000	\$11,849,000	\$13,030,000	\$16,352,000	\$19,894,000	\$22,418,000	\$23,877,000	\$24,199,000	\$24,574,000	\$163,693,000
Strategy 4: Early Crisis Response Investments	\$8,200,000	\$6,290,000	\$7,410,000	\$7,518,000	\$7,627,000	\$7,737,000	\$7,522,000	\$7,632,000	\$7,742,000	\$67,678,000
Strategy 5: Capacity Building and Technical Assistance	\$1,750,000	\$2,029,000	\$2,058,000	\$1,357,000	\$1,748,000	\$2,203,000	\$2,071,000	\$1,659,000	\$1,683,000	\$16,559,000
Strategy 6: Evaluation and Performance Measurement Activities	\$771,000	\$1,099,000	\$1,127,000	\$1,156,000	\$1,239,000	\$1,270,000	\$1,302,000	\$1,335,000	\$1,369,000	\$10,667,000
Strategy 7: CCC Levy Administration	\$5,065,000	\$7,581,000	\$9,025,000	\$9,373,000	\$9,626,000	\$9,756,000	\$9,825,000	\$9,763,000	\$9,979,000	\$79,993,000
Election Costs	\$3,500,000									\$3,500,000
Planning Costs	\$1,000,000									\$1,000,000
Total CCC Levy Costs	\$85,936,000	\$122,077,000	\$127,613,000	\$156,971,000	\$139,462,000	\$118,064,000	\$128,515,000	\$130,631,000	\$133,638,000	\$1,142,908,000
Strategy 8: CCC Levy Reserves	\$4,354,000	\$2,050,000	\$1,833,000	\$3,506,000	\$5,330,000	\$6,573,000	\$7,281,000	\$7,445,000	\$15,285,000	

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⁴⁰ The dollar amounts in this table are approximate and are rounded to the nearest thousand dollars.

⁴¹ The revenue forecast incorporated into this Plan is from the King County Office of Economic and Financial Analysis' August 2023 revenue forecast [LINK]. The revenue forecast assumes a 99 percent revenue collection rate and an assumption that the CCC Levy's proceeds will generate annual interest revenue at a rate of 0.5 percent.

Evaluation and Performance Measurement

The CCC Levy evaluation and performance measurement framework will focus on reporting measures relevant to monitoring performance of the CCC Levy, advancing continuous quality improvement, and generating clear and actionable evaluation products for the public. It is critical that the crisis services system can grow and evolve by building on what works well and improving what does not. This process should be continuously informed by performance metrics, outcome data, client experiences, and other relevant information.

The scale and complexity of the CCC Levy requires an evaluation approach that encompasses a range of measurement techniques. The evaluation framework will therefore include three overall approaches:

- 1. **Population Indicators:** DCHS will use population level measures to identify needs, characterize baseline conditions, and track trends. While the goal is for the CCC Levy to contribute to population level outcomes in the long term, there are multiple other sectors and community factors that are also responsible for countywide conditions and, as a result, influence these measures. It is therefore difficult to attribute changes in population indicators, whether positive or negative, to the CCC Levy itself.
- 2. **Performance Measurement:** Performance measures are regularly generated and collected descriptors of program processes and outcomes that can be used to assess how well a strategy is working.
- 3. **In-Depth Evaluation:** Additional evaluation activities will complement performance measurement to deepen learnings and understand selected CCC Levy investments' effectiveness. Approaches may include piloting new programs, developing new evaluation tools, and identifying areas that may benefit from new or deeper community supports. DCHS may contract with one or more third party, independent organization(s), or engage in public private partnerships to conduct in-depth evaluations.

See <u>Section VII. Evaluation and Performance Measurement</u> for more information about the CCC Levy's evaluation and performance measurement plan.

Crisis Care Centers Annual Reporting

Beginning in 2025, the Executive will make available an online annual report of the CCC Levy that is publicly available to the community and all interested parties, including the King County Council and Regional Policy Committee or its successor. The CCC Levy online annual report will detail each year's annual results. The first year's report, to be provided by August 15, 2025, will report information from calendar year 2024. Subsequent annual reports will continue to be provided by August 15 of the following year until August 15, 2033.

Consistent with Ordinance 19572 requirements, the CCC Levy online annual report will include: ⁴²

1. Total expenditure of CCC Levy proceeds by crisis response zone, purpose, and strategy reported by King County ZIP code;⁴³ and

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⁴² King County Ordinance 19572 [LINK].

⁴³ Reporting of expenditures and service participant data by zip code will reflect the methodology and limitations described in Subsection XI.B of this Plan.

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2. The number of individuals receiving CCC Levy funded services by crisis response zone, purpose, strategy, and levy purpose reported by the King County ZIP code where the individuals resided at the time of services.⁴⁴

Additionally, the CCC Levy online annual report will include:

- 3. An overview of CCC Levy accomplishments during the previous calendar year, and changes DCHS intends to make or direct to improve performance in the following year when applicable;
- 4. The CCC Levy's fiscal and performance measurement during the applicable calendar year, and
- 5. A map or summary describing the CCC Levy's geographic distribution. ⁴⁵

As part of this online annual reporting, the Executive will transmit directly to the Council a summary of the online annual reporting in the form of a concise letter that:

- Confirms availability of the online annual report and includes a web link or links;
- Identifies how the online annual report meets the requirements of Ordinance 19572, ⁴⁶ and
- Summarizes key data and conclusions in the five areas above, including an overview of accomplishments; fiscal and performance management; expenditure of levy proceeds by crisis response zone, strategy, and levy purpose by King County ZIP code; the number of individuals receiving levy-supported services by crisis response zone, strategy, and levy purpose by King County ZIP code, and a map or summary describing CCC Levy's geographic distribution.⁴⁷ This information will be described in greater detail within the online annual reporting.

The Executive will accompany the summary of the online annual report with a motion acknowledging receipt of the letter and completion of the online annual report requirement. The Executive will be prepared to present a briefing at the invitation of the King County Council or its committees, including the Regional Policy Committee, on the contents of the online annual report, to inform the Council's consideration of this motion.

Crisis Care Centers Levy Advisory Body

King County Ordinance 19572 allows for the CCC Levy's advisory body to be a preexisting King County board that has relevant expertise.⁴⁸ This Plan identifies <u>King County Behavioral Health Advisory Board</u> (<u>BHAB</u>) to serve as the advisory body because it has the relevant expertise to advise the Executive and the Council on matters relating to behavioral health care and crisis services in King County.⁴⁹ The advisory body ordinance that accompanies this Plan will expand BHAB's membership requirements and duties to include advising the Executive and the Council regarding the CCC Levy once it is enacted.

⁴⁴ Reporting of expenditures and service participant data by zip code will reflect the methodology and limitations described in Subsection XI.B of this Plan.

⁴⁵ Reporting of expenditures and service participant data by zip code will reflect the methodology and limitations described in Subsection XI.B of this Plan.

⁴⁶ King County Ordinance 19572 [LINK].

⁴⁷ Reporting of expenditures and service participant data by zip code will reflect the methodology and limitations described in Subsection XI.B of this Plan.

⁴⁸ King County Ordinance 19572 [LINK]

⁴⁹ King County Behavioral Health Advisory Board [LINK]

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Conclusion

King County voters approved the Crisis Care Centers Levy on April 25, 2023. The nine-year levy begins on January 1, 2024, starting an ambitious timeline to transform the region's behavioral health crisis response system, restore the region's flagging mental health residential facilities, and reinforce the workforce — the people — upon whom tens of thousands of King County residents depend for their behavioral health. This Plan lays the path that King County, cities and other local jurisdictions, and behavioral health providers must travel with urgency, common purpose, and strong partnership so that future generations will have a safe, accessible, and effective place to go in a moment of mental health or substance use crisis.

The Crisis Care Centers Levy provides the resources. This Implementation Plan lays the path. The task is now to King County, cities, and providers to make it happen.

III. Background

A. Department of Community and Human Services

Department Overview

<u>King County's Department of Community and Human Services (DCHS)</u> is responsible for implementing the Crisis Care Centers Levy. DCHS' mission is to provide equitable opportunities for King County residents to be healthy, happy, and connected to community. DCHS' five divisions provide human services for adults; behavioral health care across the lifespan; services supporting children, youth, and young adults to thrive; services for people with developmental disabilities, and affordable housing and homelessness prevention. The department manages more than \$1 billion annually in public funds to ensure King County residents can access a broad range of services. DCHS is responsible for oversight and management of five significant local human services plans and dedicated fund sources:

- Best Starts for Kids (BSK) voter-approved property tax levy;⁵⁰
- Health Through Housing (HTH) initiative funded through a County Council-adopted sales tax;⁵¹
- MIDD behavioral health sales tax fund adopted by the County Council;⁵²
- Veterans, Seniors, and Human Services Levy (VSHSL) voter approved property tax levy,⁵³ and,
- The Crisis Care Centers (CCC) Levy, a voter approved property tax levy.⁵⁴

Behavioral Health and Recovery Division

<u>DCHS's Behavioral Health and Recovery Division (BHRD)</u> is responsible for managing and funding behavioral health services and programs for King County residents enrolled in Medicaid and other people with low incomes, as well as all residents in need of behavioral health crisis services.⁵⁵ Approximately 70,000 County residents annually receive services through BHRD programs. BHRD primarily contracts with community behavioral health agencies to provide a full continuum of services. In some cases, like involuntary commitment services, BHRD-employed staff provide services directly.⁵⁶

B. The Crisis Care Centers Levy and King County Ordinance 19572

The CCC Levy is a once-in-a-generation opportunity to transform how people experiencing behavioral health crises can access specialized behavioral health care. This nine-year property tax levy will create a countywide network of five crisis care centers, restore residential treatment capacity, and strengthen King County's community behavioral health workforce. The CCC Levy is authorized by King County Ordinance 19572, which is included as <u>Appendix A</u>. The King County Council adopted Ordinance 19572 on February 9, 2023. King County voters approved the CCC Levy in a special election on April 25, 2023.

Ordinance 19572 defines the CCC Levy's paramount and supporting purposes and requires the CCC Levy Implementation Plan. The CCC Levy's paramount and supporting purposes are described in <u>IV. Crisis</u> <u>Care Centers Levy Purposes</u>. A crosswalk matrix detailing how this Plan addresses each of Ordinance

⁵⁰ Best Starts for Kids (BSK) website [LINK]

⁵¹ Health through Housing (HTH) website [LINK]

⁵² MIDD is referred to in King County Code and related legislation as the mental illness and drug dependency fund, tax, or levy. KCC 4A.500.300 and 4A.500.309 [LINK]. See also the MIDD Behavioral Health Sales Tax Fund website. [LINK]

⁵³ Veterans, Seniors and Human Services Levy (VSHSL) website [LINK]

⁵⁴ King County Ordinance 19572 [LINK]

 ⁵⁵ King County BHRD Provider Manual [LINK]. People with low incomes are defined as falling below an income benchmark of 220% of the federal poverty level for adults and 300% of the federal poverty level for children.
 ⁵⁶ RCW 71.05 [LINK] and 71.34 [LINK]. King County BHRD Crisis and Commitment Services website [LINK]

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19572's Implementation Plan requirements is included in <u>Appendix B</u>. The background section provides additional context about the CCC Levy, including:

- Context about King County's behavioral health system;
- The current and historical conditions that created the need for the CCC Levy;
- The methodology used to develop this Plan;
- The community engagement process that helped inform this Plan's recommendations, and,
- Behavioral health equity framework to guide the implementation of this Plan.

C. Key Historical and Current Conditions

DCHS administers King County's publicly funded behavioral health system, which is the primary source of care for people experiencing mental health or substance use crises. This section summarizes the structure of King County's behavioral health system, impacts of suicide and overdose deaths, behavioral health service gaps, and recent initiatives to strengthen crisis services.

Behavioral Health Service Funding Limitations and Opportunities

Federal and state investments in public behavioral health systems have been inadequate for decades.⁵⁷ Three primary funding sources, alongside other smaller funding sources, support community-based behavioral health services in King County, as shown in Figure 10. These include Medicaid through the King County Integrated Care Network (KCICN), state funding through the Behavioral Health Administrative Services Organization (BH-ASO), and local funding through the MIDD Behavioral Health Sales Tax Fund.

Medicaid, which combines state and federal resources and is subject to federal regulations, is administered in Washington by the Health Care Authority (HCA) and locally by the KCICN. Medicaid is an essential funding source, but it features two significant shortcomings:

- Medicaid reimburses less than care costs. King County's analysis of preliminary results from a Washington State rate comparison study conducted by an actuarial firm determined that Medicaid payment rates in King County fall significantly short of provider costs to deliver care.⁵⁸
- Medicaid does not reimburse at all for many essential costs. Medicaid is highly regulated and limits how and for whom funds may be used, including restrictions on important types of staff activities and creating new facilities through capital investments.⁵⁹

⁵⁷ Center for American Progress, The Behavioral Health Care Affordability Problem, May 26, 2022 [LINK]

⁵⁸ Behavioral Health Comparison Rate Development – Phase 2: Washington State Health Care Authority, Milliman Client Report, June 30, 2023.

⁵⁹ Medicaid generally reimburses only for federally approved direct treatment services provided by licensed and credentialed providers to Medicaid-enrolled clients who earn less than 138 percent of the federal poverty level (FPL), which is \$18,700 for a single person or \$38,200 for a family of four.

	King County Integrated	Behavioral Health	MIDD Behavioral Health	Other Behavioral Health
	Care Network (KCICN)	Administrative Services Organization (BH-ASO)	Sales Tax	Funding
Funding Source	Medicaid (federal and state)	State general funds; federal mental health and substance abuse block grants, and state funds for specific programs	King County's 0.1 percent MIDD Behavioral Health Sales Tax Fund ⁶⁰	Other funds from local and state governments. These include a mix of state grants, levy funds, and local taxes, and contracts with other local governments.
Proportion of Behavioral Health Funding	About 56 percent	About 11 percent	About 20 percent	About 13 percent
Administration	BHRD administers the KCICN and receives funding from HCA via five Medicaid managed care organizations ⁶¹	HCA contracts with BHRD to administer the BH-ASO; HCA mandates investment priorities ⁶²	BHRD administers funds to complement Medicaid and state funding ⁶³	BHRD administers funds in compliance with specific grant and contract requirements, as applicable.
Systems and Services Funded	Over 40 behavioral health agencies provide integrated direct services across the behavioral health continuum, and partner with King County to create access to a	Provides for regional crisis services for all residents through mobile crisis and regional crisis lines; covers services for people who are not eligible for Medicaid; staff to carry out the State's involuntary commitment	52 initiatives including prevention and early intervention; crisis diversion including King County's only crisis facility; recovery and reentry services; system improvements to expand	Other funds primarily provide dedicated support for specific purposes, as identified by the revenue source's grantor or governing authority. A portion of these other funds are flexible and can be used
	high-quality, coordinated system of care ⁶⁴	statutes; and additional programs ⁶⁵	access to care, and therapeutic courts.	generally for behavioral health programs and services.

Figure 10. King County Behavioral Health Funding Sources

RPC Meeting Materials

⁶⁰ MIDD is referred to in King County Code and related legislation as the mental illness and drug dependency fund, tax, or levy. KCC 4A.500.300 and 4A.500.309 [LINK]. See also the MIDD Behavioral Health Sales Tax Fund website [LINK].

⁶¹ The KCICN Improves Access to Behavioral Health Care for Residents Furthest from Care. (2023) [LINK]

⁶² Washington State Health Care Authority Behavioral Health Administrative Services Organization (BH-ASO) fact sheet [LINK]

⁶³ MIDD Implementation Plan [LINK]

⁶⁴ King County Integrated Managed Care (IMC) and Integrated Care Network (KCICN) Overview [LINK]

⁶⁵ Overview of The King Behavioral Health Administrative Services Organization (BH-ASO) [LINK]

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Additional federal block grant and state general funds distributed from HCA to King County through the BH-ASO come with prescriptive requirements. Between 2019 and 2022, Washington State's BH-ASO funding provided approximately \$24 million less in total than King County's costs to fulfill its state-mandated crisis service obligations during that period.⁶⁶ As a result, the County subsidizes state-required BH-ASO functions with local MIDD Behavioral Health Sales Tax funds.⁶⁷

Years of consistently paying less in Medicaid and BH-ASO funds than it costs to provide care have created a chronically underfunded behavioral health system that is challenged to meet growing needs or make long term investments. The focus on funding services rather than facilities has been made worse by limited state capital investment in community behavioral health facilities and workforce development.^{68, 69, 70} These factors have combined to cause a loss of facilities and workforce and have inhibited new facility-based capacity at the scale that King County needs. Despite these barriers, King County is leading the state in regional service delivery innovation by creating the KCICN to make care more integrated and effective and by braiding Medicaid, BH-ASO, and MIDD funds.

Unprecedented Rates of Suicide and Overdose Deaths

The scale of suffering related to mental health and substance use conditions remains persistently elevated. A total of 1,229 people died by suicide in Washington in 2021, equivalent to 15.3 out of every 100,000 people, which is the 27th highest rate nationally.⁷¹ King County accounted for 292 deaths by suicide in 2021. ⁷² Suicide deaths increased nationally by 2.6 percent from 2021 to 2022.⁷³ In the State of Washington, suicide is the seventh leading cause of years of potential life lost, surpassing liver disease, diabetes, and HIV.⁷⁴

Youth are especially impacted. According to the 2021 Healthy Youth Survey, 18.6 percent of King County's 8th graders considered suicide in past year, and 8.8 percent made attempts.⁷⁵ Among Washington's 10th graders in 2021, 51.6 percent of gender-diverse youth and 42.4 percent of youth

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⁶⁶ BH-ASO state-mandated crisis service obligations for include Involuntary Treatment Act (ITA) functions including designated crisis responders (DCRs) to provide evaluations for involuntary treatment as well as related ITA court costs; inpatient hospitalization for people without Medicaid; the region's crisis hotline; and other crisis services that are ineligible for Medicaid reimbursement.

 ⁶⁷ BH-ASO funds only provide for operating investments, and MIDD funding also mainly supports the operation of programs and services, with comparatively little funding used for behavioral health-related capital investments.
 ⁶⁸ Behavioral Health Capital Funding Prioritization and Feasibility Study (2018) [LINK].

⁶⁹ Crisis Stabilization Services. Washington State Health Care Authority Report to the Legislature (2019). [LINK]

⁷⁰ Crisis Response Improvement Strategy (CRIS) Committee - Initial Assessment of the Behavioral Health Crisis Response and Suicide Prevention Services in Washington and Preliminary Funding Recommendations (2021) [LINK].

⁷¹ Centers for Disease Control - Suicide Rates by State [LINK]

⁷² Washington State Vital Statistics (Deaths) – See "More From This Data Source" and select "Suicide" from dropdown list [LINK]

⁷³ Centers for Disease Control - Provisional Suicide Deaths in the United States, 2022 [LINK]

⁷⁴ O'Rourke MC, Jamil RT, Siddiqui W. Washington State Suicide Prevention and Awareness. [Updated 2023 Mar 6].

In: StatPearls [Internet]. Treasure Island (FL): StatPearls Publishing; 2023 Jan. [LINK]

⁷⁵ Washington State Healthy Youth Survey fact sheets [LINK]

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identifying as LGBTQIA+ considered suicide, and 22.7 percent and 17.9 percent attempted suicide, respectively.^{76,77}

Deaths related to drug overdose are increasing at unprecedented rates. The annual number of overdose deaths in King County have nearly doubled in just three years, from 508 deaths in 2020 to 1,001 in 2022, and the number of fatal overdoses in 2023 has already exceeded this total.⁷⁸ Additionally, there are significant disparities in overdose deaths by race and ethnicity. The age-adjusted rate of fatal overdoses in King County is the highest in the American Indian/Alaska Native community and is five-times higher than non-Hispanic White King County residents.⁷⁹

Unmet Behavioral Health Service Needs

As funding for behavioral health services has remained inadequate, the needs of people with mental health and substance use conditions, collectively referred to as behavioral health conditions, have only grown. The gap between behavioral health needs and available services is widening. Importantly, this gap is not evenly experienced across King County's population. There are significant inequities in service access and utilization among historically and currently underserved communities, as described in the next subsection (see <u>Who Experiences Behavioral Health Inequities</u>).

The National Council for Mental Wellbeing's 2022 access to care survey found that 43 percent of U.S. adults who say they need mental health or substance use care did not receive that care due to numerous barriers to accessing and receiving needed treatment.⁸⁰ According to the 2021 National Survey on Drug Use and Health (NSDUH), 1.06 million of the 1.18 million Washingtonians with substance use disorders (90 percent) needed but did not receive treatment, including 51,000 of the 65,000 adolescents (79 percent), respectively.⁸¹ The 2021 NSDUH also found that 1.2 million adults in Washington received mental health services, which is 75 percent of the 1.6 million Washington adults who were living with a mental health condition.⁸²

The national problem exists locally. Among people enrolled in Medicaid in King County in 2022, 45,000 out of 88,000 of adults with an identified mental health need did not receive treatment (51 percent), and 21,000 of 32,000 adults with an identified substance use disorder need did not receive treatment (66 percent).⁸³

Among Medicaid-enrolled children in Washington, 87,000 of the 223,000 children with mental health treatment needs do not receive mental health treatment services (39 percent), and 27,000 of the 33,000

⁷⁶ Washington Department of Health - Adolescent Mental Health: Significant Challenges and Strategies for Improvement in Washington State [LINK]

⁷⁷ "LGBTQIA+" is an abbreviation for lesbian, gay, bisexual, transgender, queer/questioning, intersex, asexual, and other sexual orientations or gender identities.

⁷⁸ Washington State Department of Health – Opioid Data [LINK]

⁷⁹ PHSKC Overdose Death Report (2022) [LINK]

⁸⁰ National Council for Mental Wellbeing - 2022 Access to Care Survey - [LINK]

⁸¹ 2021 National Survey on Drug Use and Health (NSDUH): State-Specific Tables [LINK]

⁸² 2021 National Survey on Drug Use and Health (NSDUH): State-Specific Tables [LINK]

⁸³ Washington State Department of Social and Health Services, Cross-System Outcome Measures for Adults Enrolled in Medicaid [LINK]

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children with substance use disorders (including those with co-occurring mental health disorders) do not receive behavioral health treatment services (81 percent).⁸⁴

In 2022, there were 25,576 behavioral health crisis interactions with in-person crisis intervention and stabilization programs in King County.⁸⁵ This is substantially less than the approximately 63,000 estimated crisis episodes that would typically occur in a population of approximately 2.3 million, suggesting a lack of access to these essential services.⁸⁶

Who Experiences Behavioral Health Inequities

Behavioral health inequities include disparities in how mental health and substance use impact specific populations and how well those populations can access behavioral health services.⁸⁷ It is also important to consider how those populations that experience such disparities are impacted by social determinants of behavioral health such as homelessness.⁸⁸

Given the breadth and complexity of these challenges, this section describes "populations experiencing behavioral health inequities," which is the term this Implementation Plan uses as described in subsequent sections. Background research and available literature described in this section highlights behavioral health inequities based on factors that include, but are not limited to, race and ethnicity, sexual orientation, gender identity, language preference, disability, housing status, living in a rural region, and experiential communities such as persons with legal system involvement, military veterans, immigrants, and refugees.

There are significant racial and ethnic disparities in access to behavioral health services. Black, Indigenous, and People of Color (BIPOC) populations are more frequently placed in involuntary treatment while having the least access to routine behavioral health care.⁸⁹ People who identify as being two or more races (24.9 percent) are more likely to report any mental illness within the past year than any other race/ethnic group, followed by American Indian/Alaska Natives (22.7 percent), White (19 percent), and Black (16.8 percent).⁹⁰ Among adults living with mental illness in 2021, White (52.4 percent) or Multiracial adults (52.2 percent) were more likely than Black (39.4 percent), Hispanic (36.1 percent), or Asian adults (25.4 percent) to have received any mental health services in the past year.⁹¹

⁸⁴ Washington State Department of Social and Health Services, Behavioral Health Treatment Needs and Outcomes among Medicaid-Enrolled Children in Washington State, November 2023 [LINK]

⁸⁵ King County Behavioral Health Crisis Service Utilization Data Sheet, December 2023.

⁸⁶ The Crisis Resource Need Calculator [LINK]. The calculator estimates 230 monthly crisis episodes per population of 100,000, based on an analysis that examined national crisis care claims from Truven Commercial, Truven Medicaid, Medicare Limited Data Set 2018, as well as the estimated number of episodes served by first responders that do not lead to care according to the Treatment Advocacy Center's Road Runners report.

⁸⁷ American Psychiatric Association - Mental Health Disparities: Diverse Populations [LINK]

⁸⁸ Compton, M. T., & Shim, R. S., The Social Determinants of Mental Health, 2015, FOCUS, 13(4), 419–425. [LINK]; Fountain House, From Harm to Health: Centering Racial Equity and Lived Experience in Mental Health Crisis Response, 2021. [LINK]

⁸⁹ Shea T, Dotson S, Tyree G, Ogbu-Nwobodo L, Beck S, Shtasel D. Racial and Ethnic Inequities in Inpatient Psychiatric Civil Commitment. Psychiatr Serv. 2022 Dec 1;73(12):1322-1329. [LINK]

⁹⁰ American Psychiatric Association - Mental Health Disparities: Diverse Populations, 2017. [LINK]

⁹¹ 2021 National Survey on Drug Use and Health (NSDUH) Annual National Report [LINK]

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Emergency departments exhibit similar disparities with Black populations waiting longer for care. In jails and prisons, recidivism is significantly more likely among Black populations living with serious mental health conditions. ^{92,93} Nearly one quarter of people killed by police displayed signs of a mental illness, with significantly higher rates among the Black population.⁹⁴ People who are involved in the criminal legal system more broadly are also more likely to be living with mental health and substance use conditions, yet they have less access to community behavioral health services.⁹⁵

Within King County, individuals identifying as Black, African, or African American represented 20 percent of people who received BHRD crisis services and 17 percent of people who died by overdose in 2022, both of which are higher than the seven percent of people identifying as Black, African, or African American in King County, despite receiving lower rates of routine behavioral health care.^{96,97} In contrast, people identifying as Asian or Asian American represented nine percent of individuals receiving BHRD crisis services and 13 percent of people receiving routine behavioral health care in 2022, both of which are lower than the 21 percent of people in the King County population who identify as Asian or Asian American.⁹⁸ These patterns demonstrate that demographic populations can be both over- and underserved in different settings, all of which may point to barriers to access to appropriate care.

Immigrants are at higher risk of experiencing mental health conditions, which is due to factors such as higher acculturative stress, pre-migration experiences, discrimination, racism, economic hardship, and stigmatization.⁹⁹ Access to care among immigrant populations is also limited, particularly in areas with higher concentration of Latin American immigrants.¹⁰⁰ Similar trends have been observed in refugee populations, with lack of access to mental health services despite higher rates of common mental health conditions such as depression, anxiety, and post-traumatic stress disorder among migrants exposed to adversity and refugees than among host populations.¹⁰¹ Furthermore, language access has been shown to impede access to mental health services. Among those who were likely to receive specialty mental health services, people who preferred speaking Spanish had a significantly lower rate of mental health care use.¹⁰²

 ⁹² Opoku ST, Apenteng BA, Akowuah EA, Bhuyan S. Disparities in Emergency Department Wait Time Among Patients with Mental Health and Substance-Related Disorders. J Behav Health Serv Res 2018;45(2):204–18. [LINK]
 ⁹³ Veeh CA, Tripodi SJ, Pettus-Davis C, Scheyett AM. The interaction of serious mental disorder and race on time to reincarceration. Am J Orthopsych 2018;88(2):125-31. [LINK]

⁹⁴ Saleh AZ, Appelbaum PS, Liu X, Scott Stroup T, Wall M. Deaths of people with mental illness during interactions with law enforcement. Int J Law Psychiatry. 2018 May-Jun;58:110-116. [LINK]

⁹⁵ Bonfine N, Wilson AB, Munetz MR. Meeting the Needs of Justice-Involved People With Serious Mental Illness Within Community Behavioral Health Systems. Psychiatr Serv. 2020 Apr 1;71(4):355-363. [LINK]

⁹⁶ King County Behavioral Health Crisis Service Utilization Data Sheet, December 2023.

⁹⁷ Public Health Seattle & King County - Overdose deaths data dashboard [LINK]

⁹⁸ King County Department of Community and Human Services - Data Dashboard [LINK]

⁹⁹ Markova V, Sandal GM, Pallesen S. Immigration, acculturation, and preferred help-seeking sources for depression: comparison of five ethnic groups. BMC Health Serv Res. 2020 Jul 11;20(1):648. [LINK]

¹⁰⁰Jing F, Li Z, Qiao S, Ning H, Zhou S, Li X. Association between immigrant concentration and mental health service utilization in the United States over time: A geospatial big data analysis. Health Place. 2023 Sep;83:103055. [LINK] ¹⁰¹ World Health Organization, "Mental health and forced displacement," 31 August 2021 [LINK]

¹⁰² Byhoff E, Dinh DH, Lucas JA, Marino M, Heintzman J. Mental Health Care Use by Ethnicity and Preferred Language in a National Cohort of Community Health Center Patients. Psychiatr Serv. 2023 Oct 26. [LINK]

Among people identifying as lesbian, gay, bisexual, transgender, queer/questioning, intersex, asexual, or other sexual orientations or gender identities (LGBTQIA+), studies have shown that depression, anxiety, and substance use are two and a half times higher than the general population.¹⁰³ Fear of discrimination may lead to some people avoiding care due to common experiences of providers denying care, using harsh language, or blaming the patient's sexual orientation or gender identity as the cause for an illness.¹⁰⁴

Of the approximately 36,000 people who have severe, chronic intellectual and developmental disabilities (IDD) in King County, an estimated one third have a co-occurring mental health condition.¹⁰⁵ However, in 2022 the Washington State Department of Social and Health Services reported that people with IDD and their families have difficulty accessing behavioral health services due to a lack of resources, communication barriers, and inadequate training among behavioral health providers.¹⁰⁶

Access to behavioral health services is also limited among people experiencing homelessness. A recent survey found that only 18 percent of people experiencing homelessness had received either mental health counseling or medications in the prior 30 days despite 66 percent reporting current mental health symptoms.¹⁰⁷ The same survey describes barriers such as lacking access to a phone, needing to stay with belongings to prevent theft, and avoiding services due to past experiences of traumatic or unsupportive interactions with health care providers.

Among U.S. military veterans who experience depression and PTSD, disparities in access to mental health services have been described as a major factor contributing to the high suicide rates among veterans.¹⁰⁸ People living in rural areas in the U.S. also experience significant disparities in mental health outcomes despite having similar prevalence of mental illness to those living in metropolitan areas.¹⁰⁹

Need for Places to Go in a Crisis

With so many people unable to access treatment when they need it, crisis care centers and similar facilities can help. The Federal Substance Abuse and Mental Health Services Administration (SAMHSA) released its National Guidelines for Behavioral Health Crisis Care in 2020.¹¹⁰ These guidelines call for the creation of crisis facilities, referred to by SAMHSA as "somewhere to go," for people in crisis to seek help. SAMHSA's guidelines envision crisis facilities as part of a robust behavioral health crisis system that

¹⁰³ Kates, J., Ranji, U., Beamesderfer, A., Salganicoff, A., & Dawson, L. (2016). Health and access to care and coverage for lesbian, gay, bisexual, and transgender individuals in the U.S. [LINK]

¹⁰⁴ Kates, J., Ranji, U., Beamesderfer, A., Salganicoff, A., & Dawson, L. (2016). Health and access to care and coverage for lesbian, gay, bisexual, and transgender individuals in the U.S. [LINK]

¹⁰⁵ The Arc of King County – What is IDD? [LINK]

¹⁰⁶ Developmental Disabilities Administration, Washington State Department of Social and Health Services, Best practices for co-occurring conditions: Serving people with intellectual and developmental disabilities and mental health conditions, October 1, 2022. [LINK]

¹⁰⁷ Kushel, M., Moore, T., et al. (2023). Toward a New Understanding: The California Statewide Study of People Experiencing Homelessness. UCSF Benioff Homelessness and Housing Initiative. [LINK]

¹⁰⁸ Hester RD. Lack of access to mental health services contributing to the high suicide rates among veterans. Int J Ment Health Syst. 2017 Aug 18;11:47. [LINK]

¹⁰⁹ Morales DA, Barksdale CL, Beckel-Mitchener AC. A call to action to address rural mental health disparities. J Clin Transl Sci. 2020 May 4;4(5):463-467. [LINK]

¹¹⁰ Substance Abuse and Mental Health Services Administration. (2020). National Guidelines for Behavioral Health Crisis Care - Best Practice Toolkit. [LINK];

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also includes the 988 Suicide and Crisis Lifeline, referred to as "someone to call," and mobile crisis teams, described as "someone to respond."¹¹¹

King County's behavioral health crisis service system relies heavily on phone support and mobile response, with very few options for people to go for immediate, life-saving care when in crisis. At the time of this Plan's drafting, King County has just one behavioral health crisis facility, called the Crisis Solutions Center (CSC) in Seattle.¹¹² With a limited capacity of 46 beds across two levels of care, this facility is only able to accept referrals through mobile crisis teams, first responders, and hospitals. For youth in King County, there is no crisis facility option at all.

With no specialty behavioral health setting in King County to walk in and receive care if a person is experiencing a mental health or substance use crisis, the front door to crisis services at the time of this Plan's drafting is typically hospital emergency departments, where people seeking help for a behavioral health crisis may often spend hours or even days waiting for care.¹¹³ People experiencing a crisis, especially those in public spaces, are frequently engaged by law enforcement and may end up in jail if they have committed a crime while in distress.¹¹⁴

The creation of specialized crisis facilities is frequently identified as a key strategy in the crisis service continuum. These facilities enable diverting people from emergency department and carceral settings and serving people in a higher quality specialized settings that can provide care using trauma-informed, recovery oriented, and cultural humility best practices.^{115, 116} Multiple local behavioral health system needs assessments have arrived at a similar conclusion. The 2016 recommendations of the King County Community Alternatives to Boarding Task Force called for by Motion 14225 included a recommendation to expand crisis diversion capacity.¹¹⁷ Similar conclusions were reached in needs assessments by the Washington State Office of Financial Management behavioral health capital funding prioritization and feasibility study in 2018, a Washington State Health Care Authority crisis triage and stabilization capacity

¹¹¹ Substance Abuse and Mental Health Services Administration. (2020). National Guidelines for Behavioral Health Crisis Care - Best Practice Toolkit. [LINK]; Substance Abuse and Mental Health Services Administration: National Guidelines for Child and Youth Behavioral Health Crisis Care. Publication No. PEP22-01-02-001 Rockville, MD: Substance Abuse and Mental Health Services Administration, 2022. [LINK]

¹¹² Downtown Emergency Services Center (DESC) - Crisis Solutions Center fact sheet [LINK]; the CSC was established in 2011 through a significant ongoing investment from the MIDD behavioral health sales tax fund. Medicaid funds also cover a small portion of the facility's service delivery costs. The Psychiatric Emergency Services program at Harborview Medical Center is part of a hospital-based emergency department and is therefore not considered a stand-alone dedicated behavioral health crisis service setting.

¹¹³ Esmy Jimenez, "King County mental health facilities still reject a quarter of patients, report shows." The Seattle Times, September 5, 2023. [LINK]

¹¹⁴ Garcia-Grossman I, Kaplan L, Valle K, Guzman D, Williams B, Kushel M. Factors Associated with Incarceration in Older Adults Experiencing Homelessness: Results from the HOPE HOME Study. J Gen Intern Med. 2022 Apr;37(5):1088-1096. [LINK]

¹¹⁵ ME Balfour and ML Goldman, "Crisis and Emergency Services" in "Textbook of Community Psychiatry: American Association for Community Psychiatry, 2nd edition." Wesley E. Sowers (Editor), Hunter L. McQuistion (Editor), Jules M. Ranz (Editor). Springer 2022, pp. 369-384.

¹¹⁶ ME Balfour and ML Goldman, "Collaborations Beyond the Emergency Department" in "Primer on Emergency Psychiatry" Tony Thrasher (Editor). Oxford University Press, 2023, pp. 463-478.

¹¹⁷ Community Alternatives to Boarding Task Force - King County, Washington [LINK]

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and gaps report in 2019, and the Initial Assessment of the Behavioral Health Crisis Response and Suicide Prevention Services from the Crisis Response Improvement Strategy (CRIS) Committee in 2021.^{118,119,120}

Federal and state legislation has rapidly advanced the implementation of crisis services across the United States.¹²¹ Expanding access to crisis response services has been a recent focus of the Washington Legislature. This includes its first-in-the-nation support of the implementation and expansion of 988 and other crisis services with its passage of Engrossed Second Substitute House Bill 1477 in 2021.¹²² Additional legislation, including Engrossed Second Substitute House Bill (E2SHB) 1134 in and Second Substitute Senate Bill (2SSB) 5120 in 2023, have further demonstrated the state's commitment to these services.^{123,124} The 23-hour Crisis Relief Centers established under 2SSB 5120, which are undergoing Washington State Department of Health and Health Care Authority rulemaking into 2024, will establish important frameworks for licensure and Medicaid payment that will inform the future development of crisis care centers.

In light of the behavioral health funding crisis, the scale of unmet need, and the opportunity presented by this national and statewide momentum around expanding crisis services, a coalition of community leaders and behavioral health providers issued recommendations to Seattle and King County in a letter on October 13, 2021. The letter included recommendations to "expand places for people in crisis to receive immediate support" and "expand crisis response and post-crisis follow up services."¹²⁵ The CCC Levy carries these efforts forward, as outlined in this document.

Need for Post-Crisis Stabilization Services

Research studies show the rate of suicide is 15.4 times higher among people immediately after they have been discharged from a psychiatric hospitalization, as compared to the general population.¹²⁶ For people exiting inpatient psychiatric care, timely follow-up with outpatient mental health care is associated with a decreased risk for hospital readmission, violence, homelessness, and criminal legal system involvement.¹²⁷

Despite the benefits of follow-up during this high-risk post-crisis period, in 2021 only 58.7 percent of people with Medicaid received follow-up within 30 days of discharge from a psychiatric

¹¹⁸ 2018 Behavioral Health Capital Funding Prioritization and Feasibility Study [LINK];

 $^{^{\}rm 119}$ Crisis Stabilization Services - HCA Report to the Legislature [LINK]

 ¹²⁰ Crisis Response Improvement Strategy (CRIS) Committee - Initial Assessment of the Behavioral Health Crisis Response and Suicide Prevention Services in Washington and Preliminary Funding Recommendations [LINK]
 ¹²¹ National Alliance for Mental Illness - Reimagine Crisis Response - 988 Crisis Response State Legislation Map [LINK]

¹²² 2SSB 1477 (2021). 2SHB 1477's scope included RCW chapters 71.24, 48.43, 43.06, and 82.86. [LINK].

¹²³ E2SHB 1134 (2023). E2SHB 1134's scope included RCW chapters 71.24, 43.06, 82.86, 43.70, and 38.60. [LINK]

 ¹²⁴ 2SSB 5120 (2023) 2SSB 5120's scope included RCW chapters 71.05, 71.34, 71.24, 10.31, 10.77, and 48.43. [LINK]
 ¹²⁵ 2022 Priority Budget Recommendations to Seattle and King County to Strengthen Continuum of Behavioral Health Crisis Services. October 13, 2021.

¹²⁶ Olfson M, Wall M, Wang S, Crystal S, Liu SM, Gerhard T, Blanco C. Short-term Suicide Risk After Psychiatric Hospital Discharge. JAMA Psychiatry. 2016 Nov 1;73(11):1119-1126. [LINK]

¹²⁷ Smith TE, Corbeil T, Wall MM, Tang F, Essock SM, Frimpong E, Goldman ML, Mascayano F, Radigan M, Wang R, Rodgers I, Dixon LB, Olfson M, Lewis-Fernández R. Community, Hospital, and Patient Factors Contributing to Ethnoracial Disparities in Follow-Up After Psychiatric Hospitalization. Psychiatr Serv. 2023 Jul 1;74(7):684-694. [LINK]

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hospitalization.¹²⁸ Among youth and young adults who visited the emergency room for a mental health reason, the rate is even worse, with only 46.4 percent receiving follow-up care within 30 days.¹²⁹ Furthermore, Black populations receive lower rates of outpatient treatment during the 30-day period after discharge compared with White populations.¹³⁰

SAMHSA considers post-crisis stabilization services to be an essential element of responding to a behavioral health crisis and addressing the person's unmet needs.¹³¹ Studies have shown that prior outpatient engagement is the most important predictor of follow-up after hospitalization, which is indicative of two key factors: the importance of reconnecting people back to prior providers, and the need to dedicate additional resources to connect people to care when they are otherwise without services.¹³² Culturally appropriate interventions that link people to outpatient follow-up are also identified as a strategy to reduce racial-ethnic disparities in outpatient mental health treatment following acute treatment.¹³³

A 2017 study of a post-discharge peer support program demonstrated positive outcomes for participants in terms of recovery, wellbeing, and hospital avoidance.¹³⁴ The peer approach has been taken up in Washington State through peer bridger programs, which HCA implemented as required by Second Engrossed Substitute House Bill (2ESHB) 2376 from the 2016 Washington State legislative session.¹³⁵ Peer bridgers assist with community reintegration planning activities and promote service continuity with the goal of enhancing long-term recovery and reducing hospital readmissions.¹³⁶

¹²⁸ National Committee for Quality Assurance, HEDIS Measures and Technical Resources, Follow-Up After Hospitalization for Mental Illness [LINK]

 ¹²⁹ Hugunin J, Davis M, Larkin C, Baek J, Skehan B, Lapane KL. Established Outpatient Care and Follow-Up After Acute Psychiatric Service Use Among Youths and Young Adults. Psychiatr Serv. 2023 Jan 1;74(1):2-9. [LINK]
 ¹³⁰ Carson NJ, Vesper A, Chen CN, Lê Cook B. Quality of follow-up after hospitalization for mental illness among patients from racial-ethnic minority groups. Psychiatr Serv. 2014 Jul;65(7):888-96. [LINK]

¹³¹ Substance Abuse and Mental Health Services Administration. (2020). National Guidelines for Behavioral Health Crisis Care - Best Practice Toolkit. [LINK]

¹³² Smith TE, Haselden M, Corbeil T, Wall MM, Tang F, Essock SM, Frimpong E, Goldman ML, Mascayano F, Radigan M, Schneider M, Wang R, Rodgers I, Dixon LB, Olfson M. The Effectiveness of Discharge Planning for Psychiatric Inpatients With Varying Levels of Preadmission Engagement in Care. Psychiatr Serv. 2022 Feb 1;73(2):149-157. [LINK]

¹³³ Smith TE, Haselden M, Corbeil T, Wall MM, Tang F, Essock SM, Frimpong E, Goldman ML, Mascayano F, Radigan M, Schneider M, Wang R, Rodgers I, Dixon LB, Olfson M. The Effectiveness of Discharge Planning for Psychiatric Inpatients with Varying Levels of Preadmission Engagement in Care. Psychiatr Serv. 2022 Feb 1;73(2):149-157. [LINK]

¹³⁴ According to this study, "The program involved peer workers (individuals with their own lived experience of mental illness and recovery) providing individualized practical and emotional support to individuals for six to eight weeks following discharge from an inpatient psychiatric unit." This study found: "Participants reported improvements in terms of functional and clinical recovery and in the areas of intellectual, social and psychological wellness. Participants self-report of hospital readmissions suggested that there was a reduction in hospital bed days following engagement with the program." Scanlan JN, Hancock N, Honey A. Evaluation of a peer-delivered, transitional and post-discharge support program following psychiatric hospitalization. BMC Psychiatry. 2017 Aug 24;17(1):307. [LINK]

¹³⁵ 2ESHB 2376 (2016). 2ESHB 2376's scope included RCW chapters 18.20, 18.43, 18.85, 19.02, 28B.122, 38.52, 41.06, 41.16, 41.26, 41.45, 41.80, 43.09, 43.10, 43.43, 43.79, 43.83B, 43.135, 43.155, 43.185, 43.350, 43.372, 46.08, 50.16, 50.24, 69.50, 70.128, 72.09, 77.12, 79A.80, 90.03, and 90.56 [LINK]
¹³⁶ Washington State Health Care Authority - Peer Bridger Program [LINK]

The peer bridger program model is implemented locally in King County for adults who have been hospitalized psychiatrically at two community hospitals. This model is composed of teams of certified peer specialists (paid staff who have lived experience with behavioral health conditions themselves) working in coordination with inpatient treatment teams to develop individualized plans to promote each person's successful transition to the community.¹³⁷ However, these post-crisis services are only available in a small number of settings. Most people exiting hospitals, emergency rooms, crisis settings, and other acute behavioral health settings do not receive dedicated services to support these critical care transitions during these high-risk periods.

Reduction in Residential Treatment Capacity

Residential treatment is a community based behavioral health treatment option for people who need a higher level of care than outpatient behavioral health services can provide.¹³⁸ Residential treatment programs provide people living with complex behavioral conditions with 24/7 intensive services in a licensed residential treatment facility. These programs are important options for people being discharged from inpatient behavioral health settings when outpatient services are not sufficient to meet their treatment needs. Residential treatment programs help people continue to recover and stabilize in a safe and supportive community-based setting.

Residential treatment programs provide services for people experiencing severe and persistent mental illness to promote stability, community tenure, and movement toward the least restrictive community housing option. Programs provide residential stabilization and case management services that are strengths-based and promote recovery and resiliency. Services provide symptom relief to assist clients to find what has been lost in their lives due to their illness, including the opportunity to make friends, use natural supports, make choices about their care, find and maintain employment, and develop personal strategies for coping and regaining independence. Staff help clients to prepare for discharge by providing services that promote community integration and assistance with the transition to the least restrictive community housing option.¹³⁹

Multiple mental health residential treatment facilities, which are a subset of residential treatment facilities, have closed in recent years due to rising operating and maintenance costs, aging infrastructure, and insufficient resources to repair facilities. The lack of resources to pay for capital facility improvements and maintain aging buildings has contributed to facility closures.¹⁴⁰ As of October 2023, King County had a total of 240 mental health residential treatment beds for the entire county, a decrease of 115 beds, down nearly one third from the capacity of 355 beds in 2018.¹⁴¹ The impact of reduced residential treatment facility capacity has impacted residential treatment wait times. For example, King County residents who needed residential treatment services in October 2023 had to wait

¹³⁷ King County Behavioral Health and Recovery Division (BHRD) Provider Manual For the King County Integrated Care Network (KCICN), Behavioral Health Administrative Services Organization (BH-ASO), and Locally-Funded Programs [LINK]

¹³⁸ King County Ordinance 19572 defines residential treatment as "a licensed, community-based facility that provides twenty-four-hour on-site care for persons with mental health conditions, substance use disorders, or both, in a residential setting" [LINK].

¹³⁹ BHRD Provider Manual, pages 119-123 [LINK]

 ¹⁴⁰ Furfaro, Hannah. "Where did King County's mental health beds go?" Seattle Times, February 25, 2023. [LINK]
 ¹⁴¹ An additional four mental health residential beds have been lost since the passage of King County Ordinance
 19572. BHRD monitors the number of available beds through a bed tracker list.

an average of 25 days before they were admitted to a residential treatment facility.¹⁴² The closing of residential treatment facilities highlights a gap in King County's behavioral health continuum of care for people exiting inpatient behavioral health settings.¹⁴³

Behavioral Health Workforce Needs

It takes people to care for people, and King County is experiencing a behavioral health workforce shortage that is impacting people's ability to access behavioral health care when they need it.¹⁴⁴ Similar behavioral health workforce shortages are occurring across the United States, according to the Federal Health Resources and Services Administration (HRSA).¹⁴⁵ By the final year of the CCC Levy in 2032, HRSA projects the national behavioral health workforce will only have 69 percent of the number of mental health counselors, 62 percent of the number of substance use disorder counselors, 73 percent of the number of psychologists, and 54 percent of the number of psychiatrists that are needed to meet the demand for behavioral health care nationally.¹⁴⁶

Within King County, a 2021 survey of community behavioral health agencies contracted with the KCICN identified that job vacancies at surveyed agencies were at least double what they were in 2019.¹⁴⁷ The survey also found that master-level licensed mental health clinicians are particularly difficult to recruit.¹⁴⁸ A October 2023 survey of community behavioral health agencies contracted with the KCICN found that there are approximately 600 staff vacancies across the agencies that responded to the survey.¹⁴⁹ This represents a 16 percent total vacancy rate at King County community behavioral health agencies, and there is still a need to hire more behavioral health workers to support the growing behavioral health care needs in the community.¹⁵⁰

In addition to staff vacancies, workforce retention is also a challenge for behavioral health providers. A February 2023 poll of members of three labor unions representing health care workers in Washington State, including behavioral health workers, found that 80 percent of health care workers reported feeling burned out by their jobs and 49 percent of workers reported they are likely to leave health care in the next few years. ¹⁵¹ Rising housing and childcare costs are contributing to workers leaving the behavioral health workforce.¹⁵² In addition to high cost of living expenses, behavioral health workers often have student loan debt. For example, a National Council on Social Work Education report found

¹⁴² Executive Dow Constantine. "King County and State acquire behavioral health treatment center in North Seattle, preserving sixty-four treatment beds." September 14, 2022. [LINK] Note: At the time the article was written, the wait for a bed in King County was 44 days. As of October 2023, the waitlist has decreased from 44 days to 25 days since the passage of King County Ordinance 19572. BHRD monitors the waitlist through a bed tracker list.

¹⁴³ Sydney Brownstone, "A Belltown residential treatment facility shutters, leaving a hole in King County's mental health system," The Seattle Times, October 11, 2020. [LINK]

¹⁴⁴ King County Community Behavioral Health Provider Survey, 2023.

¹⁴⁵ Health Resources & Services Administration, Behavioral Health Workforce Projections [LINK]

¹⁴⁶ Health Resources & Services Administration, Behavioral Health Workforce Projections [LINK]

¹⁴⁷ KCICN Workforce Survey 2021

¹⁴⁸ KCICN Workforce Survey 2021

¹⁴⁹ KCICN Workforce Survey Data 2023

¹⁵⁰ KCICN Workforce Survey Data 2023

¹⁵¹ 2023 poll of health care workers represented by SEIU Healthcare 1199NW, UFCW 3000, and WSNA conducted by GBAO [LINK]

¹⁵² 2023 King County Nonprofit Wage and Benefits Survey Report [LINK]

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that 73 percent of baccalaureate social work graduates and 76 percent of master's graduates have student loan debt.¹⁵³ When community behavioral health agencies are not able to offer competitive wages and benefits, it is more challenging to recruit and retain employees, which contributes to chronically high vacancies and high turnover of staff.^{154,155} The KCICN's 2021 survey of King County community behavioral health agencies reinforced this dynamic. Survey respondents identified monetary incentives, loan repayments, professional fees and continuing education assistance, and employee wellbeing as being impactful activities that could help retain workers.¹⁵⁶

Increasing the representativeness of behavioral health workers is a critical component of strengthening King County's community behavioral health workforce.¹⁵⁷ Nationally, the behavioral health workforce does not reflect the demographics and identities of people receiving behavioral health services.^{158, 159} There is evidence that improving diversity among behavioral health workers so that workers better reflect the community they serve may help reduce behavioral health disparities.¹⁶⁰ For example, communication and trust is improved between behavioral health workers and people receiving services when there is cultural, linguistic, racial, or ethnic concordance between clinicians and clients.¹⁶¹ Developing a representative community behavioral health workforce will require intentional training, recruitment, and retention strategies. For example, BIPOC and LGBTQIA+ clinicians are often impacted by a lack of congruent mentorship in higher education, experiences of racism and discrimination.¹⁶²

At a time when nearly one in five Americans lives with a mental health condition, and more people than ever are interested in seeking behavioral health support, the lack of access to diverse and qualified behavioral health professionals can serve as a barrier for accessing treatment to people and

¹⁵³ Student Loan Debt Relief for Social Workers [LINK]

¹⁵⁴ Washington State Employment Security Department Supply and Demand Report [LINK]

¹⁵⁵ 2022 Behavioral Health Workforce Assessment [LINK]

¹⁵⁶ KCICN Workforce Survey 2021

¹⁵⁷ A focus of the Plan is to increase accessibility of behavioral health services, including crisis services funded by the CCC Levy, for all King County residents, including populations who experience behavioral health inequities. A consistent theme of community engagement was the importance for people seeking care of culturally and linguistically congruent services, staff with lived experience of behavioral health crises, and demographic representativeness. Establishing a workforce that is representative of King County's population, with particular care to representativeness for populations experiencing behavioral health inequities (see <u>Section III.C. Background:</u> <u>Who Experiences Behavioral Health Inequities</u>), will ensure that more King County residents can choose to receive care from a provider with whom they are comfortable and is one of this Plan's strategies to ensure that all King County residents have meaningful access to CCC Levy-funded facilities and services.

¹⁵⁸ National Academy for State Health Policy State, Strategies to Increase Diversity in the Behavioral Health Workforce [LINK]

¹⁵⁹ Duffy FF, West JC, Wilk J, et al. Mental health practitioners and trainees. In RW Manderschield & MJ Henderson (Eds.), Mental health, United States, 2002 (pp. 327-368; DHHS Publication No. SMA 04-3938). Rockville, MD: U.S. Department of Health and Human Services, Substance Abuse and Mental Health Services Administration, Center for Mental Health Services, 2004

¹⁶⁰ Chao, P.J., Steffen, J.J., and Heiby, E.M. (2012). The effects of working alliance and client-clinician ethnic match on recovery status. *Community Mental Health Journal* (48), 91-97 [LINK]

¹⁶¹ The Mental Health Needs and Statistics of the BIPOC Community [LINK]

¹⁶² Hubbard A, Sudler A, Alves-Bradford JME, Trinh NH, Emmerich AD, Mangurian C. Building a Diverse Psychiatric Workforce for the Future and Helping Them Thrive: Recommendations for Psychiatry Training Directors. Psychiatric Clinics of North America. 2022;45(2):283-295. doi:10.1016/j.psc.2022.03.007

communities across the country and within King County.¹⁶³ Creative local workforce investments are needed to complement Medicaid and state funds to provide for a stable workforce to deliver the high-quality community based behavioral health care that King County residents need and deserve.

D. Implementation Plan Methodology

On April 25, 2023, King County voters approved Proposition No. 1, as called for by King County Ordinance 19572, to adopt the CCC Levy.¹⁶⁴ Ordinance 19572 requires a CCC Levy Implementation Plan be developed and transmitted by the King County Executive to King County Council by the end of December 2023.¹⁶⁵ The CCC Levy Implementation Plan requirements are defined by Ordinance 19572, and <u>Appendix B: Crosswalk of Implementation Plan Requirements from King County Ordinance 19572</u> describes how this Plan meets these requirements.¹⁶⁶

The CCC Levy Implementation Plan is the product of an intensive process that began in June 2023 and concluded in December 2023. Community engagement was a focus of implementation planning activities and is described in detail in <u>Section III.E. Community Engagement Summary</u>. Planning activities by DCHS also included solicitation of formal requests for information (RFIs), engagement with various Washington State departments, consultation with national subject matter experts, coordination with other County partners, and convenings of internal workgroups within DCHS. These activities are described below and in this Plan's appendices.

Crisis Care Center Methodology

DCHS focused on four major areas to develop strategies in support of the CCC Levy's Paramount Purpose to create a network of five crisis care centers:

- Understanding and describing current community needs, service capacity, and system gaps related to behavioral health care (as described in <u>Section III.C. Key Historical and Current</u> <u>Conditions: Unmet Behavioral Health Service Needs</u>);
- Developing an approach to integrate substance use treatment services within the crisis care center model;
- Defining the related but distinct youth-focused crisis care center model, which addresses the unique needs of children and adolescents, and
- Integrating planning for the crisis care centers within regional contexts such as the existing behavioral health crisis system, the behavioral health service continuum more broadly (as described above in <u>Section III.C. Key Historical and Current Conditions</u>), criminal legal systems, health and hospital systems, and additional community resources.

DCHS also undertook an in-depth process to establish procurement and siting processes for crisis care centers. DCHS issued an RFI for the capital facility siting process to local jurisdictions, and a copy of the RFI is included in <u>Appendix C: King County Local Jurisdiction Request for Information (RFI)</u>.

Meetings with jurisdictions, behavioral health agencies, and other community partners were held for DCHS to share updates on the CCC Levy planning process with interested parties and to learn about provider, jurisdictional, and community partner needs and challenges. DCHS convened meetings with:

¹⁶³ Lack of Access as Root Cause for Mental Health Crisis in America [LINK]

¹⁶⁴ King County Ordinance 19572 [LINK]

¹⁶⁵ King County Ordinance 19572 [LINK]

¹⁶⁶ King County Ordinance 19572 [LINK]

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- Subject matter experts internal to King County government, such as the Department of Natural Resources and Parks, DCHS, Metro, and Public Health – Seattle & King County (see <u>Appendix D:</u> <u>Coordination with State and County Partners</u> for a list of County partners);
- Washington state partners, such as the Health Care Authority, the Department of Health, and the Department of Social and Human Services (see <u>Appendix D: Coordination with State and</u> <u>County Partners</u> for a list of meeting topics); and
- Community partners, such as community members, people with lived experience of mental health and substance use conditions as well as their families and support systems, community-based organizations, community behavioral health agencies, and others (see <u>Appendix F:</u> <u>Community Engagement Activities</u> for details).

The DCHS planning team also made site visits to adult and youth crisis facilities in Washington, as well as California and Arizona (see <u>Appendix E: Site and Field Visits</u>). ZiaPartners, a firm with experience planning and implementing local and statewide behavioral health crisis system initiatives, consulted on crisis care center program model development and strategies for crisis system coordination and quality improvement.¹⁶⁷

Residential Treatment Methodology

Community partner engagement, subject matter expert consultation, and residential treatment operator engagement informed the residential treatment recommendations in this Plan. DCHS BHRD clinical staff with mental health residential subject matter expertise participated in an internal workgroup to provide guidance on preserving and expanding residential treatment capacity. DCHS planning staff met with leadership and frontline workers of agencies operating residential treatment facilities to solicit feedback about residential treatment gaps and how to sustain and increase residential treatment capacity. This included seven site visits to residential treatment facilities in King County, which are listed in <u>Appendix E: Site and Field Visits</u>. It also included an RFI soliciting information from operators about residential treatment facility capital improvement funding needs. The RFI is included in <u>Appendix H: BHRD Capital Improvement Funding for Behavioral Health Facilities Request for Information (RFI)</u>. Additionally, residential treatment topics were included in CCC Levy implementation planning community engagement meetings and presentations to solicit feedback from a broader group of community partners beyond the residential treatment sector. Community engagement is highlighted below, and a list of community engagement activities is included in <u>Appendix F: Community Engagement</u> <u>Activities</u>.

Workforce Methodology

DCHS planning staff solicited feedback on how the CCC Levy can build, retain, and increase the representativeness of the community behavioral health workforce.¹⁶⁸ Engagement on workforce issues

¹⁶⁷ ZiaPartners, Inc. [LINK]

¹⁶⁸ A focus of the Plan is to increase accessibility of behavioral health services, including crisis services funded by the CCC Levy, for all King County residents, including populations who experience behavioral health inequities. A consistent theme of community engagement conversations was the importance for people seeking care of culturally and linguistically congruent services, staff with lived experience of behavioral health crises, and demographic representativeness. Establishing a workforce that is representative of King County's population, with particular care to representativeness for populations experiencing behavioral health inequities (see <u>Who</u>

included focus groups with community members and focus groups with subject matter experts; key informant interviews with community behavioral health agencies; and site visits in San Diego, Arizona and Washington state. DCHS also engaged the University of Washington, Public Health-Seattle and King County, and health care workforce training and apprenticeship programs to inform strategy design. (See <u>Appendix F: Community Engagement Activities</u> for list of key informant interviews and individual engagement meetings.) Community partner meetings included union-represented and non-union represented provider staff.

E. Community Engagement Summary

DCHS staff engaged community partners to inform this Plan, including participation from behavioral health agencies, people with lived experiences of behavioral health crises, and frontline behavioral health workers. See <u>Appendix F: Community Engagement Activities</u> for a complete list of community engagement activities. Engagement activities are summarized in Figure 11. In addition to informing the strategies in this Plan, DCHS plans to take the community feedback into account during future procurement and operational phases of the CCC Levy.

Figure 11. Summary of Community Engagement Activities Conducted by DCHS Between June and November 2023



Experiences Behavioral Health Inequities), will ensure that more King County residents can choose to receive care from a provider with whom they are comfortable and is one of this Plan's strategies to ensure that all King County residents have meaningful access to CCC Levy-funded facilities and services.

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Key Findings of Community Engagement Process

This section summarizes community input from implementation planning activities, with supporting details provided in the appendices as noted. DCHS organized community feedback into key themes that informed this Plan. Figure 14 summarizes these key themes, with a more detailed description of each theme below the table.

Summary of Community Engagement Themes			
Theme	Description		
Theme A: Implement Clinical Best Practices in Crisis Services	Input on how best to design a crisis care center clinical model most likely to improve the health and wellbeing of people experiencing a behavioral health crisis in King County, including a welcoming and safe environment, person-centered and recovery-oriented care, culturally and linguistically appropriate services, integrated care for people who use substances, promoting least restrictive care, special considerations for serving youth and young adults, and additional clinical considerations.		
Theme B: Increase Access to Care for Populations Experiencing Behavioral Health Inequities	Communities voiced the importance of having crisis care centers in desirable locations that are geographically accessible and accessible to transportation, as well as the importance of reaching out to diverse communities.		
Theme C: Challenges of Community Resource Limitations	Community partners, including people with lived experience and behavioral health providers, frequently raised important questions about access to ongoing community-based care after a person receives care at a crisis care center as well as emphasizing care coordination and peer engagement.		
Theme D: Interim Solutions While Awaiting Crisis Care Centers	Community members advocated for interim solutions to be implemented while awaiting crisis care centers to come online, such as increasing community-based responses and approaches to addressing the overdose crisis.		
Theme E: Residential Treatment Facility Preservation and Expansion	Residential treatment providers described the value of residential treatment but identified significant challenges such as a lack of capital resources, and excessive wait times.		
Theme F: Behavioral Health Workforce Development	Feedback from community partners, as well as subject matter experts, identified significant obstacles to developing the behavioral health workforce, including low wages, barriers to retention, need for more professional development opportunities, staff burnout, limited collaboration with schools, and lack of workforce representation.		
Theme G: Accountability Mechanisms and Ongoing Community Engagement	Community partners expressed a strong preference to continue to be involved in future phases of the CCC Levy, particularly around holding the County accountable, including through defining measures of success and by continuing to engage during future planning phases.		

Figure 14. Summary of Community Engagement Themes

Theme A: Implement Clinical Best Practices in Crisis Services

Community partners offered substantial input on the following topics, all focused on how to design a crisis care center clinical model that works as well as possible. These recommendations are reflected in

the best practices described in <u>Appendix G: Clinical Best Practices in Behavioral Health Crisis Services</u> that inform the crisis services described in <u>Section V.A. Strategy 1: Create and Operate Five Crisis Care</u> <u>Centers</u>.

Welcoming and Safe

Community members emphasized that people from their communities would only come to crisis care centers if they were confident that they would be helped and not harmed during a crisis. Community members defined safety differently: some people described feeling unsafe around uniformed officers while others said they prefer or even expect a uniformed officer to be present to feel safe. Some people shared experiences of feeling trapped and unsafe in a locked unit while others said they would feel safer being in a secured environment. Many described the importance of a comfortable physical space, but that it would be unacceptable to create a superficially attractive space without having a welcoming and safe program to reinforce it.

Person-Centered and Recovery-Oriented Care

Community partners described the importance of ensuring that crisis care centers provide person-centered and recovery-oriented care.^{169,170} Peer specialists and people with lived experience of a behavioral health condition emphasized the importance of keeping people in control of their care as much as possible. They also emphasized minimizing care transitions, maximizing continuity of care, and following up after discharge to start ongoing care.

Culturally and Linguistically Appropriate Services

Community partners advocated for ensuring that crisis care centers provide culturally and linguistically appropriate services. Such services combine typical clinical best practices with specially trained, often culturally concordant providers who incorporate cultural practices and shared experience into the treatment and relationship with clients.¹⁷¹ This Plan incorporates this input in:

- <u>Section V.A. A. Strategy 1: Create and Operate Five Crisis Care Centers: Clinical Program</u> <u>Overview</u>, which defines the crisis care center clinical model and post-crisis stabilization resources;
- Section V. E. Strategy 5: Capacity Building and Technical Assistance: Capacity Building for <u>Providers with Expertise in Culturally and Linguistically Appropriate Services</u>, which will invest in capacity building for crisis care centers operators to further enhance their capacity to deliver culturally and linguistically appropriate services, and

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¹⁶⁹ According to the Substance Abuse and Mental Health Services Administration (SAMHSA), "person-centered care—also known as patient-centered care—means consumers have control over their services, including the amount, duration, and scope of services, as well as choice of providers. Person-centered care also is respectful and responsive to the cultural, linguistic, and other social and environmental needs of the individual. Family-centered care recognizes the important role of family members and caregivers in the design and implementation of services." [LINK]

¹⁷⁰ SAMHSA's working definition of "recovery-oriented care" defines recovery as a process of change through which individuals improve their health and wellness, live self-directed lives, and strive to reach their full potential. Recovery signals a dramatic shift in the expectation for positive outcomes for individuals who experience mental and substance use conditions or the co-occurring of the two. [LINK]

¹⁷¹ National Culturally and Linguistically Appropriate Services (CLAS) Standards. Think Cultural Health, U.S. Department of Health & Human Services [LINK]

• <u>Section VII.A. Evaluation and Performance Measurement Principles</u>, which will measure how well crisis care centers are meeting these needs to hold DCHS accountable for implementing and improving upon culturally and linguistically appropriate services.

Integrate Care for People Who Use Substances

Community members identified substance use services as an essential resource to include in crisis care centers because so many people in a mental health crisis have co-occurring substance use or their crisis is primarily related to substance use.¹⁷² Service provider partners emphasized that the model should include medication for opioid use disorder (MOUD), withdrawal management (sometimes referred to as "detox"), substance use counseling, distribution of overdose prevention supplies like naloxone, and testing for HIV and Hepatitis C.

Least Restrictive Care

Community partners, especially peer specialists and people with lived experience of a behavioral health condition, frequently voiced a preference for crisis care center services to be voluntary as much as possible. Some community partners acknowledged that state regulations, as well as rare uncontrollable circumstances, such as when someone is refusing help even when their life is in danger, might require involuntary interventions such as detention by a law enforcement officer, placement of Involuntary Treatment Act (ITA) holds by a designated crisis responder (DCR), involuntary medications, seclusions, and restraints.¹⁷³ Most community partners agreed that involuntary interventions should be minimized by proactively engaging someone in treatment decisions whenever possible in the least restrictive setting. Furthermore, community partners expressed consensus that use of involuntary interventions should be a focus of monitoring and accountability for crisis care centers.

Special Considerations for Serving Children, Youth, and Young Adults in Crisis

Youth, parents, and providers serving youth clearly stated that behavioral health services for youth differ from adult services in many important ways, and that these differences need to be reflected in the youth crisis care center model. Youth behavioral health service providers explained that adolescents' needs differ from the needs of young children (up to approximately age 12), and very young children (up to age 6) and have their own special needs during a behavioral health crisis. Multiple community partners, including youth, also emphasized the unique needs of transition age youth (ages 18-24), also known as young adults, who may not be well served in a combined crisis care center setting with more mature adults.¹⁷⁴ The needs of

¹⁷² Group for the Advancement of Psychiatry. (2021). Roadmap to the Ideal Crisis System: Essential Elements. Measurable Standards and Best Practices for Behavioral Health Crisis Response. National Council for Mental Wellbeing [LINK]

¹⁷³ King County Crisis and Commitment Services offers evaluation of people with behavioral health disorders for involuntary detention in psychiatric and secure withdrawal facilities according to Washington law. The law for adults is RCW 71.05. [LINK] For youth 13 through 17 years of age the law is RCW 71.34. [LINK] Crisis and Commitment staff who perform these duties are referred to as Designated Crisis Responders (DCRs). They are mental health professionals who are specially trained to conduct a holistic investigation of risk and to treat the person in need with dignity and respect during their time of Crisis. Crisis and Commitment Services are available 24 hours a day, 365 days a year. [LINK]

¹⁷⁴ "Young adult," also known as "transition age youth" means a person between eighteen and twenty-four years of age, per RCW 43.330.702 – Homeless youth—Definitions. [LINK]

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families, caregivers, and unaccompanied youth also emerged as important factors. Community members also described the high likelihood that young people with intellectual and developmental disabilities (IDD) will present to crisis care centers. They emphasized the importance of having staff who are specially trained to meet these unique needs. These recommendations were critical to informing the clinical model for the youth crisis care center described in <u>Section V.A. Strategy 1: Create and Operate Five Crisis Care Centers: Clinical Model for Youth Crisis Care Center</u>.

Additional Clinical and Support Considerations

Community members discussed the importance of childcare for parents in crisis, care for pets, safe storage of belongings, nutrition and meal services, full-scope medication formulary, basic laboratory testing, and transportation. Though many of these recommendations are beyond the strategic scope of this Plan, DCHS will take this community feedback into account for future procurement and operational phases of crisis care center services.

Theme B: Increase Access to Care for Populations Experiencing Behavioral Health Inequities

Communities repeatedly voiced an absence of suitable or equitable care access points for when someone is in a behavioral health crisis. The service gaps described in the section above on <u>Need for</u> <u>Places to Go When in Crisis</u> have real impacts on communities. Community partners reported that existing conditions of limited access to real-time behavioral health crisis services leave people suffering without the care they need and at high risk of their crisis becoming significantly worse. Community members identified that this pattern is particularly prominent among Black, Indigenous, and People of Color (BIPOC) communities.

Desirable Location Attributes

Community members, especially people living in rural areas, shared that a critical need is for facilities to be located in places that are easy to access and close to multiple forms of transportation. Geographic and transportation accessibility are critical both for people who seek services themselves as well as for people who are dropped off by first responders. Community members also identified that County-funded transportation should be flexible with reduced barriers such as having costs covered, so that people can come to crisis care centers with confidence that they'll be able to get back to places such as their home or an appropriate clinical care setting. This input informed the capital facility siting requirements described in <u>Section V.A.</u> <u>Strategy 1: Create and Operate Five Crisis Care Centers: Crisis Care Center Capital Facility</u> Development.

Community Outreach among Populations Experiencing Behavioral Health Inequities

Community partners urged the County to promote the launch of crisis care centers. They said that the County should emphasize conducting outreach about the opening of crisis care centers to promote awareness within populations that experience behavioral health inequities (see above section on <u>Who Experiences Behavioral Health Inequities</u>). Community members advocated for an advertising effort to increase awareness about these new resources, particularly in communities that have historically been marginalized and/or under-served. They also cautioned that word of mouth will be powerful, with the possibility of community members either avoiding services based on negative reports, or greater utilization based on positive experiences. <u>Section V.G. Strategy 7: Crisis Care Centers Levy Administration: Community</u>

Engagement includes funding of ongoing community engagement to increase awareness of crisis care center services and associated resources across communities in King County. The goal of this public education work is to increase access to care for populations experiencing behavioral health inequities. To promote equitable access to crisis care centers, there will be a requirement for crisis care center operators to assess the potential equity impacts of their proposed facility as described in Section V.A. Strategy 1: Create and Operate Five Crisis Care Centers: Crisis Care Center Capital Facility Development describing the capital facility siting process.

Theme C: Challenges of Community Resource Limitations

Though the CCC Levy is primarily focused on creating capacity for a front door to care, community partners raised important questions about the back door to ongoing community-based services after a person leaves a crisis care center.

Need to Build a "Bridge to Somewhere"

People with lived experience and behavioral health providers shared the viewpoint that the period immediately following a crisis episode is a high-risk period for negative outcomes, and that it is important to create pathways so that a crisis service is not a "bridge to nowhere," but instead can link someone to resources to continue to recover, such as primary care services, behavioral health services, social services, and housing resources. Providers with experience operating acute care facilities shared concerns about how limitations of community resources like housing resources and outpatient behavioral health services can cause bottlenecks that make it difficult to discharge people from crisis settings, which in turn can impact facility capacity. Community partners also expressed concerns that crisis services that do not bridge to other supports could risk cycling people through crisis systems in a way that is just as problematic as emergency or jail settings. Community members and providers alike advocated to increase access to resources for people in the immediate aftermath of a crisis episode, including access to housing resources. This Plan describes post-crisis stabilization resources in <u>Section V.A. Strategy 1: Create and Operate Five Crisis Care Centers: Post-Crisis Stabilization Activities</u> that were directly informed by this community feedback.

Care Coordination and Peer Engagement

In the aftermath of a behavioral health crisis, people may need to be connected to a range of health and social services such as outpatient care, primary care, housing resources, and public benefits enrollment. However, many barriers exist to successfully connect with these resources. Community partners described barriers such as distrust of providers, concerns about cost of services, difficulties with transportation and making appointments (especially for those experiencing homelessness or housing instability), and stigma. Providers also described fragmented health records systems that prevent information sharing necessary to transition a person's care, including when trying to re-connect someone with an existing provider. Among the peer-run organizations that participated in the CCC Levy planning process, one solution that was voiced often was the value of peer navigators and peer bridgers who can support people who were recently in crisis to access the resources they need. The post-crisis follow-up program described in <u>Section V.A. Strategy 1: Create and Operate Five Crisis Care Centers: Post-Crisis Stabilization Activities</u>, as well as the care coordination infrastructure investments in <u>Section V.G. Strategy 7: Crisis Care Centers Levy Administration: Develop Data Systems Infrastructure and Technology</u>, both aim to address these needs.

Theme D: Interim Solutions While Awaiting Crisis Care Centers

Throughout the implementation planning process, there was a clear sense of urgency among community partners to invest in resources that can serve people as quickly as possible. Since it can take a long time for facilities to be constructed and initiate operations, community members advocated for expedited resources to be implemented while awaiting crisis care centers to come online.

Importance of Community-Based Response

Some community members, especially parents of young people who had been in crisis, advocated for expanding community-based response resources such as mobile crisis services. Though crisis facilities may present a front door to care that is not widely available at the time of this Plan's drafting, many people shared during community meetings that they would prefer to be served in their own environment by an outreach or mobile crisis team. <u>Section V.D. Strategy</u> <u>4: Early Crisis Response Investments: Increase Community-Based Crisis Response Capacity</u> describes ways that DCHS aims to respond to this community feedback by investing in an expansion of community-based crisis services beginning in 2024.

Urgency of the Opioid Overdose Crisis

Another matter of urgency that community members frequently mentioned during engagement was the opioid overdose crisis. Though there is access to some substance use services and harm reduction approaches, particularly in downtown Seattle, many community members expressed ongoing concern about lack of access to essential resources such as the opioid overdose reversal medication naloxone. An early crisis response investment in <u>Section V.D. Strategy 4: Early Crisis</u> <u>Response Investments: Reduce Fatal Opioid Overdoses by Expanding Low Barrier Opioid</u> <u>Reversal Medication</u> would aim to reduce overdoses beginning in 2024.

Theme E: Residential Treatment Facility Preservation and Expansion

To understand the needs of the residential treatment sector, the CCC Levy planning team engaged in a series of conversations with residential treatment facility operators. These included key informant interviews with leadership and front-line workers and onsite visits to facilities. See <u>Appendix E: Site and</u> <u>Field Visits</u> for a complete list of residential treatment facility site visits. Throughout this engagement, conversations centered around understanding the needs of residential treatment facilities for both adult and youth populations, with an emphasis on the loss of facilities in recent years and the resources needed to preserve existing facilities and to add more. Additionally, operators shared insights regarding the value of providing residential treatment services to community members and impact that facility closures have had on the overall behavioral health system.

Residential treatment facility operators shared their challenges operating residential facilities, including historic underinvestment in residential treatment facility capital and maintenance funding. For example, aging facilities require ongoing and often increasing maintenance expenses. Due to inflation and rising costs, operators shared that they do not have enough funding to pay for maintenance and other repairs. Operators expressed that with additional funding, they would be able to address building maintenance to make necessary repairs to facilities. This includes renovations to address health and safety issues, facility improvements such as HVAC repairs, renovations to community spaces, and facility expansion.

Residential treatment facility operator feedback helped to define the allowable activities that are described in <u>Strategy 2: Restore, Expand, and Sustain Residential Treatment Capacity</u>. Activities include

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both preservation of existing residential treatment facilities and expansion of residential treatment facilities.

Some feedback themes shared by community partners during engagement activities related to residential treatment services, including input about clinical care needs, are not addressed in this Plan because they fall outside of the scope of services that the CCC Levy is designed to address. This feedback will help inform future DCHS quality improvement activities outside of the CCC Levy.

Theme F: Behavioral Health Workforce Development

Community engagement related to behavioral health workforce needs included both systemwide community behavioral health workforce issues and needs specific to the crisis care center workforce. DCHS gathered input from subject matter expert groups, listening sessions, and community engagement events. Feedback highlighted the workforce shortage as a key factor in the success of the crisis care centers. Community members stressed the importance of providing culturally congruent care by having a workforce reflective of the communities that they are serving. Direct line workers provided feedback regarding workforce challenges such as low wages, lack of opportunities for career advancement, and burnout. These themes are described in greater detail below and reflected in the design of <u>Strategy 3:</u> <u>Strengthen the Community Behavioral Health Workforce</u>.

Low Wages

Community partners identified that strengthening the behavioral health workforce is important in increasing behavioral health service access for community members. Behavioral health agencies shared they struggle to provide care because workers are not entering the behavioral health workforce due to low wages. Front line workers shared that low wages impact their quality of life, including preventing workers from being able to afford to live in the communities where they work. Workers shared that when they are unable to live in the same communities where they work, they often experience long commutes, which in turn contributes to job dissatisfaction and the decision to seek employment in jobs that pay a higher wage or are located closer to home. Workers also identified that low wages are also a constant challenge for people who need to pay for childcare or family care expenses.

Barriers to Entering the Behavioral Health Workforce

Higher education is often a requirement for positions within the behavioral health workforce. Community partners shared that this is often a barrier for people to enter the behavioral health workforce, especially for populations that have been disproportionally marginalized and have faced barriers to accessing higher education. Community members identified activities such as loan repayment, tuition assistance, assistance with professional licensure fees, and stipends for books and other supplies as examples of activities that reduce barriers for people to enter and remain in the behavioral health workforce.

Worker Retention and Professional Development

Front line behavioral health workers shared their experiences with work burnout and how it impacts their longevity in the community behavioral health field. Workers shared they sometimes experience burnout in their roles, don't have skills to move into a different role, and don't have the resources to access professional development and training to advance their careers. Workers shared that professional development opportunities, more robust clinical

supervision, and additional support at work would help them feel valued and would help them grow professionally.

Limited Collaboration Between Community Behavioral Health and Schools

During listening sessions, front line behavioral health workers shared feedback about their professional pathway entering community behavioral health. Workers expressed concerns about the lack of formal career pathways between schools that train behavioral health professionals and community behavioral health agencies. Additionally, clinical supervisors shared the need to increase awareness among students and workers about the various behavioral health career opportunities and pathways available within community behavioral health agencies.

Importance of Workforce Representation

Community members participating in engagement activities shared that a more diverse behavioral health workforce is needed, for both future crisis care centers and existing community behavioral health agencies. During focus groups, community members stated that when someone is seeking care, a behavioral health professional with similar lived experiences helps to increase the level of comfort for the person accessing care. Community members also shared that a more representative workforce, at both the frontline and leadership levels, can influence practices and conditions within behavioral health agencies to be more inclusive of the different cultures and identities of people seeking behavioral health care.

Feedback solicited through community engagement helped define the allowable funding activities described in <u>Section V.C. Strategy 3: Strengthen the Community Behavioral Health Workforce</u>. Activities funded in this Plan address both the workforce at crisis care centers and the systemwide community behavioral health workforce.

Theme G: Accountability Mechanisms and Ongoing Community Engagement

Throughout the implementation planning process, community partners expressed appreciation for being included in the early planning of the CCC Levy. They also voiced a strong preference to continue to be involved in future phases of the CCC Levy, including monitoring CCC Levy outcomes.

Defining Measures of Success

Community partners demonstrated an interest in being involved in County processes to define measures of success of the CCC Levy. Measures of interest include rates of improvement in regard to someone's mental health or substance use condition, as well as overall quality of life. Measures of equity across outcomes were also described as a priority. These topics are addressed in <u>Section VII. Evaluation and Performance Measurement</u>, which describes the evaluation and performance management plan for the CCC Levy.

Community Engagement During Future Planning Phases

Community partners voiced strong interest in being included during future planning phases. In particular, partners expressed interest in providing ongoing input on the clinical implementation of CCC Levy services and engaging around the opening of each crisis care center. <u>Section V.G.</u> <u>Strategy 7: Crisis Care Centers Levy Administration: Community Engagement</u> includes activities

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related to crisis system administration and includes long-term community engagement as a key focus.

F. Behavioral Health Equity Framework

The CCC Levy will not succeed if it increases access to behavioral health crisis services without also reducing inequities in who can access that care. Inequities in who can access behavioral health care at the time of this Plan's drafting are described above in the section on <u>Who Experiences Behavioral Health</u> <u>Inequities</u>. During this Plan's community engagement process, DCHS received extensive community feedback from community partners about the importance of centering health equity in this Plan, as summarized in the above section on <u>Key Findings of Community Engagement Process</u>. King County Ordinance 19572 reinforces this approach by stating that a key function of behavioral health facilities, including crisis care centers, is to promote equitable and inclusive access to mental health and substance use services for racial, ethnic, experiential, and geographic communities that experience disparities in mental health and substance use conditions and outcomes.¹⁷⁵

This section synthesizes findings from research and community engagement into a behavioral health equity framework for the CCC Levy Implementation Plan, depicted in Figure 12, summarized in Figure 13, and described further in this subsection.

This Plan features gold boxes like the one below to emphasize how the behavioral health equity framework relates to this Plan's strategies.

Behavioral Health Equity Highlight

These gold boxes will appear throughout the CCC Levy Implementation Plan to emphasize the ways that the behavioral health equity framework described above will be pursued through the Plan's strategies and activities.

¹⁷⁵ King County Ordinance 19572. [LINK]

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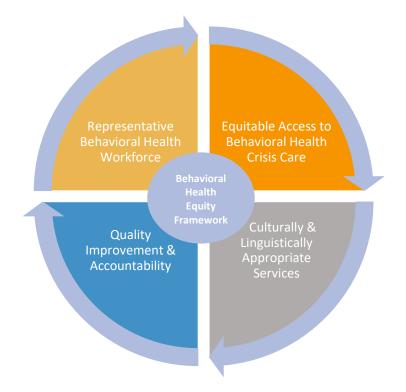


Figure 12. CCC Levy Implementation Plan Behavioral Health Equity Framework

CCC Levy Implementation Plan Behavioral Health Equity Framework Summary				
Behavioral Health Background and Community		CCC Levy Strategies and Activities		
Equity Focus	Engagement			
Increase equitable	 Significant unmet behavioral health 	 Reduce cost/insurance barriers 		
access to behavioral	service needs in sociodemographic	 Increase geographic access 24/7 		
health crisis care	groups	 Promote awareness and outreach to 		
	 Need to reach out to underserved 	populations that disproportionately face		
	communities	barriers to access		
Expand availability	Clinical best practice to offer culturally	Require and support crisis care center		
of culturally and	and linguistically appropriate services	operators to offer CLAS		
linguistically	(CLAS) ¹⁷⁶	 Invest in providers with expertise in 		
appropriate	 Community demand for increased 	CLAS to expand services		
behavioral health	access to CLAS			
services				
Increase	 Culturally concordant care improves 	 Train, recruit and retain a more 		
representativeness	outcomes	representative behavioral health		
of the behavioral	 Community feedback advocating for 	workforce		
health workforce	increased diversity in behavioral			
	health workforce			
Promote	 Need to put accountability 	 Support community engagement 		
accountability to	mechanisms in place	throughout the CCC Levy period		
health equity	 Ongoing community engagement is 	 Track outcomes within and between 		
	needed	demographic subpopulations		
		 Train providers on best practices for 		
		gathering demographic information		
		needed to inform equity analyses		

Figure 13. CCC Levy Implementa	on Plan Behavioral Health Equity Framework Summary

This Plan's behavioral health equity framework aligns closely with King County's historic investments in addressing inequities.¹⁷⁷ In 2016, the Executive released the King County Equity and Social Justice Strategic Plan.¹⁷⁸ The CCC Levy is highly aligned with the main approaches laid out in the Equity and Social Justice Strategic Plan and includes investments in upstream resources to prevent inequities and injustices, community partnerships, County employees, and mechanisms to ensure transparent and accountable leadership. This Plan describes activities that further the Equity and Social Justice Strategic Plan's priority domains for pro-equity policies, including leadership, operations and services; plans, policies and budgets; workforce and workplace; community partnerships; communication and education; and facility and system improvements.

Equitable Access to Behavioral Health Crisis Care

As described in <u>Section III.C. Key Historical and Current Conditions</u>: , behavioral health remains inaccessible to far too many people who need help. King County community members and providers clearly articulated that people in behavioral health crisis face many barriers locally, as described in

¹⁷⁶ National Culturally and Linguistically Appropriate Services (CLAS) Standards. Think Cultural Health, U.S. Department of Health & Human Services [LINK]

¹⁷⁷ King County Ordinance 16948 [LINK]

¹⁷⁸ King County Equity and Social Justice Strategic Plan [LINK]

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Section III.E. Community Engagement Summary: Theme B: Increase Access to Care for Populations Experiencing Behavioral Health Inequities.

Public policies and social norms play a significant role in shaping social determinants of health that result in behavioral health inequities. Studies have shown that the most significant barriers to accessing behavioral health care are related to concerns about high costs and lack of health insurance.¹⁷⁹ These concerns are particularly prevalent among BIPOC communities, in part due to social policies that impeded generational accrual of wealth.¹⁸⁰ The CCC Levy will increase access to behavioral health crisis care by making services available regardless of insurance status or ability to pay, as described in <u>Section</u> V.A. Strategy 1: Create and Operate Five Crisis Care Centers: Crisis Care Center Clinical Model and <u>Section V.A. Strategy 1: Crisis Care Center Post-Crisis Follow-Up Program</u>. While waiting for the crisis care centers to open, CCC Levy funds will also be used to invest funds starting in 2024 to expand access to community-based resources for residents of King County, as described in <u>Section V.D. Strategy 4</u>: <u>Early Crisis Response Investments: Increase Community-Based Crisis Response Capacity</u>, as well as substance use services, as described in <u>Section V.D. Strategy 4</u>: Early Crisis Response Investments: <u>Reduce Fatal Opioid Overdoses by Expanding Low Barrier Opioid Reversal Medication</u> and <u>Section V.D.</u> <u>Strategy 4</u>: Early Crisis Response Investments: Substance Use Capital Facility Investments.

Culturally and Linguistically Appropriate Services

Access to, and engagement in, behavioral health care can also be impeded by a lack of cultural humility amongst providers, as well as language barriers.¹⁸¹ These challenges are described in <u>Section III.C. Key</u> <u>Historical and Current Conditions: Behavioral Health Inequities</u> and were also raised by community members, as described in <u>Section III.E. Community Engagement Summary: Culturally and Linguistically</u> <u>Appropriate Services</u>.

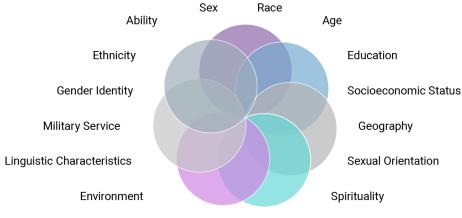
Culturally and linguistically appropriate services (CLAS) are nationally recognized as a way to improve the quality of services provided to all individuals, which will ultimately help reduce health disparities and promote health equity.¹⁸² According to the U.S. Department of Health and Human Services, which developed the CLAS standards, all aspects of a provider's and a client's cultural identity, as depicted in Figure 15, influence the therapeutic process and are relevant to the expansion of CLAS as described throughout this Plan.

 ¹⁷⁹ Walker ER, Cummings JR, Hockenberry JM, Druss BG. Insurance status, use of mental health services, and unmet need for mental health care in the United States. Psychiatr Serv. 2015 Jun;66(6):578-84. [LINK]
 ¹⁸⁰ Coombs NC, Meriwether WE, Caringi J, Newcomer SR. Barriers to healthcare access among U.S. adults with mental health challenges: A population-based study. SSM Popul Health. 2021 Jun 15;15:100847. [LINK]
 ¹⁸¹ Fountain House, From Harm to Health: Centering Racial Equity and Lived Experience in Mental Health Crisis Response, 2021. [LINK]

¹⁸² National Culturally and Linguistically Appropriate Services (CLAS) Standards. Think Cultural Health, U.S. Department of Health & Human Services [LINK]

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Figure 15. Aspects of Experience and Identity that Impact Behavioral Health¹⁸³



Health Beliefs and Practices

Image Source: U.S. Department of Health and Human Services, Think Cultural Health.

The CCC Levy will increase availability of these clinical best practices by investing in crisis care centers and post-crisis follow-up services that include CLAS, as described in <u>Section V.A. Strategy 1: Create and</u> <u>Operate Five Crisis Care Centers: Crisis Care Center Clinical Model</u> and <u>Section V.A. Strategy 1: Culturally</u> <u>and Linguistically Appropriate Post-Crisis Follow-Up Services</u>. CCC Levy funds will also be used to support crisis care center operators with capacity building and technical assistance to ensure they are positioned to meet DCHS's equity goals, as described in <u>Section V.E. Strategy 5: Capacity Building and Technical</u> <u>Assistance: Crisis Care Center Operator Regulatory and Quality Assurance Activities</u>. Finally, behavioral health providers with expertise in CLAS will be eligible to receive funds to build their own capacity to better serve populations experiencing behavioral health inequities, as described in <u>Section V.E. Strategy</u> <u>5: Capacity Building and Technical Assistance: Building for Providers with Expertise in Culturally and</u> <u>Linguistically Appropriate Services</u>.

Representative Behavioral Health Workforce

In addition to offering CLAS as part of clinical best practices, there is evidence that improving diversity among behavioral health workers to better reflect the communities they serve may help improve communication and trust while reducing behavioral health disparities.^{184,185} Based on both the background in <u>Section III.C. Key Historical and Current Conditions: Behavioral Health Workforce</u> <u>Shortages</u> and the community engagement described in <u>Section III.E. Community Engagement Summary:</u> <u>Importance of Workforce Representation</u>, there are investments to improve the representativeness of the community behavioral health workforce, as described in <u>Section V.C. Strategy 3: Strengthen the</u> <u>Community Behavioral Health Workforce: Community Behavioral Health Workforce Representation</u>.

¹⁸³ Image Source: U.S. Department of Health and Human Services, Think Cultural Health: Improving Cultural Competency for Behavioral Health Professionals [LINK]

¹⁸⁴ Shen MJ, Peterson EB, Costas-Muñiz R, Hernandez MH, Jewell ST, Matsoukas K, Bylund CL. The Effects of Race and Racial Concordance on Patient-Physician Communication: A Systematic Review of the Literature. J Racial Ethn Health Disparities. 2018 Feb;5(1):117-140. [LINK]

¹⁸⁵ Chao, P.J., Steffen, J.J., and Heiby, E.M. (2012). The effects of working alliance and client-clinician ethnic match on recovery status. *Community Mental Health Journal* (48), 91-97 [LINK]

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Quality Improvement and Accountability

The final behavioral health equity focus in this Plan relates to ensuring that equity objectives are realized to both improve quality of care and hold the County and behavioral health providers accountable. Community members provided this feedback prominently, as described in Section III.E. Community Engagement Summary: Theme G: Accountability Mechanisms and Ongoing Community Engagement. The CCC Levy's operations funding for crisis care center operators includes funds to collect high quality data about client characteristics, as described in Section V.A. Strategy 1: Collect and Report High Quality Data, and then to use this information to implement continuous guality improvement activities that monitor and concertedly aim to reduce observed disparities, as described in Section V.A. Strategy 1: Continuous Quality Improvement. The CCC Levy will further invest in community-based organizations or behavioral health providers with expertise in CLAS to provide subject matter expertise to the County to ensure that quality improvement activities are appropriately monitoring and advancing these equity goals, as described in Section V.G. Strategy 7: Crisis Care Centers Levy Administration: Expertise to Support Oversight of Behavioral Health Equity. Additional accountability will occur through the formal evaluation of the CCC Levy, whose funded activities are described in Section V.F. Strategy 6: Evaluation and Performance Measurement Activities and details are provided in Section VII. Evaluation and Performance Measurement. The annual reports will include information about these equity analyses, including information on geographic variations that may provide insights into serving rural communities, as described in Section VIII.B. Reporting Methodology to Show Geographic Distribution by ZIP Code.

In addition to collecting, analyzing, and reporting on data and metrics in a way that accounts for this Plan's behavioral health equity framework, DCHS will engage community partners in an ongoing manner, as described in <u>Section V.G. Strategy 7: Crisis Care Centers Levy Administration: Community Engagement</u>. The Behavioral Health Advisory Board, the advisory body of the CCC Levy, will also play an important role by providing a forum for people with demographics representative of King County, as well as lived experience of mental health and substance use conditions to advise DCHS on the CCC Levy implementation, as described in <u>Section IX. Crisis Care Centers Levy Advisory Body</u>.

IV. Crisis Care Centers Levy Purposes

King County Ordinance 19572 defines the Crisis Care Centers (CCC) Levy's Paramount Purpose and two Supporting Purposes.¹⁸⁶ The Paramount Purpose is to establish and operate a network of five crisis care centers in King County. Supporting Purpose 1 is to restore and expand mental health residential treatment capacity and Supporting Purpose 2 is to strengthen King County's community behavioral health workforce. The Levy's purposes are summarized in Figure 16.

Summary of Crisis Care Centers Levy Purposes			
Paramount Purpose	Crisis Care Centers: Establish and operate a regional network of five crisis		
	care centers in King County, with at least one in each of the four crisis		
	response zones and one serving youth.		
Supporting Purpose 1	Residential Treatment: Restore the number of mental health residential		
	treatment beds to at least 355 and expand the availability and sustainability		
	of residential treatment in King County.		
Supporting Purpose 2	Community Behavioral Health Workforce: Increase the sustainability and		
	representativeness of the behavioral health workforce in King County by		
	expanding community behavioral health career pathways, sustaining and		
	expanding labor-management workforce development partnerships, and		
	supporting crisis workforce development.		

Figure 16. S	Summary of Crisi	s Care Centers	Levy Purposes
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The CCC Levy's Paramount and two Supporting Purposes are required by Ordinance 19572 and will significantly support King County residents' behavioral health. However, the CCC Levy cannot transform or repair the region's entire system of behavioral health care. Attempting to do so without first fulfilling the CCC Levy's required purposes risks dissipation of the CCC Levy's resources. To promote focused and high-quality implementation of this initiative, this Plan maintains the three mandatory, voter-approved purposes of the CCC Levy.

Paramount Purpose

The Paramount Purpose of the CCC Levy is to create and support operations of a regional network of five crisis care centers across King County, including at least one that specializes in serving youth. These crisis care centers will strengthen this region's community behavioral health system by creating safe and welcoming places for people experiencing an urgent behavioral health need to quickly access behavioral health care, as described in detail in <u>Section V.A. Strategy 1: Create and Operate Five Crisis Care Centers</u>. Crisis care centers will promote continuity of care by connecting people to behavioral health and social service resources to support ongoing recovery.

Supporting Purpose 1

Supporting Purpose 1 will restore mental health residential beds lost in King County since 2018. During this brief period, King County's mental health residential bed capacity has dropped by 115 beds, or nearly one third. To restore this bed capacity to 355 beds as King County had in 2018, the CCC Levy will fund capital and maintenance expenses to preserve existing and build new mental health residential treatment beds in King County, as described in detail in <u>Section V.B. Strategy 2: Restore, Expand, and Sustain Residential Treatment Capacity</u>.

¹⁸⁶ King County Ordinance 19572 [LINK].

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Supporting Purpose 2

Supporting Purpose 2 addresses community behavioral health workforce shortages and the need to grow and sustain the behavioral health workforce, including but not limited to the workforce at the region's new crisis care centers. Investments related to this purpose are intended to increase the sustainability and representativeness of the behavioral health workforce by expanding community behavioral health career pathways, sustaining and expanding labor-management workforce development partnerships, and supporting crisis workforce development.¹⁸⁷ These activities are described in detail in Section V.C. Strategy 3: Community Behavioral Health Workforce.

¹⁸⁷ A focus of the Plan is to increase accessibility of behavioral health services, including crisis services funded by the CCC Levy, for all King County residents, including populations who experience behavioral health inequities. A consistent theme of community engagement was the importance for people seeking care of culturally and linguistically congruent services, staff with lived experience of behavioral health crises, and demographic representativeness. Establishing a workforce that is representative of King County's population, with particular care to representativeness for populations experiencing behavioral health inequities (see <u>Who Experiences</u> <u>Behavioral Health Inequities</u>), will ensure that more King County residents can choose to receive care from a provider with whom they are comfortable and is one of this Plan's strategies to ensure that all King County residents have meaningful access to CCC Levy-funded facilities and services.

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V. Crisis Care Centers Levy Strategies and Allowable Activities

King County Ordinance 19572 requires this Plan to define strategies for how CCC Levy funds will be invested between 2024 and 2032 to achieve the Levy's purposes.¹⁸⁸ This Plan's strategies reflect Ordinance 19572 requirements and input from community partners, subject matter experts, and DCHS staff, as described in <u>Section III.D. Background: Implementation Plan Methodology</u>.

Figure 17 summarizes the strategies, and Figure 18 illustrates which strategies directly and indirectly support each of the CCC Levy's purposes. Descriptions of each strategy and its allowable expenditures and activities follow the summary figures.

¹⁸⁸ King County Ordinance 19572 [LINK]

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Figure 17. Summary of the CCC Levy Strategies

Summary of the CCC Levy Strategies			
Strategy	Summary Description		
Strategy 1 Create and Operate Five Crisis Care Centers Strategy 2 Restore, Expand, and Sustain Residential Treatment Capacity	 Capital funding to create and maintain five crisis care centers Operating funding to support crisis care center personnel costs, operations, services, and quality improvement Post-crisis follow-up for people after leaving a crisis care center Capital resources to restore mental health residential treatment capacity to at least 355 beds in King County Capital resources to expand and sustain residential treatment capacity 		
Strategy 3 Strengthen the Community Behavioral Health Workforce	 Resources to expand community behavioral health career pathways, including investments to stabilize and sustain King County's community behavioral health workforce and increase workforce representativeness Resources to expand and sustain labor management workforce development partnerships, including support for apprenticeships Resources to support the development of the region's behavioral health crisis workforce, including crisis care center workers 		
Strategy 4 Early Crisis Response Investments	 Resources to expand community-based crisis service capacity starting in 2024, before crisis care centers are open Resources starting in 2024 to respond faster to the overdose crisis 		
Strategy 5 Capacity Building and Technical Assistance	 Resources to support the implementation of CCC Levy strategies Support for capital facility siting Build capacity for culturally and linguistically appropriate services 		
Strategy 6 Evaluation and Performance Measurement Strategy 7	 Resources to support CCC Levy data collection, evaluation, and performance management Analyses of the CCC Levy's impact on behavioral health equity Investments in CCC Levy administration, community engagement, 		
CCC Levy Administration	information technology systems infrastructure, and designated crisis responder (DCR) accessibility ¹⁸⁹		
Strategy 8 CCC Levy Reserves	Provide for and maintain CCC Levy reserves ^{190,191}		

Figure 18. How Each Strategy Advances the CCC Levy's Purposes

¹⁹⁰ Ordinance 19704 created the crisis care center fund to account for CCC Levy proceeds. [LINK]
 ¹⁹¹ This strategy creates a fund reserve equal to 60 days of budgeted expenditures, less capital expenses, consistent with King County Comprehensive Financial Management Policies (2016). [LINK]

¹⁸⁹ King County Crisis and Commitment Services offers evaluation of people with behavioral health disorders for involuntary detention in psychiatric and secure withdrawal facilities according to Washington law. The law for adults is RCW 71.05. [LINK] For youth 13 through 17 years of age the law is RCW 71.34. [LINK] Crisis and Commitment staff who perform these duties are referred to as Designated Crisis Responders (DCRs). They are mental health professionals who are specially trained to conduct a holistic investigation of risk and to treat the person in need with dignity and respect during their time of crisis. Crisis and Commitment Services are available 24 hours a day, 365 days a year. [LINK]

How Each Strategy Advances the CCC Levy's Purposes			
Strategy	Paramount Purpose Crisis Care Centers	Supporting Purpose 1 Residential Treatment	Supporting Purpose 2 Community Behavioral Health Workforce
Strategy 1 Create and Operate Five Crisis Care Centers	Direct Link		
Strategy 2 Restore, Expand, and Sustain Residential Treatment Capacity		Direct Link	
Strategy 3 Strengthen the Community Behavioral Health Workforce	Direct Link		Direct Link
Strategy 4 Early Crisis Response Investments	Indirect Link		
Strategy 5 Capacity Building and Technical Assistance	Direct Link	Direct Link	Indirect Link
Strategy 6 Evaluation and Performance Measurement	Indirect Link	Indirect Link	Indirect Link
Strategy 7 CCC Levy Administration	Indirect Link	Indirect Link	Indirect Link
Strategy 8 CCC Levy Reserves	Indirect Link	Indirect Link	Indirect Link

A. Strategy 1: Create and Operate Five Crisis Care Centers

Overview

The Paramount Purpose of the CCC Levy is to create and operate a regional network of five crisis care centers across King County. The CCC Levy's network of crisis care centers will create a new front door for people in crisis who need behavioral health services. Crisis care centers will help people by:

- Providing in-person behavioral health services tailored to the needs of people in behavioral health crisis;
- Creating a dedicated place for people in crisis to receive effective care from specialized behavioral health providers;
- Serving as a destination for first responders, including law enforcement, to bring people who need behavioral health care;
- Expanding King County's behavioral health continuum of care as a complement to services funded through the KCICN, BH-ASO, and MIDD (see <u>Section III.C. Key Historical and Current</u> <u>Conditions: Behavioral Health Service Funding Limitations and Opportunities</u>), and

• Reducing reliance on hospital emergency departments, hospitals, and jails as places that people go when in behavioral health crisis.

This section provides an overview of the CCC Levy's crisis care center program and the allowable activities within Strategy 1, including descriptions of:

- The clinical model for the five crisis care centers, including the one dedicated to serving youth;
- Post-crisis stabilization activities to support people after a crisis care center visit;
- DCHS' role to oversee and improve the quality of the crisis care centers;
- Allowable operational and capital funding activities for crisis care centers;
- Crisis care center capital facility requirements, and
- The crisis care centers procurement and siting process.

Crisis Care Center Clinical Program Overview

The purpose of this Plan is to guide DCHS in its administration and implementation of the CCC Levy. This section of the Plan describes the initial vision for crisis care centers operations to inform appropriate County-level guidance for levy-level administration activities such as procurements, contracting, performance measurement, and communications with communities. This Plan does not preempt relevant state or federal laws or regulations. It also is not intended to interfere with patient-level care decisions that are more appropriately governed outside of a County-level implementation plan.

DCHS will refine this clinical program and model during procurement and implementation phases based on improved understanding of community needs, to incorporate rapid advancements in the evidence base for effective behavioral health care, to satisfy future federal and state regulatory guidance and licensing rules, and using continuous quality improvement practices that respond to performance data and community accountability. (See more on <u>Oversight of Crisis Care Center Quality and Operations</u> later in this subsection).

The crisis care center clinical program model has four parts:

- 1. Clinical components,
- 2. Services,
- 3. A facility, and
- 4. An **operator**.

Specifically, the crisis care center clinical program has three **clinical components** (24/7 Behavioral Health Urgent Care, 23-Hour Observation Unit, and Crisis Stabilization Unit), in which **services** (assessment, triage, interventions, referrals) are provided at a sited **facility** (see <u>Crisis Care Center Capital Facility</u> <u>Development</u>) by an **operator** that has been competitively selected by DCHS (see <u>Crisis Care Center</u> <u>Procurement and Siting Process</u>).

This clinical program model is based on multiple inputs, including:

- The core elements of crisis care centers as defined in King County Ordinance 19572 (see Figure 19).¹⁹²
- SAMHSA's National Guidelines for Behavioral Health Crisis Care, which call for the creation of crisis facilities ("somewhere to go") for people in crisis to seek help as part of a robust

¹⁹² King County Ordinance 19572 [LINK]

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behavioral health crisis system (see <u>Section III.C. Key Historical and Current Conditions: Need for</u> <u>Places to Go When in Crisis</u>);^{193,194}

- The CCC Levy community engagement process, which identified several clinical best practices that helped inform many of the clinical model components (see <u>Section III.E. Community</u> <u>Engagement Summary: Theme A: Implement Clinical Best Practices in Crisis Services</u>);
- Key informant interviews with subject matter experts and other community partners, which helped tailor crisis care center services to local contexts and needs (see <u>Section III.D.</u> <u>Implementation Plan Methodology</u>: Crisis Care Center Methodology); and
- Site visits to 10 adult or youth behavioral health crisis facilities in Washington, California, and Arizona (see <u>Appendix E: Site and Field Visits</u>).

Figure 19. Crisis Care Center Definition as Defined in King County Ordinance 19572¹⁹⁵ Crisis Care Center Definition

"Crisis care center" means a single facility or a group of facilities that provide same-day access to multiple types of behavioral health crisis stabilization services, which may include, but are not limited to, those described in RCW 71.24.025(20), as amended.¹⁹⁶ A crisis care center shall endeavor to accept at least for initial screening and triage any person who seeks behavioral health crisis care.

Among the types of behavioral health crisis stabilization services that a crisis care center shall provide are:

- A behavioral health urgent care clinic that offers walk-in and drop-off client screening and triage 24 hours per day, seven days per week;
- Access to onsite assessment by a designated crisis responder;
- A 23-hour observation unit or similar facility and service that allows for short-term, onsite stabilization of a person experiencing a behavioral health crisis; and
- A crisis stabilization unit that provides short-term, onsite behavioral health treatment for up to 14 days or a similar short-term behavioral health treatment facility and service.

A crisis care center shall be staffed by a multidisciplinary team that includes peer counselors. A crisis care center may incorporate pre-existing facilities that provide crisis stabilization services so long as their services and operations are compatible with this definition. Where a crisis care center is composed of more than one facility, those facilities shall either be geographically adjacent or shall have transportation provided between them to allow persons using or seeking service to conveniently move between facilities.

DCHS intends for crisis care centers to incorporate clinical best practices, as described throughout the clinical model below. These best practices are summarized in <u>Appendix G: Clinical Best Practices in</u> <u>Behavioral Health Crisis Services</u> and include care that is trauma-informed, recovery-oriented, personcentered, culturally and linguistically appropriate, integrated, and delivered in the least restrictive

¹⁹³ Substance Abuse and Mental Health Services Administration. (2020). National Guidelines for Behavioral Health Crisis Care - Best Practice Toolkit. [LINK]

¹⁹⁴ Substance Abuse and Mental Health Services Administration: National Guidelines for Child and Youth Behavioral Health Crisis Care. Publication No. PEP22-01-02-001 Rockville, MD: Substance Abuse and Mental Health Services Administration, 2022. [LINK]

 ¹⁹⁵ King County Ordinance 19572 [LINK]
 ¹⁹⁶ RCW 71.24.025. [LINK]

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setting. This Plan includes support for providers to implement these best practices through <u>Strategy 5:</u> <u>Capacity Building and Technical Assistance</u>. This model reflects high quality standards of compassionate and effective care in crisis settings.¹⁹⁷

Behavioral Health Equity Highlight

Section III.F. Behavioral Health Equity Framework: Culturally and Linguistically Appropriate Services describes how access to behavioral health care can be impeded by a lack of cultural humility amongst providers and by language barriers.¹⁹⁸ These challenges are described in <u>Section III.C. Key Historical</u> and Current Conditions: Who Experiences Behavioral Health Inequities and were also raised by community members, as described in <u>Section III.E. Community Engagement Summary: Culturally and Linguistically Appropriate Services</u>.

Culturally and linguistically appropriate services (CLAS) are nationally recognized as a way to improve the quality of services provided to all individuals, which will ultimately help reduce health disparities and promote health equity.¹⁹⁹ The CCC Levy will increase availability of these clinical best practices by investing in crisis care centers that include CLAS, including interpretation and translation services. CCC Levy funds will be used to support crisis care center operators with capacity building and technical assistance to ensure they are positioned to meet DCHS's equity goals, as described in <u>Section V.E.</u> <u>Strategy 5: Capacity Building and Technical Assistance: Crisis Care Center Operator Regulatory and</u> <u>Quality Assurance Activities</u>.

Crisis Care Center Clinical Model

The crisis care center clinical model described in this subsection applies to the four crisis care centers that will primarily serve adults. Figure 20 depicts the model and Figure 21 describes the model in greater detail. The youth crisis care center clinical model is described in the next section. This clinical model describes how at the time of this Plan's transmittal DCHS expects crisis care centers will operate, providing a level of detail beyond what is included in King County Ordinance 19572.²⁰⁰ All of the crisis care centers will offer the three clinical components (24/7 behavioral health urgent care, 23-hour observation, and crisis stabilization), which will provide different levels of care depending on each person's needs. The centers will primarily provide accessible and efficient assessment, short-term stabilization, and triage to subsequent services and supports.

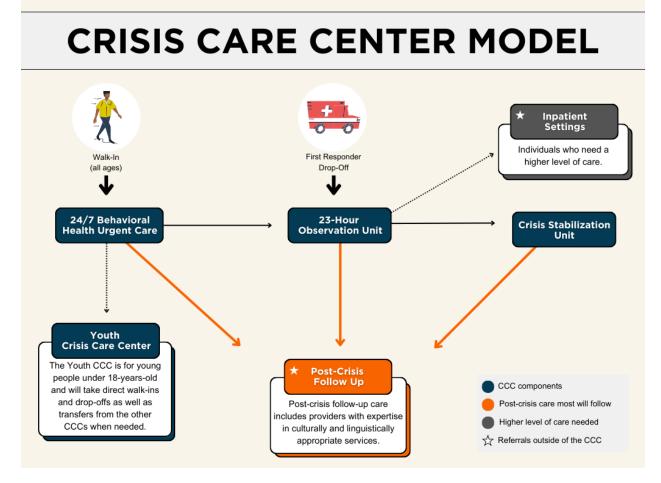
¹⁹⁷ Group for the Advancement of Psychiatry. (2021). Roadmap to the Ideal Crisis System: Essential Elements. Measurable Standards and Best Practices for Behavioral Health Crisis Response. National Council for Mental Wellbeing. [LINK]

¹⁹⁸ Fountain House, From Harm to Health: Centering Racial Equity and Lived Experience in Mental Health Crisis Response, 2021. [LINK]

¹⁹⁹ National Culturally and Linguistically Appropriate Services (CLAS) Standards. Think Cultural Health, U.S. Department of Health & Human Services [LINK]

²⁰⁰ King County Ordinance 19572 [LINK]

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DCHS, in partnership with community behavioral health providers, will create crisis care centers that operate according to the clinical model depicted in Figure 20 above and described in Figure 21 below.

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Figure 21. Summary of the Crisis Care Center Clinical Model

		Crisis Care Cent	er Clinical Model	
Clinical Model Components				
		24/7 Behavioral Health Urgent Care	23-Hour Observation Unit	Crisis Stabilization Unit
How can a person Specific to each		Walk-in (no referral needed) or referred/brought in by provider/support system; adults and children	Triaged from urgent care; first responder direct drop-off	Triaged from 23-hour observation or other settings
access care?	Across all components	"No wrong door" access for all behavioral health needs; all welcome regardless of insurance or ability to pay; meets medically stability criteria		
Specific to each What component services are available?		Initial screening and triage; access to basic needs; mental health and substance use evaluation; brief interventions; medication refills	Up to 23 hours and 59 minutes (with exceptions); full-scope acute psychiatric care; crisis stabilization services; treat basic medical needs; initiate withdrawal management	Up to 14 days; group therapy; substance use counseling; withdrawal management; complex care coordination
	Across all components	Peer engagement; care that is person-centered, trauma-informed, and culturally and linguistically appropriate; medications for opioid use disorder; care coordination to health and social services, including basic housing resources; discharge planning		
Where can a person go next?	Specific to each component	If medically unstable, to emergency room; if severe behavioral health symptoms and likely to benefit, to 23-hour observation (≥18 years) or youth crisis care center (<18 years)	If needs more time for stabilization, to crisis stabilization unit; if placed on hold by Designated Crisis Responder, transferred out to involuntary treatment setting	If longer-term supports needed, care transition to appropriate setting such as a higher level of care or a mental health or substance use residential treatment setting
	Across all components	If none of the above, most referred to post-crisis follow-up programs and, if available, existing community-based providers; transportation provided to off-site settings		
What is the physical	Specific to each component	Living room model with office space; separate section for youth	Recliner chairs; safety features; dedicated first-responder entrance; outdoor space	Beds in comfortable configuration; outdoor space
space like?	Across all components	Safe and welcoming; comfortable furniture; balance between private and group spaces; areas for outside providers and families/caregivers		

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RPC Meeting Materials

Access to Crisis Care Centers

Crisis care centers are places to go in a crisis. People will primarily access care by self-presenting to the behavioral health urgent care clinic, which may include having another person like a service provider or family member bring the person. Just like a physical health urgent care clinic, people seeking same-day behavioral health care outside the traditional outpatient clinic setting should be able to access the behavioral health urgent care clinic as a "front door" to services.

Crisis care centers will also receive drop-offs by first responders, which include, but are not limited to, mobile crisis teams, co-responder teams, emergency medical services, and law enforcement. First responder drop-offs will be made directly into the 23-hour observation unit through a dedicated first responder entrance. These drop-offs are expected be completed in an efficient manner so that first responders can return to their duties as quickly as possible.

Youth under age 18, including those who are unaccompanied by parents or caregivers as permitted by state law, will be able to seek behavioral health urgent care services in any of the crisis care centers, though the youth crisis care center detailed in the next subsection will be tailored best to their needs (see <u>Clinical Model for Youth Crisis Care Center</u>). Crisis care centers will follow the "no wrong door" approach, meaning individuals will be able to receive at least an initial screening and triage for all clinical needs.²⁰¹ Examples of "no wrong door" may include an individual facing their first crisis episode, someone without regular access to behavioral health care, or an established client seeking services outside their outpatient clinic's standard hours. Services will be available regardless of ability to pay and without an appointment.²⁰² DCHS will work with crisis care center operators and other crisis system partners to determine criteria and protocols to manage new admissions when a center is at full capacity.

Behavioral Health Equity Highlight

Section III.F. Behavioral Health Equity Framework: Equitable Access to Behavioral Health Crisis Care describes how populations experiencing behavioral health inequities (see Section III.C. Key Historical and Current Conditions: Who Experiences Behavioral Health Inequities) have limited access to behavioral health care, particularly because of high costs and lack of insurance.²⁰³ By increasing access to specialty behavioral health care as an alternative to emergency departments and jails, and by accepting all people regardless of insurance status or ability to pay, King County intends for crisis care centers to be structural solutions that can address these inequities at the root cause.

Initial Screening and Triage

People coming to a crisis care center will receive an initial screening for mental health and substance use service needs, social service needs, and medical stability. Peer specialists will engage with each person, if appropriate, to help them feel welcome and safe. Based on feedback from community partners (see <u>Section III.E. Community Engagement Summary: Theme A: Implement Clinical Best Practices in Crisis</u> <u>Services</u>), all team members engaging with people experiencing a behavioral health crisis will be trained

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²⁰¹ Substance Abuse and Mental Health Services Administration. (2020). National Guidelines for Behavioral Health Crisis Care - Best Practice Toolkit. [LINK]

²⁰² King County Ordinance 19572 [LINK]

²⁰³ Walker ER, Cummings JR, Hockenberry JM, Druss BG. Insurance status, use of mental health services, and unmet need for mental health care in the United States. Psychiatr Serv. 2015 Jun;66(6):578-84. [LINK]

and supervised to use trauma-informed, recovery-oriented, and culturally and linguistically appropriate approaches (see <u>Appendix G: Clinical Best Practices in Behavioral Health Crisis Services</u>).

The goal of the initial screening is for the clinical team to work with the person in crisis to make shared decisions about what services and supports they may need. People who come to a crisis care center may be triaged to a more appropriate setting when they do not meet criteria for medical stability or do not have an active mental health or substance use need, which DCHS will define with input from community partners including first responders.²⁰⁴ People who decline services will be treated respectfully so their experience increases their likelihood of accepting services in the future.

Services Available at Crisis Care Centers

Some services will be available throughout a crisis care center, while others will be specific to certain components identified in Figure 21. Regardless of how someone enters a crisis care center or which component they are in, crisis care center operators may first address each person's basic needs by providing resources such as food and water, clean clothes, and a safe place to rest. Peer specialists will work across the components to engage and support people to take steps towards their recovery goals and access the services they need. Whenever possible, DCHS expects the crisis care center operator to collaborate with outside service providers to promote continuity of care and observe clinical best practices.

Psychiatric providers will be available 24/7 to provide services that include, but are not limited to, medication refills, administration of long-acting injectable medications, and initiation of medications for psychiatric symptoms, opioid use disorder and substance use withdrawal.²⁰⁵ Social service providers will be available to help access benefits and existing housing resources (see more on <u>Housing Stability</u> <u>Resources</u> later in this subsection). Supports for people with co-occurring behavioral health needs and intellectual and developmental disabilities will also be available at the centers.

Crisis stabilization services will be offered only in the 23-hour observation units (up to 23 hours and 59 minutes, with possible exceptions depending on Washington State Department of Health regulations) and crisis stabilization units.²⁰⁶ Services and methodologies in these components will include, but are not limited to, maintaining a safe and healing environment, using de-escalation techniques, creating safety plans and crisis plans, and providing evidence-based therapies and substance use counseling. DCHS expects that the 23-hour observation unit to be equivalent to a psychiatric emergency service in its ability to serve the full scope of mental health and substance use crises that people will present with at the facilities. This component will also have the most staff working at any given time compared to the other components, including staff to implement a significant focus on maintaining a safe and healing environment. In contrast, DCHS expects the crisis stabilization unit to be a lower level of care, with a focus on problem solving around complex health and social service needs and engaging in short-term

²⁰⁴ First responders include, but are not limited to, mobile crisis teams, co-responder teams, emergency medical services, and law enforcement.

²⁰⁵ Psychiatric providers include but are not limited to psychiatrists, psychiatric nurse practitioners, and psychiatric physician assistants.

²⁰⁶ Washington State Department of Health Proposal Statement of Inquiry CR-101 regarding WSR 23-13-017, to implement 2SSB 5120 (2023). [LINK]

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counseling within a maximum stay of 14 days. Stabilization beds may be dual licensed to also provide medically monitored withdrawal management services.²⁰⁷

In addition to services, the physical space of a crisis care center affects its function.²⁰⁸ Though the <u>Site</u> and <u>Facility Requirements</u> later in Strategy 1 address the detailed regulatory requirements for these facilities, this subsection briefly describes the clinical importance of the physical space based on the community feedback described in <u>Section III.E: Community Engagement Summary: Welcoming and Safe</u>.

DCHS envisions that the crisis care centers will have design features that include, but are not limited to:

- a space that is both open and has flexible rooms to protect privacy when needed;
- comfortable, private, and calming spaces;
- a designated "swing" space to safely separate youth and other vulnerable populations;
- spaces to accommodate outside service providers as well as family and caregivers;
- sound suppression features to prevent echoes and minimize over-stimulation for people living with intellectual or developmental disabilities;
- a dedicated entrance for first responders for discrete and efficient drop-offs, and
- accessible outdoor space.

DCHS will provide technical assistance and oversight of crisis care center operators to design facilities that support the clinical model described above.

Triage to the Next Level of Care

DCHS anticipates that most people who come in through the urgent care clinic will have their needs addressed in that setting with potential follow-up care (see <u>Post-Crisis Stabilization Activities</u>), based on similar care models.²⁰⁹ DCHS will establish triage criteria, with input from crisis care center operators and other community partners, for entry to the 23-hour crisis observation or crisis stabilization units, which will be consistent for adult centers and tailored for children (see <u>Clinical Model for Youth Crisis</u> <u>Care Center</u>). The criteria will include with factors that may assess risk of suicide or violence, behavioral distress, withdrawal from substances, and likelihood of benefitting from a higher level of care. Anyone under age 18 who needs a higher level of care may be transferred to the youth crisis care center, as capacity allows. If someone needs longer-term services, the crisis care center team may initiate a referral to an appropriate care setting, such as a mental health or substance use residential treatment setting.

It is a priority of King County for behavioral health crisis care to be delivered in the least restrictive way.²¹⁰ This means that the person receiving services remains in control of their own care as much as

 ²⁰⁷ Washington State Health Care Authority - Adult Withdrawal Management Services [LINK]
 ²⁰⁸ Based on crisis center clinical leadership's report during a DCHS staff site visit to crisis facilities listed in <u>Appendix E: Site and Field Visits</u>

²⁰⁹ Based on crisis center clinical leadership's report during a DCHS staff site visit to a crisis facility in Phoenix, AZ.
²¹⁰ Least restrictive care refers to care provided in settings that least interfere with a person's civil rights and freedom to participate in society. The practice of care in least restrictive settings supports the key values of self-determination in behavioral health care: that people should be able to disagree with clinician recommendations for care; that people should be informed participants in defining their care plan; and that state laws and agency policies are applied only as a last resort for people who are unable to act in their own self-interests. Detoxification

possible. Community members provided clear support for this approach, as described in Section III.E. Community Engagement Summary: Least Restrictive Care.

Only when a significant concern exists that a person meets statutory criteria for involuntary treatment and the person declines treatment despite every effort to engage them in care voluntarily, DCHS anticipates that the crisis care center clinical staff will request an evaluation for potential involuntary treatment by a designated crisis responder (DCR), as required by the Involuntary Treatment Act.²¹¹ A DCR would come as quickly as possible to conduct an evaluation onsite at a crisis care center, as required by King County Ordinance 19572.^{212,213} Section V.G. Strategy 7: Crisis Care Centers Levy Administration: Designated Crisis Responder Accessibility provides resources to help expedite designated crisis responder response times.

If a DCR determines that someone requires involuntary treatment in accordance with the Involuntary Treatment Act, then the crisis care center may continue to provide services up until transfer to the most appropriate alternative setting, such as a psychiatric hospital or evaluation and treatment (E&T) bed.²¹⁴ DCHS will work with crisis care center operators to develop policies and procedures that minimize the use of involuntary interventions while remaining compliant with Washington State law. DCHS will require crisis care center operators to monitor and report on the use of involuntary interventions, including assessing for potential disparities by race and other demographics. Crisis care center operators will also be required to use widely recognized national best practices such as the Six Core Strategies to Reduce Seclusion and Restraint Use, which promotes alternative interventions such as prevention of escalation, trauma-informed and person-centered approaches, and de-escalation techniques like affording the person ample space and time.²¹⁵

DCHS expects that, when someone is ready for discharge from a crisis care center, crisis care center team members will work with each person to determine appropriate transitions to engage with community-based health and social service resources. Resources include, but are not limited to, reconnecting people with their existing providers, initiating new outpatient referrals, providing prescription refills and medications for opioid use disorder, and linking people to post-crisis follow-up care. (See more on Post-Crisis Stabilization Activities later in this subsection.) To provide the clinical best practice of integrating behavioral health with physical health care, as described in Appendix G: Clinical

²¹⁴ RCW 71.05. [LINK]

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and Substance Abuse Treatment. Rockville (MD): Substance Abuse and Mental Health Services Administration (US); 2006. (Treatment Improvement Protocol (TIP) Series, No. 45.) 2 Settings, Levels of Care, and Patient Placement. [LINK]

²¹¹ The Involuntary Treatment Act (ITA) law for adults is RCW 71.05. [LINK] For youth 13 through 17 years of age the ITA law is RCW 71.34. [LINK]

²¹² King County Ordinance 19572 [LINK]

²¹³ King County Crisis and Commitment Services offers evaluation of people with behavioral health disorders for involuntary detention in psychiatric and secure withdrawal facilities according to Washington law. The law for adults is RCW 71.05. For youth 13 through 17 years of age the law is RCW 71.34. Crisis and Commitment staff who perform these duties are referred to as Designated Crisis Responders (DCRs) They are mental health professionals who are specially trained to conduct a holistic investigation of risk and to treat the person in need with dignity and respect during their time of Crisis. Crisis and Commitment Services are available 24 hours a day, 365 days a year [LINK]

²¹⁵ National Association of State Mental Health Program Directors (2008). Six Core Strategies to Reduce Seclusion and Restraint Use. [LINK]

Best Practices in Behavioral Health Crisis Services, crisis care center operators may partner with primary care providers, including federally qualified health centers (FQHCs) or similar programs, to facilitate referrals to primary care and access to low-cost medications.²¹⁶

Clinical Model for Youth Crisis Care Center

The youth crisis care center will be a specialized clinical setting designed to serve young people, as well as their families and caregivers, in coordination with other youth behavioral health services available in King County. This youth clinical model describes how at the time of this Plan's transmittal DCHS expects crisis care centers will operate, providing a level of detail beyond what is included in King County Ordinance 19572.²¹⁷

The County intends for the youth crisis care center to be like the other four centers in most ways, including its components, approach to screening and triage, available services, and physical environment. However, youth crisis care centers will be a specialized child and adolescent behavioral health setting. At a minimum, the youth crisis care center will:

- Offer services to and collaborate with the youth in crisis as well as their families and caregivers.
- Employ team members specially trained in youth behavioral health services and co-occurring intellectual and developmental disabilities.
- Employ peer specialists that include both young people and parent advocates with lived experience of navigating youth behavioral health services.
- Accommodate the unique needs of younger children and adolescents, such as the use of agespecific stabilization units (for example, separate units for children 12 and under and for youth ages 13 to 17), rather than distinct 23-hour observation and crisis stabilization units as in the adult centers.²¹⁸
- Accept transfers when a young person seen at one of the other crisis care centers is determined to meet criteria for facility-based care for reasons such as having a high risk of suicide, violence, or behavioral distress.
- Coordinate with the young person's existing support systems such as school wellness centers, child protective services, foster care, and juvenile justice systems.
- Include spaces for youth service providers, family and caregivers to facilitate coordination and engagement in care.
- Provide youth in need of community-based services with specialized short-term post-crisis wraparound services as the youth is transitioning to ongoing care.

Crisis Care Center Operational Activities

Allowable activities under Strategy 1 include crisis care center operating and service costs. Allowable crisis care center operating activities are described below in Figure 22.

²¹⁷ King County Ordinance 19572 [LINK].

²¹⁶ Health centers are community-based and patient-directed organizations that provide affordable, accessible, high-quality primary health care services to individuals and families. Health centers integrate access to pharmacy, mental health, substance use disorder, and oral health services in areas where economic, geographic, or cultural barriers limit access to affordable health care. Federally Qualified Health Centers and look alike health centers are eligible for increased reimbursement for services provided to Medicare and Medicaid beneficiaries. Health Resources and Services Administration (HRSA) - What is a Health Center? [LINK]

²¹⁸ These age-specific units may each be licensed to provide both 23-hour crisis observation or its equivalent as well as short-term onsite crisis stabilization for up to 14 days.

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Crisis care centers will be funded to operate 24/7. DCHS anticipates that many of the services provided at crisis care centers will be covered by health insurance as described in <u>Section VI.E. Health Insurance</u> <u>Assumptions</u>. CCC Levy proceeds will pay for crisis care center operating and service costs that are not covered by health insurance or other sources, including the costs of services for people who are uninsured. Crisis care centers will welcome and serve people regardless of their insurance or immigration status and will also serve persons for whom confidentiality is important to their safety or willingness to seek care.²¹⁹ Crisis care center operators will be eligible for workforce investments as described in <u>Section V.C. Strategy 3: Strengthen the Community Behavioral Health Workforce</u>.

Behavioral Health Equity Highlight

Immigrants and refugees are at higher risk of both experiencing mental health conditions and lacking access to behavioral health care, as discussed in <u>Section III.C. Key Historical and Current Conditions</u>: <u>Who Experiences Behavioral Health Inequities</u>.^{220,221} Because the CCC Levy is a County initiative, levy resources can be used to pay for crisis care center services for people who are uninsured, regardless of immigration or citizenship status. This promotes a "no wrong door" approach by ensuring the cost of care or lack of insurance is not a barrier to accessing crisis care when a person needs it. These investments are in support of <u>Section III.F. Behavioral Health Equity Framework: Equitable Access to Behavioral Health Crisis Care</u>.

²¹⁹ Examples of people for whom confidentiality may be important to their safety or willingness to seek care include, but are not limited to, survivors of gender-based violence, undocumented immigrants, and young adults who are covered by their parents' health insurance but do not want to use it to protect their confidentiality.
²²⁰ Markova V, Sandal GM, Pallesen S. Immigration, acculturation, and preferred help-seeking sources for depression: comparison of five ethnic groups. BMC Health Serv Res. 2020 Jul 11;20(1):648. [LINK]
²²¹Jing F, Li Z, Qiao S, Ning H, Zhou S, Li X. Association between immigrant concentration and mental health service utilization in the United States over time: A geospatial big data analysis. Health Place. 2023 Sep;83:103055. [LINK]

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Allowable Crisis Care Center Operations Activities			
Activity	Description		
Personnel Costs	Funding for staff salaries, benefits, payroll taxes, and other personnel costs that are part of staffing, operating, and maintaining a crisis care center facility and it services. ²²²		
Pharmacy Costs	Funding for pharmacy services, such as the cost of medications for people who are uninsured, including immigrants who are unable to access Medicaid because of federal rules. Also included is the cost of pharmacy equipment and other resources needed for regulatory compliance and to ensure that medications are available and can be safely stored and managed onsite at crisis care centers.		
Language Access and other Accessibility Costs	Funding for interpretation and translation services, equipment to support these services, other costs to promote language access and provide linguistically appropriate services, and to promote universal access at crisis care centers.		
Health Information Technology Costs	Funding to support health information technology at crisis care centers, such as electronic health record infrastructure.		
Client Transportation Costs	Funding for transportation assistance for people who receive services at crisis care centers, such as drivers and vehicles, bus passes, taxi vouchers, and other assistance.		
Other Operating Costs	Other costs to operate a crisis care center, such as janitorial and environmental management, maintaining a safe and healing environment, operational start-up, supplies, resources to cover the operators' indirect and administrative costs that support high-quality operations, and other eligible expenditures authorized by Ordinance 19572 that promote high quality operations.		

Figure 22. Allowable Crisis Care Center Operations Activities

Post-Crisis Stabilization Activities

In addition to crisis care center operations, CCC Levy Strategy 1 funds will support people after they have received services at a crisis care center. Community partners state that many people will likely need additional community-based behavioral health services, health care, and social services after they leave a crisis care center, to support their ongoing recovery and wellbeing. Community partners also shared during implementation planning process engagement that significant supports are needed by people exiting the centers in the period immediately following a crisis episode (see <u>Section III.E.</u> Community Engagement Summary: Need to Build a "Bridge to Somewhere").

²²² Strategy 3 also includes resources for competitive wages in the crisis workforce, including at crisis care centers, that are better aligned with other sectors. See <u>Section V.C. Strategy 3</u>: <u>Community Behavioral Health Workforce</u> for more information about these CCC Levy workforce investments. See <u>Section III.C. Key Historical and Current</u> <u>Conditions: Behavioral Health Workforce Shortages</u> for further discussion of historic underinvestment in behavioral health workers.

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Participants in community meetings and focus groups, including people who have experienced behavioral health crises, discussed the profound benefits of having someone, especially a peer specialist, continue to offer support and help connect to community-based care (see <u>Section III.E. Community</u> <u>Engagement Summary: Care Coordination and Peer Engagement</u>). Evidence and research also identify the need for post-crisis stabilization services, as discussed in <u>Section III.C. Key Historical and Current</u> <u>Conditions: Need for Post-Crisis Stabilization Services</u>. Despite their importance, existing post-crisis follow up services in King County are inadequate to meet the need.

Strategy 1 resources will be used to fund the activities described in Figure 23 to create a post-crisis follow-up program that serves all five of the crisis care centers. These services may address three important and interrelated objectives:

- 1. Provide brief behavioral health interventions during the high-risk period immediately following a behavioral health crisis and discharge from a crisis care center;
- 2. Engage people proactively to help them connect with community-based behavioral health, health care, and social service resources that meet their needs and preferences, including culturally and linguistically appropriate services and housing services; and
- 3. Manage the capacity of crisis care centers by helping people connect to the intensity of services that best meets their needs, including less intensive community-based services.

Allowable Crisis Care Center Post-Crisis Stabilization Activities			
Activity	Description		
Post-Crisis Follow-Up Services Based at Crisis Care Centers	DCHS will fund a program staffed with clinicians and peer specialists to engage people served at crisis care centers and link them to community-based services and supports. Teams will provide outreach specially tailored for people experiencing homelessness. This activity authorizes expenditures for limited housing stability resources necessary to support post-crisis stabilization.		
Post-Crisis Follow-Up by Providers with Expertise in Culturally and Linguistically Appropriate Services	DCHS will fund behavioral health agencies that demonstrate significant experience in providing culturally and linguistically appropriate and accessible post-crisis follow-up services for populations experiencing behavioral health inequities. ²²³		

Figure 23. Allowable Crisis Care Center Post-Crisis Stabilization Activities

DCHS anticipates that the post-crisis stabilization resources within this strategy will be inadequate to meet the behavioral health needs of all people who access King County's crisis care centers. Complementary investments from philanthropic partners and the state or federal governments will be needed to bring the services to scale. Washington State must continue to be a primary funder of post-crisis services, including through state funding for the Behavioral Health Administrative Services Organizations (BHASOs), and enhanced Medicaid reimbursement for eligible clinical services. Section

²²³ Culturally and linguistically appropriate services (CLAS) are a way to improve the quality of services provided to all individuals, including populations experiencing behavioral health inequities (see <u>Section III.C. Key Historical and</u> <u>Current Conditions: Who Experiences Behavioral Health Inequities</u>), which will ultimately help reduce health disparities and promote health equity. See <u>Section III.F. Behavioral Health Equity Framework: Culturally and</u> <u>Linguistically Appropriate Services</u> and <u>Appendix G: Clinical Best Practices in Behavioral Health Crisis Services</u> for additional information.

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<u>VI.D. Financial Plan Seeking and Incorporating Federal, State, and Philanthropic Resources</u> describes how the Executive intends to seek complementary funding opportunities to augment the impact of the CCC Levy.

Crisis Care Center Post-Crisis Follow-Up Program

Strategy 1 will create a post-crisis follow-up program that serves people after they receive care at the five crisis care centers. During this high-risk period, post-crisis follow-up services are essential to serving as a bridge from crisis care centers to the next level of care. Services may include proactive contacts after discharge, care coordination with new and existing providers, brief interventions to address acute needs while awaiting linkage to additional services, and peer support to enhance engagement and support people to access the services they need, similar to the promising but limited Peer Bridging programs described in <u>Section III.C. Key Historical and Current Conditions: Need for Post-Crisis</u> <u>Stabilization Services</u>. Services will address both mental health and substance use needs, as well as referrals to social services, including housing resources when needed. Special considerations may be needed to tailor post-crisis follow-up services for youth and their families and caregivers. Care should continue to be trauma-informed, recovery-oriented, person-centered, culturally and linguistically appropriate, and aim to maintain people in the least restrictive level of care possible, according to the crisis care center clinical best practices reviewed the <u>Clinical Program Overview</u> in Appendix G: Clinical Best Practices in Behavioral Health Crisis Services.

DCHS expects that these services will be provided by a multidisciplinary care team that includes peer specialists and should be initiated in-person at a crisis care center prior to discharge before transitioning to outpatient offices, outreach in community-based settings, or virtually through telehealth visits. Because demand for post-crisis stabilization services is likely to exceed the capacity available through this strategy, DCHS may need to establish prioritization criteria in partnership with post-crisis follow-up providers. For example, post-crisis stabilization resources may be prioritized to support people who have the highest risk of not engaging in follow-up care, including populations experiencing behavioral health inequities (see Section III.C. Key Historical and Current Conditions: Who Experiences Behavioral Health Inequities).²²⁴

A specific focus of the post-crisis follow-up program will be to reach people who are experiencing homelessness or are at risk of homelessness, given the significant barriers to accessing behavioral health services described in <u>Section III.C. Key Historical and Current Conditions: Unmet Behavioral Health</u> <u>Service Needs</u>. Tailored approaches are often needed to meet people in the community and create lower threshold entry points for people experiencing homelessness to engage in care.²²⁵ Therefore, the post-crisis follow-up program is expected to provide outreach-based follow-up and linkages to existing housing and social service resources. This strategy's activities may include short-term housing stability resources like hotel vouchers.

²²⁴Risks of not engaging in follow-up care include suicide, violence, homelessness, hospital readmission, and criminal legal system involvement. These risks are more common among people insured by Medicaid, youth and young adults, BIPOC communities, people experiencing homelessness, and people who were not previously engaged in services, as explained in <u>Section III.C. Key Historical and Current Conditions: Need for Post-Crisis Stabilization Services</u>.

²²⁵ Erickson, B. R., Ehrie, J., Murray, S., Dougherty, R. J., Wainberg, M. L., Dixon, L. B., & Goldman, M. L. (2022). A Rapid Review of "Low-Threshold" Psychiatric Medication Prescribing: Considerations for Street Medicine and Beyond. Psychiatric Services. [LINK]

Culturally and Linguistically Appropriate Post-Crisis Follow-Up Services

The availability of culturally and linguistically appropriate services during high-risk periods is essential, as demonstrated in community feedback, research showing disparities in behavioral health services following a crisis, and the value of culturally congruent care. (See <u>Section III.F. Behavioral Health Equity</u> <u>Framework: Culturally and Linguistically Appropriate Services</u>.) Lack of culturally congruent care reduces engagement in behavioral health care, which this strategy aims to address. (See <u>Section III.C. Key</u> <u>Historical and Current Conditions: Behavioral Health Workforce Needs</u>.)

For these reasons, providers with expertise in offering culturally and linguistically appropriate services are well positioned to offer post-crisis follow-up services. DCHS will make funding available specifically for behavioral health agencies that demonstrate significant experience in providing culturally and linguistically appropriate services to provide post-crisis follow-up services. These post-crisis services will be prioritized for people who were seen in crisis care centers. These providers may support care continuity through longer-term services when appropriate so long as capacity is maintained for new post-crisis follow-up services.

The Strategy 1 investment activities described in Figure 23 are intended to increase the capacity of culturally and linguistically specialized service providers to provide post-crisis follow-up services. These funds will be made available prior to opening of the crisis care centers so that these providers can build capacity in time to receive referrals when the crisis care centers open. These investments will increase over time as crisis care centers become operational so that organizations have additional financial resources to serve new people who are referred from crisis care centers. DCHS intends to award funding for these activities to organizations that have expertise in providing culturally and linguistically appropriate or concordant behavioral health services through a competitive procurement process. Prior to the competitive procurement process, DCHS intends to solicit additional information from providers and community partners to inform how best to identify and select providers with expertise in culturally and linguistically appropriate services.

Behavioral Health Equity Highlight

In the aftermath of a crisis, multiple factors frequently intersect to decrease access to care in populations experiencing behavioral health inequities (see <u>Section III.C. Key Historical and Current</u> <u>Conditions: Who Experiences Behavioral Health Inequities</u>), including:

- Cost or insurance barriers to behavioral health services;
- Lack of culturally concordant providers due to inadequate workforce representativeness;
- Unavailability of services in the person's preferred language, and
- Insufficient cultural humility among the overall behavioral health workforce (see <u>Section III.F.</u> <u>Behavioral Health Equity Framework: Representative Behavioral Health Workforce</u>).

Strategy 1's culturally and linguistically appropriate post-crisis follow-up services component aims to reduce these inequities by designating post-crisis follow-up services funds specifically to expand the capacity of community providers that have expertise in culturally and linguistically appropriate and congruent services.

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Housing Stability Resources

Safe, healthy, and affordable housing is a critical resource and social determinant of health for people living with behavioral health conditions.^{226, 227} Housing stability is both a protective factor against future crises and an important component of post-crisis care and recovery.²²⁸ Homelessness and housing instability can contribute to crises and undermine the care in settings like a crisis care center.²²⁹ (See Section III.C. Key Historical and Current Conditions: Who Experiences Behavioral Health Inequities.)

Understanding housing stability's importance, crisis care center operators and post-crisis follow-up providers will connect clients with existing housing resources whenever possible. The CCC Levy's regional network of crisis care centers and increased residential treatment capacity will also present housing providers with new resources to reinforce and complement existing housing services.

While the CCC Levy's strategies will both rely upon and reinforce the existing housing system, this Plan's strategies and allocations reflect King County's focus on robust implementation of the CCC Levy's purposes. The CCC Levy cannot both focus investments on achievement of its three purposes and be a resource to substantially reduce King County's housing shortage. The CCC Levy by itself will not meet the housing needs of all people experiencing homelessness or housing instability who access crisis care centers.²³⁰

DCHS will collaborate with other governments and philanthropy to increase housing resources for King County residents, including people receiving CCC Levy-funded care (See <u>Section VI.D. Financial Plan:</u> <u>Seeking and Incorporating Federal, State, and Philanthropic Resources</u>.) DCHS will also coordinate its divisions' work when possible to increase housing supports for people experiencing homelessness who receive care at crisis care centers.

In addition to the limited housing stability expenditures that this Plan authorizes, when necessary and available as part of post-crisis follow up activities, CCC Levy funds may be used for housing resources in accordance with this Plan's priorities for increasing allocations due to additional funding. (See Section VI. Financial Plan: Process to Make Substantial Adjustments to the Financial Plan). These investments may include permanent and emergency housing stability resources like hotel vouchers, rapid rehousing funds, rental assistance, housing vouchers, other housing subsidies, and housing capital or housing operations costs that are otherwise eligible under King County Ordinance 19572.²³¹

²²⁶ The World Health Organization defines social determinants of health as "the non-medical factors that influence health outcomes. They are the conditions in which people are born, grow, work, live, and age, and the wider set of forces and systems shaping the conditions of daily life. These forces and systems include economic policies and systems, development agendas, social norms, social policies and political systems," [LINK]

 ²²⁷ Washington State Health Care Authority Social Determinants of Health-Housing Fact Sheet. [LINK]
 ²²⁸ Kushel, M., Moore, T., et al. (2023). Toward a New Understanding: The California Statewide Study of People Experiencing Homelessness. UCSF Benioff Homelessness and Housing Initiative. [LINK]

²²⁹ Arienti, F., Mann-McLellan, A., Martone, K., & Post, R. (2020). Effective Behavioral Health Crisis Care for Individuals Experiencing Homelessness. Alexandria, VA: National Association of State Mental Health Program Directors. [LINK]

²³⁰ The King County Regional Homelessness Authority estimated that more than 53,000 people experienced homelessness in King County in 2022 [LINK]

²³¹ King County Ordinance 19572 [LINK]

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Oversight of Crisis Care Center Quality and Operations

The CCC Levy will establish an entirely new class of behavioral health facility in King County. DCHS will be responsible for ensuring that crisis care centers and related programs are functioning as described above in the <u>Crisis Care Center Clinical Program Overview</u> and <u>Post-Crisis Stabilization Activities</u>.

King County Ordinance 19572 directs this Plan to include "levy administration activities and activities that monitor and promote coordination, more effective crisis response, and quality of care within and amongst crisis care centers, other behavioral health crisis response services in King County, and first responders."²³² These activities of the CCC Levy are aligned with the "accountable entity" concept defined by the National Council for Mental Wellbeing's *Roadmap to the Ideal Crisis System* report as "a structure that holds the behavioral health crisis system accountable to the community for meeting performance standards and the needs of the population."²³³ The CCC Levy provides a unique opportunity for DCHS to assume this critical oversight role within the scope of the crisis care centers and other related programs funded by the CCC Levy.

This subsection describes how DCHS will support crisis care center operators to engage with first responders and other behavioral health crisis service providers to coordinate policies and procedures, improve quality of services, and collect and report high quality data, as directed by Ordinance 19572.²³⁴

Funding for DCHS to conduct this oversight is described in <u>Section V.G. Strategy 7: Crisis Care Centers</u> <u>Levy Administration</u>. Additional related CCC Levy investments include:

- Crisis care center personnel costs, Health Information Technology, and other operating costs described in <u>Crisis Care Center Operations Activities</u>;
- Support for crisis care centers to implement continuous quality improvement practices, as described in <u>Section V.E. Strategy 5: Capacity Building and Technical Assistance: Crisis Care</u> <u>Center Operator Regulatory and Quality Assurance Activities;</u>
- Resources for DCHS to engage community members in quality improvement processes, as described in <u>Section V.G. Strategy 7: Crisis Care Centers Levy Administration: Community</u> <u>Engagement</u>;
- Resources for DCHS to contract with community-based organizations and behavioral health providers to inform quality improvement related to improving equity, as described in <u>Section</u> <u>V.G. Strategy 7: Crisis Care Centers Levy Administration: Expertise to Support Oversight of</u> <u>Behavioral Health Equity</u>; and
- Investments to enhance DCHS data systems and information technology needed to monitor and promote coordination across crisis care centers, as described in <u>Section V.G. Strategy 7: Crisis</u> Care Centers Levy Administration: Develop Data Systems Infrastructure and Technology.

²³² King County Ordinance 19572 [LINK]

²³³ Group for the Advancement of Psychiatry. (2021). Roadmap to the Ideal Crisis System: Essential Elements. Measurable Standards and Best Practices for Behavioral Health Crisis Response. National Council for Mental Wellbeing [<u>LINK</u>]

²³⁴ First responders include, but are not limited to, mobile crisis teams, co-responder teams, emergency medical services, and law enforcement.

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Coordination Between Crisis Care Centers and Crisis System Partners

DCHS expects crisis care center operators to coordinate with regional partners including, but not limited to, community-based organizations, behavioral health providers, hospital systems, first responders, behavioral health co-responders, and the regional behavioral health crisis system coordinated by the King County BH-ASO. DCHS will support operators to coordinate effectively. DCHS will collaborate with first responders and other crisis system partners to develop policies and procedures for referrals from outside facilities like hospitals and emergency departments, first responder drop-offs and medical stability criteria at crisis care centers. DCHS anticipates developing protocols in collaboration with crisis care center. DCHS plans to further engage crisis care centers along with other crisis providers and first responder agencies, such as crisis call lines, mobile crisis teams, co-responder programs, emergency medical services, and law enforcement agencies, to develop protocols, workflows, clinical convenings about shared treatment plans, and other coordination activities.

Outreach to Increase Awareness

In addition to working with regional partners within crisis systems, DCHS expects and will support crisis care center operators to promote awareness and outreach about crisis care center services to populations experiencing behavioral health inequities (see <u>Section III.C. Key Historical and Current</u> <u>Conditions: Who Experiences Behavioral Health Inequities</u>) to be responsive to community feedback described in <u>Section III.E. Community Engagement Summary: Community Outreach Among Populations</u> <u>Experiencing Behavioral Health Inequities</u>.

Continuous Quality Improvement and Quality Assurance

For a crisis system to function well, it must grow, evolve, and continuously improve by building on what works well and strengthening what does not work well.²³⁵ Continuous quality improvement is the process by which performance metrics, outcomes data, individual experiences, and other relevant information are regularly reviewed and analyzed to directly inform policies and procedures, with the goal of improving outcomes in an ongoing, iterative manner.²³⁶ Quality assurance includes functions such as internal or external case review and compliance with licensing requirements.²³⁷ Both quality improvement and assurance are essential to advancing this Plan's <u>Behavioral Health Equity</u>.²³⁸ DCHS expects and will support crisis care center operators to monitor and promote quality of care and to develop continuous quality improvement practices. Contracts with crisis care center operators may include provisions that link payment to performance on quality improvement practices, as described in <u>Section V.E. Strategy 5: Capacity Building and Technical Assistance: Crisis Care Center</u> <u>Operator Regulatory and Quality Assurance Activities</u>.

²³⁵ Group for the Advancement of Psychiatry. (2021). Roadmap to the Ideal Crisis System: Essential Elements. Measurable Standards and Best Practices for Behavioral Health Crisis Response. National Council for Mental Wellbeing [<u>LINK</u>]

²³⁶ The National Learning Consortium (2013). Continuous Quality Improvement (CQI) Strategies to Optimize your Practice: Primer. [LINK]

 ²³⁷ Sherman, L. J., Lynch, S. E., Greeno, C. G. and Hoeffel, E. M. Behavioral health workforce: Quality assurance practices in mental health treatment facilities. The CBHSQ Report: July 11, 2017. Center for Behavioral Health Statistics and Quality, Substance Abuse and Mental Health Services Administration, Rockville, MD. [LINK]
 ²³⁸ Dzau VJ, Mate K, O'Kane M. Equity and Quality—Improving Health Care Delivery Requires Both. JAMA. 2022;327(6):519–520. [LINK]

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Ensuring that people efficiently move through the clinical components of a crisis care center will be an important focus of continuous quality improvement and quality assurance activities. DCHS expects crisis care center operators to facilitate timely access to behavioral health services while also meeting a wide range of clinical and psychosocial needs as a "no wrong door" entry point for all. While it may be a sign of a successful program for crisis care centers to operate at full capacity, crisis care center operators will need to maintain available capacity for new people to be able to enter. DCHS intends to require and support crisis care center operators to report near-real-time data on wait times, length of stay, occupancy, and other measures of capacity and throughput to inform policies that can be adjusted to ensure that crisis care centers are consistently accessible.

Collect and Report High Quality Data

Accurate and updated clinical records are essential for outcome metrics and quality improvement activities to be accurate and meaningful. DCHS expects crisis care center operators to develop and maintain high quality data collection practices, and will support their efforts to do so. Crisis care center operators should develop certified electronic health record systems that track standardized information, automatically update and interface with care coordination and quality improvement platforms, and utilize best practices for documentation, including approaches to gathering demographic information needed to inform equity analyses.²³⁹ Ensuring the reliability of data is necessary for the quality improvement activities described above, as well as for meaningful evaluation and reporting as described in <u>Section VII. Evaluation and Performance Measurement</u> and <u>Section VIII. Crisis Care Centers Levy Annual Reporting</u>.

Behavioral Health Equity Highlight

To address behavioral health inequities, it is necessary to measure disparities prior to and after implementation of interventions aimed at reducing inequities.²⁴⁰ Throughout the community engagement process, community partners described the importance of accountability and oversight of the CCC Levy, as well as ongoing community engagement (see <u>Section III.E. Community</u> <u>Engagement Summary: Theme G: Accountability Mechanisms and Ongoing Community Engagement</u>). This subsection of Strategy 1 describes multiple ways that DCHS will strive to both reduce behavioral health inequities and hold itself accountable as described in <u>Section III. F. Behavioral Health Equity</u> <u>Framework: Quality Improvement and Accountability</u>, including:

- Promoting awareness of crisis care center services through outreach to populations experiencing behavioral health inequities (see Section III.C. Key Historical and Current Conditions: Who Experiences <u>Behavioral Health Inequities</u>);
- Using continuous quality improvement practices to track outcomes within and between demographic subpopulations to monitor impacts of interventions on inequities; and
- Training crisis care center operators on best practices for gathering demographic information needed to inform equity analyses.

²³⁹ Goldman, M. L., & Vinson, S. Y. (2022). Centering equity in mental health crisis services. World Psychiatry, 21(2), 243–244. [LINK]

 ²⁴⁰ Goldman, M. L., & Vinson, S. Y. (2022). Centering equity in mental health crisis services. World Psychiatry, 21(2),
 243–244. [LINK]

These quality assurance and quality improvement practices are how the findings from the evaluation and performance measurement activities will be operationalized and implemented (see <u>Section VII.</u> <u>Evaluation and Performance Measurement</u>).

Crisis Care Center Capital Facility Development

Crisis Care Center Capital Activities

Strategy 1 investments will create a regional network of five crisis care centers in King County, including one center specializing in serving children and youth, to fulfil the CCC Levy's paramount purpose. King County intends to contract with operators to develop, maintain, and operate crisis care centers. Crisis care center operators will be selected through a competitive procurement process, which will begin in 2024 and is described later in this section in <u>Crisis Care Center Procurement and Siting Process</u>. Once selected, operators will lead crisis care center capital facility development in coordination with the County, the applicable local jurisdiction or jurisdictions, and community partners. Strategy 1 investments that will be used to support crisis care center facility capital development and maintenance activities are described in Figure 24.

Allowable Crisis Care Center Capital Development and Maintenance Activities		
Activity	Description	
Crisis Care Center Capital Facility Development	Costs to develop and construct crisis care center facilities, such as but not limited to purchasing land, acquiring an existing facility, planning, design, building renovation or expansion, new construction, or other capital pre-development and development costs.	
Crisis Care Center Capital Facility Maintenance	Ongoing crisis care center capital facility maintenance costs.	

Figure 24. Allowable Crisis Care Center Capital Development and Maintenance Activities

Crisis care center capital facilities funded with CCC Levy proceeds will be subject to the requirements defined in this Plan, future procurement processes, and contracts. Procurements of crisis care centers under Strategy 1 are intended to result in the combined characteristics and requirements described in this section when the network of five crisis care centers are considered together.

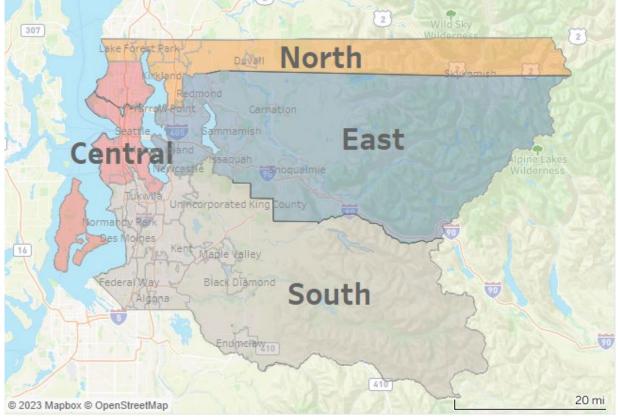
Crisis Response Zone Requirements

At least one crisis care center must be located within each of the four crisis response zones defined in King County Ordinance 19572.²⁴¹ Crisis response zone boundaries are depicted in Figure 25, and the cities and unincorporated regions of King County located within each zone are listed in Figure 26. The purpose of crisis response zones is to promote access by geographically distributing crisis care centers across King County. Crisis response zones do not restrict who can access crisis care centers. A person seeking services, or a first responder seeking to transport a person to receive services, can access a crisis care center in any zone.

²⁴¹ King County Ordinance 19572 [LINK].

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Figure 25. Crisis Response Zone Map



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Cities and Unincorporated Parts of King County Located Within Each Crisis Response Zone			
Central CRZ	North CRZ	East CRZ	South CRZ
Seattle	Bothell	Beaux Arts	Algona
Unincorporated areas	Duvall	Bellevue	Auburn
within King County	Kenmore	Carnation	Black Diamond
Council District 2	Kirkland	Clyde Hill	Burien
Unincorporated areas	Lake Forest Park	Hunts Point	Covington
within King County	Shoreline	Issaquah	Des Moines
Council District 8	Skykomish	Medina	Enumclaw
	Woodinville	Mercer Island	Federal Way
	Unincorporated	Newcastle	Kent
	areas within King	North Bend	Maple Valley
	County Council	Redmond	Milton
	District 3 that are	Sammamish	Normandy Park
	north or northeast	Snoqualmie	Pacific
	of Redmond	Yarrow Point	Renton
		Unincorporated areas	SeaTac
		within King County	Tukwila
		Council District 3 that	Unincorporated areas within
		are east or southeast of	King County Council District 5
		Redmond	Unincorporated areas within
		Unincorporated areas	King County Council District 7
		within King County	Unincorporated areas within
		Council District 6	King County Council District 9

Figure 26. Cities and Unincorporated Parts of King County Located Within Each Crisis Response Zone²⁴²

Public Interest Requirements

Crisis care center facilities will create long term crisis service capacity in King County. Any crisis care center facility that receives CCC Levy proceeds for capital development activities must meet the public interest requirements described in Figure 27 and requirements in future procurement processes and contracts. The purpose of these requirements is to ensure facilities receiving public capital resources are dedicated as crisis care centers for the life of the building or construction investments and that their development complies with County priorities.

²⁴² King County Ordinance 19572 [LINK].

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	Crisis Care Center Capital Facility Public Interest Requirements				
Requirement		Description			
1.	50 Year Minimum Use	Crisis care center capital facilities acquired or constructed with CCC Levy proceeds must remain dedicated to providing crisis care center services for a minimum of 50 years.			
2.	Operator Cap	A single operator may operate a maximum of three crisis care center facilities funded by CCC Levy proceeds. The purpose of this requirement is to ensure the CCC Levy is not overly reliant on a single operator. ²⁴³			
3.	Leased Facility Restrictions	If a crisis care center operates in a leased facility, the operator must pursue ownership of the leased facility when possible. CCC Levy proceeds shall not be used to make capital improvements in leased facilities if the operator does not have an agreement to purchase the facility. The DCHS department director may authorize exceptions to this restriction if the exception is not inconsistent with the Levy's paramount purpose. The DCHS director must describe the rationale and terms of any exception to this restriction in a letter to the Chair of the King County Council to be sent within 90 days of approving the exception.			
4.	Environmental Sustainability Standards	Crisis care center facilities should align with environmental sustainability standards for building design and operations that King County will define in contracts. These standards and requirements will be informed by King County's Strategic Climate Action Plan, Green Building Ordinance, and Equity and Social Justice strategies for capital projects. ^{244,245}			
5.	Equity Impact	Crisis care centers should promote behavioral health equity. DCHS plans to include within Phase 2 of the Crisis Care Center Procurement and Siting Process described in Figure 30 a requirement for potential crisis care center operators to assess the potential equity impacts of their proposal, and DCHS intends to consider those impacts when selecting crisis care center operators. DCHS also intends to include within a crisis care center operator's ongoing contract a requirement to periodically offer opportunities for persons receiving care at the crisis care center and persons living or working in the immediate area near a crisis care center to provide feedback on the crisis care center facility's equity impacts, and then propose to DCHS how that feedback will influence the operator's future operations within or near the facility.			

Figure 27. Crisis Care Center Capital Facility Public Interest Requirements

Site and Facility Requirements

Crisis care center sites must meet the minimum requirements described in Figure 28. Minimum requirements include sufficient size to deliver the crisis care center model's clinical components,

²⁴³ Capping the number of crisis care center facilities a single operator may operate will help ensure the stability of King County's future network of five crisis care centers in case an operator goes out of business, opts to terminate crisis care center operations, ceases to comply with contractual or licensing requirements, is acquired by or merges with another organization, or is otherwise compromised in a way that impacts the ongoing operations of crisis care center facilities or the quality of crisis care center services.

²⁴⁴ King County 2020 Strategic Climate Action Plan (SCAP) [LINK]

²⁴⁵ Green Building Ordinance - King County Code Chapter 18.17 [LINK]

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meaningful transportation access, accessibility and zoning requirements, and the ability to meet state behavioral health facility licensure requirements. Additional requirements may be included in future procurement processes and contracts to promote the goals and values described in this Plan.

	Crisis Care Center Site Requirements			
	Requirement	Description		
1.	Sufficient Size	Crisis care center sites must have sufficient space to deliver the crisis care center model's required clinical components. Sites should be able to accommodate a facility with approximately 30,000 to 50,000 square feet of licensed clinical space within one building, multiple adjacent buildings, or buildings that are connected by transportation for people accessing services. ²⁴⁶		
2.	Meaningful Transportation Access	Crisis care center sites must be accessible to transportation. King County will prefer sites that have meaningful access to public transportation, convenient access for ambulances and first responders, proximity to major transportation arterials, and free public access for any person.		
3.	Accessibility Requirements	Crisis care center sites and buildings must be accessible for people with disabilities and comply with the Americans with Disabilities Act. ²⁴⁷ DCHS will prefer facility designs that incorporate the principles of universal design, meaning they are accessible to all people to the greatest extent possible without the need for adaption or specialized design. ²⁴⁸		
4.	Zoning Requirements	Crisis care center operators must adhere to the relevant zoning and permitting laws and regulations of the jurisdiction within which a crisis care center facility is sited.		
5.	Licensure Feasibility	Crisis care center operators must propose sites that can satisfy state licensure requirements that apply to the types of behavioral health facilities that will occupy the site.		

Figure 28. Crisis Care Center Site Requirements

Crisis care center facility capital development may occur through a variety of potential scenarios, described in Figure 29, that are each eligible for CCC Levy funding under Strategy 1. These scenarios reflect the varied ways a facility could be developed while meeting all the crisis care center requirements. Crisis care center sites and facilities must be able to accommodate the crisis care center clinical model described above in <u>Crisis Care Center Clinical Program Overview</u>, modifications to that model that DCHS may make during the levy period, and additional requirements described in future procurement processes and contracts. This development model flexibility is allowed by King County Ordinance 19572.²⁴⁹ The purpose of this flexibility is to accelerate creation of high-quality crisis care centers, further discussed in <u>Sequence and Timing of Planned Expenditures and Activities</u>.

²⁴⁶ King County Ordinance 19572 [LINK]

²⁴⁷ U.S. Department of Justice Civil Rights Division, The Americans with Disabilities Act [LINK]

²⁴⁸ U.S. General Services Administration, Universal Design and Accessibility [LINK]

²⁴⁹ King County Ordinance 19572 [LINK]

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Allowable Crisis Care Center Capital Development Scenarios			
Scenario	Description		
Pre-Existing Facility	Crisis care centers may incorporate a pre-existing facility or program that		
	provides crisis stabilization services if the program's site, services, and		
	operations are compatible with crisis care center requirements.		
Facility Acquisition	Crisis care centers may be developed by acquiring, renovating, or expanding		
	an existing facility.		
New Construction	Crisis care centers may be developed through new construction.		
Multiple Facilities	In addition to individual facilities, the required crisis care center		
	components may be located within geographically adjacent facilities or no		
	contiguous facilities if transportation is provided between facilities for		
	people seeking and receiving services. Regardless of configuration, King		
	County will prefer development proposals that provide easy access for		
	patients to all crisis care center services.		
A crisis care center proposal may combine two or more of these scenarios. DCHS will accept proposals			
from individual organizations and multiple organizations that are interested in forming a multi-			
organizational partnership or consortium to develop and operate a crisis care center.			

Figure 29. Allowable Crisis Care Center Capital Development Scenarios

Facility operators may co-locate within a crisis care center ancillary facilities that complement the crisis care center service model. Examples of such facilities include, but are not limited to:

- Community health clinics;
- Outpatient behavioral health clinics;
- Sobering, metabolizing, and post-overdose recovery centers;
- Substance use treatment programs;
- Affordable housing and permanent supportive housing, and
- Other services that support the health and wellbeing of people accessing crisis care center services, their families, and their caregivers.

DCHS may prefer in procurements proposals that promote co-locations of complementary facilities or services.

Crisis Care Center Procurement and Siting Process

This subsection describes the crisis care center procurement and capital facility siting process, summarized in Figure 30. This process applies to adult crisis care centers and the crisis care center that will specialize in serving children and youth. DCHS intends to contract with crisis care center operators selected through a competitive procurement process to develop, maintain, and operate crisis care center facilities with a preference for proposals that have received a statement of support from the local jurisdiction or jurisdictions that contain the facility or facilities.

Throughout the phases detailed in Figure 30, King County intends to support jurisdictions located within specific crisis response zones to coordinate with potential facility operators and to identify and recommend crisis care center facility sites.²⁵⁰ DCHS will ensure that activities King County may

²⁵⁰ In this section, "jurisdictions" means cities, tribes and other jurisdictional entities with siting authority that are physically located within King County.

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undertake to facilitate a potential crisis care center proposal do not inappropriately factor into consideration of crisis care center procurement.

Summary of Crisis Care Center Procurement and Siting Process		
Siting Phase	se Description	
Phase 1: Pre-Procurement	This is the period before DCHS procures crisis care center operators. Jurisdictions and potential crisis care center operators may form siting partnerships prior to the procurement process. DCHS provides technical support to potential host jurisdictions and facility operators to advance interjurisdictional alignment and partnerships between potential facility operators and jurisdictions.	
Phase 2: Procurement	DCHS selects crisis care center operators through a competitive procurement process. DCHS will prefer operators that can demonstrate support from jurisdictions located within the crisis response zone where the crisis care center is proposed, with a focus on the host jurisdiction.	
Phase 3: Siting The period from DCHS initiating contracts with a crisis care center operator to develop a facility and when a crisis care center facility opens. DCHS will support selected operators and host jurisdictions w community engagement and communications as described in Section V.E. Strategy 5: Capacity Building and Technical Assistance: Local Jurisdiction Capital Facility Siting Support Activities.		
DCHS may be in different phases for each Crisis Response Zone and/or the youth-focused crisis care center at the same time, depending on how rapidly development of each crisis care center		

Figure 30. Summary of Crisis Care Center Procurement and Siting Process

progresses.

DCHS will prefer crisis care center procurement proposals that demonstrate support from a jurisdiction located within the crisis response zone where the facility is proposed. Jurisdictions can demonstrate support for a proposed site by providing a written statement as part of the procurement process that includes, but is not limited to, the following criteria:

- Support for a crisis care center to be developed and operated by the proposed operator.
- Support for the proposed crisis care center facility site and confirmation that the site meets or is likely to meet the jurisdiction's zoning and other relevant local development requirements.²⁵¹
- If a specific site is not yet identified, willingness to support the proposed operator in identifying a site that complies with the jurisdiction's zoning and other local development requirements.
- Commitment to supporting the proposed operator in engaging community members regarding the siting, development, and ongoing operations of a crisis care center facility.

DCHS will support the crisis care center facility siting process through CCC Levy funding as described in <u>Section V.E. Strategy 5: Capacity Building and Technical Assistance</u>. DCHS will also support the siting process by providing technical advice to jurisdictions and facility operators, supporting interjurisdictional

²⁵¹ Nothing in this requirement shall be interpreted to require a jurisdiction to inappropriately preempt, influence, interfere with, or pre-judge a ministerial or administrative determination.

partnerships, supporting partnerships between facility operators and jurisdictions, supporting community engagement, and creating and deploying communication content.

Siting a crisis care center will be a complex process involving review and approval by at least three separate units of government that only begins with Phases 1 and 2 in Figure 30. Once the King County-administered procurement is complete, Figure 30's Phase 3 requires an operator to complete at least two additional steps:

- Local Jurisdiction Zoning and Permitting: First, an operator must satisfy land use, zoning, and permitting requirements of the host jurisdiction or jurisdictions. Each local jurisdiction defines its own land use, zoning, and permitting requirements and processes in accordance with state law. Historically, land use, zoning, and permitting decisions have often taken years, especially in conjunction with new construction or substantial capital rehabilitation for which some permits require a building or system to be built and then inspected while other types of permits must be acquired before or during construction.
- State-Level Facility and/or Operator Licensing: Second, an operator must satisfy state-level Department of Health licensing requirements before a facility or its operator can begin providing certain types of behavioral health care that are required in the crisis care center clinical program. Other state-level licenses may also be necessary. It is common for Department of Health licensing requirements to take months, and they could take a year or more in some circumstances.

This Plan recognizes the necessity of:

- County-level procurement and contracting;
- City or other local jurisdiction-level land use, zoning, and permitting; and
- State-level licensing and their attendant requirements for public notice and potential review.

While recognizing the importance of these processes for effective facilities and operations, this Plan also acknowledges that in combination they have the potential to last for multiple years and constitute a substantial risk to the crisis care center capital development timelines that this Plan describes.

Alternative Siting Process

King County Ordinance 19572 requires a network of five crisis care centers by the end of 2032.²⁵² Strong partnership between King County and cities or other local jurisdictions will produce the most rapid and effective accomplishment of this voter approved requirement. King County intends for jurisdictions located within crisis response zones to coordinate with potential facility operators to identify and recommend crisis care center facility sites that meet the requirements defined in King County Ordinance 19572, this Plan, and future crisis care center procurement processes.⁸¹

If, by December 31, 2026, King County does not yet have for any crisis response zone a viable proposal with local jurisdiction support for an adult-focused crisis care center that meets the requirements defined in King County Ordinance 19572, this Plan, and future procurement processes, King County reserves all available rights, authorities, means, and abilities to proactively site and open an adult focused crisis care center within that crisis response zone.⁸²

²⁵² King County Ordinance 19572 [LINK].

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If, by December 31, 2026, King County does not yet have a viable proposal that has host jurisdiction support for a youth-focused crisis care center that meets the requirements defined in King County Ordinance 19572, this Plan, and future procurement processes, King County reserves all available rights, authorities, means, and abilities to proactively site and open a youth focused crisis care center within King County.

The purpose of this alternative siting process is to prefer local jurisdiction supported crisis care center siting early in the CCC Levy period while ensuring that King County can fulfill the requirements of King County Ordinance 19572 as it was approved by a majority of King County voters in the April 2023 Special Election.⁸³

The Executive may only commence an alternative siting process authorized in this subsection after transmitting a notification letter to the King County Council describing the decision, issued no earlier than January 1, 2027. The Executive will electronically file the letter with the clerk of the Council, who will retain an electronic copy and provide an electronic copy to all councilmembers and all members of the Regional Policy Committee or its successor.

Sequence and Timing of Planned Expenditures and Activities

The process of developing and opening a crisis care center includes multiple parties and steps that have variable timelines. Before being able to open, any crisis care center would at least have had to satisfy a County-administered procurement and contracting process; a city or other local-jurisdiction defined land use, zoning, and/or permitting process; and a state department-defined licensing process. These necessary processes, administered by at least three separate levels of government, introduce substantial potential variability to the capital development timeline for a crisis care center.

This subsection describes the sequence and timing of expenditures and activities related to developing crisis care centers. It also describes when timelines may vary and how DCHS intends to work to mitigate these variables.

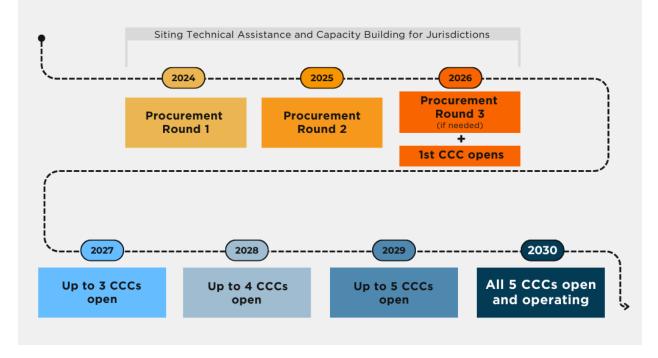
Crisis Care Centers Implementation Timeline

DCHS intends to prioritize opening five crisis care centers as quickly as possible to meet the urgent needs of people experiencing behavioral health crises. DCHS plans to select crisis care center operators through an annual competitive procurement process starting in 2024, as depicted in Figure 31. The first procurement round in 2024 will prefer crisis care center proposals that can be developed and begin serving people rapidly. The 2024 round may include a single review deadline, multiple review deadlines, or a rolling review of applications, with the ability to make awards at different times within the round. The 2024 round will award contracts for a maximum of three centers. The purpose of this cap is twofold. First, it provides additional planning time for organizations that are interested in submitting a procurement proposal in 2025. The second purpose is to manage the timeline of expenditures against when CCC Levy proceeds are available. The 2025 procurement round will not have a cap on the number of awards, and a 2026 procurement round will only be held if operators for all five crisis care centers have not yet been selected.

Figure 31. Planned Crisis Care Center Development Timeline

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Crisis Care Centers Estimated Implementation Timeline



CCC Levy funding to support crisis care centers' capital facility development and operating costs are planned to begin in 2025 and increase over time as crisis care centers are developed and become operational. Figure 31 depicts the estimated opening timeline for the five crisis care centers that will be funded with proceeds from the CCC Levy and described in this Plan. Strategy 1 funding levels as described above in Crisis Care Center Operations Activities support this timeline.

Managing Development Timeline Variability

The crisis care center development timeline for individual facilities will likely differ due to the variability in capital facility development approaches depicted in Figure 29, and potential external factors that could impact the development timeline for a crisis care center during its siting, design, construction, or facility activation phases. Examples of such factors are summarized in Figure 32 and depicted in Figure 33. This Plan identifies the factors and variety of responsible parties within Figure 32 to enable shared understanding between the King County Executive, King County Council, Regional Policy Committee, and King County residents about the importance of alignment to rapidly open crisis care centers, and about the substantial delays that are possible if various responsible parties are misaligned on the development of a crisis care center.

Figure 32. Examples of Potential Factors that Could Impact Crisis Care Centers' Development Timeline

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Examples of Potential Factors that Could Impact Crisis Care Centers' Development Timeline				
Development Phase	Potential Factors Impacting Timeline	Responsible Parties		
Siting	 Site identification and feasibility analysis Community engagement Environmental impact review Zoning and permitting 	 Crisis care center operator Local jurisdictions DCHS supports community engagement 		
Design	 Programming and clinical processes Schematic design and design development WA Department of Health licensing review Construction and permit documents Design review process 	 Design team Crisis care center operator Local jurisdictions King County WA Department of Health 		
Construction	 Supply chains Macroeconomic conditions Certificate of occupancy inspections Labor availability 	 Vendors and contractors Crisis care center operator Local jurisdictions 		
Facility Activation	 Equipment and furniture installation IT installation and stocking supplies Facility licensing Labor supply Staff onboarding and training 	 Crisis care center operator Local jurisdictions WA Department of Health Other licensing entities 		

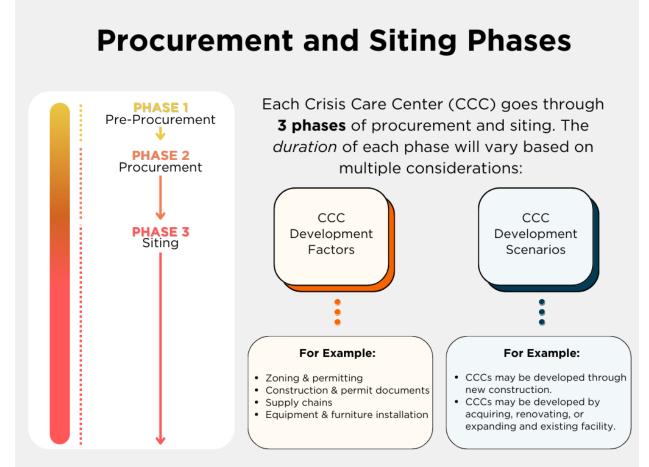
DCHS will work to mitigate potential timeline delays by:

- Accelerating the development steps managed by DCHS, including expediting the release of the crisis care centers procurement in 2024 after this Plan is adopted.
- Striving to provide clear and transparent communication about CCC Levy implementation to support coordination and planning among parties involved in the development process;
- Providing siting support to jurisdictions and crisis care center operators as described in <u>Section</u> V.E. Strategy 5: Capacity Building and Technical Assistance: Local Jurisdiction Capital Facility <u>Siting Support Activities</u>;
- Allowing existing facilities or facilities under development that are already sited and require minimal construction to be eligible to respond to crisis care center procurements, and,
- Reviewing facility development plans during the crisis care centers procurement and giving preference to proposals that can be developed and operated more rapidly while still meeting crisis care center requirements defined in this Plan and future procurements and contracts.

To ensure that five crisis care centers open by 2032, DCHS may choose to redistribute capital development funds, alter the siting location, and release additional procurements if DCHS determines that the development and opening timeline proposed by the selected crisis care center operator is no longer viable. Before exercising this option, DCHS will work closely with the selected operator and host jurisdiction to explore other paths to expedite the crisis care center development and opening.

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B. Strategy 2: Restore, Expand, and Sustain Residential Treatment Capacity Overview

The CCC Levy's Strategy 2 resources will restore, expand, and sustain residential treatment capacity.²⁵³ Sustaining residential treatment capacity means investing in existing residential treatment capital facilities to help prevent further facility closures. King County has lost one-third of its mental health residential treatment capacity since 2018.²⁵⁴ This loss of capacity has increased residential treatment wait times, made it more challenging for people to be discharged from higher-intensity levels of care, and has impacted the capacity of other behavioral health care settings because people cannot access the level of care that they need. Strategy 2 funds and activities will be prioritized to support existing residential treatment operators to prevent further facility closures and to restore King County's mental health residential capacity to at least the 2018 level of 355 beds.²⁵⁵

²⁵³ King County Ordinance 19572 [LINK]

²⁵⁴ King County Ordinance 19572 [LINK]

²⁵⁵ Mental health residential treatment facilities are a subset of residential treatment facilities, which are defined in King County Ordinance 19572 as "licensed, community-based facility that provides twenty-four-hour on-site care for persons with mental health conditions, substance use disorders, or both, in a residential setting" [LINK] This Plan prioritizes restoring mental health residential treatment capacity and preventing further residential

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Residential treatment, defined in King County Ordinance 19572 as shown in Figure 34, provides important community-based treatment options for people who do not need behavioral health inpatient care, but who need a higher level of care than behavioral health outpatient services. Activities in Strategy 2 were developed as described in <u>Section III.D. Implementation Plan Methodology: Residential Treatment Methodology</u> based on the background included in <u>Section III.C. Key Historical and Current Conditions: Reduction in Residential Treatment Capacity</u> and community engagement described in <u>Section III.E. Community Engagement Summary: Theme E: Residential Treatment Expansion</u>.

Figure 34. Residential Treatment Definition in King County Ordinance 19572

Residential Treatment Definition in King County Ordinance 19572

"Residential treatment" means a licensed, community-based facility that provides twenty-four-hour onsite care for persons with mental health conditions, substance use disorders, or both, in a residential setting.

Activities to Restore, Expand, and Sustain Residential Treatment Capacity

Strategy 2 will fund residential treatment capital facility development and maintenance activities. These activities are described in Figure 35. DCHS intends to distribute these resources to residential treatment facility operators through competitive procurement processes. Funding from this strategy may also be used to build additional residential treatment capacity.

Allowable Residential Treatment Facility Capital Development and Maintenance Activities		
Activity Description		
Residential Treatment Capital FacilityCosts to develop and construct residential treatment facilities, such but not limited to, purchasing land, acquiring an existing facility, pla and design, building renovation or expansion, new construction, an 		
Residential Treatment Capital Facility Improvements Residential Treatment Facility Maintenance	Costs to make capital improvements to existing residential facilities, such as, but not limited to, facility repairs, renovations, and expansions or enhancements of existing facilities to maintain or improve operations. Residential treatment capital facility maintenance costs.	

Figure 35. Allowable Residential Treatment Facility Capital Development and Maintenance Activities

Residential Treatment Capital Facility Procurement and Siting Process

This subsection describes the procurement and siting process for residential treatment facilities that receive capital funding from the CCC Levy proceeds described in this Plan. CCC Levy proceeds dedicated to residential facility capital development will be awarded through competitive procurement processes beginning in 2024. The factors that DCHS may consider when awarding Strategy 2 funds include:

treatment facility closures and may also expand other types of residential treatment facilities as allowed by Ordinance 19572 [LINK].

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- Whether a proposal increases local access to residential treatment beds throughout King County by opening or expanding new residential treatment capacity in areas where few or no similar residential treatment facilities exist;
- Whether a proposal increases CCC Levy efficiency by proposing restoration, rehabilitation, or otherwise using a facility that is already licensed, already sited, or otherwise already meets regulatory requirements, or
- Whether a proposal increases equity in behavioral health system access by proposing funding for an organization with expertise and experience providing culturally and linguistically appropriate services for populations experiencing behavioral health inequities (see <u>Section III.C.</u> <u>Key Historical and Current Conditions: Who Experiences Behavioral Health Inequities</u>).

Organizations that are awarded capital resources to expand residential treatment facilities must adhere to the relevant zoning and permitting laws and regulations of the jurisdiction within which residential treatment facilities are sited. These organizations must also satisfy licensing requirements from the state and additional requirements that King County may impose through contract.

2024 Levy Funding Approach for Rapid Initial Progress on Residential Treatment

Strategy 2's 2024 allocation will support capital improvement and maintenance costs of existing residential treatment facilities and the development of new residential treatment facilities. DCHS intends to accelerate the distribution of resources to support existing residential treatment facilities by leveraging a broader behavioral health capital facility improvement procurement process that is planned for early 2024 and incorporates other funding sources, most notably MIDD.²⁵⁶ The combined procurement process will begin in early 2024 to expedite awarding of these resources soon after this Plan is adopted. DCHS also plans to open a procurement in 2024 to distribute funds to support the capital development of new residential treatment facilities. Procurement awards will not be made until after this Plan is adopted. Figure 36 describes the anticipated timeline to distribute capital funding for residential treatment facilities in 2024.

Timeline to Distribute CCC Levy Proceeds to Support Residential Treatment Facilities in 2024				
Mid-2023	Early 2024	As Early as Mid-2024		
Request for Information: DCHS	Competitive Procurement: DCHS	Funds Distribution: DCHS plans to		
solicited information from	plans to conduct a behavioral	award funding to residential		
residential treatment facility	health capital facility procurement	treatment facility operators after		
operators about capital	process that includes 2024 CCC	this Plan is adopted.		
maintenance and improvement	Levy proceeds for residential			
funding needs to help inform this	treatment facilities preservation			
Plan and procurement process.	and development of new			
	residential treatment facilities.			

Figure 36. Timeline to Distribute CCC Levy Proceeds to Support Residential Treatment Facilities in 2024
Timeline to Distribute CCC Levy Proceeds to Support Residential Treatment Eacilities in 2024

²⁵⁶ King County Ordinance 19712 appropriated MIDD funding for this purpose. [LINK] DCHS is planning to open a behavioral health capital procurement in early 2024. DCHS intends to also procure proposals to support capital improvement and maintenance costs of existing residential treatment facilities to accelerate to distribution of CCC Levy resources once this Plan is adopted.

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C. Strategy 3: Strengthen the Community Behavioral Health Workforce Overview

It takes people to treat people. Strategy 3 directly supports the CCC Levy's Supporting Purpose 2 by investing in activities to strengthen King County's community behavioral health workforce.²⁵⁷ This strategy also directly supports the CCC Levy's Paramount Purpose to establish and operate five crisis care centers by investing in the development of King County's behavioral health crisis workforce, including crisis care center workers.²⁵⁸

Strategy 3's workforce activities focus on helping more people join and make a career in community behavioral health. Allowable activities within Strategy 3 fall into three broad categories:

- Career pathways for the broader community behavioral health workforce (called **community behavioral health career pathways**): Resources such as training and paying licensing fees that help workers join and progress within the community behavioral health workforce;
- Labor-management partnerships on shared workforce development efforts for the broader community behavioral health workforce (called labor-management workforce development partnerships): Programs like apprenticeships and training funds, and
- Workforce development efforts that are specific to the crisis response behavioral health workforce (called **crisis workforce development**): Specialized training for crisis workers and crisis settings.

Figure 37 provides additional summary descriptions for each of Strategy 3's broad categories, and each is described in detail later in this section.

While not Strategy 3's focus, King County recognizes behavioral health wages as an important factor in both recruitment and retention activities. CCC Levy resources are insufficient to increase wages meaningfully and consistently across the region's entire community behavioral health workforce. Even if this were possible, doing so would substantially commit local funding where federal and state funding should increase instead. Specifically, investing local funds to raise wages for the region's entire community behavioral health workforce could inhibit efforts to raise Medicaid rates that would sustainably raise wages for the region's behavioral health workforce with federal and state funds. One exception to this general principle is that this Plan's Strategy 3 authorizes and allocates funds to support appropriate wages for the crisis care center workforce because these investments support the CCC Levy's Paramount Purpose. If funds become available through this Plan's provisions to allocate additional funds (see Section VI. Financial Plan: Process to Make Substantial Adjustments to the Financial Plan), this strategy authorizes DCHS to develop and administer activities to increase wages for the broader behavioral health workforce.

Figure 37. Allowable Community Behavioral Health Workforce Activities Allowable Community Behavioral Health Workforce Activities

²⁵⁸ King County Ordinance 19572 [LINK]

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²⁵⁷ In the context of this Plan, "community behavioral health" means agencies that meet the requirements defined in the Revised Code of Washington Chapter 71.24 Community Behavioral Health Services Act [LINK], are licensed by the Washington State Department of Health as a community behavioral health agency as defined in Chapter 246-341 Washington Administrative Code [LINK] and are contracted with the King County Behavioral Health Administrative Services Organization or King County Integrated Care Network. Community behavioral health agencies must serve people who are enrolled in Medicaid health insurance to be eligible for CCC Levy funding through Strategy 3.

Activity	Description
Community Behavioral	Resources to stabilize King County's community behavioral health
Health Career Pathways	workforce from 2024-2026 through investments such as financial
	assistance with license and other professional fees, training and
	supporting the professional development of staff, and retaining and
	supporting the wellbeing of workers through activities that promote
	the physical, mental, and emotional health of employees. At least 25 percent of funding for this activity will be used to increase the
	representativeness of community behavioral health workers. DCHS
	will assess the outcomes of these stabilization investments and will
	propose a refined investment approach to King County Council for
	2027 to 2032.
Labor-Management	Funding to sustain and expand labor-management workforce
Workforce Development	development partnerships, including Washington State registered
Partnerships	apprenticeship programs and labor-management partnership training
	funds.
Crisis Workforce	Funding to build King County's crisis behavioral health workforce,
Development	including recruiting and retaining crisis care center workers and post-
	crisis follow-up workers and investing in specialty crisis training for
	community behavioral health workers serving King County. ²⁵⁹

Community Behavioral Health Career Pathway Activities

Strategy 3 will fund career pathway activities to support the development of King County's community behavioral health workforce, as described in Figure 38 and Figure 39.²⁶⁰ Career pathway resources will support the recruitment, training, retention, and wellbeing of community behavioral health workers through activities such as:

- Tuition assistance;
- Stipends for paid internships;
- Clinical supervision costs;
- Professional licensure fees;
- Grants for community behavioral health agencies to promote the wellbeing of workers,²⁶¹ and
- Clinical training, including evidence-based practice training.

²⁵⁹ Post-crisis follow-up workers are behavioral health workers who provide post-crisis follow-up services for people who receive services at crisis care centers and are employed by agencies that are contracted to provide post-crisis follow-up services defined in <u>Section V.A. Strategy 1: Create and Operate Five Crisis Care Centers</u>.
²⁶⁰ Within the context of this Plan, "career pathways" means activities like training and recruiting that promote existing behavioral health workers' professional development and support and incentivize new and existing workers to start and pursue long-term careers in community behavioral health.

²⁶¹ Examples of activities that promote the wellbeing of community behavioral health workers include supervision and mentorship, covering staff time for self-directed program development and quality improvement initiatives, and access to mental health benefits.

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DCHS will use at least 25 percent of the resources dedicated for community behavioral health career pathway activities for investments that are directly related to increasing the representativeness of King County's community behavioral health workforce.²⁶²

DCHS intends to support community behavioral health agencies contracted with the King County Integrated Care Network (KCICN) for career pathway activities through the expansion of existing contracts, reimbursement for eligible activities through existing payment mechanisms, and possible competitive procurements. These investment approaches will be consistent with DCHS' strategic community behavioral health workforce development plan, which will be approved by the Countyprovider Executive Committee of the KCICN and will be informed by significant and broad community engagement.

Initial Prioritization and Assessment of Career Pathway Activities

Between 2024 and the end of 2026, DCHS will fund career pathway activities to strengthen, support the development, and increase the representativeness of King County's community behavioral health workforce, as depicted in Figure 38. During 2024 and 2025, DCHS will assess the impact of activities by researching best and emerging community behavioral health workforce development practices and soliciting input from community partners, behavioral health workers, and community behavioral health agency leaders. This assessment will allow DCHS to refine the initial funding approach and improve activities to strengthen the community behavioral health workforce, increase the representativeness of behavioral health workforce pipeline.

As part of this assessment, DCHS will convene a workgroup with community partners that have subject matter expertise in behavioral health workforce development to inform proposed refinements and adjustments to the initial funding approach. The assessment will include reviewing the impact of career pathway activities on increasing the representativeness of community behavioral health workers. Workgroup membership will include, but is not limited to:

- Representatives of workers, including representatives of labor-management workforce development partnerships;
- Higher education training programs, including a community and technical college;
- Community behavioral health agencies, including representation from both an agency that provides mental health services and an agency that provides substance use services, and
- People with expertise in improving the representativeness of the behavioral health workforce, including workers who identify as members of populations experiencing behavioral health inequities (see <u>Section III.C. Key Historical and Current Conditions: Who Experiences Behavioral Health Inequities</u>).

²⁶² A focus of the Plan is to increase accessibility of behavioral health services, including crisis services funded by the CCC Levy, for all King County residents, including populations who experience behavioral health inequities. A consistent theme of community engagement was the importance for people seeking care of culturally and linguistically congruent services, staff with lived experience of behavioral health crises, and demographic representativeness. Establishing a workforce that is representative of King County's population, with particular care to representativeness for populations experiencing behavioral health inequities (see Section III.C. Key Historical and Current Conditions: Who Experiences Behavioral Health Inequities), will ensure that more King County residents can choose to receive care from a provider with whom they are comfortable and is one of this Plan's strategies to ensure that all King County residents have meaningful access to CCC Levy-funded facilities and services.

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In 2026, prior to releasing funding for career pathway activities for 2027 to 2032, the Executive will transmit a notification letter to Council proposing refinements to career pathway activities and describing the community engagement process that informed the proposal. The Executive will electronically file the letter with the Clerk of the Council, who will retain an electronic copy and provide an electronic copy to all councilmembers. Unless the Council passes a motion rejecting the contemplated change within 30 days of the Executive's transmittal or funding has not yet been sufficiently appropriated, the Executive may proceed with the use of funds allocated for 2027 to 2032 as set forth in the notification letter. All CCC Levy proceeds will remain subject to Council appropriation.





<u>Section VII. Evaluation and Performance Measurement</u> outlines DCHS' expected performance measurement for workforce investments. Where feasible, DCHS plans to use collected data to assess the representativeness of workforce and effect of investments to increase the representativeness of workers to better reflect the demographics of the people receiving community behavioral health services.

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Behavioral Health Equity Highlight

There is evidence that improving diversity among behavioral health workers to better reflect the communities they serve may help improve communication and trust while reducing behavioral health disparities, as discussed in <u>Section III.C. Key Historical and Current Conditions: Behavioral Health</u> <u>Workforce Shortages</u>.^{263,264} Community engagement further endorsed the importance of workforce representativeness in <u>Section III.E. Community Engagement Summary: Importance of Workforce</u> <u>Representation</u>. The activities referenced in this strategy to increase representativeness of the behavioral health workforce are central to meeting the goals described in <u>Section III.F. Behavioral</u> <u>Health Equity Framework: Representative Behavioral Health Workforce</u>.

Labor Management Workforce Development Partnership Activities

Labor management workforce development partnerships are activities that are supported by both management and front-line workers, in this case community behavioral health agencies and workers, including agencies that are represented by labor unions and agencies that are not represented.^{265,266} Strategy 3 funds labor management workforce development partnership activities, including behavioral health apprenticeships and other behavioral health worker training opportunities. These investments are intended to help build a skilled and diverse community behavioral health care workforce in King County in a way that incorporates workers' voices in workforce development.

Behavioral Health Apprenticeship Program Activities

Strategy 3 includes funding to sustain and expand a Washington State registered apprenticeship program that offers behavioral health apprenticeships. Behavioral health apprenticeship programs are paid on the job training programs paired with technical instruction to train workers for behavioral health careers. These careers include but are not limited to peer counselors, substance use disorder professionals, and behavioral health technicians.

Apprenticeship programs provide access to education and training for people who may be unable to afford college or significant classroom instruction time while working. The flexibility of apprenticeship programs can aid in recruitment of individuals from diverse backgrounds that historically have not had access to traditional higher education programs.²⁶⁷

Apprenticeships help workers and employers: Apprenticeship programs benefit workers by providing pay and benefits while pursuing a certification to advance their behavioral health careers. Apprenticeship programs benefit employers by building a skilled behavioral health workforce,

²⁶³ Shen MJ, Peterson EB, Costas-Muñiz R, Hernandez MH, Jewell ST, Matsoukas K, Bylund CL. The Effects of Race and Racial Concordance on Patient-Physician Communication: A Systematic Review of the Literature. J Racial Ethn Health Disparities. 2018 Feb;5(1):117-140. [LINK]

²⁶⁴ Chao, P.J., Steffen, J.J., and Heiby, E.M. (2012). The effects of working alliance and client-clinician ethnic match on recovery status. *Community Mental Health Journal* (48), 91-97. [LINK]

²⁶⁵ Labor management partnerships are relationships between front line workers and management. It is a collaborative effort focused on common goals, relationship with unified mission, improve organizational performance and employee wellbeing. [LINK]

²⁶⁶ SEIU Healthcare 1199NW Multi-Employer Training Fund. [LINK]

²⁶⁷ Health Care Apprenticeship Consortium [LINK]

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promoting employee retention through professional development, and promoting increased workforce representation by reducing professional development barriers such as training costs.²⁶⁸

The apprenticeship programs funded by Strategy 3 will be available to community behavioral health agencies in King County and workers they employ to participate in behavioral health apprenticeships. Crisis care center operators funded with CCC Levy proceeds are among the eligible providers. Apprenticeships are managed by Washington State registered apprenticeship programs, and employers are responsible for hiring apprentices and mentors. Strategy 3 will sustain and expand DCHS' existing contract with a Washington State registered apprenticeship program. Eligible activities include, but are not limited to, apprenticeship program costs, eligible apprentice salary and benefit costs, employer and apprentice incentives, and program planning and recruitment costs.

Labor Management Partnership Training Activities

Strategy 3 will also sustain and expand access to labor management partnership training activities for community behavioral health agencies in King County, including CCC levy-funded crisis care centers operators. Labor-management partnership training activities are developed in partnership between community behavioral health agency employers and frontline workers. DCHS intends to procure labor management training proposals and contract with community behavioral health agencies to pay for eligible activities. Eligible activities may include, but are not limited to, tuition assistance, professional development costs, professional certification fees, student supports, and career counseling. Community behavioral health agencies may use training resources for a labor-management partnership training fund in which they participate, or they may manage the training resources directly.²⁶⁹

Crisis Workforce Development Activities

King County will need more people to join the region's community behavioral health workforce to staff CCC Levy-funded crisis care centers. Specific roles that crisis care centers need include, but are not limited to, peer specialists, substance use disorder professionals, mental health professionals, behavioral health technicians, nurses, nurse practitioners, and physicians. In addition to training and recruiting additional behavioral health workers, building a crisis workforce will require training existing workers to provide crisis services. Crisis services are unique clinical services that require specialized skills in de-escalation, risk assessment, triage decision-making, and motivational interviewing. Strategy 3 invests resources to develop a crisis workforce in King County, which is described in the subsections below.

Crisis Care Center and Post-Crisis Follow-Up Workforce Development Activities

Crisis care centers and post-crisis follow-up programs funded by CCC Levy proceeds, including organizations with expertise in delivering culturally and linguistically appropriate services (see <u>Section</u> <u>V.A. Strategy 1: Create and Operate Five Crisis Care Centers: Post-Crisis Stabilization Activities</u>), will need to hire hundreds of behavioral workers to operate at their full capacity. ²⁷⁰ Eligible activities under this

²⁶⁸ Health Care Apprenticeship Consortium [LINK]

²⁶⁹ Labor management partnership training funds are structures that support health care entities, including community behavioral health agencies, in investing in direct education and training benefits at no cost for their employees.

²⁷⁰ For the purposes of being eligible for workforce investments under Strategy 3, providers with expertise in delivering culturally and linguistically appropriate services will be exempted from the requirements described in the definition of "community behavioral health" described in the footnote above.

component of Strategy 3 will invest in these organizations to recruit, train, retain, develop, and support the wellbeing of behavioral health crisis workers. Funds for these activities will be distributed to both crisis care center operators and post-crisis follow-up providers through a competitive procurement process and may be used to:

- Increase wages for workers;
- Improve benefits for workers;
- Reduce the cost of living for workers, such as housing, education, or childcare;
- Support the professional development of workers to improve service quality, and
- Support worker wellbeing through activities such as supervision and mentorship, covering staff time for self-directed program development and quality improvement initiatives, and access to behavioral health benefits.

Crisis Workforce Training Activities

Strategy 3 also includes activities to strengthen King County's community behavioral health crisis workforce, including, but not limited to, crisis care centers funded by CCC Levy proceeds. DCHS will procure one or more entities to develop crisis specialty training resources that will be made available for behavioral health workers serving King County. Training resources will aim to build behavioral health workers' knowledge and skill of how to assess, triage, and provide behavioral health crisis stabilization and treatment services for clients by using evidence-based and promising practices, culturally and linguistically appropriate approaches, trauma-informed care, and care coordination best practices. These training resources are intended to support behavioral health workers who work in specialty crisis settings as well as behavioral health workers who work in other settings, such as outpatient settings, who may benefit from developing their skills related to supporting a person experiencing a behavioral health crisis.²⁷¹ DCHS may invest in training opportunities that build the crisis skills of specific behavioral health professions, such as specialty crisis internships, practicums, residencies, and fellowships for behavioral health students and workers pursuing careers in behavioral health crisis services.

2024 Funding Approach for Rapid Initial Progress on Behavioral Health Workforce

DCHS intends to make rapid initial progress towards fulfilling Supporting Purpose 2 by allocating CCC Levy proceeds through Strategy 3 in 2024. Early workforce investments planned for 2024 and depicted in Figure 39 will help strengthen King County's community behavioral health workforce, support the development of the behavioral health worker pipeline, and prepare to build the crisis specialty skills of behavioral health workers in King County. DCHS plans to begin the procurement and contract processes for these activities in early 2024 to expedite the distribution of these resources soon after this Plan is adopted. In this scenario, procurement awards will not be made until after the Plan is adopted.

²⁷¹ U.S. Department of Health and Human Services, Office of the Assistant Secretary for Planning and Evaluation. Crisis Services and the Behavioral Health Workforce Issue Brief [LINK].

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Strategy 3 Plans in 2024 to Make Rapid Progress				
Τον	ward Fulfilling Supporting Purpose 2			
Activity	2024 Plans			
Community Behavioral Health	DCHS will provide resources to strengthen King County's			
Career Pathways	community behavioral health workforces through existing King			
	County Integrated Care Network contracts, reimbursing allowable			
	expenses, and possible procurements. ²⁷² At least 25 percent of			
	funding for this activity will be used to increase the			
	representativeness of community behavioral health workers.			
Labor-Management Workforce	DCHS will expand its contract with a Washington State registered			
Development Partnerships	apprenticeship program to sustain and expand behavioral health			
	apprenticeships. DCHS will procure proposals for labor-			
	management partnership training activities.			
Crisis Workforce Development	DCHS will procure one or more entities to develop crisis specialty			
	training resources for community behavioral health workers serving			
	King County.			

Figure 39. Strategy 3 Plans in 2024 to Make Rapid Progress Towards Fulfilling Supporting Purpose 2

D. Strategy 4: Early Crisis Response Investments

Crisis care centers are major capital facility projects that will take time to develop and will not open immediately. The anticipated crisis care center opening timeline is described in <u>Section V.A. Strategy 1:</u> <u>Create and Operate 5 Crisis Care Centers: Sequence and Timing of Planned Expenditures and Activities</u>. Strategy 4's early crisis system activities will bring additional behavioral health crisis services and resources to King County beginning in 2024, particularly to increase community-based crisis response capacity, reduce fatal opioid overdoses, and invest in substance use capital facilities. Allowable activities are described in this section and are summarized in Figure 40.

²⁷² When possible, procurements will be combined to expedite the allocation of resources and to simplify the process for respondents. Funding will not be awarded until after this Plan is adopted.

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Summary of Allo	Summary of Allowable Crisis Response Investment Activities Beginning in 2024					
Activity	Description					
Increase Community-	Investments to expand community-based crisis response capacity,					
Based Crisis Response	including expansion of adult and youth mobile crisis services and					
Capacity	expansion of a pilot program that redirects 911 calls to behavioral health					
	counselors.					
Reduce Fatal Opioid	Investments to expand low-barrier access to medications and other public					
Overdoses by Expanding	health supplies to reduce opioid overdose deaths, including naloxone and					
Access to Low Barrier	fentanyl testing strips. A portion of funds may be used for King County to					
Opioid Overdose	administer the resources funded by this strategy and provide overdose					
Reversal Medication	prevention education.					
Substance Use Capital	Investments include capital funding for one or more behavioral health					
Facility Investments	facilities that can create faster in-person access to substance use crisis					
	services, for costs such as facility renovation or expansion, new					
	construction, and other capital development or capital improvement					
	costs. ²⁷³ This may include funding for operations of an eligible client					
	engagement team to support people with behavioral health, health care,					
	and social service needs in the immediate area surrounding a capital					
	facility funded by this strategy. ²⁷⁴					

Figure 40. Summary of Allowable Crisis Response Investment Activities Beginning in 2024

Increase Community-Based Crisis Response Capacity

Strategy 4 includes activities to increase the capacity of community-based crisis response programs. Community-based crisis response programs are services that can support a person experiencing a behavioral health crisis in a community-based setting. DCHS intends to expand the capacity of mobile crisis teams and a pilot program that redirects 911 calls to behavioral health specialists. These programs, which are described in more detail in the subsections below, will expand access to community-based crisis resources starting in 2024 before crisis care centers open. In addition, these investments will complement crisis care centers by increasing capacity to resolve a person's crisis in community-based settings whenever possible without a transfer to facility-based care at a crisis care center. These investments may help manage crisis care centers' capacity and client flow, which is further discussed in <u>Section V.A. Create and Operate Five Crisis Care Centers: Examples of Continuous Quality Improvement</u> <u>Activities</u>.

Expand Mobile Crisis Services

Mobile crisis services are provided by teams of behavioral health clinicians and peers who travel to community-based settings to support people experiencing behavioral health crises. Mobile crisis responders work to resolve a person's crisis in the community by providing crisis assessments, brief clinical interventions, and immediate basic need supports. Mobile crisis services also provide referrals and arrange transportation to appropriate care settings when a crisis cannot be resolved in the community. Strategy 4 will expand the capacity of mobile crisis services in King County, including

²⁷³ Eligible site-based behavioral health facilities are defined in the <u>Section V.D. Strategy 4: Early Crisis Response</u> <u>Investments: Substance Use Capital Facility Investments</u>.

²⁷⁴ Eligible client engagement teams are defined in the subsection within this section titled <u>Section V.D. Strategy 4:</u> <u>Early Crisis Response Investments: Substance Use Capital Facility Investments</u>.

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services for adults and youth, starting in 2024. DCHS intends to distribute these funds through contract expansions with existing mobile crisis service providers and through a competitive procurement process. This expansion will create additional crisis service capacity before crisis care centers open. It will also complement crisis care centers once they open by addressing crises in community settings whenever possible and serving as a key referral source when people need facility-based crisis care.

Mobile crisis service funding is an investment area that the state has an opportunity to increase and complement the CCC Levy. The state is responsible for funding mobile crisis services, including in King County, but the level of state investment is not yet adequate to provide the scale of mobile crisis services that is needed in King County. This means that people who could benefit from mobile crisis services are unable to access care. If the state increases mobile crisis funding during the CCC Levy period to a level that is better able to meet the needs of people living in King County, then DCHS may redirect Strategy 4 funds for this activity to another use, according to the funding prioritization described in Section VI. Financial Plan: Process to Make Substantial Adjustments to the Financial Plan.

Embed Behavioral Health Counselors in 911 Call Centers

When a person in King County is experiencing a behavioral health crisis and calls 911 seeking help, the main ways to access behavioral health care are through first responders transporting the person to emergency departments, or in limited cases, the Crisis Solution Center described in <u>Section III.C. Key</u> <u>Historical and Current Conditions: Need for Places to Go When in Crisis</u>. An innovative national program model is being piloted in King County to co-locate trained behavioral health courselors in 911 call centers.^{275,276} This model makes it possible to redirect behavioral health crisis calls to specialized behavioral health counselors in lieu of law enforcement dispatch.²⁷⁷ Once the call is redirected to a behavioral health counselor, the counselor works to support the person over the phone or dispatches a mobile crisis team to respond to the person. Given the limited first responder resources available, law enforcement agencies have supported this model to reduce strain on emergency services.²⁷⁸ Strategy 4 invests funding to expand this King County pilot starting in 2024.

²⁷⁵ The Council of State Governments Justice Center, Tips for Successfully Implementing a 911 Dispatch Diversion Program, October 2021. [LINK]

²⁷⁶ The Washington State Department of Health (DOH) is collaborating with Washington's 988 Lifeline crisis centers and 911 call centers, including in King County, to pilot this model on a small scale. The Mental Health Crisis Call Diversion Initiative is funded by the Washington State Department of Health and is described in RCW 71.24.890(2)(a). [LINK]

²⁷⁷ National Association of State Mental Health Program Directors, 988 Convening Playbook – Public Safety Answering Points (PSAPs). [LINK]

²⁷⁸ Police Executive Research Forum, Rethinking the Police Response to Mental Health-Related Calls Promising Models, October 2023. [LINK]

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Behavioral Health Equity Highlight

Populations experiencing behavioral health inequities are more likely to be placed into involuntary treatment and be victims of police violence, as discussed in <u>Section III.C. Key Historical and Current</u> <u>Conditions: Who Experiences Behavioral Health Inequities</u>.^{279,280} DCHS aims to reduce these inequities by increasing access to community-based services as alternatives to law enforcement, as described in <u>Section III.F. Behavioral Health Equity Framework: Equitable Access to Behavioral Health Crisis Care</u>.

Reduce Fatal Opioid Overdoses by Expanding Low Barrier Opioid Reversal Medication

King County is experiencing an unprecedented number of opioid overdoses, as discussed in <u>Section III.C.</u> <u>Key Historical and Current Conditions: Unprecedented Rates of Suicide and Overdose Deaths</u>. Naloxone is a lifesaving opioid overdose reversal medication that can be safely administered in community-based settings to prevent opioid overdose deaths.²⁸¹ Expanding access to naloxone and other public health resources in community-based settings can help prevent fatal opioid overdoses and other negative health outcomes. Beginning in 2024, Strategy 4 will fund activities that aim to reduce fatal opioid overdoses, including expanding access to naloxone and other relevant public health supplies through vending machines and other community-based distribution mechanisms.²⁸² The medication and public health supplies distributed through vending machines and other mechanisms will be provided at no cost to community members and may be managed by King County. A portion of these funds may be used for King County to administer the resources funded by this strategy and provide overdose prevention education. King County will prioritize increasing access to naloxone and other relevant public health supplies in settings and communities that are experiencing the highest opioid overdose rates and the greatest opioid overdose disparities. Public Health Seattle and King County (PHSKC) online overdose data dashboards provide information about communities in the greatest need.²⁸³

Substance Use Capital Facility Investments

Strategy 4 also includes capital facility funding for one or more site-based behavioral health facilities, especially those that are already permitted and can create faster in-person access to substance use crisis services, such as post-overdose recovery services, sobering services, and metabolizing services. Capital development activities may include, but are not limited to, facility renovation or expansion costs, new construction costs, and other capital development or capital improvement costs. One facility funded by Strategy 4 will include the 3rd Avenue post-overdose recovery center in Seattle. This may also include funding for the operations of a client engagement team to support people with behavioral health, health care, and social service needs in the immediate area surrounding a capital facility funded by this

²⁷⁹ Saleh AZ, Appelbaum PS, Liu X, Scott Stroup T, Wall M. Deaths of people with mental illness during interactions with law enforcement. Int J Law Psychiatry. 2018 May-Jun;58:110-116. [LINK]

 ²⁸⁰ Shea T, Dotson S, Tyree G, Ogbu-Nwobodo L, Beck S, Shtasel D. Racial and Ethnic Inequities in Inpatient
 Psychiatric Civil Commitment. Psychiatr Serv. 2022 Dec 1;73(12):1322-1329. doi: 10.1176/appi.ps.202100342.
 [LINK]

²⁸¹ Washington State Department of Health Naloxone Instructions [LINK]

²⁸² Other public health resources may include resources that help prevent the death of people who use substances, reduce the risk of disease transmission, and support the health of people who use substances. An example of such a resource could include, but is not limited to, fentanyl testing strips. Other distribution mechanisms may include, but are not limited to, naloxone distribution boxes and other distribution mechanisms that make naloxone available for focused populations and the public.

²⁸³ Seattle and King County Public Health online overdose data dashboards. [LINK]

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strategy if that client engagement team is operated by the same organization, or a subcontractor, providing services within a capital facility funded by this strategy for the purpose of engaging persons in services or promoting a healthy environment in which to seek or receive services.

E. Strategy 5: Capacity Building and Technical Assistance

The investments made by the CCC Levy represent a significant expansion in King County's behavioral health services. Strategy 5 will provide funding for capacity building and technical assistance activities to support the implementation of the CCC Levy's strategies described in this Plan. The allowable activities funded by Strategy 5 are summarized in Figure 41 and described in the subsections below.

Strategy 5 Capacity Building and Technical Assistance Activities					
Activity	Description				
Facility Operator Capital Development Assistance	Technical assistance and capacity building to support crisis care center and residential treatment facility operators in developing capital facilities funded by CCC Levy proceeds including, but not limited to, capital facility predevelopment planning, capital financial planning, facility siting, facility design, facility construction, and post-construction facility activation.				
Crisis Care Center Operator Regulatory and Quality Assurance	Technical assistance and capacity building to support crisis care center operators to comply with regulatory requirements, deliver high quality crisis clinical services including for young adults and people living with intellectual and developmental disabilities, and provide inclusive care, such as implementing national health care standards for providing culturally and linguistically appropriate services. ^{284,285}				
Capacity Building for Providers with Expertise in Culturally and Linguistically Appropriate Services	Investments to build the organizational capacity of providers with expertise in providing culturally and linguistically appropriate services including, but not limited to, administrative infrastructure investments; enhancing data and information technology systems; developing Medicaid and other health insurance billing infrastructure, and investing in workforce development, training, and worker wellbeing.				
Local Jurisdiction Capital Facility Siting Support ²⁸⁶	Grants to local jurisdictions to offset a portion of jurisdictions' costs directly related to siting behavioral health capital facilities funded by CCC Levy proceeds. Funding will be prioritized for purposes that expedite opening of crisis care center facilities. Funding may not be used to offset siting costs incurred by other parties nor other jurisdiction costs that cannot be directly attributed to facility siting.				
DCHS Capital Facility Siting Technical Assistance	Funding for DCHS to provide siting technical assistance such as creating and deploying communication content, supporting siting community engagement, supporting interjurisdictional partnerships, and supporting facility operator and jurisdictional partnerships.				

Figure 41. Strategy 5 Capacity Building and Technical Assistance Activities

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²⁸⁴ "Young adult," also known as "transition age youth" means a person between eighteen and twenty-four years of age, per RCW 43.330.702 – Homeless youth—Definitions. [LINK]

²⁸⁵ National Culturally and Linguistically Appropriate Services (CLAS) Standards. Think Cultural Health, U.S. Department of Health & Human Services. [LINK]

²⁸⁶ In this section, "jurisdictions" means cities, Tribes and other jurisdictional entities with siting authority that are physically located within King County.

Facility Operator Capital Development Assistance Activities

Strategy 5 will support technical assistance and capacity building activities to support organizations in developing capital behavioral health facilities funded by CCC Levy proceeds. Organizations that are applying for or receiving CCC Levy capital funding will be eligible to apply for capacity building and technical assistance funding during CCC Levy procurement processes related to developing residential treatment facilities or crisis care center facilities. Activities funded by Strategy 5 include, but are not limited to, capital facility predevelopment planning, capital financial planning, facility siting, facility design, facility construction, and post-construction facility activation. DCHS may use a portion of these resources to hire organizations or consultants with relevant subject matter expertise to provide capacity building and technical assistance directly to individual facility operators or through learning collaboratives for multiple facility operators to support the development of capital facilities funded by this Plan.

Crisis Care Center Operator Regulatory and Clinical Quality Activities

Crisis care centers are a new type of behavioral health facility in King County, and operators may need support to comply with regulations and provide high quality services. Strategy 5 will provide resources for technical assistance and capacity building activities to:

- Support crisis care center operators to deliver high quality clinical services;
- Provide inclusive care for populations experiencing behavioral health inequities (see <u>Section</u> <u>III.C. Key Historical and Current Conditions: Who Experiences Behavioral Health Inequities</u>), and
- Comply with regulatory requirements.²⁸⁷

Activities related to regulatory technical assistance and capacity building include, but are not limited to, assisting crisis care center operators to comply with applicable local, state, and federal regulatory rules, and licensing, auditing, and accreditation requirements.

Activities related to assisting crisis care center operators to deliver high quality clinical services include, but are not limited to:

- Developing clinical policies and procedures;
- Implementing care coordination clinical workflows and technology;
- Implementing evidence-based and promising clinical practices;
- Adopting de-escalation and least restrictive care best practices;
- Building capacity for clinical quality improvement activities;
- Increasing specialization in serving youth and people living with intellectual and developmental disabilities, and
- Implementing best practices to support workforce development and staff wellbeing.²⁸⁸

Activities related to providing inclusive care include, but are not limited to:

• Assisting crisis care center operators to implement national health care standards for providing culturally and linguistically appropriate services;

²⁸⁷ Examples of "experiential communities" include persons who have been incarcerated, persons who are survivors of gender-based violence, persons who have been subject to involuntary treatment under Washington's involuntary Treatment Act, military veterans, immigrants, and refugees.

²⁸⁸ Supporting worker wellbeing includes providing supervision and mentorship, covering staff time for selfdirected program development and quality improvement initiatives, and access to mental health benefits.

- Providing cultural humility and health equity training for crisis care center staff;
- Providing organizational leadership training on best practices to advance health equity at an organizational level, and
- Consulting with organizations with expertise in serving populations that experience behavioral health inequities (see Section III.C. Key Historical and Current Conditions: Who Experiences Behavioral Health Inequities) around adopting clinical best practices and supporting individual client case consultations when appropriate.²⁸⁹

Crisis care center operators will be able to apply for technical and capacity building support related to regulatory and quality assurance during crisis care center procurement processes. DCHS may use a portion of these resources to hire organizations or consultants with relevant subject matter expertise to provide the capacity building and technical assistance described in this subsection. Consultation may be provided to individual crisis care centers or through learning collaboratives for multiple crisis care centers.

Capacity Building for Providers with Expertise in Culturally and Linguistically Appropriate Services

Funding through <u>Strategy 1: Create and Operate Five Crisis Care Centers: Culturally and Linguistically</u> <u>Appropriate Post-Crisis Follow-Up Services</u> will increase the capacity of behavioral health organizations with expertise in culturally and linguistically appropriate services to be well positioned to provide postcrisis follow-up services for people who receive care at crisis care centers. Strategy 5 funding will support organizations with expertise in culturally and linguistically appropriate services described under Strategy 1 to:

- Build their organizational capacity to provide and secure payment for delivering post-crisis follow-up and related services;
- Strengthen organizational administrative infrastructure;
- Enhance data and information technology systems;
- Develop Medicaid and other health insurance billing infrastructure, and
- Invest in workforce development, staff training, and worker wellbeing.²⁹⁰

Behavioral Health Equity Highlight

Section III.F. Behavioral Health Equity Framework: Culturally and Linguistically Appropriate Services describes the importance of culturally and linguistically appropriate services (CLAS), which are nationally recognized as a way to improve the quality of services provided to all individuals, which will ultimately help reduce health disparities and promote health equity.²⁹¹ Challenges to accessing CLAS are described in <u>Section III.C. Key Historical and Current Conditions: Who Experiences Behavioral</u> <u>Health Inequities</u> and were also raised by community members, as described in <u>Section III.E.</u> <u>Community Engagement Summary: Culturally and Linguistically Appropriate Services</u>.

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²⁸⁹ National Culturally and Linguistically Appropriate Services (CLAS) Standards. Think Cultural Health, U.S. Department of Health & Human Services. [LINK]

 ²⁹⁰ Supporting worker wellbeing includes providing supervision and mentorship, covering staff time for selfdirected program development and quality improvement initiatives, and access to mental health benefits.
 ²⁹¹ National Culturally and Linguistically Appropriate Services (CLAS) Standards. Think Cultural Health, U.S. Department of Health & Human Services [LINK].

The capacity building described in this section for both crisis care center operators and for providers with expertise in CLAS is an essential investment to advance behavioral health equity in both the behavioral health crisis system and more broadly.

Local Jurisdiction Capital Facility Siting Support Activities

DCHS also plans to award grants under Strategy 5 to local jurisdictions to help offset a portion of jurisdictions' costs that are directly related to siting behavioral health capital facilities funded by CCC Levy proceeds, such as meeting facilitation, production of communication materials, and event costs and other expenses to complete outreach and engagement. Grants will be prioritized for uses that expedite the opening of crisis care center facilities funded in 2024, 2025, and 2026, which aligns with the preferred crisis care center siting timeline and process described in <u>Section V.A. Strategy 1: Create and Operate 5 Crisis Care Centers: Crisis Care Center Procurement and Siting Process</u>. Funding for jurisdiction siting support activities may not be used to offset siting costs incurred by other parties nor other jurisdiction costs that cannot be directly attributed to siting capital facilities funded by CCC Levy proceeds.

DCHS Capital Facility Siting Technical Assistance

Strategy 5 also includes resources for DCHS to provide capital facility siting technical assistance to local jurisdictions and operators of capital behavioral health facilities funded by CCC Levy proceeds. DCHS technical assistance activities funded through Strategy 5 include, but are not limited to, creating and deploying communication content and supporting siting community engagement, interjurisdictional collaboration, and facility operator and jurisdictional partnerships. The community engagement activities funded by Strategy 5 are intended to augment the community engagement activities funded in <u>Section V.G. Strategy 7: Crisis Care Centers Levy Administration</u>. They include, but are not limited to, costs related to engaging community members in capital facility siting processes and soliciting community input, communication costs, translation and interpretation costs, community engagement event costs, and costs to reduce barriers for community members to participate in related community engagement activities. DCHS may use a portion of these resources to fund organizations or consultants with relevant subject matter expertise to provide technical assistance directly to jurisdictions or capital facility operators to support the siting of capital facilities funded by this Plan.²⁹²

F. Strategy 6: Evaluation and Performance Measurement Activities

DCHS will assess the impact of the CCC Levy through evaluation and performance measurement activities. <u>Section VII. Evaluation and Performance Measurement</u> details how DCHS will conduct evaluation and performance activities. <u>Section VIII. Crisis Care Centers Levy Annual Reporting</u> describes how the CCC Levy's results will be reported to the public and policymakers annually. This subsection describes what activities will be funded with CCC Levy proceeds, which are summarized in Figure 42. DCHS will measure and evaluate data to assess the CCC Levy's impact, report its results, and inform efforts to improve the quality of CCC Levy funded services. DCHS may also engage in more in-depth evaluation activities to complement regular performance measurement and deepen learnings about the effect of the CCC Levy and the services it funds.

²⁹² DCHS staff costs to support capital facility siting, including providing technical advice, are funded by <u>Section V.G.</u> <u>Strategy 7: Crisis Care Centers Levy Administration</u>.

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Evaluation and Performance Measurement Activities			
Activity	Description		
Routine Reporting and	DCHS' costs to measure, analyze, evaluate, and report the impact of the		
Performance Measurement	CCC Levy to inform quality improvement initiatives and report the CCC		
	Levy's results to the public and policymakers.		
In-Depth Evaluation	DCHS' costs to conduct in-depth evaluations of the CCC Levy, which		
	may include costs to contract with third parties.		

Figure 42. Evaluation and Performance Measurement Activities

G. Strategy 7: Crisis Care Centers Levy Administration

Strategy 7 supports DCHS costs to manage the implementation of the CCC Levy over the nine-year Levy period. These investments include using DCHS staff to support the implementation of this Plan, promote accountability to the community, provide sufficient quality assurance and improvement oversight infrastructure, and integrate CCC Levy services into existing continuums of care to improve how people are able to access behavioral health services at crisis care centers and other community behavioral health settings. Strategy 7 also funds costs related to community engagement, developing data systems infrastructure and technology, and supporting the ability of designated crisis responders (DCRs) to serve crisis care centers, which are further described later in this subsection.²⁹³ These allowable activities within Strategy 7 are described in Figure 43.

	CCC Levy Administration Activities
Activity	Description
DCHS	DCHS' costs to manage the implementation of the CCC Levy and oversee quality
Administration	assurance and improvement activities, including but not limited to, DCHS staff
Costs	costs, third party consulting and technical assistance, and indirect administrative
	costs.
Community	Community engagement activities include, but are not limited to, costs to reduce
Engagement	barriers to community member participation, translation and interpretation, costs
	to partner with community-based organizations to engage community members,
	and costs to organize community engagement events.
Data Systems	Investments in data systems infrastructure and technology to improve care
Infrastructure	coordination and ensure accurate and timely payment of contractors, and collect
and Technology	necessary data for performance measurement and evaluation. This will include,
	but may not be limited to, strengthening existing King County Information
	Technology systems, electronic health record interoperability improvements, and
	care coordination technical support for behavioral health providers.
DCR	Activities that can help expedite DCRs' ability to access crisis care centers,
Accessibility	including but not limited to, satellite offices and transportation costs to reduce
	response times.

Figure 43. CCC Levy Administration Activities

²⁹³ King County Crisis and Commitment Services offers evaluation of people with behavioral health disorders for involuntary detention in psychiatric and secure withdrawal facilities according to Washington law. The law for adults is RCW 71.05. [LINK] For youth 13 through 17 years of age the law is RCW 71.34. [LINK] Crisis and Commitment staff who perform these duties are referred to as Designated Crisis Responders (DCRs). They are mental health professionals who are specially trained to conduct a holistic investigation of risk and to treat the person in need with dignity and respect during their time of crisis. [LINK]

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Community Engagement

DCHS intends to prioritize community engagement throughout the term of the CCC Levy to help inform the ongoing implementation, quality improvement, evaluation and performance measurement, and accountability of the Levy. In addition to its engagement related to ongoing implementation activities, DCHS plans to engage community members around the opening of crisis care centers to raise awareness about these new services, including sharing information that is accessible in multiple languages and formats. The importance of community engagement in an ongoing and meaningful way was a consistent theme during implementation planning activities (see Section III.E. Community Engagement Summary: Community Engagement During Future Planning Phases). DCHS will engage community partners and community members impacted by the CCC Levy, including populations experiencing behavioral health inequities (see Section III.C. Key Historical and Current Conditions: Who Experiences Behavioral Health Inequities).²⁹⁴ Community partners also include, but are not limited to, people who have received CCC Levy funded services, community-based organizations, contracted service providers, and elected officials and policy makers. DCHS intends to conduct listening sessions at least annually to solicit community feedback about the CCC Levy implementation. DCHS also intends to engage community partners in the CCC Levy's performance measurement and evaluation activities by publicly sharing and disseminating its annual reporting, and by soliciting provider feedback on performance measurement to foster accountability and collaboration in the measurement of the CCC Levy's progress.

Expertise to Support Oversight of Behavioral Health Equity

Measuring behavioral health equity is a complex and nuanced task, as described in <u>Section III.F.</u> <u>Behavioral Health Equity Framework: Quality Improvement Accountability</u>. Convening community partners is important to helping inform a quality metric selection process.²⁹⁵ DCHS plans to contract with community-based organizations or behavioral health agencies with expertise in culturally and linguistically appropriate services to help DCHS define quality standards and quality improvement activities to better serve people identified in this Plan's background section as populations experiencing behavioral health inequities (see <u>Section III.C. Key Historical and Current Conditions: Who Experiences</u> <u>Behavioral Health Inequities</u>). This investment will help inform quality improvement priorities for crisis care center operators and post-crisis follow-up providers.

²⁹⁴ Examples of "experiential communities" include persons who have been incarcerated, persons who are survivors of gender-based violence, persons who have been subject to involuntary treatment under Washington's involuntary Treatment Act, military veterans, immigrants, and refugees.

²⁹⁵ Goldman, M. L., Shoyinka, S., Allender, B., Balfour, M., Eisen, J., Hopper, K., Minkoff, K., Parks, J., Pinheiro, A., Rosa, D., & Shaw, B. (2023). Quality Measurement in Crisis Services. National Council for Mental Wellbeing. [LINK]

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Behavioral Health Equity Highlight

DCHS will make equity a key focus of CCC Levy administration activities, particularly to respond to <u>Section III.F. Behavioral Health Equity Framework: Quality Improvement and Accountability</u>. The community engagement investments described above are key to respond to community feedback about the importance of accountability and oversight of the CCC Levy, as well as ongoing community engagement (see <u>Section III.E. Community Engagement Summary: Theme G: Accountability</u> <u>Mechanisms and Ongoing Community Engagement</u>). The investments of CCC Levy funds in expert consultations will be critical to ensuring that DCHS is overseeing its behavioral health equity framework using the best standards that are reflective of King County's communities and local context.

Develop Data Systems Infrastructure and Technology

To advance the purposes of the CCC Levy, DCHS needs to have access to timely and accurate information and secure and reliable data systems. The CCC Levy will invest in data systems infrastructure and technology to improve service providers' ability to coordinate care for people experiencing a behavioral health crisis and to support providers' and DCHS's operational and administrative activities. These enhancements would have the added benefit of strengthening the administration of the entire public behavioral health system in King County, in line with the activities described in <u>Section V.A.</u> <u>Strategy 1: Create and Operate 5 Crisis Care Centers: Oversight of Crisis Care Center Operations and Quality</u>. Furthermore, they would provide more robust data to support DCHS' performance measurement and evaluation activities, including internal and external-facing dashboards and annual reporting, as described in Section VIII. Crisis Care Centers Levy Annual Reporting. CCC Levy investments in data systems infrastructure and technology may include upgrading outdated technology, redesigning databases to make them more efficient, and automating more data processing tasks and reports.

Care coordination is essential during a crisis encounter. Crisis service providers need to be able to efficiently access clinical information such as a client's prior use of clinical services, their responses to prior treatments, and their current active services. This kind of information is critical for informing the initial risk assessment and triage, discharge planning, and engagement in post-crisis follow-up services. It is equally as important for crisis service providers to communicate with other providers, including automated alerts when someone has entered an acute care setting and information sharing to inform warm handoffs as a client begins to transition to longer-term care.

At the time of this Plan's drafting, providers in King County currently have limited access to relevant clinical and social services data, which is a common problem across the United States.²⁹⁶ The Washington State Health Care Authority and Department of Health are developing statewide crisis system data sharing platforms to support implementation of the 988 Suicide and Crisis Line and related crisis services, as required under E2SHB 1477.²⁹⁷ DCHS intends to coordinate with the state in these efforts to maximize the local benefits of these state investments. While these state activities are promising, there may remain a need for local investments in data systems and technology infrastructure if there is not full alignment with King County's local needs or timelines. DCHS will assess its progress

 ²⁹⁶ Goldman, M. L., Shoyinka, S., Allender, B., Balfour, M., Eisen, J., Hopper, K., Minkoff, K., Parks, J., Pinheiro, A., Rosa, D., & Shaw, B. (2023). Quality Measurement in Crisis Services. National Council for Mental Wellbeing. [LINK]
 ²⁹⁷ 2SSB 1477 (2021). 2SHB 1477's scope included RCW chapters 71.24, 48.43, 43.06, and 82.86. [LINK]

toward data system and technology infrastructure and technology goals periodically to determine if there is a need to focus also on data system improvements solely within King County.

In addition to supporting clinical crisis care coordination, DCHS and crisis care center operators will need robust data systems for operational and administrative functions. As the administrator of King County's Integrated Care Network (KCICN) and Behavioral Health Administrative Service Organization (BH-ASO), DCHS already maintains a core administrative processing system to facilitate payments to providers, reporting to the state and managed care organizations, and monitoring of provider and overall system performance. However, the addition of CCC Levy-funded programs will further add to the demands on the system. The CCC Levy presents a unique opportunity to expand and strengthen DCHS' backbone technologies to securely and reliably manage data that are essential to the success of the CCC Levy.

Designated Crisis Responder Accessibility

King County Ordinance 19572 requires crisis care centers to provide access to onsite assessment by a designated crisis responder (DCR) when needed.^{298, 299} A persistent feature of King County's pre-CCC Levy behavioral health system has been that wait times for a DCR evaluation in community settings have too often been measured in days and weeks instead of minutes and hours.^{300,301} While immediately seeking an involuntary commitment hold may in rare cases be appropriate, DCRs' primary responsibility is to conduct a DCR evaluation and make an initial legal determination about whether a person meets legal criteria for detention under Washington's Involuntary Treatment Act.³⁰² DCRs are mental health clinicians, but they do not provide treatment. DCRs are an essential part of the region's behavioral health crisis response system, but they should rarely be the first or only call a community member makes in a crisis.

The CCC Levy will create a regional network of crisis care centers that will enable treatment to become the first response to a behavioral health crisis. The creation of 24/7 walk-in facilities that provide specialized treatment for crises as they happen is central to the CCC Levy proposal. In addition to increasing access to care, crisis care centers are a key part of DCHS's strategy to reduce DCR response times in community settings by reducing the number of calls that DCRs receive.

During the implementation planning process, DCHS received feedback from community members that timely access to a DCR evaluation is critical when needed, but that DCR access should be held in balance with trying treatment first, promoting least restrictive care, and prioritizing voluntary services. DCHS will address this feedback by investing in activities to expedite DCR assessments of a person who is

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²⁹⁸ King County Ordinance 19572 [LINK]

²⁹⁹ King County Crisis and Commitment Services offers evaluation of people with behavioral health disorders for involuntary detention in psychiatric and secure withdrawal facilities according to Washington law. The law for adults is **RCW 71.05**. For youth 13 through 17 years of age the law is **RCW 71.34**. Crisis and Commitment staff who perform these duties are referred to as Designated Crisis Responders (DCRs) They are mental health professionals who are specially trained to conduct a holistic investigation of risk and to treat the person in need with dignity and respect during their time of crisis. Crisis and Commitment Services are available 24 hours a day, 365 days a year [LINK].

³⁰⁰ Washington Post (2022) Fixing the broken lovelies: As American cities deteriorate, a psychiatric nurse reckons with the high price of compassion [LINK].

³⁰¹ Seattle Times (2022) Washington's designated crisis responders, a 'last resort' in mental health care, face overwhelming demand. [LINK]

³⁰² RCW 71.05 [LINK] and 71.34 [LINK]. King County BHRD Crisis and Commitment Services website. [LINK]

experiencing a behavioral health crisis at a crisis care center when clinically appropriate. These activities are described in Figure 43 and include costs such as satellite DCR offices and transportation costs to reduce response times. DCHS will work with crisis care center operators to prioritize least restrictive care options whenever possible, thereby allowing DCRs to respond faster in crisis care centers and community settings to less frequent cases that have already exhausted less restrictive options for care.

H. Strategy 8: Crisis Care Centers Levy Reserves

The CCC Levy will maintain fund reserves as directed by King County Ordinance 19572.³⁰³ The expenditure plan described in <u>Section VI.B. Financial Plan: Annual Expenditure Plan</u> includes a fund reserve equal to 60 days of budgeted expenditures, less capital expenses, consistent with King County Comprehensive Financial Management Policies.³⁰⁴ The purpose of the reserve is to ensure continuity of levy-funded operating activities for 60 days if the CCC Levy is not renewed after 2032. The 60-day operating reserve will also help promote continuity of levy-funded activities in the event of fluctuations in CCC Levy revenue or strategy costs.

In addition, <u>Strategy 1: Create and Operate Five Crisis Care Centers</u> and <u>Strategy 2: Restore, Expand, and</u> <u>Sustain Residential Treatment Capacity</u> each reserve a portion of CCC Levy funding to help pay for ongoing capital maintenance costs of behavioral health capital facilities funded by Levy proceeds. These capital resources will promote the future sustainability of behavioral health capital facilities funded by this Plan.

³⁰³ King County Ordinance 19572 [LINK].

³⁰⁴ King County Comprehensive Financial Management Policies (2016) [LINK]

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VI. Financial Plan

A. Overview

This section describes the CCC Levy's financial plan and other related financial considerations. These considerations include the CCC Levy's approach to incorporating additional financial resources to complement and augment CCC Levy proceeds, the role of health insurance funding, and the process to makes substantial adjustments to the financial plan. The strategy to establish and maintain CCC Levy reserves is described in <u>Section V.H. Strategy 8: Crisis Care Centers Levy Reserves</u>.

B. Financial Plan

CCC Levy Annual Revenue Forecast

Figure 44 illustrates the CCC Levy's annual revenue forecast from January 1, 2024, to December 31, 2032. During 2024, the first year of the CCC Levy, the levy rate will be 14.5 cents per \$1,000 in assessed property value. From 2025 to 2032, total levy collections may increase in accordance with Washington State's levy limit, which at the time of this plan's drafting was one percent annually plus the value of new construction as determined by the King County Assessor.³⁰⁵ The revenue forecast incorporated into this Implementation Plan is from the King County OEFA August 2023 revenue forecast.³⁰⁶ The revenue forecast depicted in Figure 44 assumes a 99 percent revenue collection rate and an assumption that the CCC Levy's proceeds will generate annual interest revenue at a rate of 0.5 percent.^{307,308}

Annual Expenditure Plan

The CCC Levy's annual expenditure plan between 2024 and 2032 is described in Figure 44. The expenditure plan includes annual investment amounts for each of the CCC Levy's strategies, which are described in <u>Section V. Crisis Care Centers Levy Strategies and Allowable Activities</u>. The expenditure plan also includes one-time costs such as the election costs for King County Proposition 1 in April 2023 and initial planning costs permitted under Ordinance 19572.^{309,310} In addition to costs, the expenditure plan also includes health insurance funding assumptions, which account for the share of crisis care center expenses that are projected to be paid for by health insurance, including Medicaid. Additional information about the expenditure plan's health insurance assumptions is described later in this section (see <u>Health Insurance Assumptions</u>). CCC Levy reserves are also depicted in the expenditure plan, and additional reserve information is described in <u>Section V.H. Strategy 8: Crisis Care Centers Levy Reserves</u>.

³⁰⁵ Municipal Research and Services Center (MRSC). *Levy Lid Lift*. [LINK]

³⁰⁶ King County Office of Economic and Financial Analysis' (OEFA) economic forecasts [LINK]

³⁰⁷ King County Office of Economic and Financial Analysis' (OEFA) economic forecasts [LINK]

³⁰⁸ Fund revenues and corresponding cash balances accrue interest and County investment pool earnings, which are conservatively estimated at 0.5% of total collected revenues annually.

³⁰⁹ King County Elections. Ballot Measures: April 25, 2023 Special Election. King County Proposition No. 1: Crisis Care Centers Levy. [LINK]

³¹⁰ King County Ordinance 19572 [LINK]

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Figure 44. Crisis Care Centers Levy Projected Revenue and Approximate Annual Allocations by Strategy, 2024-2032 ³¹¹

Crisis Care Centers Levy Projected Revenue (2024 - 2032)										
	2024	2025	2026	2027	2028	2029	2030	2031	2032	Total
Projected CCC Levy Revenue	\$117,304,000	\$119,829,000	\$122,449,000	\$125,130,000	\$127,866,000	\$130,654,000	\$133,489,000	\$136,384,000	\$139,346,000	\$1,152,451,000
Projected Annual Interest	\$587,000	\$599,000	\$612,000	\$626,000	\$639,000	\$653,000	\$667,000	\$682,000	\$697,000	\$5,762,000
Total Revenue ³¹²	\$117,891,000	\$120,428,000	\$123,062,000	\$125,755,000	128,505,000	\$131,307,000	\$134,156,000	\$137,066,000	\$140,042,000	\$1,158,213,000

Crisis Care Centers Levy Approximate Allocation by Strategy (2024 - 2032)										
	2024	2025	2026	2027	2028	2029	2030	2031	2032	Total
Strategy 1: Create and Operate Five Crisis Care Centers	\$16,150,000	\$59,888,000	\$54,816,000	\$72,640,000	\$97,865,000	\$73,069,000	\$82,146,000	\$84,094,000	\$86,147,000	\$626,815,000
Projected Additional Medicaid Funding	\$-	\$-	\$3,801,000	\$15,426,000	\$27,388,000	\$35,723,000	\$40,268,000	\$40,852,000	\$41,444,000	\$204,904,000
Strategy 2: Restore, Expand, and Sustain Residential Treatment Capacity	\$42,000,000	\$33,340,000	\$40,148,000	\$48,575,000	\$1,464,000	\$1,611,000	\$1,772,000	\$1,949,000	\$2,144,000	\$173,001,000
Strategy 3: Strengthen the Community Behavioral Health Workforce	\$7,500,000	\$11,849,000	\$13,030,000	\$16,352,000	\$19,894,000	\$22,418,000	\$23,877,000	\$24,199,000	\$24,574,000	\$163,693,000
Strategy 4: Early Crisis Response Investments	\$8,200,000	\$6,290,000	\$7,410,000	\$7,518,000	\$7,627,000	\$7,737,000	\$7,522,000	\$7,632,000	\$7,742,000	\$67,678,000
Strategy 5: Capacity Building and Technical Assistance	\$1,750,000	\$2,029,000	\$2,058,000	\$1,357,000	\$1,748,000	\$2,203,000	\$2,071,000	\$1,659,000	\$1,683,000	\$16,559,000
Strategy 6: Evaluation and Performance Measurement Activities	\$771,000	\$1,099,000	\$1,127,000	\$1,156,000	\$1,239,000	\$1,270,000	\$1,302,000	\$1,335,000	\$1,369,000	\$10,667,000
Strategy 7: CCC Levy Administration	\$5,065,000	\$7,581,000	\$9,025,000	\$9,373,000	\$9,626,000	\$9,756,000	\$9,825,000	\$9,763,000	\$9,979,000	\$79,993,000
Election Costs	\$3,500,000									\$3,500,000
Planning Costs	\$1,000,000									\$1,000,000
Total CCC Levy Costs	\$85,936,000	\$122,077,000	\$127,613,000	\$156,971,000	\$139,462,000	\$118,064,000	\$128,515,000	\$130,631,000	\$133,638,000	\$1,142,908,000
Strategy 8: CCC Levy Reserves	\$4,354,000	\$2,050,000	\$1,833,000	\$3,506,000	\$5,330,000	\$6,573,000	\$7,281,000	\$7,445,000	\$15,285,000	

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³¹¹ The dollar amounts in this table are approximate and are rounded to the nearest thousand dollars.

³¹² The revenue forecast incorporated into this Plan is from the King County Office of Economic and Financial Analysis' August 2023 revenue forecast. [LINK] The revenue forecast assumes a 99 percent revenue collection rate and an assumption that the CCC Levy's proceeds will generate annual interest revenue at a rate of 0.5 percent.

C. Sequencing and Timing of Planned Expenditures

King County Ordinance 19572 requires this Implementation Plan to describe the sequence and timing of planned expenditures and activities to establish and operate a regional network of five crisis care centers.³¹³ This requirement is addressed in <u>Section V.A. Strategy 1: Create and Operate Five Crisis Care</u> <u>Centers: Sequence and Timing of Planned Expenditures and Activities</u>. DCHS plans to open competitive procurement rounds in 2024, 2025, and 2026 if needed to select five crisis care center operators.

King County Ordinance 19572 also requires this Plan to describe how a portion of first year levy proceeds will be allocated to make rapid initial progress towards fulfilling the CCC Levy's Supporting Purposes One and Two.³¹⁴ Section V.B. Restore, Expand, and Sustain Residential Treatment Capacity: 2024 Funding Approach for Rapid Initial Progress on Residential Treatment describes how progress will be made in 2024 towards fulfilling Supporting Purpose 1. DCHS plans to open a competitive procurement in 2024 to award capital improvement funding for resident treatment facility operators to help stabilize the sector and prevent additional closures and to award capital funding for new residential treatment facility development. Section V.C. Strategy 3: Strengthen the Community Behavioral Health Workforce: 2024 Funding Approach for Rapid Initial Progress on Behavioral Health Workforce describes how progress will be made in 2024 towards fulfilling Supporting Purpose 2. DCHS plans to distribute resources to help strengthen and support the development of King County's community behavioral health workforce through existing contracts with organizations and new procurement processes.

D. Seeking and Incorporating Federal, State, and Philanthropic Resources

The CCC Levy's financial plan is designed to advance the Paramount Purpose, Supporting Purpose 1, and Supporting Purpose 2, within forecasted resources. Forecasted resources include projected CCC Levy proceeds and health insurance funding. These funding assumptions are described later in this section (see <u>Levy Annual Revenue Forecast</u> and <u>Health Insurance Assumptions</u>.

In this Implementation Plan's financial plan, the Executive has not assumed federal, state, or philanthropic resources will contribute to achieving the CCC Levy's purposes except for state and federal Medicaid funding based on information available at the time of this Plan's drafting. While this Plan does not depend upon it, government and philanthropic partners have a significant opportunity to bolster the CCC Levy. The Executive will seek investments from government and philanthropic partners to augment CCC Levy proceeds. Figure 45 describes examples of government and philanthropic investments that could complement this Implementation Plan.

Additional philanthropic and government investments in CCC Levy purposes could reduce the amount of CCC Levy proceeds that are needed to fulfill this Plan's strategies. CCC Levy proceeds could then expand funding for strategies through the uses described later in this section (see <u>Process to Make Substantial</u> <u>Adjustments to the Financial Plan</u>). Government and philanthropic partners could also augment the impact of the CCC Levy by investing in other parts of the behavioral health system or in other areas that impact social determinants of health. For example, if federal and state partners invest in affordable housing resources to meet the scale of housing needs of people living with behavioral health conditions and housing instability in King County, individual experiences of behavioral health crises may be reduced.

³¹³ King County Ordinance 19572. [LINK]

³¹⁴ King County Ordinance 19572. [LINK]

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Federal, State, and Philanthropic Opportunities to Augment CCC Levy Proceeds						
Investment Area	Federal Government	State Government	Philanthropy			
Medicaid Rates: Increase Medicaid rates to reduce the	х	х				
CCC Levy proceeds needed to subsidize services.						
Non-Medicaid Rates: Increase non-Medicaid funding						
for state and federal behavioral health services to	x	х				
reduce CCC Levy proceeds needed to subsidize costs for	^	^				
services and populations ineligible for Medicaid.						
Mobile Crisis Services: Increase funding for adult,	×.	X	Y			
youth, and specialty population mobile crisis services.	х	х	Х			
Capital Resources: Contribute capital resources to land	×	X	Y			
and capital facilities funded by CCC Levy proceeds.	х	х	Х			
Transition Age Youth: Dedicate resources to create a						
specialized crisis care setting and services for transition	x	х	х			
age youth. ³¹⁵						
Housing Resources: Increase housing resources for	x	х	х			
people living with behavioral health conditions.	~	~	~			
Workforce: Strengthen behavioral health workforce	x	х	х			
through training, recruitment, and retention funding.	^	^	^			
Opioid Overdose Crisis: Address the opioid crisis by	x	x	х			
expanding naloxone, MOUD, and other services. ³¹⁶	^	^	^			
Care Coordination Technology: Invest in health	х	х	х			
informatics infrastructure to support crisis system.	X	X	X			

Figure 45. Federal, State, and Philanthropic Opportunities to Augment CCC Levy Proceeds

The Executive intends to seek federal and state government funding to complement the CCC Levy through King County's annual legislative agenda and policymaker engagement activities, such as but not limited to briefings, work sessions, and public hearings. DCHS will strive to coordinate the CCC Levy with federal and state crisis service initiatives and investments to maximize resource coordination and crisis system integration. As the state makes ongoing, state-wide investments in crisis facilities and programs, the Executive will continue to seek funds to augment the CCC Levy.

The Executive and DCHS also plan to seek philanthropic funding by sharing opportunities for philanthropic partners to amplify the impact of the CCC Levy proceeds with targeted funding support. Similar to state and federal initiatives, DCHS will strive to coordinate with existing philanthropic initiatives related to crisis services whenever feasible to maximize resource coordination across initiatives.

³¹⁵ "Young adult," also known as "transition age youth" means a person between eighteen and twenty-four years of age, per RCW 43.330.702 – Homeless youth—Definitions. [LINK]

³¹⁶ Naloxone is a lifesaving opioid overdose reversal medication that can be safely administered in communitybased settings. "MOUD" means medication for opioid use disorder and includes medications that are used to support people receiving treatment for opioid use.

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E. Health Insurance Assumptions

Medicaid Health Insurance

The CCC Levy financial plan assumes that Medicaid health insurance ("Medicaid") will pay for approximately 40 percent of the crisis care centers' operating and service activities and approximately 40 percent of the post-crisis follow-up program's operating and service activities that are described in <u>Section V.A. Strategy 1: Create and Operate Five Crisis Care Centers</u>. CCC Levy proceeds will be used to pay for the remaining 60 percent of these activities' operating and service costs that are expected not to be covered by Medicaid.

DCHS developed the 40 percent Medicaid assumption by analyzing King County's historic crisis service health insurance billing codes and utilization data, estimating the likely health insurance coverage payer mix of people who may access crisis care centers, and reviewing Medicaid funding rates at comparable facilities in Washington State. A review of crisis service health care billing codes and utilization rates showed a range of 29 percent to 50 percent of the client population was eligible for Medicaid, depending on the service type, with a 34 percent average rate of people accessing crisis services. The crisis care centers' payer mix will likely be higher than this 34 percent average rate because crisis care centers are anticipated to disproportionally serve people who are eligible for Medicaid. King County reviewed the share of costs Medicaid covers at comparable crisis facilities in Washington and found a range of 24 percent to 86.5 percent of operating and service costs were covered by Medicaid.³¹⁷ This analysis, along with King County's commitment to maximize Medicaid billing through supporting Medicaid enrollment and billing infrastructure, resulted in this Plan's funding assumption reflecting a modest increase from Medicaid utilization rates for crisis services that existed at the time of this Plan's drafting, up to 40 percent Medicaid funding.

The actual Medicaid reimbursement amount, which may vary annually, may be higher or lower than this 40 percent projection based on the implementation of state law directing the state to maximize the use of Medicaid for behavioral health services, including crisis services.³¹⁸ Later in this section, this plan describes how excess funding or reduced funding, including funding changes resulting from Medicaid assumptions, will be prioritized (see Process to Make Substantial Adjustments to the Financial Plan).

Commercial Health Insurance

Recent state legislation regarding emergency health insurance coverage requires commercial health insurance plans ("commercial plans") to cover behavioral health crisis services at the same level as physical health emergency services.³¹⁹ As a result of this legislation, beginning in 2024, commercial plans will pay for the types of behavioral health crisis services that will be delivered at crisis care centers as described in <u>Section V.A. Strategy 1: Create and Operate Five Crisis Care Centers</u>. At the time of this Implementation Plan's transmittal, commercial plan payment rates were being negotiated and were unknown. Due to the uncertainty regarding commercial plan rates, the CCC Levy's financial plan does not assume any commercial plan funding will be available to offset CCC Levy's costs. The actual

Washington State Health Care Authority to maximize Medicaid billing for crisis services.

 ³¹⁷ The Crisis Solutions Centers in Seattle, WA has a 24 percent Medicaid reimbursement experience. The Spokane Regional Stabilization Center in Spokane, WA has an 86.5 percent Medicaid reimbursement experience.
 ³¹⁸ E2SSHB 1515 [LINK] and SSSB 5120 [LINK] both passed during the 2023 state legislative session and direct the

³¹⁹ Engrossed Second Substitute House Bill 1688 passed during the 2022 state legislative session and requires health insurance carriers to cover emergency services, including services provided at out-of-network facilities, up until the point of stabilization. [LINK]

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commercial plan funding will likely be higher than zero dollars. The real amount will be determined by the insurance coverage payer mix of people who receive services at crisis care centers and the final negotiated commercial plan rates. Any future commercial insurance payments will offset CCC Levy expenses and will allow for CCC Levy proceeds to be prioritized for uses described in the next section on the <u>Process to Make Substantial Adjustments to the Financial Plan</u>.

F. Process to Make Substantial Adjustments to the Financial Plan

Overview

This subsection describes the process to communicate and make substantial adjustments to the CCC Levy's financial plan. A substantial adjustment is a change or series of changes within the same calendar year to a strategy's annual funding allocation by the greater of five percent or \$500,000.

A change is not considered a substantial adjustment if it is due to additional CCC Levy revenue or other funding sources becoming available. In this scenario, the additional CCC Levy revenue must be allocated according to the priorities described later in this section and cannot reduce another strategy's allocation. In addition, CCC Levy proceeds that are not spent within a strategy may be retained within the same strategy for use in a subsequent year without being considered a substantial adjustment for the purpose of this Implementation Plan. Potential causes for substantial adjustments to the financial plan may include, but are not limited to:

- Macroeconomic conditions such as inflation being higher than expected;
- CCC Levy generating less revenue than forecasted;
- Health insurance funding being lower than projected;
- Additional funding contributions allowing CCC Levy proceeds to be reprioritized;
- Unanticipated fluctuations or variations in program costs, and
- Evolving needs, such as workforce conditions and capital project timeline changes.³²⁰

Expenditure of CCC Levy proceeds in any year remains subject to Council appropriation. Annual reporting requirements directed by Ordinance 19572 and this Plan include annual financial reporting.

Process for Communicating and Making a Substantial Adjustment

Substantial adjustments to the CCC Levy's financial plan will be communicated according to the process defined in this subsection. If, without Council direction or concurrence, the Executive determines a substantive adjustment to the funding allocations specified in the CCC Levy's financial plan is needed, then the Executive will transmit a notification letter to Council detailing the scope of and rationale for the changes. The Executive may send such notification letters as frequently as twice per year when needed. The Executive will electronically file the letter with the Clerk of the Council, who will retain an electronic copy and provide an electronic copy to all councilmembers, the Council Chief of Staff and the lead staff for the Committee of the Whole, or its successor. Unless the Council passes a motion rejecting the contemplated change within 30 days of the Executive's transmittal, the Executive may proceed with the change as set forth in the notification letter.

Priorities for Reducing Allocations Due to Revenue that is Less than this Plan's Projections

This subsection describes the process for prioritizing substantial adjustments that reduce this Implementation Plan's annual allocations to one or more strategies. If the projected CCC Levy revenue

³²⁰ In this context, health insurance includes Medicaid and commercial health insurance.

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or health insurance funding assumptions are less than this Plan's projections in any year, then it may be necessary to make a substantial adjustment to an allocation amount in one or more strategies. If this occurs, the Executive will identify necessary substantial adjustments according to the priorities described in Figure 46.

Figure 46. Funding Priorities if CCC Levy Proceed Allocations Must be Reduced Due to Funding that is Less than Projected

	Funding Priorities if CCC Levy Allocations Must be
	Reduced Due to Funding that is Less than Projected
Priority	Description
First Priority	Maintain funding or minimize reductions to strategies with a direct link to
	accomplishing the Paramount Purpose to establish and operate a regional
	network of five crisis care centers in King County. ³²¹
Second Priority	Maintain funding or minimize reductions to strategies with a direct link to
	accomplishing Supporting Purpose 2 to increase the sustainability and
	representativeness of the community behavioral health workforce in King
	County through recruitment, retention, and training activities. ³²²
Third Priority	Maintain or minimize reductions to strategies with a direct link to accomplishing
	Supporting Purpose 1 to restore the number of mental health residential
	treatment beds to at least 355 and expand the availability and sustainability of
	residential treatment in King County. ³²³

Priorities for Allocating Revenue in Excess of this Plan's Original Allocations or to Reflect Additional Funding from Other Sources

This subsection describes the process for prioritizing allocations of CCC Levy revenue that exceed this Implementation Plan's revenue projections, or CCC Levy revenue that becomes available because other funding sources are contributing funding toward this Plan's strategies at a higher level than anticipated. Examples of other funding sources could include but are not limited to higher than assumed health insurance funding or complementary investments made by federal, state, and philanthropic partners to augment the impact of the CCC Levy. Increases to a strategy's allocation due to additional CCC Levy revenue or funding secured for CCC Levy purposes from other sources that do not reduce another strategy's allocation and that comport with this subsection's priorities do not constitute a substantial adjustment for the purposes of this Implementation Plan. Expenditures of CCC Levy proceeds allocated through this prioritization remain subject to Council appropriation. The Executive will apply the priorities described in Figure 47 to allocate additional funding that becomes available because of higher CCC Levy revenue projections or newly available funding from other sources.

Figure 47. Priorities for Increasing Allocations Due to Additional Funding

Priorities for Increasing Allocations Due to Additional Funding					
Reduction Priority	Reduction Priority Description				

³²¹ Strategies with a direct link to accomplishing the CCC Levy's paramount purpose include Strategy 1: Create and Operate Five Crisis Care Centers, Strategy 3: Strengthen the Community Behavioral Health Workforce, and Strategy 5: Capacity Building and Technical Assistance.

³²³ Strategies with a direct link to accomplishing Supporting Purpose 1 include Strategy 2: Restore, Expand, and Sustain Residential Treatment Capacity and Strategy 5: Capacity Building and Technical Assistance.

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³²² Strategy 3: Strengthen the Community Behavioral Health Workforce has a direct link to accomplishing the CCC Levy's Supporting Purpose 2.

1st Priority	Ensure at least 60 days of operating reserves are funded.
· · · · ·	
2nd Priority	Increase funding to Strategy 1: Create and Operate Five Crisis Care Centers up to
	the amount needed to satisfy the Paramount Purpose if it has not been satisfied,
	including funding unanticipated strategy costs due to inflation and providing up
	to \$25 million in any single year for housing stability resources for people who
	receive services at crisis care centers and are experiencing homelessness.
3rd Priority	Increase funding to Strategy 3: Strengthen the Community Behavioral Health
	Workforce up to \$25 million in any single year.
4th Priority	Increase funding to Strategy 2: Restore, Expand, and Sustain Residential
	<i>Treatment Capacity</i> up to the amount needed to restore the number of mental
	health treatment beds in King County to at least 355 beds, including funding
	unanticipated strategy costs due to inflation.
5th Priority	Fund the creation and operation of additional crisis care center facilities,
	components of facilities, or other facilities that CCC Levy data shows would
	benefit crisis care center clients and are allowed under King County Ordinance
	19572. ³²⁴ An example of such a facility could include an additional crisis care
	center specializing in serving transition age youth. ³²⁵

³²⁴ King County Ordinance 19572 [LINK]

³²⁵ "Young adult," also known as "transition age youth" means a person between eighteen and twenty-four years of age, per RCW 43.330.702 – Homeless youth—Definitions. [LINK]

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VII. Evaluation and Performance Measurement

This section describes how DCHS will approach evaluating and measuring the performance of the CCC Levy. This includes a description of the principles and framework that DCHS will guide evaluation and performance measurement activities. A description of how CCC Levy proceeds will be used to support evaluation and performance measurement activities is included in <u>Section V.F. Strategy 6: Evaluation</u> and <u>Performance Measurement Activities</u>. A description of how community partners may be engaged in evaluation and performance measurement activities is included in <u>Section V.G. Strategy 7: Crisis Care</u> <u>Centers Levy Administration</u>. Lastly, DCHS will create and maintain an online annual report so the public and policymakers can review the performance of the CCC Levy. The CCC Levy's annual report requirements and process are described in <u>Section VIII. Crisis Care Centers Levy Annual Reporting</u>.

A. Evaluation and Performance Measurement Principles

The evaluation and performance measurement of the CCC Levy will be guided by the principles described in Figure 48. Community engagement feedback and DCHS subject matter experts informed these principles during the implementation planning process.

C	CC Levy Evaluation and Performance Measurement Principles
Principle	Description
Transparent	King County will transparently share evaluation and performance measurement
and Community	findings via public annual reporting detailed in Section VIII. Crisis Care Centers Levy
Informed	Annual Reporting, with clearly described methods and reliable data sources that
	are made available on a regular basis through public platforms. Community
	partners will be given opportunities to collaborate on approaches and information
	gathering related to evaluation and performance measurement activities.
Person-	Throughout performance measurement and evaluation activities, King County
Centered	plans to center the voices of people engaged with the crisis system to understand
	their experiences, preferences, and motivations.
Continuously	DCHS plans to use data to make evidence-informed decisions to improve program
Improving	quality and service effectiveness in its system oversight role of the CCC Levy.
	Whenever possible, measurement and evaluation findings and products will be
	used to engage service providers in continuous quality improvement initiatives.
	Performance measurement and evaluation approaches may also change over time
	to be responsive to emergent data needs and implementation factors.
Equitable	Performance measurement frameworks and evaluations will be grounded in King
	County's Equity and Social Justice principles. ³²⁶ Whenever possible, DCHS plans to
	measure and document demographic data, including race and ethnicity data, to
	identify potential disparities and to measure equity impacts on the effectiveness of
	services.

Figure 48. CCC Levy Evaluation and Performance Measurement Principles

³²⁶ King County Equity and Social Justice Strategic Plan (2016-2022). [LINK]

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Behavioral Health Equity Highlight

To address behavioral health inequities, it is necessary to measure disparities prior to and after implementation of interventions aimed at reducing inequities.³²⁷ Throughout the community engagement process, community partners described the importance of accountability and oversight of the CCC Levy, as well as ongoing community engagement (see <u>Section III.E. Community</u> <u>Engagement Summary: Theme G: Accountability Mechanisms and Ongoing Community Engagement</u>). The CCC Levy's evaluation and performance measurement plan will incorporate these approaches by disaggregating measures by race, ethnicity, or other demographic characteristics at both the program level and across programs for analysis within strategies and result areas. These analyses will yield critical information to advance the behavioral health equity framework described in <u>Section III. F.</u> Behavioral Health Equity Framework: Quality Improvement Accountability.

B. Evaluation and Performance Measurement Framework

The CCC Levy evaluation and performance measurement framework will focus on reporting measures relevant to monitoring performance of the CCC Levy, advancing continuous quality improvement, and generating clear and actionable evaluation products for the public. It is critical that the crisis services system can grow and evolve by building on what works well and improving what does not. This process should be continuously informed by performance metrics, outcome data, client experiences, and other relevant information, as described in <u>Section V.A. Strategy 1: Create and Operate Five Crisis Care</u> <u>Centers: Continuous Quality Improvement and Quality Assurance</u>.

Evaluation of the CCC Levy will aim to inform strategic learning and accountability. Strategic learning is using data to understand which strategies are effective and why they are effective to inform continuous quality improvement activities.³²⁸ Data from evaluation also supports shared responsibility and accountability for CCC Levy activities between the County and community agencies. Partners are accountable for the activities they are funded to do, while the County is accountable for the overall results of the CCC Levy.

The scale and complexity of the CCC Levy requires an evaluation approach that encompasses a range of measurement techniques. The evaluation framework will therefore include three overall approaches:

- 4. **Population Indicators:** DCHS will use population level measures to identify needs, characterize baseline conditions, and track trends. While the goal is for the CCC Levy to contribute to population level outcomes in the long term, there are multiple other sectors and community factors that are also responsible for countywide conditions and, as a result, influence these measures. It is therefore difficult to attribute changes in population indicators positive or negative to the CCC Levy itself.
- 5. **Performance Measurement:** Performance measures are regularly generated and collected descriptors of program processes and outcomes that can be used to assess how well a strategy is working.
- 6. **In-Depth Evaluation:** Additional evaluation activities will complement performance measurement to deepen learnings and understand selected CCC Levy investments'

³²⁷ Goldman, M. L., & Vinson, S. Y. (2022). Centering equity in mental health crisis services. World Psychiatry, 21(2), 243–244. [LINK]

³²⁸ Center for Evaluation Innovation. Evaluation for Strategic Learning: Assessing Readiness and Results. [LINK]

effectiveness. Approaches may include piloting new programs, developing new evaluation tools, and identifying areas that may benefit from new or deeper community supports. DCHS may contract with one or more third party, independent organization(s), or engage in public private partnerships to conduct in depth evaluations.

These three approaches are described in more in the following subsections.

Population Indicators

The CCC Levy will impact two priority populations, detailed in the list below, which reflect the two facility-focused purposes of the CCC Levy. DCHS will focus on measuring how these populations change over time in size and demographics. Where feasible, DCHS will disaggregate population indicator data by demographic characteristics to advance King County's equity goals, including evaluating representativeness of services by comparing priority population demographics to regional population demographics (see Section III. F. Behavioral Health Equity Framework: Quality Improvement and Accountability). DCHS will also measure how the CCC Levy, as a part of the King County behavioral health system, provides services to these two priority populations. Building on the King County Behavioral Health Data System, DCHS plans to use the following definitions to provide estimates for following population indicators, which reflect the purposes of the CCC Levy as noted in parentheses:

- 1. People seeking immediate and in person crisis care through intervention and stabilization services provided by county contracted crisis services (<u>Paramount Purpose</u>); and
- People seeking residential treatment care and who have an open authorization to receive residential treatment with county contracted residential treatment providers (<u>Supporting</u> <u>Purpose 1</u>).

Performance Measurement

DCHS will measure and report on the impact of the CCC Levy in the three domains defined by Results Based Accountability (RBA) framework, as appropriate.³²⁹ The RBA framework describes performance measurement by asking three key questions: how much did we do, how well did we do it, and is anyone better off? The measurement framework will focus on reporting measures relevant to continuous quality improvement and generating clear and actionable evaluation products to the public.

This approach to performance measurement will promote strategic learning and accountability through transparency and collaboration with partners funded through the CCC Levy. The RBA framework also helps reduce data collection burden for providers and ensures that measurement reflects both program and community definitions of progress. Consistent with standard practice for the department, DCHS will give service providers the opportunity to inform final plans for performance measurement to ensure they include meaningful measures and feasible reporting requirements.

For every strategy of the CCC Levy that is competitively procured, procurement materials such as requests for proposal (RFPs) will include proposed performance measures to transparently communicate contract expectations based on the CCC Levy's intended impact and likely reporting requirements. During the contract negotiation process, DCHS will engage with funded service providers to finalize a performance measurement plan. The finalized performance measurement plan will capture the individual program model's unique aspects, while also adopting standardized measures to facilitate measuring the CCC Levy's collective impact.

³²⁹ Clear Impact. What is Results Based Accountability? [LINK]

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Performance measures across programs will vary based on the populations served, duration of services, type of investment and activity, and funding duration. These measures can be quantitative or qualitative. DCHS intends to require contracted service providers to regularly report data for CCC Levy funded programs and strategies and will collect performance measurement data in a consistent manner. The timeline for developing and reporting measures will be distinct for each program and will depend on its implementation stage and data collection requirements. Specific measures will be finalized in consultation with providers and refined periodically.

For strategies that are investing in directly providing behavioral health services to clients, DCHS plans to collect and monitor performance measures on individuals served, the nature of services provided, and associated outcomes to support the implementation of <u>Strategy 1: Create and Operate Five Crisis Care</u> <u>Centers</u> and <u>Strategy 2: Restore, Expand, and Sustain Residential Treatment Capacity</u>. Individual level data may be collected on people receiving services to disaggregate measures by race, ethnicity, or other demographic characteristics at both the program level and across programs for analysis within strategies and result areas.

For strategies that are investing in workforce or systems infrastructure, DCHS plans to collect and monitor performance measures among community behavioral health providers that describe agency attributes such as workforce characteristics, activities conducted, and associated outcomes to support the implementation of <u>Strategy 3: Community Behavioral Health Workforce</u>.³³⁰ Individual-level data may be collected on agency staff to disaggregate measures by race, ethnicity, or other demographic characteristics at both the program level and across programs for analysis within strategies and result areas.

Across all strategies, DCHS intends to continue expanding the ways in which populations experiencing behavioral health inequities (see <u>Section III.C. Background: Who Experiences Behavioral Health</u> <u>Inequities</u>) are visible in data and are involved in decisions about what data are gathered and how it is interpreted. This may include expanding the ways existing systems disaggregate data by race and ethnicity, developing new methods for data collection, continuing to report on both numbers and stories to value participants' experiences, increasing opportunities for community reflection and feedback on data analysis, and evaluating representativeness by comparing demographics of people reached by CCC Levy strategies to regional population demographics. A description of how community partners will be engaged in evaluation and performance measurement activities is included in <u>Section</u> V.G. Strategy 7: Crisis Care Centers Levy Administration.

³³⁰ In the context of this Plan, "community behavioral health" means agencies that meet the requirements defined in the Revised Code of Washington Chapter 71.24 Community Behavioral Health Services Act [LINK], are licensed by the Washington State Department of Health as a community behavioral health agency as defined in Chapter 246-341 Washington Administrative Code [LINK] and are contracted with the King County Behavioral Health Administrative Services Organization or King County Integrated Care Network. Community behavioral health agencies must serve people who are enrolled in Medicaid health insurance to be eligible for CCC Levy funding through Strategy 3. Providers with expertise in culturally and linguistically appropriate services that are exempted from these requirements and receive CCC Levy funds will also be required to participate in performance measurement activities described in this Plan.

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In-Depth Evaluation

Performance measurement and evaluation activities may also include additional in-depth evaluations that are more focused in scope, time, or substance to inform program decision making and to ensure that the CCC Levy is functioning as intended. To conduct such evaluations for the CCC Levy, DCHS may contract with external research partners or engage in public-private partnerships to augment its own data collection, measurement, and evaluation work. Where feasible, DCHS will disaggregate in-depth evaluation data by demographic characteristics to advance King County's equity goals.

In collaboration with community partners, the CCC Levy plans to use the following criteria for selecting priority areas for evaluation:

- 1. **High interest from community partners**. Evaluations identified as being of critical need or interest to King County Council, community-based organizations, providers, the King County Behavioral Health Advisory Board, and others community partners as applicable.
- 2. **High potential to improve equity**. Evaluations that focus on identifying disproportionalities in services, or serving the needs of communities who have the least access to services.
- 3. **High potential to improve quality of services**. Evaluation of programs or processes that are integral to quality of care, and where findings can be used with partners for continuous quality improvement.
- 4. **Provide new evidence**. Evaluation of new or existing programs that can fill a gap in the scientific evidence base and enhance program learning and adaptation.
- 5. **High quality data**. Evaluations will be selected to leverage available robust, rigorous, and sustainable data sources; results may also inform where further data infrastructure investments are needed.

The design of potential evaluations will be based on what is appropriate for the program's stage of implementation, and the existing evidence base for effectiveness of the selected program models. Options include, but are not limited to:

- Formative evaluation to support innovation and decision making for a new program;
- Process evaluation to support program implementation and improvements, and,
- **Outcomes evaluation** to demonstrate whether the program is leading to the desired results.

The timeline for completing in-depth evaluations will depend on when baseline data are available; the point at which a sufficient number of individuals have reached the outcome to generate a statistically reliable result; and the time needed for data collection, analyses, and interpretation of data.

C. Aligning CCC Levy Performance Measurement and Reporting with Other Dedicated Human Services Funding Initiatives

DCHS intends to align CCC Levy performance measurement and reporting with other dedicated human services funding initiatives where possible. Alignment is important because King County residents' health and human services needs span the boundaries of federal, state, and local funding. Revenue from the CCC Levy, along with the MIDD, Best Starts for Kids (BSK), the Veterans, Seniors, and Human Services Levy (VSHSL), and Health Through Housing (HTH) constitutes a substantial portion of King County's local health and human service investments. Many of the County's dedicated human services funding streams are time-limited, requiring periodic renewal. MIDD (expires after 2025), BSK (expires after 2027), and VSHSL (expires after 2029) initiatives will require renewal during the CCC Levy period to continue, and the County's updated implementation plan for HTH is also due in 2027 during the CCC Levy period. In

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the development of this Implementation Plan, DCHS staff engaged across initiatives to coordinate planning efforts. These overlapping funding timelines offer opportunities over the course of the CCC Levy to innovate, adapt, and tune performance measurement and reporting in response to community needs.

In response to a proviso included in King County's 2017-2018 adopted budget, DCHS has invested heavily in data systems and infrastructure to responsibly collect, manage, and share information, with the goal to make data widely accessible and used to animate conversations, spark innovation, and direct programming and policy decisions to benefit King County residents.³³¹ These investments have made possible new data products, including online dashboards, that provide insight on participants in programs and activities and how they access services, as well as how investments and services are geographically distributed. This information supports monitoring and evaluating the collective impact in communities and informs continuous improvement of service delivery. Using these tools, DCHS collaborates with program participants, contracted service providers, and its own direct services staff to collect high-quality data, review program performance, and develop and monitor quality improvement initiatives.

In July 2022, DCHS released a consolidated dashboard to report data on BSK, MIDD, and VSHSL funded services.³³² In 2023, the dashboard added data for all programs and activities, including those that were federally funded, in the Behavioral Health and Recovery Division and the Developmental Disabilities and Early Childhood Supports Division. By 2025, expansion of this dashboard will include further information from all DCHS divisions to transparently share how the department works to help strengthen the communities of King County. By 2026, CCC Levy data will be included in this dashboard to transparently show how this initiative works to help strengthen the communities of King County.

³³¹ Motion 15081 accepts DCHS' report on consolidated human services reporting, as required by Ordinance 18409, Section 66, Proviso P2. [LINK]

³³² The consolidated dashboard is titled Understand DCHS' Impact. [LINK]

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VIII. Crisis Care Centers Levy Annual Reporting

A. Annual Reporting Process and Requirements

Beginning in 2025, the Executive will make available an online annual report of the CCC Levy that is publicly available to the community and all interested parties, including the King County Council and Regional Policy Committee or its successor. The CCC Levy online annual report will detail each year's annual results. The first year's report, to be provided by August 15, 2025, will report information from calendar year 2024. Subsequent annual reports will continue to be provided by August 15 of the following year until August 15, 2033.

DCHS staff will generate the annual report in alignment with reporting requirements. The report will then be certified by the King County Behavioral Health Advisory Board (BHAB) or its successor, which is described in <u>Section IX. Crisis Care Centers Levy Advisory Body</u>. When each year's online annual report is available for review, and no later than August 15 each year, the Executive will make the report available widely to the King County Council, the Regional Policy Committee, and the community through DCHS' communications channels. The BHAB or its successor will certify the CCC Levy online annual report and its accompanying letter confirming the online report is updated with the previous year's data and is ready for review prior to its transmission to Council.³³³

Consistent with Ordinance 19572 requirements, the CCC Levy online annual report will include: ³³⁴

- 1. Total expenditure of CCC Levy proceeds by crisis response zone, purpose, and strategy reported by King County ZIP code, ³³⁵ and
- 2. The number of individuals receiving CCC Levy funded services by crisis response zone, purpose, strategy, and levy purpose reported by the King County ZIP code where the individuals resided at the time of services.³³⁶

Additionally, the CCC Levy online annual report will include:

- 3. An overview of CCC Levy accomplishments during the previous calendar year, and changes DCHS intends to make or direct to improve performance in the following year, when applicable;
- 4. The CCC Levy's fiscal and performance measurement during the applicable calendar year, and
- 5. A map or summary describing the CCC Levy's geographic distribution. ³³⁷

As part of this online annual reporting, on behalf of BHAB, the Executive will transmit directly to the Council a summary of the online annual reporting in the form of a concise letter that:

- Confirms availability of the online annual report and includes a web link or links;
- Identifies how the online annual report meets the requirements of Ordinance 19572, ³³⁸ and
- Summarizes key data and conclusions in the five areas above, including an overview of accomplishments; fiscal and performance management; expenditure of levy proceeds by crisis

³³⁸ King County Ordinance 19572 [LINK].

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³³³ King County Ordinance 19572 [LINK].

³³⁴ King County Ordinance 19572 [LINK].

³³⁵ Reporting of expenditures and service participant data by zip code will reflect the methodology and limitations described in Subsection XI.B of this Plan.

³³⁶ Reporting of expenditures and service participant data by zip code will reflect the methodology and limitations described in Subsection XI.B of this Plan.

³³⁷ Reporting of expenditures and service participant data by zip code will reflect the methodology and limitations described in Subsection XI.B of this Plan.

response zone, strategy, and levy purpose by King County ZIP code; the number of individuals receiving levy-supported services by crisis response zone, strategy, and levy purpose by King County ZIP code; and a map or summary describing CCC Levy's geographic distribution.³³⁹ This information will be described in greater detail within the online annual reporting.

The Executive will accompany the summary of the online annual report with a motion acknowledging receipt of the letter and completion of the online annual report requirement. The Executive will be prepared to present a briefing at the invitation of the King County Council or its committees, including the Regional Policy Committee, on the contents of the online annual report, to inform the Council's consideration of this motion.

B. Reporting Methodology to Show Geographic Distribution by ZIP Code

Consistent with King County Ordinance 19572, DCHS will report total expenditures of CCC Levy proceeds by crisis response zone, purpose, and strategy by ZIP code in King County, reflecting the methodology and limitations described in this subsection. DCHS will also report the number of individuals receiving CCC Levy funded services by crisis response zone, purpose, and strategy by the ZIP code in King County where the individuals resided at the time of service, also reflecting the methodology and limitations described in this subsection. ZIP code data will be reported using maps or other visualizations to aid interpretation of the data.

ZIP Code Reporting Methodology

DCHS intends to report expenditures by ZIP code data for all services that operate from a fixed brick and mortar location in the CCC Levy annual report, beginning with its inaugural report, which will be completed in August 2025. DCHS intends to align methodology and dissemination practices for reporting program expenditures by ZIP code based on available data or modeling with approaches implemented in 2023 for Best Starts for Kids, and that are planned for the Veterans, Seniors, and Human Services Levy consistent with the adopted Veterans, Seniors, and Human Services Levy Implementation Plan for 2024-2029.³⁴⁰

DCHS evaluators may calculate expenditures by ZIP code through service provider location and program participant residence. Both approaches provide an understanding on the spread of expenditures across King County. For example, CCC Levy partners may provide a mix of virtual, mobile, and in-person programs and services. Reporting by service provider location may not fully capture the service reach. Alternatively, reporting by program participant residence may not capture difficulties participants may have accessing services, including transportation. Many program participants access programs in more than one way. Using more than one methodology to assess expenditures by ZIP code can help deepen understanding of how programs are accessible to people throughout the County.

ZIP Code Reporting Limitations

Collection of program participant ZIP code data may be limited for some programs in Strategy 1: Create and Operate Five Crisis Care Centers, Strategy 2: Restore, Expand, and Sustain Residential Treatment Capacity, Strategy 3: Strengthen the Community Behavioral Health Workforce; Strategy 4: Early Crisis Response Investments; and Strategy 5: Capacity Building and Technical Assistance. The limitations

³³⁹ Reporting of expenditures and service participant data by zip code will reflect the methodology and limitations described in Subsection XI.B of this Plan.

³⁴⁰ Best Starts for Kids Implementation Plan: 2022-2027. [LINK]

include activities associated with, but not limited to, mobile programs or programs serving people experiencing homelessness, refugees, people experiencing acute crisis, or people who are survivors of domestic violence. Geographic information may not be available or relevant for programs and strategies that invest in systems and environment change and strategies that support systemwide workforce capacity building. ZIP code collection may also not be possible for programs that are required to use an existing data system that the CCC Levy cannot revise, or when a legal framework prevents the sharing of these data. All reporting by ZIP code will continue to abide by privacy and confidentiality guidelines.

Behavioral Health Equity Highlight

An important example of populations experiencing behavioral health inequities (see Section III.C. Key Historical and Current Conditions: Who Experiences Behavioral Health Inequities) is people living in rural areas, who experience significant disparities in mental health outcomes despite having similar prevalence of mental illness to those living in metropolitan areas.³⁴¹ King County community members and providers articulated that poor geographic access to care can be a significant barrier for people in behavioral health crisis, as described in Section III.E. Community Engagement Summary: Theme B: Increase Access to Care for Populations Experiencing Behavioral Health Inequities. The information on geographic variations that will be included in annual reports may provide important insights into serving rural communities in King County, which will help advance the equity goal described in Section III. F. Behavioral Health Equity Framework: Quality Improvement Accountability.

³⁴¹ Morales DA, Barksdale CL, Beckel-Mitchener AC. A call to action to address rural mental health disparities. J Clin Transl Sci. 2020 May 4;4(5):463-467. [LINK]

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IX. Crisis Care Centers Levy Advisory Body

A. Overview

This section describes the composition, duties of, and process to establish the CCC Levy's advisory body, consistent with King County Ordinance 19572.³⁴² The Ordinance allows for the CCC Levy's advisory body to be a preexisting King County board that has relevant expertise.³⁴³ This Plan identifies the <u>King County</u> <u>Behavioral Health Advisory Board (BHAB)</u> to serve as the advisory body because it has the relevant expertise to advise the Executive and the Council on matters relating to behavioral health care and crisis services in King County.³⁴⁴ Once adopted, the advisory body ordinance that accompanies this Plan will expand BHAB's membership requirements and duties to include advising the Executive and the Council regarding the CCC Levy once it is enacted.

B. BHAB Background and Connection to CCC Levy Purposes

Integrating the CCC Levy's advisory duties into the BHAB will help promote the coordination and integration of crisis services across the continuum of behavioral health care managed by King County. BHAB is the advisory body of the King County BH-ASO. The BH-ASO is the administrative entity within King County BHRD that contracts with the Washington State HCA to manage non-Medicaid behavioral health services, behavioral health block grants, and other behavioral health funds, with a significant focus on crisis services. A significant portion of King County's existing behavioral health crisis services are administratively organized under the BH-ASO. As the advisory body of the BH-ASO, BHAB has relevant expertise related to King County crisis services and is well positioned to advise the Executive and Council regarding the CCC Levy. In addition to having the relevant expertise, centralizing advisory duties within BHAB will ensure there is a single advisory body for King County's continuum of crisis services. This approach is intended to help avoid system fragmentation and to promote an integrated approach to managing crisis services at the system level.

The CCC Levy's advisory board member composition requirements and advisory duties complement BHAB's statutory and contractual requirements. BHAB membership requirements and duties are established in the Revised Code of Washington (RCW) 71.24.300, Washington State Administrative Code (WAC) 182-538C-252, King County's BHASO contract with the HCA, and King County Code 2A.300.050.^{345,346,347,348} King County Ordinance 19572 defines the CCC Levy advisory board's membership requirements and duties, which complement BHAB's existing requirements.³⁴⁹ Thus, the BHAB's board member composition requirements and advisory duties can be expanded to include advising on the CCC Levy while still complying with state requirements.

³⁴² King County Ordinance 19572 [LINK]

³⁴³ King County Ordinance 19572 [LINK]

³⁴⁴ King County Behavioral Health Advisory Board [LINK]

³⁴⁵ RCW 71.24.300 [LINK]

³⁴⁶ WAC 182-538C-230 [LINK]

³⁴⁷ King County Code 2A.300.050 [LINK]

³⁴⁸ HCA BH-ASO 2023 contract. [LINK]

³⁴⁹ King County Ordinance 19572 [LINK]

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C. Expansion of the King County Behavioral Health Advisory Board's Composition

Updated BHAB Membership Requirements

This Implementation Plan and its accompanying proposed advisory body ordinance update BHAB's membership to incorporate all the requirements of its underlying legal authorities, including new requirements from King County Ordinance 19572.³⁵⁰ These requirements are all reflected in the proposed ordinance amending King County Code (KCC) 2A.300.050 that accompanies this Plan, and are summarized in Figure 49.

Figure 49. Matrix of BHAB Membership Requirements Represented in this Plan and the Accompanying Ordinance to Update KCC 2A.300.050³⁵¹

	Matrix of Behavioral Health Advisory Board (BHAB) Membership Requirements Reflected in this Plan and the Accompanying Ordinance to Update KCC 2A.300.050 ³⁵²					
	Membership Requirement					
Underlying Legal Authority	At least 51% people with lived experience of a behavioral health condition	At least 2 people who have received crisis stabilization services	Representative of King County's demographics	At least 1 representative of each crisis response zone	At least 2 members with professional training in behavioral health crisis care	At least 1 law enforcement representative
King County Ordinance 19572 ³⁵³	Compatible	Required	Required	Required	Required	Compatible
RCW 71.24.300 ³⁵⁴	Compatible	Compatible	Required	Compatible	Compatible	Required
WAC 182-538C-252 ³⁵⁵	Required	Compatible	Required	Compatible	Compatible	Required
HCA BHASO Contract ³⁵⁶	Required	Compatible	Required	Compatible	Compatible	Required

³⁵⁰ King County Ordinance 19572 [LINK]

- ³⁵³ King County Ordinance 19572 [LINK]
- ³⁵⁴ RCW 71.24.300 [LINK]
- ³⁵⁵ WAC 182-538C-230 [LINK]

³⁵⁶ Washington State Health Care Authority Behavioral Health Administrative Services Organization 2023 contract [LINK]

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³⁵¹ King County Code 2A.300.050 [LINK]

³⁵² King County Code 2A.300.050 [LINK]

BHAB's membership will be composed of no fewer than nine and no more than 18 members who serve three-year terms. BHAB members may serve a maximum of two consecutive terms, in addition to any partial terms. The members of the BHAB will annually elect from their membership a chair and vice chair to plan meeting agendas and sign the annual reporting letter required by this implementation. To fulfill the membership requirements of both the state and the CCC Levy, BHAB membership will:

- **Be representative of King County's demographics.** This means BHAB members will be representative of the demographics of people living in King County, such as race and ethnicity, gender identity, sexual orientation, people who identify as members of experiential communities, and other demographic groups and identities.³⁵⁷
- Meaningfully include people with lived experience of a behavioral health condition. This means at least 51 percent of BHAB members will have lived experience and/or self-identify as a person in recovery from a behavioral health condition or be a parent or legal guardian of a person with lived experience of a behavioral health condition.³⁵⁸ At least two members must be persons who have previously received crisis stabilization services.
- Include representatives of each crisis response zone. This means BHAB membership will include at least one resident of each crisis response zone, which are defined in King County Ordinance 19572.³⁵⁹
- Include representation of persons engaged professionally in behavioral health services or systems. This means BHAB membership will include at least two persons with professional training and experience in the provision of behavioral health crisis care and at least one law enforcement representative.³⁶⁰

In addition to these requirements, no employees, managers, or other decision makers of King County BHASO subcontracted agencies who have the authority to make policy or fiscal decisions on behalf of the subcontractor may serve on the BHAB.³⁶¹ No more than four elected officials may serve on the BHAB.³⁶² BHAB's board composition must comply with state law and regulations.^{363,364}

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³⁵⁷ Examples of "experiential communities" include persons who have been incarcerated, persons who are survivors of gender-based violence, persons who have been subject to involuntary treatment under Washington's involuntary Treatment Act, military veterans, immigrants, and refugees.

³⁵⁸ WAC 182-538C-252 and King County's BH-ASO contract with the Washington State HCA require BHAB's membership composition to be at least 51 percent people with lived experience or parents or guardians of people with lived experience. [LINK]

³⁵⁹ King County Ordinance 19572 [LINK]

³⁶⁰ RCW 71.24.300 requires law enforcement representation on BHAB. [LINK]

³⁶¹ Requirement of HCA BH-ASO 2023 contract. [LINK]

³⁶² Requirement of HCA BH-ASO 2023 contract. [LINK]

³⁶³ RCW 71.24.300 [LINK]

³⁶⁴ WAC 182-538C-230 [LINK]

Behavioral Health Equity Highlight

Community feedback during the CCC Levy planning process emphasized the importance of accountability and oversight of the CCC Levy, as well as ongoing community engagement (see Section III.E. Community Engagement Summary: Theme G: Accountability Mechanisms and Ongoing Community Engagement). The Behavioral Health Advisory Board will play an important role by providing a forum for people with demographics representative of King County as well as lived experience of mental health and substance use conditions to inform DCHS on the CCC Levy's impacts, which will help advance the equity goal described in Section III. F. Behavioral Health Equity Framework: Quality Improvement Accountability.

BHAB Member Recruitment Process

Members of the BHAB as of the time of this Plan's drafting will continue to serve their advisory board terms at the time this Implementation Plan and its accompanying advisory board ordinance are enacted. When BHAB seats become vacant, the King County Executive will recruit and select new BHAB members, informed by the composition requirements of the BHAB. The Executive will transmit a notification letter, either in aggregate or individually, that includes the name, biography, and term of each prospective member to the King County Council before appointing any member to BHAB. The Executive will electronically file the letter with the Clerk of the Council, who will retain an electronic copy and provide an electronic copy to all councilmembers, the Council Chief of Staff, and the lead staff for the Committee of the Whole, or its successor. The Executive may proceed with the appointments set forth in the notification letter unless the King County Council passes a motion requesting changes to the proposed appointments within 30 days of the Executive's transmittal. This process will ensure the Executive can efficiently achieve and maintain representation of the many intersecting BHAB member identities that are required while also ensuring an efficient member selection process.

BHAB Support

DCHS will provide staff support to BHAB and, in consultation with BHAB, will help BHAB fulfill its required duties described in this section. DCHS will work to remove barriers for members to participate on BHAB through strategies such as compensating people with lived experience for their time devoted to the official work of BHAB, in accordance with King County Office of Equity and Social Justice guidance and DCHS financial policies.

D. Expansion of BHAB's Duties to Include the CCC Levy

BHAB is responsible for advising the King County BH-ASO on the design and implementation of publicly funded behavioral health services.³⁶⁵ This Implementation Plan and its accompanying advisory board ordinance expand the duties of BHAB to include the CCC Levy's advisory board duties required in King County Ordinance 19572.³⁶⁶ These additional required duties include:

- Advise the King County Executive and Council on matters affecting the CCC Levy;
- Visit each existing crisis care center annually to better understand the perspectives and priorities of crisis care center operators, staff, and clients, and
- Report on the CCC Levy to the Council and the community through annual online reports beginning in 2025, as described in Section VIII. Crisis Care Centers Levy Annual Reporting.

 ³⁶⁵ King County Behavioral Health Advisory Board Bylaws [LINK]
 ³⁶⁶ King County Ordinance 19572 [LINK]

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BHAB's additional duties related to advising the CCC Levy will go into effect on the effective date of the advisory body ordinance that accompanies this Plan.

E. Process to Update CCC Levy Advisory Body if Necessary

Existing BHAB membership requirements and duties defined by state law and state contracts may be updated during this Implementation Plan's term. These potential changes could require adjustment of BHAB's membership composition or duties that are described in this Implementation Plan and the accompanying advisory body ordinance. If BHAB's requirements are updated by the state in a way that is no longer compatible with the CCC Levy or if the Executive determines that a different CCC advisory body will better serve effective administration of the CCC Levy, then the Executive may propose an ordinance to the Council to update the CCC Levy's advisory board structure.

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X. Conclusion

King County voters approved the Crisis Care Centers Levy on April 25, 2023. The nine-year levy begins on January 1, 2024, starting an ambitious timeline to transform the region's behavioral health crisis response system, restore the region's flagging mental health residential facilities, and reinforce the workforce — the people — upon whom tens of thousands of King County residents depend for their behavioral health. This Plan lays the path that King County, cities and other local jurisdictions, and behavioral health providers must travel with urgency, common purpose, and strong partnership so that future generations will have a safe, accessible, and effective place to go in a moment of mental health or substance use crisis.

King County begins this levy at a critical moment. The other systems upon which society depends — schools, the legal system, housing providers, first responders, hospitals, employers, and so many more — newly recognize that they cannot fully function if the people they serve cannot get behavioral health care. Federal and state funding for behavioral health have not kept pace with needs, and local communities, families, and individuals bear the results. Without better options, too many King County residents experiencing a crisis have languished in a jail, emergency room, on the street, or alone in their home when what they needed was a place they could get same-day care from a trained and supportive professional in a setting that helps, instead of making symptoms or underlying conditions worse.

The Crisis Care Centers Levy also comes at a moment of new opportunity. Other communities have tested and proven models of care and facility types that help people get better. Mental health and substance use treatments work when they are accessible and properly administered with dignity. King County residents newly understand the ways that stigma has driven people living with behavioral health conditions to cover them up instead of seeking care. A new 988 crisis line gives people in crisis someone they can call. Governments at all levels are investing in new teams and approaches that respond to more emergency calls with behavioral health clinicians.

At this moment when long-forming needs meet new attitudes and infrastructures, people in crisis increasingly have *someone they can call* and *someone to respond* to those calls. This Crisis Care Centers Levy Implementation Plan describes how King County will focus new resources and efforts to create *somewhere for people to go* — and to know that there will be providers there to help.

But plans do not by themselves make change. Creating a regional network of crisis care centers, restoring the region's recently lost residential treatment capacity, and growing and better supporting a more representative workforce in nine years will require King County, cities and other local jurisdictions, and providers to work together in new ways. King County must fully resource and staff this Plan's strategies, maintaining disciplined prioritization — and avoiding diffusion — of the Levy's proceeds and staff capacity. Cities, other local jurisdictions, and communities must embrace and support development of new behavioral health facilities. Providers will need to incorporate new practices, integrate services, and coordinate care with new partners. All must communicate, collaborate, and be accountable with a new commitment to creating a behavioral health system and model of cooperation that future generations will be proud of and depend on.

The Crisis Care Centers Levy provides the resources. This Implementation Plan lays the path. The task is now to King County, cities, and providers to make it happen.

XI. Appendices

Appendix A: Crisis Care Centers Levy Ordinance 19572 Text

AN ORDINANCE providing for the submission to the qualified electors of King County at a special election to be held in King County on April 25, 2023, of a proposition authorizing a property tax levy in excess of the levy limitation contained in chapter 84.55 RCW, for a consecutive nine-year period, at a first year rate of not more than \$0.145 per one thousand dollars of assessed valuation for collection beginning in 2024, with the 2024 levy amount being the base for calculating increases in years two through nine (2025 - 2032) by the limit factor in chapter 84.55 RCW, as amended, for regional behavioral health services and capital facilities to establish and operate a regional network of behavioral health crisis care centers; to preserve, expand and maintain residential treatment facilities; to provide behavioral health workforce supports; to provide mobile crisis care and post-discharge stabilization; to pay, finance or refinance costs of those projects; and for administration, coordination, implementation and evaluation of levy activities.

STATEMENT OF FACTS:

 King County's behavioral health crisis service system relies heavily on phone support and outreach services, with very few options of places for persons to go for immediate, life-saving care when in crisis.
 As of September 2022, the Crisis Solutions Center, operated by Downtown Emergency Service Center and requiring mobile team, first responder or hospital referral for entry, is the only voluntary behavioral health crisis facility for the entirety of King County, and no walk-in urgent care behavioral health facility exists in King County.

3. A coalition of community leaders and behavioral health providers issued recommendations to Seattle and King County in an October 13, 2021, letter that included recommendations to "expand places for people in crisis to receive immediate support" and "expand crisis response and post-crisis follow up services."

4. Call volume to King County's regional behavioral health crisis line increased by 25 percent between 2019 and 2021, from 82,523 calls in 2019 to 102,754 calls in 2021.

5. The number of persons per year who received community-based behavioral health crisis response services in King County increased 146 percent between 2012 and 2021, from 1,764 persons served in 2012 to 4,336 persons served in 2021.

6. Referrals for mobile crisis outreach in King County grew 15 percent between 2019 and 2021, from 4,030 referrals in 2019 to 4,648 referrals in 2021.

7. King County's designated crisis responders conducted 14 percent more investigations for involuntary behavioral health treatment in 2021, when they investigated 9,189 cases, than in 2017 when they investigated 8,066 cases. There was a 10 percent increase in detentions or revocations for involuntary hospitalization during that same period, from 4,387 in 2017 to 4,806 in 2021.

8. The wait time for a King County resident in behavioral health crisis in a community setting to be evaluated for involuntary behavioral health treatment tripled between January 2019 and June 2022, from 4 days to 12 days.

9. The U.S. Department of Health and Human Services reported that in August 2022, the first full month that the new national 988 Suicide and Crisis Lifeline was operational, the overall volume of calls, texts and chats to the Lifeline increased by 152,000 contacts, or 45 percent, compared to the number of contacts to the National Suicide Prevention Lifeline in August 2021.

10. The federal Substance Abuse and Mental Health Services Administration's ("SAMHSA's") National Guidelines for Behavioral Health Crisis Care, and its vision for the implementation of the new national

988 Suicide and Crisis Lifeline, call for the development of safe places for persons in crisis to go for help as part of a robust behavioral health crisis system.

11. In 2021, the Washington state Legislature passed Engrossed Second Substitute House Bill 1477, which became Chapter 302, Laws of Washington 2021, to support implementation of 988 in Washington, to further SAMHSA's overall vision and build on the crisis phone line change by expanding and transforming crisis services.

12. RCW 71.24.025 defines crisis stabilization services to mean services such as 23-hour crisis stabilization units based on the living room model, crisis stabilization centers, short-term respite facilities, peer-operated respite services, and behavioral health urgent care walk-in centers, including within the overall crisis system components that operate like hospital emergency departments and accept all walk-ins, and ambulance, fire, and police drop-offs. Chapter 302, Laws of Washington 2021 further expressed the state legislature's intent to expand the behavioral health crisis delivery system to include these components.

13. Multiple behavioral health system needs assessments have identified the addition of crisis facilities as top priorities to improve community-based crisis services in King County. Such assessments include the 2016 recommendations of the Community Alternatives to Boarding Task Force called for by Motion 14225, a Washington state Office of Financial Management behavioral health capital funding prioritization and feasibility study in 2018, and a Washington state Health Care Authority crisis triage and stabilization capacity and gaps report in 2019.

14. King County is losing mental health residential treatment capacity that is essential for persons who need more intensive supports to live safely in the community due to rising operating costs and aging facilities that need repair or replacement. As of August 2022, King County had a total of 244 mental health residential beds for the entire county, down 111 beds, or nearly one third, from the capacity in 2018 of 355 beds.

15. As of July 2022, King County residents who need mental health residential services must wait an average of 44 days before they are able to be placed in a residential facility.

16. Data from the U.S. Centers for Disease Control and Prevention, the U.S. Census Bureau and the Kaiser Family Foundation show that about three in ten adults in the United States reported symptoms of anxiety or depressive disorder in June 2022, up from one in ten adults who reported these symptoms in 2019.

17. The National Council for Mental Wellbeing's 2022 access to care survey found that 43 percent of U.S. adults who say they need mental health or substance use care did not receive that care, and they face numerous barriers to accessing and receiving needed treatment.

18. According to the Washington state Department of Social and Health Services, the number of Medicaid enrollees in King County with an identified mental health need increased by approximately 34 percent for adults and nine percent for youth between 2019 and 2021.

19. The Washington state Department of Social and Health Services reports that in 2021, among those enrolled in Medicaid in King County, nearly half of adults and over a third of youth with an identified mental health need did not receive treatment.

20. The Washington state Department of Social Health Services reports that in 2021, among those enrolled in Medicaid in King County, approximately 62 percent of adults and 80 percent of youth with an identified substance use disorder need did not receive treatment.

21. SAMHSA's National Guidelines for Behavioral Health Crisis Care recommend including peers with lived experience of mental health conditions or substance use disorders on crisis response teams. Those guidelines also feature the living room model as an example of crisis service delivery innovation featuring peers.

22. The 2021 King County nonprofit wage and benefits survey showed that many nonprofit employees delivering critical services earn wages at levels that make it difficult to sustain a career doing community-based work in this region.

23. A 2021 King County survey of member organizations of the King County Integrated Care Network found that job vacancies at these community behavioral health agencies were at least double what they were in 2019. Providers cited professionals' ability to earn more in medical systems or private practice, and the high cost of living in the King County region, as the top reasons their workers were leaving community behavioral healthcare.

24. The behavioral health workforce advisory committee to the state of Washington's Workforce Training and Education Coordinating Board found in 2021 that Washington continues to face a shortage of behavioral health professionals, while demand for services, and qualified workers to deliver them, continues to grow. The advisory committee also found that workers need increased financial support and incentives to remain in community behavioral health care.

BE IT ORDAINED BY THE COUNCIL OF KING COUNTY:

<u>SECTION 1.</u> **Definitions.** The definitions in this section apply throughout this ordinance unless the context clearly requires otherwise.

A. "Crisis care center" means a single facility or a group of facilities that provide same-day access to multiple types of behavioral health crisis stabilization services, which may include, but are not limited to, those described in RCW 71.24.025(20), as amended. A crisis care center shall endeavor to accept at least for initial screening and triage any person who seeks behavioral health crisis care. Among the types of behavioral health crisis stabilization services that a crisis care center shall provide are a behavioral health urgent care clinic that offers walk-in and drop-off client screening and triage twentyfour hours per day, seven days per week; access to onsite assessment by a designated crisis responder; a twenty-three-hour observation unit or similar facility and service that allows for short-term, onsite stabilization of a person experiencing a behavioral health crisis; and a crisis stabilization unit that provides short-term, onsite behavioral health treatment for up to fourteen days or a similar short-term behavioral health treatment facility and service. A crisis care center shall be staffed by a multidisciplinary team that includes peer counselors. A crisis care center may incorporate pre-existing facilities that provide crisis stabilization services so long as their services and operations are compatible with this definition. Where a crisis care center is composed of more than one facility, those facilities shall either be geographically adjacent or shall have transportation provided between them to allow persons using or seeking service to conveniently move between facilities.

B. "Designated crisis responder" has the same meaning as in RCW 71.05.020, as amended.

C. "King County crisis response zone" means each of four geographic subregions of King County:

1. North King County crisis response zone, which is the portion of King County within the boundaries of the cities of Bothell, Duvall, Kenmore, Kirkland, Lake Forest Park, Shoreline, Skykomish and Woodinville, plus the unincorporated areas within King County council district three as it is drawn on the effective date of this ordinance that are north or northeast of the city of Redmond;

2. Central King County crisis response zone, which is the portion of King County within the boundaries of the city of Seattle, plus all unincorporated areas within King County council districts two and eight as they are drawn on the effective date of this ordinance;

3. South King County crisis response zone, which is the portion of King County within the boundaries of the cities of Algona, Auburn, Black Diamond, Burien, Covington, Des Moines, Enumclaw, Federal Way, Kent, Maple Valley, Milton, Normandy Park, Pacific, Renton, SeaTac and Tukwila, plus all unincorporated areas within King County council districts five, seven and nine as they are drawn on the effective date of this ordinance; and

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4. East King County crisis response zone, which is the portion of King County within the boundaries of the cities of Beaux Arts, Bellevue, Carnation, Clyde Hill, Hunts Point, Issaquah, Medina, Mercer Island, Newcastle, North Bend, Redmond, Sammamish, Snoqualmie and Yarrow Point, plus the unincorporated areas within King County council district three as it is drawn on the effective date of this ordinance that are east or southeast of the city of Redmond, plus all unincorporated areas within King County council district bate of this ordinance.

D. "Levy" means the levy of regular property taxes for the specific purposes and term provided in this ordinance and authorized by the electorate in accordance with state law.

E. "Levy proceeds" means the principal amount of moneys raised by the levy and any interest earnings on the moneys and the proceeds of any interim or other financing following authorization of the levy. F. "Regional behavioral health services and capital facilities" means programs, services, activities, operations, staffing and capital facilities that: promote mental health and wellbeing and that treat substance use disorders and mental health conditions; promote integrated physical and behavioral health; promote and provide therapeutic responses to behavioral health crises; promote equitable and inclusive access to mental health and substance use disorder services and capital facilities for those racial, ethnic, experiential and geographic communities that experience disparities in mental health and substance use disorder conditions and outcomes; build the capacity of mental health and substance use disorder service providers to improve the effectiveness, efficiency, and equity, of their services and operations; provide transportation to care for persons receiving, seeking, or in need, of mental health or substance use disorder services; promote housing stability for persons receiving or leaving care from a facility providing mental health or substance use disorder services; promote service and response coordination, data sharing, and data integration amongst first responders, mental health and substance use disorder providers, and King County staff; promote community participation in levy activities, including payment of stipends to persons with relevant lived experience who participate in levy activities whose employment does not already compensate them for such participation; administer, coordinate and evaluate levy activities; apply for federal, state and philanthropic moneys and assistance to supplement levy proceeds; and promote stability and sustainability of the behavioral health workforce. G. "Residential treatment" means a licensed, community-based facility that provides twenty-four-hour on-site care for persons with mental health conditions, substance use disorders, or both, in a residential setting.

H. "Strategy" means a program, service, activity, initiative or capital investment intended to achieve the purposes described in section 4 of this ordinance.

I. "Technical assistance and capacity building" means assisting organizations in applying for grants funded by the levy and in implementing and improving delivery of a strategy or strategies for which levy moneys are eligible, and includes assisting community-based organizations in delivery of strategies to persons and communities that are disproportionately impacted by behavioral health conditions. <u>SECTION 2.</u> Levy submittal. To provide necessary moneys to fund, finance or refinance the purposes identified in section 4 of this ordinance, the King County council shall submit to the qualified electors of the county a proposition authorizing a regular property tax levy in excess of the levy limitation contained in chapter 84.55 RCW for nine consecutive years, with collection commencing in 2024, at a rate not to exceed \$0.145 per one thousand dollars of assessed value in the first year of the levy period. The dollar amount of the levy in the first year shall be the base upon which the maximum allowable levy amounts in years two through nine (2025-2032) shall be calculated using the limit factor in chapter 84.55 RCW, as amended.

<u>SECTION 3.</u> **Deposit of levy proceeds.** The levy proceeds shall be deposited into the crisis care centers fund, or its successor.

SECTION 4. Levy purposes.

A. The paramount purpose of the levy shall be to establish and operate a regional network of five crisis care centers in King County, with each of the four King County crisis response zones containing at least one crisis care center and at least one of the five crisis care centers specializing in serving persons younger than nineteen years old.

B. The levy's supporting purpose one shall be to restore the number of mental health residential treatment beds in King County to at least three hundred fifty-five beds and to expand the availability and sustainability of residential treatment in King County.

C. The levy's supporting purpose two shall be to increase the sustainability and representativeness of the behavioral health workforce in King County by increasing recruitment and retention, and by improving financial sustainability for the behavioral health workforce through increased wages, apprenticeship programming and, where possible, reduction of costs such as costs of insurance, child care, caregiving and fees or tuition associated with behavioral health training and certification. This purpose shall promote workforce recruitment and retention for the region's behavioral health workforce while prioritizing increased wages and reduction of costs for the behavioral health workforce who are providing regional behavioral health services and capital facilities as a part of the levy's paramount purpose.

D. The levy implementation plan required by section 7 of this ordinance may specify additional supporting purposes so long as those additional supporting purposes are not inconsistent with and are subordinate to the paramount purpose and supporting purposes one and two described in subsections A. through C. of this section.

SECTION 5. Eligible expenditures.

A. If approved by the qualified electors of the county, such sums from the first year's levy proceeds as are necessary may be used to provide for the costs and charges incurred by the county that are attributable to the election, and an amount from the first year's levy proceeds not to exceed one million dollars may be used for initial levy implementation planning activities.

B. After the amounts authorized in subsection A. of this section, the remaining levy proceeds shall not be expended until King County enacts an ordinance adopting the implementation plan required by section 7 of this ordinance. The council's process to consider and adopt the levy implementation plan and any amendments shall include mandatory referral to the regional policy committee or its successor. After King County enacts an ordinance adopting the levy implementation plan, levy proceeds shall be expended in accordance with the implementation plan, as amended, and with this ordinance.
C. Levy proceeds described in subsection B. of this section shall only be used to fund, finance or refinance costs to:

1. Plan, site, construct, acquire, restore, maintain, operate, implement, staff, coordinate, administer and evaluate regional behavioral health services and capital facilities that achieve and maintain the paramount purpose, supporting purpose one, and supporting purpose two of the levy that are described in section 4. and as they may be further described in the implementation plan;

2. Plan, site, construct, acquire, restore, maintain, operate, implement, staff, coordinate, administer and evaluate regional behavioral health services and capital facilities that achieve additional levy purposes that are included in the implementation plan, so long as those purposes are subordinate to and not inconsistent with the paramount purpose and supporting purposes one and two; and

3. Provide for regional behavioral health services and capital facilities provided by metropolitan park districts, fire districts or local public hospital districts in King County in an amount up to the lost revenues to the individual district resulting from prorationing, as mandated by RCW 84.52.010, to the extent the levy was a demonstrable cause of the prorationing and only if the county council has authorized the expenditure by ordinance.

D. Unless made otherwise eligible in subsection C. of this section, levy proceeds shall not be used to provide, supplant, replace or expand funding for non-behavioral health purposes including, but not limited to, jails, prisons, courts of law, criminal prosecution, criminal defense or law enforcement, except for costs that provide or coordinate regional behavioral health services and capital facilities within or between crisis care centers and other health care settings or that remove or reduce a barrier to receiving behavioral health services such as quashing a warrant. Nothing in this subsection shall be interpreted or construed to limit, discourage, or impede law enforcement agencies' or other first responders' coordination with, use of and access to crisis care centers for persons they encounter in the conduct of their duties.

<u>SECTION 6.</u> **Call for special election.** In accordance with RCW 29A.04.321, the King County council hereby calls for a special election to be held on April 25, 2023, to consider a proposition authorizing a regular property tax levy for the purposes described in this ordinance. The King County director of elections shall cause notice to be given of this ordinance in accordance with the state constitution and general law and to submit to the qualified electors of the county, at the said special county election, the proposition hereinafter set forth. The clerk of the council shall certify that proposition to the director of elections in substantially the following form:

PROPOSITION ____: The King County Council passed Ordinance _____ concerning funding for mental health and substance use disorder services. If approved, this proposition would fund behavioral health services and capital facilities, including a countywide crisis care centers network, increased residential treatment; mobile crisis care; post-discharge stabilization; and workforce supports. It would authorize an additional nine-year property tax levy for collection beginning in 2024 at \$0.145 per \$1,000 of assessed valuation, with the 2024 levy amount being the base for calculating annual increases in 2025-2032 under chapter 84.55 RCW, and exempt eligible seniors, veterans, and disabled persons under RCW 84.36.381. Should this proposition be:

Approved? _____

Rejected? ____

SECTION 7. Implementation plan.

A. If voters approve the levy, the executive shall transmit by December 31, 2023, a proposed levy implementation plan for council review and adoption by ordinance. The proposed implementation plan shall direct levy expenditures from 2024 through 2032.

B. The executive shall electronically file the implementation plan required in subsection A. of this section with the clerk of the council, who shall retain the original and provide an electronic copy to all councilmembers, the council chief of staff, the policy staff director and the lead staff for the law, justice, health and human services committee and the regional policy committee, or their successors. The implementation plan shall be accompanied by proposed ordinances that adopt the implementation plan and that establish or empower the advisory body, the description of which is set forth in subsection C.9. of this section.

C. The implementation plan required in subsection A. shall include:

1. A list and descriptions of the purposes of the levy, which must at least include and may not materially impede accomplishment of the paramount purpose and supporting purposes one and two described in section 4 of this ordinance;

2. A list and descriptions of strategies and allowable activities to achieve the purposes described in subsection C.1. of this section, which strategies shall at least include:

a. planning, capital, operations and services investments for crisis care centers, which may include construction of new or acquisition, renovation, updating or expanding existing buildings in whole or in part;

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b. capital and maintenance investments for mental health residential treatment capacity;

c. investments to increase attraction to, retention in, and sustainability of the behavioral health workforce;

d. establishment and maintenance of levy and capital reserves to promote continuity of levy-funded activities and prioritization of the paramount purpose and then supporting purposes one and two in the event of fluctuations in levy revenue or strategy costs;

e. activities that promote post-crisis stabilization, including housing stability, for persons receiving or discharging from levy-funded services;

f. a plan for the initial period of the levy prior to initiation of operations of the first crisis care center for the provision of mobile and site-based behavioral health activities that promote access to behavioral health services for persons experiencing or at risk of a behavioral health crisis;

g. technical assistance and capacity building for organizations applying for or receiving levy funding, including a strategy or strategies to promote inclusive care at levy-funded facilities for racial, ethnic and other demographic groups that experience disproportionate rates of behavioral health conditions in King County;

h. capital facility siting support, communication and city partnership activities;

i. levy administration activities and activities that monitor and promote coordination, more effective crisis response, and quality of care within and amongst crisis care centers, other behavioral health crisis response services in King County, and first responders; and

j. performance measurement and evaluation activities;

3. A financial plan to direct the use of the proceeds for regional behavioral health services and capital facilities that achieve the purposes and strategies described in subsection C.1. and 2. of this section, which must at a minimum include:

a. the forecast of annual revenue for each year of the levy;

b. an annual expenditure plan for each year of the levy that allocates forecasted levy proceeds among the levy's strategies;

c. a description of the sequence and timing of planned expenditures and activities to establish and operate the regional network of five crisis care centers required to satisfy the levy's paramount purpose; and

d. a description of how a portion of first-year levy proceeds will be allocated to make rapid initial progress towards fulfilling supporting purposes one and two;

4. A description of how the executive will seek and incorporate when available federal, state, philanthropic and other moneys that are not proceeds of the levy to accelerate, enhance, compliment or sustain accomplishment the levy's paramount purpose and supporting purposes one and two;

5. A description of the executive's assumptions about the role of Medicaid funding in the financial plan and the executive's planned approach to billing eligible crisis care services to Medicaid or other sources of potential payment such as private insurance;

6. A description of the process by which King County and partner cities shall collaborate to support siting of new capital facilities that use proceeds from the levy for such facilities' construction or acquisition;

7. A summary of the process and key findings of the community and stakeholder engagement process that informs the proposed implementation plan;

8. A process to make substantial adjustments to the financial plan required in subsection C.3. of this section, which process shall require notice to the council and provide for the council the ability to stop any substantial adjustment that the council does not support;

9. A description of the composition, duties of, and process to establish the advisory body for the levy. The advisory body may be a preexisting King County board or commission that has relevant

expertise or a new advisory body. The composition of the advisory body shall be demographically representative of the population of King County and shall include at least one resident of each King County crisis response zone, persons who have previously received crisis stabilization services, and persons with professional training and experience in the provision of behavioral health crisis care. The duties of the advisory body shall include advising the executive and council on matters pertaining to implementation of the levy, annually visiting each existing crisis care center and reporting annually to the council and community, through online annual reports beginning in 2025, on the levy's progress over the previous year towards accomplishing the levy purposes described in section 4 of this ordinance and on the levy's actual financial expenditures in the previous year relative to the financial plan required in subsection C.3. of this section that shall include, but not be limited to, the following:

a. total expenditure of levy proceeds by crisis response zone, strategy, and levy purpose by ZIP Code in King County; and

b. the number of individuals receiving levy-funded services by crisis response zone, strategy, and levy purpose by ZIP Code in King County of where the individuals reside at the time of service;

10. A description of how the executive shall provide each online annual report described in subsection C.9. of this section to the clerk of the council, to all councilmembers and all members and alternate members of the regional policy committee, or its successor, including confirmation that the executive shall electronically file a proposed motion that shall acknowledge receipt of the report; and

11. A description of how the purpose of the crisis response zones described in this levy will promote geographic distribution of crisis care centers so that they are accessible for walk-in and drop-off crisis care throughout King County, but that the crisis care zones shall not be used to limit the ability of any person in King County to use any particular crisis care center.

<u>SECTION 8.</u> Updating the definition of crisis care center. If new research, changing best practices, updated federal or state regulations or other evidence-based factors cause this ordinance's definition of "crisis care center" to become infeasible, impracticable or inconsistent with the levy's paramount purpose, King County may, upon recommendation of the advisory body described in section 7.C.9. of this ordinance and with mandatory referral to the regional policy committee, update the definition of "crisis care center" through adoption of an ordinance to a definition substantially similar to what is recommended by the advisory body.

<u>SECTION 9.</u> **Exemption.** The additional regular property taxes authorized by this ordinance shall be included in any real property tax exemption authorized by RCW 84.36.381.

<u>SECTION 10.</u> **Ratification and confirmation.** Certification of the proposition by the clerk of the county council to the director of elections in accordance with law before the special election on April 25, 2023, and any other act consistent with the authority and before the effective date of this ordinance are hereby ratified and confirmed.

SECTION 11. Severability. If any provision of this ordinance or its application

to any person or circumstance is held invalid, the remainder of the ordinance or the application of the provision to other persons or circumstances is not affected.

Appendix B: Crosswalk of Implementation Plan Requirements from King County Ordinance 19572

Crosswalk of Implementation Plan Requirements from King County Ordinance 19572 ³⁶⁷		
King County Ordinance 19572 Requirements	Implementation Plan Section(s)	
List and Descriptions of Purposes of the Levy	See Section(s)	
 A list and descriptions of the purposes of the levy, which must at least include and may not materially impede accomplishment of the paramount purpose and supporting purposes one and two described in section 4 of this ordinance; 	<u>Section IV. Crisis Care Centers</u> <u>Levy Purposes</u>	
List and Descriptions of Strategies and Allowable Activities	See Section(s)	
2. A list and descriptions of strategies and allowable activities to achieve the purposes described in subsection C.1. of this section, which strategies shall at least include:	 <u>Section V. Crisis Care Centers</u> <u>Levy Strategies and Allowable</u> <u>Activities</u> 	
Crisis Care Centers	See Section(s)	
 a. planning, capital, operations and services investments for crisis care centers, which may include construction of new or acquisition, renovation, updating or expanding existing buildings in whole or in part; 	and Operate Five Crisis Care	
Mental Health Residential	See Section(s)	
 b. capital and maintenance investments for mental health residential treatment capacity; 	 <u>Section V.B. Strategy 2: Restore,</u> <u>Expand, and Sustain Residential</u> <u>Treatment Capacity</u> 	
Behavioral Health Workforce	See Section(s)	
 c. investments to increase attraction to, retention in, and sustainability of the behavioral health workforce; 	 <u>Section V.C. Strategy 3:</u> <u>Strengthen the Community</u> <u>Behavioral Health Workforce</u> 	
Reserves	See Section(s)	
d. establishment and maintenance of levy and capital reserves to promote continuity of levy-funded activities and prioritization of the paramount purpose and then supporting purposes one and two in the event of fluctuations in levy revenue or strategy costs;	<u>Section V.H. Strategy 8: Crisis</u> Care Centers Levy Reserves	
Post-Crisis Stabilization/Discharge Resources incl Housing Stability	See Section(s)	
 activities that promote post-crisis stabilization, including housing stability, for persons receiving or discharging from levy- funded services; 	<u>Section V.A. Strategy 1: Create</u> and Operate Five Crisis Care <u>Centers</u>	
Plan for Initial Levy Period: Mobile and Site-Based BH Activities	See Section(s)	
f. a plan for the initial period of the levy prior to initiation of operations of the first crisis care center for the provision of mobile and site-based behavioral health activities that promote access to	<u>Section V.D. Strategy 4: Early</u> <u>Crisis System Investments</u>	

³⁶⁷ King County Ordinance 19572 [LINK].

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behavioral health services for persons experiencing or at risk of a behavioral health crisis;		
Technical Assistance and Capacity-Building		See Section(s)
g. technical assistance and capacity building for organizations	•	Section V.E. Strategy 5: Capacity
applying for or receiving levy funding, including		Building and Technical
		Assistance
a strategy or strategies to promote inclusive care at levy-funded	•	Section V.E. Strategy 5: Capacity
facilities for racial, ethnic and other demographic groups that		Building and Technical
experience disproportionate rates of behavioral health conditions		Assistance
in King County;		
Capital Facility Siting Support, Communication, City Partnership		See Section(s)
h. capital facility siting support, communication and city	•	Section V.E. Strategy 5: Capacity
partnership activities;		Building and Technical
		Assistance
Administration, Coordination, and Quality		See Section(s)
i. levy administration activities and activities that monitor and	•	Section V.G. Strategy 7: Crisis
promote coordination, more effective crisis response, and quality		Care Centers Levy
of care within and amongst crisis care centers, other behavioral		<u>Administration</u>
health crisis response services in King County, and first responders,		
and		
Performance Measurement and Evaluation		See Section(s)
j. performance measurement and evaluation activities;	•	Section V.F. Strategy 6:
		Evaluation and Performance
		Measurement Activities
Financial Plan: Revenue Forecast and Expenditures by Strategy		See Section(s)
3. A financial plan to direct the use of the proceeds for regional	•	Section VI. Financial Plan
behavioral health services and capital facilities that achieve the		
purposes and strategies described in subsection C.1. and 2. of this		
section, which must at a minimum include:		
a. the forecast of annual revenue for each year of the levy;	•	Section VI. Financial Plan
b. an annual expenditure plan for each year of the levy that	•	Section VI. Financial Plan
allocates forecasted levy proceeds among the levy's strategies;		
Sequence and Timing of Planned Expenditures/Activities to establish CCCs		See Section(s)
c. a description of the sequence and timing of planned	•	Section V.A. Strategy 1: Create
expenditures and activities to establish and operate the regional		and Operate Five Crisis Care
network of five crisis care centers required to satisfy the levy's		<u>Centers</u>
paramount purpose; and		
Description of Use of Portion of First-Year Revenue for Rapid Progress on MH Residential and Workforce		See Section(s)
d. a description of how a portion of first-year levy proceeds	•	Section V.B. Strategy 2: Restore,
will be allocated to make rapid initial progress towards		Expand, and Sustain Residential
fulfilling supporting purposes one and two;		Treatment Capacity

Plan to Seek Other Funds to Accelerate/Enhance Levy Purposes 4. A description of how the executive will seek and incorporate when available federal, state, philanthropic and other moneys that	•	Section V.C. Strategy 3: Strengthen the Community Behavioral Health Workforce See Section(s) Section VI. Financial Plan
are not proceeds of the levy to accelerate, enhance, compliment or sustain accomplishment the levy's paramount purpose and supporting purposes one and two; Description of Medicaid and Private Insurance Assumptions		See Section(s)
5. A description of the executive's assumptions about the role of Medicaid funding in the financial plan and the executive's planned approach to billing eligible crisis care services to Medicaid or other sources of potential payment such as private insurance;	•	Section VI. Financial Plan
Description of Collaboration with Cities in Siting		See Section(s)
6. A description of the process by which King County and partner cities shall collaborate to support siting of new capital facilities that use proceeds from the levy for such facilities' construction or acquisition;	•	Section V.A. Strategy 1: Create and Operate Five Crisis Care Centers Section V.B. Strategy 2: Restore, Expand, and Sustain Residential Treatment Capacity
Community and Stakeholder Engagement Summary		See Section(s)
7. A summary of the process and key findings of the community and stakeholder engagement process that informs the proposed implementation plan;	•	Section III. Background
Process for Substantial Adjustments to Financial Plan		See Section(s)
8. A process to make substantial adjustments to the financial plan required in subsection C.3. of this section, which process shall require notice to the council and provide for the council the ability to stop any substantial adjustment that the council does not support;		<u>Section VI. Financial Plan</u>
Advisory Body (New or Preexisting)		See Section(s)
 A description of the composition, duties of, and process to establish the advisory body for the levy The advisory body may be a preexisting King County board or 	•	Section IX. Crisis Care Centers Levy Advisory Body Section IX. Crisis Care Centers
commission that has relevant expertise or a new advisory body.		Levy Advisory Body
Advisory Body Composition		See Section(s)
The composition of the advisory body shall be	•	Section IX. Crisis Care Centers Levy Advisory Body
demographically representative of the population of King County and shall include	•	Section IX. Crisis Care Centers Levy Advisory Body
at least one resident of each King County crisis response zone,	•	Section IX. Crisis Care Centers Levy Advisory Body

persons who have previously received crisis stabilization	•	Section IX. Crisis Care Centers
services, and		Levy Advisory Body
persons with professional training and experience in the	•	Section IX. Crisis Care Centers
provision of behavioral health crisis care		Levy Advisory Body
Advisory Body Duties		See Section(s)
The duties of the advisory body shall include	•	Section IX. Crisis Care Centers
		Levy Advisory Body
advising the executive and council on matters pertaining to	•	Section IX. Crisis Care Centers
implementation of the levy,		Levy Advisory Body
annually visiting each existing crisis care center	•	Section IX. Crisis Care Centers
		Levy Advisory Body
Annual Reporting (framed as an advisory body role)		See Section(s)
and reporting annually to the council and community, through	•	Section VIII. Crisis Care Centers
online annual reports beginning in 2025, on		Levy Annual Reporting
the levy's progress over the previous year towards	•	Section VIII. Crisis Care Centers
accomplishing the levy purposes described in section 4 of this		Levy Annual Reporting
ordinance and		
on the levy's actual financial expenditures in the previous year	•	Section VIII. Crisis Care Centers
relative to the financial plan required in subsection C.3. of this		Levy Annual Reporting
section		
that shall include, but not be limited to, the following:	•	Section VIII. Crisis Care Centers
		Levy Annual Reporting
a. total expenditure of levy proceeds by crisis response zone,	•	Section VIII. Crisis Care Centers
strategy, and levy purpose by ZIP Code in King County; and		Levy Annual Reporting
b. the number of individuals receiving levy-funded services by	•	Section VIII. Crisis Care Centers
crisis response zone, strategy, and levy purpose by ZIP Code in King		Levy Annual Reporting
County of where the individuals reside at the time of service;		
10. A description of how the executive shall provide each online	•	Section VIII. Crisis Care Centers
annual report described in subsection C.9. of this section to the		Levy Annual Reporting
clerk of the council, to all councilmembers and all members and		
alternate members of the regional policy committee, or its		
successor, including confirmation that the executive shall		
electronically file a proposed motion that shall acknowledge		
receipt of the report; and		
Geographic Distribution/Crisis Response Zone Description		See Section(s)
11. A description of how the purpose of the crisis response zones	•	Section V.A. Strategy 1: Create
described in this levy will promote geographic distribution of crisis		and Operate Five Crisis Care
care centers so that they are accessible for walk-in and drop-off		<u>Centers</u>
crisis care throughout King County, but that the crisis care zones		
shall not be used to limit the ability of any person in King County to		
use any particular crisis care center.		

Appendix C: King County Local Jurisdiction Request for Information (RFI)

The purpose of this RFI was to solicit information from jurisdictions located within King County to help inform this Plan and future CCC siting and procurement processes. The RFI was open from September 29, 2023, to October 27, 2023 and was extended to November 15, 2023.

CRISIS CARE CENTERS INITIATIVE REQUEST FOR INFORMATION (RFI) for

KING COUNTY LOCAL JURISDICTIONS

Release Date	Friday, September 29, 2023
Information Session	Thursday, October 12, 2023 3:00 – 4:30pm Pacific Time Please <u>register at this link</u>
Due Date	Friday, October 27, 2023
Purpose	The purpose of this RFI is to solicit information from Jurisdictions located within King County to help inform the Crisis Care Centers Initiative's Implementation Plan and future Crisis Care Center siting and Procurement processes. This RFI is optional for Jurisdictions to respond to and is for informational purposes only. Responses will not be a commitment to action. The decision to respond or not respond to this RFI will not give Jurisdictions preferential nor disadvantageous treatment during any future Crisis Care Center site selection or siting processes.
Who Should Respond	Jurisdictions physically located within King County, including cities, tribes, and other jurisdictional entities with siting authority.
How to Respond	Responses are hereby solicited and will be received via survey no later than 11:59 p.m. Pacific Time on the due date noted above. Please submit your response at the following survey link: https://forms.office.com/g/vmeUMAhMZd
RFI Lead	Joanna Armstrong DCHScontracts@kingcounty.gov

PLEASE NOTE:

This RFI is informational only and will help inform the Crisis Care Centers Initiative planning, including future Crisis Care Center siting processes and Procurement processes to select organizations to develop and operate Crisis Care Centers. Responses will not be a commitment to action. The decision to respond or not respond to this RFI will not give Jurisdictions preferential nor disadvantageous treatment during any future Crisis Care Center site selection or siting processes.

RFI Overview

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RPC Meeting Materials

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PURPOSE Α.

The purpose of this RFI is to solicit information from Jurisdictions located within King County to help inform the Crisis Care Centers Initiative's Implementation Plan and future Crisis Care Center siting and Procurement processes. This RFI is optional for Jurisdictions to respond to and is for informational purposes only. Responses will not be a commitment to action. The decision to respond or not respond to this RFI will not give Jurisdictions preferential nor disadvantageous treatment during any future Crisis Care Center site selection or siting processes.

Β. BACKGROUND

King County voters approved a nine-year property tax Crisis Care Centers Levy in April 2023 to fund the Crisis Care Centers Initiative (Initiative) from 2024 to 2032. The Initiative will create a countywide network of five Crisis Care Centers, restore and expand mental health residential treatment beds in the region, and invest in the recruitment and retention of the community behavioral health workforce.

Crisis Care Centers are a type of behavioral health facility that will have three core components: a 24/7 Behavioral Health Urgent Care Clinic, a 23-hour Crisis Observation Unit, and a Crisis Stabilization Unit. Crisis Care Centers will use a "no-wrong door approach" and will endeavor to accept, at least for initial screening and triage, any person who seeks behavioral health crisis care. Crisis Care Centers will also be expected to provide a Post-Crisis Follow-Up Program to promote post-crisis stabilization for people who receive services at Crisis Care Centers.

The site requirements for Crisis Care Centers are still being developed and are subject to change. Requirements will likely include:

- 1. The capacity to accommodate approximately 30,000 50,000 square feet of clinical space within one or multiple adjacent buildings;
- 2. Zoning that allows for the construction and ongoing operations of a Crisis Care Center:
- 3. Proximity to arterials, public transportation, and other transportation infrastructure to ensure ease of access for community members seeking care and their families, mobile crisis teams, first responders, and other community partners.

Components of a Crisis Care Center may incorporate pre-existing facilities that are compatible with the model's required clinical components. Crisis Care Centers may be located in a single facility or more than one facility as long as they are geographically adjacent or have transportation provided between them so that people seeking services can easily move between facilities. Additional program components may be co-located with Crisis Care Centers. Each Crisis Care Center may be operated by a single provider or by multiple providers that work together to meet all required clinical components.

The Crisis Care Center siting process will be informed by responses to this Request for Information, as well as additional community partner feedback, and will be defined in the Crisis Care Centers Initiative Implementation Plan as adopted by King County Council. Crisis Response Zones, described and depicted below, will determine the geographic distribution of Crisis Care Centers across King County.

<u>King County Ordinance 19572</u> created four geographic Crisis Response Zones in King County (see Figure 1). Each of the four Crisis Response Zones will contain at least one Crisis Care Center and at least one of the five Crisis Care Centers will specialize in serving youth.

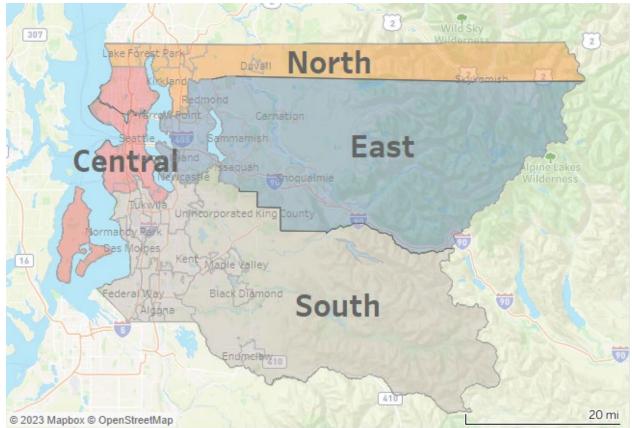


Figure 1: Map of Crisis Response Zones

King County intends to release one or more Procurements in 2024 to begin to select organizations to develop and operate Crisis Care Centers. Local Jurisdictions will be key partners in siting Crisis Care Centers within the designated Crisis Response Zones. King County is seeking information from Jurisdictions through this RFI to help inform the Crisis Care Centers Initiative's Implementation Plan and the future planning of Crisis Care Center siting processes and Procurement processes.

Č. WHO SHOULD RESPOND

All Jurisdictions located within King County are invited to respond to this RFI. Elected mayors or similar elected leadership, city managers, or their designee may submit a response on behalf of the Jurisdiction that they represent.

D. HOW TO RESPOND

Jurisdictions can respond to this RFI by submitting responses to the questions listed below through an online survey located at the following link: https://forms.office.com/g/vmeUMAhMZd.

Responses will be accepted between Friday, September 29 and Friday, October 27 at 11:59pm Pacific Time. King County's Department of Community and Human Services will hold an RFI information session for local government officials and staff on Thursday,

October 12, 3:00 - 4:30 pm via Zoom; please <u>register at this link</u>. This is an optional meeting, and its purpose is to provide background about the Crisis Care Centers Initiative and answer questions about the RFI.

Glossary

"23-Hour Crisis Observation Unit" means a behavioral health facility where people experiencing an acute mental health and/or substance use crisis can receive psychiatric services for up to twenty-three hours and fifty-nine minutes. 23-Hour Crisis Observation Units serve people triaged as having higher clinical acuity as well as people dropped off by first responders such as mobile crisis, emergency medical services, and law enforcement. **"24/7"** means open twenty-four hours per day, seven days per week.

"Behavioral Health Agency" means an organization licensed by the Washington State Department of Health to provide behavioral health services under <u>Chapter 246-341 Washington</u> <u>Administrative Code</u>.

"Behavioral Health Urgent Care Clinic" means a behavioral health clinic that is open twentyfour hours per day, seven days per week (24/7) and can triage and assess people who walk-in seeking mental health and/or substance use services.

"Crisis Care Center" means a behavioral health facility defined in King County Ordinance 19572 as "a single facility or a group of facilities that provide same-day access to multiple types of behavioral health crisis stabilization services, which may include, but are not limited to, those described in RCW 71.24.025(20), as amended. A Crisis Care Center shall endeavor to accept at least for initial screening and triage any person who seeks behavioral health crisis care. Among the types of behavioral health crisis stabilization services that a Crisis Care Center shall provide are a Behavioral Health Urgent Care clinic that offers walk-in and drop-off client screening and triage 24/7; access to onsite assessment by a designated crisis responder; a 23-Hour Crisis Observation Unit or similar facility and service that allows for short-term, onsite stabilization of a person experiencing a behavioral health crisis; and a Crisis Stabilization Unit that provides short-term, onsite behavioral health treatment for up to fourteen days or a similar short-term behavioral health treatment facility and service. A Crisis Care Center shall be staffed by a multidisciplinary team that includes peer counselors. A Crisis Care Center may incorporate pre-existing facilities that provide crisis stabilization services so long as their services and operations are compatible with this definition. Where a Crisis Care Center is composed of more than one facility, those facilities shall either be geographically adjacent or shall have transportation provided between them to allow persons using or seeking service to conveniently move between facilities."

"Crisis Care Centers Initiative" means the purposes defined in <u>King County Ordinance 19572</u>, which include creating a countywide network of five Crisis Care Centers, restoring and expanding mental health residential treatment beds in the region, and growing the community behavioral health workforce.

"Crisis Care Centers Levy" means the nine-year property tax levy described in <u>King County</u> <u>Ordinance 19572</u> that was approved by King County voters in April 2023 and will raise revenue between 2024 and 2032 to fund the Crisis Care Centers Initiative.

"**Crisis Response Zone**" means a geographic subregion of King County defined in <u>King County</u> <u>Ordinance 19572</u> where at least one Crisis Care Center will be located. The four Crisis Response Zones are depicted in Figure 1 and defined in <u>King County Ordinance 19572</u> as follows:

1. "**North King County Crisis Response Zone**, which is the portion of King County within the boundaries of the cities of Bothell, Duvall, Kenmore, Kirkland, Lake Forest Park, Shoreline, Skykomish and Woodinville, plus the unincorporated areas within King

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County council district three as it is drawn on the effective date of this ordinance that are north or northeast of the city of Redmond;

2. Central King County Crisis Response Zone, which is the portion of King County within the boundaries of the city of Seattle, plus all unincorporated areas within King County council districts two and eight as they are drawn on the effective date of this ordinance:

3. South King County Crisis Response Zone, which is the portion of King County within the boundaries of the cities of Algona, Auburn, Black Diamond, Burien, Covington, Des Moines, Enumclaw, Federal Way, Kent, Maple Valley, Milton, Normandy Park, Pacific, Renton, SeaTac and Tukwila, plus all unincorporated areas within King County council districts five, seven and nine as they are drawn on the effective date of this ordinance: and

4. East King County Crisis Response Zone, which is the portion of King County within the boundaries of the cities of Beaux Arts, Bellevue, Carnation, Clyde Hill, Hunts Point, Issaguah, Medina, Mercer Island, Newcastle, North Bend, Redmond, Sammamish, Snoqualmie and Yarrow Point, plus the unincorporated areas within King County council district three as it is drawn on the effective date of this ordinance that are east or southeast of the city of Redmond, plus all unincorporated areas within King County council district six as it is drawn on the effective date of this ordinance."

"Crisis Stabilization Unit" means a behavioral health facility where people recovering from an acute mental health and/or substance use crisis can receive continued behavioral health stabilization services for up to 14 days.

"Implementation Plan" means a plan required by King County Ordinance 19572 that will direct Crisis Care Centers Levy expenditures from 2024 through 2032.

"Jurisdictions" means cities, tribes and other jurisdictional entities with siting authority that are physically located within King County.

"King County Ordinance 19572" means the ballot measure ordinance that was enacted by King County Council on February 9, 2023 and passed by King County voters on April 25, 2023 to create the Crisis Care Centers Levy.

"Post-Crisis Follow-Up Program" means short-term case management and peer engagement services to connect people to care after they leave a Crisis Care Center.

"Procurement" means a future solicitation to determine who will be contracted to develop, own, and operate Crisis Care Centers.

"RFI" means this Request for Information plus all written amendments, addenda, or attachments hereto, and all terms and conditions incorporated herein.

Upcoming Procurement Description

UPCOMING PROCUREMENT FUNDING AMOUNT AND OBJECTIVES Α.

King County intends to release one or more Procurements beginning in 2024. Funding will include resources to construct and operate Crisis Care Centers, and the funding amount that will be available is not yet determined. The siting of Crisis Care Centers will be coordinated in partnership with local Jurisdictions and King County.

ANTICIPATED TIMELINE B.

One or more rounds of Procurement processes will be released in 2024. The timeline will be determined in 2024 after the King County Council passes the Crisis Care Centers Initiative Implementation Plan.

PROGRAM DESCRIPTION C.

Crisis Care Centers are behavioral health facilities defined by King County Ordinance 19572 that will provide same-day access to mental health and substance use crisis services. Crisis Care Centers will have three programmatic components:

- 1. 24/7 Behavioral Health Urgent Care Clinic;
- 2. 23-Hour Crisis Observation Unit: and
- 3. Crisis Stabilization Unit.

Crisis Care Centers will also be expected to provide a Post-Crisis Follow-Up Program to promote post-crisis stabilization for people who receive services at Crisis Care Centers. Crisis Care Centers will strive for a "no-wrong door" approach and will endeavor to accept, at least for initial screen and triage, any person who seeks behavioral health crisis care. Crisis Care Centers will strive to create and foster a safe and welcoming environment that provides care that is trauma-informed, recovery-oriented, personcentered, integrated, and supports people in the least restrictive environment possible.

RFI Questions

QUESTIONS Α.

Please submit responses to each of the following questions (* indicates response is required; respondents are not required to answer all questions to submit a response).

Contact Information

- 1. *Name of Jurisdiction responding to RFI.
- 2. *Name of person submitting response.
- 3. *Title of person submitting response.
- 4. *Email address of person submitting response.
- 5. *Phone number of person submitting response.
- 6. What other points of contact from your Jurisdiction should receive communication about this RFI and the Crisis Care Centers Initiative? Please share their name, title, and contact information.

Crisis Care Center Information

- 7. What communities or populations in your Jurisdiction have historically been, or are at greatest risk of being, underserved in their behavioral health needs?
- 8. Is your Jurisdiction interested in siting an adult or youth Crisis Care Center, or both? Why or why not?
- 9. How would siting a Crisis Care Center in or adjacent to your Jurisdiction benefit your Jurisdiction and region of King County?
- 10. What additional information would you need from the County to help determine if your Jurisdiction is interested in siting a Crisis Care Center?
- 11. What are important attributes of a Crisis Care Center and its location from your Jurisdiction's perspective?
- 12. What are potential geographic features, transportation infrastructure, or other factors in your Jurisdiction that may impact access to a Crisis Care Center?
- 13. What obstacles would deter your Jurisdiction from siting a Crisis Care Center?

- 14. Does your Jurisdiction have any facilities that are like a Crisis Care Center? If yes, do you have recommendations of siting best practices based on your experience with existing facilities?
- 15. What ideas do you have for how Jurisdictions and the County can work together to site Crisis Care Centers?
- 16. If your Jurisdiction decided to site a Crisis Care Center, what type of capital facility siting support, communication, and Jurisdiction partnership activities would be helpful?
- 17. Do you have one or more potential site(s) that may be suitable for a Crisis Care Center site(s) identified in your Jurisdiction? If yes, please share the location and a brief description. Alternatively, would you be interested in scheduling a meeting with the County to discuss possible locations?
- 18. Does your Jurisdiction own one or more parcels of land or properties that could be rehabilitated to become a Crisis Care Center that your Jurisdiction would be willing to donate? If yes, please briefly describe the property. Alternatively, would you be interested in scheduling a meeting with the County to discuss possible properties?
- 19. Does your Jurisdiction have any capital or operating resources it would be willing to contribute to a Crisis Care Center property or facility? If yes, please briefly describe the resource. Alternatively, would you be interested in scheduling a meeting with the County to discuss possible resources?
- 20. Does your Jurisdiction have feedback regarding the types of entities that should be eligible to apply to the eventual Crisis Care Center Procurement(s)? Examples of entities could include Behavioral Health Agencies (Agencies), Agencies with letters of support from host Jurisdictions, formal partnerships between Jurisdictions and Agencies, or a Jurisdiction by itself?
- 21. How would your Jurisdiction like to be engaged in the Crisis Care Center Initiative planning and future siting process?
- 22. Do you have recommendations for how community members should be engaged during Crisis Care Center siting processes?
- 23. Do you have any additional feedback about Crisis Care Center siting?

DOCUMENT REQUESTS B.

Please respond to the following request for documentation, if applicable.

24. Please attach additional documentation describing potential Crisis Care Center sites or properties that your Jurisdiction has identified (i.e., photos, maps, real estate documentation, etc.).

Appendix D: Coordination with State and County Partners

		State and County Partner Meetings		
	June 2023 – November 2023			
		Partners Internal to King County		
٠	Departn	nent of Adult and Juvenile Detention		
٠	Departn	nent of Natural Resources and Parks		
٠	Facilities Management Division			
•	Metro			
•	Prosecu	ting Attorney's Office		
•	Public H	ealth – Seattle & King County		
•	Sheriff's	Office		
		Washington State Partners and Meeting Topics		
٠	Health C	Care Authority		
	0	Billing and sustainability of crisis services		
	0	Reimbursement for ambulance transport to alternate destinations		
	0	Pharmacy regulations and reimbursement		
		Peer specialist programs		
		Data sharing related to implementation of 988 and 2SHB 1477		
	0	Regulations regarding Institutes for Mental Disease		
٠	Departn	nent of Health		
		23-hour Crisis Relief Centers (direct meetings and participation in 2SSB 5120 public		
		rulemaking process)		
		988 implementation		
		Regulations on ambulance transport to alternate destinations		
		Pilots to embed behavioral health counselors in public safety answering points to divert		
		911 calls from law enforcement response		
٠	•	nent of Social and Human Services		
		Department of Children, Youth, and Families		
l.	0	Developmental Disabilities Administration (DDA)		

Appendix E: Site and Field Visits

The following site and field visits were conducted between June 2023 and October 2023 and helped inform this Plan.

Site and Field Visits		
June 2023 – October 2023		
Behavioral Health Crisis Facilities		
Children's Emergency Screening Unit, San Diego, CA		
Crisis Solutions Center, DESC, Seattle, WA		
Connections Health Solutions, Phoenix, AZ		
Connections Health Solutions, Tucson, AZ (virtual site visit)		
Connections Health Solutions, Kirkland, WA*		
Oceanside Crisis Stabilization Unit, San Diego, CARI International, Federal Way, WA*		
RI International, Parkland, WA		
Spokane Regional Stabilization Center, Spokane, WA		
Sea Mar, White Center, WA*		
Mental Health Residential Facilities		
Cascade Hall, Community House, Seattle, WA		
Try House, Transitional Resources, Seattle, WA		
Stillwater, Sound, Redmond, WA		
Keystone, Sound, Seattle, WA		
Firwood, Community House, Seattle, WA		
Spring Manor, Community House, Seattle, WA		
Hilltop, Community House, Seattle, WA		
Other Health Care Providers		
Children's Hospital, Seattle, WA		
Crisis Connections, Seattle, WA		
Field Visits		
Designated Crisis Responder Ride Along, King County, WA		

* Facilities under construction or not yet operational

Appendix F: Community Engagement Activities

	Community Engagement Activities				
	June 2023 – November 2023				
	Monthly CCC Levy Community Engagement Meetings				
•	Community Partner Evening Recap Meeting (1 meeting)				
•	Community Partners Update Meeting (5 meetings)				
•	Crisis System Integration Partners Meeting (3 meetings)				
•	Substance Use Disorder Partners Meeting (3 meetings)				
•	Youth Partners Meeting (5 meetings)				
	Presentations at Community Meetings				
•	CCORS Operations Meeting (2 meetings)				
•	CCORS Young Adult Monthly Providers Meeting				
•	CIT King County Coordinators Committee Meeting (2 meetings)				
•	CRIS Committee				
•	Cross Division Overdose Prevention Workgroup				
•	External Partners Group				
•	Just Access to Health Meeting				
•	King County Behavioral Health Administrative Services Organization Inpatient Providers Quarterly				
	Meeting				
•	King County Behavioral Health Advisory Board (2 meetings)				
•	King County Diversion and Reentry Services Managers Meeting				
•	King County Hospital and Inpatient Psychiatric Leadership Meeting				
•	King County Integrated Care Network, Network Provider Group (4 meetings)				
•	King County Integrated Care Network, Clinical Operations Committee				
•	King County Integrated Care Network, Joint Operations Committee				
•	King County Outpatient Medical Leadership Team Meeting				
•	King County Peer Network Meeting (4 meetings)				
•	King County Youth Behavioral Health Learning Collaborative Meeting (2 meetings)				
•	King County Behavioral Health and Recovery Division Clinical Provider Meeting				
•	King County Behavioral Health and Recovery Division, Washington State Department of Youth and				
	Family Services, and Coordinated Care Monthly Field Operations Meeting				
•	King County Medications for Opioid Use Disorder (MOUD) Provider Meeting				
•	King County Youth Service Providers Coalition (2 meetings)				
•	Hospital and Mental Health Residential Provider Quarterly Meeting				
•	MIDD Advisory Committee Meeting				
•	Overdose Recovery and Care Access (ORCA) Center Planning Meetings (3 meetings)				
•	Patient Placement Task Force (2 meetings)				
•	Pediatrics Crisis Care Provider Meeting				
•	Seattle/King County Coalition on Homelessness Member Meeting				
	Key Informant Interviews and Individual Engagement Meetings				
•	American Medical Response				
•	Asian Counseling and Referral Services				
•	Behavioral Health Institute, Harborview Medical Center				
•	Challenge Seattle				

- Children's Hospital (2 meetings)
- Crisis Connections (3 meetings)
- Consejo Counseling
- Connections Health Solutions (4 meetings)
- DESC (2 meetings)
- Genoa Pharmacy
- Fairfax (2 meetings)
- Harborview Medical Center Addiction Medicine Program
- Health One and Mobile Integrated Health Program, Seattle Fire Department
- HealthierHere
- Hopelink Transportation
- International Community Health Services
- Islamic Trauma Health Program
- Kelley-Ross Pharmacy (2 meetings)
- MIDD Community Partnership Focus Group Follow-Up Meeting
- Muckleshoot Health
- North Star Advocates
- Pacific Hospital Public Development Association
- Individual People with Lived Experience of Crisis Services (7 meetings)
- Individual People with Professional Experience Delivering Crisis Services (2 meetings)
- Peer Washington
- Psychiatric Emergency Services, VA Puget Sound Health Care System
- RI International
- Ryther (2 meetings)
- Sea Mar (2 meetings)
- Seattle Fire Department and Public Health Seattle & King County Emergency Medical Services
- Seattle Indian Health Board
- Seattle/King County Coalition on Homelessness
- Seattle Police Department
- SEIU 1199 (5 meetings)
- School of Nursing, University of Washington
- Somali Health Board (2 meetings)
- Sound
- Sound Alliance
- Tubman Center for Health and Freedom
- Valley Cities
- Vietnamese Health Board
- Vocal-WA
- Washington State Pharmacy Association
- YMCA (3 meetings)
- Youth Eastside Services
- YouthCare and Kaiser

Focus Groups and Listening Sessions

- Aging and Older Adults Focus Group
- Behavioral Health Worker Focus Group

- Housing and Homelessness Focus Group
- MIDD Community Partnership Focus Group
- Mockingbird Society YAEH Chapter and New Members Chapter Listening Session
- Peer Counselors Focus Group
- Sound Alliance, United Tribes of All Indians, and FEEST Youth Partner Listening Session
- Sound Alliance and United Indians of All Tribes Youth Services Listening Session
- Veterans and Active Military Personnel Focus Group

King County Council and Local Jurisdiction Meetings

- City Mayor, Councilmember, and Staff Meetings (16 meetings)
- Countywide Sub-Regional Human Service Convening
- Councilmember Perry District Three First Responder Roundtable
- Councilmember Perry District Three Mayors Roundtable
- Councilmember Zahilay Community Mental Health Meeting (4 meetings)
- King County Councilmember and Council Staff Meetings (10 meetings)
- Snoqualmie Valley Government Association Quarterly Meeting
- Sound Cities Association (2 meetings)

CCC Levy Request for Information (RFI) Public Information Sessions

- King County Local Jurisdictions RFI Information Session
- Behavioral Health Organizations and Other Potential Partners RFI Information Session

	Clinical Best Practices in Behavioral Health Crisis Services			
Best Practice	Description			
Trauma- Informed	Trauma-informed programs and services acknowledge the widespread impact of trauma and understand potential paths for recovery; recognize the signs and			
	symptoms of trauma in clients, families, staff, and others involved with the system, and respond by fully integrating knowledge about trauma into policies, procedures, and practices, while seeking to actively resist re-traumatization. ³⁶⁸			
Recovery-	Recovery-oriented care addresses reduction of symptoms related to mental health			
Oriented	and substance use disorders and supports someone to have a life in the community that meets their recovery goals. ³⁶⁹			
Person-	Person-centered care means people have control over their services, including the			
Centered	amount, duration, and scope of services, as well as choice of providers. Person-			
	centered care is respectful and responsive to cultural, linguistic, and other social and			
	environmental needs. Family-centered care recognizes the important role of family members and caregivers in the design and implementation of services. ³⁷⁰			
Culturally and	Culturally and linguistically appropriate services (CLAS) are a way to improve the			
Linguistically	quality of services provided to all individuals, which will ultimately help reduce			
Appropriate	health disparities and promote health equity. ³⁷¹ CLAS are about respect and			
	responsiveness: respect the whole individual and respond to the individual's health			
	needs and preferences. By tailoring services to an individual's culture and language			
	preferences, including with use of interpretation and translation services, health			
lasta cuesta d	professionals can help support positive health outcomes for diverse populations.			
Integrated Care	Integrated care is when mental health and substance use treatment is closely			
Care	coordinated with physical and primary care. ³⁷² While crisis care centers will primarily serve behavioral health needs, they should also be able to provide care for most			
	minor physical or basic health needs that can be addressed without need for medical			
	diagnosis or health care prescriber orders, with an identified pathway to transfer the			
	person to more medically appropriate services if needed. ³⁷³			

Appendix G: Clinical Best Practices in Behavioral Health Crisis Services

³⁶⁸ Substance Abuse and Mental Health Services Administration. SAMHSA's Concept of Trauma and Guidance for a Trauma-Informed Approach. HHS Publication No. (SMA) 14-4884. Rockville, MD: Substance Abuse and Mental Health Services Administration, 2014. [LINK]

³⁶⁹ Davidson L, Rowe M, DiLeo P, Bellamy C, Delphin-Rittmon M. Recovery-Oriented Systems of Care: A Perspective on the Past, Present, and Future. Alcohol Res. 2021 Jul 22;41(1):09. doi: 10.35946/arcr.v41.1.09. [LINK]

³⁷⁰ Substance Abuse and Mental Health Services Administration (SAMHSA) Person- and Family-centered Care and Peer Support [LINK]

³⁷¹ National Culturally and Linguistically Appropriate Services (CLAS) Standards. Think Cultural Health, U.S. Department of Health & Human Services [LINK].

³⁷² National Council for Mental Wellbeing, The Comprehensive Healthcare Integration (CHI) Framework, April 22, 2022. [LINK]

³⁷³ Expectations for integrated medical care in a behavioral health crisis care setting are described here similar to state requirements for 23-hour Crisis Relief Centers as defined in RCW 71.24.916 – 23-hour crisis relief centers—Licensing and certification—Rules—Standards. [LINK]

Least	Least restrictive care refers to care provided in settings that least interfere with a
Restrictive	person's civil rights and freedom to participate in society. The practice of care in
Setting	least restrictive settings supports the key values of self-determination in behavioral
	health care: that people should be able to disagree with clinician recommendations
	for care; that people should be informed participants in defining their care plan, and
	that state laws and agency policies are applied only as a last resort for people who
	are unable to act in their own self-interests. ³⁷⁴

³⁷⁴ Detoxification and Substance Abuse Treatment. Rockville (MD): Substance Abuse and Mental Health Services Administration (US); 2006. (Treatment Improvement Protocol (TIP) Series, No. 45.) 2 Settings, Levels of Care, and Patient Placement. [LINK]

Crisis Care Centers Levy Implementation Plan 2024-2032 P a g e \mid **159**

Appendix H: BHRD Capital Improvement Funding for Behavioral Health Facilities Request for Information (RFI)

The purpose of this RFI was to solicit information from contracted behavioral health provider organizations about necessary capital improvements, repairs, and innovations in behavioral health facilities located in County. Information provided through this RFI may be fused to inform a potential Request for Proposal and be used to improve access to and availability of behavioral health services by assisting with costs associated with building repairs, renovations, or expansion of existing behavioral health provider facilities. This RFI was open from June 23, 2023, to July 17, 2023.

Department of Community and Human Services Behavioral Health and Recovery Division 401 Fifth Avenue, Suite 400 Seattle, WA 98104

REQUEST FOR INFORMATION (RFI) BHRD Capital Improvement Funding for Behavioral Health Facilities RFI Release Date: June 23, 2023 Questions Due: July 07, 2023 Due Date: July 17, 2023 RFI Lead: Brandon Paz, branpaz@kingcounty.gov

Purpose of RFI

This Request for Information (RFI) is seeking input from contracted behavioral health provider organizations to inform a potential Request for Proposal (RFP) that may be released in late 2023. The King County Department of Community and Human Services (DCHS) Behavioral Health and Recovery Division (BHRD) seeks information related to necessary capital improvements, repairs and renovations in behavioral health treatment facilities located in King County. Information provided through this RFI may be used to improve access to and availability of behavioral health services by assisting with costs associated with building repairs, renovations or expansion of existing behavioral health provider facilities.

DCHS is releasing this RFI to understand the level of need agencies have for capital projects and expected costs. Please note that **no funding will be released as a result of this RFI**. Submitting a response to this RFI does **not** constitute a commitment to a project in any subsequent RFPs. This RFI is for informational purposes only, to inform potential investments by the County in late 2023.

Who should respond?

The following entities are encouraged to respond:

• Behavioral health provider organizations that are contracted with the King County Behavioral Health and Recovery Division, including but not limited to King County Integrated Care Network providers, King County Behavioral Health Administrative Service Organization (KCICN-BH-ASO) providers, and providers contracted through the MIDD program.

Crisis Care Centers Levy Implementation Plan 2024-2032 P a g e | **160**

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 Nonprofit organizations, community-based organizations, tribe/tribal organizations interested in capital improvements, including renovations and repairs to an existing facility used for behavioral health programming/treatment.

Background

There is a need for capital improvements for many behavioral health provider facilities in King County. Capital improvements are necessary to increase or maintain access to effective behavioral health treatment. BHRD is considering an investment through a future procurement, to provide funding for small-medium scale capital improvement projects that can increase the health and safety and/or functional space of a facility, so providers can increase or maintain capacity to effectively provide quality behavioral health services. Capital improvement projects may include: building repairs, renovations, or expansions of existing locations to improve access to high quality programs and services.

Request for Information

BHRD is requesting information related to behavioral health capital improvement projects. Information collected from RFI responses may inform the development of a RFP, including allowable costs and funding thresholds. Funded projects will be limited to existing facilities. New construction will not be eligible.

How to Respond

Please submit a response that clearly addresses the questions below by 2:00 PM Pacific Time on Monday, July 17, 2023, to Brandon Paz at branpaz@kingcounty.gov. If you have any questions regarding your submission, please contact Brandon Paz at branpaz@kingcounty.gov.

Questions

The following questions are for information only and will not be scored. Completing this RFI does not constitute a commitment to funding your project in any subsequent RFP.

- 1. Please provide the below information about your organization:
 - a. Organization Name
 - b. Address
 - c. Point of Contact Name
 - d. Title
 - e. Phone
 - f. Email
- 2. If your organization has a mission statement, please state it here.
- 3. Approximately how many clients annually does your organization provide services to?
- 4. Please briefly list the behavioral health services and/or programs that your organization offers to King County residents.
- 5. Why are you interested in applying for the anticipated Capital Improvement Funding for Behavioral Health Facilities RFP? Please explain in a short narrative, including describing the project and the need the project will address.
- 6. Please indicate the type of project you would be most likely to request funding for
 - Renovation of an existing property to maintain or increase access to behavioral health treatment services

- Renovation and repairs of an existing property to address critical health and safety issues, or improve treatment environment
- Facility improvements, including new paint and furniture to improve the treatment environment to promote healing
- Expansion of an existing facility to increase availability of treatment services, or allow more clients to be served
- 7. If you currently own or lease the project site, please provide the address. If not, please provide the zip code or general location of the proposed site and whether you plan to own or lease it.
- 8. Please share the following information regarding the project's funding needs:
 - a. What is the estimated total cost of your project?
 - b. Do you have funding secured from other sources?
 - c. Are you anticipating applying for other funding sources?

d. How much funding do you anticipate requesting from a potential 2023 capital program RFP?

e. What is the anticipated timeline for completion of the project?

RFI Terms and Conditions

A. Revisions to the RFI

If DCHS determines in its sole discretion that it is necessary to revise any part of this RFI, an addendum to this RFI will issued via email. For this purpose, the published questions and answers and any other pertinent information will also be provided as an addendum to the RFI and will be issued via email. DCHS also reserves the right to cancel or to reissue the RFI in whole or in part, prior to execution of a contract.

B. Cost to Propose

DCHS will not be liable for any costs incurred by the Responder in preparation of a Response submitted in response to this RFI, in conduct of a presentation, or any other activities related in any way to this RFI.

C. No Obligation to Contract

DCHS will not contract with any vendor as a result of this RFI. While DCHS may use responses to this RFI to develop a competitive solicitation for the subject of this RFI, issuing this RFI does not compel DCHS to do so.

D. Public Records Act

1. Washington State Public Records Act (RCW 42.56) requires public organizations in Washington to promptly make public records available for inspection and copying unless they fall within the specified exemptions contained in the Act or are otherwise privileged.

2. All submitted Responses and RFI materials become public information and may be reviewed by anyone requesting to do so at the conclusion of the RFI, negotiation, and award process. This process is concluded when a signed contract is completed between the County and the selected Responder. Note that if an interested party requests copies of submitted documents or RFI materials, a standard County copying charge per page must be received prior

to processing the copies. King County will not make available photocopies of pre-printed brochures, catalogs, tear sheets or audiovisual materials that are submitted as support documents with a Response. Those materials will be available for review at King County Department of Community and Human Services.

3. No other distribution of Responses will be made by the Responder prior to any public disclosure regarding the RFI, the Response or any subsequent awards without written approval by King County. For this RFI all Responses received by King County shall remain valid for ninety (90) days from the date of Response. All Responses received in response to this RFI will be retained.

4. Responses submitted under this RFI shall be considered public documents and with limited exceptions, Responses that are recommended for contract award will be available for inspection and copying by the public. If a Responder considers any portion of his/her Response to be protected under the law, the Responder shall clearly identify on the page(s) affected such words as "CONFIDENTIAL," PROPRIETARY" or "BUSINESS SECRET." The Responder shall also use the descriptions above in the following table to identify the effected page number(s) and location(s) of any material to be considered as confidential. If a request is made for disclosure of such portion, the County will review the material in an attempt to determine whether it may be eligible for exemption from disclosure under the law. If the material is not exempt from public disclosure law, or if the County is unable to make a determination of such an exemption, the County will notify the Responder of the request and allow the Responder ten (10) days to take whatever action it deems necessary to protect its interests. If the Responder fails or neglects to take such action within said period, the County will release the portion of the Response deemed subject to disclosure. By submitting a Response, the Responder assents to the procedure outlined in this paragraph and shall have no claim against the County on account of action taken under such procedure. Please notify the County of your needs and reference the table information below

Type of Exemption	Beginning Page/Location	Ending Page/Location

E. American with Disabilities Act

DCHS complies with the Americans with Disabilities Act (ADA). Responder may contact the RFI Coordinator to receive materials for this RFI in alternative formats, such as Braille, large print, audio tape, or computer disc.



Dow Constantine King County Executive 401 Fifth Avenue, Suite 800 Seattle, WA 98104-1818 206-263-9600 Fax 206-296-0194 TTY Relay: 711 www.kingcounty.gov

December 29, 2023

The Honorable Dave Upthegrove Chair, King County Council Room 1200 C O U R T H O U S E

Dear Councilmember Upthegrove:

I am pleased to transmit the Crisis Care Centers Levy Implementation Plan 2024-2032 as required by Ordinance 19572, and three proposed Ordinances that would, if enacted, adopt the Levy's implementation plan, establish its advisory body, and provide appropriation authority for Levy expenditures in 2024. Approval of this proposed legislation would transform the region's behavioral health crisis response system through the creation of a network of five crisis care centers throughout the region; restore the region's flagging mental health residential facilities; and reinforce the workforce upon whom tens of thousands of King County residents depend for their behavioral health.

Specifically, my plan prioritizes three investments and outcomes for the 2024-2032 Crisis Care Centers (CCC) Levy:

- **Crisis Care Centers:** Establish and operate a regional network of five crisis care centers in King County, with at least one in each of the four crisis response zones established in Ordinance 19572 and one serving youth.
- **Residential Treatment:** Restore the number of mental health residential treatment beds to at least 355 and expand the availability of residential treatment in King County.
- **Community Behavioral Health Workforce**: Help more people join and stay in the behavioral health workforce in King County by expanding community behavioral health career pathways, supporting labor-management workforce development partnerships, and focusing on crisis workforce development.

While laying a path and providing resources for long-term change, the plan also prioritizes rapid changes where possible. The plan includes specific strategies to quickly invest in additional crisis services before crisis care centers open and substantial first-year investments in residential treatment facilities and existing behavioral health workforce strategies.

This transmittal package also includes the following proposed legislation:

The Honorable Dave Upthegrove December 29, 2023 Page 2

- A proposed Ordinance that would, if enacted, adopt the plan to govern the CCC Levy's strategies, activities, and expenditures from January 1, 2024 through December 31, 2032;
- A proposed Ordinance that would, if enacted, provide supplemental budget appropriation to the Crisis Care Centers Fund to support CCC Levy strategies and activities in 2024; and
- A proposed Ordinance that would, if enacted, amend King County Code 2A.300.050 to empower the King County Behavioral Health Advisory Board to be the advisory body for the CCC Levy in accordance with Ordinance 19572 and implement changes to the code as recommended in the CCC Levy Implementation Plan, including updating the Board's membership requirements and duties.

On February 9, 2023, King County adopted Ordinance 19572 to provide for the submission of the CCC Levy to the voters of King County. King County voters considered the Levy as Proposition No. 1 as part of the April 25, 2023 special election, and 57 percent of voters approved it. The passage of Proposition No. 1 created a nine-year property tax levy of \$0.145 per \$1,000 of assessed value, which is expected to generate over \$1.1 billion in revenue between 2024 and 2032. Ordinance 19572 also required transmittal of an implementation plan to direct CCC Levy expenditures from 2024 through 2032.

The CCC Levy implementation plan is the product of an intensive process that began in June 2023 and concluded in December 2023. DCHS' planning activities included engaging community partners, solicitating formal requests for information (RFIs), engaging with various Washington State departments, consulting with national subject matter experts, coordinating with other County partners, and convening internal workgroups within DCHS. Community engagement activities included participation from behavioral health agencies, people with lived experiences of behavioral health crises, frontline behavioral health workers, local jurisdiction staff and elected officials, and other community partners. This input significantly informed the strategies described in this Plan and will inform future procurement and operational phases of the CCC Levy.

The enclosed plan describes the forecasted expenditure of Levy proceeds, consistent with Ordinance 19572, to achieve the Levy's paramount and supporting purposes. It identifies and describes strategies to create and operate a regional network of five crisis care centers across King County, which will create a new front door for people in crisis who need behavioral health services. The plan funds early crisis services that will go into effect in 2024 before crisis care centers are operational and will quickly expand services for people experiencing both mental health and substance use crises in our community. Additionally, the plan also includes strategies to increase King County's mental health residential treatment capacity back to at least its 2018 level of 355 beds, and to strengthen the County's community behavioral health workforce. The plan also describes a robust framework to assess and report on how well the CCC Levy is achieving its results and describes how its results will be made available digitally to the Council and community, as directed by Ordinance 19572. Lastly, the plan makes recommendations to empower the King County Behavioral Health Advisory Board as the CCC Levy's advisory body.

The Honorable Dave Upthegrove December 29, 2023 Page 3

Thank you for your continued support of the CCC Levy. I look forward to ongoing collaboration with the Council, local jurisdictions, behavioral health providers, and other community partners. Together, we aim to ensure that future generations will have a safe, accessible, and effective place to go when they experience a mental health or substance use crisis or treatment need, confident in the knowledge that there will be supportive providers there to help.

If your staff have questions, please contact Leo Flor, Director, Department of Community and Human Services, at 206-477-4384.

Sincerely,

Brenn Baddel for

Dow Constantine King County Executive

Enclosure

cc: King County Councilmembers
 <u>ATTN</u>: Stephanie Cirkovich, Chief of Staff
 Melani Hay, Clerk of the Council
 Shannon Braddock, Deputy County Executive, Office of the Executive
 Karan Gill, Chief of Staff, Office of the Executive
 Penny Lipsou, Council Relations Director, Office of the Executive
 Leo Flor, Director, Department of Community and Human Services

2023-2024 FISCAL NOTE

Ordinance/Motion:	
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Title: Crisis Care Centers Levy 2024-2032 Implementation Plan
Affected Agency and/or Agencies: Department of Community and Human Services
Note Prepared By: Nicholas Makhani
Date Prepared: 12/07/2023
Note Reviewed By: Christina Diaz
Date Reviewed: 12/7/2023

Description of request:

This proposed Ordinance will adopt the Crisis Care Centers Levy 2024-2032 Implementation Plan. Ordinance 19572 established a special election for the Crisis Care Centers Levy on April 25, 2023; voters ultimately approved the Levy.

Fund Code	Revenue Source	2023-2024	2025	2026-2027	2028-2029	2030-2031
1460	Property Taxes	117,304,332	119,828,701	247,579,090	258,519,973	269,872,906
1460	Interest Earnings	586,522	599,144	1,237,895	1,292,600	1,349,365
		117,890,853	120,427,845	248,816,986	259,812,573	271,222,271
	1460	1460 Property Taxes	1460 Property Taxes 117,304,332 1460 Interest Earnings 586,522	1460 Property Taxes 117,304,332 119,828,701 1460 Interest Earnings 586,522 599,144	1460 Property Taxes 117,304,332 119,828,701 247,579,090 1460 Interest Earnings 586,522 599,144 1,237,895	1460 Property Taxes 117,304,332 119,828,701 247,579,090 258,519,973 1460 Interest Earnings 586,522 599,144 1,237,895 1,292,600

Expenditures from:

Agency	Fund Code	Department	2023-2024	2025	2026-2027	2028-2029	2030-2031
DCHS	1460	Community & Human Services	85,936,418	122,076,597	284,584,473	257,525,929	259,146,107
TOTAL			85,936,418	122,076,597	284,584,473	257,525,929	259,146,107

Expenditures by Categories

	Fund Code	Department	2023-2024	2025	2026-2027	2028-2029	2030-2031
Strategy 1: Create and Operate Five Crisis Care Centers	1460	Community & Human Services	16,150,000	59,888,425	127,455,639	170,934,371	166,240,256
Strategy 2: Restore, Expand, and Sustain Residential Treatment C	1460	Community & Human Services	42,000,000	33,340,000	88,722,888	3,074,610	3,720,278
Strategy 3: Strengthen the Community Behavioral Health Workfor	1460	Community & Human Services	7,500,000	11,849,360	29,381,458	42,311,718	48,076,116
Strategy 4: Early Crisis Response Investments	1460	Community & Human Services	8,200,000	6,289,900	14,928,077	15,364,130	15,154,048
Strategy 5: Capacity Building and Technical Assistance	1460	Community & Human Services	1,750,000	2,029,000	3,415,794	3,950,800	3,730,445
Strategy 6: Evaluation and Performance Measurement Activities	1460	Community & Human Services	771,020	1,098,502	2,282,491	2,508,479	2,637,580
Strategy 7: CCC Levy Administration	1460	Community & Human Services	5,065,398	7,581,410	18,398,126	19,381,821	19,587,384
Election Costs	1460	Community & Human Services	3,500,000	-	0	0	0
Planning Costs	1460	Community & Human Services	1,000,000	-	0	0	0
TOTAL			85,936,418	122,076,597	284,584,473	257,525,929	259,146,107

2023 - 2024 Proposed Financial Plan (NEW BIENNIUM SCHEDULE APPLIED)

	CCC Levy F	unu / 1460								
Category	2021-2022	2023-2024	2023-2024 Current	2023-2024	2023-2024	2025	2026-2027	2028-2029	2030-2031	2032-2033
	Actuals	Adopted	Budget	Biennial-to-Date	Estimated	Projected	Projected	Projected	Projected	Projected
				Actuals						
Beginning Fund Balance	-	-	-	-	-	31,954,435	30,305,683	(5,461,804)	(3,175,160)	8,901,004
Revenues										
Local		-		-	**********	*********	**********	*********	269,872,906	139,345,667
Other	-	-	-	-	586,522	599,144	1,237,895	1,292,600	1,349,365	696,728
Total Revenues	-	-	-	-	**********	**********	**********	**********	271,222,271	140,042,395
Expenditures										
Strategy 1: Create and Operate Five Crisis Care Centers	-	-		-	16,150,000	59,888,425	*********	*********	166,240,256	86,146,802
Strategy 2: Restore, Expand, and Sustain Residential Treatment Capacity		-	-	-	42,000,000	33,340,000	88,722,888	3,074,610	3,720,278	2,143,589
Strategy 3: Strengthen the Community Behavioral Health Workforce		-		-	7,500,000	11,849,360	29,381,458	42,311,718	48,076,116	24,574,255
Strategy 4: Early Crisis Response Investments	-	-	-	-	8,200,000	6,289,900	14,928,077	15,364,130	15,154,048	7,742,220
Strategy 5: Capacity Building and Technical Assistance		-		-	1,750,000	2,029,000	3,415,794	3,950,800	3,730,445	1,683,091
Strategy 6: Evaluation and Performance Measurement Activities					771,020	1,098,502	2,282,491	2,508,479	2,637,580	1,369,427
Strategy 7: CCC Levy Administration					5,065,398	7,581,410	18,398,126	19,381,821	19,587,384	9,978,785
Election Costs					3,500,000	-	-	-	-	-
Planning Costs					1,000,000		-			-
							-			
Total Expenditures	-	-	-	-	85,936,418	**********	**********	#######################################	259,146,107	133,638,168
Estimated Underexpenditures					-					
Other Fund Transactions										
Other GAAP Adjustments		-		-			-			
Total Other Fund Transactions	-	-	-	-	-	-	-			
Ending Fund Balance	-	-	-	-	31,954,435	30,305,683	(5,461,804)	(3,175,160)	8,901,004	15,305,231
Reserves										
Reserved for Committed Projects					27,600,503	28,256,093				
Rainy Day Reserve (60 days)		1			4,353,932	2,049,590	5,338,850	11,903,167	14,725,627	15,285,170
Total Reserves	-	-	-	-	31,954,435	30,305,683	5,338,850	11,903,167	14,725,627	15,285,170
		1								
Reserve Shortfall	-	-	-	-	-	-	10,800,654	15,078,328	5,824,624	-
Ending Undesignated Fund Balance	-	-	-	-	-	-		-	-	20,061

Financial Plan Notes

This plan applies the new biennium schedule after the shift in 2025 to an even-odd cycle starting in 2026-2027. 2023-2024 estimated matches the proposed Crisis Care Centers Levy Implementation Plan.

20/3-20/20 estimated matches the projuest Class Late Currents Let's universe matching and the solution KCFC2023-04) with a 99% collection factor, and a 50.145/\$1,000 assessed value levy rate. The dollar amount of the levy collected in the first year would be the base for computing annual increases for year 2022-2023 and would be limited by chapter 84.55 R/W. Revenue also includes estimated revenue from other sources (investment/interest income) of roughly 5640K annually, depending on revenue fluctuations.

Expenditure Notes: Expenses are based on the proposed Crisis Care Centers Levy Implementation Plan.

Other Fund Transactions:

Reserve Notes: Reserves are calculated to provide 60-day coverage of expenditures for ongoing CCC operations, CCC and residential treatment center maintenance, and program administration and evaluation.

Last Updated 12/07/2023 by DCHS Finance Staff.

Crisis Care Centers (CCC) Levy Implementation Plan Executive Briefing

King County Council, Regional Policy Committee

February 14, 2024

Kelly Rider, Chief of Staff, Department of Community and Human Services (DCHS)

Susan McLaughlin, PhD, Director, Behavioral Health and Recovery Division, DCHS

Kate Baber, MsHA, MSW, CCC Initiative Planning Director, DCHS

Matt Goldman, MD, MS, CCC Initiative Medical Director, DCHS May 17, 2024

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2 Years; 100+ Events; 1,000+ Experts & Community Members; 236,000+ Voters

Cannot Be the Entire System (But An Essential Part that We're Missing)

Places to Go: We Need Buildings and People Working In Them

A Rational Funding Model

Quality is Equity. Equity is Quality.

We Can Meet the Moment Together

Crisis care centers will be connected to the larger behavioral health continuum. Prevention and Early Intervention

Recovery Supports

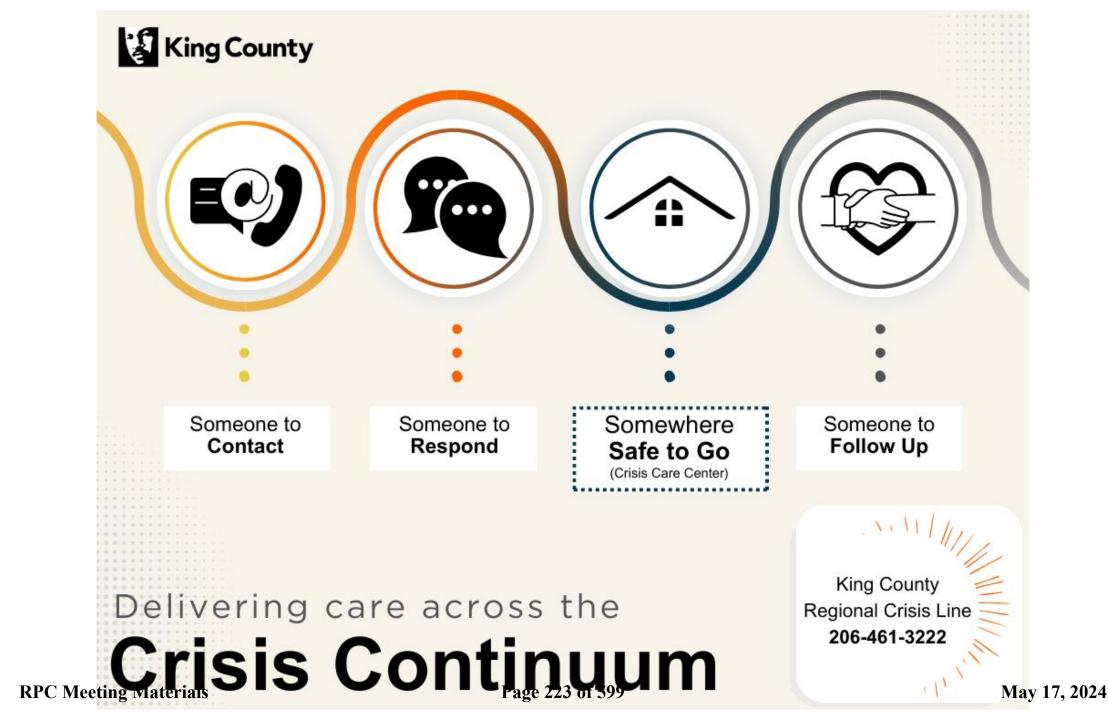
Behavioral Healthcare in King County

Crisis Care

Behavioral Health Treatment



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CRISIS CARE CENTERS LEVY Community Engagement Activities

64 Key Informant Interviews

- 11 with providers with expertise in culturally and linguistically appropriate services
- 12 with youth behavioral health providers

40 Community Meeting Presentations

• 11 that included participants with lived experience of behavioral health conditions

Implementation plan includes all council and voter approved requirements.

20 Site and Field Visits

- 10 behavioral health crisis facilities
- 7 mental health residential facilities

16 Community Engagement Meetings

- · Average of approximately 49 attendees per meeting
- · Focus on crisis system, youth, and substance use service partners

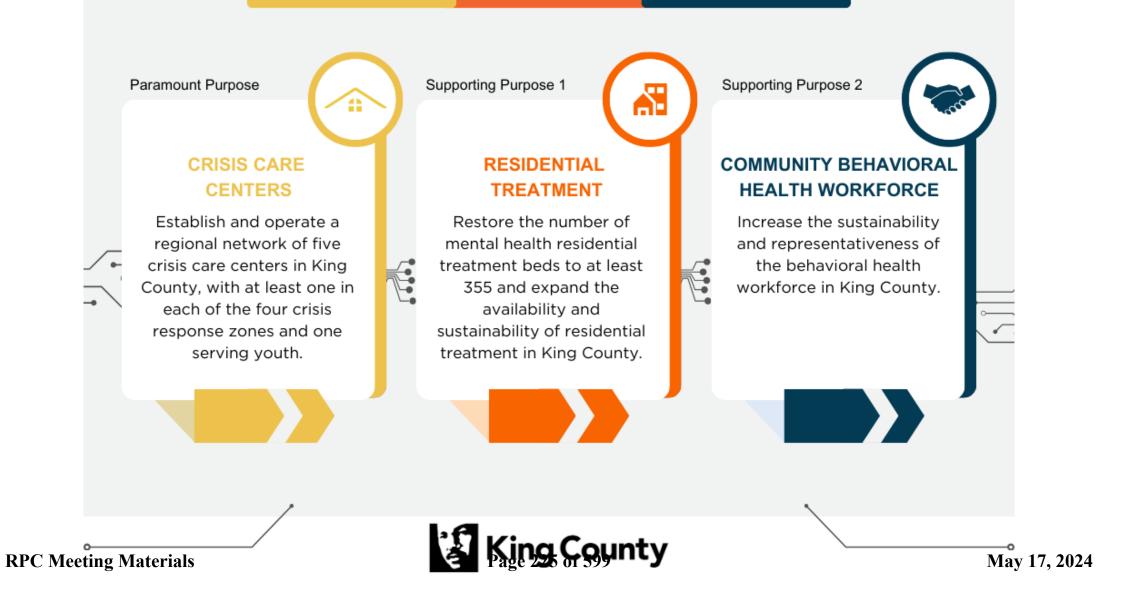
9 Focus Groups

• Youth, peer specialists, veterans and active military personnel and older adults

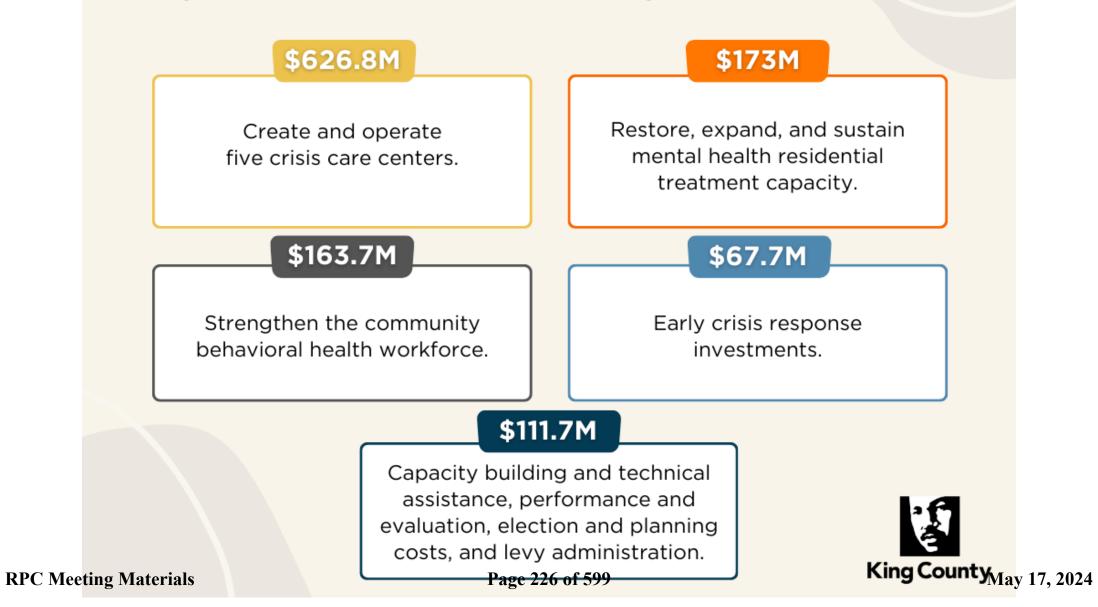


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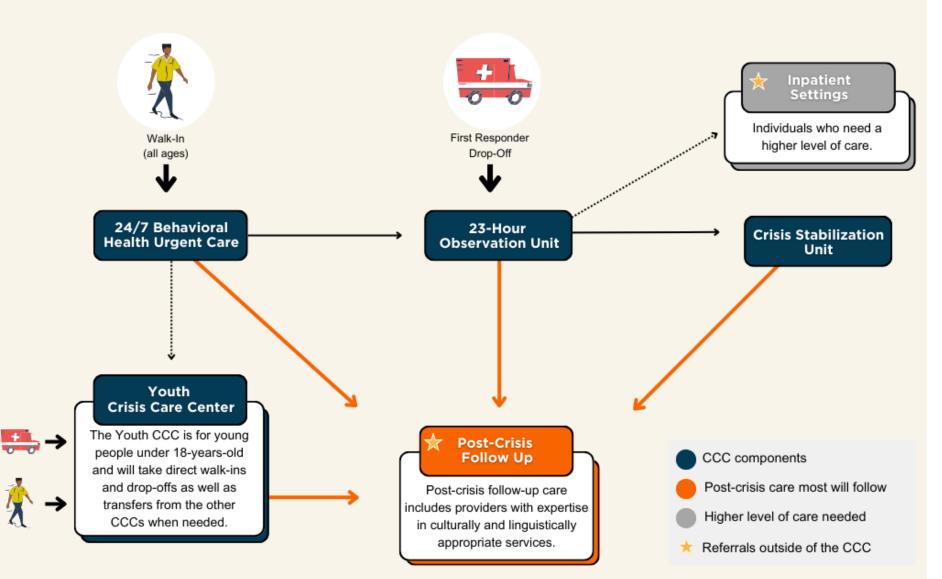
CRISIS CARE CENTERS Levy Purposes



CRISIS CARE CENTERS Levy Investment Summary



CRISIS CARE CENTER MODEL King County



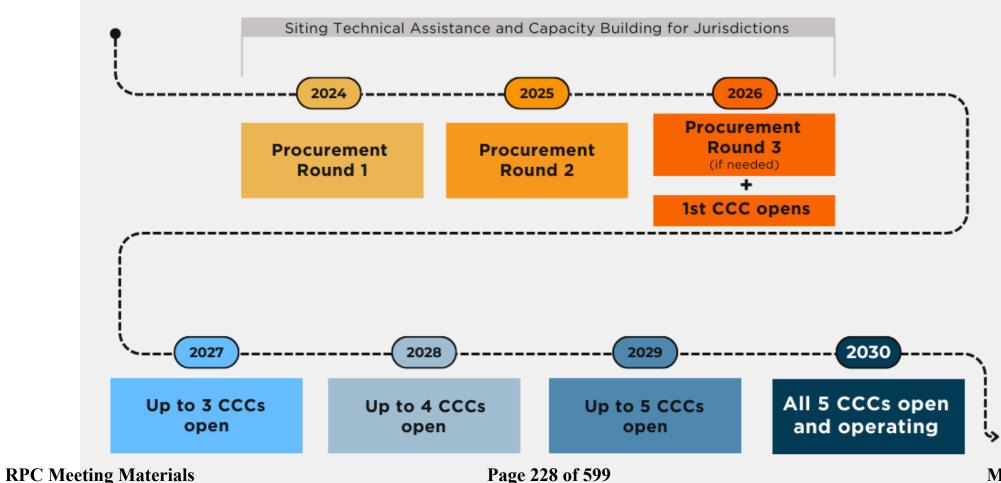
RPC Meeting Materials

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May 17, 2024



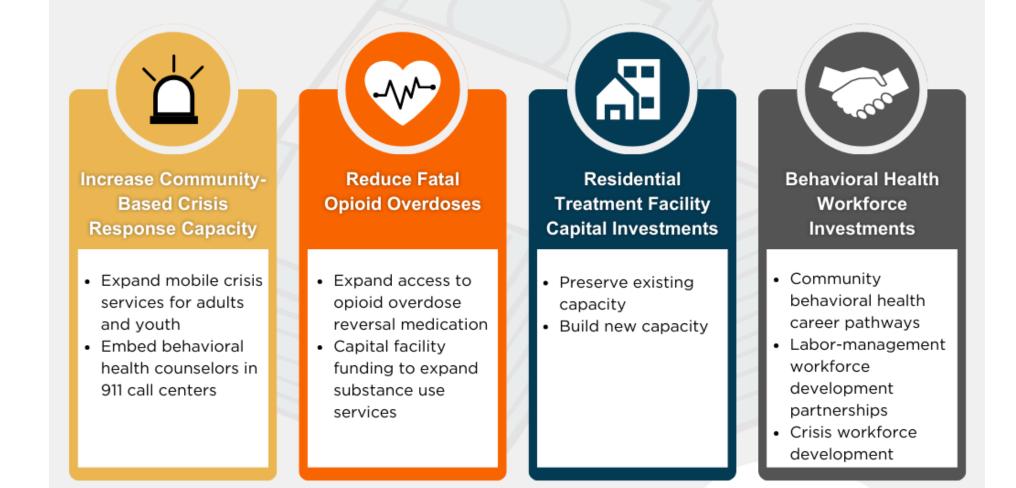
CRISIS CARE CENTERS <



May 17, 2024



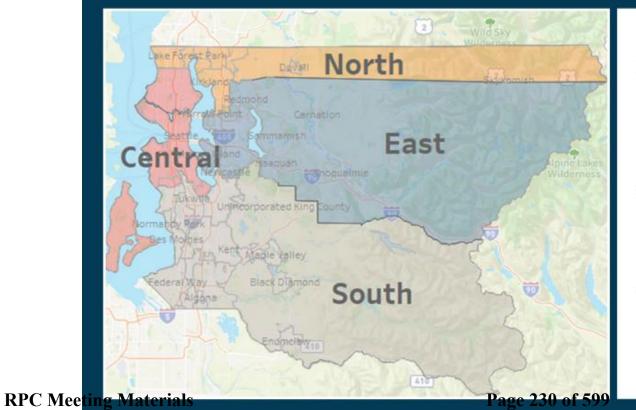
CRISIS CARE CENTERS LEVY **Early Investments Starting in 2024**





Crisis Response Zones

Crisis response zones are defined in the CCC levy ballot measure ordinance.



- Crisis Response Zones promote access and geographic distribution of Crisis Care Centers.
- Crisis Response Zones do not restrict who can access Crisis Care Centers.
- Each Crisis Response Zone will host at least one Crisis Care Center.

- Ma<mark>y 17, 2024</mark>

CRISIS CARE CENTERS Siting Process

Local jurisdictions have a central decision-making role at multiple points in process.

Providers and local King County will procure CCC Operators

and local jurisdictions form partnerships King County will prefer proposals that can demonstrate local jurisdiction support Local Jurisdiction Zoning and Permitting State Facility and/or Operator Licensing King County and state monitor contracts and services



CRISIS CARE CENTERS Site Requirements



Sufficient Size

Sites must have sufficient space to deliver services and should be able to accommodate a facility with ~30,000 to 50,000 sq ft.



Meaningful Transportation Access Crisis care center sites must be accessible to transportation.

03 Accessibility Crisis care co accessible fo

Crisis care center sites and buildings must be accessible for people with disabilities and comply with the Americans with Disabilities Act.

Zoning

Crisis care center operators must adhere to the relevant zoning and permitting laws and regulations of the jurisdiction within which a crisis care center facility is sited.

Licensure Feasibility

Crisis care center operators must propose sites that can satisfy state licensure requirements.



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CRISIS CARE CENTERS Capital Facility Public Interest Requirements



50 Year Minimum Use

Crisis care center capital facilities must remain dedicated to providing crisis care center services for a minimum of 50 years.

Operator Cap

A single operator may operate a maximum of three crisis care center facilities funded by CCC Levy proceeds.

Leased Facility Restrictions

If a crisis care center operates in a leased facility, the operator must pursue ownership of the leased facility when possible.

Environmental Sustainability Standards

Crisis care center facilities should align with environmental sustainability standards for building design and operations.

Equity Impact

Crisis care centers should promote behavioral health equity.

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Behavioral Health Workforce Investments



Strengthen Overall Behavioral Health Workforce

- Training and recruiting
- Tuition and professional fees reimbursement
- Promote the wellbeing of workers
- Increase workforce representativeness.



Ensure Worker Voice in Career Advancement

Expand access to behavioral health apprenticeship programs
 Expand labor management partnership training



Build a Crisis Workforce

- Recruit and retain crisis care center workers
- Specialty crisis care training



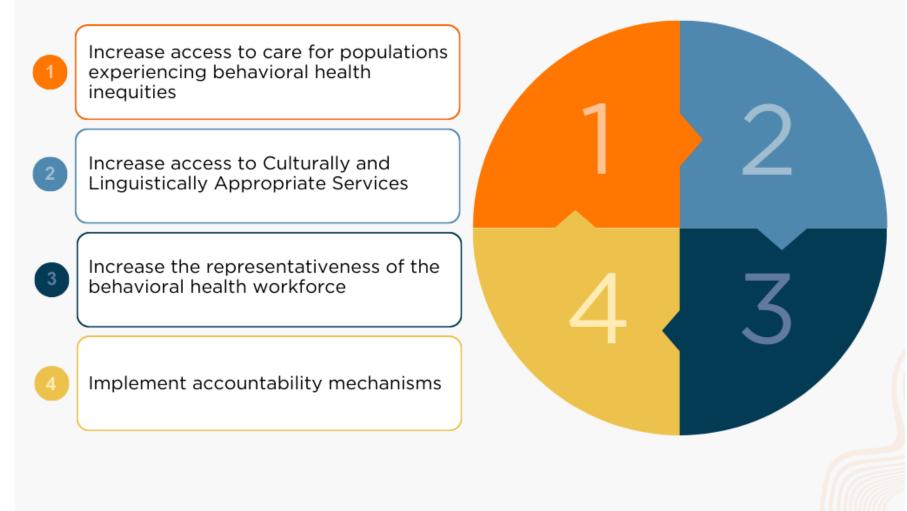
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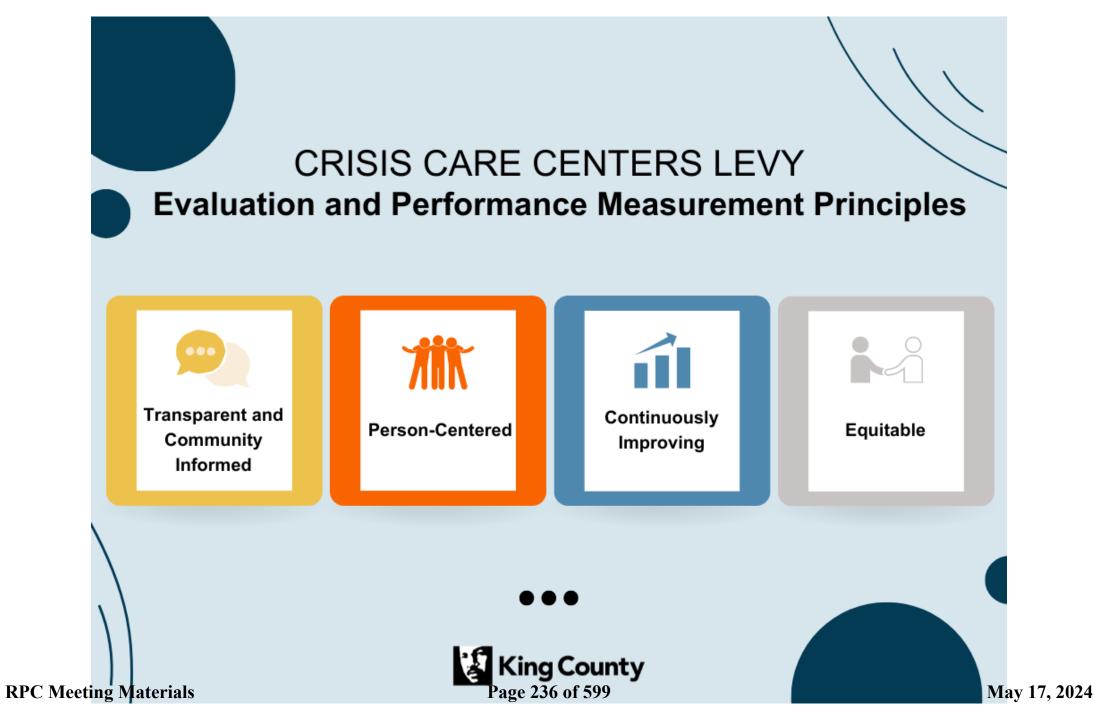


CRISIS CARE CENTERS LEVY

"There is no quality without equity, and there is no equity without quality"



Page 235 of 599 Dzau, V.J., Mate, K., O'Kange, M. (2022). Equity and quality improving health care delivery requires both. JAMA, Volume 327, Number 6.



Questions?

Constituent Resources

VISIT THE <u>CCC INITIATIVE</u> <u>WEBSITE</u> FOR UPDATES	SIGN-UP FOR THE <u>CCC</u> INITIATIVE LISTSERV	SEND QUESTIONS TO CCCLEVY@KINGCOUNTY.GOV	REGISTER FOR THE FEBRUARY UPDATE

Behavioral Health Crisis Resources

King County Resources

24-Hour Regional Crisis Line: 866-427-4747

Provides immediate help to individuals, families, and friends of people in emotional crisis. This crisis line can help you determine if you or your loved one needs professional consultation or connection to mental health or substance use services like mobile crisis or a next-day appointment.

King County BHRD Client Services: 800-790-8049 For people interested in mental health services.

SUD Residential Phone Line: 855-682-0781

For information about King County substance use residential services, Monday-Friday 9am-5pm.

King County 211

For the most comprehensive information on health and human services resources in King County.

Washington State Resources

WA Recovery Help Line: 866-789-1511

A 24/7 anonymous and confidential help line that provides crisis intervention and referral services for Washington State residents. *Who answers:* Professionally trained volunteers and staff

WA Warm Line: 877-500-WARM (9276)

Confidential peer support help line for people living with emotional and mental health challenges. *Who answers:* Specially-trained volunteers who have lived experie representation of the second sec

988 National Suicide & Crisis Lifeline

Provides free and confidential emotional support to people in suicidal crisis or emotional distress 24 hours a day, 7 days a week

Call/Text	9-8-8
Chat	988lifeline.org
Veterans Crisis Line	9-8-8 then press 1
Spanish Lifeline	9-8-8 then press 2
Spanish text/chat	Text "AYUDA" to 988
Native and Strong Lifeline	9-8-8 then press 4
American Sign Language	TTY or dial 711, then 988

Youth & LGBTQ+ Resources

Teen Link: 866-833-6546

Confidential and anonymous help line for teens in Washington state. *Who answers:* Trained teen volunteers

Trevor Project: 866-488-7386

24/7 free, confidential and anonymous national help line for LGBTQ+ young people. *Who answers:* Trained counselors

TRANS Lifeline: 877-565-8860

24/7 hotline run by trans people, for trans people to connect people to community support and resources needed to the support and resource

RPC February 14, 2024 Questions

1. WHAT IS THE EXPECTED IMPACT OF THE MOBILE CRISIS INVESTMENT PROPOSED IN THE IMPLEMENTATION PLAN?

The proposed implementation plan includes investments to expand adult and youth mobile crisis service capacity across all of King County. This proposed investment will create additional community-based crisis response capacity starting in 2024 before crisis care centers are operational. After crisis care centers open, mobile crisis services will continue to have a critical role responding to crises in the community, resolving crises in the field when possible, and helping people access crisis care centers when they need facility-based specialized behavioral health crisis care. The proposed plan funds:

- **10** new adult mobile crisis teams, creating approximately **34** new mobile crisis positions with contracted community providers. This would bring King County's adult mobile crisis capacity to a total of 27 teams staggered throughout the day and night in 8-hour shifts to expand 24/7 adult mobile crisis access across King County.
- **2 new youth mobile crisis teams, creating approximately 20 new mobile crisis positions** with a contracted community provider. This would bring King County's youth mobile crisis capacity to a total of 5 teams staggered throughout the day and night in 12-hour shifts to expand 24/7 youth mobile crisis access across King County.

The proposed mobile crisis investments are anticipated to have the following impact:

- Expand mobile crisis response eligibility to include all adults and youth in King County, regardless of their insurance coverage. Because of state funding limitations, people who are not enrolled in Medicaid are currently prioritized for mobile crisis services. People who are enrolled in Medicaid behavioral health services receive a crisis response, when needed, from their behavioral health provider during regular business hours and are connected to after-hour teams during the evening and on weekends. The proposed CCC levy investment would complement state mobile crisis funds and would expand mobile crisis service capacity so that all people in King County have equal access to mobile crisis services when they need help.
- Create capacity for adult mobile crisis teams to follow-up with a person after a crisis. Providing crisis follow-up to support connections to ongoing care is a mobile crisis response best practice promoted by the federal Substance Abuse and Mental Health Service Administration's <u>National Guidelines for Behavioral Health Crisis Care</u>. DCHS expects that with CCC levy funding, adult mobile crisis teams will be able to provide at least one follow up connection after a person experiences a crisis. This expanded capacity will add an additional layer of support, which may help reduce future crises.
- Create capacity for new youth mobile crisis teams to work with a youth and family for up to 8 weeks post crisis to support connections to follow-up services. Existing youth crisis teams provide this level of follow-up services. CCC levy funding would create capacity for new youth mobile crisis teams to also provide this level of follow-up care.

Expanded mobile crisis capacity will serve all regions of King County:

- DCHS will provide for timely adult mobile crisis coverage in all regions of King County through its upcoming adult mobile crisis procurement process. DCHS will contract with mobile crisis providers that can respond to an emergent crisis in less than 2 hours and an urgent crisis in less than 24 hours anywhere in King County. The specific locations of where mobile crisis teams are stationed will be determined by contracted providers to meet DCHS' geographic coverage and response time contract requirements. To expedite adult mobile crisis service capacity expansion, DCHS plans to open this procurement in spring 2024 and intends to include both state and CCC levy funds in the RFP. No CCC levy funds will be awarded until after King County Council adoption of the CCC levy implementation plan and relevant budget appropriations.
- DCHS will provide for timely youth mobile crisis coverage in all regions of King County through expanding its youth mobile crisis response contract with the YMCA. DCHS will continue to require timely youth mobile crisis response across all of King County (responses within 2 hours for emergent crises and within 24 hours for urgent crises). The YMCA will determine where to station its mobile crisis teams to meet DCHS' geographic coverage and response time contract requirements. DCHS plans to expand the YMCA's contract to increase youth mobile crisis service capacity after King County Council adoption of the CCC levy implementation plan and relevant budget appropriations.

2. How will crisis care center intersect with Seattle Fire Department's Health One and Health 99 <u>PROGRAMS?</u>

The Seattle Fire Department's (SFD) <u>Health One program</u> is a mobile integrated health response unit that connects people to appropriate medical care, mental health care, shelter, and social services. SFD's <u>Health 99 program</u> is a new pilot program that dispatches units to provide outreach services to people who have survived an overdose.

Currently, outreach programs like SFD's Health One and Health 99 programs have limited options for where they can take people who have an urgent mental health and/or substance use service need. There is no walk-in behavioral health urgent care clinic or behavioral health 23-hour observation unit that can accept first responder referrals anywhere in King County. First responders' options for where they can take people are often limited to jail and emergency rooms, which are typically not appropriate settings for people to receive urgent behavioral healthcare. DESC's Crisis Solutions Center, located in Seattle, can accept voluntary first responder referrals, but it only has 46 beds to serve all of King County. Crisis care centers will fill this gap in the County's continuum of crisis care centers will accept first responder drop-offs, including drop-offs from SFD's One Health and Health 99 programs.

DCHS consulted with SFD during the implementation planning process to hear feedback on how crisis care centers can complement SFD's services. After Council adopts the proposed implementation plan, then DCHS will begin the next implementation phase. An important implementation activity will be engaging first responders across King County, including SFD, to develop protocols for first responder drop-offs at crisis care centers so that responders are able to easily access centers and help people experiencing crises receive the care that they need. DCHS plans to continue to engage and coordinate with first responders throughout the levy period. While DCHS and crisis care centers will collaborate with SFD's Health One and Health 99 programs, the proposed implementation plan does not provide funding to SFD or any other city-level program.

The proposed investments are prioritized and scaled to achieve the voter approved CCC levy ballot measure ordinance's paramount and supporting purposes.

- 3. WHAT IS THE SCOPE OF SUBSTANCE USE DISORDER SERVICES THAT WILL BE AVAILABLE AT CRISIS CARE CENTERS?
 - a. What type of substance use conditions will crisis care centers be able to support?

Crisis care centers will utilize a no wrong door approach and be required to serve people who use substances. No one will be denied care at a crisis care center because they have a substance use and/or co-occurring mental health and substance use need. DCHS anticipates that people who use opioids, stimulants (including methamphetamine), alcohol, and other substances will frequently present to crisis care centers based on substance use trends in King County, <u>particularly</u> related to the opioid crisis. DCHS will expect crisis care centers to accept all types of substance use presentations for at least initial assessment and triage.

b. What type of substance use services will be provided at the different components of crisis care centers?

Crisis care centers will admit people seeking care with any substance use service need and address their immediate crisis needs. If appropriate, the centers could refer people to substance use disorder (SUD) inpatient treatment, which has a much shorter duration than residential substance use treatment, or other community-based SUD services such as outpatient care or medication for opioid use disorders (MOUD) when needed. Crisis care centers will be staffed by behavioral health clinicians and medical providers who can initiate treatments for substance use disorders, along with peer specialists and substance use disorder professionals who are trained to engage and support people living with substance use conditions.

- i. 24/7 Behavioral Health Urgent Care Clinic: Crisis care center urgent care clinics will be access and referral points for both routine and urgent substance use services. These clinics will be low barrier settings where people can walk in without an appointment, 24/7 to receive substance use services regardless of their health insurance status. Clinicians will be able to provide substance use assessments and help people connect with the appropriate next level of care. Depending on a person's needs, examples of connections to appropriate care may include:
 - Initiation and continuation of Medication for Opioid Use Disorder (MOUD) and long-acting injectable medications that are highly effective treatments to prevent opioid overdose deaths;
 - 2. Connecting a person to ongoing outpatient substance use treatment services;
 - 3. Initiating withdrawal management services at a crisis care center;
 - 4. Referring someone to a residential substance use treatment program; and,
 - 5. Referring someone to inpatient-level substance use care.
- ii. 23-Hour Crisis Observation Unit: This unit will be able to accept people with acute behavioral healthcare needs, including substance use service needs, who self-present through urgent care or are being dropped off by first responders. Observation units will be able to provide comprehensive emergency-level psychiatric services, including substance use services such as treating withdrawal symptoms, starting MOUD and other medications for substance use disorders, and providing counseling. Clinicians will assess, stabilize, and triage people to the

next level of care, which could include ongoing outpatient substance use services, continued services at a crisis care center such as withdrawal management services, or referral and transportation to residential substance use treatment services or inpatient substance use services.

- iii. 14-Day Crisis Stabilization Unit: The crisis stabilization unit will be able to provide withdrawal management services, MOUD services, substance use assessment and counseling, and aftercare planning, including connecting people to the appropriate next level of care, which could include ongoing outpatient substance use services, residential substance use treatment services, and other health and social services.
- iv. Post-Crisis Follow-Up Program: The post-crisis follow-up program will support people after they leave a crisis care center and will connect them to communitybased substance use services. Post-crisis follow-up substance use services may include care coordination, peer engagement, brief clinical interventions, and will promote access to culturally and linguistically appropriate services (CLAS) by contracting directly with behavioral health providers with expertise in providing CLAS services.
- c. Will crisis care centers offer contingency management services for people living with stimulant use disorder?

DCHS does not anticipate crisis care centers will initiate contingency management treatment because this is a long-term service provided in outpatient behavioral health clinic settings. However, crisis care centers will be low barrier, 24/7, walk-in access and referral points for substance use services across the continuum of behavioral healthcare. DCHS will expect crisis care centers and post-crisis follow-up program providers to connect people to outpatient contingency management treatment services, when clinically appropriate.

d. Why is the Crisis Stabilization Unit limited to a 14-day stay?

The Crisis Stabilization Unit (CSU) within a crisis care center is limited to a 14-day stay because of Medicaid rules. The Washington State Health Care Authority's Medicaid <u>Service</u> <u>Encounter Reporting Instructions</u> define CSU services as "short term (less than 14 days per episode)." In addition to Medicaid rules, the voter approved CCC levy ballot measure ordinance defines a crisis care center CSU as a setting that "provides short-term, onsite behavioral health treatment for up to fourteen days or a similar short-term behavioral health treatment facility and service."

e. What will happen if people need more than 14-days of substance use treatment?

If people need more than 14 days of treatment, then DCHS will expect crisis care centers to refer people to other parts of the behavioral health treatment continuum. Depending on the person's needs, this could include ongoing outpatient substance use services, residential substance use treatment services, or inpatient substance use treatment services.

f. How will crisis care centers help people access substance use outpatient, inpatient, or residential treatment services?

The crisis care center staffing model includes staff such as peer specialists who can work with a person receiving services and their care team to help them connect to the next

appropriate level of care. This could include services like aftercare planning, care coordination, referrals, care navigation support, transportation assistance, telehealth services, and post-crisis follow-up crisis services, including outreach services to help the person transition to and connect to services.

g. What other substance use investments are proposed in the implementation plan?

The proposed plan includes early investments starting in 2024 to urgently expand access to crisis services given the current mental health and overdose crises. This includes resources to expand access to substance use services while crisis care centers are being developed. Proposed substance use service investments include capital funding to support one or more behavioral health facilities that can create faster in-person access to substance use services, more referral pathways to treatment, expanded mobile outreach teams, and funding to expand access to naloxone, a life-saving opioid overdose reversal medication (see *Sec. V.D. Strategy 4: Early Crisis Response Investments* starting on pg. 98). In addition to these early investments, King County is taking action to prevent overdoses, save lives, and clear paths to recovery for all. Learn more about the County's five priorities for action to prevent overdoses in 2024 at this link.

RPC March 13, 2024 Questions

1. WHAT IS THE UNIVERSE OF NEED THAT THIS CCCL IP SEEKS TO SERVE? HOW MANY PEOPLE SUFFERING V. HOW MANY PEOPLE WILL WE SERVE AND WHAT IS THE GAP? (CM ZAHILAY)

Please see below for a summary of the behavioral health needs in King County that the CCC levy implementation plan seeks to address across the levy's paramount and supporting purposes.

Paramount Purpose: Create and Operate Five Crisis Care Centers

The CCC levy will create a network of five crisis care centers that do not currently exist in King County. DCHS anticipates between 10,000 to 14,000 visits per crisis care center annually. Together, once all are online, the centers could see more than 50,000 visits per year, including people who use the center's services more than once. Crisis care centers, along with investments to expand mobile crisis services, will increase the capacity of less-restrictive, more supportive, trauma-informed, and evidence-based behavioral health crisis services in King County. These investments will provide for walk-in and immediate care before a crisis gets worse and potentially requires a more restrictive response. Below are additional figures that illustrate need in King County:

• For a county of 2.3 million people, DCHS estimates that 63,000 crisis episodes requiring an in-person response may occur in a given year. DCHS is tracking a portion of crisis interventions occurring in King County, but there is likely a significant lack of access to essential community care and services that is not captured in the data available.¹

• Additional data from 2022 shows that the King County behavioral health crisis system served 122,569 people (see March 2024 data brief), 96,993 crisis calls were made in King County, and 25,576 crisis service interactions were made. These interactions range from designated crisis responder (DCR) investigations to psychiatric hospitalizations and mobile crisis encounters.

Together this data shows us that the average 50,000 visits per year is within range to significantly address the needs of a county this size. The increased investments in workforce, mobile crisis teams, and additional behavioral health facilities across the continuum will advance our efforts to respond to the growing need and make services available before a person reaches a crisis.

Supporting Purpose 1: Restore, Expand, and Sustain Residential Treatment Capacity

The proposed implementation plan includes funding to build back King County's lost residential treatment capacity. As of October 2023, King County had a total of 240 mental health residential treatment beds for the entire county, a decrease of 115 beds from the capacity of 355 beds in 2018. The reduction of residential treatment facilities, as the total King County population continues to grow, increases residential treatment wait times. For example, King County residents who needed residential treatment services in February 2024 had to wait an average of 20 days before they were admitted to a residential treatment facility. This is a decrease from the 44 day average wait time in 2022 and a result of process and capacity improvements implemented between DCHS and residential treatment providers. The CCC levy ballot measure ordinance and proposed implementation plan would invest capital funding to sustain the County's supply of residential treatment at least at the 2018 level while continuing to monitor the wait times to understand what specific populations need increased access.

Supporting Purpose 2: Strengthen the Community Behavioral Health Workforce

The proposed implementation plan includes funding to strengthen King County's overall behavioral health workforce, increase the representativeness of workers, create career advancement opportunities that center worker's voices, and build a crisis workforce. An October 2023 survey of community behavioral health agencies contracted with the DCHS found there are approximately 600 staff vacancies across the agencies that responded to the survey. This represents a 16 percent total vacancy rate at King County community behavioral health agencies, and there is still a need to hire more behavioral health workers to support the growing behavioral health care needs in the community, including a projected 600+ workers needed to staff future crisis care centers (including psychiatric providers, nurses, mental health clinicians, peer specialists, and behavioral health technicians). It takes people to care for people, and the workforce investments proposed in the implementation plan are needed more than ever to support a skilled workforce that is representative of people receiving care.

2. WHAT IS OUR GUARANTEE/SAFEGUARD THAT AN OPERATOR'S "NO WRONG DOOR" IS TRULY EFFECTIVE? (CM PERRY)

DCHS will implement legal requirements for crisis care center operators to use a "no wrong door" approach through contract requirements and funding supports:

Legal Requirements:

• **CCC Levy Ballot Measure Ordinance 19572:** Ordinance 19572 defines a crisis care center (CCC) in Section 1.A. The definition states that a CCC "shall endeavor to accept at least for initial screening and triage any person who seeks behavioral health crisis care." This language establishes a "no wrong door" requirement. It's important to note that crisis care centers are not intended to replace emergency departments to treat medical emergencies, like heart attacks. DCHS will develop protocols in partnership with emergency medical services and other key system partners and subject matter experts to ensure that first responders take people to the medically appropriate healthcare setting. DCHS will also work with crisis care center operators to develop medical screening protocols so that people who self-present to crisis care centers and are assessed to be medically unstable can be safely referred and/or transported to an appropriate setting.

• **Proposed CCC Levy Implementation Plan:** The proposed plan defines the crisis care center clinical model in Figure 21 on page 62 to include the following requirement: "No wrong door" access for all behavioral health needs; all welcome regardless of insurance or ability to pay; meets medically stability criteria." The proposed plan further states on page 63 that "crisis care centers will follow the "no wrong door" approach, meaning individuals will be able to receive at least an initial screening and triage for all clinical needs. Examples of "no wrong door" may include an individual facing their first crisis episode, someone without regular access to behavioral health care, or an established client seeking services outside their outpatient clinic's standard hours. Services will be available regardless of ability to pay and without an appointment."

Procurement and Contracting Terms:

Ordinance 19572 and the final implementation plan adopted by King County Council will create the legal and policy framework that will guide future crisis care center operator procurement requirements and contract terms. The "no wrong door" requirement will be embedded in and enforced by DCHS through future procurements and contracts with crisis care center operators.

• In applying to be a crisis care center operator, applicants will be required to explain their approach to providing services. Applicants who cannot demonstrate how they will comply with crisis care center legal requirements, including the "no wrong door" approach, will not be awarded funding.

• Contracts will include language requiring operators to comply with the crisis care center legal requirements, including the "no wrong door" approach. If a contractor is not in compliance with a contract requirement, then DCHS would provide technical assistance to assist providers in meeting the contract requirement. If the contractor remains out of compliance, DCHS could withhold payment or terminate the contract, including transferring the crisis care center property to a different operator.

• To receive payment, DCHS contracts will also require crisis care center operators to report on performance measures that specify the triage rates and reasons for referral out of a crisis care center (e.g., not meeting criteria for medical stability or other county-approved factors).

In addition to these contractual requirements, the proposed implementation plan includes the following service and operating investments intended to promote a "no wrong door" approach:

• **Technical Assistance and Capacity Building:** The proposed plan would fund technical assistance and capacity building to support crisis care center operators in delivering high quality clinical services and inclusive care. These investments may be used to support operators in implementing a "no wrong door" approach. See *Crisis Care Center Operator Regulatory and Clinical Quality Activities* starting on page 103 for more information.

• **Continuous Quality Improvement:** The proposed implementation plan establishes DCHS as the "accountable entity" to provide oversight of crisis care center operators. This oversight role will include contract monitoring, contract enforcement, and leading continuous quality improvement and quality assurance activities. Through this role, DCHS will support and monitor crisis care center operators in meeting their contract requirements, including implementing a "no wrong door" approach.

• **Clinical Model:** The crisis care centers' clinical model described in the proposed implementation plan supports a "no wrong door" approach (see *Crisis Care Clinical Model* starting on page 60). This is because crisis care centers will offer multiple levels of care for people in need of mental health and/or substance use services across their clinical components (24/7 urgent care, 23-hour observation unit, 14-day stabilization unit, and post-crisis follow-up program). The availability of multiple levels of care will allow crisis care centers to provide high-quality care to people experiencing a range of behavioral health symptoms, from a routine health need to a psychiatric emergency.

• **Reducing Cost Barriers:** The proposed implementation plan invests CCC levy funding to pay for crisis care center services for people who are uninsured, regardless of immigration or citizenship status. This promotes a "no wrong door" approach by ensuring the cost of care or lack of insurance is not a barrier to accessing crisis care when a person needs it.

• **Low-Barrier and Inclusive Operating Model:** The proposed implementation plan includes operating investments and standards that will promote a "no wrong door" approach by lowering barriers for people to access care. This includes funding 24/7 operations, allowing for walk-in appointments, requiring crisis care centers to be accessible and have meaningful transportation access, requiring and supporting crisis care center operators to provide culturally and linguistically appropriate services, and providing transportation assistance for people who receive services at crisis care centers.

3. What does the relationship with law enforcement look like with CCCs? (CM Perry)

DCHS will develop specific drop-off protocols required by crisis care center operators and will develop these in close coordination with first responders, including law enforcement officers, leading up to the opening of crisis care centers and after centers open. It is important to note that the DESC Crisis Solutions Center, the only 46-bed crisis center in King County accepts referrals from first responders across the county, including law enforcement and medics. The same will be true for the future crisis care centers.

The proposed implementation plan's *Access to Crisis Care Centers* section on page 63 describes how law enforcement officers will be able to drop people off:

"Crisis care centers will also receive drop-offs by first responders, which include, but are not limited to, mobile crisis teams, co-responder teams, emergency medical services, and law enforcement. First responder drop-offs will be made directly into the 23-hour observation unit through a dedicated first responder entrance. These drop-offs are expected be completed in an efficient manner so that first responders can return to their duties as quickly as possible."

DCHS anticipates that the 23-hour observation units of the adult-focused crisis care centers will be licensed as crisis relief center facilities by the Washington State Department of Health (DOH). Per RCW 71.24.916 Section (2)(a), in order to attain and maintain licensure, crisis relief centers must "offer walk-in options and drop-off options for first responders and persons referred through the 988 system, without a requirement for medical clearance for these individuals. The facility must be structured to have the capacity to accept admissions 90 percent of the time when the facility is not at its full capacity, **and to have a no-refusal policy for law enforcement**, with instances of declined admission and the reasons for the declines tracked and made available to the department." Penalties for non-compliance with DOH licensing requirements could include facility closure, loss of license, and withholding of funds.

4. WHEN SOMEONE IS RELEASED WHERE ARE THEY RELEASED TO? (MAYOR BACKUS)

After receiving services at a crisis care center, people will either be connected to outpatient care and additional supports or transferred to another level of care, like a behavioral health inpatient

facility or residential treatment facility. DCHS is investing in care coordination in four ways, which are summarized below.

Care Coordination Staff

The proposed implementation plan's *Strategy 1: Create and Operate Five Crisis Care Centers* includes funding for crisis care center operators to hire staff to support aftercare planning, care transition planning, and care coordination for people who are receiving care at a crisis care center (see *Crisis Care Center Operational Activities* starting on page 67). Care coordination staff will work with a person to identify a safe place for them to go after they leave a crisis care center and help coordinate care with appropriate behavioral health, medical, and social services to support the person after they discharge from a crisis care center.

Transportation Assistance

The proposed implementation plan includes funding for transportation assistance for people who receive care at a crisis care center (see *Crisis Care Center Operational Activities* starting on page 67). These resources may be used to help support people transferring from a crisis care center to another type of behavioral health facility, like an inpatient or residential treatment facility. They may also be used to help a person access a safe place to go after receiving care at a crisis care center. This could include transportation assistance to return home, to stay with a friend or family member, or to access a respite or shelter resource.

Post-Crisis Follow-Up Program

The proposed implementation plan includes funding for a post-crisis follow-up program to support people after they leave a crisis care center (see *Post-Crisis Stabilization Activities* starting on page 69). Post-crisis follow-up programs will be staffed with clinicians and peer specialists who can engage people served at crisis care centers before and after they depart a crisis care center and link them to community-based services and supports. Teams will provide outreach specially tailored for people experiencing homelessness. The proposed plan authorizes expenditures for limited housing stability resources necessary to support post-crisis stabilization. The CCC levy will also fund behavioral health agencies that demonstrate significant experience in providing culturally and linguistically appropriate services to provide post-crisis follow-up services for populations experiencing behavioral health inequities.

Care Coordination Technology

The proposed implementation plan includes funding for crisis care center operators to invest in their health information technology, which will help operators implement tools that allow different healthcare organizations to coordinate care for the same person (see *Crisis Care Center Operational Activities* starting on page 67). The proposed plan also includes funding for DCHS to enhance its behavioral health data systems to better support system-level care coordination activities (see *Develop Data Systems Infrastructure and Technology* starting on page 108). These proposed investments in care coordination technology are necessary to help crisis care center operators coordinate care with external behavioral health and medical providers to support aftercare planning and care transitions so that a person can continue to receive care that supports their recovery and wellbeing after they leave a crisis care center.

5. <u>WHAT ARE THE CRITICAL PATHWAYS (PROCESS AND CRITERIA CLARITY) BETWEEN NOW AND DEC 2026 WHEN THE</u> <u>ALTERNATIVE SITING PROCESS IS USED? WHAT IS THE TIMELINE? (MAYOR BAKUS)</u>

The Executive will take several steps to promote a successful procurement process in 2024-2026 and avoid the alternative siting process. Prior to commencing the alternative siting process, King County will do the following:

- 1. DCHS will hold multiple rounds of competitive procurements for crisis care center operators in 2024, 2025, and 2026 (if needed) to provide multiple opportunities to receive successful applications. This timeline is structured to provide local jurisdictions and operators multiple opportunities to develop partnerships.
- 2. DCHS will structure the procurements to lower barriers to applying to increase the likelihood of identifying a successful operator proposal with local jurisdiction support. For example, an address for a site is not required for an application to be viable. Please refer to the question 1 response submitted to King County Council staff on March 7, 2024, for details about how DCHS defines a viable proposal with host jurisdictional support.
- 3. DCHS will require procurement applicants to engage local jurisdictions and seek their support before submitting a procurement proposal. This includes preferring procurement proposals that can demonstrate local jurisdiction support, especially from the host jurisdiction, as defined on page 83 of the proposed implementation plan.
- 4. DCHS will proactively collaborate with local jurisdictions during 2024, 2025, and 2026 to promote local jurisdiction supported partnerships with potential crisis care center operators, including offering siting support and connecting jurisdictions with providers who may be considering operating a CCC levy-funded facility or convening multiple cities to coordinate locating a crisis care center within a crisis response zone.
 - a. DCHS may do this at the request of jurisdictions as part of the 2024 procurement.
 - b. After the initial 2024 procurement, DCHS will proactively engage with jurisdictions in crisis response zones where there is no viable proposal in this initial procurement round, to encourage development of a viable, city-supported proposal in 2025 or 2026.
- 5. DCHS will support local jurisdictions through technical assistance, and funding for jurisdictions to deploy, to support their siting efforts in 2024, 2025, and 2026.
- 6. If, after these activities and no sooner than January 1, 2027, the County has not identified an operator and site with jurisdiction support, the Executive must transmit a notification letter to the King County Council describing the decision prior to initiating an alternative siting process.
- 7. If an alternative siting process is needed, DCHS will still work to proactively engage and collaborate with the host jurisdiction, including but not limited to working directly with the future operator to seek permitting and licensure of a site. DCHS would work to engage and collaborate with a potential host jurisdiction.

Please refer to the response to question 1 submitted to King County Council staff on March 22, 2024, for additional information about the alternative siting process.

6. <u>HAS THE RACIAL EQUITY TOOLKIT LENS BEEN USED TO DEVELOP THE PLAN? WILL/HAS THE RACIAL EQUITY TOOLKIT</u> <u>HAS BEEN DONE WITH COMMUNITY ENGAGEMENT? (CM WOO)</u>

DCHS Implementation Planning Community Engagement and Use of an Equity Lens

DCHS did not follow a specific toolkit developing the proposed implementation planning process. However, DCHS crafted the implementation plan with an equity lens and framework, collecting and incorporating community feedback in the following ways:

- **Community Engagement:** DCHS worked to engage community partners representing populations experiencing behavioral health inequities, including inequities related to race and ethnicity, to elicit feedback during the implementation planning process. The engagement process included 11 interviews with providers who provide culturally and linguistically appropriate services, a focus group with community-based and human service organizations that support the behavioral health needs of BIPOC and other diverse and rural communities in King County, and several focus groups with people with lived experiences of behavioral health conditions. The community engagement that informed the development of the implementation is summarized in the proposed plan's section titled *Community Engagement Summary* starting on page 38 and all community engagement activities are listed in *Appendix F: Community Engagement Activities* starting on page 155.
- **Research and Data Analysis**: DCHS staff reviewed research and data related to behavioral health inequities, including inequities related to race and ethnicity, to help inform strategies aimed to promote inclusive and equitable care. This analysis is summarized in the plan under the *Key Historical and Current Conditions* section starting on page 23 and the *Who Experiences Behavioral Health Inequities* section starting on page 27.
- **Behavioral Health Equity Framework:** The proposed implementation plan includes a section titled *Behavioral Health Equity Framework* starting on page 47 that synthesizes findings from research and community engagement into a behavioral health equity framework that guided the development of the plan's strategies. This framework aligns closely with King County's 2016 Equity and Social Justice Strategic Plan and historic investments in addressing inequities. Figure 13 on page 49 summarizes the framework and is pasted below:

CCC Lev	vy Implementation Plan Behavioral Health	n Equity Framework Summary
Behavioral Health Equity Focus	Background and Community Engagement	CCC Levy Strategies and Activities
Increase equitable access to behavioral health crisis care Expand availability of culturally and linguistically appropriate behavioral health services	 Significant unmet behavioral health service needs in sociodemographic groups Need to reach out to underserved communities Clinical best practice to offer culturally and linguistically appropriate services (CLAS)¹ Community demand for increased access to CLAS 	 Reduce cost/insurance barriers Increase geographic access 24/7 Promote awareness and outreach to populations that disproportionately face barriers to access Require and support crisis care center operators to offer CLAS Invest in providers with expertise in CLAS to expand services
Increase representativeness of the behavioral health workforce	 Culturally concordant care improves outcomes Community feedback advocating for increased diversity in behavioral health workforce 	 Train, recruit and retain a more representative behavioral health workforce
Promote accountability to health equity	 Need to put accountability mechanisms in place Ongoing community engagement is needed 	 Support community engagement throughout the CCC Levy period Track outcomes within and between demographic subpopulations Train providers on best practices for gathering demographic information needed to inform equity analyses

Figure 13. CCC Levy Implementation Plan Behavioral Health Equity Framework Summary
CCC Levy Implementation Plan Behavioral Health Equity Framework Summary

Future Crisis Care Center Operator Community Engagement

The proposed implementation plan includes an equity impact public interest requirement (see Figure 27 on page 80) that requires crisis care center operators to conduct community engagement to assess the equity impact of its operations. The plan does not require a racial equity toolkit be used during the crisis care center operators' community engagement process. The proposed plan states on page 80: "DCHS also intends to include within a crisis care center operator's ongoing contract a requirement to periodically offer opportunities for persons receiving care at the crisis care center and persons living or working in the immediate area near a crisis care center to provide feedback on the crisis care center facility's equity impacts, and then propose to DCHS how that feedback will influence the operator's future operations within or near the facility."

Future DCHS Community Engagement

DCHS intends to prioritize community engagement throughout the term of the CCC Levy to help inform ongoing implementation, quality improvement, evaluation and performance measurement, and accountability of the levy (see the *Community Engagement* section within Strategy 7 on page 107). The plan does not require a racial equity toolkit be used during DCHS' ongoing community engagement. The

¹ National Culturally and Linguistically Appropriate Services (CLAS) Standards. Think Cultural Health, U.S. Department of Health & Human Services [LINK]

proposed plan includes the following DCHS community engagement requirements on page 107: "DCHS will engage community partners and community members impacted by the CCC Levy, including populations experiencing behavioral health inequities....community partners also include, but are not limited to, people who have received CCC Levy funded services, community-based organizations, contracted service providers, and elected officials and policy makers. DCHS intends to conduct listening sessions at least annually to solicit community feedback about the CCC Levy implementation. DCHS also intends to engage community partners in the CCC Levy's performance measurement and evaluation activities by publicly sharing and disseminating its annual reporting, and by soliciting provider feedback on performance measurement to foster accountability and collaboration in the measurement of the CCC Levy's progress."

Expertise to Support Oversight of Behavioral Health Equity

The proposed plan includes funding for DCHS to contract with community-based organizations or behavioral health agencies with expertise in culturally and linguistically appropriate services to help DCHS better serve people experiencing behavioral health inequities. This proposed investment will help inform quality improvement priorities for crisis care center operators and post-crisis follow-up providers. See the section titled *Expertise to Support Oversight of Behavioral Health Equity* within Strategy 7 on page 107. The investments of CCC Levy funds in expert consultation will be critical to ensuring that DCHS is overseeing the proposed implementation plan's behavioral health equity framework (see page 47) using the best standards that are reflective of King County's communities and local context.

HHS April 2, 2024 Questions

1. <u>PROVIDE AN OVERVIEW OF HOW THE EARLY INVESTMENTS WERE DECIDED?</u>

Summary of response provided during HHS April 2, 2024: Executive staff based the areas for early investment on feedback from community members and partners during the engagement conducted as part of the development of the implementation plan. In response to the feedback, executive staff identified services that would be practical and feasible to stand up rapidly upon adoption of the Plan in 2024 and would be most responsive to addressing behavioral health crises while awaiting the opening of crisis care centers.

Please see the proposed implementation plan's *Theme D: Interim Solutions While Awaiting Crisis Care Centers* on page 44 for a summary of community feedback received by DCHS regarding early investments. As discussed in the proposed plan, the importance of expanding community-based response resources and the urgency of the opioid overdose crisis were two key community feedback themes. DCHS strove to be responsive to this feedback through the early investments proposed in *Strategy 4: Early Crisis Response Investments* starting on page 98. The proposed early investments address these community priorities, are feasible to implement in 2024 after final adoption of the proposed implementation plan and relevant appropriations and will add capacity to address behavioral health crises while crisis care centers are being developed.

2. IN ORDER TO REDUCE BARRIERS TO ACCESS TO CARE, HOW CAN ENSURE "WALL TIME" IS 10 MINS OR LESS FOR FIRST RESPONDERS?

Summary of response provided during HHS April 2, 2024: Executive staff have tried to strike a balance by setting expectations and commitments with the community while also recognizing that the capacity of the CCC network will vary, particularly during the periods when the Centers are beginning to open (when only one CCC is open compared to when all five are open and operating 24/7). Therefore, executive staff ask to keep that timeline flexible. The Plan creates framework for the detailed implementation to be developed in the coming years.

In addition to this summary, the proposed implementation plan addresses first responder drop-off efficiency in the following ways:

- Efficient Drop-Off Expectation: The proposed plan sets an expectation for crisis care center operators to support efficient first responder drop-offs in the *Crisis Care Centers* section on page 63: *"Crisis care centers will also receive drop-offs by first responders, which include, but are not limited to, mobile crisis teams, co-responder teams, emergency medical services, and law enforcement. First responder drop-offs will be made directly into the 23-hour observation unit through a dedicated first responder entrance. These drop-offs are expected be completed in an efficient manner so that first responders can return to their duties as quickly as possible."*
- **Dedicated First Responder Entrance:** The proposed plan specifies "a dedicated entrance for first responders for discrete and efficient drop-offs" as a crisis care center design feature on page 65.
- Workflow Development: The proposed plan describes how DCHS plans to collaborate with first responders and other partners to develop first responder drop-off workflows so that drop-offs are as efficient as possible. The proposed plan's *Coordination Between Crisis Care Centers and Crisis*

System Partners section on page 75 states: "DCHS will collaborate with first responders and other crisis system partners to develop policies and procedures for referrals from outside facilities like hospitals and emergency departments, first responder drop-offs and medical stability criteria at crisis care centers.... DCHS plans to further engage crisis care centers along with other crisis providers and first responder agencies, such as crisis call lines, mobile crisis teams, co-responder programs, emergency medical services, and law enforcement agencies, to develop protocols, workflows, clinical convenings about shared treatment plans, and other coordination activities."

ATTACHMENT 7

S1

May 14, 2024 Replaces Attachment A with version dated May 17, 2024

	Sponsor:	von Reichbauer
[S. Porter]	Proposed No.:	2024-0011.1
STRIKING AMENDMENT T	O PROPOSED (ORDINANCE 2024-0011, VERSION
<u>1</u>		
On page 1, beginning on line 9,	strike everything	through page 8, line 142, and insert:
" STATEMENT OF FA	CTS:	
1. Federal and state invo	estments in public	behavioral health systems have
been inadequate for deca	ades. As funding f	for behavioral health services
has remained inadequate	e, the needs of peo	ple in King County who are
living with mental health	n and substance us	e conditions, collectively
referred to as behavioral	health conditions	, have grown.
2. Among people enroll	ed in Medicaid in	King County in 2022, 45,000
out of 88,000, which is 5	51 percent, of adul	ts with an identified mental
health need did not recei	ve treatment, and	21,000 of 32,000, which is 66
percent, of adults with a	n identified substa	nce use need did not receive
treatment.		
3. The gap in accessing	behavioral health	services is not evenly
experienced across King	; County's populat	ion. There are significant
inequities in service acco	ess and utilization	among historically and
currently underserved co	ommunities. Blacl	x, Indigenous, and People of

19	Color populations are more frequently placed in involuntary treatment
20	while having the least access to routine behavioral health care.
21	4. The scale of suffering related to mental health conditions and substance
22	use remains persistently elevated. 1,229 people died by suicide in
23	Washington in 2021, equivalent to 15.3 out of every 100,000 people,
24	which is the 27th highest rate nationally. 292 people died by suicide in
25	King County in 2021. Suicide deaths increased nationally by 2.6 percent
26	from 2021 to 2022. Youth are especially impacted. According to the
27	2021 Healthy Youth Survey, 18.6 percent of King County's 8th graders
28	considered suicide in past year, and 8.8 percent made attempts. Among
29	Washington's 10th graders in 2021, 51.6 percent of gender-diverse youth
30	and 42.4 percent of youth identifying as LGBTQIA+ considered suicide,
31	and 22.7 percent and 17.9 percent attempted suicide, respectively.
32	5. Deaths related to drug overdose are increasing at unprecedented rates.
33	The annual number of overdose deaths in King County have nearly
34	doubled in just three years, from 508 deaths in 2020 to 1,001 in 2022, and
35	the number of fatal overdoses in 2023 has already exceeded that total.
36	There are significant disparities in overdose deaths by race and ethnicity.
37	The age-adjusted rate of fatal overdoses in King County is the highest in
38	the American Indian/Alaska Native community and is five times higher
39	than non-Hispanic White King County residents.
40	6. The Federal Substance Abuse and Mental Health Services
41	Administration ("SAMHSA") released its National Guidelines for

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42	Behavioral Health Crisis Care in 2020. Those guidelines call for the
43	creation of crisis facilities, referred to by SAMHSA as "somewhere to go"
44	for people in crisis to seek help. SAMHSA's guidelines envision crisis
45	facilities as part of a robust behavioral health crisis system that also
46	includes the 988 Suicide and Crisis Lifeline, referred to as "someone to
47	call," and mobile crisis teams, described as "someone to respond."
48	7. As of December 2023, the Crisis Solutions Center, operated by
49	Downtown Emergency Service Center and requiring mobile team, first
50	responder or hospital referral for entry, is the only voluntary behavioral
51	health crisis facility for the entirety of King County, and a walk-in urgent
52	care behavioral health facility does not exist in King County. For youth in
53	King County, there is not a crisis facility option at all.
54	8. King County's behavioral health crisis service system relies heavily on
55	phone support and outreach services, with very few options of places for
56	persons to go for immediate, life-saving care when in crisis.
57	9. A coalition of community leaders and behavioral health providers
58	issued recommendations to Seattle and King County in an October 13,
59	2021, letter that included recommendations to "expand places for people
60	in crisis to receive immediate support" and "expand crisis response and
61	post-crisis follow up services."
62	10. Multiple behavioral health system needs assessments have identified
63	the addition of crisis facilities as top priorities to improve community-
64	based crisis services in King County. Such assessments include the 2016

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65	recommendations of the Community Alternatives to Boarding Task Force
66	called for by Motion 14225, a Washington state Office of Financial
67	Management behavioral health capital funding prioritization and
68	feasibility study in 2018, and a Washington state Health Care Authority
69	crisis triage and stabilization capacity and gaps report in 2019.
70	11. King County is losing mental health residential treatment capacity that
71	is essential for persons who need more intensive supports to live safely in
72	the community due to rising operating costs and aging facilities that need
73	repair or replacement. As of October 2023, King County had a total of
74	240 mental health residential beds for the entire county, down 115 beds, or
75	nearly one third, from the capacity in 2018 of 355 beds.
76	12. As of October 2023, King County residents who need mental health
77	residential services must wait an average of 25 days before they are able to
78	be placed in a residential facility.
79	13. The 2023 King County nonprofit wage and benefits survey found that
80	employee compensation is a key factor contributing to nonprofit
81	employees leaving the sector, even though they are satisfied with their
82	jobs overall.
83	14. A 2023 King County survey of member organizations of the King
84	County Integrated Care Network found that found that there were
85	approximately 600 staff vacancies across the agencies that responded to
86	the survey, a 16-percent total vacancy rate at King County community
87	behavioral health agencies, and there is still a need to hire more behavioral

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88	health workers to support the growing behavioral health care needs in the
89	community.
90	15. In September 2022, alongside a broad coalition of elected officials,
91	behavioral health workers and providers, emergency responders, and
92	businesses, the executive announced a plan to address King County's
93	behavioral health crisis and improve the availability and sustainability of
94	behavioral health care in King County through a nine-year property tax
95	levy known as the crisis care centers levy.
96	16. On February 9, 2023, King County adopted Ordinance 19572 to
97	provide for the submission of the crisis care centers levy to the voters of
98	King County.
99	17. King County voters considered the levy as Proposition No. 1 as part
100	of the April 25, 2023, special election, and fifty-seven percent of voters
101	approved it.
102	18. The passage of Proposition No. 1 authorized the crisis care centers
103	levy that will raise proceeds from 2024 to 2032 to create a regional
104	network of five crisis care centers, restore and expand residential
105	treatment capacity, and increase the sustainability and representativeness
106	of the behavioral health workforce in King County.
107	19. Ordinance 19572, Section 7.A., requires the executive to develop and
108	transmit for council review and adoption by ordinance an implementation
109	plan for the crisis care centers levy. The implementation plan, once
110	effective, will govern the expenditure of the levy's proceeds until the crisis

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care centers levy expires in 2032. The required implementation plan isAttachment A to this ordinance.

113	20. Ordinance 19572, Section 7.C., enumerates specific requirements for
114	the implementation plan. The crisis care centers levy implementation plan
115	2024-2032, dated May 17, 2024, Attachment A to this ordinance, responds
116	to the requirements set out by Ordinance 19572, Section 7.C., by:
117	describing the purposes of the levy; describing the strategies and allowable
118	activities to achieve the levy's purposes; describing the financial plan to
119	direct the use of levy proceeds; describing how the executive will seek and
120	incorporate federal, state, philanthropic and other resources when
121	available; describing the executive's assumptions about the role of
122	Medicaid funding in the financial plan; describing the process by which
123	King County and partner cities will collaborate to support siting of new
124	capital facilities that use proceeds from the levy for such facilities'
125	construction or acquisition; describing a summary and key findings of the
126	community engagement process; describing the process to make
127	adjustments to the financial plan; describing the advisory body for the
128	levy; describing measurable results and a coordinated performance
129	monitoring and reporting framework; describing how the levy's required
130	online annual report will be provided to councilmembers, the regional
131	policy committee or its successor, and the public; and describing how
132	crisis response zones described in the levy will promote geographic
133	distribution of crisis care centers.

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134	BE IT ORDAINED BY THE COUNCIL OF KING COUNTY:
135	SECTION 1. The crisis care centers levy implementation plan 2024-2032, dated
136	May 17, 2024, Attachment A to this ordinance, is hereby adopted to govern the
137	expenditure of crisis care centers levy proceeds as authorized under Ordinance 19572."
138	
139	Strike Attachment A, Crisis Care Centers Levy Implementation Plan 2024-2032, dated
140	December 31, 2023, and insert Attachment A, Crisis Care Centers Levy Implementation
141	Plan 2024-2032, dated May 17, 2024.
142	
143	EFFECT prepared by S. Porter: Updates the date of the Attachment A in the
144	ordinance to match the new Attachment A, and replaces the transmitted
145	Attachment A with an updated version dated May 17, 2024, that does the following:
146	• Incorporates technical corrections and clarifying edits to the Plan
147	• Adds language to encourage CCC operators to become a Safe Place Site or
148	Licensed Safe Place Agency
149	• Adds language stating that individuals treated at a crisis care center shall
150	have access to post-crisis follow-up treatment planning
151	• Adds language requiring CCC's to work with community behavioral health
152	providers, mobile crisis teams, co-responder teams, emergency medical
153	services, or law enforcement to help facilitate transportation to CCC's from
154	provider locations as needed

RPC Meeting Materials

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May 17, 2024

155	•	Adds language stating that CCC's with a crisis stabilization unit, a 23-hour
156		crisis relief center, or both shall accept individuals transported by law
157		enforcement to those clinical components in accordance with state law
158	•	Adds language stating CCC's are required to ensure prompt access to
159		substance use disorder treatment on-site
160	٠	Requires that the competitive procurement process include an evaluation of
161		how operators will ensure a therapeutic milieu for individuals with different
162		needs such as age disparities, individuals with SUD needs, and people in
163		active psychosis
164	٠	Adds DCHS monitorization of CCC utilization rates, and if persistent
165		underutilization is identified at a particular center, requires that DCHS work
166		with the provider to take steps to address the needs of that Center through
167		activities such as increased outreach and use of mobile services; and adds
168		reporting on an overview of CCC facility utilization data in the annual report
169	•	Adds a proposal review panel for each competitive procurement process
170		conducted for CCC's
171	٠	Changes the operator cap language from "may operate a maximum of three"
172		CCC's to "should operate no more than three" CCC's, and revising the
173		associated footnote
174	•	Adds language to the alternative siting process that would allow Council to
175		reject the Executive's commencement of the alternative siting process by
176		motion within 30 days of the Executive's transmittal of the alternative siting
177		process notification letter

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178	• Adds jurisdictions within the crisis response zone to the list of entities CCC's
179	will work with to determine criteria and protocols to manage new admissions
180	when a center is at full capacity
181	• Adds language stating the Executive will assess the outcome of the
182	investments to Strategy 2 as described in the Financial Plan as part of the
183	annual report
184	• Adds notification of RPC of the annual report, career pathways, substantial
185	financial adjustment, and BHAB members sections
186	Adds SCA to Community Partners Consulted for evaluation priorities
187	• Adds language to have DCHS provide historical and current data in a
188	manner that can be used to analyze services and to make year-over-year
189	comparisons
190	• Add language requiring zip code activity-level data
191	• Adds increased communication to the Council, RPC, and SCA during siting
192	process
193	• Adds a list of preferential characteristics of sites with support from the host
194	jurisdiction
195	

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6	Crisis Care Centers Levy	
7	Implementation Plan 2024-2032	
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166 II. Executive Summary

- 167 The Crisis Care Centers (CCC) Levy is a once-in-a-generation opportunity to transform how people
- 168 experiencing behavioral health crises can access specialized behavioral health care. This nine-year
- 169 property tax levy will create a countywide network of five crisis care centers, restore residential
- 170 treatment capacity, and strengthen King County's community behavioral health workforce. The CCC
- 171 Levy is authorized by King County Ordinance 19572 (see <u>Appendix A and hereinafter referred to as</u>
- 172 <u>Ordinance 19572</u>).
- 173

174 Crisis Care Centers Levy Purposes

- 175 Ordinance 19572 defines the CCC Levy's Paramount Purpose and two Supporting Purposes, which are
- 176 more fully described in Figure 1.
- 177

178 Figure 1. Summary of Crisis Care Centers Levy Purposes

Summary of Crisis Care Centers Levy Purposes				
Paramount Purpose	Crisis Care Centers: Establish and operate a regional network of five crisis			
	care centers in King County, with at least one in each of the four crisis			
	response zones and one serving youth.			
Supporting Purpose 1	pporting Purpose 1 Residential Treatment: Restore the number of mental health residential			
	treatment beds to at least 355 and expand the availability and sustainability			
	of residential treatment in King County.			
Supporting Purpose 2 Community Behavioral Health Workforce: Increase the sustainabili				
	representativeness of the behavioral health workforce in King County by			
	expanding community behavioral health career pathways, sustaining and			
	expanding labor-management workforce development partnerships, and			
	supporting crisis workforce development.			

179

180 Background

181

182 Unmet Behavioral Health Needs in King County

- 183 As more developed at Section III.C. Key Historical and Current Conditions of this CCC Levy
- 184 Implementation Plan, federal and state investments in public behavioral health systems have been
- 185 inadequate for decades.¹ As funding for behavioral health services has remained inadequate, the needs
- 186 of people living with mental health and substance use conditions, generally referred to in this Plan
- 187 either singularly or collectively as behavioral health conditions, have grown. The gap between
- 188 behavioral health needs and available services is widening. Importantly, this gap is not evenly
- 189 experienced across King County's population. There are significant inequities in service access and
- 190 utilization among historically and currently underserved communities.
- 191
- 192 The scale of suffering related to behavioral health conditions, remains persistently elevated, with deaths
- by suicide are on the rise and an increasing risk to youth. Deaths related to drug overdose areincreasing at unprecedented rates.
- 195

¹ Center for American Progress, The Behavioral Health Care Affordability Problem, May 26, 2022 [LINK]

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196 Need for Crisis Care Centers

- 197 The creation of specialized crisis facilities is frequently identified as a key strategy in the crisis service
- 198 continuum.² These facilities facilitate diverting people from emergency department and carceral settings
- and serving people in higher quality specialized settings that can provide care using trauma-informed,
- 200 recovery oriented, and cultural humility best practices.³ Establishing and operating a regional network
- 201 of five crisis care centers in the County is the paramount purpose to be funded by the CCC Levy.
- 202

203 Reduction in Residential Treatment Capacity

- 204 Residential treatment is a community-based behavioral health treatment option for people who need a
- higher level of care than outpatient behavioral health services can provide.⁴ As of October 2023, King
- 206 County had a total of 240 mental health residential treatment beds for the entire county, a decrease of
- 115 beds, down nearly one third from the capacity of 355 beds in 2018.⁵ One of the supporting purposes
- to be funded by the CCC Levy is to restore the number of residential treatment beds to 355.
- 209

210 Behavioral Health Workforce Needs

- 211 The other supporting purpose to be funded by the CCC levy is to increase the number and diversity of
- 212 behavioral health workers. There is evidence that improving diversity among behavioral health workers
- to better reflect the communities they serve may help reduce behavioral health disparities.⁶
- 214 Concomitant with developing a representative workforce must be the retention of those workers.
- 215
- 216 Crisis Care Centers Levy Implementation Plan Methodology
- 217 The CCC Levy Implementation Plan (Plan) is the product of an intensive process that began in June 2023
- and concluded in December 2023. DCHS's planning activities included engaging community partners,
- solicitating of formal requests for information (RFIs), engaging with various Washington State
- 220 departments, consulting with national subject matter experts, coordinating with other County partners,
- and convening internal workgroups within DCHS.
- 222

223 Community Engagement Summary

- 224 DCHS staff engaged community partners to inform this Plan, including participation from behavioral
- health agencies, people with lived experiences of behavioral health crises, and frontline behavioral
- 226 health workers. See <u>Appendix F: Community Engagement Activities</u> for a complete list of community
- 227 engagement activities. Engagement activities are summarized in <u>Section III.E. Community Engagement</u>
- 228 <u>Summary</u>
- 229

² Continuum of care is the concept of an integrated system of care that guides and tracks patient over time through a comprehensive array of health services spanning all levels of intensity of care.

³ ME Balfour and ML Goldman, "Crisis and Emergency Services" in "Textbook of Community Psychiatry: American Association for Community Psychiatry, 2nd edition." Wesley E. Sowers (Editor), Hunter L. McQuistion (Editor), Jules M. Ranz (Editor). Springer 2022, pp. 369-384.

⁴ King County Ordinance 19572 defines residential treatment as "a licensed, community-based facility that provides twenty-four-hour on-site care for persons with mental health conditions, substance use disorders, or both, in a residential setting" [LINK].

⁵ An additional four mental health residential beds have been lost since the passage of King County Ordinance 19572. BHRD monitors the number of available beds through a bed tracker list.

⁶ Chao, P.J., Steffen, J.J., and Heiby, E.M. (2012). The effects of working alliance and client-clinician ethnic match on recovery status. *Community Mental Health Journal* (48), 91-97 [LINK]

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230 Behavioral Health Equity Framework

- 231 The success of the CCC Levy hinges not only on increasing access to behavioral health crisis services but
- 232 also on reducing inequities in who can access that care. Inequities in who can access behavioral health
- 233 care at the time of this Plan's drafting are described in Section III.C. Who Experiences Behavioral Health
- 234 Inequities. During this Plan's community engagement process, DCHS received extensive feedback from
- 235 community partners about the importance of centering health equity in this Plan. In response, this Plan
- 236 contains a behavioral health equity framework that will guide DCHS's implementation of the CCC Levy.
- 237 This framework is more fully described at Section III.F. Behavioral Health Equity Framework.
- 238

239 **Crisis Care Centers Levy Strategies**

- 240 Ordinance 19572 requires this Plan to define strategies for how CCC Levy funds will be invested between 241 2024 and 2032 to achieve the Levy's purposes. This Plan's strategies reflect Ordinance 19572
- 242
- requirements and input from community partners, subject matter experts, and DCHS staff. Figure 2 243 summarizes the CCC Levy strategies. These strategies are more fully developed in Section V of this Plan.
- 244

245 Figure 2. Summary of the CCC Levy Strategies

Summary of the CCC Levy Strategies					
Strategy	Strategy Summary Description				
Strategy 1 Create and Operate Five Crisis Care Centers	 Capital funding to create and maintain five crisis care centers Operating funding to support crisis care center personnel costs, operations, services, and quality improvement Post-crisis follow-up for people after leaving a crisis care center 				
Strategy 2 Restore, Expand, and Sustain Residential Treatment Capacity	 Capital resources to restore mental health residential treatment capacity to at least 355 beds in King County Capital resources to expand and sustain residential treatment capacity 				
Strategy 3 Strengthen the Community Behavioral Health Workforce	 Resources to expand community behavioral health career pathways, including investments to strengthen and sustain King County's community behavioral health workforce and increase workforce representativeness Resources to expand and sustain labor-management workforce development partnerships, including support for apprenticeships Resources to support the development of the region's behavioral health crisis workforce, including crisis care center workers 				
Strategy 4 Early Crisis Response Investments Strategy 5 Capacity Building and	 Resources to expand community-based crisis service capacity starting in 2024, before crisis care centers are open Resources starting in 2024 to respond faster to the overdose crisis Resources to support the implementation of CCC Levy strategies Support for capital facility siting 				
Technical Assistance Strategy 6 Evaluation and Performance Measurement	 Build capacity for culturally and linguistically appropriate services Resources to support CCC Levy data collection, evaluation, and performance management Analyses of the CCC Levy's impact on behavioral health equity 				

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Summary of the CCC Levy Strategies			
Strategy	Summary Description		
Strategy 7 CCC Levy Administration	 Investments in CCC Levy administration, community engagement, information technology systems infrastructure, and designated crisis responder (DCR) accessibility⁷ 		
Strategy 8 CCC Levy Reserves	• Provide for and maintain CCC Levy reserves ^{8,9}		

246 Crisis Care Centers Implementation Timeline

247 DCHS intends to prioritize opening five crisis care centers as quickly as possible to meet the urgent

248 needs of people experiencing behavioral health crises. DCHS plans to select crisis care center operators

through an annual competitive procurement process starting in 2024, The first procurement round in

250 2024 will prefer crisis care center proposals that can be developed and begin serving people rapidly..

251

252 Restore, Expand, and Sustain Residential Treatment Capacity

253 Supporting Purpose 1 of the CCC Levy, to restore, expand, and sustain residential treatment capacity

will be implemented through Strategy 2. Sustaining residential treatment capacity means investing in

existing residential treatment capital facilities to help prevent further facility closures. King County has

lost one-third of its mental health residential treatment capacity since 2018. Strategy 2 funds and

257 activities will be prioritized to support existing residential treatment operators to prevent further facility

closures and restore King County's mental health residential capacity to at least the 2018 level of 355
 beds.¹⁰

259 | 260

261 Strengthen the Community Behavioral Health Workforce

262 It takes people to treat people. Supporting Purpose 2 will be implemented through Strategy 3, by

263 investing in activities to strengthen King County's community behavioral health workforce. This strategy

also directly supports the CCC Levy's Paramount Purpose to establish and operate five crisis care centers

- by investing in the development of King County's behavioral health crisis workforce, including crisis care
- 266 center workers. Strategy 3's workforce activities focus on helping more people get hired and make a
- 267 career in community behavioral health.268

269 Financial Plan

270 Evaluation and Performance Measurement

271 The CCC Levy requires evaluation and performance measurements. This Plan focuses on reporting

- 272 measures relevant to monitoring performance of the CCC Levy, advancing continuous quality
- improvement, and generating clear and actionable evaluation products for the public. It is critical that
- the crisis services system can grow and evolve by building on what works well and improving what does

not. This process should be continuously informed by performance metrics, outcome data, client

276 experiences, and other relevant information. See Section VII. Evaluation and Performance

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 ⁷ King County Crisis and Commitment Services offers evaluation of people with behavioral health disorders for involuntary detention in psychiatric and secure withdrawal facilities according to Washington law. The law for adults is RCW 71.05. [LINK] For youth 13 through 17 years of age the law is RCW 71.34. [LINK] Crisis and Commitment staff who perform these duties are referred to as Designated Crisis Responders (DCRs). [LINK]
 ⁸ Ordinance 19704 created the crisis care center fund to account for CCC Levy proceeds. [LINK]
 ⁹ This strategy creates a fund reserve equal to 60 days of budgeted expenditures, less capital expenses, consistent with King County Comprehensive Financial Management Policies (2016). [LINK]

- 277 <u>Measurement</u> for more information about the CCC Levy's evaluation and performance measurement
- 278 plan.
- 279

280 Crisis Care Centers Annual Reporting

Beginning in 2025, the Executive will make available an online annual report of the CCC Levy that is 281 282 publicly available to the community and all interested parties, including the King County Council and 283 Regional Policy Committee or its successor. The CCC Levy online annual report will detail each year's 284 annual results. The first year's report, to be provided by August 15, 2025, will report information from 285 calendar year 2024. Subsequent annual reports will continue to be provided by August 15 of the 286 following year until August 15, 2033. In consultation with Cities and the Sound Cities Association, as part 287 of the annual report DCHS will provide historical and current data in a manner that can be used to 288 analyze services and to make year-over-year comparisons. See VIII. Crisis Care Centers Levy Annual 289 Reporting for more information about the annual reporting requirements.

290

291 Crisis Care Centers Levy Advisory Body

292 Ordinance 19572 allows for the CCC Levy's advisory body to be a preexisting King County board that has

- 293 relevant expertise. This Plan identifies <u>King County Behavioral Health Advisory Board (BHAB)</u> to serve as
- the advisory body because it has the relevant expertise to advise the Executive and the Council on
- 295 matters relating to behavioral health care and crisis services in King County. The advisory body
- ordinance that accompanies this Plan will expand BHAB's membership requirements and duties to
- include advising the Executive and the Council regarding the CCC Levy once it is enacted.
- 298

299 Conclusion

300 King County voters approved the Crisis Care Centers Levy on April 25, 2023. The nine-year levy begins on

- January 1, 2024, starting an ambitious timeline to transform the region's behavioral health crisis
- 302 response system, restore the region's flagging mental health residential facilities, and reinforce the
- 303 workforce the people upon whom tens of thousands of King County residents depend for their
- behavioral health. This Plan lays the path that King County, cities and other local jurisdictions, and
- 305 behavioral health providers must travel with urgency, common purpose, and strong partnership so that
- 306 future generations will have a safe, accessible, and effective place to go in a moment of mental health or
- 307 substance use crisis.
- 308
- 309 The Crisis Care Centers Levy provides the resources. This Plan sets the course. The task is now to King
- County, cities, and providers to follow the course.

311 III. Background

312 A. Department of Community and Human Services

313 Department Overview

King County's Department of Community and Human Services (DCHS) is responsible for implementing 314 315 the Crisis Care Centers (CCC) Levy. DCHS's mission is to provide equitable opportunities for King County 316 residents to be healthy, happy, and connected to community. DCHS's five divisions provide human 317 services for adults; behavioral health care across the lifespan; services supporting children, youth, and 318 young adults to thrive; services for people with developmental disabilities, and affordable housing and 319 homelessness prevention. The department manages more than \$1 billion annually in public funds to 320 ensure King County residents can access a broad range of services. DCHS is responsible for oversight and 321 management of five significant local human services plans and dedicated fund sources: 322 Best Starts for Kids (BSK) voter-approved property tax levy;¹¹ 323 Health Through Housing (HTH) initiative funded through a County Council-adopted sales tax;¹² • MIDD behavioral health sales tax fund adopted by the County Council;¹³ 324 • • Veterans, Seniors, and Human Services Levy (VSHSL) voter approved property tax levy,¹⁴ and, 325 The Crisis Care Centers (CCC) Levy, a voter approved property tax levy.¹⁵ 326 • 327 328 Behavioral Health and Recovery Division 329 DCHS's Behavioral Health and Recovery Division (BHRD) is responsible for managing and funding 330 behavioral health services and programs for King County residents enrolled in Medicaid and other 331 people with low incomes,¹⁶ as well as all residents in need of behavioral health crisis services. 332 Approximately 70,000 County residents annually receive services through BHRD programs. BHRD 333 primarily contracts with community behavioral health agencies¹⁷to provide a full continuum of services. 334 However, in some cases, like involuntary commitment services, BHRD-employed staff provide services directly.¹⁸ 335 336 337 B. The Crisis Care Centers Levy and King County Ordinance 19572 338

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¹¹ Best Starts for Kids (BSK) website [LINK]

¹² Health through Housing (HTH) website [LINK]

¹³ MIDD is referred to in King County Code and related legislation as the mental illness and drug dependency fund, tax, or levy. KCC 4A.500.300 and 4A.500.309 [LINK]. See also the MIDD Behavioral Health Sales Tax Fund website. [LINK]

¹⁴ Veterans, Seniors and Human Services Levy (VSHSL) website [LINK]

¹⁵ King County Ordinance 19572 [LINK]

¹⁶ King County BHRD Provider Manual [LINK]. People with low incomes are defined as falling below an income benchmark of 220% of the federal poverty level for adults and 300% of the federal poverty level for children.
¹⁷ In the context of this Plan, "community behavioral health agencies" means agencies that meet the requirements defined in the Revised Code of Washington Chapter 71.24 Community Behavioral Health Services Act [LINK], are licensed by the Washington State Department of Health as a community behavioral health agency as defined in Chapter 246-341 Washington Administrative Code [LINK] and are contracted with the King County Behavioral Health Administrative Services Organization or King County Integrated Care Network. Community behavioral health agencies must serve people who are enrolled in Medicaid health insurance to be eligible for CCC Levy funding through Strategy 3.

¹⁸ RCW 71.05 [LINK] and 71.34 [LINK]. King County BHRD Crisis and Commitment Services website [LINK]

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- Ordinance 19572 defines the CCC Levy's paramount and supporting purposes , which are summarized in
- 340 Figure 3 and further described in Section <u>IV. Crisis Care Centers Levy Purposes</u>. A crosswalk matrix
- 341 detailing how this Implementation Plan (Plan) addresses each of Ordinance 19572's Plan requirements is
- included in <u>Appendix B</u>. The background section provides additional context about the CCC Levy,
- 343 including:
- Context about King County's behavioral health system;
- The current and historical conditions that created the need for the CCC Levy;
- The methodology used to develop this Plan;
- The community engagement process that helped inform this Plan's recommendations, and,
 - Behavioral health equity framework to guide the implementation of this Plan.
- 348 349

350 Figure 3. Summary of Crisis Care Centers Levy Purposes

Summary of Crisis Care Centers Levy Purposes				
Paramount Purpose	Crisis Care Centers: Establish and operate a regional network of five crisis			
	care centers in King County, with at least one in each of the four crisis			
	response zones and one serving youth.			
Supporting Purpose 1	upporting Purpose 1 Residential Treatment: Restore the number of mental health residentia			
	treatment beds to at least 355 and expand the availability and sustainability			
	of residential treatment in King County.			
Supporting Purpose 2 Community Behavioral Health Workforce: Increase the sustainability a				
	representativeness of the behavioral health workforce in King County by			
	expanding community behavioral health career pathways, sustaining and			
	expanding labor-management workforce development partnerships, and			
	supporting crisis workforce development.			

351

352 C. Key Historical and Current Conditions

353 DCHS administers King County's publicly funded behavioral health system, which is the primary source

of care for people experiencing crises of mental health or substance use, generally referred to in this

355 Plan either singularly or collectively as behavioral health conditions. This section summarizes the

356 structure of King County's behavioral health system, impacts of suicide and overdose deaths, behavioral

- 357 health service gaps, and recent initiatives to strengthen crisis services.
- 358

359 Behavioral Health Service Funding Limitations and Opportunities

360 Federal and state investments in public behavioral health systems have been inadequate for decades.¹⁹

- 361 There are three primary funding sources, alongside other smaller funding sources, support community-
- based behavioral health services in King County, as shown in Figure 4. These include Medicaid, through
- the King County Integrated Care Network (KCICN), state funding, through the Behavioral Health
- Administrative Services Organization (BH-ASO), and local funding, through the MIDD Behavioral Health
- 365 Sales Tax Fund.
- 366
- 367 Medicaid, which combines state and federal resources and is subject to federal regulations, is
- administered in Washington by the Health Care Authority (HCA) and locally by the KCICN. Medicaid is an
- 369 essential funding source, but it features two significant shortcomings:

¹⁹ Center for American Progress, The Behavioral Health Care Affordability Problem, May 26, 2022 [LINK]

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- Medicaid reimburses less than care costs. King County's analysis of preliminary results from a
 Washington State rate comparison study conducted by an actuarial firm determined that
 Medicaid payment rates in King County fall significantly short of provider costs to deliver care.²⁰
 Medicaid does not reimburse at all for many accential costs. Medicaid is highly normalized and
- Medicaid does not reimburse at all for many essential costs. Medicaid is highly regulated and
 limits how and for whom funds may be used, including restrictions on important types of staff
 activities and creating new facilities through capital investments.²¹

²⁰ Behavioral Health Comparison Rate Development – Phase 2: Washington State Health Care Authority, Milliman Client Report, June 30, 2023.

²¹ Medicaid generally reimburses only for federally approved direct treatment services provided by licensed and credentialed providers to Medicaid-enrolled clients who earn less than 138 percent of the federal poverty level (FPL), which is \$18,700 for a single person or \$38,200 for a family of four.

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376 Figure 4. King County Behavioral Health Funding Sources

	King County Integrated Care Network (KCICN)	Behavioral Health Administrative Services Organization (BH-ASO)	MIDD Behavioral Health Sales Tax	Other Behavioral Health Funding
Funding Source	Medicaid (federal and state)	State general funds; federal mental health and substance abuse block grants, and state funds for specific programs	King County's 0.1 percent MIDD Behavioral Health Sales Tax Fund ²²	Other funds from local and state governments. These include a mix of state grants, levy funds, and local taxes, and contracts with other local governments.
Proportion of Behavioral Health Funding	About 56 percent	About 11 percent	About 20 percent	About 13 percent
Administration	BHRD administers the KCICN and receives funding from HCA via five Medicaid managed care organizations ²³	HCA contracts with BHRD to administer the BH-ASO; HCA mandates investment priorities ²⁴	BHRD administers funds to complement Medicaid and state funding ²⁵	BHRD administers funds in compliance with specific grant and contract requirements, as applicable.
Systems and Services Funded	Over 40 behavioral health agencies provide integrated direct services across the behavioral health continuum, and partner with King County to create access to a high-quality, coordinated system of care ²⁶	Provides for regional crisis services for all residents through mobile crisis and regional crisis lines; covers services for people who are not eligible for Medicaid; staff to carry out the State's involuntary commitment	52 initiatives including prevention and early intervention; crisis diversion including King County's only crisis facility; recovery and reentry services; system improvements to expand access to care, and therapeutic courts.	Other funds primarily provide dedicated support for specific purposes, as identified by the revenue source's grantor or governing authority. A portion of these other funds are flexible and can be used generally for behavioral health programs and services.

²² MIDD is referred to in King County Code and related legislation as the mental illness and drug dependency fund, tax, or levy. KCC 4A.500.300 and 4A.500.309 [LINK]. See also the MIDD Behavioral Health Sales Tax Fund website [LINK].

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RPC Meeting Materials

²³ The KCICN Improves Access to Behavioral Health Care for Residents Furthest from Care. (2023) [LINK]

²⁴ Washington State Health Care Authority Behavioral Health Administrative Services Organization (BH-ASO) fact sheet [LINK]

²⁵ MIDD Implementation Plan [LINK]

²⁶ King County Integrated Managed Care (IMC) and Integrated Care Network (KCICN) Overview [LINK]

King County Integrated Care Network (KCICN)	Behavioral Health Administrative Services Organization (BH-ASO)	MIDD Behavioral Health Sales Tax	Other Behavioral Health Funding
	statutes; and additional programs ²⁷		

377

²⁷ Overview of The King Behavioral Health Administrative Services Organization (BH-ASO) [LINK]

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- Additional federal block grant and state general funds distributed from HCA to King County through the
- 379 BH-ASO come with prescriptive requirements. Between 2019 and 2022, Washington State's BH-ASO
- funding provided approximately \$24 million less in total than King County's costs to fulfill its state-
- 381 mandated crisis service obligations during that period.²⁸ As a result, the County subsidizes state-
- 382 required BH-ASO functions with local MIDD Behavioral Health Sales Tax funds.²⁹
- 383

Years of consistently paying less in Medicaid and BH-ASO funds than it costs to provide care have
 created a chronically underfunded behavioral health system that is challenged to meet growing needs or

- make long term investments. The focus on funding services rather than facilities has been made worse
- by limited state capital investment in community behavioral health facilities and workforce
- development.^{30,31,32} These factors have combined to cause a loss of facilities and workforce and have
- 389 inhibited new facility-based capacity at the scale that King County needs. Despite these barriers, King
- County is leading the state in regional service delivery innovation by creating the KCICN to make care
- 391 more integrated and effective and by braiding Medicaid, BH-ASO, and MIDD funds.
- 392

393 Unprecedented Rates of Suicide and Overdose Deaths

394 The scale of suffering related to behavioral health conditions remain persistently elevated. A total of

1,229 people died by suicide in Washington in 2021, equivalent to 15.3 out of every 100,000 people,

396 which is the 27th highest rate nationally.³³ King County accounted for 292 deaths by suicide in 2021.³⁴

397 Suicide deaths increased nationally by 2.6 percent from 2021 to 2022.³⁵ In the State of Washington,

suicide is the seventh leading cause of years of potential life lost, surpassing liver disease, diabetes, and
 HIV.³⁶

400

401 Youth are especially impacted. According to the 2021 Healthy Youth Survey, 18.6 percent of King

- 402 County's 8th graders considered suicide in past year, and 8.8 percent made attempts.³⁷ Among
- 403 Washington's 10th graders in 2021, 51.6 percent of gender-diverse youth and 42.4 percent of youth

²⁸ BH-ASO state-mandated crisis service obligations for include Involuntary Treatment Act (ITA) functions including designated crisis responders (DCRs) to provide evaluations for involuntary treatment as well as related ITA court costs; inpatient hospitalization for people without Medicaid; the region's crisis hotline; and other crisis services that are ineligible for Medicaid reimbursement.

 ²⁹ BH-ASO funds only provide for operating investments, and MIDD funding also mainly supports the operation of programs and services, with comparatively little funding used for behavioral health-related capital investments.
 ³⁰ Behavioral Health Capital Funding Prioritization and Feasibility Study (2018) [LINK].

³¹ Crisis Stabilization Services. Washington State Health Care Authority Report to the Legislature (2019). [LINK]

³² Crisis Response Improvement Strategy (CRIS) Committee - Initial Assessment of the Behavioral Health Crisis Response and Suicide Prevention Services in Washington and Preliminary Funding Recommendations (2021) [LINK].

³³ Centers for Disease Control - Suicide Rates by State [LINK]

³⁴ Washington State Vital Statistics (Deaths) – See "More From This Data Source" and select "Suicide" from dropdown list [LINK]

³⁵ Centers for Disease Control - Provisional Suicide Deaths in the United States, 2022 [LINK]

³⁶ O'Rourke MC, Jamil RT, Siddiqui W. Washington State Suicide Prevention and Awareness. [Updated 2023 Mar 6].

In: StatPearls [Internet]. Treasure Island (FL): StatPearls Publishing; 2023 Jan. [LINK]

³⁷ Washington State Healthy Youth Survey fact sheets [LINK]

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404 identifying as LGBTQIA+ considered suicide, and 22.7 percent and 17.9 percent attempted suicide,

- 405 respectively.^{38,39}
- 406

Deaths related to drug overdose are increasing at unprecedented rates. The annual number of overdose
 deaths in King County have nearly doubled in just three years, from 508 deaths in 2020 to 1,001 in 2022,
 and the number of fatal overdoses in 2023 has already exceeded this total.⁴⁰ Additionally, there are

- 410 significant disparities in overdose deaths by race and ethnicity. The age-adjusted rate of fatal overdoses
- 411 in King County is the highest in the American Indian/Alaska Native community and is five-times higher
- 412 than non-Hispanic White King County residents.⁴¹
- 413

414 Unmet Behavioral Health Service Needs

415 As funding for behavioral health services has remained inadequate, the needs of people with behavioral

416 health conditions, have only grown. The gap between behavioral health needs and available services is

- 417 widening. Importantly, this gap is not evenly experienced across King County's population. There are
- 418 significant inequities in service access and utilization among historically and currently underserved
- 419 communities, as described in the next subsection (see Section III.C. <u>Who Experiences Behavioral Health</u>
 420 Inequities).
- 421

422 The National Council for Mental Wellbeing's 2022 access to care survey found that 43 percent of U.S.

- 423 adults who say they need care for behavioral health conditions did not receive that care due to
- 424 numerous barriers to accessing and receiving needed treatment.⁴² According to the 2021 National
- 425 Survey on Drug Use and Health (NSDUH), 1.06 million of the 1.18 million Washingtonians with substance
- 426 use disorders (90 percent) needed but did not receive treatment, including 51,000 of the 65,000
- 427 adolescents (79 percent), respectively.⁴³ The 2021 NSDUH also found that 1.2 million adults in
- 428 Washington received mental health services, which is 75 percent of the 1.6 million Washington adults
- 429 who were living with a mental health condition.⁴⁴
- 430

The national problem exists locally. Among people enrolled in Medicaid in King County in 2022, 45,000

432 out of 88,000 of adults with an identified mental health need did not receive treatment (51 percent),

and 21,000 of 32,000 adults with an identified substance use disorder need did not receive treatment
 (66 percent).⁴⁵

435

436 Among Medicaid-enrolled children in Washington, 87,000 of the 223,000 children with mental health

437 treatment needs do not receive mental health treatment services (39 percent), and 27,000 of the 33,000

³⁸ Washington Department of Health - Adolescent Mental Health: Significant Challenges and Strategies for Improvement in Washington State [LINK]

³⁹ "LGBTQIA+" is an abbreviation for lesbian, gay, bisexual, transgender, queer/questioning, intersex, asexual, and other sexual orientations or gender identities.

⁴⁰ Washington State Department of Health – Opioid Data [LINK]

⁴¹ PHSKC Overdose Death Report (2022) [LINK]

⁴² National Council for Mental Wellbeing - 2022 Access to Care Survey - [LINK]

⁴³ 2021 National Survey on Drug Use and Health (NSDUH): State-Specific Tables [LINK]

⁴⁴ 2021 National Survey on Drug Use and Health (NSDUH): State-Specific Tables [LINK]

⁴⁵ Washington State Department of Social and Health Services, Cross-System Outcome Measures for Adults Enrolled in Medicaid [LINK]

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- 438 children with substance use disorders (including those with co-occurring mental health disorders) do not
- 439 receive behavioral health treatment services (81 percent).⁴⁶
- 440
- 441 In 2022, there were 25,576 behavioral health crisis interactions with in-person crisis intervention and
- 442 stabilization programs in King County.⁴⁷ This is substantially less than the approximately 63,000
- estimated crisis episodes that would typically occur in a population of approximately 2.3 million,
- 444 suggesting a lack of access to these essential services.⁴⁸
- 445
- 446 Who Experiences Behavioral Health Inequities
- Behavioral health inequities include disparities in how mental health and substance use impact specific
 populations and how well those populations can access behavioral health services.⁴⁹ It is also important
 to consider how those populations that experience such disparities are impacted by social determinants
 of behavioral health such as homelessness.⁵⁰
- 451
- 452 Given the breadth and complexity of these challenges, this section describes "populations experiencing
- 453 behavioral health inequities," which is the term this Plan uses in subsequent sections. Background
- research and available literature described in this section highlights behavioral health inequities based on factors that include, but are not limited to, race and ethnicity, sexual orientation, gender identity,
- on factors that include, but are not limited to, race and ethnicity, sexual orientation, gender identity,
 language preference, disability, housing status, living in a rural region, and experiential communities
- 457 such as persons with legal system involvement, military veterans, immigrants, and refugees.
- 458
- 459 There are significant racial and ethnic disparities in access to behavioral health services. Black,
- 460 Indigenous, and People of Color (BIPOC) populations are more frequently placed in involuntary
- 461 treatment while having the least access to routine behavioral health care.⁵¹ People who identify as being
- two or more races (24.9 percent) are more likely to report any mental illness within the past year than
- any other race/ethnic group, followed by American Indian/Alaska Natives (22.7 percent), White (19
- 464 percent), and Black (16.8 percent).⁵² Among adults living with mental illness in 2021, White (52.4
- 465 percent) or Multiracial adults (52.2 percent) were more likely than Black (39.4 percent), Hispanic (36.1
- 466 percent), or Asian adults (25.4 percent) to have received any mental health services in the past year.⁵³
- 467

Emergency departments exhibit similar disparities, with Black populations waiting longer for care. In jails
 and prisons, recidivism is significantly more likely among Black populations living with serious mental

- ⁴⁸ The Crisis Resource Need Calculator [LINK]. The calculator estimates 230 monthly crisis episodes per population of 100,000, based on an analysis that examined national crisis care claims from Truven Commercial, Truven Medicaid, Medicare Limited Data Set 2018, as well as the estimated number of episodes served by first responders that do not lead to care according to the Treatment Advocacy Center's Road Runners report.
- ⁴⁹ American Psychiatric Association Mental Health Disparities: Diverse Populations [LINK]
- ⁵⁰ Compton, M. T., & Shim, R. S., The Social Determinants of Mental Health, 2015, FOCUS, 13(4), 419–425. [LINK]; Fountain House, From Harm to Health: Centering Racial Equity and Lived Experience in Mental Health Crisis Response, 2021. [LINK]
- ⁵¹ Shea T, Dotson S, Tyree G, Ogbu-Nwobodo L, Beck S, Shtasel D. Racial and Ethnic Inequities in Inpatient Psychiatric Civil Commitment. Psychiatr Serv. 2022 Dec 1;73(12):1322-1329. [LINK]
- ⁵² American Psychiatric Association Mental Health Disparities: Diverse Populations, 2017. [LINK]
- ⁵³ 2021 National Survey on Drug Use and Health (NSDUH) Annual National Report [LINK]

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⁴⁶ Washington State Department of Social and Health Services, Behavioral Health Treatment Needs and Outcomes among Medicaid-Enrolled Children in Washington State, November 2023 [LINK]

⁴⁷ King County Behavioral Health Crisis Service Utilization Data Sheet, December 2023.

- 470 health conditions. ^{54,55} Nearly one quarter of people killed by police displayed signs of a mental illness,
- 471 with significantly higher rates among the Black population.⁵⁶ People who are involved in the criminal
- 472 legal system more broadly are also more likely to be living with mental health and substance use
- 473 conditions, yet they have less access to community behavioral health services.⁵⁷
- 474

Within King County, individuals identifying as Black, African, or African American represented 20 percent of people who received BHRD crisis services and 17 percent of people who died by overdose in 2022,

- 477 both of which are higher than the seven percent of people identifying as Black, African, or African
- 478 American in King County.^{58,59} In contrast, people identifying as Asian or Asian American represented
- 479 nine percent of individuals receiving BHRD crisis services and 13 percent of people receiving routine
- 480 behavioral health care in 2022, both of which are lower than the 21 percent of people in the King
- 481 County population who identify as Asian or Asian American.⁶⁰
- 482
- Immigrants are at higher risk of experiencing mental health conditions, which is due to factors such as
 higher acculturative stress, pre-migration experiences, discrimination, racism, economic hardship, and
 stigmatization.⁶¹ Access to care among immigrant populations is also limited, particularly in areas with
 higher concentration of Latin American immigrants.⁶² Similar trends have been observed in refugee
- 487 populations, with lack of access to mental health services despite higher rates of common mental health
- 488 conditions such as depression, anxiety, and post-traumatic stress disorder among migrants exposed to
- adversity and refugees than among host populations.⁶³ Furthermore, language access has been shown
- 490 to impede access to mental health services. Among those who were likely to receive specialty mental
- 491 health services, people who preferred speaking Spanish had a significantly lower rate of mental health
 492 care use.⁶⁴
- 493
- 494 Among people identifying as lesbian, gay, bisexual, transgender, queer/questioning, intersex, asexual, or
- 495 other sexual orientations or gender identities (LGBTQIA+), studies have shown that depression, anxiety,
- 496 and substance use are two and a half times higher than the general population.⁶⁵ Fear of discrimination
- 497 may lead to some people avoiding care due to common experiences of providers denying care, using

- ⁵⁷ Bonfine N, Wilson AB, Munetz MR. Meeting the Needs of Justice-Involved People With Serious Mental Illness Within Community Behavioral Health Systems. Psychiatr Serv. 2020 Apr 1;71(4):355-363. [LINK]
- ⁵⁸ King County Behavioral Health Crisis Service Utilization Data Sheet, December 2023.

⁶²Jing F, Li Z, Qiao S, Ning H, Zhou S, Li X. Association between immigrant concentration and mental health service utilization in the United States over time: A geospatial big data analysis. Health Place. 2023 Sep;83:103055. [LINK]
 ⁶³ World Health Organization, "Mental health and forced displacement," 31 August 2021 [LINK]

 ⁵⁴ Opoku ST, Apenteng BA, Akowuah EA, Bhuyan S. Disparities in Emergency Department Wait Time Among Patients with Mental Health and Substance-Related Disorders. J Behav Health Serv Res 2018;45(2):204–18. [LINK]
 ⁵⁵ Veeh CA, Tripodi SJ, Pettus-Davis C, Scheyett AM. The interaction of serious mental disorder and race on time to reincarceration. Am J Orthopsych 2018;88(2):125-31. [LINK]

⁵⁶ Saleh AZ, Appelbaum PS, Liu X, Scott Stroup T, Wall M. Deaths of people with mental illness during interactions with law enforcement. Int J Law Psychiatry. 2018 May-Jun;58:110-116. [LINK]

⁵⁹ Public Health Seattle & King County - Overdose deaths data dashboard [LINK]

⁶⁰ King County Department of Community and Human Services - Data Dashboard [LINK]

⁶¹ Markova V, Sandal GM, Pallesen S. Immigration, acculturation, and preferred help-seeking sources for

depression: comparison of five ethnic groups. BMC Health Serv Res. 2020 Jul 11;20(1):648. [LINK]

 ⁶⁴ Byhoff E, Dinh DH, Lucas JA, Marino M, Heintzman J. Mental Health Care Use by Ethnicity and Preferred Language in a National Cohort of Community Health Center Patients. Psychiatr Serv. 2023 Oct 26. [LINK]
 ⁶⁵ Kates, J., Ranji, U., Beamesderfer, A., Salganicoff, A., & Dawson, L. (2016). Health and access to care and

coverage for lesbian, gay, bisexual, and transgender individuals in the U.S. [LINK]

- harsh language, or blaming the patient's sexual orientation or gender identity as the cause for an
 illness.⁶⁶
- 500
- 501 Of the approximately 36,000 people who have severe, chronic intellectual and developmental
- disabilities (IDD) in King County, an estimated one third have a co-occurring mental health condition.⁶⁷
- 503 However, in 2022 the Washington State Department of Social and Health Services reported that people
- with IDD and their families have difficulty accessing behavioral health services due to a lack of resources,
- 505 communication barriers, and inadequate training among behavioral health providers.⁶⁸
- 506

Access to behavioral health services is also limited among people experiencing homelessness. A recent
 survey found that only 18 percent of people experiencing homelessness had received either mental
 health counseling or medications in the prior 30 days despite 66 percent reporting current mental
 health symptoms.⁶⁹ The same survey describes barriers such as lacking access to a phone, needing to
 stay with belongings to prevent theft, and avoiding services due to past experiences of traumatic or

- 512 unsupportive interactions with health care providers.
- 513
- 514 Among U.S. military veterans who experience depression and PTSD, disparities in access to mental
- 515 health services have been described as a major factor contributing to the high suicide rates among
- veterans.⁷⁰ People living in rural areas in the U.S. also experience significant disparities in mental health
- 517 outcomes despite having similar prevalence of mental illness to those living in metropolitan areas.⁷¹
- 518

519 Need for Places to Go in a Crisis

- 520 With so many people unable to access treatment when they need it, crisis care centers and similar
- 521 facilities can help. The Federal Substance Abuse and Mental Health Services Administration (SAMHSA)
- released its National Guidelines for Behavioral Health Crisis Care in 2020.⁷² These guidelines call for the
- 523 creation of crisis facilities, referred to by SAMHSA as "somewhere to go," for people in crisis to seek
- 524 help. SAMHSA's guidelines envision crisis facilities as part of a robust behavioral health crisis system that
- also includes the 988 Suicide and Crisis Lifeline, referred to as "someone to call," and mobile crisis
- 526 teams, described as "someone to respond."⁷³

⁶⁶ Kates, J., Ranji, U., Beamesderfer, A., Salganicoff, A., & Dawson, L. (2016). Health and access to care and coverage for lesbian, gay, bisexual, and transgender individuals in the U.S. [LINK]

⁶⁷ The Arc of King County – What is IDD? [LINK]

⁶⁸ Developmental Disabilities Administration, Washington State Department of Social and Health Services, Best practices for co-occurring conditions: Serving people with intellectual and developmental disabilities and mental health conditions, October 1, 2022. [LINK]

⁶⁹ Kushel, M., Moore, T., et al. (2023). Toward a New Understanding: The California Statewide Study of People Experiencing Homelessness. UCSF Benioff Homelessness and Housing Initiative. [LINK]

⁷⁰ Hester RD. Lack of access to mental health services contributing to the high suicide rates among veterans. Int J Ment Health Syst. 2017 Aug 18;11:47. [LINK]

⁷¹ Morales DA, Barksdale CL, Beckel-Mitchener AC. A call to action to address rural mental health disparities. J Clin Transl Sci. 2020 May 4;4(5):463-467. [LINK]

⁷² Substance Abuse and Mental Health Services Administration. (2020). National Guidelines for Behavioral Health Crisis Care - Best Practice Toolkit. [LINK];

⁷³ Substance Abuse and Mental Health Services Administration. (2020). National Guidelines for Behavioral Health Crisis Care - Best Practice Toolkit. [LINK]; Substance Abuse and Mental Health Services Administration: National Guidelines for Child and Youth Behavioral Health Crisis Care. Publication No. PEP22-01-02-001 Rockville, MD: Substance Abuse and Mental Health Services Administration, 2022. [LINK]

527

- 528 King County's behavioral health crisis service system relies heavily on phone support and mobile
- response, with very few options for people to go for immediate, life-saving care when in crisis. At the
- 530 time of this Plan's drafting, King County has just one behavioral health crisis facility, called the Crisis
- 531 Solutions Center (CSC) in Seattle.⁷⁴ With a limited capacity of 46 beds across two levels of care, this
- 532 facility is only able to accept referrals through mobile crisis teams, first responders, and hospitals. For
- 533 youth in King County, there is no crisis facility option at all.
- 534
- 535 With no specialty behavioral health setting in King County to walk in and receive care if a person is
- experiencing a behavioral health crisis, the front door to crisis services at the time of this Plan's drafting
 is typically hospital emergency departments, where people seeking help for a behavioral health crisis
- 538 may often spend hours or even days waiting for care.⁷⁵ People experiencing a crisis, especially those in 539 public spaces, are frequently engaged by law enforcement and may end up in jail if they have committed
- 540 a crime while in distress.⁷⁶
- 541

542 The creation of specialized crisis facilities is frequently identified as a key strategy in the crisis service

- 543 continuum. These facilities enable diverting people from emergency department and carceral settings
- and serving people in a higher quality specialized settings that can provide care using trauma-informed,
- recovery oriented, and cultural humility best practices.^{77, 78, 79} Multiple local behavioral health system
- needs assessments have arrived at a similar conclusion. The 2016 recommendations of the King County
- 547 Community Alternatives to Boarding Task Force called for by Motion 14225 included a recommendation
- to expand crisis diversion capacity.⁸⁰ Similar conclusions were reached in needs assessments by the
- 549 Washington State Office of Financial Management behavioral health capital funding prioritization and 550 feasibility study in 2018, a Washington State Health Care Authority crisis triage and stabilization capacity

⁷⁴ Downtown Emergency Services Center (DESC) - Crisis Solutions Center fact sheet [LINK]; the CSC was established in 2011 through a significant ongoing investment from the MIDD behavioral health sales tax fund. Medicaid funds also cover a small portion of the facility's service delivery costs. The Psychiatric Emergency Services program at Harborview Medical Center is part of a hospital-based emergency department and is therefore not considered a stand-alone dedicated behavioral health crisis service setting.

⁷⁵ Esmy Jimenez, "King County mental health facilities still reject a quarter of patients, report shows." The Seattle Times, September 5, 2023. [LINK]

⁷⁶ Garcia-Grossman I, Kaplan L, Valle K, Guzman D, Williams B, Kushel M. Factors Associated with Incarceration in Older Adults Experiencing Homelessness: Results from the HOPE HOME Study. J Gen Intern Med. 2022 Apr;37(5):1088-1096. [LINK]

 ⁷⁷ ME Balfour and ML Goldman, "Crisis and Emergency Services" in "Textbook of Community Psychiatry: American Association for Community Psychiatry, 2nd edition." Wesley E. Sowers (Editor), Hunter L. McQuistion (Editor), Jules M. Ranz (Editor). Springer 2022, pp. 369-384.

⁷⁸ ME Balfour and ML Goldman, "Collaborations Beyond the Emergency Department" in "Primer on Emergency Psychiatry" Tony Thrasher (Editor). Oxford University Press, 2023, pp. 463-478.

⁷⁹ Cultural humility is an approach to providing healthcare services in a way that respects a person's cultural identity. The use of this term is intended to align with the U.S. Department of Health and Human Services Office of Minority Health's definition of cultural humility [LINK]

⁸⁰ Community Alternatives to Boarding Task Force - King County, Washington [LINK]

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and gaps report in 2019, and the Initial Assessment of the Behavioral Health Crisis Response and Suicide
 Prevention Services from the Crisis Response Improvement Strategy (CRIS) Committee in 2021.^{81,82,83}

553

554 Federal and state legislation have rapidly advanced the implementation of crisis services across the

555 United States.⁸⁴ Expanding access to crisis response services has been a recent focus of the Washington

- 556 Legislature. This includes its first-in-the-nation support of the implementation and expansion of 988 and
- other crisis services, with its passage of Engrossed Second Substitute House Bill 1477 in 2021.⁸⁵
- Additional legislation, including Engrossed Second Substitute House Bill (E2SHB) 1134 in and Second
- 559 Substitute Senate Bill (2SSB) 5120 in 2023, have further demonstrated the state's commitment to these 560 services.^{86,87} The 23-hour Crisis Relief Centers established under 2SSB 5120, which are undergoing
- 561 Washington State Department of Health and Health Care Authority rulemaking into 2024, will establish
- 562 important frameworks for licensure and Medicaid payment that will inform the future development of 563 crisis care centers.
- 563 564

565 In light of the behavioral health funding crisis, the scale of unmet need, and the opportunity presented

566 by this national and statewide momentum around expanding crisis services, a coalition of community

- leaders and behavioral health providers issued recommendations to Seattle and King County in a letter
 on October 13, 2021. The letter included recommendations to "expand places for people in crisis to
- 568 on October 13, 2021. The letter included recommendations to "expand places for people in crisis to 569 receive immediate support" and "expand crisis response and post-crisis follow up services."⁸⁸ The CCC
- 570 Levy carries these efforts forward, as outlined in this Plan.
- 571

572 Need for Post-Crisis Stabilization Services

573 Research studies show the rate of suicide is 15.4 times higher among people immediately after they

574 have been discharged from a psychiatric hospitalization, as compared to the general population.⁸⁹ For

575 people exiting inpatient psychiatric care, timely follow-up with outpatient mental health care is

- 576 associated with a decreased risk for hospital readmission, violence, homelessness, and criminal legal
- 577 system involvement.⁹⁰
- 578

⁸⁶ E2SHB 1134 (2023). E2SHB 1134's scope included RCW chapters 71.24, 43.06, 82.86, 43.70, and 38.60. [LINK]

⁸¹ 2018 Behavioral Health Capital Funding Prioritization and Feasibility Study [LINK];

⁸² Crisis Stabilization Services - HCA Report to the Legislature [LINK]

 ⁸³ Crisis Response Improvement Strategy (CRIS) Committee - Initial Assessment of the Behavioral Health Crisis Response and Suicide Prevention Services in Washington and Preliminary Funding Recommendations [LINK]
 ⁸⁴ National Alliance for Mental Illness - Reimagine Crisis Response - 988 Crisis Response State Legislation Map

^{[&}lt;u>LINK]</u>

⁸⁵ 2SSB 1477 (2021). 2SHB 1477's scope included RCW chapters 71.24, 48.43, 43.06, and 82.86. [LINK].

 ⁸⁷ 2SSB 5120 (2023) 2SSB 5120's scope included RCW chapters 71.05, 71.34, 71.24, 10.31, 10.77, and 48.43. [LINK]
 ⁸⁸ 2022 Priority Budget Recommendations to Seattle and King County to Strengthen Continuum of Behavioral

Health Crisis Services. October 13, 2021. ⁸⁹ Olfson M, Wall M, Wang S, Crystal S, Liu SM, Gerhard T, Blanco C. Short-term Suicide Risk After Psychiatric Hospital Discharge. JAMA Psychiatry. 2016 Nov 1;73(11):1119-1126. [LINK]

⁹⁰ Smith TE, Corbeil T, Wall MM, Tang F, Essock SM, Frimpong E, Goldman ML, Mascayano F, Radigan M, Wang R, Rodgers I, Dixon LB, Olfson M, Lewis-Fernández R. Community, Hospital, and Patient Factors Contributing to Ethnoracial Disparities in Follow-Up After Psychiatric Hospitalization. Psychiatr Serv. 2023 Jul 1;74(7):684-694. [LINK]

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- 579 Despite the benefits of follow-up during this high-risk post-crisis period, in 2021 only 58.7 percent of
- 580 people with Medicaid received follow-up within 30 days of discharge from a psychiatric hospitalization.⁹¹
- 581 Among youth and young adults, who visited the emergency room for a mental health reason, the rate is
- 582 even worse, with only 46.4 percent receiving follow-up care within 30 days.⁹² Furthermore, Black
- 583 populations receive lower rates of outpatient treatment during the 30-day period after discharge
- 584 compared with White populations. ⁹³
- 585

586 SAMHSA considers post-crisis stabilization services to be an essential element of responding to a

- 587 behavioral health crisis and addressing the person's unmet needs.⁹⁴ Studies have shown that prior 588 outpatient engagement is the most important predictor of follow-up after hospitalization, which is
- 588 outpatient engagement is the most important predictor of follow-up after hospitalization, which is 589 indicative of two key factors: the importance of reconnecting people back to prior providers, and the
- 590 need to dedicate additional resources to connect people to care when they are otherwise without
- 591 services.⁹⁵ Culturally appropriate interventions that link people to outpatient follow-up are also
- identified as a strategy to reduce racial-ethnic disparities in outpatient mental health treatment
- 593 following acute treatment.⁹⁶
- 594
- 595 A 2017 study of a post-discharge peer support program demonstrated positive outcomes for
- 596 participants in terms of recovery, wellbeing, and hospital avoidance.⁹⁷ The peer approach has been
- taken up in Washington State through peer bridger programs, which HCA implemented as required by
- 598 Second Engrossed Substitute House Bill (2ESHB) 2376 from the 2016 Washington State legislative

⁹¹ National Committee for Quality Assurance, HEDIS Measures and Technical Resources, Follow-Up After Hospitalization for Mental Illness [LINK]

⁹² Hugunin J, Davis M, Larkin C, Baek J, Skehan B, Lapane KL. Established Outpatient Care and Follow-Up After Acute Psychiatric Service Use Among Youths and Young Adults. Psychiatr Serv. 2023 Jan 1;74(1):2-9. [LINK]

⁹³ Carson NJ, Vesper A, Chen CN, Lê Cook B. Quality of follow-up after hospitalization for mental illness among patients from racial-ethnic minority groups. Psychiatr Serv. 2014 Jul;65(7):888-96. [LINK]

⁹⁴ Substance Abuse and Mental Health Services Administration. (2020). National Guidelines for Behavioral Health Crisis Care - Best Practice Toolkit. [LINK]

⁹⁵ Smith TE, Haselden M, Corbeil T, Wall MM, Tang F, Essock SM, Frimpong E, Goldman ML, Mascayano F, Radigan M, Schneider M, Wang R, Rodgers I, Dixon LB, Olfson M. The Effectiveness of Discharge Planning for Psychiatric Inpatients With Varying Levels of Preadmission Engagement in Care. Psychiatr Serv. 2022 Feb 1;73(2):149-157. [LINK]

⁹⁶ Smith TE, Haselden M, Corbeil T, Wall MM, Tang F, Essock SM, Frimpong E, Goldman ML, Mascayano F, Radigan M, Schneider M, Wang R, Rodgers I, Dixon LB, Olfson M. The Effectiveness of Discharge Planning for Psychiatric Inpatients with Varying Levels of Preadmission Engagement in Care. Psychiatr Serv. 2022 Feb 1;73(2):149-157. [LINK]

⁹⁷ According to this study, "The program involved peer workers (individuals with their own lived experience of mental illness and recovery) providing individualized practical and emotional support to individuals for six to eight weeks following discharge from an inpatient psychiatric unit." This study found: "Participants reported improvements in terms of functional and clinical recovery and in the areas of intellectual, social and psychological wellness. Participants self-report of hospital readmissions suggested that there was a reduction in hospital bed days following engagement with the program." Scanlan JN, Hancock N, Honey A. Evaluation of a peer-delivered, transitional and post-discharge support program following psychiatric hospitalization. BMC Psychiatry. 2017 Aug 24;17(1):307. [LINK]

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session.⁹⁸ Peer bridgers assist with community reintegration planning activities and promote service
 continuity with the goal of enhancing long-term recovery and reducing hospital readmissions.⁹⁹

601

602 The peer bridger program model is implemented locally in King County for adults who have been 603 hospitalized psychiatrically at two community hospitals. This model is composed of teams of certified 604 peer specialists (paid staff who have lived experience with behavioral health conditions themselves) 605 working in coordination with inpatient treatment teams to develop individualized plans to promote each 606 person's successful transition to the community.¹⁰⁰ However, these post-crisis services are only available 607 in a small number of settings. Most people exiting hospitals, emergency rooms, crisis settings, and other 608 acute behavioral health settings do not receive dedicated services to support these critical care 609 transitions during these high-risk periods.

610

611 Reduction in Residential Treatment Capacity

612 Residential treatment is a community based behavioral health treatment option for people who need a

higher level of care than outpatient behavioral health services can provide.¹⁰¹ Residential treatment

614 programs provide people living with complex behavioral conditions with 24/7 intensive services in a

615 licensed residential treatment facility. These programs are important options for people being

discharged from inpatient behavioral health settings when outpatient services are not sufficient to meet

617 their treatment needs. Residential treatment programs help people continue to recover and stabilize in

- 618 a safe and supportive community-based setting.
- 619

620 Residential treatment programs provide services for people experiencing severe and persistent mental

621 illness to promote stability, community tenure, and movement toward the least restrictive community

housing option.¹⁰² Programs provide residential stabilization and case management services that are

623 strengths-based and promote recovery and resiliency. Such services provide symptom relief to assist

624 clients to find what has been lost in their lives due to their illness, including the opportunity to make

friends, use natural supports, make choices about their care, find and maintain employment, and

626 develop personal strategies for coping and regaining independence.¹⁰³ Staff help clients to prepare for

627 discharge by providing services that promote community integration and assistance with the transition

- 628 to the least restrictive community housing option.¹⁰⁴
- 629

⁹⁸ 2ESHB 2376 (2016). 2ESHB 2376's scope included RCW chapters 18.20, 18.43, 18.85, 19.02, 28B.122, 38.52, 41.06, 41.16, 41.26, 41.45, 41.80, 43.09, 43.10, 43.43, 43.79, 43.83B, 43.135, 43.155, 43.185, 43.350, 43.372, 46.08, 50.16, 50.24, 69.50, 70.128, 72.09, 77.12, 79A.80, 90.03, and 90.56 [LINK]

⁹⁹ Washington State Health Care Authority - Peer Bridger Program [LINK]

¹⁰⁰ King County Behavioral Health and Recovery Division (BHRD) Provider Manual For the King County Integrated Care Network (KCICN), Behavioral Health Administrative Services Organization (BH-ASO), and Locally-Funded Programs [LINK]

¹⁰¹ Ordinance 19572 defines residential treatment as "a licensed, community-based facility that provides twentyfour-hour on-site care for persons with mental health conditions, substance use disorders, or both, in a residential setting" [LINK].

¹⁰² "Community tenure" is defined as a person living with a behavioral health condition in a community-based (versus institutional) setting, connected and engaged with the community in which they live.

¹⁰³ "Natural supports" is defined as an individual's non-clinical sources of support, such as friends, family, neighbors, and other people in the community who can provide support to a person.

¹⁰⁴ BHRD Provider Manual, pages 119-123 [LINK]

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630 Multiple mental health residential treatment facilities, which are a subset of residential treatment

- 631 facilities, have closed in recent years due to rising operating and maintenance costs, aging
- 632 infrastructure, and insufficient resources to repair facilities. The lack of resources to pay for capital
- facility improvements and maintain aging buildings has contributed to facility closures.¹⁰⁵ As of October
- 634 2023, King County had a total of 240 mental health residential treatment beds for the entire county, a
- decrease of 115 beds, down nearly one third from the capacity of 355 beds in 2018.¹⁰⁶ The impact of
- reduced residential treatment facility capacity has impacted residential treatment wait times. For
 example, King County residents who needed residential treatment services in October 2023 had to wait
- example, King County residents who needed residential treatment services in October 2023 had to wait
 an average of 25 days before they were admitted to a residential treatment facility.¹⁰⁷ The closing of
- residential treatment facilities highlights a gap in King County's behavioral health continuum of care for
- people exiting inpatient behavioral health settings.¹⁰⁸
- 641

642 Behavioral Health Workforce Needs

643 It takes people to care for people, and King County is experiencing a behavioral health workforce

644 shortage that is impacting people's ability to access behavioral health care when they need it.¹⁰⁹ Similar

- behavioral health workforce shortages are occurring across the United States, according to the Federal
- 646 Health Resources and Services Administration (HRSA).¹¹⁰ By the final year of the CCC Levy in 2032, HRSA

647 projects the national behavioral health workforce will only have 69 percent of the number of mental

health counselors, 62 percent of the number of substance use disorder counselors, 73 percent of the

number of psychologists, and 54 percent of the number of psychiatrists that are needed to meet the

- 650 demand for behavioral health care nationally. ¹¹¹
- 651

652 Within King County, a 2021 survey of community behavioral health agencies contracted with the KCICN

- 653 identified that job vacancies at surveyed agencies were at least double what they were in 2019.¹¹² The
- survey also found that master-level licensed mental health clinicians are particularly difficult to
- recruit.¹¹³ A October 2023 survey of community behavioral health agencies contracted with the KCICN
- 656 found that there are approximately 600 staff vacancies across the agencies that responded to the
- 657 survey.¹¹⁴ This represents a 16 percent total vacancy rate at King County community behavioral health
- agencies, and there is still a need to hire more behavioral health workers to support the growing
- behavioral health care needs in the community.¹¹⁵

¹¹¹ Health Resources & Services Administration, Behavioral Health Workforce Projections [LINK]

 ¹⁰⁵ Furfaro, Hannah. "Where did King County's mental health beds go?" Seattle Times, February 25, 2023. [LINK]
 ¹⁰⁶ An additional four mental health residential beds have been lost since the passage of King County Ordinance
 19572. BHRD monitors the number of available beds through a bed tracker list.

¹⁰⁷ Executive Dow Constantine. "King County and State acquire behavioral health treatment center in North Seattle, preserving sixty-four treatment beds." September 14, 2022. [LINK] Note: At the time the article was written, the wait for a bed in King County was 44 days. As of October 2023, the waitlist has decreased from 44 days to 25 days since the passage of King County Ordinance 19572. BHRD monitors the waitlist through a bed tracker list.

¹⁰⁸ Sydney Brownstone, "A Belltown residential treatment facility shutters, leaving a hole in King County's mental health system," The Seattle Times, October 11, 2020. [LINK]

¹⁰⁹ King County Community Behavioral Health Provider Survey, 2023.

¹¹⁰ Health Resources & Services Administration, Behavioral Health Workforce Projections [LINK]

¹¹² KCICN Workforce Survey 2021

¹¹³ KCICN Workforce Survey 2021

¹¹⁴ KCICN Workforce Survey Data 2023

¹¹⁵ KCICN Workforce Survey Data 2023

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- 661 In addition to staff vacancies, workforce retention is also a challenge for behavioral health providers. A
- 662 February 2023 poll of members of three labor unions representing health care workers in Washington
- 663 State, including behavioral health workers, found that 80 percent of health care workers reported
- 664 feeling burned out by their jobs and 49 percent of workers reported they are likely to leave health care
- in the next few years. ¹¹⁶ Rising housing and childcare costs are contributing to workers leaving the
- behavioral health workforce.¹¹⁷ In addition to high cost of living expenses, behavioral health workers
 often have student loan debt. For example, a National Council on Social Work Education report found
- often have student loan debt. For example, a National Council on Social Work Education report found
 that 73 percent of baccalaureate social work graduates and 76 percent of master's graduates have
- 669 student loan debt.¹¹⁸ When community behavioral health agencies are not able to offer competitive
- 670 wages and benefits, it is more challenging to recruit and retain employees, which contributes to
- 671 chronically high vacancies and high turnover of staff.^{119,120} The KCICN's 2021 survey of King County
- 672 community behavioral health agencies reinforced this dynamic. Survey respondents identified monetary
- 673 incentives, loan repayments, professional fees and continuing education assistance, and employee
- 674 wellbeing, as being impactful activities that could help retain workers.¹²¹
- 675
- 676 Increasing the representativeness of behavioral health workers is a critical component of strengthening
- 677 King County's community behavioral health workforce.¹²² Nationally, the behavioral health workforce
- does not reflect the demographics and identities of people receiving behavioral health services.^{123, 124}
- There is evidence that improving diversity among behavioral health workers so that workers better
- reflect the community they serve may help reduce behavioral health disparities.¹²⁵ For example,
- 681 communication and trust is improved between behavioral health workers and people receiving services
- 682 when there is cultural, linguistic, racial, or ethnic concordance between clinicians and clients.¹²⁶
 - ¹¹⁶ 2023 poll of health care workers represented by SEIU Healthcare 1199NW, UFCW 3000, and WSNA conducted by GBAO [LINK]
 - ¹¹⁷ 2023 King County Nonprofit Wage and Benefits Survey Report [LINK]
 - ¹¹⁸ Student Loan Debt Relief for Social Workers [LINK]
 - ¹¹⁹ Washington State Employment Security Department Supply and Demand Report [LINK]
 - ¹²⁰ 2022 Behavioral Health Workforce Assessment [LINK]
 - ¹²¹ KCICN Workforce Survey 2021

¹²² A focus of the Plan is to increase accessibility of behavioral health services, including crisis services funded by the CCC Levy, for all King County residents, including populations who experience behavioral health inequities. A consistent theme of community engagement was the importance for people seeking care of culturally and linguistically congruent services, staff with lived experience of behavioral health crises, and demographic representativeness. Establishing a workforce that is representative of King County's population, with particular care to representativeness for populations experiencing behavioral health inequities (see Section III.C. Background: Who Experiences Behavioral Health Inequities), will ensure that more King County residents can choose to receive care from a provider with whom they are comfortable and is one of this Plan's strategies to ensure that all King County residents have meaningful access to CCC Levy-funded facilities and services.

¹²³ National Academy for State Health Policy State, Strategies to Increase Diversity in the Behavioral Health Workforce [LINK]

¹²⁴ Duffy FF, West JC, Wilk J, et al. Mental health practitioners and trainees. In RW Manderschield & MJ Henderson (Eds.), Mental health, United States, 2002 (pp. 327-368; DHHS Publication No. SMA 04-3938). Rockville, MD: U.S. Department of Health and Human Services, Substance Abuse and Mental Health Services Administration, Center for Mental Health Services, 2004

¹²⁵ Chao, P.J., Steffen, J.J., and Heiby, E.M. (2012). The effects of working alliance and client-clinician ethnic match on recovery status. *Community Mental Health Journal* (48), 91-97 [LINK]

¹²⁶ The Mental Health Needs and Statistics of the BIPOC Community [LINK]

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- 683 Developing a representative community behavioral health workforce will require intentional training,
- recruitment, and retention strategies. For example, BIPOC and LGBTQIA+ clinicians are often impacted
- by a lack of congruent mentorship in higher education, experiences of racism and discrimination.¹²⁷
- 686
- 687 At a time when nearly one in five Americans lives with a mental health condition, and more people than
- ever are interested in seeking behavioral health support, the lack of access to diverse and qualified
- behavioral health professionals can serve as a barrier for accessing treatment to people and
- 690 communities across the country and within King County.¹²⁸ Creative, local workforce investments are
- 691 needed to complement Medicaid and state funds to provide for a stable workforce to deliver the high-
- 692 quality community based behavioral health care that King County residents need and deserve.
- 693

694 D. Implementation Plan Methodology

- On April 25, 2023, King County voters approved Proposition No. 1, as called for by Ordinance 19572, to
 adopt the CCC Levy. Ordinance 19572 requires a CCC Levy Implementation Plan (Plan) be developed and
- transmitted by the King County Executive to King County Council by the end of December 2023. The
- 698 Plan's requirements are set out in Ordinance 19572, and <u>Appendix B: Crosswalk of Implementation Plan</u>
- 699 <u>Requirements from King County Ordinance 19572</u> describes how this Plan meets these requirements. 700
- This Plan is the product of an intensive process that began in June 2023 and concluded in December
- 702 2023. Community engagement was a focus of implementation planning activities and is described in
- 703 detail in <u>Section III.E. Community Engagement Summary</u>. Planning activities by DCHS also included
- solicitation of formal requests for information (RFIs), engagement with various Washington State
- departments, consultation with national subject matter experts, coordination with other County
- partners, and convenings of internal workgroups within DCHS. These activities are described below andin this Plan's appendices.
- 708

715

716

709 Crisis Care Center Methodology

- DCHS focused on four major areas to develop strategies in support of the CCC Levy's Paramount Purpose
 to create a network of five crisis care centers:
- Understanding and describing current community needs, service capacity, and system gaps
 related to behavioral health care (as described in <u>Section III.C. Key Historical and Current</u>
 Conditions: Unmet Behavioral Health Service Needs);
 - Developing an approach to integrate substance use treatment services within the crisis care center model;
- Defining the related but distinct youth-focused crisis care center model, which addresses the unique needs of children and adolescents, and
- Integrating planning for the crisis care centers within regional contexts such as the existing behavioral health crisis system, the behavioral health service continuum more broadly (as described above in <u>Section III.C. Key Historical and Current Conditions</u>), criminal legal systems, health and hospital systems, and additional community resources.
- 723

 ¹²⁷ Hubbard A, Sudler A, Alves-Bradford JME, Trinh NH, Emmerich AD, Mangurian C. Building a Diverse Psychiatric Workforce for the Future and Helping Them Thrive: Recommendations for Psychiatry Training Directors.
 Psychiatric Clinics of North America. 2022;45(2):283-295. doi:10.1016/j.psc.2022.03.007
 ¹²⁸ Lack of Access as Root Cause for Mental Health Crisis in America [LINK]

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724 DCHS also undertook an in-depth process to establish procurement and siting processes for crisis care

- 725 centers. DCHS issued an RFI for the capital facility siting process to local jurisdictions, and a copy of the
- 726 RFI is included in Appendix C: King County Local Jurisdiction Request for Information (RFI).
- 727
- Meetings with jurisdictions, behavioral health agencies, and other community partners were held for
 DCHS to share updates on the CCC Levy planning process with interested parties and to learn about
 provider, jurisdictional, and community partner needs and challenges. DCHS convened meetings with:
- Subject matter experts internal to King County government, such as the Department of Natural Resources and Parks, DCHS, Metro, and Public Health – Seattle & King County (see <u>Appendix D</u>:
- 733 <u>Coordination with State and County Partners</u> for a list of County partners);
- Washington state partners, such as the Health Care Authority, the Department of Health, and the Department of Social and Human Services (see <u>Appendix D: Coordination with State and</u> <u>County Partners</u> for a list of meeting topics); and
- Community partners, such as community members, people with lived experience of behavioral
- health conditions, as well as their families and support systems, community-based
 organizations, community behavioral health agencies, and others (see <u>Appendix F: Community</u>
 Engagement Activities for details).
- 741

The DCHS planning team also made site visits to adult and youth crisis facilities in Washington, as well as

- 743 California and Arizona (see <u>Appendix E: Site and Field Visits</u>). ZiaPartners, a firm with experience
- planning and implementing local and statewide behavioral health crisis system initiatives, consulted on
 crisis care center program model development and strategies for crisis system coordination and quality
- 746 improvement.¹²⁹
- 747

748 Residential Treatment Methodology

749 Community partner engagement, subject matter expert consultation, and residential treatment 750 operator engagement informed the residential treatment recommendations in this Plan. DCHS BHRD 751 clinical staff with mental health residential subject matter expertise participated in an internal 752 workgroup to provide guidance on preserving and expanding residential treatment capacity. DCHS 753 planning staff met with leadership and frontline workers of agencies operating residential treatment 754 facilities to solicit feedback about residential treatment gaps and how to sustain and increase residential 755 treatment capacity. This included seven site visits to residential treatment facilities in King County, 756 which are listed in Appendix E: Site and Field Visits. It also included an RFI soliciting information from 757 operators about residential treatment facility capital improvement funding needs. The RFI is included in 758 Appendix H: BHRD Capital Improvement Funding for Behavioral Health Facilities Request for Information 759 (RFI). Additionally, residential treatment topics were included in CCC Levy implementation planning 760 community engagement meetings and presentations to solicit feedback from a broader group of 761 community partners beyond the residential treatment sector. Community engagement is highlighted 762 below, and a list of community engagement activities is included in Appendix F: Community Engagement 763 Activities.

764

¹²⁹ ZiaPartners, Inc. [LINK]

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765 Workforce Methodology

- 766 DCHS planning staff solicited feedback on how the CCC Levy can build, retain, and increase the
- representativeness of the community behavioral health workforce.¹³⁰ Engagement on workforce issues
- included focus groups with community members and focus groups with subject matter experts;
- informational interviews with key personnel in community behavioral health agencies; and site visits in
- 770 San Diego, Arizona and Washington state. DCHS also engaged the University of Washington, Public
- 771 Health-Seattle and King County, and health care workforce training and apprenticeship programs to
- inform strategy design. (See <u>Appendix F: Community Engagement Activities</u> for list of key informant
- interviews and individual engagement meetings.) Community partner meetings included union-
- represented and non-union represented provider staff.
- 775

776 E. Community Engagement Summary

- 777 DCHS staff engaged community partners to inform this Plan, including participation from behavioral
- health agencies, people with lived experiences of behavioral health crises, and frontline behavioral
- 779 health workers. See <u>Appendix F: Community Engagement Activities</u> for a complete list of community
- rangement activities. Engagement activities are summarized in Figure 5. In addition to informing the
- 781 strategies in this Plan, DCHS plans to take the community feedback into account during future
- 782 procurement and operational phases of the CCC Levy.

783

¹³⁰ A focus of the Plan is to increase accessibility of behavioral health services, including crisis services funded by the CCC Levy, for all King County residents, including populations who experience behavioral health inequities. A consistent theme of community engagement conversations was the importance for people seeking care of culturally and linguistically congruent services, staff with lived experience of behavioral health crises, and demographic representativeness. Establishing a workforce that is representative of King County's population, with particular care to representativeness for populations experiencing behavioral health inequities (see Section III.C. <u>Who Experiences Behavioral Health Inequities</u>), will ensure that more King County residents can choose to receive care from a provider with whom they are comfortable and is one of this Plan's strategies to ensure that all King County residents have meaningful access to CCC Levy-funded facilities and services.

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Figure 5. Summary of Community Engagement Activities Conducted by DCHS Between June and November 2023



• Youth, peer specialists, veterans and active military, aging and older adults

786 787

788 Key Findings of Community Engagement Process

789 This section summarizes community input from implementation planning activities, with supporting

- details provided in the appendices as noted. DCHS organized community feedback into key themes that
 informed this Plan. Figure 6 summarizes these key themes, with a more detailed description of each
- 792 theme below the table.
- 793

794 Figure 6. Summary of Community Engagement Themes

Summary of Community Engagement Themes		
Theme	Description	
Theme A: Implement Clinical	Input on how best to design a crisis care center clinical model most	
Best Practices in Crisis	likely to improve the health and wellbeing of people experiencing a	
Services	behavioral health crisis in King County, including a welcoming and safe environment, person-centered and recovery-oriented care, culturally and linguistically appropriate services, integrated care for people who use substances, promoting least restrictive care, special considerations for serving youth and young adults, and additional clinical considerations.	

Communities voiced the importance of having crisis care centers in
desirable locations that are geographically accessible and accessible to
transportation, as well as the importance of reaching out to diverse
communities.
Community partners, including people with lived experience and
behavioral health providers, frequently raised important questions
about access to ongoing community-based care after a person receives
care at a crisis care center as well as emphasizing care coordination
and peer engagement.
Community members advocated for interim solutions to be
implemented while awaiting crisis care centers to come online, such as
increasing community-based responses and approaches to addressing
the overdose crisis.
Residential treatment providers described the value of residential
treatment but identified significant challenges such as a lack of capital
resources, and excessive wait times.
Feedback from community partners, as well as subject matter experts,
identified significant obstacles to developing the behavioral health
workforce, including low wages, barriers to retention, need for more
professional development opportunities, staff burnout, limited
collaboration with schools, and lack of workforce representation.
Community partners expressed a strong preference to continue to be
involved in future phases of the CCC Levy, particularly around holding
the County accountable, including through defining measures of
success and by continuing to engage during future planning phases.

796 Theme A: Implement Clinical Best Practices in Crisis Services

Community partners offered substantial input on the following topics, all focused on how to design a
 crisis care center clinical model that works as well as possible. These recommendations are reflected in
 the best practices described in <u>Appendix G: Clinical Best Practices in Behavioral Health Crisis Services</u>

that inform the crisis services described in <u>Section V.A. Strategy 1: Create and Operate Five Crisis Care</u>
 <u>Centers</u>.

803 Welcoming and Safe

804 Community members emphasized that people from their communities would only come to crisis 805 care centers if they were confident that they would be helped and not harmed during a crisis. 806 Community members defined safety differently: some people described feeling unsafe around 807 uniformed officers, while others said they prefer or even expect a uniformed officer to be 808 present to feel safe. Some people shared experiences of feeling trapped and unsafe in a locked 809 unit, while others said they would feel safer being in a secured environment. Many described the importance of a comfortable physical space, but that it would be unacceptable to create a 810 811 superficially attractive space without having a welcoming and safe program to reinforce it.

812

813	Person-Centered and Recovery-Oriented Care
814	Community partners described the importance of ensuring that crisis care centers provide
815	person-centered and recovery-oriented care. ^{131,132} Peer specialists and people with lived
816	experience of a behavioral health conditions emphasized the importance of keeping people in
817	control of their care as much as possible. They also emphasized minimizing care transitions,
818	maximizing continuity of care, and following up after discharge to start ongoing care.
819	
820	Culturally and Linguistically Appropriate Services
821	Community partners advocated for ensuring that crisis care centers provide culturally and
822	linguistically appropriate services. Such services combine typical clinical best practices with
823	specially trained, often culturally concordant providers who incorporate cultural practices and
824	shared experience into the treatment and relationship with clients. ¹³³ This Plan incorporates this
825	input in:
826	• Section V.A. A. Strategy 1: Create and Operate Five Crisis Care Centers: Clinical Program
827	Overview, which defines the crisis care center clinical model and post-crisis stabilization
828	resources;
829	• Section V. E. Strategy 5: Capacity Building and Technical Assistance: Capacity Building for
830	Providers with Expertise in Culturally and Linguistically Appropriate Services, which will
831	invest in capacity building for crisis care centers operators to further enhance their
832	capacity to deliver culturally and linguistically appropriate services, and
833	 Section VII.A. Evaluation and Performance Measurement Principles, which will measure
834	how well crisis care centers are meeting these needs to hold DCHS accountable for
835	implementing and improving upon culturally and linguistically appropriate services.
836	
837	Integrate Care for People Who Use Substances
838	Community members identified substance use services as an essential resource to include in
839	crisis care centers because so many people in a mental health crisis have co-occurring substance
840	use or their crisis is primarily related to substance use. ¹³⁴ Service provider partners emphasized
841	that the model should include medication for opioid use disorder (MOUD), withdrawal
842	management (sometimes referred to as "detox"), substance use counseling, distribution of
843	overdose prevention supplies like naloxone, and testing for HIV and Hepatitis C.
844	

⁸⁴⁴

¹³¹ According to the Substance Abuse and Mental Health Services Administration (SAMHSA), "person-centered care—also known as patient-centered care—means consumers have control over their services, including the amount, duration, and scope of services, as well as choice of providers. Person-centered care also is respectful and responsive to the cultural, linguistic, and other social and environmental needs of the individual. Family-centered care recognizes the important role of family members and caregivers in the design and implementation of services." [LINK]

¹³² SAMHSA's working definition of "recovery-oriented care" defines recovery as a process of change through which individuals improve their health and wellness, live self-directed lives, and strive to reach their full potential. Recovery signals a dramatic shift in the expectation for positive outcomes for individuals who experience mental and substance use conditions or the co-occurring of the two. [LINK]

¹³³ National Culturally and Linguistically Appropriate Services (CLAS) Standards. Think Cultural Health, U.S. Department of Health & Human Services [LINK]

¹³⁴ Group for the Advancement of Psychiatry. (2021). Roadmap to the Ideal Crisis System: Essential Elements. Measurable Standards and Best Practices for Behavioral Health Crisis Response. National Council for Mental Wellbeing [LINK]

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845 Least Restrictive Care

- 846 Community partners, especially peer specialists and people with lived experience of a behavioral health condition, frequently voiced a preference for crisis care center services to be voluntary as 847 848 much as possible. Some community partners acknowledged that state regulations, as well as 849 rare uncontrollable circumstances, such as when someone is refusing help even when their life 850 is in danger, might require involuntary interventions such as detention by a law enforcement 851 officer, placement of Involuntary Treatment Act (ITA) holds by a designated crisis responder (DCR), involuntary medications, seclusions, and restraints.¹³⁵ Most community partners agreed 852 853 that involuntary interventions should be minimized by proactively engaging someone in 854 treatment decisions whenever possible in the least restrictive setting. Furthermore, community partners expressed consensus that use of involuntary interventions should be a focus of 855 856 monitoring and accountability for crisis care centers.
- 858 Special Considerations for Serving Children, Youth, and Young Adults in Crisis
- 859 Youth, parents, and providers serving youth clearly stated that behavioral health services for 860 youth differ from adult services in many important ways, and that these differences need to be 861 reflected in the youth crisis care center model. Youth behavioral health service providers explained that adolescents' needs differ from the needs of young children (up to approximately 862 863 age 12), and very young children (up to age 6) and have their own special needs during a 864 behavioral health crisis. Multiple community partners, including youth, also emphasized the 865 unique needs of transition age youth (ages 18-24), also known as young adults, who may not be well served in a combined crisis care center setting with more mature adults.¹³⁶ The needs of 866 867 families, caregivers, and unaccompanied youth also emerged as important factors. Community members also described the high likelihood that young people with intellectual and 868 869 developmental disabilities (IDD) will present to crisis care centers. They emphasized the 870 importance of having staff who are specially trained to meet these unique needs. These recommendations were critical to informing the clinical model for the youth crisis care center 871 872 described in Section V.A. Strategy 1: Create and Operate Five Crisis Care Centers: Clinical Model 873 for Youth Crisis Care Center.
- 874

857

875 Additional Clinical and Support Considerations

Community members discussed the importance of childcare for parents in a behavioral health
crisis, care for pets, safe storage of belongings, nutrition and meal services, full-scope
medication formulary, basic laboratory testing, and transportation. Though many of these
recommendations are beyond the strategic scope of this Plan, DCHS will take this community
feedback into account for future procurement and operational phases of crisis care center
services.

¹³⁵ King County Crisis and Commitment Services offers evaluation of people with behavioral health disorders for involuntary detention in psychiatric and secure withdrawal facilities according to Washington law. The law for adults is RCW 71.05. [LINK] For youth 13 through 17 years of age the law is RCW 71.34. [LINK] Crisis and Commitment staff who perform these duties are referred to as Designated Crisis Responders (DCRs). They are mental health professionals who are specially trained to conduct a holistic investigation of risk and to treat the person in need with dignity and respect during their time of Crisis. Crisis and Commitment Services are available 24 hours a day, 365 days a year. [LINK]

¹³⁶ "Young adult," also known as "transition age youth" means a person between eighteen and twenty-four years of age, per RCW 43.330.702 – Homeless youth—Definitions. [LINK]

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883 Theme B: Increase Access to Care for Populations Experiencing Behavioral Health Inequities

884 Communities repeatedly voiced an absence of suitable or equitable care access points for when

someone is in a behavioral health crisis. The service gaps described previously in Section III.C. Need for

886 <u>Places to Go in a Crisis</u> have real impacts on communities. Community partners reported that existing

- 887 conditions of limited access to real-time behavioral health crisis services leave people suffering without
- the care they need and at high risk of their crisis becoming significantly worse. Community members
- identified that this pattern is particularly prominent among Black, Indigenous, and People of Color(BIPOC) communities.
- 891

903

892

Desirable Location Attributes

893 Community members, especially people living in rural areas, shared that a critical need is for 894 facilities to be located in places that are easy to access and close to multiple forms of 895 transportation. Geographic and transportation accessibility are critical both for people who seek 896 services themselves as well as for people who are dropped off by first responders. Community 897 members also identified that County-funded transportation should be flexible with reduced 898 barriers such as having costs covered, so that people can come to crisis care centers with 899 confidence that they'll be able to get back to places such as their home or an appropriate clinical 900 care setting. This input informed the capital facility siting requirements described in Section V.A. 901 Strategy 1: Create and Operate Five Crisis Care Centers: Crisis Care Center Capital Facility 902 Development.

904 Community Outreach among Populations Experiencing Behavioral Health Inequities

905 Community partners urged the County to promote the launch of crisis care centers. They said 906 that the County should emphasize conducting outreach about the opening of crisis care centers 907 to promote awareness within populations that experience behavioral health inequities (see 908 Section III.C. Who Experiences Behavioral Health Inequities). Community members advocated 909 for an advertising effort to increase awareness about these new resources, particularly in communities that have historically been marginalized and/or under-served. They also cautioned 910 911 that word of mouth will be powerful, with the possibility of community members either avoiding 912 services based on negative reports, or greater utilization based on positive experiences. Section V.G. Strategy 7: Crisis Care Centers Levy Administration: Community Engagement includes 913 914 funding of ongoing community engagement to increase awareness of crisis care center services 915 and associated resources across communities in King County. The goal of this public education 916 work is to increase access to care for populations experiencing behavioral health inequities. To 917 promote equitable access to crisis care centers, there will be a requirement for crisis care center 918 operators to assess the potential equity impacts of their proposed facility as described in Section 919 V.A. Strategy 1: Create and Operate Five Crisis Care Centers: Crisis Care Center Capital Facility 920 <u>Development</u> describing the capital facility siting process.

921

922 Theme C: Challenges of Community Resource Limitations

923 Though the CCC Levy is primarily focused on creating capacity for a front door to care, community

partners raised important questions about the back door to ongoing community-based services after a
 person leaves a crisis care center.

926

927 Need to Build a "Bridge to Somewhere"

928 People with lived experience and behavioral health providers shared the viewpoint that the 929 period immediately following a crisis episode is a high-risk period for negative outcomes, and 930 that it is important to create pathways so that a crisis service is not a "bridge to nowhere," but 931 instead can link a person to resources to continue to recover, such as primary care services, 932 behavioral health services, social services, and housing resources. Providers with experience 933 operating acute care facilities shared concerns about how limitations of housing resources and 934 outpatient behavioral health services can cause bottlenecks that make it difficult to discharge 935 people from crisis settings, which in turn can impact facility capacity. Community partners also 936 expressed concerns that crisis services that do not bridge to other supports could risk cycling 937 people through crisis systems in a way that is just as problematic as emergency or jail settings. 938 Community members and providers alike advocated to increase access to resources for people 939 in the immediate aftermath of a crisis episode, including access to housing resources. This Plan 940 describes post-crisis stabilization resources in Section V.A. Strategy 1: Create and Operate Five 941 Crisis Care Centers: Post-Crisis Stabilization Activities that were directly informed by this 942 community feedback.

943 944

Care Coordination and Peer Engagement

In the aftermath of a behavioral health crisis, people may need to be connected to a range of 945 946 health and social services such as outpatient care, primary care, housing resources, and public 947 benefits enrollment. However, many barriers exist to successfully connecting with these 948 resources. Community partners described barriers such as distrust of providers, concerns about 949 cost of services, difficulties with transportation and making appointments (especially for those 950 experiencing homelessness or housing instability), and stigma. Providers also described 951 fragmented health records systems that prevent information sharing necessary to transition a 952 person's care, including when trying to re-connect someone with an existing provider. Among 953 the peer-run organizations that participated in the CCC Levy planning process, one solution that 954 was voiced often was the value of peer navigators and peer bridgers who can support people 955 who were recently in crisis to access the resources they need. The post-crisis follow-up program 956 described in Section V.A. Strategy 1: Create and Operate Five Crisis Care Centers: Post-Crisis 957 Stabilization Activities, as well as the care coordination infrastructure investments in Section 958 V.G. Strategy 7: Crisis Care Centers Levy Administration: Develop Data Systems Infrastructure 959 and Technology, both aim to address these needs.

960

961 Theme D: Interim Solutions While Awaiting Crisis Care Centers

962 Throughout the implementation planning process, there was a clear sense of urgency among community 963 partners to invest in resources that can serve people as quickly as possible. Since it can take a long time 964 for facilities to be constructed and initiate operations, community members advocated for expedited 965 resources to be implemented while awaiting crisis care centers to come online.

- 966
- 967 Importance of Community-Based Response
- 968 Some community members, especially parents of young people who had been in crisis,
- advocated for expanding community-based response resources, such as mobile crisis services.
- 970 Though crisis facilities may present a front door to care that is not widely available at the time of
- 971 this Plan's drafting, many people shared during community meetings that they would prefer to
- 972 be served in their own environment by an outreach or mobile crisis team. Section V.D. Strategy
- 973 4: Early Crisis Response Investments: Increase Community-Based Crisis Response Capacity

- 974describes ways that DCHS aims to respond to this community feedback by investing in an975expansion of community-based crisis services beginning in 2024.
- 977 Urgency of the Opioid Overdose Crisis
- Another matter of urgency that community members frequently mentioned during engagement
 was the opioid overdose crisis. Though there is access to some substance use services and harm
 reduction approaches, particularly in downtown Seattle, many community members expressed
 ongoing concern about lack of access to essential resources such as the opioid overdose reversal
 medication naloxone. An early crisis response investment in <u>Section V.D. Strategy 4: Early Crisis</u>
 <u>Response Investments: Reduce Fatal Opioid Overdoses by Expanding Low Barrier Opioid</u>
 Reversal Medication would aim to reduce overdoses beginning in 2024.
- 985

986 Theme E: Residential Treatment Facility Preservation and Expansion

987 To understand the needs of the residential treatment sector, the CCC Levy planning team engaged in a 988 series of conversations with residential treatment facility operators. These included key personnel 989 informational interviews with leadership and front-line workers and onsite visits to facilities. See 990 Appendix E: Site and Field Visits for a complete list of residential treatment facility site visits. Throughout 991 this engagement, conversations centered around understanding the needs of residential treatment 992 facilities for both adult and youth populations, with an emphasis on the loss of facilities in recent years 993 and the resources needed to preserve existing facilities and to add more. Additionally, operators shared 994 insights regarding the value of providing residential treatment services and impact that facility closures 995 have had on the County's overall behavioral health system.

996

997 Residential treatment facility operators shared their challenges operating residential facilities, including
998 historic underinvestment in residential treatment facility capital and maintenance funding. For example,
999 aging facilities require ongoing and often increasing maintenance expenses. Due to inflation and rising
1000 costs, operators shared that they do not have enough funding to pay for maintenance and other repairs.
1001 Operators expressed that with additional funding, they would be able to address building maintenance
1002 to make necessary repairs to facilities. This includes renovations to address health and safety issues,
1003 facility improvements such as HVAC repairs, renovations to community spaces, and facility expansion.

1004

1005 Residential treatment facility operator feedback helped to define the allowable activities that are

- 1006 described in Section V.B. Strategy 2: Restore, Expand, and Sustain Residential Treatment Capacity.
- 1007 Activities include both preservation of existing residential treatment facilities and expansion of 1008 residential treatment facilities.
- 1009

1010 Some feedback themes shared by community partners during engagement activities related to 1011 residential treatment services, including input about clinical care needs, are not addressed in this Plan

- 1012 because they fall outside of the scope of services that the CCC Levy is designed to address. This feedback
- 1013 will help inform future DCHS quality improvement activities outside of the CCC Levy.
- 1014
- **1015** Theme F: Behavioral Health Workforce Development
- 1016 Community engagement related to behavioral health workforce needs included both systemwide
- 1017 community behavioral health workforce issues and needs specific to the crisis care center workforce.
- 1018 DCHS gathered input from subject matter expert groups, listening sessions, and community engagement
- 1019 events. Feedback highlighted the workforce shortage as a key factor in the success of the crisis care
- 1020 centers. Community members stressed the importance of providing culturally congruent care by having

- 1021 a workforce reflective of the communities that workforce will serve. Direct line workers provided
- 1022 feedback regarding workforce challenges such as low wages, lack of opportunities for career 1023 advancement, and burnout. These themes are described in greater detail below and reflected in the
- 1024
- design of Section V.C. Strategy 3: Strengthen the Community Behavioral Health Workforce. 1025
- 1026 Low Wages

1046

1055

- 1027 Community partners identified that strengthening the behavioral health workforce is important 1028 in increasing behavioral health service access. Behavioral health agencies shared they struggle 1029 to provide care because workers are not entering the behavioral health workforce due to low 1030 wages. Front line workers shared that low wages impact their quality of life, including 1031 preventing workers from being able to afford to live in the communities where they work. 1032 Workers shared that when they are unable to live in the same communities where they work, 1033 they often experience long commutes, which in turn contributes to job dissatisfaction and the 1034 decision to seek employment in jobs that pay a higher wage or are located closer to home. 1035 Workers also identified that low wages are also a constant challenge for people who need to pay 1036 for childcare or family care expenses.
- 1038 Barriers to Entering the Behavioral Health Workforce
- 1039 Higher education is often a requirement for positions within the behavioral health workforce. 1040 Community partners shared that this is often a barrier for people to enter the behavioral health 1041 workforce, especially for populations that have been disproportionally marginalized and have 1042 faced barriers to accessing higher education. Community members identified activities such as 1043 loan repayment, tuition assistance, assistance with professional licensure fees, and stipends for 1044 books and other supplies as examples of activities that reduce barriers for people to enter and 1045 remain in the behavioral health workforce.
- 1047 Worker Retention and Professional Development
- 1048 Front line behavioral health workers shared their experiences with work burnout and how it 1049 impacts their longevity in the community behavioral health field. Workers shared they 1050 sometimes experience burnout in their roles, don't have skills to move into a different role, and 1051 don't have the resources to access professional development and training to advance their 1052 careers. Workers shared that professional development opportunities, more robust clinical 1053 supervision, and additional support at work would help them feel valued and would help them 1054 grow professionally.
- 1056 Limited Collaboration Between Community Behavioral Health and Schools
- 1057 During listening sessions, front line behavioral health workers shared feedback about their 1058 professional pathway entering community behavioral health. Workers expressed concerns 1059 about the lack of formal career pathways between schools that train behavioral health 1060 professionals and community behavioral health agencies. Additionally, clinical supervisors 1061 shared the need to increase awareness among students and workers about the various 1062 behavioral health career opportunities and pathways available within community behavioral 1063 health agencies.
- 1064 1065 Importance of Workforce Representation Community members participating in engagement activities shared that a more diverse 1066
- 1067 behavioral health workforce is needed, for both future crisis care centers and existing
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1068	community behavioral health agencies. During focus groups, community members stated that		
1069	when someone is seeking care, a behavioral health professional with similar lived experiences		
1070	helps to increase the level of comfort for the person accessing care. Community members also		
1071	shared that a more representative workforce, at both the frontline and leadership levels, can		
1072	influence practices and conditions within behavioral health agencies to be more inclusive of the		
1073	different cultures and identities of people seeking behavioral health care.		
1074			
1075	Feedback solicited through community engagement helped define the allowable funding activities		
1076	described in <u>Section V.C. Strategy 3: Strengthen the Community Behavioral Health Workforce</u> . Activities		
1077	funded in this Plan address both the workforce at crisis care centers and the systemwide community		
1078	behavioral health workforce.		
1079			
1080	Theme G: Accountability Mechanisms and Ongoing Community Engagement		
1081	Throughout the implementation planning process, community partners expressed appreciation for being		
1082	included in the early planning of the CCC Levy. They also voiced a strong preference to continue to be		
1083	involved in future phases of the CCC Levy, including monitoring CCC Levy outcomes.		
1084			
1085	Defining Measures of Success		
1086	Community partners demonstrated an interest in being involved in County processes to define		
1087	measures of success of the CCC Levy. Measures of interest include rates of improvement in		
1088	regard to a person's behavioral health condition, as well as overall quality of life. Measures of		
1089	equity across outcomes were also described as a priority. These topics are addressed in Section		
1090	VII. Evaluation and Performance Measurement, which describes the evaluation and		
1091	performance management plan for the CCC Levy.		
1092			
1093	Community Engagement During Future Planning Phases		
1094	Community partners voiced strong interest in being included during future planning phases. In		
1095	particular, partners expressed interest in providing ongoing input on the clinical implementation		
1096	of CCC Levy services and engaging around the opening of each crisis care center. Section V.G.		
1097	Strategy 7: Crisis Care Centers Levy Administration: Community Engagement includes activities		
1098	related to crisis system administration and includes long-term community engagement as a key		
1099	focus.		
1100			
1101	F. Behavioral Health Equity Framework		
1102	The CCC Levy will not succeed if it increases access to behavioral health crisis services without also		
1103	reducing inequities in who can access that care. Inequities in who can access behavioral health care at		
1104	the time of this Plan's drafting are described above in the section on <u>Section III.C. Who Experiences</u>		
1105	Behavioral Health Inequities. During this Plan's community engagement process, DCHS received		
1106	extensive community feedback from community partners about the importance of centering health		

- equity in this Plan, as summarized in the previous section, <u>Section III.E. Key Findings of Community</u>
- 1108 <u>Engagement Process</u>. Ordinance 19572 reinforces this approach by stating that a key function of
- 1109 behavioral health facilities, including crisis care centers, is to promote equitable and inclusive access to
- 1110 behavioral health services, including those in racial, ethnic, experiential, and geographic communities,
- 1111 which experience disparities in mental health and substance use conditions and outcomes.
- 1112

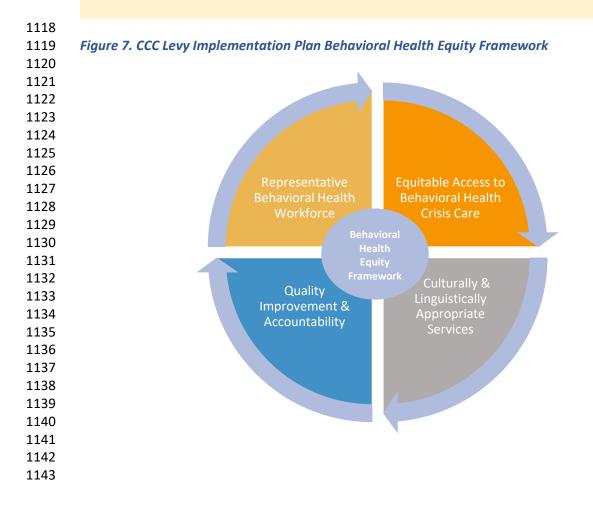
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- 1113 This section synthesizes findings from research and community engagement into a behavioral health 1114 equity framework for the Plan, depicted in Figure 7, summarized in Figure 8, and described further in
- this subsection.
- 1116
- 1117

Behavioral Health Equity Highlight

These gold boxes will appear throughout the Plan to emphasize the ways that the behavioral health equity framework described above will be pursued through the Plan's strategies and activities.



CCC Levy Implementation Plan Behavioral Health Equity Framework Summary			
Behavioral Health Background and Community		CCC Levy Strategies and Activities	
Equity Focus	Engagement		
Increase equitable	 Significant unmet behavioral health 	 Reduce cost/insurance barriers 	
access to behavioral	service needs in sociodemographic	 Increase geographic access 24/7 	
health crisis care	groups	 Promote awareness and outreach to 	
	 Need to reach out to underserved 	populations that disproportionately face	
	communities	barriers to access	
Expand availability	• Clinical best practice to offer culturally	Require and support crisis care center	
of culturally and	and linguistically appropriate services	operators to offer CLAS	
linguistically	(CLAS) ¹³⁷	 Invest in providers with expertise in 	
appropriate	 Community demand for increased 	CLAS to expand services	
behavioral health	access to CLAS		
services			
Increase	 Culturally concordant care improves 	 Train, recruit and retain a more 	
representativeness	outcomes	representative behavioral health	
of the behavioral	 Community feedback advocating for 	workforce	
health workforce	increased diversity in behavioral		
	health workforce		
Promote	 Need to put accountability 	 Support community engagement 	
accountability to	mechanisms in place	throughout the CCC Levy period	
health equity	 Ongoing community engagement is 	 Track outcomes within and between 	
	needed	demographic subpopulations	
		• Train providers on best practices for	
		gathering demographic information	
		needed to inform equity analyses	

1144 Figure 8. CCC Levy Implementation Plan Behavioral Health Equity Framework Summary

1145

This Plan's behavioral health equity framework aligns closely with King County's historic investments in addressing inequities.¹³⁸ In 2016, the Executive released the King County Equity and Social Justice Strategic Plan.¹³⁹ The CCC Levy is highly aligned with the main approaches laid out in the Equity and Social Justice Strategic Plan and includes investments in upstream resources to: prevent inequities and injustices, foster community partnerships, support County employees, and develop mechanisms to ensure transparent and accountable leadership. This Plan describes activities that further the Equity and Social Justice Strategic Plan's priority domains for pro-equity policies, including leadership, operations

- and services; plans, policies and budgets; workforce and workplace; community partnerships;
- 1154 communication and education; and facility and system improvements.
- 1155

1156 Equitable Access to Behavioral Health Crisis Care

- 1157 As described in <u>Section III.C. Key Historical and Current Conditions</u>, behavioral health services remain
- inaccessible to far too many people who need help. Community members and providers clearly
- 1159 articulated that people in a behavioral health crisis face many barriers locally, as described in <u>Section</u>
 - ¹³⁷ National Culturally and Linguistically Appropriate Services (CLAS) Standards. Think Cultural Health, U.S. Department of Health & Human Services [LINK]

¹³⁸ King County Ordinance 16948 [LINK]

¹³⁹ King County Equity and Social Justice Strategic Plan [LINK]

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- 1160 <u>III.E. Community Engagement Summary: Theme B: Increase Access to Care for Populations Experiencing</u>
 1161 Behavioral Health Inequities.
- 1162
- Public policies and social norms play a significant role in shaping social determinants of health that result
 in behavioral health inequities. Studies have shown that the most significant barriers to accessing
 behavioral health care are related to concerns about high costs and lack of health insurance.¹⁴⁰ These
- 1166 concerns are particularly prevalent among BIPOC communities, in part due to social policies that
- 1167 impeded generational accrual of wealth.¹⁴¹ The CCC Levy will increase access to behavioral health crisis
- 1168 care by making services available regardless of insurance status or ability to pay, as described in <u>Section</u>
- 1169 V.A. Strategy 1: Create and Operate Five Crisis Care Centers: Crisis Care Center Clinical Model and
- 1170 <u>Section V.A. Strategy 1: Crisis Care Center Post-Crisis Follow-Up Program</u>. While waiting for the crisis
- 1171 care centers to open, CCC Levy funds will also be used to invest funds starting in 2024 to expand access 1172 to community-based resources for residents of King County, as described in Section V.D. Strategy 4:
- to community-based resources for residents of King County, as described in <u>Section V.D. Strategy 4</u>:
 Early Crisis Response Investments: Increase Community-Based Crisis Response Capacity, as well as
- 1174 substance use services, as described in Section V.D. Strategy 4: Early Crisis Response Investments:
- 1175 Reduce Fatal Opioid Overdoses by Expanding Low Barrier Opioid Reversal Medication and Section V.D.
- 1176 <u>Strategy 4: Early Crisis Response Investments: Substance Use Capital Facility Investments.</u>
- 1177
- 1178 Culturally and Linguistically Appropriate Services
- 1179 Access to, and engagement in, behavioral health care can also be impeded by a lack of cultural and
- 1180 linguistic appropriate services among providers,.¹⁴² These challenges are described in <u>Section III.C. Key</u>
- 1181 <u>Historical and Current Conditions: Behavioral Health Inequities</u> and were also raised by community
- members, as described in <u>Section III.E. Community Engagement Summary: Culturally and Linguistically</u>
 Appropriate Services.
- 1183 <u>App</u> 1184
- 1185 Culturally and linguistically appropriate services best practices (CLAS) are nationally recognized as a way 1186 to improve the quality of services provided to all individuals, which will ultimately help reduce health
- disparities and promote health equity.¹⁴³ According to the U.S. Department of Health and Human
- 1188 Services, which developed the CLAS standards, all aspects of a provider's and a client's cultural identity,
- as depicted in Figure 9, influence the therapeutic process and are relevant to the expansion of CLAS as
- 1190 described throughout this Plan.
- 1191

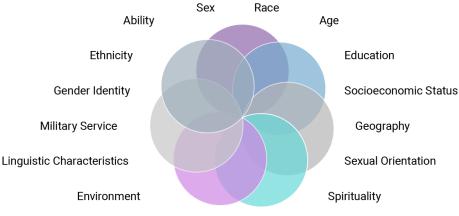
¹⁴⁰ Walker ER, Cummings JR, Hockenberry JM, Druss BG. Insurance status, use of mental health services, and unmet need for mental health care in the United States. Psychiatr Serv. 2015 Jun;66(6):578-84. [LINK] ¹⁴¹ Coombs NC, Meriwether WE, Caringi J, Newcomer SR. Barriers to healthcare access among U.S. adults with mental health challenges: A population-based study. SSM Popul Health. 2021 Jun 15;15:100847. [LINK]

¹⁴² Fountain House, From Harm to Health: Centering Racial Equity and Lived Experience in Mental Health Crisis Response, 2021. [LINK]

¹⁴³ National Culturally and Linguistically Appropriate Services (CLAS) Standards. Think Cultural Health, U.S. Department of Health & Human Services [LINK]

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1192 Figure 9. Aspects of Experience and Identity that Impact Behavioral Health¹⁴⁴



Health Beliefs and Practices

1193

1194 Image Source: U.S. Department of Health and Human Services, Think Cultural Health.

1195

1196 The CCC Levy will increase availability of these clinical best practices by investing in crisis care centers 1197 and post-crisis follow-up services that include CLAS, as described in Section V.A. Strategy 1: Create and 1198 Operate Five Crisis Care Centers: Crisis Care Center Clinical Model and Section V.A. Strategy 1: Culturally 1199 and Linguistically Appropriate Post-Crisis Follow-Up Services. CCC Levy funds will also be used to support 1200 crisis care center operators with capacity building and technical assistance to ensure they are positioned 1201 to meet DCHS's equity goals, as described in Section V.E. Strategy 5: Capacity Building and Technical 1202 Assistance: Crisis Care Center Operator Regulatory and Quality Assurance Activities. Finally, behavioral 1203 health providers with expertise in CLAS will be eligible to receive funds to build their own capacity to 1204 better serve populations experiencing behavioral health inequities, as described in Section V.E. Strategy 1205 5: Capacity Building and Technical Assistance: Building for Providers with Expertise in Culturally and 1206 Linguistically Appropriate Services.

1207

Behavioral Health Equity Highlight

Section III.F. Behavioral Health Equity Framework: Culturally and Linguistically Appropriate Services describes how access to behavioral health care can be impeded by a lack of cultural humility amongst providers and by language barriers.¹⁴⁵ These challenges are described in <u>Section III.C. Key Historical and Current Conditions: Who Experiences Behavioral Health Inequities</u> and were also raised by community members, as described in <u>Section III.E. Community Engagement Summary: Culturally and Linguistically Appropriate Services</u>.

Culturally and linguistically appropriate services (CLAS) are nationally recognized as a way to improve the quality of services provided to all individuals, which will ultimately help reduce health disparities and promote health equity.¹⁴⁶ The CCC Levy will increase availability of these clinical best practices by investing in crisis care centers that include CLAS, including interpretation and translation services. CCC

¹⁴⁴ Image Source: U.S. Department of Health and Human Services, Think Cultural Health: Improving Cultural Competency for Behavioral Health Professionals [LINK]

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Levy funds will be used to support crisis care center operators with capacity building and technical assistance to ensure they are positioned to meet DCHS's equity goals, as described in <u>Section V.E.</u> <u>Strategy 5: Capacity Building and Technical Assistance: Crisis Care Center Operator Regulatory and</u> <u>Quality Assurance Activities</u>.

1208

1209 Representative Behavioral Health Workforce

- 1210 In addition to offering CLAS as part of clinical best practices, there is evidence that improving diversity
- among behavioral health workers to better reflect the communities they serve may help improve
- 1212 communication and trust while reducing behavioral health disparities.^{147,148} Based on both the
- 1213 background in Section III.C. Key Historical and Current Conditions: Behavioral Health Workforce
- 1214 <u>Shortages</u> and the community engagement described in <u>Section III.E. Community Engagement Summary:</u>
- 1215 <u>Importance of Workforce Representation</u>, there are investments to improve the representativeness of
- 1216 the community behavioral health workforce, as described in <u>Section V.C. Strategy 3: Strengthen the</u>
- 1217 <u>Community Behavioral Health Workforce: Community Behavioral Health Workforce Representation</u>.
- 1218
- 1219 Quality Improvement and Accountability
- 1220 The final behavioral health equity focus in this Plan relates to ensuring that equity objectives are realized
- to both improve quality of care and hold the County and behavioral health providers accountable.
- 1222 Community members provided this feedback prominently, as described in <u>Section III.E. Community</u>
- 1223 Engagement Summary: Theme G: Accountability Mechanisms and Ongoing Community Engagement.
- 1224 The CCC Levy's operations funding for crisis care center operators includes funds to collect high quality
- 1225 data about client characteristics, as described in <u>Section V.A. Strategy 1: Collect and Report High Quality</u>
- 1226 Data, and then to use this information to implement continuous quality improvement activities that
- monitor and concertedly aim to reduce observed disparities, as described in <u>Section V.A. Strategy 1:</u>
 Continuous Quality Improvement. The CCC Levy will further invest in community-based organizations or
- 1229 behavioral health providers with expertise in CLAS to provide subject matter expertise to the County to
- 1230 ensure that quality improvement activities are appropriately monitoring and advancing these equity
- 1231 goals, as described in Section V.G. Strategy 7: Crisis Care Centers Levy Administration: Expertise to
- 1232 <u>Support Oversight of Behavioral Health Equity</u>. Additional accountability will occur through the formal
- 1233 evaluation of the CCC Levy, whose funded activities are described in <u>Section V.F. Strategy 6: Evaluation</u>
- 1234 and Performance Measurement Activities and details are provided in Section VII. Evaluation and
- 1235 <u>Performance Measurement</u>. The annual reports will include information about these equity analyses,
- 1236 including information on geographic variations that may provide insights into serving rural communities,
- as described in <u>Section VIII.B. Reporting Methodology to Show Geographic Distribution by ZIP Code</u>.
- 1238
- 1239 In addition to collecting, analyzing, and reporting on data and metrics in a way that accounts for this
- 1240 Plan's behavioral health equity framework, DCHS will engage community partners in an ongoing
- 1241 manner, as described in <u>Section V.G. Strategy 7: Crisis Care Centers Levy Administration: Community</u>
- 1242 Engagement. The Behavioral Health Advisory Board, the advisory body of the CCC Levy, will also play an
- 1243 important role by providing a forum for people with demographics representative of King County, as

¹⁴⁷ Shen MJ, Peterson EB, Costas-Muñiz R, Hernandez MH, Jewell ST, Matsoukas K, Bylund CL. The Effects of Race and Racial Concordance on Patient-Physician Communication: A Systematic Review of the Literature. J Racial Ethn Health Disparities. 2018 Feb;5(1):117-140. [LINK]

¹⁴⁸ Chao, P.J., Steffen, J.J., and Heiby, E.M. (2012). The effects of working alliance and client-clinician ethnic match on recovery status. *Community Mental Health Journal* (48), 91-97 [LINK]

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- 1244 well as lived experience of mental health and substance use conditions to advise DCHS on the CCC Levy
- 1245 implementation, as described in <u>Section IX. Crisis Care Centers Levy Advisory Body</u>.

1247

1248 IV. Crisis Care Centers Levy Purposes

Ordinance 19572 defines the Crisis Care Centers (CCC) Levy's Paramount Purpose and two Supporting
 Purposes. The Paramount Purpose is to establish and operate a network of five crisis care centers in King
 County. Supporting Purpose 1 is to restore and expand mental health residential treatment capacity and
 Supporting Purpose 2 is to strengthen King County's community behavioral health workforce. The Levy's

- purposes will significantly support King County residents' behavioral health. However, the CCC Levy
 cannot transform or repair the region's entire system of behavioral health care. Attempting to do so
- 1255 without first fulfilling the CCC Levy's required purposes risks dissipation of the CCC Levy's resources. To
- 1256 promote focused and high-quality implementation of this initiative, this Plan prioritizes the three
- 1257 mandatory, voter-approved purposes of the CCC Levy.
- 1258

1259 Paramount Purpose

- 1260 The Paramount Purpose of the CCC Levy is to create and support operations of a regional network of
- 1261 five crisis care centers across King County, including at least one that specializes in serving youth. These
- 1262 crisis care centers will strengthen this region's community behavioral health system by creating safe and
- welcoming places for people experiencing an urgent behavioral health need to quickly access behavioral health care, as described in detail in Section V.A. Strategy 1: Create and Operate Five Crisis Care Centers.
- health care, as described in detail in <u>Section V.A. Strategy 1: Create and Operate Five Crisis Care Centers</u>.
 Crisis care centers will promote continuity of care by connecting people to behavioral health and social
- 1265 Crisis care centers will promote continuity of care by connecting people to behavioral health and social 1266 service resources to support ongoing recovery.
- 1267

1268 Supporting Purpose 1

- Supporting Purpose 1 will restore mental health residential beds lost in King County since 2018. During this brief period, King County's mental health residential bed capacity has dropped by 115 beds, or nearly one third. To restore this bed capacity to 355 beds as King County had in 2018, the CCC Levy will
- 1271 fund capital and maintenance expenses to preserve existing and build new mental health residential
- 1273 treatment beds in King County, as described in detail in Section V.B. Strategy 2: Restore, Expand, and
- 1274 Sustain Residential Treatment Capacity.
- 1275

1276 Supporting Purpose 2

- 1277 Supporting Purpose 2 addresses community behavioral health workforce shortages and the need to 1278 grow and sustain the behavioral health workforce, including but not limited to the workforce at the
- 1279 region's new crisis care centers. Investments related to this purpose are intended to increase the
- sustainability and representativeness of the behavioral health workforce by expanding community
 behavioral health career pathways, sustaining and expanding labor-management workforce
- 1281 development partnerships, and supporting crisis workforce development.¹⁴⁹ These activities are
- 1282 development partnerships, and supporting crisis workforce development.²¹⁹ These activities and accepted in detail in Section V.C. Strategy 2: Community Pobavioral Health Workforce
- described in detail in <u>Section V.C. Strategy 3: Community Behavioral Health Workforce</u>.
- 1284

¹⁴⁹ A focus of the Plan is to increase accessibility of behavioral health services, including crisis services funded by the CCC Levy, for all King County residents, including populations who experience behavioral health inequities. A consistent theme of community engagement was the importance for people seeking care of culturally and linguistically congruent services, staff with lived experience of behavioral health crises, and demographic representativeness. Establishing a workforce that is representative of King County's population, with particular care to representativeness for populations experiencing behavioral health inequities (see Section III.C. <u>Who</u> <u>Experiences Behavioral Health Inequities</u>), will ensure that more King County residents can choose to receive care from a provider with whom they are comfortable and is one of this Plan's strategies to ensure that all King County residents have meaningful access to CCC Levy-funded facilities and services.

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1285 V. Crisis Care Centers Levy Strategies and Allowable Activities

1286 Ordinance 19572 requires this Plan to define strategies for how CCC Levy funds will be invested between

1287 2024 and 2032 to achieve the Levy's purposes. This Plan's strategies reflect Ordinance 19572

1288 requirements and input from community partners, subject matter experts, and DCHS staff, as described

- 1289 in <u>Section III.D. Background: Implementation Plan Methodology</u>.
- 1290
- 1291 Figure 10 summarizes the strategies, and Figure 11 illustrates which strategies directly and indirectly
- 1292 support each of the CCC Levy's purposes. Descriptions of each strategy and its allowable expenditures
- 1293 and activities follow the summary figures.
- 1294

1295 Figure 10. Summary of the CCC Levy Strategies

Summary of the CCC Levy Strategies			
Strategy	Summary Description		
Strategy 1 Create and Operate Five Crisis Care Centers Strategy 2 Restore, Expand, and Sustain Residential Treatment Capacity	 Capital funding to create and maintain five crisis care centers Operating funding to support crisis care center personnel costs, operations, services, and quality improvement Post-crisis follow-up for people after leaving a crisis care center Capital resources to restore mental health residential treatment capacity to at least 355 beds in King County Capital resources to expand and sustain residential treatment capacity 		
Strategy 3 Strengthen the Community Behavioral Health Workforce	 Resources to expand community behavioral health career pathways, including investments to stabilize and sustain King County's community behavioral health workforce and increase workforce representativeness Resources to expand and sustain labor management workforce development partnerships, including support for apprenticeships Resources to support the development of the region's behavioral health crisis workforce, including crisis care center workers 		
Strategy 4 Early Crisis Response Investments	 Resources to expand community-based crisis service capacity starting in 2024, before crisis care centers are open Resources starting in 2024 to respond faster to the overdose crisis 		
Strategy 5 Capacity Building and Technical Assistance	 Resources to support the implementation of CCC Levy strategies Support for capital facility siting Build capacity for culturally and linguistically appropriate services 		
Strategy 6 Evaluation and Performance Measurement	 Resources to support CCC Levy data collection, evaluation, and performance management Analyses of the CCC Levy's impact on behavioral health equity 		
Strategy 7 CCC Levy Administration Strategy 8 CCC Levy Reserves	 Investments in CCC Levy administration, community engagement, information technology systems infrastructure, and designated crisis responder (DCR) accessibility¹⁵⁰ Provide for and maintain CCC Levy reserves^{151,152} 		

1296

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¹⁵⁰ King County Crisis and Commitment Services offers evaluation of people with behavioral health disorders for involuntary detention in psychiatric and secure withdrawal facilities according to Washington law. The law for adults is RCW 71.05. [LINK] For youth 13 through 17 years of age the law is RCW 71.34. [LINK] Crisis and Commitment staff who perform these duties are referred to as Designated Crisis Responders (DCRs). They are mental health professionals who are specially trained to conduct a holistic investigation of risk and to treat the person in need with dignity and respect during their time of crisis. Crisis and Commitment Services are available 24 hours a day, 365 days a year. [LINK]

 ¹⁵¹ Ordinance 19704 created the crisis care center fund to account for CCC Levy proceeds. [LINK]
 ¹⁵² This strategy creates a fund reserve equal to 60 days of budgeted expenditures, less capital expenses, consistent with King County Comprehensive Financial Management Policies (2016). [LINK]

How Each Strategy Advances the CCC Levy's Purposes			
Strategy	Paramount Purpose Crisis Care Centers	Supporting Purpose 1 Residential Treatment	Supporting Purpose 2 Community Behavioral Health Workforce
Strategy 1 Create and Operate Five Crisis Care Centers	Direct Link		
Strategy 2 Restore, Expand, and Sustain Residential Treatment Capacity		Direct Link	
Strategy 3 Strengthen the Community Behavioral Health Workforce	Direct Link		Direct Link
Strategy 4 Early Crisis Response Investments	Indirect Link		
Strategy 5 Capacity Building and Technical Assistance	Direct Link	Direct Link	Indirect Link
Strategy 6 Evaluation and Performance Measurement	Indirect Link	Indirect Link	Indirect Link
Strategy 7 CCC Levy Administration	Indirect Link	Indirect Link	Indirect Link
Strategy 8 CCC Levy Reserves	Indirect Link	Indirect Link	Indirect Link

1297 Figure 11. How Each Strategy Advances the CCC Levy's Purposes

1298

1299 A. Strategy 1: Create and Operate Five Crisis Care Centers

1300 Overview

The Paramount Purpose of the CCC Levy is to create and operate a regional network of five crisis care
centers across King County. The CCC Levy's network of crisis care centers will create a new front door for
people in crisis who need behavioral health services. Crisis care centers will help people by:

- Providing in-person behavioral health services tailored to the needs of people in a behavioral health crisis;
- Creating a dedicated place for people in crisis to receive effective care from specialized behavioral health providers;
- Serving as a destination for first responders, including law enforcement, to bring people who need behavioral health care;
- Expanding King County's behavioral health continuum of care as a complement to services
 funded through the KCICN, BH-ASO, and MIDD (see Section III.C. Key Historical and Current
 Conditions: Behavioral Health Service Funding Limitations and Opportunities), and

1313 Reducing reliance on hospital emergency departments, hospitals, and jails as places that people ٠ 1314 go when in a behavioral health crisis. 1315 1316 This section provides an overview of the CCC Levy's crisis care center program and the allowable 1317 activities within Strategy 1, including descriptions of: 1318 The clinical model for the five crisis care centers, including the one dedicated to serving youth; 1319 Post-crisis stabilization activities to support people after a crisis care center visit; • 1320 DCHS's role to oversee and improve the quality of the crisis care centers; 1321 Allowable operational and capital funding activities for crisis care centers; 1322 Crisis care center capital facility requirements, and 1323 The crisis care centers procurement and siting process. • 1324 1325 **Crisis Care Center Clinical Program Overview** 1326 The purpose of this Plan is to guide DCHS in its administration and implementation of the CCC Levy. This section of the Plan describes the initial vision for crisis care centers operations to inform appropriate 1327 1328 County-level guidance for levy-level administration activities such as procurements, contracting, performance measurement, and communications with communities. This Plan does not preempt 1329 1330 relevant state or federal laws or regulations. It also is not intended to interfere with patient-level care 1331 decisions that are more appropriately governed outside of a County-level implementation plan. 1332 1333 DCHS will refine this clinical program and model during procurement and implementation phases based 1334 on improved understanding of community needs. Refinements are expected to incorporate rapid advancements in the evidence base for effective behavioral health care, satisfy future federal and state 1335 1336 regulatory guidance and licensing rules, and use continuous quality improvement practices that respond 1337 to performance data and community accountability. (See more on Section V.A. Strategy 1 Create and 1338 Operate Five Crisis Care Clinics: Oversight of Crisis Care Center Quality and Operations later in this 1339 subsection). 1340 1341 The crisis care center clinical program model has four parts: 1342 1. Clinical components, 1343 2. Services, 1344 3. A facility, and 1345 4. An operator. 1346 1347 Specifically, the crisis care center clinical program has three clinical components (24/7 Behavioral Health 1348 Urgent Care, 23-Hour Observation Unit, and Crisis Stabilization Unit), in which services (assessment, 1349 triage, interventions, referrals) are provided at a sited facility (see Section V.A. Strategy 1:Created and 1350 Operated Five Crisis Care Centers: Crisis Care Center Capital Facility Development) by an operator that 1351 has been competitively selected by DCHS (see Section V.A. Strategy 1: Created and Operated Five Crisis 1352 Care Centers: Crisis Care Center Procurement and Siting Process). 1353 1354 This clinical program model is based on multiple inputs, including: 1355 The core elements of crisis care centers as defined in Ordinance 19572 (see Figure 12). • 1356 • SAMHSA's National Guidelines for Behavioral Health Crisis Care, which call for the creation of crisis facilities ("somewhere to go") for people in crisis to seek help as part of a robust 1357

- 1358behavioral health crisis system (see Section III.C. Key Historical and Current Conditions: Need for1359Places to Go When in Crisis);153,154
- The CCC Levy community engagement process, which identified several clinical best practices that helped inform many of the clinical model components (see <u>Section III.E. Community</u>
 Engagement Summary: Theme A: Implement Clinical Best Practices in Crisis Services);
- Ligggement Summary: memera. Implement Clinical Best Practices in Crisis Services
- 1363Informational interviews with subject matter experts and other community partners, which1364helped tailor crisis care center services to local contexts and needs (see Section III.D.1365Implementation Plan Methodology: Crisis Care Center Methodology); and
- Site visits to 10 adult or youth behavioral health crisis facilities in Washington, California, and
 Arizona (see <u>Appendix E: Site and Field Visits</u>).
- 1368 1369

Figure 12. Crisis Care Center Definition as Defined in Ordinance 19572

Crisis Care Center Definition

"Crisis care center" means a single facility or a group of facilities that provide same-day access to multiple types of behavioral health crisis stabilization services, which may include, but are not limited to, those described in RCW 71.24.025(20), as amended.¹⁵⁵ A crisis care center shall endeavor to accept at least for initial screening and triage any person who seeks behavioral health crisis care.

Among the types of behavioral health crisis stabilization services that a crisis care center shall provide are:

- A behavioral health urgent care clinic that offers walk-in and drop-off client screening and triage 24 hours per day, seven days per week;
- Access to onsite assessment by a designated crisis responder;
- A 23-hour observation unit or similar facility and service that allows for short-term, onsite stabilization of a person experiencing a behavioral health crisis; and
- A crisis stabilization unit that provides short-term, onsite behavioral health treatment for up to 14 days or a similar short-term behavioral health treatment facility and service.

A crisis care center shall be staffed by a multidisciplinary team that includes peer counselors. A crisis care center may incorporate pre-existing facilities that provide crisis stabilization services so long as their services and operations are compatible with this definition. Where a crisis care center is composed of more than one facility, those facilities shall either be geographically adjacent or shall have transportation provided between them to allow persons using or seeking service to conveniently move between facilities.

1370

- 1371 DCHS intends for crisis care centers to incorporate clinical best practices, as described throughout the
- 1372 clinical model below. These best practices are summarized in <u>Appendix G: Clinical Best Practices in</u>
- 1373 <u>Behavioral Health Crisis Services</u> and include care that is trauma-informed, recovery-oriented, person-
- 1374 centered, culturally and linguistically appropriate, integrated, and delivered in the least restrictive
- 1375 setting. This Plan includes support for providers to implement these best practices through Section V.E.

¹⁵³ Substance Abuse and Mental Health Services Administration. (2020). National Guidelines for Behavioral Health Crisis Care - Best Practice Toolkit. [LINK]

¹⁵⁴ Substance Abuse and Mental Health Services Administration: National Guidelines for Child and Youth Behavioral Health Crisis Care. Publication No. PEP22-01-02-001 Rockville, MD: Substance Abuse and Mental Health Services Administration, 2022. [LINK]

¹⁵⁵ RCW 71.24.025. [LINK]

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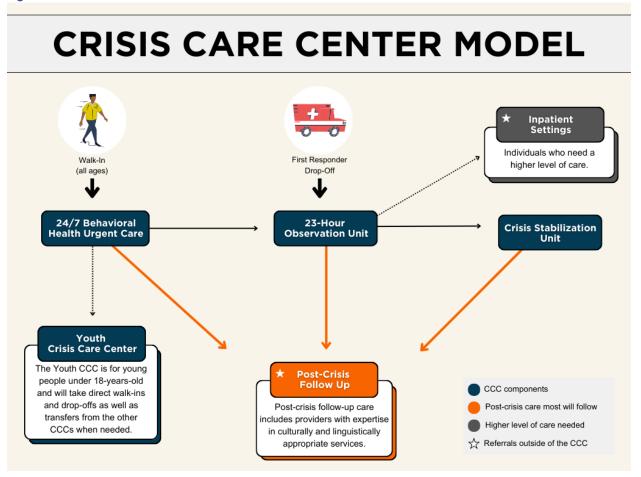
- 1376 Strategy 5: Capacity Building and Technical Assistance. This model reflects high quality standards of 1377 compassionate and effective care in crisis settings.¹⁵⁶
- 1378

1379 Crisis Care Center Clinical Model

The crisis care center clinical model described in this subsection applies to the four crisis care centers 1380 1381 that will primarily serve adults. Figure 13 depicts the model and Figure 14 describes the model in greater 1382 detail. This clinical model describes how at the time of this Plan's transmittal, DCHS expects crisis care 1383 centers will operate. All of the crisis care centers will offer the three clinical components (24/7 1384 behavioral health urgent care, 23-hour observation, and crisis stabilization), which will provide different 1385 levels of care depending on each person's needs. The centers will primarily provide accessible and 1386 efficient assessment, short-term stabilization, and triage to subsequent services and supports. The youth 1387 crisis care center clinical model is described in the next section.

1388

1389 Figure 13. Crisis Care Center Clinical Model



- 1390 1391
- 1392 DCHS, in partnership with community behavioral health providers, will create crisis care centers that
- 1393 operate according to the clinical model depicted in Figure 13 above and described in Figure 14 below.

¹⁵⁶ Group for the Advancement of Psychiatry. (2021). Roadmap to the Ideal Crisis System: Essential Elements. Measurable Standards and Best Practices for Behavioral Health Crisis Response. National Council for Mental Wellbeing. [LINK]

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1394 Figure 14. Summary of the Crisis Care Center Clinical Model

		Crisis Care Cent	er Clinical Model		
Clinical Model Components					
		24/7 Behavioral Health Urgent Care	23-Hour Observation Unit	Crisis Stabilization Unit	
How can a person access care?	Specific to the clinical component	Walk-in (no referral needed) or referred/brought in by provider/support system; adults and children	Triaged from 24/7 behavioral health urgent care; first responder direct drop-off	Triaged from 23-hour observation or other settings	
	Across all components	"No wrong door" access for all behavioral health needs; all welcome regardless of insurance or ability to pay; meets medically stability criteria			
What services are available?		Initial screening and triage; access to basic needs; mental health and substance use evaluation; brief interventions; medication refills	Up to 23 hours and 59 minutes (with exceptions); full-scope acute psychiatric care; crisis stabilization services; treat basic medical needs; initiate withdrawal management	Up to 14 days; group therapy; substance use counseling; withdrawal management; complex care coordination	
		Peer engagement; care that is person-centered, trauma-informed, and culturally and linguistically appropriate; medications for opioid use disorder; care coordination to health and social services, including basic housing resources; discharge planning			
Where can a person go next?	Specific to the clinical component	If medically unstable, to emergency room; if severe behavioral health symptoms and likely to benefit, to 23-hour observation (≥18 years) or youth crisis care center (<18 years)	If needs more time for stabilization, to crisis stabilization unit; if placed on hold by Designated Crisis Responder, transferred out to involuntary treatment setting	If longer-term supports needed, care transition to appropriate setting such as a higher level of care or a mental health or substance use residential treatment setting	
	Across all components	If none of the above, most referred to post-crisis follow-up programs and, if available, existing community-based providers; transportation provided to off-site settings			
What is the ohysical	Specific to the clinical component	Living room model with office space; separate section for youth	Recliner chairs; safety features; dedicated first-responder entrance; outdoor space	Beds in comfortable configuration; outdoor space	
space like?	Across all components	Safe and welcoming; comfortable furniture; balance between private and group spaces; areas for outside providers and families/caregivers			

1395

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RPC Meeting Materials

1396 Access to Crisis Care Centers

- Crisis care centers are places to go in a crisis. People will primarily access care by self-presenting to the
 behavioral health urgent care clinic, which may include having another person like a service provider or
 family member bring the person. Just like a physical health urgent care clinic, people seeking same-day
 behavioral health care outside the traditional outpatient clinic setting should be able to access the
 behavioral health urgent care clinic as a "front door" to services.
- 1402

1403 Crisis care center operators shall work with relevant parties including community behavioral health 1404 providers, mobile crisis teams, co-responder teams, emergency medical services, or law enforcement to 1405 help facilitate transportation to crisis care center facilities from behavioral health provider locations as 1406 needed and subject to available resources.

1407

1408 Crisis care centers that operate either a crisis stabilization unit as defined in RCW 71.05.020, a 23-hour
1409 crisis relief center as defined in RCW 71.24.025, or both, shall accept individuals transported by law
1410 enforcement, in accordance with RCW 10.31.110, to those clinical components.

1411

1412 Crisis care centers will also receive drop-offs by first responders, which include, but are not limited to,

1413 mobile crisis teams, co-responder teams, emergency medical services, and law enforcement. First

1414 responder drop-offs will be made directly into the 23-hour observation unit through a dedicated first

1415 responder entrance. These drop-offs are expected be completed in an efficient manner so that first

- 1416 responders can return to their duties as quickly as possible.
- 1417

Youth under age 18, including those who are unaccompanied by parents or caregivers as permitted by state law, will be able to seek behavioral health urgent care services in any of the crisis care centers, though the youth crisis care center detailed a later subsection will be tailored best to their needs (see

1421 Section V.A. Strategy 1:Created and Operated Five Crisis Care Centers: Clinical Model for Youth Crisis

1422 <u>Care Center</u>). Crisis care centers will follow the "no wrong door" approach, meaning individuals will be

able to receive at least an initial screening and triage for all clinical needs.¹⁵⁷ Examples of "no wrong

1424 door" may include an individual facing their first behavioral health crisis episode, someone without

- 1425 regular access to behavioral health care, or an established client seeking services outside their
- outpatient clinic's standard hours. Services will be available regardless of ability to pay and without an
 appointment.¹⁵⁸ DCHS will work with crisis care center operators, jurisdictions within the crisis response
- 1427 appointment. Dens will work with ensistence center operators, jurisdictions within the ensistesponse 1428 zone, and other crisis system partners to determine criteria and protocols to manage new admissions
- 1429 when a center is at full capacity.
- 1430

1431 Crisis care center operators are encouraged to become a Safe Place Site or Licensed Safe Place Agency.

1432

Behavioral Health Equity Highlight

By increasing access to specialty behavioral health care as an alternative to emergency departments and jails, and by accepting all people regardless of insurance status or ability to pay, King County intends for crisis care centers to be structural solutions that can address these inequities at the root cause.

¹⁵⁷ Substance Abuse and Mental Health Services Administration. (2020). National Guidelines for Behavioral Health Crisis Care - Best Practice Toolkit. [LINK]

¹⁵⁸ King County Ordinance 19572 [LINK]

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1434 Initial Screening and Triage

1435 People coming to a crisis care center will receive an initial screening for mental health and substance use

1436 service needs, social service needs, and medical stability. Peer specialists will engage with each person,

1437 if appropriate, to help them feel welcome and safe. Based on feedback from community partners (see

1438 Section III.E. Community Engagement Summary: Theme A: Implement Clinical Best Practices in Crisis

1439 <u>Services</u>), all team members engaging with people experiencing a behavioral health crisis will be trained

and supervised to use trauma-informed, recovery-oriented, and culturally and linguistically appropriate

1441 approaches (see <u>Appendix G: Clinical Best Practices in Behavioral Health Crisis Services</u>).

1442

1443 The goal of the initial screening is for the clinical team to work with the person in crisis to make shared 1444 decisions about what services and supports they may need. People who come to a crisis care center may 1445 be triaged to a more appropriate setting when they do not meet criteria for medical stability or do not

have an active behavioral health crisis need, which DCHS will define with input from community

1447 partners including first responders.¹⁵⁹ People who decline services will be treated respectfully so their

- 1448 experience increases their likelihood of accepting services in the future.
- 1449

1450 Services Available at Crisis Care Centers

1451 Some services will be available throughout a crisis care center, while others will be specific to certain 1452 components identified in Figure 14. Regardless of how a person in a behavioral health crisis enters a 1453 crisis care center or which component they are in, crisis care center operators may first address each 1454 person's basic needs by providing resources such as food and water, clean clothes, and a safe place to 1455 rest. Peer specialists will work across the components to engage and support people to take steps 1456 towards their recovery goals and access the services they need. Whenever possible, DCHS expects the 1457 crisis care center operator to collaborate with outside service providers to promote continuity of care 1458 and observe clinical best practices.

1459

Psychiatric providers will be available 24/7 to provide services that include, but are not limited to,
 medication refills, administration of long-acting injectable medications, and initiation of medications for
 psychiatric symptoms, opioid use disorder and substance use withdrawal.¹⁶⁰ Crisis care centers shall
 ensure prompt access to substance use disorder treatment on-site. Social service providers will be
 available to help access benefits and existing housing resources (see more on <u>Housing Stability</u>
 <u>Resources</u> later in this subsection). Supports for people with co-occurring behavioral health needs and

- 1466 intellectual and developmental disabilities will also be available at the centers.
- 1467

Crisis stabilization services will be offered only in the 23-hour observation units (up to 23 hours and 59
 minutes, with possible exceptions depending on Washington State Department of Health regulations)
 and crisis stabilization units.¹⁶¹ Services and methodologies in these components will include, but are

¹⁵⁹ First responders include, but are not limited to, mobile crisis teams, co-responder teams, emergency medical services, and law enforcement.

¹⁶⁰ Psychiatric providers include but are not limited to psychiatrists, psychiatric nurse practitioners, and psychiatric physician assistants.

¹⁶¹ Washington State Department of Health Proposal Statement of Inquiry CR-101 regarding WSR 23-13-017, to implement 2SSB 5120 (2023). [LINK]

1471	not limited to, maintaining a safe and healing environment, using de-escalation techniques, creating		
1472	safety plans and crisis plans, and providing evidence-based therapies and substance use counseling.		
1473	DCHS expects that the 23-hour observation unit to be equivalent to a psychiatric emergency service in		
1474	its ability to serve the full scope of mental health and substance use crises that people will present with		
1475	at the crisis care centers. This clinical component will also have the most staff working at any given time		
1476	compared to the other components of a crisis care center, including staff to implement a significant		
1477	focus on maintaining a safe and healing environment. In contrast, DCHS expects the crisis stabilization		
1478	unit to be a lower level of care, with a focus on problem solving around complex health and social		
1479	service needs and engaging in short-term counseling within a maximum stay of 14 days. Stabilization		
1480	beds may be dual licensed to also provide medically monitored withdrawal management services. ¹⁶²		
1481			
1482	In addition to services, the physical space of a crisis care center affects its function. ¹⁶³ Though the		
1483	Section V.A. Strategy 1: Created and Operated Five Crisis Care Centers: Site and Facility Requirements		
1484	subsection later in address the detailed regulatory requirements for these facilities, this subsection		
1485	briefly describes the clinical importance of the physical space based on the community feedback		
1486	described in Section III.E: Community Engagement Summary: Welcoming and Safe.		
1487			
1488	DCHS envisions that the crisis care centers will have design features that include, but are not limited to:		
1489	 a space that is both open and has flexible rooms to protect privacy when needed; 		
1490	 comfortable, private, and calming spaces; 		
1491	 a designated "swing" space to safely separate youth and other vulnerable populations; 		
1492	 spaces to accommodate outside service providers as well as family and caregivers; 		
1493	 sound suppression features to prevent echoes and minimize over-stimulation for people living 		
1494	with intellectual or developmental disabilities;		
1495	 a dedicated entrance for first responders for discrete and efficient drop-offs, and 		
1496	accessible outdoor space.		
1497			
1498	DCHS will provide technical assistance and oversight of crisis care center operators to design facilities		
1499	that support the clinical model described above.		
1500			
1501	Triage to the Next Level of Care		
1502	DCHS anticipates that most people who come in through the behavioral health 24/7urgent care clinic		
1503	will have their needs addressed in that setting with potential follow-up care (see Section V. A. Post-Crisis		
1504	Stabilization Activities), based on similar care models. ¹⁶⁴ DCHS will establish triage criteria, with input		
1505	from crisis care center operators and other community partners, for entry to the 23-hour crisis		
1506	observation or crisis stabilization units, which will be consistent for adult centers and tailored for		
1507	children (see Clinical Model for Youth Crisis Care Center later in this subsection). The criteria will include		
1508	with factors that may assess risk of suicide or violence, behavioral distress, withdrawal from substances,		
1509	and likelihood of benefitting from a higher level of care. Anyone under age 18 who needs a higher level		
1510	of care may be transferred to the youth crisis care center, as capacity allows. If someone needs longer-		
1511	term services, the crisis care center team may initiate a referral to an appropriate care setting, such as a		
1512	mental health or substance use residential treatment setting.		

¹⁶² Washington State Health Care Authority - Adult Withdrawal Management Services [LINK]

¹⁶³ Based on crisis center clinical leadership's report during a DCHS staff site visit to crisis facilities listed in Appendix E: Site and Field Visits ¹⁶⁴ Based on crisis center clinical leadership's report during a DCHS staff site visit to a crisis facility in Phoenix, AZ.

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1514 It is a priority of King County for behavioral health crisis care to be delivered in the least restrictive 1515 way.¹⁶⁵ This means that the person receiving services remains in control of their own care as much as 1516 possible. Community members provided clear support for this approach, as described in <u>Section III.E.</u> 1517 Community Engagement Summary: Least Restrictive Care.

1518

1519 Only when a significant concern exists that a person meets statutory criteria for involuntary treatment

and the person declines treatment, despite every effort to engage them in care voluntarily, DCHS

anticipates that the crisis care center clinical staff will request an evaluation for potential involuntary

1522 treatment by a designated crisis responder (DCR), as required by the Involuntary Treatment Act.¹⁶⁶ A

DCR would conduct a timely onsite evaluation at a crisis care center, as required by Ordinance 19572.^{,167}
 Section V.G. Strategy 7: Crisis Care Centers Levy Administration: Designated Crisis Responder

1525 Accessibility provides resources to help expedite designated crisis responder response times.

1526

1527 If a DCR determines that someone requires involuntary treatment in accordance with the Involuntary 1528 Treatment Act, then the crisis care center may continue to provide services up until transfer to the most appropriate alternative setting, such as a psychiatric hospital or evaluation and treatment (E&T) bed.¹⁶⁸ 1529 1530 DCHS will work with crisis care center operators to develop policies and procedures that minimize the 1531 use of involuntary interventions while remaining compliant with Washington State law. DCHS will 1532 require crisis care center operators to monitor and report on the use of involuntary interventions, 1533 including assessing for potential disparities by race and other demographics. Crisis care center operators 1534 will also be required to use widely recognized national best practices such as the Six Core Strategies to 1535 Reduce Seclusion and Restraint Use, which promotes alternative interventions such as prevention of 1536 escalation, trauma-informed and person-centered approaches, and de-escalation techniques like affording the person ample space and time.¹⁶⁹ 1537 1538

1539 DCHS expects that, when someone is ready for discharge from a crisis care center, crisis care center 1540 team members will work with each person to determine appropriate transitions to engage with

¹⁶⁸ RCW 71.05. [LINK]

¹⁶⁹ National Association of State Mental Health Program Directors (2008). Six Core Strategies to Reduce Seclusion and Restraint Use. [LINK]

¹⁶⁵ Least restrictive care refers to care provided in settings that least interfere with a person's civil rights and freedom to participate in society. The practice of care in least restrictive settings supports the key values of self-determination in behavioral health care: that people should be able to disagree with clinician recommendations for care; that people should be informed participants in defining their care plan; and that state laws and agency policies are applied only as a last resort for people who are unable to act in their own self-interests. Detoxification and Substance Abuse Treatment. Rockville (MD): Substance Abuse and Mental Health Services Administration (US); 2006. (Treatment Improvement Protocol (TIP) Series, No. 45.) 2 Settings, Levels of Care, and Patient Placement. [LINK]

¹⁶⁶ The Involuntary Treatment Act (ITA) law for adults is RCW 71.05. [LINK] For youth 13 through 17 years of age the ITA law is RCW 71.34. [LINK]

¹⁶⁷ King County Crisis and Commitment Services offers evaluation of people with behavioral health disorders for involuntary detention in psychiatric and secure withdrawal facilities according to Washington law. The law for adults is RCW 71.05. For youth 13 through 17 years of age the law is RCW 71.34. Crisis and Commitment staff who perform these duties are referred to as Designated Crisis Responders (DCRs) They are mental health professionals who are specially trained to conduct a holistic investigation of risk and to treat the person in need with dignity and respect during their time of Crisis. Crisis and Commitment Services are available 24 hours a day, 365 days a year [LINK]

- 1541 community-based health and social service resources. Resources include, but are not limited to,
- 1542 reconnecting people with their existing providers, initiating new outpatient referrals, providing
- 1543 prescription refills and medications for opioid use disorder, and linking people to post-crisis follow-up
- 1544 care. (See more on Section V.A. Strategy 1:Created and Operated Five Crisis Care Centers: Post-Crisis
- 1545 <u>Stabilization Activities</u>) To provide the clinical best practice of integrating behavioral health with physical
- 1546 health care, as described in <u>Appendix G: Clinical Best Practices in Behavioral Health Crisis Services</u>, crisis
- 1547 care center operators may partner with primary care providers, including federally qualified health
- 1548 centers (FQHCs) or similar programs, to facilitate referrals to primary care and access to low-cost
 1549 medications.¹⁷⁰
- 1550

1566

1551 Clinical Model for Youth Crisis Care Center

The youth crisis care center will be a specialized clinical setting designed to serve young people, as well as their families and caregivers, in coordination with other youth behavioral health services available in King County. This youth clinical model describes how at the time of this Plan's transmittal DCHS expects crisis care centers will operate, providing a level of detail beyond what is included in Ordinance 19572.

The County intends for the youth crisis care center to be like the other four centers in most ways,
including its three clinical components, approach to screening and triage, available services, and physical
environment. However, youth crisis care centers will be a specialized child and adolescent behavioral
health setting. At a minimum, the youth crisis care center will:

- Offer services to and collaborate with the youth in a behavioral health crisis as well as their
 families and caregivers.
- Employ team members specially trained in youth behavioral health services and co-occurring
 intellectual and developmental disabilities.
 - Employ peer specialists that include both young people and parent advocates with lived experience of navigating youth behavioral health services.
- Accommodate the unique needs of younger children and adolescents, such as the use of age specific stabilization units (for example, separate units for children 12 and under and for youth
 ages 13 to 17), rather than distinct 23-hour observation and crisis stabilization units as in the
 adult centers.¹⁷¹
- Accept transfers when a young person seen at one of the other crisis care centers is determined to meet criteria for facility-based care for reasons such as having a high risk of suicide, violence, or behavioral distress.
- Coordinate with the young person's existing support systems such as school wellness centers, child protective services, foster care, and juvenile justice systems.
- Include spaces for youth service providers, family and caregivers to facilitate coordination and engagement in care.

¹⁷⁰ Health centers are community-based and patient-directed organizations that provide affordable, accessible, high-quality primary health care services to individuals and families. Health centers integrate access to pharmacy, mental health, substance use disorder, and oral health services in areas where economic, geographic, or cultural barriers limit access to affordable health care. Federally Qualified Health Centers and look alike health centers are eligible for increased reimbursement for services provided to Medicare and Medicaid beneficiaries. Health Resources and Services Administration (HRSA) - What is a Health Center? [LINK]

¹⁷¹ In order to qualify as the CCC youth facility, these age-specific units may be licensed to provide either 23-hour crisis observation or its equivalent, short-term onsite crisis stabilization for up to 14 days, or both.

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- Provide youth in need of community-based services with specialized short-term post-crisis
 wraparound services as the youth is transitioning to ongoing care.
- 1580

1581 Crisis Care Center Operational Activities

1582 Allowable activities under Strategy 1 include crisis care center operating and service costs. Allowable 1583 crisis care center operating activities are described below in Figure 15.

1584 Crisis care centers will be funded to operate 24/7. DCHS anticipates that many of the services provided

at crisis care centers will be covered by health insurance as described in <u>Section VI.E. Health Insurance</u>

1586 <u>Assumptions</u>. CCC Levy proceeds will pay for crisis care center operating and service costs that are not

- 1587 covered by health insurance or other sources, including the costs of services for people who are
- uninsured. Crisis care centers will welcome and serve people regardless of their insurance or

1589 immigration status and will also serve persons for whom confidentiality is important to their safety or

- 1590 willingness to seek care.¹⁷² Crisis care center operators will be eligible for workforce investments as
- described in <u>Section V.C. Strategy 3: Strengthen the Community Behavioral Health Workforce</u>.
- 1592

Behavioral Health Equity Highlight

Immigrants and refugees are at higher risk of both experiencing mental health conditions and lacking access to behavioral health care. Because the CCC Levy is a County initiative, levy resources can be used to pay for crisis care center services for people who are uninsured, regardless of immigration or citizenship status. This promotes a "no wrong door" approach by ensuring the cost of care or lack of insurance is not a barrier to accessing crisis care when a person needs it. These investments are in support of <u>Section III.F. Behavioral Health Equity Framework: Equitable Access to Behavioral Health Crisis Care</u>.

1593 1594

¹⁷² Examples of people for whom confidentiality may be important to their safety or willingness to seek care include, but are not limited to, survivors of gender-based violence, undocumented immigrants, and young adults who are covered by their parents' health insurance but do not want to use it to protect their confidentiality.

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Allowable Crisis Care Center Operations Activities		
Activity	Description	
Personnel Costs	Funding for staff salaries, benefits, payroll taxes, and other personnel costs that are part of staffing, operating, and maintaining a crisis care center facility and it services. ¹⁷³	
Pharmacy Costs	Funding for pharmacy services, such as the cost of medications for people who are uninsured, including immigrants who are unable to access Medicaid because of federal rules. Also included is the cost of pharmacy equipment and other resources needed for regulatory compliance and to ensure that medications are available and can be safely stored and managed onsite at crisis care centers.	
Language Access and other Accessibility Costs	Funding for interpretation and translation services, equipment to support these services, other costs to promote language access and provide linguistically appropriate services, and to promote universal access at crisis care centers.	
Health Information Technology Costs	Funding to support health information technology at crisis care centers, such as electronic health record infrastructure.	
Client Transportation Costs	Funding for transportation assistance for people who receive services at crisis care centers, such as drivers and vehicles, bus passes, taxi vouchers, and other assistance.	
Other Operating Costs	Other costs to operate a crisis care center, such as janitorial and environmental management, maintaining a safe and healing environment, operational start-up, supplies, resources to cover the operators' indirect and administrative costs that support high-quality operations, and other eligible expenditures authorized by Ordinance 19572 that promote high quality operations.	

1595 Figure 15. Allowable Crisis Care Center Operations Activities

1596

1597 Post-Crisis Stabilization Activities

In addition to crisis care center operations, CCC Levy Strategy 1 funds will support people after they have received services at a crisis care center. Community partners state that many people will likely need additional community-based behavioral health services, health care, and social services after they leave a crisis care center, to support their ongoing recovery and wellbeing. Community partners also shared during implementation planning process engagement that significant supports are needed by people exiting the crisis care centers in the period immediately following a crisis episode (see <u>Section</u> <u>III.E. Community Engagement Summary: Need to Build a "Bridge to Somewhere"</u>).

¹⁷³ Strategy 3 also includes resources for competitive wages in the crisis workforce, including at crisis care centers, that are better aligned with other sectors. See <u>Section V.C. Strategy 3</u>: <u>Community Behavioral Health Workforce</u> for more information about these CCC Levy workforce investments. See <u>Section III.C. Key Historical and Current</u> <u>Conditions: Behavioral Health Workforce Shortages</u> for further discussion of historic underinvestment in behavioral health workers.

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- 1606 Participants in community meetings and focus groups, including people who have experienced
- 1607 behavioral health crises, discussed the profound benefits of having someone, especially a peer specialist,
- 1608 continue to offer support and help connect to community-based care (see Section III.E. Community
- 1609 Engagement Summary: Care Coordination and Peer Engagement). Evidence and research also identify
- 1610 the need for post-crisis stabilization services, as discussed in Section III.C. Key Historical and Current
- 1611 Conditions: Need for Post-Crisis Stabilization Services. Despite their importance, existing post-crisis
- 1612 follow up services in King County are inadequate to meet the need.
- 1613
- 1614 Strategy 1 resources will be used to fund the activities described in Figure 16 to create a post-crisis 1615 follow-up program that serves all five of the crisis care centers. These services may address three 1616 important and interrelated objectives:
- 1617 1. Provide brief behavioral health interventions during the high-risk period immediately following a 1618 discharge from a crisis care center;
- 1619 2. Engage people proactively to help them connect with community-based behavioral health, 1620 health care, and social service resources that meet their needs and preferences, including
- culturally and linguistically appropriate services and housing services; and 1621
- 1622 3. Manage the capacity of crisis care centers by helping people connect to the intensity of services 1623
 - that best meets their needs, including less intensive community-based services.
- 1624

1625 Figure 16. Allowable Crisis Care Center Post-Crisis Stabilization Activities

Allowable Crisis Care Center Post-Crisis Stabilization Activities		
Activity	Description	
Post-Crisis Follow-Up Services Based	DCHS will fund a program staffed with clinicians and peer	
at Crisis Care Centers	specialists to engage people served at crisis care centers and	
	link them to community-based services and supports. Teams	
	will provide outreach specially tailored for people	
	experiencing homelessness. This activity authorizes	
	expenditures for limited housing stability resources necessary	
	to support post-crisis stabilization.	
Post-Crisis Follow-Up by Providers	DCHS will fund behavioral health agencies that demonstrate	
with Expertise in Culturally and	significant experience in providing culturally and linguistically	
Linguistically Appropriate Services	appropriate and accessible post-crisis follow-up services for	
	populations experiencing behavioral health inequities. ¹⁷⁴	

1626

1627 DCHS anticipates that the post-crisis stabilization resources within this strategy will be inadequate to

1628 meet the behavioral health needs of all people who access King County's crisis care centers.

- 1629 Complementary investments from philanthropic partners and the state or federal governments will be
- 1630 needed to bring the services to scale. Washington State must continue to be a primary funder of post-
- 1631 crisis services, including through state funding for the Behavioral Health Administrative Services
- 1632 Organizations (BHASOs), and enhanced Medicaid reimbursement for eligible clinical services. Section

¹⁷⁴ Culturally and linguistically appropriate services (CLAS) are a way to improve the quality of services provided to all individuals, including populations experiencing behavioral health inequities (see Section III.C. Key Historical and Current Conditions: Who Experiences Behavioral Health Inequities), which will ultimately help reduce health disparities and promote health equity. See Section III.F. Behavioral Health Equity Framework: Culturally and Linguistically Appropriate Services and Appendix G: Clinical Best Practices in Behavioral Health Crisis Services for additional information.

1633 <u>VI.D. Financial Plan Seeking and Incorporating Federal, State, and Philanthropic Resources</u> describes how
 1634 the Executive intends to seek complementary funding opportunities to augment the impact of the CCC
 1635 Levy.

1636

1637 Crisis Care Center Post-Crisis Follow-Up Program

1638 Strategy 1 will create a post-crisis follow-up program that serves people after they receive care at the 1639 five crisis care centers. During this high-risk period, post-crisis follow-up services are essential to serving 1640 as a bridge from crisis care centers to the next level of care. Services may include proactive contacts 1641 after discharge, care coordination with new and existing providers, brief interventions to address acute 1642 needs while awaiting linkage to additional services, and peer support to enhance engagement and 1643 support people to access the services they need, similar to the promising but limited Peer Bridging 1644 programs described in Section III.C. Key Historical and Current Conditions: Need for Post-Crisis 1645 Stabilization Services. Services will address both mental health and substance use needs, as well as 1646 referrals to social services, including housing resources when needed. Special considerations may be 1647 needed to tailor post-crisis follow-up services for youth and their families and caregivers. Care should 1648 continue to be trauma-informed, recovery-oriented, person-centered, culturally and linguistically 1649 appropriate, and aim to maintain people in the least restrictive level of care possible, according to the 1650 crisis care center clinical best practices reviewed the Clinical Program Overview in Appendix G: Clinical 1651 Best Practices in Behavioral Health Crisis Services.

1652

1653 DCHS expects that these services will be provided by a multidisciplinary care team that includes peer 1654 specialists and should be initiated in-person at a crisis care center prior to discharge before transitioning 1655 to outpatient offices, outreach in community-based settings, or virtually through telehealth visits. All 1656 individuals treated at a crisis care center shall have access to post-crisis follow-up treatment planning, 1657 subject to available resources. Because demand for post-crisis stabilization services is likely to exceed 1658 the capacity available through this strategy, DCHS may need to establish prioritization criteria in 1659 partnership with post-crisis follow-up providers. For example, post-crisis stabilization resources may be 1660 prioritized to support people who have the highest risk of not engaging in follow-up care, including 1661 populations experiencing behavioral health inequities (see Section III.C. Key Historical and Current

- 1662 <u>Conditions: Who Experiences Behavioral Health Inequities</u>).¹⁷⁵
- 1663

1664 A specific focus of the post-crisis follow-up program will be to reach people who are experiencing

- 1665 homelessness or are at risk of homelessness, given the significant barriers to accessing behavioral health
- 1666 services described in Section III.C. Key Historical and Current Conditions: Unmet Behavioral Health
- 1667 <u>Service Needs</u>. Tailored approaches are often needed to meet people in the community and create
- 1668 lower threshold entry points for people experiencing homelessness to engage in care.¹⁷⁶ Therefore, the
- 1669 post-crisis follow-up program is expected to provide outreach-based follow-up and linkages to existing

¹⁷⁵Risks of not engaging in follow-up care include suicide, violence, homelessness, hospital readmission, and criminal legal system involvement. These risks are more common among people insured by Medicaid, youth and young adults, BIPOC communities, people experiencing homelessness, and people who were not previously engaged in services, as explained in <u>Section III.C. Key Historical and Current Conditions: Need for Post-Crisis Stabilization Services</u>.

¹⁷⁶ Erickson, B. R., Ehrie, J., Murray, S., Dougherty, R. J., Wainberg, M. L., Dixon, L. B., & Goldman, M. L. (2022). A Rapid Review of "Low-Threshold" Psychiatric Medication Prescribing: Considerations for Street Medicine and Beyond. Psychiatric Services. [LINK]

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housing and social service resources. This strategy's activities may include short-term housing stabilityresources like hotel vouchers.

- 1672
- **1673** Culturally and Linguistically Appropriate Post-Crisis Follow-Up Services
- 1674 The availability of culturally and linguistically appropriate services during high-risk periods is essential, as
- 1675 demonstrated in community feedback, research showing disparities in behavioral health services
- 1676 following a crisis, and the value of culturally congruent care. (See <u>Section III.F. Behavioral Health Equity</u>
- 1677 <u>Framework: Culturally and Linguistically Appropriate Services</u>.) Lack of culturally congruent care reduces
- 1678 engagement in behavioral health care, which this strategy aims to address. (See Section III.C. Key
- 1679 <u>Historical and Current Conditions: Behavioral Health Workforce Needs</u>.)
- 1680
- For these reasons, providers with expertise in offering culturally and linguistically appropriate services are well positioned to offer post-crisis follow-up services. DCHS will make funding available specifically for behavioral health agencies that demonstrate significant experience in providing culturally and linguistically appropriate services to provide post-crisis follow-up services. These post-crisis services will be prioritized for people who were seen in crisis care centers. These providers may support care
- 1686 continuity through longer-term services when appropriate so long as capacity is maintained for new1687 post-crisis follow-up services.
- 1688

1689 The Strategy 1 investment activities described in Figure 16 are intended to increase the capacity of 1690 culturally and linguistically specialized service providers to provide post-crisis follow-up services. These 1691 funds will be made available prior to opening of the crisis care centers so that these providers can build 1692 capacity in time to receive referrals when the crisis care centers open. These investments will increase 1693 over time as crisis care centers become operational so that organizations have additional financial

- 1694 resources to serve new people who are referred from crisis care centers. DCHS intends to award funding
- 1695 for these activities to organizations that have expertise in providing culturally and linguistically
- 1696 appropriate or concordant behavioral health services through a competitive procurement process. Prior
- 1697 to the competitive procurement process, DCHS intends to solicit additional information from providers
- and community partners to inform how best to identify and select providers with expertise in culturallyand linguistically appropriate services.
- 1700

Behavioral Health Equity Highlight

In the aftermath of a behavioral health crisis, multiple factors frequently intersect to decrease access to care in populations experiencing behavioral health inequities. Strategy 1's culturally and linguistically appropriate post-crisis follow-up services component aims to reduce these inequities by designating post-crisis follow-up services funds specifically to expand the capacity of community providers that have expertise in culturally and linguistically appropriate and congruent services.

1702 Housing Stability Resources

- Safe, healthy, and affordable housing is a critical resource and social determinant of health for people
 living with behavioral health conditions.^{177, 178} Housing stability is both a protective factor against future
 crises and an important component of post-crisis care and recovery.¹⁷⁹ Homelessness and housing
 instability can contribute to crises and undermine the care in settings like a crisis care center.¹⁸⁰ (See
 Section III.C. Key Historical and Current Conditions: Who Experiences Behavioral Health Inequities.)
- 1709 Understanding housing stability's importance, crisis care center operators and post-crisis follow-up
- 1710 providers will connect clients with existing housing resources whenever possible. The CCC Levy's
- 1711 regional network of crisis care centers and increased residential treatment capacity will also present
- 1712 housing providers with new resources to reinforce and complement existing housing services.
- 1713
- 1714 DCHS will collaborate with other governments and philanthropy to increase housing resources for King
- 1715 County residents, including people receiving CCC Levy-funded care (See <u>Section VI.D. Financial Plan:</u>
- 1716 <u>Seeking and Incorporating Federal, State, and Philanthropic Resources.</u>) DCHS will also coordinate its
- 1717 divisions' work when possible to increase housing supports for people experiencing homelessness who
- 1718 receive care at crisis care centers.
- 1719
- 1720 In addition to the limited housing stability expenditures that this Plan authorizes, when necessary and
- available as part of post-crisis follow up activities, CCC Levy funds may be used for housing resources in
- accordance with this Plan's priorities for increasing allocations due to additional funding. (See <u>Section VI.</u>
- 1723 <u>Financial Plan: Process to Make Substantial Adjustments to the Financial Plan</u>). These investments may
- 1724 include permanent and emergency housing stability resources like hotel vouchers, rapid rehousing
- 1725 funds, rental assistance, housing vouchers, other housing subsidies, and housing capital or housing
- 1726 operations costs that are otherwise eligible under Ordinance 19572.
- 1727

1728 Oversight of Crisis Care Center Quality and Operations

- 1729 The CCC Levy will establish an entirely new class of behavioral health facility in King County. DCHS will be
- 1730 responsible for ensuring that crisis care centers and related programs are functioning as described
- above in this Section V.A. Strategy 1:Created and Operated Five Crisis Care Centers: <u>Crisis Care Center</u>
- 1732 <u>Clinical Program Overview</u> and <u>Post-Crisis Stabilization Activities</u>.
- 1733
- 1734 Ordinance 19572 directs this Plan to include "levy administration activities and activities that monitor
- 1735 and promote coordination, more effective crisis response, and quality of care within and amongst crisis
- 1736 care centers, other behavioral health crisis response services in King County, and first responders."
- 1737 These activities of the CCC Levy are aligned with the "accountable entity" concept defined by the

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¹⁷⁷ The World Health Organization defines social determinants of health as "the non-medical factors that influence health outcomes. They are the conditions in which people are born, grow, work, live, and age, and the wider set of forces and systems shaping the conditions of daily life. These forces and systems include economic policies and systems, development agendas, social norms, social policies and political systems," [LINK] ¹⁷⁸ Washington State Health Care Authority Social Determinants of Health-Housing Fact Sheet. [LINK]

 ¹⁷⁹ Kushel, M., Moore, T., et al. (2023). Toward a New Understanding: The California Statewide Study of People
 Experiencing Homelessness. UCSF Benioff Homelessness and Housing Initiative. [LINK]

¹⁸⁰ Arienti, F., Mann-McLellan, A., Martone, K., & Post, R. (2020). Effective Behavioral Health Crisis Care for Individuals Experiencing Homelessness. Alexandria, VA: National Association of State Mental Health Program Directors. [LINK]

1738	National Council for Mental Wellbeing's Roadmap to the Ideal Crisis System report as "a structure that		
1739	holds the behavioral health crisis system accountable to the community for meeting performance		
1740	standards and the needs of the population." ¹⁸¹ The CCC Levy provides a unique opportunity for DCHS to		
1741	assume this critical oversight role within the scope of the crisis care centers and other related programs		
1742	funded by the CCC Levy.		
1743			
1744	This subsection describes how DCHS will support crisis care center operators to engage with first		
1745	responders and other behavioral health crisis service providers to coordinate policies and procedures,		
1746	improve quality of services, and collect and report high quality data, as directed by Ordinance 19572. ¹⁸²		
1747			
1748	Funding for DCHS to conduct this oversight is described in <u>Section V.G. Strategy 7: Crisis Care Centers</u>		
1749	Levy Administration. Additional related CCC Levy investments include:		
1750	 Crisis care center personnel costs, Health Information Technology, and other operating costs 		
1751	described in Section V.A. Strategy 1:Created and Operated Five Crisis Care Centers: Crisis Care		
1752	Center Operations Activities;		
1753	 Support for crisis care centers to implement continuous quality improvement practices, as 		
1754	described in Section V.E. Strategy 5: Capacity Building and Technical Assistance: Crisis Care		
1755	Center Operator Regulatory and Quality Assurance Activities;		
1756	 Resources for DCHS to engage community members in quality improvement processes, as 		
1757	described in Section V.G. Strategy 7: Crisis Care Centers Levy Administration: Community		
1758	Engagement;		
1759	 Resources for DCHS to contract with community-based organizations and behavioral health 		
1760	providers to inform quality improvement related to improving equity, as described in <u>Section</u>		
1761	V.G. Strategy 7: Crisis Care Centers Levy Administration: Expertise to Support Oversight of		
1762	Behavioral Health Equity; and		
1763	 Investments to enhance DCHS data systems and information technology needed to monitor and 		
1764	promote coordination across crisis care centers, as described in Section V.G. Strategy 7: Crisis		
1765	Care Centers Levy Administration: Develop Data Systems Infrastructure and Technology.		
1766			
1767	Coordination Between Crisis Care Centers and Crisis System Partners		
1768	DCHS expects crisis care center operators to coordinate with regional partners including, but not limited		
1769	to, community-based organizations, behavioral health providers, hospital systems, first responders,		
1770	behavioral health co-responders, and the regional behavioral health crisis system coordinated by the		
1771	King County BH-ASO. DCHS will support operators to coordinate effectively. DCHS will collaborate with		
1772	first responders and other crisis system partners to develop policies and procedures for referrals from		
1773	outside facilities like hospitals and emergency departments, first responder drop-offs and medical		
1774	stability criteria at crisis care centers. DCHS anticipates developing protocols in collaboration with crisis		
1775	care center operators for when transfers between the centers are needed due to scenarios such as		
1776	reaching maximum occupancy or needing to transfer a child or adolescent to the youth crisis care		
1777	center. DCHS plans to further engage crisis care centers along with other crisis providers and first		

¹⁸¹ Group for the Advancement of Psychiatry. (2021). Roadmap to the Ideal Crisis System: Essential Elements. Measurable Standards and Best Practices for Behavioral Health Crisis Response. National Council for Mental Wellbeing [LINK]

¹⁸² First responders include, but are not limited to, mobile crisis teams, co-responder teams, emergency medical services, and law enforcement.

- 1778 responder agencies, such as crisis call lines, mobile crisis teams, co-responder programs, emergency
- 1779 medical services, and law enforcement agencies, to develop protocols, workflows, clinical convenings
- 1780 about shared treatment plans, and other coordination activities.
- 1781

1782 Outreach to Increase Awareness

- 1783 In addition to working with regional partners within crisis systems, DCHS expects and will support crisis
- 1784 care center operators to promote awareness and outreach about crisis care center services to
- 1785 populations experiencing behavioral health inequities (see <u>Section III.C. Key Historical and Current</u>
- 1786 <u>Conditions: Who Experiences Behavioral Health Inequities</u>) to be responsive to community feedback
- 1787 described in <u>Section III.E. Community Engagement Summary: Community Outreach Among Populations</u>
- 1788 Experiencing Behavioral Health Inequities.
- 1789

1790 *Continuous Quality Improvement and Quality Assurance*

- 1791 For a crisis system to function well, it must grow, evolve, and continuously improve by building on what works well and strengthening what does not work well.¹⁸³ Continuous quality improvement is the 1792 1793 process by which performance metrics, outcomes data, individual experiences, and other relevant information are regularly reviewed and analyzed to directly inform policies and procedures, with the 1794 1795 goal of improving outcomes in an ongoing, iterative manner. ¹⁸⁴ Quality assurance includes functions such as internal or external case review and compliance with licensing requirements.¹⁸⁵ Both quality 1796 1797 improvement and assurance are essential to advancing this Plan's Behavioral Health Equity found at Section III. Background: F. Behavioral Health Equity Framework.¹⁸⁶ DCHS expects and will support crisis 1798 1799 care center operators to monitor and promote quality of care and to develop continuous quality 1800 improvement practices. Contracts with crisis care center operators may include provisions that tie 1801 payment to performance on quality measurements. CCC Levy funds will be used to support crisis care 1802 centers to implement continuous quality improvement practices, as described in Section V.E. Strategy 5: 1803 Capacity Building and Technical Assistance: Crisis Care Center Operator Regulatory and Quality 1804 Assurance Activities.
- 1805
- 1806 Ensuring that people efficiently move through the clinical components of a crisis care center will be an
- 1807 important focus of continuous quality improvement and quality assurance activities. DCHS expects crisis
- 1808 care center operators to facilitate timely access to behavioral health services while also meeting a wide
- 1809 range of clinical and psychosocial needs as a "no wrong door" entry point for all. While it may be a sign
- 1810 of a successful program for crisis care centers to operate at full capacity, crisis care center operators will 1811 need to maintain available capacity for new people to be able to enter. DCHS intends to require and
- need to maintain available capacity for new people to be able to enter. DCHS intends to require and
 support crisis care center operators to report near-real-time data on wait times, length of stay,
- 1813 occupancy, and other measures of capacity and throughput to inform policies that can be adjusted to
- 1914 ansure that crisis care centers are consistently accessible
- 1814 ensure that crisis care centers are consistently accessible.

¹⁸³ Group for the Advancement of Psychiatry. (2021). Roadmap to the Ideal Crisis System: Essential Elements. Measurable Standards and Best Practices for Behavioral Health Crisis Response. National Council for Mental Wellbeing [LINK]

¹⁸⁴ The National Learning Consortium (2013). Continuous Quality Improvement (CQI) Strategies to Optimize your Practice: Primer. [LINK]

 ¹⁸⁵ Sherman, L. J., Lynch, S. E., Greeno, C. G. and Hoeffel, E. M. Behavioral health workforce: Quality assurance practices in mental health treatment facilities. The CBHSQ Report: July 11, 2017. Center for Behavioral Health Statistics and Quality, Substance Abuse and Mental Health Services Administration, Rockville, MD. [LINK]
 ¹⁸⁶ Dzau VJ, Mate K, O'Kane M. Equity and Quality—Improving Health Care Delivery Requires Both. JAMA. 2022;327(6):519–520. [LINK]

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1816 DCHS will monitor utilization rates of crisis care centers and, if persistent underutilization is identified at 1817 a particular center, DCHS will work with the provider to take appropriate steps, including but not limited 1818 to, increased outreach and use of mobile services to address the needs of that particular center.

1819

1820 Collect and Report High Quality Data

1821 Accurate and updated clinical records are essential for outcome metrics and quality improvement 1822 activities to be accurate and meaningful. DCHS expects crisis care center operators to develop and 1823 maintain high quality data collection practices and will support their efforts to do so. Crisis care center 1824 operators should develop certified electronic health record systems that track standardized information, 1825 automatically update and interface with care coordination and quality improvement platforms, and 1826 utilize best practices for documentation, including approaches to gathering demographic information needed to inform equity analyses.¹⁸⁷ Ensuring the reliability of data is necessary for the quality 1827 improvement activities described above, as well as for meaningful evaluation and reporting as described 1828 1829 in Section VII. Evaluation and Performance Measurement and Section VIII. Crisis Care Centers Levy

- 1830 Annual Reporting. 1831

Behavioral Health Equity Highlight

To address behavioral health inequities, it is necessary to measure disparities prior to and after implementation of interventions aimed at reducing inequities.¹⁸⁸

The quality assurance and quality improvement practices required by this Plan are how the findings from the evaluation and performance measurement activities will be operationalized and implemented (see Section VII. Evaluation and Performance Measurement).

1832

1833 Crisis Care Center Capital Facility Development

1834 Crisis Care Center Capital Activities

1835 Strategy 1 investments will create a regional network of five crisis care centers in King County, including 1836 one center specializing in serving children and youth, to fulfill the CCC Levy's paramount purpose. King 1837 County intends to contract with operators to develop, maintain, and operate crisis care centers. Crisis 1838 care center operators will be selected through a competitive procurement process, which will begin in 1839 2024 and is described in Section V.A. Strategy 1:Created and Operated Five Crisis Care Centers: Crisis 1840 Care Center Procurement and Siting Process. Once selected, operators will lead crisis care center capital 1841 facility development in coordination with the County, the applicable local jurisdiction or jurisdictions, 1842 and community partners. Strategy 1 investments that will be used to support crisis care center facility 1843 capital development and maintenance activities are described in Figure 17. 1844

1845 Figure 17. Allowable Crisis Care Center Capital Development and Maintenance Activities

Allowable Crisis Care Center Capital Development and Maintenance Activities		
Activity	Description	

¹⁸⁷ Goldman, M. L., & Vinson, S. Y. (2022). Centering equity in mental health crisis services. World Psychiatry, 21(2), 243–244. [LINK]

¹⁸⁸ Goldman, M. L., & Vinson, S. Y. (2022). Centering equity in mental health crisis services. World Psychiatry, 21(2), 243-244. [LINK]

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Crisis Care Center Capital Facility Development	Costs to develop and construct crisis care center facilities, such as but not limited to purchasing land, acquiring an existing facility, planning, design, building renovation or expansion, new construction, or other capital pre-development and development costs.	
Crisis Care Center Capital Facility Maintenance	Ongoing crisis care center capital facility maintenance costs.	

1847 Crisis care center capital facilities funded with CCC Levy proceeds will be subject to the requirements
1848 defined in this Plan, future procurement processes, and contracts. Procurements of crisis care centers
1849 under Strategy 1 are intended to result in the combined characteristics and requirements described in

1850 this section when the network of five crisis care centers are considered together.

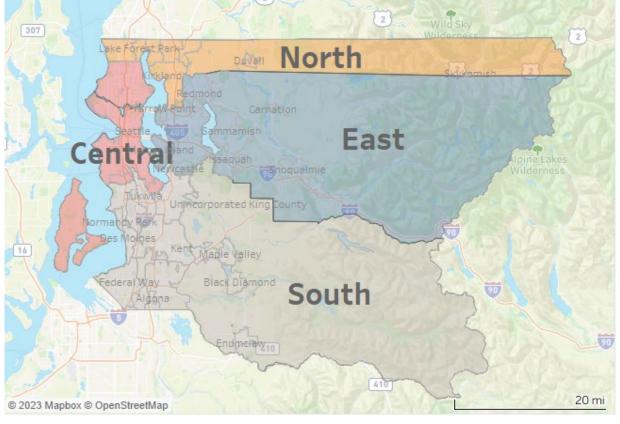
1851

1852 Crisis Response Zone Requirements

At least one crisis care center must be located within each of the four crisis response zones defined in Ordinance 19572. Crisis response zone boundaries are depicted in Figure 18, and the cities and unincorporated regions of King County located within each zone are listed in Figure 19. The purpose of crisis response zones is to promote access by geographically distributing crisis care centers across King County. Crisis response zones do not restrict who can access crisis care centers. A person seeking services, or a first responder seeking to transport a person to receive services, can access a crisis care center in any zone.

1860

1861 Figure 18. Crisis Response Zone Map



1862 1863

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1865 *Figure 19. Cities and Unincorporated Parts of King County Located Within Each Crisis Response Zone*

Cities and Unincorporated Parts of King County Located Within Each Crisis Response Zone			
Central CRZ	North CRZ	East CRZ	South CRZ
Seattle	Bothell	Beaux Arts	Algona
Unincorporated areas	Duvall	Bellevue	Auburn
within King County	Kenmore	Carnation	Black Diamond
Council District 2	Kirkland	Clyde Hill	Burien
Unincorporated areas	Lake Forest Park	Hunts Point	Covington
within King County	Shoreline	Issaquah	Des Moines
Council District 8	Skykomish	Medina	Enumclaw
	Woodinville	Mercer Island	Federal Way
	Unincorporated	Newcastle	Kent
	areas within King	North Bend	Maple Valley
	County Council	Redmond	Milton
	District 3 that are	Sammamish	Normandy Park
	north or northeast	Snoqualmie	Pacific
	of Redmond	Yarrow Point	Renton
		Unincorporated areas	SeaTac
		within King County	Tukwila
		Council District 3 that	Unincorporated areas within
		are east or southeast of	King County Council District 5
		Redmond	Unincorporated areas within
		Unincorporated areas	King County Council District 7
		within King County	Unincorporated areas within
		Council District 6	King County Council District 9

1866

1867 *Public Interest Requirements*

1868 Crisis care center facilities will create long term crisis service capacity in King County. Any crisis care

1869 center facility that receives CCC Levy proceeds for capital development activities must meet the public

1870 interest requirements described in Figure 20 and requirements in future procurement processes and

1871 contracts. The purpose of these requirements is to ensure facilities receiving public capital resources are

1872 dedicated as crisis care centers for the life of the building or construction investments and that their

- 1873 development complies with County priorities.
- 1874
- 1875

1876 Figure 20. Crisis Care Center Capital Facility Public Interest Requirements

rigu	Crisis Care Center Capital Facility Public Interest Requirements			
	Requirement	Description		
1.	50 Year Minimum Use	Crisis care center capital facilities acquired or constructed with CCC Levy proceeds must remain dedicated to providing crisis care center services for a minimum of 50 years.		
2.	Operator Cap	A single operator should operate no more than three crisis care center facilities funded by CCC Levy proceeds. The purpose of this requirement is to ensure the CCC Levy is not overly reliant on a single operator. ¹⁸⁹		
3.	Leased Facility Restrictions	If a crisis care center operates in a leased facility, the operator must pursue ownership of the leased facility when possible. CCC Levy proceeds shall not be used to make capital improvements in leased facilities if the operator does not have an agreement to purchase the facility. The DCHS department director may authorize exceptions to this restriction if the exception is not inconsistent with the Levy's paramount purpose. The DCHS director must describe the rationale and terms of any exception to this restriction in a letter to the Chair of the King County Council to be sent within 90 days of approving the exception.		
4.	Environmental Sustainability Standards	Crisis care center facilities should align with environmental sustainability standards for building design and operations that King County will define in contracts. These standards and requirements will be informed by King County's Strategic Climate Action Plan, Green Building Ordinance, and Equity and Social Justice strategies for capital projects. ^{190,191}		
5.	Equity Impact	Crisis care centers should promote behavioral health equity. DCHS plans to include within Phase 2 of the Crisis Care Center Procurement and Siting Process, described in Figure 23, a requirement for potential crisis care center operators to assess the potential equity impacts of their proposal, and DCHS intends to consider those impacts when selecting crisis care center operators. DCHS also intends to include within a crisis care center operator's ongoing contract a requirement to periodically offer opportunities for persons receiving care at the crisis care center and persons living or working in the immediate area near a crisis care center to provide feedback on the crisis care center facility's equity impacts, and then propose to DCHS how that feedback will influence the operator's future operations within or near the facility.		

1877

1878 Site and Facility Requirements

1879 Crisis care center sites must meet the minimum requirements described in Figure 21. Minimum

1880 requirements include sufficient size to deliver the crisis care center model's clinical components,

¹⁹⁰ King County 2020 Strategic Climate Action Plan (SCAP) [LINK]

¹⁸⁹ Limiting the number of crisis care center facilities a single operator should operate will help ensure the stability of King County's future network of five crisis care centers in case an operator goes out of business, opts to terminate crisis care center operations, ceases to comply with contractual or licensing requirements, is acquired by or merges with another organization, or is otherwise compromised in a way that impacts the ongoing operations of crisis care center facilities or the quality of crisis care center services.

¹⁹¹ Green Building Ordinance - King County Code Chapter 18.17 [LINK]

meaningful transportation access, accessibility and zoning requirements, and the ability to meet state
 behavioral health facility licensure requirements. Additional requirements may be included in future
 procurement processes and contracts to promote the goals and values described in this Plan.

1884

1885 Figure 21. Crisis Care Center Site Requirements

	Crisis Care Center Site Requirements			
	Requirement	Description		
1.	Sufficient Size	Crisis care center sites must have sufficient space to deliver the crisis care center model's required clinical components. Sites should be able to accommodate a facility with approximately 30,000 to 50,000 square feet of licensed clinical space within one building, multiple adjacent buildings, or buildings that are connected by transportation for people accessing services. ¹⁹²		
2.	Meaningful Transportation Access	Crisis care center sites must be accessible to transportation. King County will prefer sites that have meaningful access to public transportation, convenient access for ambulances and first responders, proximity to major transportation arterials, and free public access for any person.		
3.	Accessibility Requirements	Crisis care center sites and buildings must be accessible for people with disabilities and comply with the Americans with Disabilities Act. ¹⁹³ DCHS will prefer facility designs that incorporate the principles of universal design, meaning they are accessible to all people to the greatest extent possible without the need for adaption or specialized design. ¹⁹⁴		
4.	Zoning Requirements	Crisis care center operators must adhere to the relevant zoning and permitting laws and regulations of the jurisdiction within which a crisis care center facility is sited.		
5.	Licensure Feasibility	Crisis care center operators must propose sites that can satisfy state licensure requirements that apply to the types of behavioral health facilities that will occupy the site.		

1886

1887 Crisis care center facility capital development may occur through a variety of potential scenarios, 1888 described in Figure 22, that are each eligible for CCC Levy funding under Strategy 1. These scenarios 1889 reflect the varied ways a facility could be developed while meeting all the crisis care center 1890 requirements. Crisis care center sites and facilities must be able to accommodate the crisis care center 1891 clinical model described in Section V.A. Strategy 1: Created and Operated Five Crisis Care Centers: Crisis 1892 Care Center Clinical Program Overview, modifications to that model that the County may make during 1893 the levy period, and additional requirements described in future procurement processes and contracts. 1894 This development model flexibility is allowed by Ordinance 19572. The purpose of this flexibility is to 1895 accelerate creation of high-quality crisis care centers, further discussed in Section V.A. Strategy 1896 1:Created and Operated Five Crisis Care Centers: Sequence and Timing of Planned Expenditures and 1897 Activities. 1898

1899

¹⁹³ U.S. Department of Justice Civil Rights Division, The Americans with Disabilities Act [LINK]

¹⁹⁴ U.S. General Services Administration, Universal Design and Accessibility [LINK]

¹⁹² Ordinance 19572

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1900 Figure 22. Allowable Crisis Care Center Capital Development Scenarios

	able Crisis Care Center Capital Development Scenarios	
Scenario	Description	
Pre-Existing Facility	Crisis care centers may incorporate a pre-existing facility or program that provides behavioral health crisis stabilization services if the program's site, services, and operations are compatible with crisis care center requirements.	
Facility Acquisition	Crisis care centers may be developed by acquiring, renovating, or expandin an existing facility.	
New Construction	Crisis care centers may be developed through new construction.	
Multiple Facilities	In addition to individual facilities, the required crisis care center clinical components may be located within geographically adjacent facilities or nor contiguous facilities if transportation is provided between facilities for people seeking and receiving services. Regardless of configuration, King County will prefer development proposals that provide easy access for patients to all crisis care center services.	
from individual orga	osal may combine two or more of these scenarios. DCHS will accept proposal nizations and multiple organizations that are interested in forming a multi- partnership or consortium to develop and operate a crisis care center.	
ot limited to: Community healt Outpatient behav Sobering, metabo Substance use tre	ioral health clinics; Iizing ¹⁹⁵ , and post-overdose recovery centers; atment programs;	
Other services that	ng and permanent supportive housing, and at support the health and wellbeing of people accessing crisis care center nilies, and their caregivers.	
 Other services that services, their fan 	at support the health and wellbeing of people accessing crisis care center	
Other services that services, their fan OCHS may prefer in procu ervices. Crisis Care Center Procu	at support the health and wellbeing of people accessing crisis care center nilies, and their caregivers.	

1920 Throughout the phases detailed in Figure 23, King County intends to support jurisdictions located within 1921 specific crisis response zones to coordinate with potential facility operators and to identify and

specific crisis response zones to coordinate with potential facility operators and to identify and

¹⁹⁵ Metabolizing services refers to the biological process of a person metabolizing a psychoactive substance to eliminate it from their body. Metabolizing services ("sobering") provide a safe environment for adults to recover from the acute effects of a psychoactive substance. Metabolizing services also serve as an access point for case management services and substance use services to support their self-determined health and recovery goals.

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- 1922 recommend crisis care center facility sites.¹⁹⁶ DCHS will ensure that activities King County may 1923 undertake to facilitate a potential crisis care center proposal do not inappropriately factor into
- 1924 consideration of crisis care center procurement.
- 1925

1926 Each competitive procurement process conducted for crisis care centers shall include non-scoring 1927 representatives on the proposal review panel to foster collaboration and understanding of local factors 1928 between King County and cities within each crisis response zone, to ensure individual cities and each 1929 per-zone group have a voice in the decision processes. The proposal review panel for each competitive

- 1930 procurement process shall include representatives as follows:
- 1931
- 1932 The proposal review panel for each competitive procurement process shall include representatives as 1933 follows:
- 1934 1. A North King County crisis response zone representative selected by the Sound Cities 1935 Association from cities as defined in Section 1.C.1 of Ordinance 19572 to review crisis care 1936 center operator proposals for the north King County crisis response zone.
- 1937 2. A Central King County crisis response zone representative selected by the Mayor and the 1938 Council of the City of Seattle to review crisis care center operator proposals for the central 1939 King County crisis response.
- 1940 3. A South King County crisis response zone representative selected by the Sound Cities 1941 Association from cities as defined in Section 1.C.3 of Ordinance 19572 to review crisis care 1942 center operator proposals for the south King County crisis response zone.
- 1943 4. An East King County crisis response zone representative selected by the Sound Cities 1944 Association from cities as defined in Section 1.C.4 of Ordinance 19572 to review crisis care 1945 center operator proposals for the east King County crisis response zone.
- 1946 5. One representative selected by the City of Seattle and Sound Cities Association to review 1947 youth crisis care center operator proposals.

1948 The City of Seattle and Sound Cities Association shall send the names of their representatives to the 1949 Director of the Department of Community and Human Services and the Director of the Behavioral 1950 Health and Recovery Division no later than September 1, 2024, for competitive procurements occurring 1951 in 2024, and by January 1 every year thereafter in which competitive procurements for crisis care center operators will take place. If the City of Seattle or Sound Cities Association has not yet sent the 1952 1953 Department of Community and Human Services representatives for the proposal review panel by the 1954 dates identified in this section, then the Department may proceed with the procurement process 1955 without the representatives in order to avoid crisis care center timeline delays and the representative 1956 may join the review panel once selected. 1957

- 1958 When selecting a crisis care center site, each selected crisis care center operator shall work with the 1959 crisis response zone representative of the relevant jurisdiction in the site selection process.
- 1960
- 1961 Figure 23. Summary of Crisis Care Center Procurement and Siting Process

Summary of Crisis Care Center Procurement and Siting Process		
Siting Phase	Description	

¹⁹⁶ In this section, "jurisdictions" means cities, tribes and other jurisdictional entities with siting authority that are physically located within King County.

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Phase 1: Pre-Procurement	This is the period before DCHS procures crisis care center operators. Jurisdictions and potential crisis care center operators may form siting partnerships prior to the procurement process. DCHS provides technical support to potential host jurisdictions and facility operators to advance interjurisdictional alignment and partnerships between potential facility operators and jurisdictions.	
Phase 2: Procurement	DCHS selects crisis care center operators through a competitive procurement process. DCHS will prefer operators that can demonstrate support from jurisdictions located within the crisis response zone where the crisis care center is proposed, with a focus on the host jurisdiction.	
Phase 3: Siting	The period from DCHS executing contracts with a crisis care center operator to develop a facility and when a crisis care center facility opens. DCHS will support selected operators and host jurisdictions with community engagement and communications as described in <u>Section</u> <u>V.E. Strategy 5: Capacity Building and Technical Assistance: Local</u> Jurisdiction Capital Facility Siting Support Activities.	
DCHS may be in different pl	nases for each Crisis Response Zone and/or the youth-focused crisis care	
center at the same time	e, depending on how rapidly development of each crisis care center	
progresses.		

The competitive procurement process shall include an evaluation of how operators will ensure a
therapeutic milieu for individuals with disparate and often conflicting needs, especially age disparities
between youth in the youth facility, age disparities between seniors and adults in the adult facilities,
individuals with substance use needs, and people in active psychosis.

- 1967
 1968 DCHS will prefer crisis care center procurement proposals that demonstrate support from a jurisdiction
 1969 located within the crisis response zone where the facility is proposed. Jurisdictions can demonstrate
 1970 support for a proposed site by providing a written statement as part of the procurement process that
- 1971 includes, but is not limited to, the following criteria:
 - Support for a crisis care center to be developed and operated by the proposed operator.
 - Support for the proposed crisis care center facility site and confirmation that the site meets or is likely to meet the jurisdiction's zoning and other relevant local development requirements.¹⁹⁷
- If a specific site is not yet identified, willingness to support the proposed operator in identifying
 a site that complies with the jurisdiction's zoning and other local development requirements.
 - Commitment to supporting the proposed operator in engaging community members regarding the siting, development, and ongoing operations of a crisis care center facility.
- 1978 1979

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- 1980 Preference will be given to potential sites for crisis care centers with support from the host jurisdiction1981 that also include, but are not limited to, the following:
- 19821. Existing facility or facilities that with retrofitting or remodeling will cost less than constructing a1983new facility.

¹⁹⁷ Nothing in this requirement shall be interpreted to require a jurisdiction to inappropriately preempt, influence, interfere with, or pre-judge a ministerial or administrative determination.

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1984	2. Sites that are bounded on all sides by rights-of-way and do not have any shared lot lines with
1985	adjacent properties or otherwise consistent with jurisdictional zoning and land use
1986	requirements.
1987	3. Sites with larger facilities that include potential expansion space and/or additional space for
1988	supporting service providers.
1989	4. Locations central to the community it will serve.
1990	5. Locations close to, or co-located with, existing community health facilities and hospitals for easy
1991	access and referral capabilities.
1992	6. Locations that provide easy access to bus, streetcar, light rail, and other forms of public transit.
1993	7. Facilities that have or would allow ample available onsite parking.
1994	8. Facilities that include existing infrastructure necessary to host a variety of medical related
1995	services.
1996	9. Facilities with multiple entrances that can be used to segregate portions of the facility into
1997	independent facilities.
1998	DCHS will support the crisis care center facility siting process through CCC Levy funding as described in
1999	Section V.E. Strategy 5: Capacity Building and Technical Assistance. DCHS will also support the siting
2000	process by providing technical advice to jurisdictions and facility operators, supporting interjurisdictional
2001	partnerships, supporting partnerships between facility operators and jurisdictions, supporting
2002	community engagement, and creating and deploying communication content.
2003	
2004	Siting a crisis care center will be a complex process involving review and approval by at least three
2005	separate units of government that only begins with Phases 1 and 2 in Figure 23. Once the King County-
2006	administered procurement is complete and contracts with the selected crisis care center operators are
2007	executed, Figure 23's Phase 3 requires an operator to complete at least two additional steps:
2008	• Local Jurisdiction Zoning and Permitting: First, an operator must satisfy land use, zoning, and
2009	permitting requirements of the host jurisdiction or jurisdictions. Each local jurisdiction defines
2010	its own land use, zoning, and permitting requirements and processes in accordance with state
2011	law. Historically, land use, zoning, and permitting decisions have often taken years, especially in
2012	conjunction with new construction or substantial capital rehabilitation for which some permits
2013	require a building or system to be built and then inspected while other types of permits must be
2014	acquired before or during construction.
2015	 State-Level Facility and/or Operator Licensing: Second, an operator must satisfy state-level
2016	Department of Health licensing requirements before a facility or its operator can begin providing
2017	certain types of behavioral health care that are required in the crisis care center clinical
2018	program. Other state-level licenses may also be necessary. It is common for Department of
	Health licensing requirements to take months, and they could take a year or more in some
2019	
2020	circumstances.
2020 2021	
2020 2021 2022	This Plan recognizes the necessity of:
2020 2021 2022 2023	This Plan recognizes the necessity of:County-level procurement and contracting;
2020 2021 2022 2023 2024	 This Plan recognizes the necessity of: County-level procurement and contracting; City or other local jurisdiction-level land use, zoning, and permitting; and
2020 2021 2022 2023 2024 2025	This Plan recognizes the necessity of:County-level procurement and contracting;
2020 2021 2022 2023 2024 2025 2026	 This Plan recognizes the necessity of: County-level procurement and contracting; City or other local jurisdiction-level land use, zoning, and permitting; and State-level licensing and their attendant requirements for public notice and potential review.
2020 2021 2022 2023 2024 2025	 This Plan recognizes the necessity of: County-level procurement and contracting; City or other local jurisdiction-level land use, zoning, and permitting; and

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2029 constitute a substantial risk to the crisis care center capital development timelines that this Plan 2030 describes.

2031

2032 Alternative Siting Process

Ordinance 19572 requires a network of five crisis care centers by the end of 2032. Strong partnership between King County and cities or other local jurisdictions will produce the most rapid and effective accomplishment of this voter approved requirement. King County will encourage jurisdictions located within crisis response zones to coordinate with potential facility operators to identify and recommend crisis care center facility sites that meet the requirements defined in Ordinance 19572, this Plan, and future crisis care center procurement processes.

2039

If, by December 31, 2026, King County does not yet have for any crisis response zone a viable proposal,
with local jurisdiction support for an adult-focused crisis care center that meets the requirements
defined in Ordinance 19572, this Plan, and future procurement processes, King County reserves all
available rights, authorities, means, and abilities to proactively site and open an adult focused crisis care
center within that crisis response zone.

2046 If, by December 31, 2026, King County does not yet have a viable proposal that has host jurisdiction
2047 support for a youth-focused crisis care center that meets the requirements defined in King County
2048 Ordinance 19572, this Plan, and future procurement processes, King County reserves all available rights,
2049 authorities, means, and abilities to proactively site and open a youth focused crisis care center within
2050 King County.

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The purpose of this alternative siting process is to prefer local jurisdiction supported crisis care center
 siting early in the CCC Levy period while ensuring that King County can fulfill the requirements of
 Ordinance 19572 as it was approved by a majority of King County voters in the April 2023 Special
 Election.

To best position crisis care centers for successful and timely siting in local jurisdictions, DCHS will
 maintain regular communications with stakeholders, including but not limited to the following:

- Provide email updates to all King County Council offices, members and alternate members of the King County Regional Policy Committee or its successor, and Sound Cities Association when planning and releasing annual procurements and when announcing procurement results.
- Incorporate updates on crisis care center operator awards and progress in each annual report.
- For any crisis response zone that does not yet have a supported crisis care center operator after the 2024 and 2025 procurements, convene relevant jurisdictions to coordinate partnerships, provide technical assistance funding, and any other resources to help promote a successful procurement prior to 2027.
- 2067 Create a list of steps needed to achieve a viable adult and youth crisis care center proposal, and 2068 by December 31, 2025, and prior to the release of the 2026 crisis care center operator 2069 procurement, and also at 30, 60, and 90 days prior to December 31, 2026, email an update to all 2070 King County Council offices, members and alternates of the King County Council Regional Policy 2071 Committee or its successor, and Sound Cities Association that summarizes steps remaining to 2072 achieve a viable proposal for each remaining unsited adult focused crisis care center or youth 2073 focused crisis care center, along with a red, yellow, or green milestone assessment of whether 2074 progress is on schedule to avoid an executive alternative siting process.

2076 The Executive may only commence an alternative siting process authorized in this subsection after 2077 transmitting a notification letter to the King County Council describing the decision, issued no earlier

2077 transmitting a notification letter to the King county Council describing the decision, issued no earlier 2078 than January 1, 2027. The Executive will electronically file the letter with the clerk of the Council, who

2079 will retain an electronic copy and provide an electronic copy to all councilmembers and all members of

2080 the Regional Policy Committee or its successor. Unless the Council passes a motion rejecting the

- 2081 commencement of the alternative siting process within 30 days of the Executive's transmittal, the
- 2082 Executive may proceed with the use of the alternative siting process.
- 2083

2084 Sequence and Timing of Planned Expenditures and Activities

The process of developing and opening a crisis care center includes multiple parties and steps that have variable timelines. Before being able to open, any crisis care center would have had to satisfy at least the County-administered procurement and contracting process; a city or other local-jurisdiction defined land use, zoning, and/or permitting process; and a state department-defined licensing process. These necessary processes, administered by at least three separate levels of government, introduce substantial potential variability to the capital development timeline for a crisis care center.

2091

This subsection describes the sequence and timing of expenditures and activities related to developing
 crisis care centers. It also describes when timelines may vary and how DCHS intends to work to mitigate
 these variables.

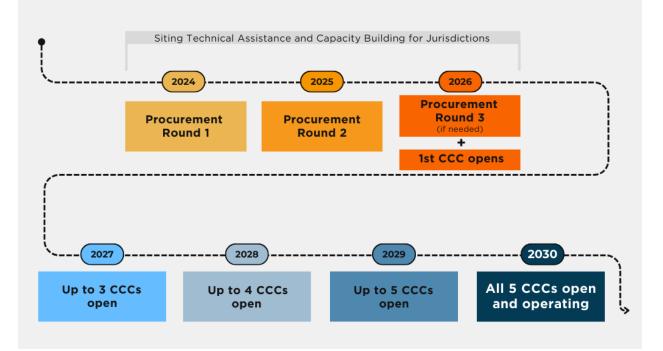
2095

2096 *Crisis Care Centers Implementation Timeline*

2097 DCHS intends to prioritize opening five crisis care centers as quickly as possible to meet the urgent 2098 needs of people experiencing behavioral health crises. DCHS plans to select crisis care center operators 2099 through an annual competitive procurement process starting in 2024, as depicted in Figure 24. The first 2100 procurement round in 2024 will prefer crisis care center proposals that can be developed and begin 2101 serving people rapidly. The 2024 round may include a single review deadline, multiple review deadlines, 2102 or a rolling review of applications, with the ability to make awards at different times within the round. 2103 The 2024 round will award contracts for a maximum of three centers. The purpose of this cap is twofold. 2104 First, it provides additional planning time for organizations that are interested in submitting a 2105 procurement proposal in 2025. The second purpose is to manage the timeline of expenditures against 2106 when CCC Levy proceeds are available. The 2025 procurement round will not have a cap on the number 2107 of awards, and a 2026 procurement round will only be held if operators for all five crisis care centers 2108 have not yet been selected.

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- 2110

Crisis Care Centers Estimated Implementation Timeline



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2114 CCC Levy funding to support crisis care centers' capital facility development and operating costs are

2115 planned to begin in 2025 and increase over time as crisis care centers are developed and become

- 2116 operational. Figure 24depicts the estimated opening timeline for the five crisis care centers that will be
- 2117 funded with proceeds from the CCC Levy and described in this Plan. Strategy 1 funding levels as
- 2118 described above in Section V.A. Strategy 1:Created and Operated Five Crisis Care Centers: Crisis Care
- 2119 Center Operational Activities support this timeline.
- 2120
- 2121 Managing Development Timeline Variability

The crisis care center development timeline for individual facilities will likely differ due to the variability in capital facility development approaches depicted in Figure 22, and potential external factors that could impact the development timeline for a crisis care center during its siting, design, construction, or facility activation phases. Examples of such factors are summarized in Figure 25. This Plan identifies the factors and variety of responsible parties within Figure 25 to enable shared understanding between the King County Executive, King County Council, Regional Policy Committee, and King County residents about the importance of alignment to rapidly open crisis care centers, and about the substantial delays

- that are possible if various responsible parties are misaligned on the development of a crisis care center.
- 2130
- 2131

2132	Figure 25. Examples of Potential Factors that Could Impact Crisis Care Centers' Development Timeline	
	Examples of Potential Factors that Could Impact Crisis Care Centers' Development Timeline	

Examples of Potential Factors that Could Impact Crisis Care Centers' Development Timeline				
Development Phase	Potential Factors Impacting Timeline	Responsible Parties		
Siting	 Site identification and feasibility analysis Community engagement Environmental impact review Zoning and permitting 	 Crisis care center operator Local jurisdictions DCHS supports community engagement 		
Design	 Programming and clinical processes Schematic design and design development WA Department of Health licensing review Construction and permit documents Design review process 	 Design team Crisis care center operator Local jurisdictions King County WA Department of Health 		
Construction	 Supply chains Macroeconomic conditions Certificate of occupancy inspections Labor availability 	 Vendors and contractors Crisis care center operator Local jurisdictions 		
Facility Activation	 Equipment and furniture installation IT installation and stocking supplies Facility licensing Labor supply Staff onboarding and training 	 Crisis care center operator Local jurisdictions WA Department of Health Other licensing entities 		

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2134 DCHS will work to mitigate potential timeline delays by:

- Accelerating the development steps managed by DCHS, including expediting the release of the crisis care centers procurement in 2024 after this Plan is adopted.
- Striving to provide clear and transparent communication about CCC Levy implementation to support coordination and planning among parties involved in the development process;
- Providing siting support to jurisdictions and crisis care center operators as described in <u>Section</u>
 V.E. Strategy 5: Capacity Building and Technical Assistance: Local Jurisdiction Capital Facility
 Siting Support Activities;
 - Allowing existing facilities or facilities under development that are already sited and require minimal construction to be eligible to respond to crisis care center procurements, and,
- Reviewing facility development plans during the crisis care centers procurement and giving
 preference to proposals that can be developed and operated more rapidly while still meeting
 crisis care center requirements defined in this Plan and future procurements and contracts.
- 2147
- To ensure that five crisis care centers open by 2032, DCHS may choose to redistribute capital development funds, alter the siting location, and release additional procurements if DCHS determines that the development and opening timeline proposed by the selected crisis care center operator is no longer viable. Before exercising this option, DCHS will work closely with the selected operator and host jurisdiction to explore other paths to expedite the crisis care center development and opening.
- 2153
- 2154

B. Strategy 2: Restore, Expand, and Sustain Residential Treatment Capacity 2155

2156 **Overview**

2157 The CCC Levy's Strategy 2 resources will restore, expand, and sustain residential treatment capacity in 2158 furtherance of a CCC levy Supporting Purpose 1. Sustaining residential treatment capacity means 2159 investing in existing residential treatment capital facilities to help prevent further facility closures. King 2160 County has lost one-third of its mental health residential treatment capacity since 2018. This loss of 2161 capacity has increased residential treatment wait times, made it more challenging for people to be 2162 discharged from higher-intensity levels of care, and has impacted the capacity of other behavioral health 2163 care settings because people cannot access the level of care that they need. Strategy 2 funds and 2164 activities will be prioritized to support existing residential treatment operators to prevent further facility 2165 closures and to restore King County's mental health residential capacity to at least the 2018 level of 355 beds. 198 2166 2167 2168 Residential treatment provides important community-based treatment options for people who do not

- 2169 need behavioral health inpatient care, but who need a higher level of care than behavioral health
- 2170 outpatient services. Activities in Strategy 2 were developed as described in Section III.D. Implementation
- 2171 Plan Methodology: Residential Treatment Methodology based on the background included in Section

III.C. Key Historical and Current Conditions: Reduction in Residential Treatment Capacity and community 2172

2173 engagement described in Section III.E. Community Engagement Summary: Theme E: Residential

- 2174 Treatment Expansion.
- 2175

2176 Activities to Restore, Expand, and Sustain Residential Treatment Capacity

2177 Strategy 2 will fund residential treatment capital facility development and maintenance activities. These 2178 activities are described in Figure 26. DCHS intends to distribute these resources to residential treatment

- 2179 facility operators through competitive procurement processes. Funding from this strategy may also be
- 2180 used to build additional residential treatment capacity beyond 355 beds.
- 2181

2182 Figure 26. Allowable Residential Treatment Facility Capital Development and Maintenance Activities

Allowable Residential Treatment Facility	
Capital Development and Maintenance Activities	
Activity	Description
Residential Treatment	Costs to develop and construct residential treatment facilities, such as,
Capital Facility	but not limited to, purchasing land, acquiring an existing facility, planning
Development	and design, building renovation or expansion, new construction, and
	other capital pre-development and development costs.
Residential Treatment	Costs to make capital improvements to existing residential facilities, such
Capital Facility	as, but not limited to, facility repairs, renovations, and expansions or
Improvements	enhancements of existing facilities to maintain or improve operations.

¹⁹⁸ Mental health residential treatment facilities are a subset of residential treatment facilities, which are defined in King County Ordinance 19572 as "licensed, community-based facility that provides twenty-four-hour on-site care for persons with mental health conditions, substance use disorders, or both, in a residential setting" [LINK] This Plan prioritizes restoring mental health residential treatment capacity and preventing further residential treatment facility closures and may also expand other types of residential treatment facilities as allowed by Ordinance 19572 [LINK].

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Residential Treatment
Facility Maintenance

Residential treatment capital facility maintenance costs.

	r denity Mainternance	
2183		
2184	Residential Treatment Capit	tal Facility Procurement and Siting Process
2185		procurement and siting process for residential treatment facilities that
2186		ne CCC Levy proceeds described in this Plan. CCC Levy proceeds dedicated
2187		evelopment will be awarded through competitive procurement processes
2188		that DCHS may consider when awarding Strategy 2 funds include:
2189		ncreases local access to residential treatment beds throughout King County
2190		ing new residential treatment capacity in areas where few or no similar
2191	residential treatment	facilities exist;
2192	 Whether a proposal le 	everages a proposer's sited or licensed facility, thereby decreasing the cost
2193	or time necessary for	starting new operations or continuing improved operations by proposing
2194	restoration, rehabilita	tion, or otherwise using a facility that is already licensed, already sited, or
2195	otherwise already me	ets regulatory requirements, or
2196	 Whether a proposal to 	o increase residential treatment capacity also increases equity in
2197	behavioral health syst	em access by proposing funding for an organization with expertise and
2198	experience providing of	culturally and linguistically appropriate services for populations
2199	experiencing behavior	al health inequities (see Section III.C. Key Historical and Current
2200	Conditions: Who Expe	riences Behavioral Health Inequities).
2201		
2202	Organizations that are awarde	ed capital resources to expand residential treatment facilities and thereby
2203	increase the number of treatm	nent beds, must adhere to the relevant zoning and permitting laws and
2204	c	within which residential treatment facilities are sited. These organizations
2205		uirements from the state and additional requirements that King County
2206	may impose through contract.	
2207		
2208	,	h for Rapid Initial Progress on Residential Treatment
2209	e,	ill support capital improvement and maintenance costs of existing
2210		and the development of new residential treatment facilities. DCHS
2211		ibution of resources to support existing residential treatment facilities by
2212		al health capital facility improvement procurement process that is planned
2213		es other funding sources, most notably MIDD. ¹⁹⁹ The combined
2214		in in early 2024 to expedite awarding of these resources soon after this
2215		ins to open a procurement in 2024 to distribute funds to support the
2216 2217		esidential treatment facilities. Procurement awards will not be made until
2217	residential treatment facilities	re 27 describes the anticipated timeline to distribute capital funding for
2218		
~~-/		

¹⁹⁹ King County Ordinance 19712 appropriated MIDD funding for this purpose. [LINK] DCHS is planning to open a behavioral health capital procurement in early 2024. DCHS intends to also procure proposals to support capital improvement and maintenance costs of existing residential treatment facilities to accelerate to distribution of CCC Levy resources once this Plan is adopted.

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	Distribute CCC Lev	vy Proceeds to Support Resident	ial Treatment Facilities in
1	Vid-2023	Early 2024	As Early as Mid-2024
solicited info residential tr operators ab maintenance funding need	Information: DCHS rmation from eatment facility out capital and improvement ls to help inform this curement process.	Competitive Procurement: DCHS plans to conduct a behavioral health capital facility procurement process that includes 2024 CCC Levy proceeds for residential treatment facilities preservation and development of new residential treatment facilities.	Funds Distribution: DCHS pl award funding to residentia treatment facility operators this Plan is adopted.
Initial Priori	tization of Residenti	al Treatment Capacity	
		Figure 35 contains an approximate a	allocation for Strategy 2. Res
	•	eatment Capacity of \$48,575,000 ir	• •
with similar amounts thereafter. The Executive will assess the outcome of these investments and re			
		s on target for these investments as	
		-	
C. Strategy	3: Strengthen the C	ommunity Behavioral Health W	orkforce
Overview	_	-	
		ategy 3 directly supports the CCC L	
-	-	n the community behavioral health	• ,
		CCC Levy's Paramount Purpose to	-
		velopment of King County's behaving	oral nealth crisis workforce,
including cris	is care center worker	5.	
Strategy 3's v	workforce activities fo	ocus on helping more people join ar	d make a career in commun
		ities within Strategy 3 fall into three	
		roader community behavioral healt	_
beha	vioral health career p	bathways): Resources such as traini	ng and paying licensing fees
		gress within the community behavio	
 Labo 	r-management partne	erships on shared workforce develo	pment efforts for the broad
	•	alth workforce (called labor-manag	-
		ke apprenticeships and training fun	
		ff a station and a statistical terministic statistics.	recoonce hehavioral health
Work	•	fforts that are specific to the crisis	-
 Work 	•	prkforce development): Specialized	-

²⁰⁰ As noted in footnote 58, in the context of this Plan, "community behavioral health" are those agencies that: meet the requirements defined in RCW Chapter 71.24, are licensed by the Washington State Department of Health as a community behavioral health agency as defined in WAC Chapter 246-341, and are contracted with the County's BH-ASO or KCICN. Community behavioral health agencies must serve people who are enrolled in Medicaid health insurance to be eligible for CCC Levy funding through Strategy 3

Figure 28 provides additional summary descriptions for each of Strategy 3's broad categories, and each 2248 2249 is described in detail later in this section.

2250

2251 Figure 28. Allowable Community Behavioral Health Workforce Activities

Allowable Community Behavioral Health Workforce Activities		
Activity	Description	
Community Behavioral Health Career Pathways	Resources to stabilize King County's community behavioral health workforce from 2024-2026 through investments such as financial assistance with license and other professional fees, training and supporting the professional development of staff, and retaining and supporting the wellbeing of workers through activities that promote the physical, mental, and emotional health of employees. At least 25 percent of funding for this activity will be used to increase the representativeness of community behavioral health workers. DCHS will assess the outcomes of these stabilization investments and will propose a refined investment approach to King County Council for 2027 to 2032.	
Labor-Management Workforce Development Partnerships Crisis Workforce Development	Funding to sustain and expand labor-management workforce development partnerships, including Washington State registered apprenticeship programs and labor-management partnership training funds. Funding to build King County's crisis behavioral health workforce, including recruiting and retaining crisis care center workers and post- crisis follow-up workers and investing in specialty crisis training for community behavioral health workers serving King County. ²⁰¹	

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2262

2253 **Community Behavioral Health Career Pathway Activities**

2254 Strategy 3 will fund career pathway activities to support the development of King County's community behavioral health workforce, as described in Figure 29 and Figure 30.²⁰² Career pathway resources will 2255 support the recruitment, training, retention, and wellbeing of community behavioral health workers 2256

- 2257 through activities such as: 2258
 - Tuition assistance;
 - Stipends for paid internships; •
- 2260 • Clinical supervision costs;
- 2261 Professional licensure fees; •
 - Grants for community behavioral health agencies to promote the wellbeing of workers,²⁰³ and •

²⁰¹ Post-crisis follow-up workers are behavioral health workers who provide post-crisis follow-up services for people who receive services at crisis care centers and are employed by agencies that are contracted to provide post-crisis follow-up services defined in Section V.A. Strategy 1: Create and Operate Five Crisis Care Centers. ²⁰² Within the context of this Plan, "career pathways" means activities like training and recruiting that promote existing behavioral health workers' professional development and support and incentivize new and existing workers to start and pursue long-term careers in community behavioral health.

²⁰³ Examples of activities that promote the wellbeing of community behavioral health workers include supervision and mentorship, covering staff time for self-directed program development and quality improvement initiatives, and access to mental health benefits.

- Clinical training, including evidence-based practice training.
- DCHS will use at least 25 percent of the resources dedicated for community behavioral health career
 pathway activities for investments that are directly related to increasing the representativeness of King
 County's community behavioral health workforce.²⁰⁴
- 2267

2268 DCHS intends to support community behavioral health agencies contracted with the King County 2269 Integrated Care Network (KCICN) for career pathway activities through the expansion of existing 2270 contracts, reimbursement for eligible activities through existing payment mechanisms, and possible 2271 competitive procurements. These investment approaches will be consistent with DCHS's strategic 2272 community behavioral health workforce development plan, which will be approved by the County-2273 provider Executive Committee of the KCICN and will be informed by significant and broad community 2274 engagement.

2274 2275

2276 Initial Prioritization and Assessment of Career Pathway Activities

2277 Between 2024 and the end of 2026, as depicted in Figure 29, DCHS will fund career pathway activities to 2278 strengthen, support the development, and increase the representativeness of King County's community 2279 behavioral health workforce. During 2024 and 2025, DCHS will assess the impact of activities by 2280 researching best and emerging community behavioral health workforce development practices and 2281 soliciting input from community partners, behavioral health workers, and community behavioral health 2282 agency leaders. This assessment will allow DCHS to refine the initial funding approach and improve 2283 activities to strengthen the community behavioral health workforce, increase the representativeness of 2284 behavioral health workers, and build the community behavioral health workforce pipeline. 2285 2286 As part of this assessment, DCHS will convene a workgroup with community partners that have subject

- matter expertise in behavioral health workforce development to inform proposed refinements and
 adjustments to the initial funding approach. The assessment will include reviewing the impact of career
 pathway activities on increasing the representativeness of community behavioral health workers.
 Workgroup membership will include, but is not limited to:
 - Representatives of workers, including representatives of labor-management workforce development partnerships;
 - Higher education training programs, including a community and technical college;
 - Community behavioral health agencies, including representation from both an agency that provides mental health services and an agency that provides substance use services, and
- People with expertise in improving the representativeness of the behavioral health workforce,
 including workers who identify as members of populations experiencing behavioral health
 inequities (see Section III.C. Key Historical and Current Conditions: Who Experiences Behavioral
 Health Inequities).
- 2300

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In 2026, prior to releasing funding for career pathway activities for 2027 to 2032, the Executive will
transmit a notification letter to Council proposing refinements to career pathway activities and
describing the community engagement process that informed the proposal. The Executive will
electronically file the letter with the Clerk of the Council, who will retain an electronic copy and provide
an electronic copy to all councilmembers, and members of the Regional Policy Committee. Unless the

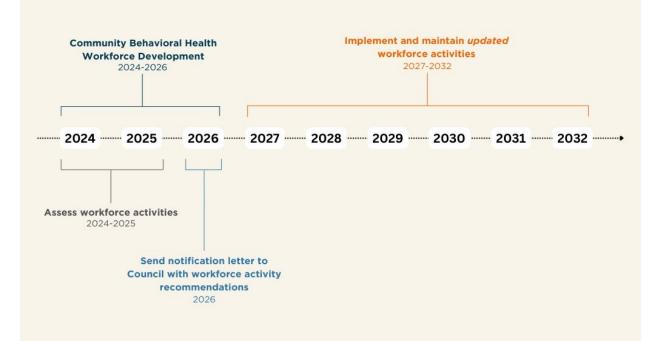
²⁰⁴ See <u>Section III.F. Behavioral Health Equity Framework.</u>

Council passes a motion rejecting the contemplated change within 30 days of the Executive's transmittal
or funding has not yet been sufficiently appropriated, the Executive may proceed with the use of funds
allocated for 2027 to 2032 as set forth in the notification letter. All CCC Levy proceeds will remain
subject to Council appropriation.

2310

2311 Figure 29. Community Behavioral Health Career Pathway Activities Timeline

Community Behavioral Health Career Pathway Activities



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2313

Section VII. Evaluation and Performance Measurement outlines DCHS's expected performance
 measurement for workforce investments. Where feasible, DCHS plans to use collected data to assess the
 representativeness of workforce and effect of investments to increase the representativeness of
 workers to better reflect the demographics of the people receiving community behavioral health
 services.

2319

2320

Behavioral Health Equity Highlight

There is evidence that improving diversity among behavioral health workers to better reflect the communities they serve may help improve communication and trust while reducing behavioral health disparities. Community engagement further endorsed the importance of workforce representativeness. The activities referenced in this strategy to increase representativeness of the

behavioral health workforce are central to meeting the goals described in <u>Section III.F. Behavioral</u> <u>Health Equity Framework: Representative Behavioral Health Workforce</u>.

2321

2322 While not Strategy 3's focus, King County recognizes behavioral health wages as an important factor in 2323 both recruitment and retention activities. CCC Levy resources are insufficient to increase wages 2324 meaningfully and consistently across the region's entire community behavioral health workforce. Even if 2325 this were possible, doing so would substantially commit local funding where federal and state funding 2326 should increase instead. Specifically, investing local funds to raise wages for the region's entire 2327 community behavioral health workforce could inhibit efforts to raise Medicaid rates that would 2328 sustainably raise wages for the region's behavioral health workforce with federal and state funds. One 2329 exception to this general principle is that this Plan's Strategy 3 authorizes and allocates funds to support 2330 appropriate wages for the crisis care center workforce because these investments support the CCC 2331 Levy's Paramount Purpose. If funds become available through this Plan's provisions to allocate 2332 additional funds (see Section VI. Financial Plan: Process to Make Substantial Adjustments to the 2333 Financial Plan), this strategy authorizes DCHS to develop and administer activities to increase wages for the broader behavioral health workforce. 2334 2335 2336 Labor Management Workforce Development Partnership Activities 2337 Labor management workforce development partnerships are activities that are supported by both 2338 management and front-line workers, in this case community behavioral health agencies and workers, 2339 including agencies that are represented by labor unions and agencies that are not represented.^{205,206} 2340 Strategy 3 funds labor management workforce development partnership activities, including behavioral 2341 health apprenticeships and other behavioral health worker training opportunities. These investments 2342 are intended to help build a skilled and diverse community behavioral health care workforce in King 2343 County in a way that incorporates workers' voices in workforce development. 2344 2345 Behavioral Health Apprenticeship Program Activities 2346 Strategy 3 includes funding to sustain and expand a Washington State registered apprenticeship 2347 program that offers behavioral health apprenticeships. Behavioral health apprenticeship programs are 2348 paid on the job training programs paired with technical instruction to train workers for behavioral health 2349 careers. These careers include but are not limited to peer counselors, substance use disorder 2350 professionals, and behavioral health technicians. 2351 2352 Apprenticeship programs provide access to education and training for people who may be unable to 2353 afford college or significant classroom instruction time while working. The flexibility of apprenticeship 2354 programs can aid in recruitment of individuals from diverse backgrounds that historically have not had access to traditional higher education programs.²⁰⁷ 2355 2356 2357 Apprenticeships help workers and employers: Apprenticeship programs benefit workers by providing

- Apprentices nips neip workers and employers: Apprentices nip programs benefit workers by provid
- pay and benefits while pursuing a certification to advance their behavioral health careers.

²⁰⁵ Labor management partnerships are relationships between front line workers and management. It is a collaborative effort focused on common goals, relationship with unified mission, improve organizational performance and employee wellbeing. [LINK]

²⁰⁶ SEIU Healthcare 1199NW Multi-Employer Training Fund. [LINK]

²⁰⁷ Health Care Apprenticeship Consortium [LINK]

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- 2359 Apprenticeship programs benefit employers by building a skilled behavioral health workforce,
- 2360 promoting employee retention through professional development, and promoting increased workforce
- representation by reducing professional development barriers such as training costs.²⁰⁸ 2361
- 2362

2363 The apprenticeship programs funded by Strategy 3 will be available to community behavioral health 2364 agencies in King County and workers they employ to participate in behavioral health apprenticeships.

- 2365 Crisis care center operators funded with CCC Levy proceeds are among the eligible providers.
- 2366 Apprenticeships are managed by Washington State registered apprenticeship programs, and employers
- 2367 are responsible for hiring apprentices and mentors. Strategy 3 will sustain and expand DCHS's existing
- 2368 contract with a Washington State registered apprenticeship program. Eligible activities include, but are
- 2369 not limited to, apprenticeship program costs, eligible apprentice salary and benefit costs, employer and apprentice incentives, and program planning and recruitment costs.
- 2370
- 2371

2372 Labor Management Partnership Training Activities

2373 Strategy 3 will also sustain and expand access to labor management partnership training activities for 2374 community behavioral health agencies in King County, including CCC levy-funded crisis care centers 2375 operators. Labor-management partnership training activities are developed in partnership between 2376 community behavioral health agency employers and frontline workers. DCHS intends to procure labor 2377 management training proposals and contract with community behavioral health agencies to pay for 2378 eligible activities. Eligible activities may include, but are not limited to, tuition assistance, professional 2379 development costs, professional certification fees, student supports, and career counseling. Community 2380 behavioral health agencies may use training resources for a labor-management partnership training

- fund in which they participate, or they may manage the training resources directly.²⁰⁹ 2381
- 2382

2383 **Crisis Workforce Development Activities**

2384 King County will need more people to join the region's community behavioral health workforce to staff 2385 CCC Levy-funded crisis care centers. Specific roles that crisis care centers need include, but are not 2386 limited to, peer specialists, substance use disorder professionals, mental health professionals, 2387 behavioral health technicians, nurses, nurse practitioners, and physicians. In addition to training and 2388 recruiting additional behavioral health workers, building a crisis workforce will require training existing 2389 workers to provide crisis services. Crisis services are unique clinical services that require specialized skills 2390 in de-escalation, risk assessment, triage decision-making, and motivational interviewing. Strategy 3 2391 invests resources to develop a crisis workforce in King County, which is described in the subsections 2392 below. 2393

2394 Crisis Care Center and Post-Crisis Follow-Up Workforce Development Activities

- 2395 Crisis care centers and post-crisis follow-up programs funded by CCC Levy proceeds, including
- 2396 organizations with expertise in delivering culturally and linguistically appropriate services (see Section
- 2397 V.A. Strategy 1: Create and Operate Five Crisis Care Centers: Post-Crisis Stabilization Activities), will need

²⁰⁸ Health Care Apprenticeship Consortium [LINK]

²⁰⁹ Labor management partnership training funds are structures that support health care entities, including community behavioral health agencies, in investing in direct education and training benefits at no cost for their employees.

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2398 to hire hundreds of behavioral workers to operate at their full capacity.²¹⁰ Eligible activities under this 2399 component of Strategy 3 will invest in these organizations to recruit, train, retain, develop, and support 2400 the wellbeing of behavioral health crisis workers. Funds for these activities will be distributed to both 2401 crisis care center operators and post-crisis follow-up providers through a competitive procurement 2402 process and may be used to:

- 2403 • Increase wages for workers;
- 2404 • Improve benefits for workers;
- 2405 • Reduce the cost of living for workers, such as housing, education, or childcare;
- 2406 Support the professional development of workers to improve service quality, and •
- 2407 • Support worker wellbeing through activities such as supervision and mentorship, covering staff time for self-directed program development and quality improvement initiatives, and access to 2408 2409 behavioral health benefits.
- 2410

2411 Crisis Workforce Training Activities

2412 Strategy 3 also includes activities to strengthen King County's community behavioral health crisis 2413 workforce, including, but not limited to, crisis care centers funded by CCC Levy proceeds. DCHS will 2414 procure one or more entities to develop crisis specialty training resources that will be made available for behavioral health workers serving King County. Training resources will aim to build behavioral health 2415 2416 workers' knowledge and skill of how to assess, triage, and provide behavioral health crisis stabilization 2417 and treatment services for clients by using evidence-based and promising practices, culturally and 2418 linguistically appropriate approaches, trauma-informed care, and care coordination best practices. 2419 These training resources are intended to support behavioral health workers who work in specialty crisis 2420 settings as well as behavioral health workers who work in other settings, such as outpatient settings, 2421 who may benefit from developing their skills related to supporting a person experiencing a behavioral health crisis.²¹¹ DCHS may invest in training opportunities that build the crisis skills of specific behavioral 2422 2423 health professions, such as specialty crisis internships, practicums, residencies, and fellowships for 2424 behavioral health students and workers pursuing careers in behavioral health crisis services.

2425

2426 2024 Funding Approach for Rapid Initial Progress on Behavioral Health Workforce

2427 DCHS intends to make rapid initial progress towards fulfilling Supporting Purpose 2 by allocating CCC 2428 Levy proceeds through Strategy 3 in 2024. Early workforce investments planned for 2024 and depicted

- 2429 in Figure 30 will help strengthen King County's community behavioral health workforce, support the
- 2430 development of the behavioral health worker pipeline, and prepare to build the crisis specialty skills of
- 2431 behavioral health workers in King County. DCHS plans to begin the procurement and contract processes
- 2432 for these activities in early 2024 to expedite the distribution of these resources soon after this Plan is
- 2433 adopted. In this scenario, procurement awards will not be made until after the Plan is adopted.
- 2434
- 2435

²¹⁰ For the purposes of being eligible for workforce investments under Strategy 3, providers with expertise in delivering culturally and linguistically appropriate services will be exempted from the requirements described in the definition of "community behavioral health" described in the footnote above.

²¹¹ U.S. Department of Health and Human Services, Office of the Assistant Secretary for Planning and Evaluation. Crisis Services and the Behavioral Health Workforce Issue Brief [LINK].

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2436 *Figure 30. Strategy 3 Plans in 2024 to Make Rapid Progress Towards Fulfilling Supporting Purpose 2*

Strategy 3 Plans in 2024 to Make Rapid Progress		
Toward Fulfilling Supporting Purpose 2		
Activity	2024 Plans	
Community Behavioral Health	DCHS will provide resources to strengthen King County's	
Career Pathways	community behavioral health workforces through existing King	
	County Integrated Care Network contracts, reimbursing allowable	
	expenses, and possible procurements. ²¹² At least 25 percent of	
	funding for this activity will be used to increase the	
	representativeness of community behavioral health workers.	
Labor-Management Workforce	DCHS will expand its contract with a Washington State registered	
Development Partnerships	apprenticeship program to sustain and expand behavioral health	
	apprenticeships. DCHS will procure proposals for labor-	
	management partnership training activities.	
Crisis Workforce Development	DCHS will procure one or more entities to develop crisis specialty	
	training resources for community behavioral health workers serving	
	King County.	

2437

2438 D. Strategy 4: Early Crisis Response Investments

- 2439 Crisis care centers are major capital facility projects that will take time to develop and will not open
- immediately. The anticipated crisis care center opening timeline is described in <u>Section V.A. Strategy 1:</u>
 Create and Operate 5 Crisis Care Centers: Sequence and Timing of Planned Expenditures and Activities.
- 2442 Strategy 4's early crisis system activities will bring additional behavioral health crisis services and
- 2443 resources to King County beginning in 2024, particularly to increase community-based crisis response
- 2444 capacity, reduce fatal opioid overdoses, and invest in substance use capital facilities. Allowable activities
- 2445 are described in this section and are summarized in Figure 31.

²¹² When possible, procurements will be combined to expedite the allocation of resources and to simplify the process for respondents. Funding will not be awarded until after this Plan is adopted.

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2448 Figure 31. Summary of Allowable Crisis Response Investment Activities Beginning in 2024

Summary of Allowable Crisis Response Investment Activities Beginning in 2024	
Activity	Description
Increase Community-	Investments to expand community-based crisis response capacity,
Based Crisis Response	including expansion of adult and youth mobile crisis services and
Capacity	expansion of a pilot program that redirects 911 calls to behavioral health
	counselors.
Reduce Fatal Opioid	Investments to expand low-barrier access to medications and other public
Overdoses by Expanding	health supplies to reduce opioid overdose deaths, including naloxone and
Access to Low Barrier	fentanyl testing strips. A portion of funds may be used for King County to
Opioid Overdose	administer the resources funded by this strategy and provide overdose
Reversal Medication	prevention education.
Substance Use Facility	Investments include capital funding for one or more behavioral health
Investments	facilities that can create faster in-person access to substance use crisis
	services, for costs such as facility renovation or expansion, new
	construction, and other capital development or capital improvement
	costs. ²¹³ This may include funding for operations of an eligible client
	engagement team to support people with behavioral health, health care,
	and social service needs in the immediate area surrounding a capital
	facility funded by this strategy. ²¹⁴

2449

2450 Increase Community-Based Crisis Response Capacity

- 2451 Strategy 4 includes activities to increase the capacity of community-based crisis response programs.
- 2452 Community-based crisis response programs are services that can support a person experiencing a
- 2453 behavioral health crisis in a community-based setting. DCHS intends to expand the capacity of mobile
- crisis teams and a pilot program that redirects 911 calls to behavioral health specialists. These programs,
- 2455 which are described in more detail in the subsections below, will expand access to community-based
- crisis resources starting in 2024 before crisis care centers open. In addition, these investments will
- 2457 complement crisis care centers by increasing capacity to resolve a person's crisis in community-based
- 2458 settings whenever possible without a transfer to facility-based care at a crisis care center. These
- 2459 investments may help manage crisis care centers' capacity and client flow, which is further discussed in
- 2460 Section V.A. Create and Operate Five Crisis Care Centers: Examples of Continuous Quality Improvement
 2461 Activities.
- 2462

2463 Expand Mobile Crisis Services

2464 Mobile crisis services are provided by teams of behavioral health clinicians and peers who travel to 2465 community-based settings to support people experiencing behavioral health crises. Mobile crisis 2466 responders work to resolve a person's behavioral health crisis in the community by providing crisis 2467 assessments, brief clinical interventions, and immediate basic need supports. Mobile crisis services also 2468 provide referrals and arrange transportation to appropriate care settings when a crisis cannot be 2469 resolved in the community. Strategy 4 will expand the canacity of mabile crisis cannies in King County

resolved in the community. Strategy 4 will expand the capacity of mobile crisis services in King County,

²¹³ Eligible site-based behavioral health facilities are defined in the <u>Section V.D. Strategy 4: Early Crisis Response</u> <u>Investments: Substance Use Capital Facility Investments</u>.

²¹⁴ Eligible client engagement teams are defined in the subsection within this section titled <u>Section V.D. Strategy 4</u>: Early Crisis Response Investments: Substance Use Capital Facility Investments.

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2470 including services for adults and youth, starting in 2024. DCHS intends to distribute these funds through 2471 contract expansions with existing mobile crisis service providers and through a competitive procurement 2472 process. This expansion will create additional crisis service capacity before crisis care centers open. It 2473 will also complement crisis care centers once they open by addressing crises in community settings 2474 whenever possible and serving as a key referral source when people need facility-based crisis care. 2475 2476 Mobile crisis service funding is an investment area that the state has an opportunity to increase and 2477 complement the CCC Levy. The state is responsible for funding mobile crisis services, including in King 2478 County, but the level of state investment is not yet adequate to provide the scale of mobile crisis 2479 services that is needed in King County. This means that people who could benefit from mobile crisis 2480 services are unable to access care. If the state increases mobile crisis funding during the CCC Levy period 2481 to a level that is better able to meet the needs of people living in King County, then DCHS may redirect Strategy 4 funds for this activity to another use, according to the funding prioritization described in 2482 2483 Section VI. Financial Plan: Process to Make Substantial Adjustments to the Financial Plan. 2484 2485 Embed Behavioral Health Counselors in 911 Call Centers 2486 When a person in King County is experiencing a behavioral health crisis and calls 911 seeking help, the 2487 main ways to access behavioral health care are through first responders transporting the person to 2488 emergency departments, or in limited cases, the Crisis Solution Center described in Section III.C. Key 2489 Historical and Current Conditions: Need for Places to Go When in Crisis. An innovative national program 2490 model is being piloted in King County to co-locate trained behavioral health counselors in 911 call centers.^{215,216} This model makes it possible to redirect behavioral health crisis calls to specialized 2491 behavioral health counselors in lieu of law enforcement dispatch.²¹⁷ Once the call is redirected to a 2492 2493 behavioral health counselor, the counselor works to support the person over the phone or dispatches a mobile crisis team to respond to the person. Given the limited first responder resources available, law 2494 enforcement agencies have supported this model to reduce strain on emergency services.²¹⁸ Strategy 4 2495 2496 invests funding to expand this King County pilot starting in 2024. 2497 2498

²¹⁶ The Washington State Department of Health (DOH) is collaborating with Washington's 988 Lifeline crisis centers and 911 call centers, including in King County, to pilot this model on a small scale. The Mental Health Crisis Call Diversion Initiative is funded by the Washington State Department of Health and is described in RCW 71.24.890(2)(a). [LINK]

²¹⁵ The Council of State Governments Justice Center, Tips for Successfully Implementing a 911 Dispatch Diversion Program, October 2021. [LINK]

²¹⁷ National Association of State Mental Health Program Directors, 988 Convening Playbook – Public Safety Answering Points (PSAPs). [LINK]

²¹⁸ Police Executive Research Forum, Rethinking the Police Response to Mental Health-Related Calls Promising Models, October 2023. [LINK]

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Behavioral Health Equity Highlight

Populations experiencing behavioral health inequities are more likely to be placed into involuntary treatment and be victims of police violence. DCHS aims to reduce these inequities by increasing access to community-based services as alternatives to law enforcement.

2499

2500 Reduce Fatal Opioid Overdoses by Expanding Low Barrier Opioid Reversal Medication King County is experiencing an unprecedented number of opioid overdoses, as discussed in Section III.C. 2501 2502 Key Historical and Current Conditions: Unprecedented Rates of Suicide and Overdose Deaths. Naloxone 2503 is a lifesaving opioid overdose reversal medication that can be safely administered in community-based settings to prevent opioid overdose deaths.²¹⁹ Expanding access to naloxone and other public health 2504 2505 resources in community-based settings can help prevent fatal opioid overdoses and other negative 2506 health outcomes. Beginning in 2024, Strategy 4 will fund activities that aim to reduce fatal opioid overdoses, including expanding access to naloxone and other relevant public health supplies through 2507 vending machines and other community-based distribution mechanisms.²²⁰ The medication and public 2508 2509 health supplies distributed through vending machines and other mechanisms will be provided at no cost 2510 to community members and may be managed by King County. A portion of these funds may be used for 2511 King County to administer the resources funded by this strategy and provide overdose prevention 2512 education. King County will prioritize increasing access to naloxone and other relevant public health 2513 supplies in settings and communities that are experiencing the highest opioid overdose rates and the 2514 greatest opioid overdose disparities. Public Health Seattle and King County (PHSKC) online overdose data dashboards provide information about communities in the greatest need.²²¹ 2515 2516

2517 Substance Use Facility Investments

2518 Strategy 4 also includes capital facility funding for one or more site-based behavioral health facilities, 2519 especially those that are already permitted and can create faster in-person access to substance use crisis 2520 services, such as post-overdose recovery services, sobering services, and metabolizing services. Capital 2521 development activities may include, but are not limited to, facility renovation or expansion costs, new 2522 construction costs, and other capital development or capital improvement costs. One facility funded by Strategy 4 will include the 3rd Avenue post-overdose recovery center in Seattle. Strategy 4 may also 2523 include funding for the operations of a client engagement team to support people with behavioral 2524 2525 health, health care, and social service needs in the immediate area surrounding a capital facility funded 2526 by this strategy if that client engagement team is operated by the same organization, or a subcontractor, 2527 providing services within a capital facility funded by this strategy for the purpose of engaging persons in 2528 services or promoting a healthy environment in which to seek or receive services.

²¹⁹ Washington State Department of Health Naloxone Instructions [LINK]

²²⁰ Other public health resources may include resources that help prevent the death of people who use substances, reduce the risk of disease transmission, and support the health of people who use substances. An example of such a resource could include, but is not limited to, fentanyl testing strips. Other distribution mechanisms may include, but are not limited to, naloxone distribution boxes and other distribution mechanisms that make naloxone available for focused populations and the public.

²²¹ Seattle and King County Public Health online overdose data dashboards. [LINK]

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2530 E. Strategy 5: Capacity Building and Technical Assistance

The investments made by the CCC Levy represent a significant expansion in King County's behavioral health services. Strategy 5 will provide funding for capacity building and technical assistance activities to support the implementation of the CCC Levy's strategies described in this Plan. The allowable activities funded by Strategy 5 are summarized in Figure 32 and described in the subsections below.

2535 2536

Figure 32. Strategy 5 Capacity Building and Technical Assistance Activities

Strategy 5 Capacity Building and Technical Assistance Activities	
Activity	Description
Facility Operator Capital Development Assistance	Technical assistance and capacity building to support crisis care center and residential treatment facility operators in developing capital facilities funded by CCC Levy proceeds including, but not limited to, capital facility predevelopment planning, capital financial planning, facility siting, facility design, facility construction, and post-construction facility activation.
Crisis Care Center Operator Regulatory and Quality Assurance	Technical assistance and capacity building to support crisis care center operators to comply with regulatory requirements, deliver high quality crisis clinical services including for young adults and people living with intellectual and developmental disabilities, and provide inclusive care. ²²²
Capacity Building for Providers with Expertise in Culturally and Linguistically Appropriate Services	Investments to build the organizational capacity of providers with expertise in providing culturally and linguistically appropriate services ²²³ including, but not limited to, administrative infrastructure investments; enhancing data and information technology systems; developing Medicaid and other health insurance billing infrastructure, and investing in workforce development, training, and worker wellbeing.
Local Jurisdiction Capital Facility Siting Support ²²⁴	Grants to local jurisdictions to offset a portion of jurisdictions' costs directly related to siting behavioral health capital facilities funded by CCC Levy proceeds. Funding will be prioritized for purposes that expedite opening of crisis care center facilities. Funding may not be used to offset siting costs incurred by other parties nor other jurisdiction costs that cannot be directly attributed to facility siting.
DCHS Capital Facility Siting Technical Assistance	Funding for DCHS to provide siting technical assistance such as creating and deploying communication content, supporting siting community engagement, supporting interjurisdictional partnerships, and supporting facility operator and jurisdictional partnerships.

2537

2538 Facility Operator Capital Development Assistance Activities

- 2539 Strategy 5 will support technical assistance and capacity building activities to support organizations in
- 2540 developing behavioral health facilities funded by CCC Levy proceeds. Organizations that are applying for
- 2541 or receiving CCC Levy capital funding will be eligible to apply for capacity building and technical
- assistance funding during CCC Levy procurement processes related to developing residential treatment

²²² "Young adult," also known as "transition age youth" means a person between eighteen and twenty-four years of age, per RCW 43.330.702 – Homeless youth—Definitions. [LINK]

²²³ National Culturally and Linguistically Appropriate Services (CLAS) Standards. Think Cultural Health, U.S. Department of Health & Human Services. [LINK]

²²⁴ In this section, "jurisdictions" means cities, Tribes and other jurisdictional entities with siting authority that are physically located within King County.

2543 facilities or crisis care center facilities. Activities funded by Strategy 5 include, but are not limited to, 2544 capital facility predevelopment planning, capital financial planning, facility siting, facility design, facility 2545 construction, and post-construction facility activation. DCHS may use a portion of these resources to 2546 hire organizations or consultants with relevant subject matter expertise to provide capacity building and 2547 technical assistance directly to individual facility operators or through learning collaboratives for 2548 multiple facility operators to support the development of capital facilities funded by this Plan. 2549 2550 Crisis Care Center Operator Regulatory and Clinical Quality Activities 2551 Crisis care centers are a new type of behavioral health facility in King County, and operators may need 2552 support to comply with regulations and provide high quality services. Strategy 5 will provide resources 2553 for technical assistance and capacity building activities to: 2554 Support crisis care center operators to deliver high quality clinical services; • 2555 Provide inclusive care for populations experiencing behavioral health inequities (see Section 2556 III.C. Key Historical and Current Conditions: Who Experiences Behavioral Health Inequities), and • Comply with regulatory requirements.²²⁵ 2557 2558 Activities related to assisting crisis care center operators to deliver high quality clinical services include, 2559 but are not limited to: 2560 Developing clinical policies and procedures; 2561 Implementing care coordination clinical workflows and technology; • 2562 Implementing evidence-based and promising clinical practices; • 2563 Adopting de-escalation and least restrictive care best practices; • 2564 • Building capacity for clinical quality improvement activities; 2565 Increasing specialization in serving youth and people living with intellectual and developmental • 2566 disabilities, and Implementing best practices to support workforce development and staff wellbeing.²²⁶ 2567 • 2568 2569 Activities related to providing inclusive care to populations experiencing behavioral health inequities 2570 include, but are not limited to: 2571 Assisting crisis care center operators to institute CLAS best practices for providing culturally and 2572 linguistically appropriate services; • Providing cultural humility and health equity training for crisis care center staff²²⁷; 2573 Providing organizational leadership training on best practices to advance health equity at an 2574 2575 organizational level, and 2576 Consulting with organizations with expertise in serving populations that experience behavioral • 2577 health inequities (see Section III.C. Key Historical and Current Conditions: Who Experiences

²²⁵ Examples of "experiential communities" include persons who have been incarcerated, persons who are survivors of gender-based violence, persons who have been subject to involuntary treatment under Washington's involuntary Treatment Act, military veterans, immigrants, and refugees.

 ²²⁶ Supporting worker wellbeing includes providing supervision and mentorship, covering staff time for self-directed program development and quality improvement initiatives, and access to mental health benefits.
 ²²⁷ Cultural humility is an approach to providing healthcare services in a way that respects a person's cultural identity. The use of this term is intended to align with the U.S. Department of Health and Human Services Office of Minority Health's definition of cultural humility [LINK]

- Behavioral Health Inequities) around adopting clinical best practices and supporting individual 2578 client case consultations when appropriate.²²⁸ 2579
- 2580

2581 Activities related to regulatory technical assistance and capacity building include, but are not limited to, 2582 assisting crisis care center operators to comply with applicable local, state, and federal regulatory rules,

- 2583 and licensing, auditing, and accreditation requirements.
- 2584

2585 Crisis care center operators will be able to apply for technical and capacity building support related to 2586 regulatory and quality assurance during crisis care center procurement processes. DCHS may use a

2587 portion of these resources to hire organizations or consultants with relevant subject matter expertise to 2588 provide the capacity building and technical assistance described in this subsection. Consultation may be

- 2589 provided to individual crisis care centers or through learning collaboratives for multiple crisis care 2590 centers.
- 2591

2592 Capacity Building for Providers with Expertise in Culturally and Linguistically Appropriate **Services** 2593

2594

Funding through Section V.A. Strategy 1: Create and Operate Five Crisis Care Centers: Culturally and 2595 Linguistically Appropriate Post-Crisis Follow-Up Services is expected to increase the number of

- 2596 behavioral health organizations with expertise in culturally and linguistically appropriate services to be 2597 well positioned to provide post-crisis follow-up services for people who receive care at crisis care 2598 centers. Strategy 5 funding will support organizations with expertise in culturally and linguistically 2599 appropriate services described under Strategy 1 to:
- 2600 Build their organizational capacity to provide and secure payment for delivering post-crisis 2601 follow-up and related services;
 - Strengthen organizational administrative infrastructure;
 - Enhance data and information technology systems;
 - Develop Medicaid and other health insurance billing infrastructure, and
 - Invest in workforce development, staff training, and worker wellbeing.²²⁹ •

Behavioral Health Equity Highlight

The CLAS capacity building described in this section is an essential investment to advance behavioral health equity in the behavioral health crisis system and will have wider community impacts.

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- 2608 Local Jurisdiction Capital Facility Siting Support Activities 2609
- DCHS also plans to award grants under Strategy 5 to local jurisdictions to help offset a portion of
- 2610 jurisdictions' costs that are directly related to siting behavioral health capital facilities funded by CCC
- Levy proceeds and that are not recoverable under the jurisdiction's permitting process, such as meeting 2611
- 2612 facilitation, production of communication materials, and event costs and other expenses to complete
- 2613 outreach and engagement. Grants will be prioritized for uses that expedite the opening of crisis care 2614 center facilities funded in 2024, 2025, and 2026, which aligns with the preferred crisis care center siting
 - ²²⁸ National Culturally and Linguistically Appropriate Services (CLAS) Standards. Think Cultural Health, U.S.

Department of Health & Human Services. [LINK]

²²⁹ Supporting worker wellbeing includes providing supervision and mentorship, covering staff time for selfdirected program development and quality improvement initiatives, and access to mental health benefits.

- 2615 timeline and process described in <u>Section V.A. Strategy 1: Create and Operate 5 Crisis Care Centers:</u>
- 2616 <u>Crisis Care Center Procurement and Siting Process</u>. Funding for jurisdiction siting support activities may
- 2617 not be used to offset siting costs incurred by other parties or other jurisdiction costs that cannot be
- 2618 directly attributed to siting capital facilities funded by CCC Levy proceeds.
- 2619

2620 DCHS Capital Facility Siting Technical Assistance

- 2621 Strategy 5 also includes resources for DCHS to provide capital facility siting technical assistance to local jurisdictions and operators of capital behavioral health facilities funded by CCC Levy proceeds. DCHS 2622 2623 technical assistance activities funded through Strategy 5 include, but are not limited to, creating and 2624 deploying communication content and supporting siting community engagement, interjurisdictional 2625 collaboration, and facility operator and jurisdictional partnerships. The community engagement 2626 activities funded by Strategy 5 are intended to augment the community engagement activities funded in 2627 Section V.G. Strategy 7: Crisis Care Centers Levy Administration. They include, but are not limited to, 2628 costs related to engaging community members in capital facility siting processes and soliciting 2629 community input, communication costs, translation and interpretation costs, community engagement 2630 event costs, and costs to reduce barriers for community members to participate in related community 2631 engagement activities. DCHS may use a portion of these resources to fund organizations or consultants 2632 with relevant subject matter expertise to provide technical assistance directly to jurisdictions or capital facility operators to support the siting of capital facilities funded by this Plan.²³⁰ 2633
- 2634

2635 F. Strategy 6: Evaluation and Performance Measurement Activities

2636 DCHS will assess the impact of the CCC Levy through evaluation and performance measurement 2637 activities. Section VII. Evaluation and Performance Measurement details how DCHS will conduct 2638 evaluation and performance activities. Section VIII. Crisis Care Centers Levy Annual Reporting describes 2639 how the CCC Levy's results will be reported to the public and policymakers annually. This subsection 2640 describes what activities will be funded with CCC Levy proceeds, which are summarized in Figure 33. 2641 DCHS will measure and evaluate data to assess the CCC Levy's impact, report its results, and inform 2642 efforts to improve the quality of CCC Levy funded services. DCHS may also engage in more in-depth 2643 evaluation activities to complement regular performance measurement and deepen learnings about the 2644 effect of the CCC Levy and the services the CCC Levy funds. 2645

²³⁰ DCHS staff costs to support capital facility siting, including providing technical advice, are funded by <u>Section V.G.</u> <u>Strategy 7: Crisis Care Centers Levy Administration</u>.

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Evaluation and Performance Measurement Activities				
Activity Description				
Routine Reporting and	ng and DCHS's costs to measure, analyze, evaluate, and report the impact of			
Performance Measurement the CCC Levy to inform quality improvement initiatives and report th				
	CCC Levy's results to the public and policymakers.			
In-Depth Evaluation	DCHS's costs to conduct in-depth evaluations of the CCC Levy, which			
	may include costs to contract with third parties.			

2647 Figure 33. Evaluation and Performance Measurement Activities

2648

2649 G. Strategy 7: Crisis Care Centers Levy Administration

2650 Strategy 7 supports DCHS costs to manage the implementation of the CCC Levy over the nine-year Levy 2651 period. These investments include using DCHS staff to support the implementation of this Plan, promote 2652 accountability to the community, provide sufficient quality assurance and improvement oversight 2653 infrastructure, and integrate CCC Levy services into existing continuums of care to improve how people 2654 are able to access behavioral health services at crisis care centers and other community behavioral 2655 health settings. Strategy 7 also funds costs related to community engagement, developing data systems 2656 infrastructure and technology, and supporting the ability of designated crisis responders (DCRs) to serve crisis care centers, which are further described later in this subsection.²³¹ These allowable activities 2657 2658 within Strategy 7 are described in Figure 34.

2659

2660 Figure 34. CCC Levy Administration Activities

	CCC Levy Administration Activities				
Activity	Description				
DCHS	DCHS's costs to manage the implementation of the CCC Levy and oversee quality				
Administration	assurance and improvement activities, including but not limited to, DCHS staff				
Costs	costs, third party consulting and technical assistance, and indirect administrative				
	costs.				
Community	Community engagement activities include, but are not limited to, costs to reduce				
Engagement	barriers to community member participation, translation and interpretation, costs				
	to partner with community-based organizations to engage community members,				
	and costs to organize community engagement events.				
Data Systems	Investments in data systems infrastructure and technology to improve care				
Infrastructure	coordination and ensure accurate and timely payment of contractors, and collect				
and Technology	necessary data for performance measurement and evaluation. This will include,				
	but may not be limited to, strengthening existing King County Information				
	Technology systems, electronic health record interoperability improvements, and				
	care coordination technical support for behavioral health providers.				
DCR	Activities that can help expedite DCRs' ability to access crisis care centers,				
Accessibility	including but not limited to, satellite offices and transportation costs to reduce				
	response times.				

²³¹ King County Crisis and Commitment Services offers evaluation of people with behavioral health disorders for involuntary detention in psychiatric and secure withdrawal facilities according to Washington law. The law for adults is RCW 71.05. [LINK] For youth 13 through 17 years of age the law is RCW 71.34. [LINK] Crisis and Commitment staff who perform these duties are referred to as Designated Crisis Responders (DCRs). They are mental health professionals who are specially trained to conduct a holistic investigation of risk and to treat the person in need with dignity and respect during their time of crisis. [LINK]

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2662 Community Engagement

2663 DCHS intends to prioritize community engagement throughout the term of the CCC Levy to help inform 2664 the ongoing implementation, quality improvement, evaluation and performance measurement, and accountability of the Levy. In addition to its engagement related to ongoing implementation activities, 2665 2666 DCHS plans to engage community members around the opening of crisis care centers to raise awareness 2667 about these new services, including sharing information that is accessible in multiple languages and 2668 formats. The importance of community engagement in an ongoing and meaningful way was a consistent 2669 theme during implementation planning activities (see Section III.E. Community Engagement Summary: 2670 Community Engagement During Future Planning Phases). DCHS will engage community partners and 2671 community members impacted by the CCC Levy, including populations experiencing behavioral health inequities (see Section III.C. Key Historical and Current Conditions: Who Experiences Behavioral Health 2672 2673 Inequities).²³² Community partners also include, but are not limited to, people who have received CCC 2674 Levy funded services, community-based organizations, contracted service providers, and elected officials 2675 and policy makers. DCHS intends to conduct listening sessions at least annually to solicit community 2676 feedback about the CCC Levy implementation. DCHS also intends to engage community partners in the 2677 CCC Levy's performance measurement and evaluation activities by publicly sharing and disseminating its 2678 annual reporting, and by soliciting provider feedback on performance measurement to foster 2679 accountability and collaboration in the measurement of the CCC Levy's progress. 2680 2681 Expertise to Support Oversight of Behavioral Health Equity 2682 Measuring behavioral health equity is a complex and nuanced task, as described in Section III.F. Behavioral Health Equity Framework: Quality Improvement Accountability. Convening community 2683 2684 partners is important to helping inform a quality metric selection process.²³³ DCHS plans to contract with 2685 community-based organizations or behavioral health agencies with expertise in culturally and 2686 linguistically appropriate services to help DCHS define quality standards and quality improvement 2687 activities to better serve people identified in this Plan's Background Section as populations experiencing 2688 behavioral health inequities (see Section III.C. Key Historical and Current Conditions: Who Experiences Behavioral Health Inequities). This investment will help inform quality improvement priorities for crisis 2689

2691 2692

2690

care center operators and post-crisis follow-up providers.

²³² Examples of "experiential communities" include persons who have been incarcerated, persons who are survivors of gender-based violence, persons who have been subject to involuntary treatment under Washington's involuntary Treatment Act, military veterans, immigrants, and refugees.

²³³ Goldman, M. L., Shoyinka, S., Allender, B., Balfour, M., Eisen, J., Hopper, K., Minkoff, K., Parks, J., Pinheiro, A., Rosa, D., & Shaw, B. (2023). Quality Measurement in Crisis Services. National Council for Mental Wellbeing. [LINK]

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Behavioral Health Equity Highlight

DCHS will make equity a key focus of CCC Levy administration activities. The community engagement investments described in this section are key to respond to community feedback about the importance of accountability and oversight of the CCC Levy, as well as ongoing community engagement. The investments of CCC Levy funds in expert consultations will be critical to ensuring that DCHS is overseeing its behavioral health equity framework using the best standards that are reflective of King County's communities and local context.

2693

2694 Develop Data Systems Infrastructure and Technology

2695 To advance the purposes of the CCC Levy, DCHS needs to have access to timely and accurate 2696 information and secure and reliable data systems. The CCC Levy will invest in data systems infrastructure 2697 and technology to improve service providers' ability to coordinate care for people experiencing a 2698 behavioral health crisis and to support providers' and DCHS's operational and administrative activities 2699 associated with implementing this Plan. These enhancements would have the added benefit of 2700 strengthening the administration of the entire public behavioral health system in King County, in line 2701 with the activities described in Section V.A. Strategy 1: Create and Operate 5 Crisis Care Centers: 2702 Oversight of Crisis Care Center Operations and Quality. Furthermore, these enhancements would 2703 provide more robust data to support DCHS's performance measurement and evaluation activities, 2704 including internal and external-facing dashboards and annual reporting, as described in Section VIII. 2705 Crisis Care Centers Levy Annual Reporting. CCC Levy investments in data systems infrastructure and 2706 technology may include upgrading outdated technology, redesigning databases to make them more 2707 efficient, and automating more data processing tasks and reports.

2708

Care coordination is essential during a crisis encounter. Crisis service providers need to be able to
efficiently access clinical information, such as a client's prior use of clinical services, their responses to
prior treatments, and their current active services. This kind of information is critical for informing the
initial risk assessment and triage, discharge planning, and engagement in post-crisis follow-up services.
It is equally as important for crisis service providers to communicate with other providers, including
automated alerts when someone has entered an acute care setting and information sharing to inform
warm handoffs as a client begins to transition to longer-term care.

2716

2717 At the time of this Plan's drafting, providers in King County currently have limited access to relevant clinical and social services data, which is a common problem across the United States.²³⁴ The 2718 2719 Washington State Health Care Authority and Department of Health are developing statewide crisis system data sharing platforms to support implementation of the 988 Suicide and Crisis Line and related 2720 crisis services, as required under E2SHB 1477.²³⁵ DCHS intends to coordinate with the state in these 2721 2722 efforts to maximize the local benefits of these state investments. While these state activities are 2723 promising, there may remain a need for local investments in data systems and technology infrastructure 2724 if there is not full alignment with King County's local needs or timelines. DCHS will assess its progress 2725 toward data system and technology infrastructure and technology goals periodically to determine if 2726 there is a need to focus also on data system improvements solely within King County government.

 ²³⁴ Goldman, M. L., Shoyinka, S., Allender, B., Balfour, M., Eisen, J., Hopper, K., Minkoff, K., Parks, J., Pinheiro, A., Rosa, D., & Shaw, B. (2023). Quality Measurement in Crisis Services. National Council for Mental Wellbeing. [LINK]
 ²³⁵ 2SSB 1477 (2021). 2SHB 1477's scope included RCW chapters 71.24, 48.43, 43.06, and 82.86. [LINK]

2727

- 2728 In addition to supporting clinical crisis care coordination, DCHS and crisis care center operators will need
- 2729 robust data systems for operational and administrative functions. As the administrator of King County's
- 2730 Integrated Care Network (KCICN) and Behavioral Health Administrative Service Organization (BH-ASO),
- 2731 DCHS already maintains a core administrative processing system to facilitate payments to providers,
- 2732 reporting to the state and managed care organizations, and monitoring of provider and overall system
- 2733 performance. However, the addition of CCC Levy-funded programs will further add to the demands on
- the system. The CCC Levy presents a unique opportunity to expand and strengthen DCHS's backbone
- technologies to securely and reliably manage data that are essential to the success of the CCC Levy.
- 2736
- 2737 Designated Crisis Responder Accessibility
- 2738 Ordinance 19572 requires crisis care centers to provide access to onsite assessment by a designated 2739 crisis responder (DCR) when needed.^{, 236} A persistent feature of King County's pre-CCC Levy behavioral
- 2740 health system has been that wait times for a DCR evaluation in community settings have too often been
- 2741 measured in days and weeks instead of minutes and hours.^{237,238} While immediately seeking an
- 2742 involuntary commitment hold may, in rare cases, be appropriate, DCRs' primary responsibility is to
- 2743 conduct a DCR evaluation and make an initial legal determination about whether a person meets legal
- criteria for detention under Washington's Involuntary Treatment Act.²³⁹ DCRs are mental health
- 2745 clinicians, but they do not provide treatment. DCRs are an essential part of the region's behavioral
- 2746 health crisis response system, but they should rarely be the first or only call a community member
- 2747 makes in a crisis.
- 2748

The CCC Levy will create a regional network of crisis care centers that will enable treatment to become
the first response to a behavioral health crisis. The creation of 24/7 walk-in facilities that provide
specialized treatment for crises as they happen is central to the CCC Levy proposal. In addition to
increasing access to care, crisis care centers are a key part of DCHS's strategy to reduce DCR response

- times in community settings by reducing the number of calls that DCRs receive.
- 2754

2755 During the implementation planning process, DCHS received feedback from community members that

- timely access to a DCR evaluation is critical when needed, but that DCR access should be held in balance
- with trying treatment first, promoting least restrictive care, and prioritizing voluntary services. DCHS will
- address this feedback by investing in activities to expedite DCR assessments of a person who is
- 2759 experiencing a behavioral health crisis at a crisis care center when clinically appropriate. These activities
- are described in Figure 34 and include costs such as satellite DCR offices and transportation costs to
- 2761 reduce response times. DCHS will work with crisis care center operators to prioritize least restrictive

²³⁶ King County Crisis and Commitment Services offers evaluation of people with behavioral health disorders for involuntary detention in psychiatric and secure withdrawal facilities according to Washington law. The law for adults is **RCW 71.05**. For youth 13 through 17 years of age the law is **RCW 71.34**. Crisis and Commitment staff who perform these duties are referred to as Designated Crisis Responders (DCRs) They are mental health professionals who are specially trained to conduct a holistic investigation of risk and to treat the person in need with dignity and respect during their time of crisis. Crisis and Commitment Services are available 24 hours a day, 365 days a year [LINK].

²³⁷ Washington Post (2022) Fixing the broken lovelies: As American cities deteriorate, a psychiatric nurse reckons with the high price of compassion [LINK].

²³⁸ Seattle Times (2022) Washington's designated crisis responders, a 'last resort' in mental health care, face overwhelming demand. [LINK]

²³⁹ RCW Chapters71.05 [LINK] and 71.34 [LINK]. King County BHRD Crisis and Commitment Services website. [LINK]

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care options whenever possible, thereby allowing DCRs to respond faster in crisis care centers andcommunity settings to less frequent cases that have already exhausted less restrictive options for care.

2764

2765 H. Strategy 8: Crisis Care Centers Levy Reserves

The CCC Levy will maintain fund reserves as directed by Ordinance 19572. The expenditure plan
described in <u>Section VI.B. Financial Plan: Annual Expenditure Plan</u> includes a fund reserve equal to 60
days of budgeted expenditures, less capital expenses, consistent with King County Comprehensive
Financial Management Policies.²⁴⁰ The purpose of the reserve is to ensure continuity of levy-funded

2770 operating activities for 60 days if the CCC Levy is not renewed after 2032. The 60-day operating reserve

- 2771 will also help promote continuity of levy-funded activities in the event of fluctuations in CCC Levy
- 2772 revenue or strategy costs.
- 2773

2774 In addition, <u>Section V. A. Strategy 1: Create and Operate Five Crisis Care Centers</u> and <u>Section V. A.</u>

- 2775 <u>Strategy 2: Restore, Expand, and Sustain Residential Treatment Capacity</u> each reserve a portion of CCC
- 2776 Levy funding to help pay for ongoing capital maintenance costs of behavioral health capital facilities
- 2777 funded by Levy proceeds. These capital resources will promote the future sustainability of behavioral
- 2778 health capital facilities funded by this Plan.

²⁴⁰ King County Comprehensive Financial Management Policies (2016) [LINK]

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2780 VI. Financial Plan

2781 **A. Overview**

This section describes the CCC Levy's financial plan and other related financial considerations. These
considerations include the CCC Levy's approach to incorporating additional financial resources to
complement and augment CCC Levy proceeds, the role of health insurance funding, and the process to
makes substantial adjustments to the financial plan. The strategy to establish and maintain CCC Levy

- 2786 reserves is described in <u>Section V.H. Strategy 8: Crisis Care Centers Levy Reserves</u>.
- 2787

2788 B. Financial Plan

2789 CCC Levy Annual Revenue Forecast

Figure 35 illustrates the CCC Levy's annual revenue forecast from January 1, 2024, to December 31,
2032. During 2024, the first year of the CCC Levy, the levy rate will be 14.5 cents per \$1,000 in assessed
property value. From 2025 to 2032, total levy collections may increase in accordance with Washington
State's levy limit, which at the time of this Plan's drafting was one percent annually plus the value of

- new construction as determined by the King County Assessor.²⁴¹ The revenue forecast incorporated into
- 2795 this Plan is from the King County OEFA August 2023 revenue forecast.²⁴² The revenue forecast depicted
- in Figure 35 assumes a 99 percent revenue collection rate and an assumption that the CCC Levy's
- 2797 proceeds will generate annual interest revenue at a rate of 0.5 percent.^{243,244}
- 2798

2799 Annual Expenditure Plan

2800 The CCC Levy's annual expenditure plan between 2024 and 2032 is described in Figure 35. The 2801 expenditure plan includes annual investment amounts for each of the CCC Levy's strategies, which are

- expenditure plan includes annual investment amounts for each of the CCC Levy's strategies, which are
 described in Section V. Crisis Care Centers Levy Strategies and Allowable Activities. The expenditure plan
- also includes one-time costs such as the election costs for King County Proposition 1 in April 2023 and
- initial planning costs permitted under Ordinance 19572.^{245,} In addition to costs, the expenditure plan
- 2805 also includes health insurance funding assumptions, which account for the share of crisis care center
- 2806 expenses that are projected to be paid for by health insurance, including Medicaid. Additional
- 2807 information about the expenditure plan's health insurance assumptions is described Section VI.
- 2808 Financial Plan: <u>Health Insurance Assumptions</u>. CCC Levy reserves are also depicted in the expenditure
- plan, and additional reserve information is described in <u>Section V.H. Strategy 8: Crisis Care Centers Levy</u>
 <u>Reserves</u>.
- 2811

²⁴² King County Office of Economic and Financial Analysis' (OEFA) economic forecasts [LINK]

²⁴¹ Municipal Research and Services Center (MRSC). Levy Lid Lift. [LINK]

²⁴³ King County Office of Economic and Financial Analysis' (OEFA) economic forecasts [LINK]

²⁴⁴ Fund revenues and corresponding cash balances accrue interest and County investment pool earnings, which are conservatively estimated at 0.5% of total collected revenues annually.

²⁴⁵ King County Elections. Ballot Measures: April 25, 2023 Special Election. King County Proposition No. 1: Crisis Care Centers Levy. [LINK]

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Figure 35. Crisis Care Centers Levy Projected Revenue and Approximate Annual Allocations by Strategy, 2024-2032 ²⁴⁶ 2813

Crisis Care Centers Levy Projected Revenue (2024 - 2032)										
	2024 2025 2026 2027 2028 2029 2030 2031 2032 Total									
Projected CCC Levy Revenue	\$117,304,000	\$119,829,000	\$122,449,000	\$125,130,000	\$127,866,000	\$130,654,000	\$133,489,000	\$136,384,000	\$139,346,000	\$1,152,451,000
Projected Annual Interest	\$587,000	\$599,000	\$612,000	\$626,000	\$639,000	\$653,000	\$667,000	\$682,000	\$697,000	\$5,762,000
Total Revenue ²⁴⁷	\$117,891,000	\$120,428,000	\$123,062,000	\$125,755,000	128,505,000	\$131,307,000	\$134,156,000	\$137,066,000	\$140,042,000	\$1,158,213,000

	Crisis Care Centers Levy Approximate Allocation by Strategy (2024 - 2032)									
	2024	2025	2026	2027	2028	2029	2030	2031	2032	Total
Strategy 1: Create and Operate Five Crisis Care Centers	\$16,150,000	\$59,888,000	\$54,816,000	\$72,640,000	\$97,865,000	\$73,069,000	\$82,146,000	\$84,094,000	\$86,147,000	\$626,815,000
Projected Additional Medicaid Funding	\$-	\$-	\$3,801,000	\$15,426,000	\$27,388,000	\$35,723,000	\$40,268,000	\$40,852,000	\$41,444,000	\$204,904,000
Strategy 2: Restore, Expand, and Sustain Residential Treatment Capacity	\$42,000,000	\$33,340,000	\$40,148,000	\$48,575,000	\$1,464,000	\$1,611,000	\$1,772,000	\$1,949,000	\$2,144,000	\$173,001,000
Strategy 3: Strengthen the Community Behavioral Health Workforce	\$7,500,000	\$11,849,000	\$13,030,000	\$16,352,000	\$19,894,000	\$22,418,000	\$23,877,000	\$24,199,000	\$24,574,000	\$163,693,000
Strategy 4: Early Crisis Response Investments	\$8,200,000	\$6,290,000	\$7,410,000	\$7,518,000	\$7,627,000	\$7,737,000	\$7,522,000	\$7,632,000	\$7,742,000	\$67,678,000
Strategy 5: Capacity Building and Technical Assistance	\$1,750,000	\$2,029,000	\$2,058,000	\$1,357,000	\$1,748,000	\$2,203,000	\$2,071,000	\$1,659,000	\$1,683,000	\$16,559,000
Strategy 6: Evaluation and Performance Measurement Activities	\$771,000	\$1,099,000	\$1,127,000	\$1,156,000	\$1,239,000	\$1,270,000	\$1,302,000	\$1,335,000	\$1,369,000	\$10,667,000
Strategy 7: CCC Levy Administration	\$5,065,000	\$7,581,000	\$9,025,000	\$9,373,000	\$9,626,000	\$9,756,000	\$9,825,000	\$9,763,000	\$9,979,000	\$79,993,000
Election Costs	\$3,500,000									\$3,500,000
Planning Costs	\$1,000,000									\$1,000,000
Total CCC Levy Costs	\$85,936,000	\$122,077,000	\$127,613,000	\$156,971,000	\$139,462,000	\$118,064,000	\$128,515,000	\$130,631,000	\$133,638,000	\$1,142,908,000
Strategy 8: CCC Levy Reserves	\$4,354,000	\$2,050,000	\$1,833,000	\$3,506,000	\$5,330,000	\$6,573,000	\$7,281,000	\$7,445,000	\$15,285,000	

2814

RPC Meeting Materials

²⁴⁶ The dollar amounts in this table are approximate and are rounded to the nearest thousand dollars.

²⁴⁷ The revenue forecast incorporated into this Plan is from the King County Office of Economic and Financial Analysis' August 2023 revenue forecast. [LINK] The revenue forecast assumes a 99 percent revenue collection rate and an assumption that the CCC Levy's proceeds will generate annual interest revenue at a rate of 0.5 percent.

2815 C. Sequencing and Timing of Planned Expenditures

2816 Ordinance 19572 requires this Plan describe the sequence and timing of planned expenditures and

activities necessary to establish and operate a regional network of five crisis care centers. This

2818 requirement is addressed in <u>Section V.A. Strategy 1: Create and Operate Five Crisis Care Centers:</u>

2819 <u>Sequence and Timing of Planned Expenditures and Activities</u>. DCHS plans to open competitive

- procurement rounds in 2024, 2025, and 2026 if needed to select five crisis care center operators.
- 2821

2822 Ordinance 19572 also requires this Plan to describe how a portion of first year levy proceeds will be

allocated to make rapid initial progress towards fulfilling the CCC Levy's Supporting Purposes One and
 Two. Section V.B. Restore, Expand, and Sustain Residential Treatment Capacity: 2024 Funding Approach

2825 <u>for Rapid Initial Progress on Residential Treatment</u> describes how progress will be made in 2024 towards

fulfilling Supporting Purpose 1. DCHS plans to open a competitive procurement in 2024 to award capital

2827 improvement funding for resident treatment facility operators to help stabilize the sector and prevent

- additional closures and to award capital funding for new residential treatment facility development.
- 2829 Section V.C. Strategy 3: Strengthen the Community Behavioral Health Workforce: 2024 Funding
- 2830 Approach for Rapid Initial Progress on Behavioral Health Workforce describes how progress will be
- 2831 made in 2024 towards fulfilling Supporting Purpose 2. DCHS plans to distribute resources to help
- strengthen and support the development of King County's community behavioral health workforce
 through existing contracts with organizations and new procurement processes.
- 2835

2835 D. Seeking and Incorporating Federal, State, and Philanthropic Resources

The CCC Levy's financial plan is designed to advance the Paramount Purpose, Supporting Purpose 1, and
 Supporting Purpose 2, within forecasted resources. Forecasted resources include projected CCC Levy
 proceeds and health insurance funding. These funding assumptions are described in Section VI. B.
 Financial Plan: CCC Levy Annual Revenue Forecast and Section VI.E Health Insurance Assumptions.

2840

In this Plan's financial plan, the Executive has not assumed federal, state, or philanthropic resources will
contribute to achieving the CCC Levy's purposes except for state and federal Medicaid funding based on
information available at the time of this Plan's drafting. While this Plan does not depend upon it,
government and philanthropic partners have a significant opportunity to bolster the impact of the CCC
Levy.

2845 2846

2847 Additional philanthropic and government investments in CCC Levy purposes could reduce the amount of 2848 CCC Levy proceeds that are needed to fulfill this Plan's strategies. CCC Levy proceeds could then expand 2849 funding for strategies through the uses described in Section VI. F. Process to Make Substantial 2850 Adjustments to the Financial Plan. Government and philanthropic partners could also augment the 2851 impact of the CCC Levy by investing in other parts of the behavioral health system or in other areas that 2852 impact social determinants of health. For example, if federal and state partners invest in affordable 2853 housing resources to meet the scale of housing needs of people living with behavioral health conditions 2854 and housing instability in King County, individual experiences of behavioral health crises may be 2855 reduced. The Executive will seek investments from government and philanthropic partners to augment 2856 CCC Levy proceeds. Figure 36 describes examples of government and philanthropic investments that 2857 could complement this Plan.

2858

2859 *Figure 36. Federal, State, and Philanthropic Opportunities to Augment CCC Levy Proceeds* Federal, State, and Philanthropic Opportunities to Augment CCC Levy Proceeds

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Investment Area	Federal Government	State Government	Philanthropy
Medicaid Rates: Increase Medicaid rates to reduce the CCC Levy proceeds needed to subsidize services.	х	х	
Non-Medicaid Rates: Increase non-Medicaid funding for state and federal behavioral health services to reduce CCC Levy proceeds needed to subsidize costs for services and populations ineligible for Medicaid.	х	х	
Mobile Crisis Services: Increase funding for adult, youth, and specialty population mobile crisis services.	х	х	х
Capital Resources: Contribute capital resources to land and capital facilities funded by CCC Levy proceeds.	х	х	х
Transition Age Youth: Dedicate resources to create a specialized crisis care setting and services for transition age youth. ²⁴⁸	х	х	х
Housing Resources: Increase housing resources for people living with behavioral health conditions.	х	х	х
Workforce: Strengthen behavioral health workforce through training, recruitment, and retention funding.	х	х	х
Opioid Overdose Crisis: Address the opioid crisis by expanding naloxone, MOUD, and other services. ²⁴⁹	х	х	х
Care Coordination Technology: Invest in health informatics infrastructure to support crisis system.	х	х	х

2860

Through King County's annual legislative agenda and policymaker engagement activities, such as but not limited to briefings, work sessions, and public meetings, the Executive intends to seek federal and state government funding to complement the CCC Levy . DCHS will strive to coordinate the CCC Levy with federal and state crisis service initiatives and investments to maximize resource coordination and crisis system integration. As the state makes ongoing, state-wide investments in crisis facilities and programs, the Executive will continue to seek funds to augment the CCC Levy.

2867

2868 The Executive and DCHS also plan to seek philanthropic funding by sharing opportunities for

philanthropic partners to amplify the impact of the CCC Levy proceeds with targeted funding support.

2870 Similar to state and federal initiatives, DCHS will strive to coordinate with existing philanthropic

initiatives related to crisis services whenever feasible to maximize resource coordination acrossinitiatives.

2873

2874 E. Health Insurance Assumptions

2875 Medicaid Health Insurance

The CCC Levy financial plan assumes that Medicaid health insurance ("Medicaid") will pay for
approximately 40 percent of the crisis care centers' operating and service activities and approximately

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²⁴⁸ "Young adult," also known as "transition age youth" means a person between eighteen and twenty-four years of age, per RCW 43.330.702 – Homeless youth—Definitions. [LINK]

²⁴⁹ Naloxone is a lifesaving opioid overdose reversal medication that can be safely administered in communitybased settings. "MOUD" means medication for opioid use disorder and includes medications that are used to support people receiving treatment for opioid use.

40 percent of the post-crisis follow-up program's operating and service activities that are described in
 Section V.A. Strategy 1: Create and Operate Five Crisis Care Centers. CCC Levy proceeds will be used to
 pay for the remaining 60 percent of these activities' operating and service costs that are expected not to
 be covered by Medicaid.

2882

2883 DCHS developed the 40 percent Medicaid assumption by analyzing King County's historic crisis service 2884 health insurance billing codes and utilization data, estimating the likely health insurance coverage payer 2885 mix of people who may access crisis care centers, and reviewing Medicaid funding rates at comparable 2886 facilities in Washington State. A review of crisis service health care billing codes and utilization rates 2887 showed a range of 29 percent to 50 percent of the client population was covered by Medicaid, 2888 depending on the service type, with a 34 percent average rate of people accessing behavioral health 2889 crisis services. The crisis care centers' payer mix will likely be higher than this 34 percent average rate 2890 because crisis care centers are anticipated to disproportionally serve people who are eligible for 2891 Medicaid. King County reviewed the share of costs Medicaid covered at two comparable crisis facilities 2892 in Washington. Medicaid covered 24 percent of the operating and service costs at one facility and 86.5 percent of the operating and service costs at the second facility.²⁵⁰ This analysis, along with King 2893 County's commitment to maximize Medicaid billing through supporting Medicaid enrollment and billing 2894 2895 infrastructure, resulted in this Plan's funding assumption reflecting a modest increase from Medicaid 2896 utilization rates for crisis services that existed at the time of this Plan's drafting, up to 40 percent 2897 Medicaid funding.

2898

The actual Medicaid reimbursement amount, which may vary annually, may be higher or lower than this
 40 percent projection based on the implementation of state law directing the state to maximize the use
 of Medicaid for behavioral health services, including crisis services.²⁵¹ Section VI. F. Process to Make
 Substantial Adjustments to the Financial Plan describes how excess funding or reduced funding,
 including funding changes resulting from Medicaid assumptions, will be prioritized.

2904

2905 Commercial Health Insurance

2906 Recent state legislation regarding emergency health insurance coverage requires commercial health 2907 insurance plans ("commercial plans") to cover behavioral health crisis services at the same level as physical health emergency services.²⁵² As a result of this legislation, beginning in 2024, commercial plans 2908 2909 will pay for the types of behavioral health crisis services that will be delivered at crisis care centers as 2910 described in Section V.A. Strategy 1: Create and Operate Five Crisis Care Centers. At the time of this 2911 Plan's transmittal, commercial plan payment rates were being negotiated and were unknown. Due to 2912 the uncertainty regarding commercial plan rates, the CCC Levy's financial plan does not assume any 2913 commercial plan funding. The actual commercial plan funding will likely be higher than zero dollars. The 2914 real amount will be determined by the insurance coverage payer mix of people who receive services at 2915 crisis care centers and the final negotiated commercial plan rates. Any future commercial insurance

2916 payments will offset CCC Levy expenses and will allow for CCC Levy proceeds to be prioritized for uses

²⁵⁰ The Crisis Solutions Centers in Seattle, WA has a 24 percent Medicaid reimbursement experience. The Spokane Regional Stabilization Center in Spokane, WA has an 86.5 percent Medicaid reimbursement experience.

²⁵¹ E2SSHB 1515 [LINK] and SSSB 5120 [LINK] both passed during the 2023 state legislative session and direct the Washington State Health Care Authority to maximize Medicaid billing for crisis services.

²⁵² Engrossed Second Substitute House Bill 1688 passed during the 2022 state legislative session and requires health insurance carriers to cover emergency services, including services provided at out-of-network facilities, up until the point of stabilization. [LINK]

2917 2918 2919	described in the next section, Section VI. F. <u>Process to Make Substantial Adjustments to the Financial</u> <u>Plan</u> .
2920	F. Process to Make Substantial Adjustments to the Financial Plan
2921	Overview
2922 2923 2924	This section describes the process to communicate and make substantial adjustments to the CCC Levy's financial plan. A substantial adjustment is a change or series of changes within the same calendar year to a strategy's annual funding allocation by the greater of five percent or \$500,000.
2925	
2926 2927	A change is not considered a substantial adjustment if it is due to additional CCC Levy revenue or other funding sources becoming available. In this scenario, the additional CCC Levy revenue must be allocated
2928 2929	according to the priorities described later in this section and cannot reduce another strategy's allocation. In addition, CCC Levy proceeds that are not spent within a strategy may be retained within
2930 2931 2932	the same strategy for use in a subsequent year without being considered a substantial adjustment for the purpose of this Plan.
2932	Potential causes for substantial adjustments to the financial plan may include, but are not limited to:
2934	 Macroeconomic conditions such as inflation being higher than expected;
2935	CCC Levy generating less revenue than forecasted;
2936	Health insurance funding being lower than projected; ²⁵³
2937	 Additional funding contributions allowing CCC Levy proceeds to be reprioritized;
2938	 Unanticipated fluctuations or variations in program costs, and
2939	 Evolving needs, such as workforce conditions and capital project timeline changes.
2940	
2941	Expenditure of CCC Levy proceeds in any year remains subject to Council appropriation. Annual
2942 2943	reporting requirements directed by Ordinance 19572 and this Plan include annual financial reporting.
2944	Process for Communicating and Making a Substantial Adjustment
2945	Substantial adjustments to the CCC Levy's financial plan will be communicated according to the process
2946	defined in this subsection. If, without Council direction or concurrence, the Executive determines a
2947	substantive adjustment to the funding allocations specified in the CCC Levy's financial plan is needed,
2948	then the Executive will transmit a notification letter to Council detailing the scope of and rationale for
2949	the changes. The Executive may only send such notification letters as frequently as twice per year when
2950 2951	needed. The Executive will electronically file the letter with the Clerk of the Council, who will retain an
2951	electronic copy and provide an electronic copy to all councilmembers, the Council Chief of Staff, the lead staff for the Committee of the Whole, or its successor, and the Regional Policy Committee. Unless the
2953	Council passes a motion rejecting the contemplated change within 30 days of the Executive's
2954	transmittal, the Executive may proceed with the change as set forth in the notification letter.
2955	
2956	Priorities for Reducing Allocations Due to Revenue that is Less than this Plan's Projections
2957	This subsection describes the process for prioritizing substantial adjustments that reduce this Plan's
2958	annual allocations to one or more strategies. If the projected CCC Levy revenue or health insurance
2959	funding assumptions are less than this Plan's projections in any year, then it may be necessary to make a

²⁵³ In this context, health insurance includes Medicaid and commercial health insurance.

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substantial adjustment to an allocation amount in one or more strategies. If this occurs, the Executivewill identify necessary substantial adjustments according to the priorities described in Figure 37.

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Figure 37. Funding Priorities if CCC Levy Proceed Allocations Must be Reduced Due to Funding that is
 Less than Projected

	Funding Priorities if CCC Levy Allocations Must be
	Reduced Due to Funding that is Less than Projected
Priority	Description
First Priority	Maintain funding or minimize reductions to strategies with a direct link to accomplishing the Paramount Purpose to establish and operate a regional network of five crisis care centers in King County. ²⁵⁴
Second Priority	Maintain funding or minimize reductions to strategies with a direct link to accomplishing Supporting Purpose 2 to increase the sustainability and representativeness of the community behavioral health workforce in King County through recruitment, retention, and training activities. ²⁵⁵
Third Priority	Maintain or minimize reductions to strategies with a direct link to accomplishing Supporting Purpose 1 to restore the number of mental health residential treatment beds to at least 355 and expand the availability and sustainability of residential treatment in King County. ²⁵⁶

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Priorities for Allocating Revenue in Excess of this Plan's Original Allocations or to ReflectAdditional Funding from Other Sources

2968 This subsection describes the process for prioritizing allocations of CCC Levy revenue that exceed this 2969 Plan's revenue projections, or CCC Levy revenue that becomes available because other funding sources 2970 are contributing funding toward this Plan's strategies at a higher level than anticipated. Examples of 2971 other funding sources could include but are not limited to higher than assumed health insurance funding²⁵⁷ or complementary investments made by federal, state, and philanthropic partners to 2972 2973 augment the impact of the CCC Levy. Increases to a strategy's allocation due to additional CCC Levy 2974 revenue or funding secured for CCC Levy purposes from other sources that do not reduce another 2975 strategy's allocation and that comport with this subsection's priorities do not constitute a substantial 2976 adjustment for the purposes of this Plan. Expenditures of CCC Levy proceeds allocated through this 2977 prioritization remain subject to Council appropriation. The Executive will apply the priorities described in 2978 Figure 38 to allocate additional funding that becomes available because of higher CCC Levy revenue 2979 projections or newly available funding from other sources.

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 ²⁵⁴ Strategies with a direct link to accomplishing the CCC Levy's paramount purpose include Strategy 1: Create and
 Operate Five Crisis Care Centers, Strategy 3: Strengthen the Community Behavioral Health Workforce, and Strategy
 5: Capacity Building and Technical Assistance.

²⁵⁵ Strategy 3: Strengthen the Community Behavioral Health Workforce has a direct link to accomplishing the CCC Levy's Supporting Purpose 2.

 ²⁵⁶ Strategies with a direct link to accomplishing Supporting Purpose 1 include Strategy 2: Restore, Expand, and Sustain Residential Treatment Capacity and Strategy 5: Capacity Building and Technical Assistance.
 ²⁵⁷ In this context, health insurance includes Medicaid and commercial health insurance.

2981 Figure 38. Priorities for Increasing Allocations Due to Additional Funding

Pri	Priorities for Increasing Allocations Due to Additional Funding				
Priority	Description				
1st Priority	Ensure at least 60 days of operating reserves are funded.				
2nd Priority	Increase funding to <i>Strategy 1: Create and Operate Five Crisis Care Centers</i> up to the amount needed to satisfy the Paramount Purpose if it has not been satisfied, including funding unanticipated strategy costs due to inflation and providing up to \$25 million in any single year for housing stability resources for people who receive services at crisis care centers and are experiencing homelessness.				
3rd Priority	Increase funding to <i>Strategy 3: Strengthen the Community Behavioral Health</i> <i>Workforce</i> up to \$25 million in any single year.				
4th Priority	Increase funding to <i>Strategy 2: Restore, Expand, and Sustain Residential</i> <i>Treatment Capacity</i> up to the amount needed to restore the number of mental health treatment beds in King County to at least 355 beds, including funding unanticipated strategy costs due to inflation.				
5th Priority	Fund the creation and operation of additional crisis care center facilities, components of facilities, or other facilities that CCC Levy data shows would benefit crisis care center clients and are allowed under Ordinance 19572. An example of such a facility could include an additional crisis care center, beyond the five specified in Ordinance 19572, specializing in serving transition age youth. ²⁵⁸				

²⁵⁸ "Young adult," also known as "transition age youth" means a person between eighteen and twenty-four years of age, per RCW 43.330.702 – Homeless youth—Definitions. [LINK]

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2985 VII. Evaluation and Performance Measurement

2986 This section describes how DCHS will approach evaluating and measuring the performance of the CCC 2987 Levy. This includes a description of the principles and framework that will guide evaluation and 2988 performance measurement activities. A description of how CCC Levy proceeds will be used to support 2989 evaluation and performance measurement activities is included in Section V.F. Strategy 6: Evaluation 2990 and Performance Measurement Activities. A description of how community partners may be engaged in 2991 evaluation and performance measurement activities is included in Section V.G. Strategy 7: Crisis Care 2992 Centers Levy Administration. Lastly, DCHS will create and maintain an online annual report so the public 2993 and policymakers can review the performance of the CCC Levy. The CCC Levy's annual report 2994 requirements and process are described in Section VIII. Crisis Care Centers Levy Annual Reporting. 2995

2996 A. Evaluation and Performance Measurement Principles

The evaluation and performance measurement of the CCC Levy will be guided by the principles
described in Figure 39. Community engagement feedback and DCHS subject matter experts informed
these principles during the implementation planning process.

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3001 Figure 39. CCC Levy Evaluation and Performance Measurement Principles

C	CC Levy Evaluation and Performance Measurement Principles
Principle	Description
Transparent	King County will transparently share evaluation and performance measurement
and Community	findings via public annual reporting detailed in Section VIII. Crisis Care Centers Levy
Informed	Annual Reporting, with clearly described methods and reliable data sources that
	are made available on a regular basis through public platforms. Community
	partners will be given opportunities to collaborate on approaches and information
	gathering related to evaluation and performance measurement activities.
Person-	Throughout performance measurement and evaluation activities, King County
Centered	plans to center the voices of people engaged with the crisis system to understand
	their experiences, preferences, and motivations.
Continuously	DCHS plans to use data to make evidence-informed decisions to improve program
Improving	quality and service effectiveness in its system oversight role of the CCC Levy.
	Whenever possible, measurement and evaluation findings and products will be
	used to engage service providers in continuous quality improvement initiatives.
	Performance measurement and evaluation approaches may also change over time
	to be responsive to emergent data needs and implementation factors.
Equitable	Performance measurement frameworks and evaluations will be grounded in King
	County's Equity and Social Justice principles. ²⁵⁹ Whenever possible, DCHS plans to
	measure and document demographic data, including race and ethnicity data, to
	identify potential disparities and to measure equity impacts on the effectiveness of
	services.

²⁵⁹ King County Equity and Social Justice Strategic Plan (2016-2022). [LINK]

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Behavioral Health Equity Highlight

To address behavioral health inequities, it is necessary to measure disparities prior to and after implementation of interventions aimed at reducing inequities.). The CCC Levy's evaluation and performance measurement plan will measure by race, ethnicity, or other demographic characteristics at both the program level and across programs to analyze the effectiveness strategies at reducing inequities. These analyses will yield critical information to advance the behavioral health equity framework.

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3005 B. Evaluation and Performance Measurement Framework

The CCC Levy evaluation and performance measurement framework will focus on reporting measures relevant to monitoring performance of the CCC Levy, advancing continuous quality improvement, and generating clear and actionable evaluation products for the public. It is critical that the crisis services system can grow and evolve by building on what works well and improving what does not. This process should be continuously informed by performance metrics, outcome data, client experiences, and other relevant information, as described in <u>Section V.A. Strategy 1: Create and Operate Five Crisis Care</u> <u>Centers: Continuous Quality Improvement and Quality Assurance</u>.

Evaluation of the CCC Levy will aim to inform strategic learning and accountability. Strategic learning is
 using data to understand which strategies are effective and why they are effective to inform continuous
 quality improvement activities.²⁶⁰ Data from evaluation also supports shared responsibility and
 accountability for CCC Levy activities between the County and community agencies. Providers are
 accountable for the activities they are funded to do, while the County is accountable for the overall
 results of the CCC Levy.

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The scale and complexity of the CCC Levy requires an evaluation approach that encompasses a range of measurement techniques. The evaluation framework will therefore include three overall approaches:

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- Population Indicators: DCHS will use population level measures to identify needs, characterize baseline conditions, and track trends.
 Performance Measurement: Performance measures are regularly generated and collected
- descriptors of program processes and outcomes that can be used to assess how well a strategy is working.

3028 3. In-Depth Evaluation: Additional evaluation activities will complement performance

- 3029measurement to deepen learnings and understand selected CCC Levy investments'3030effectiveness. Approaches may include piloting new programs, developing new evaluation tools,3031and identifying areas that may benefit from new or deeper community supports. DCHS may3032contract with one or more third party, independent organization(s), or engage in public private3033partnerships to conduct in depth evaluations.
- 3035 These three approaches are described in more in the following subsections.
- 3036

²⁶⁰ Center for Evaluation Innovation. Evaluation for Strategic Learning: Assessing Readiness and Results. [LINK]

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3037 Population Indicators

3038The CCC Levy will impact two priority populations, detailed in the list below, which reflect the two3039facility-focused purposes of the CCC Levy. DCHS will focus on measuring how these populations change

3040 over time in size and demographics. Where feasible, DCHS will disaggregate population indicator data by

3041 demographic characteristics to advance King County's equity goals, including evaluating

representativeness of services by comparing priority population demographics to regional population
 demographics (see Section III. F. Behavioral Health Equity Framework: Quality Improvement and

Accountability). DCHS will also measure how the CCC Levy, as a part of the King County behavioral health system, provides services to these two priority populations. Building on the King County Behavioral Health Data System, DCHS plans to use the following definitions to provide estimates for following population indicators, which reflect the purposes of the CCC Levy as noted in parentheses:

- following population indicators, which reflect the purposes of the CCC Levy as noted in parentheses:
 People seeking immediate and in person crisis care through intervention and stabilization
 services provided by County-contracted crisis services (Paramount Purpose); and
 - services provided by County-contracted crisis services (<u>Paramount Purpose</u>); and 2. People seeking residential treatment care and who have an open authorization to receive
 - residential treatment with County-contracted residential treatment providers (Supporting Purpose 1).

While the goal is for the CCC Levy to contribute to population level outcomes in the long term, there are
multiple other sectors and community factors that are also responsible for countywide conditions and,
as a result, influence these measures. It is therefore difficult to attribute changes in population
indicators — positive or negative — to the CCC Levy itself.

3059 Performance Measurement

DCHS will measure and report on the impact of the CCC Levy in the three domains defined by Results
 Based Accountability (RBA) framework, as appropriate.²⁶¹ The RBA framework describes performance
 measurement by asking three key questions: how much did we do, how well did we do it, and is anyone
 better off? The measurement framework will focus on reporting measures relevant to continuous
 quality improvement and generating clear and actionable evaluation products to the public.

This approach to performance measurement will promote strategic learning and accountability through transparency and collaboration with service providers funded through the CCC Levy. The RBA framework also helps reduce data collection burden for providers and ensures that measurement reflects both program and community definitions of progress. Consistent with standard practice for the department, DCHS will give service providers the opportunity to inform final plans for performance measurement to ensure they include meaningful measures and feasible reporting requirements.

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For every strategy of the CCC Levy that is competitively procured, procurement materials such as
requests for proposal (RFPs) will include proposed performance measures to transparently
communicate contract expectations based on the CCC Levy's intended impact and likely reporting
requirements. During the contract negotiation process, DCHS will engage with selected service providers
to finalize a performance measurement plan. The finalized performance measurement plan will capture
the individual program model's unique aspects, while also adopting standardized measures to facilitate

- 3079 measuring the CCC Levy's collective impact.
- 3080

²⁶¹ Clear Impact. What is Results Based Accountability? [LINK]

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- 3081 Performance measures across programs will vary based on the populations served, duration of services,
- 3082 type of investment and activity, and funding duration. These measures can be quantitative or
- 3083 qualitative. DCHS intends to require contracted service providers to regularly report data for CCC Levy
- 3084 funded programs and strategies and will collect performance measurement data in a consistent manner.
- 3085 The timeline for developing and reporting measures will be distinct for each program and will depend on
- 3086 its implementation stage and data collection requirements. Specific measures will be finalized in
- 3087 consultation with providers and refined periodically.
- 3088

For strategies that are investing in directly providing behavioral health services to clients, DCHS plans to
 collect and monitor performance measures on individuals served, the nature of services provided, and
 associated outcomes to support the implementation of <u>Strategy 1: Create and Operate Five Crisis Care</u>
 <u>Centers</u> and <u>Strategy 2: Restore, Expand, and Sustain Residential Treatment Capacity</u>. Individual level
 data may be collected on people receiving services to disaggregate measures by race, ethnicity, or other
 demographic characteristics at both the program level and across programs for analysis within strategies
 and result areas.

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For strategies that are investing in workforce or systems infrastructure, DCHS plans to collect and
 monitor performance measures among community behavioral health providers that describe agency
 attributes such as workforce characteristics, activities conducted, and associated outcomes to support
 the implementation of Section V.C. <u>Strategy 3: Community Behavioral Health Workforce</u>. Individual-level
 data may be collected on a community behavioral health agency's staff to disaggregate measures by

- race, ethnicity, or other demographic characteristics at both the program level and across programs for
 analysis within strategies and result areas.
- 3104

Across all strategies, DCHS intends to continue expanding the ways in which populations experiencing behavioral health inequities (see <u>Section III.C. Background: Who Experiences Behavioral Health</u> Inequities) are visible in data and are involved in decisions about what data are gathered and how it is

- 3108 interpreted. This may include expanding the ways existing systems disaggregate data by race and
- ethnicity, developing new methods for data collection, continuing to report on both numbers and
- 3110 stories to value participants' experiences, increasing opportunities for community reflection and
- 3111 feedback on data analysis, and evaluating representativeness by comparing demographics of people
- 3112 reached by CCC Levy strategies to regional population demographics. A description of how community
- 3113 partners will be engaged in evaluation and performance measurement activities is included in <u>Section</u>
- 3114 V.G. Strategy 7: Crisis Care Centers Levy Administration.
- 3115

3116 In-Depth Evaluation

Performance measurement and evaluation activities may also include additional in-depth evaluations that are more focused in scope, time, or substance to inform program decision making and to ensure that the CCC Levy is functioning as intended. To conduct such evaluations for the CCC Levy, DCHS may contract with external research partners or engage in public-private partnerships to augment its own data collection, measurement, and evaluation work. Where feasible, DCHS will disaggregate in-depth evaluation data by demographic characteristics to advance King County's equity goals.

- 3123
- In collaboration with community partners, the CCC Levy plans to use the following criteria for selectingpriority areas for evaluation:
- 31261.High interest from community partners. Evaluations identified as being of critical need or3127interest to King County Council, Cities and the Sound Cities Association, community-based

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3128 3129		organizations, providers, the King County Behavioral Health Advisory Board, and others community partners as applicable.
3130	2.	High potential to improve equity . Evaluations that focus on identifying disproportionalities in
3130	۷.	services, or identifying whether there is improvement in servicing historically underserved
3132		communities.
3133	3.	High potential to improve quality of services . Evaluation of programs or processes that are
3133	Э.	integral to quality of care, and where findings can be used with partners for continuous quality
3134 3135		improvement.
3135	4.	Provide new evidence . Evaluation of new or existing programs that can fill a gap in the scientific
3130	4.	evidence base and enhance program learning and adaptation.
3138	5.	High quality data . Evaluations will be selected to leverage available robust, rigorous, and
3138	Э.	sustainable data sources; results may also inform where further data infrastructure investments
3139		are needed.
3140 3141		
3142	The de	sign of potential evaluations will be based on what is appropriate for the program's stage of
3143		ientation, and the existing evidence base for effectiveness of the selected program models.
3144	•	s include, but are not limited to:
3145	•	Formative evaluation to support innovation and decision making for a new program;
3146	•	Process evaluation to support program implementation and improvements, and,
3147	•	Outcomes evaluation to demonstrate whether the program is leading to the desired results.
3148		
3149	The tim	neline for completing in-depth evaluations will depend on when baseline data are available; the
3150		t which a sufficient number of individuals have reached the outcome to generate a statistically
3151	•	e result; and the time needed for data collection, analyses, and interpretation of data.
3152	rendbre	
3153	C. Alig	ning CCC Levy Performance Measurement and Reporting with Other Dedicated Human
3154		es Funding Initiatives
3155		ntends to align CCC Levy performance measurement and reporting with other dedicated human
3156		s funding initiatives where possible. Alignment is important because King County residents'
3157		and human services needs span the boundaries of federal, state, and local funding. Revenue from
3158		C Levy, along with the MIDD, Best Starts for Kids (BSK), the Veterans, Seniors, and Human Services
3159		SHSL), and Health Through Housing (HTH) constitutes a substantial portion of King County's local
3160		and human service investments. Many of the County's dedicated human services funding streams
3161		e-limited, requiring periodic renewal. MIDD (expires after 2025), BSK (expires after 2027), and
3162		(expires after 2029) will require renewal during the CCC Levy period to continue; and the County's
3163		d implementation plan for HTH is due in 2027 also during the CCC Levy period. In the
3164	•	pment of this Plan, DCHS staff engaged across initiatives to coordinate planning efforts. These
3165		pping funding timelines offer opportunities over the course of the CCC Levy to innovate, adapt,
3166		ne performance measurement and reporting in response to community needs.
3167		te performance incusurement and reporting in response to community needs.
3168	In resp	onse to a proviso included in King County's 2017-2018 adopted budget, DCHS has invested
3169	•	in data systems and infrastructure to responsibly collect, manage, and share information, with
3170	•	It o make data widely accessible and used to animate conversations, spark innovation, and direct
3171	-	mming and policy decisions to benefit King County residents. ²⁶² These investments have made
31/1	PIOSICI	mining and policy accisions to benefit king county residents. These investments have made

²⁶² Motion 15081 accepts DCHS's report on consolidated human services reporting, as required by Ordinance 18409, Section 66, Proviso P2. [LINK]

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- 3172 possible new data products, including online dashboards, that provide insight on participants in
- 3173 programs and activities and how they access services, as well as how investments and services are
- 3174 geographically distributed. This information supports monitoring and evaluating the collective impact in
- 3175 communities and informs continuous improvement of service delivery. Using these tools, DCHS
- 3176 collaborates with program participants, contracted service providers, and its own direct services staff to
- collect high-quality data, review program performance, and develop and monitor quality improvementinitiatives.
- 3178 3179

3180 In July 2022, DCHS released a consolidated dashboard to report data on BSK, MIDD, and VSHSL funded services.²⁶³ In 2023, the dashboard added data for all programs and activities, including those that were 3181 3182 federally funded, in the Behavioral Health and Recovery Division and the Developmental Disabilities and 3183 Early Childhood Supports Division. By 2025, expansion of this dashboard will include further information from all DCHS divisions to transparently share how the department works to help strengthen the 3184 3185 communities of King County. By 2026, CCC Levy data will be included in this dashboard to transparently 3186 show how this initiative works to help strengthen the communities of King County. 3187 3188

 $^{^{\}rm 263}$ The consolidated dashboard is titled Measuring DCHS' Impact. [LINK]

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3189 VIII. Crisis Care Centers Levy Annual Reporting

3190 A. Annual Reporting Process and Requirements

3191 Beginning in 2025, and until 2033, DCHS staff will generate an annual report in alignment with reporting requirements of this Plan and Ordinance 19572. The report will then be reviewed and certified by the 3192 CCC Levy advisory body.²⁶⁴ By no later than August 15 of each year, the certified annual report will be 3193 3194 made available online so that the community and all interested parties, including the King County 3195 Council and Regional Policy Committee or its successor, will have unfettered access. 3196 3197 The first year's report will report on information from calendar year 2024. Subsequent certified, annual 3198 reports will report on the previous year, including updating the previous year's data. In consultation 3199 with Cities and the Sound Cities Association, as part of the annual report, DCHS will provide historical 3200 and current data in a manner that can be used to analyze services and to make year-over-year 3201 comparisons. 3202 3203 Recognizing that the annual report reflects a collaborative commitment from DCHS to provide useful 3204 data at the local level for local jurisdiction partners in support of levy purpose outcomes, , each CCC Levy 3205 online annual report will, consistent with Ordinance 19572, include: 3206 1. Total expenditure of CCC Levy proceeds by crisis response zone, crisis care center, purpose, 3207 strategy, activities related to crisis care center post-crisis stabilization, and activities related to expanding mobile crisis services, reported by King County ZIP code where the services were 3208 3209 received. and 3210 2. The number of individuals receiving CCC Levy funded behavioral health care services by crisis 3211 response zone, crisis care center, purpose, strategy, , activities related to crisis care center post-3212 crisis stabilization, and activities related to expanding mobile crisis services, reported by the ZIP code where the individuals resided at the time of services and by the King County ZIP code 3213 3214 where the services were received, provided that individually protected information is not 3215 disclosed. 3216 3217 In addition, DCHS will, in consultation with Cities, develop strategies for ZIP code reporting for the CCC 3218 Levy's Supporting Purpose Two, workforce development, informed by evolving career pathways 3219 programming and data availability, and include in the Executive's 2026 career pathways notification 3220 letter a plan for annual reporting of this ZIP code data. 3221 3222 Additionally, each CCC Levy online annual report will include: 3223 3. An overview of CCC facility utilization data as described in the Continuous Quality Improvement 3224 and Quality Assurance subsection of Strategy 1 in this Plan; 3225 4. Crisis care center operator awards made and progress on each awarded operator contract 3226 during the reporting period as required in the Alternative Siting Process section of Strategy 1 in 3227 this Plan; 3228 5. An overview of CCC Levy accomplishments during the previous calendar year, and changes DCHS 3229 intends to make or direct to improve performance in the following year, when applicable; 3230 6. The assessment and reporting required by the Initial Prioritization of Residential Treatment 3231 Capacity of this Plan; 3232 7. The CCC Levy's fiscal and performance measurement during the applicable calendar year, and

²⁶⁴ Described in <u>Section IX. Crisis Care Centers Levy Advisory Body</u>

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- 3233 8. A map or summary describing the CCC Levy's geographic distribution.
- No later than by August 15 of each year, the Executive will transmit directly to the Council, with a copy sent to the Regional Policy Committee, a summary of the online annual reporting in the form of a letter that:
- Confirms availability of the online annual report and includes a web link or links;
- Identifies how the online annual report meets the requirements of Ordinance 19572, and
- Summarizes key data and conclusions in the five areas above, including an overview of
 accomplishments; fiscal and performance management; expenditure of levy proceeds by crisis
 response zone, strategy, and levy purpose by King County ZIP code; the number of individuals
 receiving levy-supported services by crisis response zone, strategy, and levy purpose by King
 County ZIP code; and a map or summary describing CCC Levy's geographic distribution. This
 information will be described in greater detail within the online annual reporting.
- 3245

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The Executive will transmit with the summary letter a motion acknowledging receipt of the summary letter and completion of the online annual report requirement. The Executive will be prepared to

- 3249 present a briefing at the invitation of the King County Council or its committees, including the Regional
- 3250 Policy Committee, on the contents of the online annual report, to inform the Council's consideration of
- this motion.
- 3252

3253 B. Reporting Methodology to Show Geographic Distribution by ZIP Code

Consistent with Ordinance 19572, each annual report shall provide total expenditures of CCC Levy
proceeds by crisis response zone, purpose, and strategy by ZIP code in King County, reflecting the
methodology and limitations described in this subsection. DCHS will also report the number of
individuals receiving CCC Levy funded services by crisis response zone, purpose, and strategy by the ZIP
code in King County where the individuals resided at the time of service, also reflecting the methodology
and limitations described in this subsection. ZIP code data will be reported using maps or other
visualizations to aid interpretation of the data.

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3262 ZIP Code Reporting Methodology

DCHS intends to report expenditures by ZIP code data for all services that operate from a fixed brick and mortar location in each CCC Levy annual report, beginning with the inaugural 2025 report. DCHS intends to align methodology and dissemination practices for reporting program expenditures by ZIP code based on available data or modeling with approaches implemented in 2023 for Best Starts for Kids, and that are planned for the Veterans, Seniors, and Human Services Levy consistent with the adopted Veterans, Seniors, and Human Services Levy Implementation Plan for 2024-2029.²⁶⁵

3269

3270 DCHS evaluators may calculate expenditures by ZIP code through service provider location and program 3271 participant residence. Both approaches provide an understanding on the spread of expenditures across 3272 King County. For example, CCC Levy service providers may provide a mix of virtual, mobile, and in-3273 person programs and services. Reporting by service provider location may not fully capture the service 3274 reach. Alternatively, reporting by program participant residence may not capture difficulties participants

- 3275 may have accessing services, including transportation. Many program participants access programs in
- 3276 more than one way. Using more than one methodology to assess expenditures by ZIP code can help
- 3277 deepen understanding of how programs are accessible to people throughout the County.

²⁶⁵ Best Starts for Kids Implementation Plan: 2022-2027. [LINK]

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3279 ZIP Code Reporting Limitations

3280 Collection of program participant ZIP code data may be limited for some programs in the following 3281 strategies found in Section V. A. Strategy 1: Create and Operate Five Crisis Care Centers, B. Strategy 2: 3282 Restore, Expand, and Sustain Residential Treatment Capacity, C. Strategy 3: Strengthen the Community 3283 Behavioral Health Workforce, D. Strategy 4: Early Crisis Response Investments, and E. Strategy 5: 3284 Capacity Building and Technical Assistance. The limitations include activities associated with, but not 3285 limited to, mobile programs or programs serving people experiencing homelessness, refugees, people 3286 experiencing acute behavioral health crisis, or people who are survivors of domestic violence. 3287 Geographic information may not be available or relevant for programs and strategies that invest in 3288 systems and environment change and strategies that support systemwide workforce capacity building. 3289 ZIP code collection may also not be possible for programs that are required to use an existing data 3290 system that the CCC Levy cannot revise, or when a legal framework prevents the sharing of these data. 3291 All reporting by ZIP code will continue to abide by privacy and confidentiality guidelines. 3292 3293

3294 IX. Crisis Care Centers Levy Advisory Body

3295 A. Overview

This section describes the composition, duties of, and process to establish the CCC Levy's advisory body, consistent with Ordinance 19572, which allows for the CCC Levy's advisory body to be a preexisting King

3298 County board that has relevant expertise. This Plan identifies the King County Behavioral Health

3299 Advisory Board (BHAB) to serve as the advisory body because it has the relevant expertise to advise the

- 3300 Executive and the Council on matters relating to behavioral health care and crisis services in King
- 3301 County.²⁶⁶ Ordinance XXXXX (Proposed Ordinance 2024-0013) that accompanies this Plan will expand
- BHAB's membership requirements and duties to include those set forth in Ordinance 19572.
- 3303

B. BHAB Background and Connection to CCC Levy Purposes

3305 Integrating the CCC Levy's advisory body duties into the BHAB will help promote the coordination and 3306 integration of crisis services across the continuum of behavioral health care managed by King County. 3307 BHAB is the advisory body of the King County BH-ASO. The BH-ASO is the administrative entity within 3308 King County BHRD that contracts with the Washington State HCA to manage non-Medicaid behavioral 3309 health services, behavioral health block grants, and other behavioral health funds, with a significant 3310 focus on crisis services. A significant portion of King County's existing behavioral health crisis services are administratively organized under the BH-ASO. As the advisory body of the BH-ASO, BHAB has relevant 3311 3312 expertise related to King County crisis services and is well positioned to advise the Executive and Council 3313 regarding the CCC Levy. In addition to having the relevant expertise, centralizing advisory duties within 3314 BHAB will ensure there is a single advisory body for King County's continuum of crisis services. This 3315 approach is intended to help avoid system fragmentation and to promote an integrated approach to 3316 managing crisis services at the system level.

3317

Ordinance 19572 defines the CCC Levy advisory body's membership requirements and duties, which
 complement BHAB's existing statutory and contractual requirements. BHAB membership requirements
 and duties are established in the Revised Code of Washington (RCW) 71.24.300, Washington State
 Administrative Code (WAC) 182-538C-252, King County's BHASO contract with the HCA, and King County
 Code 2A.300.050.^{267,268,269,270} Thus, an expansion of the BHAB's board member composition

requirements and advisory duties to include advising on the CCC Levy will not conflict with its staterequirements.

3325To reduce the potential of conflicts, the reader is directed to Ordinance XXXXX (Proposed3326Ordinance 2024-0013), for the composition and duties to be fulfilled the BHAB serving as the CCC Levy3327advisory body.

²⁶⁶ King County Behavioral Health Advisory Board [LINK]

²⁶⁷ RCW 71.24.300 [LINK]

²⁶⁸ WAC 182-538C-230 [LINK]

²⁶⁹ King County Code 2A.300.050 [LINK]

²⁷⁰ The 2023 HCA BH-ASO contract can be obtained from DCHS.

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Behavioral Health Equity Highlight

The Behavioral Health Advisory Board serving as the CCC Levy advisory body will play an important role by providing a forum for people with demographics representative of King County as well as lived experience of mental health and substance use conditions to inform DCHS on the CCC Levy's impacts, which will help advance the equity goal described in <u>Section III. F. Behavioral Health Equity</u> <u>Framework: Quality Improvement Accountability</u>.

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3330 BHAB Member Recruitment Process

Members of the BHAB serving at the time of this Plan's drafting will continue to serve their advisory
board terms after the Plan and its accompanying advisory board ordinance are enacted. Upon adoption
of Ordinance XXXXX (Proposed Ordinance 2024-0013), as necessary to meet the membership
requirements for the CCC Levy advisory body, the Executive shall undertake a recruitment process to

3335 select for appointment new members that satisfy the CCC Levy advisory body qualifications, and subject

to confirmation by the Council, in accordance with K.C.C. chapter 2.28. When BHAB seats become

- 3337 vacant, the Executive will appoint new BHAB members, informed by the composition requirements of
- 3338 Ordinance XXXXX (Proposed Ordinance 2024-0013), and subject to confirmation by the Council, in
- accordance with K.C.C. chapter 2.28..
- 3340

3341 BHAB Support

DCHS will provide staff support to BHAB and, in consultation with BHAB, will help BHAB fulfill its
 required CCC Levy duties described in this section. DCHS will work to remove barriers that may dissuade
 persons from seeking to join BHAB. Included in those strategies will be per diem compensation.

3345

3346 D. Expansion of BHAB's Duties to Include the CCC Levy

- BHAB is responsible for advising the King County BH-ASO on the design and implementation of publicly
 funded behavioral health services.²⁷¹ This Plan and the accompanying of Ordinance XXXXX (Proposed
 Ordinance 2024-0013), expand the duties of BHAB to include the CCC Levy's advisory body duties
 required in Ordinance 19572. These additional required duties include:
 - Advise the King County Executive and Council on matters affecting the CCC Levy;
 - Visit each existing crisis care center annually to better understand the perspectives and priorities of crisis care center operators, staff, and clients, and
 - Report on the CCC Levy to the Council and the community through annual online reports beginning in 2025, as described in <u>Section VIII. Crisis Care Centers Levy Annual Reporting</u>.
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3353 3354

BHAB's additional duties related to advising the CCC Levy will go into effect on the effective date of the of Ordinance XXXXX (Proposed Ordinance 2024-0013).

3359

3360 E. Process to Update CCC Levy Advisory Body if Necessary

- 3361 Existing BHAB membership requirements and duties defined by state law and state contracts may be
- 3362 updated during this Plan's term. These potential changes could require adjustment of BHAB's
- 3363 membership composition or duties that are described in this Plan and the accompanying of Ordinance
- 3364 XXXXX (Proposed Ordinance 2024-0013). If BHAB's requirements are updated by the state in a way that

 $^{^{271}}$ King County Behavioral Health Advisory Board Bylaws [LINK]

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is no longer compatible with the CCC Levy or if the Executive determines that a different CCC advisory
body will better serve effective administration of the CCC Levy, then the Executive may propose an
ordinance to the Council to update the CCC Levy's advisory body structure, that will not require an
amendment to this Plan. If the Executive proposes an ordinance to Council to update the CCC Levy's
advisory board structure, the Executive will notify the Regional Policy Committee.

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May 17, 2024

3372 X. Conclusion

- King County voters approved the Crisis Care Centers Levy on April 25, 2023. The nine-year levy begins on January 1, 2024, starting an ambitious timeline to transform the region's behavioral health crisis response system, restore the region's flagging mental health residential facilities, and reinforce the workforce — the people — upon whom tens of thousands of King County residents depend for their behavioral health. This Plan lays the path that King County, cities and other local jurisdictions, and behavioral health providers must travel with urgency, common purpose, and strong partnership so that
- future generations will have a safe, accessible, and effective place to go in a moment of mental health or substance use crisis.
- 3381

3382 King County begins this levy at a critical moment. The other systems upon which society depends — 3383 schools, the legal system, housing providers, first responders, hospitals, employers, and so many more 3384 newly recognize that they cannot fully function if the people they serve cannot get behavioral health 3385 care. Federal and state funding for behavioral health have not kept pace with needs, and local 3386 communities, families, and individuals bear the results. Without better options, too many King County 3387 residents experiencing a crisis have languished in a jail, emergency room, on the street, or alone in their 3388 home when what they needed was a place they could get same-day care from a trained and supportive 3389 professional in a setting that helps, instead of making symptoms or underlying conditions worse. 3390

- **The Crisis Care Centers Levy also comes at a moment of new opportunity.** Other communities have tested and proven models of care and facility types that help people get better. Mental health and substance use treatments work when they are accessible and properly administered with dignity. The new 988 crisis line gives people in crisis someone they can call. Governments at all levels are investing in new teams and approaches that respond to more emergency calls with behavioral health clinicians. 3396
- At this moment when long-forming needs meet new attitudes and infrastructures, people in crisis
 increasingly have *someone they can call* and *someone to respond* to those calls. This Plan describes how
 King County will focus new resources and efforts to create *somewhere for people to go* and to know
 that there will be providers there to help.
- 3401 3402 But plans do not by themselves make change. Creating a regional network of crisis care centers, 3403 restoring the region's recently lost residential treatment capacity, and growing and better supporting a 3404 more representative workforce in nine years will require King County, cities and other local jurisdictions, 3405 and providers to work together in new ways. King County must fully resource and staff this Plan's 3406 strategies, maintaining disciplined prioritization — and avoiding diffusion — of the Levy's proceeds and 3407 staff capacity. Cities, other local jurisdictions, and communities must embrace and support development 3408 of new behavioral health facilities. Providers will need to incorporate new practices, integrate services, 3409 and coordinate care with new partners. All must communicate, collaborate, and be accountable with a 3410 new commitment to creating a behavioral health system and model of cooperation that future 3411 generations will be proud of and depend on.
- 3412
- 3413The Crisis Care Centers Levy provides the resources. This Plan lays the path. The task is now to King3414County, cities, and providers to make it happen.
- 3415

3416 XI. Appendices

3417 Appendix A: Crisis Care Centers Levy Ordinance 19572 Text

AN ORDINANCE providing for the submission to the qualified electors of King County at a special election to be held in King County on April 25, 2023, of a proposition authorizing a property tax levy in excess of

3420 the levy limitation contained in chapter 84.55 RCW, for a consecutive nine-year period, at a first year

- 3421 rate of not more than \$0.145 per one thousand dollars of assessed valuation for collection beginning in
- 3422 2024, with the 2024 levy amount being the base for calculating increases in years two through nine
- 3423 (2025 2032) by the limit factor in chapter 84.55 RCW, as amended, for regional behavioral health
- 3424 services and capital facilities to establish and operate a regional network of behavioral health crisis care
- 3425 centers; to preserve, expand and maintain residential treatment facilities; to provide behavioral health
- workforce supports; to provide mobile crisis care and post-discharge stabilization; to pay, finance or
 refinance costs of those projects; and for administration, coordination, implementation and evaluation
 of levy activities.
- 3429

3430 STATEMENT OF FACTS:

- 1. King County's behavioral health crisis service system relies heavily on phone support and outreach
- 3432 services, with very few options of places for persons to go for immediate, life-saving care when in crisis.
- 3433 2. As of September 2022, the Crisis Solutions Center, operated by Downtown Emergency Service Center
- 3434 and requiring mobile team, first responder or hospital referral for entry, is the only voluntary behavioral
- health crisis facility for the entirety of King County, and no walk-in urgent care behavioral health facilityexists in King County.
- 3437 3. A coalition of community leaders and behavioral health providers issued recommendations to Seattle
- and King County in an October 13, 2021, letter that included recommendations to "expand places for
 people in crisis to receive immediate support" and "expand crisis response and post-crisis follow up
 services."
- 4. Call volume to King County's regional behavioral health crisis line increased by 25 percent between
 2019 and 2021, from 82,523 calls in 2019 to 102,754 calls in 2021.
- 5. The number of persons per year who received community-based behavioral health crisis response
 services in King County increased 146 percent between 2012 and 2021, from 1,764 persons served in
 2012 to 4,336 persons served in 2021.
- 3446 6. Referrals for mobile crisis outreach in King County grew 15 percent between 2019 and 2021, from 4,030 referrals in 2019 to 4,648 referrals in 2021.
- 3448 7. King County's designated crisis responders conducted 14 percent more investigations for involuntary
- 3449 behavioral health treatment in 2021, when they investigated 9,189 cases, than in 2017 when they
- 3450 investigated 8,066 cases. There was a 10 percent increase in detentions or revocations for involuntary
- hospitalization during that same period, from 4,387 in 2017 to 4,806 in 2021.
- 3452 8. The wait time for a King County resident in behavioral health crisis in a community setting to be
- evaluated for involuntary behavioral health treatment tripled between January 2019 and June 2022,from 4 days to 12 days.
- 3455 9. The U.S. Department of Health and Human Services reported that in August 2022, the first full month
- that the new national 988 Suicide and Crisis Lifeline was operational, the overall volume of calls, texts
- and chats to the Lifeline increased by 152,000 contacts, or 45 percent, compared to the number ofcontacts to the National Suicide Prevention Lifeline in August 2021.
- 3459 10. The federal Substance Abuse and Mental Health Services Administration's ("SAMHSA's") National
- 3460 Guidelines for Behavioral Health Crisis Care, and its vision for the implementation of the new national

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- 3461 988 Suicide and Crisis Lifeline, call for the development of safe places for persons in crisis to go for help3462 as part of a robust behavioral health crisis system.
- 11. In 2021, the Washington state Legislature passed Engrossed Second Substitute House Bill 1477,
- 3464 which became Chapter 302, Laws of Washington 2021, to support implementation of 988 in
- 3465 Washington, to further SAMHSA's overall vision and build on the crisis phone line change by expanding 3466 and transforming crisis services.
- 12. RCW 71.24.025 defines crisis stabilization services to mean services such as 23-hour crisis
- 3468 stabilization units based on the living room model, crisis stabilization centers, short-term respite
- 3469 facilities, peer-operated respite services, and behavioral health urgent care walk-in centers, including
- 3470 within the overall crisis system components that operate like hospital emergency departments and
- 3471 accept all walk-ins, and ambulance, fire, and police drop-offs. Chapter 302, Laws of Washington 2021
- further expressed the state legislature's intent to expand the behavioral health crisis delivery system toinclude these components.
- 13. Multiple behavioral health system needs assessments have identified the addition of crisis facilities
- 3475 as top priorities to improve community-based crisis services in King County. Such assessments include
- 3476 the 2016 recommendations of the Community Alternatives to Boarding Task Force called for by Motion
- 3477 14225, a Washington state Office of Financial Management behavioral health capital funding
- prioritization and feasibility study in 2018, and a Washington state Health Care Authority crisis triageand stabilization capacity and gaps report in 2019.
- 3480 14. King County is losing mental health residential treatment capacity that is essential for persons who
- 3481 need more intensive supports to live safely in the community due to rising operating costs and aging
- facilities that need repair or replacement. As of August 2022, King County had a total of 244 mental
- health residential beds for the entire county, down 111 beds, or nearly one third, from the capacity in2018 of 355 beds.
- 3485 15. As of July 2022, King County residents who need mental health residential services must wait an
 3486 average of 44 days before they are able to be placed in a residential facility.
- 16. Data from the U.S. Centers for Disease Control and Prevention, the U.S. Census Bureau and the
- Kaiser Family Foundation show that about three in ten adults in the United States reported symptoms of
 anxiety or depressive disorder in June 2022, up from one in ten adults who reported these symptoms in
 2019.
- 17. The National Council for Mental Wellbeing's 2022 access to care survey found that 43 percent of
- 3492 U.S. adults who say they need mental health or substance use care did not receive that care, and they3493 face numerous barriers to accessing and receiving needed treatment.
- 3494 18. According to the Washington state Department of Social and Health Services, the number of
- 3495 Medicaid enrollees in King County with an identified mental health need increased by approximately 34 3496 percent for adults and nine percent for youth between 2019 and 2021.
- 3497 19. The Washington state Department of Social and Health Services reports that in 2021, among those
 3498 enrolled in Medicaid in King County, nearly half of adults and over a third of youth with an identified
 3499 mental health need did not receive treatment.
- 20. The Washington state Department of Social Health Services reports that in 2021, among those
- enrolled in Medicaid in King County, approximately 62 percent of adults and 80 percent of youth with an identified substance use disorder need did not receive treatment.
- 3503 21. SAMHSA's National Guidelines for Behavioral Health Crisis Care recommend including peers with
- lived experience of mental health conditions or substance use disorders on crisis response teams. Those
- 3505 guidelines also feature the living room model as an example of crisis service delivery innovation
- 3506 featuring peers.

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- 22. The 2021 King County nonprofit wage and benefits survey showed that many nonprofit employeesdelivering critical services earn wages at levels that make it difficult to sustain a career doing
- 3509 community-based work in this region.
- 3510 23. A 2021 King County survey of member organizations of the King County Integrated Care Network
- 3511 found that job vacancies at these community behavioral health agencies were at least double what they
- were in 2019. Providers cited professionals' ability to earn more in medical systems or private practice,
- and the high cost of living in the King County region, as the top reasons their workers were leaving
- 3514 community behavioral healthcare.
- 24. The behavioral health workforce advisory committee to the state of Washington's Workforce
- 3516 Training and Education Coordinating Board found in 2021 that Washington continues to face a shortage
- of behavioral health professionals, while demand for services, and qualified workers to deliver them,
- 3518 continues to grow. The advisory committee also found that workers need increased financial support
- and incentives to remain in community behavioral health care.
- 3520
- 3521 BE IT ORDAINED BY THE COUNCIL OF KING COUNTY:
- 3522 <u>SECTION 1.</u> **Definitions.** The definitions in this section apply throughout this ordinance unless the 3523 context clearly requires otherwise.
- A. "Crisis care center" means a single facility or a group of facilities that provide same-day access to
- 3525 multiple types of behavioral health crisis stabilization services, which may include, but are not limited to,
- those described in RCW 71.24.025(20), as amended. A crisis care center shall endeavor to accept at
- 3527 least for initial screening and triage any person who seeks behavioral health crisis care. Among the
- 3528 types of behavioral health crisis stabilization services that a crisis care center shall provide are a
- behavioral health urgent care clinic that offers walk-in and drop-off client screening and triage twenty-
- 3530 four hours per day, seven days per week; access to onsite assessment by a designated crisis responder; a
- 3531 twenty-three-hour observation unit or similar facility and service that allows for short-term, onsite
- 3532 stabilization of a person experiencing a behavioral health crisis; and a crisis stabilization unit that
- 3533 provides short-term, onsite behavioral health treatment for up to fourteen days or a similar short-term
- behavioral health treatment facility and service. A crisis care center shall be staffed by a
- 3535 multidisciplinary team that includes peer counselors. A crisis care center may incorporate pre-existing
- 3536 facilities that provide crisis stabilization services so long as their services and operations are compatible
- with this definition. Where a crisis care center is composed of more than one facility, those facilities shall either be geographically adjacent or shall have transportation provided between them to allow
- 3539 persons using or seeking service to conveniently move between facilities.
- B. "Designated crisis responder" has the same meaning as in RCW 71.05.020, as amended.
- C. "King County crisis response zone" means each of four geographic subregions of King County:
- 1. North King County crisis response zone, which is the portion of King County within the boundaries of
- 3543 the cities of Bothell, Duvall, Kenmore, Kirkland, Lake Forest Park, Shoreline, Skykomish and Woodinville,
- plus the unincorporated areas within King County council district three as it is drawn on the effectivedate of this ordinance that are north or northeast of the city of Redmond;
- 2. Central King County crisis response zone, which is the portion of King County within the boundaries
 of the city of Seattle, plus all unincorporated areas within King County council districts two and eight as
 they are drawn on the effective date of this ordinance;
- 3549 3. South King County crisis response zone, which is the portion of King County within the boundaries of
- 3550 the cities of Algona, Auburn, Black Diamond, Burien, Covington, Des Moines, Enumclaw, Federal Way,
- 3551 Kent, Maple Valley, Milton, Normandy Park, Pacific, Renton, SeaTac and Tukwila, plus all unincorporated
- 3552 areas within King County council districts five, seven and nine as they are drawn on the effective date of
- 3553 this ordinance; and

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4. East King County crisis response zone, which is the portion of King County within the boundaries of
the cities of Beaux Arts, Bellevue, Carnation, Clyde Hill, Hunts Point, Issaquah, Medina, Mercer Island,
Newcastle, North Bend, Redmond, Sammamish, Snoqualmie and Yarrow Point, plus the unincorporated
areas within King County council district three as it is drawn on the effective date of this ordinance that

are east or southeast of the city of Redmond, plus all unincorporated areas within King County councildistrict six as it is drawn on the effective date of this ordinance.

D. "Levy" means the levy of regular property taxes for the specific purposes and term provided in this ordinance and authorized by the electorate in accordance with state law.

E. "Levy proceeds" means the principal amount of moneys raised by the levy and any interest earnings on the moneys and the proceeds of any interim or other financing following authorization of the levy.

3564 F. "Regional behavioral health services and capital facilities" means programs, services, activities,

3565 operations, staffing and capital facilities that: promote mental health and wellbeing and that treat

substance use disorders and mental health conditions; promote integrated physical and behavioral
 health; promote and provide therapeutic responses to behavioral health crises; promote equitable and

3568 inclusive access to mental health and substance use disorder services and capital facilities for those

3569 racial, ethnic, experiential and geographic communities that experience disparities in mental health and

- substance use disorder conditions and outcomes; build the capacity of mental health and substance use
 disorder service providers to improve the effectiveness, efficiency, and equity, of their services and
- 3571 disorder service providers to improve the effectiveness, efficiency, and equity, of their services and 3572 operations; provide transportation to care for persons receiving, seeking, or in need, of mental health or
- 3573 substance use disorder services; promote housing stability for persons receiving or leaving care from a
- 3574 facility providing mental health or substance use disorder services; promote service and response
- coordination, data sharing, and data integration amongst first responders, mental health and substance
 use disorder providers, and King County staff; promote community participation in levy activities,
- including payment of stipends to persons with relevant lived experience who participate in levy activities
- 3578 whose employment does not already compensate them for such participation; administer, coordinate
- 3579 and evaluate levy activities; apply for federal, state and philanthropic moneys and assistance to
- 3580 supplement levy proceeds; and promote stability and sustainability of the behavioral health workforce.
- 3581 G. "Residential treatment" means a licensed, community-based facility that provides twenty-four-hour 3582 on-site care for persons with mental health conditions, substance use disorders, or both, in a residential 3583 setting.
- H. "Strategy" means a program, service, activity, initiative or capital investment intended to achieve the
 purposes described in section 4 of this ordinance.

I. "Technical assistance and capacity building" means assisting organizations in applying for grants
funded by the levy and in implementing and improving delivery of a strategy or strategies for which levy
moneys are eligible, and includes assisting community-based organizations in delivery of strategies to
persons and communities that are disproportionately impacted by behavioral health conditions.

- SECTION 2. Levy submittal. To provide necessary moneys to fund, finance or refinance the purposes
 identified in section 4 of this ordinance, the King County council shall submit to the qualified electors of
 the county a proposition authorizing a regular property tax levy in excess of the levy limitation contained
- in chapter 84.55 RCW for nine consecutive years, with collection commencing in 2024, at a rate not to
 exceed \$0.145 per one thousand dollars of assessed value in the first year of the levy period. The dollar
- amount of the levy in the first year shall be the base upon which the maximum allowable levy amounts
 in years two through nine (2025-2032) shall be calculated using the limit factor in chapter 84.55 RCW, as
 amended.
- 3598 <u>SECTION 3.</u> **Deposit of levy proceeds.** The levy proceeds shall be deposited into the crisis care centers 3599 fund, or its successor.
- 3600 SECTION 4. Levy purposes.

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- A. The paramount purpose of the levy shall be to establish and operate a regional network of five crisis
- care centers in King County, with each of the four King County crisis response zones containing at least
 one crisis care center and at least one of the five crisis care centers specializing in serving persons
 younger than nineteen years old.
- 3605 B. The levy's supporting purpose one shall be to restore the number of mental health residential
- 3606 treatment beds in King County to at least three hundred fifty-five beds and to expand the availability 3607 and sustainability of residential treatment in King County.
- 3608 C. The levy's supporting purpose two shall be to increase the sustainability and representativeness of
- 3609 the behavioral health workforce in King County by increasing recruitment and retention, and by
- 3610 improving financial sustainability for the behavioral health workforce through increased wages,
- 3611 apprenticeship programming and, where possible, reduction of costs such as costs of insurance, child
- 3612 care, caregiving and fees or tuition associated with behavioral health training and certification. This
- 3613 purpose shall promote workforce recruitment and retention for the region's behavioral health
- workforce while prioritizing increased wages and reduction of costs for the behavioral health workforce
 who are providing regional behavioral health services and capital facilities as a part of the levy's
- 3616 paramount purpose.
- 3617 D. The levy implementation plan required by section 7 of this ordinance may specify additional
- 3618 supporting purposes so long as those additional supporting purposes are not inconsistent with and are
- 3619 subordinate to the paramount purpose and supporting purposes one and two described in subsections
- 3620 A. through C. of this section.
- 3621 <u>SECTION 5.</u> Eligible expenditures.
- A. If approved by the qualified electors of the county, such sums from the first year's levy proceeds as
- are necessary may be used to provide for the costs and charges incurred by the county that are
 attributable to the election, and an amount from the first year's levy proceeds not to exceed one million
 dollars may be used for initial law implementation planning activities
- 3625 dollars may be used for initial levy implementation planning activities.
 3626 B. After the amounts authorized in subsection A. of this section, the remaining levy p
- B. After the amounts authorized in subsection A. of this section, the remaining levy proceeds shall not
 be expended until King County enacts an ordinance adopting the implementation plan required by
- 3628 section 7 of this ordinance. The council's process to consider and adopt the levy implementation plan
- 3629 and any amendments shall include mandatory referral to the regional policy committee or its
- 3630 successor. After King County enacts an ordinance adopting the levy implementation plan, levy proceeds
- 3631 shall be expended in accordance with the implementation plan, as amended, and with this ordinance.
- C. Levy proceeds described in subsection B. of this section shall only be used to fund, finance orrefinance costs to:
- 1. Plan, site, construct, acquire, restore, maintain, operate, implement, staff, coordinate, administer
- 3635 and evaluate regional behavioral health services and capital facilities that achieve and maintain the
- paramount purpose, supporting purpose one, and supporting purpose two of the levy that are describedin section 4. and as they may be further described in the implementation plan;
- 3638 2. Plan, site, construct, acquire, restore, maintain, operate, implement, staff, coordinate, administer
- and evaluate regional behavioral health services and capital facilities that achieve additional levy
- 3640 purposes that are included in the implementation plan, so long as those purposes are subordinate to
- 3641 and not inconsistent with the paramount purpose and supporting purposes one and two; and
- 3642 3. Provide for regional behavioral health services and capital facilities provided by metropolitan park
- 3643 districts, fire districts or local public hospital districts in King County in an amount up to the lost
- revenues to the individual district resulting from prorationing, as mandated by RCW 84.52.010, to the
- 3645 extent the levy was a demonstrable cause of the prorationing and only if the county council has
- 3646 authorized the expenditure by ordinance.

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- 3647 D. Unless made otherwise eligible in subsection C. of this section, levy proceeds shall not be used to
- 3648 provide, supplant, replace or expand funding for non-behavioral health purposes including, but not
- 3649 limited to, jails, prisons, courts of law, criminal prosecution, criminal defense or law enforcement,
- 3650 except for costs that provide or coordinate regional behavioral health services and capital facilities
- 3651 within or between crisis care centers and other health care settings or that remove or reduce a barrier
- to receiving behavioral health services such as quashing a warrant. Nothing in this subsection shall be interpreted or construed to limit, discourage, or impede law enforcement agencies' or other first
- responders' coordination with, use of and access to crisis care centers for persons they encounter in the conduct of their duties.
- 3656 <u>SECTION 6.</u> Call for special election. In accordance with RCW 29A.04.321, the King County council 3657 hereby calls for a special election to be held on April 25, 2023, to consider a proposition authorizing a 3658 regular property tax levy for the purposes described in this ordinance. The King County director of 3659 elections shall cause notice to be given of this ordinance in accordance with the state constitution and 3660 general law and to submit to the qualified electors of the county, at the said special county election, the 3661 proposition hereinafter set forth. The clerk of the council shall certify that proposition to the director of 3662 elections in substantially the following form:
- 3663 PROPOSITION : The King County Council passed Ordinance concerning funding for 3664 mental health and substance use disorder services. If approved, this proposition would fund 3665 behavioral health services and capital facilities, including a countywide crisis care centers 3666 network, increased residential treatment; mobile crisis care; post-discharge stabilization; and 3667 workforce supports. It would authorize an additional nine-year property tax levy for collection 3668 beginning in 2024 at \$0.145 per \$1,000 of assessed valuation, with the 2024 levy amount being 3669 the base for calculating annual increases in 2025-2032 under chapter 84.55 RCW, and exempt 3670 eligible seniors, veterans, and disabled persons under RCW 84.36.381. Should this proposition 3671 be:
- 3672 Approved? _____
- 3673 Rejected?

3674 <u>SECTION 7.</u> Implementation plan.

- A. If voters approve the levy, the executive shall transmit by December 31, 2023, a proposed levy
- implementation plan for council review and adoption by ordinance. The proposed implementation planshall direct levy expenditures from 2024 through 2032.
- 3678 B. The executive shall electronically file the implementation plan required in subsection A. of this
- 3679 section with the clerk of the council, who shall retain the original and provide an electronic copy to all
- 3680 councilmembers, the council chief of staff, the policy staff director and the lead staff for the law, justice,
- health and human services committee and the regional policy committee, or their successors. The
 implementation plan shall be accompanied by proposed ordinances that adopt the implementation plan
- and that establish or empower the advisory body, the description of which is set forth in subsection C.9.
 of this section.
- 3685 C. The implementation plan required in subsection A. shall include:
- 3686 1. A list and descriptions of the purposes of the levy, which must at least include and may not materially
 3687 impede accomplishment of the paramount purpose and supporting purposes one and two described in
 3688 section 4 of this ordinance;
- 3689 2. A list and descriptions of strategies and allowable activities to achieve the purposes described in 3690 subsection C.1. of this section, which strategies shall at least include:
- 3691 a. planning, capital, operations and services investments for crisis care centers, which may include
- 3692 construction of new or acquisition, renovation, updating or expanding existing buildings in whole or in
- 3693 part;

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- 3694 b. capital and maintenance investments for mental health residential treatment capacity;
- 3695 c. investments to increase attraction to, retention in, and sustainability of the behavioral health 3696 workforce:
- 3697 d. establishment and maintenance of levy and capital reserves to promote continuity of levy-funded
- 3698 activities and prioritization of the paramount purpose and then supporting purposes one and two in the
- 3699 event of fluctuations in levy revenue or strategy costs;
- 3700 e. activities that promote post-crisis stabilization, including housing stability, for persons receiving or 3701 discharging from levy-funded services;
- 3702 f. a plan for the initial period of the levy prior to initiation of operations of the first crisis care center for
- 3703 the provision of mobile and site-based behavioral health activities that promote access to behavioral
- 3704 health services for persons experiencing or at risk of a behavioral health crisis;
- 3705 g. technical assistance and capacity building for organizations applying for or receiving levy funding,
- 3706 including a strategy or strategies to promote inclusive care at levy-funded facilities for racial, ethnic and 3707 other demographic groups that experience disproportionate rates of behavioral health conditions in
- 3708 King County;
- 3709 h. capital facility siting support, communication and city partnership activities;
- 3710 i. levy administration activities and activities that monitor and promote coordination, more effective
- 3711 crisis response, and quality of care within and amongst crisis care centers, other behavioral health crisis
- 3712 response services in King County, and first responders; and
- 3713 j. performance measurement and evaluation activities;
- 3714 3. A financial plan to direct the use of the proceeds for regional behavioral health services and capital
- 3715 facilities that achieve the purposes and strategies described in subsection C.1. and 2. of this section, 3716 which must at a minimum include:
- 3717 a. the forecast of annual revenue for each year of the levy;
- 3718 b. an annual expenditure plan for each year of the levy that allocates forecasted levy proceeds among 3719 the levy's strategies;
- 3720 c. a description of the sequence and timing of planned expenditures and activities to establish and
- 3721 operate the regional network of five crisis care centers required to satisfy the levy's paramount purpose; 3722 and
- 3723 d. a description of how a portion of first-year levy proceeds will be allocated to make rapid initial
- 3724 progress towards fulfilling supporting purposes one and two;
- 3725 4. A description of how the executive will seek and incorporate when available federal, state,
- 3726 philanthropic and other moneys that are not proceeds of the levy to accelerate, enhance, compliment or 3727 sustain accomplishment the levy's paramount purpose and supporting purposes one and two;
- 3728 5. A description of the executive's assumptions about the role of Medicaid funding in the financial plan
- 3729 and the executive's planned approach to billing eligible crisis care services to Medicaid or other sources 3730 of potential payment such as private insurance;
- 3731 6. A description of the process by which King County and partner cities shall collaborate to support
- 3732 siting of new capital facilities that use proceeds from the levy for such facilities' construction or 3733 acquisition;
- 3734 7. A summary of the process and key findings of the community and stakeholder engagement process
- 3735 that informs the proposed implementation plan;
- 3736 8. A process to make substantial adjustments to the financial plan required in subsection C.3. of this
- 3737 section, which process shall require notice to the council and provide for the council the ability to stop 3738 any substantial adjustment that the council does not support;
- 3739 9. A description of the composition, duties of, and process to establish the advisory body for the
- 3740 levy. The advisory body may be a preexisting King County board or commission that has relevant

Crisis Care Centers Levy Implementation Plan 2024-2032 Page | 129

- expertise or a new advisory body. The composition of the advisory body shall be demographically
- 3742 representative of the population of King County and shall include at least one resident of each King
- 3743 County crisis response zone, persons who have previously received crisis stabilization services, and
- 3744 persons with professional training and experience in the provision of behavioral health crisis care. The
- 3745 duties of the advisory body shall include advising the executive and council on matters pertaining to
- implementation of the levy, annually visiting each existing crisis care center and reporting annually to
- 3747 the council and community, through online annual reports beginning in 2025, on the levy's progress
- over the previous year towards accomplishing the levy purposes described in section 4 of this ordinance
 and on the levy's actual financial expenditures in the previous year relative to the financial plan required
- in subsection C.3. of this section that shall include, but not be limited to, the following:
- a. total expenditure of levy proceeds by crisis response zone, strategy, and levy purpose by ZIP Code in
 King County; and
- b. the number of individuals receiving levy-funded services by crisis response zone, strategy, and levy
 purpose by ZIP Code in King County of where the individuals reside at the time of service;
- 10. A description of how the executive shall provide each online annual report described in subsection
- 3756 C.9. of this section to the clerk of the council, to all councilmembers and all members and alternate
- 3757 members of the regional policy committee, or its successor, including confirmation that the executive
- 3758 shall electronically file a proposed motion that shall acknowledge receipt of the report; and
- 11. A description of how the purpose of the crisis response zones described in this levy will promote
- geographic distribution of crisis care centers so that they are accessible for walk-in and drop-off crisis
 care throughout King County, but that the crisis care zones shall not be used to limit the ability of any
- 3762 person in King County to use any particular crisis care center.
- 3763 <u>SECTION 8.</u> Updating the definition of crisis care center. If new research, changing best practices,
 3764 updated federal or state regulations or other evidence-based factors cause this ordinance's definition of
 3765 "erisis care center" to become infecsible crimerecticable or inconsistent with the low's parameters.
- 3765 "crisis care center" to become infeasible, impracticable or inconsistent with the levy's paramount
 3766 purpose, King County may, upon recommendation of the advisory body described in section 7.C.9. of
- purpose, King County may, upon recommendation of the advisory body described in section 7.C.9. of this ordinance and with mandatory referral to the regional policy committee, update the definition of
- 3768 "crisis care center" through adoption of an ordinance to a definition substantially similar to what is
- 3769 recommended by the advisory body.
- 3770 <u>SECTION 9.</u> **Exemption.** The additional regular property taxes authorized by this ordinance shall be 3771 included in any real property tax exemption authorized by RCW 84.36.381.
- 3772 <u>SECTION 10.</u> Ratification and confirmation. Certification of the proposition by the clerk of the county
- 3773 council to the director of elections in accordance with law before the special election on April 25, 2023,
- and any other act consistent with the authority and before the effective date of this ordinance arehereby ratified and confirmed.
- 3776 <u>SECTION 11.</u> Severability. If any provision of this ordinance or its application
- 3777 to any person or circumstance is held invalid, the remainder of the ordinance or the application of the
- 3778 provision to other persons or circumstances is not affected.
- 3779

Crisis Care Centers Levy Implementation Plan 2024-2032 P a g e | **130**

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Appendix B: Crosswalk of Implementation Plan Requirements from King County Ordinance 19572

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King County Ordinance 19572 Requirements	Implementation Plan Section(s)
List and Descriptions of Purposes of the Levy	See Section(s)
1. A list and descriptions of the purposes of the levy, which must	• <u>Section IV. Crisis Care Centers</u>
at least include and may not materially impede accomplishment of	Levy Purposes
the paramount purpose and supporting purposes one and two	
described in section 4 of this ordinance;	
List and Descriptions of Strategies and Allowable Activities	See Section(s)
2. A list and descriptions of strategies and allowable activities to	<u>Section V. Crisis Care Centers</u>
achieve the purposes described in subsection C.1. of this section,	Levy Strategies and Allowable
which strategies shall at least include:	<u>Activities</u>
Crisis Care Centers	See Section(s)
a. planning, capital, operations and services investments for crisis	• <u>Section V.A. Strategy 1: Create</u>
care centers, which may include construction of new or	and Operate Five Crisis Care
acquisition, renovation, updating or expanding existing buildings in	<u>Centers</u>
whole or in part;	
Mental Health Residential	See Section(s)
 capital and maintenance investments for mental health 	 <u>Section V.B. Strategy 2: Restore</u>,
residential treatment capacity;	Expand, and Sustain Residential
	Treatment Capacity
Behavioral Health Workforce	See Section(s)
c. investments to increase attraction to, retention in, and	 <u>Section V.C. Strategy 3:</u>
sustainability of the behavioral health workforce;	Strengthen the Community
	Behavioral Health Workforce
Reserves	See Section(s)
d. establishment and maintenance of levy and capital reserves to	<u>Section V.H. Strategy 8: Crisis</u>
promote continuity of levy-funded activities and prioritization of	Care Centers Levy Reserves
the paramount purpose and then supporting purposes one and	
two in the event of fluctuations in levy revenue or strategy costs;	
Post-Crisis Stabilization/Discharge Resources incl Housing Stability	See Section(s)
e. activities that promote post-crisis stabilization, including	• <u>Section V.A. Strategy 1: Create</u>
housing stability, for persons receiving or discharging from levy-	and Operate Five Crisis Care
funded services;	<u>Centers</u>
Plan for Initial Levy Period: Mobile and Site-Based BH Activities	See Section(s)
f. a plan for the initial period of the levy prior to initiation of	• <u>Section V.D. Strategy 4: Early</u>
operations of the first crisis care center for the provision of mobile	Crisis System Investments
and site-based behavioral health activities that promote access to	

²⁷² King County Ordinance 19572 [LINK].

Crisis Care Centers Levy Implementation Plan 2024-2032 P a g e | **131**

helpsylaral health convices for persons experiencing or at rick of a		
behavioral health services for persons experiencing or at risk of a behavioral health crisis;		
Technical Assistance and Capacity-Building		See Section(s)
g. technical assistance and capacity building for organizations	•	Section V.E. Strategy 5: Capacity
applying for or receiving levy funding, including		Building and Technical
		Assistance
a strategy or strategies to promote inclusive care at levy-funded	•	Section V.E. Strategy 5: Capacity
facilities for racial, ethnic and other demographic groups that		Building and Technical
experience disproportionate rates of behavioral health conditions		Assistance
in King County;		
Capital Facility Siting Support, Communication, City Partnership		See Section(s)
h. capital facility siting support, communication and city	•	Section V.E. Strategy 5: Capacity
partnership activities;		Building and Technical
		<u>Assistance</u>
Administration, Coordination, and Quality		See Section(s)
i. levy administration activities and activities that monitor and	•	Section V.G. Strategy 7: Crisis
promote coordination, more effective crisis response, and quality		Care Centers Levy
of care within and amongst crisis care centers, other behavioral		<u>Administration</u>
health crisis response services in King County, and first responders,		
and		
Performance Measurement and Evaluation		See Section(s)
j. performance measurement and evaluation activities;	•	Section V.F. Strategy 6:
		Evaluation and Performance
		Measurement Activities
Financial Plan: Revenue Forecast and Expenditures by Strategy		See Section(s)
3. A financial plan to direct the use of the proceeds for regional	•	Section VI. Financial Plan
behavioral health services and capital facilities that achieve the		
purposes and strategies described in subsection C.1. and 2. of this		
section, which must at a minimum include:		
a. the forecast of annual revenue for each year of the levy;	•	Section VI. Financial Plan
b. an annual expenditure plan for each year of the levy that	•	Section VI. Financial Plan
allocates forecasted levy proceeds among the levy's strategies;		
Sequence and Timing of Planned Expenditures/Activities to establish CCCs		See Section(s)
c. a description of the sequence and timing of planned	•	Section V.A. Strategy 1: Create
expenditures and activities to establish and operate the regional		and Operate Five Crisis Care
network of five crisis care centers required to satisfy the levy's		<u>Centers</u>
paramount purpose; and		
Description of Use of Portion of First-Year Revenue for Rapid Progress on MH Residential and Workforce		See Section(s)
d. a description of how a portion of first-year levy proceeds	•	Section V.B. Strategy 2: Restore,
will be allocated to make rapid initial progress towards		Expand, and Sustain Residential
fulfilling supporting purposes one and two;		Treatment Capacity

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Plan to Seek Other Funds to Accelerate/Enhance Levy Purposes 4. A description of how the executive will seek and incorporate when available federal, state, philanthropic and other moneys that are not proceeds of the levy to accelerate, enhance, compliment	•	Section V.C. Strategy 3: Strengthen the Community Behavioral Health Workforce See Section(s) Section VI. Financial Plan
or sustain accomplishment the levy's paramount purpose and supporting purposes one and two; Description of Medicaid and Private Insurance Assumptions		See Section(s)
5. A description of the executive's assumptions about the role of Medicaid funding in the financial plan and the executive's planned approach to billing eligible crisis care services to Medicaid or other sources of potential payment such as private insurance;	•	Section VI. Financial Plan
Description of Collaboration with Cities in Siting		See Section(s)
6. A description of the process by which King County and partner cities shall collaborate to support siting of new capital facilities that use proceeds from the levy for such facilities' construction or acquisition;	•	Section V.A. Strategy 1: Create and Operate Five Crisis Care Centers Section V.B. Strategy 2: Restore, Expand, and Sustain Residential Treatment Capacity
Community and Stakeholder Engagement Summary		See Section(s)
7. A summary of the process and key findings of the community and stakeholder engagement process that informs the proposed implementation plan;	•	Section III. Background
Process for Substantial Adjustments to Financial Plan		See Section(s)
8. A process to make substantial adjustments to the financial plan required in subsection C.3. of this section, which process shall require notice to the council and provide for the council the ability to stop any substantial adjustment that the council does not support;		<u>Section VI. Financial Plan</u>
Advisory Body (New or Preexisting)		See Section(s)
 A description of the composition, duties of, and process to establish the advisory body for the levy The advisory body may be a preexisting King County board or 	•	Section IX. Crisis Care Centers Levy Advisory Body Section IX. Crisis Care Centers
commission that has relevant expertise or a new advisory body.		Levy Advisory Body
Advisory Body Composition		See Section(s)
The composition of the advisory body shall be	•	Section IX. Crisis Care Centers Levy Advisory Body
demographically representative of the population of King County and shall include	•	Section IX. Crisis Care Centers Levy Advisory Body
at least one resident of each King County crisis response zone,	•	Section IX. Crisis Care Centers Levy Advisory Body

persons who have previously received crisis stabilization	Section IX. Crisis Care Centers
services, and	Levy Advisory Body
persons with professional training and experience in the	<u>Section IX. Crisis Care Centers</u>
provision of behavioral health crisis care	Levy Advisory Body
Advisory Body Duties	See Section(s)
The duties of the advisory body shall include	Section IX. Crisis Care Centers
The duties of the duvisory body shan meldue	Levy Advisory Body
advising the executive and council on matters pertaining to	Section IX. Crisis Care Centers
implementation of the levy,	Levy Advisory Body
annually visiting each existing crisis care center	Section IX. Crisis Care Centers
	Levy Advisory Body
Annual Reporting (framed as an advisory body role)	See Section(s)
and reporting annually to the council and community, through	Section VIII. Crisis Care Centers
online annual reports beginning in 2025, on	Levy Annual Reporting
the levy's progress over the previous year towards	Section VIII. Crisis Care Centers
accomplishing the levy purposes described in section 4 of this	Levy Annual Reporting
ordinance and	
on the levy's actual financial expenditures in the previous year	Section VIII. Crisis Care Centers
relative to the financial plan required in subsection C.3. of this	Levy Annual Reporting
section	
that shall include, but not be limited to, the following:	• <u>Section VIII. Crisis Care Centers</u>
	Levy Annual Reporting
a. total expenditure of levy proceeds by crisis response zone,	<u>Section VIII. Crisis Care Centers</u>
strategy, and levy purpose by ZIP Code in King County; and	Levy Annual Reporting
b. the number of individuals receiving levy-funded services by	Section VIII. Crisis Care Centers
crisis response zone, strategy, and levy purpose by ZIP Code in King	Levy Annual Reporting
County of where the individuals reside at the time of service;	
10. A description of how the executive shall provide each online	<u>Section VIII. Crisis Care Centers</u>
annual report described in subsection C.9. of this section to the	Levy Annual Reporting
clerk of the council, to all councilmembers and all members and	
alternate members of the regional policy committee, or its	
successor, including confirmation that the executive shall	
electronically file a proposed motion that shall acknowledge	
receipt of the report; and	
Geographic Distribution/Crisis Response Zone Description	See Section(s)
11. A description of how the purpose of the crisis response zones	<u>Section V.A. Strategy 1: Create</u> <u>and Operate Size Cricic Core</u>
described in this levy will promote geographic distribution of crisis care centers so that they are accessible for walk-in and drop-off	and Operate Five Crisis Care
crisis care throughout King County, but that the crisis care zones	<u>Centers</u>
shall not be used to limit the ability of any person in King County to	
use any particular crisis care center.	
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3786 Appendix C: King County Local Jurisdiction Request for Information (RFI)

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The purpose of this RFI was to solicit information from jurisdictions located within King County to help
inform this Plan and future CCC siting and procurement processes. The RFI was open from September
29, 2023, to October 27, 2023 and was extended to November 15, 2023.

3792 CRISIS CARE CENTERS INITIATIVE REQUEST FOR INFORMATION (RFI)

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for KING COUNTY LOCAL JURISDICTIONS

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Release Date	Friday, September 29, 2023
Information Session	Thursday, October 12, 2023 3:00 – 4:30pm Pacific Time Please <u>register at this link</u>
Due Date	Friday, October 27, 2023
Purpose	The purpose of this RFI is to solicit information from Jurisdictions located within King County to help inform the Crisis Care Centers Initiative's Implementation Plan and future Crisis Care Center siting and Procurement processes. This RFI is optional for Jurisdictions to respond to and is for informational purposes only. Responses will not be a commitment to action. The decision to respond or not respond to this RFI will not give Jurisdictions preferential nor disadvantageous treatment during any future Crisis Care Center site selection or siting processes.
Who Should Respond	Jurisdictions physically located within King County, including cities, tribes, and other jurisdictional entities with siting authority.
How to Respond	Responses are hereby solicited and will be received via survey no later than 11:59 p.m. Pacific Time on the due date noted above. Please submit your response at the following survey link: https://forms.office.com/g/vmeUMAhMZd
RFI Lead	Joanna Armstrong DCHScontracts@kingcounty.gov

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3797 **PLEASE NOTE:**

This RFI is informational only and will help inform the Crisis Care Centers Initiative planning,
including future Crisis Care Center siting processes and Procurement processes to select
organizations to develop and operate Crisis Care Centers. Responses will not be a commitment
to action. The decision to respond or not respond to this RFI will not give Jurisdictions
preferential nor disadvantageous treatment during any future Crisis Care Center site selection
or siting processes.

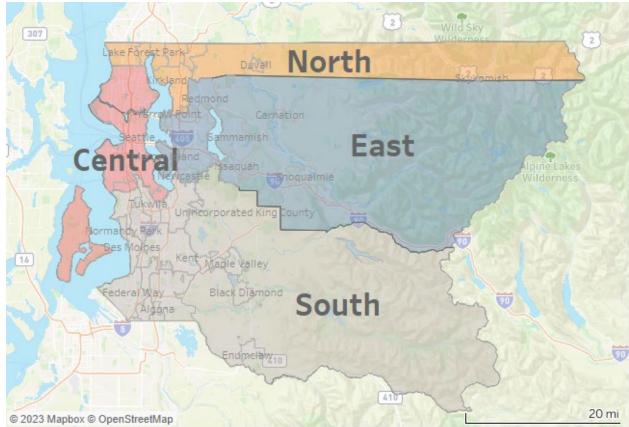
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RFI Overview

3806 3807 3808 3809 3810 3811 3812 3813 3814 3815	 A. <u>PURPOSE</u> The purpose of this RFI is to solicit information from Jurisdictions located within King County to help inform the Crisis Care Centers Initiative's Implementation Plan and future Crisis Care Center siting and Procurement processes. This RFI is optional for Jurisdictions to respond to and is for informational purposes only. Responses will not be a commitment to action. The decision to respond or not respond to this RFI will not give Jurisdictions preferential nor disadvantageous treatment during any future Crisis Care Center site selection or siting processes. B. <u>BACKGROUND</u>
3816 3817 3818 3819 3820 3821	King County voters approved a nine-year property tax Crisis Care Centers Levy in April 2023 to fund the <u>Crisis Care Centers Initiative</u> (Initiative) from 2024 to 2032. The Initiative will create a countywide network of five Crisis Care Centers, restore and expand mental health residential treatment beds in the region, and invest in the recruitment and retention of the community behavioral health workforce.
3821 3822 3823 3824 3825 3826 3827 3828 3829	Crisis Care Centers are a type of behavioral health facility that will have three core components: a 24/7 Behavioral Health Urgent Care Clinic, a 23-hour Crisis Observation Unit, and a Crisis Stabilization Unit. Crisis Care Centers will use a "no-wrong door approach" and will endeavor to accept, at least for initial screening and triage, any person who seeks behavioral health crisis care. Crisis Care Centers will also be expected to provide a Post-Crisis Follow-Up Program to promote post-crisis stabilization for people who receive services at Crisis Care Centers.
3830 3831 3832 3833 3834 3835 3836	 The site requirements for Crisis Care Centers are still being developed and are subject to change. Requirements will likely include: 1. The capacity to accommodate approximately 30,000 - 50,000 square feet of clinical space within one or multiple adjacent buildings; 2. Zoning that allows for the construction and ongoing operations of a Crisis Care Center; 3. Proximity to arterials, public transportation, and other transportation infrastructure to any other action of a construction of a constructure to any other transportation infrastructure to any other actions of a constructure to any other actions of a constructure to action and other transportation infrastructure to any other actions of a constructure to action actions.
3837 3838	ensure ease of access for community members seeking care and their families, mobile crisis teams, first responders, and other community partners.
3839 3840 3841 3842 3843 3844 3845 3846	Components of a Crisis Care Center may incorporate pre-existing facilities that are compatible with the model's required clinical components. Crisis Care Centers may be located in a single facility or more than one facility as long as they are geographically adjacent or have transportation provided between them so that people seeking services can easily move between facilities. Additional program components may be co-located with Crisis Care Centers. Each Crisis Care Center may be operated by a single provider or by multiple providers that work together to meet all required clinical components.
3846 3847 3848 3849 3850 3851 3852	The Crisis Care Center siting process will be informed by responses to this Request for Information, as well as additional community partner feedback, and will be defined in the Crisis Care Centers Initiative Implementation Plan as adopted by King County Council. Crisis Response Zones, described and depicted below, will determine the geographic distribution of Crisis Care Centers across King County.

3853 King County Ordinance 19572 created four geographic Crisis Response Zones in King
 3854 County (see Figure 1). Each of the four Crisis Response Zones will contain at least one
 3855 Crisis Care Center and at least one of the five Crisis Care Centers will specialize in serving
 3856 youth.



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Figure 1: Map of Crisis Response Zones

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King County intends to release one or more Procurements in 2024 to begin to select
organizations to develop and operate Crisis Care Centers. Local Jurisdictions will be key
partners in siting Crisis Care Centers within the designated Crisis Response Zones. King
County is seeking information from Jurisdictions through this RFI to help inform the Crisis
Care Centers Initiative's Implementation Plan and the future planning of Crisis Care Center
siting processes and Procurement processes.

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WHO SHOULD RESPOND

All Jurisdictions located within King County are invited to respond to this RFI. Elected mayors or similar elected leadership, city managers, or their designee may submit a response on behalf of the Jurisdiction that they represent.

3871 D. <u>HOW TO RESPOND</u>

C.

- Jurisdictions can respond to this RFI by submitting responses to the questions listed below
 through an online survey located at the following link:
 https://forms.office.com/g/vmeUMAhMZd.
- 3874 <u>https://forms.office.com/g/vmeUMAhMZd</u>.
 3875 Responses will be accepted between Friday. September 29
- Responses will be accepted between Friday, September 29 and Friday, October 27 at
 11:59pm Pacific Time. King County's Department of Community and Human Services will
- 3877 hold an RFI information session for local government officials and staff on Thursday,

- 3878 October 12, 3:00 – 4:30pm via Zoom; please register at this link. This is an optional meeting, and its purpose is to provide background about the Crisis Care Centers Initiative and answer 3879 questions about the RFI. 3880
- 3881

Glossarv

- 3882 "23-Hour Crisis Observation Unit" means a behavioral health facility where people 3883 experiencing an acute mental health and/or substance use crisis can receive psychiatric 3884 services for up to twenty-three hours and fifty-nine minutes. 23-Hour Crisis Observation Units 3885 serve people triaged as having higher clinical acuity as well as people dropped off by first 3886 responders such as mobile crisis, emergency medical services, and law enforcement. 3887 "24/7" means open twenty-four hours per day, seven days per week. 3888 "Behavioral Health Agency" means an organization licensed by the Washington State 3889 Department of Health to provide behavioral health services under Chapter 246-341 Washington 3890 Administrative Code. 3891 "Behavioral Health Urgent Care Clinic" means a behavioral health clinic that is open twenty-3892 four hours per day, seven days per week (24/7) and can triage and assess people who walk-in 3893 seeking mental health and/or substance use services. 3894 3895 "Crisis Care Center" means a behavioral health facility defined in King County Ordinance 19572 as "a single facility or a group of facilities that provide same-day access to multiple types 3896 of behavioral health crisis stabilization services, which may include, but are not limited to, those 3897 described in RCW 71.24.025(20), as amended. A Crisis Care Center shall endeavor to accept 3898 at least for initial screening and triage any person who seeks behavioral health crisis care. 3899 3900 Among the types of behavioral health crisis stabilization services that a Crisis Care Center shall provide are a Behavioral Health Urgent Care clinic that offers walk-in and drop-off client 3901 screening and triage 24/7; access to onsite assessment by a designated crisis responder; a 23-3902 3903 Hour Crisis Observation Unit or similar facility and service that allows for short-term, onsite stabilization of a person experiencing a behavioral health crisis; and a Crisis Stabilization Unit 3904 that provides short-term, onsite behavioral health treatment for up to fourteen days or a similar 3905 short-term behavioral health treatment facility and service. A Crisis Care Center shall be staffed 3906 by a multidisciplinary team that includes peer counselors. A Crisis Care Center may incorporate 3907
- pre-existing facilities that provide crisis stabilization services so long as their services and 3908
- operations are compatible with this definition. Where a Crisis Care Center is composed of more 3909 than one facility, those facilities shall either be geographically adjacent or shall have 3910
- transportation provided between them to allow persons using or seeking service to conveniently 3911
- move between facilities." 3912
- "Crisis Care Centers Initiative" means the purposes defined in King County Ordinance 19572, 3913
- 3914 which include creating a countywide network of five Crisis Care Centers, restoring and
- expanding mental health residential treatment beds in the region, and growing the community 3915 3916 behavioral health workforce.
- 3917 "Crisis Care Centers Levy" means the nine-year property tax levy described in King County Ordinance 19572 that was approved by King County voters in April 2023 and will raise revenue 3918 3919 between 2024 and 2032 to fund the Crisis Care Centers Initiative.
- "Crisis Response Zone" means a geographic subregion of King County defined in King County 3920 Ordinance 19572 where at least one Crisis Care Center will be located. The four Crisis 3921 Response Zones are depicted in Figure 1 and defined in King County Ordinance 19572 as 3922 follows: 3923
- 1. "North King County Crisis Response Zone, which is the portion of King County 3924 within the boundaries of the cities of Bothell, Duvall, Kenmore, Kirkland, Lake Forest 3925 Park, Shoreline, Skykomish and Woodinville, plus the unincorporated areas within King 3926

- 3927 County council district three as it is drawn on the effective date of this ordinance that are 3928 north or northeast of the city of Redmond;
- 39292. Central King County Crisis Response Zone, which is the portion of King County3930within the boundaries of the city of Seattle, plus all unincorporated areas within King3931County council districts two and eight as they are drawn on the effective date of this3932ordinance;
- 39333. South King County Crisis Response Zone, which is the portion of King County3934within the boundaries of the cities of Algona, Auburn, Black Diamond, Burien, Covington,3935Des Moines, Enumclaw, Federal Way, Kent, Maple Valley, Milton, Normandy Park,3936Pacific, Renton, SeaTac and Tukwila, plus all unincorporated areas within King County3937council districts five, seven and nine as they are drawn on the effective date of this3938ordinance; and
- 4. East King County Crisis Response Zone, which is the portion of King County
 within the boundaries of the cities of Beaux Arts, Bellevue, Carnation, Clyde Hill, Hunts
 Point, Issaguah, Medina, Mercer Island, Newcastle, North Bend, Redmond,
- Sammamish, Snoqualmie and Yarrow Point, plus the unincorporated areas within King
 County council district three as it is drawn on the effective date of this ordinance that are
 east or southeast of the city of Redmond, plus all unincorporated areas within King
- 3945 County council district six as it is drawn on the effective date of this ordinance." 3946 "**Crisis Stabilization Unit**" means a behavioral health facility where people recovering from an 3947 acute mental health and/or substance use crisis can receive continued behavioral health
- 3948 stabilization services for up to 14 days.
- 3949 "Implementation Plan" means a plan required by <u>King County Ordinance 19572</u> that will direct
 3950 Crisis Care Centers Levy expenditures from 2024 through 2032.
- 3951 "Jurisdictions" means cities, tribes and other jurisdictional entities with siting authority that are
 3952 physically located within King County.
- 3953 **"King County Ordinance 19572**" means the <u>ballot measure ordinance</u> that was enacted by
- King County Council on February 9, 2023 and passed by King County voters on April 25, 2023 to create the Crisis Care Centers Levy.
- 3956 "Post-Crisis Follow-Up Program" means short-term case management and peer engagement
 3957 services to connect people to care after they leave a Crisis Care Center.
- 3958 "Procurement" means a future solicitation to determine who will be contracted to develop, own,3959 and operate Crisis Care Centers.
- 3960 "RFI" means this Request for Information plus all written amendments, addenda, or
- 3961 attachments hereto, and all terms and conditions incorporated herein.
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Upcoming Procurement Description

A. UPCOMING PROCUREMENT FUNDING AMOUNT AND OBJECTIVES

3965King County intends to release one or more Procurements beginning in 2024. Funding will3966include resources to construct and operate Crisis Care Centers, and the funding amount3967that will be available is not yet determined. The siting of Crisis Care Centers will be3968coordinated in partnership with local Jurisdictions and King County.

B ANTICIPATED TIMELINE

- One or more rounds of Procurement processes will be released in 2024. The timeline will
 be determined in 2024 after the King County Council passes the Crisis Care Centers
 Initiative Implementation Plan.
 - C. PROGRAM DESCRIPTION

- 3974 Crisis Care Centers are behavioral health facilities defined by King County Ordinance 19572 that will provide same-day access to mental health and substance use crisis 3975 3976
 - services. Crisis Care Centers will have three programmatic components:
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- 1. 24/7 Behavioral Health Urgent Care Clinic;
- 2. 23-Hour Crisis Observation Unit: and
- 3. Crisis Stabilization Unit.

Crisis Care Centers will also be expected to provide a Post-Crisis Follow-Up Program to promote post-crisis stabilization for people who receive services at Crisis Care Centers. Crisis Care Centers will strive for a "no-wrong door" approach and will endeavor to accept, at least for initial screen and triage, any person who seeks behavioral health crisis care. Crisis Care Centers will strive to create and foster a safe and welcoming environment that provides care that is trauma-informed, recovery-oriented, personcentered, integrated, and supports people in the least restrictive environment possible.

RFI Questions

QUESTIONS Α

Please submit responses to each of the following questions (* indicates response is required; respondents are not required to answer all questions to submit a response).

Contact Information

- 1. *Name of Jurisdiction responding to RFI.
- 2. *Name of person submitting response.
- 3. *Title of person submitting response.
- 4. *Email address of person submitting response.
- 5. *Phone number of person submitting response.
- 6. What other points of contact from your Jurisdiction should receive communication about this RFI and the Crisis Care Centers Initiative? Please share their name, title, and contact information.
- Crisis Care Center Information
 - 7. What communities or populations in your Jurisdiction have historically been, or are at greatest risk of being, underserved in their behavioral health needs?
 - 8. Is your Jurisdiction interested in siting an adult or youth Crisis Care Center, or both? Why or why not?
 - 9. How would siting a Crisis Care Center in or adjacent to your Jurisdiction benefit your Jurisdiction and region of King County?
 - 10. What additional information would you need from the County to help determine if your Jurisdiction is interested in siting a Crisis Care Center?
 - 11. What are important attributes of a Crisis Care Center and its location from your Jurisdiction's perspective?
 - 12. What are potential geographic features, transportation infrastructure, or other factors in your Jurisdiction that may impact access to a Crisis Care Center?
 - 13. What obstacles would deter your Jurisdiction from siting a Crisis Care Center?

4020	14. Does your Jurisdiction have any facilities that are like a Crisis Care Center? If
4021	yes, do you have recommendations of siting best practices based on your
4022	experience with existing facilities?
4023	15. What ideas do you have for how Jurisdictions and the County can work
4024	together to site Crisis Care Centers?
4025	16. If your Jurisdiction decided to site a Crisis Care Center, what type of capital
4026	facility siting support, communication, and Jurisdiction partnership activities
4027	would be helpful?
4028	17. Do you have one or more potential site(s) that may be suitable for a Crisis
4029	Care Center site(s) identified in your Jurisdiction? If yes, please share the
4030	location and a brief description. Alternatively, would you be interested in
4031	scheduling a meeting with the County to discuss possible locations?
4032	18. Does your Jurisdiction own one or more parcels of land or properties that
4033	could be rehabilitated to become a Crisis Care Center that your Jurisdiction
4034	would be willing to donate? If yes, please briefly describe the property.
4035	Alternatively, would you be interested in scheduling a meeting with the
4036	County to discuss possible properties?
4037	19. Does your Jurisdiction have any capital or operating resources it would be
4038	willing to contribute to a Crisis Care Center property or facility? If yes, please
4039	briefly describe the resource. Alternatively, would you be interested in
4040	scheduling a meeting with the County to discuss possible resources?
4041	20. Does your Jurisdiction have feedback regarding the types of entities that
4042	should be eligible to apply to the eventual Crisis Care Center
4043	Procurement(s)? Examples of entities could include Behavioral Health
4044	Agencies (Agencies), Agencies with letters of support from host Jurisdictions,
4045	formal partnerships between Jurisdictions and Agencies, or a Jurisdiction by
4046	itself?
4047	21. How would your Jurisdiction like to be engaged in the Crisis Care Center
4048	Initiative planning and future siting process?
4049	22. Do you have recommendations for how community members should be
4050	engaged during Crisis Care Center siting processes?
4051	23. Do you have any additional feedback about Crisis Care Center siting?
4052	
4053	B. DOCUMENT REQUESTS
4054	Please respond to the following request for documentation, if applicable.
4055	
4056	24. Please attach additional documentation describing potential Crisis Care
4057	Center sites or properties that your Jurisdiction has identified (i.e., photos,
4058	maps, real estate documentation, etc.).
4059	

4060 Appendix D: Coordination with State and County Partners

4061

	June 2023 – November 2023
	Partners Internal to King County
Depar	tment of Adult and Juvenile Detention
	tment of Natural Resources and Parks
•	es Management Division
Metro	0
Prose	cuting Attorney's Office
	Health – Seattle & King County
	f's Office
	Washington State Partners and Meeting Topics
Health	Care Authority
0	Billing and sustainability of crisis services
0	Reimbursement for ambulance transport to alternate destinations
0	Pharmacy regulations and reimbursement
0	Peer specialist programs
0	Data sharing related to implementation of 988 and 2SHB 1477
0	Regulations regarding Institutes for Mental Disease
Depar	tment of Health
0	23-hour Crisis Relief Centers (direct meetings and participation in 2SSB 5120 public rulemaking process)
0	988 implementation
0	Regulations on ambulance transport to alternate destinations
0	Pilots to embed behavioral health counselors in public safety answering points to divert
	911 calls from law enforcement response
Depar	tment of Social and Human Services
0	Department of Children, Youth, and Families
0	Developmental Disabilities Administration (DDA)

4062 4063

Appendix E: Site and Field Visits

The following site and field visits were conducted between June 2023 and October 2023 and helped inform this Plan.

4069

Site and Field Visits June 2023 – October 2023
Behavioral Health Crisis Facilities
Children's Emergency Screening Unit, San Diego, CA
Crisis Solutions Center, DESC, Seattle, WA
Connections Health Solutions, Phoenix, AZ
Connections Health Solutions, Tucson, AZ (virtual site visit)
Connections Health Solutions, Kirkland, WA*
Oceanside Crisis Stabilization Unit, San Diego, CARI International, Federal Way, WA*
RI International, Parkland, WA
Spokane Regional Stabilization Center, Spokane, WA
Sea Mar, White Center, WA*
Mental Health Residential Facilities
Cascade Hall, Community House, Seattle, WA
Try House, Transitional Resources, Seattle, WA
Stillwater, Sound, Redmond, WA
Keystone, Sound, Seattle, WA
Firwood, Community House, Seattle, WA
Spring Manor, Community House, Seattle, WA
Hilltop, Community House, Seattle, WA
Other Health Care Providers
Children's Hospital, Seattle, WA
Crisis Connections, Seattle, WA
Field Visits
Designated Crisis Responder Ride Along, King County, WA
* Facilities under construction or not vet operational

4070 * Facilities under construction or not yet operational

4071

4072 Appendix F: Community Engagement Activities

4073

	Community Engagement Activities
	June 2023 – November 2023
	Monthly CCC Levy Community Engagement Meetings
•	Community Partner Evening Recap Meeting (1 meeting)
•	Community Partners Update Meeting (5 meetings)
•	Crisis System Integration Partners Meeting (3 meetings)
•	Substance Use Disorder Partners Meeting (3 meetings)
•	Youth Partners Meeting (5 meetings)
	Presentations at Community Meetings
•	CCORS Operations Meeting (2 meetings)
•	CCORS Young Adult Monthly Providers Meeting
•	CIT King County Coordinators Committee Meeting (2 meetings)
•	CRIS Committee
•	Cross Division Overdose Prevention Workgroup
•	External Partners Group
•	Just Access to Health Meeting
•	King County Behavioral Health Administrative Services Organization Inpatient Providers Quarterly
	Meeting
•	King County Behavioral Health Advisory Board (2 meetings)
•	King County Diversion and Reentry Services Managers Meeting
•	King County Hospital and Inpatient Psychiatric Leadership Meeting
•	King County Integrated Care Network, Network Provider Group (4 meetings)
•	King County Integrated Care Network, Clinical Operations Committee
•	King County Integrated Care Network, Joint Operations Committee
•	King County Outpatient Medical Leadership Team Meeting
•	King County Peer Network Meeting (4 meetings)
•	King County Youth Behavioral Health Learning Collaborative Meeting (2 meetings)
•	King County Behavioral Health and Recovery Division Clinical Provider Meeting
•	King County Behavioral Health and Recovery Division, Washington State Department of Youth and
	Family Services, and Coordinated Care Monthly Field Operations Meeting
•	King County Medications for Opioid Use Disorder (MOUD) Provider Meeting
•	King County Youth Service Providers Coalition (2 meetings)
•	Hospital and Mental Health Residential Provider Quarterly Meeting
•	MIDD Advisory Committee Meeting
•	Overdose Recovery and Care Access (ORCA) Center Planning Meetings (3 meetings)
•	Patient Placement Task Force (2 meetings)
•	Pediatrics Crisis Care Provider Meeting
•	Seattle/King County Coalition on Homelessness Member Meeting
_	Key Informant Interviews and Individual Engagement Meetings
•	American Medical Response
•	Asian Counseling and Referral Services
•	Behavioral Health Institute, Harborview Medical Center
•	Challenge Seattle

- Children's Hospital (2 meetings)
- Crisis Connections (3 meetings)
- Consejo Counseling
- Connections Health Solutions (4 meetings)
- DESC (2 meetings)
- Genoa Pharmacy
- Fairfax (2 meetings)
- Harborview Medical Center Addiction Medicine Program
- Health One and Mobile Integrated Health Program, Seattle Fire Department
- HealthierHere
- Hopelink Transportation
- International Community Health Services
- Islamic Trauma Health Program
- Kelley-Ross Pharmacy (2 meetings)
- MIDD Community Partnership Focus Group Follow-Up Meeting
- Muckleshoot Health
- North Star Advocates
- Pacific Hospital Public Development Association
- Individual People with Lived Experience of Crisis Services (7 meetings)
- Individual People with Professional Experience Delivering Crisis Services (2 meetings)
- Peer Washington
- Psychiatric Emergency Services, VA Puget Sound Health Care System
- RI International
- Ryther (2 meetings)
- Sea Mar (2 meetings)
- Seattle Fire Department and Public Health Seattle & King County Emergency Medical Services
- Seattle Indian Health Board
- Seattle/King County Coalition on Homelessness
- Seattle Police Department
- SEIU 1199 (5 meetings)
- School of Nursing, University of Washington
- Somali Health Board (2 meetings)
- Sound
- Sound Alliance
- Tubman Center for Health and Freedom
- Valley Cities
- Vietnamese Health Board
- Vocal-WA
- Washington State Pharmacy Association
- YMCA (3 meetings)
- Youth Eastside Services
- YouthCare and Kaiser

Focus Groups and Listening Sessions

- Aging and Older Adults Focus Group
- Behavioral Health Worker Focus Group

- Housing and Homelessness Focus Group
- MIDD Community Partnership Focus Group
- Mockingbird Society YAEH Chapter and New Members Chapter Listening Session
- Peer Counselors Focus Group
- Sound Alliance, United Tribes of All Indians, and FEEST Youth Partner Listening Session
- Sound Alliance and United Indians of All Tribes Youth Services Listening Session
- Veterans and Active Military Personnel Focus Group

King County Council and Local Jurisdiction Meetings

- City Mayor, Councilmember, and Staff Meetings (16 meetings)
- Countywide Sub-Regional Human Service Convening
- Councilmember Perry District Three First Responder Roundtable
- Councilmember Perry District Three Mayors Roundtable
- Councilmember Zahilay Community Mental Health Meeting (4 meetings)
- King County Councilmember and Council Staff Meetings (10 meetings)
- Snoqualmie Valley Government Association Quarterly Meeting
- Sound Cities Association (2 meetings)

CCC Levy Request for Information (RFI) Public Information Sessions

- King County Local Jurisdictions RFI Information Session
- Behavioral Health Organizations and Other Potential Partners RFI Information Session

4074 4075

4076 Appendix G: Clinical Best Practices in Behavioral Health Crisis Services

4077

	Clinical Best Practices in Behavioral Health Crisis Services
Best Practice	Description
Trauma- Informed	Trauma-informed programs and services acknowledge the widespread impact of trauma and understand potential paths for recovery; recognize the signs and symptoms of trauma in clients, families, staff, and others involved with the system, and respond by fully integrating knowledge about trauma into policies, procedures, and practices, while seeking to actively resist re-traumatization. ²⁷³
Recovery-	Recovery-oriented care addresses reduction of symptoms related to mental health
Oriented	and substance use disorders and supports someone to have a life in the community that meets their recovery goals. ²⁷⁴
Person-	Person-centered care means people have control over their services, including the
Centered	amount, duration, and scope of services, as well as choice of providers. Person-
	centered care is respectful and responsive to cultural, linguistic, and other social and
	environmental needs. Family-centered care recognizes the important role of family members and caregivers in the design and implementation of services. ²⁷⁵
Culturally and	Culturally and linguistically appropriate services (CLAS) are a way to improve the
Linguistically	quality of services provided to all individuals, which will ultimately help reduce
Appropriate	health disparities and promote health equity. ²⁷⁶ CLAS are about respect and
	responsiveness: respect the whole individual and respond to the individual's health needs and preferences. By tailoring services to an individual's culture and language preferences, including with use of interpretation and translation services, health professionals can help support positive health outcomes for diverse populations.
Integrated	Integrated care is when mental health and substance use treatment is closely
Care	coordinated with physical and primary care. ²⁷⁷ While crisis care centers will primarily
	serve behavioral health needs, they should also be able to provide care for most
	minor physical or basic health needs that can be addressed without need for medical
	diagnosis or health care prescriber orders, with an identified pathway to transfer the
	person to more medically appropriate services if needed. ²⁷⁸

²⁷³ Substance Abuse and Mental Health Services Administration. SAMHSA's Concept of Trauma and Guidance for a Trauma-Informed Approach. HHS Publication No. (SMA) 14-4884. Rockville, MD: Substance Abuse and Mental Health Services Administration, 2014. [LINK]

²⁷⁴ Davidson L, Rowe M, DiLeo P, Bellamy C, Delphin-Rittmon M. Recovery-Oriented Systems of Care: A Perspective on the Past, Present, and Future. Alcohol Res. 2021 Jul 22;41(1):09. doi: 10.35946/arcr.v41.1.09. [LINK]

²⁷⁵ Substance Abuse and Mental Health Services Administration (SAMHSA) Person- and Family-centered Care and Peer Support [LINK]

²⁷⁶ National Culturally and Linguistically Appropriate Services (CLAS) Standards. Think Cultural Health, U.S. Department of Health & Human Services [LINK].

²⁷⁷ National Council for Mental Wellbeing, The Comprehensive Healthcare Integration (CHI) Framework, April 22, 2022. [LINK]

²⁷⁸ Expectations for integrated medical care in a behavioral health crisis care setting are described here similar to state requirements for 23-hour Crisis Relief Centers as defined in RCW 71.24.916 – 23-hour crisis relief centers—Licensing and certification—Rules—Standards. [LINK]

Least	Least restrictive care refers to care provided in settings that least interfere with a
Restrictive	person's civil rights and freedom to participate in society. The practice of care in
Setting	least restrictive settings supports the key values of self-determination in behavioral
	health care: that people should be able to disagree with clinician recommendations
	for care; that people should be informed participants in defining their care plan, and
	that state laws and agency policies are applied only as a last resort for people who
	are unable to act in their own self-interests. ²⁷⁹

4078 4079

²⁷⁹ Detoxification and Substance Abuse Treatment. Rockville (MD): Substance Abuse and Mental Health Services Administration (US); 2006. (Treatment Improvement Protocol (TIP) Series, No. 45.) 2 Settings, Levels of Care, and Patient Placement. [LINK]

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4080 Appendix H: BHRD Capital Improvement Funding for Behavioral Health Facilities Request for 4081 Information (RFI)

- 4082
- 4083 The purpose of this RFI was to solicit information from contracted behavioral health provider
- 4084 organizations about necessary capital improvements, repairs, and innovations in behavioral health
- 4085 facilities located in County. Information provided through this RFI may be fused to inform a potential
- 4086 Request for Proposal and be used to improve access to and availability of behavioral health services by
- 4087 assisting with costs associated with building repairs, renovations, or expansion of existing behavioral
- 4088 health provider facilities. This RFI was open from June 23, 2023, to July 17, 2023.
- 4089
- 4090 Department of Community and Human Services
- 4091 Behavioral Health and Recovery Division
- 4092 401 Fifth Avenue, Suite 400
- 4093 Seattle, WA 98104 4094
- 4095 REQUEST FOR INFORMATION (RFI)
- 4096 BHRD Capital Improvement Funding for Behavioral Health Facilities
- 4097 RFI Release Date: June 23, 2023
- 4098 Questions Due: July 07, 2023
- 4099 Due Date: July 17, 2023
- 4100 RFI Lead: Brandon Paz, branpaz@kingcounty.gov
- 4101
- 4102 Purpose of RFI
- 4103 This Request for Information (RFI) is seeking input from contracted behavioral health provider
- 4104 organizations to inform a potential Request for Proposal (RFP) that may be released in late 2023. The
- 4105 King County Department of Community and Human Services (DCHS) Behavioral Health and Recovery
- 4106 Division (BHRD) seeks information related to necessary capital improvements, repairs and renovations in
- 4107 behavioral health treatment facilities located in King County. Information provided through this RFI may
- 4108 be used to improve access to and availability of behavioral health services by assisting with costs
- 4109 associated with building repairs, renovations or expansion of existing behavioral health provider 4110 facilities.
- 4111
- 4112 DCHS is releasing this RFI to understand the level of need agencies have for capital projects and
- 4113 expected costs. Please note that **no funding will be released as a result of this RFI**. Submitting a
- 4114 response to this RFI does **not** constitute a commitment to a project in any subsequent RFPs. This RFI is
- for informational purposes only, to inform potential investments by the County in late 2023.
- 4116
- 4117 <u>Who should respond?</u>
- 4118 The following entities are encouraged to respond:
- 4119
- Behavioral health provider organizations that are contracted with the King County Behavioral Health and Recovery Division, including but not limited to King County Integrated Care Network providers, King County Behavioral Health Administrative Service Organization (KCICN-BH-ASO)
 providers, and providers contracted through the MIDD program.

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4124	 Nonprofit organizations, community-based organizations, tribe/tribal organizations interested in
4125	capital improvements, including renovations and repairs to an existing facility used for
4126	behavioral health programming/treatment.
4127	Background
4128	There is a need for capital improvements for many behavioral health provider facilities in King County.
4129	Capital improvements are necessary to increase or maintain access to effective behavioral health
4130	treatment. BHRD is considering an investment through a future procurement, to provide funding for
4131	small-medium scale capital improvement projects that can increase the health and safety and/or
4132	functional space of a facility, so providers can increase or maintain capacity to effectively provide quality
4133	behavioral health services. Capital improvement projects may include: building repairs, renovations, or
4134	expansions of existing locations to improve access to high quality programs and services.
4135	
4136	Request for Information
4137	BHRD is requesting information related to behavioral health capital improvement projects. Information
4138	collected from RFI responses may inform the development of a RFP, including allowable costs and
4139	funding thresholds. Funded projects will be limited to existing facilities. New construction will not be
4140	eligible.
4141	
4142	How to Respond
4143 4144	Please submit a response that clearly addresses the questions below by 2:00 PM Pacific Time on
4144 4145	Monday, July 17, 2023, to Brandon Paz at branpaz@kingcounty.gov. If you have any questions regarding your submission, please contact Brandon Paz at branpaz@kingcounty.gov.
4145	your submission, please contact brandon raz at branpaz@kingcounty.gov.
4147	Questions
4148	The following questions are for information only and will not be scored. Completing this RFI
4149	does not constitute a commitment to funding your project in any subsequent RFP.
4150	
4151	1. Please provide the below information about your organization:
4152	a. Organization Name
4153	b. Address
4154	c. Point of Contact Name
4155	d. Title
4156	e. Phone
4157	f. Email
4158	2. If your organization has a mission statement, please state it here.
4159	3. Approximately how many clients annually does your organization provide services to?
4160	4. Please briefly list the behavioral health services and/or programs that your organization offers to
4161	King County residents.
4162	5. Why are you interested in applying for the anticipated Capital Improvement Funding for Behavioral
4163	Health Facilities RFP? Please explain in a short narrative, including describing the project and the
4164	need the project will address.
4165	6. Please indicate the type of project you would be most likely to request funding for
4166	 Renovation of an existing property to maintain or increase access to behavioral health
4167	treatment services

4168 4169	• Renovation and repairs of an existing property to address critical health and safety issues, or improve treatment environment
4109	 improve treatment environment Facility improvements, including new paint and furniture to improve the treatment
4171	environment to promote healing
4172	 Expansion of an existing facility to increase availability of treatment services, or allow more
4173	clients to be served
4174	7. If you currently own or lease the project site, please provide the address. If not, please provide the
4175	zip code or general location of the proposed site and whether you plan to own or lease it.
4176	8. Please share the following information regarding the project's funding needs:
4177	a. What is the estimated total cost of your project?
4178	b. Do you have funding secured from other sources?
4179	c. Are you anticipating applying for other funding sources?
4180	d. How much funding do you anticipate requesting from a potential 2023 capital program
4181	RFP?
4182 4183	e. What is the anticipated timeline for completion of the project?
4185 4184	RFI Terms and Conditions
4185	
4186	A. Revisions to the RFI
4187	If DCHS determines in its sole discretion that it is necessary to revise any part of this RFI, an
4188	addendum to this RFI will issued via email. For this purpose, the published questions and
4189	answers and any other pertinent information will also be provided as an addendum to the RFI
4190	and will be issued via email. DCHS also reserves the right to cancel or to reissue the RFI in whole
4191	or in part, prior to execution of a contract.
4192 4193	B. Cost to Propose
4195 4194	DCHS will not be liable for any costs incurred by the Responder in preparation of a Response
4195	submitted in response to this RFI, in conduct of a presentation, or any other activities related in
4196	any way to this RFI.
4197	
4198	C. No Obligation to Contract
4199	DCHS will not contract with any vendor as a result of this RFI. While DCHS may use responses to
4200	this RFI to develop a competitive solicitation for the subject of this RFI, issuing this RFI does not
4201	compel DCHS to do so.
4202	
4203	D. Public Records Act
4204	1. Washington State Public Records Act (RCW 42.56) requires public organizations in
4205	Washington to promptly make public records available for inspection and copying uploss they followithin the specified exemptions contained in the Act or are otherwise.
4206 4207	unless they fall within the specified exemptions contained in the Act or are otherwise privileged.
4207 4208	privilegeu.
4208	2. All submitted Responses and RFI materials become public information and may be
4209	reviewed by anyone requesting to do so at the conclusion of the RFI, negotiation, and award
4211	process. This process is concluded when a signed contract is completed between the County and
4212	the selected Responder. Note that if an interested party requests copies of submitted
4213	documents or RFI materials, a standard County copying charge per page must be received prior

- 4214to processing the copies. King County will not make available photocopies of pre-printed4215brochures, catalogs, tear sheets or audiovisual materials that are submitted as support4216documents with a Response. Those materials will be available for review at King County4217Department of Community and Human Services.
- 42193. No other distribution of Responses will be made by the Responder prior to any public4220disclosure regarding the RFI, the Response or any subsequent awards without written approval4221by King County. For this RFI all Responses received by King County shall remain valid for ninety4222(90) days from the date of Response. All Responses received in response to this RFI will be4223retained.
- 4225 4. Responses submitted under this RFI shall be considered public documents and with limited 4226 exceptions, Responses that are recommended for contract award will be available for inspection 4227 and copying by the public. If a Responder considers any portion of his/her Response to be 4228 protected under the law, the Responder shall clearly identify on the page(s) affected such words 4229 as "CONFIDENTIAL," PROPRIETARY" or "BUSINESS SECRET." The Responder shall also use the 4230 descriptions above in the following table to identify the effected page number(s) and location(s) 4231 of any material to be considered as confidential. If a request is made for disclosure of such 4232 portion, the County will review the material in an attempt to determine whether it may be 4233 eligible for exemption from disclosure under the law. If the material is not exempt from public 4234 disclosure law, or if the County is unable to make a determination of such an exemption, the 4235 County will notify the Responder of the request and allow the Responder ten (10) days to take 4236 whatever action it deems necessary to protect its interests. If the Responder fails or neglects to 4237 take such action within said period, the County will release the portion of the Response deemed 4238 subject to disclosure. By submitting a Response, the Responder assents to the procedure 4239 outlined in this paragraph and shall have no claim against the County on account of action taken 4240 under such procedure. Please notify the County of your needs and reference the table 4241 information below
- 4242

4218

4224

Type of Exemption	Beginning Page/Location	Ending Page/Location

4243

4244 E. American with Disabilities Act

- 4245 DCHS complies with the Americans with Disabilities Act (ADA). Responder may contact the RFI
- 4246 Coordinator to receive materials for this RFI in alternative formats, such as Braille, large print, audio 4247 tape, or computer disc.

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Style Definition: TOC 1

Style Definition: TOC 2

Style Definition: TOC 3

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II. Executive Summary 287

288 The Crisis Care Centers (CCC) Levy is a once-in-a-generation opportunity to transform how people

289 experiencing behavioral health crises can access specialized behavioral health care. This nine-year

290 property tax levy will create a countywide network of five crisis care centers, restore residential

291 treatment capacity, and strengthen King County's community behavioral health workforce. The CCC

292 Levy is authorized by King County Ordinance 19572 (see Appendix A and hereinafter referred to as 293 Ordinance 19572)., which requires this Implementation Plan and defines the CCC Levy's paramount and

294 supporting purposes.

296 **Crisis Care Centers Levy Purposes**

297 Ordinance 19572 defines the CCC Levy's Paramount Purpose and two Supporting Purposes, which are 298 more fully described in Figure 1.

299 300

295

Figure 1. Summary of Crisis Care Centers Levy Purposes

	Summary of Crisis Care Centers Levy Purposes
Paramount Purpose	Crisis Care Centers: Establish and operate a regional network of five crisis
	care centers in King County, with at least one in each of the four crisis
	response zones and one serving youth.
Supporting Purpose 1	Residential Treatment: Restore the number of mental health residential
	treatment beds to at least 355 and expand the availability and sustainability
	of residential treatment in King County.
Supporting Purpose 2	Community Behavioral Health Workforce: Increase the sustainability and
	representativeness of the behavioral health workforce in King County by
	expanding community behavioral health career pathways, sustaining and
	expanding labor-management workforce development partnerships, and
	supporting crisis workforce development.

301

302

303 Background

304 **Department Overview**

305 King County's Department of Community and Human Services (DCHS) is responsible for implementing

- 306 the CCC Levy. DCHS's mission is to provide equitable opportunities for King County residents to be
- 307 healthy, happy, and connected to community. DCHS administers King County's publicly funded
- 308 behavioral health system, which is the primary source of care for people experiencing mental health and 309 substance use crises.
- 310

311 Unmet Behavioral Health Needs in King County

312 As more developed at Section III.C. Key Historical and Current Conditions of this CCC Levy

313 Implementation Plan, Ffederal and state investments in public behavioral health systems have been

314 inadequate for decades.¹ As funding for behavioral health services has remained inadequate, the needs

- 315 of people living with mental health and substance use conditions, collectively generally referred to in
- 316 this Plan to either singularly or collectively as behavioral health conditions, have grown. The gap

317 between behavioral health needs and available services is widening. In 2022, among people enrolled in

¹ Center for American Progress, The Behavioral Health Care Affordability Problem, May 26, 2022 [LINK]

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318 Medicaid in King County, 45,000 out of 88,000 of adults with an identified mental health need did not 319 receive treatment (51 percent), and 21,000 out 2005 320 321 Importantly, this gap is not evenly experienced across King County's population. There are significant 322 inequities in service access and utilization among historically and currently underserved communities. 323 (see Who Experiences Behavioral Health Inequities). Black, Indigenous, and People of Color (BIPOC) 324 populations are more frequently placed in involuntary treatment while having the least access to 325 routine behavioral health care.³ 326 327 The scale of suffering related to behavioral health conditions, mental health conditions and substance 328 use-remains persistently elevated, with deaths by suicide are on the rise and an increasing risk to youth. 329 -1,229 people died by suicide in Washington in 2021, equivalent to 15.3 out of every 100,000 people, 330 which is the 27th highest rate nationally.⁴ 292 people died by suicide in King County in 2021.⁵ Suicide 331 deaths increased nationally by 2.6 percent from 2021 to 2022.⁶ Youth are especially impacted. 332 According to the 2021 Healthy Youth Survey, 18.6 percent of King County's 8th graders considered 333 suicide in past year, and 8.8 percent made attempts.⁷ Among Washington's 10th graders in 2021, 51.6 334 percent of gender-diverse youth and 42.4 percent of youth identifying as LGBTQIA+ considered suicide, 335 and 22.7 percent and 17.9 percent attempted suicide, respectively.^{8,9} 336 337 Deaths related to drug overdose are increasing at unprecedented rates. The annual number of overdose 338 deaths in King County has nearly doubled in just three years, from 508 deaths in 2020 to 1,001 in 2022, 339 and the number of fatal overdoses in 2023 has already exceeded this total.¹⁰ Additionally, there are 340 significant disparities in overdose deaths by race and ethnicity. The age-adjusted rate of fatal overdoses 341 in King County is highest among the American Indian/Alaska Native community, which is five times 342 higher than that of non-Hispanic White King County residents.¹¹ 343 344 Need for Crisis Care Centers 345 With so many people unable to access treatment when they need it, crisis care centers and similar 346 facilities can help. The Federal Substance Abuse and Mental Health Services Administration (SAMHSA) 347 released its National Guidelines for Behavioral Health Crisis Care in 2020.³² These guidelines call for the creation of crisis facilities, referred to by SAMHSA as "somewhere to go," for people in crisis to seek 348 ² Washington State Department of Social and Health Services, Cross-System Outcome Measures for Adults Enrolled in Medicaid [LINK] a T. Dotson S. Tyree G. Ogbu Nwobodo L. Beck S. Shtasel D. Racial and Eth Inequities in Inpatient Psychiatric Civil Commitment. Psychiatr Serv. 2022 Dec 1;73(12):1322-1329. [LINK] ⁴ Centers for Disease Control Suicide Rates by State [LINK] ^s-Washington State Vital Statistics (Deaths) — See "More From This Data Source" and select "Suicide" from drop down list [LINK] ⁶ Centers for Disease Control Provisional Suicide Deaths in the United States, 2022 [LINK] ⁷ Washington State Healthy Youth Survey fact sheets [<u>LINK</u>] ⁸-Washington Department of Health - Adolescent Mental Health: Significant Challenges and Strategies for Improvement in Washington State [LINK] ⁹ "LGBTQIA+" is an abbreviation for lesbiar , gay, bisexual, transgender, queer/questioning, other sexual orientations or gender identities. ¹⁰ Washington State Department of Health – Opioid Data [LINK] ¹¹ Public Health Seattle and King County Overdose Death Report (2022) [LINK] ¹² Substance Abuse and Mental Health Services Administration. (2020). National Guidelines for Behavioral Health

Crisis Care - Best Practice Toolkit. [LINK]

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349	help. SAMHSA's guidelines envision crisis facilities as part of a robust behavioral health crisis system that	
350	also includes the 988 Suicide and Crisis Lifeline. referred to as "someone to call." and mobile crisis	
351	teams, described as "someone to respond." ¹³	
352		
353	King County's behavioral health crisis service system relies heavily on phone support and mobile	
354	response, with very few options for people to go for immediate, life-saving care when in crisis. At the	
355	time of this Plan's drafting, King County has just one behavioral health crisis facility, called the Crisis	
356	Solutions Center (CSC) in Seattle, which is only able to accept referrals through first responders and	
357	hospitals. ¹⁴ For youth in King County, there is no crisis facility option at all.	
358	hospitals. The youth in this county, there is no cross facility option at all	
359	With no specialty behavioral health setting in King County to walk in and receive care if a person is	
360	experiencing a mental health or substance use crisis, the front door to crisis services at the time of this	
361	Plan's drafting is typically hospital emergency departments, where people seeking help for a behavioral	
362	health crisis may often spend hours or even days waiting for care. ¹⁵ People experiencing a crisis,	
363	especially those in public spaces, are frequently engaged by law enforcement and may end up in jail if	
364	they have committed a crime while in distress. ¹⁶	
365	and y have committee a crime while in distress.	
366	The creation of specialized crisis facilities is frequently identified as a key strategy in the crisis service	
367	continuum. ¹² These facilities facilitate diverting people from emergency department and carceral	
368	settings and serving people in higher quality specialized settings that can provide care using trauma-	
369	informed, recovery oriented, and cultural humility best practices. ¹⁸ <u>Establishing and operating a</u>	
303	regional network of five crisis care centers in the County is the paramount purpose to be funded by the	
370	<u>CCC Levy. In light of the behavioral health funding crisis, the scale of unmet need, and the opportunity</u>	
371	<u>presented by this national and statewide momentum around expanding crisis services, a coalition of</u>	
372	community leaders and behavioral health providers issued recommendations to Seattle and King County	
373	in an October 13, 2021 letter. The letter included recommendations to "expand places for people in	
374	crisis to receive immediate support" and to "expand crisis response and post-crisis follow up services." ¹⁹	
375	The CCC Levy carries these efforts forward, as outlined in this document.	
370	The CCC Levy carries these enorts forward, as outlined in this document.	
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	⁴³ Substance Abuse and Mental Health Services Administration. (2020). National Guidelines for Behavioral Health	
	Crisis Care Best Practice Toolkit. [LINK]	
	¹⁴ Downtown Emergency Services Center (DESC) - Crisis Solutions Center fact sheet [LINK]; the CSC was established	
	in 2011 through a significant ongoing investment from the MIDD behavioral health sales tax fund. Medicaid funds	
	a lso cover a small portion of the facility's service delivery costs. The Psychiatric Emergency Services program at	
	Harborview Medical Center is part of a hospital-based emergency department and is therefore not considered a	
	stand alone dedicated behavioral health crisis service setting.	
	⁴⁵ Esmy Jimenez, "King County mental health facilities still reject a quarter of patients, report shows." The Seattle Times, September 5, 2023. [LINK]	
	¹⁶ Garcia Grossman I, Kaplan L, Valle K, Guzman D, Williams B, Kushel M. Factors Associated with Incarceration in	
	Older Adults Experiencing Homelessness: Results from the HOPE HOME Study. J Gen Intern Med. 2022	
	Apr;37(5):1088-1096. [LINK]	
	¹⁷ Continuum of care is the concept of an integrated system of care that guides and tracks patient over time	 Formatted: Font: Calibri, 10 pt, Font color: Auto
	through a comprehensive array of health services spanning all levels of intensity of care,	
	¹⁸ ME Balfour and ML Goldman, "Crisis and Emergency Services" in "Textbook of Community Psychiatry: American	Formatted: Font: Calibri, 10 pt, Font color: Auto,
	Association for Community Psychiatry, 2nd edition." Wesley E. Sowers (Editor), Hunter L. McQuistion (Editor), Jules	Pattern: Clear
	M. Ranz (Editor). Springer 2022, pp. 369-384.	
	¹⁹ 2022 Priority Budget Recommendations to Seattle and King County to Strengthen Continuum of Behavioral	
	Health Crisis Services. October 13, 2021.	

May 17, 2024

378 Reduction in Residential Treatment Capacity

379 Residential treatment is a community-based behavioral health treatment option for people who need a 380 higher level of care than outpatient behavioral health services can provide.²⁰ Multiple mental health 381 residential treatment facilities, which are a subset of residential treatment facilities, have closed in 382 recent years due to rising operating and maintenance costs, aging infrastructure, and insufficient 383 resources to repair facilities. The lack of resources for capital maintenance and facility improvements 384 has contributed to facility closures.²¹ As of October 2023, King County had a total of 240 mental health 385 residential treatment beds for the entire county, a decrease of 115 beds, down nearly one third from 386 the capacity of 355 beds in 2018.²² The closing of residential treatment facilities highlights a gap in King 387 County's behavioral health continuum of care.²³-One of the supporting purposes to be funded by the 388 CCC Levy is to restore the number of residential treatment beds to 355. 389 390 Behavioral Health Workforce Needs 391 The other supporting purpose to be funded by the CCC levy is to increase It takes people to care for 392 people, and King County is experiencing a behavioral health workforce shortage that is impacting 393 people's ability to access behavioral health care when they need it. An October 2023 survey of 394 community behavioral health agencies contracted with the King County Integrated Care Network 395 (KCICN) found that there are approximately 600 staff vacancies across the agencies that responded.²⁴ 396 This represents a 16 percent total vacancy rate at King County community behavioral health agencies, 397 and there is still a need to hire more behavioral health workers to support the growing behavioral health 398 care needs in the community.25 399 400 In addition to staff vacancies, workforce retention is also a challenge for behavioral health providers. In

401 a February 2023 poll of members from three labor unions representing health care workers in

- 402 Washington State, including behavioral health workers, it was revealed that 80 percent of health care
- workers reported feeling burned out by their jobs. Additionally, 49 percent of the surveyed workers
 reported they are likely to leave the health care field in the next few years.²⁶
- the number and diversity of Increasing the representativeness of behavioral health workers. is also a
 critical component of strengthening King County's community behavioral health workforce.²² There is

405

²⁰ King County Ordinance 19572 defines residential treatment as "a licensed, community-based facility that provides twenty-four-hour on-site care for persons with mental health conditions, substance use disorders, or both, in a residential setting" [LINK].

²⁴ Furfaro, Hannah. "Where did King County's mental health beds go?" The Seattle Times, February 25, 2023. [LINK]

²² An additional four mental health residential beds have been lost since the passage of King County Ordinance 19572. BHRD monitors the number of available beds through a bed tracker list.

²³ Sydney Brownstone, "A Belltown residential treatment facility shutters, leaving a hole in King County's mental health system," The Seattle Times, October 11, 2020. [<u>LINK</u>]

²⁴ KCICN Workforce Survey Data 2023

²⁵ KCICN Workforce Survey Data 2023

²⁶-2023 poll of health care workers represented by SEIU Healthcare 1199NW, UFCW 3000, and WSNA conducted by GBAO [LINK].

²⁷ A focus of the Plan is to increase accessibility of behavioral health services, including crisis services funded by the CCC Levy, for all King County residents, including populations who experience behavioral health inequities. A consistent theme of community engagement was the importance for people seeking care of culturally and

linguistically congruent services for people seeking care, staff with lived experience of behavioral health crises, and

408 evidence that improving diversity among behavioral health workers to better reflect the communities

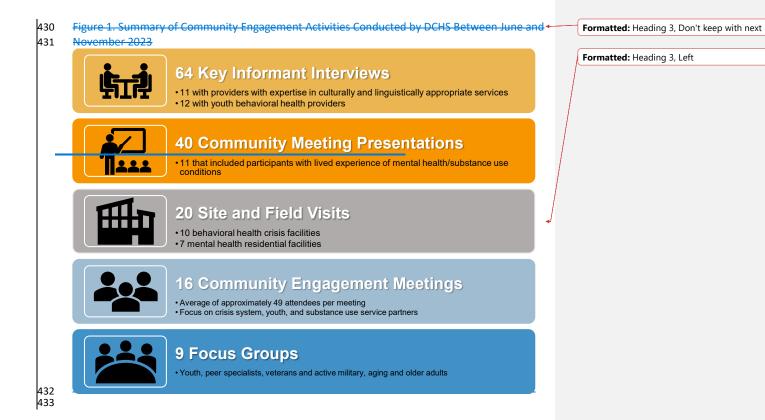
- 409 they serve may help reduce behavioral health disparities.²⁸-Developing a representative community
- behavioral health workforce will require intentional training, recruitment, and retention strategies,
 which are a focus of this Plan. Concomitant with developing a representative workforce must be the
- 412 retention of those workers.
- 413

414 Crisis Care Centers Levy Implementation Plan Methodology

- The CCC Levy Implementation Plan (Plan) is the product of an intensive process that began in June 2023
- and concluded in December 2023. DCHS's planning activities included engaging community partners,
- 417 solicitating of formal requests for information (RFIs), engaging with various Washington State
- 418 departments, consulting with national subject matter experts, coordinating with other County partners,419 and convening internal workgroups within DCHS.
- 420 421 Community Engagement Summary
- 422 DCHS staff engaged community partners to inform this Plan, including participation from behavioral
- 423 health agencies, people with lived experiences of behavioral health crises, and frontline behavioral
- 424 health workers. See <u>Appendix F: Community Engagement Activities</u> for a complete list of community
- 425 engagement activities. Engagement activities are summarized in <u>Section III.E. Community Engagement</u>
- 426 <u>Summary and described below in Figure 1 and Figure 2. In addition to informing the strategies in this</u>
- 427 Plan, DCHS plans to take the community feedback received during the implementation planning process
- 428 into account during future procurement and operational phases of the CCC Levy.
- 429

demographic representativeness. Establishing a workforce that is representative of King County's population, with particular care to representativeness for populations experiencing behavioral health inequities (see <u>Section III.C.</u> <u>Background: Who Experiences Behavioral Health Inequities</u>), will ensure that more King County residents can choose to receive care from a provider with whom they are comfortable and is one of this Plan's strategies to ensure that all King County residents have meaningful access to CCC Levy funded facilities and services.

²⁸ Chao, P.J., Steffen, J.J., and Heiby, E.M. (2012). The effects of working alliance and client-clinician ethnic match on recovery status. *Community Mental Health Journal* (48), 91-97 [LINK]



434 Figure 2. Summary of Community Engagement Themes

Summary of Community En	igagement Themes	-	Formatted: Heading 3, Left
Theme	Description	_	Formatted: Heading 3, Left
Theme A: Implement	Input on how best to design a crisis care center clinical model		Formatted: Heading 3
Clinical Best Practices in	most likely to improve the health and wellbeing of people		(
Crisis Services	experiencing a behavioral health crisis in King County, including a		
	welcoming and safe environment, person-centered and		
	recovery-oriented care, culturally and linguistically appropriate		
	services, integrated care for people who use substances,		
	promoting least restrictive care, special considerations for		
	serving youth and young adults, and additional clinical		
	considerations.		
Theme B: Increase Access	Communities voiced the importance of having crisis care centers	•	Formatted: Heading 3
to Care for Populations	in desirable locations that are geographically accessible and		
Experiencing Behavioral	accessible to transportation, as well as the importance of		
Health Inequities	reaching out to diverse communities.		
Theme C: Challenges of	Community partners, including people with lived experience	-	Formatted: Heading 3
Community Resource	within the behavioral health system and behavioral health		
Limitations	providers, frequently raised important questions about access to		
	ongoing community-based care after a person receives care at a		
	crisis care center, as well as emphasizing care coordination and		
	peer engagement.		
Theme D: Interim	Community members advocated for interim solutions to be implemented	•	Formatted: Heading 3
Solutions While Awaiting	while awaiting crisis care centers to come online, such as increasing		
Crisis Care Centers	community-based responses and approaches to addressing the overdose		
Theme F: Residential	crisis. Residential treatment providers described the value of residential	-	
	treatment but identified significant challenges such as a lack of capital		Formatted: Heading 3
Treatment Facility Preservation and	resources, and excessive wait times.		
Expansion Theme E: Behavioral	Feedback from community partners identified significant		
Health Workforce	obstacles to developing the behavioral health workforce,		Formatted: Heading 3
Development	including low wages, barriers to retention, the need for more professional development opportunities, staff burnout, limited		
	collaboration with schools, and lack of workforce representation.		
	Collaboration with schools, and lack of workforce representation. Community partners expressed a strong preference to continue to be		
Theme G: Accountability Mechanisms and Ongoing	involved in future phases of the CCC Levy, particularly around holding the		Formatted: Heading 3
0 0	County accountable, including through defining measures of success and		
Community Engagement	by continuing to engage during future planning phases.		
		-	Formatted: Heading 3

435

436 Behavioral Health Equity Framework

437 The success of the CCC Levy hinges not only on increasing access to behavioral health crisis services but

438 also on reducing inequities in who can access that care. Inequities in who can access behavioral health

439 care at the time of this Plan's drafting are described in <u>Section III.C. Who Experiences Behavioral Health</u>

440 Inequities. During this Plan's community engagement process, DCHS received extensive -feedback from

441 community partners about the importance of centering health equity in this Plan, as summarized in

442 Figure 3. King County Ordinance 19572 reinforces this approach by stating that a key function of

443 behavioral health facilities, including crisis care centers, is to promote equitable and inclusive access to

444 mental health and substance use disorder services for racial, ethnic, experiential, and geographic

445 communities that experience disparities in mental health and substance use disorder conditions and

446 outcomes.²⁹-._In response, this Plan contains -to this feedback and guidance, the <u>a</u> behavioral health
 447 equity framework <u>that depicted in Figure 3</u>-will guide DCHS's implementation of the CCC Levy. <u>This</u>

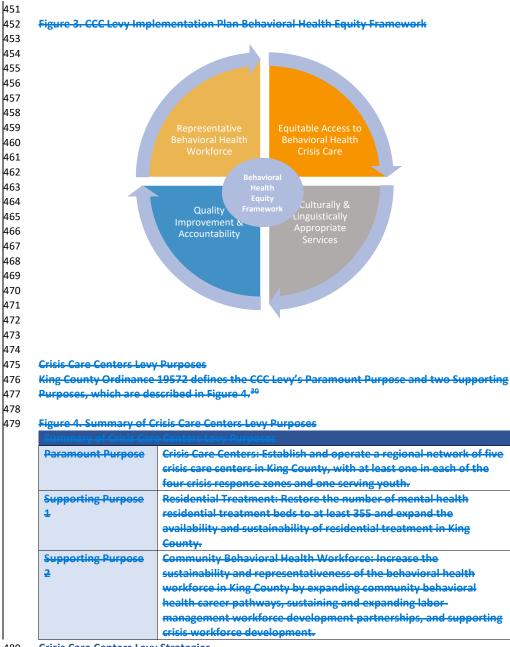
447 equity framework <u>that depicted in Figure 3</u>-will guide DCHS's implementation of the CCC Levy. <u>This</u>
 448 <u>framework is more fully described at Section III.F. Behavioral Health Equity FrameworkSection III.F.
</u>

449 Behavioral Health Equity Framework.

450

²⁹ King County Ordinance 19572. [LINK]

Crisis Care Centers Levy Implementation Plan 2024-2032 P a g e $\mid 16$



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Crisis Care Centers Levy Strategies

King County-Ordinance 19572 requires this Plan to define strategies for how CCC Levy funds will be 482 invested between 2024 and 2032 to achieve the Levy's purposes.³¹ This Plan's strategies reflect 483 Ordinance 19572 requirements and input from community partners, subject matter experts, and DCHS 484 485 staff. Figure 25 summarizes the CCC Levy strategies. These strategies are more fully developed in Section V of this pPlan.

486

487

Figure 52. Summary of the CCC Levy Strategies

	Summary of the CCC Levy Strategies
Strategy	Summary Description
Strategy 1	Capital funding to create and maintain five crisis care centers
Create and Operate Five	 Operating funding to support crisis care center personnel costs,
Crisis Care Centers	operations, services, and quality improvement
	 Post-crisis follow-up for people after leaving a crisis care center
Strategy 2	Capital resources to restore mental health residential treatment capacity
Restore, Expand, and	to at least 355 beds in King County
Sustain Residential	Capital resources to expand and sustain residential treatment capacity
Treatment Capacity	
Strategy 3	 Resources to expand community behavioral health career pathways,
Strengthen the	including investments to strengthen and sustain King County's community
Community Behavioral	behavioral health workforce and increase workforce representativeness
Health Workforce	 Resources to expand and sustain labor-management workforce
	development partnerships, including support for apprenticeships
	 Resources to support the development of the region's behavioral health
	crisis workforce, including crisis care center workers
Strategy 4	 Resources to expand community-based crisis service capacity starting in
Early Crisis Response	2024, before crisis care centers are open
Investments	 Resources starting in 2024 to respond faster to the overdose crisis
Strategy 5	 Resources to support the implementation of CCC Levy strategies
Capacity Building and	 Support for capital facility siting
Technical Assistance	 Build capacity for culturally and linguistically appropriate services
Strategy 6	 Resources to support CCC Levy data collection, evaluation, and
Evaluation and	performance management
Performance	 Analyses of the CCC Levy's impact on behavioral health equity
Measurement	
Strategy 7	 Investments in CCC Levy administration, community engagement,
CCC Levy Administration	information technology systems infrastructure, and designated crisis responder (DCR) accessibility ³²
Strategy 8	• Provide for and maintain CCC Levy reserves ^{33,34}
CCC Levy Reserves	

³⁰ King County Ordinance 19572 [<u>LINK</u>].

³¹ King County Ordinance 19572 [LINK].

³² King County Crisis and Commitment Services offers evaluation of people with behavioral health disorders for involuntary detention in psychiatric and secure withdrawal facilities according to Washington law. The law for adults is RCW 71.05. [LINK] For youth 13 through 17 years of age the law is RCW 71.34. [LINK] Crisis and Commitment staff who perform these duties are referred to as Designated Crisis Responders (DCRs). [LINK] ³³ Ordinance 19704 created the crisis care center fund to account for CCC Levy proceeds. [LINK] ³⁴ This strategy creates a fund reserve equal to 60 days of budgeted expenditures, less capital expenses, consistent with King County Comprehensive Financial Management Policies (2016). [LINK]

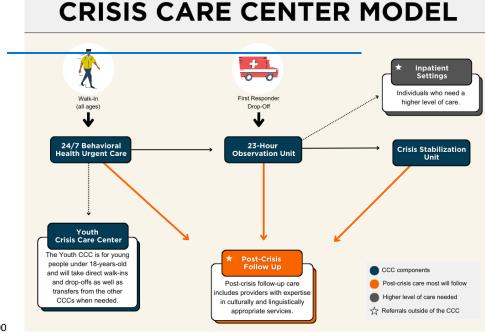
488 Crisis Care Centers Overview and Procurement and Siting Process

489 Crisis Care Center Overview

490 The CCC Levy's Paramount Purpose is to create and operate a regional network of five crisis

- 491 care centers across King County. The CCC Levy's network of crisis care centers will create a new
- 492 front door for people in crisis who need behavioral health services. The crisis care center clinical
- 493 program has three clinical components (24/7 Behavioral Health Urgent Care, 23-Hour
- 494 Observation Unit, and Crisis Stabilization Unit), in which services (assessment, triage,
- 495 interventions, referrals) are provided at a sited facility by an operator that has been
- 496 competitively selected by DCHS (see Section V.A. Strategy 1: Create and Operate Five Crisis Care
- 497 Centers). The proposed crisis care center clinical model is depicted in Figure 6.
- 498

499 Figure 6. Crisis Care Center Clinical Model



500 501

502 Crisis Care Center Procurement and Siting Process

503 The crisis care center procurement and capital facility siting process is summarized in Figure 7

- 504 and is further described in Section V.A. Strategy 1: Create and Operate 5 Crisis Care Centers:
- 505 <u>Crisis Care Center Procurement and Siting Process</u>. DCHS will contract with crisis care center
- 506 operators selected through a competitive procurement process to develop, maintain, and
- 507 operate crisis care center facilities with a preference for proposals that have received a

508 statement of local jurisdiction support. This process applies to all crisis care centers.

510 Figure 7. Summary of Crisis Care Center Procurement and Siting Process

Siting Phase	Description
Phase 1: Pre Procurement	The period before DCHS procures crisis care center operators.
	Jurisdictions and potential crisis care center operators may form
	siting partnerships prior to the procurement process. DCHS
	provides technical support to potential host jurisdictions and
	facility operators to advance interjurisdictional alignment and
	partnerships between potential facility operators and
	jurisdictions.
Phase 2: Procurement	DCHS selects crisis care center operators through a competitive
	procurement process. DCHS will prefer operators that can
	demonstrate support from jurisdictions located within the crisis
	response zone where the crisis care center is proposed, with a
	focus on the host jurisdiction.
Phase 3: Siting	The period from DCHS initiating contracts with a crisis care center
	operator to develop a facility and when a crisis care center facili
	opens. DCHS will support selected operators and host
	jurisdictions with community engagement and communications
	as described in Section V.E. Strategy 5: Capacity Building and Technical
	Assistance: Local Jurisdiction Capital Facility Siting Support Activities-
DCHS may be in differe	nt phases for each Crisis Response Zone and/or the youth-focused
	same time, depending on how rapidly development of each crisis
care center progresses.	

511 512

513 Section VI.B. Financial PlanDCHS will support the crisis care center facility siting process through

514 CCC Levy funding as described in <u>Section V.E. Strategy 5: Capacity Building and Technical</u>

515 <u>Assistance. DCHS will also support the siting process by providing technical advice to</u>

516 jurisdictions and facility operators, supporting interjurisdictional partnerships and partnerships 517 between facility operators and jurisdictions, facilitating community engagement, and creating

518 and deploying communication content.

519

520 Crisis Care Centers Implementation Timeline

521 DCHS intends to prioritize opening five crisis care centers as quickly as possible to meet the urgent
 522 needs of people experiencing behavioral health crises. DCHS plans to select crisis care center operators

523 through an annual competitive procurement process starting in 2024, as depicted in Figure 8. The first

524 procurement round in 2024 will prefer crisis care center proposals that can be developed and begin

525 serving people rapidly. The 2024 round may include a single review deadline, multiple review deadlines,

526 or a rolling review of applications, with the ability to make awards at different times within the round.

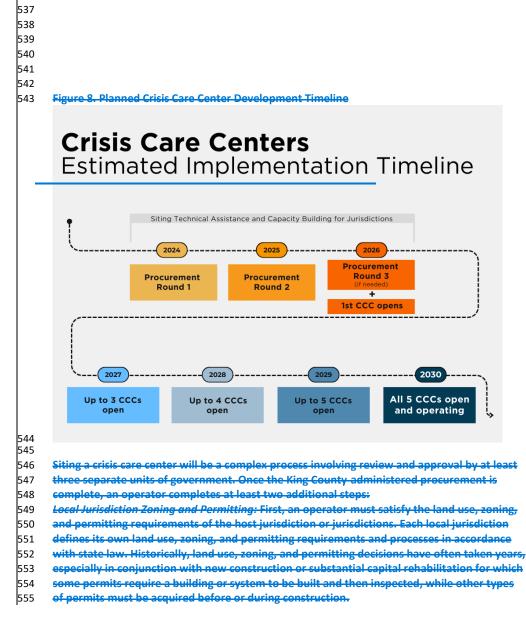
527 The 2024 round will award contracts for a maximum of three centers. The purpose of this cap is twofold.

528 First, it provides additional planning time for organizations that are interested in submitting a

529 procurement proposal in 2025. The second purpose is to manage the timeline of expenditures against

when CCC Levy proceeds are available. The 2025 procurement round will not have a cap on the number

- of awards, and a 2026 procurement round will only be held if operators for all five crisis care centers
- 530 531 532 have not yet been selected.
- 533 534



556 State-Level Facility and/or Operator Licensing: Second, an operator must satisfy state-level 557 Department of Health licensing requirements before a facility or its operator can begin 558 providing certain types of behavioral health care that are required in the crisis care center clinical program. Other state level licenses may also be necessary. It is common for 559 560 Department of Health licensing requirements to take months, and they could take a year or 561 more in some circumstances. 562 563 This plan recognizes the necessity of: 564 **County-level procurement and contracting;** 565 City or other local jurisdiction level land use, zoning, and permitting; and State department-level licensing and attendant requirements for public notice and potential 566 567 review. 568 569 While recognizing the importance of these processes in creating effective facilities and 570 operations, this Plan also acknowledges that, in combination, they have the potential to last 571 for multiple years and constitute a substantial risk to the crisis care center capital 572 development timelines that this Plan describes. 573 574 Restore, Expand, and Sustain Residential Treatment Capacity 575 Supporting Purpose 1 of the CCC Levy, The CCC Levy's Strategy 2 resources will to restore, expand, and 576 sustain residential treatment capacity will be implemented through Strategy 2.35 Sustaining residential 577 treatment capacity means investing in existing residential treatment capital facilities to help prevent 578 further facility closures. King County has lost one-third of its mental health residential treatment 579 capacity since 2018.³⁶ This loss of capacity has increased residential treatment wait times, made it more 580 challenging for people to be discharged from higher-intensity levels of care, and impacted the capacity 581 of other behavioral health care settings, because people cannot access the level of care that they need. 582 Strategy 2 funds and activities will be prioritized to support existing residential treatment operators to 583 prevent further facility closures and restore King County's mental health residential capacity to at least the 2018 level of 355 beds.37 584 585 586 Strengthen the Community Behavioral Health Workforce 587 It takes people to treat people. Strategy 3 directly supports the CCC Levy's-Supporting Purpose 2 will be 588 implemented through Strategy 3, -by investing in activities to strengthen King County's community 589 behavioral health workforce.³⁸ This strategy also directly supports the CCC Levy's Paramount Purpose to

³² Mental health residential treatment facilities are a subset of residential treatment facilities, which are defined in King County Ordinance 19572 as "licensed, community-based facility that provides twenty-four-hour on-site care for persons with mental health conditions, substance use disorders, or both, in a residential setting" [LINK] This Plan prioritizes restoring mental health residential treatment capacity and preventing further residential treatment facility closures and may also expand other types of residential treatment facilities as allowed by Ordinance 19572 [LINK].

³⁸ In the context of this Plan, "community behavioral health" means agencies that meet the requirements defined in the Revised Code of Washington Chapter 71.24 Community Behavioral Health Services Act [<u>LINK]</u>, are licensed by the Washington State Department of Health as a community behavioral health agency as defined in Chapter

³⁵ King County Ordinance 19572 [LINK]

³⁶ King County Ordinance 19572 [LINK]

590 establish and operate five crisis care centers by investing in the development of King County's 591 behavioral health crisis workforce, including crisis care center workers.³⁹ 592 593 Strategy 3's workforce activities focus on helping more people get hired and make a career in 594 community behavioral health. Allowable activities within Strategy 3 fall into three broad categories: 595 Career pathways for the broader community behavioral health workforce (called community 596 597 behavioral health career pathways): Resources like providing training and paying licensing 598 fees that help workers join and progress within the community behavioral health workforce. 599 DCHS will use at least 25 percent of the resources dedicated for community behavioral health 600 career pathway activities for investments that are directly related to increasing the 601 representativeness of King County's community behavioral health workforce.⁴⁰ Labor management partnerships on shared workforce development efforts for the broader 602 603 community behavioral health workforce (called labor-management workforce development 604 partnerships): Programs such as apprenticeships and training funds. 605 Workforce development efforts that are specific to the crisis response behavioral health 606 workforce (called crisis workforce development): Specialized training for crisis workers and 607 crisis settings. 608 609 -Financial Plan 610 The financial plan is more fully described at the Plan's Section VI.B. Financial Plan. It includes 611 the 612 The CCC Levy's expected annual revenues and expenditures plan between 2024 and 2032, with inthe 613 projected amounts of is described in Figure 9. The expenditure plan includes annual investment 614 amounts for each of the CCC Levy's strategies. , which are described in Section V. Crisis Care Centers 615 Levy Strategies and Allowable Activities. In addition to costs, tThe financial plan expenditure plan also 616 includes health insurance funding revenue assumptions, which account for the share of crisis care center 617 expenses that are projected to be paid for by health insurance, including Medicaid. _CCC Levy reserves

618 are also depicted in the <u>financial expenditure</u> plan.

³⁹ King County Ordinance 19572 [LINK]

⁴⁰ A focus of the Plan is to increase accessibility of behavioral health services, including crisis services funded by the CCC Levy, for all King County residents, including populations who experience behavioral health inequities. A consistent theme of community engagement was the importance for people seeking care of culturally and linguistically congruent services, staff with lived experience of behavioral health crises, and demographic representativeness. Establishing a workforce that is representative of King County's population, with particular care to representativeness for populations experiencing behavioral health inequities (see Section III.C. Key Historical and Current Conditions: Who Experiences Behavioral Health Inequities), will ensure that more King County residents can choose to receive care from a provider with whom they are comfortable and is one of this Plan's strategies to ensure that all King County residents have meaningful access to CCC Levy funded facilities and services.

^{246 341} Washington Administrative Code [<u>LINK</u>] and are contracted with the King County Behavioral Health Administrative Services Organization or King County Integrated Care Network. Community behavioral health agencies must serve people who are enrolled in Medicaid health insurance to be eligible for CCC Levy funding through Strategy 3.

619 620 621 Figure 9. Crisis Care Centers Levy Projected Revenue and Approximate Annual Allocations by Strategy, 2024-2032 41

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⁴¹ The dollar amounts in this table are approximate and are rounded to the nearest thousand dollars.

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2024	2025	2026	2027	2028	Formatted: Font: No	t Bold, Font color: A	uto
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\$587,000	\$599,000	\$612,000	\$626,000	\$639,000	\$653,000	\$667,000	\$682,000
\$117,891,000	\$120,428,000	\$123,062,000	\$125,755,000	-128,505,000	\$131,307,000	\$134,156,000	\$137,066,00
	\$117,304,000 \$587,000 \$117,891,000	\$117,304,000 \$119,829,000 \$587,000 \$599,000 \$117,891,000 \$120,438,000	\$117,304,000 \$119,829,000 \$122,449,000 \$587,000 \$599,000 \$612,000 \$117,801,000 \$130,428,000 \$132,062,000	\$117,304,000 \$119,829,000 \$122,449,000 \$125,130,000 \$587,000 \$599,000 \$612,000 \$626,000 \$117,801,000 \$130,428,000 \$132,052,000 \$135,755,000	2024 2025 2026 2027 2028 \$117,304,000 \$119,829,000 \$122,449,000 \$125,130,000 \$127,866,000 \$587,000 \$599,000 \$612,000 \$626,000 \$639,000 \$117,891,000 \$130,428,000 \$132,052,000 \$135,755,000 \$639,000	2024 2025 2026 2027 2028 Formatted: Font: No \$117,304,000 \$119,829,000 \$122,449,000 \$125,130,000 \$127,866,00 Formatted: Left \$587,000 \$599,000 -\$612,000 \$626,000 \$639,000 -\$653,000 \$117,891,000 \$120,428,000 \$122,052,000 \$127,556,000 \$653,000	\$117,304,000 \$119,829,000 \$122,449,000 \$125,130,000 \$127,866,00 Formatted: Left \$587,000 \$599,000 \$612,000 \$626,000 \$639,000 \$653,000 \$667,000 \$117,801,000 \$120,428,000 \$612,000 \$639,000 \$653,000 \$667,000

	2024	2025	2026	2027	2028	2029	2030	2031
Strategy 1: Create and								
Operate Five Crisis Care								
Centers	\$16,150,000	\$59,888,000	\$54,816,000	\$72,640,000	\$97,865,000	\$73,069,000	\$82,146,000	\$84,094,00
- Projected Additional								
Medicaid Funding	\$-	\$	\$3,801,000	\$15,426,000	\$27,388,000	\$35,723,000	\$40,268,000	\$40,852,00
Strategy 2: Restore, Expand,								
and Sustain Residential								
Treatment Capacity	\$42,000,000	\$33,340,000	\$40,148,000	\$48,575,000	\$1,464,000	\$1,611,000	\$1,772,000	\$1,949,000
Strategy 3: Strengthen the								
Community Behavioral								
Health Workforce	\$7,500,000	\$11,849,000	\$13,030,000	\$16,352,000	\$19,894,000	\$22,418,000	\$23,877,000	\$24,199,00
Strategy 4: Early Crisis								
Response Investments	\$8,200,000	\$6,290,000	\$7,410,000	\$7,518,000	\$7,627,000	\$7,737,000	\$7,522,000	\$7,632,000
Strategy 5: Capacity								
Building and Technical								
Assistance	\$1,750,000	\$2,029,000	\$2,058,000	\$1,357,000	\$1,748,000	\$2,203,000	\$2,071,000	\$1,659,000
Strategy 6: Evaluation and								
Performance Measurement								
Activities	\$771,000	\$1,099,000	\$1,127,000	\$1,156,000	\$1,239,000	\$1,270,000	\$1,302,000	\$1,335,000
Strategy 7: CCC Levy								
Administration								
	\$5,065,000	\$7,581,000	\$9,025,000	\$9,373,000	\$9,626,000	\$9,756,000	\$9,825,000	\$9,763,000
Election Costs	\$ 3,500,000							
Planning Costs	\$1,000,000							
Total CCC Levy Costs	\$85,936,000	\$ 122,077,000	\$127,613,000	\$156,971,000	\$139,462,000	\$118,064,000	\$128,515,000	\$130,631,00
Strategy 8: CCC Levy								
Reserves	\$4,354,000	\$2,050,000	\$1,833,000	\$3,506,000	\$5,330,000	\$6,573,000	\$7,281,000	\$7,445,000

623 Evaluation and Performance Measurement

624 The CCC Levy requires evaluation and performance measurements. This Plan-framework will focuses on 625 reporting measures relevant to monitoring performance of the CCC Levy, advancing continuous quality 626 improvement, and generating clear and actionable evaluation products for the public. It is critical that 627 the crisis services system can grow and evolve by building on what works well and improving what does 628 not. This process should be continuously informed by performance metrics, outcome data, client 629 experiences, and other relevant information. 630 631 The scale and complexity of the CCC Levy requires an evaluation approach that encompasses a range of 632 measurement techniques. The evaluation framework will therefore include three overall approaches: 633 Population Indicators: DCHS will use population level measures to identify needs, characterize 634 baseline conditions, and track trends. While the goal is for the CCC Levy to contribute to population level 635 outcomes in the long term, there are multiple other sectors and community factors that are also 636 responsible for countywide conditions and, as a result, influence these measures. It is therefore difficult 637 to attribute changes in population indicators, whether positive or negative, to the CCC Levy itself. 638 Performance Measurement: Performance measures are regularly generated and collected 2 639 descriptors of program processes and outcomes that can be used to assess how well a strategy is 640 working. 641 -In-Depth Evaluation: Additional evaluation activities will complement performance 2 642 measurement to deepen learnings and understand selected CCC Levy investments' effectiveness. 643 Approaches may include piloting new programs, developing new evaluation tools, and identifying areas 644 that may benefit from new or deeper community supports. DCHS may contract with one or more third 645 party, independent organization(s), or engage in public private partnerships to conduct in-depth 646 evaluations. 647 See Section VII. Evaluation and Performance Measurement for more information about the CCC Levy's 648 649 evaluation and performance measurement plan. 650 651 652 **Crisis Care Centers Annual Reporting** 653 Beginning in 2025, the Executive will make available an online annual report of the CCC Levy that is 654 publicly available to the community and all interested parties, including the King County Council and 655 Regional Policy Committee or its successor. The CCC Levy online annual report will detail each year's 656 annual results. The first year's report, to be provided by August 15, 2025, will report information from 657 calendar year 2024. Subsequent annual reports will continue to be provided by August 15 of the 658 following year until August 15, 2033. In consultation with Cities and the Sound Cities Association, as part 659 of the annual report DCHS will provide historical and current data in a manner that can be used to 660 analyze services and to make year-over-year comparisons. See VIII. Crisis Care Centers Levy Annual 661 Reporting for more information about the annual reporting requirements.

Analysis' August 2023 revenue forecast [LINK]. The revenue forecast assumes a 99 percent revenue collection rate and an assumption that the CCC Levy's proceeds will generate annual interest revenue at a rate of 0.5 percent.

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664 665	Consistent with Ordinance 19572 requirements, the CCC Levy online annual report will include: ⁴³
666	Total expenditure of CCC Levy proceeds by crisis response zone, purpose, and strategy
667	reported by King County ZIP code; ⁴⁴ and
668	The number of individuals receiving CCC Levy funded services by crisis response zone,
669	purpose, strategy, and levy purpose reported by the King County ZIP code where the
670	individuals resided at the time of services. ⁴⁵
671	
672	Additionally, the CCC Levy online annual report will include:
673	An overview of CCC Levy accomplishments during the previous calendar year, and changes
674	DCHS intends to make or direct to improve performance in the following year when
675	applicable;
676	The CCC Levy's fiscal and performance measurement during the applicable calendar year, and
677	A map or summary describing the CCC Levy's geographic distribution. ⁴⁶
678	
679	As part of this online annual reporting, the Executive will transmit directly to the Council a
680	summary of the online annual reporting in the form of a concise letter that:
681	Confirms availability of the online annual report and includes a web link or links;
682	Identifies how the online annual report meets the requirements of Ordinance 19572, ⁴⁷ and
683	Summarizes key data and conclusions in the five areas above, including an overview of
684	accomplishments; fiscal and performance management; expenditure of levy proceeds by
685	crisis response zone, strategy, and levy purpose by King County ZIP code; the number of
686	individuals receiving levy-supported services by crisis response zone, strategy, and levy
687	purpose by King County ZIP code, and a map or summary describing CCC Levy's geographic
688	distribution. ⁴⁸ This information will be described in greater detail within the online annual
689	reporting.
690	
691	The Executive will accompany the summary of the online annual report with a motion
692	acknowledging receipt of the letter and completion of the online annual report requirement.
693	The Executive will be prepared to present a briefing at the invitation of the King County
694	Council or its committees, including the Regional Policy Committee, on the contents of the
695	online annual report, to inform the Council's consideration of this motion.
696	
697	Crisis Care Centers Levy Advisory Body
698	King County Ordinance 19572 allows for the CCC Levy's advisory body to be a preexisting King County
699	board that has relevant expertise. ⁴⁹ This Plan identifies King County Behavioral Health Advisory Board

⁴³-King County Ordinance 19572 [LINK].

⁴⁴-Reporting of expenditures and service participant data by zip code will reflect the methodology and limitations described in Subsection XI.B of this Plan.

⁴⁵-Reporting of expenditures and service participant data by zip code will reflect the methodology and limitations described in Subsection XI.B of this Plan.

700 (BHAB) to serve as the advisory body because it has the relevant expertise to advise the Executive and

701 the Council on matters relating to behavioral health care and crisis services in King County.⁵⁰ The

advisory body ordinance that accompanies this Plan will expand BHAB's membership requirements and

duties to include advising the Executive and the Council regarding the CCC Levy once it is enacted.

705 Conclusion

King County voters approved the Crisis Care Centers Levy on April 25, 2023. The nine-year levy begins on
 January 1, 2024, starting an ambitious timeline to transform the region's behavioral health crisis
 response system, restore the region's flagging mental health residential facilities, and reinforce the
 workforce — the people — upon whom tens of thousands of King County residents depend for their

workforce — the people — upon whom tens of thousands of King County residents depend for their
 behavioral health. This Plan lays the path that King County, cities and other local jurisdictions, and

behavioral health providers must travel with urgency, common purpose, and strong partnership so that

future generations will have a safe, accessible, and effective place to go in a moment of mental health or

713 substance use crisis.

714

The Crisis Care Centers Levy provides the resources. This Implementation Plan_lays the pathsets the
 <u>course</u>. The task is now to King County, cities, and providers to make it happenfollow the course.

717

⁴⁷ King County Ordinance 19572 [LINK].

⁴⁸ Reporting of expenditures and service participant data by zip code will reflect the methodology and limitations

described in Subsection XI.B of this Plan.

⁴⁹ King County Ordinance 19572 [<u>LINK</u>]

⁵⁰ King County Behavioral Health Advisory Board [LINK]

⁴⁶ Reporting of expenditures and service participant data by zip code will reflect the methodology and limitations described in Subsection XI.B of this Plan.

718 III. Background

719 A. Department of Community and Human Services

720 Department Overview

King County's Department of Community and Human Services (DCHS) is responsible for implementing
 the Crisis Care Centers (CCC) Levy. DCHS's mission is to provide equitable opportunities for King County
 residents to be healthy, happy, and connected to community. DCHS's five divisions provide human
 services for adults; behavioral health care across the lifespan; services supporting children, youth, and

725 young adults to thrive; services for people with developmental disabilities, and affordable housing and

homelessness prevention. The department manages more than \$1 billion annually in public funds to

ensure King County residents can access a broad range of services. DCHS is responsible for oversight and
 management of five significant local human services plans and dedicated fund sources:

- Best Starts for Kids (BSK) voter-approved property tax levy;⁵¹
- Health Through Housing (HTH) initiative funded through a County Council-adopted sales tax,⁵²
- MIDD behavioral health sales tax fund adopted by the County Council;⁵³
- Veterans, Seniors, and Human Services Levy (VSHSL) voter approved property tax levy, ⁵⁴ and,
- The Crisis Care Centers (CCC) Levy, a voter approved property tax levy.⁵⁵

735 Behavioral Health and Recovery Division

736 DCHS's Behavioral Health and Recovery Division (BHRD) is responsible for managing and funding

- behavioral health services and programs for King County residents enrolled in Medicaid and other
- people with low incomes,⁵⁶-as well as all residents in need of behavioral health crisis services.⁵⁷
- Approximately 70,000 County residents annually receive services through BHRD programs. BHRD

primarily contracts with community behavioral health agencies⁵⁸ to provide a full continuum of services.
 However, ¹/₄ in some cases, like involuntary commitment services, BHRD-employed staff provide services

742 directly.59

734

⁵⁹ RCW 71.05 [LINK] and 71.34 [LINK]. King County BHRD Crisis and Commitment Services website [LINK]

⁷⁴³

⁵¹ Best Starts for Kids (BSK) website [LINK]

⁵² Health through Housing (HTH) website [LINK]

⁵³ MIDD is referred to in King County Code and related legislation as the mental illness and drug dependency fund, tax, or levy. KCC 4A.500.300 and 4A.500.309 [LINK]. See also the MIDD Behavioral Health Sales Tax Fund website. [LINK]

⁵⁴ Veterans, Seniors and Human Services Levy (VSHSL) website [LINK]

⁵⁵ King County Ordinance 19572 [LINK]

 ⁵⁶ King County BHRD Provider Manual [LINK]. People with low incomes are defined as falling below an income benchmark of 220% of the federal poverty level for adults and 300% of the federal poverty level for children.
 ⁵⁷ King County BHRD Provider Manual [LINK]. People with low incomes are defined as falling below an income benchmark of 220% of the federal poverty level for adults and 300% of the federal poverty level for children.
 ⁵⁸ In the context of this Plan, "community behavioral health agencies" means agencies that meet the requirements defined in the Revised Code of Washington Chapter 71.24 Community Behavioral Health Services Act [LINK], are licensed by the Washington Administrative Code [LINK] and are contracted with the King County Behavioral Health Administrative Services Organization or King County Integrated Care Network. Community behavioral health agencies must serve people who are enrolled in Medicaid health insurance to be eligible for CCC Levy funding through Strategy 3.

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746 health crises can access specialized behavioral health care. This nine-year property tax levy will create a 747 countywide network of five crisis care centers, restore residential treatment capacity, and strengthen 748 King County's community behavioral health workforce. The CCC Levy is authorized by King County 749 Ordinance 19572, which is included as Appendix A. The King County Council adopted Ordinance 19572 750 on February 9, 2023. King County voters approved the CCC Levy in a special election on April 25, 2023. 751 752 Ordinance 19572 defines the CCC Levy's paramount and supporting purposes and requires the CCC Levy 753 Implementation Plan. The CCC Levy's paramount and supporting purposes, which are summarized in 754 Figure 3 and further -are-described in Section IV. Crisis Care Centers Levy Purposes. A crosswalk matrix 755 detailing how this Implementation Plan (Plan) addresses each of Ordinance 19572's Implementation 756 Plan requirements is included in <u>Appendix B</u>. The background section provides additional context about 757 the CCC Levy, including: 758 Context about King County's behavioral health system; 759 The current and historical conditions that created the need for the CCC Levy; 760 The methodology used to develop this Plan; 761 The community engagement process that helped inform this Plan's recommendations, and, 762 Behavioral health equity framework to guide the implementation of this Plan. 763 764 Figure 3. Summary of Crisis Care Centers Levy Purposes Paramount Purpose Crisis Care Centers: Establish and operate a regional network of five crisis care centers in King County, with at least one in each of the four crisis response zones and one serving youth. Supporting Purpose 1 Residential Treatment: Restore the number of mental health residential treatment beds to at least 355 and expand the availability and sustainability of residential treatment in King County. Supporting Purpose 2 Community Behavioral Health Workforce: Increase the sustainability and representativeness of the behavioral health workforce in King County by expanding community behavioral health career pathways, sustaining and expanding labor-management workforce development partnerships, and supporting crisis workforce development. 765 766 **C. Key Historical and Current Conditions** 767 DCHS administers King County's publicly funded behavioral health system, which is the primary source 768 of care for people experiencing crises of mental health or substance use-crises, generally referred to in 769 this Plan either singularly or collectively as behavioral health conditions. This section summarizes the 770 structure of King County's behavioral health system, impacts of suicide and overdose deaths, behavioral 771 health service gaps, and recent initiatives to strengthen crisis services. 772 773 Behavioral Health Service Funding Limitations and Opportunities 774 Federal and state investments in public behavioral health systems have been inadequate for decades.⁶⁰ 775 There are three primary funding sources, alongside other smaller funding sources, support community-

B. The Crisis Care Centers Levy and King County Ordinance 19572

The CCC Levy is a once in a generation opportunity to transform how people experiencing behavioral

⁶⁰ Center for American Progress, The Behavioral Health Care Affordability Problem, May 26, 2022 [LINK]

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based behavioral health services in King County, as shown in Figure 104. These include Medicaid,
through the King County Integrated Care Network (KCICN), state funding, through the Behavioral Health
Administrative Services Organization (BH-ASO), and local funding, through the MIDD Behavioral Health
Sales Tax Fund.

780

781 Medicaid, which combines state and federal resources and is subject to federal regulations, is

administered in Washington by the Health Care Authority (HCA) and locally by the KCICN. Medicaid is an
 essential funding source, but it features two significant shortcomings:

- Medicaid reimburses less than care costs. King County's analysis of preliminary results from a
 Washington State rate comparison study conducted by an actuarial firm determined that
- 786 Medicaid payment rates in King County fall significantly short of provider costs to deliver care.⁶¹
 787 Medicaid does not reimburse at all for many essential costs. Medicaid is highly regulated and
- We dicaid does not remind seat an formally essential costs. Medicaid is highly regulated and
 limits how and for whom funds may be used, including restrictions on important types of staff
 activities and creating new facilities through capital investments.⁶²

⁶¹ Behavioral Health Comparison Rate Development – Phase 2: Washington State Health Care Authority, Milliman Client Report, June 30, 2023.

⁶² Medicaid generally reimburses only for federally approved direct treatment services provided by licensed and credentialed providers to Medicaid-enrolled clients who earn less than 138 percent of the federal poverty level (FPL), which is \$18,700 for a single person or \$38,200 for a family of four.

	King County Integrated Care Network (KCICN)	Behavioral Health Administrative Services	MIDD Behavioral Health Sales Tax	Other Behavioral Health Funding
Funding Source	Medicaid (federal and state)	Organization (BH-ASO) State general funds; federal mental health and substance abuse block grants, and state funds for specific programs	King County's 0.1 percent MIDD Behavioral Health Sales Tax Fund ⁶³	Other funds from local and state governments. These include a mix of state grants, levy funds, and local taxes, and contracts with other local governments.
Proportion of Behavioral Health Funding	About 56 percent	About 11 percent	About 20 percent	About 13 percent
Administration	BHRD administers the KCICN and receives funding from HCA via five Medicaid managed care organizations ⁶⁴	HCA contracts with BHRD to administer the BH-ASO; HCA mandates investment priorities ⁶⁵	BHRD administers funds to complement Medicaid and state funding ⁶⁶	BHRD administers funds in compliance with specific grant and contract requirements, as applicable.
Systems and Services Funded	Over 40 behavioral health agencies provide integrated direct services across the behavioral health continuum, and partner with King County to create access to a high-quality, coordinated system of care ⁶⁷	Provides for regional crisis services for all residents through mobile crisis and regional crisis lines; covers services for people who are not eligible for Medicaid; staff to carry out the State's involuntary commitment	52 initiatives including prevention and early intervention; crisis diversion including King County's only crisis facility; recovery and reentry services; system improvements to expand access to care, and therapeutic courts.	Other funds primarily provide dedicated support for specific purposes, as identified by the revenue source's grantor or governing authority. A portion of these other funds are flexible and can be used generally for behavioral health programs and services.

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⁶³ MIDD is referred to in King County Code and related legislation as the mental illness and drug dependency fund, tax, or levy. KCC 4A.500.300 and 4A.500.309

[LINK]. See also the MIDD Behavioral Health Sales Tax Fund website [LINK].

⁶⁴ The KCICN Improves Access to Behavioral Health Care for Residents Furthest from Care. (2023) [LINK]

⁶⁵ Washington State Health Care Authority Behavioral Health Administrative Services Organization (BH-ASO) fact sheet [LINK]

⁶⁶ MIDD Implementation Plan [LINK]

⁶⁷ King County Integrated Managed Care (IMC) and Integrated Care Network (KCICN) Overview [LINK]

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790

King County Integrated Care Network (KCICN)	Behavioral Health Administrative Services Organization (BH-ASO)	MIDD Behavioral Health Sales Tax	Other Behavioral Health Funding
	statutes; and additional programs ⁶⁸		

⁶⁸ Overview of The King Behavioral Health Administrative Services Organization (BH-ASO) [LINK]

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Additional federal block grant and state general funds distributed from HCA to King County through the
 BH-ASO come with prescriptive requirements. Between 2019 and 2022, Washington State's BH-ASO
 funding provided approximately \$24 million less in total than King County's costs to fulfill its state-

795 mandated crisis service obligations during that period.⁶⁹ As a result, the County subsidizes state-

required BH-ASO functions with local MIDD Behavioral Health Sales Tax funds.⁷⁰

797

Years of consistently paying less in Medicaid and BH-ASO funds than it costs to provide care have created a chronically underfunded behavioral health system that is challenged to meet growing needs or

make long term investments. The focus on funding services rather than facilities has been made worse

by limited state capital investment in community behavioral health facilities and workforce

802 development.^{71,72,73} These factors have combined to cause a loss of facilities and workforce and have

803 inhibited new facility-based capacity at the scale that King County needs. Despite these barriers, King

- 804 County is leading the state in regional service delivery innovation by creating the KCICN to make care
- 805 more integrated and effective and by braiding Medicaid, BH-ASO, and MIDD funds.

806

807 Unprecedented Rates of Suicide and Overdose Deaths

808 The scale of suffering related to mental health and substance use<u>behavioral health</u>-conditions remains

persistently elevated. A total of 1,229 people died by suicide in Washington in 2021, equivalent to 15.3

out of every 100,000 people, which is the 27th highest rate nationally.⁷⁴ King County accounted for 292

deaths by suicide in 2021.⁷⁵ Suicide deaths increased nationally by 2.6 percent from 2021 to 2022.⁷⁶ In

the State of Washington, suicide is the seventh leading cause of years of potential life lost, surpassing
 liver disease, diabetes, and HIV.⁷⁷

813 814

815 Youth are especially impacted. According to the 2021 Healthy Youth Survey, 18.6 percent of King

- 816 County's 8th graders considered suicide in past year, and 8.8 percent made attempts.⁷⁸ Among
- 817 Washington's 10th graders in 2021, 51.6 percent of gender-diverse youth and 42.4 percent of youth

⁷² Crisis Stabilization Services. Washington State Health Care Authority Report to the Legislature (2019). [LINK]

⁷⁸ Washington State Healthy Youth Survey fact sheets [LINK]

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⁶⁹ BH-ASO state-mandated crisis service obligations for include Involuntary Treatment Act (ITA) functions including designated crisis responders (DCRs) to provide evaluations for involuntary treatment as well as related ITA court costs; inpatient hospitalization for people without Medicaid; the region's crisis hotline; and other crisis services that are ineligible for Medicaid reimbursement.

⁷⁰ BH-ASO funds only provide for operating investments, and MIDD funding also mainly supports the operation of programs and services, with comparatively little funding used for behavioral health-related capital investments.
⁷¹ Behavioral Health Capital Funding Prioritization and Feasibility Study (2018) [LINK].

⁷³ Crisis Response Improvement Strategy (CRIS) Committee - Initial Assessment of the Behavioral Health Crisis Response and Suicide Prevention Services in Washington and Preliminary Funding Recommendations (2021) [LINK].

⁷⁴ Centers for Disease Control - Suicide Rates by State [LINK]

⁷⁵ Washington State Vital Statistics (Deaths) – See "More From This Data Source" and select "Suicide" from dropdown list [LINK]

⁷⁶ Centers for Disease Control - Provisional Suicide Deaths in the United States, 2022 [LINK]

 ⁷⁷ O'Rourke MC, Jamil RT, Siddiqui W. Washington State Suicide Prevention and Awareness. [Updated 2023 Mar 6].
 In: StatPearls [Internet]. Treasure Island (FL): StatPearls Publishing; 2023 Jan. [LINK]

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identifying as LGBTQIA+ considered suicide, and 22.7 percent and 17.9 percent attempted suicide,
 respectively.^{79,80}

Beaths related to drug overdose are increasing at unprecedented rates. The annual number of overdose
deaths in King County have nearly doubled in just three years, from 508 deaths in 2020 to 1,001 in 2022,
and the number of fatal overdoses in 2023 has already exceeded this total.⁸¹ Additionally, there are
significant disparities in overdose deaths by race and ethnicity. The age-adjusted rate of fatal overdoses
in King County is the highest in the American Indian/Alaska Native community and is five-times higher

826 than non-Hispanic White King County residents.⁸²

827828 Unmet Behavioral Health Service Needs

829 As funding for behavioral health services has remained inadequate, the needs of people with mental

830 health and substance use conditions, collectively referred to as behavioral health conditions, have only

- grown. The gap between behavioral health needs and available services is widening. Importantly, this
- 832 gap is not evenly experienced across King County's population. There are significant inequities in service
- access and utilization among historically and currently underserved communities, as described in the
- 834 next subsection (see <u>Section III.C. Who Experiences Behavioral Health Inequities</u>).
 835

The National Council for Mental Wellbeing's 2022 access to care survey found that 43 percent of U.S.

adults who say they need mental health or substance use care for behavioral health conditionscare did

not receive that care due to numerous barriers to accessing and receiving needed treatment.⁸³
 According to the 2021 National Survey on Drug Use and Health (NSDUH), 1.06 million of the 1.18 million

Washingtonians with substance use disorders (90 percent) needed but did not receive treatment,

including 51,000 of the 65,000 adolescents (79 percent), respectively.⁸⁴ The 2021 NSDUH also found that
 1.2 million adults in Washington received mental health services, which is 75 percent of the 1.6 million

843 Washington adults who were living with a mental health condition.⁸⁵

844
845 The national problem exists locally. Among people enrolled in Medicaid in King County in 2022, 45,000
846 out of 88,000 of adults with an identified mental health need did not receive treatment (51 percent),
847 and 21,000 of 32,000 adults with an identified substance use disorder need did not receive treatment

848 (66 percent).86

849

Among Medicaid-enrolled children in Washington, 87,000 of the 223,000 children with mental health
 treatment needs do not receive mental health treatment services (39 percent), and 27,000 of the 33,000

⁷⁹ Washington Department of Health - Adolescent Mental Health: Significant Challenges and Strategies for Improvement in Washington State [LINK]

⁸⁰ "LGBTQIA+" is an abbreviation for lesbian, gay, bisexual, transgender, queer/questioning, intersex, asexual, and other sexual orientations or gender identities.

⁸¹ Washington State Department of Health – Opioid Data [LINK]

⁸² PHSKC Overdose Death Report (2022) [LINK]

⁸³ National Council for Mental Wellbeing - 2022 Access to Care Survey - [LINK]

⁸⁴ 2021 National Survey on Drug Use and Health (NSDUH): State-Specific Tables [LINK]

⁸⁵ 2021 National Survey on Drug Use and Health (NSDUH): State-Specific Tables [LINK]

⁸⁶ Washington State Department of Social and Health Services, Cross-System Outcome Measures for Adults Enrolled in Medicaid [LINK]

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852 children with substance use disorders (including those with co-occurring mental health disorders) do not 853 receive behavioral health treatment services (81 percent).87 854 855 In 2022, there were 25,576 behavioral health crisis interactions with in-person crisis intervention and 856 stabilization programs in King County.⁸⁸ This is substantially less than the approximately 63,000 857 estimated crisis episodes that would typically occur in a population of approximately 2.3 million, 858 suggesting a lack of access to these essential services.⁸⁹ 859 860 Who Experiences Behavioral Health Inequities 861 Behavioral health inequities include disparities in how mental health and substance use impact specific 862 populations and how well those populations can access behavioral health services.⁹⁰ It is also important 863 to consider how those populations that experience such disparities are impacted by social determinants of behavioral health such as homelessness.⁹¹ 864 865 866 Given the breadth and complexity of these challenges, this section describes "populations experiencing 867 behavioral health inequities," which is the term this Implementation Plan uses as described in 868 subsequent sections. Background research and available literature described in this section highlights 869 behavioral health inequities based on factors that include, but are not limited to, race and ethnicity, 870 sexual orientation, gender identity, language preference, disability, housing status, living in a rural 871 region, and experiential communities such as persons with legal system involvement, military veterans, 872 immigrants, and refugees. 873 874 There are significant racial and ethnic disparities in access to behavioral health services. Black, 875 Indigenous, and People of Color (BIPOC) populations are more frequently placed in involuntary 876

treatment while having the least access to routine behavioral health care.⁹² People who identify as being

877 two or more races (24.9 percent) are more likely to report any mental illness within the past year than

878 any other race/ethnic group, followed by American Indian/Alaska Natives (22.7 percent), White (19

879 percent), and Black (16.8 percent).⁹³ Among adults living with mental illness in 2021, White (52.4

880 percent) or Multiracial adults (52.2 percent) were more likely than Black (39.4 percent), Hispanic (36.1 881 percent), or Asian adults (25.4 percent) to have received any mental health services in the past year.⁹⁴

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⁸⁸ King County Behavioral Health Crisis Service Utilization Data Sheet, December 2023.

⁸⁹ The Crisis Resource Need Calculator [LINK]. The calculator estimates 230 monthly crisis episodes per population of 100,000, based on an analysis that examined national crisis care claims from Truven Commercial, Truven Medicaid, Medicare Limited Data Set 2018, as well as the estimated number of episodes served by first responders that do not lead to care according to the Treatment Advocacy Center's Road Runners report.

⁹⁰ American Psychiatric Association - Mental Health Disparities: Diverse Populations [LINK]

⁹¹ Compton, M. T., & Shim, R. S., The Social Determinants of Mental Health, 2015, FOCUS, 13(4), 419–425. [LINK]; Fountain House, From Harm to Health: Centering Racial Equity and Lived Experience in Mental Health Crisis Response, 2021. [LINK]

⁹² Shea T, Dotson S, Tyree G, Ogbu-Nwobodo L, Beck S, Shtasel D. Racial and Ethnic Inequities in Inpatient

Psychiatric Civil Commitment. Psychiatr Serv. 2022 Dec 1;73(12):1322-1329. [LINK]

⁹³ American Psychiatric Association - Mental Health Disparities: Diverse Populations, 2017. [LINK]

⁹⁴ 2021 National Survey on Drug Use and Health (NSDUH) Annual National Report [LINK]

⁸⁷ Washington State Department of Social and Health Services, Behavioral Health Treatment Needs and Outcomes among Medicaid-Enrolled Children in Washington State, November 2023 [LINK]

883 Emergency departments exhibit similar disparities, with Black populations waiting longer for care. In jails 884 and prisons, recidivism is significantly more likely among Black populations living with serious mental 885 health conditions. ^{95,96} Nearly one quarter of people killed by police displayed signs of a mental illness, 886 with significantly higher rates among the Black population.⁹⁷ People who are involved in the criminal 887 legal system more broadly are also more likely to be living with mental health and substance use 888 conditions, yet they have less access to community behavioral health services.⁹⁸

890 Within King County, individuals identifying as Black, African, or African American represented 20 percent 891 of people who received BHRD crisis services and 17 percent of people who died by overdose in 2022, 892 both of which are higher than the seven percent of people identifying as Black, African, or African 893 American in King County, despite receiving lower rates of routine behavioral health care. 99,100 In 894 contrast, people identifying as Asian or Asian American represented nine percent of individuals receiving 895 BHRD crisis services and 13 percent of people receiving routine behavioral health care in 2022, both of 896 which are lower than the 21 percent of people in the King County population who identify as Asian or 897 Asian American.¹⁰¹ These patterns demonstrate that demographic populations can be both over and 898 under-served in different settings, all of which may point to barriers to access to appropriate care. 899

900 Immigrants are at higher risk of experiencing mental health conditions, which is due to factors such as 901 higher acculturative stress, pre-migration experiences, discrimination, racism, economic hardship, and stigmatization.¹⁰² Access to care among immigrant populations is also limited, particularly in areas with 902 higher concentration of Latin American immigrants.¹⁰³ Similar trends have been observed in refugee 903 904 populations, with lack of access to mental health services despite higher rates of common mental health 905 conditions such as depression, anxiety, and post-traumatic stress disorder among migrants exposed to 906 adversity and refugees than among host populations.¹⁰⁴ Furthermore, language access has been shown to impede access to mental health services. Among those who were likely to receive specialty mental 907 908 health services, people who preferred speaking Spanish had a significantly lower rate of mental health 909 care use.105

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Patients with Mental Health and Substance-Related Disorders. J Behav Health Serv Res 2018;45(2):204–18. [LINK] ⁹⁶ Veeh CA, Tripodi SJ, Pettus-Davis C, Scheyett AM. The interaction of serious mental disorder and race on time to reincarceration. Am J Orthopsych 2018;88(2):125-31. [LINK]

Language in a National Cohort of Community Health Center Patients. Psychiatr Serv. 2023 Oct 26. [LINK]

⁹¹⁰

⁹⁵ Opoku ST, Apenteng BA, Akowuah EA, Bhuyan S. Disparities in Emergency Department Wait Time Among

⁹⁷ Saleh AZ, Appelbaum PS, Liu X, Scott Stroup T, Wall M. Deaths of people with mental illness during interactions with law enforcement. Int J Law Psychiatry. 2018 May-Jun;58:110-116. [LINK]

⁹⁸ Bonfine N, Wilson AB, Munetz MR. Meeting the Needs of Justice-Involved People With Serious Mental Illness

Within Community Behavioral Health Systems. Psychiatr Serv. 2020 Apr 1;71(4):355-363. [LINK]

⁹⁹ King County Behavioral Health Crisis Service Utilization Data Sheet, December 2023.

¹⁰⁰ Public Health Seattle & King County - Overdose deaths data dashboard [LINK]

¹⁰¹ King County Department of Community and Human Services - Data Dashboard [LINK]

¹⁰² Markova V, Sandal GM, Pallesen S. Immigration, acculturation, and preferred help-seeking sources for

depression: comparison of five ethnic groups. BMC Health Serv Res. 2020 Jul 11;20(1):648. [LINK]

¹⁰³Jing F, Li Z, Qiao S, Ning H, Zhou S, Li X. Association between immigrant concentration and mental health service utilization in the United States over time: A geospatial big data analysis. Health Place. 2023 Sep;83:103055. [LINK] ¹⁰⁴ World Health Organization, "Mental health and forced displacement," 31 August 2021 [LINK]

¹⁰⁵ Byhoff E, Dinh DH, Lucas JA, Marino M, Heintzman J. Mental Health Care Use by Ethnicity and Preferred

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911 Among people identifying as lesbian, gay, bisexual, transgender, queer/questioning, intersex, asexual, or 912 other sexual orientations or gender identities (LGBTQIA+), studies have shown that depression, anxiety, 913 and substance use are two and a half times higher than the general population.¹⁰⁶ Fear of discrimination 914 may lead to some people avoiding care due to common experiences of providers denying care, using 915 harsh language, or blaming the patient's sexual orientation or gender identity as the cause for an 916 illness.¹⁰⁷

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Of the approximately 36,000 people who have severe, chronic intellectual and developmental
 disabilities (IDD) in King County, an estimated one third have a co-occurring mental health condition.¹⁰⁸
 However, in 2022 the Washington State Department of Social and Health Services reported that people
 with IDD and their families have difficulty accessing behavioral health services due to a lack of resources,
 communication barriers, and inadequate training among behavioral health providers.¹⁰⁹

Access to behavioral health services is also limited among people experiencing homelessness. A recent survey found that only 18 percent of people experiencing homelessness had received either mental health counseling or medications in the prior 30 days despite 66 percent reporting current mental health symptoms.¹¹⁰ The same survey describes barriers such as lacking access to a phone, needing to stay with belongings to prevent theft, and avoiding services due to past experiences of traumatic or unsupportive interactions with health care providers.

Among U.S. military veterans who experience depression and PTSD, disparities in access to mental
 health services have been described as a major factor contributing to the high suicide rates among
 veterans.¹¹¹ People living in rural areas in the U.S. also experience significant disparities in mental health
 outcomes despite having similar prevalence of mental illness to those living in metropolitan areas.¹¹²

936 Need for Places to Go in a Crisis

937 With so many people unable to access treatment when they need it, crisis care centers and similar

938 facilities can help. The Federal Substance Abuse and Mental Health Services Administration (SAMHSA)

released its National Guidelines for Behavioral Health Crisis Care in 2020.¹¹³ These guidelines call for the

940 creation of crisis facilities, referred to by SAMHSA as "somewhere to go," for people in crisis to seek

941 help. SAMHSA's guidelines envision crisis facilities as part of a robust behavioral health crisis system that

¹⁰⁸ The Arc of King County – What is IDD? [LINK]

¹¹⁰ Kushel, M., Moore, T., et al. (2023). Toward a New Understanding: The California Statewide Study of People Experiencing Homelessness. UCSF Benioff Homelessness and Housing Initiative. [LINK]

¹⁰⁶ Kates, J., Ranji, U., Beamesderfer, A., Salganicoff, A., & Dawson, L. (2016). Health and access to care and coverage for lesbian, gay, bisexual, and transgender individuals in the U.S. [LINK]

¹⁰⁷ Kates, J., Ranji, U., Beamesderfer, A., Salganicoff, A., & Dawson, L. (2016). Health and access to care and coverage for lesbian, gay, bisexual, and transgender individuals in the U.S. [LINK]

¹⁰⁹ Developmental Disabilities Administration, Washington State Department of Social and Health Services, Best practices for co-occurring conditions: Serving people with intellectual and developmental disabilities and mental health conditions, October 1, 2022. [LINK]

¹¹¹ Hester RD. Lack of access to mental health services contributing to the high suicide rates among veterans. Int J Ment Health Syst. 2017 Aug 18;11:47. [LINK]

¹¹² Morales DA, Barksdale CL, Beckel-Mitchener AC. A call to action to address rural mental health disparities. J Clin Transl Sci. 2020 May 4;4(5):463-467. [LINK]

¹¹³ Substance Abuse and Mental Health Services Administration. (2020). National Guidelines for Behavioral Health Crisis Care - Best Practice Toolkit. [LINK];

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also includes the 988 Suicide and Crisis Lifeline, referred to as "someone to call," and mobile crisis
 teams, described as "someone to respond."¹¹⁴

945 King County's behavioral health crisis service system relies heavily on phone support and mobile

946 response, with very few options for people to go for immediate, life-saving care when in crisis. At the

947 time of this Plan's drafting, King County has just one behavioral health crisis facility, called the Crisis

Solutions Center (CSC) in Seattle.¹¹⁵ With a limited capacity of 46 beds across two levels of care, this
 facility is only able to accept referrals through mobile crisis teams, first responders, and hospitals. For

950 youth in King County, there is no crisis facility option at all. 951

952 With no specialty behavioral health setting in King County to walk in and receive care if a person is

953 experiencing a mental health or substance use-behavioral health crisis, the front door to crisis services at

the time of this Plan's drafting is typically hospital emergency departments, where people seeking help

955 for a behavioral health crisis may often spend hours or even days waiting for care.¹¹⁶ People

experiencing a crisis, especially those in public spaces, are frequently engaged by law enforcement and
 may end up in jail if they have committed a crime while in distress.¹¹⁷

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944

959 The creation of specialized crisis facilities is frequently identified as a key strategy in the crisis service

960 continuum. These facilities enable diverting people from emergency department and carceral settings

and serving people in a higher quality specialized settings that can provide care using trauma-informed,
 recovery oriented, and cultural humility best practices.^{118, 119, 120} Multiple local behavioral health system

needs assessments have arrived at a similar conclusion. The 2016 recommendations of the King County

964 Community Alternatives to Boarding Task Force called for by Motion 14225 included a recommendation

to expand crisis diversion capacity.¹²¹ Similar conclusions were reached in needs assessments by the

966 Washington State Office of Financial Management behavioral health capital funding prioritization and

¹¹⁷ Garcia-Grossman I, Kaplan L, Valle K, Guzman D, Williams B, Kushel M. Factors Associated with Incarceration in Older Adults Experiencing Homelessness: Results from the HOPE HOME Study. J Gen Intern Med. 2022 Apr;37(5):1088-1096. [LINK]

¹¹⁸ ME Balfour and ML Goldman, "Crisis and Emergency Services" in "Textbook of Community Psychiatry: American Association for Community Psychiatry, 2nd edition." Wesley E. Sowers (Editor), Hunter L. McQuistion (Editor), Jules M. Ranz (Editor). Springer 2022, pp. 369-384.

¹²⁰ Cultural humility is an approach to providing healthcare services in a way that respects a person's cultural

identity. The use of this term is intended to align with the U.S. Department of Health and Human Services Office of Minority Health's definition of cultural humility [LINK]

¹²¹ Community Alternatives to Boarding Task Force - King County, Washington [LINK]

¹¹⁴ Substance Abuse and Mental Health Services Administration. (2020). National Guidelines for Behavioral Health Crisis Care - Best Practice Toolkit. [LINK]; Substance Abuse and Mental Health Services Administration: National Guidelines for Child and Youth Behavioral Health Crisis Care. Publication No. PEP22-01-02-001 Rockville, MD: Substance Abuse and Mental Health Services Administration, 2022. [LINK]

¹¹⁵ Downtown Emergency Services Center (DESC) - Crisis Solutions Center fact sheet [LINK]; the CSC was established in 2011 through a significant ongoing investment from the MIDD behavioral health sales tax fund. Medicaid funds also cover a small portion of the facility's service delivery costs. The Psychiatric Emergency Services program at Harborview Medical Center is part of a hospital-based emergency department and is therefore not considered a stand-alone dedicated behavioral health crisis service setting.

¹¹⁶ Esmy Jimenez, "King County mental health facilities still reject a quarter of patients, report shows." The Seattle Times, September 5, 2023. [LINK]

¹¹⁹ ME Balfour and ML Goldman, "Collaborations Beyond the Emergency Department" in "Primer on Emergency Psychiatry" Tony Thrasher (Editor). Oxford University Press, 2023, pp. 463-478.

feasibility study in 2018, a Washington State Health Care Authority crisis triage and stabilization capacity
 and gaps report in 2019, and the Initial Assessment of the Behavioral Health Crisis Response and Suicide
 Prevention Services from the Crisis Response Improvement Strategy (CRIS) Committee in 2021.^{122,123,124}

Federal and state legislation has have rapidly advanced the implementation of crisis services across the
 United States.¹²⁵ Expanding access to crisis response services has been a recent focus of the Washington

billed states. Expanding access to clisis response services has been a recent rocus of the washington
 Legislature. This includes its first-in-the-nation support of the implementation and expansion of 988 and
 other crisis services, with its passage of Engrossed Second Substitute House Bill 1477 in 2021.¹²⁶

975 Additional legislation, including Engrossed Second Substitute House Bill (E2SHB) 1134 in and Second

Substitute Senate Bill (2SSB) 5120 in 2023, have further demonstrated the state's commitment to these
services.^{127,128} The 23-hour Crisis Relief Centers established under 2SSB 5120, which are undergoing
Washington State Department of Health and Health Care Authority rulemaking into 2024, will establish

979 important frameworks for licensure and Medicaid payment that will inform the future development of
 980 crisis care centers.
 981

In light of the behavioral health funding crisis, the scale of unmet need, and the opportunity presented by this national and statewide momentum around expanding crisis services, a coalition of community leaders and behavioral health providers issued recommendations to Seattle and King County in a letter on October 13, 2021. The letter included recommendations to "expand places for people in crisis to receive immediate support" and "expand crisis response and post-crisis follow up services."¹²⁹ The CCC

P87 Levy carries these efforts forward, as outlined in this document<u>Plan</u>.988

989 Need for Post-Crisis Stabilization Services

990 Research studies show the rate of suicide is 15.4 times higher among people immediately after they

have been discharged from a psychiatric hospitalization, as compared to the general population.¹³⁰ For

992 people exiting inpatient psychiatric care, timely follow-up with outpatient mental health care is

associated with a decreased risk for hospital readmission, violence, homelessness, and criminal legal
 system involvement.¹³¹

995

¹²⁷ E2SHB 1134 (2023). E2SHB 1134's scope included RCW chapters 71.24, 43.06, 82.86, 43.70, and 38.60. [LINK] ¹²⁸ 2SSB 5120 (2023) 2SSB 5120's scope included RCW chapters 71.05, 71.34, 71.24, 10.31, 10.77, and 48.43. [LINK]

¹²⁹ 2022 Priority Budget Recommendations to Seattle and King County to Strengthen Continuum of Behavioral Health Crisis Services. October 13, 2021.

¹²² 2018 Behavioral Health Capital Funding Prioritization and Feasibility Study [LINK];

 $^{^{\}rm 123}$ Crisis Stabilization Services - HCA Report to the Legislature [LINK]

 ¹²⁴ Crisis Response Improvement Strategy (CRIS) Committee - Initial Assessment of the Behavioral Health Crisis Response and Suicide Prevention Services in Washington and Preliminary Funding Recommendations [LINK]
 ¹²⁵ National Alliance for Mental Illness - Reimagine Crisis Response - 988 Crisis Response State Legislation Map [LINK]

¹²⁶ 2SSB 1477 (2021). 2SHB 1477's scope included RCW chapters 71.24, 48.43, 43.06, and 82.86. [LINK].

¹³⁰ Olfson M, Wall M, Wang S, Crystal S, Liu SM, Gerhard T, Blanco C. Short-term Suicide Risk After Psychiatric Hospital Discharge. JAMA Psychiatry. 2016 Nov 1;73(11):1119-1126. [LINK]

¹³¹ Smith TE, Corbeil T, Wall MM, Tang F, Essock SM, Frimpong E, Goldman ML, Mascayano F, Radigan M, Wang R, Rodgers I, Dixon LB, Olfson M, Lewis-Fernández R. Community, Hospital, and Patient Factors Contributing to Ethnoracial Disparities in Follow-Up After Psychiatric Hospitalization. Psychiatr Serv. 2023 Jul 1;74(7):684-694. [LINK]

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996 Despite the benefits of follow-up during this high-risk post-crisis period, in 2021 only 58.7 percent of 997 people with Medicaid received follow-up within 30 days of discharge from a psychiatric 998 hospitalization.¹³² Among youth and young adults, who visited the emergency room for a mental health reason, the rate is even worse, with only 46.4 percent receiving follow-up care within 30 days.¹³³ 999 1000 Furthermore, Black populations receive lower rates of outpatient treatment during the 30-day period 1001 after discharge compared with White populations. ¹³⁴ 1002 1003 SAMHSA considers post-crisis stabilization services to be an essential element of responding to a behavioral health crisis and addressing the person's unmet needs.¹³⁵ Studies have shown that prior 1004 1005

outpatient engagement is the most important predictor of follow-up after hospitalization, which is
 indicative of two key factors: the importance of reconnecting people back to prior providers, and the
 need to dedicate additional resources to connect people to care when they are otherwise without
 services.¹³⁶ Culturally appropriate interventions that link people to outpatient follow-up are also
 identified as a strategy to reduce racial-ethnic disparities in outpatient mental health treatment
 following acute treatment.¹³⁷

1011

1012 A 2017 study of a post-discharge peer support program demonstrated positive outcomes for

1013 participants in terms of recovery, wellbeing, and hospital avoidance.¹³⁸ The peer approach has been

1014 taken up in Washington State through peer bridger programs, which HCA implemented as required by

1015 Second Engrossed Substitute House Bill (2ESHB) 2376 from the 2016 Washington State legislative

¹³² National Committee for Quality Assurance, HEDIS Measures and Technical Resources, Follow-Up After Hospitalization for Mental Illness [LINK]

 ¹³³ Hugunin J, Davis M, Larkin C, Baek J, Skehan B, Lapane KL. Established Outpatient Care and Follow-Up After
 Acute Psychiatric Service Use Among Youths and Young Adults. Psychiatr Serv. 2023 Jan 1;74(1):2-9. [LINK]
 ¹³⁴ Carson NJ, Vesper A, Chen CN, Lê Cook B. Quality of follow-up after hospitalization for mental illness among

patients from racial-ethnic minority groups. Psychiatr Serv. 2014 Jul;65(7):888-96. [LINK] ¹³⁵ Substance Abuse and Mental Health Services Administration. (2020). National Guidelines for Behavioral Health Crisis Care - Best Practice Toolkit. [LINK]

¹³⁶ Smith TE, Haselden M, Corbeil T, Wall MM, Tang F, Essock SM, Frimpong E, Goldman ML, Mascayano F, Radigan M, Schneider M, Wang R, Rodgers I, Dixon LB, Olfson M. The Effectiveness of Discharge Planning for Psychiatric Inpatients With Varying Levels of Preadmission Engagement in Care. Psychiatr Serv. 2022 Feb 1;73(2):149-157. [LINK]

¹³⁷ Smith TE, Haselden M, Corbeil T, Wall MM, Tang F, Essock SM, Frimpong E, Goldman ML, Mascayano F, Radigan M, Schneider M, Wang R, Rodgers I, Dixon LB, Olfson M. The Effectiveness of Discharge Planning for Psychiatric Inpatients with Varying Levels of Preadmission Engagement in Care. Psychiatr Serv. 2022 Feb 1;73(2):149-157. [LINK]

¹³⁸ According to this study, "The program involved peer workers (individuals with their own lived experience of mental illness and recovery) providing individualized practical and emotional support to individuals for six to eight weeks following discharge from an inpatient psychiatric unit." This study found: "Participants reported improvements in terms of functional and clinical recovery and in the areas of intellectual, social and psychological wellness. Participants self-report of hospital readmissions suggested that there was a reduction in hospital bed days following engagement with the program." Scanlan JN, Hancock N, Honey A. Evaluation of a peer-delivered, transitional and post-discharge support program following psychiatric hospitalization. BMC Psychiatry. 2017 Aug 24;17(1):307. [LINK]

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session.¹³⁹ Peer bridgers assist with community reintegration planning activities and promote service
 continuity with the goal of enhancing long-term recovery and reducing hospital readmissions.¹⁴⁰

1018

1019 The peer bridger program model is implemented locally in King County for adults who have been 1020 hospitalized psychiatrically at two community hospitals. This model is composed of teams of certified 1021 peer specialists (paid staff who have lived experience with behavioral health conditions themselves) 1022 working in coordination with inpatient treatment teams to develop individualized plans to promote each person's successful transition to the community.¹⁴¹ However, these post-crisis services are only available 1023 in a small number of settings. Most people exiting hospitals, emergency rooms, crisis settings, and other 1024 1025 acute behavioral health settings do not receive dedicated services to support these critical care 1026 transitions during these high-risk periods.

1027

1028 Reduction in Residential Treatment Capacity

1029Residential treatment is a community based behavioral health treatment option for people who need a1030higher level of care than outpatient behavioral health services can provide.142 Residential treatment1031programs provide people living with complex behavioral conditions with 24/7 intensive services in a1032licensed residential treatment facility. These programs are important options for people being1033discharged from inpatient behavioral health settings when outpatient services are not sufficient to meet1034their treatment needs. Residential treatment programs help people continue to recover and stabilize in1035a safe and supportive community-based setting.

1037 Residential treatment programs provide services for people experiencing severe and persistent mental 1038 illness to promote stability, community tenure, and movement toward the least restrictive community 1039 housing option.¹⁴³ Programs provide residential stabilization and case management services that are 1040 strengths-based and promote recovery and resiliency. Such Szervices provide symptom relief to assist 1041 clients to find what has been lost in their lives due to their illness, including the opportunity to make 1042 friends, use natural supports, make choices about their care, find and maintain employment, and 1043 develop personal strategies for coping and regaining independence.¹⁴⁴ Staff help clients to prepare for 1044 discharge by providing services that promote community integration and assistance with the transition 1045 to the least restrictive community housing option.¹⁴⁵

41.06, 41.16, 41.26, 41.45, 41.80, 43.09, 43.10, 43.43, 43.79, 43.83B, 43.135, 43.155, 43.185, 43.350, 43.372, 46.08, 50.16, 50.24, 69.50, 70.128, 72.09, 77.12, 79A.80, 90.03, and 90.56 [LINK]

¹⁴⁵ BHRD Provider Manual, pages 119-123 [LINK]

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¹⁰⁴⁶

¹³⁹ 2ESHB 2376 (2016). 2ESHB 2376's scope included RCW chapters 18.20, 18.43, 18.85, 19.02, 28B.122, 38.52,

¹⁴⁰ Washington State Health Care Authority - Peer Bridger Program [LINK]

¹⁴¹ King County Behavioral Health and Recovery Division (BHRD) Provider Manual For the King County Integrated Care Network (KCICN), Behavioral Health Administrative Services Organization (BH-ASO), and Locally-Funded Programs [LINK]

¹⁴² King County Ordinance 19572 defines residential treatment as "a licensed, community-based facility that provides twenty-four-hour on-site care for persons with mental health conditions, substance use disorders, or both, in a residential setting" [LINK].

¹⁴³ "Community tenure" is defined as a person living with a behavioral health condition in a community-based (versus institutional) setting, connected and engaged with the community in which they live.

¹⁴⁴ "Natural supports" is defined as an individual's non-clinical sources of support, such as friends, family, neighbors, and other people in the community who can provide support to a person.

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1047 Multiple mental health residential treatment facilities, which are a subset of residential treatment 1048 facilities, have closed in recent years due to rising operating and maintenance costs, aging 1049 infrastructure, and insufficient resources to repair facilities. The lack of resources to pay for capital facility improvements and maintain aging buildings has contributed to facility closures.¹⁴⁶ As of October 1050 1051 2023. King County had a total of 240 mental health residential treatment beds for the entire county, a decrease of 115 beds, down nearly one third from the capacity of 355 beds in 2018.¹⁴⁷ The impact of 1052 1053 reduced residential treatment facility capacity has impacted residential treatment wait times. For 1054 example, King County residents who needed residential treatment services in October 2023 had to wait an average of 25 days before they were admitted to a residential treatment facility.¹⁴⁸ The closing of 1055 1056 residential treatment facilities highlights a gap in King County's behavioral health continuum of care for people exiting-_inpatient behavioral health settings.¹⁴⁹ 1057 1058

1059 Behavioral Health Workforce Needs

1060 It takes people to care for people, and King County is experiencing a behavioral health workforce 1061 shortage that is impacting people's ability to access behavioral health care when they need it.¹⁵⁰ Similar behavioral health workforce shortages are occurring across the United States, according to the Federal 1062 Health Resources and Services Administration (HRSA).¹⁵¹ By the final year of the CCC Levy in 2032, HRSA 1063 1064 projects the national behavioral health workforce will only have 69 percent of the number of mental 1065 health counselors, 62 percent of the number of substance use disorder counselors, 73 percent of the 1066 number of psychologists, and 54 percent of the number of psychiatrists that are needed to meet the demand for behavioral health care nationally. ¹⁵² 1067

1068
1069 Within King County, a 2021 survey of community behavioral health agencies contracted with the KCICN
1070 identified that job vacancies at surveyed agencies were at least double what they were in 2019.¹⁵³ The

1071 survey also found that master-level licensed mental health clinicians are particularly difficult to

recruit.¹⁵⁴ A October 2023 survey of community behavioral health agencies contracted with the KCICN
 found that there are approximately 600 staff vacancies across the agencies that responded to the

1073 found that there are approximately 600 staff vacancies across the agencies that responded to the
 1074 survey.¹⁵⁵ This represents a 16 percent total vacancy rate at King County community behavioral health

1074 survey. This represents a 10 percent total vacancy rate at King county community behavioral health 1075 agencies, and there is still a need to hire more behavioral health workers to support the growing

1076 behavioral health care needs in the community.¹⁵⁶

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 ¹⁴⁶ Furfaro, Hannah. "Where did King County's mental health beds go?" Seattle Times, February 25, 2023. [LINK]
 ¹⁴⁷ An additional four mental health residential beds have been lost since the passage of King County Ordinance
 19572. BHRD monitors the number of available beds through a bed tracker list.

¹⁴⁸ Executive Dow Constantine. "King County and State acquire behavioral health treatment center in North Seattle, preserving sixty-four treatment beds." September 14, 2022. [LINK] Note: At the time the article was written, the wait for a bed in King County was 44 days. As of October 2023, the waitlist has decreased from 44 days to 25 days since the passage of King County Ordinance 19572. BHRD monitors the waitlist through a bed tracker list.

¹⁴⁹ Sydney Brownstone, "A Belltown residential treatment facility shutters, leaving a hole in King County's mental health system," The Seattle Times, October 11, 2020. [LINK]

¹⁵⁰ King County Community Behavioral Health Provider Survey, 2023.

¹⁵¹ Health Resources & Services Administration, Behavioral Health Workforce Projections [LINK]

¹⁵² Health Resources & Services Administration, Behavioral Health Workforce Projections [LINK]

¹⁵³ KCICN Workforce Survey 2021

¹⁵⁴ KCICN Workforce Survey 2021

¹⁵⁵ KCICN Workforce Survey Data 2023

¹⁵⁶ KCICN Workforce Survey Data 2023

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1077 1078 In addition to staff vacancies, workforce retention is also a challenge for behavioral health providers. A 1079 February 2023 poll of members of three labor unions representing health care workers in Washington 1080 State, including behavioral health workers, found that 80 percent of health care workers reported 1081 feeling burned out by their jobs and 49 percent of workers reported they are likely to leave health care in the next few years. ¹⁵⁷ Rising housing and childcare costs are contributing to workers leaving the 1082 behavioral health workforce.¹⁵⁸ In addition to high cost of living expenses, behavioral health workers 1083 often have student loan debt. For example, a National Council on Social Work Education report found 1084 that 73 percent of baccalaureate social work graduates and 76 percent of master's graduates have 1085 student loan debt.¹⁵⁹ When community behavioral health agencies are not able to offer competitive 1086 1087 wages and benefits, it is more challenging to recruit and retain employees, which contributes to chronically high vacancies and high turnover of staff.^{160,161} The KCICN's 2021 survey of King County 1088 1089 community behavioral health agencies reinforced this dynamic. Survey respondents identified monetary 1090 incentives, loan repayments, professional fees and continuing education assistance, and employee 1091 wellbeing, as being impactful activities that could help retain workers.¹⁶² 1092 1093 Increasing the representativeness of behavioral health workers is a critical component of strengthening 1094 King County's community behavioral health workforce.¹⁶³ Nationally, the behavioral health workforce

1095 does not reflect the demographics and identities of people receiving behavioral health services.^{164, 165}

There is evidence that improving diversity among behavioral health workers so that workers better 1096

1097 reflect the community they serve may help reduce behavioral health disparities.¹⁶⁶ For example,

1098 communication and trust is improved between behavioral health workers and people receiving services

when there is cultural, linguistic, racial, or ethnic concordance between clinicians and clients.¹⁶⁷ 1099

¹⁵⁹ Student Loan Debt Relief for Social Workers [LINK]

¹⁶⁰ Washington State Employment Security Department Supply and Demand Report [LINK]

¹⁶¹ 2022 Behavioral Health Workforce Assessment [LINK]

¹⁶² KCICN Workforce Survey 2021

¹⁶³ A focus of the Plan is to increase accessibility of behavioral health services, including crisis services funded by the CCC Levy, for all King County residents, including populations who experience behavioral health inequities. A consistent theme of community engagement was the importance for people seeking care of culturally and linguistically congruent services, staff with lived experience of behavioral health crises, and demographic representativeness. Establishing a workforce that is representative of King County's population, with particular care to representativeness for populations experiencing behavioral health inequities (see Section III.C. Background: Who Experiences Behavioral Health Inequities), will ensure that more King County residents can choose to receive care from a provider with whom they are comfortable and is one of this Plan's strategies to ensure that all King County residents have meaningful access to CCC Levy-funded facilities and services.

¹⁶⁴ National Academy for State Health Policy State, Strategies to Increase Diversity in the Behavioral Health Workforce [LINK]

¹⁶⁵ Duffy FF, West JC, Wilk J, et al. Mental health practitioners and trainees. In RW Manderschield & MJ Henderson (Eds.), Mental health, United States, 2002 (pp. 327-368; DHHS Publication No. SMA 04-3938). Rockville, MD: U.S. Department of Health and Human Services, Substance Abuse and Mental Health Services Administration, Center for Mental Health Services, 2004

¹⁶⁶ Chao, P.J., Steffen, J.J., and Heiby, E.M. (2012). The effects of working alliance and client-clinician ethnic match on recovery status. Community Mental Health Journal (48), 91-97 [LINK]

¹⁶⁷ The Mental Health Needs and Statistics of the BIPOC Community [LINK]

¹⁵⁷ 2023 poll of health care workers represented by SEIU Healthcare 1199NW, UFCW 3000, and WSNA conducted by GBAO [LINK]

¹⁵⁸ 2023 King County Nonprofit Wage and Benefits Survey Report [LINK]

1100 Developing a representative community behavioral health workforce will require intentional training, 1101 recruitment, and retention strategies. For example, BIPOC and LGBTQIA+ clinicians are often impacted 1102 by a lack of congruent mentorship in higher education, experiences of racism and discrimination.¹⁶⁸ 1103 1104 At a time when nearly one in five Americans lives with a mental health condition, and more people than 1105 ever are interested in seeking behavioral health support, the lack of access to diverse and gualified 1106 behavioral health professionals can serve as a barrier for accessing treatment to people and communities across the country and within King County.¹⁶⁹ Creative, local workforce investments are 1107 1108 needed to complement Medicaid and state funds to provide for a stable workforce to deliver the high-1109 quality community based behavioral health care that King County residents need and deserve. 1110 1111 **D. Implementation Plan Methodology** 1112 On April 25, 2023, King County voters approved Proposition No. 1, as called for by King County 1113 Ordinance 19572, to adopt the CCC Levy.³⁷⁰ Ordinance 19572 requires a CCC Levy Implementation Plan 1114 (Plan) be developed and transmitted by the King County Executive to King County Council by the end of 1115 December 2023.¹⁷¹ The CCC Levy Implementation Plan's requirements are defined set out in by 1116 Ordinance 19572, and Appendix B: Crosswalk of Implementation Plan Requirements from King County 1117 Ordinance 19572 -describes how this Plan meets these requirements.⁴⁷² 1118 1119 The This CCC Levy Implementation Plan is the product of an intensive process that began in June 2023 1120 and concluded in December 2023. Community engagement was a focus of implementation planning 1121 activities and is described in detail in Section III.E. Community Engagement Summary. Planning activities 1122 by DCHS also included solicitation of formal requests for information (RFIs), engagement with various 1123 Washington State departments, consultation with national subject matter experts, coordination with 1124 other County partners, and convenings of internal workgroups within DCHS. These activities are described below and in this Plan's appendices. 1125 1126 1127 Crisis Care Center Methodology 1128 DCHS focused on four major areas to develop strategies in support of the CCC Levy's Paramount Purpose to create a network of five crisis care centers: 1129 1130 Understanding and describing current community needs, service capacity, and system gaps 1131 related to behavioral health care (as described in Section III.C. Key Historical and Current 1132 Conditions: Unmet Behavioral Health Service Needs); 1133 • Developing an approach to integrate substance use treatment services within the crisis care 1134 center model; 1135 Defining the related but distinct youth-focused crisis care center model, which addresses the 1136 unique needs of children and adolescents, and 1137 Integrating planning for the crisis care centers within regional contexts such as the existing 1138 behavioral health crisis system, the behavioral health service continuum more broadly (as

¹⁶⁹ Lack of Access as Root Cause for Mental Health Crisis in America [LINK]

¹⁷⁰ King County Ordinance 19572 [LINK]

¹⁷¹ King County Ordinance 19572 [LINK]

¹⁷² King County Ordinance 19572 [LINK]

¹⁶⁸ Hubbard A, Sudler A, Alves-Bradford JME, Trinh NH, Emmerich AD, Mangurian C. Building a Diverse Psychiatric Workforce for the Future and Helping Them Thrive: Recommendations for Psychiatry Training Directors. Psychiatric Clinics of North America. 2022;45(2):283-295. doi:10.1016/j.psc.2022.03.007

1139	described above in Section III.C. Key Historical and Current Conditions), criminal legal systems,
1140	health and hospital systems, and additional community resources.
1141	incluter and hospital systems, and additional community resources.
1142	DCHS also undertook an in-depth process to establish procurement and siting processes for crisis care
1143	centers. DCHS issued an RFI for the capital facility siting process to local jurisdictions, and a copy of the
1144	RFI is included in Appendix C: King County Local Jurisdiction Request for Information (RFI).
1145	
1146	Meetings with jurisdictions, behavioral health agencies, and other community partners were held for
1147	DCHS to share updates on the CCC Levy planning process with interested parties and to learn about
1148	provider, jurisdictional, and community partner needs and challenges. DCHS convened meetings with:
1149	Subject matter experts internal to King County government, such as the Department of Natural
1150	Resources and Parks, DCHS, Metro, and Public Health – Seattle & King County (see Appendix D:
1151	Coordination with State and County Partners for a list of County partners);
1152	• Washington state partners, such as the Health Care Authority, the Department of Health, and
1153	the Department of Social and Human Services (see Appendix D: Coordination with State and
1154	County Partners for a list of meeting topics); and
1155	Community partners, such as community members, people with lived experience of mental
1156	health and substance usebehavioral health conditions, as well as their families and support
1157	systems, community-based organizations, community behavioral health agencies, and others
1158	(see Appendix F: Community Engagement Activities for details).
1159	
1160	The DCHS planning team also made site visits to adult and youth crisis facilities in Washington, as well as
1161	California and Arizona (see Appendix E: Site and Field Visits). ZiaPartners, a firm with experience
1162	planning and implementing local and statewide behavioral health crisis system initiatives, consulted on
1163	crisis care center program model development and strategies for crisis system coordination and quality
1164	improvement. ¹⁷³
1165	
1166	Residential Treatment Methodology
1167	Community partner engagement, subject matter expert consultation, and residential treatment
1168	operator engagement informed the residential treatment recommendations in this Plan. DCHS BHRD
1169	clinical staff with mental health residential subject matter expertise participated in an internal
1170	workgroup to provide guidance on preserving and expanding residential treatment capacity. DCHS
1171	planning staff met with leadership and frontline workers of agencies operating residential treatment
1172	facilities to solicit feedback about residential treatment gaps and how to sustain and increase residential
1173	treatment capacity. This included seven site visits to residential treatment facilities in King County,
1174	which are listed in Appendix E: Site and Field Visits. It also included an RFI soliciting information from
1175	operators about residential treatment facility capital improvement funding needs. The RFI is included in
1176	Appendix H: BHRD Capital Improvement Funding for Behavioral Health Facilities Request for Information
1177	(RFI). Additionally, residential treatment topics were included in CCC Levy implementation planning
1178	community engagement meetings and presentations to solicit feedback from a broader group of
1179	community partners beyond the residential treatment sector. Community engagement is highlighted
1180	below, and a list of community engagement activities is included in <u>Appendix F: Community Engagement</u>
1181	<u>Activities.</u>
1182	

¹⁷³ ZiaPartners, Inc. [LINK]

1183 Workforce Methodology

1184 DCHS planning staff solicited feedback on how the CCC Levy can build, retain, and increase the

- 1185 representativeness of the community behavioral health workforce.¹⁷⁴ Engagement on workforce issues
- 186 included focus groups with community members and focus groups with subject matter experts; key
- 1187 informantional informational interviews with key personnel in community behavioral health agencies;
- 1188 and site visits in San Diego, Arizona and Washington state. DCHS also engaged the University of
- 1189 Washington, Public Health-Seattle and King County, and health care workforce training and
- 1190 apprenticeship programs to inform strategy design. (See <u>Appendix F: Community Engagement Activities</u> 1191 for list of key informant interviews and individual engagement meetings.) Community partner meetings
- included union-represented and non-union represented provider staff.
- 1193

1194 E. Community Engagement Summary

- 1195 DCHS staff engaged community partners to inform this Plan, including participation from behavioral
- 1196 health agencies, people with lived experiences of behavioral health crises, and frontline behavioral
- 1197 health workers. See <u>Appendix F: Community Engagement Activities</u> for a complete list of community
- 1198 engagement activities. Engagement activities are summarized in Figure 115. In addition to informing the
- 1199 strategies in this Plan, DCHS plans to take the community feedback into account during future
- 1200 procurement and operational phases of the CCC Levy.
- 1201

¹⁷⁴ A focus of the Plan is to increase accessibility of behavioral health services, including crisis services funded by the CCC Levy, for all King County residents, including populations who experience behavioral health inequities. A consistent theme of community engagement conversations was the importance for people seeking care of culturally and linguistically congruent services, staff with lived experience of behavioral health crises, and demographic representativeness. Establishing a workforce that is representative of King County's population, with particular care to representativeness for populations experiencing behavioral health inequities (see <u>Section III.C.</u> <u>Who Experiences Behavioral Health Inequities</u>), will ensure that more King County residents can choose to receive care from a provider with whom they are comfortable and is one of this Plan's strategies to ensure that all King County residents have meaningful access to CCC Levy-funded facilities and services.

1202 Figure 115. Summary of Community Engagement Activities Conducted by DCHS Between June and 1203 November 2023



1204 1205

1206 Key Findings of Community Engagement Process

1207This section summarizes community input from implementation planning activities, with supporting1208details provided in the appendices as noted. DCHS organized community feedback into key themes that1209informed this Plan. Figure 14-6 summarizes these key themes, with a more detailed description of each1210theme below the table.

1211 1212

Figure <u>146</u>. Summary of Community Engagement Themes

Summary of Community Engagement Themes		
Theme	Description	
Theme A: Implement Clinical	Input on how best to design a crisis care center clinical model most	
Best Practices in Crisis	likely to improve the health and wellbeing of people experiencing a	
Services	behavioral health crisis in King County, including a welcoming and safe environment, person-centered and recovery-oriented care, culturally and linguistically appropriate services, integrated care for people who use substances, promoting least restrictive care, special considerations for serving youth and young adults, and additional clinical considerations.	

Theme B: Increase Access to	Communities voiced the importance of having crisis care centers in
Care for Populations	desirable locations that are geographically accessible and accessible to
Experiencing Behavioral	transportation, as well as the importance of reaching out to diverse
Health Inequities	communities.
Theme C: Challenges of	Community partners, including people with lived experience and
Community Resource	behavioral health providers, frequently raised important questions
Limitations	about access to ongoing community-based care after a person receives
	care at a crisis care center as well as emphasizing care coordination
	and peer engagement.
Theme D: Interim Solutions	Community members advocated for interim solutions to be
While Awaiting Crisis Care	implemented while awaiting crisis care centers to come online, such as
Centers	increasing community-based responses and approaches to addressing
	the overdose crisis.
Theme E: Residential	Residential treatment providers described the value of residential
Treatment Facility	treatment but identified significant challenges such as a lack of capital
Preservation and Expansion	resources, and excessive wait times.
Theme F: Behavioral Health	Feedback from community partners, as well as subject matter experts,
Workforce Development	identified significant obstacles to developing the behavioral health
	workforce, including low wages, barriers to retention, need for more
	professional development opportunities, staff burnout, limited
	collaboration with schools, and lack of workforce representation.
Theme G: Accountability	Community partners expressed a strong preference to continue to be
Mechanisms and Ongoing	involved in future phases of the CCC Levy, particularly around holding
Community Engagement	the County accountable, including through defining measures of
	success and by continuing to engage during future planning phases.

1214 Theme A: Implement Clinical Best Practices in Crisis Services

1215 Community partners offered substantial input on the following topics, all focused on how to design a
 1216 crisis care center clinical model that works as well as possible. These recommendations are reflected in
 1217 the best practices described in <u>Appendix G: Clinical Best Practices in Behavioral Health Crisis Services</u>
 1218 that inform the crisis services described in <u>Section V.A. Strategy 1: Create and Operate Five Crisis Care</u>
 1219 <u>Centers</u>.

1220

1221

Welcoming and Safe

1222 Community members emphasized that people from their communities would only come to crisis 1223 care centers if they were confident that they would be helped and not harmed during a crisis. 1224 Community members defined safety differently: some people described feeling unsafe around 1225 uniformed officers, while others said they prefer or even expect a uniformed officer to be 1226 present to feel safe. Some people shared experiences of feeling trapped and unsafe in a locked 1227 unit, while others said they would feel safer being in a secured environment. Many described 1228 the importance of a comfortable physical space, but that it would be unacceptable to create a 1229 superficially attractive space without having a welcoming and safe program to reinforce it. 1230

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1231	Person-Centered and Recovery-Oriented Care
1232	Community partners described the importance of ensuring that crisis care centers provide
1233	person-centered and recovery-oriented care. ^{175,176} Peer specialists and people with lived
1234	experience of a behavioral health conditions emphasized the importance of keeping people in
1235	control of their care as much as possible. They also emphasized minimizing care transitions,
1235	maximizing continuity of care, and following up after discharge to start ongoing care.
1230	maximizing continuity of care, and following up after discharge to start ongoing care.
1238	Culturally and Linguistically Appropriate Services
1239	Community partners advocated for ensuring that crisis care centers provide culturally and
1240	linguistically appropriate services. Such services combine typical clinical best practices with
1240	specially trained, often culturally concordant providers who incorporate cultural practices and
1241	shared experience intto the treatment and relationship with clients. ¹⁷⁷ This Plan incorporates
1243	this input in:
1243	 Section V.A. A. Strategy 1: Create and Operate Five Crisis Care Centers: Clinical Program
1244	Overview, which defines the crisis care center clinical model and post-crisis stabilization
1245	
	resources;
1247	Section V. E. Strategy 5: Capacity Building and Technical Assistance: Capacity Building for
1248	Providers with Expertise in Culturally and Linguistically Appropriate Services, which will
1249	invest in capacity building for crisis care centers operators to further enhance their
1250	capacity to deliver culturally and linguistically appropriate services, and
1251	<u>Section VII.A. Evaluation and Performance Measurement Principles</u> , which will measure
1252	how well crisis care centers are meeting these needs to hold DCHS accountable for
1253	implementing and improving upon culturally and linguistically appropriate services.
1254	
1255	Integrate Care for People Who Use Substances
1256	Community members identified substance use services as an essential resource to include in
1257	crisis care centers because so many people in a mental health crisis have co-occurring substance
1258	use or their crisis is primarily related to substance use. ¹⁷⁸ Service provider partners emphasized
1259	that the model should include medication for opioid use disorder (MOUD), withdrawal
1260	management (sometimes referred to as "detox"), substance use counseling, distribution of
1261	overdose prevention supplies like naloxone, and testing for HIV and Hepatitis C.
1262	

¹⁷⁵ According to the Substance Abuse and Mental Health Services Administration (SAMHSA), "person-centered care—also known as patient-centered care—means consumers have control over their services, including the amount, duration, and scope of services, as well as choice of providers. Person-centered care also is respectful and responsive to the cultural, linguistic, and other social and environmental needs of the individual. Family-centered care recognizes the important role of family members and caregivers in the design and implementation of services." [LINK]

¹⁷⁶ SAMHSA's working definition of "recovery-oriented care" defines recovery as a process of change through which individuals improve their health and wellness, live self-directed lives, and strive to reach their full potential. Recovery signals a dramatic shift in the expectation for positive outcomes for individuals who experience mental and substance use conditions or the co-occurring of the two. [LINK]

¹⁷⁷ National Culturally and Linguistically Appropriate Services (CLAS) Standards. Think Cultural Health, U.S. Department of Health & Human Services [LINK]

¹⁷⁸ Group for the Advancement of Psychiatry. (2021). Roadmap to the Ideal Crisis System: Essential Elements. Measurable Standards and Best Practices for Behavioral Health Crisis Response. National Council for Mental Wellbeing [LINK]

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1263	Least Restrictive Care
1264	Community partners, especially peer specialists and people with lived experience of a behavioral
1265	health condition, frequently voiced a preference for crisis care center services to be voluntary as
1266	much as possible. Some community partners acknowledged that state regulations, as well as
1267	rare uncontrollable circumstances, such as when someone is refusing help even when their life
1268	is in danger, might require involuntary interventions such as detention by a law enforcement
1269	officer, placement of Involuntary Treatment Act (ITA) holds by a designated crisis responder
1270	(DCR), involuntary medications, seclusions, and restraints. ¹⁷⁹ Most community partners agreed
1271	that involuntary interventions should be minimized by proactively engaging someone in
1272	treatment decisions whenever possible in the least restrictive setting. Furthermore, community
1273	partners expressed consensus that use of involuntary interventions should be a focus of
1274	monitoring and accountability for crisis care centers.
1275	
1276	Special Considerations for Serving Children, Youth, and Young Adults in Crisis
1277	Youth, parents, and providers serving youth clearly stated that behavioral health services for
1278	youth differ from adult services in many important ways, and that these differences need to be
1279	reflected in the youth crisis care center model. Youth behavioral health service providers
1280	explained that adolescents' needs differ from the needs of young children (up to approximately
1281	age 12), and very young children (up to age 6) and have their own special needs during a
1282	behavioral health crisis. Multiple community partners, including youth, also emphasized the
1283	unique needs of transition age youth (ages 18-24), also known as young adults, who may not be
1284	well served in a combined crisis care center setting with more mature adults. ¹⁸⁰ The needs of
1285	families, caregivers, and unaccompanied youth also emerged as important factors. Community
1286	members also described the high likelihood that young people with intellectual and
1287	developmental disabilities (IDD) will present to crisis care centers. They emphasized the
1288	importance of having staff who are specially trained to meet these unique needs. These
1289	recommendations were critical to informing the clinical model for the youth crisis care center
1290	described in Section V.A. Strategy 1: Create and Operate Five Crisis Care Centers: Clinical Model
1291 1292	for Youth Crisis Care Center.
1292	Additional Clinical and Support Considerations
1293	Community members discussed the importance of childcare for parents in a
1295	behaviorial behavioral health crisis, care for pets, safe storage of belongings, nutrition and meal
1296	services, full-scope medication formulary, basic laboratory testing, and transportation. Though
1297	many of these recommendations are beyond the strategic scope of this Plan, DCHS will take this
1298	community feedback into account for future procurement and operational phases of crisis care

¹⁷⁹ King County Crisis and Commitment Services offers evaluation of people with behavioral health disorders for involuntary detention in psychiatric and secure withdrawal facilities according to Washington law. The law for adults is RCW 71.05. [LINK] For youth 13 through 17 years of age the law is RCW 71.34. [LINK] Crisis and Commitment staff who perform these duties are referred to as Designated Crisis Responders (DCRs). They are mental health professionals who are specially trained to conduct a holistic investigation of risk and to treat the person in need with dignity and respect during their time of Crisis. Crisis and Commitment Services are available 24 hours a day, 365 days a year. [LINK]

¹⁸⁰ "Young adult," also known as "transition age youth" means a person between eighteen and twenty-four years of age, per RCW 43.330.702 – Homeless youth—Definitions. [LINK]

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1299

center services.

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1300 1301 Theme B: Increase Access to Care for Populations Experiencing Behavioral Health Inequities 1302 Communities repeatedly voiced an absence of suitable or equitable care access points for when 1303 someone is in a behavioral health crisis. The service gaps described previously in the section Section 1304 III.C. above on Need for Places to Go When in Crisis have real impacts on communities. Community 1305 partners reported that existing conditions of limited access to real-time behavioral health crisis services 1306 leave people suffering without the care they need and at high risk of their crisis becoming significantly 1307 worse. Community members identified that this pattern is particularly prominent among Black, 1308 Indigenous, and People of Color (BIPOC) communities. 1309 1310 **Desirable Location Attributes** 1311 Community members, especially people living in rural areas, shared that a critical need is for facilities to be located in places that are easy to access and close to multiple forms of 1312 1313 transportation. Geographic and transportation accessibility are critical both for people who seek services themselves as well as for people who are dropped off by first responders. Community 1314 1315 members also identified that County-funded transportation should be flexible with reduced 1316 barriers such as having costs covered, so that people can come to crisis care centers with 1317 confidence that they'll be able to get back to places such as their home or an appropriate clinical 1318 care setting. This input informed the capital facility siting requirements described in Section V.A. 1319 Strategy 1: Create and Operate Five Crisis Care Centers: Crisis Care Center Capital Facility 1320 Development. 1321 1322 Community Outreach among Populations Experiencing Behavioral Health Inequities 1323 Community partners urged the County to promote the launch of crisis care centers. They said 1324 that the County should emphasize conducting outreach about the opening of crisis care centers 1325 to promote awareness within populations that experience behavioral health inequities (see above section on Section III.C. Who Experiences Behavioral Health Inequities). Community 1326 1327 members advocated for an advertising effort to increase awareness about these new resources, 1328 particularly in communities that have historically been marginalized and/or under-served. They 1329 also cautioned that word of mouth will be powerful, with the possibility of community members 1330 either avoiding services based on negative reports, or greater utilization based on positive 1331 experiences. Section V.G. Strategy 7: Crisis Care Centers Levy Administration: Community 1332 Engagement includes funding of ongoing community engagement to increase awareness of crisis care center services and associated resources across communities in King County. The goal 1333 1334 of this public education work is to increase access to care for populations experiencing 1335 behavioral health inequities. To promote equitable access to crisis care centers, there will be a 1336 requirement for crisis care center operators to assess the potential equity impacts of their 1337 proposed facility as described in Section V.A. Strategy 1: Create and Operate Five Crisis Care 1338 Centers: Crisis Care Center Capital Facility Development describing the capital facility siting 1339 process. 1340 1341 Theme C: Challenges of Community Resource Limitations

1342 Though the CCC Levy is primarily focused on creating capacity for a front door to care, community
1343 partners raised important questions about the back door to ongoing community-based services after a
1344 person leaves a crisis care center.

1345

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1346	Need to Build a "Bridge to Somewhere"
1347	People with lived experience and behavioral health providers shared the viewpoint that the
1348	period immediately following a crisis episode is a high-risk period for negative outcomes, and
1349	that it is important to create pathways so that a crisis service is not a "bridge to nowhere," but
1350	instead can link someone a person to resources to continue to recover, such as primary care
1351	services, behavioral health services, social services, and housing resources. Providers with
1352	experience operating acute care facilities shared concerns about how limitations of community
1353	resources like housing resources and outpatient behavioral health services can cause
1354	bottlenecks that make it difficult to discharge people from crisis settings, which in turn can
1355	impact facility capacity. Community partners also expressed concerns that crisis services that do
1356	not bridge to other supports could risk cycling people through crisis systems in a way that is just
1357	as problematic as emergency or jail settings. Community members and providers alike
1358	advocated to increase access to resources for people in the immediate aftermath of a crisis
1359	episode, including access to housing resources. This Plan describes post-crisis stabilization
1360	resources in Section V.A. Strategy 1: Create and Operate Five Crisis Care Centers: Post-Crisis
1361	Stabilization Activities that were directly informed by this community feedback.
1362	
1363	Care Coordination and Peer Engagement
1364	In the aftermath of a behavioral health crisis, people may need to be connected to a range of
1365	health and social services such as outpatient care, primary care, housing resources, and public
1366	benefits enrollment. However, many barriers exist to successfully connecting with these
1367	resources. Community partners described barriers such as distrust of providers, concerns about
1368	cost of services, difficulties with transportation and making appointments (especially for those
1369	experiencing homelessness or housing instability), and stigma. Providers also described
1370	fragmented health records systems that prevent information sharing necessary to transition a
1371	person's care, including when trying to re-connect someone with an existing provider. Among
1372	the peer-run organizations that participated in the CCC Levy planning process, one solution that
1373	was voiced often was the value of peer navigators and peer bridgers who can support people
1374	who were recently in crisis to access the resources they need. The post-crisis follow-up program
1375	described in Section V.A. Strategy 1: Create and Operate Five Crisis Care Centers: Post-Crisis
1376	Stabilization Activities, as well as the care coordination infrastructure investments in Section
1377	V.G. Strategy 7: Crisis Care Centers Levy Administration: Develop Data Systems Infrastructure
1378	and Technology, both aim to address these needs.
1379	
1380	Theme D: Interim Solutions While Awaiting Crisis Care Centers
1381	Throughout the implementation planning process, there was a clear sense of urgency among community
1382	partners to invest in resources that can serve people as quickly as possible. Since it can take a long time
1383	for facilities to be constructed and initiate operations, community members advocated for expedited
1384	resources to be implemented while awaiting crisis care centers to come online.
1385	
1200	Increase of Conservative Deced Decreases

1386Importance of Community-Based Response1387Some community members, especially parents of young people who had been in crisis,1388advocated for expanding community-based response resources, such as mobile crisis services.1389Though crisis facilities may present a front door to care that is not widely available at the time of1390this Plan's drafting, many people shared during community meetings that they would prefer to1391be served in their own environment by an outreach or mobile crisis team. Section V.D. Strategy13924: Early Crisis Response Investments: Increase Community-Based Crisis Response Capacity

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1393 describes ways that DCHS aims to respond to this community feedback by investing in an 1394 expansion of community-based crisis services beginning in 2024. 1395 1396 Urgency of the Opioid Overdose Crisis 1397 Another matter of urgency that community members frequently mentioned during engagement 1398 was the opioid overdose crisis. Though there is access to some substance use services and harm 1399 reduction approaches, particularly in downtown Seattle, many community members expressed 1400 ongoing concern about lack of access to essential resources such as the opioid overdose reversal 1401 medication naloxone. An early crisis response investment in Section V.D. Strategy 4: Early Crisis 1402 Response Investments: Reduce Fatal Opioid Overdoses by Expanding Low Barrier Opioid 1403 Reversal Medication would aim to reduce overdoses beginning in 2024. 1404 1405 Theme E: Residential Treatment Facility Preservation and Expansion 1406 To understand the needs of the residential treatment sector, the CCC Levy planning team engaged in a 1407 series of conversations with residential treatment facility operators. These included key personnel 1408 informantional interviews with leadership and front-line workers and onsite visits to 1409 facilities. See Appendix E: Site and Field Visits for a complete list of residential treatment facility site 1410 visits. Throughout this engagement, conversations centered around understanding the needs of 1411 residential treatment facilities for both adult and youth populations, with an emphasis on the loss of 1412 facilities in recent years and the resources needed to preserve existing facilities and to add more. 1413 Additionally, operators shared insights regarding the value of providing residential treatment services to 1414 community members and impact that facility closures have had on the County's overall behavioral 1415 health system. 1416 1417 Residential treatment facility operators shared their challenges operating residential facilities, including 1418 historic underinvestment in residential treatment facility capital and maintenance funding. For example, 1419 aging facilities require ongoing and often increasing maintenance expenses. Due to inflation and rising 1420 costs, operators shared that they do not have enough funding to pay for maintenance and other repairs. 1421 Operators expressed that with additional funding, they would be able to address building maintenance 1422 to make necessary repairs to facilities. This includes renovations to address health and safety issues, 1423 facility improvements such as HVAC repairs, renovations to community spaces, and facility expansion. 1424 1425 Residential treatment facility operator feedback helped to define the allowable activities that are 1426 described in Section V.B. Strategy 2: Restore, Expand, and Sustain Residential Treatment Capacity. 1427 Activities include both preservation of existing residential treatment facilities and expansion of 1428 residential treatment facilities. 1429 1430 Some feedback themes shared by community partners during engagement activities related to 1431 residential treatment services, including input about clinical care needs, are not addressed in this Plan 1432 because they fall outside of the scope of services that the CCC Levy is designed to address. This feedback 1433 will help inform future DCHS quality improvement activities outside of the CCC Levy. 1434 1435 Theme F: Behavioral Health Workforce Development 1436 Community engagement related to behavioral health workforce needs included both systemwide 1437 community behavioral health workforce issues and needs specific to the crisis care center workforce. 1438 DCHS gathered input from subject matter expert groups, listening sessions, and community engagement 1439 events. Feedback highlighted the workforce shortage as a key factor in the success of the crisis care

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1440centers. Community members stressed the importance of providing culturally congruent care by having
a workforce reflective of the communities that they-workforce will serveare serving. Direct line workers
provided feedback regarding workforce challenges such as low wages, lack of opportunities for career
advancement, and burnout. These themes are described in greater detail below and reflected in the
design of Section V.C. Strategy 3: Strengthen the Community Behavioral Health Workforce.

1446 Low Wages

1466

1475

1447 Community partners identified that strengthening the behavioral health workforce is important 1448 in increasing behavioral health service access for community members. Behavioral health 1449 agencies shared they struggle to provide care because workers are not entering the behavioral 1450 health workforce due to low wages. Front line workers shared that low wages impact their 1451 quality of life, including preventing workers from being able to afford to live in the communities 1452 where they work. Workers shared that when they are unable to live in the same communities 1453 where they work, they often experience long commutes, which in turn contributes to job 1454 dissatisfaction and the decision to seek employment in jobs that pay a higher wage or are 1455 located closer to home. Workers also identified that low wages are also a constant challenge for 1456 people who need to pay for childcare or family care expenses. 1457

1458 Barriers to Entering the Behavioral Health Workforce

1459Higher education is often a requirement for positions within the behavioral health workforce.1460Community partners shared that this is often a barrier for people to enter the behavioral health1461workforce, especially for populations that have been disproportionally marginalized and have1462faced barriers to accessing higher education. Community members identified activities such as1463loan repayment, tuition assistance, assistance with professional licensure fees, and stipends for1464books and other supplies as examples of activities that reduce barriers for people to enter and1465remain in the behavioral health workforce.

1467 Worker Retention and Professional Development

1468Front line behavioral health workers shared their experiences with work burnout and how it1469impacts their longevity in the community behavioral health field. Workers shared they1470sometimes experience burnout in their roles, don't have skills to move into a different role, and1471don't have the resources to access professional development and training to advance their1472careers. Workers shared that professional development opportunities, more robust clinical1473supervision, and additional support at work would help them feel valued and would help them1474grow professionally.

1476 Limited Collaboration Between Community Behavioral Health and Schools

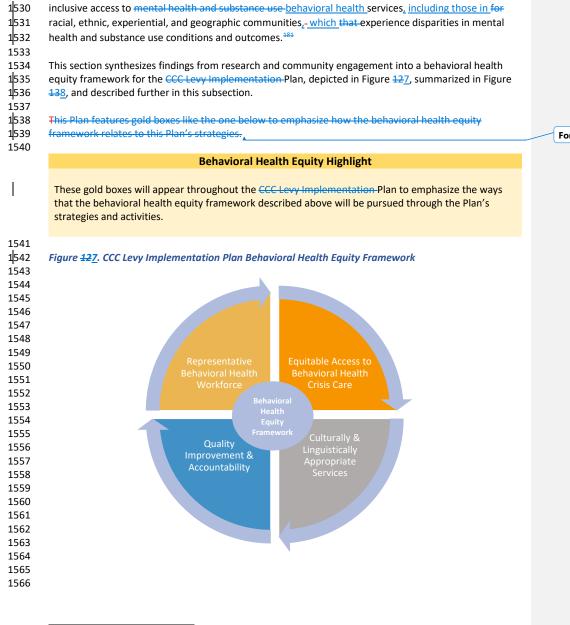
1477During listening sessions, front line behavioral health workers shared feedback about their1478professional pathway entering community behavioral health. Workers expressed concerns1479about the lack of formal career pathways between schools that train behavioral health1480professionals and community behavioral health agencies. Additionally, clinical supervisors1481shared the need to increase awareness among students and workers about the various1482behavioral health career opportunities and pathways available within community behavioral1483health agencies.

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1485	Importance of Workforce Representation	
1486	Community members participating in engagement activities shared that a more diverse	
1487	behavioral health workforce is needed, for both future crisis care centers and existing	
1488	community behavioral health agencies. During focus groups, community members stated that	
1489	when someone is seeking care, a behavioral health professional with similar lived experiences	
1490	helps to increase the level of comfort for the person accessing care. Community members also	
1491	shared that a more representative workforce, at both the frontline and leadership levels, can	
1492	influence practices and conditions within behavioral health agencies to be more inclusive of the	
1493	different cultures and identities of people seeking behavioral health care.	
1494		
1495	Feedback solicited through community engagement helped define the allowable funding activities	
1496	described in Section V.C. Strategy 3: Strengthen the Community Behavioral Health Workforce. Activities	
1497	funded in this Plan address both the workforce at crisis care centers and the systemwide community	
1498	behavioral health workforce.	
1499		
1500	Theme G: Accountability Mechanisms and Ongoing Community Engagement	
1501	Throughout the implementation planning process, community partners expressed appreciation for being	
1502	included in the early planning of the CCC Levy. They also voiced a strong preference to continue to be	
1503	involved in future phases of the CCC Levy, including monitoring CCC Levy outcomes.	
1504		
1505	Defining Measures of Success	
1506	Community partners demonstrated an interest in being involved in County processes to define	
1507	measures of success of the CCC Levy. Measures of interest include rates of improvement in	
1508	regard to someone's a person's behavioral health mental health or substance use c ondition, as	
1509	well as overall quality of life. Measures of equity across outcomes were also described as a	
1510	priority. These topics are addressed in <u>Section VII. Evaluation and Performance Measurement</u> ,	
1511 1512	which describes the evaluation and performance management plan for the CCC Levy.	
1512	Community Engagement During Future Planning Phases	
1513	Community partners voiced strong interest in being included during future planning phases. In	
1515	particular, partners expressed interest in providing ongoing input on the clinical implementation	
1516	of CCC Levy services and engaging around the opening of each crisis care center. Section V.G.	
1517	Strategy 7: Crisis Care Centers Levy Administration: Community Engagement includes activities	
1518	related to crisis system administration and includes long-term community engagement as a key	
1519	focus.	
1520		
1521	F. Behavioral Health Equity Framework	
1522	The CCC Levy will not succeed if it increases access to behavioral health crisis services without also	
1523	reducing inequities in who can access that care. Inequities in who can access behavioral health care at	
1524	the time of this Plan's drafting are described above in the section on Section III.C. Who Experiences	
1525	Behavioral Health Inequities. During this Plan's community engagement process, DCHS received	
1526	extensive community feedback from community partners about the importance of centering health	
1527	equity in this Plan, as summarized in the above previous section, Section III.E. on Key Findings of	
1528	Community Engagement Process. King County-Ordinance 19572 reinforces this approach by stating that	
1529	a key function of behavioral health facilities, including crisis care centers, is to promote equitable and	

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¹⁸¹-King County Ordinance 19572. [LINK]

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1567	Figure 138 . CCC Levy Implementation Plan Behavioral Health Equity Framework Summary	,
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CCC Le	vy Implementation Plan Behavioral Health	n Equity Framework Summary
Behavioral Health Equity Focus	Background and Community Engagement	CCC Levy Strategies and Activities
Increase equitable access to behavioral health crisis care	 Significant unmet behavioral health service needs in sociodemographic groups Need to reach out to underserved communities 	 Reduce cost/insurance barriers Increase geographic access 24/7 Promote awareness and outreach to populations that disproportionately face barriers to access
Expand availability of culturally and linguistically appropriate behavioral health services	 Clinical best practice to offer culturally and linguistically appropriate services (CLAS)¹⁸² Community demand for increased access to CLAS 	 Require and support crisis care center operators to offer CLAS Invest in providers with expertise in CLAS to expand services
Increase representativeness of the behavioral health workforce	 Culturally concordant care improves outcomes Community feedback advocating for increased diversity in behavioral health workforce 	 Train, recruit and retain a more representative behavioral health workforce
Promote accountability to health equity	 Need to put accountability mechanisms in place Ongoing community engagement is needed 	 Support community engagement throughout the CCC Levy period Track outcomes within and between demographic subpopulations Train providers on best practices for gathering demographic information needed to inform equity analyses

1568

1569This Plan's behavioral health equity framework aligns closely with King County's historic investments in1570addressing inequities.¹⁸³ In 2016, the Executive released the King County Equity and Social Justice1571Strategic Plan.¹⁸⁴ The CCC Levy is highly aligned with the main approaches laid out in the Equity and1572Social Justice Strategic Plan and includes investments in upstream resources to: prevent inequities and1573injustices, foster community partnerships, support County employees, and develop mechanisms to1574ensure transparent and accountable leadership. This Plan describes activities that further the Equity and1575Social Justice Strategic Plan's priority domains for pro-equity policies, including leadership, operations

1576 and services; plans, policies and budgets; workforce and workplace; community partnerships;

1577 communication and education; and facility and system improvements. 1578

1579 Equitable Access to Behavioral Health Crisis Care

 1580
 As described in Section III.C. Key Historical and Current Conditions:
 behavioral health services remains

 1581
 inaccessible to far too many people who need help. King County community members and providers

 1582
 clearly articulated that people in a behavioral health crisis face many barriers locally, as described in

¹⁸³ King County Ordinance 16948 [LINK]

¹⁸⁴ King County Equity and Social Justice Strategic Plan [LINK]

¹⁸² National Culturally and Linguistically Appropriate Services (CLAS) Standards. Think Cultural Health, U.S. Department of Health & Human Services [LINK]

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1583 Section III.E. Community Engagement Summary: Theme B: Increase Access to Care for Populations 1584 Experiencing Behavioral Health Inequities. 1585 1586 Public policies and social norms play a significant role in shaping social determinants of health that result 1587 in behavioral health inequities. Studies have shown that the most significant barriers to accessing 1588 behavioral health care are related to concerns about high costs and lack of health insurance.¹⁸⁵ These 1589 concerns are particularly prevalent among BIPOC communities, in part due to social policies that impeded generational accrual of wealth.¹⁸⁶ The CCC Levy will increase access to behavioral health crisis 1590 1591 care by making services available regardless of insurance status or ability to pay, as described in Section 1592 V.A. Strategy 1: Create and Operate Five Crisis Care Centers: Crisis Care Center Clinical Model and 1593 Section V.A. Strategy 1: Crisis Care Center Post-Crisis Follow-Up Program. While waiting for the crisis 1594 care centers to open, CCC Levy funds will also be used to invest funds starting in 2024 to expand access 1595 to community-based resources for residents of King County, as described in Section V.D. Strategy 4: 1596 Early Crisis Response Investments: Increase Community-Based Crisis Response Capacity, as well as 1597 substance use services, as described in Section V.D. Strategy 4: Early Crisis Response Investments: 1598 Reduce Fatal Opioid Overdoses by Expanding Low Barrier Opioid Reversal Medication and Section V.D. 1599 Strategy 4: Early Crisis Response Investments: Substance Use Capital Facility Investments. 1600 1601 Culturally and Linguistically Appropriate Services 1602 Access to, and engagement in, behavioral health care can also be impeded by a lack of cultural and 1603 linguistic appropriate services humility amongstamong providers, as well as language barriers.¹⁸⁷ These 1604 challenges are described in Section III.C. Key Historical and Current Conditions: Behavioral Health 1605 Inequities and were also raised by community members, as described in Section III.E. Community 1606 Engagement Summary: Culturally and Linguistically Appropriate Services. 1607 1608 Culturally and linguistically appropriate services best practices (CLAS) are nationally recognized as a way 1609 to improve the quality of services provided to all individuals, which will ultimately help reduce health 1610 disparities and promote health equity.¹⁸⁸ According to the U.S. Department of Health and Human 1611 Services, which developed the CLAS standards, all aspects of a provider's and a client's cultural identity, 1612 as depicted in Figure_159, influence the therapeutic process and are relevant to the expansion of CLAS 1613 as described throughout this Plan.

1614

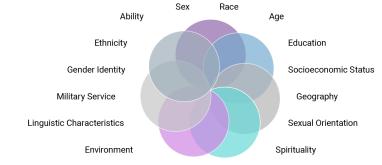
 ¹⁸⁵ Walker ER, Cummings JR, Hockenberry JM, Druss BG. Insurance status, use of mental health services, and unmet need for mental health care in the United States. Psychiatr Serv. 2015 Jun;66(6):578-84. [LINK]
 ¹⁸⁶ Coombs NC, Meriwether WE, Caringi J, Newcomer SR. Barriers to healthcare access among U.S. adults with mental health challenges: A population-based study. SSM Popul Health. 2021 Jun 15;15:100847. [LINK]

¹⁸⁷ Fountain House, From Harm to Health: Centering Racial Equity and Lived Experience in Mental Health Crisis Response, 2021. [LINK]

¹⁸⁸ National Culturally and Linguistically Appropriate Services (CLAS) Standards. Think Cultural Health, U.S. Department of Health & Human Services [LINK]

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Health Beliefs and Practices



617 Image Source: U.S. Department of Health and Human Services, Think Cultural Health.

1618 1619 The CCC Levy will increase availability of these clinical best practices by investing in crisis care centers 1620 and post-crisis follow-up services that include CLAS, as described in Section V.A. Strategy 1: Create and 1621 Operate Five Crisis Care Centers: Crisis Care Center Clinical Model and Section V.A. Strategy 1: Culturally 1622 and Linguistically Appropriate Post-Crisis Follow-Up Services. CCC Levy funds will also be used to support 1623 crisis care center operators with capacity building and technical assistance to ensure they are positioned 1624 to meet DCHS's equity goals, as described in Section V.E. Strategy 5: Capacity Building and Technical 1625 Assistance: Crisis Care Center Operator Regulatory and Quality Assurance Activities. Finally, behavioral 1626 health providers with expertise in CLAS will be eligible to receive funds to build their own capacity to 1627 better serve populations experiencing behavioral health inequities, as described in Section V.E. Strategy 1628 5: Capacity Building and Technical Assistance: Building for Providers with Expertise in Culturally and 1629 Linguistically Appropriate Services. 1630

Behavioral Health Equity Highlight

Section III.F. Behavioral Health Equity Framework: Culturally and Linguistically Appropriate Services describes how access to behavioral health care can be impeded by a lack of cultural humility amongst providers and by language barriers.¹⁹⁰ These challenges are described in Section III.C. Key Historical and Current Conditions: Who Experiences Behavioral Health Inequities and were also raised by community members, as described in Section III.E. Community Engagement Summary: Culturally and Linguistically Appropriate Services.

<u>Culturally and linguistically appropriate services (CLAS) are nationally recognized as a way to improve</u> <u>the quality of services provided to all individuals, which will ultimately help reduce health disparities</u> <u>and promote health equity.</u>¹⁹¹ <u>The CCC Levy will increase availability of these clinical best practices by</u> investing in crisis care centers that include CLAS, including interpretation and translation services. CCC

¹⁸⁹ Image Source: U.S. Department of Health and Human Services, Think Cultural Health: Improving Cultural Competency for Behavioral Health Professionals [LINK]

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Levy funds will be used to support crisis care center operators with capacity building and technical assistance to ensure they are positioned to meet DCHS's equity goals, as described in Section V.E. Strategy 5: Capacity Building and Technical Assistance: Crisis Care Center Operator Regulatory and Quality Assurance Activities.

1631

1632 Representative Behavioral Health Workforce

1633 In addition to offering CLAS as part of clinical best practices, there is evidence that improving diversity 1634 among behavioral health workers to better reflect the communities they serve may help improve communication and trust while reducing behavioral health disparities. ^{192,193} Based on both the 1635 1636 background in Section III.C. Key Historical and Current Conditions: Behavioral Health Workforce 1637 Shortages and the community engagement described in Section III.E. Community Engagement Summary: 1638 Importance of Workforce Representation, there are investments to improve the representativeness of the community behavioral health workforce, as described in Section V.C. Strategy 3: Strengthen the 1639 1640 Community Behavioral Health Workforce: Community Behavioral Health Workforce Representation. 1641 1642 Quality Improvement and Accountability 1643 The final behavioral health equity focus in this Plan relates to ensuring that equity objectives are realized 1644 to both improve quality of care and hold the County and behavioral health providers accountable. 1645 Community members provided this feedback prominently, as described in Section III.E. Community 1646 Engagement Summary: Theme G: Accountability Mechanisms and Ongoing Community Engagement. 1647 The CCC Levy's operations funding for crisis care center operators includes funds to collect high quality data about client characteristics, as described in Section V.A. Strategy 1: Collect and Report High Quality 1648 1649 Data, and then to use this information to implement continuous quality improvement activities that 1650 monitor and concertedly aim to reduce observed disparities, as described in Section V.A. Strategy 1: 1651 Continuous Quality Improvement. The CCC Levy will further invest in community-based organizations or 1652 behavioral health providers with expertise in CLAS to provide subject matter expertise to the County to 1653 ensure that quality improvement activities are appropriately monitoring and advancing these equity 1654 goals, as described in Section V.G. Strategy 7: Crisis Care Centers Levy Administration: Expertise to 1655 Support Oversight of Behavioral Health Equity. Additional accountability will occur through the formal 1656 evaluation of the CCC Levy, whose funded activities are described in Section V.F. Strategy 6: Evaluation 1657 and Performance Measurement Activities and details are provided in Section VII. Evaluation and 1658 Performance Measurement. The annual reports will include information about these equity analyses, 1659 including information on geographic variations that may provide insights into serving rural communities, 1660 as described in Section VIII.B. Reporting Methodology to Show Geographic Distribution by ZIP Code. 1661 1662 In addition to collecting, analyzing, and reporting on data and metrics in a way that accounts for this 1663 Plan's behavioral health equity framework, DCHS will engage community partners in an ongoing

- manner, as described in <u>Section V.G. Strategy 7: Crisis Care Centers Levy Administration: Community</u>
- 1665 Engagement. The Behavioral Health Advisory Board, the advisory body of the CCC Levy, will also play an
- 1666 important role by providing a forum for people with demographics representative of King County, as

¹⁹² Shen MJ, Peterson EB, Costas-Muñiz R, Hernandez MH, Jewell ST, Matsoukas K, Bylund CL. The Effects of Race and Racial Concordance on Patient-Physician Communication: A Systematic Review of the Literature. J Racial Ethn Health Disparities. 2018 Feb;5(1):117-140. [LINK]

¹⁹³ Chao, P.J., Steffen, J.J., and Heiby, E.M. (2012). The effects of working alliance and client-clinician ethnic match on recovery status. *Community Mental Health Journal* (48), 91-97 [LINK]

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well as lived experience of mental health and substance use conditions to advise DCHS on the CCC Levy 1667

1668 implementation, as described in Section IX. Crisis Care Centers Levy Advisory Body.

1669 1670

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1671 IV. Crisis Care Centers Levy Purposes

1672 King County-Ordinance 19572 defines the Crisis Care Centers (CCC) Levy's Paramount Purpose and two

1673 Supporting Purposes.⁴⁹⁴ The Paramount Purpose is to establish and operate a network of five crisis care

- 1674 centers in King County. Supporting Purpose 1 is to restore and expand mental health residential
 1675 treatment capacity and Supporting Purpose 2 is to strengthen King County's community behavioral
- 1676 health workforce. The Levy's purposes <u>are summarized in Figure 16</u>.

1677

1678 Figure 16. Summary of Crisis Care Centers Levy Purposes

	•
Crisis Care Centers: Establish and operate a regional network of five crisis	
care centers in King County, with at least one in each of the four crisis	
response zones and one serving youth.	
Residential Treatment: Restore the number of mental health residential	
treatment beds to at least 355 and expand the availability and sustainability	
of residential treatment in King County.	
Community Behavioral Health Workforce: Increase the sustainability and	
representativeness of the behavioral health workforce in King County by	
expanding community behavioral health career pathways, sustaining and	
expanding labor-management workforce development partnerships, and	
supporting crisis workforce development.	
	 Care centers in King County, with at least one in each of the four crisis response zones and one serving youth. Residential Treatment: Restore the number of mental health residential treatment beds to at least 355 and expand the availability and sustainability of residential treatment in King County. Community Behavioral Health Workforce: Increase the sustainability and representativeness of the behavioral health workforce in King County by expanding community behavioral health career pathways, sustaining and expanding labor management workforce development partnerships, and supporting crisic workforce dovalopment

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1680 The CCC Levy's Paramount and two Supporting Purposes are required by Ordinance 19572 and will

significantly support King County residents' behavioral health. However, the CCC Levy cannot transformor repair the region's entire system of behavioral health care. Attempting to do so without first fulfilling

1683 the CCC Levy's required purposes risks dissipation of the CCC Levy's resources. To promote focused and

- 1684 high-quality implementation of this initiative, this Plan maintainprioritzes prioritizes the three
- 1685 mandatory, voter-approved purposes of the CCC Levy. 1686

1687 Paramount Purpose

1688 The Paramount Purpose of the CCC Levy is to create and support operations of a regional network of

1689five crisis care centers across King County, including at least one that specializes in serving youth. These1690crisis care centers will strengthen this region's community behavioral health system by creating safe and1691welcoming places for people experiencing an urgent behavioral health need to quickly access behavioral1692health care, as described in detail in Section V.A. Strategy 1: Create and Operate Five Crisis Care Centers.1693Crisis care centers will promote continuity of care by connecting people to behavioral health and social1694service resources to support ongoing recovery.

1696 Supporting Purpose 1

1697Supporting Purpose 1 will restore mental health residential beds lost in King County since 2018. During1698this brief period, King County's mental health residential bed capacity has dropped by 115 beds, or1699nearly one third. To restore this bed capacity to 355 beds as King County had in 2018, the CCC Levy will1700fund capital and maintenance expenses to preserve existing and build new mental health residential1701treatment beds in King County, as described in detail in Section V.B. Strategy 2: Restore, Expand, and1702Sustain Residential Treatment Capacity.

¹⁹⁴-King County Ordinance 19572 [<u>LINK</u>].

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1703

1704 Supporting Purpose 2

1705 Supporting Purpose 2 addresses community behavioral health workforce shortages and the need to

grow and sustain the behavioral health workforce, including but not limited to the workforce at theregion's new crisis care centers. Investments related to this purpose are intended to increase the

1707 region's new crisis care centers: investments related to this purpose are intended to increase the 1708 sustainability and representativeness of the behavioral health workforce by expanding community

behavioral health career pathways, sustaining and expanding labor-management workforce

1710 development partnerships, and supporting crisis workforce development.¹⁹⁵ These activities are

1711 described in detail in <u>Section V.C. Strategy 3: Community Behavioral Health Workforce</u>.

1712

1713 V. Crisis Care Centers Levy Strategies and Allowable Activities

1/14 King County-Ordinance 19572 requires this Plan to define strategies for how CCC Levy funds will be

1715 invested between 2024 and 2032 to achieve the Levy's purposes.¹⁹⁶ This Plan's strategies reflect

Ordinance 19572 requirements and input from community partners, subject matter experts, and DCHS
 staff, as described in <u>Section III.D. Background: Implementation Plan Methodology</u>.

1718

1719 Figure <u>17-10</u> summarizes the strategies, and Figure <u>18-11</u> illustrates which strategies directly and

1720 indirectly support each of the CCC Levy's purposes. Descriptions of each strategy and its allowable

1721 expenditures and activities follow the summary figures.

1722

L

1

¹⁹⁵ A focus of the Plan is to increase accessibility of behavioral health services, including crisis services funded by the CCC Levy, for all King County residents, including populations who experience behavioral health inequities. A consistent theme of community engagement was the importance for people seeking care of culturally and linguistically congruent services, staff with lived experience of behavioral health crises, and demographic representativeness. Establishing a workforce that is representative of King County's population, with particular care to representativeness for populations experiencing behavioral health inequities (see <u>Section III.C. Who</u> <u>Experiences Behavioral Health Inequities</u>), will ensure that more King County residents can choose to receive care from a provider with whom they are comfortable and is one of this Plan's strategies to ensure that all King County residents have meaningful access to CCC Levy-funded facilities and services.

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1723 Figure 1710. Summary of the CCC Levy Strategies

	Summary of the CCC Levy Strategies
Strategy	Summary Description
Strategy 1 Create and Operate Five Crisis Care Centers Strategy 2 Restore, Expand, and Sustain Residential	 Capital funding to create and maintain five crisis care centers Operating funding to support crisis care center personnel costs, operations, services, and quality improvement Post-crisis follow-up for people after leaving a crisis care center Capital resources to restore mental health residential treatment capacity to at least 355 beds in King County Capital resources to expand and sustain residential treatment capacity
Treatment Capacity Strategy 3 Strengthen the Community Behavioral Health Workforce	 Resources to expand community behavioral health career pathways, including investments to stabilize and sustain King County's community behavioral health workforce and increase workforce representativeness Resources to expand and sustain labor management workforce development partnerships, including support for apprenticeships Resources to support the development of the region's behavioral health crisis workforce, including crisis care center workers
Strategy 4 Early Crisis Response Investments	 Resources to expand community-based crisis service capacity starting in 2024, before crisis care centers are open Resources starting in 2024 to respond faster to the overdose crisis
Strategy 5 Capacity Building and Technical Assistance	 Resources to support the implementation of CCC Levy strategies Support for capital facility siting Build capacity for culturally and linguistically appropriate services
Strategy 6 Evaluation and Performance Measurement	 Resources to support CCC Levy data collection, evaluation, and performance management Analyses of the CCC Levy's impact on behavioral health equity
Strategy 7 CCC Levy Administration	 Investments in CCC Levy administration, community engagement, information technology systems infrastructure, and designated crisis responder (DCR) accessibility¹⁹⁷
Strategy 8 CCC Levy Reserves	 Provide for and maintain CCC Levy reserves^{198,199}

¹⁷²⁴

¹⁹⁸ Ordinance 19704 created the crisis care center fund to account for CCC Levy proceeds. [LINK]
 ¹⁹⁹ This strategy creates a fund reserve equal to 60 days of budgeted expenditures, less capital expenses, consistent with King County Comprehensive Financial Management Policies (2016). [LINK]

¹⁹⁷ King County Crisis and Commitment Services offers evaluation of people with behavioral health disorders for involuntary detention in psychiatric and secure withdrawal facilities according to Washington law. The law for adults is **RCW 71.05**. [LINK] For youth 13 through 17 years of age the law is **RCW 71.34**. [LINK] Crisis and Commitment staff who perform these duties are referred to as Designated Crisis Responders (DCRs). They are mental health professionals who are specially trained to conduct a holistic investigation of risk and to treat the person in need with dignity and respect during their time of crisis. Crisis and Commitment Services are available 24 hours a day, 365 days a year. [LINK]

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How Each S	Strategy Advances the	CCC Levy's Purpos	es	
Strategy	Paramount Purpose Crisis Care Centers	Supporting Purpose 1 Residential Treatment	Supporting Purpose 2 Community Behavioral Health Workforce	Formatted: Keep with next
Strategy 1 Create and Operate Five Crisis Care Centers	Direct Link			Formatted: Keep with next
Strategy 2 Restore, Expand, and Sustain Residential Treatment Capacity		Direct Link		
Strategy 3 Strengthen the Community Behavioral Health Workforce	Direct Link		Direct Link	
Strategy 4 Early Crisis Response Investments	Indirect Link			
Strategy 5 Capacity Building and Technical Assistance	Direct Link	Direct Link	Indirect Link	
Strategy 6 Evaluation and Performance Measurement	Indirect Link	Indirect Link	Indirect Link	
Strategy 7 CCC Levy Administration	Indirect Link	Indirect Link	Indirect Link	
Strategy 8 CCC Levy Reserves	Indirect Link	Indirect Link	Indirect Link	

1727 A. Strategy 1: Create and Operate Five Crisis Care Centers

1728 Overview

1729 The Paramount Purpose of the CCC Levy is to create and operate a regional network of five crisis care 1730 centers across King County. The CCC Levy's network of crisis care centers will create a new front door for 1731 people in crisis who need behavioral health services. Crisis care centers will help people by:

- 1732 • Providing in-person behavioral health services tailored to the needs of people in <u>a</u> behavioral 1733 health crisis;
- 1734 Creating a dedicated place for people in crisis to receive effective care from specialized ٠ 1735 behavioral health providers;
- Serving as a destination for first responders, including law enforcement, to bring people who 1736 • 1737 need behavioral health care;
- 1738 Expanding King County's behavioral health continuum of care as a complement to services • 1739 funded through the KCICN, BH-ASO, and MIDD (see Section III.C. Key Historical and Current 1740 Conditions: Behavioral Health Service Funding Limitations and Opportunities), and

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1741 1742 1743	 Reducing reliance on hospital emergency departments, hospitals, and jails as places that people go when in <u>a</u> behavioral health crisis. 	
1744	This section provides an overview of the CCC Levy's crisis care center program and the allowable	
1745	activities within Strategy 1, including descriptions of:	
1746	• The clinical model for the five crisis care centers, including the one dedicated to serving youth;	
1747	Post-crisis stabilization activities to support people after a crisis care center visit;	
1748	 DCHS's role to oversee and improve the quality of the crisis care centers; 	
1749	 Allowable operational and capital funding activities for crisis care centers; 	
1750	 Crisis care center capital facility requirements, and 	
1751		
1751	The crisis care centers procurement and siting process.	
	Crisis Care Center Clinical Drogram Querview	
1753 1754	Crisis Care Center Clinical Program Overview	
1754	The purpose of this Plan is to guide DCHS in its administration and implementation of the CCC Levy. This section of the Plan describes the initial vision for crisis care centers operations to inform appropriate	
1755	County-level guidance for levy-level administration activities such as procurements, contracting,	
1757	performance measurement, and communications with communities. This Plan does not preempt	
1758	relevant state or federal laws or regulations. It also is not intended to interfere with patient-level care	
1759	decisions that are more appropriately governed outside of a County-level implementation plan.	
1760		
1761	DCHS will refine this clinical program and model during procurement and implementation phases based	
1762	on improved understanding of community needs. Refinements are expected to, to incorporate rapid	
1763	advancements in the evidence base for effective behavioral health care, to satisfy future federal and	
1764	state regulatory guidance and licensing rules, and useing continuous quality improvement practices that	
1765	respond to performance data and community accountability. (See more on Section V.A. Strategy 1	
1766	Create and Operate Five Crisis Care Clinics: Oversight of Crisis Care Center Quality and Operations later	
1767	in this subsection).	
1768		
1769	The crisis care center clinical program model has four parts:	
1770	1. Clinical components,	
1771	2. Services,	
1772	3. A facility , and	
1773	4. An operator .	
1774		
1775	Specifically, the crisis care center clinical program has three clinical components (24/7 Behavioral Health	
1776	Urgent Care, 23-Hour Observation Unit, and Crisis Stabilization Unit), in which services (assessment,	
1777	triage, interventions, referrals) are provided at a sited facility (see Section V.A. Strategy 1:Created and	
1778	Operated Five Crisis Care Centers: Crisis Care Center Capital Facility Development) by an operator that	
1779	has been competitively selected by DCHS (see <u>Section V.A. Strategy 1:Created and Operated Five Crisis</u>	
1780	Care Centers: Crisis Care Center Procurement and Siting Process).	
1781		
1782	This clinical program model is based on multiple inputs, including:	
1783 1784	 The core elements of crisis care centers as defined in <u>King County</u> Ordinance 19572 (see Figure <u>1912</u>).²⁰⁰ 	
I	²⁰⁰ King County Ordinance 19572 [LINK]	

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785	SAMHSA's National Guidelines for Behavioral Health Crisis Care, which call for the creation of
86	crisis facilities ("somewhere to go") for people in crisis to seek help as part of a robust
87	behavioral health crisis system (see Section III.C. Key Historical and Current Conditions: Need for
88	Places to Go When in Crisis), ^{201,202}
89	The CCC Levy community engagement process, which identified several clinical best practices
90	that helped inform many of the clinical model components (see Section III.E. Community
)1	Engagement Summary: Theme A: Implement Clinical Best Practices in Crisis Services);
2	 Key informant-Informational interviews with subject matter experts and other community
3	partners, which helped tailor crisis care center services to local contexts and needs (see Section
4	III.D. Implementation Plan Methodology: Crisis Care Center Methodology); and
+ 5	 Site visits to 10 adult or youth behavioral health crisis facilities in Washington, California, and
6	Arizona (see Appendix E: Site and Field Visits).
7	
8	Figure <u>1912</u> . Crisis Care Center Definition as Defined in King County Ordinance 19572 ²⁰³
	Crisis Care Center Definition
	"Crisis care center" means a single facility or a group of facilities that provide same-day access to
	multiple types of behavioral health-crisis stabilization services, which may include, but are not limited
	to, those described in RCW 71.24.025(20), as amended. ²⁰⁴ A crisis care center shall endeavor to
	accept at least for initial screening and triage any person who seeks behavioral health crisis care.
	Among the types of behavioral health crisis stabilization services that a crisis care center shall provide
	are:
	A behavioral health urgent care clinic that offers walk-in and drop-off client screening and triage
	24 hours per day, seven days per week;
	 Access to onsite assessment by a designated crisis responder;
	 A 23-hour observation unit or similar facility and service that allows for short-term, onsite
	stabilization of a person experiencing a behavioral health crisis; and
	• A crisis stabilization unit that provides short-term, onsite behavioral health treatment for up to 14
	days or a similar short-term behavioral health treatment facility and service.
	A crisis care center shall be staffed by a multidisciplinary team that includes peer counselors. A crisis
	care center may incorporate pre-existing facilities that provide crisis stabilization services so long as
	their services and operations are compatible with this definition. Where a crisis care center is
	composed of more than one facility, those facilities shall either be geographically adjacent or shall
	have transportation provided between them to allow persons using or seeking service to conveniently
ļ	move between facilities.
9	
	DCHS intends for crisis care centers to incorporate clinical best practices, as described throughout the
1 (clinical model below. These best practices are summarized in Appendix G: Clinical Best Practices in
-	201 Substance Abuse and Mental Health Services Administration (2020) National Suidelines for Debayiaral Health
	²⁰¹ Substance Abuse and Mental Health Services Administration. (2020). National Guidelines for Behavioral Health Crisis Care - Best Practice Toolkit. [LINK]
	²⁰² Substance Abuse and Mental Health Services Administration: National Guidelines for Child and Youth Behaviora
	Health Crisis Care. Publication No. PEP22-01-02-001 Rockville, MD: Substance Abuse and Mental Health Services
	Administration, 2022. [LINK]
	Administration, 2022. [LINK] ²⁰³ King County Ordinance 19572 [LINK]
	The county oraniance 19972 [Entry

²⁰⁴ RCW 71.24.025. [LINK]

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1802Behavioral Health Crisis Services and include care that is trauma-informed, recovery-oriented, person-1803centered, culturally and linguistically appropriate, integrated, and delivered in the least restrictive1804setting. This Plan includes support for providers to implement these best practices through Section V.E.1805Strategy 5: Capacity Building and Technical Assistance. This model reflects high quality standards of1806compassionate and effective care in crisis settings. 205

1807

Behavioral Health Equity Highlight

Section III.F. Behavioral Health Equity Framework: Culturally and Linguistically Appropriate Services describes how access to behavioral health care can be impeded by a lack of cultural humility amongst providers and by language barriers.²⁶⁶ These challenges are described in <u>Section III.C. Key Historical</u> <u>and Current Conditions: Who Experiences Behavioral Health Inequities</u> and were also raised by community members, as described in <u>Section III.E. Community Engagement Summary: Culturally and</u> <u>Linguistically Appropriate Services</u>.

Culturally and linguistically appropriate services (CLAS) are nationally recognized as a way to improve the quality of services provided to all individuals, which will ultimately help reduce health disparities and promote health equity.²⁰⁷ The CCC Levy will increase availability of these clinical best practices by investing in crisis care centers that include CLAS, including interpretation and translation services. CCC Levy funds will be used to support crisis care center operators with capacity building and technical assistance to ensure they are positioned to meet DCHS's equity goals, as described in <u>Section V.E.</u> <u>Strategy 5: Capacity Building and Technical Assistance: Crisis Care Center Operator Regulatory and</u> Quality Assurance Activities.

1808

1809 Crisis Care Center Clinical Model

1810 The crisis care center clinical model described in this subsection applies to the four crisis care centers

1811 that will primarily serve adults. Figure 20-13 depicts the model and Figure 21-14 describes the model in

1812 greater detail. The youth crisis care center clinical model is described in the next section. This clinical

1813 model describes how at the time of this Plan's transmittal, DCHS expects crisis care centers will operate₇ 1814 providing a level of detail beyond what is included in King County Ordinance 19572.²⁰⁸ All of the crisis

1814 providing a level of detail beyond what is included in King County Ordinance 19572.²⁰⁹ All of the crisis 1815 care centers will offer the three clinical components (24/7 behavioral health urgent care, 23-hour

1816 observation, and crisis stabilization), which will provide different levels of care depending on each

1817 person's needs. The centers will primarily provide accessible and efficient assessment, short-term

stabilization, and triage to subsequent services and supports. <u>The youth crisis care center clinical model</u>
 is described in the next section.

1820

²⁰⁶-Fountain House, From Harm to Health: Centering Racial Equity and Lived Experience in Mental Health Crisis Response, 2021. [LINK]

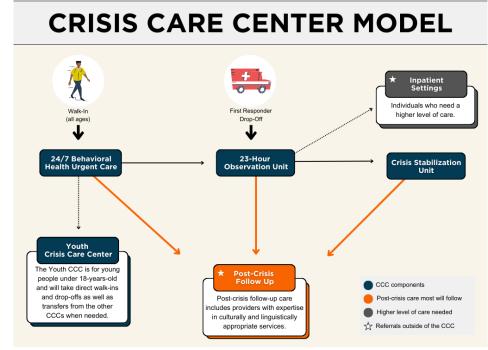
²⁰⁷-National Culturally and Linguistically Appropriate Services (CLAS) Standards. Think Cultural Health, U.S. Department of Health & Human Services [LINK]

²⁰⁸ King County Ordinance 19572 [LINK]

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²⁰⁵ Group for the Advancement of Psychiatry. (2021). Roadmap to the Ideal Crisis System: Essential Elements. Measurable Standards and Best Practices for Behavioral Health Crisis Response. National Council for Mental Wellbeing. [LINK]

1821 Figure 2013. Crisis Care Center Clinical Model



1822 1823

1824 DCHS, in partnership with community behavioral health providers, will create crisis care centers that

1825 operate according to the clinical model depicted in Figure 20-13 above and described in Figure 21-14

1826 below.

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		Crisis Care Cent	er Clinical Model			
			Clinical Model Components			
		24/7 Behavioral Health Urgent Care	23-Hour Observation Unit	Crisis Stabilization Unit		
How can a person access care?	Specific to each <u>the clinical</u> component	Walk-in (no referral needed) or referred/brought in by provider/support system; adults and children	Triaged from 24/7 behavioral health urgent care; first responder direct drop-off	Triaged from 23-hour observation or other settings		
	Across all components	"No wrong door" access for all behavioral health needs; all welcome regardless of insurance or ability to pay; meets medically stability criteria				
What services are available?	Specific to each <u>the clinical</u> component	Initial screening and triage; access to basic needs; mental health and substance use evaluation; brief interventions; medication refills	Up to 23 hours and 59 minutes (with exceptions); full-scope acute psychiatric care; crisis stabilization services; treat basic medical needs; initiate withdrawal management	Up to 14 days; group therapy; substance use counseling; withdrawal management; complex care coordination		
	Across all components	Peer engagement; care that is person-centered, trauma-informed, and culturally and linguistically appropriate; medications for opioid use disorder; care coordination to health and social services, including basic housing resources; discharge planning				
Where can a person go next?	<u>Specific to the</u> <u>clinical</u> <u>component</u>	If medically unstable, to emergency room; if severe behavioral health symptoms and likely to benefit, to 23-hour observation (≥18 years) or youth crisis care center (<18 years)	If needs more time for stabilization, to crisis stabilization unit; if placed on hold by Designated Crisis Responder, transferred out to involuntary treatment setting	If longer-term supports needed, care transition to appropriate setting such as a higher level of care or a mental health or substance use residential treatment setting		
	Across all components	If none of the above, most referred to post-crisis follow-up programs and, if available, existing community-based providers; transportation provided to off-site settings				
What is the physical	<u>Specific to the</u> <u>clinical</u> <u>component</u>	Living room model with office space; separate section for youth	Recliner chairs; safety features; dedicated first-responder entrance; outdoor space	Beds in comfortable configuration; outdoor space		
space like?	Across all components	Safe and welcoming; comfortable furniture; balance between private and group spaces; areas for outside providers and families/caregivers				

1827 Figure-2114. Summary of the Crisis Care Center Clinical Model

1828

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1829 Access to Crisis Care Centers 1830 Crisis care centers are places to go in a crisis. People will primarily access care by self-presenting to the 1831 behavioral health urgent care clinic, which may include having another person like a service provider or 1832 family member bring the person. Just like a physical health urgent care clinic, people seeking same-day 1833 behavioral health care outside the traditional outpatient clinic setting should be able to access the 1834 behavioral health urgent care clinic as a "front door" to services. 1835 1836 Crisis care center operators shall work with relevant parties including community behavioral health 1837 providers, mobile crisis teams, co-responder teams, emergency medical services, or law enforcement to 1838 help facilitate transportation to crisis care center facilities from behavioral health provider locations as 1839 needed and subject to available resources. 1840 1841 Crisis care centers that operate either a crisis stabilization unit as defined in RCW 71.05.020, a 23-hour 1842 crisis relief center as defined in RCW 71.24.025, or both, shall accept individuals transported by law 1843 enforcement, in accordance with RCW 10.31.110, to those clinical components. 1844 1845 Crisis care centers will also receive drop-offs by first responders, which include, but are not limited to, 1846 mobile crisis teams, co-responder teams, emergency medical services, and law enforcement. First 1847 responder drop-offs will be made directly into the 23-hour observation unit through a dedicated first 1848 responder entrance. These drop-offs are expected be completed in an efficient manner so that first 1849 responders can return to their duties as quickly as possible. 1850 1851 Youth under age 18, including those who are unaccompanied by parents or caregivers as permitted by 1852 state law, will be able to seek behavioral health urgent care services in any of the crisis care centers, 1853 though the youth crisis care center detailed in the next-a later subsection will be tailored best to their needs (see Clinical Model for Youth Crisis Care Center). Crisis care centers will follow the "no wrong 1854 1855 door" approach, meaning individuals will be able to receive at least an initial screening and triage for all 1856 clinical needs.²⁰⁹ Examples of "no wrong door" may include an individual facing their first behavioral 1857 health crisis episode, someone without regular access to behavioral health care, or an established client 1858 seeking services outside their outpatient clinic's standard hours. Services will be available regardless of 1859 ability to pay and without an appointment.²¹⁰ DCHS will work with crisis care center operators, 1860 jurisdictions within the crisis response zone, and other crisis system partners to determine criteria and 1861 protocols to manage new admissions when a center is at full capacity. 1862 Crisis care center operators are encouraged to become a Safe Place Site or Licensed Safe Place Agency.

1863 1864

Behavioral Health Equity Highlight

Section III.F. Behavioral Health Equity Framework: Equitable Access to Behavioral Health Crisis describes how populations experiencing behavioral health inequities (see Section III.C. Key Historical and Current Conditions: Who Experiences Behavioral Health Inequities) have limited access to

²⁰⁹ Substance Abuse and Mental Health Services Administration. (2020). National Guidelines for Behavioral Health Crisis Care - Best Practice Toolkit. [LINK]

²¹⁰ King County Ordinance 19572 [LINK]

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behavioral health care, particularly because of high costs and lack of insurance.²¹¹-By increasing access to specialty behavioral health care as an alternative to emergency departments and jails, and by accepting all people regardless of insurance status or ability to pay, King County intends for crisis care centers to be structural solutions that can address these inequities at the root cause.

1866 Initial Screening and Triage

1865

1881

People coming to a crisis care center will receive an initial screening for mental health and substance use
 service needs, social service needs, and medical stability. Peer specialists will engage with each person,
 if appropriate, to help them feel welcome and safe. Based on feedback from community partners (see
 Section III.E. Community Engagement Summary: Theme A: Implement Clinical Best Practices in Crisis
 Services), all team members engaging with people experiencing a behavioral health crisis will be trained
 and supervised to use trauma-informed, recovery-oriented, and culturally and linguistically appropriate
 approaches (see <u>Appendix G: Clinical Best Practices in Behavioral Health Crisis Services</u>).

1875The goal of the initial screening is for the clinical team to work with the person in crisis to make shared1876decisions about what services and supports they may need. People who come to a crisis care center may1877be triaged to a more appropriate setting when they do not meet criteria for medical stability or do not1878have an active mental health or substance usebehavioral health crisis1879input from community partners including first responders.²¹² People who decline services will be treated1880respectfully so their experience increases their likelihood of accepting services in the future.

1882 Services Available at Crisis Care Centers

1883 Some services will be available throughout a crisis care center, while others will be specific to certain 1884 components identified in Figure 21 14. Regardless of how someone a person in a behavioral health crisis 1885 enters a crisis care center or which component they are in, crisis care center operators may first address 1886 each person's basic needs by providing resources such as food and water, clean clothes, and a safe place to rest. Peer specialists will work across the components to engage and support people to take steps 1887 1888 towards their recovery goals and access the services they need. Whenever possible, DCHS expects the 1889 crisis care center operator to collaborate with outside service providers to promote continuity of care 1890 and observe clinical best practices. 1891

Psychiatric providers will be available 24/7 to provide services that include, but are not limited to,
 medication refills, administration of long-acting injectable medications, and initiation of medications for
 psychiatric symptoms, opioid use disorder and substance use withdrawal.²¹³ Crisis care centers shall
 ensure prompt access to substance use disorder treatment on-site. Social service providers will be

1896 available to help access benefits and existing housing resources (see more on Housing Stability

1897 <u>Resources</u> later in this subsection). Supports for people with co-occurring behavioral health needs and
 1898 intellectual and developmental disabilities will also be available at the centers.

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³¹¹ Walker ER, Cummings JR, Hockenberry JM, Druss BG. Insurance status, use of mental health services, and unmet need for mental health care in the United States. Psychiatr Serv. 2015 Jun;66(6):578-84. [LINK]

²¹² First responders include, but are not limited to, mobile crisis teams, co-responder teams, emergency medical services, and law enforcement.

²¹³ Psychiatric providers include but are not limited to psychiatrists, psychiatric nurse practitioners, and psychiatric physician assistants.

Crisis stabilization complete will be offered only in the 22 hours observation write (up to 22 hours and 50
Crisis stabilization services will be offered only in the 23-hour observation units (up to 23 hours and 59 minutes, with possible exceptions depending on Washington State Department of Health regulations)
and crisis stabilization units. ²¹⁴ Services and methodologies in these components will include, but are
not limited to, maintaining a safe and healing environment, using de-escalation techniques, creating
safety plans and crisis plans, and providing evidence-based therapies and substance use counseling.
DCHS expects that the 23-hour observation unit to be equivalent to a psychiatric emergency service in
its ability to serve the full scope of mental health and substance use crises that people will present with
at the <u>facilities</u> crisis care centers. This <u>clinical</u> component will also have the most staff working at any
given time compared to the other components of a crisis care center, including staff to implement a
significant focus on maintaining a safe and healing environment. In contrast, DCHS expects the crisis
stabilization unit to be a lower level of care, with a focus on problem solving around complex health and
social service needs and engaging in short-term counseling within a maximum stay of 14 days.
Stabilization beds may be dual licensed to also provide medically monitored withdrawal management
services. ²¹⁵
In addition to services, the physical space of a crisis care center affects its function. ²¹⁶ Though the Site
and Facility Requirements subsection later in Section V.A. Strategy 1: Created and Operated Five Crisis
Care Centers: address the detailed regulatory requirements for these facilities, this subsection briefly
describes the clinical importance of the physical space based on the community feedback described in
Section III.E: Community Engagement Summary: Welcoming and Safe.
DCHS envisions that the crisis care centers will have design features that include, but are not limited to:
 a space that is both open and has flexible rooms to protect privacy when needed;
comfortable, private, and calming spaces;
 a designated "swing" space to safely separate youth and other vulnerable populations;
 spaces to accommodate outside service providers as well as family and caregivers;
 sound suppression features to prevent echoes and minimize over-stimulation for people living with intellectual or developmental disabilities;
 a dedicated entrance for first responders for discrete and efficient drop-offs, and
accessible outdoor space.
DCHS will provide technical assistance and oversight of crisis care center operators to design facilities
that support the clinical model described above.
Triage to the Next Level of Care
DCHS anticipates that most people who come in through the <u>behavioral health 24/7</u> urgent care clinic
will have their needs addressed in that setting with potential follow-up care (see <u>Section V. A. Post-</u>
Crisis Stabilization Activities) based on similar area models ²¹⁷ DCUS will establish triage evitoria, with
<u>Crisis Stabilization Activities</u>), based on similar care models. ²¹⁷ DCHS will establish triage criteria, with input from crisis care center operators and other community partners, for entry to the 23-hour crisis

²¹⁴ Washington State Department of Health Proposal Statement of Inquiry CR-101 regarding WSR 23-13-017, to implement 2SSB 5120 (2023). [LINK]

²¹⁵ Washington State Health Care Authority - Adult Withdrawal Management Services [LINK]

²¹⁶ Based on crisis center clinical leadership's report during a DCHS staff site visit to crisis facilities listed in Appendix E: Site and Field Visits ²¹⁷ Based on crisis center clinical leadership's report during a DCHS staff site visit to a crisis facility in Phoenix, AZ.

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observation or crisis stabilization units, which will be consistent for adult centers and tailored for
children (see <u>Clinical Model for Youth Crisis Care Center later in this subsection</u>). The criteria will include
with factors that may assess risk of suicide or violence, behavioral distress, withdrawal from substances,
and likelihood of benefitting from a higher level of care. Anyone under age 18 who needs a higher level
of care may be transferred to the youth crisis care center, as capacity allows. If someone needs longerterm services, the crisis care center team may initiate a referral to an appropriate care setting, such as a
mental health or substance use residential treatment setting.

1947 It is a priority of King County for behavioral health crisis care to be delivered in the least restrictive
 1948 way.²¹⁸ This means that the person receiving services remains in control of their own care as much as
 1949 possible. Community members provided clear support for this approach, as described in <u>Section III.E.</u>
 1950 <u>Community Engagement Summary: Least Restrictive Care</u>.

1951 1952 Only when a significant concern exists that a person meets statutory criteria for involuntary treatment 1953 and the person declines treatment, despite every effort to engage them in care voluntarily, DCHS 1954 anticipates that the crisis care center clinical staff will request an evaluation for potential involuntary 1955 treatment by a designated crisis responder (DCR), as required by the Involuntary Treatment Act.²¹⁹ A DCR would conduct a timely come as quickly as possible to conduct an evaluation onsite evaluation at a 1956 crisis care center, as required by King County Ordinance 19572.^{220,221} Section V.G. Strategy 7: Crisis Care 1957 1958 Centers Levy Administration: Designated Crisis Responder Accessibility provides resources to help 1959 expedite designated crisis responder response times. 1960

1961 If a DCR determines that someone requires involuntary treatment in accordance with the Involuntary

1962 Treatment Act, then the crisis care center may continue to provide services up until transfer to the most

appropriate alternative setting, such as a psychiatric hospital or evaluation and treatment (E&T) bed.
 DCHS will work with crisis care center operators to develop policies and procedures that minimize the

- 1964 DCHS will work with crisis care center operators to develop policies and procedures that minimize the 1965 use of involuntary interventions while remaining compliant with Washington State law. DCHS will
- 1966 require crisis care center operators to monitor and report on the use of involuntary interventions,

²¹⁹ The Involuntary Treatment Act (ITA) law for adults is RCW 71.05. [LINK] For youth 13 through 17 years of age the ITA law is RCW 71.34. [LINK]

²²⁰ King County Ordinance 19572 [LINK]

²²² RCW 71.05. [LINK]

1946

²¹⁸ Least restrictive care refers to care provided in settings that least interfere with a person's civil rights and freedom to participate in society. The practice of care in least restrictive settings supports the key values of selfdetermination in behavioral health care: that people should be able to disagree with clinician recommendations for care; that people should be informed participants in defining their care plan; and that state laws and agency policies are applied only as a last resort for people who are unable to act in their own self-interests. Detoxification and Substance Abuse Treatment. Rockville (MD): Substance Abuse and Mental Health Services Administration (US); 2006. (Treatment Improvement Protocol (TIP) Series, No. 45.) 2 Settings, Levels of Care, and Patient Placement. [LINK]

²²¹ King County Crisis and Commitment Services offers evaluation of people with behavioral health disorders for involuntary detention in psychiatric and secure withdrawal facilities according to Washington law. The law for adults is **RCW 71.05**. For youth 13 through 17 years of age the law is **RCW 71.34**. Crisis and Commitment staff who perform these duties are referred to as Designated Crisis Responders (DCRs) They are mental health professionals who are specially trained to conduct a holistic investigation of risk and to treat the person in need with dignity and respect during their time of Crisis. Crisis and Commitment Services are available 24 hours a day, 365 days a year [LINK]

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including assessing for potential disparities by race and other demographics. Crisis care center operators
 will also be required to use widely recognized national best practices such as the Six Core Strategies to
 Reduce Seclusion and Restraint Use, which promotes alternative interventions such as prevention of
 escalation, trauma-informed and person-centered approaches, and de-escalation techniques like
 affording the person ample space and time.²²³

1972

DCHS expects that, when someone is ready for discharge from a crisis care center, crisis care center
 team members will work with each person to determine appropriate transitions to engage with
 community-based health and social service resources. Resources include, but are not limited to,

1976 reconnecting people with their existing providers, initiating new outpatient referrals, providing

1977 prescription refills and medications for opioid use disorder, and linking people to post-crisis follow-up

1978 care. (See more on <u>Section V.A. Strategy 1:Created and Operated Five Crisis Care Centers: Post-Crisis</u>

1979 <u>Stabilization Activities-later in this subsection.</u>) To provide the clinical best practice of integrating 1980 behavioral health with physical health care, as described in Appendix G: Clinical Best Practices in

behavioral health with physical health care, as described in Appendix G: Clinical Best Practices in
 Behavioral Health Crisis Services, crisis care center operators may partner with primary care providers,

including federally qualified health centers (FQHCs) or similar programs, to facilitate referrals to primary
 care and access to low-cost medications.²²⁴

1984

1985 Clinical Model for Youth Crisis Care Center

1986The youth crisis care center will be a specialized clinical setting designed to serve young people, as well1987as their families and caregivers, in coordination with other youth behavioral health services available in1988King County. This youth clinical model describes how at the time of this Plan's transmittal DCHS expects1989crisis care centers will operate, providing a level of detail beyond what is included in King County1990Ordinance 19572.225

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1

The County intends for the youth crisis care center to be like the other four centers in most ways,
including its <u>three clinical</u> components, approach to screening and triage, available services, and physical
environment. However, youth crisis care centers will be a specialized child and adolescent behavioral
health setting. At a minimum, the youth crisis care center will:

- Offer services to and collaborate with the youth in <u>a behavioral health</u> crisis as well as their families and caregivers.
- Employ team members specially trained in youth behavioral health services and co-occurring
 intellectual and developmental disabilities.
- Employ peer specialists that include both young people and parent advocates with lived
 experience of navigating youth behavioral health services.
- Accommodate the unique needs of younger children and adolescents, such as the use of age specific stabilization units (for example, separate units for children 12 and under and for youth

²²⁵-King County Ordinance 19572 [LINK].

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²²³ National Association of State Mental Health Program Directors (2008). Six Core Strategies to Reduce Seclusion and Restraint Use. [LINK]

²²⁴ Health centers are community-based and patient-directed organizations that provide affordable, accessible, high-quality primary health care services to individuals and families. Health centers integrate access to pharmacy, mental health, substance use disorder, and oral health services in areas where economic, geographic, or cultural barriers limit access to affordable health care. Federally Qualified Health Centers and look alike health centers are eligible for increased reimbursement for services provided to Medicare and Medicaid beneficiaries. Health Resources and Services Administration (HRSA) - What is a Health Center? [LINK]

2004 2005 2006 2007 2008 2009 2010 2011 2012 2013 2014 2015	 ages 13 to 17), rather than distinct 23-hour observation and crisis stabilization units as in the adult centers.²²⁶ Accept transfers when a young person seen at one of the other crisis care centers is determined to meet criteria for facility-based care for reasons such as having a high risk of suicide, violence, or behavioral distress. Coordinate with the young person's existing support systems such as school wellness centers, child protective services, foster care, and juvenile justice systems. Include spaces for youth service providers, family and caregivers to facilitate coordination and engagement in care. Provide youth in need of community-based services with specialized short-term post-crisis wraparound services as the youth is transitioning to ongoing care. 				
2016	Crisis Care Center Operational Activities				
2017	Allowable activities under Strategy 1 include crisis care center operating and service costs. Allowable				
2018	crisis care center operating activities are described below in Figure 2215.				
2019	Crisis care centers will be funded to operate 24/7. DCHS anticipates that many of the services provided				
2020	at crisis care centers will be covered by health insurance as described in <u>Section VI.E. Health Insurance</u>				
2021	Assumptions. CCC Levy proceeds will pay for crisis care center operating and service costs that are not				
2022	covered by health insurance or other sources, including the costs of services for people who are				
2023	uninsured. Crisis care centers will welcome and serve people regardless of their insurance or				
2024	immigration status and will also serve persons for whom confidentiality is important to their safety or				
2025	willingness to seek care. ²²⁷ Crisis care center operators will be eligible for workforce investments as				
2026	described in Section V.C. Strategy 3: Strengthen the Community Behavioral Health Workforce.				
2027					
	Behavioral Health Equity Highlight				

Immigrants and refugees are at higher risk of both experiencing mental health conditions and lacking access to behavioral health care... as discussed in Section III.C. Key Historical and Current Conditions: Who Experiences Behavioral Health Inequities.^{228,229} Because the CCC Levy is a County initiative, levy resources can be used to pay for crisis care center services for people who are uninsured, regardless of immigration or citizenship status. This promotes a "no wrong door" approach by ensuring the cost of care or lack of insurance is not a barrier to accessing crisis care when a person needs it. These investments are in support of Section III.F. Behavioral Health Equity Framework: Equitable Access to Behavioral Health Crisis Care.

2028

²²⁷ Examples of people for whom confidentiality may be important to their safety or willingness to seek care include, but are not limited to, survivors of gender-based violence, undocumented immigrants, and young adults who are covered by their parents' health insurance but do not want to use it to protect their confidentiality.
 ²²⁸ Markova V, Sandal GM, Pallesen S. Immigration, acculturation, and preferred help seeking sources for depression: comparison of five ethnic groups. BMC Health Serv Res. 2020 Jul 11;20(1):648. [LINK]
 ²²⁹ Jing F, Li Z, Qiao S, Ning H, Zhou S, Li X. Association between immigrant concentration and mental health service utilization in the United States over time: A geospatial big data analysis. Health Place. 2023 Sep;83:103055. [LINK]

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²²⁶ In order to qualify as the CCC youth facility. Fthese age-specific units may_each be licensed to provide both either 23-hour crisis observation or its equivalent, as well as short-term onsite crisis stabilization for up to 14 days, or both.

2029

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2030 Figure 2215. Allowable Crisis Care Center Operations Activities

Allowable Crisis Care Center Operations Activities		
Activity	Description	
Personnel Costs	Funding for staff salaries, benefits, payroll taxes, and other personnel costs that are part of staffing, operating, and maintaining a crisis care center facility and it services. ²³⁰	
Pharmacy Costs	Funding for pharmacy services, such as the cost of medications for people who are uninsured, including immigrants who are unable to access Medicaid because of federal rules. Also included is the cost of pharmacy equipment and other resources needed for regulatory compliance and to ensure that medications are available and can be safely stored and managed onsite at crisis care centers.	
Language Access and other Accessibility Costs	Funding for interpretation and translation services, equipment to support these services, other costs to promote language access and provide linguistically appropriate services, and to promote universal access at crisis care centers.	
Health Information Technology Costs	Funding to support health information technology at crisis care centers, such as electronic health record infrastructure.	
Client Transportation Costs	Funding for transportation assistance for people who receive services at crisis care centers, such as drivers and vehicles, bus passes, taxi vouchers, and other assistance.	
Other Operating Costs	Other costs to operate a crisis care center, such as janitorial and environmental management, maintaining a safe and healing environment, operational start-up, supplies, resources to cover the operators' indirect and administrative costs that support high-quality operations, and other eligible expenditures authorized by Ordinance 19572 that promote high quality operations.	

2031

2032 Post-Crisis Stabilization Activities

In addition to crisis care center operations, CCC Levy Strategy 1 funds will support people after they
 have received services at a crisis care center. Community partners state that many people will likely
 need additional community-based behavioral health services, health care, and social services after they
 leave a crisis care center, to support their ongoing recovery and wellbeing. Community partners also
 shared during implementation planning process engagement that significant supports are needed by
 people exiting the crisis care centers in the period immediately following a crisis episode (see Section
 III.E. Community Engagement Summary: Need to Build a "Bridge to Somewhere").

²⁰³⁹

²³⁰ Strategy 3 also includes resources for competitive wages in the crisis workforce, including at crisis care centers, that are better aligned with other sectors. See <u>Section V.C. Strategy 3: Community Behavioral Health Workforce</u> for more information about these CCC Levy workforce investments. See <u>Section III.C. Key Historical and Current</u> <u>Conditions: Behavioral Health Workforce Shortages</u> for further discussion of historic underinvestment in behavioral health workers.

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2041 Participants in community meetings and focus groups, including people who have experienced 2042 behavioral health crises, discussed the profound benefits of having someone, especially a peer specialist, 2043 continue to offer support and help connect to community-based care (see Section III.E. Community 2044 Engagement Summary: Care Coordination and Peer Engagement). Evidence and research also identify 2045 the need for post-crisis stabilization services, as discussed in Section III.C. Key Historical and Current 2046 Conditions: Need for Post-Crisis Stabilization Services. Despite their importance, existing post-crisis 2047 follow up services in King County are inadequate to meet the need. 2048 2049 Strategy 1 resources will be used to fund the activities described in Figure 23-16 to create a post-crisis

follow-up program that serves all five of the crisis care centers. These services may address three
 important and interrelated objectives:
 Provide brief behavioral health interventions during the high-risk period immediately follows:

- Provide brief behavioral health interventions during the high-risk period immediately following a behavioral health crisis and discharge from a crisis care center;
- 2. Engage people proactively to help them connect with community-based behavioral health, health care, and social service resources that meet their needs and preferences, including culturally and linguistically appropriate services and housing services; and
 3. Manage the capacity of crisis care centers by helping people connect to the intensity of ser
 - Manage the capacity of crisis care centers by helping people connect to the intensity of services that best meets their needs, including less intensive community-based services.

2060 Figure 2316. Allowable Crisis Care Center Post-Crisis Stabilization Activities

Allowable Crisis Care Center Post-Crisis Stabilization Activities	
Activity	Description
Post-Crisis Follow-Up Services Based	DCHS will fund a program staffed with clinicians and peer
at Crisis Care Centers	specialists to engage people served at crisis care centers and
	link them to community-based services and supports. Teams
	will provide outreach specially tailored for people
	experiencing homelessness. This activity authorizes
	expenditures for limited housing stability resources necessary
	to support post-crisis stabilization.
Post-Crisis Follow-Up by Providers	DCHS will fund behavioral health agencies that demonstrate
with Expertise in Culturally and	significant experience in providing culturally and linguistically
Linguistically Appropriate Services	appropriate and accessible post-crisis follow-up services for
	populations experiencing behavioral health inequities. ²³¹

2061

2053

2058

2059

2062 DCHS anticipates that the post-crisis stabilization resources within this strategy will be inadequate to

2063 meet the behavioral health needs of all people who access King County's crisis care centers.

2064 Complementary investments from philanthropic partners and the state or federal governments will be

2065 needed to bring the services to scale. Washington State must continue to be a primary funder of post-

2066 crisis services, including through state funding for the Behavioral Health Administrative Services

²⁰⁶⁷ Organizations (BHASOs), and enhanced Medicaid reimbursement for eligible clinical services. Section

²³¹ Culturally and linguistically appropriate services (CLAS) are a way to improve the quality of services provided to all individuals, including populations experiencing behavioral health inequities (see <u>Section III.C. Key Historical and</u> <u>Current Conditions: Who Experiences Behavioral Health Inequities</u>), which will ultimately help reduce health disparities and promote health equity. See <u>Section III.F. Behavioral Health Equity Framework: Culturally and</u> <u>Linguistically Appropriate Services</u> and <u>Appendix G: Clinical Best Practices in Behavioral Health Crisis Services</u> for additional information.

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2068 <u>VI.D. Financial Plan Seeking and Incorporating Federal, State, and Philanthropic Resources</u> describes how
 2069 the Executive intends to seek complementary funding opportunities to augment the impact of the CCC
 2070 Levy.

2072 Crisis Care Center Post-Crisis Follow-Up Program

2071

2073 Strategy 1 will create a post-crisis follow-up program that serves people after they receive care at the 2074 five crisis care centers. During this high-risk period, post-crisis follow-up services are essential to serving 2075 as a bridge from crisis care centers to the next level of care. Services may include proactive contacts 2076 after discharge, care coordination with new and existing providers, brief interventions to address acute 2077 needs while awaiting linkage to additional services, and peer support to enhance engagement and 2078 support people to access the services they need, similar to the promising but limited Peer Bridging programs described in Section III.C. Key Historical and Current Conditions: Need for Post-Crisis 2079 2080 Stabilization Services. Services will address both mental health and substance use needs, as well as 2081 referrals to social services, including housing resources when needed. Special considerations may be 2082 needed to tailor post-crisis follow-up services for youth and their families and caregivers. Care should 2083 continue to be trauma-informed, recovery-oriented, person-centered, culturally and linguistically 2084 appropriate, and aim to maintain people in the least restrictive level of care possible, according to the crisis care center clinical best practices reviewed the Clinical Program Overview in Appendix G: Clinical 2085 2086 Best Practices in Behavioral Health Crisis Services. 2087

2088 DCHS expects that these services will be provided by a multidisciplinary care team that includes peer 2089 specialists and should be initiated in-person at a crisis care center prior to discharge before transitioning 2090 to outpatient offices, outreach in community-based settings, or virtually through telehealth visits. All 2091 individuals treated at a crisis care center shall have access to post-crisis follow-up treatment planning, 2092 subject to available resources. Because demand for post-crisis stabilization services is likely to exceed 2093 the capacity available through this strategy, DCHS may need to establish prioritization criteria in 2094 partnership with post-crisis follow-up providers. For example, post-crisis stabilization resources may be 2095 prioritized to support people who have the highest risk of not engaging in follow-up care, including 2096 populations experiencing behavioral health inequities (see Section III.C. Key Historical and Current Conditions: Who Experiences Behavioral Health Inequities).232 2097 2098

A specific focus of the post-crisis follow-up program will be to reach people who are experiencing
 homelessness or are at risk of homelessness, given the significant barriers to accessing behavioral health
 services described in Section III.C. Key Historical and Current Conditions: Unmet Behavioral Health
 Service Needs. Tailored approaches are often needed to meet people in the community and create
 lower threshold entry points for people experiencing homelessness to engage in care.²³³ Therefore, the
 post-crisis follow-up program is expected to provide outreach-based follow-up and linkages to existing

²³²Risks of not engaging in follow-up care include suicide, violence, homelessness, hospital readmission, and criminal legal system involvement. These risks are more common among people insured by Medicaid, youth and young adults, BIPOC communities, people experiencing homelessness, and people who were not previously engaged in services, as explained in <u>Section III.C. Key Historical and Current Conditions: Need for Post-Crisis</u> Stabilization Services.

²³³ Erickson, B. R., Ehrie, J., Murray, S., Dougherty, R. J., Wainberg, M. L., Dixon, L. B., & Goldman, M. L. (2022). A Rapid Review of "Low-Threshold" Psychiatric Medication Prescribing: Considerations for Street Medicine and Beyond. Psychiatric Services. [LINK]

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2105 housing and social service resources. This strategy's activities may include short-term housing stability 2106 resources like hotel vouchers. 2107 2108 Culturally and Linguistically Appropriate Post-Crisis Follow-Up Services The availability of culturally and linguistically appropriate services during high-risk periods is essential, as 2109 2110 demonstrated in community feedback, research showing disparities in behavioral health services 2111 following a crisis, and the value of culturally congruent care. (See Section III.F. Behavioral Health Equity 2112 Framework: Culturally and Linguistically Appropriate Services.) Lack of culturally congruent care reduces 2113 engagement in behavioral health care, which this strategy aims to address. (See Section III.C. Key 2114 Historical and Current Conditions: Behavioral Health Workforce Needs.) 2115 2116 For these reasons, providers with expertise in offering culturally and linguistically appropriate services 2117 are well positioned to offer post-crisis follow-up services. DCHS will make funding available specifically 2118 for behavioral health agencies that demonstrate significant experience in providing culturally and 2119 linguistically appropriate services to provide post-crisis follow-up services. These post-crisis services will 2120 be prioritized for people who were seen in crisis care centers. These providers may support care 2121 continuity through longer-term services when appropriate so long as capacity is maintained for new 2122 post-crisis follow-up services. 2123 2124 The Strategy 1 investment activities described in Figure $\frac{23-16}{10}$ are intended to increase the capacity of 2125 culturally and linguistically specialized service providers to provide post-crisis follow-up services. These 2126 funds will be made available prior to opening of the crisis care centers so that these providers can build 2127 capacity in time to receive referrals when the crisis care centers open. These investments will increase 2128 over time as crisis care centers become operational so that organizations have additional financial 2129 resources to serve new people who are referred from crisis care centers. DCHS intends to award funding 2130 for these activities to organizations that have expertise in providing culturally and linguistically 2131 appropriate or concordant behavioral health services through a competitive procurement process. Prior 2132 to the competitive procurement process, DCHS intends to solicit additional information from providers 2133 and community partners to inform how best to identify and select providers with expertise in culturally 2134 and linguistically appropriate services. 2135 **Behavioral Health Equity Highlight** In the aftermath of a <u>behavioral health</u> crisis, multiple factors frequently intersect to decrease access to care in populations experiencing behavioral health inequities. 2 (see Section III.C. Key Historical and Current Conditions: Who Experiences Behavioral Health Inequities), including: Cost or insurance barriers to behavioral health services; Lack of culturally concordant providers due to inadequate workforce representativeness; Unavailability of services in the person's preferred language, and

Insufficient cultural humility among the overall behavioral health workforce (see <u>Section III.F.</u>
 <u>Behavioral Health Equity Framework: Representative Behavioral Health Workforce</u>).

Strategy 1's culturally and linguistically appropriate post-crisis follow-up services component aims to reduce these inequities by designating post-crisis follow-up services funds specifically to expand the capacity of community providers that have expertise in culturally and linguistically appropriate and congruent services.

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2136	
2137	Housing Stability Resources
2138	Safe, healthy, and affordable housing is a critical resource and social determinant of health for people
2139	living with behavioral health conditions. ^{234, 235} Housing stability is both a protective factor against future
2140	crises and an important component of post-crisis care and recovery. ²³⁶ Homelessness and housing
2141	instability can contribute to crises and undermine the care in settings like a crisis care center. ²³⁷ (See
2142	Section III.C. Key Historical and Current Conditions: Who Experiences Behavioral Health Inequities.)
2143	
2144	Understanding housing stability's importance, crisis care center operators and post-crisis follow-up
2145	providers will connect clients with existing housing resources whenever possible. The CCC Levy's
2146	regional network of crisis care centers and increased residential treatment capacity will also present
2147	housing providers with new resources to reinforce and complement existing housing services.
2148	
2149	While the CCC Levy's strategies will both rely upon and reinforce the existing housing system, this Plan's
2150	strategies and allocations reflect King County's focus on robust implementation of the CCC Levy's
2151	purposes. The CCC Levy cannot both focus investments on achievement of its three purposes and be a
2152	resource to substantially reduce King County's housing shortage. The CCC Levy by itself will not meet the
2153	housing needs of all people experiencing homelessness or housing instability who access crisis care
2154	centers. ²³⁸
2155	
2156	DCHS will collaborate with other governments and philanthropy to increase housing resources for King
2157	County residents, including people receiving CCC Levy-funded care (See Section VI.D. Financial Plan:
2158	Seeking and Incorporating Federal, State, and Philanthropic Resources.) DCHS will also coordinate its
2159	divisions' work when possible to increase housing supports for people experiencing homelessness who
2160	receive care at crisis care centers.
2161	
2162	In addition to the limited housing stability expenditures that this Plan authorizes, when necessary and
2163	available as part of post-crisis follow up activities, CCC Levy funds may be used for housing resources in
2164	accordance with this Plan's priorities for increasing allocations due to additional funding. (See Section VI.
2165	Financial Plan: Process to Make Substantial Adjustments to the Financial Plan). These investments may
2166	include permanent and emergency housing stability resources like hotel vouchers, rapid rehousing
2167	funds, rental assistance, housing vouchers, other housing subsidies, and housing capital or housing
2168	operations costs that are otherwise eligible under King County Ordinance 19572. ²³⁹

²³⁴ The World Health Organization defines social determinants of health as "the non-medical factors that influence health outcomes. They are the conditions in which people are born, grow, work, live, and age, and the wider set of forces and systems shaping the conditions of daily life. These forces and systems include economic policies and systems, development agendas, social norms, social policies and political systems," [LINK]

²³⁵ Washington State Health Care Authority Social Determinants of Health-Housing Fact Sheet. [LINK]
 ²³⁶ Kushel, M., Moore, T., et al. (2023). Toward a New Understanding: The California Statewide Study of People

²³⁸ The King County Regional Homelessness Authority estimated that more than 53,000 people experienced homelessness in King County in 2022 [LINK]

²³⁹ King County Ordinance 19572 [LINK]

Experiencing Homelessness. UCSF Benioff Homelessness and Housing Initiative. [LINK]

²³⁷ Arienti, F., Mann-McLellan, A., Martone, K., & Post, R. (2020). Effective Behavioral Health Crisis Care for Individuals Experiencing Homelessness. Alexandria, VA: National Association of State Mental Health Program Directors. [LINK]

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0	Oversight of Crisis Care Center Quality and Operations	
2	The CCC Levy will establish an entirely new class of behavioral health facility in King County. DCHS will b	
3	responsible for ensuring that crisis care centers and related programs are functioning as described	
4	above in this Section V.A. e-Strategy 1:Created and Operated Five Crisis Care Centers: Crisis Care Centers	
5	<u>Clinical Program Overview and Post-Crisis Stabilization Activities.</u>	
6		
7	King County Ordinance 19572 directs this Plan to include "levy administration activities and activities	
8	that monitor and promote coordination, more effective crisis response, and quality of care within and	
9	amongst crisis care centers, other behavioral health crisis response services in King County, and first	
0	responders." ²⁴⁰ These activities of the CCC Levy are aligned with the "accountable entity" concept	
1	defined by the National Council for Mental Wellbeing's Roadmap to the Ideal Crisis System report as "a	
2	structure that holds the behavioral health crisis system accountable to the community for meeting	
3	performance standards and the needs of the population." ²⁴¹ The CCC Levy provides a unique	
4	opportunity for DCHS to assume this critical oversight role within the scope of the crisis care centers an	
5	other related programs funded by the CCC Levy.	
6		
7	This subsection describes how DCHS will support crisis care center operators to engage with first	
8	responders and other behavioral health crisis service providers to coordinate policies and procedures,	
9	improve quality of services, and collect and report high quality data, as directed by Ordinance 19572. ²⁴	
0 1	Funding for DCHS to conduct this oversight is described in Section V.G. Strategy 7: Crisis Care Centers	
2	Levy Administration. Additional related CCC Levy investments include:	
3	Crisis care center personnel costs, Health Information Technology, and other operating costs	
4	described in Section V.A. Strategy 1:Created and Operated Five Crisis Care Centers: Crisis Care	
5	Center Operations Activities;	
6	 Support for crisis care centers to implement continuous quality improvement practices, as 	
7	 Support for crisis care centers to implement continuous quality improvement practices, as described in Section V.E. Strategy 5: Capacity Building and Technical Assistance: Crisis Care 	
8	Center Operator Regulatory and Quality Assurance Activities;	
o 9	 Resources for DCHS to engage community members in quality improvement processes, as 	
0	 Resources for DCris to engage community members in quality improvement processes, as described in Section V.G. Strategy 7: Crisis Care Centers Levy Administration: Community 	
1		
	Engagement;	
2	 Resources for DCHS to contract with community-based organizations and behavioral health 	
3	providers to inform quality improvement related to improving equity, as described in <u>Section</u>	
4	V.G. Strategy 7: Crisis Care Centers Levy Administration: Expertise to Support Oversight of	
5	<u>Behavioral Health Equity</u> ; and	
6	Investments to enhance DCHS data systems and information technology needed to monitor and	
7	promote coordination across crisis care centers, as described in Section V.G. Strategy 7: Crisis	

²⁴¹ Group for the Advancement of Psychiatry. (2021). Roadmap to the Ideal Crisis System: Essential Elements. Measurable Standards and Best Practices for Behavioral Health Crisis Response. National Council for Mental Wellbeing [LINK] ²⁴² First responders include, but are not limited to, mobile crisis teams, co-responder teams, emergency medical

services, and law enforcement.

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2208	Care Centers Levy Administration: Develop Data Systems Infrastructure and Technology.
2209	
2210	Coordination Between Crisis Care Centers and Crisis System Partners
2211	DCHS expects crisis care center operators to coordinate with regional partners including, but not limited
2212	to, community-based organizations, behavioral health providers, hospital systems, first responders,
2213	behavioral health co-responders, and the regional behavioral health crisis system coordinated by the
2214	King County BH-ASO. DCHS will support operators to coordinate effectively. DCHS will collaborate with
2215	first responders and other crisis system partners to develop policies and procedures for referrals from
2216	outside facilities like hospitals and emergency departments, first responder drop-offs and medical
2217	stability criteria at crisis care centers. DCHS anticipates developing protocols in collaboration with crisis
2218	care center operators for when transfers between the centers are needed due to scenarios such as
2219	reaching maximum occupancy or needing to transfer a child or adolescent to the youth crisis care
2220	center. DCHS plans to further engage crisis care centers along with other crisis providers and first
2221	responder agencies, such as crisis call lines, mobile crisis teams, co-responder programs, emergency
2222	medical services, and law enforcement agencies, to develop protocols, workflows, clinical convenings
2223	about shared treatment plans, and other coordination activities.
2224	
2225	Outroach to loopage Auguranese

2225 Outreach to Increase Awareness

In addition to working with regional partners within crisis systems, DCHS expects and will support crisis
 care center operators to promote awareness and outreach about crisis care center services to
 populations experiencing behavioral health inequities (see Section III.C. Key Historical and Current
 Conditions: Who Experiences Behavioral Health Inequities) to be responsive to community feedback
 described in Section III.E. Community Engagement Summary: Community Outreach Among Populations
 Experiencing Behavioral Health Inequities.

2232

2233 Continuous Quality Improvement and Quality Assurance

2234 For a crisis system to function well, it must grow, evolve, and continuously improve by building on what 2235 works well and strengthening what does not work well.²⁴³ Continuous quality improvement is the process by which performance metrics, outcomes data, individual experiences, and other relevant 2236 2237 information are regularly reviewed and analyzed to directly inform policies and procedures, with the goal of improving outcomes in an ongoing, iterative manner. ²⁴⁴ Quality assurance includes functions 2238 2239 such as internal or external case review and compliance with licensing requirements.²⁴⁵ Both quality 2240 improvement and assurance are essential to advancing this Plan's Behavioral Health Equity found at 2241 Section III. Background: F. Behavioral Health Equity Framework.²⁴⁶ DCHS expects and will support crisis 2242 care center operators to monitor and promote quality of care and to develop continuous quality

- 2243 improvement practices. Contracts with crisis care center operators may include provisions that link-tie
- 2244 payment to performance on quality measurements. CCC Levy funds will be used to support crisis care

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²⁴³ Group for the Advancement of Psychiatry. (2021). Roadmap to the Ideal Crisis System: Essential Elements. Measurable Standards and Best Practices for Behavioral Health Crisis Response. National Council for Mental Wellbeing [LINK]

²⁴⁴ The National Learning Consortium (2013). Continuous Quality Improvement (CQI) Strategies to Optimize your Practice: Primer. [LINK]

 ²⁴⁵ Sherman, L. J., Lynch, S. E., Greeno, C. G. and Hoeffel, E. M. Behavioral health workforce: Quality assurance practices in mental health treatment facilities. The CBHSQ Report: July 11, 2017. Center for Behavioral Health Statistics and Quality, Substance Abuse and Mental Health Services Administration, Rockville, MD. [LINK]
 ²⁴⁶ Dzau VJ, Mate K, O'Kane M. Equity and Quality—Improving Health Care Delivery Requires Both. JAMA. 2022;327(6):519–520. [LINK]

2245 centers to implement continuous quality improvement practices, as described in Section V.E. Strategy 5: 2246 Capacity Building and Technical Assistance: Crisis Care Center Operator Regulatory and Quality 2247 Assurance Activities. 2248 2249 Ensuring that people efficiently move through the clinical components of a crisis care center will be an 2250 important focus of continuous quality improvement and quality assurance activities. DCHS expects crisis 2251 care center operators to facilitate timely access to behavioral health services while also meeting a wide 2252 range of clinical and psychosocial needs as a "no wrong door" entry point for all. While it may be a sign 2253 of a successful program for crisis care centers to operate at full capacity, crisis care center operators will 2254 need to maintain available capacity for new people to be able to enter. DCHS intends to require and 2255 support crisis care center operators to report near-real-time data on wait times, length of stay, 2256 occupancy, and other measures of capacity and throughput to inform policies that can be adjusted to 2257 ensure that crisis care centers are consistently accessible. 2258 2259 DCHS will monitor utilization rates of crisis care centers and, if persistent underutilization is identified at 2260 a particular center, DCHS will work with the provider to take appropriate steps, including but not limited 2261 to, increased outreach and use of mobile services to address the needs of that particular center. 2262 2263 Collect and Report High Quality Data 2264 Accurate and updated clinical records are essential for outcome metrics and quality improvement 2265 activities to be accurate and meaningful. DCHS expects crisis care center operators to develop and 2266 maintain high quality data collection practices, and will support their efforts to do so. Crisis care center 2267 operators should develop certified electronic health record systems that track standardized information, 2268 automatically update and interface with care coordination and quality improvement platforms, and utilize best practices for documentation, including approaches to gathering demographic information 2269 2270

needed to inform equity analyses.²⁴⁷ Ensuring the reliability of data is necessary for the quality
 improvement activities described above, as well as for meaningful evaluation and reporting as described
 in Section VII. Evaluation and Performance Measurement and Section VIII. Crisis Care Centers Levy
 Annual Reporting.

2274

Behavioral Health Equity Highlight

To address behavioral health inequities, it is necessary to measure disparities prior to and after implementation of interventions aimed at reducing inequities.²⁴⁸ Throughout the community engagement process, community partners described the importance of accountability and oversight of the CCC Levy, as well as ongoing community engagement (see Section III.E. Community Engagement Summary: Theme G: Accountability Mechanisms and Ongoing Community Engagement). This subsection of Strategy 1 describes multiple ways that DCHS will strive to both reduce behavioral health inequities and hold itself accountable as described in Section III. F. Behavioral Health Equity Framework: Quality Improvement and Accountability, including:

²⁴⁷ Goldman, M. L., & Vinson, S. Y. (2022). Centering equity in mental health crisis services. World Psychiatry, 21(2), 243–244. [LINK]

²⁴⁸ Goldman, M. L., & Vinson, S. Y. (2022). Centering equity in mental health crisis services. World Psychiatry, 21(2), 243–244. [LINK]

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 Promoting awareness of crisis care center services through outreach to populations
 experiencing behavioral health inequities (see Section III.C. Key Historical and Current Conditions: Who Experiences <u>Behavioral Health Inequities</u>);

 Using continuous quality improvement practices to track outcomes within and between demographic subpopulations to monitor impacts of interventions on inequities; and

• Training crisis care center operators on best practices for gathering demographic information needed to inform equity analyses.

These quality assurance and quality improvement practices <u>required by this Plan</u> are how the findings from the evaluation and performance measurement activities will be operationalized and implemented (see <u>Section VII. Evaluation and Performance Measurement</u>).

2275

2276 Crisis Care Center Capital Facility Development

2277 Crisis Care Center Capital Activities

Strategy 1 investments will create a regional network of five crisis care centers in King County, including
 one center specializing in serving children and youth, to fulfill the CCC Levy's paramount purpose. King
 County intends to contract with operators to develop, maintain, and operate crisis care centers. Crisis

care center operators will be selected through a competitive procurement process, which will begin in 2024 and is described later in this section in Section V.A. Strategy 1:Created and Operated Five Crisis

2283 <u>Care Centers: Crisis Care Center Procurement and Siting Process</u>. Once selected, operators will lead crisis
 2284 care center capital facility development in coordination with the County, the applicable local jurisdiction

or jurisdictions, and community partners. Strategy 1 investments that will be used to support crisis care center facility capital development and maintenance activities are described in Figure <u>2417</u>.

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Figure <u>2417</u>. Allowable Crisis Care Center Capital Development and Maintenance Activities

Allowable Crisis Care Center Capital Development and Maintenance Activities		
Activity	Description	
Crisis Care Center Capital	Costs to develop and construct crisis care center facilities, such as but	
Facility Development	not limited to purchasing land, acquiring an existing facility, planning,	
	design, building renovation or expansion, new construction, or other	
	capital pre-development and development costs.	
Crisis Care Center Capital	Ongoing crisis care center capital facility maintenance costs.	
Facility Maintenance		

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Crisis care center capital facilities funded with CCC Levy proceeds will be subject to the requirements
 defined in this Plan, future procurement processes, and contracts. Procurements of crisis care centers
 under Strategy 1 are intended to result in the combined characteristics and requirements described in
 this section when the network of five crisis care centers are considered together.

2295 Crisis Response Zone Requirements

At least one crisis care center must be located within each of the four crisis response zones defined in
 King County Ordinance 19572.²⁴⁹ Crisis response zone boundaries are depicted in Figure 2518, and the
 cities and unincorporated regions of King County located within each zone are listed in Figure 2619. The

Page 504 of 599

²⁴⁹-King County Ordinance 19572 [LINK].

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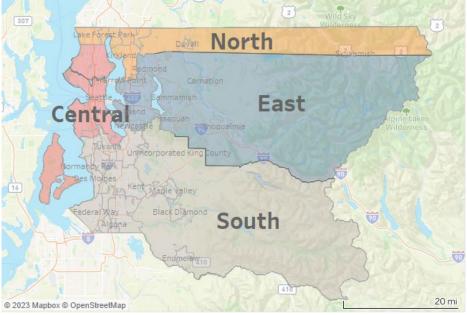
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purpose of crisis response zones is to promote access by geographically distributing crisis care centers
 across King County. Crisis response zones do not restrict who can access crisis care centers. A person
 seeking services, or a first responder seeking to transport a person to receive services, can access a crisis
 care center in any zone.

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Figure <u>2619</u>. Cities and Unincorporated Parts of King County Located Within Each Crisis Response Zone²⁶⁰ Cities and Unincorporated Parts of King County Located Within Each Crisis Response Zo

Cities and Unincor	porated Parts of King	g County Located Within	Each Crisis Response Zone
Central CRZ	North CRZ	East CRZ	South CRZ
Seattle	Bothell	Beaux Arts	Algona
Unincorporated areas	Duvall	Bellevue	Auburn
within King County	Kenmore	Carnation	Black Diamond
Council District 2	Kirkland	Clyde Hill	Burien
Unincorporated areas	Lake Forest Park	Hunts Point	Covington
within King County	Shoreline	Issaquah	Des Moines
Council District 8	Skykomish	Medina	Enumclaw
	Woodinville	Mercer Island	Federal Way
	Unincorporated	Newcastle	Kent
	areas within King	North Bend	Maple Valley
	County Council	Redmond	Milton
	District 3 that are	Sammamish	Normandy Park
	north or northeast	Snoqualmie	Pacific
	of Redmond	Yarrow Point	Renton
		Unincorporated areas	SeaTac
		within King County	Tukwila
		Council District 3 that	Unincorporated areas within
		are east or southeast of	King County Council District 5
		Redmond	Unincorporated areas within
		Unincorporated areas	King County Council District 7
		within King County	Unincorporated areas within
		Council District 6	King County Council District 9

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2311 Public Interest Requirements

2312 Crisis care center facilities will create long term crisis service capacity in King County. Any crisis care

2313 center facility that receives CCC Levy proceeds for capital development activities must meet the public

 $\frac{2}{2}$ interest requirements described in Figure $\frac{27-20}{2}$ and requirements in future procurement processes and

contracts. The purpose of these requirements is to ensure facilities receiving public capital resources are
 dedicated as crisis care centers for the life of the building or construction investments and that their

2317 development complies with County priorities.

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²⁵⁰ King County Ordinance 19572 [LINK].

2320 Figure-27 20. Crisis Care Center Capital Facility Public Interest Requirements

Crisis (Care Center Capital Facility Public Interest Requirements
Requirement	Description
1. 50 Year Minimum Use	Crisis care center capital facilities acquired or constructed with CCC Levy proceeds must remain dedicated to providing crisis care center services for a minimum of 50 years.
2. Operator Cap	A single operator may should operate a maximum of no more than three crisis care center facilities funded by CCC Levy proceeds. The purpose of this requirement is to ensure the CCC Levy is not overly reliant on a single operator. ²⁵¹
3. Leased Facility Restrictions	If a crisis care center operates in a leased facility, the operator must pursue ownership of the leased facility when possible. CCC Levy proceeds shall not be used to make capital improvements in leased facilities if the operator does not have an agreement to purchase the facility. The DCHS department director may authorize exceptions to this restriction if the exception is not inconsistent with the Levy's paramount purpose. The DCHS director must describe the rationale and terms of any exception to this restriction in a letter to the Chair of the King County Council to be sent within 90 days of approving the exception.
4. Environmental Sustainability Standards	Crisis care center facilities should align with environmental sustainability standards for building design and operations that King County will define in contracts. These standards and requirements will be informed by King County's Strategic Climate Action Plan, Green Building Ordinance, and Equity and Social Justice strategies for capital projects. ^{252,253}
5. Equity Impact	Crisis care centers should promote behavioral health equity. DCHS plans to include within Phase 2 of the Crisis Care Center Procurement and Siting Process, described in Figure 30-23, a requirement for potential crisis care center operators to assess the potential equity impacts of their proposal, and DCHS intends to consider those impacts when selecting crisis care center operators. DCHS also intends to include within a crisis care center operator's ongoing contract a requirement to periodically offer opportunities for persons receiving care at the crisis care center and persons living or working in the immediate area near a crisis care center to provide feedback on the crisis care center facility's equity impacts, and then propose to DCHS how that feedback will influence the operator's future operations within or near the facility.

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²⁵¹ Capping Limiting the number of crisis care center facilities a single operator may should operate will help ensure the stability of King County's future network of five crisis care centers in case an operator goes out of business, opts to terminate crisis care center operations, ceases to comply with contractual or licensing requirements, is acquired by or merges with another organization, or is otherwise compromised in a way that impacts the ongoing operations of crisis care center facilities or the quality of crisis care center services.

²⁵² King County 2020 Strategic Climate Action Plan (SCAP) [LINK]

²⁵³ Green Building Ordinance - King County Code Chapter 18.17 [LINK]

2322 Site and Facility Requirements

2323 Crisis care center sites must meet the minimum requirements described in Figure 2821. Minimum

requirements include sufficient size to deliver the crisis care center model's clinical components,

2325 meaningful transportation access, accessibility and zoning requirements, and the ability to meet state

2326 behavioral health facility licensure requirements. Additional requirements may be included in future

2327 procurement processes and contracts to promote the goals and values described in this Plan.

2328

2329 Figure 2821. Crisis Care Center Site Requirements

		Crisis Care Center Site Requirements
	Requirement	Description
1.	Sufficient Size	Crisis care center sites must have sufficient space to deliver the crisis care center model's required clinical components. Sites should be able to accommodate a facility with approximately 30,000 to 50,000 square feet of licensed clinical space within one building, multiple adjacent buildings, or buildings that are connected by transportation for people accessing services. ²⁵⁴
2.	Meaningful Transportation Access	Crisis care center sites must be accessible to transportation. King County will prefer sites that have meaningful access to public transportation, convenient access for ambulances and first responders, proximity to major transportation arterials, and free public access for any person.
3.	Accessibility Requirements	Crisis care center sites and buildings must be accessible for people with disabilities and comply with the Americans with Disabilities Act. ²⁵⁵ DCHS will prefer facility designs that incorporate the principles of universal design, meaning they are accessible to all people to the greatest extent possible without the need for adaption or specialized design. ²⁵⁶
4.	Zoning Requirements	Crisis care center operators must adhere to the relevant zoning and permitting laws and regulations of the jurisdiction within which a crisis care center facility is sited.
5.	Licensure Feasibility	Crisis care center operators must propose sites that can satisfy state licensure requirements that apply to the types of behavioral health facilities that will occupy the site.

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Crisis care center facility capital development may occur through a variety of potential scenarios,
 described in Figure 2922, that are each eligible for CCC Levy funding under Strategy 1. These scenarios
 reflect the varied ways a facility could be developed while meeting all the crisis care center
 requirements. Crisis care center sites and facilities must be able to accommodate the crisis care center

2335 clinical model described above in <u>Section V.A. Strategy 1: Created and Operated Five Crisis Care Centers:</u>

2336 Crisis Care Center Clinical Program Overview, modifications to that model that DCHS-the County may

2337 make during the levy period, and additional requirements described in future procurement processes

2338 and contracts. This development model flexibility is allowed by King County Ordinance 19572.²⁵⁷ The

2339 purpose of this flexibility is to accelerate creation of high-quality crisis care centers, further discussed in

²⁵⁵ U.S. Department of Justice Civil Rights Division, The Americans with Disabilities Act [LINK]

²⁵⁷ King County Ordinance 19572 [<u>LINK</u>]

²⁵⁴ King County Ordinance 19572 [LINK]

²⁵⁶ U.S. General Services Administration, Universal Design and Accessibility [LINK]

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340 <u>Section V.A. Strategy 1:Created and Operated Five Crisis Care Centers: Sequence and Timing of Planned</u>

- 2340Section V.A. Strategy 1:Creat2341Expenditures and Activities.
- 2342 2343

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2344 Figure 2922. Allowable Crisis Care Center Capital Development Scenarios

Allo	wable Crisis Care Center Capital Development Scenarios	
Scenario	Description	
Pre-Existing Facility	Crisis care centers may incorporate a pre-existing facility or program that	Formatted: Font
	provides behavioral health crisis stabilization services if the program's site,	Formatted: Hea
	services, and operations are compatible with crisis care center	
	requirements.	
Facility Acquisition	Crisis care centers may be developed by acquiring, renovating, or expanding	
	an existing facility.	
New Construction	Crisis care centers may be developed through new construction.	
Multiple Facilities	In addition to individual facilities, the required crisis care center <u>clinical</u>	
	components may be located within geographically adjacent facilities or non-	
	contiguous facilities if transportation is provided between facilities for	
	people seeking and receiving services. Regardless of configuration, King	
	County will prefer development proposals that provide easy access for	
	patients to all crisis care center services.	
A crisis care center pro	posal may combine two or more of these scenarios. DCHS will accept proposals	
from individual org	anizations and multiple organizations that are interested in forming a multi-	
	partnership or consortium to develop and operate a crisis care center.	
complement the crisis ca include, but are not limit • Community hea	p-locate within a crisis care center ancillary facilities-services or programs that are center service model. Examples of such facilities-services or programs ted to: Ith clinics;	
complement the crisis cc include, but are not limit Community heal Outpatient beha Sobering, metab Substance use tr Affordable hous Other services th services, their fa	p-locate within a crisis care center ancillary facilities services or programs that are center service model. Examples of such facilities services or programs ted to:	
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from the acute effects of a psychoactive substance. Metabolizing services also serve as an access point for case management services and substance use services to support their self-determined health and recovery goals.

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within s recomm underta	out the phases detailed in Figure 3023, King County intends to support jurisdictions located becific crisis response zones to coordinate with potential facility operators and to identify and end crisis care center facility sites. ²⁵⁹ DCHS will ensure that activities King County may ke to facilitate a potential crisis care center proposal do not inappropriately factor into ration of crisis care center procurement.
Each cor	npetitive procurement process conducted for crisis care centers shall include non-scoring
represei	ntatives on the proposal review panel to foster collaboration and understanding of local factors
<u>betweer</u>	King County and cities within each crisis response zone, to ensure individual cities and each
	e group have a voice in the decision processes. The proposal review panel for each competitive
procure	ment process shall include representatives as follows:
	posal review panel for each competitive procurement process shall include representatives as
follows:	1. A North King County crisis response zone representative selected by the Sound Cities
	Association from cities as defined in Section 1.C.1 of Ordinance 19572 to review crisis care
	center operator proposals for the north King County crisis response zone.
	 A Central King County crisis response zone representative selected by the Mayor and the Council of the City of Seattle to review crisis care center operator proposals for the central
	King County crisis response.
	3. A South King County crisis response zone representative selected by the Sound Cities
	Association from cities as defined in Section 1.C.3 of Ordinance 19572 to review crisis care
	center operator proposals for the south King County crisis response zone.
	4. An East King County crisis response zone representative selected by the Sound Cities
	Association from cities as defined in Section 1.C.4 of Ordinance 19572 to review crisis care
	center operator proposals for the east King County crisis response zone.
	5. One representative selected by the City of Seattle and Sound Cities Association to review
	youth crisis care center operator proposals.
	of Seattle and Sound Cities Association shall send the names of their representatives to the
	of the Department of Community and Human Services and the Director of the Behavioral
	nd Recovery Division no later than September 1, 2024, for competitive procurements occurring
	and by January 1 every year thereafter in which competitive procurements for crisis care center
	rs will take place. If the City of Seattle or Sound Cities Association has not yet sent the
	nent of Community and Human Services representatives for the proposal review panel by the entified in this section, then the Department may proceed with the procurement process
	the representatives in order to avoid crisis care center timeline delays and the representative
	the review panel once selected.
When se	electing a crisis care center site, each selected crisis care center operator shall work with the

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²⁵⁹ In this section, "jurisdictions" means cities, tribes and other jurisdictional entities with siting authority that are physically located within King County.

2410 Figure 3023. Summary of Crisis Care Center Procurement and Siting Process

Siting Phase	Description
Phase 1: Pre-Procurement	This is the period before DCHS procures crisis care center operators. Jurisdictions and potential crisis care center operators may form siting partnerships prior to the procurement process. DCHS provides technical support to potential host jurisdictions and facility operators to advance interjurisdictional alignment and partnerships between potential facility operators and jurisdictions.
Phase 2: Procurement	DCHS selects crisis care center operators through a competitive procurement process. DCHS will prefer operators that can demonstrate support from jurisdictions located within the crisis response zone where the crisis care center is proposed, with a focus on the host jurisdiction.
Phase 3: Siting	The period from DCHS <u>initiating executing</u> -contracts with a crisis care center operator to develop a facility and when a crisis care center facility opens. DCHS will support selected operators and host jurisdictions with community engagement and communications as described in <u>Section V.E. Strategy 5: Capacity Building and Technical</u> <u>Assistance: Local Jurisdiction Capital Facility Siting Support Activities</u> .
<i>,</i> ,	nases for each Crisis Response Zone and/or the youth-focused crisis care e, depending on how rapidly development of each crisis care center progresses.

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2411 2412 2413 2414 between youth in the youth facility, age disparities between seniors and adults in the adult facilities, 2415 individuals with substance use needs, and people in active psychosis.

2417 DCHS will prefer crisis care center procurement proposals that demonstrate support from a jurisdiction 2418 located within the crisis response zone where the facility is proposed. Jurisdictions can demonstrate 2419 support for a proposed site by providing a written statement as part of the procurement process that 2420 includes, but is not limited to, the following criteria:

- Support for a crisis care center to be developed and operated by the proposed operator.
- Support for the proposed crisis care center facility site and confirmation that the site meets or is ٠ likely to meet the jurisdiction's zoning and other relevant local development requirements.²⁶⁰
- If a specific site is not yet identified, willingness to support the proposed operator in identifying a site that complies with the jurisdiction's zoning and other local development requirements.
 - ٠ Commitment to supporting the proposed operator in engaging community members regarding the siting, development, and ongoing operations of a crisis care center facility.

2429 2430 Preference will be given to potential sites for crisis care centers with support from the host jurisdiction that also include, but are not limited to, the following:

²⁶⁰ Nothing in this requirement shall be interpreted to require a jurisdiction to inappropriately preempt, influence, interfere with, or pre-judge a ministerial or administrative determination.

	<u>1.</u>	Existing facility or facilities that with retrofitting or remodeling will cost less than constructing a
2432		new facility.
2433	<u>2.</u>	Sites that are bounded on all sides by rights-of-way and do not have any shared lot lines with
2434		adjacent properties or otherwise consistent with jurisdictional zoning and land use
2435		<u>requirements.</u>
2436	<u>3.</u>	Sites with larger facilities that include potential expansion space and/or additional space for
2437		supporting service providers.
2438	<u>4.</u>	Locations central to the community it will serve.
2439	<u>5.</u>	Locations close to, or co-located with, existing community health facilities and hospitals for easy
2440		access and referral capabilities.
2441	<u>6.</u>	Locations that provide easy access to bus, streetcar, light rail, and other forms of public transit.
2442	<u>7.</u>	Facilities that have or would allow ample available onsite parking.
2443	<u>8.</u>	Facilities that include existing infrastructure necessary to host a variety of medical related
2444		services.
2445	<u>9.</u>	Facilities with multiple entrances that can be used to segregate portions of the facility into
2446		independent facilities.
2447	DCHS	will support the crisis care center facility siting process through CCC Levy funding as described in
2448		n V.E. Strategy 5: Capacity Building and Technical Assistance. DCHS will also support the siting
2449	-	s by providing technical advice to jurisdictions and facility operators, supporting interjurisdictional
2450	•	rships, supporting partnerships between facility operators and jurisdictions, supporting
2130	•	
2451	comm	unity engagement, and creating and deploying communication content.
2452	comm	unity engagement, and creating and deploying communication content.
2452 2453		
2452 2453 2454	Siting	a crisis care center will be a complex process involving review and approval by at least three
2452 2453 2454 2455	Siting separa	a crisis care center will be a complex process involving review and approval by at least three te units of government that only begins with Phases 1 and 2 in Figure 3023. Once the King
2452 2453 2454 2455 2455 2456	Siting separa County	a crisis care center will be a complex process involving review and approval by at least three te units of government that only begins with Phases 1 and 2 in Figure <u>3023</u> . Once the King <i>i</i> -administered procurement is complete and contracts with the selected crisis care center
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2452 2453 2454 2455 2456 2457 2458	Siting separa County operat	a crisis care center will be a complex process involving review and approval by at least three te units of government that only begins with Phases 1 and 2 in Figure 3023. Once the King administered procurement is complete and contracts with the selected crisis care center ors are executed, Figure 30's-23's Phase 3 requires an operator to complete at least two anal steps:
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2452 2453 2454 2455 2456 2457 2458 2459 2460	Siting separa County operat	a crisis care center will be a complex process involving review and approval by at least three te units of government that only begins with Phases 1 and 2 in Figure <u>3023</u> . Once the King /-administered procurement is complete <u>and contracts with the selected crisis care center</u> ors are executed, Figure <u>30's-23's</u> Phase 3 requires an operator to complete at least two onal steps: <i>Local Jurisdiction Zoning and Permitting:</i> First, an operator must satisfy land use, zoning, and permitting requirements of the host jurisdiction or jurisdictions. Each local jurisdiction defines
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2452 2453 2454 2455 2456 2457 2458 2459 2460 2461 2462	Siting separa County operat	a crisis care center will be a complex process involving review and approval by at least three the units of government that only begins with Phases 1 and 2 in Figure 3023. Once the King /-administered procurement is complete and contracts with the selected crisis care center ors are executed, Figure 30'5-23's Phase 3 requires an operator to complete at least two onal steps: <i>Local Jurisdiction Zoning and Permitting:</i> First, an operator must satisfy land use, zoning, and permitting requirements of the host jurisdiction or jurisdictions. Each local jurisdiction defines its own land use, zoning, and permitting requirements and processes in accordance with state law. Historically, land use, zoning, and permitting decisions have often taken years, especially in
2452 2453 2454 2455 2456 2457 2458 2459 2460 2461 2462 2463	Siting separa County operat	a crisis care center will be a complex process involving review and approval by at least three the units of government that only begins with Phases 1 and 2 in Figure 3023. Once the King /-administered procurement is complete and contracts with the selected crisis care center ors are executed, Figure 30'5-23's Phase 3 requires an operator to complete at least two onal steps: <i>Local Jurisdiction Zoning and Permitting:</i> First, an operator must satisfy land use, zoning, and permitting requirements of the host jurisdiction or jurisdictions. Each local jurisdiction defines its own land use, zoning, and permitting requirements and processes in accordance with state law. Historically, land use, zoning, and permitting decisions have often taken years, especially in conjunction with new construction or substantial capital rehabilitation for which some permits
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2452 2453 2454 2455 2456 2457 2458 2459 2460 2461 2462 2463 2464 2465 2466 2465	Siting separa County operat additic	a crisis care center will be a complex process involving review and approval by at least three the units of government that only begins with Phases 1 and 2 in Figure 3023. Once the King y-administered procurement is complete and contracts with the selected crisis care center ors are executed, Figure 30's-23's Phase 3 requires an operator to complete at least two onal steps: <i>Local Jurisdiction Zoning and Permitting:</i> First, an operator must satisfy land use, zoning, and permitting requirements of the host jurisdiction or jurisdictions. Each local jurisdiction defines its own land use, zoning, and permitting requirements and processes in accordance with state law. Historically, land use, zoning, and permitting decisions have often taken years, especially in conjunction with new construction or substantial capital rehabilitation for which some permits require a building or system to be built and then inspected while other types of permits must be acquired before or during construction. <i>State-Level Facility and/or Operator Licensing:</i> Second, an operator must satisfy state-level Department of Health licensing requirements before a facility or its operator can begin providing
2452 2453 2454 2455 2456 2457 2458 2459 2460 2461 2462 2463 2464 2465 2466 2467 2468	Siting separa County operat additic	a crisis care center will be a complex process involving review and approval by at least three the units of government that only begins with Phases 1 and 2 in Figure 3023. Once the King y-administered procurement is complete and contracts with the selected crisis care center ors are executed, Figure 30's-23's Phase 3 requires an operator to complete at least two onal steps: Local Jurisdiction Zoning and Permitting: First, an operator must satisfy land use, zoning, and permitting requirements of the host jurisdiction or jurisdictions. Each local jurisdiction defines its own land use, zoning, and permitting requirements and processes in accordance with state law. Historically, land use, zoning, and permitting decisions have often taken years, especially in conjunction with new construction or substantial capital rehabilitation for which some permits require a building or system to be built and then inspected while other types of permits must be acquired before or during construction. State-Level Facility and/or Operator Licensing: Second, an operator must satisfy state-level Department of Health licensing requirements before a facility or its operator can begin providing certain types of behavioral health care that are required in the crisis care center clinical
2452 2453 2454 2455 2456 2457 2458 2459 2460 2461 2462 2463 2464 2465 2466 2467 2468 2469	Siting separa County operat additic	a crisis care center will be a complex process involving review and approval by at least three the units of government that only begins with Phases 1 and 2 in Figure 3023. Once the King y-administered procurement is complete and contracts with the selected crisis care center ors are executed, Figure 30's-23's Phase 3 requires an operator to complete at least two onal steps: Local Jurisdiction Zoning and Permitting: First, an operator must satisfy land use, zoning, and permitting requirements of the host jurisdiction or jurisdictions. Each local jurisdiction defines its own land use, zoning, and permitting requirements and processes in accordance with state law. Historically, land use, zoning, and permitting decisions have often taken years, especially in conjunction with new construction or substantial capital rehabilitation for which some permits require a building or system to be built and then inspected while other types of permits must be acquired before or during construction. State-Level Facility and/or Operator Licensing: Second, an operator must satisfy state-level Department of Health licensing requirements before a facility or its operator can begin providing certain types of behavioral health care that are required in the crisis care center clinical program. Other state-level licenses may also be necessary. It is common for Department of
2452 2453 2454 2455 2456 2457 2458 2459 2460 2461 2462 2463 2464 2465 2466 2465 2466 2467 2468 2469 2470	Siting separa County operat additic	a crisis care center will be a complex process involving review and approval by at least three the units of government that only begins with Phases 1 and 2 in Figure 3023. Once the King /-administered procurement is complete and contracts with the selected crisis care center ors are executed, Figure 30's-23's Phase 3 requires an operator to complete at least two onal steps: <i>Local Jurisdiction Zoning and Permitting:</i> First, an operator must satisfy land use, zoning, and permitting requirements of the host jurisdiction or jurisdictions. Each local jurisdiction defines its own land use, zoning, and permitting requirements and processes in accordance with state law. Historically, land use, zoning, and permitting decisions have often taken years, especially in conjunction with new construction or substantial capital rehabilitation for which some permits require a building or system to be built and then inspected while other types of permits must be acquired before or during construction. <i>State-Level Facility and/or Operator Licensing:</i> Second, an operator must satisfy state-level Department of Health licensing requirements before a facility or its operator can begin providing certain types of behavioral health care that are required in the crisis care center clinical program. Other state-level licenses may also be necessary. It is common for Department of Health licensing requirements to take months, and they could take a year or more in some
2452 2453 2454 2455 2456 2457 2458 2459 2460 2461 2462 2463 2464 2465 2466 2465 2466 2467 2468 2469 2470 2471	Siting separa County operat additic	a crisis care center will be a complex process involving review and approval by at least three the units of government that only begins with Phases 1 and 2 in Figure 3023. Once the King /-administered procurement is complete and contracts with the selected crisis care center ors are executed, Figure 30's-23's Phase 3 requires an operator to complete at least two onal steps: Local Jurisdiction Zoning and Permitting: First, an operator must satisfy land use, zoning, and permitting requirements of the host jurisdiction or jurisdictions. Each local jurisdiction defines its own land use, zoning, and permitting requirements and processes in accordance with state law. Historically, land use, zoning, and permitting decisions have often taken years, especially in conjunction with new construction or substantial capital rehabilitation for which some permits require a building or system to be built and then inspected while other types of permits must be acquired before or during construction. State-Level Facility and/or Operator Licensing: Second, an operator must satisfy state-level Department of Health licensing requirements before a facility or its operator can begin providing certain types of behavioral health care that are required in the crisis care center clinical program. Other state-level licenses may also be necessary. It is common for Department of
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2452 2453 2454 2455 2456 2457 2458 2459 2460 2461 2462 2463 2464 2465 2466 2465 2466 2467 2468 2469 2470 2471	Siting separa County operat additic	a crisis care center will be a complex process involving review and approval by at least three the units of government that only begins with Phases 1 and 2 in Figure 3023. Once the King y-administered procurement is complete and contracts with the selected crisis care center ors are executed, Figure 30's-23's Phase 3 requires an operator to complete at least two onal steps: <i>Local Jurisdiction Zoning and Permitting:</i> First, an operator must satisfy land use, zoning, and permitting requirements of the host jurisdiction or jurisdictions. Each local jurisdiction defines its own land use, zoning, and permitting requirements and processes in accordance with state law. Historically, land use, zoning, and permitting decisions have often taken years, especially in conjunction with new construction or substantial capital rehabilitation for which some permits require a building or system to be built and then inspected while other types of permits must be acquired before or during construction. <i>State-Level Facility and/or Operator Licensing:</i> Second, an operator must satisfy state-level Department of Health licensing requirements before a facility or its operator can begin providing certain types of behavioral health care that are required in the crisis care center clinical program. Other state-level licenses may also be necessary. It is common for Department of Health licensing requirements to take months, and they could take a year or more in some
2452 2453 2454 2455 2456 2457 2458 2459 2460 2461 2462 2463 2464 2465 2466 2465 2466 2467 2468 2469 2470 2471 2472	Siting separa County operat additic	a crisis care center will be a complex process involving review and approval by at least three the units of government that only begins with Phases 1 and 2 in Figure 3023. Once the King y-administered procurement is complete and contracts with the selected crisis care center ors are executed, Figure 30's-23's Phase 3 requires an operator to complete at least two onal steps: Local Jurisdiction Zoning and Permitting: First, an operator must satisfy land use, zoning, and permitting requirements of the host jurisdiction or jurisdictions. Each local jurisdiction defines its own land use, zoning, and permitting requirements and processes in accordance with state law. Historically, land use, zoning, and permitting decisions have often taken years, especially in conjunction with new construction or substantial capital rehabilitation for which some permits require a building or system to be built and then inspected while other types of permits must be acquired before or during construction. State-Level Facility and/or Operator Licensing: Second, an operator must satisfy state-level Department of Health licensing requirements before a facility or its operator can begin providing certain types of behavioral health care that are required in the crisis care center clinical program. Other state-level licenses may also be necessary. It is common for Department of Health licensing requirements to take months, and they could take a year or more in some circumstances.

State-level licensing and their attendant requirements for public notice and potential review.	
While recognizing the importance of these processes for effective facilities and operations, this Plan	
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describes.	
partnership between King County and cities or other local jurisdictions will produce the most rapid and	
effective accomplishment of this voter approved requirement. King County intends for will encourage	
jurisdictions located within crisis response zones to coordinate with potential facility operators to	
identify and recommend crisis care center facility sites that meet the requirements defined in King	
County Ordinance 19572, this Plan, and future crisis care center procurement processes. ⁸¹	
If, by December 31, 2026. King County does not yet have for any crisis response zone a viable proposal.	
iocused crisis care center within that crisis response zone.	
If he December 24, 2020. Vice County does not us have a vickle menoval that has best insidiation	
King County.	
County Ordinance 19572 as it was approved by a majority of King County voters in the April 2023 Special	
Election. ⁸³	
To best position crisis care centers for successful and timely siting in local jurisdictions, DCHS will	
maintain regular communications with stakeholders, including but not limited to the following:	
 Provide email updates to all King County Council offices, members and alternate members of 	Formatted
the King County Regional Policy Committee or its successor, and Sound Cities Association when	Indent at:
planning and releasing annual procurements and when announcing procurement results.	
procurement, and also at 30, 60, and 90 days prior to December 31, 2026, email an update to all	
	 While recognizing the importance of these processes for effective facilities and operations, this Plan also acknowledges that in combination they have the potential to last for multiple years and constitute a substantial risk to the crisis care center capital development timelines that this Plan describes. Alternative Siting Process King County-Ordinance 19572 requires a network of five crisis care centers by the end of 2032.³⁶⁴ Strong partnership between King County and cities or other local jurisdictions will produce the most rapid and effective accomplishment of this voter approved requirement. King County intends forwill encourage jurisdictions located within crisis response zones to coordinate with potential facility operators to identify and recommend crisis care center facility sites that meet the requirements defined in King County-Ordinance 19572, this Plan, and future crisis care center procurement processes.⁵⁶⁴ If, by December 31, 2026, King County does not yet have for any crisis response zone a viable proposal, with local jurisdiction support for an adult-focused crisis care center that meets the requirements requirements defined in King County-Ordinance 19572, this Plan, and future procurement processes, King County reserves all available rights, authorities, means, and abilities to proactively site and open an adult focused crisis care center within that crisis response zone.⁵⁶⁴ If, by December 31, 2026, King County does not yet have a viable proposal that has host jurisdiction support for a youth-focused crisis care center that meets the requirements defined in King County Ordinance 19572, this Plan, and future procurement processes, King County Ordinance 19572, this Plan, and future procurement processes, King County Ordinance 19572, this Plan, and future procurement processes, King County Ordinance 19572, this Plan, and future procurement processes, King County other so youth-focused crisis care center that meets the requirements defined in Ki

²⁶¹ King County Ordinance 19572 [LINK].

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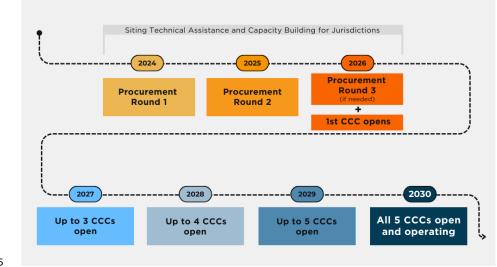
2521 King County Council offices, members and alternates of the King County Council Regional Policy 2522 Committee or its successor, and Sound Cities Association that summarizes steps remaining to 2523 achieve a viable proposal for each remaining unsited adult focused crisis care center or youth 2524 focused crisis care center, along with a red, yellow, or green milestone assessment of whether 2525 progress is on schedule to avoid an executive alternative siting process. 2526 2527 The Executive may only commence an alternative siting process authorized in this subsection after 2528 transmitting a notification letter to the King County Council describing the decision, issued no earlier 2529 than January 1, 2027. The Executive will electronically file the letter with the clerk of the Council, who 2530 will retain an electronic copy and provide an electronic copy to all councilmembers and all members of 2531 the Regional Policy Committee or its successor. Unless the Council passes a motion rejecting the 2532 commencement of the alternative siting process within 30 days of the Executive's transmittal, the 2533 Executive may proceed with the use of the alternative siting process. 2534 2535 Sequence and Timing of Planned Expenditures and Activities 2536 The process of developing and opening a crisis care center includes multiple parties and steps that have 2537 variable timelines. Before being able to open, any crisis care center would at least have had to satisfy at 2538 least the County-administered procurement and contracting process; a city or other local-jurisdiction 2539 defined land use, zoning, and/or permitting process; and a state department-defined licensing process. 2540 These necessary processes, administered by at least three separate levels of government, introduce 2541 substantial potential variability to the capital development timeline for a crisis care center. 2542 2543 This subsection describes the sequence and timing of expenditures and activities related to developing 2544 crisis care centers. It also describes when timelines may vary and how DCHS intends to work to mitigate 2545 these variables. 2546 2547 Crisis Care Centers Implementation Timeline 2548 DCHS intends to prioritize opening five crisis care centers as quickly as possible to meet the urgent 2549 needs of people experiencing behavioral health crises. DCHS plans to select crisis care center operators 2550 through an annual competitive procurement process starting in 2024, as depicted in Figure 3124. The 2551 first procurement round in 2024 will prefer crisis care center proposals that can be developed and begin 2552 serving people rapidly. The 2024 round may include a single review deadline, multiple review deadlines, 2553 or a rolling review of applications, with the ability to make awards at different times within the round. 2554 The 2024 round will award contracts for a maximum of three centers. The purpose of this cap is twofold. 2555 First, it provides additional planning time for organizations that are interested in submitting a 2556 procurement proposal in 2025. The second purpose is to manage the timeline of expenditures against 2557 when CCC Levy proceeds are available. The 2025 procurement round will not have a cap on the number 2558 of awards, and a 2026 procurement round will only be held if operators for all five crisis care centers 2559 have not yet been selected. 2560 2561 2562 2563

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Crisis Care Centers Estimated Implementation Timeline



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2567CCC Levy funding to support crisis care centers' capital facility development and operating costs are2568planned to begin in 2025 and increase over time as crisis care centers are developed and become2569operational. Figure 2431 depicts the estimated opening timeline for the five crisis care centers that will2570be funded with proceeds from the CCC Levy and described in this Plan. Strategy 1 funding levels as2571described above in Section V.A. Strategy 1:Created and Operated Five Crisis Care Centers: Crisis Care2572Center Operational Activities support this timeline.

2574 Managing Development Timeline Variability

2575 The crisis care center development timeline for individual facilities will likely differ due to the variability 2576 in capital facility development approaches depicted in Figure 2922, and potential external factors that 2577 could impact the development timeline for a crisis care center during its siting, design, construction, or 2578 facility activation phases. Examples of such factors are summarized in Figure 32-25 and depicted in Figure 2579 33. This Plan identifies the factors and variety of responsible parties within Figure 32-25 to enable 2580 shared understanding between the King County Executive, King County Council, Regional Policy 2581 Committee, and King County residents about the importance of alignment to rapidly open crisis care 2582 centers, and about the substantial delays that are possible if various responsible parties are misaligned 2583 on the development of a crisis care center. 2584

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Crisis Care Centers Levy Implementation Plan 2024-2032 P a g e $\mid 100$

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2587 Figure 3225. Examples of Potential Factors that Could Impact Crisis Care Centers' Development

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Development Phase	Potential Factors Impacting Timeline	Responsible Parties	Formatted: Keep with nex
ting	 Site identification and feasibility analysis Community engagement Environmental impact review Zoning and permitting 	 Crisis care center operator Local jurisdictions DCHS supports community engagement 	Formatted: Keep with nex
Design	 Programming and clinical processes Schematic design and design development WA Department of Health licensing review Construction and permit documents Design review process 	 Design team Crisis care center operator Local jurisdictions King County WA Department of Health 	Formatted: Keep with nex
nstruction	 Supply chains Macroeconomic conditions Certificate of occupancy inspections Labor availability 	 Vendors and contractors Crisis care center operator Local jurisdictions 	Formatted: Keep with nex
cility Activation	 Equipment and furniture installation IT installation and stocking supplies Facility licensing Labor supply Staff onboarding and training 	 Crisis care center operator Local jurisdictions WA Department of Health Other licensing entities 	Formatted: Keep with nex

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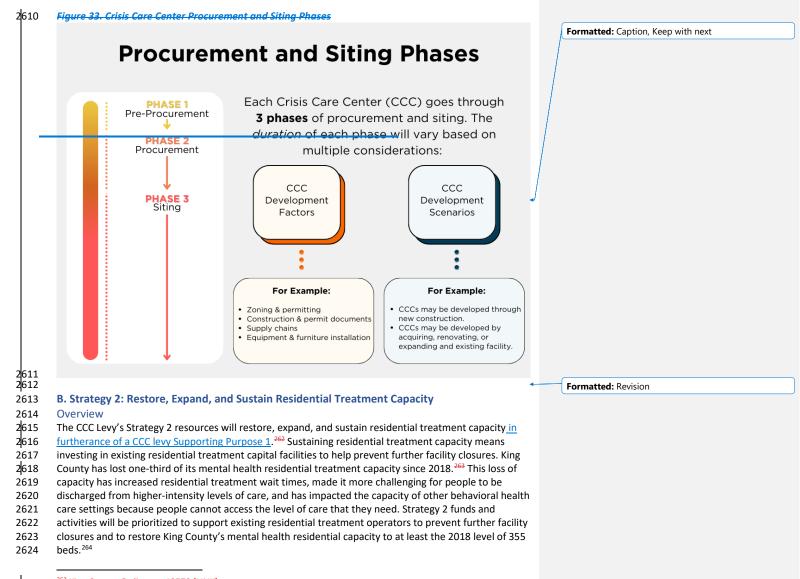
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DCHS will work to mitigate potential timeline delays by:

- Accelerating the development steps managed by DCHS, including expediting the release of the crisis care centers procurement in 2024 after this Plan is adopted.
- Striving to provide clear and transparent communication about CCC Levy implementation to support coordination and planning among parties involved in the development process;
- Providing siting support to jurisdictions and crisis care center operators as described in Section V.E. Strategy 5: Capacity Building and Technical Assistance: Local Jurisdiction Capital Facility Siting Support Activities;
- 2598 Allowing existing facilities or facilities under development that are already sited and require 2599 minimal construction to be eligible to respond to crisis care center procurements, and,
- 2600 • Reviewing facility development plans during the crisis care centers procurement and giving 2601 preference to proposals that can be developed and operated more rapidly while still meeting 2602 crisis care center requirements defined in this Plan and future procurements and contracts. 2603

2604 To ensure that five crisis care centers open by 2032, DCHS may choose to redistribute capital 2605 development funds, alter the siting location, and release additional procurements if DCHS determines 2606 that the development and opening timeline proposed by the selected crisis care center operator is no 2607 longer viable. Before exercising this option, DCHS will work closely with the selected operator and host 2608 jurisdiction to explore other paths to expedite the crisis care center development and opening. 2609



²⁶² King County Ordinance 19572 [<u>LINK</u>]

²⁶³ King County Ordinance 19572 [<u>LINK</u>]

²⁶⁴ Mental health residential treatment facilities are a subset of residential treatment facilities, which are defined in King County Ordinance 19572 as "licensed, community-based facility that provides twenty-four-hour on-site care for persons with mental health conditions, substance use disorders, or both, in a residential setting" [LINK]

2626 Residential treatment, defined in King County Ordinance 19572 as shown in Figure 34, provides

2627 important community-based treatment options for people who do not need behavioral health inpatient

2628 care, but who need a higher level of care than behavioral health outpatient services. Activities in

2629 Strategy 2 were developed as described in <u>Section III.D. Implementation Plan Methodology: Residential</u>

2630 <u>Treatment Methodology</u> based on the background included in <u>Section III.C. Key Historical and Current</u>

2631 <u>Conditions: Reduction in Residential Treatment Capacity</u> and community engagement described in

2632 <u>Section III.E. Community Engagement Summary: Theme E: Residential Treatment Expansion</u>.

2633

2625

2634 *Figure 34. Residential Treatment Definition in King County Ordinance 19572*

'Residential treatment" means a licensed, community-based facility that provides twenty-four-hour onvite care for persons with mental health conditions, substance use disorders, or both, in a residential vetting.

2635

2636 Activities to Restore, Expand, and Sustain Residential Treatment Capacity

2637 Strategy 2 will fund residential treatment capital facility development and maintenance activities. These

2638 activities are described in Figure 3526. DCHS intends to distribute these resources to residential

2639 treatment facility operators through competitive procurement processes. Funding from this strategy

2640 may also be used to build additional residential treatment capacity beyond 355 beds.

2641 2642

 2642
 Figure 3526.
 Allowable Residential Treatment Facility Capital Development and Maintenance

 2643
 Activities

Сар	Allowable Residential Treatment Facility ital Development and Maintenance Activities
Activity	Description
Residential Treatment	Costs to develop and construct residential treatment facilities, such as,
Capital Facility	but not limited to, purchasing land, acquiring an existing facility, planning
Development	and design, building renovation or expansion, new construction, and
	other capital pre-development and development costs.
Residential Treatment	Costs to make capital improvements to existing residential facilities, such
Capital Facility	as, but not limited to, facility repairs, renovations, and expansions or
Improvements	enhancements of existing facilities to maintain or improve operations.
Residential Treatment	Residential treatment capital facility maintenance costs.
Facility Maintenance	

2644

2645 Residential Treatment Capital Facility Procurement and Siting Process

2646 This subsection describes the procurement and siting process for residential treatment facilities that

2647 receive capital funding from the CCC Levy proceeds described in this Plan. CCC Levy proceeds dedicated

2648 to residential facility capital development will be awarded through competitive procurement processes

2649 beginning in 2024. The factors that DCHS may consider when awarding Strategy 2 funds include:

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This Plan prioritizes restoring mental health residential treatment capacity and preventing further residential treatment facility closures and may also expand other types of residential treatment facilities as allowed by Ordinance 19572 [LINK].

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2650	•	Whether a proposal increases local access to residential treatment beds throughout King County	
2651		by opening or expanding new residential treatment capacity in areas where few or no similar	
2652		residential treatment facilities exist;	
2653	•	Whether a proposal leverages a proposer's sited or licensed facility, thereby decreasing the cost	_
2654		or time necessary for starting new operations or continuing improved operations increases CCC	<u> </u>
2655		Levy efficiency by proposing restoration, rehabilitation, or otherwise using a facility that is	
2656		already licensed, already sited, or otherwise already meets regulatory requirements, or	
2657	•	Whether a proposal to increase residential treatment capacity also increases equity in	
2658		behavioral health system access by proposing funding for an organization with expertise and	
2659		experience providing culturally and linguistically appropriate services for populations	
2660		experiencing behavioral health inequities (see Section III.C. Key Historical and Current	
2661		Conditions: Who Experiences Behavioral Health Inequities).	
2662			
2663	0	zations that are awarded capital resources to expand residential treatment facilities and thereby	
2664		se the number of treatment beds, must adhere to the relevant zoning and permitting laws and	
2665	0	tions of the jurisdiction within which residential treatment facilities are sited. These organizations	
2666		lso satisfy licensing requirements from the state and additional requirements that King County	
2667	may in	npose through contract.	
2668			
2669		evy Funding Approach for Rapid Initial Progress on Residential Treatment	
2670	_	gy 2's 2024 allocation will support capital improvement and maintenance costs of existing	
2671		ntial treatment facilities and the development of new residential treatment facilities. DCHS	
2672 2673		s to accelerate the distribution of resources to support existing residential treatment facilities by ging a broader behavioral health capital facility improvement procurement process that is planned	
2673		ly 2024 and incorporates other funding sources, most notably MIDD. ²⁶⁵ The combined	
2674		ement process will begin in early 2024 to expedite awarding of these resources soon after this	
2676	•	adopted. DCHS also plans to open a procurement in 2024 to distribute funds to support the	
2677		development of new residential treatment facilities. Procurement awards will not be made until	
2678		nis Plan is adopted. Figure 36-27 describes the anticipated timeline to distribute capital funding	
2679		idential treatment facilities in 2024.	
2680	.01103		
2000			

²⁶⁵ King County Ordinance 19712 appropriated MIDD funding for this purpose. [LINK] DCHS is planning to open a behavioral health capital procurement in early 2024. DCHS intends to also procure proposals to support capital improvement and maintenance costs of existing residential treatment facilities to accelerate to distribution of CCC Levy resources once this Plan is adopted.

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2681

CCC Levy Proceeds to Sunnort Residential Treatment Facilities in

	vy Proceeds to Support Resident	tial Treatment Facilities in 2024	
Mid-2023	Early 2024	As Early as Mid-2024	Formatted: Keep with next
Request for Information: DCHS solicited information from residential treatment facility operators about capital	plans to conduct a behavioral health capital facility procurement process that includes 2024 CCC	Funds Distribution: DCHS plans to award funding to residential treatment facility operators after this Plan is adopted.	Formatted: Keep with next
maintenance and improvement funding needs to help inform this Plan and procurement process.	Levy proceeds for residential treatment facilities preservation and development of new residential treatment facilities.		
Expand, and Sustain Residential Tr	ial Treatment Capacity Figure 35 contains an approximate a reatment Capacity of \$48,575,000 in The Executive will assess the outcom	n 2027 and \$1,464,000 in 2028,	
whether the financial plan remain	is on target for these investments as	s part of the annual report.	
	Community Behavioral Health W		Formatted: Font: 12 pt, Font color: Accent 1
investing in activities to strengthen <u>County</u> . ²⁶⁷ This strategy also direct operate five crisis care centers by workforce, including crisis care cen Strategy 3's workforce activities for	rategy 3 directly supports the CCC L n <u>King County's the</u> community beh tly supports the CCC Levy's Paramon investing in the development of Kin nter workers. ²⁶⁸ bocus on helping more people join ar ities within Strategy 3 fall into three	navioral health ²⁶⁶ workforce <u>in King</u> unt Purpose to establish and ng County's behavioral health crisis nd make a career in community	
	ntext of this Plan. "community behavior		
as a community behavioral health age County's BH-ASO or KCICN. Communi		Vashington State Department of Health 11, and are contracted with the ve people who are enrolled in	
meet the requirements defined in RC as a community behavioral health age County's BH-ASO or KCICN. Communi Medicaid health insurance to be eligit ²⁶⁷ <u>As noted in footnote 578, i</u> In the co that: meet the requirements defined Behavioral Health Services Act [<u>LINK</u>],	W Chapter 71.24, are licensed by the W ency as defined in WAC Chapter 246-34 ity behavioral health agencies must sen	Vashington State Department of Health 11. and are contracted with the ve people who are enrolled in egy 3 oral health" <u>are those</u> means agencies on Chapter 71.24 Community Department of Health as a community	
meet the requirements defined in RC as a community behavioral health age County's BH-ASO or KCICN. Communi Medicaid health insurance to be eligit ²⁶⁷ . As noted in footnote 578, iln the co that: meet the requirements defined Behavioral Health Services Act [LINK], behavioral health agency as defined in contracted with the County's BH-ASO KCICNKing County Integrated Care Net	W Chapter 71.24, are licensed by the W ency as defined in WAC Chapter 246-34 ity behavioral health agencies must sen ble for CCC Levy funding through Strate ontext of this Plan, "community behavi in <u>RCW</u> the Revised Code of Washington , are licensed by the Washington State	Vashington State Department of Health 1. and are contracted with the ve people who are enrolled in very 3 oral health" <u>are those</u> means agencies on Chapter 71.24 Community Department of Health as a community dministrative Code [<u>LINK</u>] and are strative Services Organization or gencies must serve people who are	
meet the requirements defined in RC as a community behavioral health age County's BH-ASO or KCICN. Communi Medicaid health insurance to be eligit ²⁶⁷ . As noted in footnote 578, iln the co that: meet the requirements defined Behavioral Health Services Act [LINK], behavioral health agency as defined in contracted with the County's BH-ASO KCICNKing County Integrated Care Net	W Chapter 71.24, are licensed by the W ency as defined in WAC Chapter 246-34 ity behavioral health agencies must sem ble for CCC Levy funding through Strate ontext of this Plan, "community behavi in <u>RCW</u> the Revised Code of Washingto , are licensed by the Washington State n <u>WAC</u> Chapter 246-341, Washington A Ling County Behavioral Health Admini stwork. Community behavioral health a e to be eligible for CCC Levy funding thr	Vashington State Department of Health 1. and are contracted with the ve people who are enrolled in very 3 oral health" <u>are those</u> means agencies on Chapter 71.24 Community Department of Health as a community dministrative Code [<u>LINK</u>] and are strative Services Organization or gencies must serve people who are	

2700 2701 2702 2703 2704 2705 2706 2707	 behavioral health caree help workers join and print Labor-management part community behavioral h partnerships): Programs Workforce development 	broader community behavioral health workforce (called community r pathways): Resources such as training and paying licensing fees that rogress within the community behavioral health workforce; thereships on shared workforce development efforts for the broader health workforce (called labor-management workforce development is like apprenticeships and training funds, and t efforts that are specific to the crisis response behavioral health workforce development): Specialized training for crisis workers and	
2708	crisis settings.		
2709			
2710	.	summary descriptions for each of Strategy 3's broad categories, and	
2711 2712	each is described in detail later i	n this section.	
2712	While not Strategy 2's focus Kin	g County recognizes behavioral health wages as an important factor in	
2713	0, ,	activities. CCC Levy resources are insufficient to increase wages	
2715		cross the region's entire community behavioral health workforce. Even if	
2716		Id substantially commit local funding where federal and state funding	
2717		ally, investing local funds to raise wages for the region's entire	
2718			
2719			
2720			
2721	appropriate wages for the crisis care center workforce because these investments support the CCC		
2722	Levy's Paramount Purpose. If funds become available through this Plan's provisions to allocate		
2723	additional funds (see Section VI.	Financial Plan: Process to Make Substantial Adjustments to the	
2724	Financial Plan), this strategy aut	horizes DCHS to develop and administer activities to increase wages for	
2725	the broader behavioral health w	orkforce.	
2726	Figure 37<u>28</u>. Allowable Commu	nity Behavioral Health Workforce Activities	
•	Allowable Co	ommunity Behavioral Health Workforce Activities	
	Activity	Description	
	Community Behavioral	Resources to stabilize King County's community behavioral health	
	Health Career Pathways	workforce from 2024-2026 through investments such as financial	
		assistance with license and other professional fees, training and	
		supporting the professional development of staff, and retaining and	
		supporting the wellbeing of workers through activities that promote	
		the physical, mental, and emotional health of employees. At least 25	
		percent of funding for this activity will be used to increase the	
		representativeness of community behavioral health workers. DCHS	
		will assess the outcomes of these stabilization investments and will	

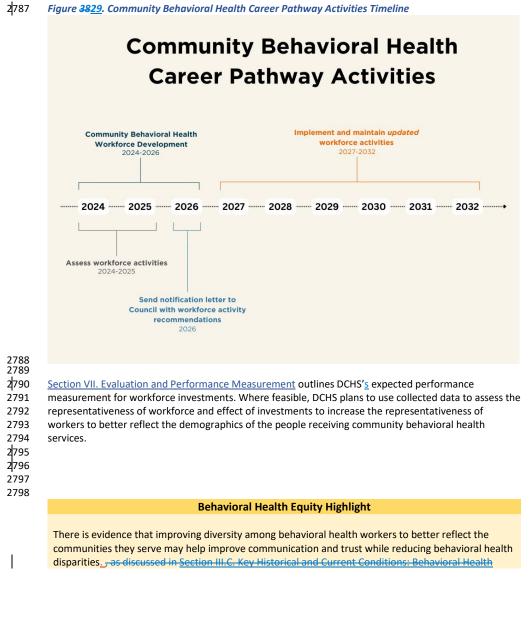
	percent of funding for this activity will be used to increase the representativeness of community behavioral health workers. DCHS will assess the outcomes of these stabilization investments and will propose a refined investment approach to King County Council for 2027 to 2032.
Labor-Management	Funding to sustain and expand labor-management workforce
Workforce Development	development partnerships, including Washington State registered
Partnerships	apprenticeship programs and labor-management partnership training
	funds.
Crisis Workforce	Funding to build King County's crisis behavioral health workforce,
Development	including recruiting and retaining crisis care center workers and post-

	crisis follow-up workers and investing in specialty crisis training for community behavioral health workers serving King County. ²⁶⁹
	community benavioral nearth workers serving king county.
 Strategy 3 will fund caree behavioral health workfor will support the recruitment through activities such a Tuition assistance Stipends for pair Clinical supervisi Professional lice Grants for comment 	Health Career Pathway Activities er pathway activities to support the development of King County's community prce, as described in Figure <u>38-29</u> and Figure <u>3930</u> . ²⁷⁰ Career pathway resources lent, training, retention, and wellbeing of community behavioral health workers s: e; l internships; on costs; nsure fees; nunity behavioral health agencies to promote the wellbeing of workers, ²⁷¹ and
Clinical training,	including evidence-based practice training.
pathway activities for inv County's community beh DCHS intends to support Integrated Care Network contracts, reimbursemen competitive procuremen community behavioral h	percent of the resources dedicated for community behavioral health career vestments that are directly related to increasing the representativeness of King vavioral health workforce. ²⁷² community behavioral health agencies contracted with the King County : (KCICN) for career pathway activities through the expansion of existing the for eligible activities through existing payment mechanisms, and possible ts. These investment approaches will be consistent with DCHS's strategic ealth workforce development plan, which will be approved by the County-nittee of the KCICN and will be informed by significant and broad community
people who receive service post-crisis follow-up service ²⁷⁰ Within the context of th existing behavioral health w workers to start and pursue ²⁷¹ Examples of activities th	rkers are behavioral health workers who provide post-crisis follow-up services for s at crisis care centers and are employed by agencies that are contracted to provide es defined in <u>Section V.A. Strategy 1: Create and Operate Five Crisis Care Centers</u> . is Plan, "career pathways" means activities like training and recruiting that promote vorkers' professional development and support and incentivize new and existing e long-term careers in community behavioral health. at promote the wellbeing of community behavioral health workers include supervision taff time for self-directed program development and quality improvement initiatives, n benefits.

²⁷² See Section III.F. Behavioral Health Equity Framework. <u>A focus of the Plan is to increase accessibility of</u> behavioral health services, including crisis services funded by the CCC Levy, for all King County residents, including populations who experience behavioral health inequities. A consistent theme of community engagement was the importance for people seeking care of culturally and linguistically congruent services, staff with lived experience of behavioral health crises, and demographic representativeness. Establishing a workforce that is representative of King County's population, with particular care to representativeness for populations experiences Behavioral health inequities (see <u>Section III.C. Key Historical and Current Conditions: Who Experiences Behavioral Health Inequities</u>), will ensure that more King County residents can choose to receive care from a provider with whom they are comfortable and is one of this Plan's strategies to ensure that all King County residents have meaningful access to CCC Levy-funded facilities and services.

2751 Initial Prioritization and Assessment of Career Pathway Activities

2751	Initial Prioritization and Assessment of Career Pathway Activities		
2752	Between 2024 and the end of 2026, as depicted in Figure 279, DCHS will fund career pathway activities		
2753	to strengthen, support the development, and increase the representativeness of King County's		
2754	community behavioral health workforce , as depicted in Figure 38 . During 2024 and 2025, DCHS will		
2755	assess the impact of activities by researching best and emerging community behavioral health workforce		
2756	development practices and soliciting input from community partners, behavioral health workers, and		
2757	community behavioral health agency leaders. This assessment will allow DCHS to refine the initial		
2758	funding approach and improve activities to strengthen the community behavioral health workforce,		
2759	increase the representativeness of behavioral health workers, and build the community behavioral		
2760	health workforce pipeline.		
2761			
2762	As part of this assessment, DCHS will convene a workgroup with community partners that have subject		
2763	matter expertise in behavioral health workforce development to inform proposed refinements and		
2764	adjustments to the initial funding approach. The assessment will include reviewing the impact of career		
2765	pathway activities on increasing the representativeness of community behavioral health workers.		
2766	Workgroup membership will include, but is not limited to:		
2767	 Representatives of workers, including representatives of labor-management workforce 		
2768	development partnerships;		
2769	 Higher education training programs, including a community and technical college; 		
2770	 Community behavioral health agencies, including representation from both an agency that 		
2771	provides mental health services and an agency that provides substance use services, and		
2772	• People with expertise in improving the representativeness of the behavioral health workforce,		
2773	including workers who identify as members of populations experiencing behavioral health		
2774	inequities (see Section III.C. Key Historical and Current Conditions: Who Experiences Behavioral		
2775	Health Inequities).		
2776			
2777	In 2026, prior to releasing funding for career pathway activities for 2027 to 2032, the Executive will		
2778	transmit a notification letter to Council proposing refinements to career pathway activities and		
2779	describing the community engagement process that informed the proposal. The Executive will		
2780	electronically file the letter with the Clerk of the Council, who will retain an electronic copy and provide		
2781	an electronic copy to all councilmembers, and members of the Regional Policy Committee. Unless the		
2782	Council passes a motion rejecting the contemplated change within 30 days of the Executive's transmittal		
2783	or funding has not yet been sufficiently appropriated, the Executive may proceed with the use of funds		
2784	allocated for 2027 to 2032 as set forth in the notification letter. All CCC Levy proceeds will remain		
2785	subject to Council appropriation.		



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RPC Meeting Materials

2786

May 17, 2024

Workforce Shortages.^{273,274} Community engagement further endorsed the importance of workforce representativeness_<u>in Section III.E. Community Engagement Summary: Importance of Workforce</u> <u>Representation</u>. The activities referenced in this strategy to increase representativeness of the behavioral health workforce are central to meeting the goals described in <u>Section III.F. Behavioral</u> <u>Health Equity Framework: Representative Behavioral Health Workforce</u>.

2799

2800 2801 While not Strategy 3's focus, King County recognizes behavioral health wages as an important factor in both recruitment and retention activities. CCC Levy resources are insufficient to increase wages 2802 meaningfully and consistently across the region's entire community behavioral health workforce. Even if 2803 this were possible, doing so would substantially commit local funding where federal and state funding 2804 should increase instead. Specifically, investing local funds to raise wages for the region's entire 2805 community behavioral health workforce could inhibit efforts to raise Medicaid rates that would 2806 sustainably raise wages for the region's behavioral health workforce with federal and state funds. One 2807 exception to this general principle is that this Plan's Strategy 3 authorizes and allocates funds to support 2808 appropriate wages for the crisis care center workforce because these investments support the CCC 2809 Levy's Paramount Purpose. If funds become available through this Plan's provisions to allocate 2810 additional funds (see Section VI. Financial Plan: Process to Make Substantial Adjustments to the 2811 Financial Plan), this strategy authorizes DCHS to develop and administer activities to increase wages for 2812 the broader behavioral health workforce. 2813 2814 Labor Management Workforce Development Partnership Activities 2815 Labor management workforce development partnerships are activities that are supported by both 2816 management and front-line workers, in this case community behavioral health agencies and workers, 2817 including agencies that are represented by labor unions and agencies that are not represented. 275, 276

Strategy 3 funds labor management workforce development partnership activities, including behavioral
 health apprenticeships and other behavioral health worker training opportunities. These investments
 are intended to help build a skilled and diverse community behavioral health care workforce in King
 County in a way that incorporates workers' voices in workforce development.

2823 Behavioral Health Apprenticeship Program Activities

Strategy 3 includes funding to sustain and expand a Washington State registered apprenticeship
 program that offers behavioral health apprenticeships. Behavioral health apprenticeship programs are
 paid on the job training programs paired with technical instruction to train workers for behavioral health
 careers. These careers include but are not limited to peer counselors, substance use disorder
 professionals, and behavioral health technicians.

2828 2829

> ²⁷³Shen MJ, Peterson EB, Costas-Muñiz R, Hernandez MH, Jewell ST, Matsoukas K, Bylund CL. The Effects of Race and Racial Concordance on Patient-Physician Communication: A Systematic Review of the Literature. J Racial Ethn Health Disparities. 2018 Feb;5(1):117–140. [<u>LINK</u>]

> ²²⁴ Chao, P.J., Steffen, J.J., and Heiby, E.M. (2012). The effects of working alliance and client-clinician ethnic match on recovery status. *Community Mental Health Journal* (48), 91-97. [LINK]

²⁷⁵ Labor management partnerships are relationships between front line workers and management. It is a collaborative effort focused on common goals, relationship with unified mission, improve organizational performance and employee wellbeing. [LINK]

²⁷⁶ SEIU Healthcare 1199NW Multi-Employer Training Fund. [LINK]

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Apprenticeship programs provide access to education and training for people who may be unable to
 afford college or significant classroom instruction time while working. The flexibility of apprenticeship
 programs can aid in recruitment of individuals from diverse backgrounds that historically have not had
 access to traditional higher education programs.²⁷⁷

2834

2835 Apprenticeships help workers and employers: Apprenticeship programs benefit workers by providing

2836 pay and benefits while pursuing a certification to advance their behavioral health careers.

2837 Apprenticeship programs benefit employers by building a skilled behavioral health workforce,

promoting employee retention through professional development, and promoting increased workforce
 representation by reducing professional development barriers such as training costs.²⁷⁸

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The apprenticeship programs funded by Strategy 3 will be available to community behavioral health
 agencies in King County and workers they employ to participate in behavioral health apprenticeships.

2843 Crisis care center operators funded with CCC Levy proceeds are among the eligible providers.

2844 Apprenticeships are managed by Washington State registered apprenticeship programs, and employers

2845are responsible for hiring apprentices and mentors. Strategy 3 will sustain and expand DCHS's existing2846contract with a Washington State registered apprenticeship program. Eligible activities include, but are

2847 not limited to, apprenticeship program costs, eligible apprentice salary and benefit costs, employer and 2848 apprentice incentives, and program planning and recruitment costs.

2850 Labor Management Partnership Training Activities

2851 Strategy 3 will also sustain and expand access to labor management partnership training activities for 2852 community behavioral health agencies in King County, including CCC levy-funded crisis care centers 2853 operators. Labor-management partnership training activities are developed in partnership between 2854 community behavioral health agency employers and frontline workers. DCHS intends to procure labor 2855 management training proposals and contract with community behavioral health agencies to pay for 2856 eligible activities. Eligible activities may include, but are not limited to, tuition assistance, professional 2857 development costs, professional certification fees, student supports, and career counseling. Community 2858 behavioral health agencies may use training resources for a labor-management partnership training 2859 fund in which they participate, or they may manage the training resources directly.²⁷⁹

2861 Crisis Workforce Development Activities

2862 King County will need more people to join the region's community behavioral health workforce to staff 2863 CCC Levy-funded crisis care centers. Specific roles that crisis care centers need include, but are not 2864 limited to, peer specialists, substance use disorder professionals, mental health professionals, 2865 behavioral health technicians, nurses, nurse practitioners, and physicians. In addition to training and 2866 recruiting additional behavioral health workers, building a crisis workforce will require training existing 2867 workers to provide crisis services. Crisis services are unique clinical services that require specialized skills 2868 in de-escalation, risk assessment, triage decision-making, and motivational interviewing. Strategy 3 2869 invests resources to develop a crisis workforce in King County, which is described in the subsections 2870 below.

²⁷⁹ Labor management partnership training funds are structures that support health care entities, including community behavioral health agencies, in investing in direct education and training benefits at no cost for their employees.

²⁷⁷ Health Care Apprenticeship Consortium [LINK]

²⁷⁸ Health Care Apprenticeship Consortium [LINK]

2872 Crisis Care Center and Post-Crisis Follow-Up Workforce Development Activities

2873 Crisis care centers and post-crisis follow-up programs funded by CCC Levy proceeds, including

organizations with expertise in delivering culturally and linguistically appropriate services (see Section
 V.A. Strategy 1: Create and Operate Five Crisis Care Centers: Post-Crisis Stabilization Activities), will need
 to hire hundreds of behavioral workers to operate at their full capacity. ²⁸⁰ Eligible activities under this
 component of Strategy 3 will invest in these organizations to recruit, train, retain, develop, and support
 the wellbeing of behavioral health crisis workers. Funds for these activities will be distributed to both

- crisis care center operators and post-crisis follow-up providers through a competitive procurement
 process and may be used to:
- Increase wages for workers;

2871

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- Improve benefits for workers;
- Reduce the cost of living for workers, such as housing, education, or childcare;
- Support the professional development of workers to improve service quality, and
- Support worker wellbeing through activities such as supervision and mentorship, covering staff
 time for self-directed program development and quality improvement initiatives, and access to
 behavioral health benefits.

2889 Crisis Workforce Training Activities

2890 Strategy 3 also includes activities to strengthen King County's community behavioral health crisis 2891 workforce, including, but not limited to, crisis care centers funded by CCC Levy proceeds. DCHS will 2892 procure one or more entities to develop crisis specialty training resources that will be made available for 2893 behavioral health workers serving King County. Training resources will aim to build behavioral health 2894 workers' knowledge and skill of how to assess, triage, and provide behavioral health_-crisis stabilization 2895 and treatment services for clients by using evidence-based and promising practices, culturally and 2896 linguistically appropriate approaches, trauma-informed care, and care coordination best practices. 2897 These training resources are intended to support behavioral health workers who work in specialty crisis 2898 settings as well as behavioral health workers who work in other settings, such as outpatient settings, 2899 who may benefit from developing their skills related to supporting a person experiencing a behavioral health crisis.²⁸¹ DCHS may invest in training opportunities that build the crisis skills of specific behavioral 2900 2901 health professions, such as specialty crisis internships, practicums, residencies, and fellowships for 2902 behavioral health students and workers pursuing careers in behavioral health crisis services. 2903

2004 2024 Funding Approach for Rapid Initial Progress on Behavioral Health Workforce

2905DCHS intends to make rapid initial progress towards fulfilling Supporting Purpose 2 by allocating CCC2906Levy proceeds through Strategy 3 in 2024. Early workforce investments planned for 2024 and depicted2907in Figure 39-30 will help strengthen King County's community behavioral health workforce, support the2908development of the behavioral health worker pipeline, and prepare to build the crisis specialty skills of2909behavioral health workers in King County. DCHS plans to begin the procurement and contract processes2910for these activities in early 2024 to expedite the distribution of these resources soon after this Plan is2911adopted. In this scenario, procurement awards will not be made until after the Plan is adopted.

²⁸⁰ For the purposes of being eligible for workforce investments under Strategy 3, providers with expertise in delivering culturally and linguistically appropriate services will be exempted from the requirements described in the definition of "community behavioral health" described in the footnote above.

²⁸¹ U.S. Department of Health and Human Services, Office of the Assistant Secretary for Planning and Evaluation. Crisis Services and the Behavioral Health Workforce Issue Brief [LINK].

2912 2913

2914	Figure <u>3930</u> . Strategy 3 Plans in 2024 to Make Rapid Progress Towards Fulfilling Supporting Purpose 2

Strategy 3 Plans in 2024 to Make Rapid Progress	
Toward Fulfilling Supporting Purpose 2	
Activity	2024 Plans
Community Behavioral Health	DCHS will provide resources to strengthen King County's
Career Pathways	community behavioral health workforces through existing King
	County Integrated Care Network contracts, reimbursing allowable
	expenses, and possible procurements. ²⁸² At least 25 percent of
	funding for this activity will be used to increase the
	representativeness of community behavioral health workers.
Labor-Management Workforce	DCHS will expand its contract with a Washington State registered
Development Partnerships	apprenticeship program to sustain and expand behavioral health
	apprenticeships. DCHS will procure proposals for labor-
	management partnership training activities.
Crisis Workforce Development	DCHS will procure one or more entities to develop crisis specialty
	training resources for community behavioral health workers serving
	King County.

2916 D. Strategy 4: Early Crisis Response Investments

2917 Crisis care centers are major capital facility projects that will take time to develop and will not open

2918 immediately. The anticipated crisis care center opening timeline is described in <u>Section V.A. Strategy 1</u>:

2919 Create and Operate 5 Crisis Care Centers: Sequence and Timing of Planned Expenditures and Activities.

Strategy 4's early crisis system activities will bring additional behavioral health crisis services and
 resources to King County beginning in 2024, particularly to increase community-based crisis response

2922 capacity, reduce fatal opioid overdoses, and invest in substance use capital facilities. Allowable activities

are described in this section and are summarized in Figure 4031.

2924

2915

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²⁸² When possible, procurements will be combined to expedite the allocation of resources and to simplify the process for respondents. Funding will not be awarded until after this Plan is adopted.

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2926 Figure 40.31. Summary of Allowable Crisis Response Investment Activities Beginning in 2024

Summary of Allowable Crisis Response Investment Activities Beginning in 2024		
Activity	Description	
Increase Community-	Investments to expand community-based crisis response capacity,	
Based Crisis Response	including expansion of adult and youth mobile crisis services and	
Capacity	expansion of a pilot program that redirects 911 calls to behavioral health	
	counselors.	
Reduce Fatal Opioid	Investments to expand low-barrier access to medications and other public	
Overdoses by Expanding	health supplies to reduce opioid overdose deaths, including naloxone and	
Access to Low Barrier	fentanyl testing strips. A portion of funds may be used for King County to	
Opioid Overdose	administer the resources funded by this strategy and provide overdose	
Reversal Medication	prevention education.	
Substance Use Capital	Investments include capital funding for one or more behavioral health	
Facility Investments	facilities that can create faster in-person access to substance use crisis	
	services, for costs such as facility renovation or expansion, new	
	construction, and other capital development or capital improvement	
	costs. ²⁸³ This may include funding for operations of an eligible client	
	engagement team to support people with behavioral health, health care,	
	and social service needs in the immediate area surrounding a capital	
	facility funded by this strategy. ²⁸⁴	

2927

2928 Increase Community-Based Crisis Response Capacity

2929 Strategy 4 includes activities to increase the capacity of community-based crisis response programs. 2930 Community-based crisis response programs are services that can support a person experiencing a 2931 behavioral health crisis in a community-based setting. DCHS intends to expand the capacity of mobile 2932 crisis teams and a pilot program that redirects 911 calls to behavioral health specialists. These programs, 2933 which are described in more detail in the subsections below, will expand access to community-based 2934 crisis resources starting in 2024 before crisis care centers open. In addition, these investments will 2935 complement crisis care centers by increasing capacity to resolve a person's crisis in community-based 2936 settings whenever possible without a transfer to facility-based care at a crisis care center. These 2937 investments may help manage crisis care centers' capacity and client flow, which is further discussed in 2938 Section V.A. Create and Operate Five Crisis Care Centers: Examples of Continuous Quality Improvement 2939 Activities. 2940

2941 Expand Mobile Crisis Services

2942 Mobile crisis services are provided by teams of behavioral health clinicians and peers who travel to

- 2943 community-based settings to support people experiencing behavioral health crises. Mobile crisis
- 2944 responders work to resolve a person's <u>behavioral health</u> crisis in the community by providing crisis
- 2945 assessments, brief clinical interventions, and immediate basic need supports. Mobile crisis services also 2946 provide referrals and arrange transportation to appropriate care settings when a crisis cannot be
- resolved in the community. Strategy 4 will expand the capacity of mobile crisis services in King County,

²⁸³ Eligible site-based behavioral health facilities are defined in the <u>Section V.D. Strategy 4: Early Crisis Response</u> Investments: Substance Use Capital Facility Investments.

²⁸⁴ Eligible client engagement teams are defined in the subsection within this section titled <u>Section V.D. Strategy 4:</u> Early Crisis Response Investments: Substance Use Capital Facility Investments.

including services for adults and youth, starting in 2024. DCHS intends to distribute these funds through
 contract expansions with existing mobile crisis service providers and through a competitive procurement
 process. This expansion will create additional crisis service capacity before crisis care centers open. It
 will also complement crisis care centers once they open by addressing crises in community settings
 whenever possible and serving as a key referral source when people need facility-based crisis care.

2954 Mobile crisis service funding is an investment area that the state has an opportunity to increase and 2955 complement the CCC Levy. The state is responsible for funding mobile crisis services, including in King 2956 County, but the level of state investment is not yet adequate to provide the scale of mobile crisis 2957 services that is needed in King County. This means that people who could benefit from mobile crisis 2958 services are unable to access care. If the state increases mobile crisis funding during the CCC Levy period 2959 to a level that is better able to meet the needs of people living in King County, then DCHS may redirect 2960 Strategy 4 funds for this activity to another use, according to the funding prioritization described in 2961 Section VI. Financial Plan: Process to Make Substantial Adjustments to the Financial Plan. 2962

2963 Embed Behavioral Health Counselors in 911 Call Centers

2964 When a person in King County is experiencing a behavioral health crisis and calls 911 seeking help, the 2965 main ways to access behavioral health care are through first responders transporting the person to 2966 emergency departments, or in limited cases, the Crisis Solution Center described in Section III.C. Key 2967 Historical and Current Conditions: Need for Places to Go When in Crisis. An innovative national program 2968 model is being piloted in King County to co-locate trained behavioral health counselors in 911 call centers.^{285,286} This model makes it possible to redirect behavioral health crisis calls to specialized 2969 behavioral health counselors in lieu of law enforcement dispatch.²⁸⁷ Once the call is redirected to a 2970 2971 behavioral health counselor, the counselor works to support the person over the phone or dispatches a 2972 mobile crisis team to respond to the person. Given the limited first responder resources available, law 2973 enforcement agencies have supported this model to reduce strain on emergency services.²⁸⁸ Strategy 4 2974 invests funding to expand this King County pilot starting in 2024. 2975

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²⁸⁵ The Council of State Governments Justice Center, Tips for Successfully Implementing a 911 Dispatch Diversion Program, October 2021. [LINK]

²⁸⁶ The Washington State Department of Health (DOH) is collaborating with Washington's 988 Lifeline crisis centers and 911 call centers, including in King County, to pilot this model on a small scale. The Mental Health Crisis Call Diversion Initiative is funded by the Washington State Department of Health and is described in RCW 71.24.890(2)(a). [LINK]

²⁸⁷ National Association of State Mental Health Program Directors, 988 Convening Playbook – Public Safety Answering Points (PSAPs). [LINK]

²⁸⁸ Police Executive Research Forum, Rethinking the Police Response to Mental Health-Related Calls Promising Models, October 2023. [LINK]

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Behavioral Health Equity Highlight

Populations experiencing behavioral health inequities are more likely to be placed into involuntary treatment and be victims of police violence. - as discussed in <u>Section III.C. Key Historical and Current</u> <u>Conditions: Who Experiences Behavioral Health Inequities</u>.^{289,290} DCHS aims to reduce these inequities by increasing access to community-based services as alternatives to law enforcement, as described in <u>Section III.F. Behavioral Health Equity Framework: Equitable Access to Behavioral Health Crisis Care</u>.

2977

2978 Reduce Fatal Opioid Overdoses by Expanding Low Barrier Opioid Reversal Medication 2979 King County is experiencing an unprecedented number of opioid overdoses, as discussed in Section III.C. 2980 Key Historical and Current Conditions: Unprecedented Rates of Suicide and Overdose Deaths. Naloxone 2981 is a lifesaving opioid overdose reversal medication that can be safely administered in community-based settings to prevent opioid overdose deaths.²⁹¹ Expanding access to naloxone and other public health 2982 2983 resources in community-based settings can help prevent fatal opioid overdoses and other negative 2984 health outcomes. Beginning in 2024, Strategy 4 will fund activities that aim to reduce fatal opioid 2985 overdoses, including expanding access to naloxone and other relevant public health supplies through vending machines and other community-based distribution mechanisms.²⁹² The medication and public 2986 2987 health supplies distributed through vending machines and other mechanisms will be provided at no cost 2988 to community members and may be managed by King County. A portion of these funds may be used for 2989 King County to administer the resources funded by this strategy and provide overdose prevention 2990 education. King County will prioritize increasing access to naloxone and other relevant public health 2991 supplies in settings and communities that are experiencing the highest opioid overdose rates and the 2992 greatest opioid overdose disparities. Public Health Seattle and King County (PHSKC) online overdose 2993 data dashboards provide information about communities in the greatest need.²⁹³ 2994

2995 Substance Use Capital Facility Investments

2996 Strategy 4 also includes capital facility funding for one or more site-based behavioral health facilities, 2997 especially those that are already permitted and can create faster in-person access to substance use crisis 2998 services, such as post-overdose recovery services, sobering services, and metabolizing services. Capital 2999 development activities may include, but are not limited to, facility renovation or expansion costs, new 3000 construction costs, and other capital development or capital improvement costs. One facility funded by 3001 Strategy 4 will include the 3rd Avenue post-overdose recovery center in Seattle. This-Strategy 4 may also 3002 include funding for the operations of a client engagement team to support people with behavioral 3003 health, health care, and social service needs in the immediate area surrounding a capital facility funded

²⁸⁹Saleh AZ, Appelbaum PS, Liu X, Scott Stroup T, Wall M. Deaths of people with mental illness during interactions with law enforcement. Int J Law Psychiatry. 2018 May-Jun;58:110-116. [LINK]

²⁹⁰ Shea T, Dotson S, Tyree G, Ogbu Nwobodo L, Beck S, Shtasel D. Racial and Ethnic Inequities in Inpatient Psychiatric Civil Commitment. Psychiatr Serv. 2022 Dec 1;73(12):1322-1329. doi: 10.1176/appi.ps.202100342. [LINK]

²⁹¹ Washington State Department of Health Naloxone Instructions [LINK]

²⁹² Other public health resources may include resources that help prevent the death of people who use substances, reduce the risk of disease transmission, and support the health of people who use substances. An example of such a resource could include, but is not limited to, fentanyl testing strips. Other distribution mechanisms may include, but are not limited to, naloxone distribution boxes and other distribution mechanisms that make naloxone available for focused populations and the public.

²⁹³ Seattle and King County Public Health online overdose data dashboards. [LINK]

by this strategy if that client engagement team is operated by the same organization, or a subcontractor,
 providing services within a capital facility funded by this strategy for the purpose of engaging persons in
 services or promoting a healthy environment in which to seek or receive services.

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3008 E. Strategy 5: Capacity Building and Technical Assistance

3009The investments made by the CCC Levy represent a significant expansion in King County's behavioral3010health services. Strategy 5 will provide funding for capacity building and technical assistance activities to3011support the implementation of the CCC Levy's strategies described in this Plan. The allowable activities3012funded by Strategy 5 are summarized in Figure 41-32 and described in the subsections below.

3013

3014 Figure 4132. Strategy 5 Capacity Building and Technical Assistance Activities

Strategy 5 Capacity Building and Technical Assistance Activities		
Activity	Description	
Facility Operator Capital	Technical assistance and capacity building to support crisis care center	
Development Assistance	and residential treatment facility operators in developing capital facilities	
	funded by CCC Levy proceeds including, but not limited to, capital facility	
	predevelopment planning, capital financial planning, facility siting, facility	
	design, facility construction, and post-construction facility activation.	
Crisis Care Center	Technical assistance and capacity building to support crisis care center	
Operator Regulatory and	operators to comply with regulatory requirements, deliver high quality	
Quality Assurance	crisis clinical services including for young adults and people living with	
	intellectual and developmental disabilities, and provide inclusive care,	
	such as implementing national health care standards for providing	
	culturally and linguistically appropriate services. 294, 295	
Capacity Building for	Investments to build the organizational capacity of providers with	
Providers with Expertise	expertise in providing culturally and linguistically appropriate services ²⁹⁶	
in Culturally and	including, but not limited to, administrative infrastructure investments;	
Linguistically Appropriate	enhancing data and information technology systems; developing	
Services	Medicaid and other health insurance billing infrastructure, and investing	
	in workforce development, training, and worker wellbeing.	
Local Jurisdiction Capital	Grants to local jurisdictions to offset a portion of jurisdictions' costs	
Facility Siting Support ²⁹⁷	directly related to siting behavioral health capital facilities funded by CCC	
	Levy proceeds. Funding will be prioritized for purposes that expedite	
	opening of crisis care center facilities. Funding may not be used to offset	
	siting costs incurred by other parties nor other jurisdiction costs that	
	cannot be directly attributed to facility siting.	

²⁹⁴ "Young adult," also known as "transition age youth" means a person between eighteen and twenty-four years of age, per RCW 43.330.702 – Homeless youth—Definitions. [LINK]

²⁹⁵ National Culturally and Linguistically Appropriate Services (CLAS) Standards. Think Cultural Health, U.S. Department of Health & Human Services. [LINK]

²⁹⁶ National Culturally and Linguistically Appropriate Services (CLAS) Standards. Think Cultural Health, U.S. Department of Health & Human Services. [LINK]

Department of Health & Human Services. [LINK] ²⁹⁷ In this section, "jurisdictions" means cities, Tribes and other jurisdictional entities with siting authority that are physically located within King County.

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DCHS Capital Facility	Funding for DCHS to provide siting technical assistance such as creating
Siting Technical	and deploying communication content, supporting siting community
Assistance	engagement, supporting interjurisdictional partnerships, and supporting
	facility operator and jurisdictional partnerships.

3016 Facility Operator Capital Development Assistance Activities

3017 Strategy 5 will support technical assistance and capacity building activities to support organizations in 3018 developing capital behavioral health facilities funded by CCC Levy proceeds. Organizations that are 3019 applying for or receiving CCC Levy capital funding will be eligible to apply for capacity building and 3020 technical assistance funding during CCC Levy procurement processes related to developing residential 3021 treatment facilities or crisis care center facilities. Activities funded by Strategy 5 include, but are not 3022 limited to, capital facility predevelopment planning, capital financial planning, facility siting, facility 3023 design, facility construction, and post-construction facility activation. DCHS may use a portion of these 3024 resources to hire organizations or consultants with relevant subject matter expertise to provide capacity 3025 building and technical assistance directly to individual facility operators or through learning 3026 collaboratives for multiple facility operators to support the development of capital facilities funded by 3027 this Plan. 3028 3029 Crisis Care Center Operator Regulatory and Clinical Quality Activities 3030 Crisis care centers are a new type of behavioral health facility in King County, and operators may need support to comply with regulations and provide high quality services. Strategy 5 will provide resources 3031 3032 for technical assistance and capacity building activities to: 3033 • Support crisis care center operators to deliver high quality clinical services; Provide inclusive care for populations experiencing behavioral health inequities (see Section 3034 ٠ 3035 III.C. Key Historical and Current Conditions: Who Experiences Behavioral Health Inequities), and

• Comply with regulatory requirements.²⁹⁸

Activities related to regulatory technical assistance and capacity building include, but are not limited to,
 assisting crisis care center operators to comply with applicable local, state, and federal regulatory rules,
 and licensing, auditing, and accreditation requirements.

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3041Activities related to assisting crisis care center operators to deliver high quality clinical services include,3042but are not limited to:

- Developing clinical policies and procedures;
- Implementing care coordination clinical workflows and technology;
- Implementing evidence-based and promising clinical practices;
- Adopting de-escalation and least restrictive care best practices;
- Building capacity for clinical guality improvement activities;
 - Increasing specialization in serving youth and people living with intellectual and developmental disabilities, and
 - Implementing best practices to support workforce development and staff wellbeing.²⁹⁹

²⁹⁸ Examples of "experiential communities" include persons who have been incarcerated, persons who are survivors of gender-based violence, persons who have been subject to involuntary treatment under Washington's involuntary Treatment Act, military veterans, immigrants, and refugees.

²⁹⁹ Supporting worker wellbeing includes providing supervision and mentorship, covering staff time for selfdirected program development and quality improvement initiatives, and access to mental health benefits.

3051				
3052	Activities related to providing inclusive care to populations experiencing behavioral health			
3053	inequitieinequities include, but are not limited to:			
3054	Assisting crisis care center operators to institute -CLAS best practices implement national health			
3055	 Assisting crisis care center operators to <u>institute -cLAS best practices</u> implement national nearth care standards for providing culturally and linguistically appropriate services; 			
3056	 Providing cultural humility and health equity training for crisis care center staff³⁰⁰; 			
3057	 Providing organizational leadership training on best practices to advance health equity at an 			
3058	organizational level, and			
3059	 Consulting with organizations with expertise in serving populations that experience behavioral 			
3060	health inequities (see Section III.C. Key Historical and Current Conditions: Who Experiences			
3061	Behavioral Health Inequities) around adopting clinical best practices and supporting individual			
3062	client case consultations when appropriate. ³⁰¹			
3063				
3064	Activities related to regulatory technical assistance and capacity building include, but are not limited to,			
3065	assisting crisis care center operators to comply with applicable local, state, and federal regulatory rules,			
3066	and licensing, auditing, and accreditation requirements.			
3067				
3068	Crisis care center operators will be able to apply for technical and capacity building support related to			
3069				
3070				
3071	provide the capacity building and technical assistance described in this subsection. Consultation may be			
3072	provided to individual crisis care centers or through learning collaboratives for multiple crisis care			
3073	centers.			
3074				
3075	Capacity Building for Providers with Expertise in Culturally and Linguistically Appropriate			
3076	Services			
3077	Funding through Section V.A. Strategy 1: Create and Operate Five Crisis Care Centers: Culturally and			
3078	Linguistically Appropriate Post-Crisis Follow-Up Services is expected to will-increase the number of			
3079	capacity of behavioral health organizations with expertise in culturally and linguistically appropriate			
3080				
3081	crisis care centers. Strategy 5 funding will support organizations with expertise in culturally and			
3082	linguistically appropriate services described under Strategy 1 to:			
3083	Build their organizational capacity to provide and secure payment for delivering post-crisis			
3084	follow-up and related services;			
3085	 Strengthen organizational administrative infrastructure; 			
3086	 Enhance data and information technology systems; 			
3087	 Develop Medicaid and other health insurance billing infrastructure, and 			
3088	 Invest in workforce development, staff training, and worker wellbeing.³⁰² 			
3089				
1	³⁰⁰ Cultural humility is an approach to providing healthcare services in a way that respects a person's cultural			

identity. The use of this term is intended to align with the U.S. Department of Health and Human Services Office of

Minority Health's definition of cultural humility [LINK] ³⁰¹ National Culturally and Linguistically Appropriate Services (CLAS) Standards. Think Cultural Health, U.S. Department of Health & Human Services. [LINK] ³⁰² Supporting worker wellbeing includes providing supervision and mentorship, covering staff time for selfdirected program development and quality improvement initiatives, and access to mental health benefits.

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Behavioral Health Equity Highlight

Section III.F. Behavioral Health Equity Framework: Culturally and Linguistically Appropriate Services describes the importance of culturally and linguistically appropriate services (CLAS), which are nationally recognized as a way to improve the quality of services provided to all individuals, which will ultimately help reduce health disparities and promote health equity.³⁰³ Challenges to accessing CLAS are described in <u>Section III.C. Key Historical and Current Conditions: Who Experiences Behavioral</u> <u>Health Inequities</u> and were also raised by community members, as described in <u>Section III.E.</u> Community Engagement Summary: Culturally and Linguistically Appropriate Services.

The <u>CLAS</u> capacity building described in this section for both crisis care center operators and for providers with expertise in CLAS is an essential investment to advance behavioral health equity in both the behavioral health crisis system and will have wider community -impacts.-and more broadly.

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3091 Local Jurisdiction Capital Facility Siting Support Activities

3092 DCHS also plans to award grants under Strategy 5 to local jurisdictions to help offset a portion of 3093 jurisdictions' costs that are directly related to siting behavioral health capital facilities funded by CCC 3094 Levy proceeds and that are not recoverable under the jurisdiction's permitting process, such as meeting 3095 facilitation, production of communication materials, and event costs and other expenses to complete 3096 outreach and engagement. Grants will be prioritized for uses that expedite the opening of crisis care 3097 center facilities funded in 2024, 2025, and 2026, which aligns with the preferred crisis care center siting 3098 timeline and process described in Section V.A. Strategy 1: Create and Operate 5 Crisis Care Centers: 3099 Crisis Care Center Procurement and Siting Process. Funding for jurisdiction siting support activities may 3100 not be used to offset siting costs incurred by other parties por other jurisdiction costs that cannot be 3101 directly attributed to siting capital facilities funded by CCC Levy proceeds.

3103 DCHS Capital Facility Siting Technical Assistance

3104 Strategy 5 also includes resources for DCHS to provide capital facility siting technical assistance to local 3105 jurisdictions and operators of capital behavioral health facilities funded by CCC Levy proceeds. DCHS 3106 technical assistance activities funded through Strategy 5 include, but are not limited to, creating and 3107 deploying communication content and supporting siting community engagement, interjurisdictional 3108 collaboration, and facility operator and jurisdictional partnerships. The community engagement 3109 activities funded by Strategy 5 are intended to augment the community engagement activities funded in 3110 Section V.G. Strategy 7: Crisis Care Centers Levy Administration. They include, but are not limited to, 3111 costs related to engaging community members in capital facility siting processes and soliciting 3112 community input, communication costs, translation and interpretation costs, community engagement 3113 event costs, and costs to reduce barriers for community members to participate in related community 3114 engagement activities. DCHS may use a portion of these resources to fund organizations or consultants 3115 with relevant subject matter expertise to provide technical assistance directly to jurisdictions or capital 3116 facility operators to support the siting of capital facilities funded by this Plan.³⁰⁴

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³⁰³ National Culturally and Linguistically Appropriate Services (CLAS) Standards. Think Cultural Health, U.S. Department of Health & Human Services [<u>LINK</u>].

³⁰⁴ DCHS staff costs to support capital facility siting, including providing technical advice, are funded by <u>Section V.G.</u> <u>Strategy 7: Crisis Care Centers Levy Administration</u>.

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3118 F. Strategy 6: Evaluation and Performance Measurement Activities

3119 DCHS will assess the impact of the CCC Levy through evaluation and performance measurement

3120 activities. Section VII. Evaluation and Performance Measurement details how DCHS will conduct

3121 evaluation and performance activities. Section VIII. Crisis Care Centers Levy Annual Reporting describes

3122 how the CCC Levy's results will be reported to the public and policymakers annually. This subsection

3123 describes what activities will be funded with CCC Levy proceeds, which are summarized in Figure 42332.

DCHS will measure and evaluate data to assess the CCC Levy's impact, report its results, and inform

efforts to improve the quality of CCC Levy funded services. DCHS may also engage in more in-depth

evaluation activities to complement regular performance measurement and deepen learnings about the
 effect of the CCC Levy and the services *it-the CCC Levy* funds.

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3130 Figure 42<u>33</u>. Evaluation and Performance Measurement Activities

Evaluation and Performance Measurement Activities	
Activity	Description
Routine Reporting and	DCHS's costs to measure, analyze, evaluate, and report the impact of
Performance Measurement	the CCC Levy to inform quality improvement initiatives and report the
	CCC Levy's results to the public and policymakers.
In-Depth Evaluation	DCHS's costs to conduct in-depth evaluations of the CCC Levy, which
	may include costs to contract with third parties.

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3132 G. Strategy 7: Crisis Care Centers Levy Administration

3133 Strategy 7 supports DCHS costs to manage the implementation of the CCC Levy over the nine-year Levy 3134 period. These investments include using DCHS staff to support the implementation of this Plan, promote 3135 accountability to the community, provide sufficient quality assurance and improvement oversight 3136 infrastructure, and integrate CCC Levy services into existing continuums of care to improve how people 3137 are able to access behavioral health services at crisis care centers and other community behavioral health settings. Strategy 7 also funds costs related to community engagement, developing data systems 3138 3139 infrastructure and technology, and supporting the ability of designated crisis responders (DCRs) to serve 3140 crisis care centers, which are further described later in this subsection.³⁰⁵ These allowable activities 3141 within Strategy 7 are described in Figure 4334.

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3143 Figure 4334. CCC Levy Administration Activities

CCC Levy Administration Activities			
Activity	Description		
DCHS Administration	DCHS's costs to manage the implementation of the CCC Levy and oversee quality assurance and improvement activities, including but not limited to, DCHS staff	•	Formatted: Header
Costs	costs, third party consulting and technical assistance, and indirect administrative costs.		
Community	Community engagement activities include, but are not limited to, costs to reduce	-	Formatted: Header
Engagement	barriers to community member participation, translation and interpretation, costs		
	to partner with community-based organizations to engage community members,		
	and costs to organize community engagement events.		
Data Systems	Investments in data systems infrastructure and technology to improve care		
Infrastructure	coordination and ensure accurate and timely payment of contractors, and collect		
and Technology	necessary data for performance measurement and evaluation. This will include,		
	but may not be limited to, strengthening existing King County Information		
	Technology systems, electronic health record interoperability improvements, and		
	care coordination technical support for behavioral health providers.		
DCR	Activities that can help expedite DCRs' ability to access crisis care centers,		
Accessibility	including but not limited to, satellite offices and transportation costs to reduce		
	response times.		

³⁰⁵ King County Crisis and Commitment Services offers evaluation of people with behavioral health disorders for involuntary detention in psychiatric and secure withdrawal facilities according to Washington law. The law for adults is RCW 71.05. [LINK] For youth 13 through 17 years of age the law is RCW 71.34. [LINK] Crisis and Commitment staff who perform these duties are referred to as Designated Crisis Responders (DCRs). They are mental health professionals who are specially trained to conduct a holistic investigation of risk and to treat the person in need with dignity and respect during their time of crisis. [LINK]

3145 Community Engagement

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3146 DCHS intends to prioritize community engagement throughout the term of the CCC Levy to help inform 3147 the ongoing implementation, quality improvement, evaluation and performance measurement, and 3148 accountability of the Levy. In addition to its engagement related to ongoing implementation activities, 3149 DCHS plans to engage community members around the opening of crisis care centers to raise awareness 3150 about these new services, including sharing information that is accessible in multiple languages and 3151 formats. The importance of community engagement in an ongoing and meaningful way was a consistent 3152 theme during implementation planning activities (see Section III.E. Community Engagement Summary: 3153 Community Engagement During Future Planning Phases). DCHS will engage community partners and 3154 community members impacted by the CCC Levy, including populations experiencing behavioral health 3155 inequities (see Section III.C. Key Historical and Current Conditions: Who Experiences Behavioral Health Inequities).³⁰⁶ Community partners also include, but are not limited to, people who have received CCC 3156 3157 Levy funded services, community-based organizations, contracted service providers, and elected officials 3158 and policy makers. DCHS intends to conduct listening sessions at least annually to solicit community 3159 feedback about the CCC Levy implementation. DCHS also intends to engage community partners in the 3160 CCC Levy's performance measurement and evaluation activities by publicly sharing and disseminating its 3161 annual reporting, and by soliciting provider feedback on performance measurement to foster 3162 accountability and collaboration in the measurement of the CCC Levy's progress. 3163

3164 Expertise to Support Oversight of Behavioral Health Equity

3165 Measuring behavioral health equity is a complex and nuanced task, as described in Section III.F.

3166 <u>Behavioral Health Equity Framework: Quality Improvement Accountability</u>. Convening community

3167 partners is important to helping inform a quality metric selection process.³⁰⁷ DCHS plans to contract with

3168 community-based organizations or behavioral health agencies with expertise in culturally and

3169 linguistically appropriate services to help DCHS define quality standards and quality improvement

3170 activities to better serve people identified in this Plan's background Background section Section as 3171 populations experiencing behavioral health inequities (see Section III.C. Key Historical and Current

- populations experiencing behavioral health inequities (see Section III.C. Key Historical and Current
 Conditions: Who Experiences Behavioral Health Inequities). This investment will help inform quality
- 3172 improvement priorities for crisis care center operators and post-crisis follow-up providers.
- 3174
- 3175

³⁰⁶ Examples of "experiential communities" include persons who have been incarcerated, persons who are survivors of gender-based violence, persons who have been subject to involuntary treatment under Washington's involuntary Treatment Act, military veterans, immigrants, and refugees.

³⁰⁷ Goldman, M. L., Shoyinka, S., Allender, B., Balfour, M., Eisen, J., Hopper, K., Minkoff, K., Parks, J., Pinheiro, A., Rosa, D., & Shaw, B. (2023). Quality Measurement in Crisis Services. National Council for Mental Wellbeing. [LINK]

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Behavioral Health Equity Highlight

DCHS will make equity a key focus of CCC Levy administration activities, particularly to respond to Section III.F. Behavioral Health Equity Framework: Quality Improvement and Accountability. The community engagement investments described above in this section- are key to respond to community feedback about the importance of accountability and oversight of the CCC Levy, as well as ongoing community engagement (see Section III.E. Community Engagement Summary: Theme G: Accountability Mechanisms and Ongoing Community Engagement). The investments of CCC Levy funds in expert consultations will be critical to ensuring that DCHS is overseeing its behavioral health equity framework using the best standards that are reflective of King County's communities and local context.

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3177 Develop Data Systems Infrastructure and Technology

3178 To advance the purposes of the CCC Levy, DCHS needs to have access to timely and accurate 3179 information and secure and reliable data systems. The CCC Levy will invest in data systems infrastructure 3180 and technology to improve service providers' ability to coordinate care for people experiencing a 3181 behavioral health crisis and to support providers' and DCHS's operational and administrative activities 3182 associated with implementing this Plan. These enhancements would have the added benefit of 3183 strengthening the administration of the entire public behavioral health system in King County, in line 3184 with the activities described in Section V.A. Strategy 1: Create and Operate 5 Crisis Care Centers: 3185 Oversight of Crisis Care Center Operations and Quality. Furthermore, these enhancements y-would 3186 provide more robust data to support DCHS's performance measurement and evaluation activities, 3187 including internal and external-facing dashboards and annual reporting, as described in Section VIII. 3188 Crisis Care Centers Levy Annual Reporting. CCC Levy investments in data systems infrastructure and 3189 technology may include upgrading outdated technology, redesigning databases to make them more 3190 efficient, and automating more data processing tasks and reports. 3191

Care coordination is essential during a crisis encounter. Crisis service providers need to be able to
 efficiently access clinical information, such as a client's prior use of clinical services, their responses to
 prior treatments, and their current active services. This kind of information is critical for informing the
 initial risk assessment and triage, discharge planning, and engagement in post-crisis follow-up services.
 It is equally as important for crisis service providers to communicate with other providers, including
 automated alerts when someone has entered an acute care setting and information sharing to inform
 warm handoffs as a client begins to transition to longer-term care.

At the time of this Plan's drafting, providers in King County currently have limited access to relevant
 clinical and social services data, which is a common problem across the United States.³⁰⁸ The
 Washington State Health Care Authority and Department of Health are developing statewide crisis
 system data sharing platforms to support implementation of the 988 Suicide and Crisis Line and related
 crisis services, as required under E2SHB 1477.³⁰⁹ DCHS intends to coordinate with the state in these
 efforts to maximize the local benefits of these state investments. While these state activities are
 promising, there may remain a need for local investments in data systems and technology infrastructure

³⁰⁸ Goldman, M. L., Shoyinka, S., Allender, B., Balfour, M., Eisen, J., Hopper, K., Minkoff, K., Parks, J., Pinheiro, A., Rosa, D., & Shaw, B. (2023). Quality Measurement in Crisis Services. National Council for Mental Wellbeing. [LINK] ³⁰⁹ 2SSB 1477 (2021). 2SHB 1477's scope included RCW chapters 71.24, 48.43, 43.06, and 82.86. [LINK]

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if there is not full alignment with King County's local needs or timelines. DCHS will assess its progress
 toward data system and technology infrastructure and technology goals periodically to determine if
 there is a need to focus also on data system improvements solely within King County government.

3210 3211 In addition to supporting clinical crisis care coordination, DCHS and crisis care center operators will need 3212 robust data systems for operational and administrative functions. As the administrator of King County's 3213 Integrated Care Network (KCICN) and Behavioral Health Administrative Service Organization (BH-ASO), 3214 DCHS already maintains a core administrative processing system to facilitate payments to providers, 3215 reporting to the state and managed care organizations, and monitoring of provider and overall system 3216 performance. However, the addition of CCC Levy-funded programs will further add to the demands on 3217 the system. The CCC Levy presents a unique opportunity to expand and strengthen DCHS's backbone 3218 technologies to securely and reliably manage data that are essential to the success of the CCC Levy.

3219

3220 Designated Crisis Responder Accessibility

3221 King County Ordinance 19572 requires crisis care centers to provide access to onsite assessment by a 3222 designated crisis responder (DCR) when needed.^{310, 311} A persistent feature of King County's pre-CCC 3223 Levy behavioral health system has been that wait times for a DCR evaluation in community settings have 3224 too often been measured in days and weeks instead of minutes and hours.^{312,313} While immediately 3225 seeking an involuntary commitment hold may, in rare cases, be appropriate, DCRs' primary 3226 responsibility is to conduct a DCR evaluation and make an initial legal determination about whether a 3227 person meets legal criteria for detention under Washington's Involuntary Treatment Act.³¹⁴ DCRs are 3228 mental health clinicians, but they do not provide treatment. DCRs are an essential part of the region's 3229 behavioral health crisis response system, but they should rarely be the first or only call a community 3230 member makes in a crisis. 3231

The CCC Levy will create a regional network of crisis care centers that will enable treatment to become
 the first response to a behavioral health crisis. The creation of 24/7 walk-in facilities that provide
 specialized treatment for crises as they happen is central to the CCC Levy proposal. In addition to
 increasing access to care, crisis care centers are a key part of DCHS's strategy to reduce DCR response
 times in community settings by reducing the number of calls that DCRs receive.

3237

During the implementation planning process, DCHS received feedback from community members that
 timely access to a DCR evaluation is critical when needed, but that DCR access should be held in balance
 with trying treatment first, promoting least restrictive care, and prioritizing voluntary services. DCHS will

³¹⁰ King County Ordinance 19572 [<u>LINK</u>]

³¹¹ King County Crisis and Commitment Services offers evaluation of people with behavioral health disorders for involuntary detention in psychiatric and secure withdrawal facilities according to Washington law. The law for adults is RCW 71.05. For youth 13 through 17 years of age the law is RCW 71.34. Crisis and Commitment staff who perform these duties are referred to as Designated Crisis Responders (DCRs) They are mental health professionals who are specially trained to conduct a holistic investigation of risk and to treat the person in need with dignity and respect during their time of crisis. Crisis and Commitment Services are available 24 hours a day, 365 days a year [LINK].

³¹² Washington Post (2022) Fixing the broken lovelies: As American cities deteriorate, a psychiatric nurse reckons with the high price of compassion [LINK].

³¹³ Seattle Times (2022) Washington's designated crisis responders, a 'last resort' in mental health care, face overwhelming demand. [LINK]

³¹⁴ RCW <u>Chapters</u>71.05 [LINK] and 71.34 [LINK]. King County BHRD Crisis and Commitment Services website. [LINK]

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address this feedback by investing in activities to expedite DCR assessments of a person who is

3242 experiencing a behavioral health crisis at a crisis care center when clinically appropriate. These activities

3243 are described in Figure 43-34 and include costs such as satellite DCR offices and transportation costs to 3244 reduce response times. DCHS will work with crisis care center operators to prioritize least restrictive

3244 reduce response times. DCHS will work with crisis care center operators to prioritize least restrictive 3245 care options whenever possible, thereby allowing DCRs to respond faster in crisis care centers and

3246 community settings to less frequent cases that have already exhausted less restrictive options for care.

3247

3248 H. Strategy 8: Crisis Care Centers Levy Reserves

3249 The CCC Levy will maintain fund reserves as directed by King County-Ordinance 19572.³¹⁵ The

3250 expenditure plan described in <u>Section VI.B. Financial Plan: Annual Expenditure Plan</u> includes a fund

3251 reserve equal to 60 days of budgeted expenditures, less capital expenses, consistent with King County

3252 Comprehensive Financial Management Policies. ³¹⁶ The purpose of the reserve is to ensure continuity of

3253 levy-funded operating activities for 60 days if the CCC Levy is not renewed after 2032. The 60-day

operating reserve will also help promote continuity of levy-funded activities in the event of fluctuationsin CCC Levy revenue or strategy costs.

3256

3257 In addition, <u>Section V. A. Strategy 1: Create and Operate Five Crisis Care Centers</u> and <u>Section V. A.</u>

3258 Strategy 2: Restore, Expand, and Sustain Residential Treatment Capacity each reserve a portion of CCC

3259 Levy funding to help pay for ongoing capital maintenance costs of behavioral health capital facilities

funded by Levy proceeds. These capital resources will promote the future sustainability of behavioralhealth capital facilities funded by this Plan.

3262

 ³¹⁵ King County Ordinance 19572 [LINK].
 ³¹⁶ King County Comprehensive Financial Management Policies (2016) [LINK]

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VI. Financial Plan 3263

3264 A. Overview

3265 This section describes the CCC Levy's financial plan and other related financial considerations. These

- 3266 considerations include the CCC Levy's approach to incorporating additional financial resources to
- 3267 complement and augment CCC Levy proceeds, the role of health insurance funding, and the process to
- 3268 makes substantial adjustments to the financial plan. The strategy to establish and maintain CCC Levy
- 3269 reserves is described in Section V.H. Strategy 8: Crisis Care Centers Levy Reserves. 3270

3271 **B.** Financial Plan

3272 CCC Levy Annual Revenue Forecast

3273 Figure 44-35 illustrates the CCC Levy's annual revenue forecast from January 1, 2024, to December 31,

- 3274 2032. During 2024, the first year of the CCC Levy, the levy rate will be 14.5 cents per \$1,000 in assessed
- 3275 property value. From 2025 to 2032, total levy collections may increase in accordance with Washington
- 3276 State's levy limit, which at the time of this plan's Plan's drafting was one percent annually plus the value
- 3277 of new construction as determined by the King County Assessor.³¹⁷ The revenue forecast incorporated
- 3278 into this Implementation Plan is from the King County OEFA August 2023 revenue forecast.³¹⁸ The
- 3279 revenue forecast depicted in Figure 44-35 assumes a 99 percent revenue collection rate and an
- assumption that the CCC Levy's proceeds will generate annual interest revenue at a rate of 0.5 3280 3281 percent. 319, 320
- 3282

3283 Annual Expenditure Plan

3284 The CCC Levy's annual expenditure plan between 2024 and 2032 is described in Figure 4435. The

- 3285 expenditure plan includes annual investment amounts for each of the CCC Levy's strategies, which are
- 3286 described in Section V. Crisis Care Centers Levy Strategies and Allowable Activities. The expenditure plan
- 3287 also includes one-time costs such as the election costs for King County Proposition 1 in April 2023 and
- initial planning costs permitted under Ordinance 19572.^{321,322} In addition to costs, the expenditure plan 3288
- 3289 also includes health insurance funding assumptions, which account for the share of crisis care center 3290 expenses that are projected to be paid for by health insurance, including Medicaid. Additional
- 3291
- information about the expenditure plan's health insurance assumptions is described later in this section 3292
- (see Section VI. Financial Plan: Health Insurance Assumptions). CCC Levy reserves are also depicted in 3293 the expenditure plan, and additional reserve information is described in Section V.H. Strategy 8: Crisis Care Centers Levy Reserves.
- 3294
- 3295

- ³¹⁸ King County Office of Economic and Financial Analysis' (OEFA) economic forecasts [LINK]
- ³¹⁹ King County Office of Economic and Financial Analysis' (OEFA) economic forecasts [LINK]
- ³²⁰ Fund revenues and corresponding cash balances accrue interest and County investment pool earnings, which are conservatively estimated at 0.5% of total collected revenues annually.

³²¹ King County Elections. Ballot Measures: April 25, 2023 Special Election. King County Proposition No. 1: Crisis Care Centers Levy. [LINK]

³²² King County Ordinance 19572 [<u>LINK]</u>

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³¹⁷ Municipal Research and Services Center (MRSC). Levy Lid Lift. [LINK]

3296 Figure 44<u>35</u>. Crisis Care Centers Levy Projected Revenue and Approximate Annual Allocations by Strategy, 2024-2032 ³²³ 3297

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Crisis Care Centers Levy Projected Revenue (2024 - 2032)										
2024 2025 2026 2027 2028 2029 2030 2031 2032								2032	Total	
Projected CCC Levy Revenue	\$117,304,000	\$119,829,000	\$122,449,000	\$125,130,000	\$127,866,000	\$130,654,000	\$133,489,000	\$136,384,000	\$139,346,000	\$1,152,451,000
Projected Annual Interest	\$587,000	\$599,000	\$612,000	\$626,000	\$639,000	\$653,000	\$667,000	\$682,000	\$697,000	\$5,762,000
Total Revenue ³²⁴	\$117,891,000	\$120,428,000	\$123,062,000	\$125,755,000	128,505,000	\$131,307,000	\$134,156,000	\$137,066,000	\$140,042,000	\$1,158,213,000

Crisis Care Centers Levy Approximate Allocation by Strategy (2024 - 2032)										
	2024	2025	2026	2027	2028	2029	2030	2031	2032	Total
Strategy 1: Create and Operate Five Crisis Care Centers	\$16,150,000	\$59,888,000	\$54,816,000	\$72,640,000	\$97,865,000	\$73,069,000	\$82,146,000	\$84,094,000	\$86,147,000	\$626,815,000
Projected Additional Medicaid Funding	\$-	\$-	\$3,801,000	\$15,426,000	\$27,388,000	\$35,723,000	\$40,268,000	\$40,852,000	\$41,444,000	\$204,904,00
Strategy 2: Restore, Expand, and Sustain Residential Treatment Capacity	\$42,000,000	\$33,340,000	\$40,148,000	\$48,575,000	\$1,464,000	\$1,611,000	\$1,772,000	\$1,949,000	\$2,144,000	\$173,001,000
Strategy 3: Strengthen the Community Behavioral Health Workforce	\$7,500,000	\$11,849,000	\$13,030,000	\$16,352,000	\$19,894,000	\$22,418,000	\$23,877,000	\$24,199,000	\$24,574,000	\$163,693,000
Strategy 4: Early Crisis Response Investments	\$8,200,000	\$6,290,000	\$7,410,000	\$7,518,000	\$7,627,000	\$7,737,000	\$7,522,000	\$7,632,000	\$7,742,000	\$67,678,000
Strategy 5: Capacity Building and Technical Assistance	\$1,750,000	\$2,029,000	\$2,058,000	\$1,357,000	\$1,748,000	\$2,203,000	\$2,071,000	\$1,659,000	\$1,683,000	\$16,559,00
Strategy 6: Evaluation and Performance Measurement Activities	\$771,000	\$1,099,000	\$1,127,000	\$1,156,000	\$1,239,000	\$1,270,000	\$1,302,000	\$1,335,000	\$1,369,000	\$10,667,00
Strategy 7: CCC Levy Administration	\$5,065,000	\$7,581,000	\$9,025,000	\$9,373,000	\$9,626,000	\$9,756,000	\$9,825,000	\$9,763,000	\$9,979,000	\$79,993,00
Election Costs	\$3,500,000									\$3,500,00
Planning Costs	\$1,000,000									\$1,000,00
Total CCC Levy Costs	\$85,936,000	\$122,077,000	\$127,613,000	\$156,971,000	\$139,462,000	\$118,064,000	\$128,515,000	\$130,631,000	\$133,638,000	\$1,142,908,00
Strategy 8: CCC Levy Reserves	\$4,354,000	\$2,050,000	\$1,833,000	\$3,506,000	\$5,330,000	\$6,573,000	\$7,281,000	\$7,445,000	\$15,285,000	

3298

³²³ The dollar amounts in this table are approximate and are rounded to the nearest thousand dollars.

³²⁴ The revenue forecast incorporated into this Plan is from the King County Office of Economic and Financial Analysis' August 2023 revenue forecast. [LINK] The revenue forecast assumes a 99 percent revenue collection rate and an assumption that the CCC Levy's proceeds will generate annual interest revenue at a rate of 0.5 percent.

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3299	C. Sequencing and Timing of Planned Expenditures
3300	King County Ordinance 19572 requires this Implementation Plan to-describe the sequence and timing of
3301	planned expenditures and activities <u>necessary</u> to establish and operate a regional network of five crisis
3302	care centers. ³²⁵ This requirement is addressed in Section V.A. Strategy 1: Create and Operate Five Crisis
3303	Care Centers: Sequence and Timing of Planned Expenditures and Activities. DCHS plans to open
3304	competitive procurement rounds in 2024, 2025, and 2026 if needed to select five crisis care center
3305	operators.
3306	
3307	King County-Ordinance 19572 also requires this Plan to describe how a portion of first year levy
3308	proceeds will be allocated to make rapid initial progress towards fulfilling the CCC Levy's Supporting
3309	Purposes One and Two. ³²⁶ Section V.B. Restore, Expand, and Sustain Residential Treatment Capacity:
3310	2024 Funding Approach for Rapid Initial Progress on Residential Treatment describes how progress will
3310	be made in 2024 towards fulfilling Supporting Purpose 1. DCHS plans to open a competitive
3312	
	procurement in 2024 to award capital improvement funding for resident treatment facility operators to
3313	help stabilize the sector and prevent additional closures and to award capital funding for new residential
3314	treatment facility development. Section V.C. Strategy 3: Strengthen the Community Behavioral Health
3315	Workforce: 2024 Funding Approach for Rapid Initial Progress on Behavioral Health Workforce describes
3316	how progress will be made in 2024 towards fulfilling Supporting Purpose 2. DCHS plans to distribute
3317	resources to help strengthen and support the development of King County's community behavioral
3318	health workforce through existing contracts with organizations and new procurement processes.
3319	
3320	D. Seeking and Incorporating Federal, State, and Philanthropic Resources
3321	The CCC Levy's financial plan is designed to advance the Paramount Purpose, Supporting Purpose 1, and
3322	Supporting Purpose 2, within forecasted resources. Forecasted resources include projected CCC Levy
3323	proceeds and health insurance funding. These funding assumptions are described later in this section
3324	Section VI. B. Financial Plan: (see- CCC Levy Annual Revenue Forecast and Section VI.E Health Insurance
3325	Assumptions.
3326	
3327	In this Implementation Plan's financial plan, the Executive has not assumed federal, state, or
3328	philanthropic resources will contribute to achieving the CCC Levy's purposes except for state and federal
3329	Medicaid funding based on information available at the time of this Plan's drafting. While this Plan does
3330	not depend upon it, government and philanthropic partners have a significant opportunity to bolster the
3331	impact of the CCC Levy. The Executive will seek investments from government and philanthropic
3332	partners to augment CCC Levy proceeds. Figure 45 describes examples of government and philanthropic
3333	investments that could complement this Implementation Plan.
3334	mestilents that could complement this implementation rian.
3335	Additional philopthranic and government investments in CCC laws numbers could reduce the amount of
3336	Additional philanthropic and government investments in CCC Levy purposes could reduce the amount of CCC Levy proceeds that are needed to fulfill this Plan's strategies. CCC Levy proceeds could then expand
3337	
	funding for strategies through the uses described later in this section (see <u>Section VI. F. Process to Make</u>
3338	Substantial Adjustments to the Financial Plan). Government and philanthropic partners could also
3339	augment the impact of the CCC Levy by investing in other parts of the behavioral health system or in
3340	other areas that impact social determinants of health. For example, if federal and state partners invest
3341	in affordable housing resources to meet the scale of housing needs of people living with behavioral
3342	health conditions and housing instability in King County, individual experiences of behavioral health

- ³²⁵ King County Ordinance 19572. [LINK] ³²⁶ King County Ordinance 19572. [LINK]
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3343 crises may be reduced. The Executive will seek investments from government and philanthropic

3344 partners to augment CCC Levy proceeds. Figure 36 describes examples of government and philanthropic investments that could complement this Plan.

3345 3346

3347

Figure 4536. Federal, State, and Philanthropic Opportunities to Augment CCC Levy Proceeds

Federal, State, and Philanthropic Opportunities to Augment CCC Levy Proceeds								
Investment Area	Federal Government	State Government	Philanthropy					
Medicaid Rates: Increase Medicaid rates to reduce the CCC Levy proceeds needed to subsidize services.	х	х						
Non-Medicaid Rates: Increase non-Medicaid funding for state and federal behavioral health services to reduce CCC Levy proceeds needed to subsidize costs for services and populations ineligible for Medicaid.	x	x						
Mobile Crisis Services: Increase funding for adult, youth, and specialty population mobile crisis services.	x	х	х					
Capital Resources: Contribute capital resources to land and capital facilities funded by CCC Levy proceeds.	x	х	х					
Transition Age Youth: Dedicate resources to create a specialized crisis care setting and services for transition age youth. ³²⁷	x	х	х					
Housing Resources: Increase housing resources for people living with behavioral health conditions.	х	х	х					
Workforce: Strengthen behavioral health workforce through training, recruitment, and retention funding.	x	х	х					
Opioid Overdose Crisis: Address the opioid crisis by expanding naloxone, MOUD, and other services. ³²⁸	х	х	х					
Care Coordination Technology: Invest in health informatics infrastructure to support crisis system.	x	х	х					

3348

3349 Through King County's annual legislative agenda and policymaker engagement activities, such as but not

3350 limited to briefings, work sessions, and public meetings, the Executive intends to seek federal and state

3351 government funding to complement the CCC Levy through King County's annual legislative agenda and

policymaker engagement activities, such as but not limited to briefings, work sessions, and public 3352

3353 hearings. DCHS will strive to coordinate the CCC Levy with federal and state crisis service initiatives and

3354 investments to maximize resource coordination and crisis system integration. As the state makes 3355 ongoing, state-wide investments in crisis facilities and programs, the Executive will continue to seek

- 3356 funds to augment the CCC Levy.
- 3357

3358 The Executive and DCHS also plan to seek philanthropic funding by sharing opportunities for 3359 philanthropic partners to amplify the impact of the CCC Levy proceeds with targeted funding support.

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³²⁷ "Young adult," also known as "transition age youth" means a person between eighteen and twenty-four years of age, per RCW 43.330.702 – Homeless youth—Definitions. [LINK]

³²⁸ Naloxone is a lifesaving opioid overdose reversal medication that can be safely administered in communitybased settings. "MOUD" means medication for opioid use disorder and includes medications that are used to support people receiving treatment for opioid use.

Similar to state and federal initiatives, DCHS will strive to coordinate with existing philanthropic
 initiatives related to crisis services whenever feasible to maximize resource coordination across
 initiatives.

3363

3364 E. Health Insurance Assumptions

3365 Medicaid Health Insurance

3366The CCC Levy financial plan assumes that Medicaid health insurance ("Medicaid") will pay for3367approximately 40 percent of the crisis care centers' operating and service activities and approximately336840 percent of the post-crisis follow-up program's operating and service activities that are described in3369Section V.A. Strategy 1: Create and Operate Five Crisis Care Centers. CCC Levy proceeds will be used to3370pay for the remaining 60 percent of these activities' operating and service costs that are expected not to3371be covered by Medicaid.3372

3373 DCHS developed the 40 percent Medicaid assumption by analyzing King County's historic crisis service 3374 health insurance billing codes and utilization data, estimating the likely health insurance coverage payer 3375 mix of people who may access crisis care centers, and reviewing Medicaid funding rates at comparable 3376 facilities in Washington State. A review of crisis service health care billing codes and utilization rates 3377 showed a range of 29 percent to 50 percent of the client population was eligible enrolled in-covered by 3378 for-Medicaid, depending on the service type, with a 34 percent average rate of people accessing 3379 behavioral health crisis services. The crisis care centers' payer mix will likely be higher than this 34 3380 percent average rate because crisis care centers are anticipated to disproportionally serve people who 3381 are eligible for Medicaid. King County reviewed the share of costs Medicaid covereds at two comparable 3382 crisis facilities in Washington, a Medicaid covered 24 percent of the operating and service costs at one 3383 facility and 86.5 percent of the operating and service costs at the second facilitynd found a range of 24 3384 percent to 86.5 percent of operating and service costs were covered by Medicaid. 329 This analysis, along 3385 with King County's commitment to maximize Medicaid billing through supporting Medicaid enrollment 3386 and billing infrastructure, resulted in this Plan's funding assumption reflecting a modest increase from 3387 Medicaid utilization rates for crisis services that existed at the time of this Plan's drafting, up to 40 3388 percent Medicaid funding.

The actual Medicaid reimbursement amount, which may vary annually, may be higher or lower than this
 40 percent projection based on the implementation of state law directing the state to maximize the use
 of Medicaid for behavioral health services, including crisis services.³³⁰ Later in this section, this plan
 Section VI. F. Process to Make Substantial Adjustments to the Financial Plan describes how excess
 funding or reduced funding, including funding changes resulting from Medicaid assumptions, will be
 prioritized. (see Process to Make Substantial Adjustments to the Financial Plan).

3396

3389

3397 Commercial Health Insurance

3398Recent state legislation regarding emergency health insurance coverage requires commercial health3399insurance plans ("commercial plans") to cover behavioral health crisis services at the same level as

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 ³²⁹ The Crisis Solutions Centers in Seattle, WA has a 24 percent Medicaid reimbursement experience. The Spokane Regional Stabilization Center in Spokane, WA has an 86.5 percent Medicaid reimbursement experience.
 ³³⁰ E2SSHB 1515 [LINK] and SSSB 5120 [LINK] both passed during the 2023 state legislative session and direct the Washington State Health Care Authority to maximize Medicaid billing for crisis services.

physical health emergency services.³³¹ As a result of this legislation, beginning in 2024, commercial plans 3400 3401 will pay for the types of behavioral health crisis services that will be delivered at crisis care centers as 3402 described in Section V.A. Strategy 1: Create and Operate Five Crisis Care Centers. At the time of this Implementation-Plan's transmittal, commercial plan payment rates were being negotiated and were 3403 3404 unknown. Due to the uncertainty regarding commercial plan rates, the CCC Levy's financial plan does 3405 not assume any commercial plan funding will be available to offset CCC Levy's costs. The actual 3406 commercial plan funding will likely be higher than zero dollars. The real amount will be determined by 3407 the insurance coverage payer mix of people who receive services at crisis care centers and the final 3408 negotiated commercial plan rates. Any future commercial insurance payments will offset CCC Levy 3409 expenses and will allow for CCC Levy proceeds to be prioritized for uses described in the next section, on 3410 the Section VI. F. Process to Make Substantial Adjustments to the Financial Plan. 3411 Formatted: Revision 3412 F. Process to Make Substantial Adjustments to the Financial Plan 3413 Overview 3414 This subsection describes the process to communicate and make substantial adjustments to the CCC Formatted: Body Text 2 3415 Levy's financial plan. A substantial adjustment is a change or series of changes within the same calendar year to a strategy's annual funding allocation by the greater of five percent or \$500,000. 3416 3417 3418 A change is not considered a substantial adjustment if it is due to additional CCC Levy revenue or other 3419 funding sources becoming available. In this scenario, the additional CCC Levy revenue must be allocated 3420 according to the priorities described later in this section and cannot reduce another strategy's 3421 allocation. In addition, CCC Levy proceeds that are not spent within a strategy may be retained within 3422 the same strategy for use in a subsequent year without being considered a substantial adjustment for 3423 the purpose of this Implementation Plan. 3424 3425 Potential causes for substantial adjustments to the financial plan may include, but are not limited to: Formatted: Body Text 2 3426 Macroeconomic conditions such as inflation being higher than expected; CCC Levy generating less revenue than forecasted; 3427 3428 Health insurance funding being lower than projected; 332 3429 Additional funding contributions allowing CCC Levy proceeds to be reprioritized; 3430 Unanticipated fluctuations or variations in program costs, and 3431 Evolving needs, such as workforce conditions and capital project timeline changes.³³³ 3432 3433 Expenditure of CCC Levy proceeds in any year remains subject to Council appropriation. Annual 3434 reporting requirements directed by Ordinance 19572 and this Plan include annual financial reporting. 3435 3436 Process for Communicating and Making a Substantial Adjustment 3437 Substantial adjustments to the CCC Levy's financial plan will be communicated according to the process 3438 defined in this subsection. If, without Council direction or concurrence, the Executive determines a 3439 substantive adjustment to the funding allocations specified in the CCC Levy's financial plan is needed, 3440 then the Executive will transmit a notification letter to Council detailing the scope of and rationale for ³³¹ Engrossed Second Substitute House Bill 1688 passed during the 2022 state legislative session and requires health insurance carriers to cover emergency services, including services provided at out-of-network facilities, up

until the point of stabilization. [LINK] ³³² In this context, health insurance includes Medicaid and commercial health insurance.

³³³ In this context, health insurance includes Medicaid and commercial health insurance.

Crisis Care Centers Levy Implementation Plan 2024-2032 P a g e | 133 the changes. The Executive may <u>only</u> send such notification letters as frequently as twice per year when
needed. The Executive will electronically file the letter with the Clerk of the Council, who will retain an
electronic copy and provide an electronic copy to all councilmembers, the Council Chief of Staff,<u>and</u>-the
lead staff for the Committee of the Whole, or its successor, <u>and the Regional Policy Committee</u>. Unless
the Council passes a motion rejecting the contemplated change within 30 days of the Executive's

3446 transmittal, the Executive may proceed with the change as set forth in the notification letter.

3448 Priorities for Reducing Allocations Due to Revenue that is Less than this Plan's Projections

This subsection describes the process for prioritizing substantial adjustments that reduce this
 Implementation Plan's annual allocations to one or more strategies. If the projected CCC Levy revenue
 or health insurance funding assumptions are less than this Plan's projections in any year, then it may be
 necessary to make a substantial adjustment to an allocation amount in one or more strategies. If this
 occurs, the Executive will identify necessary substantial adjustments according to the priorities
 described in Figure 4637.

3454 ue:

3447

3456 Figure **4637**. Funding Priorities if CCC Levy Proceed Allocations Must be Reduced Due to Funding that is 3457 Less than Projected

	Funding Priorities if CCC Levy Allocations Must be Reduced Due to Funding that is Less than Projected									
Priority Description										
First Priority	Maintain funding or minimize reductions to strategies with a direct link to accomplishing the Paramount Purpose to establish and operate a regional network of five crisis care centers in King County. ³³⁴									
Second Priority	Maintain funding or minimize reductions to strategies with a direct link to accomplishing Supporting Purpose 2 to increase the sustainability and representativeness of the community behavioral health workforce in King County through recruitment, retention, and training activities. ³³⁵									
Third Priority	Maintain or minimize reductions to strategies with a direct link to accomplishing Supporting Purpose 1 to restore the number of mental health residential treatment beds to at least 355 and expand the availability and sustainability of residential treatment in King County. ³³⁶									

3458

3459 Priorities for Allocating Revenue in Excess of this Plan's Original Allocations or to Reflect3460 Additional Funding from Other Sources

3461 This subsection describes the process for prioritizing allocations of CCC Levy revenue that exceed this

3462 Implementation Plan's revenue projections, or CCC Levy revenue that becomes available because other

3463 funding sources are contributing funding toward this Plan's strategies at a higher level than anticipated.

3464 Examples of other funding sources could include but are not limited to higher than assumed health

³³⁴ Strategies with a direct link to accomplishing the CCC Levy's paramount purpose include Strategy 1: Create and Operate Five Crisis Care Centers, Strategy 3: Strengthen the Community Behavioral Health Workforce, and Strategy 5: Capacity Building and Technical Assistance.

³³⁵ Strategy 3: Strengthen the Community Behavioral Health Workforce has a direct link to accomplishing the CCC Levy's Supporting Purpose 2.

³³⁶ Strategies with a direct link to accomplishing Supporting Purpose 1 include Strategy 2: Restore, Expand, and Sustain Residential Treatment Capacity and Strategy 5: Capacity Building and Technical Assistance.

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insurance funding³³⁷ or complementary investments made by federal, state, and philanthropic partners 3465 3466 to augment the impact of the CCC Levy. Increases to a strategy's allocation due to additional CCC Levy 3467 revenue or funding secured for CCC Levy purposes from other sources that do not reduce another 3468 strategy's allocation and that comport with this subsection's priorities do not constitute a substantial adjustment for the purposes of this Implementation Plan. Expenditures of CCC Levy proceeds allocated 3469 3470 through this prioritization remain subject to Council appropriation. The Executive will apply the priorities

3471 3472 described in Figure 4738 to allocate additional funding that becomes available because of higher CCC

Levy revenue projections or newly available funding from other sources.

3473 3474

Figure <mark>47<u>38</u>. Prioritie</mark>	es for Increasing Allocations Due to Additional Funding	•	Formatted: Keep with next
Pri	orities for Increasing Allocations Due to Additional Funding		
Reduction Priority	Description	•	Formatted: Keep with next
1st Priority	Ensure at least 60 days of operating reserves are funded.		Formatted: Keep with next
2nd Priority	Increase funding to Strategy 1: Create and Operate Five Crisis Care Centers up to	+	
	the amount needed to satisfy the Paramount Purpose if it has not been satisfied,		Formatted: Keep with next
	including funding unanticipated strategy costs due to inflation and providing up		
	to \$25 million in any single year for housing stability resources for people who		
	receive services at crisis care centers and are experiencing homelessness.		
3rd Priority	Increase funding to Strategy 3: Strengthen the Community Behavioral Health		
	Workforce up to \$25 million in any single year.		
4th Priority	Increase funding to Strategy 2: Restore, Expand, and Sustain Residential		
	Treatment Capacity up to the amount needed to restore the number of mental		
	health treatment beds in King County to at least 355 beds, including funding		
	unanticipated strategy costs due to inflation.		
5th Priority	Fund the creation and operation of additional crisis care center facilities,		
	components of facilities, or other facilities that CCC Levy data shows would		
	benefit crisis care center clients and are allowed under King County-Ordinance		
	19572. ³³⁸ An example of such a facility could include an additional crisis care		
	center, beyond the five specified in Ordinance 19572, specializing in serving		
	transition age youth. ³³⁹		

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³³⁷ In this context, health insurance includes Medicaid and commercial health insurance.

³³⁸ King County Ordinance 19572 [LINK]

³³⁹ "Young adult," also known as "transition age youth" means a person between eighteen and twenty-four years of age, per RCW 43.330.702 – Homeless youth—Definitions. [LINK]

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3478 VII. Evaluation and Performance Measurement

3479 This section describes how DCHS will approach evaluating and measuring the performance of the CCC 3480 Levy. This includes a description of the principles and framework that DCHS-will guide evaluation and 3481 performance measurement activities. A description of how CCC Levy proceeds will be used to support 3482 evaluation and performance measurement activities is included in Section V.F. Strategy 6: Evaluation 3483 and Performance Measurement Activities. A description of how community partners may be engaged in 3484 evaluation and performance measurement activities is included in Section V.G. Strategy 7: Crisis Care 3485 Centers Levy Administration. Lastly, DCHS will create and maintain an online annual report so the public 3486 and policymakers can review the performance of the CCC Levy. The CCC Levy's annual report 3487 requirements and process are described in Section VIII. Crisis Care Centers Levy Annual Reporting. 3488

3489 A. Evaluation and Performance Measurement Principles

The evaluation and performance measurement of the CCC Levy will be guided by the principles
 described in Figure 4839. Community engagement feedback and DCHS subject matter experts informed
 these principles during the implementation planning process.

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3494 Figure 4839. CCC Levy Evaluation and Performance Measurement Principles

CCC Levy Evaluation and Performance Measurement Principles								
Principle	Description							
Transparent	King County will transparently share evaluation and performance measurement							
and Community	findings via public annual reporting detailed in Section VIII. Crisis Care Centers Levy							
Informed	Annual Reporting, with clearly described methods and reliable data sources that							
	are made available on a regular basis through public platforms. Community							
	partners will be given opportunities to collaborate on approaches and information							
	gathering related to evaluation and performance measurement activities.							
Person-	Throughout performance measurement and evaluation activities, King County							
Centered	plans to center the voices of people engaged with the crisis system to understand							
	their experiences, preferences, and motivations.							
Continuously	DCHS plans to use data to make evidence-informed decisions to improve program							
Improving	quality and service effectiveness in its system oversight role of the CCC Levy.							
	Whenever possible, measurement and evaluation findings and products will be							
	used to engage service providers in continuous quality improvement initiatives.							
	Performance measurement and evaluation approaches may also change over time							
	to be responsive to emergent data needs and implementation factors.							
Equitable	Performance measurement frameworks and evaluations will be grounded in King							
	County's Equity and Social Justice principles. ³⁴⁰ Whenever possible, DCHS plans to							
	measure and document demographic data, including race and ethnicity data, to							
	identify potential disparities and to measure equity impacts on the effectiveness of							
	services.							

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³⁴⁰ King County Equity and Social Justice Strategic Plan (2016-2022). [LINK]

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Behavioral Health Equity Highlight

To address behavioral health inequities, it is necessary to measure disparities prior to and after implementation of interventions aimed at reducing inequities.³⁴⁴ Throughout the community engagement process, community partners described the importance of accountability and oversight of the CCC Levy, as well as ongoing community engagement (see Section III.E. Community Engagement Summary: Theme G: Accountability Mechanisms and Ongoing Community Engagement). The CCC Levy's evaluation and performance measurement plan will incorporate these approaches by disaggregating_measures by race, ethnicity, or other demographic characteristics at both the program level and across programs for to analyze the effectiveness sis within-strategies at reducing inquitiesinequities and result areas. These analyses will yield critical information to advance the behavioral health equity framework: described in Section III. F. Behavioral Health Equity Framework: Quality Improvement Accountability.

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3498 B. Evaluation and Performance Measurement Framework

3499The CCC Levy evaluation and performance measurement framework will focus on reporting measures3500relevant to monitoring performance of the CCC Levy, advancing continuous quality improvement, and3501generating clear and actionable evaluation products for the public. It is critical that the crisis services3502system can grow and evolve by building on what works well and improving what does not. This process3503should be continuously informed by performance metrics, outcome data, client experiences, and other3504relevant information, as described in Section V.A. Strategy 1: Create and Operate Five Crisis Care3505Centers: Continuous Quality Improvement and Quality Assurance.

Evaluation of the CCC Levy will aim to inform strategic learning and accountability. Strategic learning is
 using data to understand which strategies are effective and why they are effective to inform continuous
 quality improvement activities.³⁴² Data from evaluation also supports shared responsibility and
 accountability for CCC Levy activities between the County and community agencies. Partners- Providers
 are accountable for the activities they are funded to do, while the County is accountable for the overall
 results of the CCC Levy.

3514The scale and complexity of the CCC Levy requires an evaluation approach that encompasses a range of3515measurement techniques. The evaluation framework will therefore include three overall approaches:

3516	4.1. Population Indicators: DCHS will use population level measures to identify needs, characterize
3517	baseline conditions, and track trends. While the goal is for the CCC Levy to contribute to
3518	population level outcomes in the long term, there are multiple other sectors and community
3519	factors that are also responsible for countywide conditions and, as a result, influence these
3520	measures. It is therefore difficult to attribute changes in population indicators — positive or
3521	negative — to the CCC Levy itself.

 3522
 5-2. Performance Measurement: Performance measures are regularly generated and collected

 3523
 descriptors of program processes and outcomes that can be used to assess how well a strategy

 3524
 is working.

³⁴¹Goldman, M. L., & Vinson, S. Y. (2022). Centering equity in mental health crisis services. World Psychiatry, 21(2), 243–244. [LINK]

³⁴² Center for Evaluation Innovation. Evaluation for Strategic Learning: Assessing Readiness and Results. [LINK]

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3525	6-3. In-Depth Evaluation: Additional evaluation activities will complement performance
3526	measurement to deepen learnings and understand selected CCC Levy investments'
3527	effectiveness. Approaches may include piloting new programs, developing new evaluation tools,
3528	and identifying areas that may benefit from new or deeper community supports. DCHS may
3529	contract with one or more third party, independent organization(s), or engage in public private
3530	partnerships to conduct in depth evaluations.
3531	
3532	These three approaches are described in more in the following subsections.
3533	
3534	Population Indicators
3535	The CCC Levy will impact two priority populations, detailed in the list below, which reflect the two
3536	facility-focused purposes of the CCC Levy. DCHS will focus on measuring how these populations change
3537	over time in size and demographics. Where feasible, DCHS will disaggregate population indicator data by
3538	demographic characteristics to advance King County's equity goals, including evaluating
3539	representativeness of services by comparing priority population demographics to regional population
3540	demographics (see Section III. F. Behavioral Health Equity Framework: Quality Improvement and
3541	Accountability). DCHS will also measure how the CCC Levy, as a part of the King County behavioral
3542	health system, provides services to these two priority populations. Building on the King County
3543	Behavioral Health Data System, DCHS plans to use the following definitions to provide estimates for
3544	following population indicators, which reflect the purposes of the CCC Levy as noted in parentheses:
3545	1. People seeking immediate and in person crisis care through intervention and stabilization
3546	services provided by county <u>County</u> contracted crisis services (<u>Paramount Purpose</u>); and
3547	2. People seeking residential treatment care and who have an open authorization to receive
3548	residential treatment with county-County-contracted residential treatment providers
3549	(Supporting Purpose 1).
3550	
3551	While the goal is for the CCC Levy to contribute to population level outcomes in the long term, there are
3552	multiple other sectors and community factors that are also responsible for countywide conditions and,
3553	as a result, influence these measures. It is therefore difficult to attribute changes in population
3554	indicators — positive or negative — to the CCC Levy itself.
3555	
3556	Performance Measurement
3557	DCHS will measure and report on the impact of the CCC Levy in the three domains defined by Results
3558	Based Accountability (RBA) framework, as appropriate. ³⁴³ The RBA framework describes performance
3559	measurement by asking three key questions: how much did we do, how well did we do it, and is anyone
3560	better off? The measurement framework will focus on reporting measures relevant to continuous
3561	quality improvement and generating clear and actionable evaluation products to the public.
3562	
3563	This approach to performance measurement will promote strategic learning and accountability through
3564	transparency and collaboration with partners-service providers funded through the CCC Levy. The RBA
3565	framework also helps reduce data collection burden for providers and ensures that measurement
3566	reflects both program and community definitions of progress. Consistent with standard practice for the
3567	department, DCHS will give service providers the opportunity to inform final plans for performance
3568	measurement to ensure they include meaningful measures and feasible reporting requirements.

³⁴³ Clear Impact. What is Results Based Accountability? [LINK]

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3570 For every strategy of the CCC Levy that is competitively procured, procurement materials such as 3571 requests for proposal (RFPs) will include proposed performance measures to transparently 3572 communicate contract expectations based on the CCC Levy's intended impact and likely reporting 3573 requirements. During the contract negotiation process, DCHS will engage with funded selected service 3574 providers to finalize a performance measurement plan. The finalized performance measurement plan 3575 will capture the individual program model's unique aspects, while also adopting standardized measures 3576 to facilitate measuring the CCC Levy's collective impact. 3577 3578 Performance measures across programs will vary based on the populations served, duration of services, 3579 type of investment and activity, and funding duration. These measures can be quantitative or 3580 qualitative. DCHS intends to require contracted service providers to regularly report data for CCC Levy 3581 funded programs and strategies and will collect performance measurement data in a consistent manner. 3582 The timeline for developing and reporting measures will be distinct for each program and will depend on 3583 its implementation stage and data collection requirements. Specific measures will be finalized in 3584 consultation with providers and refined periodically. 3585 3586 For strategies that are investing in directly providing behavioral health services to clients, DCHS plans to 3587 collect and monitor performance measures on individuals served, the nature of services provided, and 3588 associated outcomes to support the implementation of Strategy 1: Create and Operate Five Crisis Care 3589 Centers and Strategy 2: Restore, Expand, and Sustain Residential Treatment Capacity. Individual level 3590 data may be collected on people receiving services to disaggregate measures by race, ethnicity, or other 3591 demographic characteristics at both the program level and across programs for analysis within strategies 3592 and result areas. 3593 3594 For strategies that are investing in workforce or systems infrastructure, DCHS plans to collect and 3595 monitor performance measures among community behavioral health providers that describe agency 3596 attributes such as workforce characteristics, activities conducted, and associated outcomes to support 3597 the implementation of Section V.C. Strategy 3: Community Behavioral Health Workforce. 344 Individual-3598 level data may be collected on a community behavioral health agency's staff to disaggregate measures 3599 by race, ethnicity, or other demographic characteristics at both the program level and across programs 3600 for analysis within strategies and result areas. 3601 Across all strategies, DCHS intends to continue expanding the ways in which populations experiencing 3602 3603 behavioral health inequities (see Section III.C. Background: Who Experiences Behavioral Health 3604 Inequities) are visible in data and are involved in decisions about what data are gathered and how it is 3605 interpreted. This may include expanding the ways existing systems disaggregate data by race and 3606 ethnicity, developing new methods for data collection, continuing to report on both numbers and 3607 stories to value participants' experiences, increasing opportunities for community reflection and

³⁴⁴ In the context of this Plan, "community behavioral health" means agencies that meet the requirements defined in the Revised Code of Washington Chapter 71.24 Community Behavioral Health Services Act [LINK], are licensed by the Washington State Department of Health as a community behavioral Health Services Act [LINK], are licensed 246-341 Washington Administrative Code [LINK] and are contracted with the King County Behavioral Health Administrative Services Organization or King County Integrated Care Network. Community behavioral health agencies must serve people who are enrolled in Medicaid health insurance to be eligible for CCC Levy funding through Strategy 3. Providers with expertise in culturally and linguistically appropriate services that are exempted from these requirements and receive CCC Levy funds will also be required to participate in performance measurement activities described in this Plan.

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feedback on data analysis, and evaluating representativeness by comparing demographics of people
 reached by CCC Levy strategies to regional population demographics. A description of how community
 partners will be engaged in evaluation and performance measurement activities is included in <u>Section</u>
 <u>V.G. Strategy 7: Crisis Care Centers Levy Administration</u>.

3613 In-Depth Evaluation

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3614 Performance measurement and evaluation activities may also include additional in-depth evaluations 3615 that are more focused in scope, time, or substance to inform program decision making and to ensure 3616 that the CCC Levy is functioning as intended. To conduct such evaluations for the CCC Levy, DCHS may 3617 contract with external research partners or engage in public-private partnerships to augment its own 3618 data collection, measurement, and evaluation work. Where feasible, DCHS will disaggregate in-depth 3619 evaluation data by demographic characteristics to advance King County's equity goals.

In collaboration with community partners, the CCC Levy plans to use the following criteria for selectingpriority areas for evaluation:

- High interest from community partners. Evaluations identified as being of critical need or interest to King County Council, <u>Cities and the Sound Cities Association</u>, community-based organizations, providers, the King County Behavioral Health Advisory Board, and others community partners as applicable.
- High potential to improve equity. Evaluations that focus on identifying disproportionalities in services, or identifying whether there is improvement in servicing historically underserved communitiesserving the needs of communities who have the least access to services.
- 3630 3. High potential to improve quality of services. Evaluation of programs or processes that are
 integral to quality of care, and where findings can be used with partners for continuous quality
 improvement.
- 3633
 4. Provide new evidence. Evaluation of new or existing programs that can fill a gap in the scientific
 3634 evidence base and enhance program learning and adaptation.
 - High quality data. Evaluations will be selected to leverage available robust, rigorous, and sustainable data sources; results may also inform where further data infrastructure investments are needed.

The design of potential evaluations will be based on what is appropriate for the program's stage of
 implementation, and the existing evidence base for effectiveness of the selected program models.
 Options include, but are not limited to:

- Formative evaluation to support innovation and decision making for a new program;
- Process evaluation to support program implementation and improvements, and,
- Outcomes evaluation to demonstrate whether the program is leading to the desired results.

3646The timeline for completing in-depth evaluations will depend on when baseline data are available; the3647point at which a sufficient number of individuals have reached the outcome to generate a statistically3648reliable result; and the time needed for data collection, analyses, and interpretation of data.

3650 C. Aligning CCC Levy Performance Measurement and Reporting with Other Dedicated Human 3651 Services Funding Initiatives

3652 DCHS intends to align CCC Levy performance measurement and reporting with other dedicated human

3653 services funding initiatives where possible. Alignment is important because King County residents'

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3654 health and human services needs span the boundaries of federal, state, and local funding. Revenue from 3655 the CCC Levy, along with the MIDD, Best Starts for Kids (BSK), the Veterans, Seniors, and Human Services 3656 Levy (VSHSL), and Health Through Housing (HTH) constitutes a substantial portion of King County's local 3657 health and human service investments. Many of the County's dedicated human services funding streams 3658 are time-limited, requiring periodic renewal. MIDD (expires after 2025), BSK (expires after 2027), and 3659 VSHSL (expires after 2029) initiatives will require renewal during the CCC Levy period to continue; and 3660 the County's updated implementation plan for HTH is also due in 2027 also during the CCC Levy period. 3661 In the development of this Implementation Plan, DCHS staff engaged across initiatives to coordinate 3662 planning efforts. These overlapping funding timelines offer opportunities over the course of the CCC 3663 Levy to innovate, adapt, and tune performance measurement and reporting in response to community 3664 needs. 3665

In response to a proviso included in King County's 2017-2018 adopted budget, DCHS has invested 3666 3667 heavily in data systems and infrastructure to responsibly collect, manage, and share information, with 3668 the goal to make data widely accessible and used to animate conversations, spark innovation, and direct programming and policy decisions to benefit King County residents.³⁴⁵ These investments have made 3669 3670 possible new data products, including online dashboards, that provide insight on participants in 3671 programs and activities and how they access services, as well as how investments and services are 3672 geographically distributed. This information supports monitoring and evaluating the collective impact in 3673 communities and informs continuous improvement of service delivery. Using these tools, DCHS 3674 collaborates with program participants, contracted service providers, and its own direct services staff to 3675 collect high-quality data, review program performance, and develop and monitor quality improvement 3676 initiatives. 3677

In July 2022, DCHS released a consolidated dashboard to report data on BSK, MIDD, and VSHSL funded
 services.³⁴⁶ In 2023, the dashboard added data for all programs and activities, including those that were
 federally funded, in the Behavioral Health and Recovery Division and the Developmental Disabilities and
 Early Childhood Supports Division. By 2025, expansion of this dashboard will include further information
 from all DCHS divisions to transparently share how the department works to help strengthen the
 communities of King County. By 2026, CCC Levy data will be included in this dashboard to transparently
 show how this initiative works to help strengthen the communities of King County.

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³⁴⁵ Motion 15081 accepts DCHS'<u>s</u> report on consolidated human services reporting, as required by Ordinance 18409, Section 66, Proviso P2. [LINK]

³⁴⁶ The consolidated dashboard is titled *Understand Measuring DCHS' Impact.* [LINK]

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3687	VIII. Crisis Care Centers Levy Annual Reporting									
3688	A. Annual Reporting Process and Requirements									
3689	Beginning in 2025, and until 2033, DCHS staff will generate an annual report, in alignment with reporting									
3690	requirements of this Plan and Ordinance 19572. The report will then be reviewed and approved certified									
3691	by the CCC Levy 's advisory body. ³⁴⁷ as evidenced by a certification letter. By no later than August 15 of									
3692	each year,- <u>the Executive will make available an online-the certified</u> annual report-and certification									
3693	lettermof the CCC Levy_will be made available online so that that is publicly available to the community									
3694	and all interested parties, including the King County Council and Regional Policy Committee or its									
3695	successor, will have unfettered access.									
3696										
3697	The CCC Levy online annual report will detail each year's annual results. The first year's reportte, to be									
3698	provided by August 15, 2025, will report on information from calendar year 2024. Subsequent certified,									
3699	annual reports will report on the previous year, including updating continue to be provided by August 15									
3700	of the following year until August 15, 2033.									
3701										
3702	DCHS staff will generate the annual report in alignment with reporting requirements. The report will									
3703	then be certified by the King County Behavioral Health Advisory Board (BHAB) or its successor, which is									
3704	described in Section IX. Crisis Care Centers Levy Advisory Body. When each year's online annual report is									
3705	available for review, and no later than August 15 each year, the Executive will make the report available									
3706	widely to the King County Council, the Regional Policy Committee, and the community through DCHS'									
3707	communications channels. The BHAB or its successor will certify the CCC Levy online annual report and									
3708	its accompanying letter confirming the online report is updated with the previous year's data and is									
3709	ready for review prior to its transmission to Council. ³⁴⁸ In consultation with Cities and the Sound Cities									
3710	Association, as part of the annual report, DCHS will provide historical and current data in a manner that									
3711	can be used to analyze services and to make year-over-year comparisons.									
3712	۰. ۰.									
3713	Recognizing that the annual report reflects a collaborative commitment from DCHS to provide useful									
3714	data at the local level for local jurisdiction partners in support of levy purpose outcomes, Consistent									
3715	with Ordinance 19572 requirements, the each CCC Levy online annual report will, consistent with									
3716	Ordinance 19572, include: ³⁴⁹									
3717	1. Total expenditure of CCC Levy proceeds by crisis response zone, crisis care center, purpose, and									
3718	strategy, activities related to crisis care center post-crisis stabilization, and activities related to									
3719	expanding mobile crisis services, reported by King County ZIP code where the services were									
3720	received, ³⁵⁰ and									
3721	2. The number of individuals receiving CCC Levy funded behavioral health care services by crisis									
3722	response zone, <u>crisis care center</u> , purpose, strategy, and levy purpose, activities related to crisis									
3723	care center post-crisis stabilization, and activities related to expanding mobile crisis services,									
2 2 2 4										

3724 reported by the King County ZIP code where the individuals resided at the time of services and

- ³⁴⁸-King County Ordinance 19572 [LINK].
- ³⁴⁹ King County Ordinance 19572 [LINK].

³⁵⁰ Reporting of expenditures and service participant data by zip code will reflect the methodology and limitations described in Subsection Section XI.B of this Plan.

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³⁴⁷ Described in Section IX. Crisis Care Centers Levy Advisory Body

3725 3726	by the King County ZIP code where the services were received, provided that individually protected information is not disclosed. ³⁵¹
3727 3728 3729 3730 3731	In addition, DCHS will, in consultation with Cities, develop strategies for ZIP code reporting for the CCC Levy's Supporting Purpose Two, workforce development, informed by evolving career pathways programming and data availability, and include in the Executive's 2026 career pathways notification letter a plan for annual reporting of this ZIP code data.
3732 3733 3734 3735 3736 3737 3738 3739 3740 3741 3742 3743 3744 3745 3746 3747 3748	 Additionally, the each CCC Levy online annual report will include: 3. An overview of CCC facility utilization data as described in the Continuous Quality Improvement and Quality Assurance subsection of Strategy 1 in this Plan; 4. Crisis care center operator awards made and progress on each awarded operator contract during the reporting period as required in the Alternative Siting Process section of Strategy 1 in this Plan; 5. An overview of CCC Levy accomplishments during the previous calendar year, and changes DCHS intends to make or direct to improve performance in the following year, when applicable; 36. The assessment and reporting required by the Initial Prioritization of Residential Treatment Capacity of this Plan; 47. The CCC Levy's fiscal and performance measurement during the applicable calendar year, and 58. A map or summary describing the CCC Levy's geographic distribution. ³⁵² No later than by August 15 of each year, As part of this online annual reporting, on behalf of BHAB, the Executive will transmit directly to the Council, with a copy sent to the-Regional Policy Committee, a summary of the online annual reporting in the form of a concise letter that:
3749 3750 3751 3752 3753 3754 3755 3756 3757 3758 3759 3760 3761 3762 3763	 Confirms availability of the online annual report and includes a web link or links; Identifies how the online annual report meets the requirements of Ordinance 19572, ³⁵³-and Summarizes key data and conclusions in the five areas above, including an overview of accomplishments; fiscal and performance management; expenditure of levy proceeds by crisis response zone, strategy, and levy purpose by King County ZIP code; the number of individuals receiving levy-supported services by crisis response zone, strategy, and levy purpose by King County ZIP code; and a map or summary describing CCC Levy's geographic distribution.³⁵⁴ This information will be described in greater detail within the online annual reporting. The Executive will transmit with the summary letter accompany the summary of the online annual report with a motion acknowledging receipt of the <u>summary</u> letter and completion of the online annual report requirement. The Executive will be prepared to present a briefing at the invitation of the King County Council or its committees, including the Regional Policy Committee, on the contents of the online annual report, to inform the Council's consideration of this motion.

³⁵¹ Reporting of expenditures and service participant data by zip code will reflect the methodology and limitations described in Subsection XI.B of this Plan.

²⁵² Reporting of expenditures and service participant data by zip code will reflect the methodology and limitations described in Subsection XI.B of this Plan.

³⁵³ King County Ordinance 19572 [<u>LINK</u>].

³⁵⁴ Reporting of expenditures and service participant data by zip code will reflect the methodology and limitations described in Subsection XI.B of this Plan.

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3764 B. Reporting Methodology to Show Geographic Distribution by ZIP Code

3765 Consistent with <u>King County</u> Ordinance 19572, <u>DCHS willeach annual report-report-shall provide total</u> 3766 expenditures of CCC Levy proceeds by crisis response zone, purpose, and strategy by ZIP code in King 3767 County, reflecting the methodology and limitations described in this subsection. DCHS will also report 3768 the number of individuals receiving CCC Levy funded services by crisis response zone, purpose, and 3769 strategy by the ZIP code in King County where the individuals resided at the time of service, also 3770 reflecting the methodology and limitations described in this subsection. ZIP code data will be reported 3771 using maps or other visualizations to aid interpretation of the data.

3773 ZIP Code Reporting Methodology

3774 DCHS intends to report expenditures by ZIP code data for all services that operate from a fixed brick and
 3775 mortar location in the each CCC Levy annual report, beginning with its the inaugural 2025 report, which
 3776 will be completed in August 2025. DCHS intends to align methodology and dissemination practices for
 3777 reporting program expenditures by ZIP code based on available data or modeling with approaches
 3778 implemented in 2023 for Best Starts for Kids, and that are planned for the Veterans, Seniors, and Human
 3779 Services Levy consistent with the adopted Veterans, Seniors, and Human Services Levy Implementation
 3780 Plan for 2024-2029.³⁵⁵

3782 DCHS evaluators may calculate expenditures by ZIP code through service provider location and program 3783 participant residence. Both approaches provide an understanding on the spread of expenditures across 3784 King County. For example, CCC Levy partners service providers may provide a mix of virtual, mobile, and 3785 in-person programs and services. Reporting by service provider location may not fully capture the 3786 service reach. Alternatively, reporting by program participant residence may not capture difficulties 3787 participants may have accessing services, including transportation. Many program participants access 3788 programs in more than one way. Using more than one methodology to assess expenditures by ZIP code 3789 can help deepen understanding of how programs are accessible to people throughout the County.

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3791 ZIP Code Reporting Limitations

3792 Collection of program participant ZIP code data may be limited for some programs in the following 3793 strategies found in Section V. A. Strategy 1: Create and Operate Five Crisis Care Centers, B. Strategy 2: 3794 Restore, Expand, and Sustain Residential Treatment Capacity, C. Strategy 3: Strengthen the Community 3795 Behavioral Health Workforce_a; D. Strategy 4: Early Crisis Response Investments; And E. Strategy 5: 3796 Capacity Building and Technical Assistance. The limitations include activities associated with, but not 3797 limited to, mobile programs or programs serving people experiencing homelessness, refugees, people 3798 experiencing acute behavioral health crisis, or people who are survivors of domestic violence. 3799 Geographic information may not be available or relevant for programs and strategies that invest in 3800 systems and environment change and strategies that support systemwide workforce capacity building. 3801 ZIP code collection may also not be possible for programs that are required to use an existing data 3802 system that the CCC Levy cannot revise, or when a legal framework prevents the sharing of these data. 3803 All reporting by ZIP code will continue to abide by privacy and confidentiality guidelines. 3804

Behavioral Health Equity Highlight

³⁵⁵ Best Starts for Kids Implementation Plan: 2022-2027. [LINK]

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An important example of populations experiencing behavioral health inequities (see <u>Section III.C. Key</u> <u>Historical and Current Conditions: Who Experiences Behavioral Health Inequities</u>) is people living in rural areas, who experience significant disparities in mental health outcomes despite having similar prevalence of mental illness to those living in metropolitan areas.³⁵⁶ King County community members and providers articulated that poor geographic access to care can be a significant barrier for people in behavioral health crisis, as described in <u>Section III.E. Community Engagement Summary:</u> <u>Theme B: Increase Access to Care for Populations Experiencing Behavioral Health Inequities</u>. The information on geographic variations that will be included in annual reports may provide important insights into serving rural communities in King County, which will help advance the equity goal described in <u>Section III. F. Behavioral Health Equity Framework: Quality Improvement Accountability</u>.

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> ³⁵⁶ Morales DA, Barksdale CL, Beckel-Mitchener AC. A call to action to address rural mental health disparities. J Clin Transl Sci. 2020 May 4;4(5):463 467. [LINK]

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3807 IX. Crisis Care Centers Levy Advisory Body

3808 A. Overview

3809 This section describes the composition, duties of, and process to establish the CCC Levy's advisory body, consistent with-King County Ordinance 19572, which -³⁵⁷-The Ordinance allows for the CCC Levy's 3810 3811 advisory body to be a preexisting King County board that has relevant expertise.³⁵⁸ This Plan identifies 3812 the King County Behavioral Health Advisory Board (BHAB) to serve as the advisory body because it has 3813 the relevant expertise to advise the Executive and the Council on matters relating to behavioral health care and crisis services in King County.³⁵⁹ Once adopted, the advisory body ordinanceOrdinance XXXXX 3814 3815 (Proposed Ordinance 2024-0013) that accompanies this Plan will expand BHAB's membership 3816 requirements and duties- to include those set forth in Ordinance 19572. advising the Executive and the 3817 Council regarding the CCC Levy once it is enacted. 3818 3819 **B. BHAB Background and Connection to CCC Levy Purposes**

3820 Integrating the CCC Levy's advisory body duties into the BHAB will help promote the coordination and 3821 integration of crisis services across the continuum of behavioral health care managed by King County. 3822 BHAB is the advisory body of the King County BH-ASO. The BH-ASO is the administrative entity within 3823 King County BHRD that contracts with the Washington State HCA to manage non-Medicaid behavioral 3824 health services, behavioral health block grants, and other behavioral health funds, with a significant 3825 focus on crisis services. A significant portion of King County's existing behavioral health crisis services are 3826 administratively organized under the BH-ASO. As the advisory body of the BH-ASO, BHAB has relevant 3827 expertise related to King County crisis services and is well positioned to advise the Executive and Council 3828 regarding the CCC Levy. In addition to having the relevant expertise, centralizing advisory duties within 3829 BHAB will ensure there is a single advisory body for King County's continuum of crisis services. This 3830 approach is intended to help avoid system fragmentation and to promote an integrated approach to 3831 managing crisis services at the system level.

3832 3833 Ordinance 19572 defines the CCC Levy advisory body's membership requirements and duties, which 3834 complement BHAB's The CCC Levy's advisory board member composition requirements and advisory 3835 duties complement BHAB's existing statutory and contractual requirements. BHAB membership 3836 requirements and duties are established in the Revised Code of Washington (RCW) 71.24.300, 3837 Washington State Administrative Code (WAC) 182-538C-252, King County's BHASO contract with the 3838 HCA, and King County Code 2A.300.050.^{360,361,362,363} King County Ordinance 19572 defines the CCC Levy 3839 advisory board's membership requirements and duties, which complement BHAB's existing 3840 requirements.³⁶⁴ Thus, an expansion of the BHAB's board member composition requirements and 3841 advisory duties can be expanded to include advising on the CCC Levyz will not conflict while still 3842 complying with its state requirements.

- ³⁵⁷-King County Ordinance 19572 [LINK]
- ³⁵⁸ King County Ordinance 19572 [<u>LINK</u>]
- ³⁵⁹ King County Behavioral Health Advisory Board [LINK]
- 360 RCW 71.24.300 [LINK]

3843 3844

- ³⁶¹ WAC 182-538C-230 [LINK]
- ³⁶² King County Code 2A.300.050 [LINK]
- ³⁶³ The 2023 HCA BH-ASO 2023-contract can be obtained from DCHS- [LINK].
- ³⁶⁴ King County Ordinance 19572 [LINK]
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Updated BHAB M This Implemental the requirements requirements are	the King County Behave Aembership Requirent Ition Plan and its acco s of its underlying leg e all reflected in the p Amarized in Figure 49		Formatted: Section start: Continuous, Numbering: Continuous, Not Different first page header Formatted: Heading 2 Formatted: Header					
Figure 49. Matrix o	of BHAB Membership Re Matrix of Behavio Reflected in this I	• 	Formatted: Tab stops: 0.9", Left Formatted: Left					
Underlying Legal Authority	Membership Requi	, irement	Representative of King County's demographics	At least 1 representative of each crisis response zone	At least 2 members with professional training in behavioral health crisis care	At least 1 law enforcement representative		Formatted: Left Formatted: Left
King County Ordinance 19572 ³⁶⁸		Required	Required	Required	Required	Compatible		Formatted: Left
RCW 71.24.300 ³⁶⁹	Compatible	Compatible	Required	Compatible	Compatible	Required		Formatted: Left
WAC 182 538C 252 ³⁷⁰	Required	Compatible	Required	Compatible	Compatible	Required		Formatted: Left

³⁶⁵ King County Ordinance 19572 [LINK]
 ³⁶⁶ King County Code 2A.300.050 [LINK]
 ³⁶⁷ King County Code 2A.300.050 [LINK]
 ³⁶⁸ King County Ordinance 19572 [LINK]
 ³⁶⁹ RCW 71.24.300 [LINK]
 ³⁷⁰ WAC 182-538C-230 [LINK]

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	HCA BHASO Contract ³⁷¹	Required	Compatible	Required	Compatible	Compatible	Required	 Formatted: Left
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³⁷¹-Washington State Health Care Authority Behavioral Health Administrative Services Organization 2023 contract [LINK]

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Γ	o reduce the potential of conflicts, the reader is directed to Ordinance XXXXX (Proposed Ordinance
2	024-0013), for the composition and duties to be fulfilled the BHAB serving as the CCC Levy advisory
)	ody. 's membership will be composed of no fewer than nine and no more than 18 members who serve
	aree year terms. BHAB members may serve a maximum of two consecutive terms, in addition to any
)	artial terms. The members of the BHAB will annually elect from their membership a chair and vice chair
ł	plan meeting agendas and sign the annual reporting letter required by this implementation. To fulfill
	ne membership requirements of both the state and the CCC Levy, BHAB membership will:
	Be representative of King County's demographics. This means BHAB members will be
	epresentative of the demographics of people living in King County, such as race and ethnicity, gender
	lentity, sexual orientation, people who identify as members of experiential communities, and other
	emographic groups and identities. ³⁷²
	Meaningfully include people with lived experience of a behavioral health condition. This
ł	neans at least 51 percent of BHAB members will have lived experience and/or self-identify as a person
f	recovery from a behavioral health condition or be a parent or legal guardian of a person with lived
	xperience of a behavioral health condition. ³⁷³ At least two members must be persons who have
ә	reviously received crisis stabilization services.
	Include representatives of each crisis response zone. This means BHAB membership will include
3	t least one resident of each crisis response zone, which are defined in King County Ordinance 19572. ³⁷⁴
	Include representation of persons engaged professionally in behavioral health services or
5	ystems. This means BHAB membership will include at least two persons with professional training and
e	xperience in the provision of behavioral health crisis care and at least one law enforcement
H	ppresentative: ³⁷⁵ —
r	addition to these requirements, no employees, managers, or other decision makers of King County
B	HASO subcontracted agencies who have the authority to make policy or fiscal decisions on behalf of
	ne subcontractor may serve on the BHAB. ³⁷⁶ No more than four elected officials may serve on the
c	HAB. ³⁷⁷ -BHAB's board composition must comply with state law and regulations. ^{378,379}

³⁷²Examples of "experiential communities" include persons who have been incarcerated, persons who are survivors of gender-based violence, persons who have been subject to involuntary treatment under Washington's involuntary Treatment Act, military veterans, immigrants, and refugees.-

³⁷³ WAC 182-538C-252 and King County's BH-ASO contract with the Washington State HCA require BHAB's

membership composition to be at least 51 percent people with lived experience or parents or guardians of people with lived experience. [LINK]

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³⁷⁴ King County Ordinance 19572 [LINK]

³⁷⁵ RCW 71.24.300 requires law enforcement representation on BHAB. [LINK]

³⁷⁶ Requirement of HCA BH ASO 2023 contract. [LINK]

³⁷⁷ Requirement of HCA BH ASO 2023 contract. [LINK]

³⁷⁸ RCW 71.24.300 [LINK]

³⁷⁹ WAC 182 538C 230 [LINK]

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Behavioral Health Equity Highlight

Community feedback during the CCC Levy planning process emphasized the importance of accountability and oversight of the CCC Levy, as well as ongoing community engagement (see Section III.E. Community Engagement Summary: Theme G: Accountability Mechanisms and Ongoing Community Engagement). The Behavioral Health Advisory Board serving as the CCC Levy advisory body will play an important role by providing a forum for people with demographics representative of King County as well as lived experience of mental health and substance use conditions to inform DCHS on the CCC Levy's impacts, which will help advance the equity goal described in <u>Section III. F.</u> <u>Behavioral Health Equity Framework: Quality Improvement Accountability</u>.

3886

3887 BHAB Member Recruitment Process

3888 Members of the BHAB as-serving atof the time of this Plan's drafting will continue to serve their advisory 3889 board terms at the time this lafter the mplementation Plan and its accompanying advisory board 3890 ordinance are enacted. Upon adoption of Ordinance XXXXX (Proposed Ordinance 2024-0013), as 3891 necessary to meet the membership requirements for the CCC Levy advisory body, the Executive shall 3892 undertake a recruitment process to select for appointment new members that satisfy the CCC Levy 3893 advisory body qualifications, and subject to confirmation by the Council, in accordance with K.C.C. 3894 chapter 2.28. When BHAB seats become vacant, the King County-Executive will-recruit and select 3895 appoint new BHAB members, informed by the composition requirements of Ordinance XXXXX (Proposed 3896 Ordinance 2024-0013), the BHAB, and subject to confirmation by the Council, in accordance with K.C.C. 3897 chapter 2.28. The Executive will transmit a notification letter, either in aggregate or individually, that 3898 includes the name, biography, and term of each prospective member to the King County Council before 3899 appointing any member to BHAB. The Executive will electronically file the letter with the Clerk of the 3900 Council, who will retain an electronic copy and provide an electronic copy to all councilmembers, the 3901 Council Chief of Staff, and the lead staff for the Committee of the Whole, or its successor. The Executive 3902 may proceed with the appointments set forth in the notification letter unless the King County Council 3903 passes a motion requesting changes to the proposed appointments within 30 days of the Executive's 3904 transmittal. This process will ensure the Executive can efficiently achieve and maintain representation of 3905 the many intersecting BHAB member identities that are required while also ensuring an efficient 3906 member selection process. 3907

3908 BHAB Support

3909 DCHS will provide staff support to BHAB and, in consultation with BHAB, will help BHAB fulfill its

required <u>CCC Levy</u> duties described in this section. DCHS will work to remove barriers <u>that may dissuade</u>
 persons from seeking to join for members to participate on BHAB. Included in those strategies will be
 per diem compensation. through strategies such as compensating people with lived experience for their
 time devoted to the official work of BHAB, in accordance with King County Office of Equity and Social

- 3914 Justice guidance and DCHS financial policies.
- 3915 3916

6 D. Expansion of BHAB's Duties to Include the CCC Levy

3917 BHAB is responsible for advising the King County BH-ASO on the design and implementation of publicly

3918 funded behavioral health services.³⁸⁰ This Implementation Plan and the its accompanying of Ordinance

³⁸⁰ King County Behavioral Health Advisory Board Bylaws [LINK]

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3919	XXXXX (Proposed Ordinance 2024-0013), advisory board ordinance expand the duties of BHAB to include						
3920	the CCC Levy's advisory bo <u>dy</u> ard duties required in King County Ordinance 19572. ³⁸¹ These additional						
3921	required duties include:						
3922	Advise the King County Executive and Council on matters affecting the CCC Levy;						
3923	Visit each existing crisis care center annually to better understand the perspectives and						
3924	priorities of crisis care center operators, staff, and clients, and						
3925	Report on the CCC Levy to the Council and the community through annual online reports						
3926	beginning in 2025, as described in <u>Section VIII. Crisis Care Centers Levy Annual Reporting</u> .						
3927							
3928	BHAB's additional duties related to advising the CCC Levy will go into effect on the effective date of the						
3929	of Ordinance XXXXX (Proposed Ordinance 2024-0013)advisory body ordinance that accompanies this						
3930	Plan.						
3931							
3932	E. Process to Update CCC Levy Advisory Body if Necessary						
3933	Existing BHAB membership requirements and duties defined by state law and state contracts may be						
3934	updated during this Implementation Plan's term. These potential changes could require adjustment of						
3935	BHAB's membership composition or duties that are described in this Implementation Plan and the						
3936	accompanying of Ordinance XXXXX (Proposed Ordinance 2024-0013), advisory body ordinance. If BHAB's						
3937	requirements are updated by the state in a way that is no longer compatible with the CCC Levy or if the						
3938	Executive determines that a different CCC advisory body will better serve effective administration of the						
3939	CCC Levy, then the Executive may propose an ordinance to the Council to update the CCC Levy's						
3940	advisory bodyard-structure, that will not require an amendment to this Plan. If the Executive proposes						
3941	an ordinance to Council to update the CCC Levy's advisory board structure, the Executive will notify the						
3942	Regional Policy Committee.						
3943							
3944							

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³⁸¹ King County Ordinance 19572 [LINK]

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3945 X. Conclusion

3946 King County voters approved the Crisis Care Centers Levy on April 25, 2023. The nine-year levy begins on 3947 January 1, 2024, starting an ambitious timeline to transform the region's behavioral health crisis 3948 response system, restore the region's flagging mental health residential facilities, and reinforce the 3949 workforce — the people — upon whom tens of thousands of King County residents depend for their 3950 behavioral health. This Plan lays the path that King County, cities and other local jurisdictions, and 3951 behavioral health providers must travel with urgency, common purpose, and strong partnership so that 3952 future generations will have a safe, accessible, and effective place to go in a moment of mental health or 3953 substance use crisis. 3954

3955 King County begins this levy at a critical moment. The other systems upon which society depends — 3956 schools, the legal system, housing providers, first responders, hospitals, employers, and so many more 3957 newly recognize that they cannot fully function if the people they serve cannot get behavioral health 3958 care. Federal and state funding for behavioral health have not kept pace with needs, and local 3959 communities, families, and individuals bear the results. Without better options, too many King County 3960 residents experiencing a crisis have languished in a jail, emergency room, on the street, or alone in their 3961 home when what they needed was a place they could get same-day care from a trained and supportive 3962 professional in a setting that helps, instead of making symptoms or underlying conditions worse. 3963

The Crisis Care Centers Levy also comes at a moment of new opportunity. Other communities have
 tested and proven models of care and facility types that help people get better. Mental health and
 substance use treatments work when they are accessible and properly administered with dignity. King
 County residents newly understand the ways that stigma has driven people living with behavioral health
 conditions to cover them up instead of seeking care. A The
 someone they can call. Governments at all levels are investing in new teams and approaches that
 respond to more emergency calls with behavioral health clinicians.

3972At this moment when long-forming needs meet new attitudes and infrastructures, people in crisis3973increasingly have someone they can call and someone to respond to those calls. This Crisis Care Centers3974Levy Implementation Plan describes how King County will focus new resources and efforts to create3975somewhere for people to go — and to know that there will be providers there to help.3976

3977 But plans do not by themselves make change. Creating a regional network of crisis care centers, 3978 restoring the region's recently lost residential treatment capacity, and growing and better supporting a 3979 more representative workforce in nine years will require King County, cities and other local jurisdictions, 3980 and providers to work together in new ways. King County must fully resource and staff this Plan's 3981 strategies, maintaining disciplined prioritization — and avoiding diffusion — of the Levy's proceeds and 3982 staff capacity. Cities, other local jurisdictions, and communities must embrace and support development of new behavioral health facilities. Providers will need to incorporate new practices, integrate services, 3983 3984 and coordinate care with new partners. All must communicate, collaborate, and be accountable with a 3985 new commitment to creating a behavioral health system and model of cooperation that future 3986 generations will be proud of and depend on.

3987

3971

3988The Crisis Care Centers Levy provides the resources. This Implementation3989is now to King County, cities, and providers to make it happen.

3990

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3991 XI. Appendices

3992 Appendix A: Crisis Care Centers Levy Ordinance 19572 Text

3993 AN ORDINANCE providing for the submission to the qualified electors of King County at a special election 3994 to be held in King County on April 25, 2023, of a proposition authorizing a property tax levy in excess of 3995 the levy limitation contained in chapter 84.55 RCW, for a consecutive nine-year period, at a first year 3996 rate of not more than \$0.145 per one thousand dollars of assessed valuation for collection beginning in 3997 2024, with the 2024 levy amount being the base for calculating increases in years two through nine 3998 (2025 - 2032) by the limit factor in chapter 84.55 RCW, as amended, for regional behavioral health 3999 services and capital facilities to establish and operate a regional network of behavioral health crisis care 4000 centers; to preserve, expand and maintain residential treatment facilities; to provide behavioral health 4001 workforce supports; to provide mobile crisis care and post-discharge stabilization; to pay, finance or 4002 refinance costs of those projects; and for administration, coordination, implementation and evaluation 4003 of levy activities.

4005 STATEMENT OF FACTS:

4004

4006 1. King County's behavioral health crisis service system relies heavily on phone support and outreach

4007 services, with very few options of places for persons to go for immediate, life-saving care when in crisis.

- 4008 2. As of September 2022, the Crisis Solutions Center, operated by Downtown Emergency Service Center
 4009 and requiring mobile team, first responder or hospital referral for entry, is the only voluntary behavioral
 4010 health crisis facility for the entirety of King County, and no walk-in urgent care behavioral health facility
 4011 exists in King County.
- 4012 3. A coalition of community leaders and behavioral health providers issued recommendations to Seattle 4013 and King County in an October 13, 2021, letter that included recommendations to "expand places for
- 4014 people in crisis to receive immediate support" and "expand crisis response and post-crisis follow up4015 services."
- 4016 4. Call volume to King County's regional behavioral health crisis line increased by 25 percent between
 4017 2019 and 2021, from 82,523 calls in 2019 to 102,754 calls in 2021.
- 4018 5. The number of persons per year who received community-based behavioral health crisis response
 4019 services in King County increased 146 percent between 2012 and 2021, from 1,764 persons served in
 4020 2012 to 4,336 persons served in 2021.
- 4021 6. Referrals for mobile crisis outreach in King County grew 15 percent between 2019 and 2021, from
 4022 4,030 referrals in 2019 to 4,648 referrals in 2021.
- 4023 7. King County's designated crisis responders conducted 14 percent more investigations for involuntary
- 4024 behavioral health treatment in 2021, when they investigated 9,189 cases, than in 2017 when they
 4025 investigated 8,066 cases. There was a 10 percent increase in detentions or revocations for involuntary
- 4026 hospitalization during that same period, from 4,387 in 2017 to 4,806 in 2021.
- 4027 8. The wait time for a King County resident in behavioral health crisis in a community setting to be 4028 evaluated for involuntary behavioral health treatment tripled between January 2019 and June 2022,
- 4029 from 4 days to 12 days.
- 4030 9. The U.S. Department of Health and Human Services reported that in August 2022, the first full month
- 4031 that the new national 988 Suicide and Crisis Lifeline was operational, the overall volume of calls, texts

and chats to the Lifeline increased by 152,000 contacts, or 45 percent, compared to the number of

- 4033 contacts to the National Suicide Prevention Lifeline in August 2021.
- 4034 10. The federal Substance Abuse and Mental Health Services Administration's ("SAMHSA's") National
 4035 Guidelines for Behavioral Health Crisis Care, and its vision for the implementation of the new national

Crisis Care Centers Levy Implementation Plan 2024-2032 P a g e **| 154** 4036 988 Suicide and Crisis Lifeline, call for the development of safe places for persons in crisis to go for help
4037 as part of a robust behavioral health crisis system.

4038 11. In 2021, the Washington state Legislature passed Engrossed Second Substitute House Bill 1477,

4039 which became Chapter 302, Laws of Washington 2021, to support implementation of 988 in

4040 Washington, to further SAMHSA's overall vision and build on the crisis phone line change by expanding4041 and transforming crisis services.

4042 12. RCW 71.24.025 defines crisis stabilization services to mean services such as 23-hour crisis

4043 stabilization units based on the living room model, crisis stabilization centers, short-term respite

4044 facilities, peer-operated respite services, and behavioral health urgent care walk-in centers, including

4045 within the overall crisis system components that operate like hospital emergency departments and 4046 accent all walk-ins, and ambulance, fire, and police drop-offs. Chapter 302 Laws of Washington 202

4046 accept all walk-ins, and ambulance, fire, and police drop-offs. Chapter 302, Laws of Washington 2021
 4047 further expressed the state legislature's intent to expand the behavioral health crisis delivery system to
 4048 include these components.

4049 13. Multiple behavioral health system needs assessments have identified the addition of crisis facilities

4050 as top priorities to improve community-based crisis services in King County. Such assessments include

the 2016 recommendations of the Community Alternatives to Boarding Task Force called for by Motion
 14225, a Washington state Office of Financial Management behavioral health capital funding

prioritization and feasibility study in 2018, and a Washington state Health Care Authority crisis triage
 and stabilization capacity and gaps report in 2019.

4055 14. King County is losing mental health residential treatment capacity that is essential for persons who
 4056 need more intensive supports to live safely in the community due to rising operating costs and aging

facilities that need repair or replacement. As of August 2022, King County had a total of 244 mental
 health residential beds for the entire county, down 111 beds, or nearly one third, from the capacity in

4059 2018 of 355 beds.

4060 15. As of July 2022, King County residents who need mental health residential services must wait an
 4061 average of 44 days before they are able to be placed in a residential facility.

4062 16. Data from the U.S. Centers for Disease Control and Prevention, the U.S. Census Bureau and the
4063 Kaiser Family Foundation show that about three in ten adults in the United States reported symptoms of
4064 anxiety or depressive disorder in June 2022, up from one in ten adults who reported these symptoms in
4065 2019.

4066 17. The National Council for Mental Wellbeing's 2022 access to care survey found that 43 percent of
4067 U.S. adults who say they need mental health or substance use care did not receive that care, and they
4068 face numerous barriers to accessing and receiving needed treatment.

4069 18. According to the Washington state Department of Social and Health Services, the number of

4070 Medicaid enrollees in King County with an identified mental health need increased by approximately 34 4071 percent for adults and nine percent for youth between 2019 and 2021.

4072 19. The Washington state Department of Social and Health Services reports that in 2021, among those
4073 enrolled in Medicaid in King County, nearly half of adults and over a third of youth with an identified

4074 mental health need did not receive treatment.

4075 20. The Washington state Department of Social Health Services reports that in 2021, among those

4076 enrolled in Medicaid in King County, approximately 62 percent of adults and 80 percent of youth with an4077 identified substance use disorder need did not receive treatment.

4078 21. SAMHSA's National Guidelines for Behavioral Health Crisis Care recommend including peers with

4079 lived experience of mental health conditions or substance use disorders on crisis response teams. Those

4080 guidelines also feature the living room model as an example of crisis service delivery innovation

4081 featuring peers.

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4082 22. The 2021 King County nonprofit wage and benefits survey showed that many nonprofit employees 4083 delivering critical services earn wages at levels that make it difficult to sustain a career doing 4084

community-based work in this region.

4085 23. A 2021 King County survey of member organizations of the King County Integrated Care Network

4086 found that job vacancies at these community behavioral health agencies were at least double what they 4087 were in 2019. Providers cited professionals' ability to earn more in medical systems or private practice, 4088 and the high cost of living in the King County region, as the top reasons their workers were leaving 4089 community behavioral healthcare.

4090 24. The behavioral health workforce advisory committee to the state of Washington's Workforce

4091 Training and Education Coordinating Board found in 2021 that Washington continues to face a shortage 4092 of behavioral health professionals, while demand for services, and qualified workers to deliver them, 4093 continues to grow. The advisory committee also found that workers need increased financial support 4094 and incentives to remain in community behavioral health care.

4096 BE IT ORDAINED BY THE COUNCIL OF KING COUNTY:

4095

4097 SECTION 1. Definitions. The definitions in this section apply throughout this ordinance unless the 4098 context clearly requires otherwise.

- 4099 A. "Crisis care center" means a single facility or a group of facilities that provide same-day access to 4100 multiple types of behavioral health crisis stabilization services, which may include, but are not limited to,
- 4101 those described in RCW 71.24.025(20), as amended. A crisis care center shall endeavor to accept at 4102 least for initial screening and triage any person who seeks behavioral health crisis care. Among the
- 4103 types of behavioral health crisis stabilization services that a crisis care center shall provide are a
- 4104 behavioral health urgent care clinic that offers walk-in and drop-off client screening and triage twenty-
- 4105 four hours per day, seven days per week; access to onsite assessment by a designated crisis responder; a 4106 twenty-three-hour observation unit or similar facility and service that allows for short-term, onsite
- 4107 stabilization of a person experiencing a behavioral health crisis; and a crisis stabilization unit that
- 4108 provides short-term, onsite behavioral health treatment for up to fourteen days or a similar short-term 4109 behavioral health treatment facility and service. A crisis care center shall be staffed by a
- 4110 multidisciplinary team that includes peer counselors. A crisis care center may incorporate pre-existing
- 4111 facilities that provide crisis stabilization services so long as their services and operations are compatible
- 4112 with this definition. Where a crisis care center is composed of more than one facility, those facilities
- 4113 shall either be geographically adjacent or shall have transportation provided between them to allow 4114 persons using or seeking service to conveniently move between facilities.
- 4115 B. "Designated crisis responder" has the same meaning as in RCW 71.05.020, as amended.
- 4116 C. "King County crisis response zone" means each of four geographic subregions of King County:
- 4117 1. North King County crisis response zone, which is the portion of King County within the boundaries of
- 4118 the cities of Bothell, Duvall, Kenmore, Kirkland, Lake Forest Park, Shoreline, Skykomish and Woodinville, 4119 plus the unincorporated areas within King County council district three as it is drawn on the effective
- 4120 date of this ordinance that are north or northeast of the city of Redmond;

4121 2. Central King County crisis response zone, which is the portion of King County within the boundaries

4122 of the city of Seattle, plus all unincorporated areas within King County council districts two and eight as 4123 they are drawn on the effective date of this ordinance;

- 4124 3. South King County crisis response zone, which is the portion of King County within the boundaries of
- 4125 the cities of Algona, Auburn, Black Diamond, Burien, Covington, Des Moines, Enumclaw, Federal Way,
- 4126 Kent, Maple Valley, Milton, Normandy Park, Pacific, Renton, SeaTac and Tukwila, plus all unincorporated
- 4127 areas within King County council districts five, seven and nine as they are drawn on the effective date of 4128 this ordinance: and

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4129 4. East King County crisis response zone, which is the portion of King County within the boundaries of 4130 the cities of Beaux Arts, Bellevue, Carnation, Clyde Hill, Hunts Point, Issaquah, Medina, Mercer Island, 4131 Newcastle, North Bend, Redmond, Sammamish, Snoqualmie and Yarrow Point, plus the unincorporated 4132 areas within King County council district three as it is drawn on the effective date of this ordinance that 4133 are east or southeast of the city of Redmond, plus all unincorporated areas within King County council 4134 district six as it is drawn on the effective date of this ordinance. 4135 D. "Levy" means the levy of regular property taxes for the specific purposes and term provided in this 4136 ordinance and authorized by the electorate in accordance with state law. 4137 E. "Levy proceeds" means the principal amount of moneys raised by the levy and any interest earnings 4138 on the moneys and the proceeds of any interim or other financing following authorization of the levy. 4139 F. "Regional behavioral health services and capital facilities" means programs, services, activities, 4140 operations, staffing and capital facilities that: promote mental health and wellbeing and that treat 4141 substance use disorders and mental health conditions; promote integrated physical and behavioral 4142 health; promote and provide therapeutic responses to behavioral health crises; promote equitable and 4143 inclusive access to mental health and substance use disorder services and capital facilities for those 4144 racial, ethnic, experiential and geographic communities that experience disparities in mental health and 4145 substance use disorder conditions and outcomes; build the capacity of mental health and substance use 4146 disorder service providers to improve the effectiveness, efficiency, and equity, of their services and 4147 operations; provide transportation to care for persons receiving, seeking, or in need, of mental health or 4148 substance use disorder services; promote housing stability for persons receiving or leaving care from a 4149 facility providing mental health or substance use disorder services; promote service and response 4150 coordination, data sharing, and data integration amongst first responders, mental health and substance 4151 use disorder providers, and King County staff; promote community participation in levy activities, 4152 including payment of stipends to persons with relevant lived experience who participate in levy activities 4153 whose employment does not already compensate them for such participation; administer, coordinate 4154 and evaluate levy activities; apply for federal, state and philanthropic moneys and assistance to 4155 supplement levy proceeds; and promote stability and sustainability of the behavioral health workforce. 4156 G. "Residential treatment" means a licensed, community-based facility that provides twenty-four-hour 4157 on-site care for persons with mental health conditions, substance use disorders, or both, in a residential 4158 setting. 4159 H. "Strategy" means a program, service, activity, initiative or capital investment intended to achieve the 4160 purposes described in section 4 of this ordinance. 4161 I. "Technical assistance and capacity building" means assisting organizations in applying for grants 4162 funded by the levy and in implementing and improving delivery of a strategy or strategies for which levy 4163 moneys are eligible, and includes assisting community-based organizations in delivery of strategies to 4164 persons and communities that are disproportionately impacted by behavioral health conditions. 4165 SECTION 2. Levy submittal. To provide necessary moneys to fund, finance or refinance the purposes 4166 identified in section 4 of this ordinance, the King County council shall submit to the qualified electors of 4167 the county a proposition authorizing a regular property tax levy in excess of the levy limitation contained 4168 in chapter 84.55 RCW for nine consecutive years, with collection commencing in 2024, at a rate not to 4169 exceed \$0.145 per one thousand dollars of assessed value in the first year of the levy period. The dollar 4170 amount of the levy in the first year shall be the base upon which the maximum allowable levy amounts 4171 in years two through nine (2025-2032) shall be calculated using the limit factor in chapter 84.55 RCW, as 4172 amended. 4173 SECTION 3. Deposit of levy proceeds. The levy proceeds shall be deposited into the crisis care centers 4174 fund. or its successor.

4175 SECTION 4. Levy purposes.

Crisis Care Centers Levy Implementation Plan 2024-2032 P a g e | **157** 4176 A. The paramount purpose of the levy shall be to establish and operate a regional network of five crisis 4177 care centers in King County, with each of the four King County crisis response zones containing at least 4178 one crisis care center and at least one of the five crisis care centers specializing in serving persons 4179 younger than nineteen years old. B. The levy's supporting purpose one shall be to restore the number of mental health residential 4180 4181 treatment beds in King County to at least three hundred fifty-five beds and to expand the availability 4182 and sustainability of residential treatment in King County. 4183 C. The levy's supporting purpose two shall be to increase the sustainability and representativeness of 4184 the behavioral health workforce in King County by increasing recruitment and retention, and by 4185 improving financial sustainability for the behavioral health workforce through increased wages, 4186 apprenticeship programming and, where possible, reduction of costs such as costs of insurance, child 4187 care, caregiving and fees or tuition associated with behavioral health training and certification. This 4188 purpose shall promote workforce recruitment and retention for the region's behavioral health 4189 workforce while prioritizing increased wages and reduction of costs for the behavioral health workforce 4190 who are providing regional behavioral health services and capital facilities as a part of the levy's 4191 paramount purpose. 4192 D. The levy implementation plan required by section 7 of this ordinance may specify additional 4193 supporting purposes so long as those additional supporting purposes are not inconsistent with and are 4194 subordinate to the paramount purpose and supporting purposes one and two described in subsections 4195 A. through C. of this section. 4196 SECTION 5. Eligible expenditures. 4197 A. If approved by the qualified electors of the county, such sums from the first year's levy proceeds as 4198 are necessary may be used to provide for the costs and charges incurred by the county that are 4199 attributable to the election, and an amount from the first year's levy proceeds not to exceed one million 4200 dollars may be used for initial levy implementation planning activities. 4201 B. After the amounts authorized in subsection A. of this section, the remaining levy proceeds shall not 4202 be expended until King County enacts an ordinance adopting the implementation plan required by 4203 section 7 of this ordinance. The council's process to consider and adopt the levy implementation plan 4204 and any amendments shall include mandatory referral to the regional policy committee or its 4205 successor. After King County enacts an ordinance adopting the levy implementation plan, levy proceeds 4206 shall be expended in accordance with the implementation plan, as amended, and with this ordinance. 4207 C. Levy proceeds described in subsection B. of this section shall only be used to fund, finance or 4208 refinance costs to: 4209 1. Plan, site, construct, acquire, restore, maintain, operate, implement, staff, coordinate, administer 4210 and evaluate regional behavioral health services and capital facilities that achieve and maintain the 4211 paramount purpose, supporting purpose one, and supporting purpose two of the levy that are described 4212 in section 4. and as they may be further described in the implementation plan; 4213 2. Plan, site, construct, acquire, restore, maintain, operate, implement, staff, coordinate, administer 4214 and evaluate regional behavioral health services and capital facilities that achieve additional levy 4215 purposes that are included in the implementation plan, so long as those purposes are subordinate to 4216 and not inconsistent with the paramount purpose and supporting purposes one and two; and 4217 3. Provide for regional behavioral health services and capital facilities provided by metropolitan park 4218 districts, fire districts or local public hospital districts in King County in an amount up to the lost 4219 revenues to the individual district resulting from prorationing, as mandated by RCW 84.52.010, to the 4220 extent the levy was a demonstrable cause of the prorationing and only if the county council has 4221 authorized the expenditure by ordinance.

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4222 D. Unless made otherwise eligible in subsection C. of this section, levy proceeds shall not be used to 4223 provide, supplant, replace or expand funding for non-behavioral health purposes including, but not 4224 limited to, jails, prisons, courts of law, criminal prosecution, criminal defense or law enforcement, 4225 except for costs that provide or coordinate regional behavioral health services and capital facilities within or between crisis care centers and other health care settings or that remove or reduce a barrier 4226 4227 to receiving behavioral health services such as quashing a warrant. Nothing in this subsection shall be 4228 interpreted or construed to limit, discourage, or impede law enforcement agencies' or other first 4229 responders' coordination with, use of and access to crisis care centers for persons they encounter in the 4230 conduct of their duties. 4231 SECTION 6. Call for special election. In accordance with RCW 29A.04.321, the King County council 4232 hereby calls for a special election to be held on April 25, 2023, to consider a proposition authorizing a 4233 regular property tax levy for the purposes described in this ordinance. The King County director of

4234 elections shall cause notice to be given of this ordinance in accordance with the state constitution and
 4235 general law and to submit to the qualified electors of the county, at the said special county election, the
 4236 proposition hereinafter set forth. The clerk of the council shall certify that proposition to the director of
 4237 elections in substantially the following form:

- 4238 PROPOSITION ____: The King County Council passed Ordinance _____ concerning funding for 4239 mental health and substance use disorder services. If approved, this proposition would fund 4240 behavioral health services and capital facilities, including a countywide crisis care centers 4241 network, increased residential treatment; mobile crisis care; post-discharge stabilization; and 4242 workforce supports. It would authorize an additional nine-year property tax levy for collection 4243 beginning in 2024 at \$0.145 per \$1,000 of assessed valuation, with the 2024 levy amount being 4244 the base for calculating annual increases in 2025-2032 under chapter 84.55 RCW, and exempt 4245 eligible seniors, veterans, and disabled persons under RCW 84.36.381. Should this proposition
- 4245 eligible seniors, veterans, and disabled persons under RCW 84.4246 be:
- 4247 Approved?
- 4248 Rejected?

4249 <u>SECTION 7.</u> Implementation plan.

- 4250 A. If voters approve the levy, the executive shall transmit by December 31, 2023, a proposed levy
- 4251 implementation plan for council review and adoption by ordinance. The proposed implementation plan4252 shall direct levy expenditures from 2024 through 2032.
- 4253 B. The executive shall electronically file the implementation plan required in subsection A. of this
- 4254 section with the clerk of the council, who shall retain the original and provide an electronic copy to all
- 4255 councilmembers, the council chief of staff, the policy staff director and the lead staff for the law, justice,
- 4256 health and human services committee and the regional policy committee, or their successors. The
- 4257 implementation plan shall be accompanied by proposed ordinances that adopt the implementation plan4258 and that establish or empower the advisory body, the description of which is set forth in subsection C.9.
- 4258 and that establish or empower the advis4259 of this section.
- 4260 C. The implementation plan required in subsection A. shall include:
- 4261 1. A list and descriptions of the purposes of the levy, which must at least include and may not materially
- 4262 impede accomplishment of the paramount purpose and supporting purposes one and two described in4263 section 4 of this ordinance;
- 4264 2. A list and descriptions of strategies and allowable activities to achieve the purposes described in 4265 subsection C.1. of this section, which strategies shall at least include:
- 4266 a. planning, capital, operations and services investments for crisis care centers, which may include
- 4267 construction of new or acquisition, renovation, updating or expanding existing buildings in whole or in
 4268 part;
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4269 b. capital and maintenance investments for mental health residential treatment capacity;

- 4270 c. investments to increase attraction to, retention in, and sustainability of the behavioral health 4271 workforce:
- 4272 d. establishment and maintenance of levy and capital reserves to promote continuity of levy-funded
- 4273 activities and prioritization of the paramount purpose and then supporting purposes one and two in the 4274 event of fluctuations in levy revenue or strategy costs;
- 4275 e. activities that promote post-crisis stabilization, including housing stability, for persons receiving or 4276 discharging from levy-funded services;
- f. a plan for the initial period of the levy prior to initiation of operations of the first crisis care center for
 the provision of mobile and site-based behavioral health activities that promote access to behavioral
- 4279 health services for persons experiencing or at risk of a behavioral health crisis;
- 4280 g. technical assistance and capacity building for organizations applying for or receiving levy funding,
- 4281 including a strategy or strategies to promote inclusive care at levy-funded facilities for racial, ethnic and4282 other demographic groups that experience disproportionate rates of behavioral health conditions in
- 4283 King County;
- 4284 h. capital facility siting support, communication and city partnership activities;
- 4285 i. levy administration activities and activities that monitor and promote coordination, more effective
- 4286 crisis response, and quality of care within and amongst crisis care centers, other behavioral health crisis
- 4287 response services in King County, and first responders; and
- 4288 j. performance measurement and evaluation activities;
- 4289 3. A financial plan to direct the use of the proceeds for regional behavioral health services and capital
- 4290 facilities that achieve the purposes and strategies described in subsection C.1. and 2. of this section,
- 4291 which must at a minimum include:
- 4292 a. the forecast of annual revenue for each year of the levy;
- 4293 b. an annual expenditure plan for each year of the levy that allocates forecasted levy proceeds among4294 the levy's strategies;
- 4295 c. a description of the sequence and timing of planned expenditures and activities to establish and
- 4296 operate the regional network of five crisis care centers required to satisfy the levy's paramount purpose;4297 and
- 4298 d. a description of how a portion of first-year levy proceeds will be allocated to make rapid initial
- 4299 progress towards fulfilling supporting purposes one and two;
- 4300 4. A description of how the executive will seek and incorporate when available federal, state,
- 4301 philanthropic and other moneys that are not proceeds of the levy to accelerate, enhance, compliment or4302 sustain accomplishment the levy's paramount purpose and supporting purposes one and two;
- 4303 5. A description of the executive's assumptions about the role of Medicaid funding in the financial plan
- 4304 and the executive's planned approach to billing eligible crisis care services to Medicaid or other sources4305 of potential payment such as private insurance;
- 4306 6. A description of the process by which King County and partner cities shall collaborate to support
- 4307 siting of new capital facilities that use proceeds from the levy for such facilities' construction or4308 acquisition;
- 4309 7. A summary of the process and key findings of the community and stakeholder engagement process4310 that informs the proposed implementation plan;
- 4311 8. A process to make substantial adjustments to the financial plan required in subsection C.3. of this
- 4312 section, which process shall require notice to the council and provide for the council the ability to stop
- 4313 any substantial adjustment that the council does not support;
- 4314 9. A description of the composition, duties of, and process to establish the advisory body for the
- 4315 levy. The advisory body may be a preexisting King County board or commission that has relevant

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4316 expertise or a new advisory body. The composition of the advisory body shall be demographically

4317 representative of the population of King County and shall include at least one resident of each King

4318 County crisis response zone, persons who have previously received crisis stabilization services, and

4319 persons with professional training and experience in the provision of behavioral health crisis care. The 4320 duties of the advisory body shall include advising the executive and council on matters pertaining to

duties of the advisory body shall include advising the executive and council on matters pertaining to
 implementation of the levy, annually visiting each existing crisis care center and reporting annually to

4322 the council and community, through online annual reports beginning in 2025, on the levy's progress

4323 over the previous year towards accomplishing the levy purposes described in section 4 of this ordinance
 4324 and on the levy's actual financial expenditures in the previous year relative to the financial plan required

4325 in subsection C.3. of this section that shall include, but not be limited to, the following:

4326 a. total expenditure of levy proceeds by crisis response zone, strategy, and levy purpose by ZIP Code in
 4327 King County; and

b. the number of individuals receiving levy-funded services by crisis response zone, strategy, and levy

4329 purpose by ZIP Code in King County of where the individuals reside at the time of service;

4330 10. A description of how the executive shall provide each online annual report described in subsection

4331 C.9. of this section to the clerk of the council, to all councilmembers and all members and alternate
 4332 members of the regional policy committee, or its successor, including confirmation that the executive

4333 shall electronically file a proposed motion that shall acknowledge receipt of the report; and

4334 11. A description of how the purpose of the crisis response zones described in this levy will promote 4335 geographic distribution of crisis care centers so that they are accessible for walk-in and drop-off crisis 4336 care throughout King County, but that the crisis care zones shall not be used to limit the ability of any

4337 person in King County to use any particular crisis care center.

4338 <u>SECTION 8.</u> Updating the definition of crisis care center. If new research, changing best practices,

updated federal or state regulations or other evidence-based factors cause this ordinance's definition of
 "crisis care center" to become infeasible, impracticable or inconsistent with the levy's paramount

4341 purpose, King County may, upon recommendation of the advisory body described in section 7.C.9. of

4342 this ordinance and with mandatory referral to the regional policy committee, update the definition of

4343 "crisis care center" through adoption of an ordinance to a definition substantially similar to what is4344 recommended by the advisory body.

4345 <u>SECTION 9.</u> **Exemption.** The additional regular property taxes authorized by this ordinance shall be 4346 included in any real property tax exemption authorized by RCW 84.36.381.

4347 <u>SECTION 10.</u> Ratification and confirmation. Certification of the proposition by the clerk of the county

4348 council to the director of elections in accordance with law before the special election on April 25, 2023,

4349 and any other act consistent with the authority and before the effective date of this ordinance are4350 hereby ratified and confirmed.

4351 <u>SECTION 11.</u> Severability. If any provision of this ordinance or its application

to any person or circumstance is held invalid, the remainder of the ordinance or the application of the

4353 provision to other persons or circumstances is not affected.

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4356 Appendix B: Crosswalk of Implementation Plan Requirements from King County Ordinance 4357 19572

4357 4358

Crosswalk of Implementation Plan Requirements from Ki	
King County Ordinance 19572 Requirements	Implementation Plan Section(s) See Section(s)
List and Descriptions of Purposes of the Levy	
1. A list and descriptions of the purposes of the levy, which must	Section IV. Crisis Care Centers
at least include and may not materially impede accomplishment of the paramount purpose and supporting purposes one and two	Levy Purposes
described in section 4 of this ordinance;	
List and Descriptions of Strategies and Allowable Activities	See Section(s)
 A list and descriptions of strategies and allowable activities to 	Section V. Crisis Care Centers
achieve the purposes described in subsection C.1. of this section,	Levy Strategies and Allowable
which strategies shall at least include:	Activities
	<u>Activities</u>
Crisis Care Centers	See Section(s)
a. planning, capital, operations and services investments for crisis	• <u>Section V.A. Strategy 1: Create</u>
care centers, which may include construction of new or	and Operate Five Crisis Care
acquisition, renovation, updating or expanding existing buildings in	<u>Centers</u>
whole or in part;	
Mental Health Residential	See Section(s)
 capital and maintenance investments for mental health 	 <u>Section V.B. Strategy 2: Restore</u>
residential treatment capacity;	Expand, and Sustain Residential
	Treatment Capacity
Behavioral Health Workforce	See Section(s)
c. investments to increase attraction to, retention in, and	<u>Section V.C. Strategy 3:</u>
sustainability of the behavioral health workforce;	Strengthen the Community
	Behavioral Health Workforce
Reserves	See Section(s)
d. establishment and maintenance of levy and capital reserves to	<u>Section V.H. Strategy 8: Crisis</u>
promote continuity of levy-funded activities and prioritization of	Care Centers Levy Reserves
the paramount purpose and then supporting purposes one and	
two in the event of fluctuations in levy revenue or strategy costs; Post-Crisis Stabilization/Discharge Resources incl Housing Stability	See Section(s)
 activities that promote post-crisis stabilization, including housing stability, for persons receiving or discharging from levy- 	<u>Section V.A. Strategy 1: Create</u> and Operate Five Crisis Care
funded services;	and Operate Five Crisis Care Centers
Plan for Initial Levy Period: Mobile and Site-Based BH Activities	See Section(s)
f. a plan for the initial period of the levy prior to initiation of	
	<u>Section V.D. Strategy 4: Early</u>
operations of the first crisis care center for the provision of mobile	Crisis System Investments

³⁸² King County Ordinance 19572 [LINK].

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behavioral health services for persons experiencing or at risk of a	
behavioral health crisis;	
Technical Assistance and Capacity-Building	See Section(s)
g. technical assistance and capacity building for organizations	Section V.E. Strategy 5: Capacity
applying for or receiving levy funding, including	Building and Technical
	<u>Assistance</u>
a strategy or strategies to promote inclusive care at levy-funded	<u>Section V.E. Strategy 5: Capacity</u>
facilities for racial, ethnic and other demographic groups that	Building and Technical
experience disproportionate rates of behavioral health conditions	Assistance
in King County;	
Capital Facility Siting Support, Communication, City Partnership	See Section(s)
h. capital facility siting support, communication and city	<u>Section V.E. Strategy 5: Capacity</u>
partnership activities;	Building and Technical
	Assistance
Administration, Coordination, and Quality	See Section(s)
i. levy administration activities and activities that monitor and	<u>Section V.G. Strategy 7: Crisis</u>
promote coordination, more effective crisis response, and quality	Care Centers Levy
of care within and amongst crisis care centers, other behavioral	Administration
health crisis response services in King County, and first responders,	
and	
Performance Measurement and Evaluation	See Section(s)
j. performance measurement and evaluation activities;	 <u>Section V.F. Strategy 6:</u>
	Evaluation and Performance
	Measurement Activities
Financial Plan: Revenue Forecast and Expenditures by Strategy	See Section(s)
3. A financial plan to direct the use of the proceeds for regional	<u>Section VI. Financial Plan</u>
behavioral health services and capital facilities that achieve the	
purposes and strategies described in subsection C.1. and 2. of this	
section, which must at a minimum include:	
	<u>Section VI. Financial Plan</u>
section, which must at a minimum include:	<u>Section VI. Financial Plan</u> <u>Section VI. Financial Plan</u>
section, which must at a minimum include: a. the forecast of annual revenue for each year of the levy;	
section, which must at a minimum include: a. the forecast of annual revenue for each year of the levy; b. an annual expenditure plan for each year of the levy that	<u>Section VI. Financial Plan</u>
section, which must at a minimum include: a. the forecast of annual revenue for each year of the levy; b. an annual expenditure plan for each year of the levy that allocates forecasted levy proceeds among the levy's strategies;	
section, which must at a minimum include: a. the forecast of annual revenue for each year of the levy; b. an annual expenditure plan for each year of the levy that allocates forecasted levy proceeds among the levy's strategies; Sequence and Timing of Planned Expenditures/Activities to	<u>Section VI. Financial Plan</u>
section, which must at a minimum include: a. the forecast of annual revenue for each year of the levy; b. an annual expenditure plan for each year of the levy that allocates forecasted levy proceeds among the levy's strategies; Sequence and Timing of Planned Expenditures/Activities to establish CCCs	<u>Section VI. Financial Plan</u> See Section(s)
section, which must at a minimum include: a. the forecast of annual revenue for each year of the levy; b. an annual expenditure plan for each year of the levy that allocates forecasted levy proceeds among the levy's strategies; Sequence and Timing of Planned Expenditures/Activities to establish CCCs c. a description of the sequence and timing of planned	Section VI. Financial Plan See Section(s) Section V.A. Strategy 1: Create
section, which must at a minimum include: a. the forecast of annual revenue for each year of the levy; b. an annual expenditure plan for each year of the levy that allocates forecasted levy proceeds among the levy's strategies; Sequence and Timing of Planned Expenditures/Activities to establish CCCs c. a description of the sequence and timing of planned expenditures and activities to establish and operate the regional network of five crisis care centers required to satisfy the levy's paramount purpose; and	Section VI. Financial Plan See Section(s) Section V.A. Strategy 1: Create and Operate Five Crisis Care
section, which must at a minimum include: a. the forecast of annual revenue for each year of the levy; b. an annual expenditure plan for each year of the levy that allocates forecasted levy proceeds among the levy's strategies; Sequence and Timing of Planned Expenditures/Activities to establish CCCs c. a description of the sequence and timing of planned expenditures and activities to establish and operate the regional network of five crisis care centers required to satisfy the levy's paramount purpose; and Description of Use of Portion of First-Year Revenue for Rapid	Section VI. Financial Plan See Section(s) Section V.A. Strategy 1: Create and Operate Five Crisis Care Centers
section, which must at a minimum include: a. the forecast of annual revenue for each year of the levy; b. an annual expenditure plan for each year of the levy that allocates forecasted levy proceeds among the levy's strategies; Sequence and Timing of Planned Expenditures/Activities to establish CCCs c. a description of the sequence and timing of planned expenditures and activities to establish and operate the regional network of five crisis care centers required to satisfy the levy's paramount purpose; and Description of Use of Portion of First-Year Revenue for Rapid Progress on MH Residential and Workforce	Section VI. Financial Plan See Section(s) Section V.A. Strategy 1: Create and Operate Five Crisis Care Centers See Section(s)
section, which must at a minimum include: a. the forecast of annual revenue for each year of the levy; b. an annual expenditure plan for each year of the levy that allocates forecasted levy proceeds among the levy's strategies; Sequence and Timing of Planned Expenditures/Activities to establish CCCs c. a description of the sequence and timing of planned expenditures and activities to establish and operate the regional network of five crisis care centers required to satisfy the levy's paramount purpose; and Description of Use of Portion of First-Year Revenue for Rapid Progress on MH Residential and Workforce d. a description of how a portion of first-year levy proceeds	Section VI. Financial Plan See Section(s) Section V.A. Strategy 1: Create and Operate Five Crisis Care Centers
section, which must at a minimum include: a. the forecast of annual revenue for each year of the levy; b. an annual expenditure plan for each year of the levy that allocates forecasted levy proceeds among the levy's strategies; Sequence and Timing of Planned Expenditures/Activities to establish CCCs c. a description of the sequence and timing of planned expenditures and activities to establish and operate the regional network of five crisis care centers required to satisfy the levy's paramount purpose; and Description of Use of Portion of First-Year Revenue for Rapid Progress on MH Residential and Workforce	Section VI. Financial Plan See Section(s) Section V.A. Strategy 1: Create and Operate Five Crisis Care Centers See Section(s)

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	•	Section V.C. Strategy 3:
		<u>Strengthen the Community</u>
		Behavioral Health Workforce
Plan to Seek Other Funds to Accelerate/Enhance Levy Purposes		See Section(s)
4. A description of how the executive will seek and incorporate	•	Section VI. Financial Plan
when available federal, state, philanthropic and other moneys that		
are not proceeds of the levy to accelerate, enhance, compliment		
or sustain accomplishment the levy's paramount purpose and		
supporting purposes one and two;		
Description of Medicaid and Private Insurance Assumptions		See Section(s)
5. A description of the executive's assumptions about the role of	•	Section VI. Financial Plan
Medicaid funding in the financial plan and the executive's planned		
approach to billing eligible crisis care services to Medicaid or other		
sources of potential payment such as private insurance;		
Description of Collaboration with Cities in Siting		See Section(s)
6. A description of the process by which King County and partner	•	Section V.A. Strategy 1: Create
cities shall collaborate to support siting of new capital facilities		and Operate Five Crisis Care
that use proceeds from the levy for such facilities' construction or		Centers
acquisition;	•	Section V.B. Strategy 2: Restore,
		Expand, and Sustain Residential
		Treatment Capacity
Community and Stakeholder Engagement Summary		See Section(s)
7. A summary of the process and key findings of the community	•	Section III. Background
and stakeholder engagement process that informs the proposed		
implementation plan;		
Process for Substantial Adjustments to Financial Plan		See Section(s)
8. A process to make substantial adjustments to the financial plan	•	Section VI. Financial Plan
required in subsection C.3. of this section, which process shall		
require notice to the council and provide for the council the ability		
to stop any substantial adjustment that the council does not		
support;		
Advisory Body (New or Preexisting)		See Section(s)
9. A description of the composition, duties of, and process to	•	Section IX. Crisis Care Centers
establish the advisory body for the levy		Levy Advisory Body
The advisory body may be a preexisting King County board or	•	Section IX. Crisis Care Centers
commission that has relevant expertise or a new advisory body.		Levy Advisory Body
Advisory Body Composition		See Section(s)
The composition of the advisory body shall be	•	Section IX. Crisis Care Centers
		Levy Advisory Body
demographically representative of the population of King County	•	Section IX. Crisis Care Centers
and shall include		Levy Advisory Body
at least one resident of each King County crisis response zone,	•	Section IX. Crisis Care Centers
at least one resident of each king county chisis response zone,		

	r	
persons who have previously received crisis stabilization	•	Section IX. Crisis Care Centers
services, and		<u>Levy Advisory Body</u>
persons with professional training and experience in the	•	Section IX. Crisis Care Centers
provision of behavioral health crisis care		Levy Advisory Body
Advisory Body Duties		See Section(s)
The duties of the advisory body shall include	•	Section IX. Crisis Care Centers
		Levy Advisory Body
advising the executive and council on matters pertaining to	•	Section IX. Crisis Care Centers
implementation of the levy,		Levy Advisory Body
annually visiting each existing crisis care center	•	Section IX. Crisis Care Centers
		Levy Advisory Body
Annual Reporting (framed as an advisory body role)		See Section(s)
and reporting annually to the council and community, through	•	Section VIII. Crisis Care Centers
online annual reports beginning in 2025, on		Levy Annual Reporting
the levy's progress over the previous year towards	•	Section VIII. Crisis Care Centers
accomplishing the levy purposes described in section 4 of this		Levy Annual Reporting
ordinance and		
on the levy's actual financial expenditures in the previous year	•	Section VIII. Crisis Care Centers
relative to the financial plan required in subsection C.3. of this		Levy Annual Reporting
section		
that shall include, but not be limited to, the following:	•	Section VIII. Crisis Care Centers
		Levy Annual Reporting
a. total expenditure of levy proceeds by crisis response zone,	•	Section VIII. Crisis Care Centers
strategy, and levy purpose by ZIP Code in King County; and		Levy Annual Reporting
b. the number of individuals receiving levy-funded services by	•	Section VIII. Crisis Care Centers
crisis response zone, strategy, and levy purpose by ZIP Code in King	r,	Levy Annual Reporting
County of where the individuals reside at the time of service;		
10. A description of how the executive shall provide each online	•	Section VIII. Crisis Care Centers
annual report described in subsection C.9. of this section to the		Levy Annual Reporting
clerk of the council, to all councilmembers and all members and		
alternate members of the regional policy committee, or its		
successor, including confirmation that the executive shall		
electronically file a proposed motion that shall acknowledge		
receipt of the report; and		
Geographic Distribution/Crisis Response Zone Description		See Section(s)
11. A description of how the purpose of the crisis response zones	•	Section V.A. Strategy 1: Create
described in this levy will promote geographic distribution of crisis		and Operate Five Crisis Care
care centers so that they are accessible for walk-in and drop-off		Centers
crisis care throughout King County, but that the crisis care zones		
shall not be used to limit the ability of any person in King County to)	
use any particular crisis care center.	L	
alternate members of the regional policy committee, or its successor, including confirmation that the executive shall electronically file a proposed motion that shall acknowledge receipt of the report; and Geographic Distribution/Crisis Response Zone Description 11. A description of how the purpose of the crisis response zones described in this levy will promote geographic distribution of crisis care centers so that they are accessible for walk-in and drop-off crisis care throughout King County, but that the crisis care zones shall not be used to limit the ability of any person in King County to	•	Section V.A. Strategy 1: Create and Operate Five Crisis Care

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4361 Appendix C: King County Local Jurisdiction Request for Information (RFI)

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The purpose of this RFI was to solicit information from jurisdictions located within King County to help inform this Plan and future CCC siting and procurement processes. The RFI was open from September 4365 29, 2023, to October 27, 2023 and was extended to November 15, 2023.

4366 CRISIS CARE CENTERS INITIATIVE REQUEST FOR INFORMATION (RFI) 4367

4368 for 4369

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KING COUNTY LOCAL JURISDICTIONS

Release Date	Friday, September 29, 2023
Information Session	Thursday, October 12, 2023 3:00 – 4:30pm Pacific Time Please register at this link
Due Date	Friday, October 27, 2023
Purpose	The purpose of this RFI is to solicit information from Jurisdictions located within King County to help inform the Crisis Care Centers Initiative's Implementation Plan and future Crisis Care Center siting and Procurement processes. This RFI is optional for Jurisdictions to respond to and is for informational purposes only. Responses will not be a commitment to action. The decision to respond or not respond to this RFI will not give Jurisdictions preferential nor disadvantageous treatment during any future Crisis Care Center site selection or siting processes.
Who Should Respond	Jurisdictions physically located within King County, including cities, tribes, and other jurisdictional entities with siting authority.
How to Respond	Responses are hereby solicited and will be received via survey no later than 11:59 p.m. Pacific Time on the due date noted above. Please submit your response at the following survey link: <u>https://forms.office.com/g/vmeUMAhMZd</u>
RFI Lead	Joanna Armstrong DCHScontracts@kingcounty.gov

4371 4372 PLEASE NOTE:

This RFI is informational only and will help inform the Crisis Care Centers Initiative planning, 4373 including future Crisis Care Center siting processes and Procurement processes to select 4374 4375 organizations to develop and operate Crisis Care Centers. Responses will not be a commitment to action. The decision to respond or not respond to this RFI will not give Jurisdictions 4376

4377 preferential nor disadvantageous treatment during any future Crisis Care Center site selection 4378 or siting processes. 4379

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RFI Overview

4382 A PURPOSE 4383 The purpose of this RFI is to solicit information from Jurisdictions located within King County 4384 to help inform the Crisis Care Centers Initiative's Implementation Plan and future Crisis Care Center siting and Procurement processes. This RFI is optional for Jurisdictions to respond to 4385 and is for informational purposes only. Responses will not be a commitment to action. The 4386 4387 decision to respond or not respond to this RFI will not give Jurisdictions preferential nor 4388 disadvantageous treatment during any future Crisis Care Center site selection or siting 4389 processes.

B. BACKGROUND

4391King County voters approved a nine-year property tax Crisis Care Centers Levy in April43922023 to fund the Crisis Care Centers Initiative (Initiative) from 2024 to 2032. The Initiative4393will create a countywide network of five Crisis Care Centers, restore and expand mental4394health residential treatment beds in the region, and invest in the recruitment and retention of4395the community behavioral health workforce.

Crisis Care Centers are a type of behavioral health facility that will have three core
components: a 24/7 Behavioral Health Urgent Care Clinic, a 23-hour Crisis Observation
Unit, and a Crisis Stabilization Unit. Crisis Care Centers will use a "no-wrong door approach"
and will endeavor to accept, at least for initial screening and triage, any person who seeks
behavioral health crisis care. Crisis Care Centers will also be expected to provide a PostCrisis Follow-Up Program to promote post-crisis stabilization for people who receive
services at Crisis Care Centers.

4405 The site requirements for Crisis Care Centers are still being developed and are subject to 4406 change. Requirements will likely include:

- 1. The capacity to accommodate approximately 30,000 50,000 square feet of clinical space within one or multiple adjacent buildings;
- Zoning that allows for the construction and ongoing operations of a Crisis Care Center;
- Proximity to arterials, public transportation, and other transportation infrastructure to ensure ease of access for community members seeking care and their families, mobile crisis teams, first responders, and other community partners.

4414Components of a Crisis Care Center may incorporate pre-existing facilities that are4415compatible with the model's required clinical components. Crisis Care Centers may be4416located in a single facility or more than one facility as long as they are geographically4417adjacent or have transportation provided between them so that people seeking services can4418easily move between facilities. Additional program components may be co-located with4419Crisis Care Centers. Each Crisis Care Center may be operated by a single provider or by4420multiple providers that work together to meet all required clinical components.4421The Origin Care Center aritig percent will be informed by a single provement for

The Crisis Care Center siting process will be informed by responses to this Request for
Information, as well as additional community partner feedback, and will be defined in the
Crisis Care Centers Initiative Implementation Plan as adopted by King County Council.
Crisis Response Zones, described and depicted below, will determine the geographic
distribution of Crisis Care Centers across King County.

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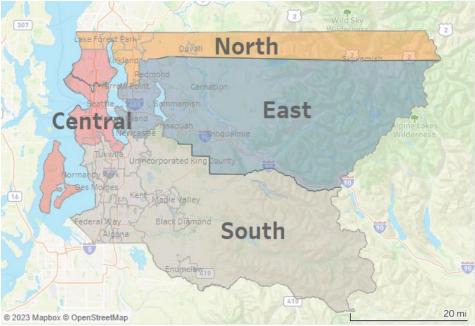
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King County Ordinance 19572 created four geographic Crisis Response Zones in King 4428 4429 County (see Figure 1). Each of the four Crisis Response Zones will contain at least one 4430 Crisis Care Center and at least one of the five Crisis Care Centers will specialize in serving 4431 youth.



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4433 4434 Figure 1: Map of Crisis Response Zones

4435 King County intends to release one or more Procurements in 2024 to begin to select 4436 4437 organizations to develop and operate Crisis Care Centers. Local Jurisdictions will be key 4438 partners in siting Crisis Care Centers within the designated Crisis Response Zones. King County is seeking information from Jurisdictions through this RFI to help inform the Crisis 4439 Care Centers Initiative's Implementation Plan and the future planning of Crisis Care Center 4440 siting processes and Procurement processes. 4441

WHO SHOULD RESPOND

4442 All Jurisdictions located within King County are invited to respond to this RFI. Elected 4443

- mayors or similar elected leadership, city managers, or their designee may submit a 4444
- 4445 response on behalf of the Jurisdiction that they represent.

HOW TO RESPOND D.

4447 Jurisdictions can respond to this RFI by submitting responses to the questions listed below 4448 through an online survey located at the following link:

- https://forms.office.com/g/vmeUMAhMZd. 4449
- 4450 Responses will be accepted between Friday, September 29 and Friday, October 27 at
- 11:59pm Pacific Time. King County's Department of Community and Human Services will 4451 4452 hold an RFI information session for local government officials and staff on Thursday,

October 12, 3:00 – 4:30pm via Zoom; please register at this link. This is an optional meeting,
 and its purpose is to provide background about the Crisis Care Centers Initiative and answer
 guestions about the RFI.

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Glossary

"23-Hour Crisis Observation Unit" means a behavioral health facility where people 4458 4459 experiencing an acute mental health and/or substance use crisis can receive psychiatric 4460 services for up to twenty-three hours and fifty-nine minutes. 23-Hour Crisis Observation Units 4461 serve people triaged as having higher clinical acuity as well as people dropped off by first responders such as mobile crisis, emergency medical services, and law enforcement. 4462 "24/7" means open twenty-four hours per day, seven days per week. 4463 "Behavioral Health Agency" means an organization licensed by the Washington State 4464 Department of Health to provide behavioral health services under Chapter 246-341 Washington 4465 4466 Administrative Code. "Behavioral Health Urgent Care Clinic" means a behavioral health clinic that is open twenty-4467 4468 four hours per day, seven days per week (24/7) and can triage and assess people who walk-in 4469 seeking mental health and/or substance use services. 4470 "Crisis Care Center" means a behavioral health facility defined in King County Ordinance 4471 19572 as "a single facility or a group of facilities that provide same-day access to multiple types 4472 of behavioral health crisis stabilization services, which may include, but are not limited to, those 4473 described in RCW 71.24.025(20), as amended. A Crisis Care Center shall endeavor to accept at least for initial screening and triage any person who seeks behavioral health crisis care. 4474 4475 Among the types of behavioral health crisis stabilization services that a Crisis Care Center shall 4476 provide are a Behavioral Health Urgent Care clinic that offers walk-in and drop-off client screening and triage 24/7; access to onsite assessment by a designated crisis responder; a 23-4477 4478 Hour Crisis Observation Unit or similar facility and service that allows for short-term, onsite 4479 stabilization of a person experiencing a behavioral health crisis; and a Crisis Stabilization Unit 4480 that provides short-term, onsite behavioral health treatment for up to fourteen days or a similar 4481 short-term behavioral health treatment facility and service. A Crisis Care Center shall be staffed 4482 by a multidisciplinary team that includes peer counselors. A Crisis Care Center may incorporate 4483 pre-existing facilities that provide crisis stabilization services so long as their services and operations are compatible with this definition. Where a Crisis Care Center is composed of more 4484 than one facility, those facilities shall either be geographically adjacent or shall have 4485 4486 transportation provided between them to allow persons using or seeking service to conveniently 4487 move between facilities." 4488 "Crisis Care Centers Initiative" means the purposes defined in King County Ordinance 19572, 4489 which include creating a countywide network of five Crisis Care Centers, restoring and 4490 expanding mental health residential treatment beds in the region, and growing the community 4491 behavioral health workforce. "Crisis Care Centers Levy" means the nine-year property tax levy described in King County 4492 4493 Ordinance 19572 that was approved by King County voters in April 2023 and will raise revenue 4494 between 2024 and 2032 to fund the Crisis Care Centers Initiative. 4495 "Crisis Response Zone" means a geographic subregion of King County defined in King County 4496 Ordinance 19572 where at least one Crisis Care Center will be located. The four Crisis 4497 Response Zones are depicted in Figure 1 and defined in King County Ordinance 19572 as 4498 follows:

4499 1. "North King County Crisis Response Zone, which is the portion of King County
 4500 within the boundaries of the cities of Bothell, Duvall, Kenmore, Kirkland, Lake Forest
 4501 Park, Shoreline, Skykomish and Woodinville, plus the unincorporated areas within King

4502 County council district three as it is drawn on the effective date of this ordinance that are 4503 north or northeast of the city of Redmond;

4504 2. Central King County Crisis Response Zone, which is the portion of King County 4505 within the boundaries of the city of Seattle, plus all unincorporated areas within King County council districts two and eight as they are drawn on the effective date of this 4506 4507 ordinance:

- 4508 3. South King County Crisis Response Zone, which is the portion of King County 4509 within the boundaries of the cities of Algona, Auburn, Black Diamond, Burien, Covington, 4510 Des Moines, Enumclaw, Federal Way, Kent, Maple Valley, Milton, Normandy Park, Pacific, Renton, SeaTac and Tukwila, plus all unincorporated areas within King County 4511 council districts five, seven and nine as they are drawn on the effective date of this 4512 4513 ordinance: and
- 4. East King County Crisis Response Zone, which is the portion of King County 4514 within the boundaries of the cities of Beaux Arts, Bellevue, Carnation, Clyde Hill, Hunts 4515
- 4516 Point, Issaquah, Medina, Mercer Island, Newcastle, North Bend, Redmond, 4517 Sammamish, Snogualmie and Yarrow Point, plus the unincorporated areas within King
- County council district three as it is drawn on the effective date of this ordinance that are 4518 east or southeast of the city of Redmond, plus all unincorporated areas within King 4519 4520 County council district six as it is drawn on the effective date of this ordinance.'
- "Crisis Stabilization Unit" means a behavioral health facility where people recovering from an 4521 acute mental health and/or substance use crisis can receive continued behavioral health 4522 4523 stabilization services for up to 14 days.
- "Implementation Plan" means a plan required by King County Ordinance 19572 that will direct 4524 Crisis Care Centers Levy expenditures from 2024 through 2032. 4525
- 4526 "Jurisdictions" means cities, tribes and other jurisdictional entities with siting authority that are physically located within King County. 4527
- 4528 "King County Ordinance 19572" means the ballot measure ordinance that was enacted by
- 4529 King County Council on February 9, 2023 and passed by King County voters on April 25, 2023
- 4530 to create the Crisis Care Centers Levy.
- 4531 "Post-Crisis Follow-Up Program" means short-term case management and peer engagement 4532 services to connect people to care after they leave a Crisis Care Center.
- 4533 "Procurement" means a future solicitation to determine who will be contracted to develop, own, 4534 and operate Crisis Care Centers.
- 4535 "RFI" means this Request for Information plus all written amendments, addenda, or
- attachments hereto, and all terms and conditions incorporated herein. 4536
- 4537 4538

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pcoming Procurement Description

UPCOMING PROCUREMENT FUNDING AMOUNT AND OBJECTIVES A

4540 King County intends to release one or more Procurements beginning in 2024. Funding will 4541 include resources to construct and operate Crisis Care Centers, and the funding amount 4542 that will be available is not yet determined. The siting of Crisis Care Centers will be 4543 coordinated in partnership with local Jurisdictions and King County. 4544 B. ANTICIPATED TIMELINE 4545 One or more rounds of Procurement processes will be released in 2024. The timeline will

be determined in 2024 after the King County Council passes the Crisis Care Centers 4546 4547 Initiative Implementation Plan. 4548

PROGRAM DESCRIPTION C.

Crisis Care Centers Levy Implementation Plan 2024-2032 Page | 170

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4549 Crisis Care Centers are behavioral health facilities defined by King County Ordinance 4550 19572 that will provide same-day access to mental health and substance use crisis 4551

- services. Crisis Care Centers will have three programmatic components:
 - 24/7 Behavioral Health Urgent Care Clinic; 2. 23-Hour Crisis Observation Unit; and

 - 3. Crisis Stabilization Unit.

Crisis Care Centers will also be expected to provide a Post-Crisis Follow-Up Program to promote post-crisis stabilization for people who receive services at Crisis Care Centers. Crisis Care Centers will strive for a "no-wrong door" approach and will endeavor to accept, at least for initial screen and triage, any person who seeks behavioral health crisis care. Crisis Care Centers will strive to create and foster a safe and welcoming environment that provides care that is trauma-informed, recovery-oriented, personcentered, integrated, and supports people in the least restrictive environment possible.

Questions

QUESTIONS

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Please submit responses to each of the following questions (* indicates response is required; respondents are not required to answer all questions to submit a response).

- Contact Information 1. *Name of Jurisdiction responding to RFI. 2. *Name of person submitting response. 3. *Title of person submitting response. 4. *Email address of person submitting response. 5. *Phone number of person submitting response. 6. What other points of contact from your Jurisdiction should receive communication about this RFI and the Crisis Care Centers Initiative? Please share their name, title, and contact information. **Crisis Care Center Information** What communities or populations in your Jurisdiction have historically been, or are at greatest risk of being, underserved in their behavioral health needs? 8. Is your Jurisdiction interested in siting an adult or youth Crisis Care Center, or both? Why or why not? How would siting a Crisis Care Center in or adjacent to your Jurisdiction benefit your Jurisdiction and region of King County? 10. What additional information would you need from the County to help determine if your Jurisdiction is interested in siting a Crisis Care Center? 11. What are important attributes of a Crisis Care Center and its location from your Jurisdiction's perspective?
 - 12. What are potential geographic features, transportation infrastructure, or other factors in your Jurisdiction that may impact access to a Crisis Care Center?
 - 13. What obstacles would deter your Jurisdiction from siting a Crisis Care Center?
- Crisis Care Centers Levy Implementation Plan 2024-2032 Page | 171

4595	14. Does your Jurisdiction have any facilities that are like a Crisis Care Center? If
4596	yes, do you have recommendations of siting best practices based on your
4597	experience with existing facilities?
4598	15. What ideas do you have for how Jurisdictions and the County can work
4599	together to site Crisis Care Centers?
4600	16. If your Jurisdiction decided to site a Crisis Care Center, what type of capital
4601	facility siting support, communication, and Jurisdiction partnership activities
4602	would be helpful?
4603	17. Do you have one or more potential site(s) that may be suitable for a Crisis
4604	Care Center site(s) identified in your Jurisdiction? If yes, please share the
4605	location and a brief description. Alternatively, would you be interested in
4606	scheduling a meeting with the County to discuss possible locations?
4607	18. Does your Jurisdiction own one or more parcels of land or properties that
4608	could be rehabilitated to become a Crisis Care Center that your Jurisdiction
4609	would be willing to donate? If yes, please briefly describe the property.
4610	Alternatively, would you be interested in scheduling a meeting with the
4611	County to discuss possible properties?
4612	19. Does your Jurisdiction have any capital or operating resources it would be
4613	willing to contribute to a Crisis Care Center property or facility? If yes, please
4614	briefly describe the resource. Alternatively, would you be interested in
4615	scheduling a meeting with the County to discuss possible resources?
4616	20. Does your Jurisdiction have feedback regarding the types of entities that
4617	should be eligible to apply to the eventual Crisis Care Center
4618	Procurement(s)? Examples of entities could include Behavioral Health
4619	Agencies (Agencies), Agencies with letters of support from host Jurisdictions,
4620	formal partnerships between Jurisdictions and Agencies, or a Jurisdiction by
4621	itself?
4622	21. How would your Jurisdiction like to be engaged in the Crisis Care Center
4623	Initiative planning and future siting process?
4624	22. Do you have recommendations for how community members should be
4625	engaged during Crisis Care Center siting processes?
4626	23. Do you have any additional feedback about Crisis Care Center siting?
4627	
4628	B. <u>DOCUMENT REQUESTS</u>
4629	Please respond to the following request for documentation, if applicable.
4630	04 Disease attack additional decompositation describing naturali 101110
4631	24. Please attach additional documentation describing potential Crisis Care

24. Please attach additional documentation describing potential Crisis Care Center sites or properties that your Jurisdiction has identified (i.e., photos, maps, real estate documentation, etc.).

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4635 Appendix D: Coordination with State and County Partners

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	State and County Partner Meetings June 2023 – November 2023		
	Partners Internal to King County		
De	epartment of Adult and Juvenile Detention		
Department of Natural Resources and Parks			
Facilities Management Division			
M	etro		
Prosecuting Attorney's Office			
Pu	ıblic Health – Seattle & King County		
Sh	eriff's Office		
	Washington State Partners and Meeting Topics		
He	ealth Care Authority		
	 Billing and sustainability of crisis services 		
	 Reimbursement for ambulance transport to alternate destinations 		
	 Pharmacy regulations and reimbursement 		
	 Peer specialist programs 		
	 Data sharing related to implementation of 988 and 2SHB 1477 		
	 Regulations regarding Institutes for Mental Disease 		
De	epartment of Health		
	 23-hour Crisis Relief Centers (direct meetings and participation in 2SSB 5120 public rulemaking process) 		
	 988 implementation 		
	 Regulations on ambulance transport to alternate destinations 		
	 Pilots to embed behavioral health counselors in public safety answering points to divert 		
	911 calls from law enforcement response		
De	epartment of Social and Human Services		
	 Department of Children, Youth, and Families 		
	 Developmental Disabilities Administration (DDA) 		

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4640 Appendix E: Site and Field Visits

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4642 The following site and field visits were conducted between June 2023 and October 2023 and helped

4643 inform this Plan.4644

Site and Field Visits		
June 2023 – October 2023		
Behavioral Health Crisis Facilities		
Children's Emergency Screening Unit, San Diego, CA		
Crisis Solutions Center, DESC, Seattle, WA		
Connections Health Solutions, Phoenix, AZ		
Connections Health Solutions, Tucson, AZ (virtual site visit)		
Connections Health Solutions, Kirkland, WA*		
Oceanside Crisis Stabilization Unit, San Diego, CARI International, Federal Way, WA*		
RI International, Parkland, WA		
Spokane Regional Stabilization Center, Spokane, WA		
Sea Mar, White Center, WA*		
Mental Health Residential Facilities		
Cascade Hall, Community House, Seattle, WA		
Try House, Transitional Resources, Seattle, WA		
Stillwater, Sound, Redmond, WA		
Keystone, Sound, Seattle, WA		
Firwood, Community House, Seattle, WA		
Spring Manor, Community House, Seattle, WA		
Hilltop, Community House, Seattle, WA		
Other Health Care Providers		
Children's Hospital, Seattle, WA		
Crisis Connections, Seattle, WA		
Field Visits		
Designated Crisis Responder Ride Along, King County, WA		
* Facilities under construction or not yet operational		

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4647 Appendix F: Community Engagement Activities

	Community Engagement Activities
	June 2023 – November 2023
	Monthly CCC Levy Community Engagement Meetings
,	Community Partner Evening Recap Meeting (1 meeting)
	Community Partners Update Meeting (5 meetings)
	Crisis System Integration Partners Meeting (3 meetings)
	Substance Use Disorder Partners Meeting (3 meetings)
	Youth Partners Meeting (5 meetings)
	Presentations at Community Meetings
	CCORS Operations Meeting (2 meetings)
	CCORS Young Adult Monthly Providers Meeting
	CIT King County Coordinators Committee Meeting (2 meetings)
	CRIS Committee
	Cross Division Overdose Prevention Workgroup
	External Partners Group
	Just Access to Health Meeting
	King County Behavioral Health Administrative Services Organization Inpatient Providers Quarterly
	Meeting
	King County Behavioral Health Advisory Board (2 meetings)
	King County Diversion and Reentry Services Managers Meeting
	King County Hospital and Inpatient Psychiatric Leadership Meeting
	King County Integrated Care Network, Network Provider Group (4 meetings)
	King County Integrated Care Network, Clinical Operations Committee
	King County Integrated Care Network, Joint Operations Committee
	King County Outpatient Medical Leadership Team Meeting
	King County Peer Network Meeting (4 meetings)
	King County Youth Behavioral Health Learning Collaborative Meeting (2 meetings)
	King County Behavioral Health and Recovery Division Clinical Provider Meeting
	King County Behavioral Health and Recovery Division, Washington State Department of Youth and
	Family Services, and Coordinated Care Monthly Field Operations Meeting
	King County Medications for Opioid Use Disorder (MOUD) Provider Meeting
	King County Youth Service Providers Coalition (2 meetings)
	Hospital and Mental Health Residential Provider Quarterly Meeting
	MIDD Advisory Committee Meeting
	Overdose Recovery and Care Access (ORCA) Center Planning Meetings (3 meetings)
	Patient Placement Task Force (2 meetings)
	Pediatrics Crisis Care Provider Meeting
	Seattle/King County Coalition on Homelessness Member Meeting
	Key Informant Interviews and Individual Engagement Meetings
	American Medical Response
	Asian Counseling and Referral Services
	Behavioral Health Institute, Harborview Medical Center
	Challenge Seattle

• (Children's Hospital	(2 meetings)
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- Crisis Connections (3 meetings)
- Consejo Counseling
- Connections Health Solutions (4 meetings)
- DESC (2 meetings)
- Genoa Pharmacy
- Fairfax (2 meetings)
- Harborview Medical Center Addiction Medicine Program
- Health One and Mobile Integrated Health Program, Seattle Fire Department
- HealthierHere
- Hopelink Transportation
- International Community Health Services
- Islamic Trauma Health Program
- Kelley-Ross Pharmacy (2 meetings)
- MIDD Community Partnership Focus Group Follow-Up Meeting
- Muckleshoot Health
- North Star Advocates
- Pacific Hospital Public Development Association
- Individual People with Lived Experience of Crisis Services (7 meetings)
- Individual People with Professional Experience Delivering Crisis Services (2 meetings)
- Peer Washington
- Psychiatric Emergency Services, VA Puget Sound Health Care System
- RI International
- Ryther (2 meetings)
- Sea Mar (2 meetings)
- Seattle Fire Department and Public Health Seattle & King County Emergency Medical Services
- Seattle Indian Health Board
- Seattle/King County Coalition on Homelessness
- Seattle Police Department
- SEIU 1199 (5 meetings)
- School of Nursing, University of Washington
- Somali Health Board (2 meetings)
- Sound
- Sound Alliance
- Tubman Center for Health and Freedom
- Valley Cities
- Vietnamese Health Board
- Vocal-WA
- Washington State Pharmacy Association
- YMCA (3 meetings)
- Youth Eastside Services
- YouthCare and Kaiser

Focus Groups and Listening Sessions

- Aging and Older Adults Focus Group
- Behavioral Health Worker Focus Group

Housing and Homelessness Focus Group	
•	MIDD Community Partnership Focus Group
٠	Mockingbird Society YAEH Chapter and New Members Chapter Listening Session
٠	Peer Counselors Focus Group
٠	Sound Alliance, United Tribes of All Indians, and FEEST Youth Partner Listening Session
٠	Sound Alliance and United Indians of All Tribes Youth Services Listening Session
٠	Veterans and Active Military Personnel Focus Group
	King County Council and Local Jurisdiction Meetings
٠	City Mayor, Councilmember, and Staff Meetings (16 meetings)
٠	Countywide Sub-Regional Human Service Convening
٠	Councilmember Perry District Three First Responder Roundtable
٠	Councilmember Perry District Three Mayors Roundtable
٠	Councilmember Zahilay Community Mental Health Meeting (4 meetings)
٠	King County Councilmember and Council Staff Meetings (10 meetings)
٠	Snoqualmie Valley Government Association Quarterly Meeting
•	Sound Cities Association (2 meetings)
	CCC Levy Request for Information (RFI) Public Information Sessions
٠	King County Local Jurisdictions RFI Information Session

Behavioral Health Organizations and Other Potential Partners RFI Information Session

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4651 Appendix G: Clinical Best Practices in Behavioral Health Crisis Services

	Clinical Best Practices in Behavioral Health Crisis Services			
Best Practice	Description			
Trauma-	Trauma-informed programs and services acknowledge the widespread impact of			
Informed	trauma and understand potential paths for recovery; recognize the signs and			
	symptoms of trauma in clients, families, staff, and others involved with the system,			
	and respond by fully integrating knowledge about trauma into policies, procedures,			
	and practices, while seeking to actively resist re-traumatization. ³⁸³			
Recovery-	Recovery-oriented care addresses reduction of symptoms related to mental health			
Oriented	and substance use disorders and supports someone to have a life in the community			
	that meets their recovery goals. ³⁸⁴			
Person-	Person-centered care means people have control over their services, including the			
Centered	amount, duration, and scope of services, as well as choice of providers. Person-			
	centered care is respectful and responsive to cultural, linguistic, and other social and			
	environmental needs. Family-centered care recognizes the important role of family			
	members and caregivers in the design and implementation of services. ³⁸⁵			
Culturally and	Culturally and linguistically appropriate services (CLAS) are a way to improve the			
Linguistically	quality of services provided to all individuals, which will ultimately help reduce			
Appropriate	health disparities and promote health equity. ³⁸⁶ CLAS are about respect and			
	responsiveness: respect the whole individual and respond to the individual's health needs and preferences. By tailoring services to an individual's culture and language			
	preferences, including with use of interpretation and translation services, health			
	professionals can help support positive health outcomes for diverse populations.			
Integrated	Integrated care is when mental health and substance use treatment is closely			
Care	coordinated with physical and primary care. ³⁸⁷ While crisis care centers will primarily			
cure	serve behavioral health needs, they should also be able to provide care for most			
	minor physical or basic health needs that can be addressed without need for medical			
	diagnosis or health care prescriber orders, with an identified pathway to transfer the			
	person to more medically appropriate services if needed. ³⁸⁸			

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³⁸³ Substance Abuse and Mental Health Services Administration. SAMHSA's Concept of Trauma and Guidance for a Trauma-Informed Approach. HHS Publication No. (SMA) 14-4884. Rockville, MD: Substance Abuse and Mental Health Services Administration, 2014. [LINK]

³⁸⁴ Davidson L, Rowe M, DiLeo P, Bellamy C, Delphin-Rittmon M. Recovery-Oriented Systems of Care: A Perspective on the Past, Present, and Future. Alcohol Res. 2021 Jul 22;41(1):09. doi: 10.35946/arcr.v41.1.09. [LINK]

³⁸⁵ Substance Abuse and Mental Health Services Administration (SAMHSA) Person- and Family-centered Care and Peer Support [LINK]

³⁸⁶ National Culturally and Linguistically Appropriate Services (CLAS) Standards. Think Cultural Health, U.S. Department of Health & Human Services [LINK].

³⁸⁷ National Council for Mental Wellbeing, The Comprehensive Healthcare Integration (CHI) Framework, April 22, 2022. [<u>LINK</u>]

³⁸⁸ Expectations for integrated medical care in a behavioral health crisis care setting are described here similar to state requirements for 23-hour Crisis Relief Centers as defined in RCW 71.24.916 - 23-hour crisis relief centers-Licensing and certification—Rules—Standards. [LINK]

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Least	Least restrictive care refers to care provided in settings that least interfere with a
Restrictive	person's civil rights and freedom to participate in society. The practice of care in
Setting	least restrictive settings supports the key values of self-determination in behavioral
	health care: that people should be able to disagree with clinician recommendations
	for care; that people should be informed participants in defining their care plan, and
	that state laws and agency policies are applied only as a last resort for people who
	are unable to act in their own self-interests. ³⁸⁹

4653 4654

³⁸⁹ Detoxification and Substance Abuse Treatment. Rockville (MD): Substance Abuse and Mental Health Services Administration (US); 2006. (Treatment Improvement Protocol (TIP) Series, No. 45.) 2 Settings, Levels of Care, and Patient Placement. [LINK]

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4655 4656 4657	Appendix H: BHRD Capital Improvement Funding for Behavioral Health Facilities Request for Information (RFI)	
4658	The purpose of this RFI was to solicit information from contracted behavioral health provider	
4659	organizations about necessary capital improvements, repairs, and innovations in behavioral health	
4660	facilities located in County. Information provided through this RFI may be fused to inform a potential	
4661	Request for Proposal and be used to improve access to and availability of behavioral health services by	
4662	assisting with costs associated with building repairs, renovations, or expansion of existing behavioral	
4663	health provider facilities. This RFI was open from June 23, 2023, to July 17, 2023.	
4664	······································	
4665	Department of Community and Human Services	
4666	Behavioral Health and Recovery Division	
4667	401 Fifth Avenue, Suite 400	
4668	Seattle, WA 98104	
4669		
4670	REQUEST FOR INFORMATION (RFI)	
4671	BHRD Capital Improvement Funding for Behavioral Health Facilities	
4672	RFI Release Date: June 23, 2023	
4673	Questions Due: July 07, 2023	
4674	Due Date: July 17, 2023	
4675	RFI Lead: Brandon Paz, branpaz@kingcounty.gov	
4676		
4677	Purpose of RFI	
4678	This Request for Information (RFI) is seeking input from contracted behavioral health provider	
4679	organizations to inform a potential Request for Proposal (RFP) that may be released in late 2023. The	
4680	King County Department of Community and Human Services (DCHS) Behavioral Health and Recovery	
4681		
4682		
4683	be used to improve access to and availability of behavioral health services by assisting with costs	
4684	associated with building repairs, renovations or expansion of existing behavioral health provider	
4685	facilities.	
4686		
4687	DCHS is releasing this RFI to understand the level of need agencies have for capital projects and	
4688	expected costs. Please note that no funding will be released as a result of this RFI . Submitting a	
4689	response to this RFI does not constitute a commitment to a project in any subsequent RFPs. This RFI is	
4690	for informational purposes only, to inform potential investments by the County in late 2023.	
4691		
4692	Who should respond?	
4693	The following entities are encouraged to respond:	
4694	Debey jevel bealth provider exercisetions that are contracted with the Virg County Debey jevel	
4695	Behavioral health provider organizations that are contracted with the King County Behavioral	
4696	Health and Recovery Division, including but not limited to King County Integrated Care Network	
4697	providers, King County Behavioral Health Administrative Service Organization (KCICN-BH-ASO)	
4698	providers, and providers contracted through the MIDD program.	

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4699 4700 4701	 Nonprofit organizations, community-based organizations, tribe/tribal organizations interested in capital improvements, including renovations and repairs to an existing facility used for behavioral health programming/treatment. 		
4702	Background		
4703	There is a need for capital improvements for many behavioral health provider facilities in King County.		
4704	Capital improvements are necessary to increase or maintain access to effective behavioral health		
4705	treatment. BHRD is considering an investment through a future procurement, to provide funding for		
4706	small-medium scale capital improvement projects that can increase the health and safety and/or		
4707	functional space of a facility, so providers can increase or maintain capacity to effectively provide quality		
4708	behavioral health services. Capital improvement projects may include: building repairs, renovations, or		
4709	expansions of existing locations to improve access to high quality programs and services.		
4710			
4711	Request for Information		
4712	BHRD is requesting information related to behavioral health capital improvement projects. Information		
4713	collected from RFI responses may inform the development of a RFP, including allowable costs and		
4714	funding thresholds. Funded projects will be limited to existing facilities. New construction will not be		
4715	eligible.		
4716			
4717	How to Respond		
4718	Please submit a response that clearly addresses the questions below by 2:00 PM Pacific Time on		
4719	Monday, July 17, 2023, to Brandon Paz at branpaz@kingcounty.gov. If you have any questions regarding		
4720 4721	your submission, please contact Brandon Paz at branpaz@kingcounty.gov.		
4721	Questions		
4722	<u>Questions</u> The following questions are for information only and will not be scored. Completing this RFI		
4723	does not constitute a commitment to funding your project in any subsequent RFP.		
4724	does not constitute a commitment to funding your project in any subsequent film.		
4726	1. Please provide the below information about your organization:		
4727	a. Organization Name		
4728	b. Address		
4729	c. Point of Contact Name		
4730	d. Title		
4731	e. Phone		
4732	f. Email		
4733	2. If your organization has a mission statement, please state it here.		
4734	3. Approximately how many clients annually does your organization provide services to?		
4735	4. Please briefly list the behavioral health services and/or programs that your organization offers to		
4736	King County residents.		
4737	5. Why are you interested in applying for the anticipated Capital Improvement Funding for Behavioral		
4738	Health Facilities RFP? Please explain in a short narrative, including describing the project and the		
4739	need the project will address.		
4740	6. Please indicate the type of project you would be most likely to request funding for		
4741	 Renovation of an existing property to maintain or increase access to behavioral health 		
4742	treatment services		

4743	• Renovation and repairs of an existing property to address critical health and safety issues, or
4744	improve treatment environment
4745	 Facility improvements, including new paint and furniture to improve the treatment
4746	environment to promote healing
4747	 Expansion of an existing facility to increase availability of treatment services, or allow more
4748	clients to be served
4749	7. If you currently own or lease the project site, please provide the address. If not, please provide the
4750	zip code or general location of the proposed site and whether you plan to own or lease it.
4751	8. Please share the following information regarding the project's funding needs:
4752	a. What is the estimated total cost of your project?
4753	b. Do you have funding secured from other sources?
4754	c. Are you anticipating applying for other funding sources?
4755	d. How much funding do you anticipate requesting from a potential 2023 capital program
4756	RFP?
4757	e. What is the anticipated timeline for completion of the project?
4758	
4759	RFI Terms and Conditions
4760 4761	A. Revisions to the RFI
4761 4762	If DCHS determines in its sole discretion that it is necessary to revise any part of this RFI, an
4762	addendum to this RFI will issued via email. For this purpose, the published questions and
4763	answers and any other pertinent information will also be provided as an addendum to the RFI
4765	and will be issued via email. DCHS also reserves the right to cancel or to reissue the RFI in whole
4766	or in part, prior to execution of a contract.
4767	
4768	B. Cost to Propose
4769	DCHS will not be liable for any costs incurred by the Responder in preparation of a Response
4770	submitted in response to this RFI, in conduct of a presentation, or any other activities related in
4771	any way to this RFI.
4772	
4773	C. No Obligation to Contract
4774	DCHS will not contract with any vendor as a result of this RFI. While DCHS may use responses to
4775	this RFI to develop a competitive solicitation for the subject of this RFI, issuing this RFI does not
4776	compel DCHS to do so.
4777	D. Dublic Decords Act
4778 4779	D. Public Records Act 1. Washington State Public Records Act (RCW 42.56) requires public organizations in
4779 4780	Washington to promptly make public records available for inspection and copying
4780	unless they fall within the specified exemptions contained in the Act or are otherwise
4781	privileged.
4783	P
4784	2. All submitted Responses and RFI materials become public information and may be
4785	reviewed by anyone requesting to do so at the conclusion of the RFI, negotiation, and award
4786	process. This process is concluded when a signed contract is completed between the County and
4787	the selected Responder. Note that if an interested party requests copies of submitted
4788	documents or RFI materials, a standard County copying charge per page must be received prior
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4789 4790 4791	to processing the copies. King County will not make available photocopies of pre-printed brochures, catalogs, tear sheets or audiovisual materials that are submitted as support documents with a Response. Those materials will be available for review at King County
4792 4793	Department of Community and Human Services.
4794	3. No other distribution of Responses will be made by the Responder prior to any public
4795	disclosure regarding the RFI, the Response or any subsequent awards without written approval
4796	by King County. For this RFI all Responses received by King County shall remain valid for ninety
4797	(90) days from the date of Response. All Responses received in response to this RFI will be
4798	retained.
4799	
4800	4. Responses submitted under this RFI shall be considered public documents and with limited
4801	exceptions, Responses that are recommended for contract award will be available for inspection
4802	and copying by the public. If a Responder considers any portion of his/her Response to be
4803	protected under the law, the Responder shall clearly identify on the page(s) affected such words
4804	as "CONFIDENTIAL," PROPRIETARY" or "BUSINESS SECRET." The Responder shall also use the
4805	descriptions above in the following table to identify the effected page number(s) and location(s)
4806	of any material to be considered as confidential. If a request is made for disclosure of such
4807	portion, the County will review the material in an attempt to determine whether it may be
4808	eligible for exemption from disclosure under the law. If the material is not exempt from public
4809	disclosure law, or if the County is unable to make a determination of such an exemption, the
4810	County will notify the Responder of the request and allow the Responder ten (10) days to take
4811	whatever action it deems necessary to protect its interests. If the Responder fails or neglects to
4812	take such action within said period, the County will release the portion of the Response deemed
4813	subject to disclosure. By submitting a Response, the Responder assents to the procedure
4814	outlined in this paragraph and shall have no claim against the County on account of action taken
4815	under such procedure. Please notify the County of your needs and reference the table
4816	information below
4817	

Type of Exemption	Beginning Page/Location	Ending Page/Location

4818

4819 E. American with Disabilities Act

4820 DCHS complies with the Americans with Disabilities Act (ADA). Responder may contact the RFI

4821 Coordinator to receive materials for this RFI in alternative formats, such as Braille, large print, audio 4822 tape, or computer disc.